

Nomogram-Derived Prediction of Pathologic Complete Response (pCR) in Breast Cancer Patients Treated with Neoadjuvant Chemotherapy (NCT)

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Abstract

Background Previous research results on the predictive factors of neoadjuvant chemotherapy (NCT) efficacy in breast cancer are inconsistent, suggesting that the ability of a single factor to predict efficacy is insufficient. Combining multiple potential efficacy-related factors to build a model may improve the accuracy of prediction. This study intends to explore the clinical and biological factors in breast cancer patients receiving NCT and to establish a nomogram that can predict the pathologic complete response (pCR) rate of NCT.

Methods We selected 165 breast cancer patients receiving NCT from July 2017 to May 2019. Using pretreatment biopsy materials, immunohistochemical studies to assess estrogen receptor (ER), progesterone receptor (PR), human epidermal growth factor receptor 2 (HER-2), and Ki-67 expression. The correlation between biological markers and pCR was analyzed. These predictors were used to develop a binary logistic regression model with cross-validation and to show the established predictive model with a nomogram.

Results The nomogram for pCR based on lymphovascular invasion, anemia ($HB \leq 120$ g/L), ER, Ki67 expression levels and NCT regimen had good discrimination performance (area under the curve [AUC], 0.758; 95% confidence interval [CI], 0.675-0.841) and calibration coordination. According to the Hosmer-Lemeshow test, the calibration chart showed satisfactory agreement between the predicted and observed probabilities. The final prediction accuracy of cross-validation was 76%.

Conclusions We developed a nomogram based on multiple clinical and biological covariations that can provide an early prediction of NCT response and can help to quickly assess the individual benefits of NCT.

Background

According to reports, breast cancer is the most common malignant tumor among women and the second leading cause of cancer-related death in America. There has been a gradual increase in the incidence of breast cancer [1]. Neoadjuvant chemotherapy (NCT), which is increasingly offered to breast cancer patients, is mainly used to reduce tumor burden to enable breast-conserving surgery (BCS) and provide the opportunity to assess the response to treatment by an in vivo chemosensitivity test.[2–5] "Patient level analysis" has shown that achieving pCR under NCT is associated with an increase in event-free survival (EFS) and overall survival (OS)[4, 6–8]. However, several studies have found that BC patients who achieve pCR after NCT exhibit improved survival[6, 9]. However, only 5%-38% of BC patients achieve pCR, meaning that the majority (those who cannot attain pCR) have a higher risk of death and recurrence[4, 8]. Some baseline clinicopathological features can predict the curative effect of NCT for breast cancer and further reflect the long-term outcomes of patient treatment. These factors should help us select the patients who will benefit most from treatment and recommend a tailored approach when

choosing the initial treatment to give patients the best response to treatment and subsequent overall survival[10–11].

Nomograms in clinical settings are considered to be comprehensive predictive tools that can estimate the probabilities, risks or clinical outcomes. There have been few well-designed nomograms predicting the probability of pCR in the literature, and the implications of providing a detailed probability of pCR in patients who receive NCT have not been well established. For those reasons, based on preoperative clinicopathological variables and simple laboratory indexes, we established a nomogram to calculate the probability of pCR in breast cancer patients who received NCT.

Methods

Study Population

This study included 165 patients with early breast cancer who receiving NCT from July 2017 to May 2019. All patients were diagnosed with invasive breast cancer by hollow needle biopsy before chemotherapy and received 2–6 cycles of NCT before surgery. The chemotherapy regimens consisted of docetaxel + epirubicin + cyclophosphamide (TEC) and docetaxel + carboplatin + trastuzumab (TCbH) every 3 weeks before surgery[12]. Treatment was suspended when intolerant toxicity, disease progression or other conditions that were considered unsuitable for continuing chemotherapy occurred. Modified radical mastectomy, breast conservation, or breast reconstruction, combined with sentinel lymph node biopsy or axillary lymph node dissection, was performed within 1 month after the completion of NCT. Based on the clinical evaluations and postoperative pathology reports before NCT, it was determined whether further chemotherapy, radiotherapy or endocrine therapy was needed after surgery. For HER2-positive patients, anti-HER2-targeted therapy was required for 1 year.

The exclusion criteria were as follows: 1. stage IV breast cancer with distant metastasis; 2. luminal A breast cancer (luminal A subtypes exhibit lower sensitivity to chemotherapy, and hormonal therapy alone is the preferred treatment for this subtype[13]); 3. male breast cancer; 4. other types of neoadjuvant therapy, including radiotherapy and endocrine therapy. Finally, a total of 165 breast cancer patients who received NCT were included.

This research was a retrospective study without other diagnostic or therapeutic measures; therefore, informed consent was waived. But our research was approved by the Medical Ethics Review Committee of The First Affiliated Hospital of Xian jiaotong University.

Data Collection

We collected the following information from the patient's medical records: demographic features, tumor-related characteristics (clinical stage, local infiltration, lymphovascular invasion, pathological type, histological grade, and Ki67, ER, PR, HER2 and hemoglobin levels), treatment-related data (NCT regimen and time and pCR) and pathological outcomes. The following features were considered categorical

