

# Electroacupuncture at Governor Vessel improves neurobehavioral function via silencing complexin I

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## Article

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2 **silencing complexin I**

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31 **Abstract**

32 Governor Vessel electro-acupuncture (GV), as a traditional Chinese medicine, has been  
33 proved that it can reduce scar and promote axon regeneration. However, the underlying  
34 mechanism remains unclear. Herein, complexin I (CPLX1), as a candidate protein  
35 involved in the process of GV treatment on spinal cord contusion (SCC), was found by  
36 using protein chip. Therefore, using a CRISPR/Cas9 knockout approach, we silenced  
37 CPLX1 to assess its role in the process of GV treatment. Additionally, eIF5A1 promotes  
38 translation of CPLX1 with PPG sequence, we attempt to uncover whether eIF5A1 play  
39 a role in GV treatment. Indeed, GV can reduce scar and promote axon regeneration after  
40 SCC.  $CPLX1^{-/+}$  SCC rats demonstrated that decreased CPLX1 improved the  
41 microenvironment of injured area via reducing the components of fibrotic scar and  
42 further enhanced the synaptic plasticity, which benefit the regeneration of axons. And  
43 eIF5A1 could regulate the expression of CPLX1 in the process of GV treatment.  
44 Therefore, GV contributes to axon regeneration and synapse plasticity via eIF5A1  
45 regulating CPLX1 following SCC, providing a convincing mechanism for improving  
46 the therapeutic efficacy of GV for SCC.

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60 **Introduction**

61 Spinal cord contusion (SCC), which causes profound and persistent neurological  
62 deficits, induces clinically irreversible disability and results in a large number of  
63 comorbidities (1, 2). Those complications are characterized by neurological deficits and  
64 motor dysfunction caused by demyelination of axons and cellular death (3). Terribly, it  
65 is estimated that only half of affected patients regain supraspinal control of  
66 movements below the level of the lesion after spinal cord injury (SCI) (2). The  
67 scar tissue that forms at the SCI site plays an important role in sealing the lesion and  
68 inhibiting axon regeneration (4, 5). This scar tissue can be classified into two types:  
69 glial and fibrotic scar (6). The glial scar often surrounds the central core (fibrotic scar)  
70 that refers to the astrogliotic region and prevents non-CNS cells (such as leukocytes)  
71 from invading the CNS parenchyma (7). For years the glial scar has been widely  
72 regarded as the main impediment for regenerating axons attempting to reach their distal  
73 targets (8). However, recent research shows that contrary to prevailing dogma, astrocyte  
74 scar formation aids rather than prevents CNS axon regeneration (9). The fibrotic scar,  
75 comprising a dense extracellular matrix, is originated from multiple interacting stromal  
76 cells including NG2 glia/oligodendrocyte precursor cells (OPCs), meningeal and/or  
77 vascular derived fibroblasts, pericytes, ependymal cells, and phagocytic macrophages  
78 (8). There's growing evidence that the fibrotic scar is the major impediment for axonal  
79 regeneration. Previous studies attempt to eliminate or modify the specific fibrotic  
80 components, which has shown potential to improve axonal regeneration. However,  
81 there are many different extracellular matrix molecules and stromal cells deposited in  
82 the fibrotic scar. Numerous inhibitory cues present in the scar makes molecule-specific  
83 targeting strategies impractical (10). Therefore, there still is a lack of effective  
84 therapeutic strategies for the treatment of SCC.

85 Governor Vessel electro-acupuncture (GV), as a therapeutic technique used in  
86 traditional Chinese medicine, is a type of therapy with the purpose of producing  
87 synthetic electric and needling stimulation (11). It has been reported that GV application  
88 not only rescues the death of neural cells (12), but also improves median nerve function

89 by somatotopically distinct neuroplasticity (13). In addition, evidence from both  
90 clinical trials and basic researches supports that GV can restore the motor function,  
91 bladder function, and sensory function after SCI, resulting in promising functional  
92 recovery (14-17). Given the satisfactory therapeutic effects, it was urgent to find the  
93 therapeutic mechanism of GV on the treatment of SCC.

94 Here, we hypothesized that GV could regulate neural specific proteins expression  
95 involved in the process of GV to promote neuroprotection and recovery after SCC. The  
96 protein expression profile of spinal cord segments in both SCC and GV treated models  
97 was analyzed by using protein mass spectrometry analysis. The identified proteins  
98 included the molecules related to nervous system development, neurogenesis and  
99 wounding, such as solute carrier family 12 member 5 (Slc12a5), sodium- and chloride-  
100 dependent glycine transporter 2 (Slc6a5), sodium- and chloride-dependent GABA  
101 transporter 3 (Slc6a11), excitatory amino acid transporter 2 (Slc1a2) and complexin I  
102 (CPLX1). Further experiments discovered that CPLX1 may be neural specific proteins  
103 involved in the process of GV treatment on SCC. CPLX1 is a presynaptic small  
104 molecule protein consisting of 134 amino acids, forming a SNARE complex with  
105 synaptobrevin, syntaxin, and snap25 in the central nervous system, involving in  
106 anchoring, pre-excitation, and fusion of axonal end vesicles (18). Moreover, CPLX1 is  
107 highly homologous hydrophilic protein that is tightly conserved, with 100% identity  
108 among mouse, rat, and human. Studies demonstrate that CPLX1 is significantly down-  
109 regulated in AD patients, which is positively correlated with the severity of this disease  
110 (19). Additionally, CPLX1 is still at a low level in the medial thalamus of Wernicke's  
111 encephalopathy, suggesting that it may contribute to the pathophysiology of thalamic  
112 damage (20). Moreover, loss of CPLX1 induces abnormalities in long-term potentiation  
113 (21, 22). In the field of central nervous system (CNS) injury, changes of CPLX1  
114 expression after SCI have been proved by numerous studies (23-25). In the light of the  
115 above, CPLX1 may play a critical role in the process of GV treatment on SCC. But, the  
116 underlying mechanism remains largely unknown.

117 In this study, we delete CPLX1 to assess the role of CPLX1 in GV treatment using a  
118 CRISPR/Cas9 knockout approach. Additionally, eIF5A1 stimulate the translation of

119 CPLX1 with PPG sequence (26, 27), we attempt to uncover whether eIF5A1 play a role  
120 in the GV treatment. Herein, we provide evidence that GV promote the recovery of  
121 motor function via regulating CPLX1 using immunofluorescence double labeling  
122 analysis, western blot (WB), electromyography (EMG), motor evoked potential (MEP),  
123 field potential, diffusion tensor imaging (DTI), and Golgi staining. Taken together,  
124 these data evidence the efficacy of GV on the treatment for SCC and demonstrate the  
125 underlying mechanism in the process of GV treatment on SCC, establishing a reliable  
126 molecular theoretical basis for clinical application of GV in the treatment of SCI.

127

## 128 **Results**

129 **GV effectively improves the hindlimb motor dysfunction in SCC rats via**  
130 **increases synaptic plasticity through changing the axon components and**  
131 **transporter activity.** As GV is a clinically feasible way to improve the motor  
132 dysfunction effectively, we aimed to decipher its distinct cellular actions. First, Basso,  
133 Beattie, and Bresnahan (BBB) scores of GV application group increased gradually  
134 since the 4th week post injury (wpi), suggesting that GV effectively improves hindlimb  
135 motor dysfunction in SCC rats (Figure 1A). Two weeks after SCC, we found that the  
136 hematoma is disappearing gradually and the scar formed closes the injury site  
137 (Supplemental Figure 1A). GV treatment reduce the scar formation showing a small  
138 scar area (Figure 1, B and C, and Supplemental Figure 1, A and B). Interestingly, less  
139 formation of cavity and inflammatory cell infiltration were observed after GV treatment  
140 (Figure 1B). We next examined whether GV treatment may alleviate the collapse of  
141 micro-structures. Data of electron microscopy (EM) in Figure 1C showed significant  
142 protection of myelinated axons within the injured spinal cord of GV treated rats (Figure  
143 1, D and E). Additionally, GV treatment significantly increased the percentage of  
144 presynaptic coverage of motor neurons after spinal cord injury (Figure 1, D and F).  
145 These data suggested that GV treatment increase the axonal plasticity.

146 To acquire mechanistic insight, we performed protein mass spectrometry analysis of  
147 spinal cord injured segments at 4wpi after GV treatment. We identified 379 proteins  
148 that were differentially expressed including 226 up-regulated and 153 down-regulated

149 proteins (false discovery rate [FDR]-adjusted  $p < 0.05$ , fold change  $> 2$  or  $< 0.5$ ) (Figure  
150 1G). Gene Ontology (GO) enrichment analysis of differentially expressed genes (DEGs)  
151 were conducted in three categories including biological process (BP), cellular  
152 component (CC) and molecular function (MF). Results demonstrated that almost DEGs  
153 locate in axon and synapse except extracellular space (Figure 1H). Transporter activity  
154 was the top enriched term in MF. While for BP, neurogenesis and neurotransmitter  
155 transport belonging to the top ten enriched term were focused (Figure 1H). Moreover,  
156 DEGs were selected again according the category of fold change  $> 5$  or  $< 0.2$  to further  
157 analysis these differentially expressed proteins. 23 up-regulated and 16 down-regulated  
158 proteins were picked (Figure 1I). Then, venny 2.1.0 software was used to uncover the  
159 overlapping proteins which have striking differences and participate in focused MF and  
160 BP. A total of 5 up-regulated proteins (Slc12a5, Slc6a5, Slc6a11, Slc1a2 and Cplx1)  
161 were selected (Figure 1J).

162

163 **Moderate reduction of CPLX1 significantly improves the motor function for a**  
164 **relatively stable time after SCC even better than GV-treatment.** It is well known  
165 that, excepting the scarring, axon growth inhibitory factors are the other key  
166 impediment to regenerating axons, in which chondroitin sulfate proteoglycans (CSPGs)  
167 is one of the major components (28). Here, the effective function of five candidate  
168 proteins to promote the axon elongation were uncovered under an inhibitory  
169 environment in which CSPGs was added. Groups of slc6a11-siRNA and CPLX1-  
170 siRNA significantly restored the potential of axon growth when neurons grow in an  
171 inhibitory environment (Figure 2, A and B). And, down-regulation of CPLX1 showed  
172 even more growth potential. Therefore, we next examined the role of CPLX1 in the  
173 process of GV treating SCC rats. As the axon trajectory of interneuron populations can  
174 vary and thus play different roles in different sites near a SCC, so we first determined  
175 whether neurons responded differently according to their location relative to the lesion  
176 site, and tissues in rostral, lesion and caudal sites were separated to do further analyze.  
177 First, CPLX1 significantly increased in the rostral and caudal sites comparing with  
178 epicenters at different time points (Supplemental Figure 1, C and D). The comparison

179 assessed by WB in the same sites was made between the SCC and GV-SCC group  
180 demonstrating that the CPLX1 expression of rostral and caudal segments significantly  
181 decreased after GV treated group comparing to the SCC group (Figure 2C). Thus, these  
182 implied that silencing CPLX1 expression may be the reason for the effectiveness of GV  
183 treatment.

184 For further researching, we used a transgenic rat line with homozygous knockout of  
185 CPLX1 generated by CRISPR/Cas9 gene editing system. Due to CPLX1<sup>-/-</sup> rats had a  
186 profound ataxia and short lifespan, CPLX1<sup>-/+</sup> rats were used for the following  
187 experiment, which have been verified with significant levels of CPLX1 gene silencing  
188 (Supplemental Figure 2). Then, CPLX1<sup>-/+</sup> and GV-WT group of SCC models were  
189 conducted for further investigating. Reduced CPLX1 expression in SCC models  
190 resulted in significant improvements in hindlimb moving ability within the first 3 weeks.  
191 However, in GV-treated rats, functional recovery first appeared by 4 weeks and became  
192 significant gradually. This trend of those two groups kept extending even at 9, 10, 11  
193 week, on those period no GV carry out, indicating the functional sustainability in the  
194 GV treating and partial deletion of CPLX1 in SCC rats (Figure 2D). When the nervi  
195 ischiadicus was stimulated near the base of the tail in WT rats, little or no reflex was  
196 evoked in the segmental gastrocnemius muscle EMG recordings, regardless of the  
197 stimulation current intensity or rate of stimulation. However, the response was more  
198 obvious in the CPLX1<sup>-/+</sup> and GV-WT group as shown in the results that the amplitudes  
199 of CPLX1<sup>-/+</sup> group (P<0.01) and GV-WT (P<0.05) were larger than the WT group  
200 (Figure 2, H and I). Besides, the MEP recordings of the WT SCC rats remained stable  
201 and the evaluated measures showed steady and similar values for the duration of the  
202 testing period. The amplitude of CPLX1<sup>-/+</sup> group (P<0.01) and GV-WT (P<0.05) was  
203 larger than the WT group. The latency in the CPLX1<sup>-/+</sup> group was larger when compared  
204 to the WT group (Figure 2, E-G).

205

206 **Moderate reduction of CPLX1 (CPLX1<sup>-/+</sup>) enhances neural tissue regeneration**  
207 **and reduces fibrotic scar tissue after SCC even more than GV application.** As  
208 previously mentioned, reduction of CPLX1 using genetic method in the SCC models

209 significantly ameliorated the motor dysfunction. Eleven weeks later, the content of  
210 CPLX1 at the rostral and caudal spinal cord extraction in the CPLX1<sup>-/+</sup> SCC models  
211 was lower than that of WT SCC group, respectively (Figure 3A). Further, Diffusion  
212 tensor imaging (DTI) scans was used noninvasively to longitudinally track neural tissue  
213 regeneration progress, which was an ideal measurement for both human and animal SCI  
214 studies. Different colors of tracking were used to mark the direction of fiber orientations.  
215 Results demonstrated that spinal cord neural regeneration was more obvious in CPLX1<sup>-</sup>  
216 <sup>+/+</sup> SCC rats. But, in the WT rats, the ascending and descending blue fiber tracks were  
217 disconnected, leaving a gap on the center region of the spinal cord. While after GV  
218 treatment, no gap existed in the spinal cord, and the blue fiber signals filled the whole  
219 spinal cord structure. Quantitative analyses of percentage of rostral–caudal voxels and  
220 fractional anisotropy (FA) values indicated a higher value in GV-WT and CPLX1<sup>-/+</sup>  
221 groups compared with WT group, which demonstrated significant neural tissue  
222 regeneration in CPLX1<sup>-/+</sup> rats and GV-treated models (Figure 3B).

223 Function changes of caudal spinal cord to the lesion side play a key role in the  
224 recovery of motor function. Immunofluorescence double labeling revealed that fiber  
225 scars are mainly distributed in the lesion core but glial scars are mostly localized in the  
226 rostral and caudal regions (penumbra) (Supplemental Figure 3A). But, GV treatment  
227 increased the GFAP positive area largely in the lesion core and decreased fibrotic scar  
228 marked by laminin and fibronectin when comparing to SCC group at 4wpi  
229 (Supplemental Figure 3, A-E). Furthermore, quantities analyses showed that the protein  
230 levels of fibronectin and laminin were higher in the SCC group than that of GV-SCC  
231 and sham group (Supplemental Figure 3, F-H). When the GV treatment was performed  
232 for 8 weeks and unapplied for 3 weeks, fibronectin- and laminin-positive fibrotic scar  
233 areas in the dorsal spinal cord were significantly reduced compared to WT SCC group  
234 (Figure 3, D-F). Reduced level of laminin and fibronectin after GV revealed that the  
235 fiber scar decreased and an advantageous environment conducive to axonal  
236 regeneration or plasticity enhancement formed. While, in CPLX1<sup>-/+</sup> SCC rats,  
237 fibronectin- and laminin-positive fibrotic scar tissue barely existed and their positive  
238 area were lower than GV-WT group (Figure 3, D-F). These changes were also

239 confirmed by WB results (Figure 3, G and H).

