

Changes in the Gut Microbiome Community of nonhuman primate following radiation injury

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Abstract

Background

Composition and maintenance of the microbiome is vital to gut homeostasis. However, there is limited knowledge regarding the impact of high doses of radiation, which can occur as a result of cancer radiation therapy, nuclear accidents or intentional release of a nuclear or radioactive weapon, on the composition of the gut microbiome. Therefore, we sought to analyze alterations to the gut microbiome of nonhuman primates (NHPs) exposed to high doses of radiation.

Methods

Fecal samples were collected from 19 NHPs (Chinese rhesus macaques, *Macaca mulatta*) one day prior and one and four days after exposure to 7.4 Gy cobalt-60 gamma-radiation (LD_{70-80/60}). The 16S V4 rRNA sequences were extracted from each sample, followed by bioinformatics analysis using the QIIME platform.

Results

Alpha Diversity (Shannon Diversity Index), revealed no major difference between pre- and post-irradiation, whereas Beta diversity analysis showed significant differences in the microbiome after irradiation (day + 4) compared to baseline (pre-irradiation). The Firmicutes/Bacteroidetes ratio, a factor known to be associated with disruption of metabolic homeostasis, decreased from 1.2 to less than 1 post-radiation exposure. *Actinobacillus*, *Bacteroides*, *Prevotella* (*Paraprevotellaceae* family) and *Veillonella* genera were significantly increased by more than 2-fold and *Acinetobacter* and *Aerococcus* genus were decreased by more than 10-fold post-irradiation. Fifty-two percent (10/19) of animals exposed to radiation demonstrated diarrhea at day 4 post-irradiation. Comparison of microbiome composition of feces from animals with and without diarrhea at day 4 post-irradiation revealed an increase in *Lactobacillus reuteri* associated with diarrhea and a decrease of *Lentisphaerae* and *Verrucomicrobioa* phyla and *Bacteroides* in animals exhibiting diarrhea.

Conclusion

Our findings demonstrate that substantial alterations in the microbiome composition of NHPs occur following radiation injury and provide insight into early changes with high-dose, whole-body radiation exposure. Future studies will help identify microbiome biomarkers of radiation exposure and develop effective therapeutic intervention to mitigate the radiation injury.

Introduction

Whole-body radiation exposure occurs in a variety of settings including cancer radiotherapy, industrial accidents, and intentional release of nuclear or radiologic weapons. While moderate to high level exposure to radiation impacts a number of physiologic systems, acute death is often associated with sepsis. This led us to explore the impact of high-dose, whole-body radiation exposure on the fecal microbiome composition of NHPs.

Cancer remains the largest cause of mortality with 9.6 million mortality worldwide in 2018 [1]. Treatment for almost all types of cancers includes surgery, chemotherapy, and radiation. Ionizing radiation results in the damage of DNA, which ultimately results in cell death [2]. Additionally, irradiation results in the creation of free radicals that exert detrimental effects on nearby cells affected by the radiation field area. Rapidly dividing cells, including the targeted cancer cells, are especially sensitive to radiation.

Although ionizing radiation is highly effective at inducing DNA damage in cancer cells, which leads to cell death, nearby healthy cells are also affected [2]. Localized radiation is possible with most cancers, but for abdominal cancers a broader field area of ionizing radiation is necessary and can cause serious effects on normal tissue including the gastrointestinal tract. In particular, the epithelial cells of the intestines are rapidly dividing healthy cells commonly adversely affected by irradiation. A common side-effect of irradiation is diarrhea, which can negatively affect quality of life as well as radiation injury treatment outcome [2, 3]. Intestinal radiation injury is a significant clinically unmet challenge. It is estimated that more than 300,000 patients receive pelvic or abdominal radiation therapy, 60–

80% (180,000 to 240,000) of whom show symptoms of acute bowel toxicity [4]. These annual incidences add up to 1.6 million patients with post-irradiation intestinal dysfunction living in US alone [4].

Commensal microbes within the human gastro-intestinal (GI) tract are vital to achieving and maintaining optimal homeostasis. These functions include the basic food breakdown and absorption of food byproducts as well as production of vitamins. Additional functions include prevention of pathogen colonization, and direct interaction with the immune cells of the GI tract [5]. Dysbiosis or significant changes in the composition of the microbiome has been linked to several diseases including diabetes, heart disease, neurological diseases and cancer [6].