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variables: clinical tumor size assessment by ultrasound (categorized as $T1 \leq 2$ cm, $2 \text{ cm} < T2 \leq 5$ cm, and $T3 > 5$ cm); local invasion defined as invasion of the chest wall and skin; multifocal tumors categorized as multifocal or unifocal; pathological types categorized as invasive ductal carcinoma (IDC) and others (such as invasive lobular carcinoma); and diagnostic biopsy and resected specimens evaluated by a dedicated breast pathologist. Immunohistochemical (IHC) staining was used to evaluate the expression of ER, PR, HER2 and Ki67 in tissues. An expression level of ER and PR less than 1% was considered negative, the absence of both ER and PR expression was defined as HR negative, and the presence of either was defined as HR positive [14]. HER2 positivity was defined as 3(+) according to IHC analysis or amplification confirmed by FISH; lower scores were defined as HER2 negative[15].Ki67 expression was divided into two groups according to the optimal cutoff values determined by maximizing the Youden index (sensitivity + specificity - 1) using receiver operating characteristic (ROC) curve analyses: $Ki67 > 60\%$ and $Ki67 \leq 60\%$. The molecular subtypes included three categories: luminal B subtype (ER + and/or PR+, any HER2 status, $Ki67 > 30\%$), HER-2 enriched subtype (ER-, PR-, HER2+), and triple-negative subtype (ER-, PR-, HER2-)[16]. Evaluation of the pathological response after NCT was based on the Miller/Payne grading system (MP): pCR was defined as an absence of residual invasive carcinoma in the breast (postoperative MP1-4 was defined as non-pCR; MP5 was defined as pCR)[17].

Statistical analysis

We used univariate and multivariate binary logistic regression analyses to assess the effect of target variables on pCR status. Combined with clinical and statistical significance, we screened for potential predictors of efficacy and established a logistic regression model. The model was then used to make a nomogram and predict the probabilities of each patient achieving pCR from NCT. After establishing the model, the predictive ability of the model was evaluated by discrimination and correction. The degree of discrimination was measured by the receiver operating characteristic curve (ROC curve) area under the curve (AUC). The correction was mainly evaluated by the calibration curve. We used the 5-fold cross-validation method to evaluate the discrimination ability to obtain a relatively unbiased estimate and used the Hosmer-Lemeshow goodness of fit test to assess the calibration curve. The diagnostic odds ratio was calculated to further evaluate the performance of the nomogram. The range of diagnostic ratio was a minimum value of 0 and a maximum value of infinity, with a higher value combined with a better performance on the discrimination test. A value of 1 indicated that the test could not distinguish patients with the disease from patients without the disease. Statistical analyses were performed using IBM SPSS Statistics 24.0 software (IBM Corporation, Armonk, NY, USA) and R version 3.3.3 software (The R Foundation for Statistical Computing, Austria, Vienna). A P value ≤ 0.05 was deemed statistically significant.

Results:

Patient Characteristics

In this study, we retrospectively collected a total of 165 patients with operable breast cancer and summarized their clinical characteristics in Table 1. The details of the patient selection process were summarized in Fig. 1. Of the 165 patients, 45 patients (27.3%) showed pCR after receiving NCT. The median age was 45 years, 44 (26.7%) patients had a BMI \geq 25, 88 (53.33%) patients were premenopausal, 37 (22.4%) patients had multifocal invasion, 7 patients (4.24%) had local invasion, and 41 patients (24.8%) developed lymphovascular invasion. Based on the 8th TNM staging system recommended by the AJCC, among 165 patients, before NCT, 11.5% (19 patients) were classified with cT1, 74.5% (123 patients) were classified with cT2, 13.9% (23 patients) were classified with cT3, 31.5% (52 patients) were classified with cN0, and 68.5% (113 patients) were classified with cN1-2. There were 53 patients with histological grade I-II and 112 patients with histological grade III tumors. Additionally, 152 (92.1%) patients were diagnosed with invasive ductal cancer, and 13 (7.9%) patients were diagnosed with other types of breast cancer. The positive expression rate of ER in the non-pCR group was 39.2%, and it was 15.6% in the pCR group. The positive PR expression rates in the non-pCR group and pCR group were 55.0% and 35.6%, respectively. HER2 status was positive in 81 patients (49.1%) and negative in 84 patients. Ki67 was highly expressed (> 60) in 47 patients and lowly expressed (≤ 60) in 118 patients. Eighty-six patients received NCT regimens containing TEC, and 79 patients received NCT regimens containing TCbH. The percentage of luminal B cancer in the pCR group was 4.4%, and that in the non-pCR group was 35.8%. The percentage of HER2-enriched tumors in the pCR group and non-pCR group was 60.0% and 35.0%, respectively, and that of triple-negative tumors in the pCR group and non-pCR group was 35.6% and 29.2%, respectively.

Table 1

Clinicopathological characteristics of 165 patients treated with neoadjuvant chemotherapy (NCT)

Factors	No. (%)		
	Total	pCR	non-pCR
age(years)			
≤ 45	63(38.18)	19(42.22)	44(36.67)
> 45	102(61.82)	26(57.78)	76(63.33)
BMI(kg/m²)			
< 25	121(73.33)	35(77.78)	86(71.67)
≥ 25	44(26.67)	10(22.22)	34(28.33)
Menopausal status			
Postmenopausal	77(46.67)	22(48.89)	55(45.83)
Premenopausal	88(53.33)	23(51.11)	65(54.17)
Multifocality			
Multifocal	37(22.42)	9(20.00)	28(23.33)
Unifocal	128(77.58)	36(80.00)	92(76.67)
Local invasion			
Yes	7(4.24)	1(2.22)	6(5.00)
No	158(95.76)	44(97.78)	114(95.00)
LVI			
Absent	124(75.15)	40(88.89)	84(70.00)
Present	41(24.85)	5(11.11)	36(30.00)
Clinical tumor size			
T1	19(11.52)	6(13.33)	13(10.83)
T2	123(74.55)	32(71.11)	91(75.83)
T3	23(13.94)	7(15.56)	16(13.33)
Lymph node status			

Abbreviations: NCT, Neoadjuvant chemotherapy; BMI, body mass index; IDC, Invasive ductal carcinoma; HER2, Human epidermal growth factor receptor 2; LVI: lymphovascular invasion; pCR:

