

# Assessing placental function across gestation: a multi-institutional study of BOLD-MRI for the prediction of adverse pregnancy outcomes

**Matthias Schabel**

Oregon Health & Science University

**Victoria Roberts**

Oregon National Primate Research Center

**Karen Gibbins**

Oregon Health and Science University

**Monica Rincon**

Oregon Health and Science University

**Jessica Gaffney**

Oregon Health and Science University

**Aaron Streblow**

Oregon Health and Science University

**Adam Wright**

Oregon Health and Science University <https://orcid.org/0000-0001-9524-2210>

**Jaime Lo**

Oregon Health & Science University

**Byung Park**

Oregon Regional Primate Center

**Christopher Kroenke**

Oregon Health & Science University <https://orcid.org/0000-0001-7398-3632>

**Kathryn Szczotka**

University of Utah

**Nathan Blue**

University of Utah

**Jessica Page**

University of Utah

**Kathy Harvey**

University of Utah

**Michael W. Varner**

University of Utah School of Medicine

**Robert Silver**

University of Utah

Antonio Frias (✉ [friasa@ohsu.edu](mailto:friasa@ohsu.edu))

ONPRC/OHSU

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## Article

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4 Matthias C Schabel, PhD<sup>1#\*</sup>, Victoria HJ Roberts, PhD<sup>2#</sup>, Karen J Gibbins, MD<sup>3#</sup>, Monica  
5 Rincon, MD<sup>3</sup>, Jessica E Gaffney, BS<sup>2</sup>, Aaron D Streblow, BS<sup>2</sup>, Adam M Wright, BS<sup>2</sup>, Jamie O  
6 Lo, MD<sup>3</sup>, Byung Park, PhD<sup>4</sup>, Christopher D Kroenke, PhD<sup>1,5</sup>, Kathryn Szczotka, MPH<sup>6</sup>, Nathan R  
7 Blue, MD<sup>6</sup>, Jessica M Page, MD<sup>6</sup>, Kathy Harvey, BS<sup>6</sup>, Michael W Varner, MD<sup>6</sup>, Robert M Silver,  
8 MD<sup>6</sup>, Antonio E Frias, MD<sup>2,3\*</sup>

9

10 <sup>1</sup>Advanced Imaging Research Center, Oregon Health and Science University (OHSU)

11 <sup>2</sup>Division of Reproductive and Developmental Sciences, Oregon National Primate Research  
12 Center (ONPRC), OHSU

13 <sup>3</sup>Department of Obstetrics and Gynecology, OHSU

14 <sup>4</sup>Biostatistics Shared Resource, Knight Cancer Institute, OHSU

15 <sup>5</sup>Division of Neuroscience, ONPRC, OHSU

16 <sup>6</sup>Department of Obstetrics and Gynecology, University of Utah

17 \*Corresponding authors

18 #Joint first authors

19 **Abstract**

20 The placenta is a remarkable organ that coordinates and regulates maternal-fetal interactions  
21 during pregnancy to optimize fetal development. A host of obstetric complications are  
22 associated with placental dysfunction, and existing methods for evaluating *in vivo* placental  
23 function fail to reliably detect at-risk pregnancies prior to maternal or fetal morbidity. Although  
24 routinely used as a monitoring tool, the predictive power of ultrasound for identifying  
25 compromised pregnancies is poor. Recent preclinical studies performed in our laboratory, using  
26 blood oxygen-level dependent magnetic resonance imaging (BOLD-MRI) in the pregnant  
27 nonhuman primate (NHP), established a strong correlation between placental T2\* values and  
28 maternal-fetal oxygen transport. Here we extend this work to a large, longitudinal, two-site study  
29 of quantitative *in vivo* T2\* mapping in human pregnancies across 11 to 38 weeks gestation to  
30 characterize the evolution of placental oxygenation in uncomplicated pregnancies and to  
31 elucidate the relationship between aberrant placental T2\* and adverse obstetric outcomes  
32 attributable to placental dysfunction. This methodology has high discriminatory power and  
33 strong potential diagnostic utility.

34

35 **Introduction**

36 The fundamental role of the placenta in fetal development, pregnancy morbidity, and neonatal,  
37 pediatric, and even lifelong health is indisputable (1-7). Aberrant placental development has  
38 been linked to virtually every adverse obstetric outcome, including abnormalities in fetal growth,  
39 preeclampsia, preterm labor, and stillbirth (4, 8-17). During pregnancy, the placenta supplies  
40 oxygen and critical nutrients required for fetal growth, removes waste products from the fetal  
41 circulation, protects the fetus from environmental toxins and infections, produces pregnancy-  
42 specific hormones, and mediates communication between the fetus and the mother to  
43 coordinate maternal physiologic adaptations and fetal development (18-20). The regulation of all  
44 of these processes changes dynamically across gestation to ensure appropriate maternal  
45 resource allocation to meet fetal growth demands. Although mechanisms regulating normal  
46 placental growth and development are incompletely understood, the central role of the placenta  
47 in fetal homeostasis is clear.

48 The inability to longitudinally sample placental tissue during gestation constitutes a significant  
49 limitation for the study and *assessment* of placental development in human pregnancies.

50 Therefore, development of non-invasive tools and diagnostics to accurately characterize normal

51 development across gestation and assess placental function and health *in vivo* is a crucial  
52 component in the identification of pregnancies at risk for adverse obstetric and neonatal  
53 outcomes.

54 Obstetric imaging, predominantly with ultrasound (US), is a mainstay of clinical care for  
55 identification of fetal anomalies and detection of aberrant fetal growth (21-25). Uterine artery  
56 velocimetry has been studied as a potential predictor of preeclampsia and fetal growth  
57 restriction (FGR), and has modest predictive power for severe, early onset phenotypes of both  
58 (22, 24, 26), but it performs poorly in predicting later onset morbidity due to placental  
59 dysfunction, possibly because it measures resistance to blood flow (impedance) in the umbilical  
60 artery rather than focusing on perfusion of the placenta itself (27). Similarly, fetal umbilical artery  
61 Doppler ultrasound is used to risk stratify pregnancies suspected to have FGR based on  
62 ultrasound fetal biometry. Observation of abnormal blood flow via umbilical artery Doppler  
63 assessment, particularly absent or reversed diastolic blood flow, is clearly associated with  
64 adverse perinatal outcomes (28, 29). However, its principal utility is in antenatal surveillance to  
65 guide hospitalization and timing of delivery after the diagnosis of FGR has already been  
66 established by ultrasound-based biometry, not in prediction of incipient FGR. Although it is clear  
67 that profoundly abnormal umbilical artery blood flow in the setting of FGR is associated with  
68 adverse perinatal outcome (28), it is not a direct measure of placental function and it can be  
69 normal in some cases of severe placental insufficiency. Despite its widespread use, the utility of  
70 screening ultrasound as a tool for identification of pregnancies at risk for adverse outcomes  
71 remains limited.

72 Magnetic resonance imaging (MRI) has been used during pregnancy for decades, primarily to  
73 assess fetal abnormalities via anatomic imaging. Recently, the NIH Human Placenta Project  
74 stimulated the development and application of a number of innovative MRI techniques, intended  
75 to enable *in vivo* assessment of placental function during pregnancy (30). Early work by  
76 Sorensen and colleagues (31) observed the presence of spatial heterogeneity in T2\*-weighted  
77 MRI of the placenta, and found that this heterogeneity was decreased by maternal hyperoxia. It  
78 is well-known that T2\*-weighted images are sensitive to changes in the relative levels of  
79 oxyhemoglobin and deoxyhemoglobin via the blood oxygenation level dependent (BOLD) effect,  
80 which forms the basis of functional MRI (fMRI) studies of the brain (32). Consideration of the  
81 specifics of the anatomy and physiology of hemochorial placentas led us to hypothesize that  
82 quantitative T2\* measurements could be used to assess placental perfusion and maternal-fetal  
83 oxygen transport. Subsequent work performed by our group in pregnant nonhuman primates

84 (NHPs), combining dynamic contrast enhanced (DCE-) MRI with quantitative T2\* mapping (33,  
85 34) proved that the observed heterogeneity in placental T2\* arises from spatial gradients in  
86 maternal placental blood (MPB) oxygen saturation within functional lobules. We then developed  
87 a simple model based on relevant physiological parameters of the placenta that accounts for  
88 these spatial variations. Highly oxygenated maternal blood delivered to the placenta via spiral  
89 arteries has large T2\* values that decrease continuously toward the placental lobular margins  
90 as oxygen from the MPB is extracted by the villi and transported to the fetus. This research  
91 demonstrates that T2\* relaxometry provides a measure of the critical balance between maternal  
92 supply of oxygen to the fetal vasculature and fetal uptake of the supplied oxygen. Recent NHP  
93 studies from our group have further shown that anomalous baseline T2\* values are correlated  
94 with placental dysfunction in cases of fetal growth restriction as well as secondary to  
95 perturbations with prenatal alcohol exposure or Zika virus infection (35-37).

96 Placental T2\* has been measured throughout gestation in both uncomplicated human  
97 pregnancies and human pregnancies with adverse outcomes by a number of groups (38-44).  
98 These studies verified that placental T2\* decreases with gestational age, consistent with results  
99 from NHP studies and with the expected effect of increased fetal oxygen demand with growth.  
100 Given the direct association between T2\* and maternal-fetal oxygen transport, it is conceivable  
101 that this non-invasive MRI measure could be applicable to clinical studies of placental function.  
102 However, the paucity of longitudinal data, incorporation of specialized image acquisition or  
103 analysis procedures, and minimal experience comparing data between sites limit our current  
104 ability to extend T2\* measurements to large-scale studies.

105 Based on preliminary evidence in NHP and human pregnancies, we hypothesized that placental  
106 T2\* values in pregnancies complicated by clinical placental dysfunction would be lower for  
107 gestational age compared to uncomplicated pregnancies as a result of inadequate maternal  
108 oxygen supply to the placenta. The primary objective of this work was to test this hypothesis by  
109 conducting a prospective, longitudinal, two-site MRI study in 316 pregnant women, with  
110 intentional population enrichment for obstetric morbidity due to placental dysfunction. A  
111 secondary objective was to establish whether data acquired at two different institutions, using  
112 compatible scanner hardware and MRI protocols and analyzed by uniform post processing,  
113 would demonstrate sufficient data consistency to support conducting larger multi-institutional  
114 studies of this non-invasive imaging method to identify and assess placentally-mediated  
115 adverse pregnancy outcomes.

