

# Efficacy of S-1 after pemetrexed in patients with non-small cell lung carcinoma: a retrospective multi-institutional analysis

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## Research article

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# Abstract

**Background:** This study was designed to evaluate the treatment effect of S-1 following PEM-containing treatment.

**Methods:** This retrospective study included patients with advanced (c-stage III or IV, UICC 7th) or recurrent NSCLC who received S-1 monotherapy following the failure of previous PEM-containing chemotherapy at 6 hospitals in Japan. Primary endpoint: Overall response rate (ORR). Secondary endpoint: Disease control rate (DCR), time to treatment failure (TTF), progression-free survival (PFS), and overall survival (OS).

**Results:** A total of 53 NSCLC patients met the criteria. Forty-six patients had adenocarcinoma (88.7%) and no patients had squamous cell carcinoma. Thirty-one patients (58.5%) received the standard S-1 regimen and 18 patients (34.0%) received the modified S-1 regimen. ORR was 1.9% (95% confidential interval (CI): 0.00-10.1%). Median TTF, PFS, and OS were 65 days, 84 days, and 385 days, respectively.

**Conclusion:** Although there were several limitations in this study, the ORR of S-1 after PEM in patients with non-SQ NSCLC was low compared to the historical control. It might be one of the choices to avoid S-1 treatment in PEM-treated patients who need tumor shrinkage.

## Background

S-1 and pemetrexed (PEM) are key treatments for non-small cell lung cancer (NSCLC). PEM and cisplatin (CDDP), showed superior overall survival (OS) compared with gemcitabine and CDDP in treating non-squamous (non-Sq) NSCLC patients, and PEM and platinum treatment is usually used for this population[1]. S-1 monotherapy showed non-inferior OS compared with docetaxel in treated NSCLC patients, and is also used for NSCLC as a standard therapy after first line treatment[2]. However, the mechanism of anticancer activity of S-1 and PEM is similar. For example, both S-1 and PEM target thymidylate synthase (TS)[3]. Moreover, cross-resistance between S-1 and PEM is of concern. Some preclinical studies indicated that elevation of TS expression after PEM treatment may be one of the causes of cross-resistance between S-1 and PEM[4, 5]. In addition, TS expression level is associated with response to S-1 in NSCLC in a clinical setting[6]. Resistance to PEM may indicate resistance to S-1. Unfortunately, studies about the treatment effect of S-1 after PEM in the clinical setting are limited.

Aim of this study

To evaluate the treatment effect of S-1 after PEM containing treatment.

## Methods

### Selection of Patients

This retrospective study included patients with advanced (c-stage III or IV, UICC 7th ) or recurrent NSCLC who received S-1 monotherapy following the failure of previous PEM containing chemotherapy at Nagasaki University Hospital, Nagasaki Harbor Medical Center, Sasebo City General Hospital, Nagasaki Medical Center, Shimabara Hospital, or Ureshino Medical Center between April 2012 and March 2017.

The full analysis set (FAS) included patients who 1) were administered S-1 for more than 15 days, 2) previously underwent three or less treatments prior to S-1, and 4) had target lesions. The medical records of eligible patients were reviewed retrospectively.

## Data collection

The following items about the patients were collected from medical records: age, sex, pathology, smoking status, main medical histories, main comorbidities, epidermal growth factor receptor (EGFR) mutation status, anaplastic lymphoma kinase (ALK) fusion gene, clinical stage (UICC 7th ), Eastern Cooperative Oncology Group (ECOG) performance status (PS) at the date of S-1 administration, date of S-1 or PEM administration, medication method of S-1, number of treatment cycles, date of disease progression, date of final administration, reason for cessation of treatment, survival information, date of last follow-up, and number of treatments prior to S-1.

