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Helical superstructures between amyloid and collagen VI in heart-derived fibrils from a patient with Light Chain Amyloidosis.

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1 Helical superstructures between amyloid and collagen VI in heart-

2 derived fibrils from a patient with Light Chain Amyloidosis.

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31 Abstract

32 Systemic light chain (LC) amyloidosis (AL) is a disease where organs are damaged by an 33 overload of a misfolded patient-specific antibody-derived LC, secreted by an abnormal B 34 cell clone. The high LC concentration in the blood leads to amyloid deposition at organ sites. Indeed, cryogenic electron microscopy (cryo-EM) has revealed unique amyloid 35 folds for heart-derived fibrils taken from different patients. Here, we present the cryo-EM 36 structure of heart-derived AL amyloid (AL59) from another patient with severe cardiac 37 38 involvement. Its structure displays a stable core and two flexible segments adopting alternative conformations. Two confirmations are sterically incompatible and typically 39 distributed on separate fibrils. Noteworthy, the fibril core harbours an extended constant 40 41 domain fragment, thus ruling out the variable domain as sole amyloid building block. Surprisingly, the fibrils were abundantly concatenated with a proteinaceous polymer, here 42 identified as collagen VI (COLVI) by immuno-electron microscopy (IEM) and mass-43 spectrometry. Cryogenic electron tomography (cryo-ET) showed how COLVI wraps 44 around the amyloid forming a helical superstructure, likely stabilizing and protecting the 45 fibrils from clearance. Thus, here we report the first structural evidence of interactions 46 between amyloid and collagen, potentially signifying a novel pathophysiological 47 mechanism of amyloid deposits. 48

49 Introduction

Systemic AL amyloidosis is caused by a rare plasma cell dyscrasia with an annual 50 incidence of about 12-15 new cases per million people¹. AL amyloidosis is due to the 51 overexpression of an amyloidogenic LC that misfolds and forms amyloid deposits in 52 several organs². The circulating LC molecules exert proteotoxicity which concurs with 53 the mass effect produced by amyloid deposits to fatal organ dysfunction 1 . Due to 54 genomic recombination and somatic mutations every AL patient bears a virtually unique 55 amyloidogenic LC sequence, originating from either the λ - or κ -gene locus ^{3,4}. Most 56 patients are affected by deposits in multiple organs, but heart manifestation dictates the 57 prognosis in \sim 75% of cases ⁵⁻⁹. Without its associated heavy chain, free LCs fold into 58 homodimers where each monomer consists of an N-terminal variable domain (V_L) and a 59 C-terminal constant domain (C_L) connected by a flexible joining region ^{10–13}. While free 60 LCs are eliminated rapidly under healthy conditions, abnormal levels of an 61 amyloidogenic LC cause vast accumulations of cross-β amyloid fibrils in AL amyloidosis 62 ^{1,14}. Cryo-EM has emerged as a powerful method to determine molecular structures of ex63 vivo amyloids, retrieved from patients affected by various amyloidoses ¹⁵⁻²¹. The 64 structures of fibrils from cardiac tissue of four AL patients, denoted as λ 6-AL55, λ 3-65 FOR005, λ 1-FOR001 and λ 1-FOR006, display distinct folds ^{3,15–19}. So far, only residues 66 belonging to V_L were found in the structured core of the AL amyloid, resulting in high 67 sequence variability in the core of the deposited fibrils ^{3,15–19}. Structures of sequence-68 identical amyloid from the heart and kidney of the same patient are well superposable, 69 indicating a crucial role of the V_L sequence in determining the fibrillar structure ¹⁹. Other 70 sources of variability in this disease are post-translational modifications (PTM), and in 71 particular proteolytic processing and N-glycosylation hotspots. The latter were shown to 72 correlate with AL onset for κ LCs ^{22–24}. To date, glycosylation in λ LCs is not considered 73

a risk factor for AL ^{24,25}, but the cryo-EM structure of λ 1-FOR001 shows a covalently linked glycan that may impact the resulting amyloid fold ¹⁸.

Ancillary proteins are reproducibly found in amyloid deposits, including heparan sulphate 76 proteoglycan, serum amyloid P-component and various extracellular matrix elements 77 (ECM) such as collagen ^{1,26-30}. The ECM provides structural support for organs and 78 tissues and is dynamically remodelled, controlling tissue homeostasis and modulating 79 immune cell responses ³¹⁻³³. As most prominent ECM component, collagens are 80 frequently detected in deposits extracted from different amyloidosis types ²⁷. Co-purified 81 collagens seem to affect directly amyloid formation and disease progression ^{27,34–39}. 82 Collagens facilitate misfolding of native human β_2 -microglobulin (β_2 m) into amyloid, 83 leading to fibril deposition in the joints of hemodialysis patients ^{36–39}. Increased collagen 84 content was found in cerebral microvessels of patients with Alzheimer's disease, and a 85 neuron-protective role was put forward for COLVI 40-42. Recent evidence suggests that 86 binding of collagens in general, but particularly COLI and COLIV, protects AL amyloid 87 against phagocytic clearance in experimental mouse models ^{34,35}. Thus, collagen/amyloid 88 interactions modulate the progression of various amyloidoses. 89

90 Here we report 4.0 and 4.1 Å resolution cryo-EM structures of N-glycosylated AL amyloid, which was extracted from the heart of a patient with cardiac AL amyloidosis 91 and is referred to as AL59. The structures display a stable core and two flexible segments 92 adopting alternative conformations. AL59 is the first AL amyloid structure reported to 93 harbour an extended constant domain fragment in its core. The fold is related to that of a 94 previously reported AL amyloid structure, belonging to the same λ 3-gene subfamily. Ex 95 vivo AL59 fibrils display the unique ability to interact with a polymer from the 96 extracellular matrix, which was identified as COLVI. While COLVI was not resolved in 97 the helical reconstruction of the amyloid, we applied IEM and cryo-ET to reveal that 98

99 COLVI wraps helically around the fibril, potentially stabilising and protecting AL59100 amyloids from macrophage recognition.

