

Synergistic Interdecadal Effects of the North Pacific and North Atlantic SST on Precipitation over eastern China as revealed in the ECHAM5 simulations

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ABSTRACT

15
16 In this investigation, we examine the individual and synergistic effects of sea
17 surface temperature (SST) in the North Pacific and North Atlantic on precipitation
18 interdecadal variations over eastern China using the Multi-Taper Method-Singular
19 Value Decomposition (MTM-SVD) method based on the European Center Hamburg
20 model version 5 (ECHAM5) simulations. Results reveal that the model adequately
21 reproduces the quasi-periodic precipitation responses corresponding to interdecadal
22 SST forcing in the North Pacific, North Atlantic and both regions. The Pacific
23 Decadal Oscillation (PDO) is closely related to a meridional tri-polar precipitation
24 pattern over eastern China. This precipitation pattern is attributed to the western
25 Pacific subtropical high and surface pressure anomalies over northern East Asia,
26 influenced by the joint effects of a mid-latitude wave train and SST anomalies in the
27 central-western North Pacific. The North Atlantic basin-scale SST (NABS) correlates
28 positively with precipitation over North China and negatively with precipitation over
29 Southwest China. This precipitation pattern is affected by the westward shift of the
30 atmospheric activity center over East Asia associated with the mid-latitude wave train
31 across Eurasia. The combined SST forcing from the North Pacific and North Atlantic
32 results in a meridional precipitation dipole pattern, and partially explains the
33 precipitation interdecadal variation as observed. That is, as the PDO warm phase
34 transitions to the NABS warm phase, rainbands experience an interdecadal northward
35 shift from South China to North China. These results are pivotal for understanding
36 how interdecadal SST forcing in the North Pacific and North Atlantic influences the

37 precipitation distribution over China, thereby contributing to improvements in
38 interdecadal climate prediction.

39 **Keywords:** Precipitation over eastern China; MTM-SVD method; Interdecadal
40 variation; Sea surface temperature (SST); ECHAM5 simulations

41 **1. Introduction**

42 Precipitation anomalies over China, particularly the corresponding extreme
43 events, can cause droughts, floods and secondary disasters, posing significant hazards
44 to human life, regional agriculture, economy and society (Hu et al., 2020). For
45 example, the severe summer drought in Henan Province in 2014 (Wang et al., 2018)
46 and the record-breaking Meiyu event over the Yangtze River basin in 2020 (e.g., Qiao
47 et al., 2021; Zhou et al., 2021) seriously threatened local living conditions. Various
48 studies have highlighted the impacts of multi-timescale sea surface temperature (SST)
49 forcing on precipitation over China through different mechanisms, such as the El
50 Niño-Southern Oscillation (ENSO; Zhi et al., 2012; Chen et al., 2013; Zhang and Gao,
51 2016; Gao et al., 2022; Hu et al., 2023), Pacific Decadal Oscillation (PDO; Zhang et
52 al., 1998; Zhou et al., 2014; Zhang et al., 2016a), and Atlantic Multidecadal
53 Oscillation (Wang et al., 2009; Si and Ding, 2016; Ding et al., 2020b). Hence,
54 understanding the synergistic evolution between the low-frequency variability in
55 precipitation over China and multi-timescale SST forcing in different oceans is of
56 great significance for improving precipitation prediction, disaster prevention and
57 reduction in China.

58 Previous studies have identified multiple temporal signals in precipitation over
59 China, including seasonal, interannual, interdecadal, and multi-decadal variabilities
60 (e.g., Lau and Li, 1984; Qian and Zhou, 2014; Ding et al., 2020a; Wu et al., 2023).
61 Interdecadal variabilities, as an essential source of multi-time scale variations, provide
62 a climatic background on which interannual variations evolve in precipitation and
63 SST. For example, on the interdecadal and longer time scales, precipitation variations
64 over China exhibit diverse dominant cycles and spatial patterns (e.g., Ding et al., 2008;
65 Du et al., 2022; Wu et al., 2023). The summer precipitation over eastern China
66 displays several interdecadal scales with 12 years, 30–40 years and 80 years (Ding et
67 al., 2008). In particular, Meiyu precipitation exhibits interdecadal variations with 12–
68 16 years, quasi-32 years, and quasi-64 years (Liang et al., 2018). Furthermore,
69 interdecadal variability in summer precipitation over China show spatial patterns with
70 a regime transition of meridional mode from a tri-pole pattern to a dipole pattern
71 (Ding et al., 2008). Li et al. (2018) pointed out two interdecadal modes of summer
72 precipitation in South China: an in-phase mode across the region and an anti-phase
73 mode in the east and west, respectively. However, spatial patterns and their evolutions
74 of precipitation variability over China at specific interdecadal scales are still not well
75 characterized.

76 In terms of the interdecadal variations in precipitation over China, SST anomalies
77 in the North Pacific and North Atlantic have been regarded as important modulators
78 (e.g., Lyu et al., 2014; Zhu et al., 2015; Li et al., 2019; Liu et al., 2019; Wu and Wang,
79 2019; Zhang et al., 2022a). The PDO, as an interdecadal SST mode in the North

80 Pacific, can regulate the precipitation over China through the related water vapor
81 transport associated with the north-south motion of the East Asian monsoon (Zhang et
82 al., 2018) and the intensity and position of western Pacific subtropical high (WPSH)
83 and western North Pacific anomalous anticyclone (Chang et al., 2000; Li et al., 2014;
84 Dong, 2016; Zhang et al., 2016b; Zhang et al., 2017). Furthermore, oceanic forcing in
85 the North Atlantic has been found to affect precipitation over East Asia through
86 various pathways (e.g., Li et al., 2013; Li et al., 2019; Liu et al., 2020; Chen et al.,
87 2022). The North Atlantic SST anomaly can affect precipitation over China by
88 triggering a mid-high latitude teleconnection wave train and a Gill-Matsuno-type
89 response in the tropical western Pacific (Wu et al., 2009; Wu et al., 2012).
90 Additionally, tropical North Atlantic warming in spring can induce a trans-tropical
91 climate response, which can transport water vapor to central China through the
92 western North Pacific anticyclone (Chen et al., 2022).

93 These studies primarily focused on the relationships of single regional SST
94 forcing with precipitation variations over China, as well as the associated processes
95 (e.g., Li et al., 2013; Lyu et al., 2014; Zhu et al., 2015; Li et al., 2019; Liu et al., 2019;
96 Wu and Wang, 2019; Liu et al., 2020; Chen et al., 2022). Recent attention has paid to
97 the combined effects of the SST in the North Pacific and North Atlantic on
98 precipitation over China (e.g., Zhu et al., 2015; Li et al., 2018; Zhang et al., 2018).
99 Due to the complexity of precipitation variabilities affected by different climate
100 modes, signals with interannual-to-interdecadal SST forcing from multiple basins and
101 precipitation responses over China are superimposed and mixed together, making it

102 challenging to isolate cause-effect relationships effectively. There are still
103 uncertainties in assessing the relative contributions of SST forcing in the North
104 Pacific and North Atlantic to interdecadal variations in precipitation over China from
105 observations. There is a clear need to clarify precipitation responses to SST forcing in
106 the North Pacific or North Atlantic at specific cycles based on model sensitivity
107 experiments (Zhang et al., 2020; Zhang et al., 2022b; Hu et al., 2023). Further efforts
108 aim to demonstrate corresponding dynamic processes and physical mechanisms
109 through the co-varying SST, precipitation and associated atmospheric circulation
110 fields.

111 To this end, the Atmospheric General Circulation Model of European Center
112 Hamburg model version 5 (ECHAM5; Roeckner et al., 2003) is used in this study for
113 the focused analyses of precipitation responses over China to interdecadal SST
114 forcing in the North Pacific, North Atlantic and both regions. The Multi-Taper
115 Method (MTM)–Singular Value Decomposition (SVD) is performed to separate
116 dominant temporal cycle signals from coupled climate fields (including precipitation,
117 SST and associated atmospheric fields) and then reconstruct their spatiotemporal
118 patterns at a specific interdecadal cycle (Mann and Park, 1994; Tourre et al., 1999;
119 Wei et al., 2013). Thus, relevant processes and mechanisms can be identified by the
120 co-varying coupled fields reconstructed at corresponding cycles. We aim to
121 understand the individual and synergistic effects of SST forcing in the North Pacific
122 and North Atlantic on precipitation variations over China on the interdecadal times
123 scale.

124 The remainder of this paper is structured as follows. Section 2 introduces the data,
125 model and methods used in this study. Section 3 delineates the dominant interdecadal
126 cycles of the simulated precipitation driven by SST forcing in different regions in the
127 ECHAM5. Section 4 describes the interdecadal co-varying characteristics of the
128 North Pacific SST, simulated precipitation over China and related atmosphere
129 circulations, and analyzes the related processes and potential mechanisms. Section 5
130 replicates the analyses for the North Atlantic SST. Section 6 assesses the synergistic
131 effects of the SST in the North Pacific and North Atlantic on the interdecadal
132 precipitation variations. The main conclusions and discussions are presented in
133 section 7.

134 **2 Data and methods**

135 **2.1 Data**

136 Monthly precipitation data used in this research are obtained from the Climatic
137 Research Unit (CRU) at the University of East Anglia, based on observations from
138 global meteorological stations, with a spatial resolution of $0.5^{\circ}\times 0.5^{\circ}$ (Harris et al.,
139 2020). Monthly SST data are obtained from the Hadley Center Sea Ice and Sea
140 Surface Temperature dataset version 1.1 (HadISST v1.1), with a horizontal resolution
141 of $1^{\circ}\times 1^{\circ}$ (Rayner et al., 2003). The climatic mean of SST fields used in the model
142 simulations is derived from the Atmospheric Model Intercomparison Project II Sea
143 Surface Temperature and Sea Ice Concentration Boundary Conditions. The datasets
144 utilized in this study cover the period from 1951 to 2020 (840 months), and the

145 climatological mean is defined as the average during 1971–2010.

146 2.2 Multi-Taper Method–Singular Value Decomposition

147 The MTM–SVD method is adopted to detect and reconstruct climate signals on
148 various timescales (Mann and Park, 1994). This method is capable of tracking the
149 evolution characteristics of two or more coupled climate fields (i.e. SST, pressure and
150 precipitation fields) at varying timescales (Mann and Park, 1994; Tourre et al., 1999;
151 Wei et al., 2013). Initially, the MTM–SVD method is employed to transform climate
152 fields (a single field or combined multiple fields) into a spectral domain through the
153 MTM process (Thomson, 1982). Subsequently, the SVD is applied to identify
154 significant patterns of spatiotemporal variabilities.

155 The MTM–SVD decomposes a multivariate dataset of M spatially distributed
156 time series into K orthogonal modes at frequency f , expressed as Eq. (1).

$$157 \quad A(f) = \begin{bmatrix} Y_1^1 & Y_2^1 & \cdots & Y_K^1 \\ Y_1^2 & Y_2^2 & \cdots & Y_K^2 \\ \cdots & \cdots & \cdots & \cdots \\ Y_1^M & Y_2^M & \cdots & Y_K^M \end{bmatrix} \quad (1),$$
$$= \sum_{k=1}^K U_k(f) \gamma_k(f) V_k$$

158 where $\gamma_k(f)$ represents the singular value, describing the relative amplitude for
159 each among the K orthogonal modes. The left singular vector, $U_k(f)$, is the spatial
160 Empirical Orthogonal Function (EOF) mode, encapsulating the spatial amplitude and
161 phase information of that mode. The right singular vector, V_k , denotes the spectral
162 EOF, describing the relative combination of K independent data tapers that

163 characterizes the temporal modulation envelope of oscillation signals. Y indicates the
 164 Fourier spectral estimate for the m th time series x (appropriately normalized)
 165 corresponding to the k th orthogonal data taper, a_k^m ,

$$166 \quad Y_k^m(f) = \sum_{n=1}^N a_k^m(t) x^m(t) e^{i2\pi f n \Delta t} \quad (2),$$

167 where $n\Delta t$ is the sample interval (e.g., monthly, seasonal, annual).

168 The Local Fractional Variance (LFV) spectrum, $\gamma_1^2(f) / \sum_{k=1}^K \gamma_k^2(f)$, provides
 169 an effective parameter for frequency-domain signal detection, where peaks indicate
 170 potentially significant spatiotemporal signal at that frequency. Statistical confidence
 171 levels of the significance test for the LFV spectrum are estimated by using the
 172 bootstrap method (Mann and Park, 1999).

173 If a significant spatiotemporal signal centered at frequency f_0 is detected, we can
 174 reconstruct the spatiotemporal signals by the following.

$$175 \quad \begin{aligned} \tilde{x}_n^m(t) &= \delta(f_0) \Re \left\{ \sigma^m U_1^m(f_0) \alpha_1(n\Delta t) e^{-i2\pi f_0 n \Delta t} \right\} \\ \alpha_1(n\Delta t) &= \sum_{k=1}^K \xi_k^{-1} \gamma_k(f_0) V_k^1 a_k \end{aligned} \quad (3),$$

176 where the variable amplitude $\alpha_1(n\Delta t)$ represents the slowly varying temporal
 177 envelope of the oscillation signal at frequency f_0 , which can be obtained by
 178 constructing a linear combination of Slepian data tapers and the k th component of the
 179 first mode spectral EOF (V_k^1). The term ξ_k^{-1} indicates the bandwidth retention factors
 180 of the orthogonal data tapers.

181 2.3 Model overview and sensitivity experiment design

182 Figure 1a shows the LFV spectrum of observed precipitation over China. There

183 is a significant interdecadal peak at 24.4-year. We will focus on this interdecadal
184 signal for its relationship with SST forcing in the North Pacific and North Atlantic
185 using an atmospheric model. This investigation adopts the Atmospheric General
186 Circulation Model of the ECHAM5 (Roeckner et al., 2003), which has 17 vertical
187 layers and a horizontal resolution of $1.85^{\circ} \times 1.85^{\circ}$. The integration time of the
188 ECHAM5 is from 1951 to 2020 (70 years or 840 months in total), and monthly field
189 are outputs for analyses. The SST forcing field of the model is a time-varying
190 interdecadal SST signal (with a 24.4-year cycle) extracted from the observations
191 through the MTM-SVD; the same signal can also be identified from the LFV
192 spectrum of observed precipitation over China (Fig. 1a). In the ECHAM5 simulations,
193 the time-varying interdecadal SST forcing fields are used to simulate precipitation
194 response, which is reconstructed by superimposing the regional interdecadal SST
195 anomaly signal on the climatological mean of SST fields.