## Statistical analysis

The present study is a multi-institutional retrospective observational study including six institutes. Primary endpoint is overall response rate (ORR), which includes partial response (PR) and complete response (CR). Secondary endpoints are disease control rate (DCR), time to treatment failure (TTF), progression-free survival (PFS), and OS. Tomita *et al.* previously reported that the ORR of S-1 was 9%[7]. This study was selected as a historical control because this cohort was similar with the present study (the efficacy of S-1 was evaluated retrospectively). On the other hand, PEM was not administered before S-1 in most cases in this cohort because the pharmaceutical approval of PEM occurred in 2009 in Japan (Therapy period of S-1 in the cohort was between March 2004 and October 2010 in historical control). In this present study, expected ORR was set to 9% if there was no cross-resistance between PEM and S-1 and an unacceptable ORR due to cross-resistance was set to 4%. The DCR, median TTF, PFS, and OS were also compared with the historical control. DCR included stable disease (SD), PR and CR. TTF was calculated from the date of the first day of S-1 monotherapy and the date of discontinuation of S-1. PFS was calculated using the date of the start of S-1 monotherapy and the date of disease progression, and OS was calculated using the date of the start of S-1 monotherapy and the date of mortality from any cause or the last follow-up. The Kaplan-Meier method was used to calculate PFS and OS. Tumor responses were assessed according to the Response Evaluation Criteria in Solid Tumors (RECIST) ver.1.1[8].

## Results

The method of patient selection is shown in Fig. 1. A total of 53 NSCLC patients met the selection criteria, and this population was defined as the FAS.

The patient characteristics are shown in Table 1. Of the total 53 patients, 26 patients (49.0%) were < 70 years of age. Age, PS, smoking history, staging, and EGFR gene mutation status were similar with the historical control[7]. There were no patients with ALK fusion gene. Forty-six patients had adenocarcinoma (88.7%) and no patients had squamous cell carcinoma. Regarding treatment delivery, 31 patients (58.5%) received the standard S-1 regimen (4 weeks administration followed by 2 weeks of rest, every 6 weeks) and 18 patients (34.0%) received the modified S-1 regimen (2 weeks administration followed by 1 week of rest, every 3 weeks) for the first S-1 cycle. Twenty-four patients received 5 or more PEM rounds of administration. The median period between last PEM administration and first S-1 administration was 118 days (range: 11–625 days). No immune check point inhibitors (ICIs) were administered between PEM and S-1.

The treatment efficacy of S-1 is shown in Table 2. ORR was 1.9% (95% confidential interval [CI]: 0.00-10.1%) and DCR was 41.5% (95% CI: 28.1–55.9%). Median TTF, PFS and OS were Collating preplanned criteria, the treatment effect of S-1 after PEM, might be less than that of the no prior PEM treatment population. Moreover, in the historical control, especially the adenocarcinoma subset, ORR was 15.8% (95% CI: 3.3–39.8%) and DCR was 57.8% (95% CI: 33.5–79.7%)[7].

Median TTF, PFS, and OS in this study were 65 days, 84 days, and 385 days, respectively (Fig. 2). In the adenocarcinoma subset of historical control, median PFS and OS were 4.2 months and 15.7 months, respectively (TTF was not shown). Compared with historical control, PFS and OS in this study tended to be worse.

To search for the predictive factor of S-1 effect after PEM containing treatment, differential analysis was used about two factors. One was the number of PEM administration and the other was the period between last PEM administration and first S-1 administration. ORR was too low to analyze, TTF and PFS were used as a surrogate of efficacy. Between-group differences in TTF and PFS were assessed using the stratified log-rank test. Both of two factors could not predict the efficacy of S-1 after PEM treatment (Fig. 3, Fig. 4). However, the longer period between last PEM and first S-1 group tended to longer PFS and TTF.

## Discussion

S-1 is the standard treatment for previously treated NSCLC in the clinical setting[9]. However, ORR of S-1 after PEM in the present study seemed to have less anti-tumor effect than historical control.

