

1 **Plasma radio–metabolite analysis of PET tracers for dynamic PET imaging: TLC and autoradiography**

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## 21 Background

22 In molecular imaging with dynamic PET, the binding and dissociation of a targeted tracer is characterized  
23 by kinetics modeling which requires the arterial concentration of the tracer to be measured accurately. Metabolism  
24 of the radiolabeled parent tracer in the body due to hydrolysis, methylation and other biochemical processes, results  
25 in the production and accumulation of different metabolites in blood which can be labeled with the same PET  
26 radionuclide as the parent. Since these radio-metabolites cannot be distinguished by PET scanning from the parent  
27 tracer, their contribution to the arterial concentration curve has to be removed for the accurate estimation of kinetic  
28 parameters from kinetic analysis of dynamic PET. High performance liquid chromatography has been used to  
29 separate and measure radio-metabolites in blood plasma, however, the method is labor intensive and remains a  
30 challenge to implement for each individual patient. The purpose of this study is to develop an alternate technique  
31 based on thin layer chromatography (TLC) and a sensitive commercial autoradiography system (Beaver, Ai4R,  
32 Nantes, France) to measure radio-metabolites in blood plasma of two targeted tracers □ [<sup>18</sup>F]FAZA and [<sup>18</sup>F]FEPPA ,  
33 for imaging hypoxia and inflammation respectively.

## 34 Results

35 Radioactivity as low as 17Bq in 2μL of plasma can be detected on the TLC plate using autoradiography. Peaks  
36 corresponding to the parent tracer and radio-metabolites could be distinguished in the line profile through each  
37 sample (n=8) in the autoradiographic image. Significant inter-subject and intra-subject variability in radio-  
38 metabolites production could be observed with both tracers. For [<sup>18</sup>F]FEPPA, 50% of plasma activity was from radio-  
39 metabolites as early as 5 min post injection while for [<sup>18</sup>F]FAZA, significant metabolites did not appear until 50 min  
40 post. Simulation study investigating the effect of radio-metabolite in the estimation of kinetic parameters indicated  
41 that 32-400% parameter error can result without radio-metabolites correction.

## 42 Conclusion

43 TLC coupled with autoradiography is a good alternative to high performance liquid chromatography for  
44 radio-metabolite correction. The advantages of requiring only small blood samples (~ 100 □L) and of analyzing  
45 multiple samples simultaneously, make the method suitable for individual dynamic PET studies.

46 **Keywords:** [<sup>18</sup>F]FEPPA, [<sup>18</sup>F]FAZA, Radio-metabolite Correction, Thin Layer Chromatography (TLC), Dynamic PET,  
47 Autoradiography

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73 **1. Background**

74 To derive molecular/metabolic information from dynamic positron emission tomography (PET), a kinetic  
75 analysis of the radiolabeled tracer is required. Obtaining the time concentration curve of the radiotracer in blood  
76 plasma, the arterial input function (AIF), is crucial to accurately portray the pathophysiology. One frequently used  
77 method is to sample arterial blood serially and use a radiation detector to measure the activity in the blood samples.  
78 The detector only detects the annihilation photons from the decaying positron-emitting isotope and cannot  
79 distinguish whether the radionuclide remains attached to the parent tracer or its metabolites (1). AIF can also be  
80 image derived obtained by measuring the activity in an arterial region in dynamic PET. Regardless of the method,  
81 measuring the activity in blood could overestimate the AIF because of the metabolite activity. Without correcting  
82 for the metabolite activity, results from kinetic analysis based on the overestimated AIF would be erroneous.

83 The metabolites can be separated from the parent tracer using chromatographic technique like thin layer  
84 chromatography (TLC), solid-phase extraction (SPE), or high performance liquid chromatography (HPLC) (2,3). A  
85 rapid separation method, SPE techniques require a high amount of manual manipulation, which may pose a safety  
86 hazard from routine use. They can also be used to purify samples before they are submitted to HPLC for further  
87 analysis (4). HPLC is widely used in analytical chemistry and pharmaceutical industry and research to determine the  
88 purity of samples. It has high resolution between metabolites and parent tracer with high sensitivity in radioactivity  
89 detection due to the use of a scintillation detector coupled with a photo-multiplier tube (5). However, as a serial  
90 analyzer, HPLC can only analyze one sample at a time which can take up to 20 min for each sample. These  
91 instruments rely on finely tuned pumps, sensitive detectors, and various separation media. This results in high initial  
92 purchasing and upkeep costs. Preparing plasma samples for HPLC analysis can be labor intensive and exposes  
93 personnel to additional ionizing radiation. Finally, HPLC separation is susceptible to impurities in the solvent mobile  
94 phases (1).

