

Self Reported Hearing Impairments And Associated Risk Factors Among Metal And WoodWork Workers in Gondar Town, North West Ethiopia, 2020.

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Research

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Abstract

Background

Globally, the prevalence of occupational noise-induced hearing loss ranges from 16–24%. Moreover, occupational noise exposure is a major public health problem among metal and woodwork workers in sub-Saharan Africa including Ethiopia. However, there is limited evidence about the risk of hearing impairments and level of noise exposure in Ethiopia.

Methods

In this cross-sectional study 580 metal and woodwork employees in Gondar town were surveyed from February 10–March 25/2020. The data were collected through an interviewer-administered questionnaire and the noise exposure level was measured using an ICE 651 type II sound pressure level meter. The data were entered into EPI info version 7 and analyzed using SPSS 20 version software. Bivariable and multivariable logistic regression analyses were performed to identify factors associated with hearing impairments.

Result

The overall prevalence of self-reported hearing impairment was 20.7% [95%CI: (17.4–24)]. From the total participants, 11.2% of the woodwork and 9.5% of metal workers reported hearing impairments. The mean (\pm SD) noise exposure level in both industries was 96.63 ± 3.7 dBA. Listening to music using earphones for more than two hours per day [AOR = 5.33, 95% CI (1.29, 21.9)] and playing music with loud volume (AOR = 3.75 (1.13, 12.43)) were significant risk factors for hearing impairments.

Conclusion

The prevalence of hearing impairment is comparable in metal and woodwork workers, but higher noise exposure level is recorded in woodwork industry and the majority of the employees exposed to the noise level above the permissible exposure limit. Therefore, the hearing conservation program shall be implemented in both wood and metalwork industries.

Introduction

There is a great global concern about industrial noise exposure in metal and woodwork industries (1). Occupational noise exposure has been documented since at least the 18th century when it was noted that copper miners developed hearing loss as a result of noise from hammering on metals (2, 3). Noise is defined as an unwanted and unpleasant sound, which interferes with human communication, comfort, and feeling of wellbeing (4–6). Hearing loss caused by work-related noise exposure is referred to as occupational noise-induced hearing loss (NIHL) (1, 6, 7) and it is estimated worldwide 16 to 24% (7) and is

the second-most common self-reported occupational injury or illness, accounting for 7% of the total hearing loss in developed countries and 21% in developing countries (8). Hearing impairment is the most common sensory deficit. Over 180 million people develop a disabling hearing impairment (HI) during adulthood with occupational noise-induced hearing loss (NIHL) estimated to account for 16% of this case (9) and it is a major challenge for public health organizations (10). It is estimated that approximately 600 million workers are exposed to occupational noise (11).

A Study in the USA showed that the weighted prevalence of workplace noise exposure was highest for mining(76%, SE¼7.0) followed by lumber/wood product manufacturing (55%, SE¼2.5) (7). In Nepal metalworkers, the prevalence of NIHL is 30.4 % and 4.1% in controls with a significant odds ratio of 10.3 (6). In Greek wood industries average noise level is beyond the acceptable limit values (12) and in southeast Asia wooden furniture industry noise-induced permanent threshold shifts were reported in 34.7% of the participants and noise levels up to 130 dBA(9). A study conducted in Saudi Arabia showed that all mean noise levels in all studied metalwork factories and 50% of studied woodwork industries were higher than the standard level of 85 dBA (1).

Literature indicated that factors influencing the occurrence of noise-induced hearing loss in the metal and woodwork industry include noise intensity and duration of exposure (9, 13), gender, age (6), non-use of hearing protection, cigarette smoking, head injury, and alcohol consumption (6, 14, 15). Extraneous noise sources like market, noise from traffic flow, previous occupation like the garage, construction, military, training were also identified as risk factors(16, 17). Occupational noise exposure and related hearing impairment are a public health problem in sub-Saharan Africa due to rapid ongoing industrialization (6) and it represents a much heavier burden in the region due to lack of noise prevention programs and awareness (18).

Nowadays the number of metal and wood manufacturing factories is increased in Ethiopia to meet the rising demand for different infrastructure. The effect of noise generated in the metal and woodwork industries in Ethiopia and hearing impairment of the workers in this sector has not been investigated and the level of noise exposure is not known. Furthermore, the working condition in this industry has received little attention and appropriate noise control measures are not implemented.

Therefore, the purpose of this study is to determine noise exposure level, the prevalence of self-reported hearing impairments, and associated risk factors among metal and wood manufacturing workers in Gondar town.