DCR, PFS and OS also showed similar tendencies, the difference was modest. Banqu *et al.* reported a relationship between TS expression levels and the ability to acquire resistance to antifolates using 5 PEM resistant cell lines[5]. In addition, Takeda *et al.* reported immunohistochemical expression levels of TS and the response to treatment with S-1 in NSCLC; comparing S1 plus carboplatin with paclitaxel plus carboplatin, PFS in the low TS group tended to be longer than in the high TS group in SC patients, and there was no difference among the PC group[6]. It was presumed that one of the mechanisms of cross-resistance between PEM and S-1 was reduction of TS expression due to prior PEM treatment. To compare

this study, previous reports about S-1 monotherapy were checked up (Table 3)[7, 9–14]. Interestingly, in two studies about efficacy of S-1 whose registration period was prior to 2009, S-1 showed higher ORR in adenocarcinoma or non-Sq than in squamous cell carcinoma[11, 12]. PEM was probably not administered to the analyzed populations because the efficacy of PEM was not improved in clinical trials at the time. After 2009, PEM containing treatment was usually used for non-Sq NSCLC. In 2016, randomized phase III trial comparing S-1 with docetaxel (DTX) in patients with non-Sq NSCLC patients previously treated with platinum-based chemotherapy was reported. Subset analysis of this study suggested that PFS of S-1 was inferior to PFS of DTX in adenocarcinoma[9]. In this population, many non-Sq NSCLC (mainly adenocarcinoma) patients received PEM treatment because the registration period of this study was between July 2010 and June 2014. These evidences reinforce that prior PEM treatment weaken anti-tumor effects of S-1 and support the presence of cross-resistance between PEM and S-1.

No ICIs were administered between PEM and S-1 in this study. Grigg *et al.* reported that some chemotherapies may act through immune-mediated mechanisms and chemotherapy response rates may be higher when administered after ICIs[15]. Furthermore, S-1 after PEM and ICI treatment might show higher ORR.

Exploratory analysis about predictive factor of S-1 after PEM suggested the longer period between last PEM administration and first S-1 administration. It might be one of the choices to avoid S-1 treatment immediately after PEM.

There are several limitations in this study. Firstly, there was no control data comparing with the population in this study. This may have impacted our findings; for example, there were more PS and smoking patients in our study compared with the historical control, and patient characteristics in this study were slightly different from the historical control (e.g. containing 11.3% non-ado-no-squamous NSCLC cases). However, there were only a few patients administered with S-1 without prior PEM. Secondly, the sample size in this study was small and our study findings may be inadvertent. Thirdly, there was no diagnostic radiology central review in this study. Fourthly, more modified regimen was used in this study than historical control (41.5% vs 9.3%)[7]. The difference of treatment schedule might affect the efficacy.

## Conclusion

The efficacy of S-1 after PEM in patients with NSCLC showed low ORR compared with the historical control. It might be one of the choices to avoid S-1 treatment in PEM-treated patients who need more possibility of tumor shrinkage.

## Abbreviations

ALK: anaplastic lymphoma kinase, CDDP: cisplatin, CI: confidential interval, CR: complete response, DCR: disease control rate, DTX: docetaxel, ECOG: Eastern Cooperative Oncology Group, EGFR: epidermal

growth factor receptor, FAS: full analysis set, ICIs: immune check point inhibitors, Non-Sq: non-squamous, NSCLC: non-small cell lung cancer, ORR : overall response rate, OS: overall survival, PEM: pemetrexed, PFS: progression-free survival, PR: partial response, PS: performance status, RECIST: Response Evaluation Criteria in Solid Tumors, SD: stable disease, TS: thymidylate synthase, TTF: time to treatment failure

## Declarations

**Ethics approval and consent to participate:** The study protocol was reviewed and approved by the Institution Review Board of the Nagasaki Medical Center, Nagasaki University Hospital, Ureshino Medical Center, Sasebo City General Hospital, Nagasaki Harbor Medical Center, and Nagasaki Prefecture Shimabara Hospital (UMIN ID:000033374). Informed consent was obtained in the form of opt-out on the web site. Consent for publication was not applicable. The study was performed in accordance with the Declaration of Helsinki. Funding: Funding were not applicable.

**Competing interest:** Competing interests were not applicable.

**Availability of data and materials:** All data generated or analyzed during this study are included in this published article and its supplementary information files.