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Factors	No. (%)		
	Total	pCR	non-pCR
N0	52(31.52)	13(28.89)	39(32.50)
N1-2	113(68.48)	32(71.11)	81(67.50)
Histological grade			
I-II	53(32.12)	12(26.67)	41(34.17)
III	112(67.88)	33(73.33)	79(65.83)
Histologic type			
IDC	152(92.12)	44(97.78)	108(90.00)
Others	13(7.88)	1(2.22)	12(10.00)
Estrogen receptor			
Negative	111(67.27)	38(84.44)	73(60.83)
Positive	54(32.73)	7(15.56)	47(39.17)
Progesterone receptor			
Negative	83(50.30)	29(64.44)	54(45.00)
Positive	82(49.70)	16(35.56)	66(55.00)
Hormone receptor			
Negative	82(49.70)	28(62.22)	54(45.00)
Positive	83(50.30)	17(37.78)	66(55.00)
HER2			
Negative	84(50.91)	18(40.00)	66(55.00)
Positive	81(49.09)	27(60.00)	54(45.00)
Ki67			
≤ 60	118(71.52)	25(55.56)	93(77.50)
> 60	47(28.48)	20(44.44)	27(22.50)
Biologic subtype			
Luminal B	45(27.27)	2(4.44)	43(35.83)

Abbreviations: NCT, Neoadjuvant chemotherapy; BMI, body mass index; IDC, Invasive ductal carcinoma; HER2, Human epidermal growth factor receptor 2; LVI: lymphovascular invasion; pCR:

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Factors	No. (%)		
	Total	pCR	non-pCR
HER2 enriched	69(41.82)	27(60.00)	42(35.00)
Triple negative	51(30.91)	16(35.56)	35(29.17)
NCT regimen			
TEC	86(52.12)	17(37.78)	69(57.50)
TCbH	79(47.88)	28(62.22)	51(42.50)
NCT time			
≤ 4	28(16.97)	4(8.89)	24(20.00)
> 4	137(83.03)	41(91.11)	96(80.00)
Hemoglobin(g/L)			
≤ 120	42(25.45)	6(13.33)	36(30.00)
> 120	123(74.55)	39(86.67)	84(70.00)
Abbreviations: NCT, Neoadjuvant chemotherapy; BMI, body mass index; IDC, Invasive ductal carcinoma; HER2, Human epidermal growth factor receptor 2; LVI: lymphovascular invasion; pCR: pathologic complete response			

Predictors of pCR

Table 2 shows the results of univariate and multivariate analyses. There was a significant correlation between pCR and lymphovascular invasion ($P=0.017$), ER ($P=0.028$), PR ($P=0.006$), biologic subtype, Ki67 ($P=0.006$), NCT regimen ($P=0.025$) and anemia (hemoglobin ≤ 120 g/L) ($P=0.033$). Independent predictors were determined in the multivariate logistic regression analysis ($P<0.05$), and the NCT regimen, ER, anemia, lymphovascular invasion and Ki67 were utilized to construct the nomogram. Patients with lymphovascular invasion were associated with a lower pCR rate (odds ratio (OR) 0.314, 95% CI 0.108–0.918, $P=0.034$). Anemia was also associated with pCR. There was a low pCR rate when hemoglobin levels were ≤ 120 g/L (OR 0.423, 95% CI 0.154–0.988, $P=0.046$). Negative ER was associated with higher pCR rates (OR 0.342, 95% CI 0.132–0.889, $P=0.028$), and Ki67 > 60 was also associated with higher pCR rates (OR 0.258, 95% CI 0.106–0.627, $P=0.003$). Additionally, patients with TCbH were more likely to achieve pCR than those with TEC (OR 3.268, 95% CI 1.380–7.738, $P=0.007$).

Table 2

Univariate and multivariate analysis of clinical and pathological response rates by biological factors

Factors	Univariate analysis			Multivariate analysis		
	OR	95%CI	P-value	OR	95%CI	P-value
age(years)						
≤ 45	Ref					
> 45	0.792	0.394–1.593	0.513			
BMI (kg/m²)						
< 25	Ref					
≥ 25	1.384	0.617–3.102	0.430			
Menopausal status						
Postmenopausal	Ref					
Premenopausal	1.130	0.569–2.245	0.726			
Multifocality						
Multifocal	Ref					
Unifocal	0.821	0.353–1.911	0.648			
Local invasion						
Yes	Ref					
No	0.432	0.051–3.690	0.443			
LVI						
Absent	Ref					
Present	0.292	0.106-0.800	0.017	0.314	0.108–0.918	0.034
Clinical tumor size						
T1	Ref					
T2	0.762	0.267–2.173	0.533			
T3	0.948	0.255–3.525	0.875			
Lymph node status						

Abbreviations: OR: odds ratio; CI: confidence interval; BMI, body mass index; pCR: pathologic complete response; NCT: Neoadjuvant chemotherapy; IDC: Invasive ductal carcinoma; HER2: Human Loading [MathJax]/jax/output/CommonHTML/fonts/TeX/fontdata.js invasion

Factors	Univariate analysis			Multivariate analysis		
	OR	95%CI	P-value	OR	95%CI	P-value
N0	Ref					
N1-2	1.185	0.560–2.507	0.657			
Histological grade						
I-II	Ref					
III	1.427	0.667–3.054	0.360			
Histologic type						
IDC	Ref.		.			
Others	4.889	0.617–38.739	0.133			
Progesterone receptor						
Negative	Ref.		.			
Positive	0.451	0.222–0.917	0.028			
Estrogen receptor						
Negative	Ref			Ref		
Positive	0.286	0.118–0.694	0.006	0.342	0.132–0.889	0.028
Hormone receptor						
Negative	Ref					
Positive	0.497	0.246–1.002	0.051			
HER2						
Negative	Ref					
Positive	1.833	0.914–3.678	0.088			
Ki67						
≤ 60	Ref.		.	Ref		
> 60	0.363	0.175–0.751	0.006	0.258	0.106–0.627	0.003
Biologic subtype						
Luminal B	Ref.		.			