116

117 **Results**

118 *Participant and study demographics*

119 Details of participant enrollment and study completion at the two study sites are presented in the  
120 flow chart in Figure 1. Demographics and maternal characteristics are detailed in Table 1. MRI  
121 data of adequate quality to perform T2\* analysis were acquired in 797 imaging studies from 316  
122 individual study participants (450 scans from 179 participants at OHSU, 347 scans from 137  
123 participants at Utah). At least one usable MRI scan was obtained from 86% of participants who  
124 were consented (88% at OHSU, 83% at Utah), with all three scans completed in 66% of these  
125 patients, two scans in 20%, and a single scan in 14%. Of these studies, 700 had usable  
126 hemoglobin data (426 at OHSU, 274 at Utah) and 432 had usable SpO2 measurements (252 at  
127 OHSU, 180 at Utah). 352 usable quantitative T1 measurements were also obtained in 156 of  
128 the OHSU participants.

129 *Pregnancy outcomes*

130 Out of 316 participants, 198 (62.6%) were classified as uncomplicated pregnancies (UN), 70  
131 (21.8%) were classified in the primary adverse (PA) outcome group, and 48 (15.2%) were  
132 classified in the secondary abnormal (SA) outcome group, as defined in the Methods. Within  
133 primary adverse outcome group, the most commonly observed component was preeclampsia  
134 with severe features (40.0%) followed by gestational hypertension (31.4%), and small for  
135 gestational age (SGA, 20.0%) (Table 2). Both severe pre-eclampsia and SGA were more  
136 prevalent in the OHSU cohort than the Utah cohort, but the observed differences were not  
137 statistically significant on chi-square test. 35.7% of those with the primary adverse outcome  
138 delivered prior to 37 weeks, our threshold for prematurity.

139 *Birthweight statistics*

140 Median birthweight percentile (computed using the tables from Oken (45)) was 48.2 in UN  
141 pregnancies, 32.7 in PA pregnancies, and 48.8 in the SA pregnancies. There was a significant  
142 difference in birthweight percentile between UN and PA outcome groups ( $p=0.017$ ) but not  
143 between UN and SA ( $p=0.28$ ). When stratified by study site, birthweight percentiles for UN, PA,  
144 and SA were 50.5, 30.3, and 49.3 at OHSU, and 42.0, 36.1, and 46.5 at Utah, respectively.  
145 Birthweight was significantly lower in PA vs. UN outcome groups in the OHSU cohort ( $p=0.023$ )  
146 but not at Utah ( $p=0.42$ ). There was no difference between UN and SA outcome groups at  
147 either site (OHSU  $p=0.74$ , Utah  $p=0.51$ ).

148 *Placental T2\**

149 Figure 2 shows representative anatomic T2-weighted HASTE (left column) and quantitative T2\*  
150 maps (right column) acquired in two study participants, matched for gestational age at time of  
151 scan. Placental regions of interest (ROIs) are superimposed on the T2\* maps (blue dashed  
152 lines). The upper row in the figure shows a UN pregnancy at 232 days of gestation with median  
153 placental T2\* (= 51 ms) close to the population median (50<sup>th</sup> percentile), while the bottom row  
154 shows corresponding images for a PA pregnancy at 235 days gestation with a median T2\* (= 26  
155 ms) in the 1<sup>st</sup> percentile. Depression of the placental T2\* in the latter is clearly apparent in panel  
156 D.

157 Figure 3A shows the measured dependence of placental T2\* across gestation in UN  
158 pregnancies. This quantity decreased continuously throughout pregnancy, beginning at a  
159 relatively high plateau level early in gestation, then dropping increasingly rapidly to an inflection  
160 point around 30 weeks before approaching a second, lower plateau in late gestation. Model  
161 fitting via nonlinear least squares regression to a logistic function is shown by the solid black  
162 curve, with 95% fit confidence intervals (CI) indicated by the dashed lines and 95% fit prediction  
163 intervals (PI) by the dot-dashed lines. Figure 3B plots the corresponding data and regression  
164 curves for SA (green) and PA (red) pregnancies, with the best fit and 95% CI curves from UN  
165 pregnancies shown in gray for reference. The model fit for the PA outcome group had  
166 significantly lower modeled T2\* than UN pregnancies starting at 15 weeks and continuing  
167 through 33 weeks gestation, while the model fit for the SA outcome group was not significantly  
168 different from that for UN pregnancies at any point in gestation.

169 Site-dependent data and regressions for UN pregnancies are shown in Figure 3C for OHSU  
170 (blue) and Utah (red), with fit and 95% CI for all UN again plotted in gray. While the resulting  
171 curves are quite similar in shape, the Utah T2\* data for UN pregnancies are consistently lower  
172 than the corresponding OHSU data, and the difference between the two is statistically  
173 significant between 15 and 29 weeks gestation. The observed site-specific differences in T2\* in  
174 UN placentas can be accurately described with a simple model (see Methods) that  
175 characterizes these differences in terms of corresponding site differences in maternal  
176 hemoglobin and SpO2 levels, the known dependence of MRI signal on deoxyhemoglobin  
177 concentration, and a gestation-dependent maternal placental blood volume fraction ( $v_{mpb}(t)$ )  
178 term that varies from approximately 15% early in gestation to approximately 35% by late  
179 gestation. Hemoglobin and SpO2 variation between imaging sites can be explained by the

180 altitude difference, with the University of Utah at 4,840 feet above sea level while OHSU lies  
181 roughly 450 feet above sea level.

182 Median voxel-level relative measurement uncertainty in placental T2\* data for UN pregnancies  
183 was  $\pm 7.0\%$ , was comparable in both SA ( $\pm 6.1\%$ ) and PA ( $\pm 6.2\%$ ) pregnancies, and was  
184 significantly higher in the Utah studies than at OHSU ( $\pm 5.8\%$  for OHSU,  $10.3\%$  for Utah,  
185  $p < 0.001$ ). In addition to stratifying based on pregnancy outcome and study site, the  
186 dependence of gestational T2\* measurements in UN pregnancies on fetal sex, maternal age,  
187 and maternal body mass index (BMI) was evaluated (not plotted), with no significant differences  
188 among any of these. Excluding measurements not meeting the heuristic data quality criteria  
189 described in the methods did not significantly alter any reported results.

190 The average rate of change in placental T2\* with gestation, computed from the centered finite  
191 difference of measurements in each individual pregnancy at successive time points, is plotted  
192 for UN pregnancies in Figure 3D, for PA (red), and SA (green) pregnancies in Figure 3E, and for  
193 OHSU (blue) vs. Utah (red) UN in Figure 3F. Model regressions to these data using the time  
194 derivative of the logistic function are displayed as in Figures 3A-3C. As with the T2\* data  
195 themselves, the rate of change data for UN and SA pregnancies are not significantly different at  
196 any point during gestation. In contrast, the rate of change in PA pregnancies is nearly constant  
197 and shows a significantly larger rate of decrease in early and mid-gestation (up to 24 weeks)  
198 relative to UN. The rate of T2\* decrease with gestation was found to be slightly, but significantly,  
199 larger in OHSU UN pregnancies than in Utah UN from 28 weeks gestation onward.

#### 200 *Receiver operating characteristic (ROC) curves for T2\**

201 Histograms of T2\* z-values for uncomplicated normal (blue), primary adverse outcome (red),  
202 and secondary abnormal outcome pregnancies (green) are plotted in Figure 4, where the  
203 uncomplicated pregnancies were used as the reference distribution. As expected, the  
204 distribution of z-scores for UN pregnancies is symmetrical and centered on zero (mean=0.0,  
205 SD=1.0). Z-scores for the PA pregnancies are relatively symmetrical but broader and with a  
206 significant left shift (mean=-1.0, SD=1.49,  $p < 0.001$ ), while the distribution for SA pregnancies is  
207 shifted leftward (mean=-0.15, SD=1.34,  $p < 0.001$ ) and notably skewed, suggesting the possibility  
208 of two subpopulations within these data.

209 The distributions of T2\* percentiles derived from the z-score data are presented in bar chart  
210 form in Figure 5, with twenty equally-spaced bins spanning from 0 to 100. The distribution of T2\*  
211 percentiles in the UN population (blue) is, as expected, essentially uniform across the entire

212 range, with roughly 5% of observations lying in each bin, while SA (green) pregnancies show  
213 modest enrichment at low values. In contrast, the PA pregnancies lie primarily in the lowest (0-  
214 5%) bin, with nearly 35% of the adverse studies lying in that range and 44% in the lowest 10%  
215 of T2\* measurements.

216 Figure 6 shows receiver operating characteristic (ROC) curves for the entire population across  
217 gestation (leftmost column), and for data separated into early (10-20 weeks), mid (20-30  
218 weeks), and late (30+ weeks) gestation (second through fourth columns). ROCs for both sites  
219 are plotted in the top row, those computed using only OHSU data in the middle row, and those  
220 computed using only the Utah data in the bottom row. For both sites across all gestational time  
221 points, the area under the curve (AUC) or C-statistic for placental T2\* and PA pregnancy  
222 outcome is 0.71, with mid-gestation showing the strongest predictive power (AUC of 0.76). C-  
223 statistics are consistently higher in the OHSU cohort than the Utah cohort, with the strongest C-  
224 statistic overall for OHSU studies in mid-gestation (AUC=0.82), and the weakest for Utah  
225 studies in late-gestation (AUC=0.37). The maximum in Youden's J statistic,  $J_{max}$ , is indicated by  
226 the red stars on the ROC curves of Figure 6, and the corresponding optimal cutoff threshold in  
227 T2\* percentile relative to UN is indicated in the legends as  $C_{opt}$ .

#### 228 *Placental T1*

229 Quantitative T1 values in UN pregnancies (acquired in OHSU participants only) showed linear  
230 decrease with gestation at an average rate of -26.9 ms/week from approximately 2200 ms early  
231 in gestation to roughly 1600 ms late in gestation. Neither SA nor PA pregnancies showed any  
232 statistically significant differences in the evolution of T1 during pregnancy relative to UN,  
233 suggesting that placental T1 is not a useful metric for characterization of placental dysfunction.