101

102 **Results & Discussion**

103 Ex vivo AL59 amyloids form abundant complexes with co-purified unknown polymer

AL59 amyloids were extracted from the heart apex tissue of a 56 years old patient, who 104 105 had died from progressive heart failure and systemic AL amyloidosis (Supplementary Fig. 1 and Supplementary Tab. 1). The amyloid extraction procedure is standardized in 106 our laboratory as previously described 16,28,43 . AL59 belongs to the λ 3 light chain family, 107 108 and is more specifically encoded by the variable gene IGLV3-01, and IGLJ2*01 for the joining segment. Liquid chromatography tandem mass spectrometry (LC-MS/MS) carried 109 out on extracted fibrils revealed peptide fragments corresponding to residue numbers 1-110 204 of AL59 (Supplementary Fig. 1). To determine the molecular structure of AL59 111 amyloids, cryo-EM data were collected. Inspection of raw cryo-EM micrographs of the 112 vitrified amyloid extract revealed fibrils with an alternating width pattern, from which we 113 estimated a crossover length of ~1,200 Å (Fig. 1a). Surprisingly, an additional polymer 114 115 distinct from amyloid was abundantly present in all fibril samples extracted from AL59 cardiac tissue (Fig. 1a). This polymer was present both in isolated form and also AL59-116 associated. In its unbound form, the polymer exhibits a bipartite repeating structure 117 118 comprising 500 Å long beads connected by 600 Å long and 50 Å thin fibres, thus exhibiting a periodicity of 1,100 Å (Fig. 1a). With further micrograph inspection, we also 119 recognized the same bead-like shape as part of the amyloid-decorating polymer (Fig. 1a). 120 121 Among 184 micrographs with higher visual contrast, we found the polymer decorating about 80% of amyloid fibrils. To unveil the structural properties of this unique 122

AL59/polymer complex, we also collected cryo-ET data. In agreement with the cryo-EM micrographs, tomograms revealed undecorated amyloid, free polymer, as well as abundant polymer-decorated amyloid (Fig. 1b).

126

127 The structure of glycosylated AL59 displays a stable core and two flexible segments 128 adopting alternative conformations

To determine the structure of AL59, free and polymer-decorated amyloids were picked as 129 single population for standard helical reconstruction ^{44,45}. A reference-free 2D class 130 average of segments extracted with a box size of ~1,600 Å confirmed the estimated 131 132 crossover length of ~1,200 Å (Supplementary Fig. 2a). Class averages of shorter segments, extracted with a box size of 302 Å, revealed the amyloid-characteristic β-spine 133 (Supplementary Fig. 2b). The 2D class averages were characteristic of amyloid, lacking 134 135 any features attributable to the abundant polymer. From the initially extracted ~121 k segments, ~16 k, ~22 k and ~27 k segments were assigned to three distinct 3D classes, 136 137 named 'bent', 'straight' and 'mixed' (Fig. 2a). The fourth class comprising ~56k particles 138 lacked clear structural features and was named 'blurry' (not shown).

Cross-sections through the structured classes revealed variations of a shared fold (Fig. 2a 139 and 2b), comprising a meandering double layer with three sharp kinks (i-iii). While the 140 central segment appears virtually identical in all classes, the terminal and β -arc segments 141 142 adopt different conformations due to altered kink angles. The bent and straight classes take angles of 105° and 120° at the first kink, respectively, as well as 90° and 125° at the 143 144 third kink. The bent and straight classes were reconstructed to resolutions of 4.1 and 4.0 Å, respectively (Supplementary Tab. 2). The reconstruction of the mixed class was 145 limited to a maximum resolution of 5.2 Å. Its cross-section shows β-arc and terminal 146

segment conformations as observed for the bent and straight structures, respectively. As
this class features kink angles of both other structures, we did not build a molecular
model into its lower resolution map.

150 The structure of the straight class was built manually starting from the disulphide bond between residue Cys-22 and Cys-87, observed clearly in both maps at identical position 151 152 (Fig. 2c). The single proto-filament comprises residues 1-119, 71 of which form 12 β strands (Fig. 2d). The three kinks of the meandering double-layer are marked with residue 153 154 pairs Pro-14/Phe-97, Pro-39/Asp-81 and Pro-54/Ala-70 (Fig. 2c). Compared to the straight structure, the bent model lacks four and eight residues at the N- and C-termini, 155 respectively, as well as five residues between Phe-97 and Leu-103 (Fig. 2c and 2d). The 156 C-terminal tail fragment in the bent structure was modelled, but we are uncertain about its 157 identity due to non-contiguous density (Fig. 2c). The missing segments may be flexible or 158 159 absent due to proteolysis. Superimposed maps highlight the virtually identical central part, and altered conformations of the terminal and β -arc segments (Fig. 3a). A high 160 161 number of Gly and Pro residues renders AL59 prone to adopt alternative conformations, despite considerable number of interactions stabilizing the fibril core (Supplementary Fig. 162 3). In the straight structure, β -arc residue Gly-63 contacts Gly-98-Gly-100, but this 163 164 contact is not stabilized (Supplementary Fig. 3). The new position of the β -arc in the bent structure is stabilized by weak polar interactions between the side-chains of Ser-64 and of 165 Thr-93, as well as the backbone of Asp-91 (Supplementary Fig. 3a). The opposing N- and 166 C-terminal tails are kept close by hydrophobic interactions in the straight structure, while 167 in the bent structure they are more loosely associated (Supplementary Fig. 3). 168

Both straight and bent AL59 structures stack rather flat within fibrils, exhibiting maximal
Cα height differences of 7.6 and 7.9 Å, respectively (Fig. 2e). Noteworthy, if stacked on

the same fibril, the terminal segments of the bent and straight structures would clash (Fig. 171 172 3a), suggesting that the two classes are unlikely to coexist within one fibril. Thus, we analysed the distribution of the three classes among individual fibrils: indeed, the bent 173 174 class was more likely to be found on distinct fibrils, and separated from the straight and the mixed classes (Fig. 3b and Supplementary Fig. 4). In fibrils containing segments of 175 more than one type, long consecutive regions of the same class are interspersed by short 176 regions of the other classes, especially of the blurry class (Fig. 3b, Supplementary Fig. 4). 177 This analysis suggests that the bent class is typically found alone or in association with 178 179 the blurry class. The straight class tends to cluster but seems also compatible with the mixed class. The observed distribution differs from the previously reported combined 180 stacking of conformers in λ 3-FOR005 amyloid fibrils¹⁵. 181

Finally, an additional density around Asn-19 was modelled as N-linked N-acetyl glucosamine (NAG) in both structures, as glycosylation was also detected by mass spectrometry, 2D-PAGE and western blot (Fig. 2c, Supplementary Fig. 1). Nglycosylation has been reported to correlate with amyloidogenic κ , but not λ LCs ^{24,46}. Curiously, among the five *ex vivo* LC amyloid structures ^{3,15–19}, AL59 is the second with a structurally confirmed glycosylation site, indicating that glycosylation of λ -LCs may be more common than expected.