Previous studies have shown that ionizing radiation induces significant changes in the microbiome [2, 7]. More recently, it has been shown that ionizing radiation induced diarrhea may be determined by pre-irradiation microbiome compositions [8–10]. Microbial diversity correlated with radiation enteropathy and higher levels of *Clostridium IV*, *Roseburia*, and *Phascolarctobacterium* were observed in patients with radiation enteropathy. Though the role of specific microbiome alteration in induction of diarrhea needs to be understood, probiotic usage has shown positive effect in preventing radiation-induced diarrhea [11], suggesting that intentional modulation of the gut microbiome may be one means by which irradiation-induced enteropathy can be mitigated. Due to the significant impact of radiation-induced impact on disease outcome and quality of life, in depth analyses of how radiation can affect the microbiome and radiation-induced diarrhea is needed.

In this study we sought to characterize the GI microbiome alterations following whole-body irradiation in NHPs (Chinese rhesus macaques). Similar to what has been attempted by others [9, 12, 13], we also sought to identify specific microbial changes as a biomarker to predict adverse side effects (irradiation-induced diarrhea) following whole-body irradiation in these animals. We found that whole-body irradiation altered the diversity of the microbiome and relative representation of several key genera or species. Irradiation-induced diarrhea was observed in roughly half the animals by day 4 post-exposure, which appeared to be associated with an increase in *Lactobacillus reuteri*, a species usually associated with protection from diarrhea. Overall, this study demonstrates that exposure to IR can have a significant impact on the composition of the gut microbiome, and particular species may be more susceptible to irradiation, while others may predict harmful side effects.

Materials And Methods:

Animals. Nineteen Male Rhesus Macaques (*Macaca mulatta*, Chinese strain), weighing 4.0 to 8.0 kg and between 2.5 and 7 years of age were used. All animals were screened for exposure to simian immunodeficiency virus, simian retroviruses, simian T-cell leukemia virus type 1, herpes B virus, tuberculosis, shigella and tuberculosis prior to study initiation and quarantined for 35 days prior to the start of the experiment. Macaques were singly housed for the duration of the study. Animals were observed a minimum of twice per day and clinical observations and stool consistency was noted on days following irradiation. This animal study was conducted in a facility accredited by the Association for Assessment and Accreditation of Laboratory Animal Care (AAALAC)-International. All procedures involving animals were approved by Southern Research Institutional Animal Care and Use Committee (IACUC) and Department of Defense Animal Care and Use Review Office (ACURO). This study was carried out in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health [14].

Irradiation. On the day of irradiation, food was withheld until after exposure. Macaques were sedated (Ketamine, 5–15 mg/kg, intramuscular) and placed in a positioning aide device (restraint box) prior to exposure. Radiation exposure was unilateral sequential (one half radiation dose from one side and then other half of the dose from other side). Each macaque received a dose of 7.4 Gy at a dose rate of 0.6 Gy/min. After exposure, animals were allowed to recover from sedation and were returned to the holding facility.

Fecal Sample Collection. Fecal samples were collected from each primate on days - 1, 1 and 4 post-exposure. Feces were collected directly from the cage with an applicator stick, placed in a 2 mL cryovial and frozen at ≤ 70 °C.

Fecal sample microbiome analysis

Fecal samples were collected and stored at -80° C before analyses. Microbial genomic DNA was isolated using a Fecal DNA isolation kit (Zymo Research) following the manufacturer's instructions. Once the sample DNA was prepared, PCR was used with unique bar coded primers to amplify the variable region 4 (V4) region of the 16S rDNA gene to create an amplicon library from individual samples [15, 16]. The PCR product of ~ 255 bases from the V4 segment of the 16S rDNA gene was sequenced using single end reads using Illumina MiSeq [15].

To support the analysis of microbiome data, we have established an analytical pipeline based on the latest version of the QIIME tool suite [15, 17]. The first step in our analysis is to assess the quality of the raw data using FASTQC and then low quality data is filtered out using the FASTX toolset. The Ribosomal Database Program (RDP) classifier trained using the Greengenes (v13.8) 16S rRNA gene database was used to make taxonomic assignments for all OTUs at confidence threshold of 80% (0.8). The resulting OTU table included all OTUs, their taxonomic identification, and abundance information. OTUs whose average abundance was less than 0.005% were filtered out. OTUs were then grouped together to summarize taxon abundance at different hierarchical levels of classification (e.g. phylum, class, order, family, genus, and species). Alpha diversity (within sample diversity) was calculated using Shannon's metrics as implemented in QIIME. Beta diversity (between sample diversity) among different samples was measured using three metrics; Bray Curtis (non-phylogeny based) (BC), weighted (W) and unweighted phylogeny based UNIFRAC (UW). Principal coordinates analysis (PCoA) was performed by QIIME to visualize the dissimilarity matrix (beta-diversity) between all the samples. 3D PCoA plots were generated using EMPEROR [15].