95 An economical alternative to HPLC is TLC which is a simpler version of HPLC. It is not susceptible to  
96 impurities and multiple samples can be analyzed at the same time. The major drawbacks are that TLC suffers from  
97 poorer analyte resolution and requires a very sensitive detector to detect analytes at low concentration on the TLC  
98 plate. Different techniques have been developed in the past for radio-TLC. Earlier techniques include the zonal  
99 analysis (6) and autoradiography technique where the TLC plate is directly exposed to x-ray film (7). Later, radio-  
100 scanners were developed that measured radioactivity at 1 – 2 mm steps. These techniques have poor analyte

101 resolution (albeit from the intrinsic TLC characteristics), low sensitivity (MBq/mL range), and usually require long  
102 exposure time from hours to months for low activity samples and are prone to error (5,7). Therefore, our objective  
103 was to explore a different detection system with improved sensitivity and time efficiency for radio-TLC.

## 104 2. Methods

### 105 2.1. Beaver autoradiography system

106 Beaver autoradiography (ai4r, France) is a multimodality real time digital autoradiography system that can  
107 image beta and alpha particles (8). The detector is based on the principle of micro pattern gaseous (Ne + 10% CO<sub>2</sub>)  
108 detector (MPGD). The one we used was designed for imaging large samples with high spatial resolution of 50µm and  
109 sensitivity of  $5 \times 10^{-4}$  cpm.mm<sup>-2</sup> (9). The detector is comprised of two drift zones alternating with two amplification  
110 zones separated by nickel micromeshes (Figure 1). The special feature of the drift zone is the low electric field  
111 (1kV/cm) that guides the electrons from the site of ionization by beta particles from radionuclide decay into the  
112 amplification zone (10). Electrons are multiplied by avalanche effect in the amplification zone due to kinetic energy  
113 imparted by the high electric field. The amplification zones are shallow in depth (50µm) to limit the spread of  
114 electron avalanche (cloud) and hence improve spatial resolution (11). The TLC plate is used as the cathode of the  
115 detector and serves as the back end of the first drift zone to prevent back flux of electrons. The electron cloud exiting  
116 the second amplification zone is captured by the pixelated reading anode.

### 117 2.2. Animal protocol

118 All experimental procedures were approved by and performed in accordance with guidelines from  
119 institutional animal ethics committee. Five farm pigs were procured from a farm nearby and two athymic Rowett  
120 Nude (RNU) rats were purchased from Charles River (Saint Constant, Quebec, Canada). The C57BL/10J mouse used  
121 in optimization of [<sup>18</sup>F]FEPPA mobile phase was purchased from Jackson Laboratory (Maine, USA). The animals were  
122 under no dietary restriction with free food access before each experiment. Pigs were first anesthetized with Telazole  
123 intramuscular injection (1 mL/kg) while rats and mouse by masking with 5% isoflurane, and maintained using  
124 isoflurane at 2-3% balanced oxygen and medical air. Pigs (33.7 ± 9.33 kg) were used for [<sup>18</sup>F]FEPPA (21.9 ± 6.34  
125 MBq/kg) analysis. [<sup>18</sup>F]FEPPA rats (309.75 ± 29.64 g) were used for [<sup>18</sup>F]FAZA (49.54 ± 9.39 MBq/kg ) analysis. The  
126 tracers were manufactured at the cyclotron/radiochemistry facility of our institution following published procedures  
127 (12,13). Blood samples were drawn at 8 time points post tracer injection (p.i.) – 5, 10, 15, 20, 30, 40, 50 and 60 min.

128 Each rat underwent two blood draws, two weeks apart, to make up a total of 4 sets of rat blood samples. For rats,  
129 blood (0.2 mL) was drawn for each sample from a tail vein using heparinized syringe into plasma separator tube. Due  
130 to the larger total blood volume of pigs, 2mL of blood was drawn for each sample from a cephalic vein into EDTA  
131 coated tubes.

### 132 **2.3. Blood preparation for metabolite analysis**

133 The blood samples were immediately placed on ice to prevent further catabolism. Within 1-2 min after the  
134 last sample was taken, all samples were centrifuged at 1,000G in Sero-fuge II centrifuge (Clay-Adams Company, Inc.)  
135 for 5 minutes. The supernatant plasma was aspirated for radio-metabolite analysis.

### 136 **2.4. Thin Layer Chromatography (TLC) preparation**

137 Silica coated TLC plates with F<sub>254</sub> fluorescent indicator were purchased from MilliporeSigma. Each plate was  
138 scored to a height of 9 cm to fit the 13x9 cm holder of the Beaver TLC detector. Blood plasma (2 µL) from each blood  
139 sample was spotted 1 cm from the bottom of the plate with a micropipette. For optimal use of each imaging session  
140 with the TLC detector, two 5 cm wide plates were used. Five samples including one parent tracer reference (0.11 –  
141 0.30 MBq in 3 – 5 mL of isotonic saline) can be spotted on each plate. The plate was air dried after spotting then  
142 immersed into the mobile phase in a beaker, making sure the solution was less than 5 mm high. The beaker was  
143 then covered with parafilm wax paper. The TLC plate developed for approximately 15 minutes until the solvent  
144 (mobile phase) front was roughly 1cm from the top of the plate. The plate was then removed, air dried, and imaged  
145 with the autoradiographic detector for 4 h.