Material And Methods

Study design and settings

An institutional-based cross-sectional study was conducted from February 10- March 25/2020. The study was conducted in 46 metals and 45 woodwork industries in Gondar town, Ethiopia. Gondar town is the capital city of the central Gondar zone in Amhara regional state and it is one of the historical towns in the

country and located 750 km from northwest of Addis Ababa. The metal and woodwork industry is one of the known industries that generate high noise levels that can affect the hearing condition of the workers unless a hearing conservation program is implemented.

Source and study populations

All metal and woodwork workers in Gondar town were the source population and Workers who have worked at least for six months and above in the metal and woodwork industry were included in the study (19).

Sample size and sampling procedure

For the first objective sample size was done by using a single proportion formula by considering 95% confidence interval, 30.4% prevalence of noise-induced hearing loss among metalwork worker(6), and 4% margin of error and by adding 10% non-response rate, the final sample size for the first objective was 599, and sample size for the second objective was 644, which is determined by open EPI info version 7 considering 95% CI, and power 80% and factors that have strong significant relation with hearing impairment (11, 20). The sample size for the second objective is higher than the sample size for the first objective and the final sample size for this study was 644, which is near to all target population (729) in the town and a survey sampling technique was used to select the study participants among wood and metalwork workers.

Data collection tool and procedure

The data was collected through an interviewer-administered data collection technique by using a pre-tested structured questioner that prepared from different kinds of literature and the questioner is close-ended with multiple choice and rating scale and includes socio-demographic, working condition, behavioral characteristics of the study participant, previous occupational noise exposure, occupational noise exposure level with duration and intensity of exposure and sign and symptoms of noise-induced hearing impairment. First, the questioner was prepared in English and translated to the local language (Amharic), and checked for consistency. Workplace noise exposure level was measured by a sound level meter (**according to IEC 651, type II**), and average SPL measurement taken over 15 minutes in the one-minute interval at workers head level(1) during the work is performed and Average noise level (Ave) was calculated using the following logarithmic formula.

$$\text{Average } L_p = 10 \log_{10} \left[\frac{10^{L_{p1}/10} + 10^{L_{p2}/10} + \dots + 10^{L_{p15}/10}}{15} \right]$$

15

Operational definitions

Hearing impairment was defined as a study participant who experience the difficulty of hearing when people speak, communication difficulty (misunderstanding what is heard), tinnitus (ringing or buzzing in their ears in the absence of external noise source) was considered as he/she have hearing impairments

(13, 21) and coded as 1 for had experience hearing impairments and 0 for not had experience hearing impairments.

Ear infection

In this study ear infection was ascertained by the question do you have a history of ear infection under /above the age of 18 years and in this regard Certain viral infections in the inner ear destroying the cochlea, producing total deafness(19).

Smoking: In this study smoking was ascertained based on the questions: 'have you ever smoked?' and 'are you a current smoker?' Smoking will also categorize as non-smokers (never-smokers or less than 6 months or less than 20 packs of cigarettes or 12 oz. of tobacco in a lifetime, or less than one cigarette a day for one year)) and ever-smokers (current or past smokers)(11).

Data management and Analysis

The data were entered using EPI info version7 software and exported to SPSS version 20 software for further analysis. A chi-square test was done to see the association between different factors and the magnitude of hearing impairments. Bivariable and a multivariable regression model were used to identify the association between hearing impairment and independent variables. The model fit test ($p = 0.655$) and the reliability test (0.7) were assessed. P-value of less than 0.05 and odds ratio with 95% CI was used to declare the presence and the strength of association respectively.

Data quality control

The quality of data was assured through careful design, translation, and retranslation of the questionnaire as well as pre-testing on 5% of the sample from another site of metalwork and woodwork industry, and this was enabled to assess the quality of questioners that need correction and correct it accordingly. The training was also given to the data collectors and supervisors before the pretest. The supervisors and principal investigator closely followed the day-to-day data collection process and ensure completeness and consistency of the collected questionnaire. Proper categorization and coding of the data were made and double data entry was performed.

Ethical consideration

The ethical issue was assured by an Institutional Review Committee of the University of Gondar and participants were also informed and confidentiality assured by using an anonymous questionnaire.

Result

Socio-demographic characteristics of study participants

From a total of 626 wood and metalwork workers, 580 respondents with a response rate of 92.7% were fully participated and considered for the analysis. The majority (93.6%) of the study participants were

males and the mean age of respondents was 26.32(\pm 7.32) years of age. Half (50.9%) of the participants had work experience below 3 years and 5.5% had above 13 years of work experience (Table 1).