196 The reconstructed evolution patterns of the SST anomalies in the North Pacific
197 show similarities with that of the PDO (Mantua et al., 1997; Zhang and Levitus, 1997),
198 exhibiting an anti-phase variation between the central North Pacific (CNP) and the
199 west coast of North America-tropical eastern Pacific (Fig. 1b). The pattern correlation
200 coefficient is 0.82 between the reconstructed distribution of the North Pacific SST and
201 the canonical PDO pattern. In the North Atlantic, the reconstructed evolution pattern
202 of the SST anomalies displays an Atlantic Multidecadal Oscillation-like pattern, with
203 an in-phase variation in large-scale basin SST anomalies, i.e., North Atlantic
204 basin-scale SST (NABS) mode. On a 24-year cycle, the variations in the mature

205 phases of the PDO and NABS are temporally inconsistent (Fig. 1c).

206 In order to investigate the interdecadal response of precipitation over China to
207 PDO and NABS patterns, sensitivity experiments with different interdecadal SST
208 forcing fields are designed, as shown in Table 1. The control experiment (CTL
209 experiment) is forced by the climatological mean of SST fields with seasonal
210 variations. The forcing fields for the North Pacific (PAC experiment) and North
211 Atlantic interdecadal SST experiment (ATL experiment) are obtained by
212 superimposing corresponding regional interdecadal SST anomalies on the
213 climatological mean of SST fields. Considering that the simulated atmospheric
214 response is generally weak, the superimposed SST interdecadal anomaly amplitude is
215 rescaled to be four times as large as the extracted values. To obtain the responses of
216 precipitation and related atmospheric circulation fields to interdecadal SST forcing in
217 different regions, we subtract the results of the control experiment from those of the
218 corresponding sensitivity experiments.

219 In this study, we calculate the reconstructed PDO and NABS indexes according
220 to SST variability center. The PDO index is defined as the normalized time series of
221 the reconstructed SST averaged over the CNP (170°E – 150°W , 28°N – 45°N) and then
222 is multiplied by a coefficient of -1 to ensure the consistency of the signal variation in
223 the PDO phase with the observations. The NABS index is defined as the normalized
224 time series of the reconstructed SST averaged over the domain of 80°W – 0° , 20° –
225 65°N . The threshold with a 1-time standard deviation is applied to select the positive
226 and negative phases of the PDO and NABS for composite analyses. The student t-test

227 is used to perform a significance test for the composite analyses at different statistical
228 confidence levels.

229 **3. Dominant cycles of the simulated precipitation**

230 We first demonstrate that the ECHAM5 can capture the corresponding periodic
231 variations in precipitation over China under the interdecadal SST forcing (with a
232 24.38-year cycle). Figure 2 presents the time series and their wavelet analyses of the
233 simulated precipitation signals over the subregions of China under different
234 simulation conditions. Notably, the simulated precipitation signals over North China,
235 the middle and lower reaches of the Yangtze River (MLYR), and South China exhibit
236 prominent peaks in the spectral range of 20–35 years, which are significant at the 90%
237 confidence level (Figs. 2d–2f). In the PAC experiment (Figs. 2d), the significant
238 interdecadal peaks of the simulated precipitation over North China, the MLYR, and
239 South China are seen at 32-year, 32-year, and 24-year, respectively. The variance of
240 precipitation signals is the largest in the MLYR, followed by South China, and
241 smallest in North China. In the ATL experiment (Figs. 2e), the significant interdecadal
242 peaks of the simulated precipitation over North China, the MLYR, and South China
243 are seen at 32-year, 24-year, and 24-year, respectively. The variance of precipitation
244 signals is the largest in North China, followed by South China, and smallest in the
245 MLYR. Under the joint effects of the interdecadal SST forcing in the combined North
246 Pacific and North Atlantic (CPA experiment, as shown in Figs. 2f), the significant
247 interdecadal peaks of simulated precipitation over North China, the MLYR, and South
248 China are all seen at the 32-year. The variance of precipitation signals is the largest in

249 North China, followed by South China, and lowest in MLYR. These results indicate
250 that the cycles of the simulated precipitation are close to those of precipitation and
251 SST in the observations (Fig. 1a), albeit with a frequency shift in the simulations.

252 The simulated precipitation cycles align with the cycles of the SST forcing fields,
253 implying that the ECHAM5 model can simulate the corresponding periodic response
254 of precipitation over China under interdecadal SST forcing in different regions. This
255 motivates us to further investigate the co-varying characteristics of the precipitation
256 and SST on an interdecadal scale and evaluate the synergistic effects of the North
257 Pacific and North Atlantic SST on interdecadal precipitation variations over China.
258 Thus, we reconstruct the combined fields (including the simulated precipitation over
259 China, sea level pressure, 850-hPa winds, 500-hPa geopotential height, vertically
260 integrated water vapor flux and its divergence, and the corresponding SST forcing
261 fields) with a 24.38-year cycle around the center of the SST forcing cycle. Based on
262 this, we can obtain the co-varying characteristics of the SST, precipitation and
263 associated atmospheric circulation fields simulated by the PAC, ATL and CPA
264 experiments, respectively. Since the calculations are based on a narrow frequency
265 band, the reconstructed amplitudes of the precipitation and atmospheric circulations
266 are relatively small. It should be noted that the amplitude of the reconstructed SST
267 anomalies increases dramatically due to the coincidence of the reconstruction cycle
268 with the SST field cycle. Considering that the observed precipitation variation over
269 Northwest China is trivial on the 23-year cycle (its standard deviation is less than 1
270 mm mon⁻¹) as reported by Wu et al. (2023), we put our attention to the precipitation

271 over eastern China (90°–135°E, 20°–55°N) in the following analysis.

272 **4. North Pacific interdecadal SST experiment (PAC experiment)**

273 In the PAC experiment, the interdecadal SST in the North Pacific is associated
274 with the PDO (Fig. 1b), which is used to drive the model for numerical integration.
275 The following analyses focus on characterizing the precipitation response over eastern
276 China when the CNP shows warm SST anomalies (i.e., PDO cold phase, PDO–) and
277 analyzing the possible processes and mechanisms involved.

278 **4.1 Interdecadal pattern of precipitation over China**

279 Under the influence of the PDO, the simulated precipitation anomalies over
280 China exhibit a meridional tri-pole pattern, with the precipitation centers located in
281 South China, MLYR and North China (Figs. 3 a). The polarity of this tri-pole
282 precipitation pattern shifts with the phase of the SST anomalies in the CNP (Figs. 3 b).
283 The precipitation anomalies over China display a meridional “– + –” distribution
284 during the PDO warm phase (PDO+). When the CNP is colder during 1952–1961,
285 1976–1998 and 2013–2020, the precipitation increases over the MLYR but decreases
286 over North China and South China. A similar situation with opposite polarity appears
287 during 1961–1976 and 1999–2013, respectively.

288 The reconstructed PDO index turns from negative to positive in 1976 and then to
289 negative after 2000 (Fig. 3 c), consistent with the previous work (Qian and Zhou,
290 2014), indicating its capability to reflect PDO variations. The variations in
291 precipitation patterns match well with the variations in the PDO index. The variations

292 in precipitation patterns coincide well with the variations in the PDO index. Selecting
293 the mature stages of the PDO (Table 2) for the composited analysis of the simulated
294 precipitation and North Pacific SST further suggests that a meridional tri-polar
295 precipitation pattern with the “- + -” distribution is favored by the PDO+ (Figs. 3d
296 and 3e), and vice versa.

297 **4.2 Synergistic evolution characteristics of precipitation and SST**

298 In order to analyze the synergistic evolution of the SST, precipitation and
299 associated atmospheric circulation fields at different stages of the PDO-, we
300 artificially set phase 0° as the situation when a warm center appears in the CNP.
301 Figure 4 illustrates the half-cycle evolutions of precipitation over China and SST in
302 the North Pacific. During the first 1/4 cycle (phases 0°–60°), the North Pacific SST
303 exhibits warming in the CNP and cooling in the west coast of North America-tropical
304 eastern Pacific, corresponding to the development stages of the PDO-. Therefore, the
305 North Pacific SST distribution during the post 1/4 cycle (phases 90°–150°)
306 corresponds to the decaying stages of the PDO-.

307 During the PDO+ mature stages (phases 30°–90), the evolution of the simulated
308 precipitation anomalies exhibits large amplitudes in South China, the MLYR, and
309 North China, as shown in Figure 4 a. The precipitation anomaly amplitude in the
310 centers from south to north reach up to 10, 15 and 15 mm mon⁻¹, respectively. When a
311 warm center appears in the CNP at phase 0°, the precipitation anomaly distribution
312 over China shows a meridional “+ - +” tri-polar pattern, with positive anomalies over
313 South China and North China and negative anomalies over the MLYR. Accompanied

314 by the enhanced CNP warming and California-equatorial Pacific surface cooling
315 during the development stage of the PDO⁻ (phases 0°–60°), the meridional tri-polar
316 pattern of precipitation anomalies is enhanced. This meridional tri-polar pattern
317 weakens during the decaying stages of the PDO⁻ (phases 90°–150°) with the decays
318 of the CNP warming and North American west coast cooling.

319 Overall, the simulated precipitation anomalies over China show a meridional
320 tri-pole pattern under the forcing of the PDO-related SST in the North Pacific. During
321 the PDO⁻ phase, the precipitation increases over the MLYR and decreases over North
322 China and South China, and vice versa for the PDO⁺ phase. When the PDO⁻
323 develops (decays), the tri-pole pattern of precipitation anomalies strengthens
324 (weakens).

325 **4.3 The influence mechanisms**

326 How does the atmospheric response to the PDO further contribute to the
327 meridional tri-pole pattern of precipitation over China? We perform further analyses
328 in the subsection.

329 ***a. Local and remote atmospheric responses to the PDO***

330 North Pacific SST anomalies can directly affect both local and global
331 atmospheric circulations during the PDO⁻. During the development stage of the
332 PDO⁻ (Figs. 4 a–c), concurrent with the enhanced warming in the CNP and cooling in
333 the Aleutian-Eastern Pacific, low-pressure anomalies over the central-western Pacific
334 weaken, and high-pressure anomalies over the Aleutian-Eastern Pacific intensify. This

335 anomalous high pressure over the Aleutian weakens the Aleutian Low (AL). As the
336 CNP warming decays and the cold SST anomalies expand westward to the whole
337 North Pacific during the decaying stage of the PDO– (Figs. 4 d–f), the low-pressure
338 anomalies retreat to the western Pacific, and the high-pressure anomalies expand to
339 cover almost the whole North Pacific. The variations of low-pressure anomalies over
340 the western Pacific can be associated with the WPSH variations.

341 The influences of the North Pacific SST extends beyond the local region,
342 impacting the East Asian atmosphere through a teleconnection wave train across
343 Eurasia (Fig. 5). The 500-hPa geopotential height reveals a mid-latitude wave train
344 propagating from the North Atlantic to northern East Asia, and its activity centers are
345 located in the Arctic, North Sea, Caspian Sea, Lake Baikal, and the Sea of
346 Okhotsk-western Pacific (Figs. 5 b–e). In the East Asia, the atmospheric activity
347 center corresponding to an anomalous high pressure shows a noticeable
348 northwestward shift during the PDO–, with its intensity strengthening during the first
349 1/4 cycle and weakening during the latter 1/4 cycle (Figs. 6 a–f). Concurrently,
350 pressure anomalies over the western Pacific experience a transition from positive to
351 negative. Specifically, negative geopotential height anomalies prevail over the
352 western Pacific north of 25°N during phases 60°–120°, indicating that the WPSH is
353 weak throughout much of the PDO–. These findings highlight the coexistence of an
354 anomalous high-pressure center over Northeast China and a weak WPSH during the
355 mature stage of the PDO– (phases 60°–90°).

356 Different atmospheric processes associated with the PDO can lead to a weak

357 WPSH and anomalous high pressure over northern East Asia. On the one hand, the
358 western Pacific warming throughout the PDO- phase can enhance local convective
359 activities (Zhang et al., 2016b), consequently weakening the WPSH. On the other
360 hand, the mid-latitude wave train not only promotes the emergence of anomalous high
361 pressure over northern East Asia but also induces anomalous upward motion in the
362 western Pacific, further contributing to the weakening of the WPSH. Therefore,
363 high-pressure anomalies over northern East Asia may be predominantly influenced by
364 the wave train across Eurasia, while the weak-than-normal WPSH is the result of the
365 joint effects of the mid-latitude wave train and local warm SST anomalies.

366 ***b. Influences of East Asia atmospheric circulations on precipitation***

367 The anomalous high pressure over northern East Asia and the weak WPSH jointly
368 dominate the atmospheric circulation and water vapor transport over East Asia during
369 the PDO- (Fig. 6). Evidently, an anomalous anticyclone strengthens and shifts
370 northwestward in tandem with the variations of local high-pressure anomalies. These
371 accompanying southerly wind anomalies facilitate increased northward water vapor
372 transport to North China (Figs. 6a–f), leading to enhanced local precipitation (Figs.
373 6g–l). Simultaneously, in the western Pacific, the anomalous cyclone associated with
374 the weak WPSH induces northerly wind anomalies south of the MLYR, hindering the
375 northward transport of warm and moist water vapor originating from the South China
376 Sea. This results in notable water vapor flux divergence over the south of MLYR,
377 which inhibits the occurrence of local precipitation. Thus, the variations in water
378 vapor conditions, accompanied by East Asian circulation anomalies during the PDO-

379 phase, directly contribute to the “+ – +” distribution of precipitation anomalies over
380 China.