### 146 **2.5. Optimization of the mobile phase**

147 Using different volume fractions of ethyl acetate, methanol, and hexane, the mobile phase was optimized  
148 for each tracer. The solution that allowed the least polar analyte to migrate furthest away from the spotting baseline  
149 as well as giving a good separation of the metabolites from the unmodified tracer in the autoradiography image was  
150 selected as optimized solution. Due to poor analyte resolution with TLC, the plasma metabolites did not appear as  
151 discrete spots. [<sup>18</sup>F]FEPPA and [<sup>18</sup>F]FAZA were optimized with blood from a mouse and a human volunteer  
152 respectively, drawn at 90 min and 60 min p.i. respectively. In this study, with the optimized mobile phase (solvent),  
153 the parent tracer was always closest to the solvent front after the TLC plate was developed.

154 **2.6. Image analysis**

155 Autoradiography images were analyzed with Analyze 12.0 (Analyze Software System). Line profiles were  
156 generated by summing the detected counts in a 7 mm segment centered on the sample “track” at 10 mm intervals.

157 For line profiles where the adjacent metabolite peak overlapped with the parent tracer peak, the area  
158 underneath the latter was estimated with a custom developed program using MATLAB (The MathWorks, Inc.). These  
159 line profiles were fitted with two Gaussian functions. The parent tracer peak area was determined as the area of  
160 the fitted Gaussian between the limits of  $\mu \pm 1.96 \sigma$ , where  $\mu$  is the mean and  $\sigma$  is the standard deviation. For  
161 spots where the adjacent metabolite peak did not overlap with the parent tracer peak, the latter was fitted with a  
162 Gaussian function and the parent tracer peak area was similarly determined as for the case of overlap.

163 The fraction of the parent tracer was calculated using the formula:

$$164 \quad \text{fraction} = \frac{\text{Area under native tracer}}{\text{Total area under line profile}}$$

165 Each estimated parent tracer fraction for different times p.i. was compared to published literature values for  
166 validation.

167 **2.7. Effect of radio-metabolites on kinetic parameter estimation**

168 The kinetic parameters associated with the tracer uptake are obtained by deconvolving the AIF of the parent tracer  
169 from the measured tissue concentration curve or tissue time activity curve (TAC). A simulation study was performed  
170 to observe the effect of blood plasma radio-metabolites in the estimation of kinetic parameters. For simulating the  
171 tissue TAC, our in-house flow modified two compartment (F2TC) model (14) that models the bi-directional  
172 permeation of the endothelial barrier during the transit time of the tracer through blood vessels, was utilized. The  
173 flow scaled impulse residue function ( $IRF_F(t)$ ) for the model is expressed as:

$$174 \quad IRF_F(t) = \begin{cases} F & 0 \leq t < W \\ Ge^{-\alpha(t-W)} + He^{-\beta(t-W)} & t \geq W \end{cases}$$

175 where F is the blood flow, W is the mean transit time through blood vessels and G, H,  $\alpha$  and  $\beta$  are the fitting  
 176 parameters obtained by iteratively fitting tissue TAC with non-linear 'interior point' optimization technique. The  
 177 model's explicit parameters can be calculated from the fitting parameters as follows:

$$178 \quad K_1 = G + H; \quad k_2 = \frac{G\alpha + H\beta}{G + H}$$

$$179 \quad k_3 = \frac{GH(\alpha - \beta)^2}{(G + H)(G\alpha + H\beta)}; \quad k_4 = \frac{(G + H)\alpha\beta}{(G\alpha + H\beta)} = \frac{\alpha\beta}{k_2}$$

180 The explicit parameters are the influx ( $K_1$ ) and efflux ( $k_2$ ) rate constant of tracer through the blood tissue barrier and  
 181  $k_3$  and  $k_4$  are the binding and disassociation rate constant of the parent tracer to and from the target respectively.

182 The measured AIF with metabolite contamination,  $AIF_m$  was simulated using Feng's model (15,16):

$$183 \quad AIF_m(t) = [A_1(t - t_0)^\alpha - A_2 - A_3]e^{-\lambda_1(t-t_0)} + A_2e^{-\lambda_2(t-t_0)} + A_3e^{-\lambda_3(t-t_0)}$$

184 where  $A_1 = 800$ ,  $\alpha = 1.0$ ,  $A_2 = 20$ ,  $A_3 = 20$ ,  $\lambda_1 = 4 \text{ min}^{-1}$ ,  $\lambda_2 = 0.015 \text{ min}^{-1}$ ,  $\lambda_3 = 0.15 \text{ min}^{-1}$ ,  $t_0 =$   
 185  $0.15 \text{ min}$