In summary, the structures of glycosylated AL59 display a stable core and two flexible segments adopting alternative conformations. The observed alternative conformations of the terminal segment are sterically incompatible, possibly explaining their separation on distinct fibrils.

AL59 adopts a fold related to λ3-FOR005, but harbours an extended constant domain fragment in its amyloid core

In keeping with the four other reported ex vivo LC amyloid structures (Fig. 4a) 3,15-19, 196 AL59 adopts a fold substantially different from its native structure (Fig. 4b), but retains 197 the conserved disulphide bond between Cys-22 and Cys-87. The 59-64% sequence-198 identical V_L-domains of the λ 1- and λ 6-subfamily members (Fig. 4a) adopt amyloid folds 199 200 different from AL59. Interestingly, the structure of the ~70% sequence-identical and nonglycosylated λ 3-FOR005 is superimposable on AL59 with a root mean square deviation 201 of ~4 Å over 81 aligned residues (Fig. 4a and c). The two related folds exhibit similar 202 positioning of the disulphide bond and CDR segments (Fig. 4c). Glycosylation does not 203 seem to impact this specific amyloid fold. In contrast, the authors of a previous study 204 suggested that glycosylation of λ 1-FOR001 contributes to define its specific amyloid fold 205 ¹⁸. Thus, here we show that two LCs belonging to the same germline subfamily, but from 206 different individuals, adopt a related amyloid fold. This observation corroborates our 207 208 previous findings of identical structure of fibrils extracted from different organs of the same individual, indicating that the fibril fold is dictated by its primary sequence ¹⁹. 209

In contrast to the previously reported LC amyloid structures ^{3,15–19}, AL59 is the first 210 structure with a C_L domain fragment extending beyond residue position 106, that is 211 located within the V_L-C_L joining region. A model for LC amyloid aggregation posits that 212 proteolytic cleavage of the joining region is required to trigger fibrils formation by the 213 amyloidogenic V_L domain molecules ^{47,48}. Evidently, such a model cannot be applied to 214 AL59 amyloid aggregation. If a proteolytic event is necessary to destabilise AL59 native 215 fold, it may occur in the C_L domain. Furthermore, we applied our established LC-MS/MS 216 protocol which revealed proteolysis hotspots in the C_L domain of AL59 (Fig. 4b), 217

similarly to those reported for λ 6-AL55 and λ 1-H7^{28,43}. These observations support our previous interpretation that *in vivo* proteolysis occurs mostly *post* aggregation^{28,43}.

Thus, λ 3-AL59 amyloid adopts a fold related to LC fibrils derived from the same germline subfamily, regardless of originating from a different patient. The inclusion of an extended C_L-derived fragment in the AL59 amyloid core, combined with the extensive fragmentation of the C_L domain, point at the C_L domain as main target for *in vivo* proteolysis.

225

226 Collagen VI is co-extracted with AL59 fibrils from cardiac tissue

227 To facilitate identification of the additional polymer observed in the micrographs, 2,208 228 beads (Fig. 1a) were picked manually for single-particle analysis (SPA). 2D class 229 averages of the beads revealed two half-beads, each ~140 Å wide and ~165 Å long, connected by a ~20 Å wide and ~90 Å long intra-bead fibre (Fig. 5a). The two half-beads 230 231 adopt non-identical orientations, rotated around the intra-bead fibre. Each half-bead exhibits a tripartite structure with a head, an intermediate central body, and two tails 232 233 lining the intra-bead fibre (Fig. 5a). Inter-bead fibres were apparent, but not well 234 resolved. Our search for a polymer with matching structure was facilitated by LC-MS/MS identification of collagen VI (COLVI) subunits $\alpha 1$, $\alpha 2$ and $\alpha 3$ as major components in 235 236 the AL59 extract (Supplementary Tab. 3). The structural organization of the abundant polymer was matched visually to the previously described unique architecture of COLVI 237 bead-on-a-string microfibrils ⁴⁹⁻⁵⁴. In line with the posited COLVI assembly model (Fig. 238 5b), integrated from biochemical and structural results collected over decades ^{49-53,55,56}, 239 the two half-beads appear two-fold symmetric in reference-free 2D class averages (Fig. 240 241 5a). Focused heterogeneous 3D refinement of C2 symmetry-expanded half-beads yielded 242 a 13 Å resolution map (Fig. 5c and Supplementary Fig. 5 and 6), resembling the available 48 Å resolution map of COLVI extracted from bovine cornea ⁵¹. As predicted by the 243 assembly model, additional two-fold symmetry splits the half-beads into quarter-beads. 244 While enforced symmetry improved the FSC-based resolution estimate to 12 Å, map 245 interpretability was not markedly improved. We did not construct a molecular model, but 246 found ample space to place 11 VWFA domains in the quarter-bead volume 247 (Supplementary Fig. 6b). Three additional domains may be placed in less defined parts of 248 the map. The intra- and inter-bead fibre volumes can accommodate four collagen triple 249 250 helices placed next to each other, with a width that is probably larger than the predicted nanoscale rope architecture ^{57–60}. 251

In summary, our single particle cryo-EM and LC-MS/MS data allowed us to identify the co-purified abundant polymer in the AL59 amyloid extract as COLVI.

254

255 COLVI forms helical superstructures with AL59 fibrils

256 To unambiguously identify COLVI as the AL59-decorating polymer, we performed IEM applying a COLVI-specific ⁶¹ polyclonal antibody followed by gold-conjugated 257 258 secondary antibody staining of the same extract used for cryo-EM and cryo-ET sample preparations. The IEM images revealed single amyloid fibrils, amyloid clusters and free 259 COLVI polymers tagged by gold (Fig. 6a and Supplementary Fig. 7). Gold particles were 260 located within distances of ~150 Å to single AL59 fibrils, corresponding to half the 261 theoretical length of two coupled antibodies, thus marking complexes between AL59 and 262 263 COLVI and identifying COLVI beads. Gold duplets with centre-to-centre distances of ~240 Å possibly mark two distinct quarters within the same full-bead of COLVI. When 264

the same sample was treated only with gold-conjugated secondary antibody, no goldparticles were found (Fig. 6a and Supplementary Fig. 8).