240

241 **Moderate reduction of CPLX1 (CPLX1<sup>-/+</sup>) increases synaptic plasticity and**  
242 **promotes axon regrowth through highly expressing the GAP43.** Further, we  
243 wondered that whether the scar-reducing effect also promotes spinal circuitry caudal to  
244 the lesion through increasing synaptic plasticity. To assess this, Golgi-stain was carried  
245 out for quantifying a fine details of neuron morphology for motor neurons located  
246 throughout the caudal ventral horn. Data showed that the dendritic spine density of  
247 CPLX1<sup>-/+</sup> SCC group was larger than GV and WT SCC groups (Figure 4, A and B). For  
248 the dendritic length, CPLX1<sup>-/+</sup> SCC group was statistically longer than WT (Figure 4,  
249 A and C). However, there was barely difference in the number of dendritic branch  
250 (Figure 4, A and D). We next tested whether the increase in synaptic plasticity noted at  
251 the caudal to the injury epicenter was associated with synaptogenesis. Double stain of  
252 anti-synapsin I and anti-Beta-Tubulin III (Tuj1) was performed to quantify changes in  
253 presynaptic coverage on lumbar ventral horn motor neurons. There were significant  
254 main effects for both genotype (WT vs. CPLX1<sup>-/+</sup>, P<0.000) and different treatments  
255 (CPLX1<sup>-/+</sup> vs. GV-WT, P<0.05) (Figure 4, E and F, and Supplemental Figure 4). Results  
256 of synapse in the lamellae 9 to 10 of ventral horns of spinal cords also confirmed the  
257 synaptogenesis using transmission electron microscope (Supplemental Figure 5, A and  
258 B). The synapse covered more in the groups of CPLX1<sup>-/+</sup> SCC (P<0.0001) and GV-WT  
259 SCC (P<0.05) than the WT SCC group (Supplemental Figure 5, A and B). Besides,  
260 demyelination was more obvious in the SCC group but it was significantly improved  
261 when treating with GV or partial deletion of CPLX1 (Supplemental Figure 5, A and  
262 C). Moreover, decreased CPLX1 expression promoted axon growth even when these  
263 neurons were in an environment that fully with the inhibitory molecules including  
264 Nogo-A, Semaphorin3A (Sema-3A) and CSPGs, abundant at the spinal cord lesion core  
265 (Figure 4, G and H). For the spinal cord neurons, moderate reduction of CPLX1 also  
266 played the same effect (Supplemental Figure 6). Which protein was attributed to this  
267 effect? We detected the distribution of growth associated protein 43 (GAP43) which  
268 was significantly up-regulated in CPLX1<sup>-/+</sup> cortical neurons than that of the WT group

269 at both axon and some (Figure 4, I and M).

270

271 **Moderate reduction of CPLX1 (CPLX1<sup>-/+</sup>) elevates serotonergic innervation**  
272 **and field excitatory postsynaptic potential (fEPSP).** Previously, increased  
273 serotonergic innervation strongly modulate the recovery of motor function after SCI  
274 (29). We then tested whether the scar-reducing effect also promotes axon regrowth of  
275 serotonergic spinal axons. Indeed, the CPLX1<sup>-/+</sup> SCC rats showed increased density of  
276 5-HT<sup>+</sup> axons innervating the ventral horn caudal to the lesion compared to WT SCC  
277 animals (Figure 5, A and B). And GV administration also enhanced the 5-HT<sup>+</sup> fibers  
278 compared with that of WT SCC models (Figure 5, A and B). Same trends also happened  
279 in the longitudinal section of the WT, GV-WT and CPLX1<sup>-/+</sup> SCC groups (left side of  
280 white dotted line showed the caudal side to the lesion core) (Figure 5A).

281 To further investigate whether regenerated axons and enhanced synaptic plasticity  
282 were functional, fEPSP was measured in the caudal spinal cord to the injury, which may  
283 reflect the recovery of motor function of hindlimbs. Data indicated that field EPSP was  
284 consistently evoked in all three groups. For the slope in the groups of GV-WT SCC and  
285 CPLX1<sup>-/+</sup> SCC, they were higher than WT respectively (P<0.01), and in the amplitude  
286 of GV-WT (P<0.001) and CPLX1<sup>-/+</sup> (P<0.05), they were higher than WT SCC group,  
287 while no obvious difference was observed in the response latency (Figure 5, C-F).

288

289 **GV improves the neurological deficits via eIF5A1 regulating the expression of**  
290 **CPLX1.** From the above, we proved that decreased CPLX1 expression has a special  
291 contribution on the effectiveness of GV treatment. We then assessed whether other  
292 molecule involved in this process. Protein sequence of CPLX1 is highly conserved in  
293 *rattus norvegicus*, *mus musculus* and *homo sapiens*, and they all had the same PPG  
294 sequences which induce ribosomes become stalled resulting no full-length product  
295 produced (Figure 6A). However, previously reports demonstrate that eukaryotic  
296 eIF5A1 can rescue the stalled ribosomes (30, 31). To verify whether eIF5A1 was the  
297 main reason for down-regulated CPLX1 in the process of GV treatment, we firstly used  
298 the primary cultured cortical neurons to verify the action of eIF5A1 to regulate the

299 translation and function of CPLX1. After overexpressing eIF5A1, the level of eIF5A1  
300 increased, followed by the increasing of CPLX1 level. While eIF5A1 was down-  
301 regulated with the decreasing expression of CPLX1, and there was a reduction eIF5A1  
302 when CPLX1 was overexpressed (Figure 6, B and D). These observations suggested  
303 that eIF5A1 can positively promote the expression of CPLX1. For the functional  
304 validation, FM1-43 dye was used to label and then monitor synaptic vesicles, secretory  
305 granules and other endocytic structures in a variety of preparations. When stimulating  
306 with high potassium ( $K^+$ ), the intensity of FM1-43 fluorescence in CPLX1 siRNA and  
307 eIF5A1 siRNA group were higher than other groups (Figure 6, E and F). However, the  
308 high signal phenomenon of eIF5A1 siRNA was reversed after overexpressing CPLX1  
309 (Figure 6, E and F). Results also demonstrated decreased exocytosis in neurons with  
310 lower-expressing of CPLX1. To further verify this, we examined potassium ( $K^+$ ) and  
311 calcium ( $Ca^{2+}$ ) fluxes in neurons using microelectrode ion flux estimation (MIFE).  
312 Before stimulating,  $K^+$  flux of CPLX1<sup>-/+</sup> neurons was higher than that of WT neurons  
313 ( $P<0.05$ ), while there was a significant reduction of the flux of CPLX1<sup>-/+</sup>-eIF5A1-ORF  
314 after overexpressing eIF5A1 ( $P<0.001$ ) (Figure 6, G and H). Accordingly, the flux of  
315  $Ca^{2+}$  in the CPLX1<sup>-/+</sup> group was much less than that of WT group ( $P<0.01$ ), but after  
316 overexpressing eIF5A1, the flux of  $Ca^{2+}$  was increased obviously ( $P<0.05$ ) (Figure 6, I  
317 and J). Deletion of CPLX1 (CPLX1<sup>-/-</sup>) also significantly decreased the efflux of  $Ca^{2+}$ ,  
318 which can be rescued by overexpressing CPLX1 but not eIF5A1 (Figure 6K).

319 To evaluate whether eIF5A1-dependent CPLX1 expression can affect the  
320 neurobehavioral recovery after SCC, we used CPLX1<sup>-/+</sup> rats to generate SCC model  
321 and HSV-eIF5A1-ORF was injected into the spinal cord lesion area of CPLX1<sup>-/+</sup> rats.  
322 WB results confirmed that the content of CPLX1 was decreased as mentioned above in  
323 CPLX1<sup>-/+</sup> SCC group compared to WT SCC group ( $P<0.001$ ), but increased after over-  
324 expression of eIF5A1 in CPLX1<sup>-/+</sup> SCC group ( $P<0.05$ ) (Figure 7A). EMG recordings  
325 of these SCC models demonstrated that over-expression of eIF5A1 reverses the  
326 enhancement of amplitudes in CPLX1<sup>-/+</sup> SCC group ( $P<0.05$ ) (Figure 7, B and C). Same  
327 trends also found in the MEP recordings in which the amplitude of CPLX1<sup>-/+</sup> group was  
328 larger than WT group ( $P<0.01$ ) and CPLX1<sup>-/+</sup>-eIF5A1-ORF group ( $P<0.05$ ) (Figure 7,

329 D and E). And, the response latency in the CPLX1<sup>-/+</sup> group was shorter when compared  
330 to the CPLX1<sup>-/+</sup>-eIF5A1-ORF group (P<0.01) (Figure 7F). BBB scores analysis  
331 showed that CPLX1<sup>-/+</sup>-eIF5A1-ORF group had a lower BBB scores compared to  
332 CPLX1<sup>-/+</sup> SCC models begin 4wpi, revealing that over-expression of eIF5A1 in  
333 CPLX1<sup>-/+</sup> SCC models reversed the improved neurobehavioral defects (Figure 7G). We  
334 finally investigated whether the motor function recovery and amelioration after GV  
335 treatment was due to down-regulated CPLX1 through eIF5A1. HSV- eIF5A1-ORF was  
336 injected into the spinal cord lesion area of WT SCC models whose were given the GV  
337 treatment. Six weeks later, BBB scores of GV+ eIF5A1-ORF group was lower than that  
338 of GV-WT group (Figure 7H). The protein levels of eIF5A1 and CPLX1 were increased  
339 in the lesion area of GV+ eIF5A1-ORF group comparing with GV-SCC group (Figure  
340 7, I-K).

341

## 342 **Discussion**

343 SCI induces widespread molecular and biochemical changes including altered  
344 mRNA and protein expression, axonal plasticity, and neuronal cell death, and there is  
345 no cure for drugs and methods. Nowadays, GV is widely used in the treatment of SCI  
346 (32, 33). However, the mechanism of GV on neurogenesis is still largely unknown,  
347 which seriously limit its approval and application. Herein, we verified the therapeutic  
348 effect of GV treatment on SCC rats. BBB scores showed that SCC rats get a remarkable  
349 motor recovery after GV application. Besides, less formation of cavity, inflammatory  
350 cell infiltration, demyelination and increased synaptic plasticity were found after GV  
351 treatment. Using protein chip, CPLX1 was found to be the neural specific protein in the  
352 process of GV application. The level of CPLX1 was reduced after GV performed. In  
353 addition, we confirmed that lower CPLX1 expression promoted axon regeneration and  
354 synapse plasticity and motor function in vivo. Therefore, axon regeneration and synapse  
355 plasticity appear both contributing to the functional recovery, revealing a possible  
356 mechanism that GV application promote function recovery of SCC models. Moreover,  
357 the observation of sequence PPG containing in CPLX1 requires eIF5A1 to rescue their  
358 translation providing further investigation.

359 Previous studies have demonstrated that scarring represents a major barrier for  
360 axonal regrowth, and moderate inhibition of this process will enable axonal regrowth  
361 and improve functional recovery (34). In this study, fibrotic scar tissue rich in  
362 fibronectin and laminin formed at the lesion site after SCC, which is the key  
363 impediment for regenerate axons, containing axon growth inhibitory factors including  
364 chondroitin sulfate proteoglycans (CSPGs) (5). Furthermore, reduced level of laminin  
365 and fibronectin after GV treatment which assessed by immunofluorescence double  
366 labeling revealed that the fiber scar decreased and an advantageous environment  
367 conducive to axonal regeneration or plasticity enhancement formed. It was previously  
368 reported that secondary degeneration of neurons is reduced and axon regeneration is  
369 facilitated by GV treatment (35). Besides, modulating the plastic changes at the spinal  
370 cord level play an important role in improving functional recovery (36). In this study,  
371 DTI was performed to track spinal cord neural regeneration progress. The fiber signals  
372 filled the whole spinal cord structure in a continuously state after GV application, which  
373 proved that GV could promote the axon regeneration (37). In summary, GV can  
374 facilitate axon regeneration and improve recovery of motor function.

375 In order to investigate the underlying mechanism, results of protein chip show that  
376 the expression of CPLX1 decreased obviously after GV treatment. CPLX1 is a highly  
377 charged protein that is essential for  $Ca^{2+}$ -mediated neurotransmission that appears to  
378 act by interacting with and regulating the SNAREs (38). To date, CPLX1 levels are  
379 differentially expressed in many psychiatric and neurodegenerative disorders (39).  
380 Studies have shown that CPLX1 is specifically existed in the nervous system and  
381 pancreatic B cells, and expressed in neurons, microglia, and astrocytes, especially  
382 mainly expressed in the synaptic structure-rich region (18). In recent years, it has been  
383 found that CPLX1 is a molecule with two-way regulation function, which exerts both  
384 positive and negative effects on vesicle exocytosis, facilitating synchronous  
385 neurotransmission while inhibiting spontaneous fusion events (40, 41). Moreover,  
386 CPLX1 is crucially involved in neurological development and neurotransmitter release.  
387 The availability and importance of CPLX1 in nerve repair have been expounded in  
388 many studies (42). Given the important role of CPLX1 in nervous system, we want to

389 ascertain whether GV treatment effectively improves motor function of SCC rats  
390 through down-regulation of CPLX1. Indeed, CPLX1<sup>-/+</sup> rats had a better motor recovery  
391 as revealed by higher BBB scores and increased EMG and MEP signals. The objectivity  
392 of SEP and MEP recording ensures that lower expression of CPLX1 enhances the  
393 electrophysiological conduction through the injured spinal cord and the excitability of  
394 the sciatic nerve, which further confirm the BBB scores obtained (43).

395 Numerous evidences show that the dendritic spines can change shape, size, and  
396 number following various injuries (44, 45). GV treatment also promotes synaptic  
397 plasticity via regulating CPLX1. After SCI, there is an acute reduction in dendritic  
398 number in these survived neurons with rapid dendritic atrophy. Meanwhile,  
399 spontaneous dendritic plasticity could reflect a compensatory response of the spinal  
400 cord to the functional deficits caused by the injury (45, 46). Increased dendritic spine  
401 density observed in neurons have entered into a more plastic state, which indicate  
402 availability to form new synapses (47). Indeed, data in the current report indicate that  
403 low expression of CPLX1 can increase the dendritic spine density and dendritic length  
404 in the caudal site to the epicenter. Other reports demonstrate that dendritic plasticity is  
405 formed through actin cytoskeleton reorganization which responds to glutamate release  
406 regulate downstream signals such as proteinkinase A (PKA), proteinkinase C (PKC)  
407 and mitogen-activated protein kinase (MAPK) through activating  
408 aminomethylphosphonic acid (AMPA) and N Methyl D Aspartate (NMDA) receptors  
409 (44). As CPLX1 plays an important role in the process of neurotransmitters release (48),  
410 thus enhanced the synaptic plasticity of neurons may result from the low expression of  
411 CPLX1 clamping chaotic release of neurotransmitters caused by SCI.

412 As yet, one of the important strategies for treating SCC is to promote axon  
413 regeneration in the epicenter (49). Data demonstrated that decreased CPLX1 expression  
414 promoted axon regrowth even when neurons were incubated in an inhibitory  
415 environment through highly up-regulation of GAP43 involving in axonal growth and  
416 regeneration (25, 50). We then investigated whether GV treatment promotes regrowth  
417 of descending axons in vivo, which mediate voluntary motor movement, important for  
418 locomotion (10). Increased serotonergic (5-HT) axons play a key role in activating and

419 modulating lumbar motor circuitry after GV treatment (51). Previously studies report  
420 that 5-HT axons have an intrinsic ability to sprout and grow after SCI, bypassing the  
421 epicenter and repopulating gray matter caudal to the injury site, which has been  
422 implicated in spontaneous recovery of motor function (51, 52). Here, the density 5-HT<sup>+</sup>  
423 axons caudal to the epicenter enhanced in SCC rats either deficient in CPLX1 (CPLX1<sup>-</sup>  
424 <sup>/+</sup>) or performed the GV treatment. Moreover, the regrowth of 5-HT<sup>+</sup> axons repopulate  
425 lumbar spinal cord gray matter showing a topographically appropriate pattern around  
426 the anterior motor neurons. Field potential demonstrated that the regenerated  
427 descending axons across the lesion and activated the intraspinal circuits below the  
428 lesion contributing to the majority of functional recovery (53). Here, myelination of  
429 survived axons increased in the group of low expression of CPXL1 and GV treatment,  
430 suggesting that these axons could conduct action potentials. These evidences  
431 demonstrated that regenerated axons and enhanced synaptic plasticity caused an  
432 increased fEPSP, promoting the recovery of motor function in rats with SCC. Further  
433 conclusion is that GV treatment promotes the recovery of spinal cord injury, which may  
434 be related to the involvement of CPLX1 in axon regeneration and synaptic plasticity.