**Author's contributions:** ST collected datasets about Nagasaki Medical Center. KA collected datasets about Nagasaki Harbor Medical Center. SO and SN collected datasets about Nagasaki Prefecture Shimabara Hospital. HT and DO collected datasets about Sasebo City General Hospital. NH, TS, YU, YD, HT, HS, HG, HY, MF and HM collected datasets about Nagasaki University Hospital. KN collected datasets about Ureshino Medical Center. All authors read and approved the final manuscript.

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## Tables

Table 1 Patients characteristics

All patients		53
Age, median (range)		70 (29-89)
Sex (%)	Male	36 (67.9)
	Female	17 (32.1)
PS (%)	0	3 (5.7)
	1	44 (83.0)
	2	6 (11.3)
Smoking (%)	No	13 (24.5)
	Yes	40 (75.5)
Pathology (%)	AD	47 (88.7)
	SQ	0 (0)
	Others	6 (11.3)
Staging (%)	III	10 (18.9)
	IV or relapse	43 (81.1)
EGFR mutaiton (%)	No or unknown	46 (86.8)
	Yes	7 (13.2)
Treatment schedule of S-1 (%)	4W2R	31 (58.5)
	2W1R	18 (34.0)
	Others	4 (7.5)
Prior treatments before S-1 (%)	1	11 (20.8)
	2 or 3	42 (79.2)
Number of cycles of PEM (%)	1~4	29 (54.7)
	5≤	24 (45.3)
Median period between last PEM administration and first S-1 administration (range)		118 days (11-625)
ICI between S-1 and PEM		none

Table 2. Best Response

Best respons (%)	PR	1 (1.9)
	SD	21 (39.6)
	PD	31 (58.5)
ORR		1.9% (95% CI:0.0-10.1%)
DCR		41.5% (95% CI:28.1-55.9%)

Table 3 Previous reports about S-1 monotherapy

Author	Year	Study design	Schedule <sup>*1</sup>	Prior treatment number	Resistration period	Number of patients	Median age (y.o)	PS (0-1/2-4)	Pathology (AD/SQ/Others)	ORR(%)	DCR(%)	PFS (months)	OS (months)
Kawahara	2001	Phase II	4W/2W	0	Unknown	59	64	55/4	38/20/1	Total:22.0 AD:26.3 SQ:10.0	unknown	-	10.2
Totani	2009	Phase II	4W/2W	1	Aug. 2005- July 2007	48	66.5	36/12	36/5/7	12.5	52	2.5	8.2
Govindan	2011	Phase II	2W/1W	1	Unknown	57	62	57/0	26/18/13	Total:7.1 Non-SQ:10.5 SQ:0	Total:31 Non-SQ:60.5 SQ:44.4	2.9	7.3
Shirovama	2011	Phase II	4W/2W	1≤	June 2005- May 2007	44	64	44/0	30/11/3	13.6	77.3	4.2	16.4
Kasai	2016	Phase II	4W/2W	0	June 2007- June 2010	32	80	32/0	24/6/2	22.6	65.6	5.5	12.4
Nokihara	2017	Phase III	4W/2W	1,2	July 2010- June 2014	577	62	565/12	430/105/41	8.3	45.4	2.8	12.7
Tomita <sup>*2</sup>	2011	Retrospective	Physician's choice	1-3	Mar. 2004- Oct. 2010	19	Unknown	Unknown	19/0/0	15.8	57.9	unknown	unknown
present	present	Retrospective	Physician's choice	1-3	Apr. 2012- Mar. 2017	53	70	47/6	47/0/6	1.9	41.5	2.8	12.8

\*1 4W2W: administration for 4 weeks and rest for 2 week.  
\*2 Adenocarcinoma subset analysis.

