

# Surfactant-Free Cellulose Filaments Stabilized Oil in Water Emulsions

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## Research Article

**Keywords:** Pickering emulsions, cellulose filaments, carbohydrate binding module, green materials, oil in water emulsions, nano/microfibrillated cellulose

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# 1 Surfactant-Free Cellulose Filaments Stabilized Oil in 2 Water Emulsions

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7  
8 **\*Abstract:** There has been significant interest over recent years in the production and application  
9 of sustainable and green materials. Among these, nanocellulose has incurred great interest because  
10 of its exceptional properties and wide range of potential applications, including in Pickering  
11 emulsions. However, the production cost of these cellulosic materials has limited their application.  
12 In this study, the capability of a new type of cheaper cellulosic material, cellulose filaments (CFs),  
13 in formulating stable oil in water Pickering emulsions was investigated and compared with three  
14 conventional nanocelluloses, namely cellulose nanocrystals (CNCs), cellulose nanofibrils (CNFs)  
15 and TEMPO-oxidized CNFs (TEMPO-CNFs). Results showed that CFs can provide stable  
16 surfactant-free emulsions over wide ranges of salt concentration (0 – 500 mM) and pH (2 – 10), as  
17 indicated by the near constant oil droplet size and dewatering index of the emulsions. This is due  
18 to the ability of CFs to strongly adsorb to the oil and water interface, as evidenced by visualizing  
19 labeled CFs with engineered carbohydrate-binding module (CBM2a) conjugated with green

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20 fluorescent protein (CBM2a-eGFP) under fluorescent microscopy. Compared to the emulsions  
21 stabilized by other types of nanocelluloses, the CFs-stabilized emulsion demonstrated a larger  
22 average droplet size and comparable (with CNFs) or better (than CNCs and TEMPO-CNFs)  
23 stability, which is partially attributed to the higher viscosity of continuous phase in the presence of  
24 CFs. The results of this study demonstrate the use of CFs as a novel and cheaper cellulosic material  
25 for stabilizing emulsions, which opens the door to a range of markets from the food industry to  
26 engineering applications.

27 **Keywords:** Pickering emulsions; cellulose filaments; carbohydrate binding module; green  
28 materials; oil in water emulsions; nano/microfibrillated cellulose

29

## 30 **1. Introduction**

31 Emulsions are colloidal systems in which droplets of a liquid phase are dispersed in another  
32 liquid phase (Schramm 2014). Generally, one of the liquid phases is aqueous while the other one  
33 is the hydrocarbon or oil phase. Depending on the dispersed and continuous phase, emulsions are  
34 primarily categorized into oil in water and water in oil wherein water forms the continuous and  
35 dispersed phase respectively (Schramm 2014). Emulsions are widely applicable in a plethora of  
36 industries, including food (Shao et al. 2020), membranes (Ahmad et al. 2019), drug delivery (Yan  
37 et al. 2019), cosmetic (Venkataramani et al. 2020), personal care (Marto et al. 2018),  
38 pharmaceutical (Kiss et al. 2011), energy storage (Zhang et al. 2019), and oil and gas (Zhou et al.  
39 2019), and their stability is of high significance.

40 Emulsions have a free energy of formation of greater than zero, making them fundamentally  
41 thermodynamically unstable with a tendency to destabilize (Ghosh 2009). Thus, stabilizers or

42 emulsifiers are often used to form stable emulsions. Soluble surfactants and polymers are two  
43 conventional surface-active stabilizers that have been used for making stable emulsions ([Jiang et](#)  
44 [al. 2020](#)). However, conventional emulsions that are stabilized by either surfactants or polymers  
45 tend to show poor stability when exposed to change in pH, temperature or ionic strength. Moreover,  
46 some surfactants are toxic, have negative environmental footprints and can have adverse effects on  
47 health. Additionally, it has been demonstrated that the usage of surfactants and polymers can be  
48 prohibitively expensive for some processes ([Khan et al. 2018](#); [Gonzalez Ortiz et al. 2020](#); [Shi et al.](#)  
49 [2020](#)).

50 Another interesting way of formulating stable emulsion is via the incorporation of solid  
51 particles as replacements for conventional surface-active materials. These types of emulsions are  
52 called Pickering emulsions, based on pioneering work by Ramsden and Pickering in the early 20<sup>th</sup>  
53 century ([Ramsden 1904](#); [Pickering 1907](#)). Pickering emulsions are beneficial in comparison to  
54 traditional emulsions because of their superior stability against creaming, sedimentation,  
55 coalescence and flocculation ([Shi et al. 2020](#); [Zhang et al. 2020](#)). During the emulsification process,  
56 particles are partially wetted by both liquid phases, reducing the interfacial free energy between  
57 them and enabling the formation of a packed layer at the interface of the liquids ([Shi et al. 2020](#);  
58 [Yan et al. 2020](#)). Additionally, solid particles can also form a strong network in the continuous  
59 phase, preventing the merging of the droplets while enhancing the viscosity and further stabilizing  
60 the emulsions ([Low et al. 2020](#); [Shi et al. 2020](#); [Yan et al. 2020](#)).

61 The wettability of the particles, which is demonstrated by the three-phase contact angle at  
62 the interface, is a crucial factor regarding the formation of Pickering emulsions ([Ragesh et al. 2014](#);  
63 [Wu et al. 2020](#)). Besides wettability, several other factors including pH of the continuous phase,  
64 ionic strength, and the concentration and shape of the particles control the emulsification process

65 and emulsion stability (Li et al. 2018; Mikulcová et al. 2018; Varanasi et al. 2018; Zhao et al.  
66 2019).

67 Previously, several types of solid particles have been applied as stabilizers for Pickering  
68 emulsions, including (i) inorganic particles such as silica (Xue et al. 2017; Björkegren et al. 2020),  
69 metal oxide particles (Xie et al. 2017; Fessi et al. 2019), graphene (He et al. 2013), calcium  
70 carbonate (Zhu et al. 2013), etc.; (ii) polymeric particles such as polystyrene (Jiang et al. 2019; Li  
71 et al. 2019); and (iii) food-grade particles such as starch (Zhu 2019), chitin (Jiménez-Saelices et al.  
72 2020), whey (Lee et al. 2020), etc.

73 With the growing demand for sustainable materials with reduced environmental footprints  
74 and with green and energy-efficient production routes, the application of natural materials has  
75 attracted increasing attention. Among such materials, nanocellulose (e.g. cellulose nanocrystals  
76 (CNCs), cellulose nanofibrils (CNFs), and TEMPO-oxidized CNFs) have received significant  
77 interest due to their sustainability, renewability, nontoxicity, biodegradability, and biocompatibility  
78 (Prathapan et al. 2016). For example, Pandey et al (Pandey et al. 2018a, b) investigated the ability  
79 of two different CNCs with various degrees of surface charge in stabilizing oil in water emulsions,  
80 and found that CNCs with lower surface charge have faster adsorption kinetic and formulate  
81 emulsions with smaller droplet size. Bai et al (Bai et al. 2019) employed high-energy  
82 microfluidization to stabilize oil in water emulsions using CNCs, which showed good stability over  
83 NaCl range of lower than 100 mm and pH range of 3 – 10. Aaen et al. (Aaen et al. 2019)  
84 demonstrated that both enzymatically treated CNFs and TEMPO-oxidized CNFs can result in  
85 stable rapeseed oil in water emulsions. Their results showed that enzymatically treated CNFs can  
86 be stable in the presence of NaCl and at low pH with only a slight increase in droplet size, while  
87 TEMPO-oxidized CNFs are unstable at these harsh conditions.

88 As described above, there are several studies available in the literature on the application  
89 of different types of nanocellulose on stabilizing Pickering emulsions. However, these  
90 nanocelluloses are expensive and there is still strong demand to produce cheaper and more effective  
91 cellulose-based materials for formulating Pickering emulsions. Cellulose filaments (CFs) are an  
92 emerging class of “nanocellulose”, which contains a heterogeneous combination of fine and long  
93 nano/microfibrillar materials and are produced using a relatively cheap production process. CFs  
94 can be manufactured from a variety of bleached or unbleached wood pulps using simple mechanical  
95 shearing and without chemical or enzymatic treatments ([Hamad et al. 2019](#); [D’Acierno et al. 2020](#)).  
96 The application of CFs has been explored in many fields but limited information is available for  
97 stabilizing Pickering emulsions. Herein, this study aims to investigate the formulation and  
98 characterization of oil-water Pickering emulsions stabilized by commercially available CFs. The  
99 effect of particle concentration and environmental stresses including ionic strength and pH on the  
100 stability of the emulsion are evaluated. The emulsifying ability of the CFs is compared to other  
101 types of nanocelluloses including CNF, CNC and TEMPO-oxidized CNF. The characterization of  
102 the emulsions was performed by dynamic light scattering, zeta potential measurements, optical  
103 microscopy, viscosity measurements, and fluorescent microscopy.