435 In particular, CPLX1 is a highly conserved protein with the sequences PPG, which  
436 can stall the translation. Moreover, many researches have confirmed that eIF5A1 can  
437 rescue the translation of sequences PPG (26, 27), so we made an assumption that  
438 eIF5A1 can regulate CPLX1 in the response to the neurobehavioral deficits in SCC. In  
439 this study, we proved that eIF5A1 can positively regulate the expression of CPLX1  
440 protein. The regulatory verification of SCC function recovery *in vitro* and release of  
441 neuronal vesicle neurotransmitters *in vivo* was carried out, indicating that  
442 overexpression of CPLX1 can reverse neuronal vesicle release dysfunction caused by  
443 eIF5A1 interference. On the other hand, overexpression of eIF5A1 can reverse the  
444 recovery of motor function and better fiber remodeling caused by CPLX1 silencing.

445 Altogether, our results present a convincing mechanism for further exploring  
446 CPLX1 silencing through GV administration as a practical and promising clinical  
447 strategy for addressing SCC repair.

448

449 **Methods**

450 **Animals and materials**

451 Adult female Sprague-Dawley rats (200-250g) were obtained from animal center of  
452 Sichuan University. All procedures were followed by international, national and  
453 institutional guidelines and were approved by local authorities (Sichuan Medical  
454 Experimental Animal Care Commission #2016098A). Animals were housed in a  
455 comfortable and clean condition under a 12/12h dark-light cycle following SCC  
456 experiment, and food was available ad libitum. Moreover, their bladders were manually  
457 massaged three times daily. Complexin1 knock-out rats were provided by Institute of  
458 laboratory animal sciences, CAMS&PUMC. HSVs was obtained from Brain VTA.

459

460 **Rat model of Spinal Cord Contusion (SCC)**

461 After deeply anesthetized with a ketamine (80mg/kg, i.p.)/xylazine (10mg/kg, i.p.)  
462 mixture, rats were fixed in a prone position. A midline skin incision was made between  
463 the area of T10 and L2, and then paravertebral muscles were separated. After exposing  
464 the spinal cord, the vertebrae were stabilized with clamps and the rats were suffered a  
465 moderate (75kdyn) mid-thoracic (T10) contusion SCI (PCI3000 Precision Cortical  
466 Impactor, Hatteras Instruments, Inc). While in the sham group, the rats only exposed  
467 the spinal cord without contusion after anesthetized. After impaction, the surgery  
468 incision was sutured and rats were hydrated with 2 ml of saline (intraperitoneal injection)  
469 and were given prophylactic antibiotic (0.1ml cefotaxime sodium, i.p.) for 3 days.  
470 Manual bladder expression was performed 3 times a day until recovery of micturition  
471 reflex.

472

473 **Basso, Beattie, and Bresnahan (BBB) Score**

474 The recovery of motor function in hind limbs was evaluated using a Basso, Beattie, and  
475 Bresnahan open field locomotion rating scoring system (BBB score). BBB score was  
476 performed on weekly after injury. In brief, this scale used for assessing hindlimb  
477 function includes evaluation standards ranging from a score of 0, indicating no  
478 spontaneous movement, to a maximum score of 21, with an increasing score indicating

479 the use of individual joints, coordinated joint movement, coordinated limb movement,  
480 weight-bearing, and other functions. Three researchers “blinded” to rat treatment status  
481 performed 5min tests on all animals.

482

### 483 **MRI data acquisition**

484 All MRI research was accomplished with a 7.0 Tesla MR scanner (Bruker Biospec  
485 70/30, Ettlingen, Germany). Structural and functional images of spinal cord were  
486 acquired with a spine coil, which received MRI and DTI signals from the spinal cord.  
487 Each rat was anesthetized with 3% isflurone before MRI scan, and anesthesia was  
488 maintained during the scan by continuous administration of mixture gas (2% isflurone  
489 –O<sub>2</sub>/N<sub>2</sub> (30%:70%)). During MRI, the temperature, heart rate and breathe of rats was  
490 monitored periodically. The images were captured with T2 weighted image (T2WI)  
491 sequence (time repetition (TR) / echo time (TE) = 2000ms/15ms, field of view (FOV)  
492 =50mm×50mm, Rare Factor=8). DTI was performed after MRI. Echo planar imaging  
493 sequence was applied with 15 gradient directions (b=1000s/mm<sup>2</sup>, TE=32.2ms,  
494 Segments=8, TR/TE=2000ms/32.2ms, FOV=25mm × 25mm, matrix =128 × 128).  
495 After obtaining the image, each data was corrected using DTI studio (Jiang *et al.*, 2006).  
496 Then the Diffusion Toolkit software was used to perform white matter fiber tracking on  
497 the corrected DTI data and display the image using Trackvis (<http://www.trackvis.org>).

498

### 499 **DTI data processing**

500 DTI scans were processed and analyzed by means of dedicated mricron software  
501 (<http://people.cas.sc.edu/rorden/mricron/install.html>), and DTI Studio  
502 (<http://cmrm.med.jhmi.edu/>). The deformation field is calculated in the same way for  
503 each of all diffusion-weighted (DW) scans and applied accordingly. Afterwards,  
504 diffusion Toolkit (<https://www.trackvis.org>) was performed to track matter fiber. After  
505 processing, three vertical eigenvalues are derived from each pixel to calculate b0  
506 images and FA. The direction of the eigenvector associated with the largest eigenvalue  
507 is set to the main direction of the local neural fiber. The background removal threshold  
508 of 0.10 was set to exclude non-normal voxels and any significant noise; the smoothing

509 of the interpolating fiber was set to 20% and the minimum fiber length was set to 1cm  
510 for continuous fiber reconstruction. The FA values in the region of interest (ROI) at the  
511 rostral, lesion and caudal sites were extracted and used for statistical comparison.

512

### 513 **MEP**

514 After being anaesthetized by 3% isoflurane, the limbs of rats were abducted and fixed  
515 on a board by cloth bands. Successive stimulation was given at muscoli hippicus, and  
516 the recorded contraction of the target muscle was taken at the stimulating intensity  
517 between 3.5 and 12mA. A pulse train of 5 pulses was used, with pulse width 100s, intra-  
518 pulse period of 50ms, and inter-train frequency of 0.5 Hz. The MEP signal was recorded  
519 for 500ms after the initiation of each pulse-train, but only the portion of the MEP signal  
520 located within 50ms of the final stimulus pulse was analyzed. These stimulation  
521 frequencies were chosen through reference to papers by (54). MEP was recorded from  
522 each of the limbs using sub-dermal needle electrode pairs. The grand average of all  
523 time-locked sweeps was taken and then was used for all further analysis.

524

### 525 **EMG**

526 After anesthetized by 3% isflurone, the upper back of each rat was shaved and cleaned  
527 and a small skin incision was made in the motor area of cerebral cortex to allow  
528 placement of the transmitter. The wire electrodes of the transmitter were tunneled  
529 subcutaneously to the right hindlimb by separating the skin from the muscle layer using  
530 blunt dissection. EMG recordings were made from rats to track the changes that  
531 occurred in reflexes over time.

532

### 533 **Field potential**

534 Horizontal spinal cord slices were prepared according to the previous reports (55).  
535 Briefly, Horizontal slices (300 $\mu$ m thick) were cut using a vibrating microtome (VT1200  
536 S, Leica Biosystems, Germany) submerged in oxygenated, ice-cold, sucrose-substituted  
537 artificial cerebrospinal fluid (sACSF) (in mM): 250 sucrose, 2.5 KCl, 1 CaCl<sub>2</sub>, 6 MgCl<sub>2</sub>,  
538 25 NaHCO<sub>3</sub>, 11 glucose and 1 NaH<sub>2</sub>PO<sub>4</sub> (PH 7.4). Then the slice was immediately

539 transferred to a recovery bath and perfused with oxygenated containing ACSF (in mM):  
540 118 NaCl, 2.5 KCl, 2.5 CaCl<sub>2</sub>, 1 MgCl<sub>2</sub>, 25 NaHCO<sub>3</sub>, 1 NaH<sub>2</sub>PO<sub>4</sub>, 11 glucose and pH  
541 7.4 with NaOH. The slice was positioned in the bath, and secured under a custom-made  
542 net. The sections were held around 270mV by injecting a hyperpolarisation current, and  
543 the spike was elicited by a 500pA depolarising ramp current for 100ms. Recordings  
544 were made at 37°C using an Axopatch 200B amplifier (Molecular Devices, Sunnyvale,  
545 CA, USA). Data were collected (sampled at 50 kHz, filtered between 2 and 10kHz) and  
546 analysed on a computer using pCLAMP 10 software (Molecular Devices Corp.,  
547 Sunnyvale, CA 94089 USA).

548

### 549 **Tissue Harvest**

550 Animals performed for WB were deeply anesthetized. After rats were decapitated, the  
551 spinal cord tissues rostral and caudal to the lesion site were fetched quickly and were  
552 placed into phosphate buffered saline (PBS) at 4°C for following experiments. For  
553 immunofluorescent staining, the samples were collected after intracardiac perfusion  
554 with 50 ml physiological saline followed with 4% paraformaldehyde. Additionally, the  
555 tissue samples for Golgi staining should be collected instantly after anaesthetizing rats.  
556 After removal, the surface blood was quickly washed away with H<sub>2</sub>O<sub>2</sub>, and the samples  
557 were soaked in the immersion liquid.

558

### 559 **HE Staining**

560 Firstly, frozen sections were washed by distilled water for 2 min, and then were stained  
561 using hematoxylin and eosin. After rinsing in tap water for 10 min to wash off any  
562 excess staining solution followed by distilled water once more and 0.95% ethanol for 5  
563 seconds, sections were counterstained with Eosin, dehydrated, cleared with xylene and  
564 mounted with neutral gum. The stained sections were observed using OlyVIA slice  
565 scanner to detect morphologic changes.

566

### 567 **Primary neuronal cultures**

568 Neonatal rats (less than 24 hours) were used for primary neuron culture. Animals were

569 decapitated at the base of the foramen magnum after sterilization, brain and spinal cord  
570 tissues were harvested, minced, and isolated by 0.25% trypsinase for 10min at 37°C  
571 following by DMEM with 10% BSA to neutralize the effect of trypsinase. The cells  
572 were collected by centrifugation at 1,000 rpm for 10 min, resuspended, and plated in 6-  
573 well plates (Corning, USA) at the density of 10<sup>5</sup> cells/ml. After incubation at 37 °C with  
574 5% CO<sub>2</sub> for 4 h, the culture medium previously used was replaced by neuronal seeding  
575 medium, which consisted of Neurobasal Medium (21103049, Gibco) added with  
576 B27(17504044, Gibco). To achieve gene silencing, dissociated neurons were  
577 transfected with various nucleic acid molecules (siRNA-NC (siRNA Control), Slc12a5-  
578 siRNA, Slc6a5-siRNA, Slc6a11-siRNA, Slc1a2-siRNA and CPLX1-siRNA) using  
579 riboFECT CP Transfection Reagent (C10511-05, RIBOBIO).

580

#### 581 **Lenti-virus Transection in spinal cord neurons**

582 Six days later, neurons were transfected by HSV virus containing different open reading  
583 frame (ORF) (HSV-CPLX1-ORF and HSV-eIF5A1-ORF) with MOI=1. Then, images  
584 were acquired using Leica AF6000 at 3 days after transfection. . Five fields were used  
585 for measuring soma size and number as well as neurite length of cortical neurons by  
586 using Leica DMI6000B (LAS AF system) and mean value was calculated. Then, the  
587 size, number, and neurite length were measured, respectively.

588

#### 589 **Synaptic bouton activity (FM1-43)**

590 After clearing the supernatant in the cultured primary neuron, primary neuron was  
591 washed twice with PBS. Cells were incubated for 10 minutes in a 2ml low-K<sup>+</sup> buffer,  
592 then were incubated for 5 minutes in high-K<sup>+</sup> buffer containing 10mM FM1-43 dye,  
593 followed by washing with a low-K<sup>+</sup> buffer to remove the surface-bound dye. Later, cells  
594 were stimulated for 5 minutes in a high-K<sup>+</sup> medium at 37°C. The extra liquid was  
595 removed and formaldehyde was used to fix. Images were captured using a Leica TCS  
596 SP5 microscope equipped with a HCX PL APO 63X 1.4 numerical aperture oil  
597 immersion objective.

598

599 **Ultrastructural analysis**

600 Sections were cut from the tissues of spinal cord using an ultramicrotome (Leica EM  
601 FC7), and then placed on formva-coated grids. Ultrathin sections were examined in a  
602 FEI Tecnai G2 F20 transmission electron microscope at 80kV. Images were acquired  
603 by camera (Eagle<sup>TM</sup>4K CCD). Myelinated and degenerating axons were counted from  
604 3 different fields of the damaged penumbra for each sample. Synaptogenesis was  
605 analyzed from 3 different fields of the lamellae 9 to 10 of ventral horns of spinal cords.  
606 3 sections per rat were counted. All the analyses were performed in a blinded condition.

607

608 **Ion-selective flux measurements**

609 Complete experimental procedure of microelectrode ion flux estimation (MIFF) has  
610 been processed by a modified procedures according to the previously reports (56).  
611 Cortical neurons for the MIFE detections were cultured for 6 days at  $5 \times 10^5$  cells/well  
612 on coverslips coated with poly-L-lysine. Cells were washed in ASCF (0.5mM CaCl<sub>2</sub>,  
613 5mM KCl, 52mM NaCl, 26.2mM NaHCO<sub>3</sub>, 0.9mM NaH<sub>2</sub>PO<sub>4</sub>, 0.5mM MgCl<sub>2</sub>, 5mM  
614 D-Glucose, 2mM HEPES, PH 7.4) and then placed into a measuring chamber immersed  
615 into 2ml ASCF. Measurements were performed after three days post transfected with  
616 different HSV virus. The K<sup>+</sup> and Ca<sup>2+</sup> fluxes were recorded for 5mins prior to the  
617 addition of a high-K<sup>+</sup> solution (250mM KCl, 0.2mM CaCl<sub>2</sub>, 52mM NaCl, 26.2mM  
618 NaHCO<sub>3</sub>, 0.9mM NaH<sub>2</sub>PO<sub>4</sub>, 0.5mM MgCl<sub>2</sub>, 5mM D-Glucose, 2mM HEPES, PH 7.4),  
619 and recordings continued for 15 min once the testing liquid (0.2mM CaCl<sub>2</sub>, 0.2mM KCl,  
620 52mM NaCl, 26.2mM NaHCO<sub>3</sub>, 0.9mM NaH<sub>2</sub>PO<sub>4</sub>, 0.5mM MgCl<sub>2</sub>, 5mM D-Glucose,  
621 2mM HEPES, PH 7.4) was immediately added to exchange the high-K<sup>+</sup> solution. For  
622 recording the K<sup>+</sup> and Ca<sup>2+</sup> fluxes, microelectrodes were filled with 100mM KCl and  
623 100mM CaCl<sub>2</sub>, respectively. Data was collected at a rate of 10 samples/sec and averaged  
624 over 6 second intervals. Net ion fluxes (nmolm<sup>-2</sup>s<sup>-1</sup>) were analyzed and calculated using  
625 MIFE software.