Abbreviations: OR: odds ratio; CI: confidence interval; BMI, body mass index; pCR: pathologic complete response; NCT: Neoadjuvant chemotherapy; IDC: Invasive ductal carcinoma; HER2: Human Loading [MathJax]/jax/output/CommonHTML/fonts/TeX/fontdata.js invasion

Factors	Univariate analysis			Multivariate analysis		
	OR	95%CI	P-value	OR	95%CI	P-value
HER2 enriched	0.072	0.016–0.324	0.001			
Triple negative	0.711	0.331–1.527	0.046			
NCT regimen	.		.			
TEC	Ref			Ref		
TCbH	2.228	1.103–4.501	0.025	3.268	1.380–7.738	0.007
NCT time	.		.			
≤ 4	Ref.		.			
> 4	0.390	0.127–1.196	0.100			
Hemoglobin(g/L)						
≤ 120	Ref					
> 120	0.359	0.140–0.923	0.033	0.423	0.154–0.988	0.046
Abbreviations: OR: odds ratio; CI: confidence interval; BMI, body mass index; pCR: pathologic complete response; NCT: Neoadjuvant chemotherapy; IDC: Invasive ductal carcinoma; HER2: Human epidermal growth factor receptor; LVI: lymphovascular invasion						

Establishment and Validation of the Nomogram for pCR

A nomogram was developed based on lymphovascular invasion, anemia, ER expression level, Ki67 expression level, and NCT regimen to predict the pCR rate of NCT among patients (Fig. 2). To calculate the probability of pCR, the scores of five factors were summarized, and the total scores and the bottom risk scale were referenced (Supplementary table 1). The ROC curve of the nomogram is shown in Fig. 3; the AUC was 0.758 (95% CI = 0.675–0.841). The calibration chart showed good and satisfactory agreement between the predicted probability and the observed probability according to an administered Hosmer-Lemeshow test (Fig. 4) (Hosmer-Lemeshow test, $\chi^2 = 2.986$, $P = 0.965$). We performed a 5-fold crossvalidation model with a random split analysis in a cohort of patients, and the final prediction accuracy was 76%.

Determining the Cutoff Value for Predicting pCR after NCT

The values of sensitivity and specificity and the predictive values of the predicted probability under different cutoff values of the nomogram are shown in Supplementary table 2. A lower cutoff value resulted in a higher sensitivity and negative predictive value, and the lower specificity and positive predictive value increased. The diagnostic odds ratios of the nomogram at different cutoff values are shown in Supplementary table 3. The cutoff values for good performance of the nomogram ranged

between ≥ 0.1 and ≥ 0.5 . Finally, the optimal cutoff value determined by Youden's method[18] was 0.32 (sensitivity: 62.2%, specificity: 77.5%, positive predictive value: 50.9%, negative predictive value: 84.5%) (Supplementary table 4).

Prospective Applications of the Nomogram

To show the application of the nomogram, we took two pathologically proven breast cancer patients who had received NCT as examples. Patient 1 was a 42-year-old female with hollow needle puncture and confirmed grade III invasive ductal carcinoma of the right breast. Routine blood tests showed a hemoglobin level of 132 g/L (63), and IHC suggested ER (-) (79), PR (-), and HER2 (2+). FISH suggested gene amplification, Ki67 (+ 70%) (100), D2-40 (-), no lymphovascular invasion (85), 6-cycle TCbH regimen (87), and a final score of 414. The rate of pCR after NCT was 0.7–0.8, which was greater than 0.32. Therefore, there was a high probability (0.7–0.8) that she would achieve pCR after NCT, and her actual status after NCT was pCR. Patient 2 was a 58-year-old female. Hollow needle puncture confirmed grade II invasive ductal carcinoma of the left breast. Routine blood tests showed a hemoglobin level of 108 g/L (0). IHC suggested the following: ER (60% +) (0), PR (-), HER2 (-), Ki67 (+ 70%) (100), D2-40 (-), no lymphovascular invasion (85), and 6-cycle TEC protocol (0). Her final score was 185, and the rate of pCR after NCT was 0.1–0.2, which was less than 0.32. She had a low probability (0.1–0.2) of reaching pCR after NCT, and her actual status after NCT was non-pCR.

Discussion

As is well known, reliable markers of chemosensitivity help select patients who most benefit from NCT. Additionally, the early identification of nonresponsive patients will protect these patients from unnecessary toxicity caused by ineffective chemotherapy and will provide alternative effective treatment schemes for tumor biological characteristics. Therefore, finding clinical or molecular markers that can predict the efficacy of NCT and then screening patients who can benefit from chemotherapy have been hot research topics in recent years.

However, identifying reliable predictive factors for NCT in breast cancer remains a challenge. In a previous study, not all patients with HER-2-positive disease were treated according to recent guidelines with the standard agent trastuzumab[19]. Hwang HW et al performed a nomogram to predict the pCR of NCT in breast cancer patients and used a calibration plot to assess the agreement between the predicted and observed probabilities, but they did not use a bootstrap method to validate the model internally or externally [20]. Rouzier et al. performed a nomogram according to clinical characteristics such as tumor size, patient age and hormonal status. However, due to the long history, preoperative chemotherapy regimens have been developed, and this nomogram fails to guide existing clinical treatment[21]. Based on this, researchers are attempting to predict the efficacy of neoadjuvant chemotherapy through a multifactorial digital model. Due to the heterogeneity of the evaluated chemotherapy, the results have been inconsistent [22–25].