## 104 **2. Materials and Methods**

### 105 **2.1. Materials**

106 Cellulose filaments (CFs) at 10.0 wt% consistency was kindly given by Performance BioFilaments,  
107 BC, Canada. Cellulose nanocrystals (CNCs), cellulose nanofibrils (CNFs) and TEMPO-oxidized  
108 cellulose nanofibrils (TEMPO-CNFs) were obtained from CelluForce and Cellulose Lab, Canada.  
109 All the celluloses were used as supplied without any further modification. Water was purified by

110 the Mili-Q water purification system. Dodecane (anhydrous > 99%) were purchased from Sigma  
111 Aldrich, Canada, and were used as received for the oil phase. Oil Blue N (Dye content 96%. Sigma  
112 Aldrich) was used to label the dodecane. Enhanced green fluorescent protein fused carbohydrate-  
113 binding module 2a (CBM2a-eGFP) was synthesized in-house as described in the literature and used  
114 for fluorescent labelling of the CFs (Hu et al. 2014; Gourlay et al. 2015). Sodium chloride (NaCl),  
115 hydrochloric acid (HCl) and sodium hydroxide (NaOH) were obtained from Sigma Aldrich,  
116 Canada.

## 117 **2.2. Preparation and Characterization of the Cellulose Suspensions**

### 118 **2.2.1. Preparation of cellulose suspensions**

119 Cellulose suspensions were prepared by adding an appropriate amount of celluloses in water, which  
120 is then sonicated for 10 minutes (Branson 2800 series). The sample is then ultrasonicated in an ice  
121 bath (Qsonica Q700 sonicator) with 50% of maximum amplitude with 1 minute on and 30 seconds  
122 off interval to receive an energy input of 10 KJ for a 20 cc sample. The pH of the suspensions was  
123 adjusted by using HCl and NaOH solutions whereas NaCl was added to modify the salt  
124 concentration.

### 125 **2.2.2. Dynamic light scattering, $\zeta$ -potential and Scanning Electron Microscopy**

126 The apparent hydrodynamic diameter and  $\zeta$ -potential of the cellulose samples were measured using  
127 a Particulate Systems Nano Plus HD nanoparticle/zeta analyzer. Dynamic light scattering (DLS)  
128 measurements were performed on suspensions with 0.1 wt% cellulose concentration and  
129 measurements were repeated 15 times to obtain an average value.  $\zeta$ -potential measurements were  
130 done on cellulose dispersions with 0.025 wt% concentration and measurements were repeated at  
131 least 5 times.

132 Scanning electron microscopy (SEM) was conducted using a Hitachi S 300 N system (Tokyo,  
133 Japan). CFs sample with 0.5 wt% concentration was freeze-dried to perform SEM observations.  
134 Before imaging, to build up charge on the surface, the sample was coted with Pd-Au alloy.

### 135 **2.2.3. Viscosity measurements**

136 For measuring the viscosity of 0.5 and 1.0 wt% CF suspensions with and without 1000 mM NaCl,  
137 Anton Par MCR-302 rotational rheometer with concentric cylindrical geometries was used.  
138 Measurements were done at a shear rate range of 0.01 – 1.0 1/s with a parallel plate (25 mm  
139 diameter) geometry of the rheometer. Also, the apparent shear viscosity of all cellulose suspensions  
140 with 0.5 wt% concentration was performed by the DV3TLVTJ0 Brookfield rheometer. The shear  
141 rate was 50 1/s and the measuring time was 3 min with 6 measurements with a 30 seconds interval.

## 142 **2.3. Emulsion Preparation and Stability Evaluation**

### 143 **2.3.1. Emulsion preparation**

144 10 ml of cellulose suspension and dodecane with 2 mg Oil Blue dye were added to a 20 ml vial to  
145 prepare a 1:1 volume ratio emulsion. For CFs four different concentrations of 0.05, 0.1, 0.25 and  
146 0.5 wt% were used. To compare the different celluloses, emulsions with 0.25 wt% of CNCs, CNFs,  
147 TEMPO-CNFs and CFs were prepared. The concentration here refers to the cellulose content in  
148 the emulsion phase. Therefore, the cellulose content in the used aqueous suspension is twice. To  
149 investigate the effect of salt and pH, modification of the salt concentration and pH were done on  
150 the aqueous phase before emulsification. Emulsification was performed using ultrasonication  
151 (Qsonica Q700) for about 1 minute at 100% amplitude to reach input energy of 3800 J. All the  
152 prepared emulsions were stored at ambient temperature for 14 days for stability analysis.

### 153 **2.3.2. Visual assessment**

154 The stability of the formulated emulsions in terms of dewatering/phase separation was evaluated  
155 by visual inspection of the stored emulsions. The inspection was performed after 1 day and 2, 3, 7  
156 and 14 days after preparation of the emulsions. The serum and emulsion layer heights were  
157 recorded at these time intervals and the dewatering index was calculated based on the following  
158 formula:

$$DW = \frac{H_s}{H_a} \times 100 \quad (1)$$

159 Where  $H_s$  is the serum layer height separated from the emulsions phase at the bottom of the vials  
160 and  $H_a$  is the initial height of the aqueous phase in the vial.

### 161 **2.3.3. Optical microscopy**

162 To record the images of the oil droplets in the emulsions, a Zeiss Axio Vert.A1 optical microscope  
163 was used. A drop from each emulsion was deposited on a glass slide. Then a cover glass was laid  
164 on the top of the sample to avoid air bubbles and placed on the microscope. The obtained images  
165 were analyzed in Image J software to evaluate the droplets size distribution. The Sauter mean  
166 diameter ( $D_{3,2}$ )([Sauter 1926](#)) of the droplets was obtained by evaluating at least 200 droplets. Sauter  
167 mean diameter ( $D_{3,2}$ ) reflects the mean diameter of the droplets by taking into account the volume  
168 to surface area ratio and is calculated by the following equation:

$$D_{3,2} = \frac{\sum n_i d_i^3}{\sum n_i d_i^2} \quad (2)$$

169 Where  $d_i$  is the diameter of a droplet and  $n_i$  stands for the number of droplets.

170 To obtain the width of the droplets size distribution, the span (dispersion index) was calculated  
171 through the following formula ([McClements 2007](#)):

$$Span = \frac{d_{90} - d_{10}}{d_{50}} \quad (3)$$

172 where  $d_{10}$ ,  $d_{50}$  and  $d_{90}$  are the droplet diameters that are larger than 10%, 50% and 90% of the  
 173 droplets, respectively.

#### 174 **2.3.4. Fluorescent microscopy**

175 The fluorescence images of the emulsions were taken using an Olympus IX73 inverted  
 176 fluorescence microscope. CFs were labelled through incubation with CBM2a-eGFP. For this  
 177 purpose, CFs were washed with 50 mM sodium phosphate buffer, pH 7.4. The liquid was removed  
 178 by centrifuge. Then CFs were incubated with 0.26 mg/mL CBM2a-eGFP in 50 mM sodium  
 179 phosphate buffer, pH 7.4 with gentle shaking overnight at 4°C. Excessive protein was removed by  
 180 centrifugation. Protein-bound CFs were rinsed with sodium phosphate buffer, then resuspended in  
 181 the same buffer for future application.

### 182 **3. Results and Discussion**

#### 183 **3.1. Characterization of different cellulose samples**

184 To compare the different nanocellulose materials in terms of their surface charge and size, zeta  
 185 potential and dynamic light scattering measurements were performed at neutral pH (Table 1). As

**Table 1. Zeta potential and average apparent hydrodynamic diameter of the different celluloses**

Cellulose	pH	Zeta potential (mV)	Average apparent hydrodynamic diameter (nm)
CNC	6.95	$-30.42 \pm 1.31$	$136.7 \pm 30.3$
CNF	6.8	$-8.98 \pm 3.39$	$2385 \pm 411.5$
TEMPO-CNF	6.93	$-21.91 \pm 2.16$	$220.3 \pm 15.3$
CF	6.97	$-12.22 \pm 0.65$	$3704 \pm 324.1$