#### 234 *Maternal hemoglobin and oxygen saturation*

235 Maternal hemoglobin level decreased linearly throughout gestation in UN pregnancies at an  
236 average rate of -0.046 mmol/week and was significantly higher in the Utah cohort than the  
237 OHSU cohort (mean difference  $1.04 \pm 0.90$  mmol,  $p < 0.001$ ). Maternal hemoglobin was  
238 significantly higher in the PA pregnancies compared to UN (mean difference  $0.36 \pm 1.04$  mmol,  
239  $p < 0.001$ ). There was no difference in hemoglobin between UN and SA pregnancies.

240 Maternal SpO2 in UN pregnancies was found to be essentially constant throughout gestation  
241 (mean 97.0%) but was significantly lower in the Utah cohort than the OHSU cohort (mean

242 difference  $-2.0 \pm 3.0\%$ ,  $p < 0.001$ ). Neither SA nor PA pregnancies were associated with  
243 statistically different maternal SpO<sub>2</sub> values or trends relative to UN.

#### 244 *Placental volume*

245 Placental volume increased linearly during gestation at an average rate of 32.2 cm<sup>3</sup>/week  
246 beginning between 11 and 12 weeks, with no significant difference between UN pregnancies at  
247 the two sites. Our placental volume measurements are also highly consistent with those  
248 reported by Leon et al. (46) in the overlapping gestational age range. Volume in SA pregnancies  
249 was not significantly different than that of UN, while PA pregnancies showed a slightly lower rate  
250 of growth (30.0 cm<sup>3</sup>/week) leading to significantly lower volume from 20 weeks gestation  
251 onward.

#### 252 *Regression modeling results*

253 Model definitions, best fit parameter values, fit parameter uncertainties, and root-mean-square  
254 (RMS) residual errors for regressions to all data and subsets discussed above are given in  
255 Table 3.

### 256 **Discussion**

257 In this study, we characterize and model the sigmoidal evolution of T2\* across gestation in  
258 uncomplicated pregnancies and demonstrate that median placental T2\* is markedly lower in  
259 many pregnancies with adverse outcomes. We found lower values across gestation in  
260 pregnancies with the primary adverse outcome and larger rate of decline in early and mid-  
261 gestation when compared to uncomplicated normal pregnancies. Importantly, decreased  
262 median T2\* continues to correlate with adverse obstetric outcomes when quantified in both mid  
263 and late gestation. The placenta is a dynamic organ which evolves over the entire course of  
264 gestation, and possesses the capacity to adaptively develop in concert with the growing fetus.  
265 As a result, it is not a *fait accompli* that poor placental function early in gestation persists  
266 throughout pregnancy. However, our results suggest that, while T2\* measurements acquired in  
267 the mid-gestational time window (20-30 weeks) are most predictive of adverse pregnancy  
268 outcomes, even data from the early gestational window (10-20 weeks) allow risk stratification.

269 The strong correlation of data observed between our two independent sites demonstrates that  
270 this method is robust and has the potential to be transferable across different institutions.  
271 Nevertheless, some relevant site-specific differences were observed that merit further  
272 clarification. First, the birthweight in PA pregnancies among the Utah group was not

273 significantly different from that of the UN pregnancies in that group, while the PA pregnancies in  
274 the OHSU cohort had a significantly lower birthweight when compared to UN. This may simply  
275 be accounted for by the higher proportion of SGA neonates in the OHSU cohort due to chance,  
276 as population rates of adverse outcomes in these two groups are expected to be similar.  
277 Second, the maternal Hgb was higher in Utah when compared to OHSU, which is expected  
278 given the increased altitude in Salt Lake City, Utah when compared to Portland, Oregon. Third,  
279 maternal oxygen saturation in the Utah patients was significantly lower than in the OHSU  
280 population, also consistent with the physiologic impacts of altitude. In the UN population, it is  
281 possible to entirely explain the observed differences between sites with a simple model  
282 incorporating the site-specific hemoglobin and oxygen saturation differences along with a  
283 maternal placental blood volume term that varies across gestation, as described in the Methods.

284 The predictive power of T2\* measurements for discriminating uncomplicated pregnancies from  
285 primary adverse outcome pregnancies was much higher in the OHSU cohort than for Utah  
286 (AUC 0.80 vs 0.56). We suspect that this is due to site-specific differences in the prevalence of  
287 SGA and preeclampsia with severe features, both of which are relatively under-represented in  
288 the Utah group. Notably, in the Utah cohort, birthweights of neonates in the primary adverse  
289 outcome group were not statistically different than in uncomplicated pregnancies. Given that  
290 SGA and hypertensive diseases of pregnancy have multiple pathophysiologies with varying  
291 degrees of placental dysfunction, it is reasonable to propose that T2\* quantification is primarily  
292 predictive of pathways linked to abnormalities attributable to perturbations of maternal placental  
293 blood flow and/or fetal oxygen uptake. It is possible that there is a secondary contribution due to  
294 the somewhat higher measurement error in the Utah data set as compared to OHSU, although  
295 the absolute measurement uncertainties are small for both study sites. Unfortunately, the  
296 modest number of PA pregnancies in our data set limits statistical power and precludes  
297 separation of the PA group into sub-categories.

298 The imaging methodology in this study is highly amenable to clinical translation. Placental MRI  
299 was performed using imaging protocols and pulse sequences that are available on virtually all  
300 modern MRI scanners, and analysis of these data requires only minimal post-processing to  
301 convert signal measurements to T2\* values. Groundwork performed in our NHP models was  
302 key to both validation and translation of this methodology to human subjects by validating T2\*  
303 mapping as a functional measure of maternal placental perfusion with confirmation by DCE-MRI  
304 (33, 34). While DCE-MRI is the gold-standard method for quantifying tissue perfusion via MRI,  
305 and despite the fact that we have demonstrated minimal placental permeability to passage of

306 gadolinium-based contrast agents (GBCA) following *in utero* maternal administration (47, 48), a  
307 GBCA-free alternative alleviates potential reservations to use of MRI as a clinical diagnostic  
308 imaging tool for assessing placental health. In addition, because placental T2\* is sensitive to the  
309 balance between oxygenated maternal blood delivery and fetal oxygen demand, it is particularly  
310 well-suited to identify problems stemming from inadequate placental oxygenation.

### 311 *Study strengths and limitations*

312 Our study has a number of strengths. It is the largest prospective study of placental MRI, and  
313 the most extensive study of T2\*, in particular. In addition, the longitudinal design enabled us to  
314 characterize the nonlinear evolution of T2\* across pregnancy and provide reference values for  
315 both T2\* itself and rate of change in T2\* as gestation progresses. While studies of changes in  
316 T2\*-weighted BOLD-EPI measurements in response to hyperoxygenation have a number of  
317 advantages, particularly in data acquisition efficiency and sensitivity to motion, they are  
318 generally semi-quantitative, introduce methodological complexity, and potentially perturb  
319 maternal and fetal hemodynamics and alter the physiologic mechanisms that determine normal  
320 oxygen transport across a gradient (49-51). In contrast, quantitative measurements of T2\* are  
321 reflective of the balance between maternal delivery of oxygen and fetal demand, are  
322 reproducible across sites, and do not need ancillary experimental perturbations. The primary  
323 adverse composite outcome metric we developed was defined prior to, and independent of, MRI  
324 data analysis. Designation of pregnancy outcome was blinded to MRI data analysis and was  
325 conducted by four Maternal-Fetal Medicine physicians independently, increasing the rigor of our  
326 outcome designation. Similarly, to further reduce the potential for bias, MRI data processing  
327 was blinded to pregnancy outcome and was conducted independently prior to statistical analysis  
328 for association with adverse pregnancy outcomes. By utilizing common, commercially available  
329 MRI acquisition protocols, the work described here should be easy to reproduce at other  
330 institutions, facilitating its potential use both in future clinical studies and in clinical practice.

331 There are also a number of limitations to this study. Although it is the largest longitudinal MRI  
332 study in pregnancy performed to date, the number of adverse outcomes was small. This  
333 necessitated the utilization of a composite outcome, as is typical for obstetric studies. Our study  
334 population is relatively ethnically and racially homogeneous, so the conclusions we draw here  
335 may not be applicable to other populations. MRI was performed using 3 Tesla scanning  
336 hardware to increase sensitivity to changes in T2\*, but these systems are not currently the  
337 standard in obstetric imaging and are not as widely available as 1.5 Tesla systems. While we  
338 used consistent criteria encompassing many common complications, there is no gold standard

339 definition of placental dysfunction, and our outcomes are heterogenous by nature. In particular,  
340 we have previously identified circumstances where pathology related to villous inflammation or  
341 malformation can cause elevated T2\* (35) in the setting of adequate supply of maternal arterial  
342 blood to the placenta in conjunction with impaired trans-villous oxygen permeability, which could  
343 constitute a confounding factor in some pregnancies. As a result, further refinement may be  
344 required to detect abnormally high, as well as abnormally low T2\*, to accurately capture  
345 different types of placental pathology.

### 346 *Conclusion*

347 We present the results of a prospective longitudinal human study that demonstrate the potential  
348 of quantitative T2\* mapping during pregnancy to identify increased risk for adverse obstetric  
349 outcome due to placental dysfunction, particularly in the setting of fetal growth restriction.  
350 Quantitative measures of placental T2\* identified pregnancies at increased risk for adverse  
351 outcomes across all gestational ages in this study despite site-specific differences in maternal  
352 and neonatal demographics at the two institutions. Low median placental T2\* was strongly  
353 correlated with low fetal birthweight, suggesting that the diagnostic utility of placental MRI may  
354 be enhanced by focusing on a specific adverse obstetric outcome, such as fetal growth  
355 restriction, rather than a composite adverse outcome. Improved diagnostics to identify  
356 pregnancies at risk of adverse outcomes may facilitate discovery of novel biomarkers, improved  
357 stratification of patients in clinical studies, and may allow for earlier modification of clinical  
358 management plans.

359

### 360 **Methods**

361 All protocols described in the following were approved by the Institutional Review Boards (IRB)  
362 at Oregon Health & Science University (OHSU) and University of Utah Health Sciences Center  
363 (UUHSC), and study oversight was provided by an independent data and safety monitoring  
364 board.