Statistical analysis

For the microbiome analysis, samples were grouped by user defined variables and significant differences between groups determined by performing a PERMANOVA test on each of the beta diversity indices. A Kruskal–Wallis test was performed to identify key taxa whose changes in relative abundances between groups. These statistical tests were performed using tools within the QIIME package. Statistical analysis for Fig. 2 (F/B Ratio) was conducted using Brown-Forsythe and Welch ANOVA test (GraphPad Prism 8.1.0, GraphPad Software, San Diego, California USA, www.graphpad.com).

Results:

Radiation side effects include diarrhea due to changes in intestinal microbial flora and damage to the intestinal lining. These changes persist after the cessation of radiation [18]. Hence it is important to understand the profile of changes in the intestinal microbial flora after radiation and to identify biomarkers of radiation induced diarrhea. Due to the evolutionary proximity to humans, NHP were used in our studies to explore the alteration in the gut microbiome composition after radiation exposure. NHPs (N = 19) were exposed to whole body 7.4 Gy cobalt-60 gamma-radiation (LD_{70-80/60}) (Table.1), followed by fecal sample collection and monitoring for clinical signs of adverse effects with weekly body weight measurements. Fecal samples collected before (day - 1) and after (day + 1 and + 4) irradiation were subjected to 16S RNA gene sequencing.

Alpha and beta diversity analysis pre and post-irradiation

441 to 560 OTUs were observed in the fecal samples at pre-radiation (day - 1), whereas 381 to 578 OTUs were observed post-radiation (day + 4). Diversity of microbes within the samples (Alpha Diversity) was measured by the Shannon Diversity Index. Shannon index was not significantly different between the pre- and post-irradiation sets of samples (5.96 ± 0.72 vs 5.58 ± 0.76 respectively).

To compare the diversity in the microbial composition between the fecal samples collected pre and post-radiation, Beta diversity was measured using three metrics; Bray Curtis (non-phylogeny based) (BC), weighted (W) and unweighted phylogeny based UNIFRAC (UW). While the weighted UNIFRAC (W) analysis measures abundance of the microbiome, unweighted UNIFRAC (UW) does not account for the microbial abundance. As shown in Table 2, fecal samples immediately after irradiation (at day + 1) did not show a significant difference compared to pre-radiation (day - 1) samples (p values not significant). In contrast, fecal samples at day + 4 post-irradiation showed a significant difference (p values < 0.05), suggesting significant differences in the microbe composition after radiation, in a time dependent fashion.

Table 1
Study Design

Activity	Days					
	-1	0	1	2	3	4
Irradiation		✓				
Clinical Monitoring		✓	✓	✓	✓	✓
Body weights	✓		✓			✓
Fecal collection	✓		✓			✓

Table 2
Beta Diversity in the fecal microbiome populations

Groups	BC	UW	W
Day - 1 vs Day + 1	0.139	0.628	0.506
Day - 1 vs Day + 4	0.006	0.012	0.005

Analysis of abundance at the Phylum and Genus levels

16S data base was used to analyze the microbial abundance at the Phylum and Genus levels, shown in Table 3. As there was no significant change in the beta diversity immediately after the radiation (day + 1 post-irradiation), analysis was limited to samples collected later (day + 4) in comparison to pre-radiation (day - 1) samples.