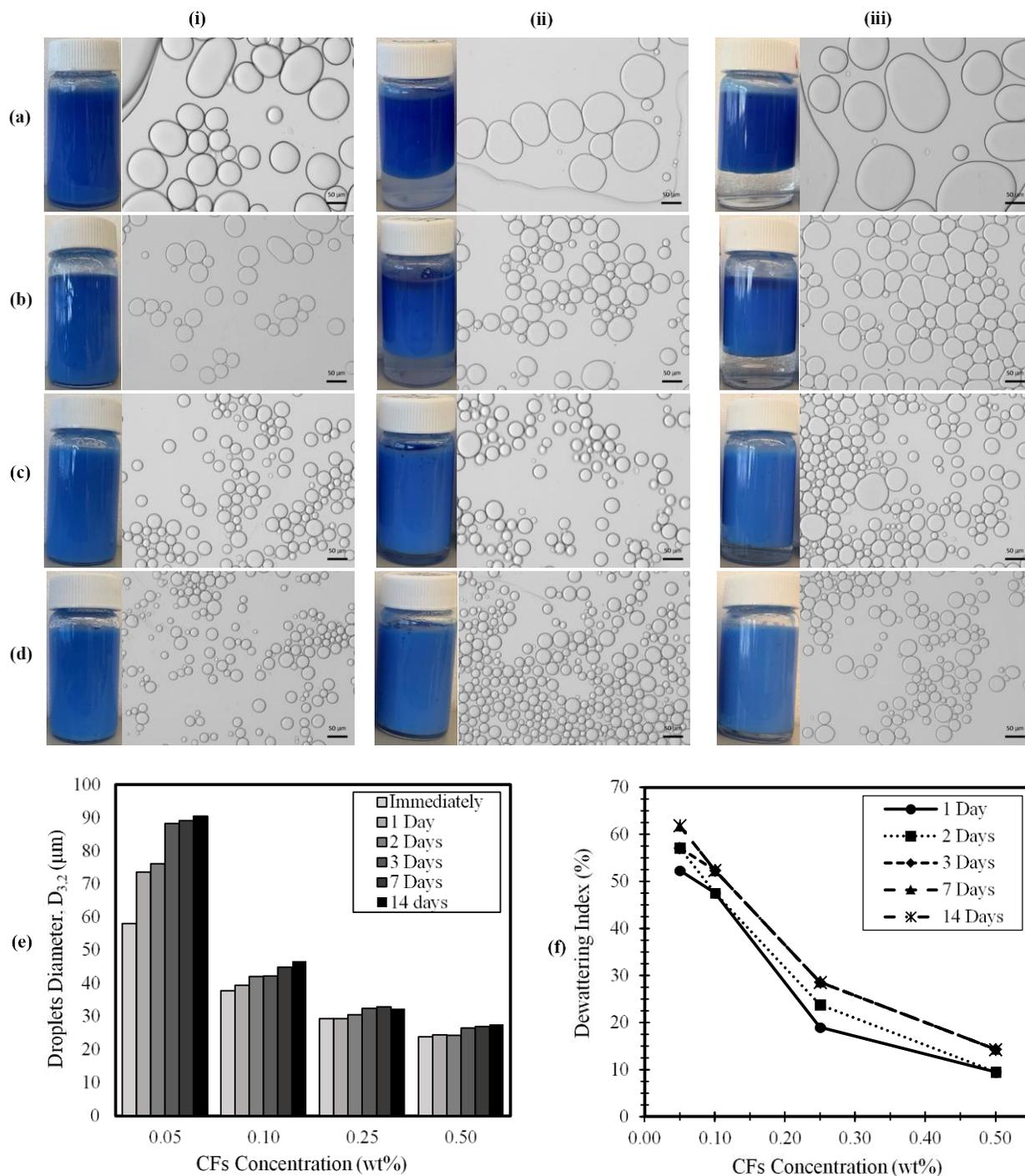
186 expected, cellulose nanocrystal (CNC) showed a high negative surface charge ( $-30$  mV) due to the  
187 existence of sulfate groups resulting from their synthesis route which includes a sulfuric acid  
188 hydrolysis step. Among the different nanocelluloses, cellulose nanofibrils (CNFs) and cellulose  
189 filaments (CFs) have a low surface charge with a zeta potential of about  $-10$  mV which is three  
190 times lower than the CNCs. This is likely due to the mechanical refining methods used for their  
191 preparation, which does not introduce extra acid groups on the fiber surface. The TEMPO oxidation  
192 process in which the primary hydroxyl groups modified to anionic carboxylic groups results in  
193 cellulose nanofibrils (TEMPO-CNFs) with a medium amount of negatively charged surface ( $-18$   
194 mV) among others. Aside from surface charges, the size of nanocelluloses is related to their  
195 synthesis route, where CFs show the highest average apparent hydrodynamic diameter, followed  
196 by CNF, TEMPO-CNFs and CNC. SEM image of the CFs (Figure S1) displays that CFs contain  
197 both long and fine nano/microfibrillar materials demonstrating that why CFs average apparent  
198 hydrodynamic diameter is larger than other types of nanocelluloses.

## 199 **3.2. Characterization of CF-Stabilized Emulsions**

### 200 **3.2.1. Visual inspection**

201 Visual inspections were carried out to evaluate the stability of the prepared emulsions by observing  
202 their ability to resist physical changes over time. The photographs of the formulated emulsions at  
203 various CFs concentrations immediately after preparation, 1 day after preparation and 14 days after  
204 preparation are shown in Figure 1a – d. As seen from Figures 1a and 1b, the oil in water emulsions  
205 prepared at 0.05 wt% and 0.1 wt% showed phase separation and creaming immediately after their  
206 preparation. However, emulsions with CFs concentration of 0.25 wt% and 0.5 wt% exhibited a  
207 delayed phase separation with a delay time of 1 day (Figures 1c and 1d). The emulsion volume  
208 increased with the concentration of CF and at 0.5 wt% of CFs, there is almost complete

209 emulsification. Increasing CF concentrations allowed for increased droplet stabilization by  
210 providing more interfaces that fill larger volumes. Additionally, higher CF concentration increases  
211 viscosity, preventing mobilization of the continuous phase between the oil droplets, resulting in a  
212 more stable emulsion. In [Figures 1a](#) and [1b](#), the cloudy serum layer at the bottom of the vials at CF  
213 concentrations of 0.05 wt% and 0.1 wt% indicates that the CFs desorbed from the oil and water  
214 interface and gathered in the serum layer. This is attributed to the high mobility of continuous phase  
215 and coalescence of oil droplets resulting in detachment of the CFs from the interface. At CFs  
216 concentrations of 0.25 wt% and 0.5 wt%, clear water is observed in the serum layer. This indicates  
217 that all the particles are retained in the emulsion phase, either absorbed at the oil and water interface



**Figure 1. Photographs and optical microscope images at different CFs concentration and emulsion storage times (a) 0.05 wt% CFs, (b) 0.1 wt% CFs, (c) 0.25 wt% CFs, (d) 0.5 wt% CFs (i) immediately after preparation (ii) after 1 day of preparation and (iii) after 14 days of preparation; (e) average diameter of the droplets; (f) dewatering index of the emulsions**

218 or retained in the continuous phase because of the low mobility of this phase and lack of droplet

219 coalescence. In general, photographs in [Figures 1a – d](#) show that CFs can stabilize oil in water  
220 emulsions with a concentration as low as 0.05 wt%, while the volume and stability of emulsion  
221 enhance with increasing concentration.

### 222 **3.2.2. Droplets size distribution**

223 The stability of the emulsions was evaluated by analyzing oil droplet morphology and the average  
224 diameter of droplets. In addition to the photographs of emulsions, the micrographs obtained by  
225 optical microscopy are also shown ([Figures 1a – d](#)). It appears that increasing the CF concentration  
226 from 0.05 wt% to 0.5 wt% leads to a clear reduction in droplet diameter. At very low concentrations  
227 of CF, there is obvious evidence of flocculation and coalescence. The degree of flocculation  
228 reduces as CFs concentration is increased to 0.1 wt% and 0.25 wt%. At CFs concentration of 0.5  
229 wt% where the most stable emulsion is obtained, there is not much difference in the micrographs  
230 over time, indicating that at this concentration the emulsion is stable against flocculation and  
231 coalescence. In general, emulsions with smaller droplets demonstrate higher stability since it takes  
232 a longer time for the droplets to coalesce ([Pal 1996](#)). Quantitative analysis was performed by  
233 calculating the average diameter of the droplets ( $d_{3,2}$ ) in [Figure 1e](#). The average diameter of the  
234 droplets significantly increased over time at CFs concentration of 0.05 wt%, from a value of about  
235 58  $\mu\text{m}$  for fresh emulsions to 91  $\mu\text{m}$  for emulsions stored for 14 days. At this concentration, the  
236 amount of CFs is too low to stabilize small droplets, resulting in a tendency to coalesce, reducing  
237 the total interface area of the system. By doubling the CFs concentration, the average diameter of  
238 the droplets became stable at a value of about 47  $\mu\text{m}$  which is about half of the average diameter  
239 of the droplets at 0.05 wt% CFs. By increasing the CF concentration both the average diameter of  
240 the droplets and the percent of change in its value with the storage period reduce. For the emulsions  
241 with 0.5 wt% CF, there is only a negligible increase in the average diameter of droplets after 14

242 days, demonstrating good stability of the emulsions. The size distribution of the droplets for all the  
243 emulsions are provided in [Figures S2 – S5](#). Additionally, the span of the emulsions reduced from  
244 a value of 2.2 at 0.05 wt% CFs to a value of 0.73 at 0.5 wt% CFs, indicating very wide droplets  
245 size distribution at low concentration as a result of significant coalescence. Increased CFs  
246 concentration led to a decrease in droplet size distribution range. Span index calculations are  
247 summarized in [Table S1](#).