## Figures

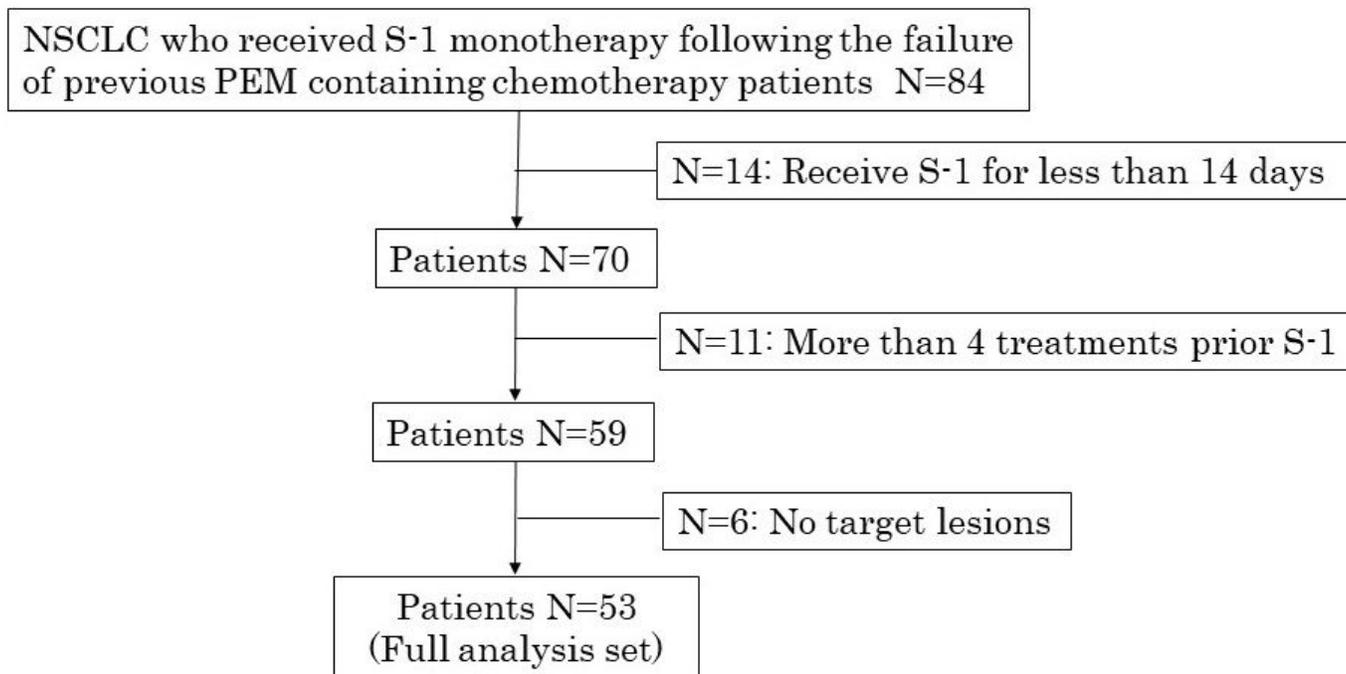
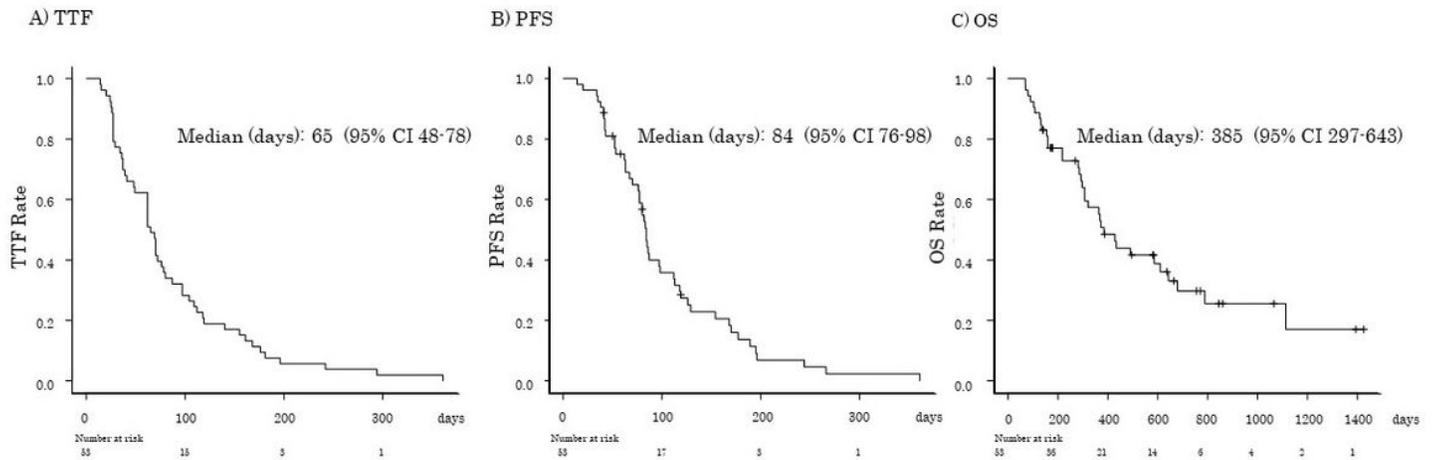