#### 365 *Study Design*

366 A longitudinal prospective cohort study of 316 pregnant women at two sites, both academic  
367 tertiary care centers with Level VI neonatal intensive care units: OHSU and the UUHSC for  
368 three MRI studies at the following gestational ages: 12-16 weeks, 26-28 weeks, and 32-34  
369 weeks (ClinicalTrials.gov: NCT02749851). The original prospective observational study design

370 had planned enrollment for 300 subjects to undergo the MRI studies in the aforementioned  
371 gestational windows. The rationale for the original exploratory study design was to facilitate  
372 characterization of T2\* longitudinally during pregnancy and to minimize sensitivity to population  
373 variability in T2\* values as a function of gestational age. A planned interim analysis in year 3  
374 demonstrated tight correlation of T2\* across study sites and within gestational age timepoints.  
375 As a result, the decision was made to open the gestational time windows for recruitment by +/- 8  
376 weeks to facilitate improved characterization of the evolution of placental T2\* throughout  
377 pregnancy. The larger recruitment windows impacted the number of MRIs per study participant  
378 as some participants recruited later in gestation were not be able to complete additional MRI  
379 studies depending on the gestational age at enrollment. The decreased frequency of repeat MRI  
380 per study subject however did facilitate recruitment and enrollment of a larger study cohort than  
381 originally planned.

382 Participants were recruited from the OHSU and UUHSC clinics where written informed consent  
383 was obtained with IRB approval. Pregnant women were recruited based on inclusion criteria for  
384 two subject groups: a low-risk cohort not at increased risk for adverse obstetric outcome and a  
385 high-risk group at increased risk for adverse outcomes based on prior clinical history. A third  
386 group of pregnant tobacco smokers was originally planned as a separate cohort but recruitment  
387 was abandoned due to lack of success in identification and enrollment.

#### 388 *Inclusion criteria*

389 Inclusion criteria for both groups included pregnancy (defined by positive pregnancy test and  
390 certain menstrual history, or early ultrasound) identified prior to 16 weeks gestation, maternal  
391 age over 18 years of age, and ability to give informed consent. The inclusion criteria for the low-  
392 risk cohort were all of the following: 1) no history of a second or third trimester pregnancy loss,  
393 2) no history of fetal growth restriction, and 3) nonsmoker. The inclusion criteria for the high-risk  
394 group were one or more of the following: 1) history of pregnancy complicated by placental  
395 insufficiency in a previous singleton pregnancy defined by preeclampsia with severe features  
396 requiring preterm delivery, or preterm delivery due to placental insufficiency (fetal growth  
397 restriction, oligohydramnios, abnormal umbilical artery Doppler), or fetal growth restriction with  
398 neonatal weight < 10<sup>th</sup> percentile delivered at term, or stillbirth attributed to placental cause,  
399 regardless of gestational age, 2) pregnancy at risk for placental insufficiency due to clinical  
400 comorbidities (i.e. chronic hypertension), or 3) history of spontaneous preterm birth < 34 weeks.

#### 401 *Exclusion criteria*

402 Exclusion criteria were maternal intellectual disability or incarceration, pregnancy with major  
403 fetal anomalies known to be associated with abnormal fetal growth, active alcohol use during  
404 pregnancy, medical conditions requiring ongoing treatment during pregnancy including cancer,  
405 acute liver disease, chronic pulmonary disease requiring regular use of medication, history of  
406 claustrophobia, metal implants, or other contraindication for MRI, and increased risk of  
407 aneuploidy based on ultrasound findings and/or genetic testing.

#### 408 *Participant enrollment*

409 Potential participants were identified through multiple modalities. The research team utilized  
410 social media, which entailed Facebook advertisements and promotions via institutional  
411 websites. The research teams also attended multiple pregnancy groups, such as prenatal group  
412 intake meetings and events for pregnant women, as well as a Portland-based website for new  
413 and expecting parents with resources and events. Potential research subjects were screened in  
414 the OHSU electronic medical record system, and Utah appointment logs through a waiver of  
415 authorization. Once participants were found via electronic medical records, they were  
416 approached at their next prenatal appointment or sent a MyChart message with pertinent  
417 research study information. When a potential subject reached out to the team via phone or  
418 email with interest, a phone screening was conducted. The phone screening reviewed basic  
419 eligibility inclusion and exclusion criteria, contact information, and additional preferences. If the  
420 subject was found to be eligible, they would be scheduled for a visit in accordance with the  
421 study protocol where they will start the visit with a detailed explanation of the study and followed  
422 with the signature of the informed consent. If not eligible for the study or no longer interested,  
423 they would be thanked for their time and interest.

#### 424 *Pregnancy outcome designation*

425 Pregnancies were categorized postnatally into three groups: a) uncomplicated normal  
426 pregnancies (UN), b) primary adverse outcome pregnancies (PA), and c) secondary abnormal  
427 pregnancies (SA). Uncomplicated pregnancies were defined as those with term (37 weeks or  
428 beyond) delivery with birthweight between the 5<sup>th</sup> and 95<sup>th</sup> percentile, without gestational  
429 hypertensive disease, and not meeting any criteria for the primary adverse outcome or  
430 secondary abnormal outcome.

431 The primary adverse outcome group was defined using a composite including hypertensive  
432 disorders of pregnancy, with birthweight below the 5<sup>th</sup> percentile by Oken (43), and stillbirth or  
433 fetal death. Hypertensive disorders of pregnancy included gestational hypertension,

434 preeclampsia without severe features, preeclampsia with severe features, Hemolysis, elevated  
435 liver enzymes, and low platelet count (HELLP) syndrome, and eclampsia. These were defined  
436 by ACOG criteria (52). Gestational hypertension was defined as systolic blood pressure of 140  
437 mm Hg or more or a diastolic blood pressure of 90 mm Hg or more, or both, on two occasions  
438 at least 4 hours apart at or beyond 20 weeks of gestation in someone without chronic  
439 hypertension. Preeclampsia was defined as elevated blood pressure (as in gestational  
440 hypertension) plus proteinuria (300mg or more in a 24 hour urine collection or urine  
441 protein/creatinine ratio of 0.3 or more) or presence of severe features without proteinuria.  
442 Severe features included systolic blood pressure of 160 mm Hg or more or diastolic blood  
443 pressure of 110 mm Hg or more on two occasions at least 4 hours apart, thrombocytopenia with  
444 platelet count  $< 100 \times 10^9/L$ , liver enzymes more than twice the upper limit of normal, severe  
445 persistent right upper quadrant pain or epigastric pain, serum creatinine  $> 1.1$  mg/dL, pulmonary  
446 edema, new headache unresponsive to medication, and/or visual disturbances. HELLP  
447 syndrome is defined by thrombocytopenia with platelet count  $< 100 \times 10^9/L$ , liver enzymes  
448 more than twice the upper limit of normal, and evidence of hemolysis (LDH  $> 600$  IU/L).  
449 Eclampsia was defined as seizure in absence of alternative etiology and with concomitant  
450 criteria for preeclampsia.

451 The secondary abnormal outcome group included pregnancies complicated by maternal chronic  
452 hypertension without superimposed preeclampsia, fetal genetic and/or anatomic anomalies;  
453 spontaneous preterm birth due to preterm labor, cervical insufficiency, and/or preterm  
454 premature rupture of the membranes (PPROM); placental abruption, chorioamnionitis, and/or  
455 birthweight greater than the 95<sup>th</sup> percentile by Oken (43). Our goal in creating this group was to  
456 capture pregnancy morbidity that is typically due to non-placental causes. Though morbidity can  
457 be significant in this group, our hypothesis was that our MRI protocol would not show strong  
458 association with these outcomes.

459 The primary adverse clinical composite outcome was developed pragmatically. Gestational  
460 hypertensive disease, preeclampsia, low birth weight, and fetal death/stillbirth are all linked to  
461 placental dysfunction (3, 50, 51). We acknowledge that this is not a pure phenotype, and there  
462 are multiple pathways to each of these outcomes, let alone the composite. However, this  
463 composite is clinically meaningful when attempting to capture morbidity and mortality due to  
464 placental insufficiency and there is significant overlap between the individual outcomes. Thus, in  
465 order to assess utility of MRI as a tool for either prediction or targeting of therapeutics,  
466 assessing these outcomes *in toto* is appropriate.

467 Adjudication of the primary adverse outcomes and secondary abnormal outcomes was  
468 performed independently by both of the Maternal-Fetal Medicine physicians at each site (OHSU:  
469 KJG, AEF; Utah: JMP, NRB). Any discordance between assessment of outcome was then  
470 discussed and reconciled prior to final determination. The authors determining the outcomes  
471 were blind to the MRI data and analysis. Similarly, MRI data acquisition and quality control was  
472 performed blind to pregnancy outcome group.

### 473 *Magnetic Resonance Imaging*

474 Maternal blood draws were performed prior to each scan and hemoglobin level measured using  
475 iStat (Abbott, Princeton, NJ) and/or fingerstick. Pulse oximetry (Zacurate 500BL) was used to  
476 determine maternal blood oxygen saturation level before each MRI study.

477 MRI in pregnant human volunteers was performed at up to three consecutive time points during  
478 pregnancy, ranging from 11 to 38 weeks gestation, on 3T Siemens Prisma scanner hardware  
479 using vendor spine and body array coils. Following localization of the uterus and placenta and  
480 acquisition of T2-HASTE anatomic imaging in three planes (axial, coronal, and sagittal), breath-  
481 hold multi-slice multi-echo gradient echo (MEGE) images were acquired in an axial orientation  
482 for T2\* mapping, spanning the entire uterus with a spatial resolution of 1.75x1.75x3.5 mm, at six  
483 in-phase echo times (TE): 4.92/9.84/19.68/29.52/36.90/49.20 ms with a repetition time (TR) of  
484 116 ms. Number of slices and in-plane coverage were adjusted as necessary to achieve  
485 complete coverage of the uterus and avoid image wrap. Breath hold duration was maintained  
486 below 10 seconds per acquisition to minimize patient discomfort. In OHSU studies, 3D variable  
487 flip angle T1 mapping was also performed with full placental coverage, using the Siemens MapIt  
488 protocol with flip angles of 3 and 15 degrees, including B1 correction (resolution 0.9x0.9x4 mm,  
489 TR=5.01, TE=2.23ms).