### 248 **3.2.3. Dewatering Index**

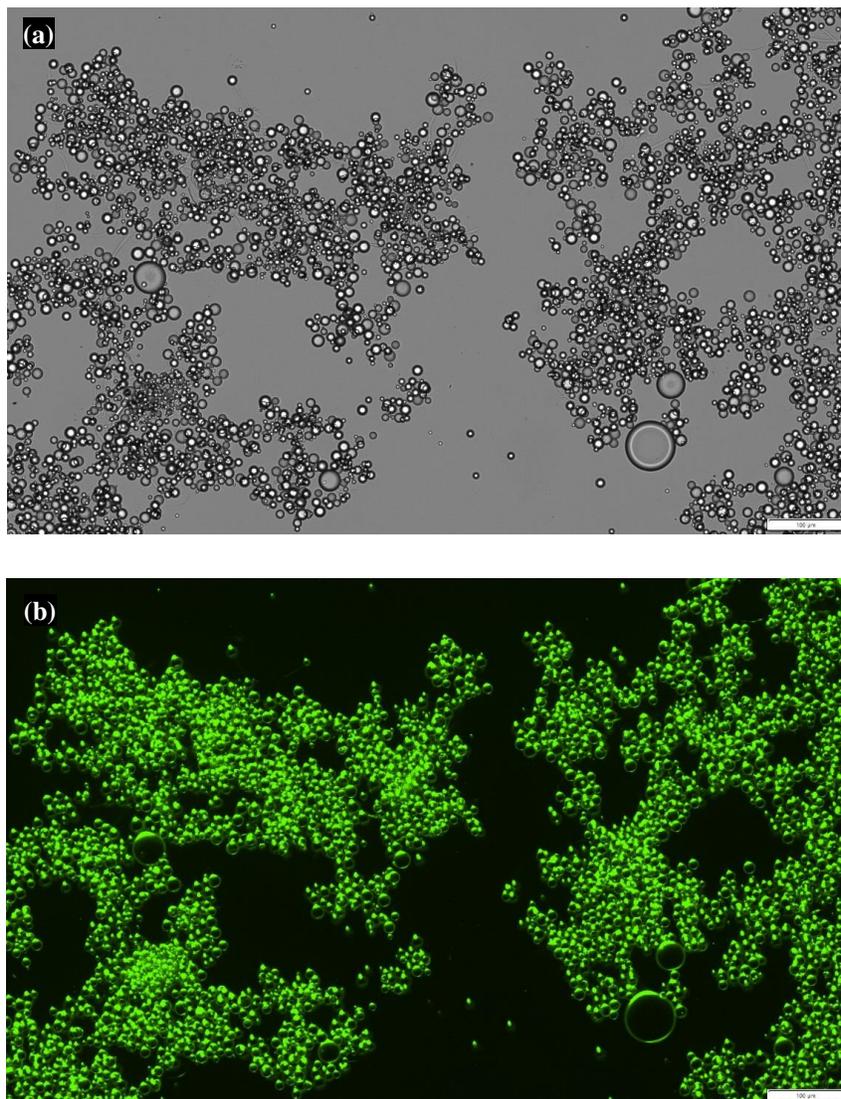
249 The stability of the emulsions was further evaluated by analyzing the dewatering index. The  
250 calculated dewatering index based on visual inspection ([Figure 1f](#)) shows that the phase separation  
251 of the water phase from the emulsion starts shortly after the generation of the emulsions. Most of  
252 the dewatering happened within a day after emulsion preparation, independent of the amount of  
253 CFs introduced. After one day, the dewatering index slightly increased, reaching a constant value  
254 after three days for all emulsions. The most stable emulsion is the emulsion with 0.5 wt% of CFs  
255 which is stabilized at a dewatering index of 14%. In the case of emulsions with 0.05 and 0.1 wt%  
256 CFs, more than 50% of the water in the emulsion dewatered after 14 days which can be attributed  
257 to two effects: (i) larger droplet size and (ii) lower continuous phase viscosity.

### 258 **3.3. Fluorescent Microscopy**

259 To better understand the mechanism of CFs stabilizing oil-water emulsion, fluorescent protein  
260 labelled carbohydrate-binding module (CBM) was employed to visualize the location of CFs under  
261 the fluorescent microscope. CBMs are the special structural protein modules of carbohydrate-  
262 active enzymes, which play the role of binding the enzymes to their targeted polysaccharides in  
263 nature. The high binding specificity and the relatively simple operation endow CBMs with  
264 excellent potential to probe the carbohydrate polymers in a complex system. We and others have

265 developed various engineered CBM linked with different fluorescent proteins/probes to assess the  
266 location and/or surface morphology of various cellulosic fibers in recent years (Gourlay et al. 2015;  
267 Hébert-Ouellet et al. 2017; Long et al. 2019).

268 In this study, the specific cellulose-binding carbohydrate-binding module (CBM2a) linked with  
269 enhanced Green fluorescent protein (CBM2a-eGFP) was used to track the location of CFs within



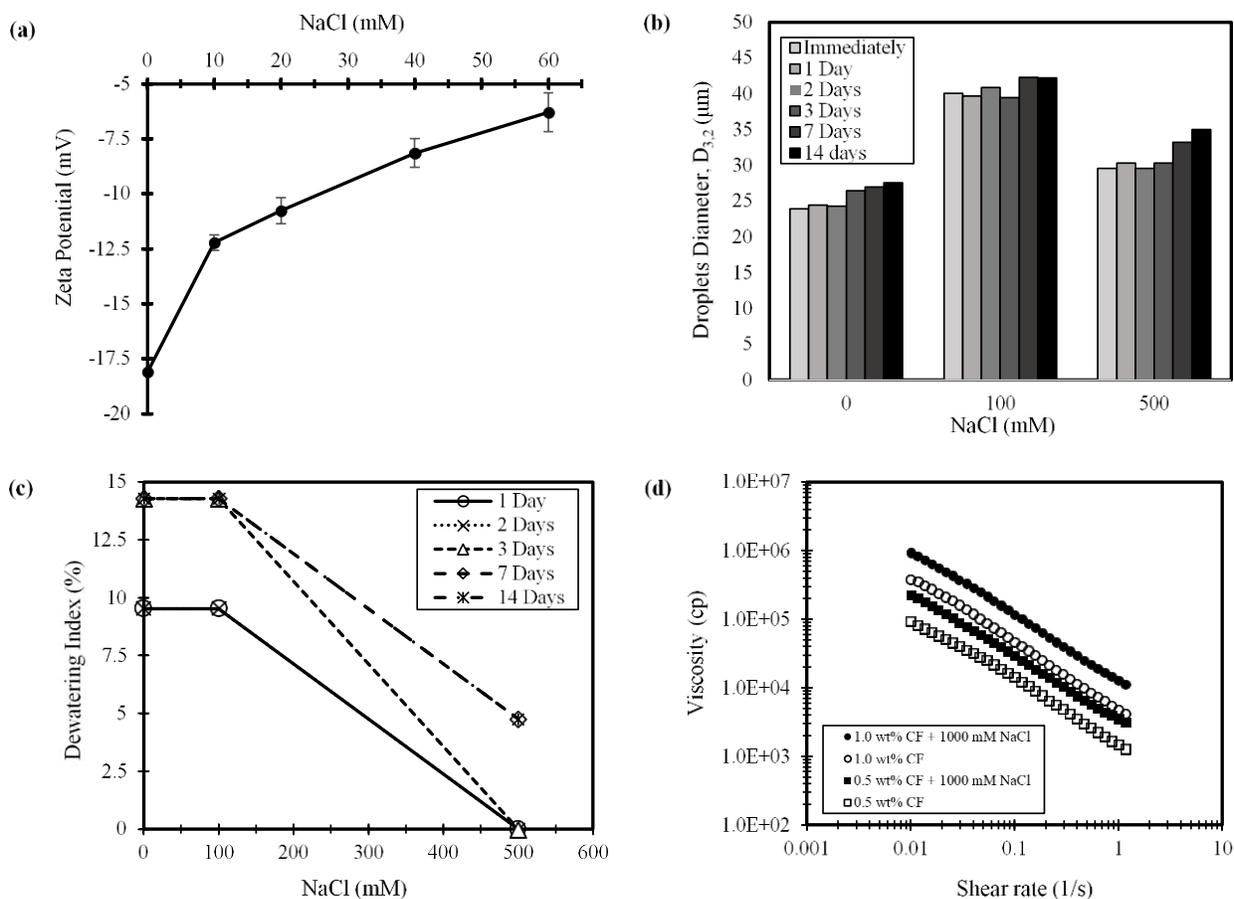
**Figure 2. Fluorescent microscope images of the emulsion prepared with 0.5wt% CFs, (a) bright-field (b): fluorescent light (scale bar is 100 µm), note CFs are found entirely at droplet surfaces.**

270 the emulsion. [Figure 2](#) displays the fluorescent microscope images of the stabilized emulsions with  
271 0.5 wt% CFs labelled by CBM2a-eGFP under bright field and fluorescent light. The fluorescent  
272 light images in [Figure 2b](#) (corresponding to the bright field image in [Figure 2a](#)) displays the  
273 adsorption of the CFs at the oil and water interface. The bright fluorescent light can be observed  
274 around the oil droplets while the inside of the droplets is dark. Also, no fluorescent reflection was  
275 observed in the continuous phase. This observation indicates the mechanism of stabilizing  
276 emulsions by CFs. CFs are mainly located at the oil and water interface demonstrating their  
277 adsorption at the oil droplet surfaces, leading to particle-stabilized Pickering emulsions.