COLVI was not observed in the helical reconstruction of AL59, likely due to the helical symmetry applied during the reconstruction procedure. The repeat distance of the amyloid building block is ~5 Å, while this value is 1,100 Å for COLVI-beads. Indeed, applying SPA we obtained a single 2D class average from 78 non-duplicated particles, which we interpreted as amyloid with associated COLVI-bead (Fig. 5d). A speculative arrangement of the AL59 fibril and COLVI-bead provides visual support for our interpretation (Fig. 5d).

To better characterize the architecture of unique AL59/COLVI complexes, we applied 274 cryo-ET (Fig. 1b and 6b). In the reconstructed tomograms, the majority of AL59 was 275 276 decorated by COLVI (Fig. 6b). Generally, the rigid AL59 fibrils were better defined than the heterogeneous COLVI decorating density. Thus, although we observed bead-like 277 structures in amyloid-associated COLVI (Fig. 1b), our attempts to average sub-278 279 tomograms were not successful, preventing a molecular reconstruction of the AL59-COLVI complex. Notably, COLVI wraps around the central AL59 fibril, adopting the 280 281 helical twist and rise values of the amyloid but with a three times larger helical radius (Fig. 6b). While COLVI adopts a non-helical superstructure on its own, the amyloid fibril 282 imprints its helical structure on COLVI, resulting in complexes with an interaction 283 284 interface spanning for thousands of angstrom. Such a chirality transfer is regarded as fundamental mechanism across scales in natural and artificial systems ^{62–65}. Specifically 285 amyloids, exploited in nanotechnology and biotechnology, were reported as chirality 286 inducers 63,66,67 287

288 Recently, collagen was reported to play a protective role against amyloid clearance by macrophages ^{34,35}. The helical superstructures between AL59 and COLVI with such 289 extensive interaction surfaces can exemplify how collagen may contribute to amyloid 290 stabilisation and may hide misfolded aggregates from macrophage activity ^{34,35}. Earlier 291 studies have also demonstrated adverse effects of collagen in various other amyloidoses. 292 293 In dialysis-related A\u00f32M amyloidosis, collagen facilitates \u00b32m aggregation and interacts weakly with mature β 2m fibrils ^{36–39}. In ATTR amyloidosis, transthyretin (TTR) tends to 294 aggregate in the presence of basement membrane components such as collagen IV, whose 295 expression correlates with amyloid accumulation ^{68,69}. Collagen levels are also increased 296 in the brains of Alzheimer's patients where collagen seems to play a neuroprotective role 297 and facilitates the formation of mature A β fibrils ^{40–42,70}. Then why had no structural 298 299 evidence of such interactions been reported to date? A possible answer is that these interactions are typically weak and do not withstand the forces exerted during extraction. 300 301 The unexpected abundance of COLVI in our micrographs may be related to unique amyloid features. LC fibrils in different AL patients present distinct surface residues, thus 302 forming intermolecular complexes with variable stability. By serendipity, AL59 amyloids 303 304 can interact strongly with COLVI, resulting in the abundant and reproducible observation 305 of the AL59/COLVI complex in our ex vivo extracts. Moreover mild extraction protocols may facilitate the observation of such complexes. Remarkably, a micrograph of λ 3-306 FOR005, shown in Supplementary Fig. 1 of that study ¹⁵, displays an amyloid-307 concatenated polymer resembling COLVI. Thus, the concatenation of amyloid with 308 309 collagen, exemplified here as helical superstructures, may represent a general mechanism 310 by which collagen(s) could modify the recognition of amyloid by host defence mechanisms. 311

313 In summary, here we report the cryo-EM structure of AL59 amyloids extracted from an 314 AL patient with severe cardiac involvement. Glycosylated λ 3-AL59 adopts two main structures with a common fold: they are sterically incompatible and are found on different 315 fibrils, suggesting two independent aggregation events for fibrils harbouring bent or 316 317 straight fibrils. Surprisingly, AL59 fibrils form helical superstructures with COLVI, 318 representing the first evidence of a stable interaction between amyloid and ECM components. This observation provides insights about the potential role of collagen as a 319 320 modulating agent of amyloid deposits, potentially signifying a novel pathophysiological 321 mechanism for amyloidoses.

322 Materials & Methods

323 Extraction and characterization of amyloid deposits from the heart of patient AL59

324 Clinical characteristics of patient AL59. Fibrils were derived from autoptic heart tissue (apex) of patient AL59 affected by AL amyloidosis with cardiac involvement and died of 325 326 progressive heart failure. After autopsy examination, showing Congo red positivity in heart, tissue was stored frozen (-80 °C) without fixation until use. AL amyloidosis had 327 328 been diagnosed 10 months earlier on abdominal fat aspirate, where amyloid deposits were 329 evaluated by Congo red staining under polarized light and amyloid typing was confirmed by immuno-electron microscopy ⁷¹. Organ involvement was defined according to 330 international criteria⁷². Baseline clinical and demographic information are listed in 331 332 Supplementary Tab. 1. The patient was treated with cyclophosphamide, bortezomib and 333 dexamethasone. After four cycles, hematologic partial response was reached (dFLC levels 334 declined from 280 to 111 mg/L), with cardiac progression (NT-proBNP levels rose from 6,043 to 17,600 ng/L). Treatment was subsequently stopped for progressive heart failure. 335 336 This study was approved by the Ethical Committee of Fondazione IRCCS Policlinico San 337 Matteo and was performed in accordance with the Declaration of Helsinki.

cDNA sequencing of monoclonal LC (Pavia). Total RNA was extracted from 10⁷ bone 338 339 marrow mononuclear cells using TRIzol reagent (Life Technologies, Paisley, United Kingdom). Nucleotide sequence of monoclonal LC variable region (V_L) was cloned by a 340 universal inverse-PCR strategy that preserves its original sequence at 5' and 3' ends⁷³. 341 Briefly, primers specific for the 5' (λ -C_{LA}: 5'-AGTGTGGCCTTGTTGGCTTG-3') and 3' 342 $(\lambda$ -C_{LB}: 5'-GTCACGCATGAAGGGAGCAC-3') ends of the λ -LC C_L were used. The 343 PCR fragment was ligated into a cloning vector and amplified. After plasmid purification, 344 insert was sequenced to deduce the V_L chain sequence. To determine the germline of 345

AL59-V_L, the sequence was aligned to the EMBL-GenBank, V-BASE (V BASE Sequence Directory, MRC Centre for Protein Engineering, Cambridge, UK) and IMGT sequence directories. The sequence showed the highest homology with the *IGLV3-1* and *IGLJ2*0* germline gene. The AL59-V_L sequence was deposited in the GenBank database (GenBank OR567864).