Table 1
Socio-demographic characteristics of wood and metalwork industry workers in Gondar town, 2020(n = 580)

Variables	Category	Frequency	Percent
Sex	Male	543	93.6
	Female	37	6.4
Age	15–24	265	46.2
	25–34	234	40.3
	35–44	59	10.2
	>44	22	3.8
Religion	Orthodox	476	82.1
	Muslim	96	16.2
	Protestant	6	1
	Others	2	0.3
Marital status	Single	432	74.5
	Married	148	25.5
Family size	< 2	199	34.3
	2–3	265	45.7
	4–5	97	16.7
	> 5	19	3.3
Educational status	No Formal education	16	2.8
	Primary education	99	17.1
	Secondary education	304	52.4
	Diploma and above	163	27.8
Work experience in current occupation(years)	1–3	295	50.9
	4–8	190	32.8
	9–12	63	10.3
	>12	32	5.5
Others = 7th day Adventist, Hawariyaw, ...			

Working condition factors

Among the total study participants, 53.8% of respondents engaged in the woodwork industry. Regarding the noise exposure levels, nearly three-fourth (72%) of respondents were exposed to noise levels greater than 95dBA. The Majority (64.5%) of respondents reported that they have raised their voice to be heard by their workmate within a one-meter distance in their workplace (Table 2).

Table 2
Working condition and noise exposure level related factor with hearing impairment (n = 580)

Variable	Category	frequency	Percent
Current occupation	Wood work	312	53.8
	Metalwork	268	46.2
Previous occupation	Construction	20	3.4
	Mining	1	0.2
	Garage	43	7.4
	Military	8	1.4
	Unemployed	496	85.5
	Other	12	2.1
Work experience of Previous occupation	< 2	36	6.2
	2-3	12	2.1
	> 3	10	1.7
The average noise exposure level of current occupation	< 90.0	25	4.3
	90-95.0	137	23.6
	95.1-99.0	278	47.9
	> 99.1	140	24.1
Do you use power tools like a hammer, chainsaw	Yes	524	90.3
	No	56	9.7
Do you raise your voice at the workplace to be heard by your workmate in 1meter distance	Yes	374	64.5
	No	206	35.5
Does road noise is the source of noise in your workplace	Yes	333	57.4
	No	247	42.6
If yes, how do you rate noise source from traffic flow	Small	92	15.9
	Medium	204	35.2
	High	37	6.4
Other = Farmers, merchant, Gov't employed			

Behavioral characteristics of study participants

Among the total study participants, only 6.9% of respondents utilize the hearing protective device, and out of those 2.2% used ear muffs. The majority 80.5% and 8.8% of respondents reported lack of provision and comfort issues as the main reason for non-utilization respectively. Above three-fourths, (80.9%) of respondents listened to music and 30.5% of respondents drank alcohol (Table 3).

Table 3
Behavioral characteristics of study participants in metal and woodwork industries, northwest Ethiopia, 2020.

Variables	Category	Frequency	Percent
Do you use ear protective equipment	Yes	40	6.9
	No	540	93.1
Types of ear protective equipment	Earmuff	13	2.2
	Earplug	7	1.2
	Head seat	4	0.7
	Others/cotton	16	2.8
If yes, how often do you wear hearing protective equipment	Sometimes	34	5.9
	Usually	6	1
If not use hearing protective equipment, the reason that not use it	It is not provided by the employer	467	80.5
	It is not comfortable	51	8.8
	I do not know to prevent noise	22	3.8
Have you ever smoked a cigarette	Yes	22	3.8
	No	559	96.2
Do you currently smock cigarette	Yes	21	3.6
	No	559	96.4
Have you consumed alcoholic beverages regularly	Yes	177	30.5
	No	403	69.5
Do you listen to music	Yes	469	80.9
	No	111	19.1
If yes. How loud you play this music	Quite	118	20.3
	Moderate	296	51.1
	Loud	55	9.5
How often do you use earphone to listen to music or radio	Some times	194	33.4
	Usually	33	5.7
	Often	15	2.6

Variables	Category	Frequency	Percent
	Not use	227	39.1
How many hours do you use earphone to listen to music	<2h	228	39.3
	>2h	12	2.1

Comparative noise exposure level between wood and metalwork industries

The mean (\pm SD) noise exposure level among wood and metalwork industries was 96.63 ± 3.7 dBA and the minimum and maximum noise exposure levels were 73.5 dBA and 106.9 dBA respectively. The maximum noise level in woodwork industries was 114 dBA (circular saw) and in metal, a maximum of 108 dBA (cutters and welding machine) was recorded. A significant difference in noise exposure level between metal and woodwork was observed ($\chi^2 = 15.1, df = 4, p = 0.005$)(Fig. 1).