381 Figure 7 presents the possible processes and potential influence mechanisms
382 through which the PDO-related North Pacific SST anomalies cause the tri-polar
383 pattern of precipitation anomalies over China in the PAC experiment. During the
384 PDO– phase, the cold SST anomalies along the North American coast directly induce
385 high-pressure anomalies, weakening the AL. This atmospheric response can impact
386 the North Atlantic Oscillation (NAO) in the North Atlantic through a “see-saw”
387 change between the AL and Iceland Low (Honda et al., 2001; Dong et al., 2014) and
388 further trigger a mid-latitude wave train across Eurasia (Li et al., 2013).
389 Correspondingly, the high-pressure anomalies over northern East Asia result in local
390 descending motion. Moreover, the warm SST anomalies in the central-western North
391 Pacific enhance local convection. The enhanced local convection and mid-latitude
392 wave train can jointly weaken the WPSH. As a result, the combined effects of the
393 high-pressure anomalies over northern East Asia and weak WPSH lead to northerly
394 wind anomalies prevailing south of the MLYR and southerly wind anomalies
395 prevailing over North China. The former is conducive to increased precipitation over
396 North China due to the local convergence of water vapor. The latter not only impedes
397 water vapor transport to North China, but also causes water vapor divergence over the
398 MLYR, weakening local precipitation. Therefore, the modulation of local water vapor
399 through the East Asian atmospheric circulation configuration is the primary factor
400 contributing to the “+ – +” meridional tri-pole pattern of precipitation over China

401 during the PDO–.

402 **5. North Atlantic interdecadal SST experiment (ATL experiment)**

403 **5.1 Interdecadal pattern of precipitation over China**

404 In the ATL experiment, the SST forcing for simulating periodic precipitation
405 responses over China is associated with the NABS. As shown in Figure 8, the
406 simulated precipitation exhibits in-phase variations from South China to North China.
407 Positive precipitation anomalies prevail over most of eastern China during periods
408 (1954–1968 and 1984–2006) when there exist warm SST anomalies in the North
409 Atlantic, while the opposite occurs during cold SST anomaly periods (1969–1983 and
410 2007–2002). The NABS index turns from negative to positive around 1956 and 1983
411 and from positive to negative around 1968 and 2007 (Fig. 8c), aligning with the
412 phases of precipitation anomalies.

413 Composite analyses focusing on the mature stages of the NABS (Table 3) reveal
414 the patterns of the North Atlantic SST and the precipitation over China associated
415 with the NABS+. During the NABS+, significant warm SST anomalies span almost
416 the entire North Atlantic, with a warming center ($>1.2^{\circ}\text{C}$) located north of 30°N . The
417 cold SST anomalies only appear near the North American east coast (Fig. 8e).
418 Correspondingly, significant positive precipitation anomalies appear from Northwest
419 China to the Shandong Peninsula, weak positive precipitation anomalies can be found
420 over South China and significant negative precipitation anomalies over Southwest
421 China (Fig. 8d). These findings underscore the positive correlation of the North

422 Atlantic SST with precipitation over North China and the negative correlation with
423 precipitation over Southwest China. Warming in the North Atlantic leads to a
424 precipitation increase over North China and a precipitation decrease over Southwest
425 China, and vice versa for cooling in the North Atlantic.

426 **5.2 Synergistic evolution characteristics of precipitation and SST**

427 To characterize the co-varying precipitation and SST, we further depict their
428 half-cycle evolution. Phase 0° is defined artificially as the onset of the warm SST
429 anomalies in the subpolar North Atlantic. The first 1/4 cycle (phases 0° – 60°)
430 represents the responses of the simulated precipitation and atmospheric circulation
431 fields to the North Atlantic SST anomalies associated with the NABS+ development
432 stage. The post 1/4 cycle (phases 90° – 150°) reflects those associated with the NABS+
433 decaying stage. Phases 60° – 90° correspond to the NABS+ mature stage.

434 Figure 9 illustrates the half-cycle evolution of the simulated precipitation and
435 SST field associated with the NABS+ interdecadal forcing. There are two variability
436 centers with the simulated precipitation located over North China and Southwest
437 China, respectively. Notably, there is a discernible drought center over Southwest
438 China, which tends to intensify and expand northeastward during the
439 development-mature-decaying stages of the NABS+. Simultaneously, positive
440 precipitation anomalies over North China weaken and contract. During the
441 development stage of the NABS+ (phases 0° – 60°), when the warm anomalies in the
442 central North Atlantic expand across the basin, precipitation anomalies increase over
443 North China and decrease over Southwest China. During the NABS+ mature stage

444 (phases 60° – 90°), positive precipitation anomalies mainly appear over North China
445 and South China, and negative precipitation anomalies prevail over Southwest China.
446 As the NABS+ decays (phases 90° – 150°), the cold SST anomalies along North
447 America intensify and expand eastward to western Europe. The drought center over
448 Southwest China moves northward, and negative precipitation anomalies prevail over
449 almost the entire eastern China region.

450 These results highlight a close correlation between the North Atlantic SST
451 associated with the NABS and the simulated precipitation over North China and
452 Southwest China. Specifically, the NABS is positively correlated with the
453 precipitation over North China and negatively correlated with the precipitation over
454 Southwest China. Particularly, a drought center over Southwest China enhances and
455 moves northeastward throughout the NABS+. During the mature stage of the NABS+,
456 precipitation increases over North China and South China and decreases over
457 Southwest China, respectively.

458 **5.3 The influence mechanisms**

459 The North Atlantic SST anomalies exert a significant impact on local and global
460 atmospheric circulations. For example, in the Azores region, low-pressure anomalies
461 strengthen and expand in phases 0° – 60° , and weaken and shrink in phases 90° – 150° ,
462 with the maximum intensity appearing in phases 60° – 90° (Fig. 9). This suggests that
463 the Azores High is weaker than the climatological average during the NABS+, which
464 may be the response to enhanced local convective activities due to the large-scale
465 warm SST anomalies in the North Atlantic. In addition, high-pressure anomalies near

466 Iceland-western Europe indicate the Iceland Low weaker than the normal. The
467 anti-phase variations in the Azores High and Iceland Low are similar to those of the
468 NAO-. The NAO may trigger a mid-latitude wave train propagating eastward from
469 the North Atlantic to East Asia, further affecting atmospheric circulations over East
470 Asia (Li et al., 2013).

471 As depicted in the 500-hPa geopotential height fields (Fig. 10), there is a zonal
472 wave train across Eurasia during the NABS+, with its activity centers located in the
473 Azores, Kazakhstan, Lake Baikal and the Sea of Okhotsk. The East Asian activity
474 center of the wave train, corresponding to descending motion, moves westward from
475 Japan to the Northeast China-Siberia region with the evolution of the NABS+. During
476 the NABS+ development stage (Figs. 11a-c), high-pressure anomalies over Japan and
477 low-pressure anomalies over Northeast China jointly lead to low-level southerly wind
478 anomalies prevailing from South China to Northeast China. This promotes warm and
479 moist water vapor transport from the Indian Ocean and the South China Sea to North
480 China and converges locally (Figs. 11g-i). During the NABS+ decaying stage, the
481 anomalous high pressure and related anticyclone intensify and move westward to
482 Northeast China, inducing northerly wind anomalies prevailing from South China to
483 Northeast China (Figs. 11d-f), and thereby inhibiting water vapor transport to North
484 China (Figs. 11j-l). Water vapor exhibits a narrow and enhanced divergence band
485 along the Shandong Peninsula to the upper reaches of the Yellow River, whose
486 position is consistent with the drought center in North China. It is noteworthy that the
487 signs of precipitation and water vapor divergence are not coherent in some regions

488 such as the Huang-Huai River Basin, but match well in their centers such as the
489 Shandong Peninsula, the upper reaches of the Yellow River and Southwest China.
490 During the mature stage of NABS, the anomalous high pressure previously located in
491 Japan moves to Northeast China, with its intensity being weaker than that in the
492 NABS+ decaying stage (Figs. 11c–d).

493 Figure 12 displays the possible processes and mechanisms by which the NABS
494 forces precipitation interdecadal variations over China in the ATL experiment. North
495 Atlantic SST anomalies can trigger a mid-latitude wave train across Eurasia, and its
496 East Asian atmospheric activity centers tend to move westward with NABS+
497 evolution. During the mature stages of the NABS+, descending motion over Northeast
498 China leads to low-level southerly wind anomalies, which promote water vapor
499 convergence over North China and a local precipitation increase. Insufficient
500 precipitation mainly occurs over Southwest China. During the development and
501 decaying stages of the NABS+, as the atmospheric activity center over East Asia
502 intensifies and moves westward from Japan to Northeast China, the precipitation
503 pattern varies. In terms of the low-level wind field from South China to Northeast
504 China, the NABS+ development stage is accompanied with southerly wind anomalies,
505 whereas the NABS+ decaying stage is accompanied with northerly wind anomalies.

506 **6. The combined North Pacific-North Atlantic interdecadal SST experiment** 507 **(CPA experiment)**

508 The PAC and ATL experiments are forced by the PDO-related North Pacific SST
509 anomalies and the NABS-related North Atlantic SST anomalies, respectively. These

510 experiments reveal the precipitation response to SST effects from a single North
511 Pacific or North Atlantic source. The MPA experiment further simulates the
512 precipitation response to the interdecadal SST forcing in both the North Pacific and
513 North Atlantic, aiming to answer the following questions:

514 1) What are the response characteristics of precipitation over China jointly forced
515 by the PDO and NABS modes?

516 2) What are the interdecadal synergistic effects of the North Pacific and North
517 Atlantic SST anomalies on precipitation over China?

518 In addressing these questions, we perform a coupled reconstruction for the
519 combined climate field at a 24-year cycle, including SST forcing, simulated
520 precipitation, sea level pressure, 500-hPa geopotential height, 850-hPa wind, and
521 vertically integrated water vapor flux and its divergence. Phase 0° is artificially
522 defined as the onset of warm SST anomalies in the CNP, consistent with the analyses
523 in the PAC experiment. It should be pointed out that the reconstructed spatiotemporal
524 evolution of the North Pacific and North Atlantic SST obtained from the CPA
525 experiment (figure not shown) are highly similar to those in Figure 1b, just with a
526 larger amplitude. During the first 1/4 cycle of the PDO- development stage, the
527 NABS+ weakens, while during the post 1/4 cycle of the PDO- decaying stage, the
528 NABS- develops.

529 **6.1 Interdecadal pattern of precipitation**

530 Figure 13 illustrates the half-cycle evolution of the simulated precipitation over
531 China driven by the North Pacific and North Atlantic SST forcing. The simulated

532 precipitation anomalies over China display a meridional dipole pattern bounded by
533 32°N, with negative (positive) anomalies south (north) of the MLYR (Figs. 13a–d).
534 This meridional dipole pattern of precipitation anomalies intensifies during the first
535 1/4 cycle and weakens during the subsequent 1/4 cycle. To further elucidate the
536 patterns of the SST forcing and simulated precipitation responses associated with the
537 PDO and NABS in the CPA experiment, we perform composite analyses (Fig. 14).
538 The results indicate that during the PDO+, the simulated precipitation anomalies over
539 China show a "south flooding and north drought" pattern with positive (negative)
540 anomalies over the south (north) of the MLYR (Fig. 14c). During the NBAS+, the
541 simulated precipitation anomalies exhibit a "south drought and north flooding" pattern
542 with a precipitation increase from the Yangtze River to the Yellow River and a
543 precipitation decrease over South China (Fig. 14 d). Similar precipitation distribution
544 characteristics over China are evident in the observation during the PDO+ and
545 NBAS+ (Figs. 14e,f). Notably, a distinct interdecadal northward shift of rainbands
546 and drought bands can be observed (Fig. 13g), aligning with both timing and location
547 as observed (Fig. 13h). These results indicate that under the joint forcing of the North
548 Pacific and North Atlantic SST, the model can capture, to some extent, observed
549 precipitation features, including interdecadal distribution patterns and the northward
550 shift of rainbands.

551 **6.2 Synergistic effects of the SST on the interdecadal northward shift of** 552 **rainbands**

553 How do the North Pacific and North Atlantic SST jointly influence the

554 interdecadal northward shifts of rainbands? The temporal sequence of SST anomalies
555 associated with the PDO and NABS may wield crucial influence. On a 24-year time
556 scale, the PDO and NABS mature stages are asynchronous (Figs. 3c,8c), and their
557 emergence sequences are the PDO+, NABS+, PDO- and NABS-. During the mature
558 stage of the PDO+, the simulated precipitation increases over the south of the MLYR.
559 During the NABS+ mature stage, the simulated precipitation increases over the
560 Yangtze-Huang River region. Consequently, the rainband migrates northward from
561 the south of MLYR to the Yangtze-Huang River region as the PDO+ transitions to the
562 NABS+. It is precisely due to the synergistic effects of the PDO and NABS that
563 different atmospheric circulation fields are induced, directly resulting in the
564 interdecadal northward shifts of rainbands as observed. Unlike the PAC and ATL
565 experiments, which solely involve SST effects from a single ocean basin, the CPA
566 experiment includes SST effects from both ocean basins. Therefore, the North
567 Atlantic (North Pacific) SST influences precipitation interdecadal variations when the
568 PDO (NABS) is dominant, and the responses of precipitation and related atmospheric
569 circulations to SST can be obtained by subtracting the results of the PAC or ATL
570 experiment from those of the CPA experiment.

571 During the PDO+ mature stage, the NABS mode transitions from a cold phase to
572 a warm phase. In the North Atlantic, cold SST anomalies prevails over the entire basin,
573 with maximum values occurring in the subpolar regions (Fig. 14a). These large-scale
574 cold SST anomalies in the North Atlantic can affect atmospheric circulation over East
575 Asia through a mid-latitude wave train across Eurasia triggered by the NAO+ (Fig.

576 15a). Subsequently, anomalous low pressure occupies the western Pacific south of
577 30°N and the land of East Asia, while high-pressure anomalies only control the east of
578 the Korean Peninsula-Honshu Island region. As a result, an anomalous anticyclonic
579 circulation exists east of the Korean Peninsula-Honshu, bringing easterly wind
580 anomalies along 30°N to its south side (Fig. 16d). Over the South China Sea, an
581 anomalous cyclonic circulation can be found, bringing the southwesterly wind
582 anomalies from the Indian Ocean to South China. Water vapor budget analyses reveal
583 that warm and humid water vapor originating from the Indian Ocean only reaches
584 South China and converges locally (Fig. 16g). However, the signs of water vapor
585 divergence and precipitation anomalies near the Shandong Peninsula do not match,
586 suggesting potential dominance of other processes in causing the drought over this
587 region.