Fibril purification from heart tissues of patient AL59. Fibrils were extracted from 500 mg of heart tissue (apex) as previously described ¹⁶, obtaining six consecutive waterextracted fractions of 750 μ l each. To evaluate the yield, 50 μ l of each fraction were vacuum dried and re-suspended in 20 μ l of 8 M urea to solubilize the fibrils. After protein quantification, using microBCA assay (Thermo Fisher Scientific), fibril patterns were analyzed by SDS-PAGE under denaturing and reducing conditions. Water extract fraction #3 was selected for proteomic and cryo-EM analyses.

N-glycosylation proteomic analyses by PNGase F digestion. For western blot and LC MS/MS analyses protein was deglycosylated using PNGase F (New England Biolabs)
 under denaturing and non-denaturing (glycerol-free) conditions, respectively ²⁴.

Proteomic characterization of enriched amyloid fibrils derived from heart tissues of 361 patient AL59. About 250 mg of heart tissue (apex) were used for the fibril enrichment 362 procedure, performed on ice and in presence of protease inhibitors. The obtained pellet 363 was characterized for LC fragments as described previously ^{28,43}. Briefly, 2D-364 polyacrylamide gel electrophoresis was performed under denaturing and reducing 365 conditions. Proteins were detected using GelCodeTM Blue Stain Reagent (Pierce). 366 367 Subsequently, glycoproteins were revealed on the same gel as magenta spots applying the Glycoprotein Staining Kit (Pierce) according to manufacturer's instructions. LCs were 368 identified by western blot, using polyclonal rabbit anti-human λ LC antibody (1:25,000, 369

A0914, Dako). To identify the N- and C-"terminomes" of LC proteo-forms in the amyloid fibrils ^{24,28}, bottom-up proteomic analysis was performed on proteins chemically derivatized at the N- and C-*termini* by dimethyl labeling and amidation with ethanolamine, respectively.

374 Liquid chromatography - tandem mass spectrometry (LC-MS/MS) analysis and database search. LC-MS/MS analyses were performed on a Dionex Ultimate 3000 nano-375 376 UHPLC RSLC system coupled to a Q Exactive Plus mass spectrometer (Thermo Fisher Scientific, Waltham, MA, USA) equipped with an EASY-spray ion source (Thermo 377 378 Fisher Scientific). Peptides were washed on a trap column (PepMap100 C18, 0.3 x 5 mm, 5 µm, 100 Å, Thermo Fisher Scientific) and separated on an analytical column (PepMap 379 RSLC C18, 75 µm x 50 cm, 2 µm, 100 Å, Thermo Fisher Scientific). Raw data were 380 381 processed using the Sequest HT search engine contained in the Proteome Discoverer 382 software, version 2.0 (Thermo Scientific). Peptide searches were performed against the 383 human proteome (UniProt [https://www.uniprot.org/]) and internal common contaminants databases, supplemented with the AL59 sequence determined in this study. Matching the 384 obtained peptides to the available λ -C_L sequences in the UniProt database, the AL59 C_L-385 domain was identified. Further detailed about the C- and N-termini labeling and N-386 glycosylation proteomic analyses were described previously ^{24,28}. In all database searches 387 388 semi-tryptic peptides were considered. Glycans were evaluated indirectly by identifying peptides with deamidated asparagine, obtained by PNGase F digestion²⁴. 389

390 Electron microscopy (EM)

Negative stain. To evaluate the quality and concentration of amyloid, extracts were
 analysed by negative stain EM, as described previously ¹⁶. Grids were imaged on a Talos
 L120C transmission electron microscope (Thermo Scientific) operating at 120 keV.

Single-particle cryo-EM sample preparation and data collection. Samples were mixed 394 by vortexing for 10 s at room temperature. Droplets of 3 µl were incubated for 30 s on 395 freshly glow-discharged holey thick carbon grids (C-flat 1.2/1.3 C, Protochips), and 396 397 plunge-frozen in liquid ethane using a Vitrobot Mk IV (Thermo Fischer Scientific), operated at 4 °C and 100% humidity. The main dataset comprising 2,049 movies was 398 collected automatically on a Talos Arctica 200kV (Thermo Fisher Scientific), equipped 399 with a Falcon 3 direct electron detector operated in electron counting mode 400 (Supplementary Tab. 2). Movies were recorded at a nominal magnification of 120,000, 401 corresponding to a pixel size of 0.889 Å/pixel and a total dose of 40 e⁻/Å², equally 402 403 distributed over 40 fractions. A second dataset comprising 2,556 movies was collected on the same microscope operated with the same settings, except for a lower magnification of 404 405 \times 73,000 corresponding to a pixel size of 1.43 Å.