Table 3
Altered fecal microbiome profile post-Irradiation

Level	OTU	P	Prevalence Day - 1	Prevalence Day + 4	Fold Change (Day + 4/Day - 1)
Phylum	<i>Bacteroidetes</i>	0.008	39%	52%	1.32
	<i>Firmicutes</i>	0.033	46%	39%	0.85
Genus	<i>Prevotella*</i>	0.000006	0.44%	2.05%	4.69
	<i>Acinetobacter</i>	0.000021	0.17%	0.00%	0.01
	<i>Aerococcus</i>	0.000097	0.23%	0.02%	0.10
	<i>Actinobacillus</i>	0.001	0.01%	0.11%	9.88
	<i>Veillonella</i>	0.001	0.01%	0.11%	11.16
	<i>Bacteroides</i>	0.002	0.04%	0.11%	2.65
* <i>Paraprevotellaceae</i> family					

Before irradiation (day - 1), Bacteroidetes and Firmicutes were the major phyla observed (39 to 46%). Other minor phyla such as Spirochaetes (5.6%), Verrucomicrobia (1.2%), and less than 1% of other phyla (Euryarchaeota, Lentisphaerae, Tenericutes) were observed. As noted elsewhere [19][9], baseline gut microbiota was dominated by members of the *Prevotella* (30.5%) genus (data not shown). However, after irradiation (Day + 4) the prevalence of Bacteroidetes phylum increased from 39–52% (1.3-fold increase), whereas Firmicutes decreased from 46–39% (0.84-fold decrease), resulting in a significant decrease in the Firmicutes/Bacteroidetes (F/B) ratio from 1.2 at pre-radiation (day - 1) to 0.75 at post-irradiation (day + 4) ($p = 0.014$).

Representation of four genera, *Prevotella* (*Paraprevotellaceae* family), *Actinobacillus*, *Veillonella* and *Bacteroides*, was found to be increased between 2 and 11 fold, whereas representation of two genera, - *Acinetobacter* and *Aerococcus*, decreased by 10 and 100 fold, respectively, at day + 4 post-irradiation (Table 3). Considering the prevalence before irradiation (more than 0.1%), three differences at the genus levels at day + 4 post-irradiation were noteworthy. These include, increased *Prevotella* (*Paraprevotellaceae* family) (more than 4-fold increase) and decreased *Acinetobacter* and *Aerococcus* (more than 10 to 100-fold decreases, respectively).

Microbial changes in animals with diarrhea post-irradiation

Diarrhea was observed in some animals in a time dependent manner as a consequence of irradiation. None of the animals had shown diarrhea pre-irradiation, and day + 1 and + 2 post-irradiation, whereas 10 out of 19 (52.6%) showed diarrhea at day + 4 post-irradiation. By day 6, 79% of the animals came down with diarrhea. As we wanted to study the early microbial changes associated with diarrhea, we focused on animals with diarrhea at day + 4. Comparison of the microbiome of animals with and without diarrhea was performed to understand the microbial differences. Three significant differences were observed in these animals (Table 4). *Lactobacillus reuteri* was significantly increased (17 fold) in prevalence (0.06–1.09%) in animals with diarrhea. Similarly, two genera, *Dialister* (14.9 fold) and *Veillonella* (32.9 fold) were also found to be increased in animals with diarrhea compared to animals without diarrhea.

Table 4
Altered fecal microbiome observed in animals with Diarrhea Post-Irradiation

OTU	P	Prevalence in Animals without Diarrhea	Prevalence in Animals With Diarrhea	Fold Increase in diarrhea animals
<i>g_Dialister</i>	0.012	0.01%	0.15%	14.9
<i>g_Veillonella</i>	0.012	0.01%	0.16%	32.9
<i>g_Lactobacillus;s_reuteri</i>	0.017	0.06%	1.09%	17.8

Biomarkers for radiation induced diarrhea

Diarrhea is a significant side effect of radiation injury [8]. It would be beneficial to prospectively identify subjects who might be prone to radiation induced diarrhea, to develop appropriate therapy. To identify such microbial biomarkers, fecal samples of animals at pre-irradiation (day - 1) with and without diarrhea symptom post-irradiation (day + 4) were compared (Table 5). Before irradiation (day - 1), two phylum of bacteria were associated with diarrhea at day + 4. Animals with diarrhea had significantly lower levels of *Lentisphaera* and *Verrucomicrobia* phyla and significantly lower levels of *Bacteroides* genus before radiation. These differences show the potential association between the prevalence of microbiomes and differential susceptibility to radiation induced diarrhea.