626

627 **Immunocytochemistry**

628 After animals were perfused with 4% paraformaldehyde solution, spinal cord segments

629 were harvested and dehydrated by 30 % sucrose overnight. Sagittal sections (1cm) were  
630 prepared by using freezing microtome (Leica CM1900, Germany) encompassing  
631 regions both rostral and caudal to the lesion. For cell immunofluorescence, neurons  
632 were fixed with 4% paraformaldehyde solution. Slides and cells were washed three  
633 times with PBS followed by blocking in a mixture of 5% normal goat serum (NGS) and  
634 0.1% Triton X-100 in PBS. After blocking, specimens were incubated in primary  
635 antibody diluted in 2% NGS overnight at 4°C. Primary antibodies for slides were mouse  
636 anti-GFAP (1:200, #MAB 3402, Chemicon), mouse anti-Tuj1 (1:200, #MAB1195,  
637 R&D systems), rabbit anti-laminin (1:100, #ab11575, Abcam), rabbit anti-fibronectin  
638 (1:200, #ab2413, Abcam) and rabbit anti-5HT (1:50, #ab10385, Abcam), and rabbit  
639 anti-synapsin I (1:500, #SAB4502904, Sigma-Aldrich). Primary antibodies for neurons  
640 were mouse anti-Tuj1 (1:200, #MAB1195, R&D systems), rabbit anti-GAP43 (1:400,  
641 #5307, CST), and rabbit anti-synapsin I (1:500, #SAB4502904, Sigma-Aldrich). The  
642 next day, the sections were washed extensively with PBS and incubated in the  
643 appropriate secondary antibody overnight (goat anti-rabbit IgG H&L (Alexa Fluor®  
644 488) (1:200, #ab150077, Abcam) and goat anti-mouse IgG H&L (Alexa Fluor® 594)  
645 (1:200, ab150116, Abcam)). After extensive washing, the sections were stained with  
646 DAPI and viewed with a confocal microscope (Zeiss, Germany). Pixel intensity was  
647 measured on images taken on a standard fluorescent microscope (Leica) with a uniform  
648 exposure setting and analyzed using ImageJ.

649

## 650 **Western Blotting**

651 Protein was extracted from frozen spinal cord tissue samples (200mg), then lysed and  
652 homogenized in RIPA lysis buffer containing 2 % of cocktail pill (Roche). All samples  
653 were centrifuged at 12000 ×g for 10 min at 4°C. Then the total supernatant protein was  
654 collected and its concentration was determined by BCA protein assay (Thermo  
655 Scientific™, #23225). After separating samples containing 80µg of protein on 10%  
656 sodium dodecyl sulfate polyacrylamide gel electrophoresis, the separated proteins were  
657 transferred onto PVDF membranes, and the membranes were blocked for 1 h with  
658 TBST buffer containing 5% skim milk. Membranes were incubated overnight at 4 °C

659 with the following primary antibodies, rabbit anti-CPLX1 (1:1000, #17700, SCT);  
660 rabbit anti-Laminin (1:1000, #ab11575, Abcam); rabbit anti-Fibronectin (1:5000,  
661 #ab2413, Abcam), then were incubated for 2h at room temperature with Horseradish  
662 peroxidase-coupled secondary antibodies: goat anti-rabbit IgG H&L(HRP)(1:10000,  
663 #205718, Abcam). GAPDH was used as a loading control (1:50000, #AC033,  
664 Abclonal). All samples were visualized using ECL detection reagents (Beyotime,  
665 China).

666

### 667 **Golgi Staining**

668 Golgi Staining was performed using the FD Fast Golgi Staining Kit (#PK401, FD  
669 NeuroTechnologies, Inc.) according to the protocol. The spinal cord tissues were  
670 soaked in the mixture of solution A and B for 3weeks, and then transfer into solution C  
671 for 72 h in dark place. Then the fixed tissues were sectioned at a thickness of 100um at  
672 -22°C using a thermostated microtome (CM1860, Leica). Tissues were stained  
673 followed by rinsing with double distilled water for 4mins, three times. Later, sections  
674 were placed in the mixture (1x D, 1x E and 2x distilled water) for 10 min. After  
675 repeating washing with distilled water twice, sections were dehydrated in 50%, 75%,  
676 and 95% and absolute ethanol for 4 minutes, soaked in xylene and mounted with neutral  
677 gum. The image was taken using an OlyVIA 2.9 slice scanner (OLYMPUS).

678

### 679 **Statistics**

680 All data in the experiment are presented as mean  $\pm$  standard deviation. Measurement  
681 data were statistically analyzed utilizing SPSS 21.0 software (SPSS, Inc., Chicago,  
682 USA). Student's t-test was used for statistics between 2 groups. Three or more groups  
683 of data were analyzed by one-way ANOVA.  $P < 0.05$  was regarded as statistically  
684 significant.

685

### 686 **Reporting summary.**

687 Further information on experimental design is available in the Nature Research  
688 Reporting Summary linked to this article.

689

## 690 **Data availability**

691 The data that support the findings of this study are available from the corresponding  
692 author upon reasonable request.

693

694

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832

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837

### 838 **Author contributions**

839 YX and THW conceived and supervised the project. JL, XMZ and LZ designed and  
 840 performed the experiments together with YJ, CYL, YYW and LLX analyzed data. YX  
 841 wrote the manuscript with contributions and approval of all the other authors.

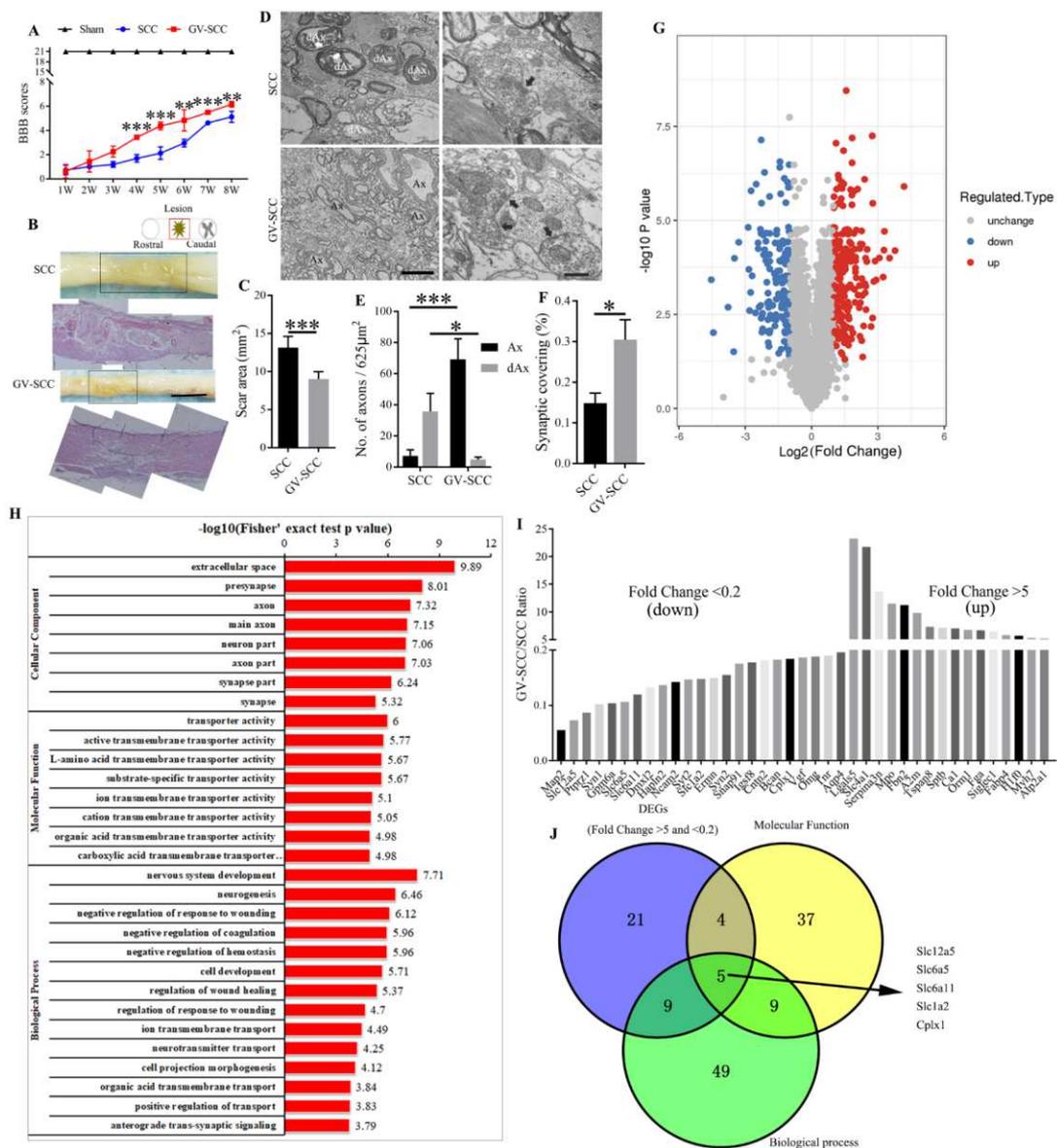
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843 **Conflict of interest:** The authors have declared that no conflict of interest exists.

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846 **Figure legend:**



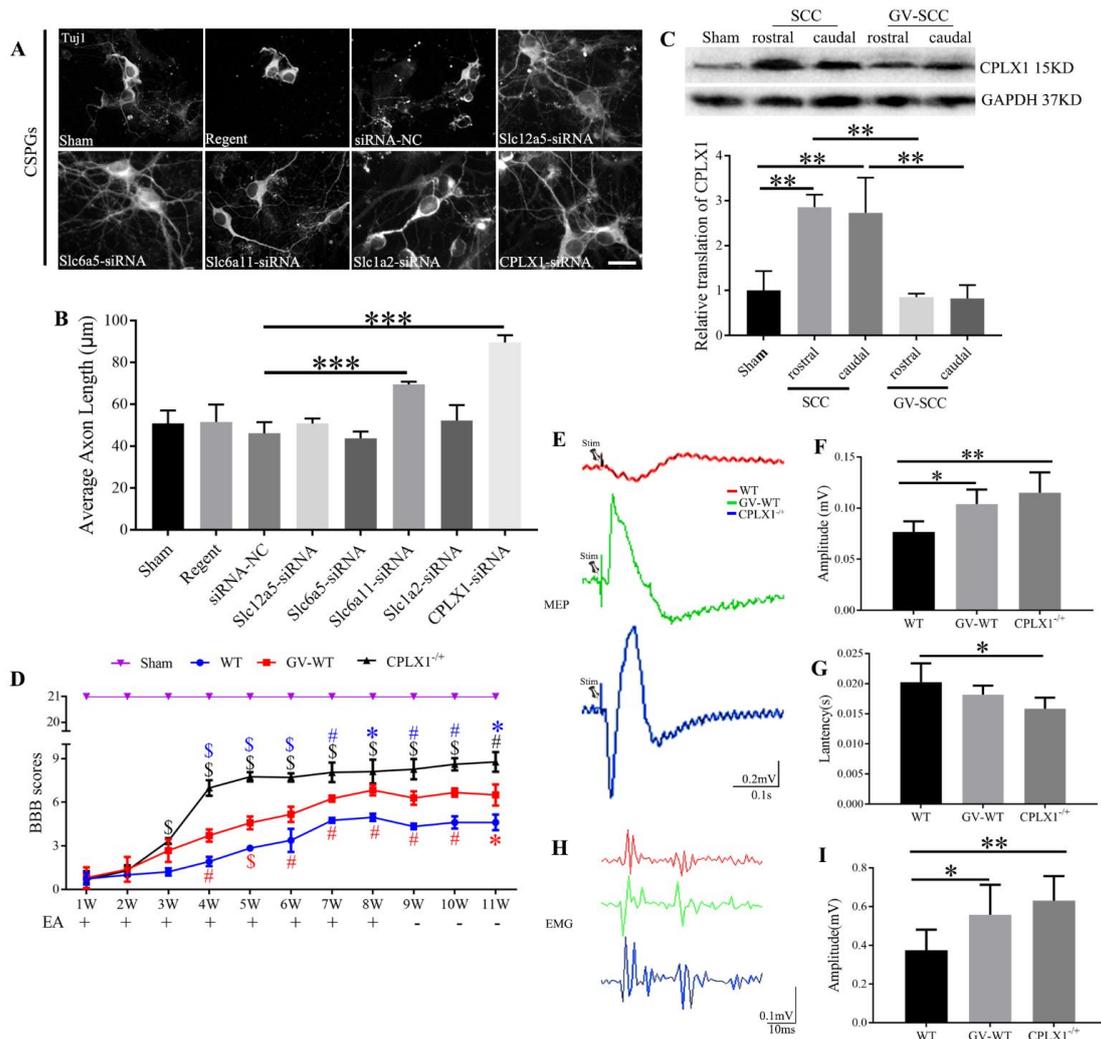
847

848 **Figure 1. GV treatment accelerates the recovery of motor ability and increases**

849 **synaptic plasticity after SCC which were related to down-regulating the**

850 **expression of five candidates.** (A) BBB scores of SCC and GV-SCC groups (n = 6–8  
851 rats per group/time point). (B) Low power photographs and sagittal view of the spinal  
852 cord of SCC and GV-SCC rats. Solid rectangles mark the injured area and the lower  
853 panels are the HE stain of lesion area. Scale bar: 500nm (C) Quantification of scar area  
854 of injured spinal cord in SCC rats with/without GV treatment (n = 6-8 mice per group).  
855 (D) Electron microscopic images of spinal cord sections rostral to the epicenter of the  
856 lesion in SCC rats and GV-treated rats. Arrows indicate presynaptic receptors  
857 contacting motor neuron surfaces. dAx: degenerating axon; Ax: myelinated axons.  
858 Scale bar in the left panel: 5 $\mu$ m; Scale bar in the right panel: 500nm. (E) Number of  
859 different types of axons in the damaged penumbra (n = 5 rats per group (3 sections per  
860 animal)). (F) Percentage of motor neuron circumference covered by synapses within  
861 ventral horn (n = 5 rats per group (3 sections per animal)). (G) Volcano plot of all  
862 differentially expressed genes (DEGs) between lesion sites of SCC and GV-SCC  
863 animals at 4 wpi (n = 4-6 rats per group). The data for all genes are plotted as log<sub>2</sub> fold  
864 change of the adjusted p-value. (H) GO functional enrichment analysis of DEGs. (I)  
865 Bar graph showing the DEGs sorted according to the fold change >5 or <0.2. (J) Three-  
866 set venn diagram represent the selected DEGs according to the indicated strategy.  
867 Scheme in (B) indicates lesion and displayed region (red box). wpi, weeks post injury.  
868 Data were analyzed using Student's t-test. Values are plotted as means  $\pm$  SEM. \*P <  
869 0.05, \*\*P < 0.01, \*\*\*P < 0.001.