406 Helical reconstruction of AL59. The structure of AL59 was reconstructed following standard protocols in RELION 3.1 44,45,74,75. 1,366 dose-weighted, motion- and CTF-407 corrected micrographs were selected from the main dataset based on a CTF-fitting 408 resolution cut-off set to ≤ 10 Å. 5,112 fibrils were picked start-to-end manually from the 409 micrographs in RELION 3.1 44,45,74,75. A first set of 44,115 long segments was extracted 410 with 1,800-pixel box-size, binned by 6, and an inter-box distance of 30 Å. The tube 411 412 diameter was set to 150 Å. A single reference-free 2D class average was used for initial model generation following published protocols ⁴⁴, by applying an estimated crossover 413 414 distance of 1,200 Å (Supplementary Fig. 2a). Extraction of short segments with a 340 pixel box-size and inter-box distance of 30 Å yielded 121,553 segments. Reference-free 415 2D classes obtained with a regularization value of T = 8 yielded averages with clearly 416 417 visible cross- β structure (Supplemental Fig. 2b). However, we note difficulties to match unambiguously the 2D classes to the two reconstructed structures (Supplementary Fig. 2b 418

and 2c): the first and second 2D class averages with narrow widths of ~80 Å could 419 420 correspond to either the bent or straight structure. The third and fourth class may be assigned to the bent and straight structure, respectively, due to their different widths. The 421 422 noticeable groove visible in the fifth and sixth class is observed only for the projected 2D class of the bent structure. The associated layer line profiles exhibited peaks at 4.9 Å (not 423 shown). The initial model was re-scaled and re-windowed to match the un-binned short 424 segments and low-pass-filtered to 10 Å. Initial 3D auto-refinement applying C1 symmetry 425 as well as helical twist and rise values of -0.7° and 4.9 Å, respectively, yielded a 4.2 Å 426 resolution map. 3D classification with a regularization value of T = 24 divided the 427 segments into four classes with numbers of 56,257, 27,465, 21,793 and 16,038, which are 428 429 referred to as blurry, mixed, straight and bent, respectively. Attempts to reconstruct the 430 mixed class yielded a map with an estimated resolution of 5.2 Å after masking. The 431 straight and bent classes were reconstructed separately by applying additional 3D refinement and classification rounds, reducing the segment numbers to 13,119 and 10,594 432 433 particles, respectively. Final 3D auto-refinement applying 5 Å low-pass filtered maps, 270 Å masks, helical tube radii of 135 Å and Z-values of 30%, yielded 4.0 and 4.1 Å 434 resolution maps after masking for the straight and bent structures, respectively. 435 Resolution values are based on the intersection of the half-map Fourier shell correlation 436 applying the threshold at 0.143 (Supplementary Fig. 2d). The straight and bent maps were 437 sharpened applying B-factors of -107 \AA^2 and -101 \AA^2 , respectively. 438

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Model building of AL59. The initial model of the straight structure was built *de novo* in
Coot ⁷⁶, starting from the position of the disulphide bond between Cys-22 and Cys-87.
The polypeptide backbone of the model was extended by placement of poly-Alanine
residues into the contiguous map. Considering bulky side-chain features, residues were

mutated to match the AL59 protein sequence. The model was iteratively built and refined 444 in Coot, Chimera-Isolde and Phenix real-space refinement with reference-model restraints 445 ^{76–79}. The additional density around Asn-19 was modelled as N-linked N-acetyl 446 447 glucosamine (NAG), representing the first building block of the common N-glycan core ⁸⁰. The final model comprising five 120-residue long chains in each proto-filament was 448 obtained by refinement with additional non-crystallographic symmetry (NCS) restraints. 449 Phenix, Molprobity and EMDB validation⁸¹⁻⁸³ revealed map-model cross-correlation 450 (CC_{mask}), EM-ringer and Molprobity-score values of 0.78, 5.3 and 1.6 (Supplementary 451 452 Tab. 2). To model the bent structure, fragments of the straight structural model were fit into the map as rigid bodies in Coot 76 . The combined fragments were refined iteratively, 453 454 as described for the straight structure. The final model of the bent structure comprises five 455 chains, each encompassing residues 5-97 and 103-111, and exhibits map-model crosscorrelation (CC_{mask}), EM-ringer and Molprobity-score values of 0.74, 3.2 and 2.2, 456 respectively. 457

SPA of collagen VI. 1,768 particles were picked manually in the micrographs of the main 458 dataset with a pixel size of 0.889 Å. The particles were extracted applying particle-box 459 460 and diameter-background sizes of 1,126 and 844 pixels, respectively. To increase the number of particles, additional 1,004 particles were picked manually from the second 461 dataset with a pixel size of 1.43 Å. These particles were extracted applying particle-box 462 463 and diameter-background sizes of 700 and 525, respectively. To match box- and pixelsize, the larger box was scaled to match the smaller one. After import of the particles into 464 cryoSPARC⁸⁴, the particle box was scaled to 384 pixels, yielding a pixel size of 2.607 Å. 465 466 The reconstructed *ab initio* map was refined homogeneously to an estimated resolution of 18 Å (Supplementary Fig. 5a and 5b). After map and particle re-orientation in ChimeraX 467 ⁷⁸, the number of particles was doubled by symmetry expansion and the map was 468

subsequently refined locally to a resolution of 13 Å (Supplementary Fig. 5c). Enforced C2 symmetry during local refinement improved map resolution to 12 Å, but did not improve markedly map interpretability (Supplementary Fig. 5d). To estimate the available space of the quarter-bead volume, we placed 11 copies of an AI-model of α 2-VWFA2 [https://www.uniprot.org/uniprotkb/P12110/entry]. The crystal structure of a collagen triple helix [https://www.rcsb.org/structure/1k6f]⁶⁰ was assembled into elongated parallel tetramers (Supplementary Fig. 6).

Cryo-EM SPA of the AL59/COLVI complex. In Relion 44,45,74,75, 36,540 helical segments 476 with a tube diameter of 500 Å were extracted from the manually picked 5,112 fibrils, 477 applying box-size and inter-box distance values of 840 and 84 pixels, respectively. The 478 479 box was re-scaled to 280 pixels. Particles associated with their micrographs were imported into cryoSPARC⁸⁴ for 2D classification. Applying a maximum resolution of 10 480 481 Å, an initial classification uncertainty factor of 50, and a batch-size of 200 per class, the particles were sorted into 400 classes. Two classes comprising 119 particles were 482 483 interpreted as amyloid with associated COLVI-bead. 37 particles with an inter-particle separation distance below 400 Å were removed as duplicates. 78 of the remaining 82 484 particles were aligned to yield the 2D class presented in Fig. 5d. To provide a visual 485 guide, the reconstructed map of the COLVI-bead was arranged with a surface of the 486 AL59 fibril to match the shape of the 2D class average in ChimeraX 78 . 487

Immuno-electron microscopy (IEM). 10 μl drop of the AL59 extract were placed at room temperature for 30 minutes on a 200 mesh formvar/carbon coated nichel grid (EMS, Hatfield, PA, USA). After absorbing the excess of the suspension with Whatman filter paper, fibrils were then incubated with a rabbit anti-human collagen VI (1:10, Fitzgerald Industries International) overnight at 4°C in a wet chamber, followed by a donkey antirabbit antibody conjugated to a 12 nm colloidal gold (1:75, Jackson Immunoresearch) in block solution for 45 minutes at 37°. After post-fixation with 2% glutaraldehyde, grids
were finally negatively counterstained with 2% uranyl acetate and observed with an
Energy Filter Transmission Electron Microscope (EFTEM, ZEISS LIBRA® 120)
equipped with YAG scintillator slow scan CCD camera (Sharp eye, TRS, Moorenweis,
Germany).