Table 5
Biomarker at baseline predictive of Diarrhea post-irradiation (Day + 4)

Level	OTU	P	Prevalence at baseline in Animals without Diarrhea at day + 4	Prevalence at baseline in Animals with Diarrhea at day + 4	Fold Change (Diarrhea/Non-Diarrhea)
Phylum	<i>Verrucomicrobia</i>	0.009	1.68%	0.45%	-3.7 fold
	<i>Lentisphaerae</i>	0.014	0.69%	0.08%	-8.6 fold
Genus	<i>Bacteroides</i>	0.002	0.07%	0.02%	-3.5 fold

Discussion

Despite the significant clinical incidence of intestinal radiation injury in cancer patients, effective therapies to address intestinal radiation injury are not available. NHPs seem to reproduce several aspects of acute radiation syndrome (ARS) observed in humans (Reviewed in [20]). In light of similarity to physiological responses to radiation in humans, evolutionary relatedness, similarity in organ structure; GI symptoms and metabolism to humans, NHPs are considered to be the benchmark animal model for studying ARS. One of the clinical manifestations of ARS include gastrointestinal effects (at exposure levels of more than 6 Gy) [21]. Though probiotics are shown to exert positive effect on the ARS [11], specific and effective treatments are lacking.

In the current study, we used NHP model of ARS and evaluated the gut microbial changes at early time points post-irradiation. Our findings demonstrate significant changes in beta diversity and specific microbes [*Actinobacillus*, *Bacteroides*, *Prevotella* (*Paraprevotellaceae* family), *Veillonella*, *Acinetobacter* and *Aerococcus*]. Fecal microbiome analysis also revealed significantly elevated *Lactobacillus reuteri* in fifty-two percent (10/19) of irradiated animals which showed diarrhea at day 4 post-irradiation. Our results also suggest that animals with diarrhea at day 4 post-irradiation, revealed lower levels of *Lentisphaerae* and *Verrucomicrobioa* phyla and *Bacteroides* genus at baseline (before irradiation) shedding some light on the possible role of these bacteria in maintaining intestinal health.

In our study, though differences in alpha diversity were not observed, significant changes in beta diversity after irradiation consistent with the previous studies [9, 12] were noticed. The observed change in beta diversity was further strengthened with the significant decrease in the Firmicutes/Bacteriodes (F/B) ratio (from 1.2 at pre-radiation at day - 1 to 0.75 at post-irradiation day + 4), as Firmicutes/Bacteriodes (F/B) ratio is considered to be a significant indicator of gut microbiota composition [22, 23]. Interestingly significant increase in Bacteroidetes phylum at day + 4 post-irradiation observed in our study, differs from couple of previous studies [9, 12]. These previous reports had shown either non-significant increase in Bacteroidetes in Chinese rhesus macaques after 3-days post-irradiation with 6.8 Gy radiation [9] or no change in Bacteroidetes with 6.8/7.2/7.7 Gy radiation in Chinese rhesus macaques after 3-days post-radiation [12].

Significant changes in specific bacteria were observed in the current study. Changes in the levels of *Actinobacteria*, *Veillonella* and *Bacteroides* genera post-irradiation observed in our study are similar to the previous reports [9, 12]. However, in contrast to these previous reports [9, 12], our study failed to observe significant changes in number of other genera (*Spirochetes*, *Lactobacillus*, *Streptococcus*, *Treponema*, *Helicobacteria*, *Parabacteroides*, *Collinella* and *Prevotella*). This discrepancy might be due to differences in study cohorts and slight difference in study time points for microbial analysis (day + 4 post irradiation in our study vs day + 3 post irradiation in the reports). This disagreement also underscores the effect of different cohorts and time point post-irradiation selected for analysis of gut microbiota. Results of our study suggest that biomarkers of irradiation intensity as mentioned in the Carbonero et al [12], may not be universal and might depend upon several other factors such as profile of cohorts and diets.

Increased levels of *Lactobacillus reuteri* in animals with diarrhea might be due to the body's early protective response against diarrhea, as *Lactobacillus reuteri* is associated with intestinal health and has shown to improve the gut health and decrease the duration of diarrhea [24]. Elevated levels of *Dialister* and *Veillonella* observed in our study is in line with the previous literature reports where *Dialister* and *Veillonella* are associated with radiation induced diarrhea [25]. Association of significantly lower levels of *Lentisphaera* and *Verrucomicrobia* phyla and *Bacteroides* genus at baseline in animals which showed diarrhea after radiation is interesting and warrants further detailed investigation. In light of this observation, it remains to be seen if the radiation induced diarrhea can be reversed by use of probiotics containing these bacteria and modify the kinetics of restoration of bowel health. Our current study had also some limitations. Our sample analysis was limited to the early time points (up to day + 4), as we wanted to focus on the early primary changes and not a consequence of other effects of radiation on the body (secondary events). Our observations are limited to fecal microbiome analysis. Additional metabolomics studies of the fecal and serum samples can add value to these findings.