186  $AIF_m$  was simulated at 0.5 s and corrected for radio-metabolite by multiplying with the fraction of parent [ $^{18}\text{F}$ ]FEPPA  
 187 measured in §3.4:

$$188 \quad AIF_c = AIF_m * \text{fraction}$$

189 The corrected  $AIF_c$  was used to simulated tissue TAC at 0.5 s with ten sets of parameters (Table 1) from patients with  
 190 high grade glioma (17). All the curves were frame averaged according to the following frame schedule: 10 @ 10 s, 5  
 191 @ 20 s, 4 @ 40 s, 4 @ 60 s, 11 @ 180 s and 1 @ 120 s (total 45 min). The two sets of kinetic parameters estimated  
 192 by deconvolving  $AIF_m$  and  $AIF_c$  from simulated tissue TACs were compared. The difference of the parameters  
 193 estimated with and without metabolite correction was tested for statistical significance using non-parametric test  
 194  either Wilcoxon signed rank or sign test depending on whether the distribution of the differences was symmetric  
 195 or non-symmetric, respectively.  $P < 0.05$  was declared significant with Bonferroni correction for multiple comparison  
 196 with 8 parameters ( $K_1, k_i$  ( $i = 2,3,4$ ),  $V_p, DV, W, K_i$ ).

197 **Table 1** Ten parameter sets used for simulating the effect of radio-metabolite correction in blood plasma

SET#	$K_1$ (mL·min <sup>-1</sup> ·g <sup>-1</sup> )	$k_2$ (min <sup>-1</sup> )	$k_3$ (min <sup>-1</sup> )	$k_4$ (min <sup>-1</sup> )	$F$ (mL·min <sup>-1</sup> ·g <sup>-1</sup> )	$W$ (s)	$V_p$ (mL·g <sup>-1</sup> )	$DV$ (mL·g <sup>-1</sup> )
1	0.0930	0.5920	0.1840	0.0410	0.37	7	0.043	0.8621
2	0.1370	0.3310	0.2300	0.0700	0.27	7	0.032	1.7738
3	0.0740	0.3440	0.1520	0.0370	0.10	10	0.016	1.0988
4	0.0720	0.4580	0.2880	0.0770	0.29	10	0.048	0.7452
5	0.2220	0.4720	0.1900	0.0870	0.44	5	0.037	1.4975
6	0.1940	0.3280	0.2830	0.1720	0.26	15	0.065	1.5646
7	0.0960	1.0000	0.3060	0.0670	0.38	8	0.051	0.5344
8	0.1010	0.5180	0.3510	0.0750	0.20	10	0.034	1.1075
9	0.4790	1.0000	0.2210	0.1370	0.64	10	0.106	1.2517
10	0.2180	0.4980	0.4480	0.0840	0.87	15	0.218	2.7724

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199 **3. Results**200 **3.1. Optimization of the mobile phase**

201 The separation of radio-metabolites in blood plasma with different mixtures of methanol, hexane and ethyl  
 202 acetate for both tracers is shown in Figure 2. The optimized mobile phase for [<sup>18</sup>F]FEPPA and [<sup>18</sup>F]FAZA were 8%  
 203 methanol and 10% hexane in ethyl acetate (v/v; fourth solution) and 7% methanol in ethyl acetate (v/v; third  
 204 solution) respectively.

205 **3.2. Autoradiography**

206 Figure 3 shows the autoradiographic images obtained from TLC plasma metabolite analysis of [<sup>18</sup>F]FAZA  
 207 (rat) or [<sup>18</sup>F]FEPPA (pig), respectively. Each image showed two TLC plates with the parent tracer in normal saline as  
 208 reference on each, as well as plasma obtained at different times p.i.. Since the reference parent tracer spot moved  
 209 the furthest from the spotting baseline, it was the least polar analyte. The spots with similar retention factors ( $R_f$ ) to  
 210 the reference spots were the fractions of the parent tracer in plasma at different times p.i.. For [<sup>18</sup>F]FAZA on the left,  
 211 the reference spots'  $R_f$  was  $0.66 \pm 0.01$ . Most of the activity was from the parent tracer while that at the spotting  
 212 line could be from the more polar radio-metabolites. Significant conversion of tracer to radio-metabolite was  
 213 observed from 50 min p.i.. For [<sup>18</sup>F]FEPPA on the right, the reference spots'  $R_f$  was  $0.54 \pm 0$ . Radio-metabolites were

214 observed as early as 5 min p.i. as indicated by activity directly below the reference  $R_f$  as well as activity along the  
 215 spotting line. At 1 h p.i., the parent tracer spot almost disappeared as there was almost complete conversion into  
 216 metabolites observed as activity all along the track.