588 As the PDO+ transitions to the NABS+, large-scale warm SST anomalies are
589 found in the North Pacific (Fig. 14b), which trigger a mid-latitude wave train (Fig.
590 15b), thus resulting in an anomalous cyclonic circulation over the Northeast
591 China-Japan region and an anomalous anticyclonic circulation south of the MLYR
592 (Fig. 16e). The circulation configuration over East Asia leads to southerly wind
593 anomalies prevailing from the South China Sea to the Shandong Peninsula,
594 facilitating the northward water vapor transport to North China and water vapor
595 convergence there (Fig. 16h). Hence, precipitation over the north of the MLYR
596 increases (Fig. 16b).

597 **7. Conclusions and discussions**

598 Deciphering the intricate interplay between multi-timescale SST forcing and
599 precipitation response over China poses a challenge due to signal superposition.
600 Limited studies have explored the relationship of the precipitation with SST at a
601 specific frequency band. In this research, employing the MTM–SVD method for
602 signal separation and spatiotemporal reconstruction, we utilize the ECHAM5
603 simulations to investigate the individual and synergistic effects of the North Pacific
604 and North Atlantic SST forcing on precipitation over China. Our investigation also
605 unveils the possible processes and potential influence mechanisms involved on
606 interdecadal time scales. The results indicate that the ECHAM5 successfully
607 replicates the periodic precipitation responses over China under the SST interdecadal
608 forcing (with a 24-year cycle) in distinct regions (single North Pacific, single North
609 Atlantic and both regions). Different precipitation patterns emerge in response to the
610 individual effects of the PDO and NABS, and their combined effects can contribute to
611 an observed interdecadal northward shift of rainband over China.

612 Under the interdecadal forcing of the North Pacific SST, the PDO correlates
613 closely with a tri-polar pattern of precipitation anomalies over China. During the
614 PDO– phase, precipitation increases over the MLYR and decreases over North China
615 and South China. There are two mechanisms that govern the modification of the
616 precipitation over China by North Pacific SST anomalies associated with the PDO–.
617 First, cold SST anomalies along the North American west coast weaken the AL,
618 triggering an NAO atmospheric response in the North Atlantic. This induces

619 high-pressure anomalies over northern East Asia through a mid-latitude wave train
620 across Eurasia. Second, the mid-latitude wave train and the convective enhancement
621 due to SST anomalies over the central-western North Pacific jointly weaken the
622 WPSH. The combined effects of the anomalous high pressure over northern East Asia
623 and the weak WPSH lead to northerly and southerly wind anomalies over the south
624 and north of the MLYR, thereby resulting in a precipitation decrease over the MLYR
625 and a precipitation increase over South China and North China.

626 In terms of the interdecadal forcing of the North Atlantic SST, the NABS
627 exhibits a positive correlation with precipitation over North China and a negative
628 correlation with precipitation over Southwest China. The NABS can induce a
629 mid-latitude wave train propagating eastward from the North Atlantic to East Asia,
630 and atmospheric activity centers over East Asia undergo a westward shift trend with
631 NABS+ evolution. During the development and mature stages of the NABS+, the
632 anomalous high pressure over northern East Asia and the anomalous low pressure
633 west of it induce southerly wind anomalies from South China to Northeast China,
634 contributing to water vapor convergence over North China and a local precipitation
635 increase. As the NABS+ decays, northerly wind anomalies prevail from South China
636 to Northeast China, causing a narrow and intensified water vapor divergence zone
637 over northern China, and resulting in insufficient precipitation locally.

638 Under the combined interdecadal forcing of the SST in the North Pacific and
639 North Atlantic, precipitation anomalies over China show a meridional dipole
640 distribution bounded by 32°N, and rainbands display an observed northward motion.

641 During the PDO+ (NABS+) phase, the rainbands are located over South (North)
642 China. The transition from PDO+ to NABS+ underscores the synergistic effects of the
643 North Pacific and North Atlantic SST on the interdecadal northward shift of rainbands.
644 The combined SST effects in the North Pacific and North Atlantic, to some extent,
645 explains the observed interdecadal variation in precipitation over China.

646 This study acknowledges certain limitations that warrant further consideration.
647 Firstly, the interdecadal SST variations in the North Pacific and North Atlantic may
648 exert a dominant controlling effect on precipitation in distinct regions. Specifically,
649 the most pronounced interdecadal signal of precipitation response appears over the
650 MLYR under the PDO forcing, while it appears over North China under the NABS
651 forcing. For the precipitation response in different regions, there is a frequency shift
652 phenomenon, and the obvious dominant cycles shift from a 24-year period in the SST
653 forcing fields to a 32-year period in the simulations. These frequency shifts may be
654 related to the internal dynamic processes of the atmosphere. A comprehensive analysis
655 is requisite to delve deeper into the dominant controlling effects and frequency shifts
656 of the simulated precipitation. Secondly, existing studies have highlighted the
657 interdecadal variabilities of the Indian Ocean SST (Cole et al., 2000; Tozuka et al.,
658 2007; Abram et al., 2008; Du et al., 2013). For instance, the impact of the Indian
659 Ocean Basin mode on the summer climate over East Asia also exhibits marked
660 interdecadal shifts (Huang et al., 2010). It is imperative to note that the current study
661 exclusively focuses on the influences of the SST in the North Pacific and North
662 Atlantic. Future explorations should encompass an investigation into the potential

663 effects of the SST in the Indian Ocean. Additionally, since both precipitation and SST
664 exhibit variabilities across multiple time scales (e.g., Ding et al., 2020a; Wu et al.,
665 2023), forthcoming research endeavors should extend to examine the modulation of
666 SST variabilities on precipitation variations in China at different time scales, such as
667 the modulation of high-frequency variations (i.e., interannual or seasonal variability)
668 by interdecadal variability.
669

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675 **Competing interests**

676 The authors declare no competing interests.

677 **Data availability statement**

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688

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Table 1 The design of model sensitivity experiments.

Names of the Interdecadal SST Experiments	Forcing field of the SST	Integration time
Control (CTL experiment)	climatological	
Pacific (PAC experiment)	climatological + North Pacific	1951–
Atlantic (ATL experiment)	climatological + North Atlantic	2020
Combined Pacific-Atlantic (CPA experiment)	climatological+ North Pacific+North Atlantic	

889

890

891 **Table 2** The selected periods of the PDO+ and PDO– (with a 1-time standard
892 deviation as the threshold) for the composite analyses.

Periods	
PDO+	1978.04–1987.10 (115 months)
PDO–	1965.01–1973.09, and 2003.03–2009.10 (185 months)

893

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895

896 **Table 3** The selected periods of the NABS+ and NABS– (with a 1-time standard
897 deviation as the threshold) for the composite analyses.

Periods	
NABS+	1961.07–1968.04; 1999.01–2005.09 (163 months)
NABS–	1973.06–1983.06 (121 months)

898

Figure Captions

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900

901 **Figure 1.** (a) The LFV spectrum of precipitation (mm mon^{-1}) over China during
902 1951–2020, with a red asterisk corresponding to a significant interdecadal peak. (b)
903 The half-cycle spatiotemporal evolution of SST ($^{\circ}\text{C}$). (c) The interdecadal SST signals
904 of the mid-latitude North Pacific (170°W , 40°N ; violet asterisk in b) and mid-latitude
905 North Atlantic (40°W , 40°N ; green asterisk in b). (b, c) are derived from the joint
906 reconstruction of precipitation and SST at the 24.4-year cycle. The blue boxes in (b)
907 are the domain with which SST anomalies are used for the PAC, ATL, and CPA
908 experiments.

909 **Figure 2.** Normalized time series of precipitation (a–c; mm mon^{-1}) and corresponding
910 wavelet power spectrums (d–f; $\text{mm}^2 \text{mon}^{-2}$) simulated by the (a, d) PAC, (b, e) ATL
911 and (c, f) CPA experiments: North China (NCHN; 105° – 122°E , 34° – 42°N ; gray lines),
912 the MLYR (105° – 122°E , 28° – 34°N ; blue lines) and South China (SCHN; 105° – 120°E ,
913 21° – 28°N ; purple lines).

914 **Figure 3.** (a) The time-latitude section of the simulated precipitation (mm mon^{-1})
915 zonally-averaged (110° – 122°E), (b) the time-longitude section of the North Pacific
916 SST forcing ($^{\circ}\text{C}$) meridionally-averaged (28° – 45°N), and the (c) time series of the
917 reconstructed PDO index. (a, b, and c) are obtained from the 24-year cycle
918 reconstruction of the joint field associated with the PAC experiment. The red (blue)
919 shadings in (c) are for the value greater (less) than 1-time the standard deviation and
920 the gray line is the raw SST signal in the corresponding area. Composite analyses of

921 the (d) simulated precipitation and the (e) North Pacific SST with respect to the
922 reconstructed PDO index. The dots represent at or above the 90% confidence level.
923 The box in (e) represents the domain (170°E–150° W, 28°N–45°N) used to calculate
924 the PDO index.

925 **Figure 4.** The half-cycle spatiotemporal evolution (Phases 0°–150°) of (a) the
926 precipitation (mm mon⁻¹) over China, and of (b) the SST (shading; °C) and SLP
927 (contour; Pa) in the North Pacific. The results are obtained from the 24-year cycle
928 reconstruction of the joint fields associated with the PAC experiment. The contour
929 interval is 80 Pa for the SLP in (b).

930 **Figure 5.** The half-cycle spatiotemporal evolutions (a–f: Phases 0°–150°) of the
931 500-hPa GHT (gpm) from the North Atlantic to the North Pacific. The results are
932 obtained from the 24-year cycle reconstruction of the joint fields associated with the
933 PAC experiment.

934 **Figure 6.** The half-cycle spatiotemporal evolution (Phases 0°–150°): the (a–f) SLP
935 (shading; Pa) and 850-hPa winds (vector; m s⁻¹), the (g–l) vertically integrated water
936 vapor flux (vector; g m⁻¹ s⁻¹) and its divergence (shading; g m⁻² s⁻¹) over East Asia.
937 The results are obtained from the 24-year cycle reconstruction of the joint fields
938 associated with the PAC experiment.

939 **Figure 7.** Schematic diagram showing the processes and mechanisms by which the
940 North Pacific interdecadal SST anomalies affect the precipitation over eastern China
941 during the PDO-. At the surface (low panel), red (blue) shadings indicate warm (cold)

942 SST anomalies, and green (yellow) shadings indicate positive precipitation anomalies.
943 At 500-hPa (top panel), red (blue) circles indicate anomalous anticyclonic (cyclonic)
944 circulation. Black arrows indicate low-level winds, and red (blue) broad arrows
945 indicate descending (ascending) motions of the atmosphere.

946 **Figure 8** Same as in Figure 3 but for the ATL experiment during the NABS+. The box
947 in (e) represents the domain ($80^{\circ}\text{W}-0^{\circ}$, $20^{\circ}-65^{\circ}\text{N}$) used to calculate the NABS index.
948 (b) The time-latitude section of the North Atlantic SST forcing ($^{\circ}\text{C}$) zonally-averaged
949 ($80^{\circ}\text{W}-0^{\circ}$).

950 **Figure 9** Same as in Figure 4 but for the ATL experiment.

951 **Figure 10.** Same as in Figure 5 but from the North Atlantic to East Asia for the ATL
952 experiment.

953 **Figure 11** Same as in Figure 6 but for the ATL experiment.

954 **Figure 12.** Schematic diagram showing the processes and mechanisms by which the
955 North Atlantic SST anomalies affect the precipitation over eastern China during
956 mature stages of the NABS+. At the surface (low panel), red/blue (green/yellow)
957 shadings indicate positive/negative SST (precipitation) anomalies. At 500-hPa (top
958 panel), red (blue) circles indicate anomalous anticyclonic (cyclonic) circulation. Black
959 arrows indicate low-level winds, and blue broad arrows indicate ascending motions of
960 the atmosphere.

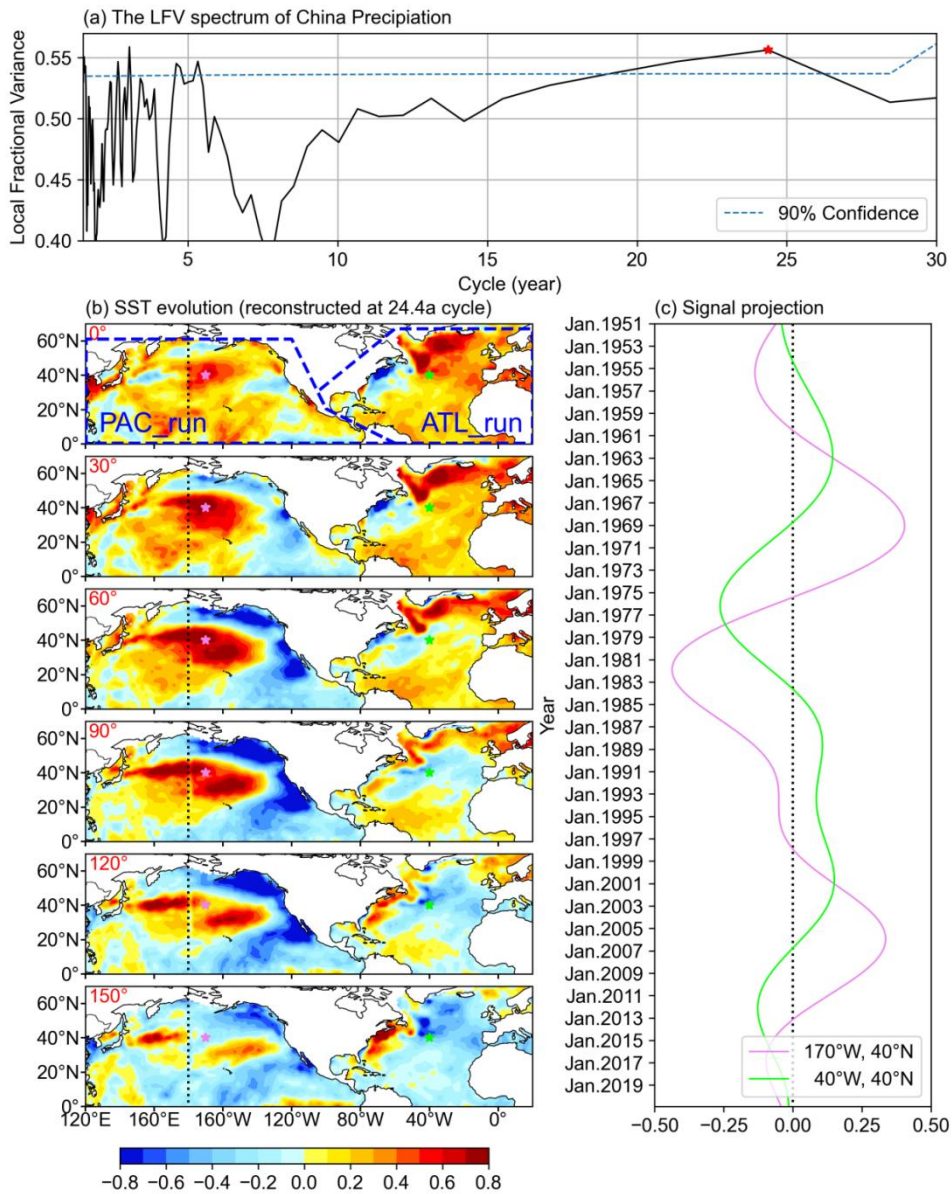
961 **Figure 13.** The half-cycle spatiotemporal evolution (a-f: Phases $0^{\circ}-150^{\circ}$) of the (a)

962 precipitation (mm mon^{-1}) over China. Time-latitude sections of meridional (100° –
963 120°E) mean precipitation of the (g) CPA experiment and (h) CRU observation
964 reconstructed at the 24-year cycle.