499 Cryogenic electron tomography (cryo-ET). Samples were prepared in the same way as 500 for SPA. Vitrified specimens were imaged on a Titan Krios cryo-transmission electron microscope equipped with a Selectris energy filter with a slit width of 15 eV and a Falcon 501 502 IV direct electro detector (Thermo Fisher Scientific). Multiple tilt series with a pixel size of 2.32 Å were recorded over a tilt range of -54 to 54 degrees in 3-degree steps with a 503 dose-symmetric scheme using SerialEM and PACE-tomo 1.2^{85,86}. The total electron dose 504 was kept under 120 electrons/Å². Frames were aligned using MotionCor2 1.5.0⁷⁵. Final 505 506 tilt series were aligned using fiducial-less patch tracking, down sampled four times, and reconstructed into tomograms by back projection within IMOD 4.11.15⁸⁷. Contrast was 507 enhanced by filtering the tomograms using CTF Deconvolve of isonet 0.2^{88} . 508

Tomograms were segmented using Amira (Thermo Fisher Scientific) as follows: amyloid 509 510 fibrils were detected using Amira's XTracing module based on cross-correlation with a cylindrical template (5 nm in radius and 25 nm in length). Cross-correlation fields were 511 512 thresholded to balance the amount of true positives and negatives. Amyloid fibrils were 513 then traced using a search cone 15 nm in length and 10° angle, with a direction coefficient of 0.3 and minimum fibril length of 25 nm. Decorating polymers as well as free COLVI 514 were segmented manually. Pixels with a grey-scale value close to that of the solvent were 515 516 filtered out using a threshold. Images of the three-dimensional rendering were produced in ChimeraX⁷⁸. To investigate whether amyloid-bound COLVI polymers adopted the 517 518 same or a different helical symmetry than the amyloid, a ball model was constructed with

helical twist and rise of AL59 but larger radius (60 Å) using SPIDER 26.06⁸⁹. For better
visualization, balls were displayed only every tenth AL59 subunit. Visual inspection
revealed an almost complete overlap between the COLVI density and the helical model.

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523 Data analysis, visualization and availability

Structures and derived data were analyzed and visualized using Arpeggio and FATCAT 524 webservers as well as Rstudio, ChimeraX^{78,90-93} and PyMol (Schrödinger, NY, USA). To 525 526 obtain the 3D class distribution among fibrils, metadata stored in the Relion STAR file were analysed applying a custom-made R script. For the alignment of the AL amyloid 527 sequences shown in Fig. 4a, C_L sequences of λ 1-FOR001 and λ 1-FOR006, reported to 528 residue Ser-114¹⁸, were extended to Pro-119 based on aligned⁴³ precursor sequences 529 [https://www.ncbi.nlm.nih.gov/protein/S05270] and 530 [https://www.ncbi.nlm.nih.gov 531 /protein/ANN81987.1?report=genpept], respectively. Sequences were aligned and visualized using Uniprot, Blast, ClustalOmega and ESPript^{94–97}. 532

The reconstructions and models of the straight and bent AL59 amyloids were deposited in the EMDB and PDB with the following accession codes: PDB: 8CDH and EMDB: EMD-16573, and PDB: 8CDI and EMDB: EMD-16574, respectively. The raw cryo-EM images used in our SPA analysis were deposited in EMPIAR under the accession code: EMPIAR-11408. The COLVI map was deposited under EMD-18689.

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559 **Competing interests**

560 The authors declare no competing interests.

561 Figures



562 Figure 1. AL59 extract comprises additional polymer decorating the amyloid fibrils.

(a) Cryo-EM micrographs and (b) Cryo-ET 2D projections reveal undecorated and polymerdecorated AL59 fibrils, highlighted by yellow and red arrows, respectively. The remarkably
shaped polymer beads are encircled in yellow and red for the unbound and amyloidassociated forms, respectively. A thin yellow line indicated the estimated crossover-length.
The image scale-bar is valid for both panels. See Supplementary Fig. 2.





569 Figure 2. Structures of glycosylated AL59 display a stable central core and two flexible 570 segments adopting alternative conformations

571 (a) Standard helical processing yielded three distinct 3D class averages, shown as cross-572 sections on grey scale. (b) Structural variations of the shared fold are described based on the 573 depicted scheme of the straight class. The stable centre, shared among all classes, is shown as 574 straight black line. The terminal and β -arc segments with alternative conformations are drawn

as dotted black lines. The three kinks and angles are highlighted by straight and dotted pink 575 lines, respectively. The kink angles with alternative conformations in the three classes are 576 highlighted. (c) Cross-sectional views of reconstructed maps, visualized according to the 577 depicted σ -colour scale. The polypeptide backbone and side-chains of the models are shown 578 as black cartoon and sticks, respectively. (d) The polypeptide backbones are shown as 579 cartoons, coloured on a rainbow-spectrum for residue numbers from 1 to 120. (e) Side-view 580 of the deposited models comprising five subunits in each proto-filament. The height 581 582 differences of the polypeptide layers are indicated for the central layer, highlighted as thick ribbon. See Supplementary Fig. 3. 583



585 Figure 3. Alternative conformations of the terminal segments in the bent and straight

586 structures are sterically incompatible and distributed on separate fibrils

(a) Cross-sectional and side-view of the superimposed maps of the bent and straight 587 structures are shown in green and magenta, respectively. Matching segments appear yellow. 588 Inset: adding a single layer of the bent structure to the end of a straight fibril leads to clashes 589 of their terminal segments (highlighted in red). (b) left: Bent, straight and mixed class 590 segments are coloured green, magenta and dark grey to visualize their distribution among 16 591 fibrils in a single representative micrograph. Segments without interpretable structure, 592 labelled blurry, are shown in light grey. The analysis of the fibrils in all micrographs is shown 593 on the *right*: fibrils comprising a single, two and three classes are denoted as 1-class, 2-class 594 595 and 3-class fibrils, respectively. See Supplementary Fig. 4-