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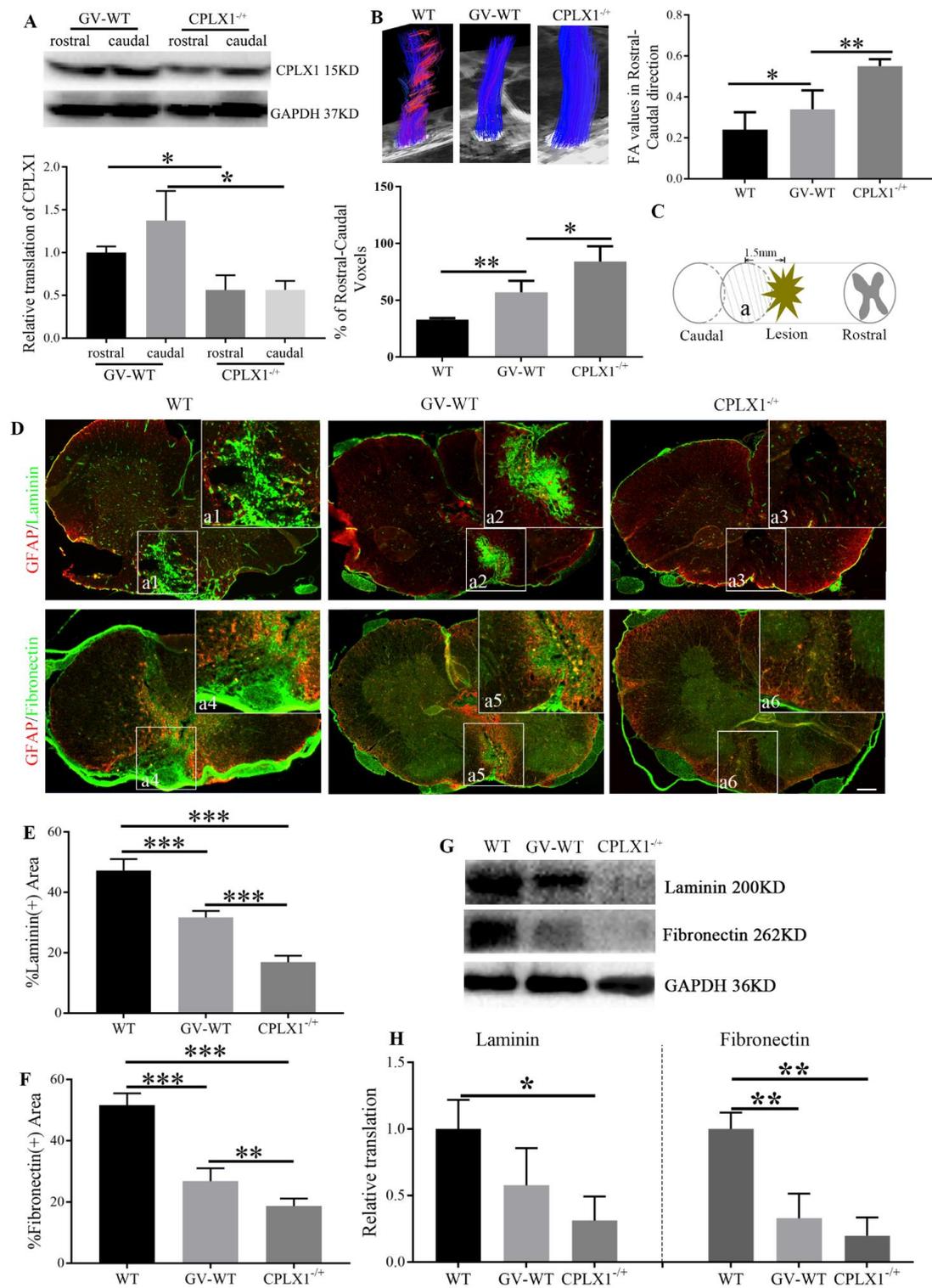


871

872 **Figure 2. Moderate reduction of CPLX1 improve the MEP and EMG and**  
873 **enhances motor function of hind limbs simultaneously after SCC even more than**  
874 **GV application. (A) Beta-3 tubulin (Tuj-1) immunolabeling of neurons growing on**  
875 **inhibitory substrates (CSPGs, chondroitin sulfate proteoglycans) among different**  
876 **groups. Scale bar: 5µm. (B) Quantification of neurite length of cortical neurons under**  
877 **different conditions (n = 6 wells per group). (C) Western blots (WB) of CPLX1 in**  
878 **regions of rostral and caudal to the epicenter (n=3 animals per group). (D) BBB scores**  
879 **of the aforementioned experiments are shown (n=6-8 animals per group). Red symbols**  
880 **represent GV-WT group vs. WT group at corresponding time point; black symbols**  
881 **represent CPLX1<sup>-/-</sup> group vs. WT group at corresponding time point; Blue symbols**  
882 **represent CPLX1<sup>-/-</sup> group vs. GV-WT group at corresponding time point; \*P<0.05,**  
883 **#P<0.01, \$P<0.001. (E) The figure shows representative MEP signal in different group.**

884 (F) Quantification and statistical analyses of amplitude for the aforementioned  
885 experiments are shown (n=4 animals per group). (G) Quantification of latency period  
886 for these groups (n=44 animals per group). (H) Representative EMG signal in different  
887 group. (I) Quantification of amplitude for these groups (n=4 animals per group). Data  
888 were analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. \*P <  
889 0.05, \*\*P < 0.01, \*\*\*P < 0.001 in figure B, C, F, G and I. Values are plotted as means  
890  $\pm$  SEM.

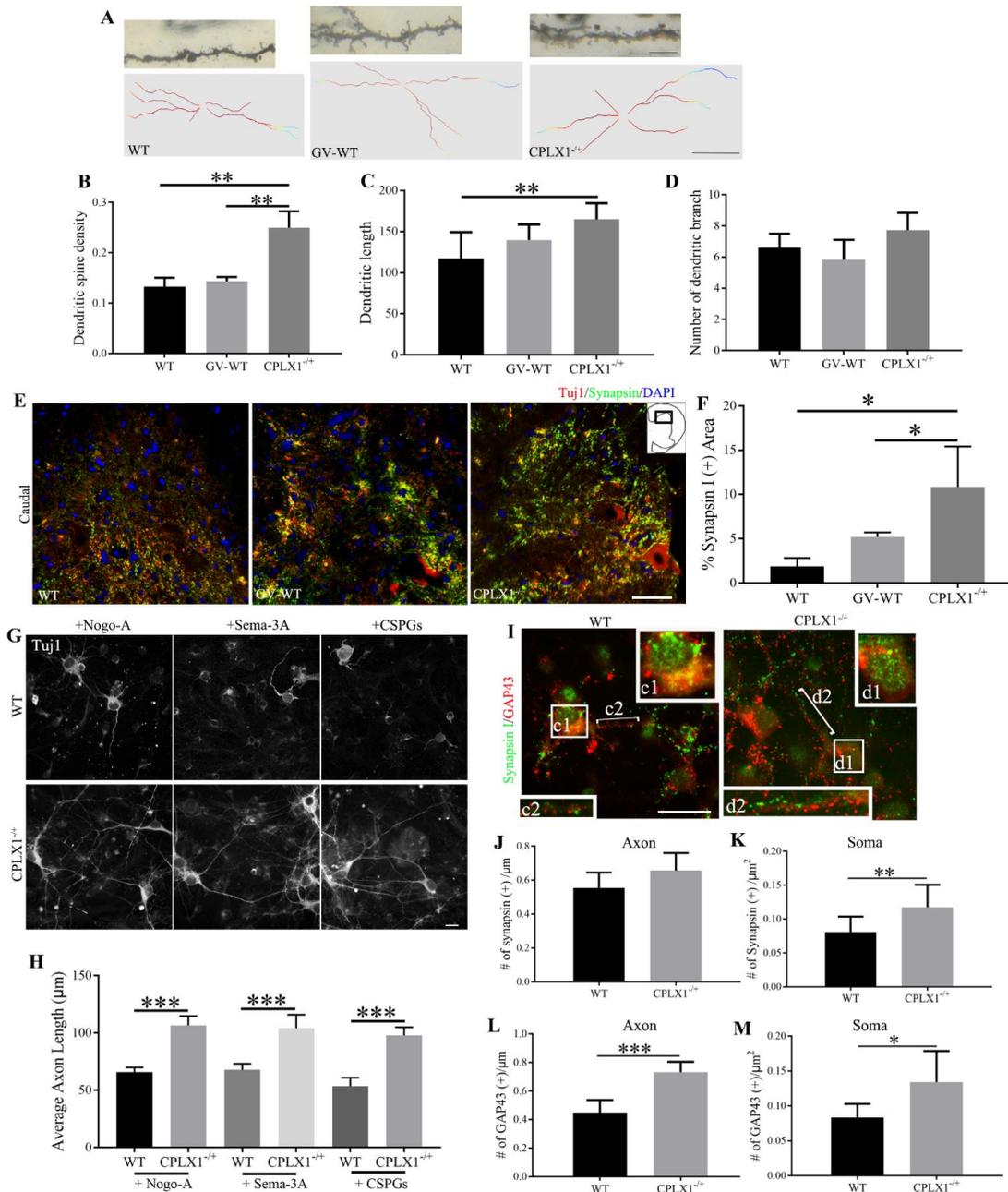
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892

893 **Figure 3. Moderate reduction of CPLX1 (CPLX1<sup>-/-</sup>) enhances neural tissue**  
 894 **regeneration and reduces fibrotic scar tissue after SCC even more than GV**  
 895 **application. (A) WB of CPLX1 in the caudal and rostral spinal cord extracts among**  
 896 **GV treatment group (GV-WT) and CPLX1<sup>-/-</sup> group (n = 3 animals per group). (B)**

897 Typical fiber tract reconstruction for the wild-type SCC (WT), GV-WT and CPLX1<sup>-/+</sup>  
898 groups is displayed. Graph of averaged FA values and percentages of rostral–caudal  
899 voxel numbers of the three groups in the area rostral and caudal 5mm to the lesion site  
900 (n = 4-6 animals per group). **(C)** Diagram illustrating the spinal cord contusion and  
901 displayed region (labeled as a) in the following figure 2D. **(D)** Immunolabeling of  
902 laminin, fibronectin and glial fibrillary acidic protein (GFAP) in transverse section in  
903 the indicated section marked in figure 2C (labeled as a) among these three groups. Scale  
904 bar: 200 μm. **(E and F)** GFAP- and Fibronectin-positive (+) area at the lesion site (n =  
905 5 animals per group). **(G and H)** WB of laminin and fibronectin in caudal spinal cord  
906 extracts (n = 3 animals per group). Data were analyzed using a one-way ANOVA  
907 followed by a Bonferroni's post hoc test. Values are plotted as means ± SEM. \*P < 0.05,  
908 \*\*P < 0.01, \*\*\*P < 0.001.

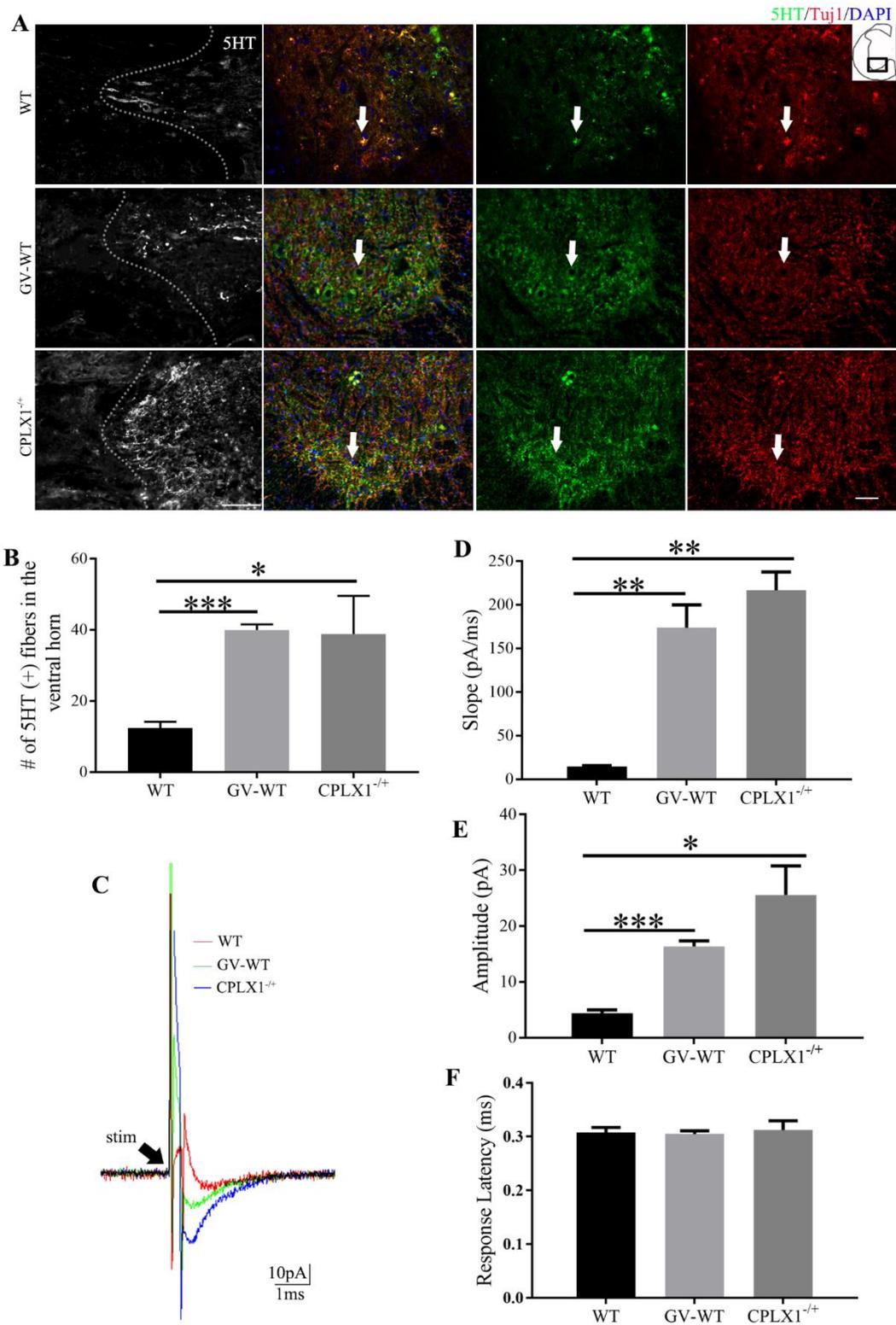


909

910 **Figure 4. Moderate reduction of CPLX1 (CPLX1<sup>-/-</sup>) enhances synaptic plasticity**  
 911 **and axon elongation in cortical neurons with increased GAP43 expression. (A)**  
 912 Reconstructions of anterior horn motor neurons of caudal spinal cord in WT, GV-WT  
 913 and CPLX1<sup>-/-</sup> group show different dendritic patterns and dendritic spine density. Scale  
 914 bar in the top panel: 5μm; Scale bar in the bottom panel: 50μm. **(B)** Quantitative data  
 915 of dendritic spine density (n = 3 animals per group). **(C)** Quantitative data of dendritic  
 916 length (n = 3 animals per group). **(D)** Quantitative data of dendritic branch (n = 3  
 917 animals per group). **(E)** Double immunolabeling of synapsin I (green) with Tuj1 (red).

918 Scale bar: 50 $\mu$ m. **(F)** Quantitative data of synapsin I positive area (n = 3-4 animals per  
919 group). **(G)** Beta-3 tubulin (Tuj-1) immunolabeling of neurons growing on inhibitory  
920 substrates (Nogo-A; Sema-3A, Semaphorin-3A; CSPGs, chondroitin sulfate  
921 proteoglycans). Scale bar: 10 $\mu$ m. **(H)** Neurite length of cortical neurons after 48 hours  
922 in WT and CPLX1<sup>-/+</sup> genotype (n = 6 wells per group). **(I)** Double immunolabeling of  
923 synapsin (green) with neuronal GAP43 (red). Boxed region in the low magnification  
924 image on the centre is shown at higher magnification immediately to the periphery.  
925 Scale bar: 10 $\mu$ m. **(J and K)** Quantification of synapsin immunoreactivity at the axon  
926 and neuronal soma (n = 6 wells per group). **(L and M)** Quantification of GAP43  
927 immunoreactivity at the axon and neuronal soma (n = 6 wells per group). Student's t-  
928 test was used for statistics between 2 groups. Three or more groups of data were  
929 analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. Values are  
930 plotted as means + SEM. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.