965 **Figure 14.** Composite analyses of the (a, b) SST and (c–f) precipitation over eastern
966 China associated with the observations and CPA experiment: (a, c, e) PDO+ minus
967 PDO– and (b, d, f) NABS+ minus NABS–. Only values at or above the 90%
968 confidence level are shown in (a, b); the dots denote the regression values exceeding
969 the 90% confidence level in (c–f). The blue boxes in (c–f) indicate in-phase
970 precipitation variations between observations and CPA experiment in the
971 corresponding regions.

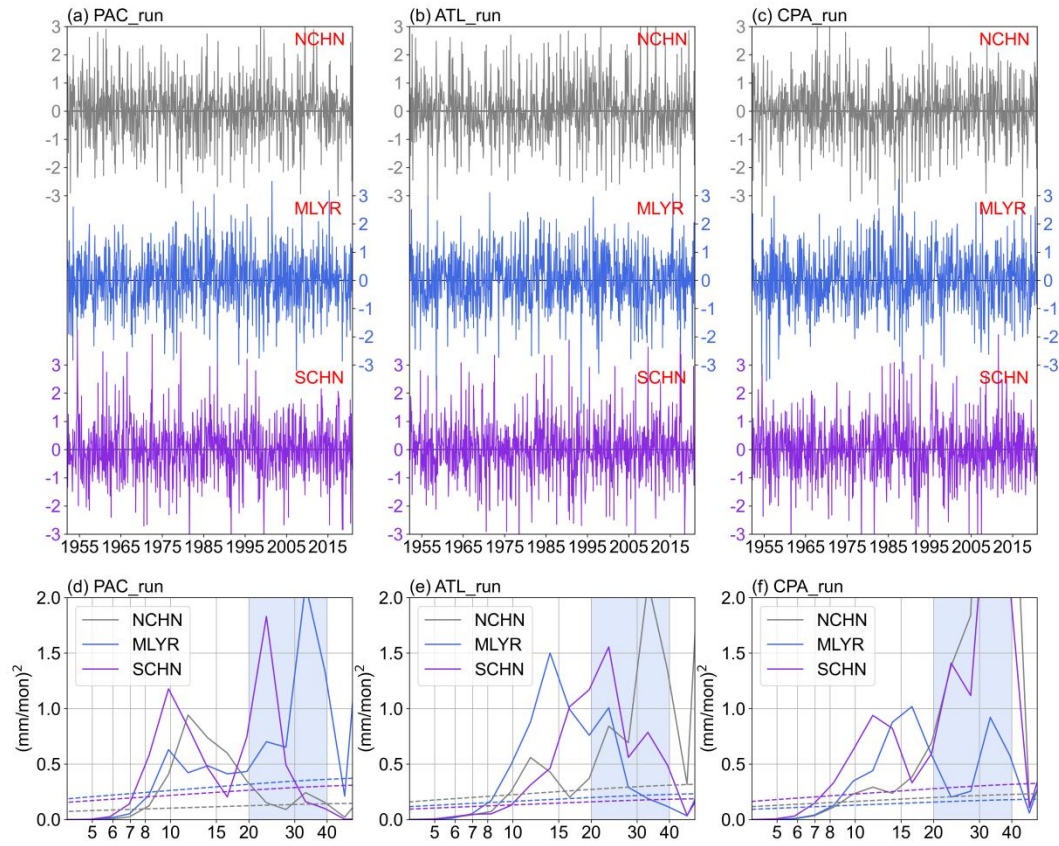
972 **Figure 15.** The SLP (shading; Pa) and 500-hPa GHT (contour; gpm) responses to the
973 effects of SST: (a) NA_{PDO} , (b) NP_{NABS} , and (c) NP_{NABS} minus NA_{PDO} . The contours are
974 the ± 5 , ± 20 , ± 35 , ± 50 gpm. The NA_{PDO} (NP_{NABS}) is the composite analysis with
975 respect to the PDO (NABS) phase based on the results of subtracting the PAC (ATL)
976 experiment from the CPA experiment.

977 **Figure 16.** The atmospheric responses of the (a–c) precipitation (mm mon^{-1}), (d–f)
978 850-hPa winds (vector; m s^{-1}), and (g–i) vertically integrated water vapor flux (vector;
979 $\text{g m}^{-1} \text{s}^{-1}$) and its divergence (shading; $\text{g m}^{-2} \text{s}^{-1}$) over East Asia to the North Atlantic
980 SST forcing during the PDO+ (a, d, g; NA_{PDO}) and to the North Pacific SST forcing
981 during NABS+ (b, e, h; NP_{NABS}). (c, f, i) are the differences between NP_{NABS} and
982 NA_{PDO} in precipitation, 850-hPa winds, and water vapor flux.



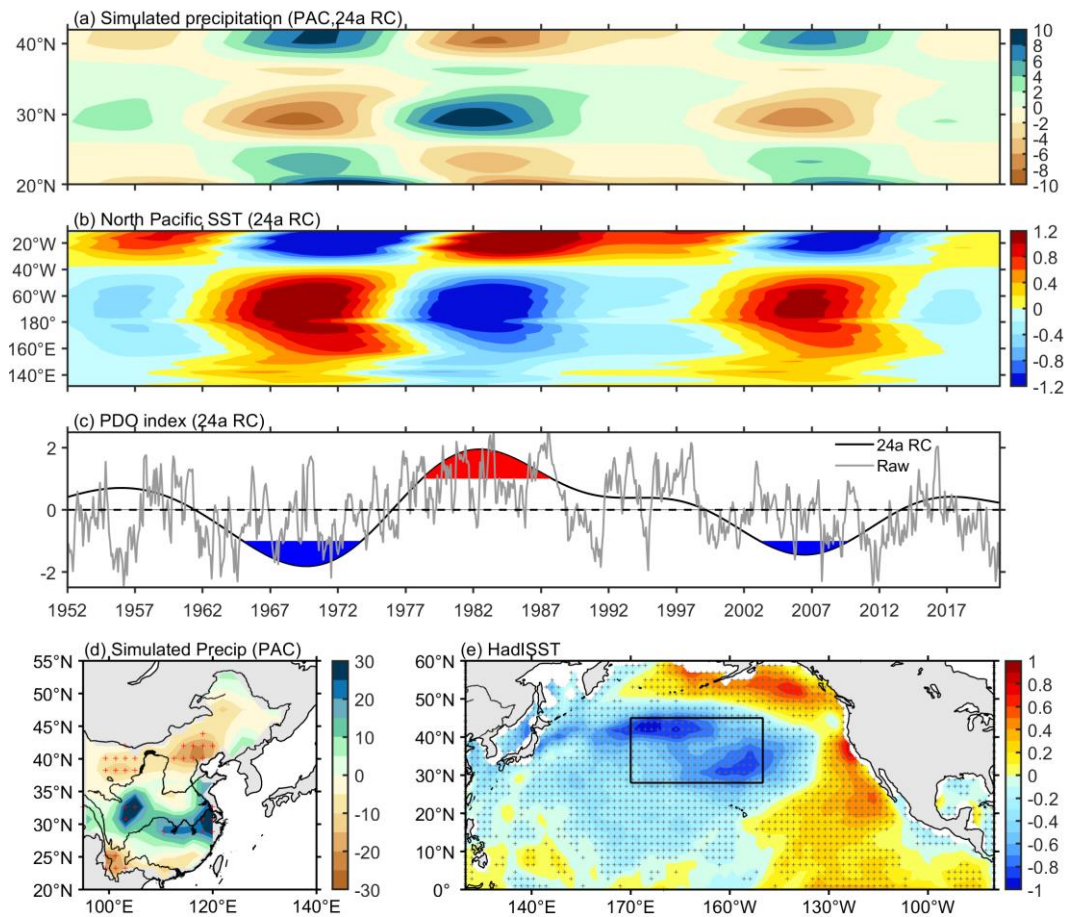
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984 **Figure 1.** (a) The LFBV spectrum of precipitation (mm mon^{-1}) over China during
 985 1951–2020, with a red asterisk corresponding to a significant interdecadal peak. (b)
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 987 of the mid-latitude North Pacific (170°W , 40°N ; violet asterisk in b) and mid-latitude
 988 North Atlantic (40°W , 40°N ; green asterisk in b). (b, c) are derived from the joint
 989 reconstruction of precipitation and SST at the 24.4-year cycle. The blue boxes in (b)
 990 are the domain with which SST anomalies are used for the PAC, ATL, and CPA
 991 experiments.



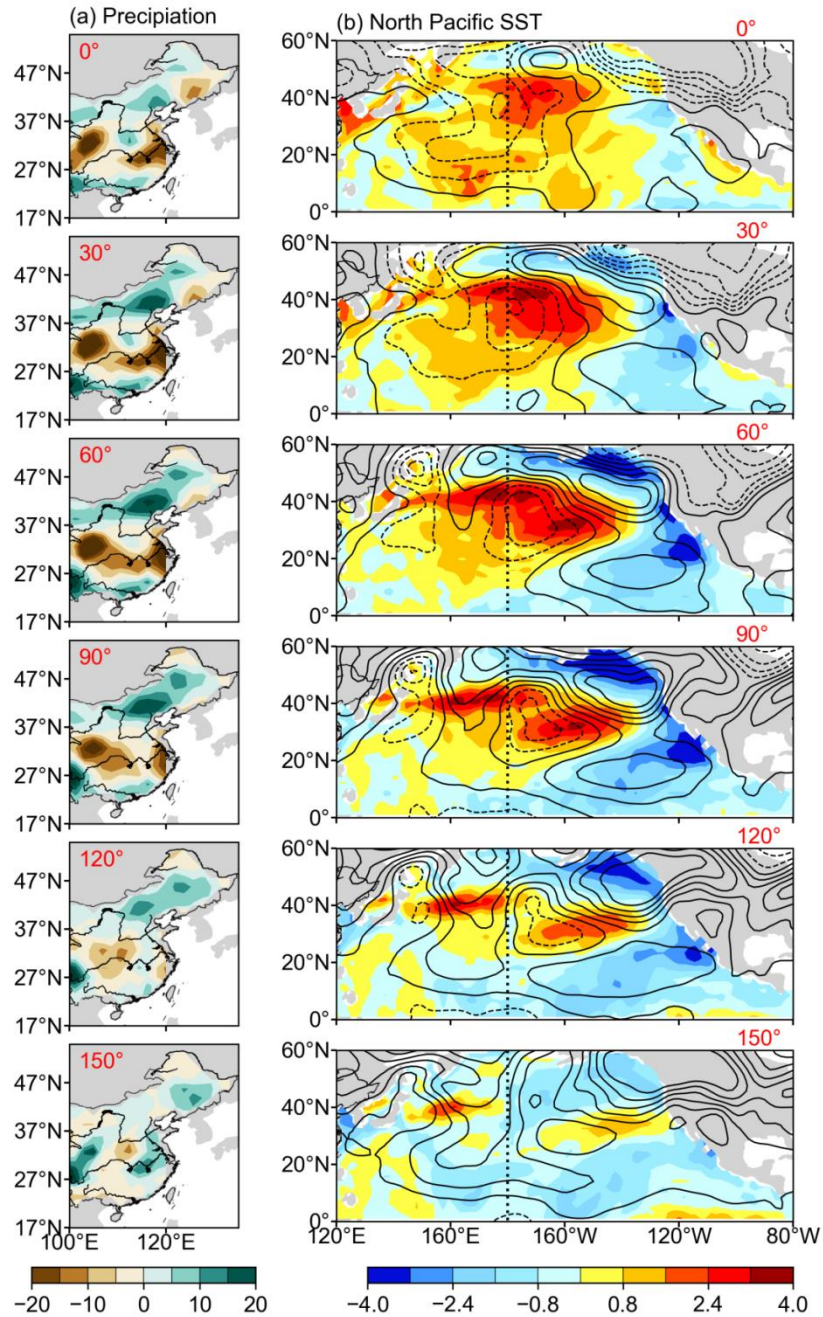
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993 **Figure 2.** Normalized time series of precipitation (a–c; mm mon⁻¹) and corresponding
 994 wavelet power spectrums (d–f; mm² mon⁻²) simulated by the (a, d) PAC, (b, e) ATL
 995 and (c, f) CPA experiments: North China (NCHN; 105°–122°E, 34°–42°N; gray lines),
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 997 21°–28°N; purple lines).