### 490 *Image and data analysis*

491 All post-processing, data modeling, and statistical analysis was performed in MATLAB  
492 (Mathworks, Natick MA) using standard library functions where available and custom in-house  
493 software otherwise. Quantitative T2\* values were determined by weighted log-linear regression  
494 of MEGE signal magnitude measurements as described in detail in Schabel et al (34). Voxel-  
495 level uncertainty in estimated T2\* values was computed from regression covariance matrices  
496 and propagation of errors analysis using measured magnitude noise levels in source MRI data.  
497 Three dimensional placental regions-of-interest (ROIs) were hand drawn on T2\* maps, using  
498 co-registered T2-HASTE images as an anatomic reference when the placental-myometrial

499 and/or placental-fetal boundaries were indistinct. Slices with excessive image quality  
500 degradation arising from maternal and/or fetal motion were excluded from analysis. Readers  
501 were blinded to patient status and pregnancy outcome. Binary masks were derived from the  
502 placental ROIs, with T2\* values of 250 ms or more being excluded from further analysis; such  
503 large values are associated with signal contamination by amniotic fluid. Placental volume was  
504 computed by summing the number of voxels in each slice of this binary mask multiplied by the  
505 per-voxel volume. Where slices were missing due to motion, volumes were estimated from  
506 adjacent slices using linear interpolation. In the OHSU cohort, median placental T1 was  
507 determined by spatially resampling measured T1 maps onto the T2\* image volumes and  
508 applying placental ROIs.

509 Histogram analysis was used to compute median placental T2\* for each study. Median relative  
510 fit uncertainty in T2\* (the ratio of the model estimated sigma-T2\* to estimated T2\*) was  
511 computed as a measure of measurement quality. A heuristic quality statistic was determined by  
512 computing the fraction of placental voxels for which the relative fit uncertainty was  $\leq 0.25$ .  
513 Sensitivity of the data analysis pipeline to data quality was evaluated by re-running the entire  
514 statistical post-processing pipeline for both the entire set of studies and for a reduced set where  
515 studies with either median relative uncertainty in the highest 10% or heuristic quality in the  
516 lowest 10% were excluded. Potential bias stemming from variation in the number of scans per  
517 patient ranging from one to three was considered by re-running the post-processing pipeline  
518 with scan weight distributed evenly per patient, rather than per scan.

519 Trends in maternal SpO2, maternal hemoglobin concentration, placental volume, and placental  
520 T1 across gestational age were found to be well fit with a linear model. Gestational trends in T2\*  
521 were modeled sequentially with linear and quadratic polynomials as well as with a logistic  
522 function ( $T_2^*(t) = p_1 / (1 + \exp(p_2(t - p_3))) + p_4$ ), which was chosen based on the sigmoidal  
523 behavior observed in median T2\* curves in normal pregnancies. Regression modeling used  
524 **polyfit** for polynomial fitting and **nlinfit** for nonlinear model fitting to T2\* data, with  
525 regressions weighted by measurement uncertainties. The Bayes Information Criterion (BIC) was  
526 used to account for different numbers of free parameters for model selection. Based on the BIC  
527 results, the sigmoid function was determined to have the best fit to measured T2\* data. Intra-  
528 individual time derivatives in T2\* across gestational age were approximated as pairwise  
529 centered finite differences from measurements acquired at sequential gestational time points:  
530  $(\Delta T_2^* / \Delta t)((t_1 + t_2) / 2) = (T_2^*(t_2) - T_2^*(t_1)) / (t_2 - t_1)$ . The resulting data were fit with the time  
531 derivative of the logistic function:  $(\Delta T_2^* / \Delta t)(t) = -p_1 p_2 \exp(p_2(t - p_3)) / (1 + \exp(p_2(t - p_3)))^2$ .

532 Fit covariance matrices were used to compute model parameter uncertainties as well as 95%  
 533 confidence and prediction intervals for all regressions. Model regressions were considered to be  
 534 significantly different where their 95% confidence intervals were non-overlapping. In addition to  
 535 the three primary study groups (UN pregnancies, SA pregnancies, and PA pregnancies),  
 536 differences between UN at the two study sites were compared, along with differences based on  
 537 fetal sex, maternal age, and maternal BMI.

538 A model describing the observed inter-site T2\* differences across gestation between OHSU and  
 539 Utah sub-populations was developed starting from the assumption that these differences arise  
 540 from corresponding site-dependent differences in maternal hemoglobin and SpO2 levels, along  
 541 with a maternal placental blood volume fraction that evolves through pregnancy. The resultant  
 542 shift is most easily described in terms of differences in the transverse relaxation rate, defined as  
 543  $R_2^* = 1/T_2^*$ , between site A (OHSU) and site B (Utah) using the known transverse relaxivity of  
 544 deoxyhemoglobin ( $r_2^* = 20.2/\text{mmol/s}$ ) and blood deoxyhemoglobin concentrations computed from  
 545 measured maternal SpO2, along with the maternal placental blood volume fraction ( $v_{mpb}$ ):

$$546 \quad \Delta R_2^*(t) = r_2^* \left( [Hb(t)]_A \left( 100 - \left( S_p O_2(t) \right)_A \right) - [Hb(t)]_B \left( 100 - \left( S_p O_2(t) \right)_B \right) \right) v_{mpb}(t).$$

547 Combining this expression with the modeled dependence of maternal SpO2 and hemoglobin  
 548 levels for the two sites allows us to solve for the gestation-dependent value of  $v_{mpb}(t)$  that  
 549 corresponds to observed differences in placental T2\*. This parameter is a volume fraction that  
 550 should correspond approximately to *in vivo* intervillous volume (55), and is physically-  
 551 constrained to lie in the closed interval [0,1].

552 Z-scores were computed for all placental T2\* measurements using the model regression and  
 553 prediction intervals for UN pregnancies, and T2\* percentiles were calculated from the  
 554 cumulative distribution function (CDF) of the corresponding normal distribution. Receiver  
 555 operating characteristic (ROC) curves were then generated from the T2\* percentiles for all  
 556 individual studies in UN vs. PA pregnancies (SA pregnancies were omitted from this analysis).  
 557 Studies were also grouped into three gestational time windows: early gestation (10-20 weeks),  
 558 mid-gestation (20-30 weeks), and late gestation (30-40 weeks) in order to assess the  
 559 performance of this metric across gestation, and ROCs were separately computed for OHSU  
 560 and Utah data to compare the site-specific performance.

561 *Statistics*

562 All p-values for continuous variables presented in this manuscript were computed using a two-  
563 tailed Kolmogorov-Smirnov test. The chi-square proportion test was used to compute p-values  
564 of binary variables. Significance of differences in model regressions was assessed using the  
565 presence or absence of overlapping 95% confidence intervals.

566

## 567 **Tables**

568 **Table 1:** Demographic data from the study populations at OHSU and Utah.

569 **Table 2:** Breakdown of prenatal conditions in the primary adverse outcome group for entire PA  
570 population and by site.

571 **Table 3:** Regression models, best fit parameter values and estimated parameter uncertainties,  
572 and RMS fit residual values for model fits of gestational trends in  $T2^*$ ,  $\Delta T2^*/\Delta GW$ , maternal  
573 hemoglobin, maternal blood oxygen saturation, *in vivo* placental volume, and T1. Fits are  
574 presented for the aggregate data set along with separate regressions to the OHSU and Utah  
575 subpopulations for normal pregnancies.

576

577

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585

586 **Author contributions.**

587 MCS, VHJR, CDK, RMS, AEF: Conceived and designed study. AEF, VHJR, MR, KJG, MWV,  
588 KS: Coordinated and facilitated subject recruitment, enrollment and participation in the study.  
589 MCS, VHJR, KJG, AEF, NRB, JMP, CDK, BP, MWV, RMS: Reviewed the data and aided in  
590 experimental design. MCS, VHJR, KJG, AEF: drafted the manuscript. All authors reviewed the  
591 manuscript. MCS: Supervised and acquired MRI data, developed software for MRI data post-  
592 processing and analysis, performed MRI data analysis. ADS, AMW, JOL: Assisted with MRI  
593 data analysis. MR, JEG, KS, KH: Assisted and facilitated RedCap data entry. MCS, BP:  
594 Designed and performed statistical analysis.

595

596

597 **Figure legends**

598 **Figure 1:** Enrollment flow chart.

599 A flow chart detailing numbers of prospective patients screened, consented, and enrolled at  
600 both study sites, along with numbers of completed MRI studies meeting quality criteria for  
601 inclusion in data analysis presented here.

602 **Figure 2:** Comparison of anatomic imaging (T2-weighted HASTE, left column) and placental  
603 T2\* mapping (right column) in a uncomplicated normal pregnancy at 232 days gestation (top  
604 row, panels A & B) with those from a primary adverse pregnancy at 235 days gestation  
605 presenting with severe preeclampsia (bottom row, panels C & D). The placenta is indicated by  
606 the dashed blue outlines overlaid on the T2\* maps.

607 **Figure 3:** Gestational dependence of placental T2\* values.

608 Median T2\* values for each completed study, computed over the entire placenta, are plotted as  
609 a function of gestational age at time of imaging in the three panels in the left column (panels A,  
610 B, C), while corresponding rates of change in placental T2\* between repeated imaging time  
611 points within the same individual are plotted as a function of gestational age in the right column  
612 (panels D, E, F). The upper row plots these quantities for normal pregnancies, the middle row  
613 for abnormal (green) and adverse (red) pregnancies, and the bottom row for normal  
614 pregnancies stratified by site (OHSU in blue, Utah in red). In all graphs, model regression  
615 curves (using the functions defined in Table 2) are indicated by the thick solid lines, the 95%  
616 confidence intervals by the dashed lines, and the 95% prediction intervals by the dot-dashed  
617 lines. The best fit and 95% CI curves from the plots in the upper row are shown in gray in the  
618 middle and bottom rows for reference.

619 **Figure 4:** Histograms of T2\* z-scores in normal, abnormal, and adverse pregnancies.

620 Z-score histograms shown are computed using prediction intervals for sigmoid model regression  
621 to T2\* measurements in UN pregnancies, applied to individual studies in UN (blue), PA (red),  
622 and SA (green) pregnancies.

623 **Figure 5:** Bar chart of distribution of measured T2\* percentiles for uncomplicated normal,  
624 primary adverse, and secondary abnormal pregnancies.

625 **Figure 6:** Receiver operator characteristic (ROC) curves for T2\* measurements in pregnancies  
626 with our primary adverse outcome relative to uncomplicated normal pregnancies.

627 The points where Youden's J is maximized are indicated by the stars. Area under the curve (AUC),  $J_{max}$ ,  
628 and the corresponding optimal cutoff threshold in T2\* percentile relative to UN ( $C_{opt}$ ) are given in the  
629 figure legend for each panel.

630 Table 1: Demographic data for uncomplicated (UN), primary adverse (PA), and secondary abnormal (SA) groups, for entire study population and  
 631 separated by study site.