The prevalence of hearing impairments among the wood and metalwork industry

According to this study, the overall prevalence of hearing impairments among wood and metalwork industry workers was 20.7% [95%CI: 17.4–24%]. From the total participants, 11.2% of the woodwork and 9.5% of metalwork industry workers reported hearing impairments. Moreover, 32.9% had communication difficulty and 26.4% had experienced tinnitus. besides, 16% and 8.4% of workers had trouble hearing conditions of the left and right ear without hearing aid respectively.

Prevalence of NIHL in terms of industry

The result of this study showed that the prevalence of hearing impairment was comparable among woodwork (20.8%) and metalwork (20.5%) industry workers, and no statistically significant difference has been observed ($\chi^2 = 0.008, df = 1$, and p -value = 0.5)(Table 4).

Table 4
Noise-induced hearing impairment and work categories

Hearing impairment	Work categories			p-value
	Woodwork	Metalwork	Total	
No	247(79.2%)	213(79.5%)	460(79.3%)	>0.5
Yes	65(20.8%)	55(20.5%)	120 (20.7)	

Factors Associated with hearing impairments

As the multivariable logistic regression analysis indicated that listening to music with loud volume, and listening to music using earphones for more than two hours per day, were significantly associated with

noise-induced hearing impairments. Workers who listening music with loud volume were 3.75 times more likely to develop hearing impairments than their counterparts [AOR = 3.75 (1.13,12.43)]. Workers who listen to music using earphones for more than two hours per day were 5.33 times more likely to develop hearing impairments than their counterparts [AOR = 5.33, 95%CI:1.29, 21.9)](Table 6).

Table 6

Bivariate and Multivariable regression to identify factors associated with hearing impairment among wood and metalwork industry workers in Gondar town, 2020(n = 580)

Variables		Hearing impairments		COR(95%CI)	AOR(95%CI)
		Yes	No		
Educational level	No formal education	4(0.7)	12(2.1)	1.29(0.39,4.27)	1.31(0.11,15.4)
	Primary education	26(4.8)	71(12.2)	1.53(0.86,2.73)	1.84(0.62,5.43)
	Secondary education	55(9.5)	249(42.9)	0.86(0.53,1.38)	0.74(0.33,1.68)
	Diploma and above	33(5.7)	128(22.1)	1	
Monthly salary	< 1500	25(4.3)	132(22.8)	1.9(1.07, 3.37)	0.36(.012,1.04)
	1500–2000	36(6.2)	100(17.2)	1.3(0.73, 2.34)	0.64(0.25,1.61)
	2001–3200	29(5)	117(20.2)	1.43(0.79,2.57)	0.57(0.21,1.56)
	> 3200	30(5.2)	111(19.1)	1	
Noise exposure level	< 90.0	4	21	1	1
	90–95.0	27	110	1.28(0.4,4.06)	1.07(0.18,5.84)
	95.1–99.0	64	214	1.57(0.52,4.74)	1.05(0.19,5.6))
	> 99.1	25	115	1.14(0.36(3.60)	0.92((0.153,5.5)
Utilization ear protective device	No	117(20.2)	423(72.9)	3.41(1.03,11.3)	2.37(0.50,11.14)
	Yes	3(0.5)	37(6.4)	1	1
How loud you play this music	Quite	22(3.8)	96(16.6)	1	1
	moderate	63(10.9)	233(40.2)	1.4(0.78,2.49)	2.31(0.93,5.74)
	Loud	17(2.9)	38(6.6)	2.31(1.08,4.96)	3.75(1.13,12.43)
Hours of use earphone to listen to music	<-2 hour	6(50.0)	6(50.0)	1	1
	> 2 hour	45(19.7)	183(80.3)	4.1(1.25,13.2)	5.33(1.29,21.9)
Involvement in dance concert	Yes	15(27.8)	39(72.2)	1.54(0.82,2.9)	1.85(0.74,4.61)
	No(ref)	105(20.0)	421(80.0)	1	
Ear infection under the age of 18	Yes	18(15.0)	28(6.1)	2.7(1.45, 5.11)	2.23(0.67, 7.60)
Model fitness test value = 0.655					