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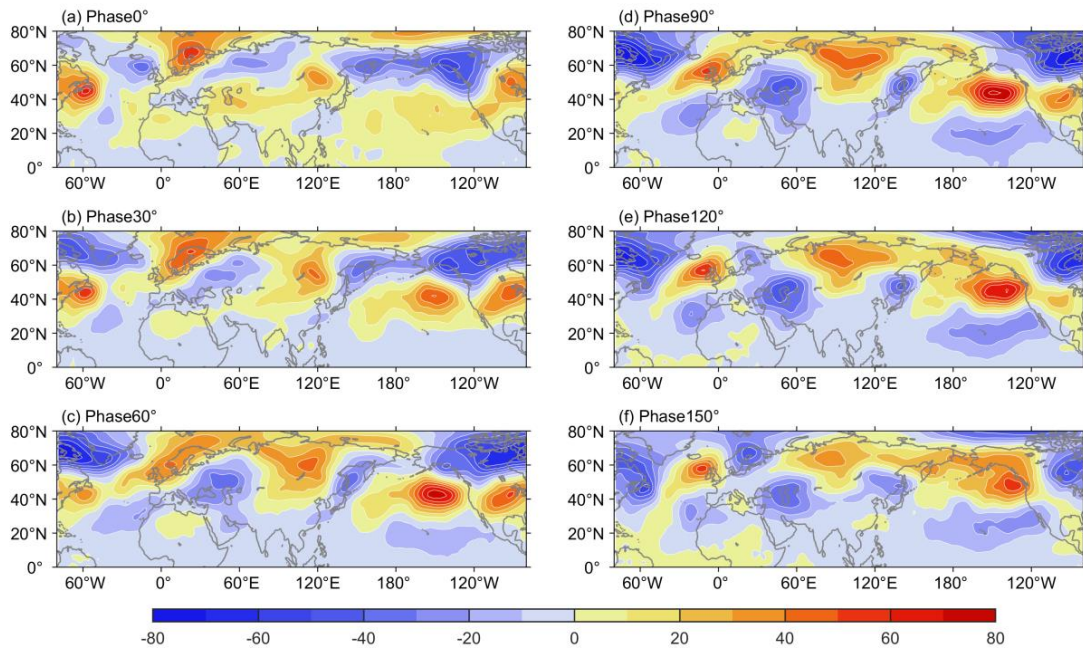
999 **Figure 3.** (a) The time-latitude section of the simulated precipitation (mm mon^{-1})
1000 zonally-averaged (110° – 122°E), (b) the time-longitude section of the North Pacific
1001 SST forcing ($^{\circ}\text{C}$) meridionally-averaged (28° – 45°N), and the (c) time series of the
1002 reconstructed PDO index. (a, b, and c) are obtained from the 24-year cycle
1003 reconstruction of the joint field associated with the PAC experiment. The red (blue)
1004 shadings in (c) are for the value greater (less) than 1-time the standard deviation and
1005 the gray line is the raw SST signal in the corresponding area. Composite analyses of
1006 the (d) simulated precipitation and the (e) North Pacific SST with respect to the
1007 reconstructed PDO index. The dots represent at or above the 90% confidence level.
1008 The box in (e) represents the domain (170°E – 150°W , 28°N – 45°N) used to calculate
1009 the PDO index.



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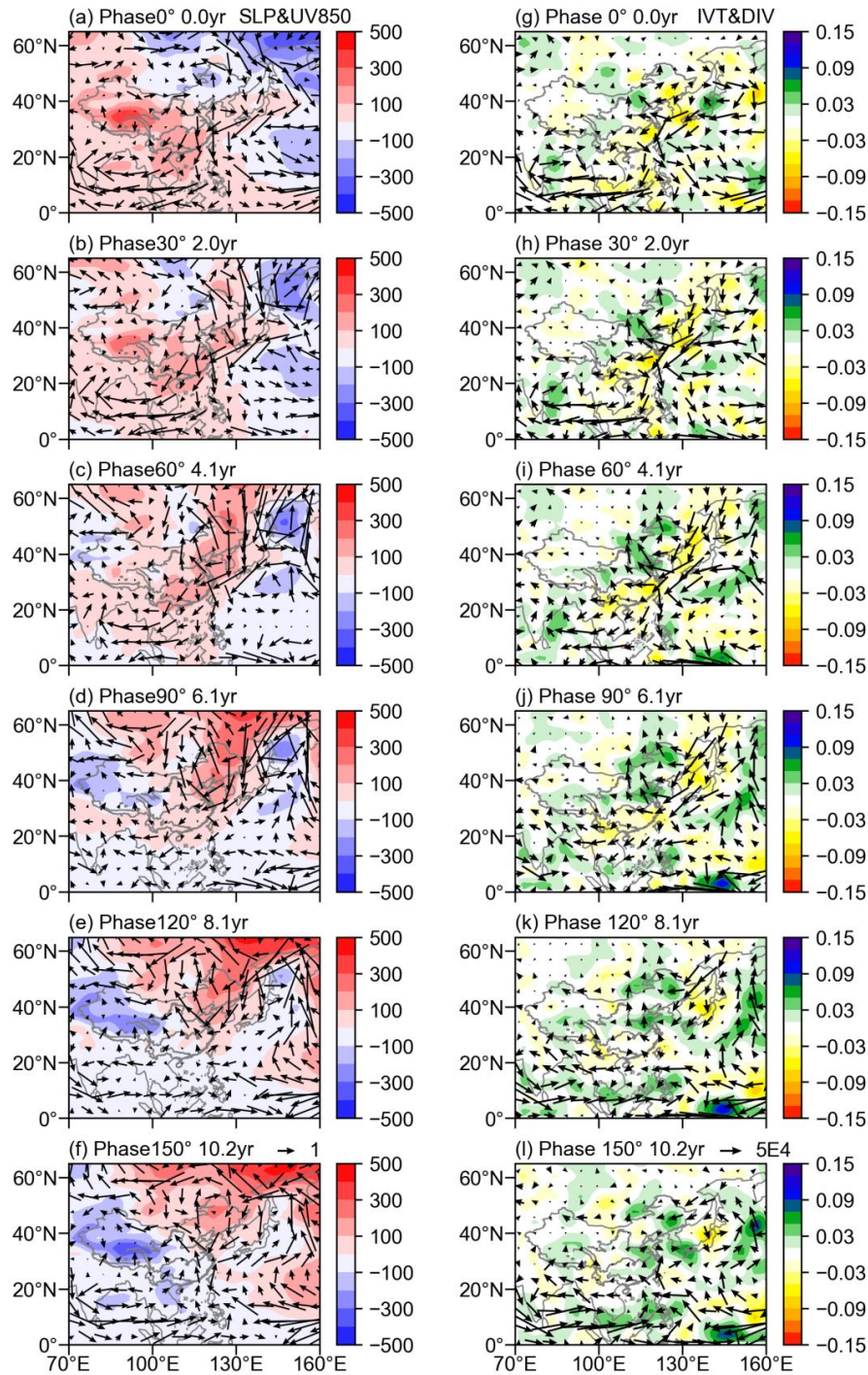
1011 **Figure 4.** The half-cycle spatiotemporal evolution (Phases 0° – 150°) of (a) the
 1012 precipitation (mm mon^{-1}) over China, and of (b) the SST (shading; $^{\circ}\text{C}$) and SLP
 1013 (contour; Pa) in the North Pacific. The results are obtained from the 24-year cycle
 1014 reconstruction of the joint fields associated with the PAC experiment. The contour
 1015 interval is 80 Pa for the SLP in (b).

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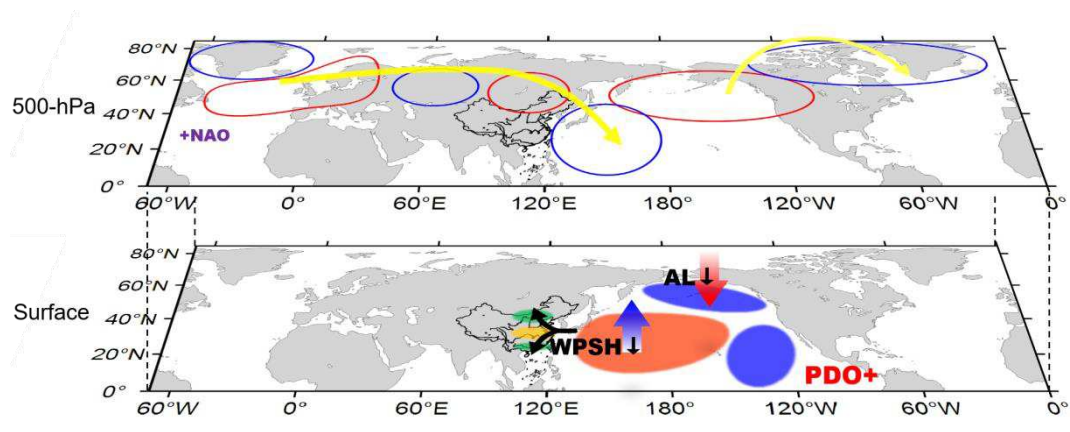
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1018 **Figure 5.** The half-cycle spatiotemporal evolutions (a–f: Phases 0°–150°) of the
1019 500-hPa GHT (gpm) from the North Atlantic to the North Pacific. The results are
1020 obtained from the 24-year cycle reconstruction of the joint fields associated with the
1021 PAC experiment.



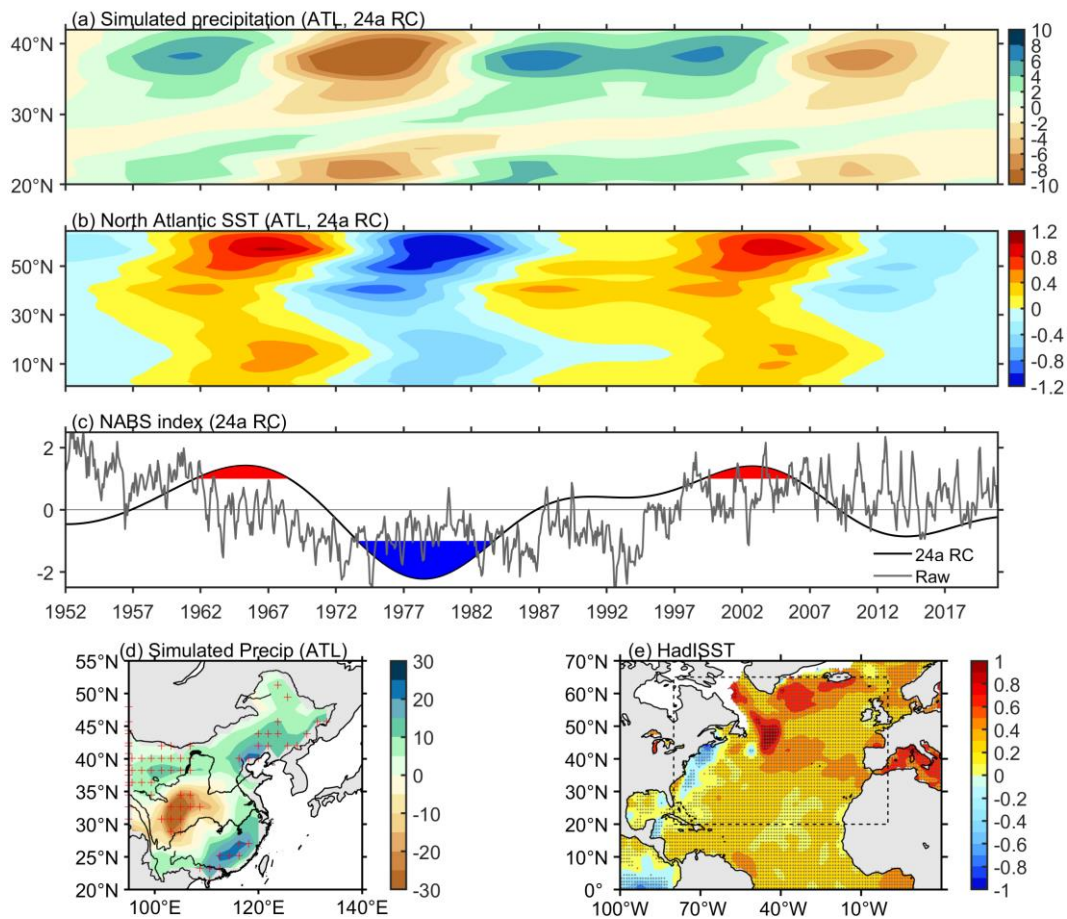
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1023 **Figure 6.** The half-cycle spatiotemporal evolution (Phases 0°–150°): the (a–f) SLP
 1024 (shading; Pa) and 850-hPa winds (vector; m s^{-1}), the (g–l) vertically integrated water
 1025 vapor flux (vector; $\text{g m}^{-1} \text{s}^{-1}$) and its divergence (shading; $\text{g m}^{-2} \text{s}^{-1}$) over East Asia.
 1026 The results are obtained from the 24-year cycle reconstruction of the joint fields
 1027 associated with the PAC experiment.



1028

1029 **Figure 7.** Schematic diagram showing the processes and mechanisms by which the
 1030 North Pacific interdecadal SST anomalies affect the precipitation over eastern China
 1031 during the PDO⁻. At the surface (low panel), red (blue) shadings indicate warm (cold)
 1032 SST anomalies, and green (yellow) shadings indicate positive precipitation anomalies.
 1033 At 500-hPa (top panel), red (blue) circles indicate anomalous anticyclonic (cyclonic)
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 1035 indicate descending (ascending) motions of the atmosphere.