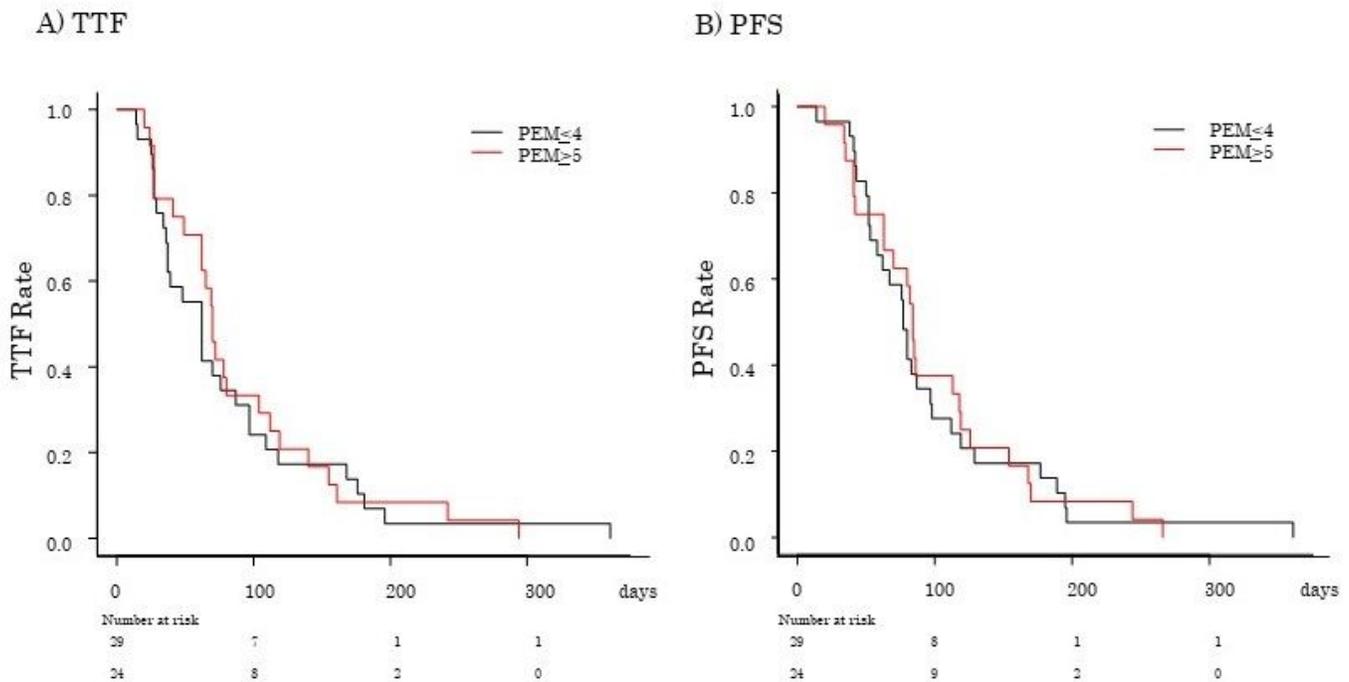
Figure 1

Scheme of full analysis set (FAS).