### 217 3.3. Line profile

218 Figure 4 shows the line profiles of selected [ $^{18}\text{F}$ ]FEPPA spots □ reference, 5 min and 1 h p.i. □ in the right  
 219 image of Figure 3. For the reference, a well-defined peak was observed due to high signal to noise ratio. At 5 min  
 220 p.i., three prominent peaks were discernible. The peak on the furthest right was the parent [ $^{18}\text{F}$ ]FEPPA, the peak for  
 221 the least polar radio-metabolite was close to the parent tracer. The most polar radio-metabolite was located close  
 222 to the spotting baseline. At 1 h p.i., the parent [ $^{18}\text{F}$ ]FEPPA peak was not identifiable. A new peak corresponding to  
 223 radio-metabolites of intermediate polarity was observed and the amount of the most polar radio-metabolite  
 224 increased, as indicated by the area. Therefore, the parent [ $^{18}\text{F}$ ]FEPPA was almost completely metabolized to radio-  
 225 metabolites at 1 h p.i..

226 **Table 2** Coefficient of variation of parent tracer fraction for [ $^{18}\text{F}$ ]FEPPA and [ $^{18}\text{F}$ ]FAZA

	5 min	10 min	15 min	20 min	30 min	40 min	50 min	60 min
[ $^{18}\text{F}$ ]FEPPA	0.07	0.13	0.17	0.17	0.24	0.32	0.26	0.43
[ $^{18}\text{F}$ ]FAZA	0.02	0.03	0.03	0.04	0.01	0.03	0.12	0.25

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### 228 3.4. Fraction of parent tracer versus post-injection time

229 Figure 5 shows the fraction of parent [ $^{18}\text{F}$ ]FAZA and [ $^{18}\text{F}$ ]FEPPA in blood at different times post-injection.  
 230 For [ $^{18}\text{F}$ ]FAZA, the fraction of parent tracer remained relatively constant at 91% until 40 min p.i. The fraction then  
 231 decreased to 62% and 40% at 50 and 60 min p.i., respectively. On the other hand, close to 50% of activity in blood  
 232 was from [ $^{18}\text{F}$ ]FEPPA metabolites as early as 5 min p.i. and the parent tracer fraction decreased to 19% at 1 hour p.i.  
 233 Table 2 shows the coefficient of variation (CoV) of the parent tracer fraction arising from inter-subject variability.  
 234 For [ $^{18}\text{F}$ ]FEPPA, CoV ranged from 0.07 to 0.43 while [ $^{18}\text{F}$ ]FAZA from 0.01 to 0.25.

235 **Table 3** Median differences in parameters estimated from simulation study

Parameter	$K_1$ ( $\text{mL} \cdot \text{min}^{-1} \cdot \text{g}^{-1}$ )	$k_2$ ( $\text{min}^{-1}$ )	$k_3$ ( $\text{min}^{-1}$ )	$k_4$ ( $\text{min}^{-1}$ )	$V_p$ ( $\text{mL} \cdot \text{g}^{-1}$ )	DV ( $\text{mL} \cdot \text{g}^{-1}$ )	W (min)
Median difference	-0.001	-0.118	0.105	-0.043	0.006	0.718	0.021
P	0.75	0.004	0.005	0.004	0.013	0.004	0.083
* Bias (%)	403	-32.0	51.0	-171	71.0	50.0	166

236 Median differences between parameters in table 1 estimated using AIF with and without metabolite correction.  
 237 P value is estimated by non-parametric paired test. \*Although the differences in the estimated parameters were  
 not normally distributed, the percentage bias was used to approximate the expected error

### 238 3.5. Simulation study

239 Due to conversion of parent tracer to radio-metabolite, metabolite correction lowered the AIF as p.i. time  
 240 increased (Figure 6(a)). When AIF<sub>C</sub> was deconvolved from the tissue TACs, the parameters estimated were  
 241 statistically different from those estimated by deconvolving AIF<sub>m</sub>; errors greater than 32% were observed for all  
 242 parameters (Table 3).

## 243 4. Discussion

244 In this study, we established an alternate method to HPLC to determine the fraction of radio-labeled parent  
 245 tracer at different times p.i. based on inexpensive TLC and a sensitive beta detector. Fraction of unmetabolized  
 246 [<sup>18</sup>F]FAZA and [<sup>18</sup>F]FEPPA in normal healthy rats and pigs (respectively) p.i. were measured and compared to  
 247 literature values, if available. There were large variations in the rate of metabolite production with the same tracer  
 248 (either [<sup>18</sup>F]FAZA or [<sup>18</sup>F]FEPPA) and between the two tracers in the same and different animals. CoV of parent tracer  
 249 fraction in blood could be as high as 43%. Since the mobile phase optimization and the successful metabolite analyses  
 250 were performed on different animal species as well as human subject, it showed that the mobile phase could be  
 251 optimized in animals and transferred to human population. Furthermore, simulation study investigating the effect  
 252 of radio-metabolite correction  $K_1$  in measured arterial curve suggested that large error (30 – 400%) can result in the  
 253 estimation of kinetic parameters if correction was not incorporated.