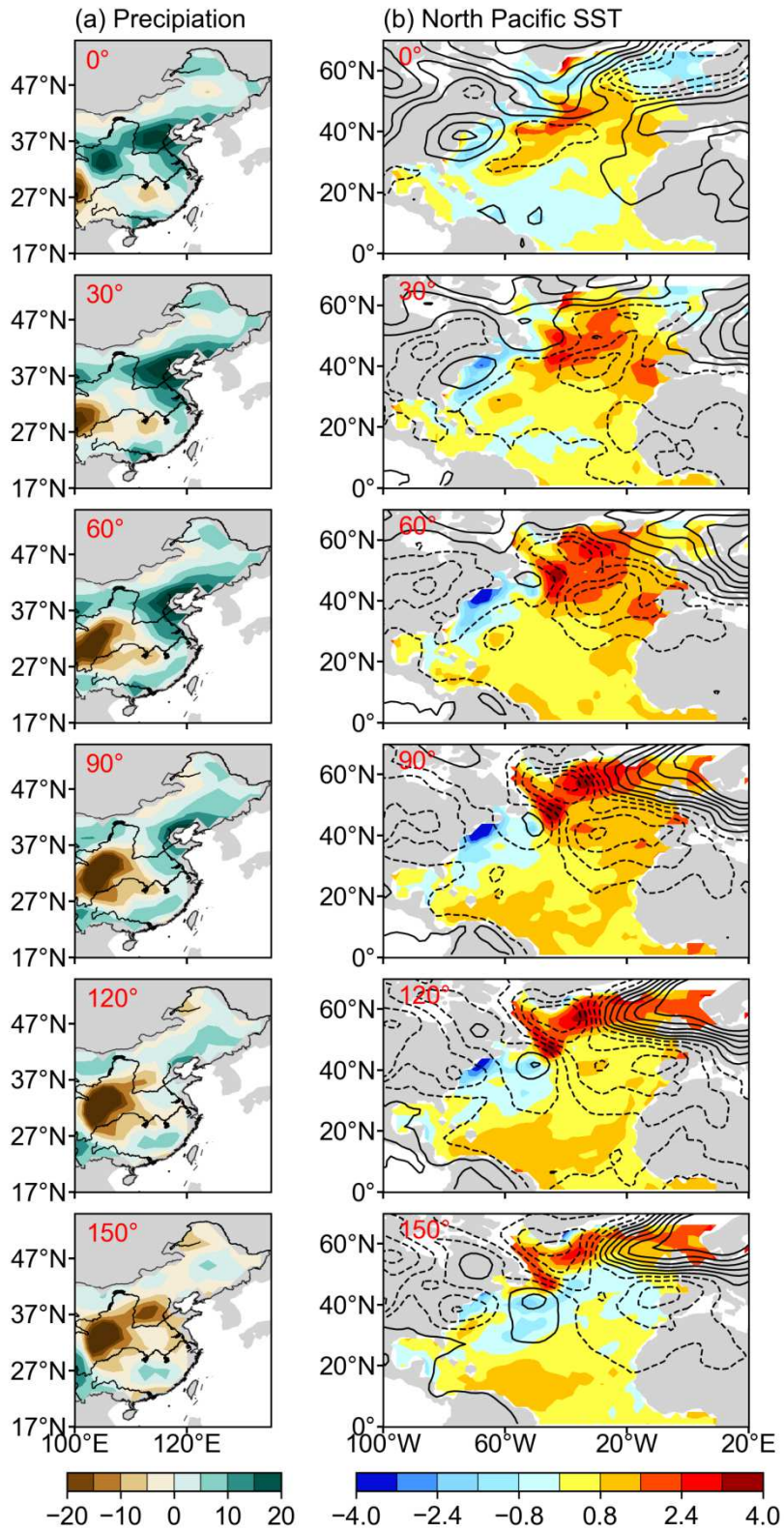
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1037 **Figure 8** Same as in Figure 3 but for the ATL experiment during the NABS+.

1038 in (e) represents the domain (80°W–0°, 20°–65°N) used to calculate the NABS index.

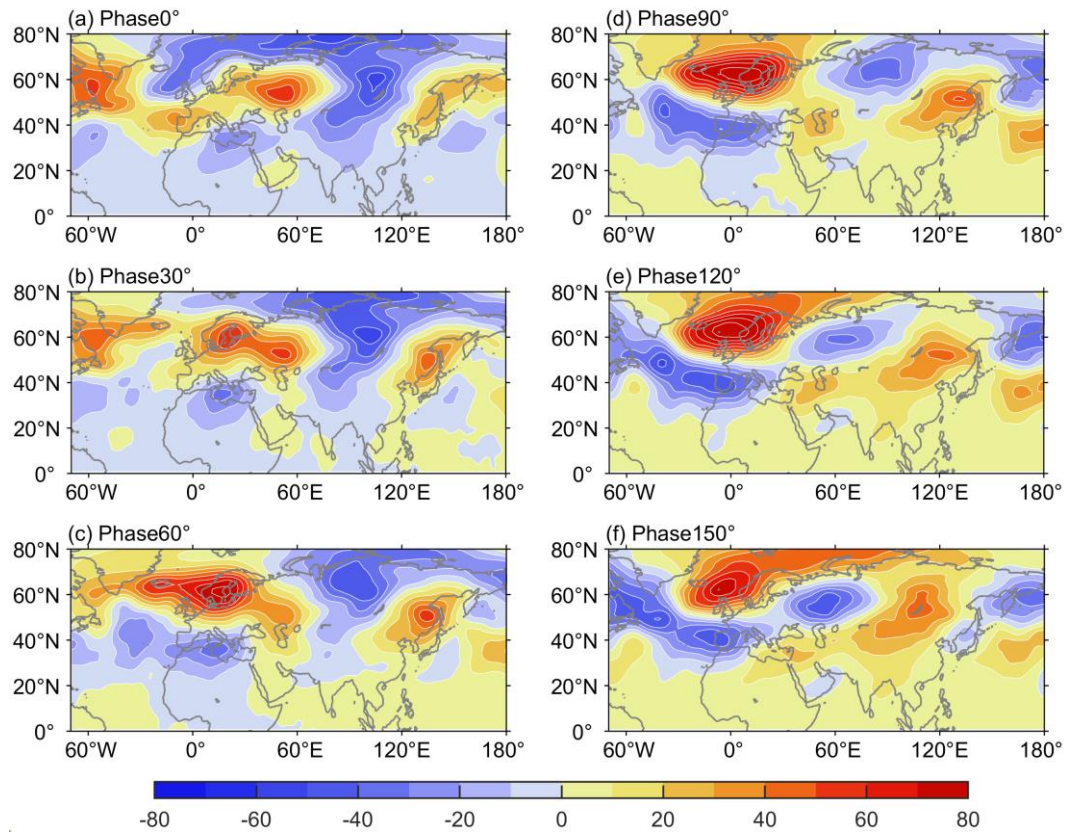
1039 (b) The time-latitude section of the North Atlantic SST forcing (°C) zonally-averaged

1040 (80°W–0°).



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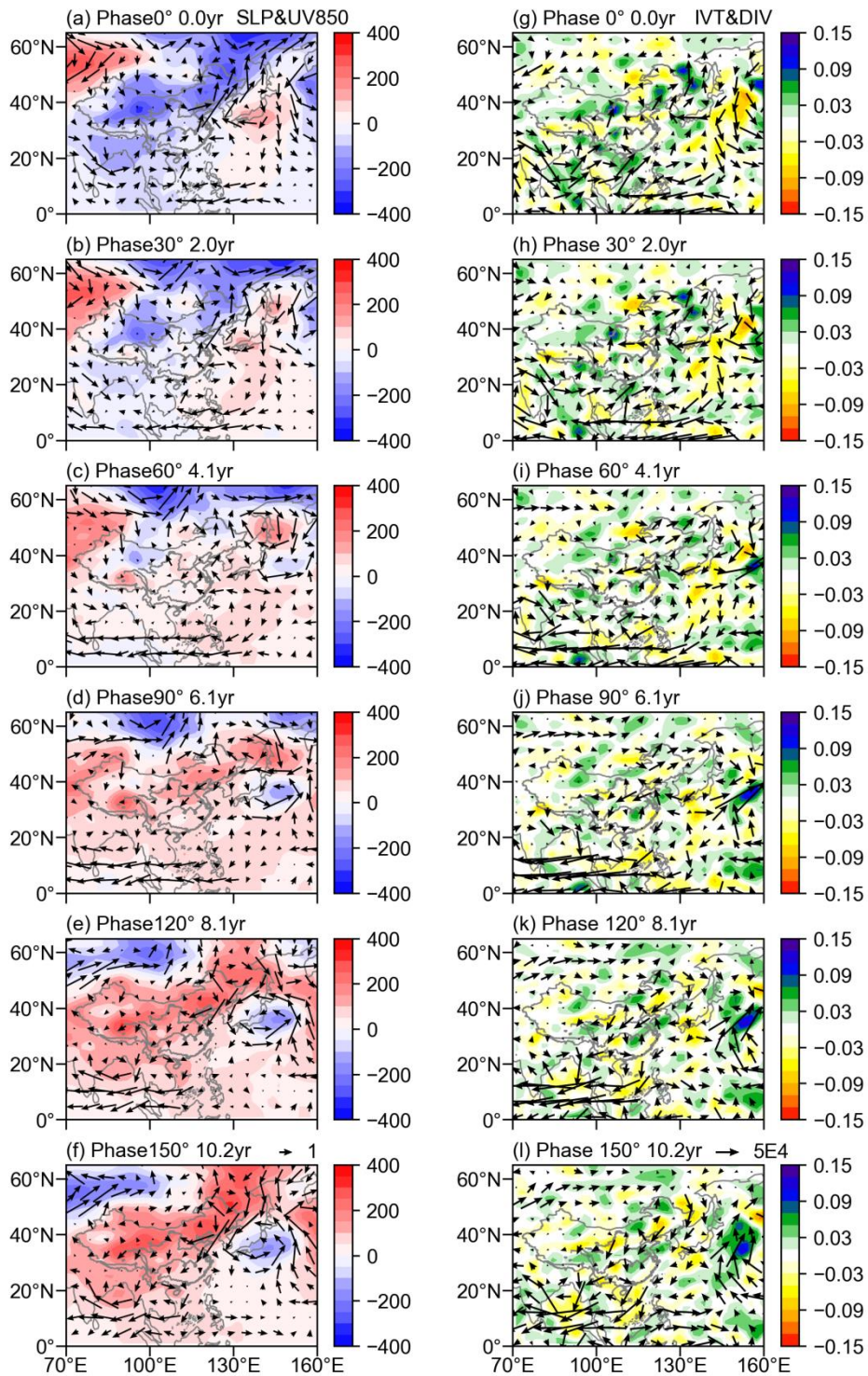
1042 **Figure 9** Same as in Figure 4 but for the ATL experiment.



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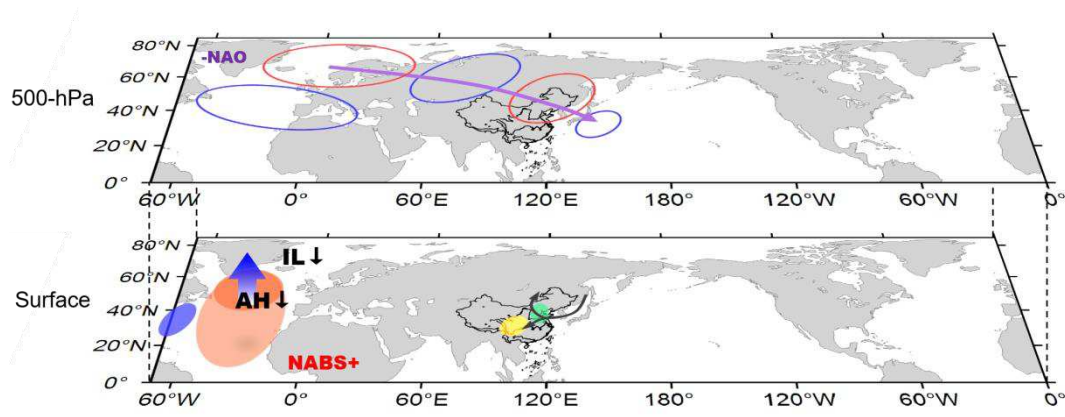
1044 **Figure 10.** Same as in Figure 5 but from the North Atlantic to East Asia for the ATL

1045 experiment.



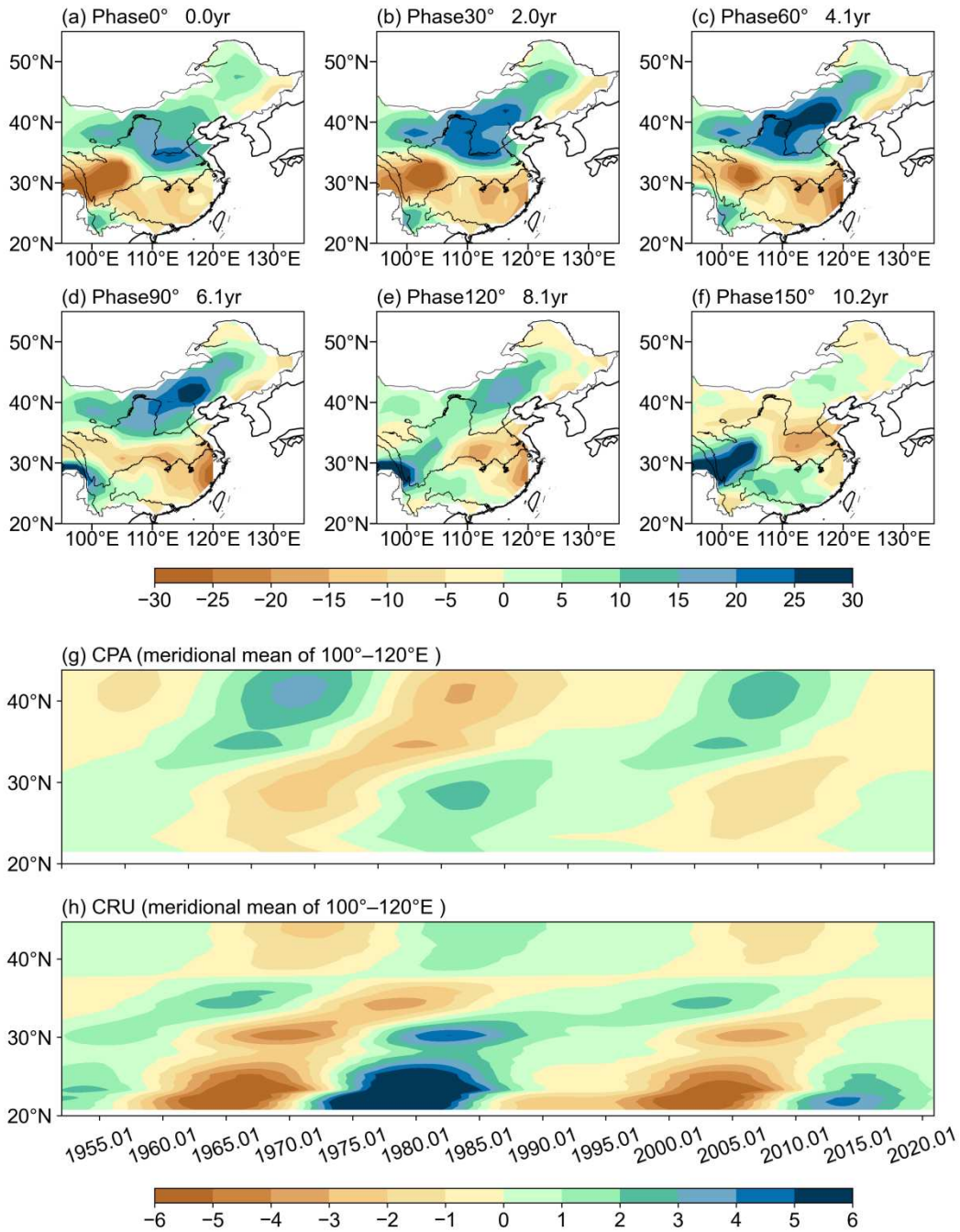
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1047 **Figure 11** Same as in Figure 6 but for the ATL experiment.