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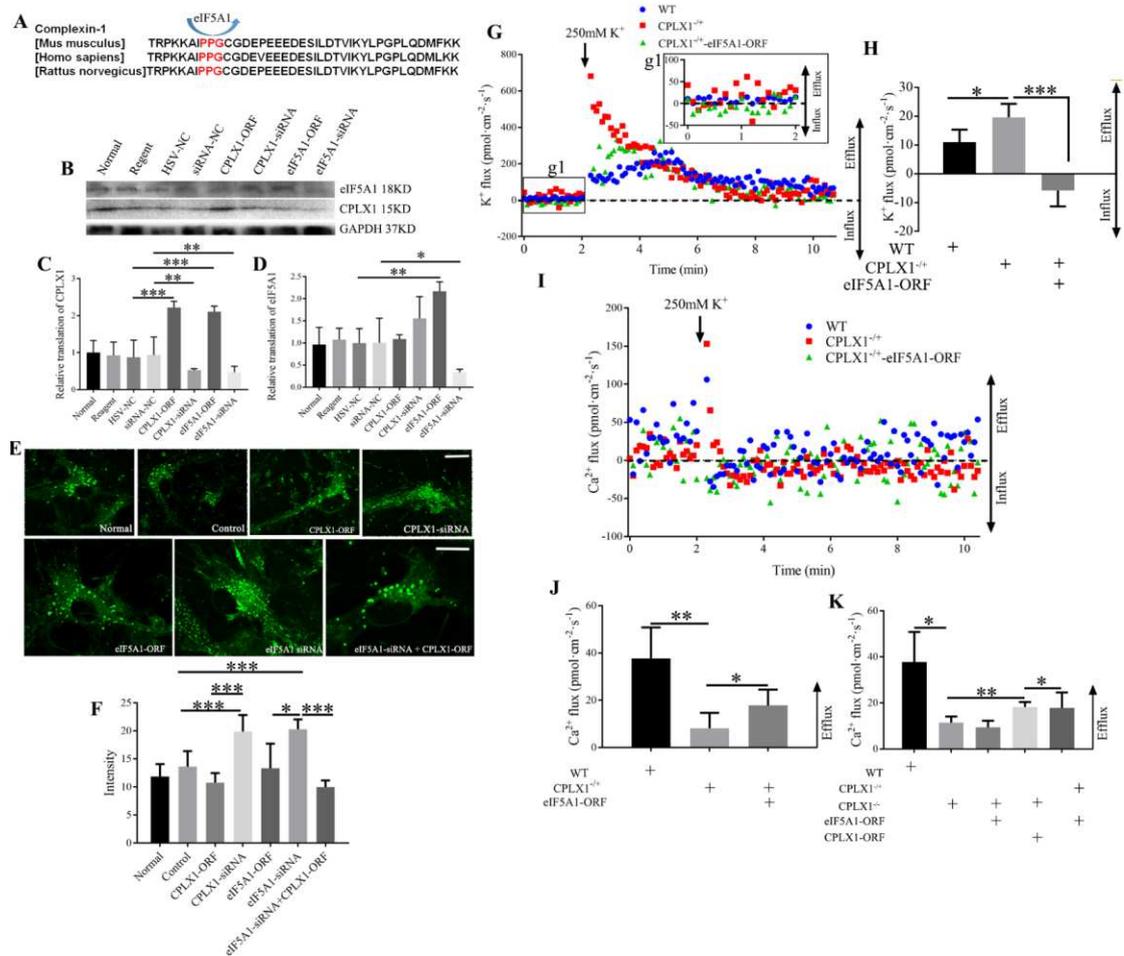


932

933 **Figure 5. Moderate reduction of CPLX1 (CPLX1<sup>-/-</sup>) promotes regeneration of**  
 934 **serotonergic spinal axons, and increases the fEPSP caudal to the lesion even more**  
 935 **than GV application. (A) Serotonin (5HT) immunolabeling (dashed line, lesion border)**  
 936 **and longitudinal sections of the rat lumbar spinal cord after contusion injury. The**

937 second panel, double-staining of 5HT and Tuj1 in the transverse section of caudal spinal  
 938 cord. The third and fourth panel, images of each marker visualizing serotonergic  
 939 innervation of motor neurons (arrows). Scale bar in the first panel: 100 $\mu$ m and in the  
 940 last panel: 50 $\mu$ m. (B) The number of 5HT labeled (+) fibers caudal to a rat spinal cord  
 941 (n=3-5 animals per group). (C) Representative traces of averaged (30 trials) DC evoked  
 942 fEPSCs from 4 weeks WT (red trace), GV-WT (green trace) and CPLX1<sup>-/-</sup> (blue trace)  
 943 SCC rat. (D) Quantitative data show the charge for evoked responses in three groups (n  
 944 =5 animals per group). (E) Group comparisons for dorsal column evoked peak  
 945 amplitude (n =5 animals per group). (F) Group comparisons for dorsal column evoked  
 946 response latency (n =5 animals per group). Data were analyzed using a one-way  
 947 ANOVA followed by a Bonferroni's post hoc test. Values are plotted as means + SEM.  
 948 \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.

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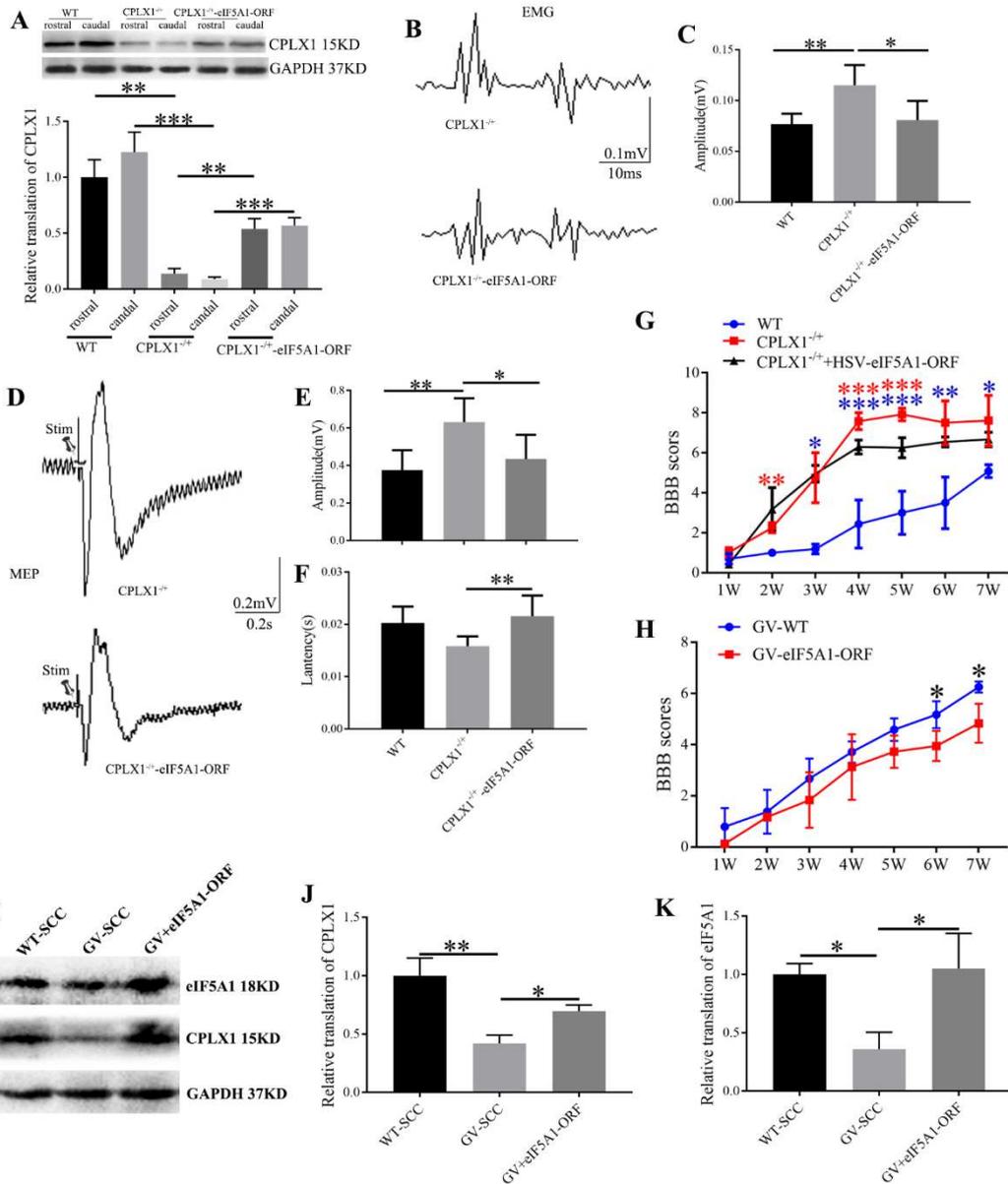


950

951 **Figure 6. eIF5A1 promotes CPLX1 expression.** (A) Amino acid sequence contained

952 the PPG of CPLX1 in mouse, rat and human. **(B)** WB analysis of soluble proteins  
953 extracted from different treated spinal cord neurons. GAPDH served as a loading  
954 control. **(C)** Quantification of CPLX1 level among different groups (n =6 wells per  
955 group). **(D)** Quantification of eIF5A1 level among different groups (n =6 wells per  
956 group). **(E)** Exocytosis labeling by FM1-43 in cortical neurons processing differently.  
957 Scale bar: 10 $\mu$ m. **(F)** Quantification of the fluorescence intensity among different  
958 groups (n =6 wells per group). **(G)** K<sup>+</sup> ion flux of primary cultured spinal cord neurons  
959 before and after high potassium treatment. Figure g1 showed the larger version of  
960 baseline of K<sup>+</sup> ion flux. **(H)** Baseline of K<sup>+</sup> ion flux in WT or presence of either CPLX1<sup>-</sup>  
961 <sup>+/+</sup> or transfected with HSV-eIF5A1-ORF (n =6 wells per group). **(I)** Ca<sup>2+</sup> ion flux of  
962 primary cultured spinal cord neurons before and after high potassium treatment. **(J and**  
963 **K)** Baseline of Ca<sup>2+</sup> ion flux among different groups (n =6 wells per group). Data were  
964 analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. Data are  
965 plotted as means  $\pm$  SEM. \*P < 0.05, \*\*P < 0.05, \*\*\*P < 0.001.

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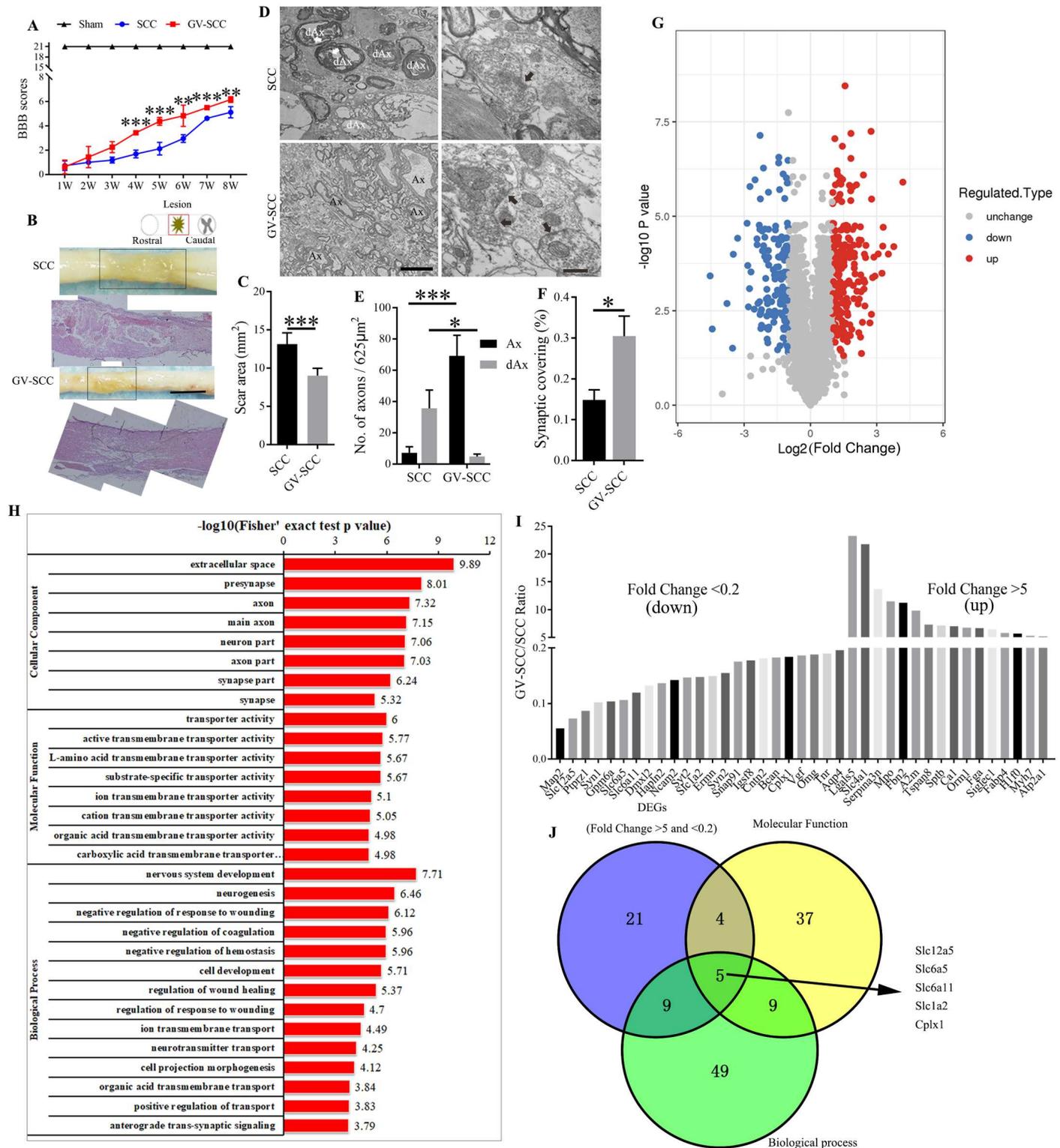


967

968 **Figure 7. eIF5A1 regulates the function of CPLX1 in SCC models.** (A) WB of  
 969 CPLX1 in the caudal and rostral spinal cord extracts among different groups, n = 3  
 970 animals per group (n =3 rats per group). (B) Representative EMG signals in different  
 971 group. (C) Quantification of amplitude among these indicated groups (n=4 animals per  
 972 group). (D) Representative MEP signals in different group. (E) Quantification and  
 973 statistical analyses of amplitude for the aforementioned experiments are shown (n=4  
 974 animals per group). (F) Quantification of latency period for these groups (n=4 animals  
 975 per group). (G and H) BBB scores among these indicated group (n=6-8 animals per  
 976 group). (I) WB of CPLX1 and eIF5A1 in the injured spinal cord extracts of GV-WT  
 977 and GV+eIF5A1-ORF groups. (J and K) Quantification of eIF5A1 and CPLX1

978 translation among different groups (n=3-4 animals per group). Data were analyzed  
979 using a one-way ANOVA followed by a Bonferroni's post hoc test. Data are plotted as  
980 means  $\pm$  SEM. \*P < 0.05, \*\*P < 0.05, \*\*\*P < 0.001.