### 278 **3.4. Effect of Ionic Strength**

279 It has been demonstrated that changing the ionic strength can greatly affect the stability of  
280 Pickering emulsions. In this study, the effect of the addition of simple electrolyte, NaCl on the CFs  
281 suspension zeta potential ([Figure 3a](#)), on the 0.5 wt% CF-stabilized emulsion stability (in terms of  
282 the average diameter of droplets and dewatering index ([Figure 3b](#) and [3c](#))), and on the viscosity of  
283 CFs suspensions ([Figure 3d](#)) are investigated, respectively. [Figure 3a](#) displays that the zeta potential  
284 of CFs suspension is reduced from a value of  $-18$  mV to a value of about  $-6$  mV in the presence  
285 of 60 mM NaCl, which is due to the electric double layer formed by the addition of  $\text{Na}^+$  cation  
286 counter ions. The  $\text{Na}^+$  counter ions adsorb to the CF particles' surface shielding their surface charge  
287 and causing a reduction in the electrostatic repulsion, therefore reducing the zeta potential value.  
288 The electrostatic screening happens in the presence of  $\text{Na}^+$  counter ions and the Debye-Huckel  
289 screening strength expands by increasing  $\text{Na}^+$  counter ions concentration hence Debye length  
290 decreases. ([Prathapan et al. 2016](#))

291 Unlike Zeta potential, the addition of NaCl (100 mM) initially increases the average  
292 diameter of oil droplets and then decreases the droplet size as salt concentration is increased to 500



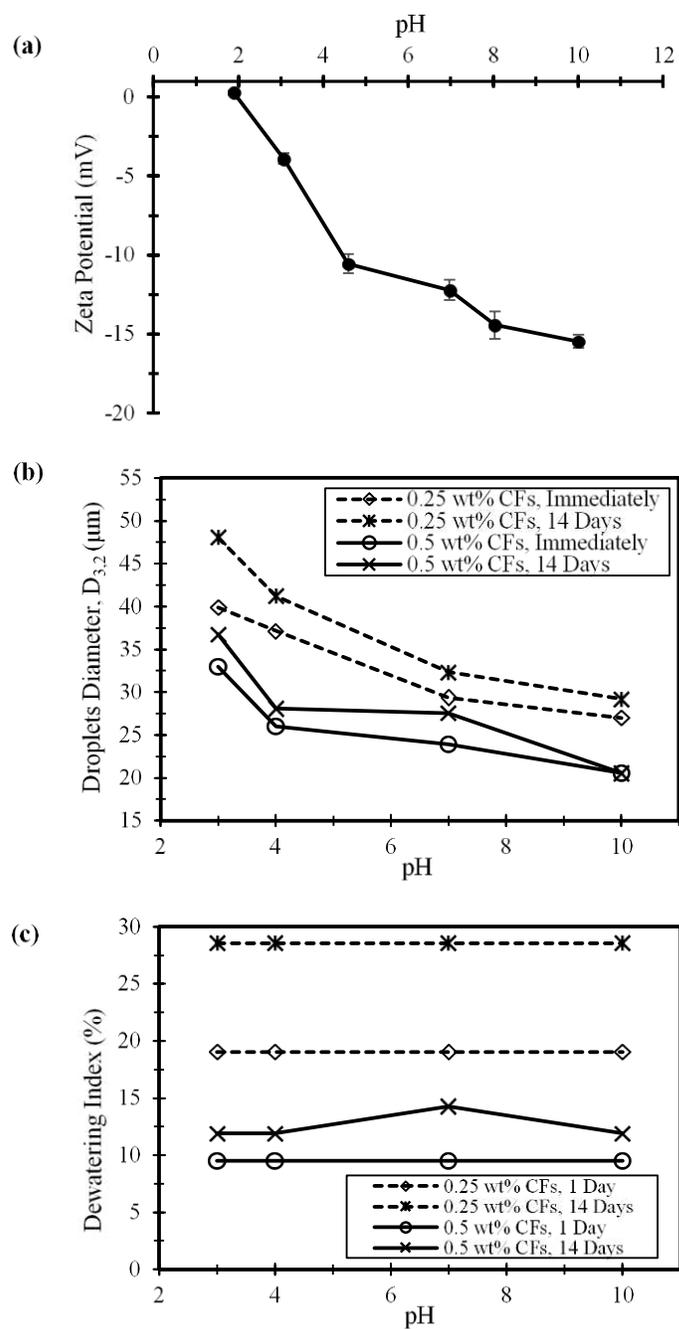
**Figure 3. Effect of salt (a) on the zeta potential of CFs suspension at pH of 7 (b) on the average diameter of the droplets ( $D_{3,2}$ ) of the stabilized O/W emulsions with CF concentration of 0.5 wt%, (c) on the average dewatering index of the stabilized O/W emulsions with CF concentration of 0.5 wt%, (d) on the viscosity of CFs suspensions**

293 mM. (Figure 3b). The increasing droplet diameter in the presence of 100 mM NaCl could be  
 294 attributed to the reduction in the electrostatic repulsion between the droplets allowing flocculation  
 295 to take place, as evidenced by reducing Zeta Potential in Figure 3a. The reduction of the droplet  
 296 diameter by the addition of more NaCl to the system (500 mM NaCl) appears to be related to the  
 297 enhanced viscosity at this salt concentration. This will be discussed in more detail later (Figure 3d).  
 298 Although the droplet size increased (Figure 3b), the dewatering index remains constant after the

299 addition of 100 mM NaCl to the system (Figure 3c). However, in the presence of 500 mM NaCl,  
300 the dewatering index slightly decreased which indicates better stability of the emulsion with high  
301 salt concentration. At both CF concentrations of 0.5 and 1.0 wt%, the addition of 1000 mM NaCl  
302 to the suspension (equivalent to the presence of 500 mM NaCl in the emulsion) increases the  
303 viscosity of suspensions by a factor of two (Figure 3d). It seems that the enhanced viscosity of the  
304 continuous phase in the presence of high salt concentration helps the stability of emulsions by  
305 immobilizing the droplets and preventing them from flocculation. In general, from Figure 3, it can  
306 be seen that the presence of salts does not significantly affect the stability of CF stabilized oil in  
307 water emulsions, and these emulsions are stable over a wide range of ionic strengths.