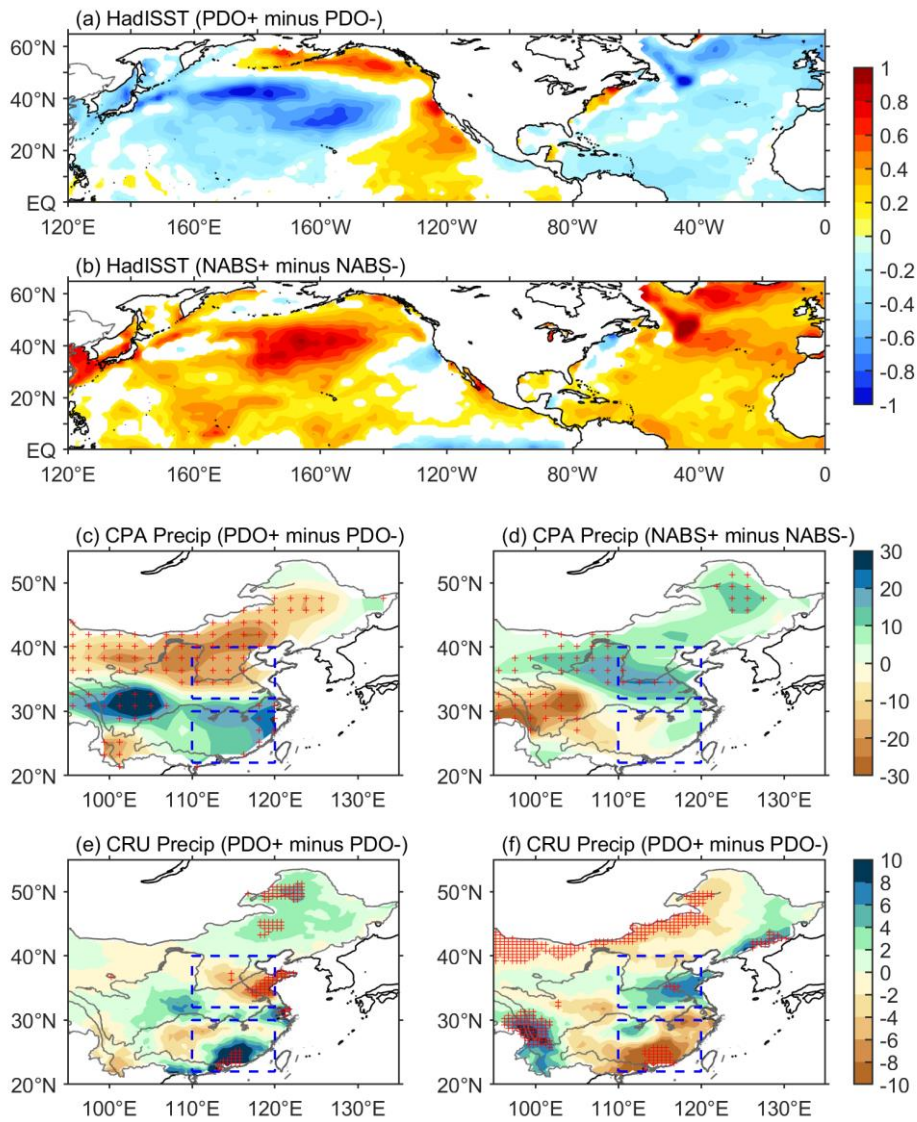
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1049 **Figure 12.** Schematic diagram showing the processes and mechanisms by which the
 1050 North Atlantic SST anomalies affect the precipitation over eastern China during
 1051 mature stages of the NABS+. At the surface (low panel), red/blue (green/yellow)
 1052 shadings indicate positive/negative SST (precipitation) anomalies. At 500-hPa (top
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 1055 the atmosphere.



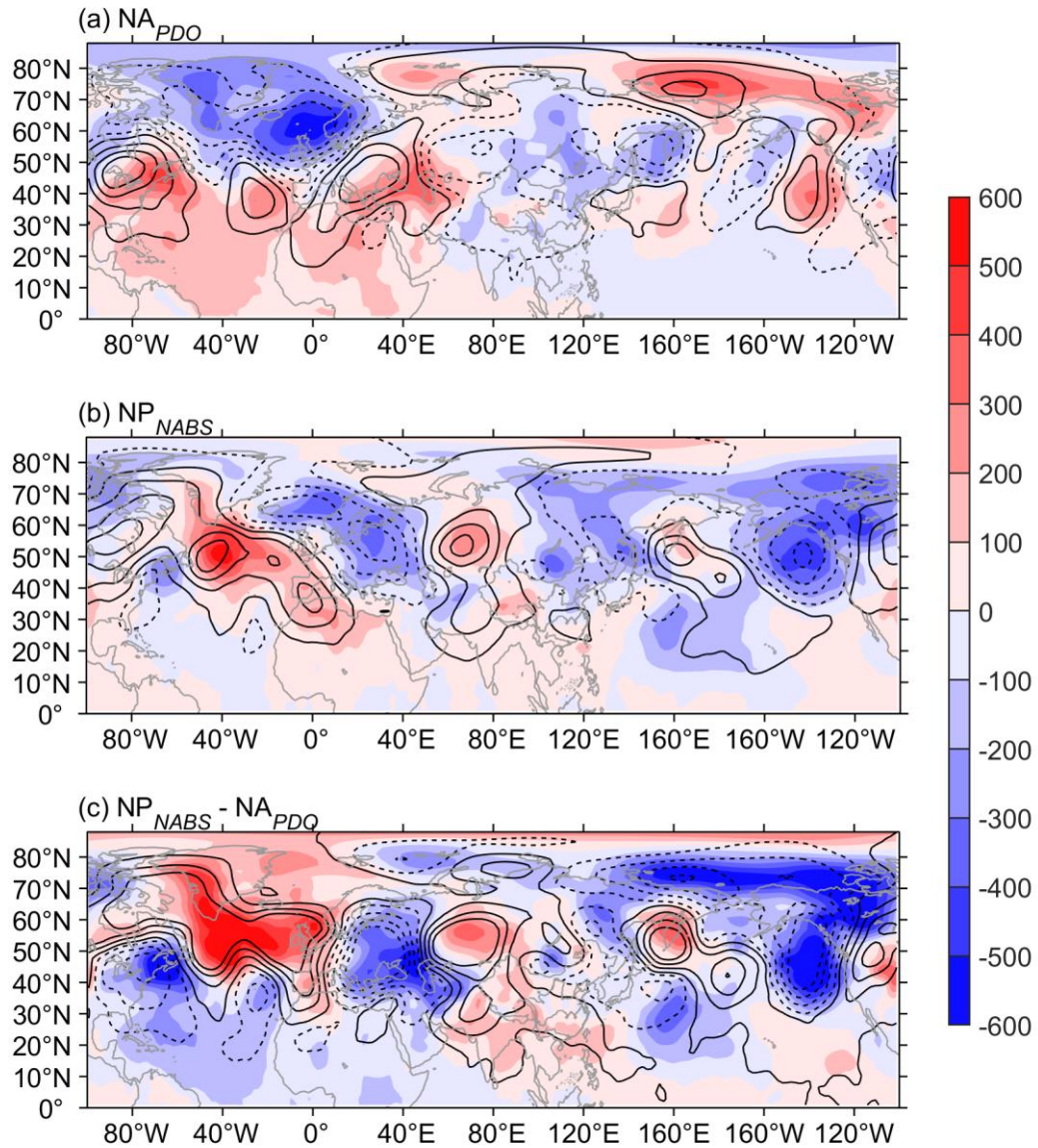
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1057 **Figure 13.** The half-cycle spatiotemporal evolution (a-f: Phases 0°–150°) of the (a)
 1058 precipitation (mm mon⁻¹) over China. Time-latitude sections of meridional (100°–
 1059 120°E) mean precipitation of the (g) CPA experiment and (h) CRU observation
 1060 reconstructed at the 24-year cycle.



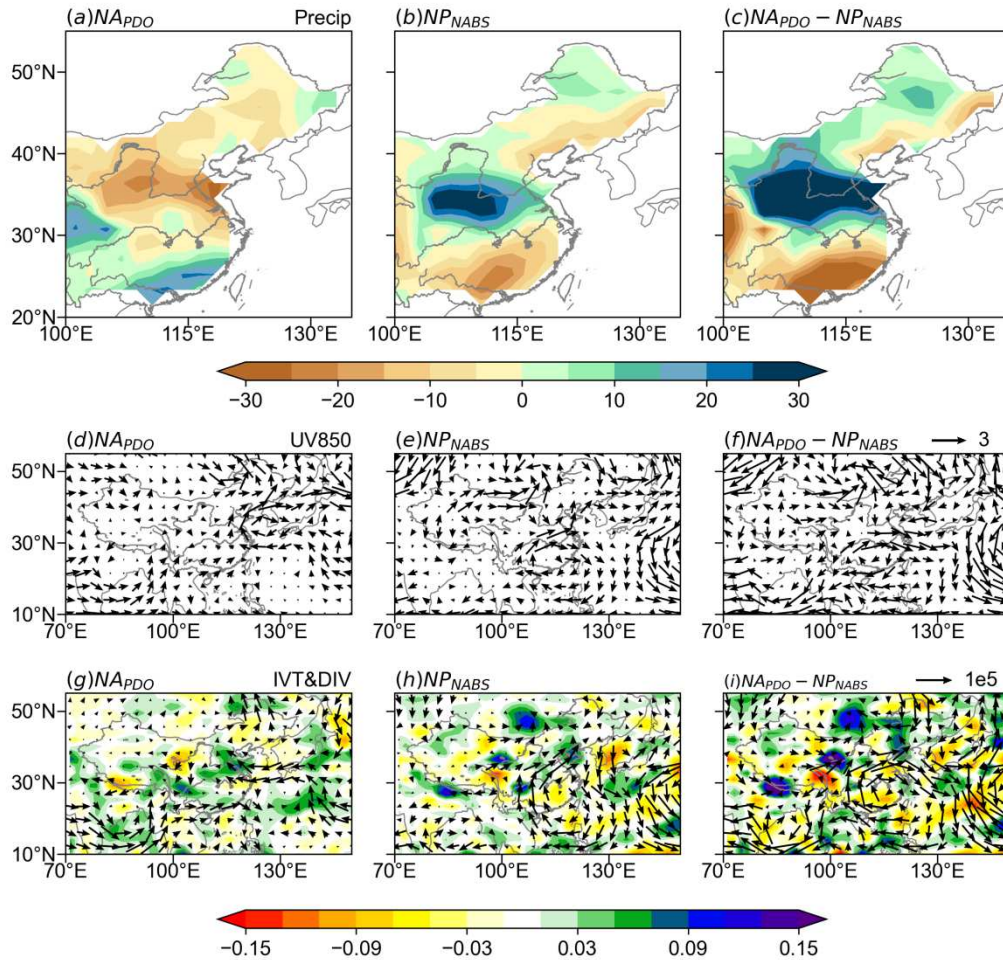
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1062 **Figure 14.** Composite analyses of the (a, b) SST and (c–f) precipitation over eastern
 1063 China associated with the observations and CPA experiment: (a, c, e) PDO+ minus
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 1065 confidence level are shown in (a, b); the dots denote the regression values exceeding
 1066 the 90% confidence level in (c–f). The blue boxes in (c–f) indicate in-phase
 1067 precipitation variations between observations and CPA experiment in the
 1068 corresponding regions.



1069

1070 **Figure 15.** The SLP (shading; Pa) and 500-hPa GHT (contour; gpm) responses to the
 1071 effects of SST: (a) NA_{PDO} , (b) NP_{NABS} , and (c) NP_{NABS} minus NA_{PDO} . The contours are
 1072 the ± 5 , ± 20 , ± 35 , ± 50 gpm. The NA_{PDO} (NP_{NABS}) is the composite analysis with
 1073 respect to the PDO (NABS) phase based on the results of subtracting the PAC (ATL)
 1074 experiment from the CPA experiment.



1075

1076 **Figure 16.** The atmospheric responses of the (a–c) precipitation (mm mon^{-1}), (d–f)
 1077 850-hPa winds (vector; m s^{-1}), and (g–i) vertically integrated water vapor flux (vector;
 1078 $\text{g m}^{-1} \text{s}^{-1}$) and its divergence (shading; $\text{g m}^{-2} \text{s}^{-1}$) over East Asia to the North Atlantic
 1079 SST forcing during the PDO+ (a, d, g; NA_{PDO}) and to the North Pacific SST forcing
 1080 during NABS+ (b, e, h; NP_{NABS}). (c, f, i) are the differences between NP_{NABS} and
 1081 NA_{PDO} in precipitation, 850-hPa winds, and water vapor flux.