According to univariate and multivariate logistic regression analyses, we screened lymphovascular invasion, anemia, ER expression level, Ki67 expression level and NCT regimen as independent predictors, and then we constructed a nomogram to predict the probability of pCR in NCT patients. The AUC of the ROC curve was 0.758, indicating good predictive ability. We used a 5-fold cross validation model in a cohort of patients, and the final prediction accuracy was 76%. According to the Youden index and diagnostic odds ratios, we assigned an optimal cutoff value of 0.32. According to our results, patients with lymphovascular invasion, anemia ($\text{HB} \leq 120 \text{ g/L}$), ER positivity, and low Ki67 expression levels (≤ 60) were most likely associated with a lower pCR rate from NCT.

Lymphovascular invasion is an independent prognostic parameter for poor outcome of invasive breast cancer and is the main prerequisite for metastasis[26–27]. A previous study showed that lymphovascular invasion was significantly associated with chemoresistant breast cancer[28]. Another recent study reported that the absence of lymphovascular invasion in post-NCT specimens correlated with pathologic response [29]. Our research previously showed that lymphovascular invasion was related to a low pCR rate in NCT patients, which indicates that lymphovascular invasion may be an important molecular target in breast cancer. In addition, lymphovascular invasion was obtained before NCT treatment in our research, so we could know in advance whether the patient could reach pCR and then decide whether to administer neoadjuvant chemotherapy in these patients.

Previous studies have determined that anemia is an independent prognostic factor that adversely affects the survival of several cancer patients, including breast cancer patients [30–31]. The impaired survival observed among cancer patients with anemia has been mainly due to a decrease in oxygen transport capacity, leading to tumor hypoxia [32]. Previous findings have suggested that anemia may result in worse treatment outcomes from breast cancer chemotherapy [33]. Another study [34] evaluated the influence of hemoglobin levels in 144 patients receiving chemotherapy and found that hemoglobin levels in patients who responded to treatment (tumor size reduced by more than 50%) were higher than those in patients who did not respond ($P < 0.01$). The hemoglobin concentration of 12.5 g/dl provided a significant cutoff value below which no reaction was likely to occur. This is the same as our research, in which a HB level $\leq 120 \text{ g/L}$ had a lower pCR rate in patients treated with NCT.

Some prospective studies have shown that patients with HR-negative diseases can more often obtain pCR than those with HR-positive diseases [35–36], which is the same as our results. Compared with patients with other subtypes, patients with estrogen receptor-positive tumors have a lower pCR rate from NCT. Most efficacy prediction models established in previous studies have also included the expression of HR. In addition, in previous studies[37], higher expression of PR was associated with a lower degree of response to adjuvant chemotherapy. In our research, the inclusion or exclusion of PR in multifactor analysis did not significantly affect the prediction accuracy of the model. Additionally, PR was often analyzed in breast cancer tumors but was rarely taken into account. Therefore, the final prediction model did not include PR status.

Tumor cell proliferation indexes, such as baseline Ki67, can be used to predict the efficacy of NCT in breast cancer. Previous studies have shown a significant correlation between gene expression markers related to cell proliferation or genetic grading and chemosensitivity in ER-positive and ER-negative breast cancer[38]. ER-positive breast cancer can be further divided into different subtypes, namely, luminal A and luminal B subtypes, and these two subtypes have different prognoses[39]. A transformation study based on randomized clinical trials also confirmed that the Ki67 index before neoadjuvant chemotherapy was not only a predictor of efficacy but also a prognostic factor of breast cancer[40]. This study confirmed the importance of proliferation-related markers from the perspective of treatment and re-emphasized that the cell proliferation index should be included on the basis of clinical decision-making regarding breast cancer.

It has been well established that pCR varies depending on the treatment regimen and breast cancer subtype. In our research, the pCR rates of HER2-positive and triple-negative tumors were significantly higher than those of luminal B tumors, and the use of TCbH had a higher pCR rate than the use of TEC for chemotherapy. A study [41] showed that when NCT was combined with trastuzumab, patients with HER-2 overexpression had a higher pCR rate. The use of TCbH has shown encouraging results in the neoadjuvant environment [42]. In HER2-positive breast cancer patients who received chemotherapy combined with trastuzumab, the increase in the pCR rate was directly related to an improvement in the survival rate and a reduction in disease recurrence and death risk [43–45]. As a result, trastuzumab has become an integral part of the global guidelines for breast cancer treatment [46–47].

Based on clinical biological factors, our nomogram has good predictive ability for the early efficacy of NCT for breast cancer. Compared with those of previous similar studies, the advantages of this study are specifically reflected by the following aspects. First, in addition to traditional clinicopathological factors, this study attempted to incorporate important biological factors into the predictive model, such as anemia and lymphovascular invasion. Chemotherapy sensitivity was assessed as accurately as possible by comprehensively evaluating multiple factors related to the efficacy of NCT. Second, in this study, patients received NCT with TEC or TCbH protocols, which complied with the latest version of the NCCN guidelines; the tested information of the enrollment was complete, and the research results were highly applicable and reliable. Finally, the pCR rate of NCT can be known only by routine inspection before operation, so we can quickly estimate the probability of individual NCT benefits and help doctors more effectively make clinical decisions.

Nevertheless, several limitations are worth noting in our present study. First, our observations were limited to retrospective studies from a single center, and our nomogram was not validated in an external cohort. Second, this model could be further improved by expanding its scope of application, such as HER2-positive breast cancer patients using trastuzumab and pertuzumab in combination. Finally, the sample size was relatively small, and the predictive ability of the model needs to be further verified in large-sample studies.

our nomogram confirmed that patients with lymphovascular invasion, anemia ($HB \leq 120$ g/L), ER positivity, and low Ki67 expression levels (≤ 60) were most likely to be associated with a lower pCR rate from NCT. With the nomogram, we can predict the pCR rate from NCT by quantitative indicators. For patients who are operable and have a predicted pCR probability of less than 0.32, we consider that there is limited benefit from NCT and that these patients can be directly treated with surgery.