### 308 **3.5. Effect of pH**

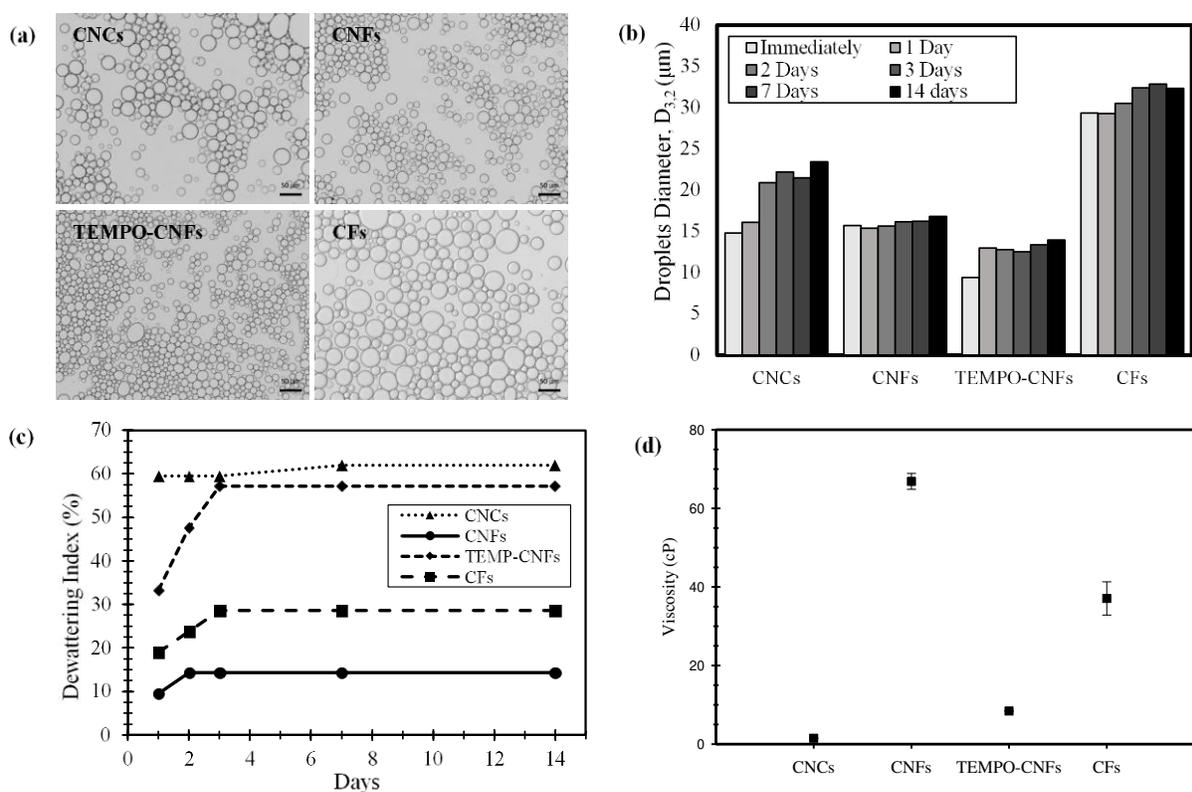
309 To further investigate the effect of pH variation on CF stabilized oil in water emulsions, the zeta  
310 potential of CFs suspension, the average diameter of droplets and the dewatering index of the  
311 emulsions are next assessed at different pH (Figure 4). By reducing the pH from 10 to about 1.88,  
312 the zeta potential of the CFs suspension is reduced from a value of  $-15.5$  mV to a value of near  
313 zero (Figure 4a). This is likely because of the protonation of the negative surfaces (carboxyl and  
314 hydroxyl groups) by the addition of acid to the systems, which reduces the total surface charge  
315 density of the CFs. Figure 4b and 4c show the effect of pH on the stability of the emulsion at 0.25  
316 wt% and 0.5 wt% CFs concentration. The average diameter of the oil droplets slightly reduced as  
317 pH was increased, as the surface charge protonation at low pH reduces the repulsion between the  
318 droplets which causes more droplets interactions and results in the increased diameter. However,  
319 the formulated emulsions are fairly independent of the pH as the dewatering index remained almost  
320 constant at all pH values. This indicates that changing the pH did not trigger phase separation and  
321 further demonstrates the strong adsorption of CF particles to the oil and water interface.



**Figure 4.** Effect of pH (a) on the zeta potential of CFs suspension with 10mM NaCl, (b) on the average diameter of the droplets ( $D_{3,2}$ ) of the stabilized O/W emulsions with CF stabilized O/W emulsions with CFs concentrations of 0.25 wt% and 0.5 wt%, (c) and on the dewatering index of the stabilized O/W emulsions with CFs concentrations of 0.25 wt% and 0.5 wt%

### 323 3.6. Comparison of the different types of celluloses

324 To compare the ability of different types of celluloses in stabilizing oil in water emulsions, four  
 325 emulsions with 0.25 wt% concentration of CNCs, CNFs, TEMPO-CNFs and CFs are formulated.  
 326 All the investigated different cellulose particles can provide stable emulsions. However, as can be  
 327 seen from Figure 5a and 5b, the emulsion stabilized by TEMPO-CNFs has the smallest droplet  
 328 size, while the CFs stabilized emulsions have the largest droplets. Dewatering index results (Figure  
 329 5c) show that the CNFs can provide the highest emulsion volume (lowest dewatering index)  
 330 followed by CFs, TEMPO-CNFs and CNCs. This may be attributed to the adsorption energy of the



**Figure 5.** Comparison of the capability of different celluloses on stabilizing O/W emulsions at particle concentration of 0.25 wt% (a) microscope images of the stabilized emulsions, (b) average diameter of the droplets ( $D_{3,2}$ ), (c) dewatering index, (d) viscosity of suspensions with 0.5 wt% concentration at a shear rate of 50 1/s.

331 particles. Adsorption of CFs and CNFs to the interface appears to be stronger and irreversible,  
332 while adsorption of CNCs and TEMPO-CNFs is reversible. These celluloses desorbed from the  
333 interface leading most of the emulsion phase to become unstable shortly after preparation. Another  
334 explanation for the higher stability of emulsions stabilized by CFs and CNFs in comparison to  
335 CNCs and TEMPO-CNFs is that CFs and CNFs suspensions have higher viscosity (Figure 5d).

336 Overall, considering the much cheaper production cost of CFs and the stable Pickering  
337 emulsion it forms at varying salt concentrations and pH, CFs can be a better choice than other  
338 nanocellulose materials for stabilizing emulsions for a wide range of applications.

#### 339 **4. Conclusions**

340 In this study, the potential application of a novel and green material, cellulose filaments (CFs) in  
341 stabilizing oil in water Pickering emulsions is investigated. Because of the strong adsorption of the  
342 CFs to the oil and water interface and formation of a highly viscous aqueous phase, CFs  
343 successfully stabilized oil in water emulsions. In contrast to CFs, emulsions stabilized by CNCs  
344 and TEMPO-CNFs showed significant coalescence and creaming even though they have smaller  
345 average droplets diameter. Results showed that the better performance of the CFs was likely due  
346 to the high viscosity of the aqueous phase in the presence of CFs compared to CNCs and TEMPO-  
347 CNFs. The analysis of the effects of pH and salt concentration showed that the CFs-stabilized  
348 emulsion was not significantly affected by a change in the pH (2 – 10) and salt concentrations (0 –  
349 500 mM). From the results presented here, it can be concluded that the CFs are a promising new  
350 nanocellulose for the sustainable and cost-efficient formulation of stable Pickering emulsions  
351 without using any additives or surfactants and with potential applications in a wide range of  
352 markets.

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355

## 356 **Declarations:**

### 357 **Compliance with ethical standards**

358 **Conflict of interest** The authors declare that they have no conflict of interest.