Though the previous studies [9, 12] had shown changes in microbiome in the irradiated NHPs, our study is unique in two aspects; 1) demonstration of association between diarrhea and specific microbiome changes, and 2) microbial biomarker at baseline which might be suggestive of radiation induced diarrhea. However, FDR P for these observations were weak and non-significant, which suggests the need for larger sample size to confirm this finding.

Conclusions

Overall, our study demonstrates significant microbial alterations in the NHP model of radiation injury and provides a valuable insight into early changes in the gut microbiome after radiation exposure. Data observed in our study also paves the way for testing the effect of different antibiotics on the radiation induced gut microbial changes and the associated diarrhea. Additional studies are needed to understand the impact of microbial changes on the pathophysiology of the animals and the effect of probiotics/antibiotics in preventing the radiation induced diarrhea. NHP model of radiation injury can serve as a valuable tool to identify microbiome biomarkers of radiation exposure and assist in developing effective therapeutic intervention to mitigate the radiation injury. Understanding the pathophysiology of radiation injury and radiation-induced diarrhea can help in the development of new drugs and preventive measures (probiotics). Such efforts will be a great benefit for society as it can enhance the quality of life of cancer patients subjected to radiation.

Abbreviations

NHP- Non human primates, DNA- Deoxyribo nucleic acid, GI- tract- Gastro-intestinal tract, OTU- Operational Taxonomic Unit, F/B- Firmicutes/Bacteriodes, ARS- Acute Radiation Syndrome, FDR- False Discovery Rate

Declarations

Ethics approval:

All procedures involving animals were approved by Southern Research Institutional Animal Care and Use Committee (IACUC) and Department of Defense Animal Care and Use Review Office (ACURO). This study was carried out in strict accordance with the recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health.

Consent for publication:

All the co-authors consent for the publication of the contents and the data of this manuscript.

Availability of Data and Materials:

The data and material of the manuscript is available at the following link.

https://data.genome.uab.edu/ccts/bmi/microbiome-/result2019/M220/PrinceTuffourSRI_analysis/ANALYSIS/microbiome_report.html.

Competing interests:

The authors have no relevant affiliations or financial involvement with any organization or entity with a financial interests or conflicts with the subject matter or materials discussed in the manuscript. This includes employment, consultancies, honoraria, stock ownership or options, expert testimony, grants or patents received or pending, or royalties.

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Authors' contributions:

RK, NF and VKS contributed to the concept. RK, KW, BM wrote the manuscript. WV and CM analyzed the data and provided critical insights. NF, FK and VKS critically reviewed the manuscript.

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Figures

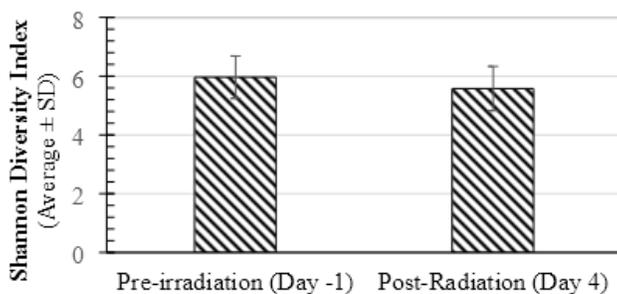


Figure 1

Alpha-Diversity in fecal microbiome at baseline and post-irradiation

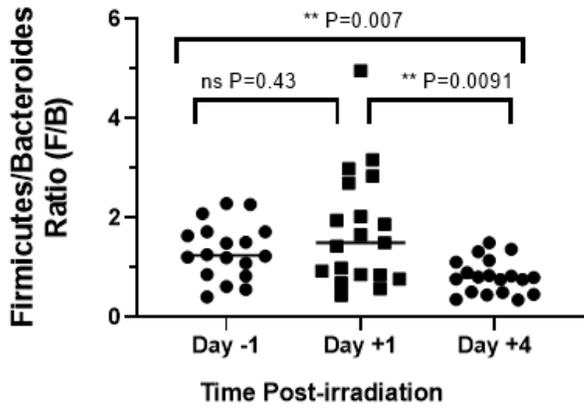


Figure 2

Firmicutes/Bacteroidetes (F/B) Ratio at baseline and post-irradiation