Abbreviations

pCR

pathologic complete response; NCT:neoadjuvant chemotherapy; ER:estrogen receptor; PR:progesterone receptor; HER-2:human epidermal growth factor receptor 2; BCS:breast-conserving surgery; EFS:event-free survival; OS:overall survival; TEC:docetaxel + epirubicin + cyclophosphamide; TCbH:docetaxel + carboplatin + trastuzumab; IDC:invasive ductal carcinoma ; IHC:immunohistochemical ; ROC:receiver operating characteristic ; AUC:area under the curve ; OR:odds ratio ; CI:confidence interval; BMI, body mass index; LVI:lymphovascular invasion.

Declarations

Ethics approval and consent to participate

This research was a retrospective study without other diagnostic or therapeutic measures; therefore, informed consent was waived. But our research was approved by the Medical Ethics Review Committee of The First Affiliated Hospital of Xian jiaotong University.

Consent for publication

This research was approved by all authors for publication.

Availability of data and materials

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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Author Contributions

JZ, SP conceived and designed the experiments; HC, XL analyzed the data; KW, YL contributed materials and analysis tools; SP wrote the paper; JH, JZ reviewed and edited the manuscript. All authors read and approved the final manuscript.

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Figures

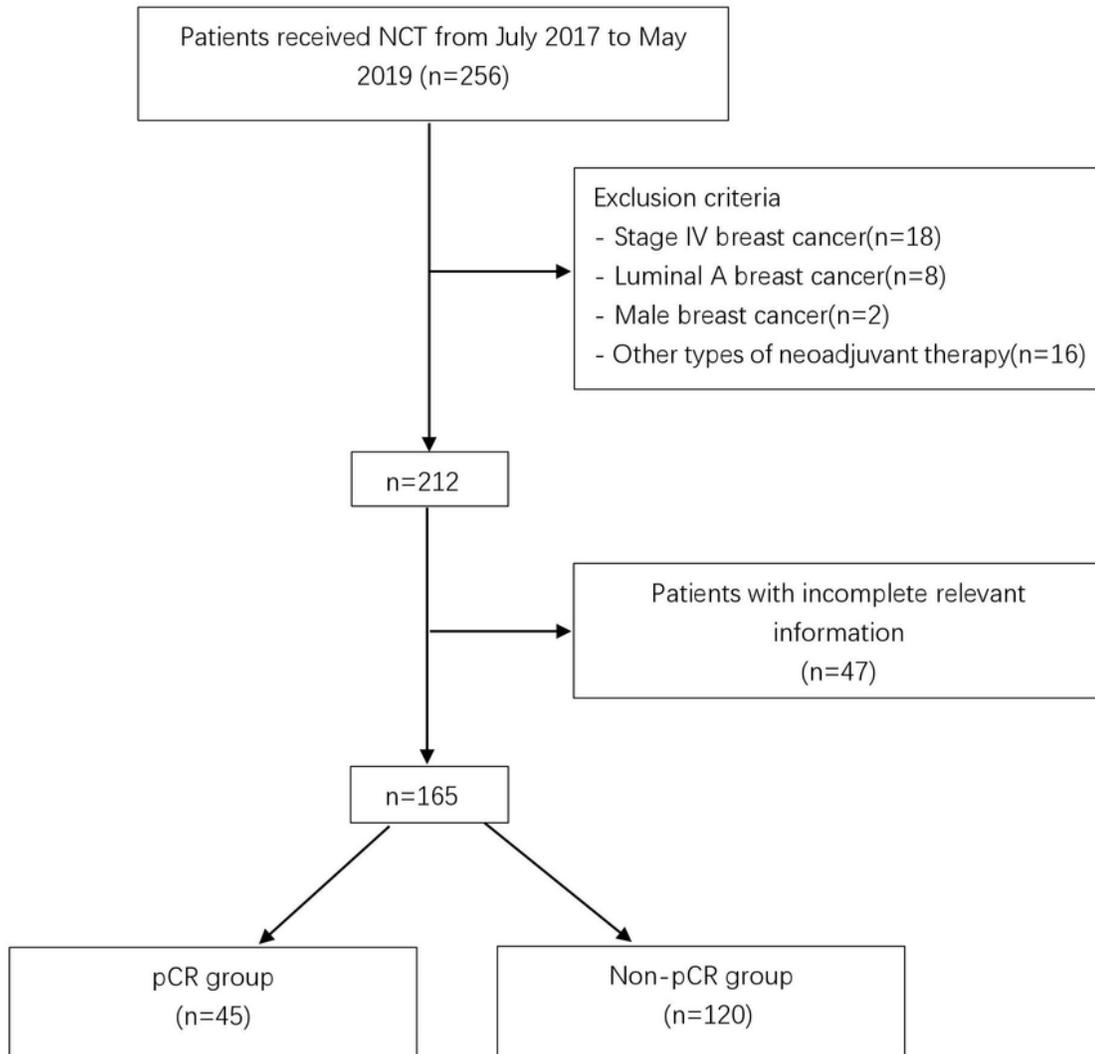


Figure 1

Flow diagram of selection method

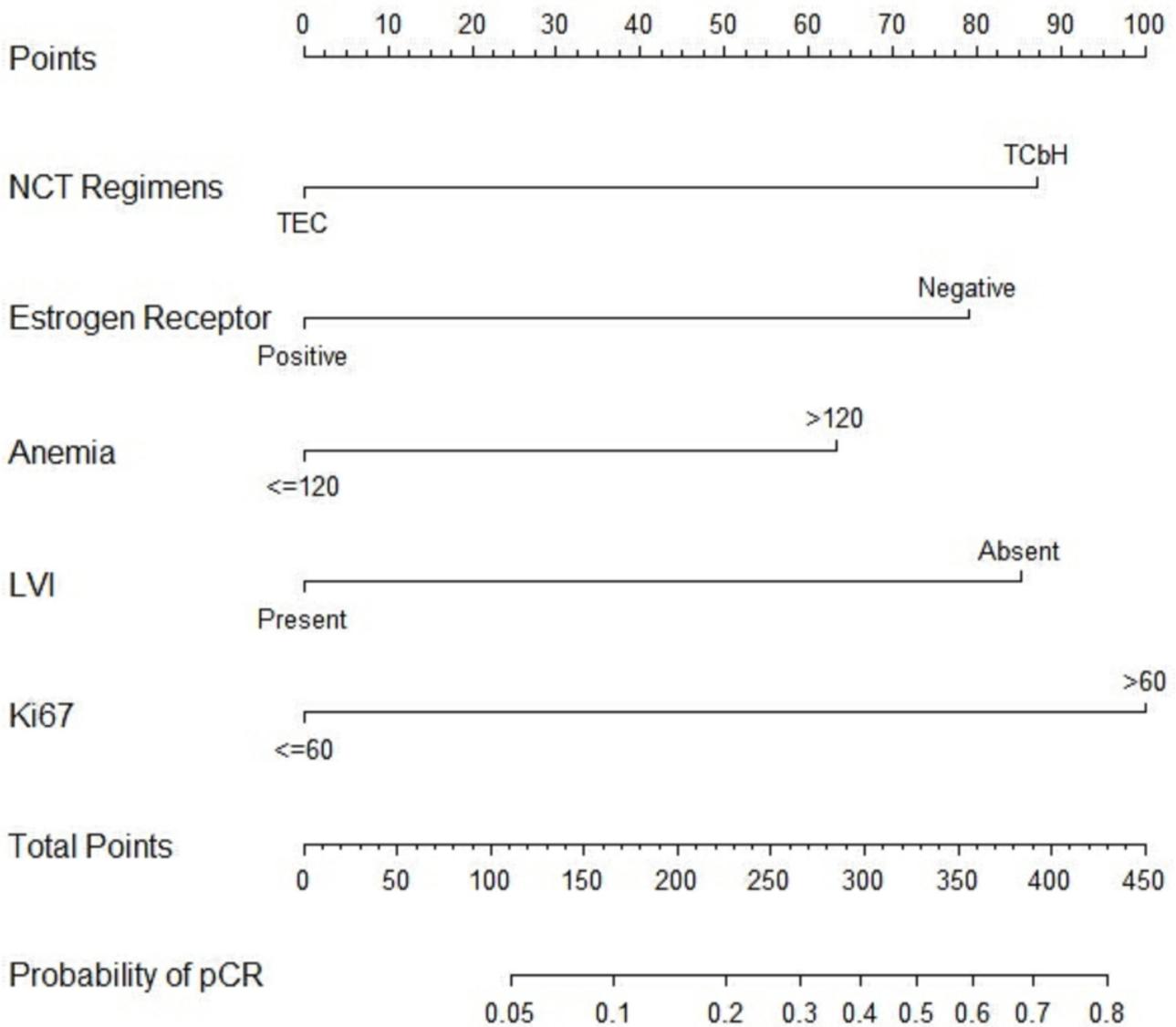


Figure 2

Nomogram to predict the probability of the pathologic complete response (pCR) Abbreviations: NCT: Neoadjuvant chemotherapy; LVI: lymphovascular invasion