359

360

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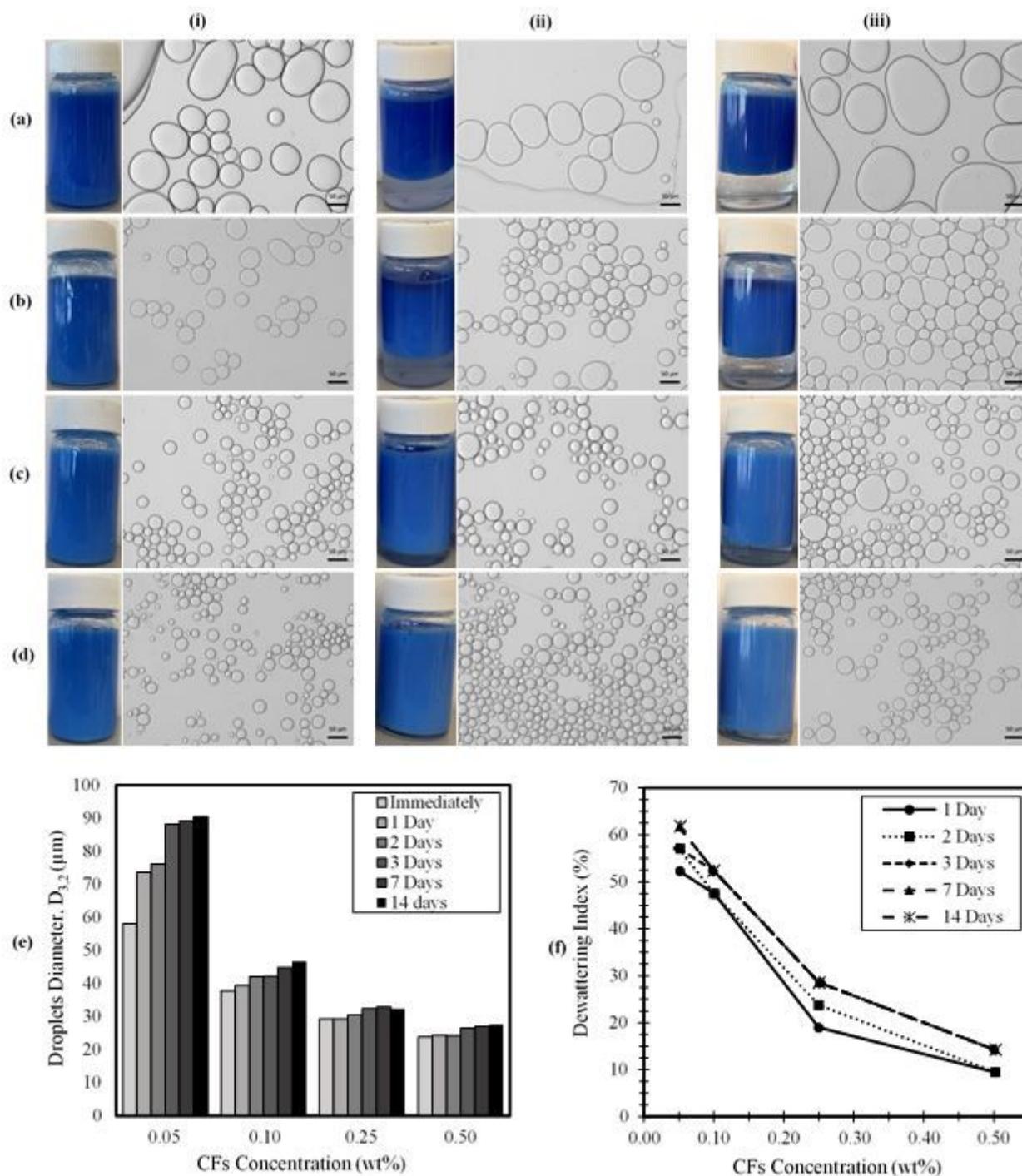
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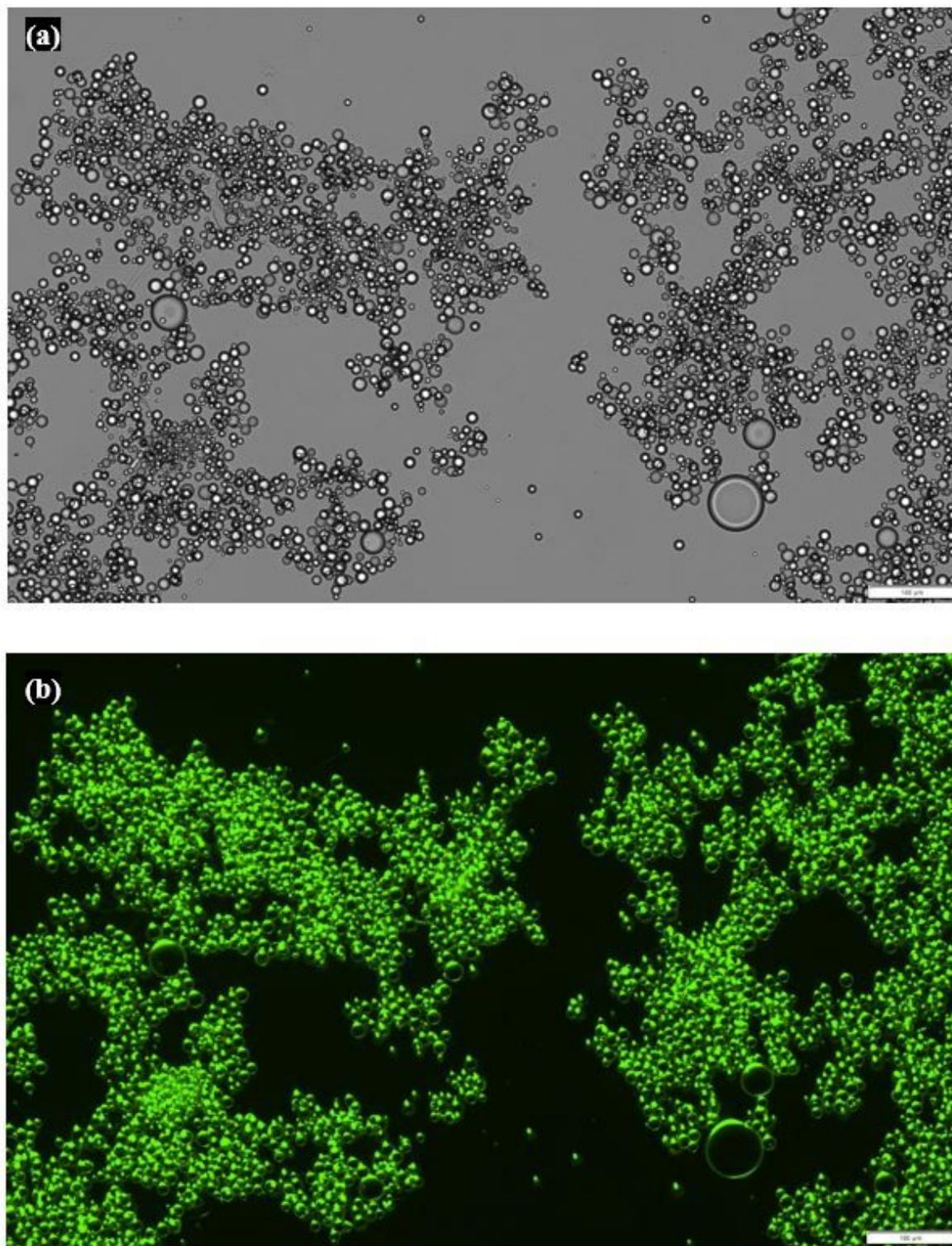
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# Figures



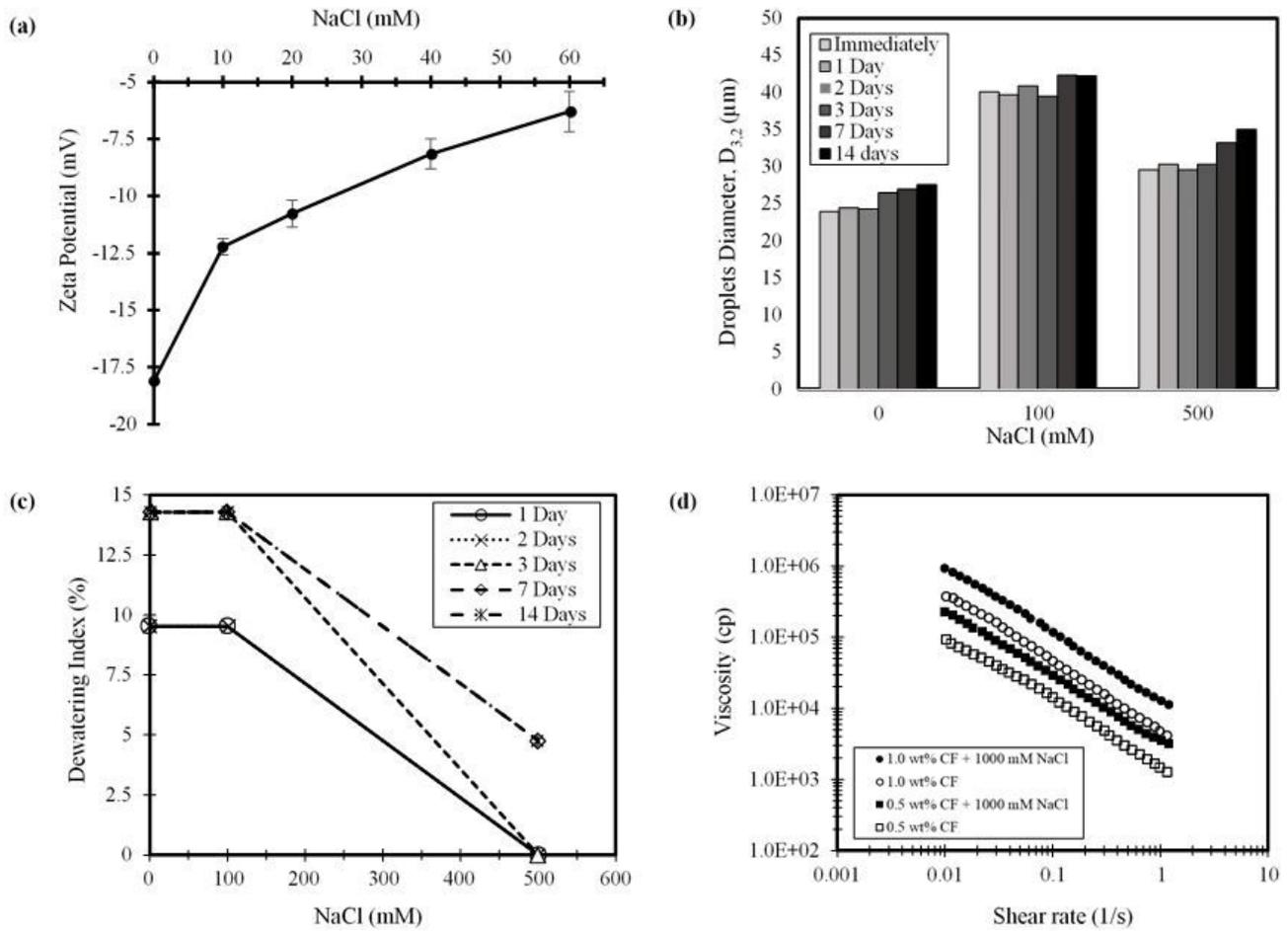
**Figure 1**

Photographs and optical microscope images at different CFs concentration and emulsion storage times (a) 0.05 wt% CFs, (b) 0.1 wt% CFs, (c) 0.25 wt% CFs, (d) 0.5 wt% CFs (i) immediately after preparation (ii) after 1 day of preparation and (iii) after 14 days of preparation; (e) average diameter of the droplets; (f) dewatering index of the emulsions