	No(ref)	102(85.0)	432(93.9)	1	1
Ear infection above the age of 18	Yes	5(62.5)	3(37.5)	6.6(1.56,28.11)	10.6(0.81,144.1)
	No(ref)	115(20.1)	457(79.9)	1	1
Ear injury	Yes	2(0.4)	4(3.3)	1	1
	No	458(99.6)	116(96.7)	0.13(0.23, 0.7)	1.59(0.02,127.0)
Model fitness test value = 0.655					

Discussion

Based on this study, the prevalence of hearing impairment is comparable in metal and woodwork worker, but higher noise exposure level is recorded in woodwork industry and the majority of the employees exposed to the noise level above the permissible exposure limit value. Listening to music using earphones for more than two hours per day and playing music with loud volume was associated with hearing impairments.

In this study, the prevalence of self-reported hearing impairments among wood and metalwork workers was 20.7%, which is in line with a study done in the United States among wood manufacturing industry workers 20.86% (20) and the study done in Ethiopia, among metalwork industry 22% (22). This similarity may be due to similar methods followed (cross-sectional and retrospective cross-section in the case of US) and characteristics of the worker. However, this study result is lower than a study done in Rwanda among the wood and metalwork industry (36%)(23), and 31% in Nepal among woodworkers (9). This difference might be attributed to differences in methods followed (audiogram test in Rwanda may be an increased prevalence), utilization of hearing protective device (0.5% in Rwanda, 6.6% in our study). Also, this difference could be justified by the duration of exposure or work experience. On the other hand, this finding is higher than the study conducted in a metalworking company in Brazil 15.9% (24) and this difference may be because enforcement of occupational health and safety regulation is very weak in Ethiopia and the other may be due to high noise exposure level in Ethiopia.

In this study worker who listens to music using earphone for more than two hours per day were more likely to develop noise-induced hearing impairments when compared to their counterparts, and this finding is consistent with research done in Singapore which reported that one in six young person's is at risk of developing leisure NIHL from music delivered via earphones(25), and another study also indicated that listening music through headphone for 3 hours at their usual maximum level showed transient shifts of 10 dB and 30 dB and returned to normal within 24 hours and this can cause noise-induced hearing impairment if not reduced duration of exposure(26).

In this study, other factors that had a significant relation with noise-induced hearing impairment were listening to music with loud volume, and workers who were listening to music with loud volume were more likely to develop noise-induced hearing impairments than workers who didn't listen to music at loud

volume. This finding is supported by research finding that reported exposure to loud leisure noise is correlated with hearing loss and tinnitus and the risk rises as noise exposure increases (27). And another study done among young individuals showed that listening to music too loud over a lengthy time on personal listening devices (PLDs) such as CDs, iPods, and other MP3 players has been shown as a potential contributor to NIHL (28).

Another finding of this study is the noise level of the wood and metalwork industry, which is not a significant factor for noise-induced hearing impairments and the finding is similar to a study done among the metalwork industry in Ethiopia, which was not significant for noise-induced hearing impairments (22). But in another study, the level of noise was one of the determining factors for NIHL (11, 29, 30) but the possible reason for noise level was not significant in this study is may be due to the short duration of exposure or work experience and the work nature is entertainments and not fully exposed for 8 hours for a noisy machine. And another reason may be the total noise intensity level may not be reached to workers as workers are mobile in the working environment.

According to this study, prevalence of self-reported hearing impairment was comparable among woodwork (20.8%) and metalwork(20.5%) industry workers and this finding is different from a study done among metal and woodwork industry workers and prevalence of hearing impairments was higher among metalwork (40%) workers than woodwork (30%) industry workers (23).

Regarding the noise exposure level of workers in their current occupation nearly three-fourth (72%) of respondents exposed to noise levels greater than 95 dBA, which is above OSHA permissible exposure limit value for eight hours working time as it is considered hazardous (31). This finding shows that workers in the wood and metalwork industry work on hazardous noise condition for a long time (8 hours) as the country set occupational exposure limit to continuous noise at 90 dBA,92dBA,95 dBA,95dBA, 97 dBA,100 dBA,102 dBA,105 dBA,110 dBA,115dBA to a period of 8,6,4,3,2,1 and ½, 1, ½, 1/4, hours respectively (32).

Limitation of the study

The inability of measuring the personal noise exposure level using a noise dosimeter and not using an audiogram to assess the hearing impairments workers.