	UN			PA			SA		
	All	OHSU	Utah	All	OHSU	Utah	All	OHSU	Utah
<b>Maternal age at conception</b>	31.2 (4.6)	31.8 (5.1)	30.4 (4.0)	31.7 (5.1)	32.2 (5.3)	31.0 (4.9)	31.0 (5.4)	30.9 (5.7)	31.4 (4.7)
<b>Race</b>									
White	175 (81.4%)	97 (79.5%)	78 (83.9%)	55 (75.3%)	29 (69.0%)	26 (83.9%)	42 (73.7%)	27 (69.2%)	15 (83.3%)
African Descent	9 (4.2%)	9 (7.4%)	0 (0.0%)	1 (1.4%)	1 (2.4%)	0 (0.0%)	2 (3.5%)	1 (2.6%)	1 (5.6%)
Native American	5 (2.3%)	3 (2.5%)	2 (2.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	3 (5.3%)	2 (5.1%)	1 (5.6%)
Asian Indian	4 (1.9%)	3 (2.5%)	1 (1.1%)	1 (1.4%)	0 (0.0%)	1 (3.2%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
Other Asian	10 (4.7%)	6 (4.9%)	4 (4.3%)	6 (8.2%)	4 (9.5%)	2 (6.5%)	2 (3.5%)	2 (5.1%)	0 (0.0%)
Native Hawaiian	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.8%)	1 (2.6%)	0 (0.0%)
Pacific Islander	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.4%)	0 (0.0%)	1 (3.2%)	1 (1.8%)	1 (2.6%)	0 (0.0%)
Other	1 (0.5%)	1 (0.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
Unknown	1 (0.5%)	1 (0.8%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
Hispanic	10 (4.7%)	2 (1.6%)	8 (8.6%)	9 (12.3%)	8 (19.0%)	1 (3.2%)	6 (10.5%)	5 (12.8%)	1 (5.6%)
<b>Pre-pregnancy BMI</b>	24.4 (4.4)	24.7 (4.8)	24.0 (3.9)	26.3 (5.9)	27.4 (6.5)	24.8 (4.8)	36.7 (5.8)	27.2 (6.2)	25.4 (4.6)

632

633

Table 2: Breakdown of prenatal conditions in the primary adverse outcome group for entire PA population and by site.

<b>Outcome</b>	<b>Total N=74</b>	<b>OHSU N=39</b>	<b>Utah N=31</b>	<b>p-value</b>
<b>PIH</b>	59 (84.3%)	34 (87.2%)	25 (80.6%)	0.68
<b>Gestational HTN</b>	22 (31.4%)	13 (33.3%)	9 (29.0%)	0.90
<b>Pre-e w/o sev</b>	9 (12.8%)	3 (7.7%)	6 (19.4%)	0.28
<b>Pre-e w/sev</b>	28 (40.0%)	18 (46.2%)	10 (32.2%)	0.35
<b>SGA</b>	14 (20.0%)	9 (23.1%)	4 (16.1%)	0.44
<b>Stillbirth or fetal loss</b>	4 (5.7%)	1 (2.6%)	3 (9.7%)	0.45
<b>Placental abruption</b>	2 (2.8%)	0 (0.0%)	2 (6.4%)	0.38
<b>Both PIH + SGA</b>	5 (7.1%)	3 (7.7%)	2 (6.4%)	0.79
<b>Preterm birth (&lt;37w)</b>	31 (35.7%)	13 (33.3%)	12 (38.7%)	0.83

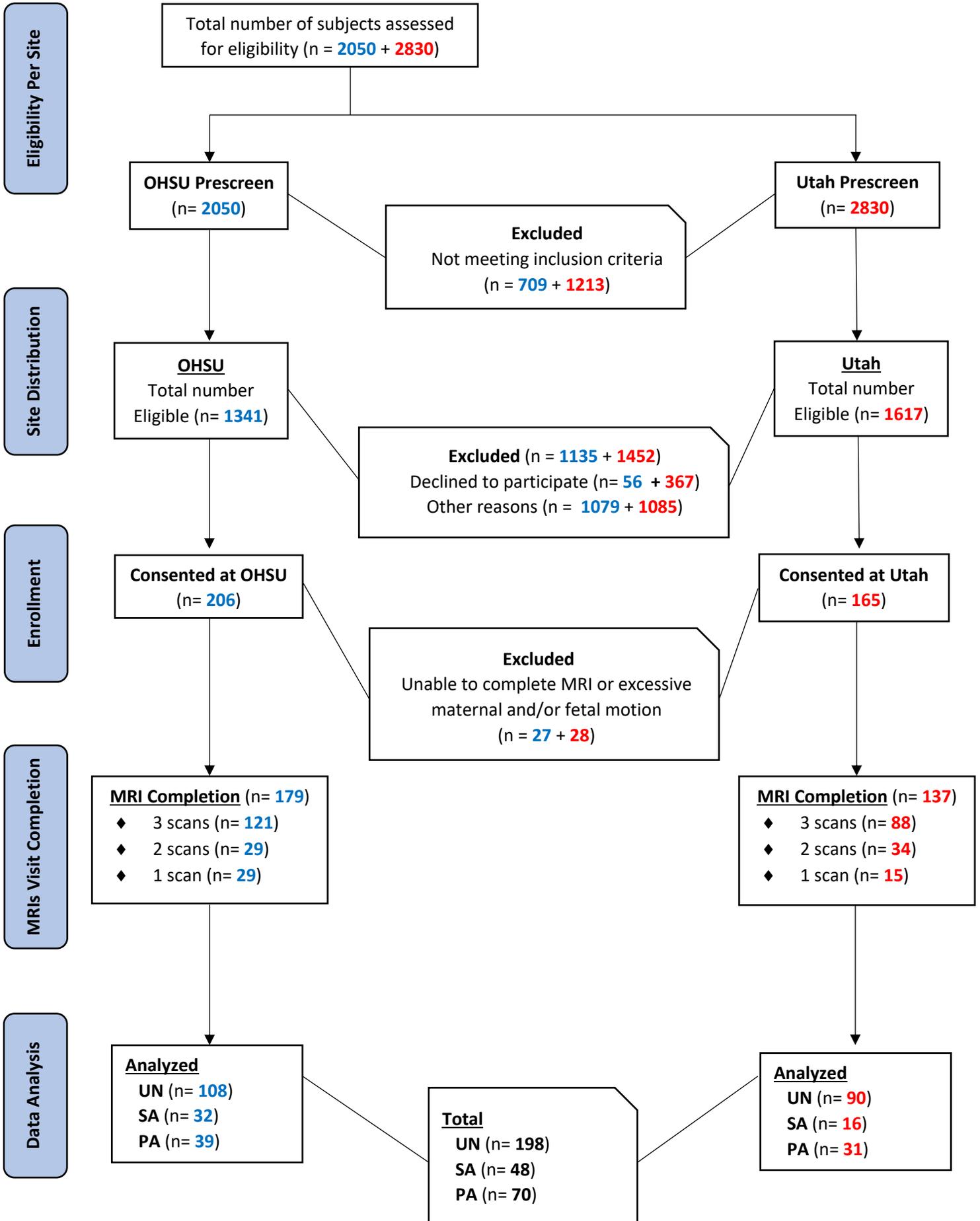
	$p_1$	$p_2$	$p_3$	$p_4$	$RMS_{fit}$
<b>Median T2* (ms)</b>	$T_2^*(t) = p_1/(1 + \exp(p_2(t - p_3))) + p_4$				
UN pregnancies	-59.2 (+/-6.5)	-0.24 (+/-0.04)	29.3 (+/-0.8)	84.6 (+/-1.3)	+/-9.6 ms
OHSU only	-59.3 (+/-7.6)	-0.26 (+/-0.05)	29.4 (+/-0.9)	86.3 (+/-1.5)	+/-9.5 ms
Utah only	-62.8 (+/-13.9)	-0.20 (+/-0.06)	29.5 (+/-1.8)	83.6 (+/-2.8)	+/-9.2 ms
SA pregnancies	-53.7 (+/-11.3)	-0.28 (+/-0.11)	26.8 (+/-1.3)	85.4 (+/-4.0)	+/-12.5 ms
PA pregnancies	-57.6 (+/-22.9)	-0.19 (+/-0.11)	25.2 (+/-2.0)	82.9 (+/-10.7)	+/-13.8 ms
<b><math>\Delta T_2^*/\Delta GW</math> (ms/week)</b>	$\Delta T_2^*/\Delta t(t) = -p_1 p_2 \exp(p_2(t - p_3))/(1 + \exp(p_2(t - p_3)))^2$				
UN pregnancies	-64.9 (+/-4.2)	-0.20 (+/-0.01)	30.1 (+/-0.6)		+/-1.2 ms/wk
OHSU only	-75.5 (+/-9.5)	-0.19 (+/-0.02)	31.3 (+/-1.1)		+/-1.0 ms/wk
Utah only	-60.2 (+/-5.0)	-0.20 (+/-0.02)	29.6 (+/-0.7)		+/-1.1 ms/wk
SA pregnancies	-79.0 (+/-22.0)	-0.16 (+/-0.04)	30.7 (+/-2.6)		+/-1.4 ms/wk
PA pregnancies	-5574.6 (+/-1e6)	-0.02 (+/-0.24)	225.9 (+/-2e5)		+/-1.4 ms/wk
<b>[Hb] (mg/dl)</b>	$[Hb](t) = p_1 + p_2 t$				
UN pregnancies	13.27 (+/-0.15)	-0.046 (+/-0.006)			+/-1.02 mg/dl
OHSU only	12.86 (+/-0.17)	-0.047 (+/-0.007)			+/-0.86 mg/dl
Utah only	13.78 (+/-0.21)	-0.042 (+/-0.008)			+/-0.90 mg/dl
SA pregnancies	12.65 (+/-0.32)	-0.018 (+/-0.013)			+/-0.92 mg/dl
PA pregnancies	13.46 (+/-0.31)	-0.039 (+/-0.012)			+/-1.04 mg/dl
<b>SpO2 (%)</b>	$SpO_2(t) = p_1 + p_2 t$				
UN pregnancies	97.05 (+/-0.57)	0.003 (+/-0.021)			+/-2.4%
OHSU only	98.37 (+/-0.38)	-0.010 (+/-0.014)			+/-1.2%
Utah only	95.24 (+/-1.03)	0.031 (+/-0.037)			+/-3.0%
SA pregnancies	98.54 (+/-0.65)	-0.043 (+/-0.025)			+/-1.4%
PA pregnancies	95.99 (+/-1.16)	0.052 (+/-0.044)			+/-3.1%
<b>Placental volume (cm<sup>3</sup>)</b>	$V(t) = p_1 + p_2 t$				
UN pregnancies	-372.4 (+/-17.6)	32.2 (+/-0.68)			+/-122 cm <sup>3</sup>
OHSU only	-377.0 (+/-25.9)	32.4 (+/-0.99)			+/-130 cm <sup>3</sup>
Utah only	-367.7 (+/-23.6)	32.1 (+/-0.91)			+/-113 cm <sup>3</sup>
SA pregnancies	-383.0 (+/-53.5)	33.1 (+/-2.18)			+/-158 cm <sup>3</sup>
PA pregnancies	-360.5 (+/-35.7)	30.0 (+/-1.40)			+/-132 cm <sup>3</sup>
<b>Median T1 (ms)</b>	$T_1(t) = p_1 + p_2 t$				
UN pregnancies	---	---			
OHSU only	2513.3 (+/-49.3)	-26.9 (+/-1.88)			+/-208 ms
Utah only	---	---			
SA pregnancies	2555.7 (+/-83.0)	-26.5 (+/-3.37)			+/-158 ms
PA pregnancies	2591.2 (+/-102.0)	-31.2 (+/-3.87)			+/-246 ms