254 The acquired autoradiography images showed clear distinction between radio-metabolites and the parent  
 255 tracer. The large signal difference between reference and plasma sample was due to 6.7 times difference in the

256 activity between the two. Reference [<sup>18</sup>F]FEPPA (parent tracer in normal saline) was spotted with activity of 126 ±  
257 17 Bq in 2 uL while plasma samples from pigs were lower in activity – at 5 min p.i. the activity was approximately 17  
258 Bq in 2 uL. For our metabolite studies, either 15.2 ± 1.8 MBq (41 □ 59 MBq/kg) or 427 □ 1216 MBq (13 □ 27 MBq/kg)  
259 was administered for the rat ([<sup>18</sup>F]FAZA) and pig ([<sup>18</sup>F]FEPPA), respectively at the time of injection. These were lower  
260 than other published metabolite studies in mice where doses ranging from 20 – 30 MBq (1 GBq/kg) (18) to as high  
261 as 68 MBq (3.4 GBq/kg) (19) of tracer were administered due to the lower sensitivity of the radiation detector used.  
262 In our studies, even with >77 times less dose (normalized to body weight to account for the body mass of different  
263 species), peaks corresponding to the parent tracer could be distinguished from radio-metabolites. In the few cases  
264 where radio-metabolites overlapped with the parent tracer because of similar polarity and hence strength of  
265 adhesion to the silica media, the parent tracer peak could be adequately resolved by the curve fitting procedure  
266 discussed in §2.6. Taken the above results together, our method of combining TLC and the Beaver proprietary beta  
267 particle detector has the analyte resolution and sensitivity for blood metabolite determination for both [<sup>18</sup>F]FAZA  
268 and [<sup>18</sup>F]FEPPA in individual large (pig) or small (rodents) animals. Nevertheless, by comparing the [<sup>18</sup>F]FEPPA dose  
269 used in our pig studies (13 □ 27 MBq/kg) to the published patient dose (2.5 □ 6.2 MBq/kg (20–23)) the sensitivity of  
270 the detector has to be increased by at least 5 times for the method to be used for blood metabolite determination  
271 in individual patients.

272 From the [<sup>18</sup>F]FEPPA results (Table 2), inter-subject variation was observed with more pronounced  
273 variability at later time points p.i. This supports our view that the current practice of using a population average in  
274 normal subjects to correct for metabolite contamination (24) is not optimal for kinetic analysis and there is a need  
275 to determine blood metabolite in individual studies. HPLC is the most commonly used method to measure  
276 metabolite fraction in blood. It is a serial analyzer; samples are analyzed one at a time. Because multiple timed  
277 samples must be analyzed, HPLC is both labor intensive and time consuming if it is used to construct the metabolite  
278 fraction curve over ~ 60 min for each individual study. This limitation has resulted in the use of population based  
279 (even cross species) blood metabolite fraction for individual studies with the assumption that the inter-subject (inter-  
280 species) variability in metabolite production is negligible. As our study and other studies showed (20,24,25), inter-  
281 subject variabilities do exist invalidating the above assumption. In contrast, with our method, multiple samples can

282 be analyzed together within one imaging session, the exact number of samples depends on the detector size.  
283 Currently, we can analyze 8 samples but with a larger detector size, the number of samples can be increased to 12  
284 or more making it feasible for individualized radio-metabolite analysis.

285 The effect of not correctly accounting for blood radio-metabolite was investigated with computer  
286 simulation using a previously published kinetics model (14). For all parameter sets listed in Table 1, the fitting to the  
287 simulated tissue time activity curve (TAC) failed when radio-metabolite contamination was not corrected for in the  
288 arterial TAC. This failure led to large errors (30 – 400%) in parameter estimation and possible misinterpretation of  
289 the tracer pharmacokinetics. For instance, distribution volume of [<sup>18</sup>F]FAZA is related to the amount and activity of  
290 nitroreductase present in hypoxic tissue (26) while that of [<sup>18</sup>F]FEPPA is related to density and activity of translocator  
291 protein (TSPO) found on the outer mitochondrial membrane (27), particularly within activated immune cells (28).

292 Our measured fractions of parent [<sup>18</sup>F]FEPPA in blood over time p.i. agreed well with those obtained by  
293 Rusjan et al. (20). On the other hand, measured fractions of parent [<sup>18</sup>F]FAZA over time p.i. were not found in  
294 literature. Studies of [<sup>18</sup>F]FAZA by Verwer et al. showed that only 10% of the activity in blood was from metabolites  
295 at 70 min p.i. (22) with the use of solid phase extraction and HPLC. Our study showed that significant metabolite  
296 fraction (~ 10%) in blood started at 40 min and increased to 60% at 60 min p.i.. Jans et al (18) also used TLC to  
297 estimate the metabolite fraction in blood and no metabolite was observed. However, there were two mitigating  
298 factors with their experiments that could explain the difference in the measured metabolite fraction in blood. First,  
299 it was not known whether the mobile phase used was optimized for the tracer; second, the detector used may not  
300 be as sensitive as our one.