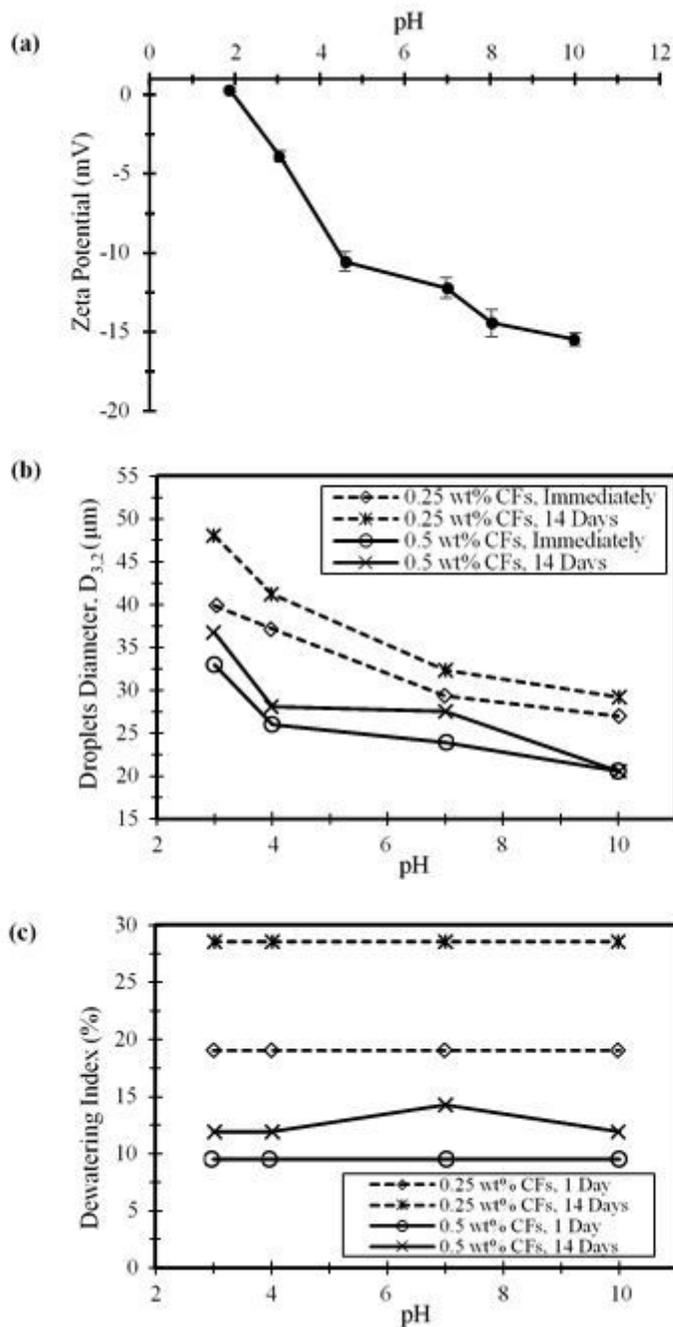
**Figure 2**

Fluorescent microscope images of the emulsion prepared with 0.5wt% CFs, (a) bright-field (b): fluorescent light (scale bar is 100 μm), note CFs are found entirely at droplet surfaces.



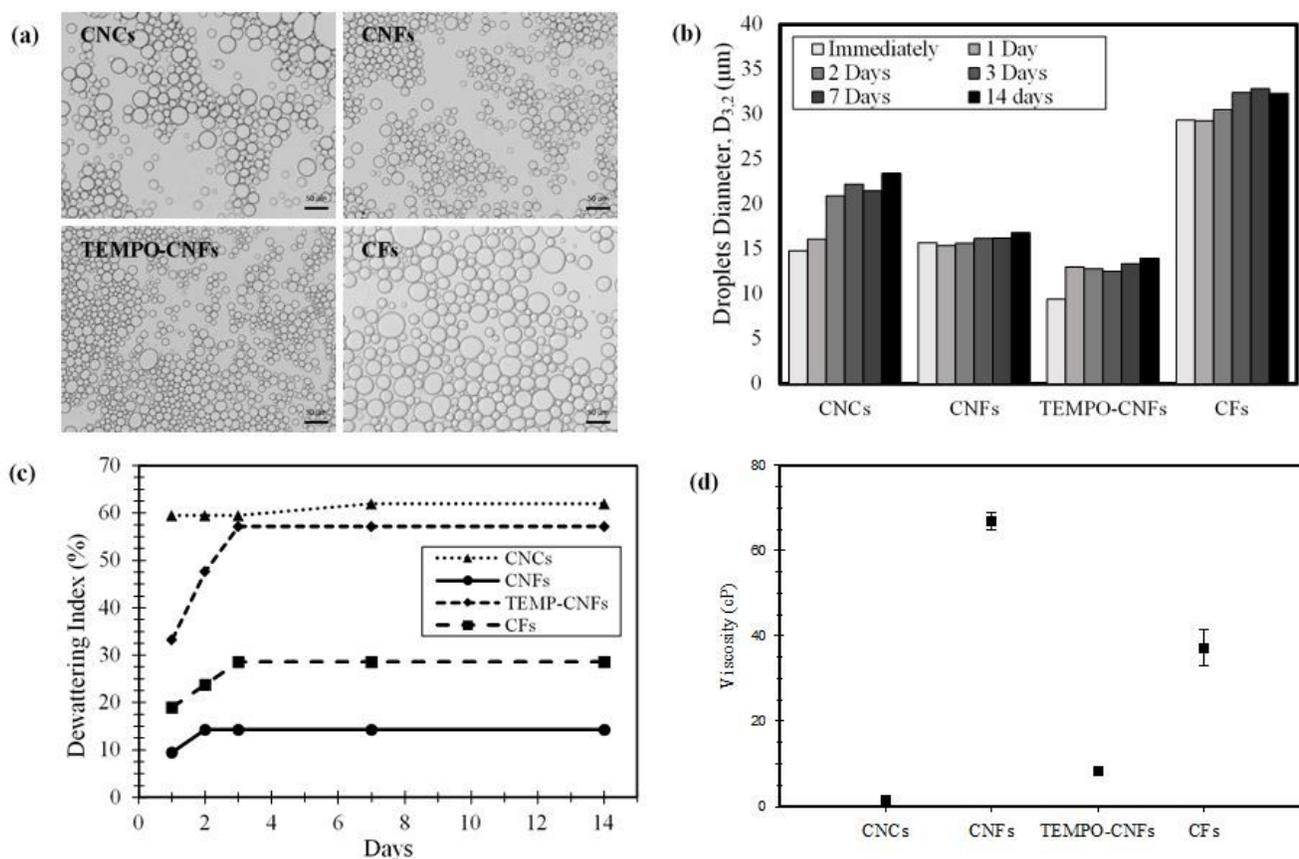
**Figure 3**

Effect of salt (a) on the zeta potential of CFs suspension at pH of 7 (b) on the average diameter of the droplets ( $D_{3,2}$ ) of the stabilized O/W emulsions with CF concentration of 0.5 wt%, (c) on the average dewatering index of the stabilized O/W emulsions with CF concentration of 0.5 wt%, (d) on the viscosity of CFs suspensions



**Figure 4**

Effect of pH (a) on the zeta potential of CFs suspension with 10mM NaCl, (b) on the average diameter of the droplets ( $D_{3,2}$ ) of the stabilized O/W emulsions with CF stabilized O/W emulsions with CFs concentrations of 0.25 wt% and 0.5 wt%, (c) and on the dewatering index of the stabilized O/W emulsions with CFs concentrations of 0.25 wt% and 0.5 wt%



**Figure 5**

Comparison of the capability of different celluloses on stabilizing O/W emulsions at particle concentration of 0.25 wt% (a) microscope images of the stabilized emulsions, (b) average diameter of the droplets ( $D_{3,2}$ ), (c) dewatering index, (d) viscosity of suspensions with 0.5 wt% concentration at a shear rate of 50 1/s.

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