Conclusion:

The prevalence of hearing impairment is comparable in metal and woodwork industry worker, but higher noise exposure level is recorded in woodwork industry and the majority of the employees in both industries exposed to noise levels above the permissible exposure limit. Listening to music using earphones for more than two hours per day and playing music with loud volume was significantly associated with hearing impairments. Therefore, a hearing conservation program shall be implemented in this industry and especially with the use of personal music listening devices.

List Of Abbreviations

AOR: Adjusted Odds Ratio; CI: Confidence Interval; COR:Crude Odds Ratio; HI:Hearing Impairmen;
IEC:International Electrotechnical Commission; NIHI: Noise Induced Hearing Impairment; OSHA:
Occupational Safety and Health Administration ; SPSS: Statistical Package for Social Science;

Declarations

Ethics approval and consent to participate

For this research, the ethical issue was assured by an Institutional Review Committee of the University of Gondar, and participants were also informed and confidentiality assured by using an anonymous questionnaire and verbal consent was obtained from participants during data collection.

Authors' contributions

Eshetu Abera conceived the study and contributed to the data collection, data analysis, interpretations of the results, and manuscript write-up. Dr. Walelegn work comment and edit the interpretation of statistical output and approved the submitted version of the manuscript. Mr. Sintayehu daba contributed in data analysis ,comment and edit the interpretation of statistical output,manuscript write up and approved the submitted version of the manuscript.

Consent for publication

Not applicable.

Availability of data and materials

All data generated for this study are included in this article. The data are also available from the corresponding author upon reasonable request.

Competing interests

Authors declare that they have no competing interests.

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Figures

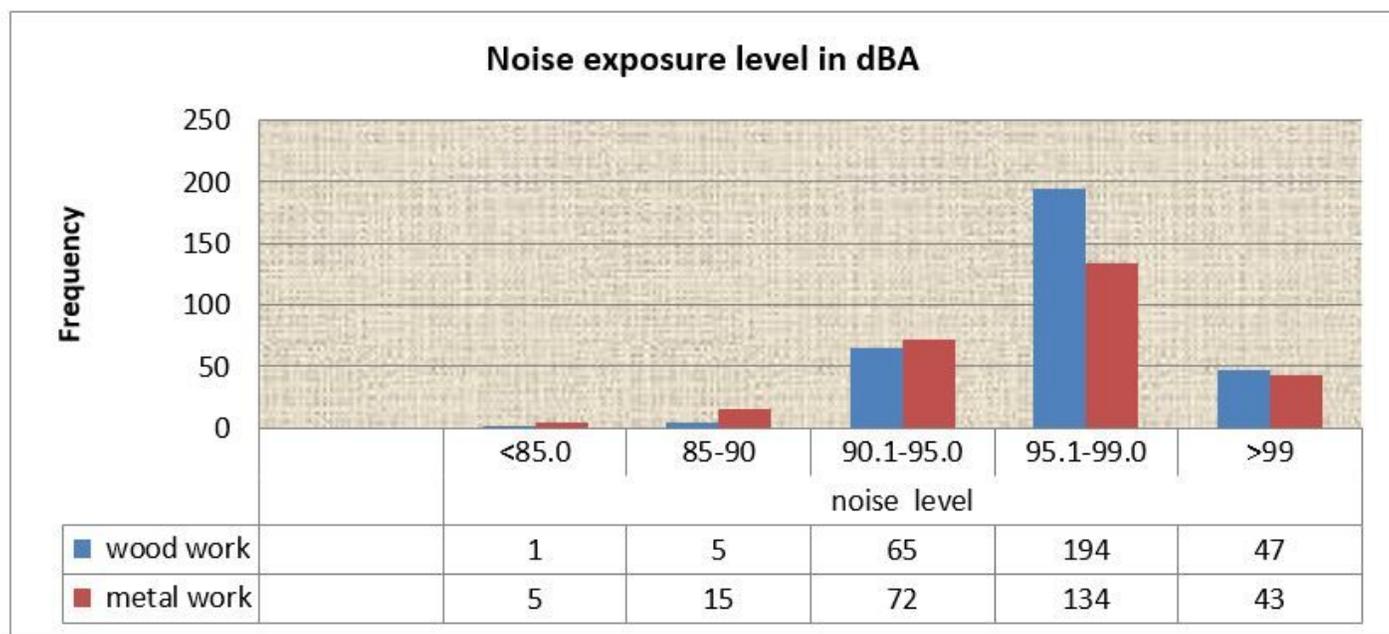


Figure 1

Average noise level between wood and metalwork industry in Gondar town, 2020.