**Table 3.** Model fit functions and parameters. Functional forms used for model regression to measured data are indicated for the various data sets described in the text are indicated, along with best-fit model parameter values and parameter uncertainties, and RMS values for model fit residuals (rightmost column). All times ( $t$ ) are in gestational weeks.

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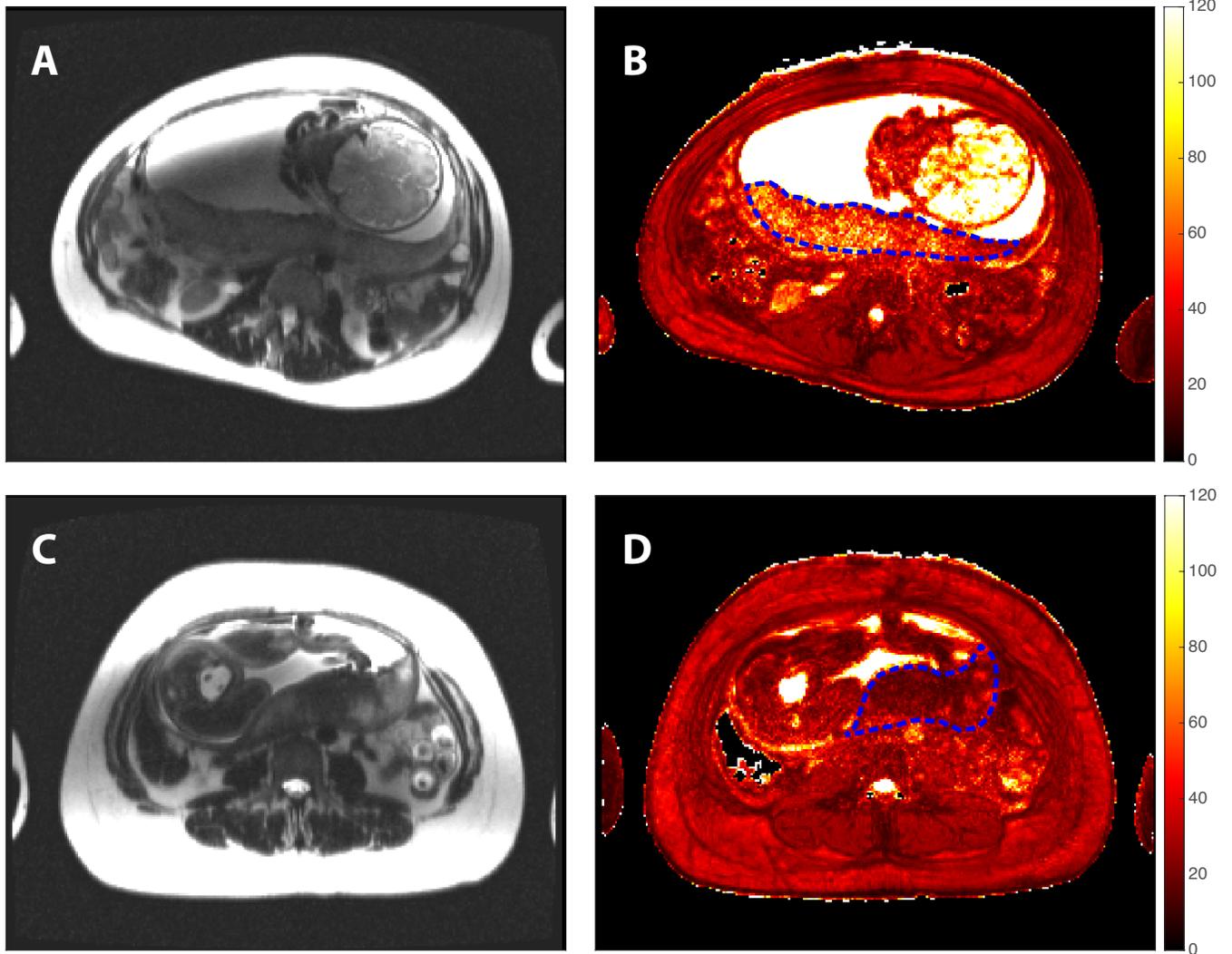