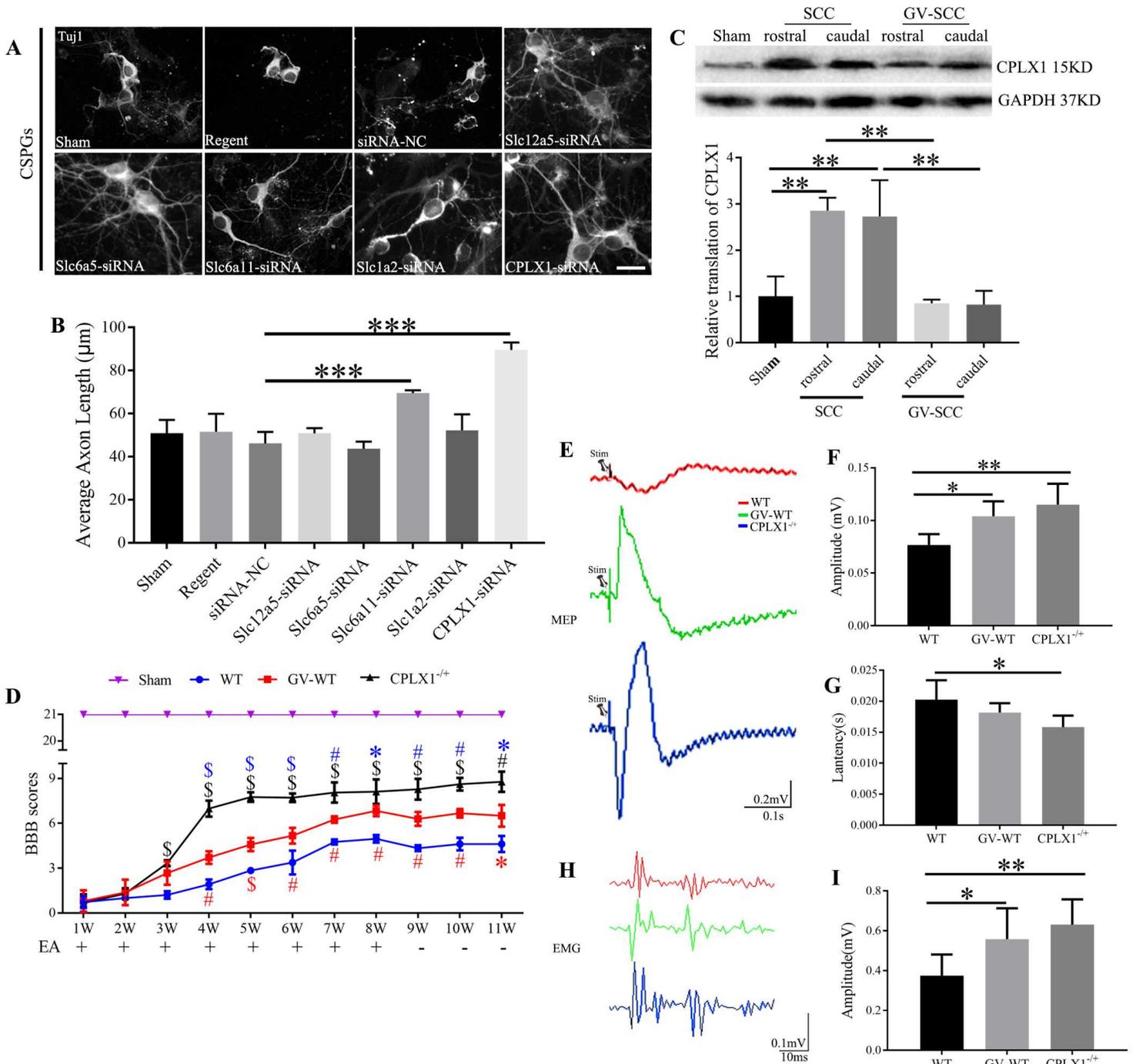
# Figures



**Figure 1**

GV treatment accelerates the recovery of motor ability and increases synaptic plasticity after SCC, which was related to down-regulating the expression of five candidates. (A) BBB scores of SCC and GV-SCC groups (n = 6–8 rats per group/time point). (B) Low power photographs and sagittal view of the spinal

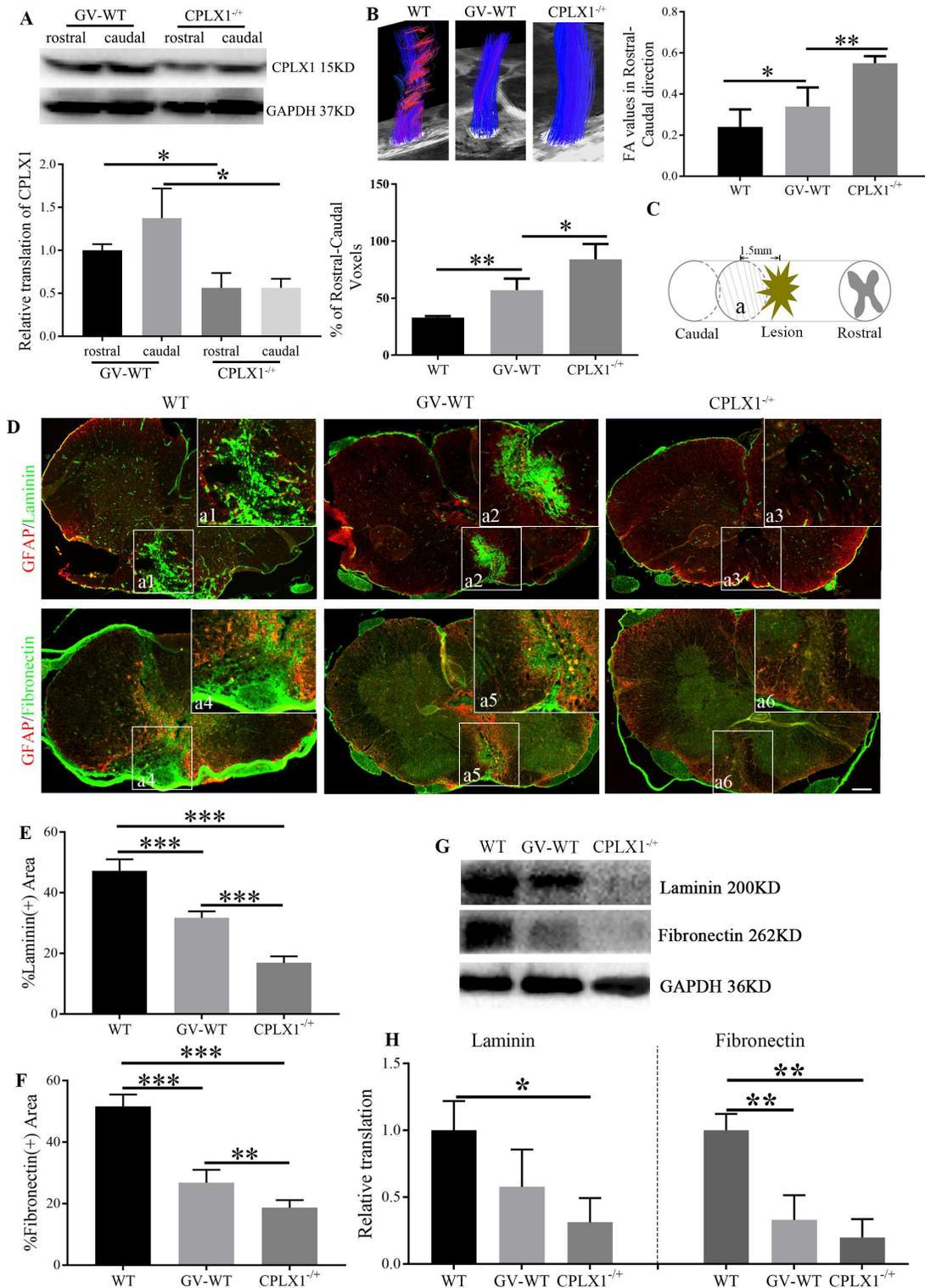
cord of SCC and GV-SCC rats. Solid rectangles mark the injured area and the lower panels are the HE stain of lesion area. Scale bar: 500nm (C) Quantification of scar area of injured spinal cord in SCC rats with/without GV treatment (n = 6-8 mice per group). (D) Electron microscopic images of spinal cord sections rostral to the epicenter of the lesion in SCC rats and GV-treated rats. Arrows indicate presynaptic receptors contacting motor neuron surfaces. dAx: degenerating axon; Ax: myelinated axons. Scale bar in the left panel: 5 $\mu$ m Scale bar in the right panel: 500nm. (E) Number of different types of axons in the damaged penumbra (n = 5 rats per group (3 sections per animal)). (F) Percentage of motor neuron circumference covered by synapses within ventral horn (n = 5 rats per group (3 sections per animal)). (G) Volcano plot of all differentially expressed genes (DEGs) between lesion sites of SCC and GV-SCC animals at 4 wpi (n = 4-6 rats per group). The data for all genes are plotted as log<sub>2</sub> fold change of the adjusted p-value. (H) GO functional enrichment analysis of DEGs. (I) Bar graph showing the DEGs sorted according to the fold change >5 or <0.2. (J) Three866 set venn diagram represent the selected DEGs according to the indicated strategy. Scheme in (B) indicates lesion and displayed region (red box). wpi, weeks post injury. Data were analyzed using Student's t-test. Values are plotted as means  $\pm$  SEM. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.



**Figure 2**

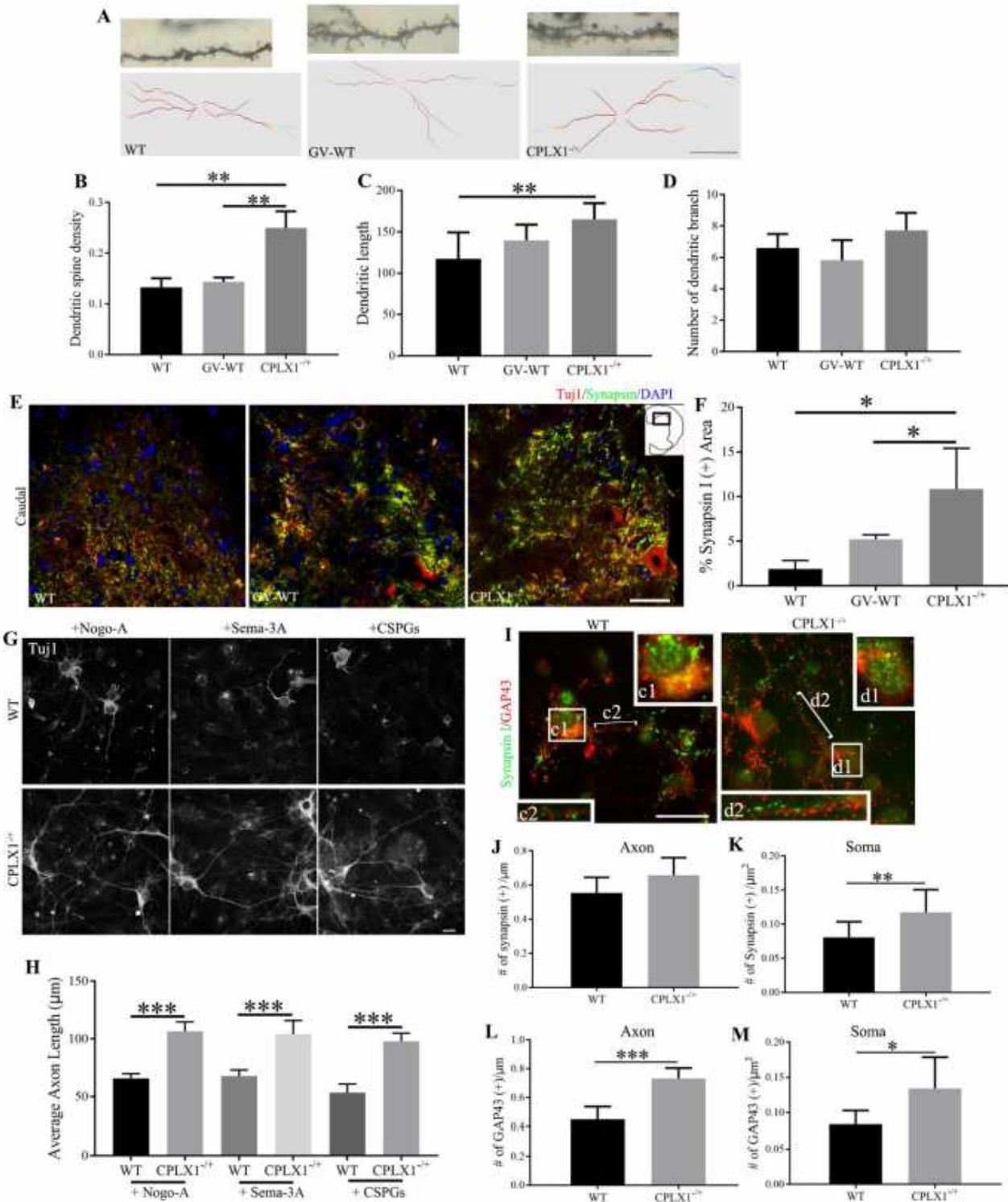
Moderate reduction of CPLX1 improve the MEP and EMG and enhances motor function of hind limbs simultaneously after SCC even more than GV application. (A) Beta-3 tubulin (Tuj-1) immunolabeling of neurons growing on inhibitory substrates (CSPGs, chondroitin sulfate proteoglycans) among different groups. Scale bar: 5µm. (B) Quantification of neurite length of cortical neurons under different conditions (n = 6 wells per group). (C) Western blots (WB) of CPLX1 in regions of rostral and caudal to the epicenter (n=3 animals per group). (D) BBB scores of the aforementioned experiments are shown (n=6-8 animals per group). Red symbols represent GV-WT group vs. WT group at corresponding time point; black symbols represent CPLX1<sup>+/+</sup> group vs. WT group at corresponding time point; Blue symbols represent

CPLX1-/+group vs. GV-WT group at corresponding time point; \*P<0.05, #P<0.01, \$ P<0.001. (E) The figure shows representative MEP signal in different group. (F) Quantification and statistical analyses of amplitude for the aforementioned experiments are shown (n=4 animals per group). (G) Quantification of latency period for these groups (n=44 animals per group). (H) Representative EMG signal in different group. (I) Quantification of amplitude for these groups (n=4 animals per group). Data were analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001 in figure B, C, F, G and I. Values are plotted as means  $\pm$  SEM.