301 The time required for blood metabolite analysis using our method starting with the collected blood samples  
302 (excluding the image processing time) comprised of: 5 min of centrifugation, 5 min for spotting samples on and  
303 drying the TLC plate, and 15 minutes of TLC plate development for a total of 25 – 30 minutes. Technically, the solvent  
304 front is required to move beyond the furthest point the samples or the parent tracer moved during development. In  
305 our experiments, the parent tracer (either [<sup>18</sup>F]FAZA or [<sup>18</sup>F]FEPPA) which moved the furthest, moved approximately  
306 4.5 cm while the solvent front moved over 7 cm. Therefore, the development time can be shortened to 10 min. The  
307 autoradiograph image was acquired over 4 h in this study. However, one-hour acquisition was tested, the acquired

308 image showed good image quality (signal-to-noise ratio) as shown in the supplementary figure. Unlike HPLC where  
309 it occupies the operator's attention the entire time while the samples are analyzed, here the imaging (1 or 4 h) is  
310 completely operator independent.

311 In comparison, radio – HPLC takes approximately 10 min for each sample analyzed, not including sample  
312 preparation time. With multiple samples (say 8 samples as in this study), the total preparation time required could  
313 be over 80 min compared to 10 min with our method. Other comparative similarities and differences between our  
314 method and HPLC include the following. First, our method requires a smaller volume of plasma (2  $\mu$ L) than HPLC.  
315 Sample volume required, ranging from 1 to 2000  $\mu$ L, for HPLC depending on the size of the column (29). Second,  
316 both requires the mobile phase to be optimized for each tracer. Third, inexpensive TLC plates can be used for all  
317 tracers but can be used only once while different expensive HPLC columns may be required, one for each tracer but  
318 each column is reusable. Fourth, HPLC columns require regular washing to prevent clogging and to remove  
319 metabolites from previous runs which can cause residual memory issue (1,30); these issues do not arise with TLC  
320 because a new inexpensive plate is used for each metabolite analysis run and TLC is less prone to impurities present  
321 in the solvent. Fifth, HPLC has superior analyte resolution than TLC which avoids potential overlapping of the parent  
322 tracer peak with that of metabolites. However, this overlap of peaks can be resolved by Gaussian fitting as discussed  
323 in §2.6. Since the chemical identity of the radio-metabolites is not required for metabolite fraction correction, this  
324 simple correction method is sufficient for our purpose. Finally, the Beaver autoradiography system is marginally  
325 more expensive than an HPLC, however, it is a multipurpose system with tissue slice imaging capabilities able to  
326 detect both  $\alpha$  and  $\beta$  particles. Taking all the above comparative advantages and disadvantages of our method and  
327 HPLC into consideration, we conclude that our method is more suited for individualized metabolite measurement in  
328 blood than HPLC. Note that independent of whether the AIF is measured with timed arterial blood sample or is  
329 image derived by measuring the activity in an arterial region in dynamic PET images, metabolite correction is  
330 required.

331 There are several limitations with our study. The measured blood metabolite fraction was not validated  
332 against the reference HPLC method. However, our [ $^{18}$ F]FEPPA results agreed with literature values measured with  
333 reverse phase HPLC (Figure 6(b)). The number of blood samples used for each tracer was small. Even with this small

334 number of animals, the inter-subject variability in metabolite fraction was prominent (Table 2) suggesting that this  
335 result could be the true *in vivo* situation and the importance to measure metabolite fraction for each individual  
336 subject. We investigated only two tracers, [<sup>18</sup>F]FEPPA and [<sup>18</sup>F]FAZA, as examples. Since analyte separation of TLC  
337 depends on the polarity of the tracer and its metabolites, for other tracers the mobile phase will have to be  
338 optimized. We have tested our method only with the <sup>18</sup>F radionuclide. Since other common PET radionuclides  
339 including <sup>11</sup>C, <sup>13</sup>N, <sup>68</sup>Ga and <sup>89</sup>Zr emit  $\beta^-$  particles in their decay, our method would also work except, like the mobile  
340 phase, the limit of radioactivity detection must be determined for each radionuclide separately.

## 341 5. Conclusion

342 We were able to measure the fraction of parent radiolabeled tracer in blood after it was injected into the  
343 body using TLC and the Beaver autoradiography system. This fraction is required to correct the AIF obtained by  
344 measuring the activity in timed arterial blood samples or in arterial region in dynamic PET images. Without this  
345 correction, the AIF will be overestimated leading to errors in the kinetic analysis of dynamic PET. Although we used  
346 two specific tracers, [<sup>18</sup>F]FAZA and [<sup>18</sup>F]FEPPA, to develop the method, the system can be used for other tracers by  
347 optimizing the mobile phase for each of them. Due to its capability to analyze multiple (>8) blood samples at the  
348 same time with preparation time as short as 25 – 30 min, our method will enable individualize blood metabolite  
349 correction for kinetic analysis of dynamic PET.