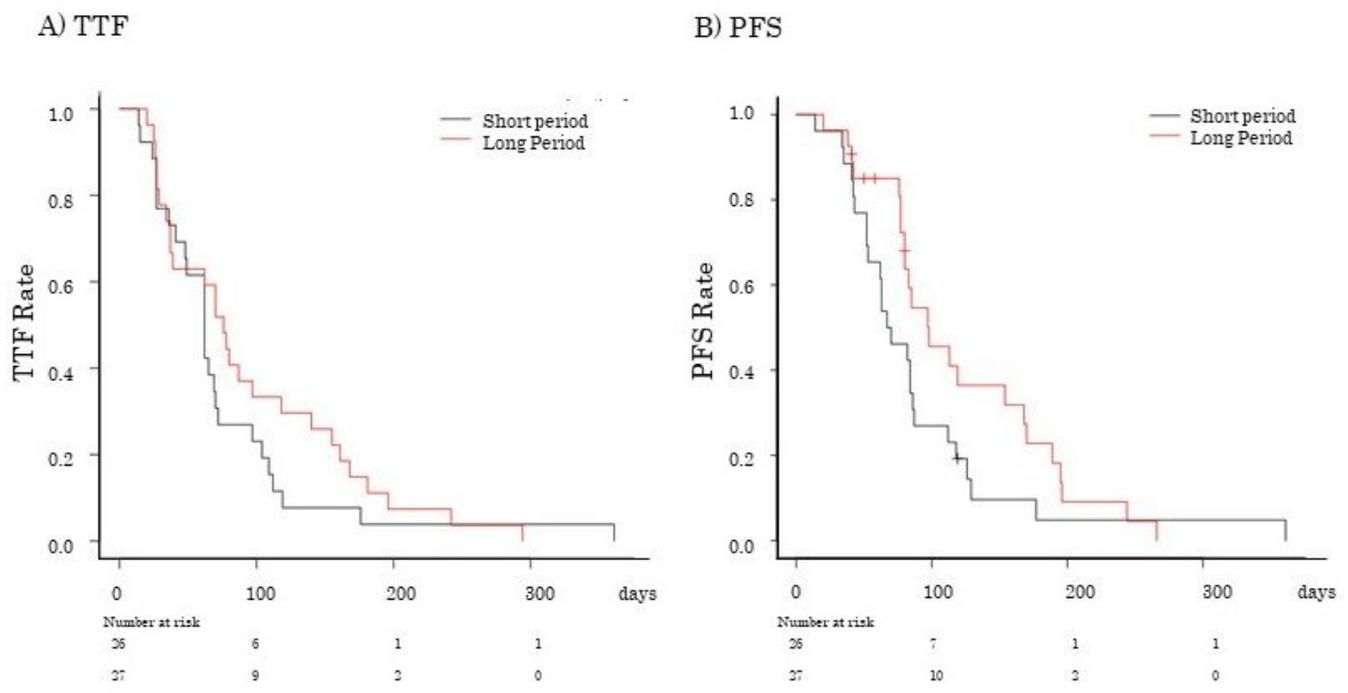
**Figure 2**

Kaplan-Meier curves of A) treatment failure (TTF), B) progression-free survival (PFS), and C) overall survival (OS) for the patients (n=53) in the full analysis set.



**Figure 3**

Kaplan-Meier curves of A) TTF, B) PFS stratified by the number of PEM administration. Black line indicates subgroup PEM was administered 4 or less (PEM<4) and Red line indicates 5 or more (PEM>5). There was no significant difference between PEM<4 group and PEM>5 in median TTF (77 days vs 84 days, respectively; P=0.86) and PFS (62 days vs 70 days, respectively; P=0.72).



**Figure 4**

Kaplan-Meier curves of A) TTF, B) PFS stratified by the period between last PEM administration and first S-1 administration. Black line indicates subgroup the period was below the median (Short period) and Red line indicates above the median (Long period). There was no significant difference between Short period group and Long period group in median TTF (62 days vs 76 days, respectively;  $P=0.29$ ) and PFS (68.5 days vs 98 days, respectively;  $P=0.11$ ).

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [DataSet20210110.xlsx](#)