### Figure 3

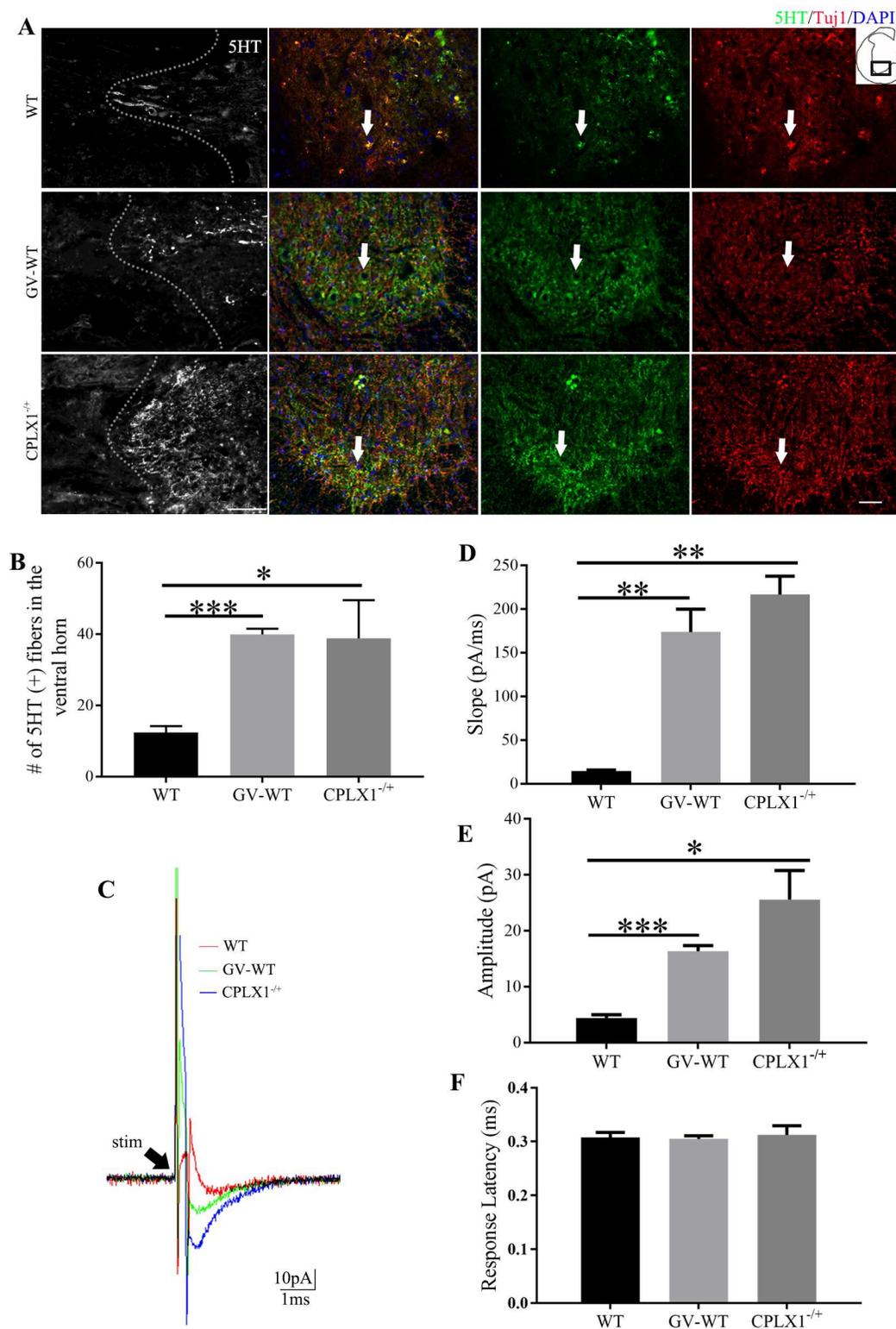
Moderate reduction of CPLX1 (CPLX1-/+ ) enhances neural tissue regeneration and reduces fibrotic scar tissue after SCC even more than GV application. (A) WB of CPLX1 in the caudal and rostral spinal cord extracts among GV treatment group (GV-WT) and CPLX1-/+ group (n = 3 animals per group). (B) Typical fiber tract reconstruction for the wild-type SCC (WT), GV-WT and CPLX1-/+ groups is displayed. Graph of averaged FA values and percentages of rostral–caudal voxel numbers of the three groups in the area rostral and caudal 5mm to the lesion site (n = 4-6 animals per group). (C) Diagram illustrating the spinal cord contusion and displayed region (labeled as a) in the following figure 2D. (D) Immunolabeling of laminin, fibronectin and glial fibrillary acidic protein (GFAP) in transverse section in the indicated section marked in figure 2C (labeled as a) among these three groups. Scale bar: 200  $\mu$ m. (E and F) GFAP- and Fibronectin-positive (+) area at the lesion site (n = 5 animals per group). (G and H) WB of laminin and fibronectin in caudal spinal cord extracts (n = 3 animals per group). Data were analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. Values are plotted as means  $\pm$  SEM. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.



**Figure 4**

Moderate reduction of CPLX1 (CPLX1<sup>+/+</sup>) enhances synaptic plasticity and axon elongation in cortical neurons with increased GAP43 expression. (A) Reconstructions of anterior horn motor neurons of caudal spinal cord in WT, GV-WT and CPLX1<sup>+/+</sup> group show different dendritic patterns and dendritic spine density. Scale bar in the top panel: 5 μm; Scale bar in the bottom panel: 50 μm. (B) Quantitative data of dendritic spine density (n = 3 animals per group). (C) Quantitative data of dendritic length (n = 3 animals

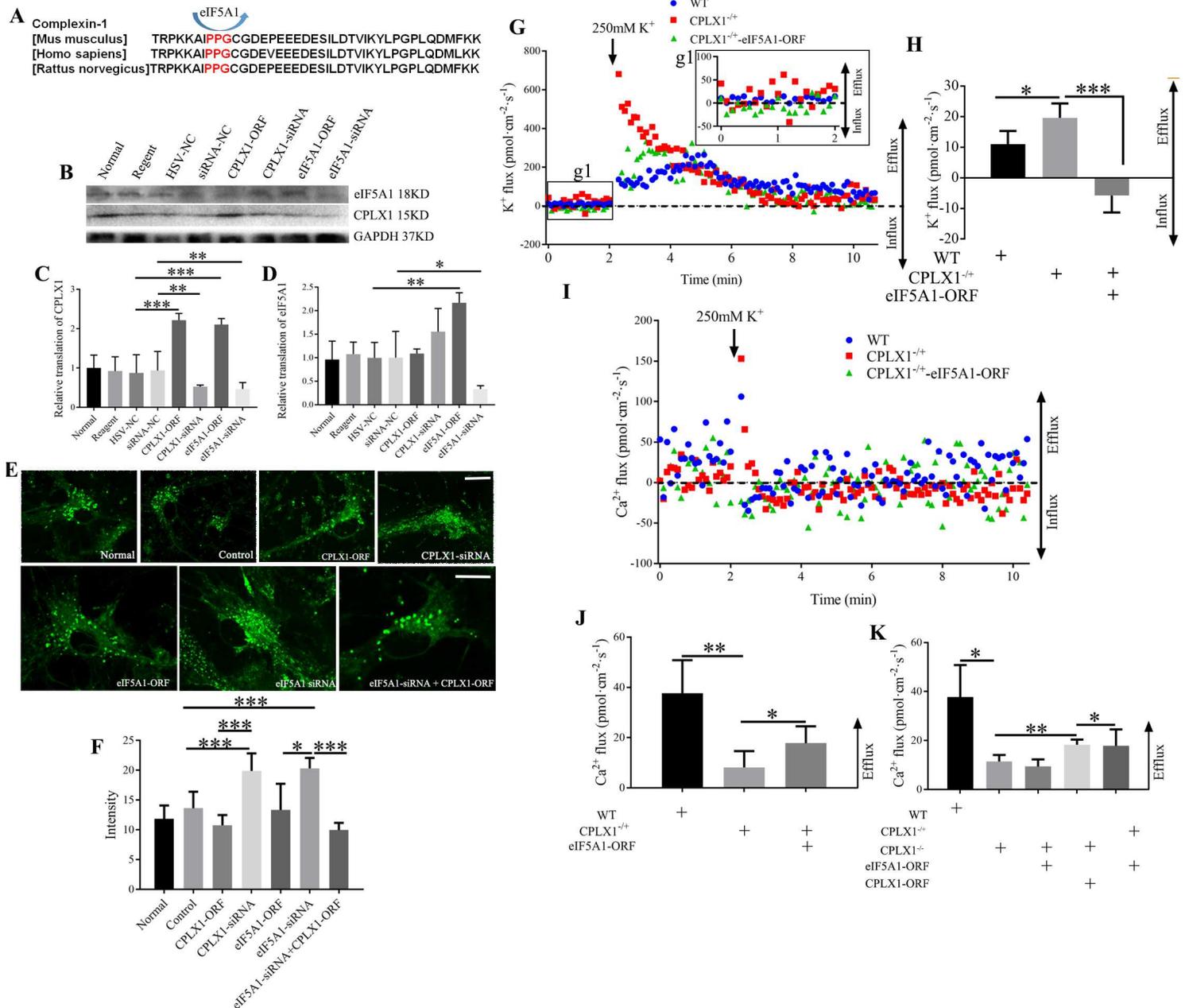
per group). (D) Quantitative data of dendritic branch (n = 3 animals per group). (E) Double immunolabeling of synapsin I (green) with Tuj1 (red). Scale bar: 50µm. (F) Quantitative data of synapsin I positive area (n = 3-4 animals per group). (G) Beta-3 tubulin (Tuj-1) immunolabeling of neurons growing on inhibitory substrates (Nogo-A; Sema-3A, Semaphorin-3A; CSPGs, chondroitin sulfate proteoglycans). Scale bar: 10µm. (H) Neurite length of cortical neurons after 48 hours in WT and CPLX1-/+ 922 genotype (n = 6 wells per group). (I) Double immunolabeling of synapsin (green) with neuronal GAP43 (red). Boxed region in the low magnification image on the centre is shown at higher magnification immediately to the periphery. Scale bar: 10µm. (J and K) Quantification of synapsin immunoreactivity at the axon and neuronal soma (n = 6 wells per group). (L and M) Quantification of GAP43 immunoreactivity at the axon and neuronal soma (n = 6 wells per group). Student's t test was used for statistics between 2 groups. Three or more groups of data were analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. Values are plotted as means + SEM. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.



**Figure 5**

Moderate reduction of CPLX1 (CPLX1<sup>-/+</sup>) promotes regeneration of serotonergic spinal axons, and increases the fEPSP caudal to the lesion even more than GV application. (A) Serotonin (5HT) immunolabeling (dashed line, lesion border) and longitudinal sections of the rat lumbar spinal cord after contusion injury. The second panel, double-staining of 5HT and Tuj1 in the transverse section of caudal spinal cord. The third and fourth panel, images of each marker visualizing serotonergic innervation of

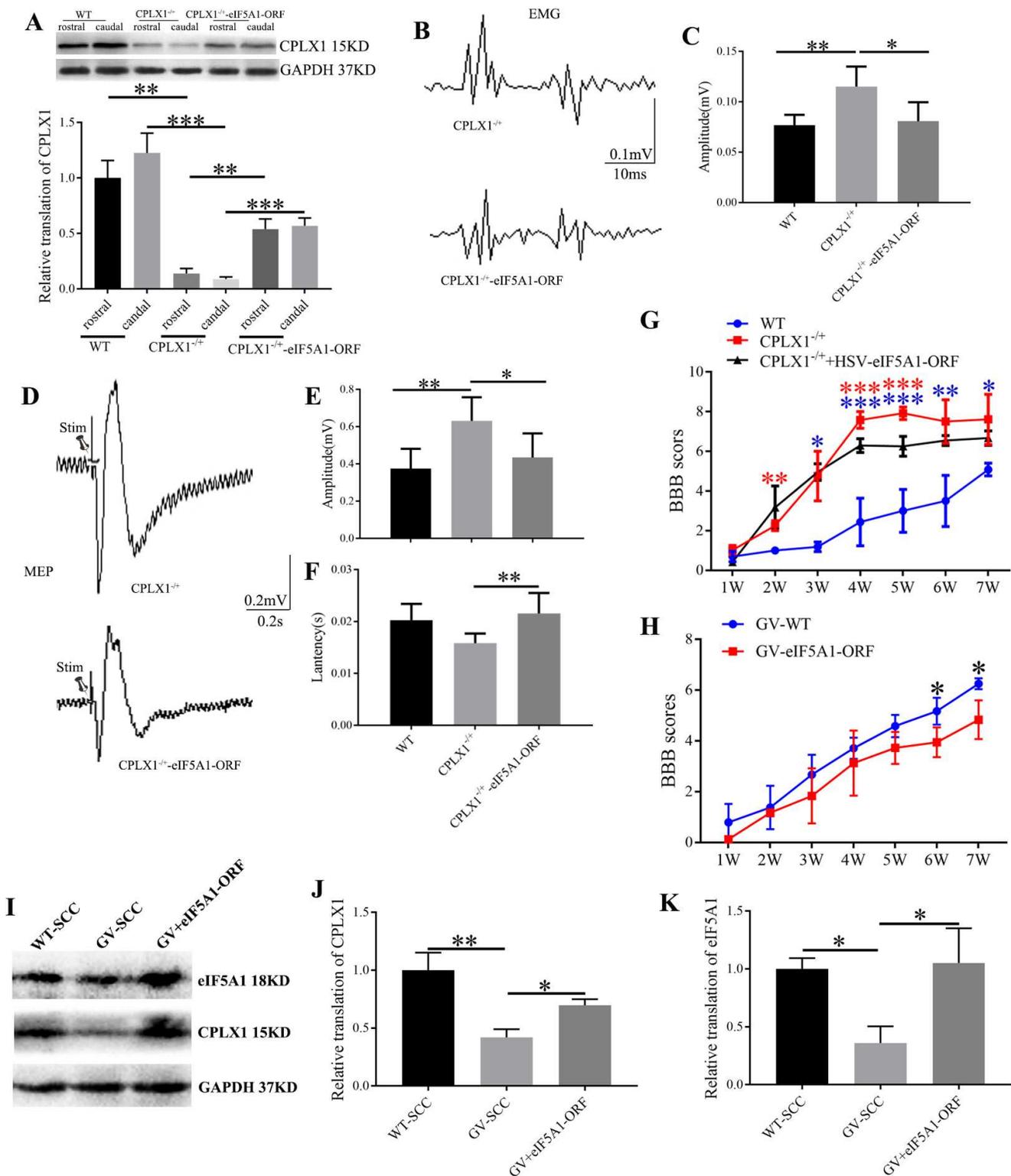
motor neurons (arrows). Scale bar in the first panel: 100 $\mu$ m and in the last panel: 50 $\mu$ m. (B) The number of 5HT labeled (+) fibers caudal to a rat spinal cord (n =3-5 animals per group). (C) Representative traces of averaged (30 trials) DC evoked fEPSCs from 4 weeks WT (red trace), GV-WT (green trace) and CPLX1-/+ (blue trace) SCC rat. (D) Quantitative data show the charge for evoked responses in three groups (n =5 animals per group). (E) Group comparisons for dorsal column evoked peak amplitude (n =5 animals per group). (F) Group comparisons for dorsal column evoked response latency (n =5 animals per group). Data were analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. Values are plotted as means + SEM. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001.



**Figure 6**

eIF5A1 promotes CPLX1 expression. (A) Amino acid sequence contained the PPG of CPLX1 in mouse, rat and human. (B) WB analysis of soluble proteins extracted from different treated spinal cord neurons.

GAPDH served as a loading control. (C) Quantification of CPLX1 level among different groups (n =6 wells per group). (D) Quantification of eIF5A1 level among different groups (n =6 wells per group). (E) Exocytosis labeling by FM1-43 in cortical neurons processing differently. Scale bar: 10 $\mu$ m. (F) Quantification of the fluorescence intensity among different groups (n =6 wells per group). (G) K<sup>+</sup> ion flux of primary cultured spinal cord neurons before and after high potassium treatment. Figure g1 showed the larger version of baseline of K<sup>+</sup> ion flux. (H) Baseline of K<sup>+</sup> ion flux in WT or presence of either CPLX1- /+ or transfected with HSV-eIF5A1-ORF (n =6 wells per group). (I) Ca<sup>2+</sup> ion flux of primary cultured spinal cord neurons before and after high potassium treatment. (J and K) Baseline of Ca<sup>2+</sup> ion flux among different groups (n =6 wells per group). Data were analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. Data are plotted as means  $\pm$  SEM. \*P < 0.05, \*\*P < 0.05, \*\*\*P < 0.001.



**Figure 7**

eIF5A1 regulates the function of CPLX1 in SCC models. (A) WB of CPLX1 in the caudal and rostral spinal cord extracts among different groups, n = 3 animals per group (n = 3 rats per group). (B) Representative EMG signals in different group. (C) Quantification of amplitude among these indicated groups (n=4 animals per group). (D) Representative MEP signals in different group. (E) Quantification and statistical analyses of amplitude for the aforementioned experiments are shown (n=4 animals per group). (F)

Quantification of latency period for these groups (n=4 animals per group). (G and H) BBB scores among these indicated group (n=6-8 animals per group). (I) WB of CPLX1 and eIF5A1 in the injured spinal cord extracts of GV-WT and GV+eIF5A1-ORF groups. (J and K) Quantification of eIF5A1 and CPLX1 translation among different groups (n=3-4 animals per group). Data were analyzed using a one-way ANOVA followed by a Bonferroni's post hoc test. Data are plotted as means  $\pm$  SEM. \*P < 0.05, \*\*P < 0.05, \*\*\*P < 0.001.

## Supplementary Files

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