Figure 4. AL59 adopts a fold related to λ3-FOR005, but harbours an extended constant domain (C_L) fragment in its amyloid core

(a) Sequence alignment of AL59 belonging to the λ 3 gene to the four other *ex vivo* LC 599 amyloid structures ^{3,15–18}, λ 3-FOR005 [https://www.rcsb.org/structure/6Z10], λ 6-AL55 600 [https://www.rcsb.org/structure/6HUD], λ1-FOR001 [https://www.rcsb.org/structure/7NSL] 601 and λ 1-FOR006 [https://www.rcsb.org/structure/6IC3]. The alignment was visualized using 602 ESPript 95 . β -strands and strict β -turns are indicated by numbered β and non-numbered TT 603 symbols, respectively. Strict sequence identity is indicated by a red box with white character, 604 605 similarities within and across groups are indicated by red characters and blue frames, respectively. Secondary structure elements of λ 3-AL59 and λ 3-FOR005 are shown above. 606 607 CDR segments of λ 3-AL59 and λ 3-FOR005 are labelled and highlighted in yellow and orange, respectively. The C_L-derived fragment in the amyloid core of AL59 is highlighted in 608 light pink. (b) The AI-generated native AL59 structure (left) is compared to the straight 609 amyloid structure (*right*). V_L and C_L domains are coloured white and light pink, respectively. 610 611 The CDRs are coloured yellow and labelled. The non-amyloidogenic C_L part is semitransparent. Modified N- and C-termini of LC peptide fragments detected by LC-MS/MS are 612 shown as red and blue C α -spheres, respectively. The residue-level line-plot depicts the 613 domain boundaries and modified N- and C-termini of LC fragments detected by LC-MS/MS. 614 (c) The superimposed λ 3-AL59 and λ 3-FOR005 structures are shown as white and black 615 cartoons, respectively. 616

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621 Figure 5. Collagen VI is the abundant polymer concatenating with AL59

(a) The two 2D class averages obtained for the manually picked beads reveal two half-beads 622 linked by an intra-bead fibre. Inter-bead fibres are hardly visible, likely due to high 623 624 flexibility. Each half-bead entails head, body and tail substructures, as indicated in pink for the second 2D class average. The angles of the two half-beads differ between the two classes, 625 indicating flexible bending of the intra-bead fibre. (b) The Collagen VI assembly model ^{51,55} 626 depicts that three subunits assemble hierarchically into bead-on-a-string microfibrils. (right) 627 628 The monomeric building block is composed of subunits $\alpha 1$, $\alpha 2$ and $\alpha 3$. Each ~1k residuelong $\alpha 1$ and $\alpha 2$ subunit comprises a single N- and two C-terminal von Willebrand factor 629 homologous domains (VWFA), separated by \sim 300 residue long collagen segments. The >3k 630 residue-long a3 subunit comprises ten and two VWFA domains at its N- and C-terminus, 631 respectively, separated by a ~300 residue long collagen region. Alternative splicing of $\alpha 3^{55,98}$ 632 reduces the number of N- and C-terminal VWFA domains to seven and one, respectively. 633

Microfibrils lack most likely the C-terminal type-III Fibronection (FNIII) and Kunitz 634 domains due to post-translational cleavage. (left) In the first step of microfibril formation, the 635 three subunits assemble parallel via their central collagen regions into the monomeric 636 building block. Dimers and tetramers assemble successively from anti-parallel and parallel 637 monomers and dimers, respectively. Finally, bead-on-a-string microfibrils arrange head-to-638 head to tetramers ^{51,55}. (c) Two views of the half-bead map are oriented to match the upper 639 2D class average shown in panel a. The map volume is visualized according to depicted σ -640 colour scale. The main features (darker blue) are comparable to a map at a threshold of 1.5 σ . 641 (d) Left: the reference-free 2D class average, obtained by single-particle processing of helical 642 segments, features a bright tube decorated by a darker shape resembling the COLVI-bead. 643 *Right*: the reconstructed map of the COLVI-bead was arranged with a surface of the AL59 644 fibril to match the shape of the 2D class average. The speculative arrangement was created as 645 visual guide. See Supplementary Fig. 5 and 6-646



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Figure 6. The fibril-decorating polymer is COLVI and follows the helical pitch of AL59
(a) Immuno-electron microscopy (IEM) revealed AL59 fibrils, free polymer and dense fibril
clusters tagged with gold particles. *Top panel*: > 50 gold particles, highlighted in red, were
counted in this image of the extract stained with anti-COLVI IgG and gold-conjugated anti-

IgG antibodies 70R-CR009x (Fitzgerald) ⁶¹ followed by a 12 nm gold-conjugated anti-IgG
antibody. respectively. Three magnified sections emphasize (1) three gold particles within

~150 Å distance to AL59 fibrils, (2) three single gold particles and three duplets tagging free
COLVI polymer as well as (3) 11 gold particles within a dense amyloid fibril cluster. *bottom panel*: No gold particles were found in the sample treated only with the gold-conjugated antiIgG antibodies. Three magnified sections are shown for direct comparison to the top panel.
See Supplementary Fig. 7 and 8.

(b) Left: An overview cryo-ET slice with a thickness of 0.925 nm and four additional regions 660 of interest (highlighted boxes) reveal amyloid fibrils (blue arrowheads) decorated with 661 COLVI polymers (green arrowheads). The height level of the overview slice highlights the 662 central AL59/COLVI interaction. The four boxes are shown at different height levels and 663 higher magnification. Right: 3D renderings of the overview cryo-ET slice and the highlighted 664 central AL59/COLVI interaction show traced AL59 fibril tubes (blue) decorated with 665 666 segmented COLVI densities (green). A helical ball model (yellow) with helical twist and rise of AL59, but three times larger helical radius, is shown within the COLVI density to 667 demonstrate the helical imprinting of AL59 on COLVI. 668

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