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433

**434 List of abbreviations**

435 AIF – Arterial input function

436 CoV – Coefficient of variation

437 DV – Distribution Volume

438 F – Blood flow

439 F2TC – Flow modified two compartment

440 HPLC – High performance liquid chromatography

441 IRF – Impulse residue function

442  $K_1$  – Influx rate constant443  $k_2$  – Efflux rate constant444  $k_3$  – Binding rate constant445  $k_4$  – Disassociation rate constant446  $K_i$  – Net influx rate

447 MPGD – Micro pattern gaseous detector

448 p.i. – Post injection

449 PET – Positron emission tomography

450  $R_f$  – retention factor

451 SPE – Solid –phase extraction

452 TAC – Time activity curve

453 TLC – Thin layer chromatography

454  $V_p$  – Blood Volume

455 W – Mean transit time

456

457 **Declarations**

458 **Ethics Approval:** All animal studies were performed in accordance with guidelines from the institutional animal  
459 ethics board

460 **Consent for publication:** Not applicable

461 **Availability of data and material:** The datasets used and/or analysed during this study are available from the  
462 corresponding author on reasonable request.

463 **Competing interests:** The authors declare that they have no competing interests

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467 and LM helped with the animal experiments. LY synthesized the radiotracers. FL performed the blood analysis,  
468 designed the simulation study, analyzed and interpreted the results, and wrote the manuscript with the assistance  
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473

474 Images

**Fig. 1 Schematic of Beaver Autoradiography**

Working principle of Beaver MPGD for  $\beta$ - particles. (Adapted from *J Instrum.* 2009;4:1-9 (11))

475

**Fig. 2 Autoradiographic image of mobile phase optimization for [ $^{18}\text{F}$ ]FAZA and [ $^{18}\text{F}$ ]FEPPA**

Mobile phase optimization for (a) [ $^{18}\text{F}$ ]FAZA and (b) [ $^{18}\text{F}$ ]FEPPA in human and mouse blood respectively at 90 min and 60 min (respectively) post injection, using different fractions of methanol, ethyl acetate and hexane. For each tracer, five different mixtures were used. For [ $^{18}\text{F}$ ]FAZA only blood samples were used while for [ $^{18}\text{F}$ ]FEPPA each blood sample was paired with the native tracer in normal saline as the reference. The optimal mobile phase would spread the radio-metabolites along the entire lane and move the reference furthest from the spotting line. For [ $^{18}\text{F}$ ]FEPPA the fourth solution from the left comprised of 8% methanol, 10% hexane and 82% ethyl acetate was optimal while for [ $^{18}\text{F}$ ]FAZA, it was the third solution comprised of 7% methanol and 93% ethyl acetate.

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**Fig. 3 Autoradiographic image of plasma samples**

Autoradiography image of plasma samples obtained from a rat injected with [ $^{18}\text{F}$ ]FAZA (left) and from a pig injected with [ $^{18}\text{F}$ ]FEPPA (right). 'Ref' is the reference spot on each TLC plate. The number above each line shows the time in min at which the blood sample was drawn post tracer injection. The direction of motion of the mobile phase (solvent) front from capillary action was from bottom to top. The radio-metabolites that did not move with mobile phase show up as faint 'spots' at the bottom along the spotting line.

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**Fig. 4 Line profile of [ $^{18}\text{F}$ ]FEPPA**

Line profile of [ $^{18}\text{F}$ ]FEPPA reference, plasma from a pig obtained at 5 min and 1 h post tracer injection. The y-axis is detected counts and the x-axis is distance in mm. The corresponding autoradiography image is displayed above the profile. The direction of movement of the solvent front from capillary action was from left to right

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**Fig. 5 Fraction of parent tracer for [ $^{18}\text{F}$ ]FAZA and [ $^{18}\text{F}$ ]FEPPA**

Native tracer fraction vs time post injection (p.i.) for (a) [ $^{18}\text{F}$ ]FAZA and (b) [ $^{18}\text{F}$ ]FEPPA. The dashed line in (b) was native tracer fraction from (18). The error bar corresponds to standard deviation for 5 pig blood samples ([ $^{18}\text{F}$ ]FEPPA) and 4 rat blood samples ([ $^{18}\text{F}$ ]FAZA)

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**Fig. 6 Simulation curves for estimating accuracy of kinetic parameter due radio-metabolite correction**

Curves utilized for simulating the effect of radio-metabolite on kinetic parameter estimation in dynamic PET cases. (a) Arterial curve simulated with Feng's model for measured (not corrected, dashed line) and radio-metabolite corrected curve (solid line). (b) Tissue curve simulated with parameter set #6 (table 1, solid square) and fitted curves obtained with measured arterial curve (dashed line) and with radio-metabolite corrected arterial curve (solid line).

480

481 **Supplementary Figure**

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Beaver image of blood plasma obtained from a rat injected with [ $^{18}\text{F}$ ]FAZA. The SNR of image (a) acquire for 1 hour is acceptable with discernible spots for native tracer and radio-metabolites. (b) The same TLC image that is acquired for four hours immediately after (a) was acquired. The bright spot is the reference 'ref' native tracer followed by blood samples drawn at 30, 40, 50 and 60 minute post injection.