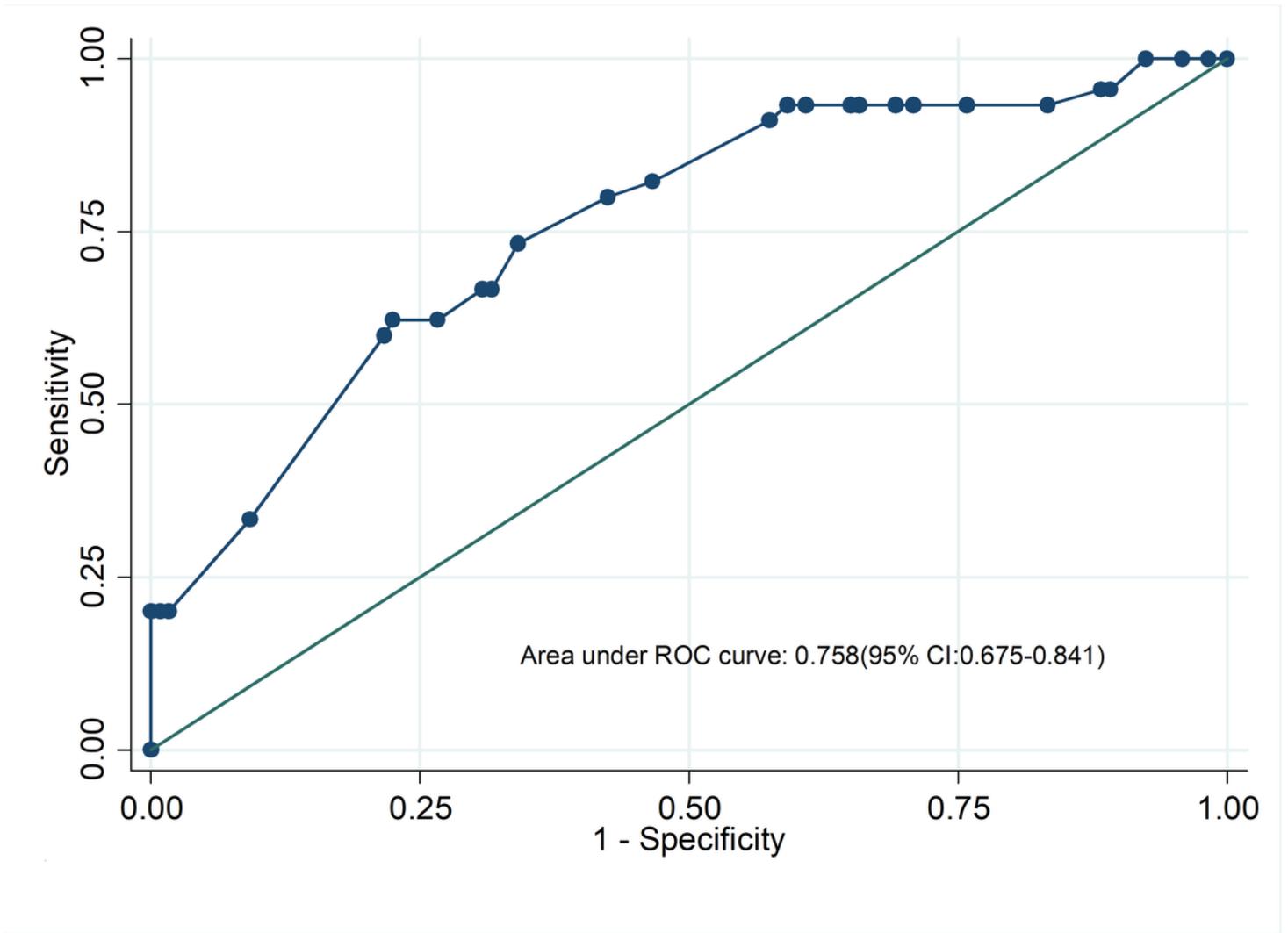


Figure 3

The receiver-operating characteristics (ROC) curve for validating nomogram model. (The AUC was 0.758 (95% CI=0.675–0.841))

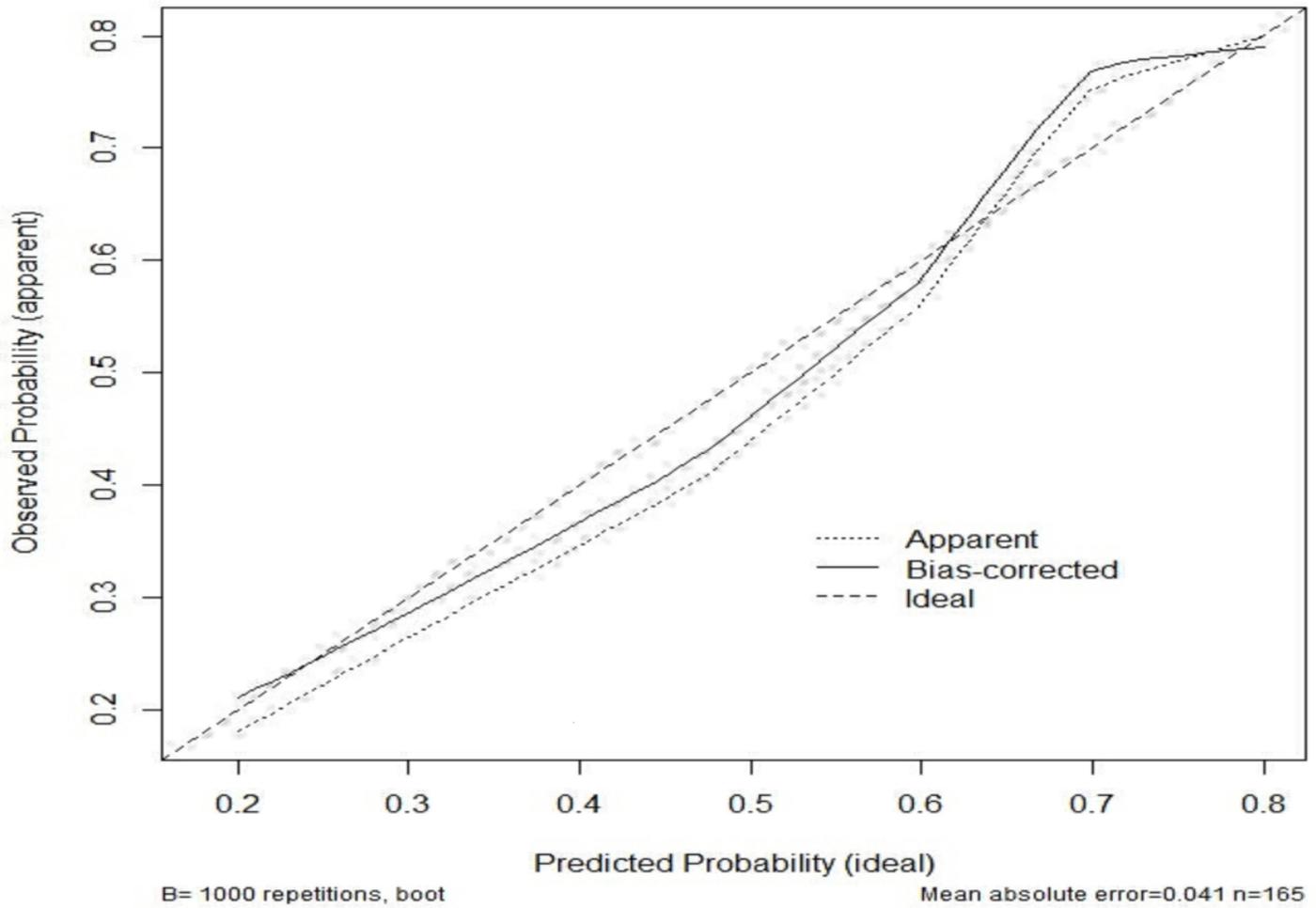


Figure 4

The calibration plot for probability of the pCR nomogram construction.

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