Figure 2

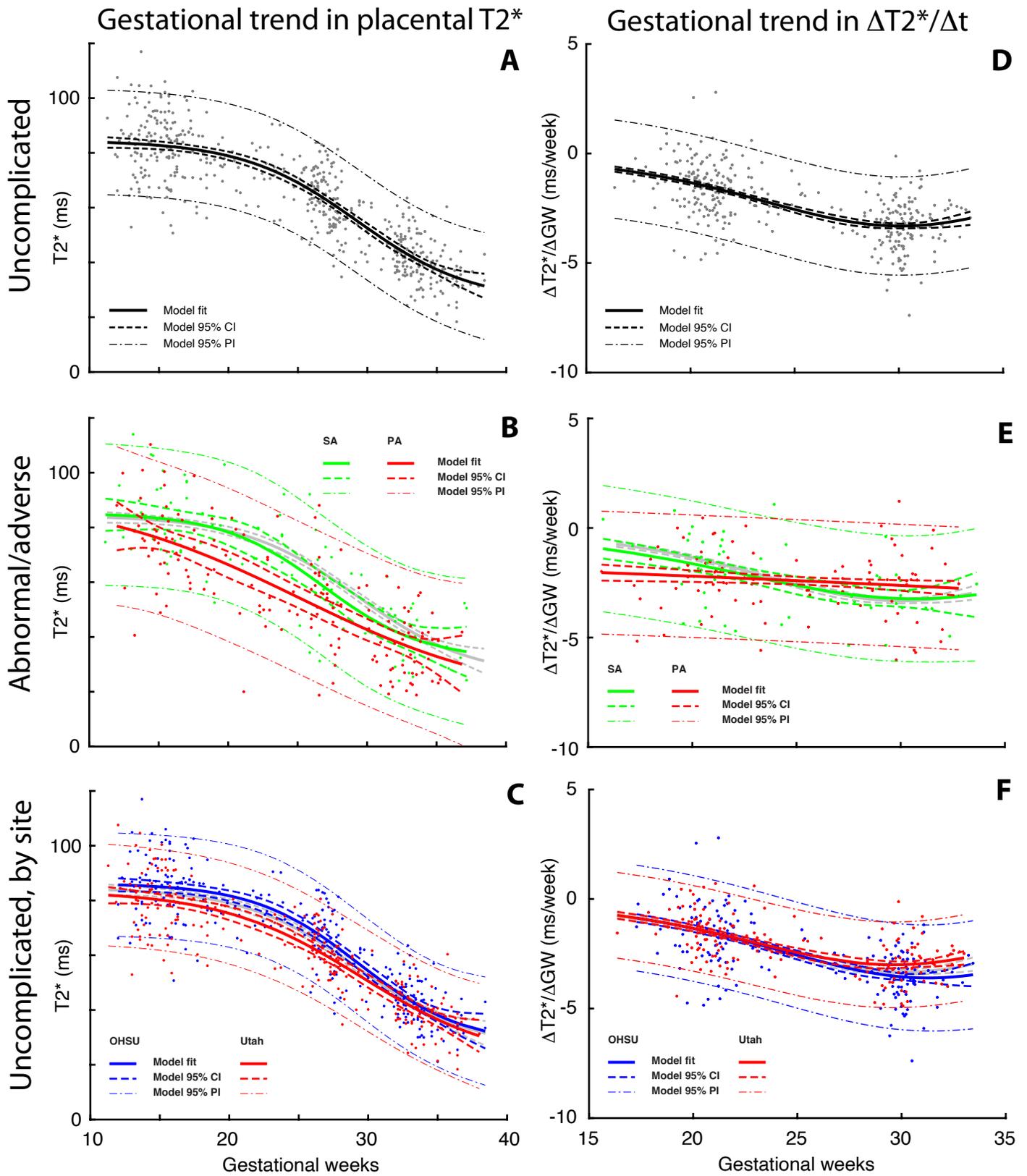


Figure 3

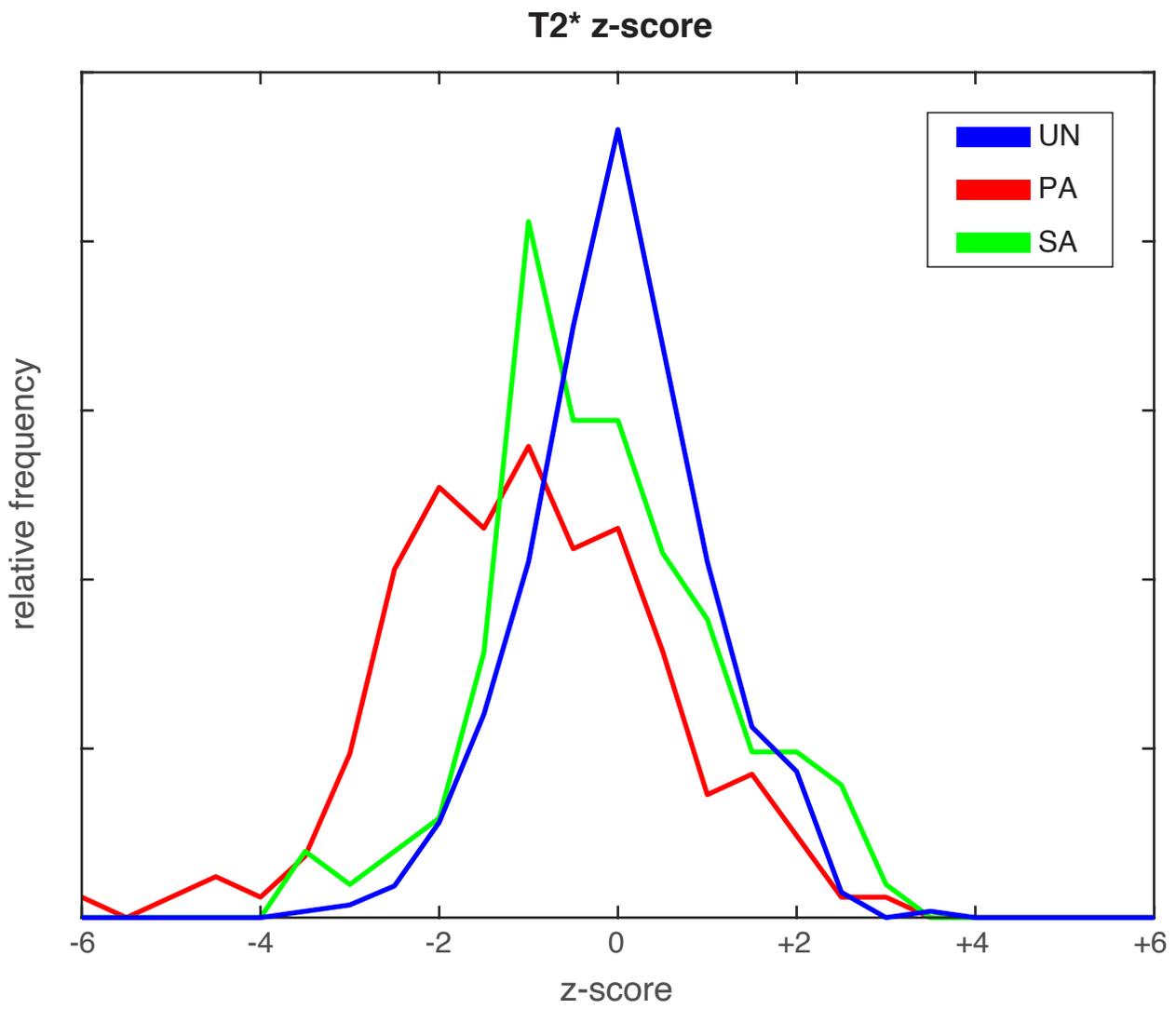


Figure 4

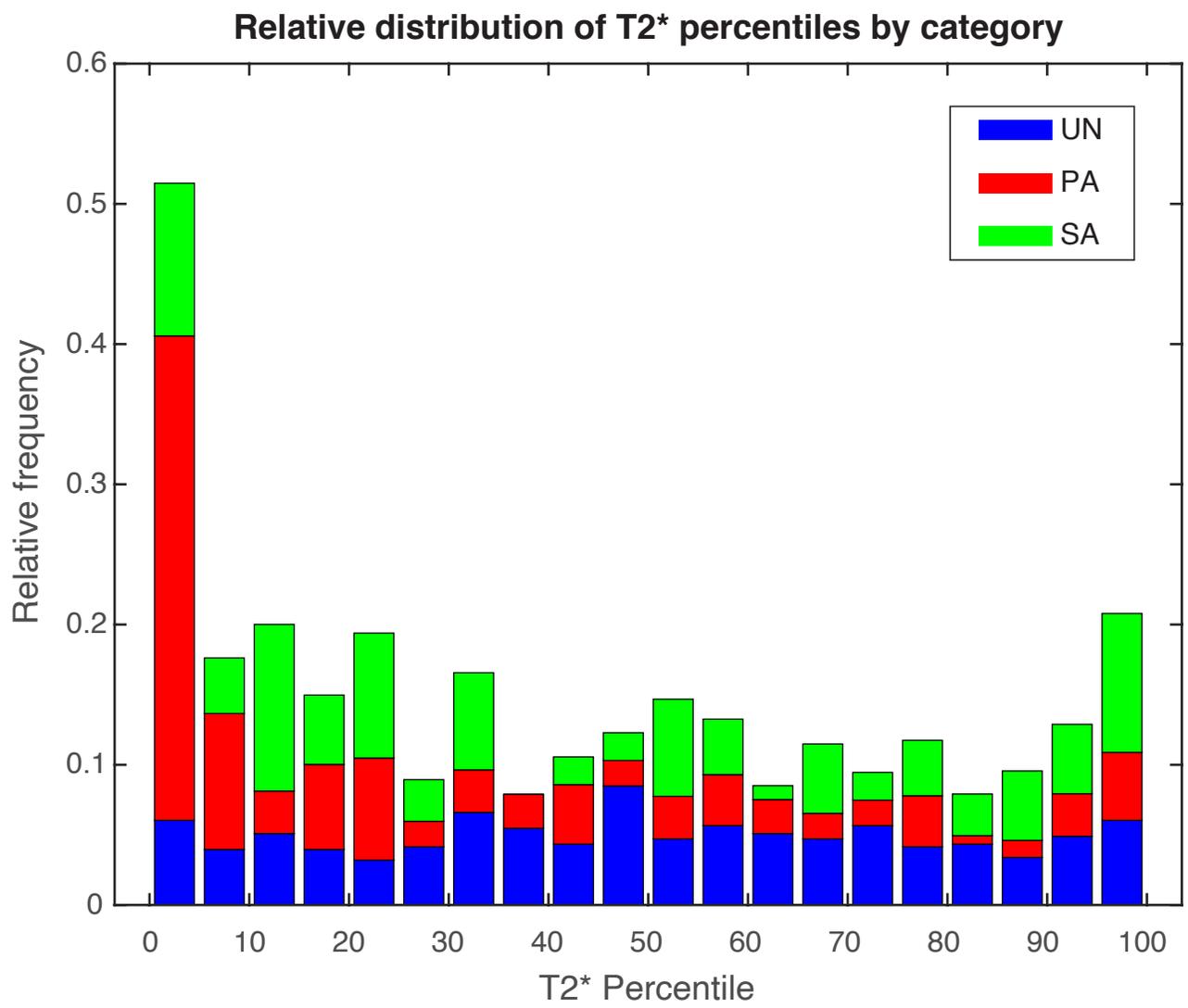


Figure 5

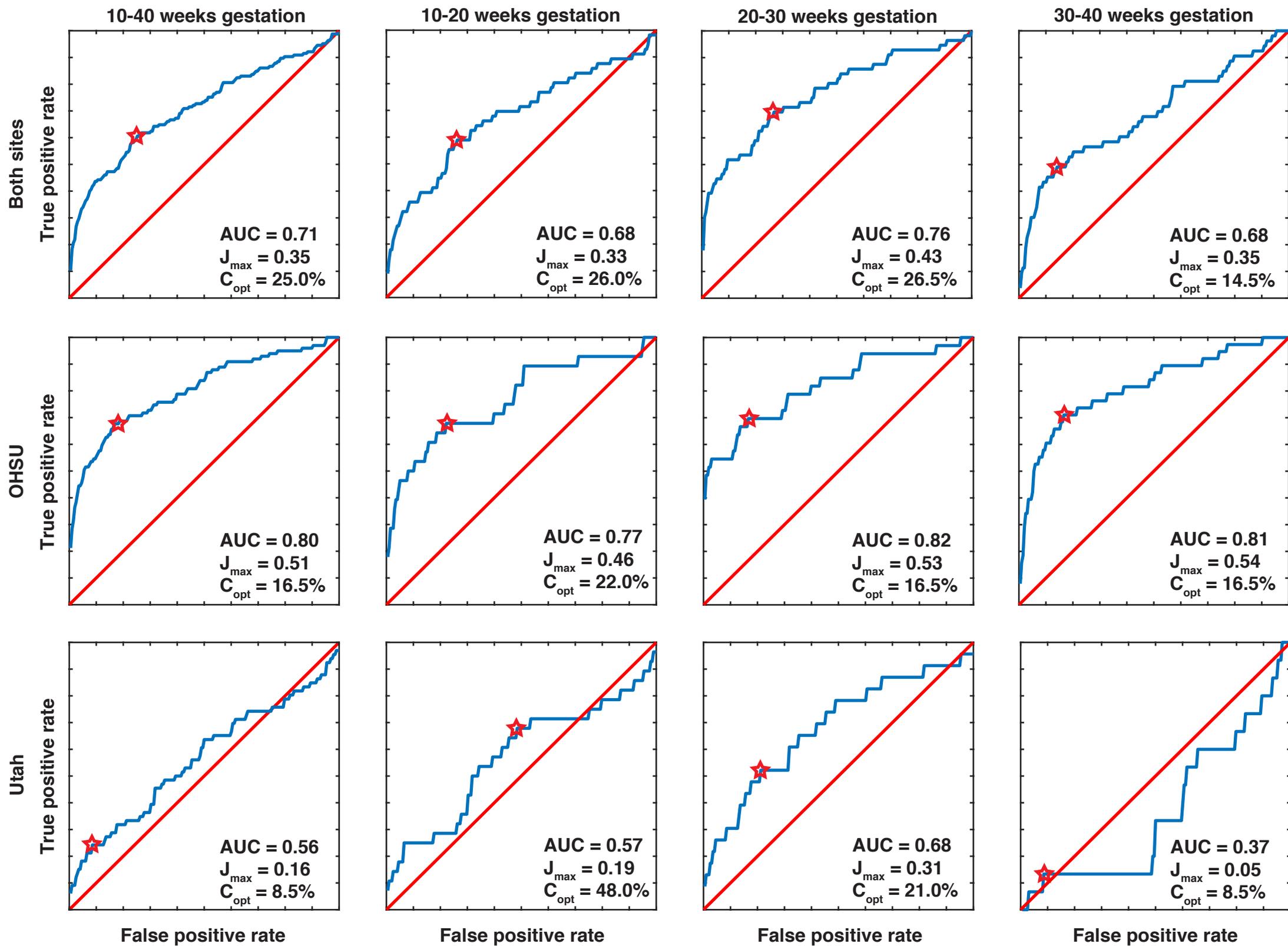


Figure 6

# Figures

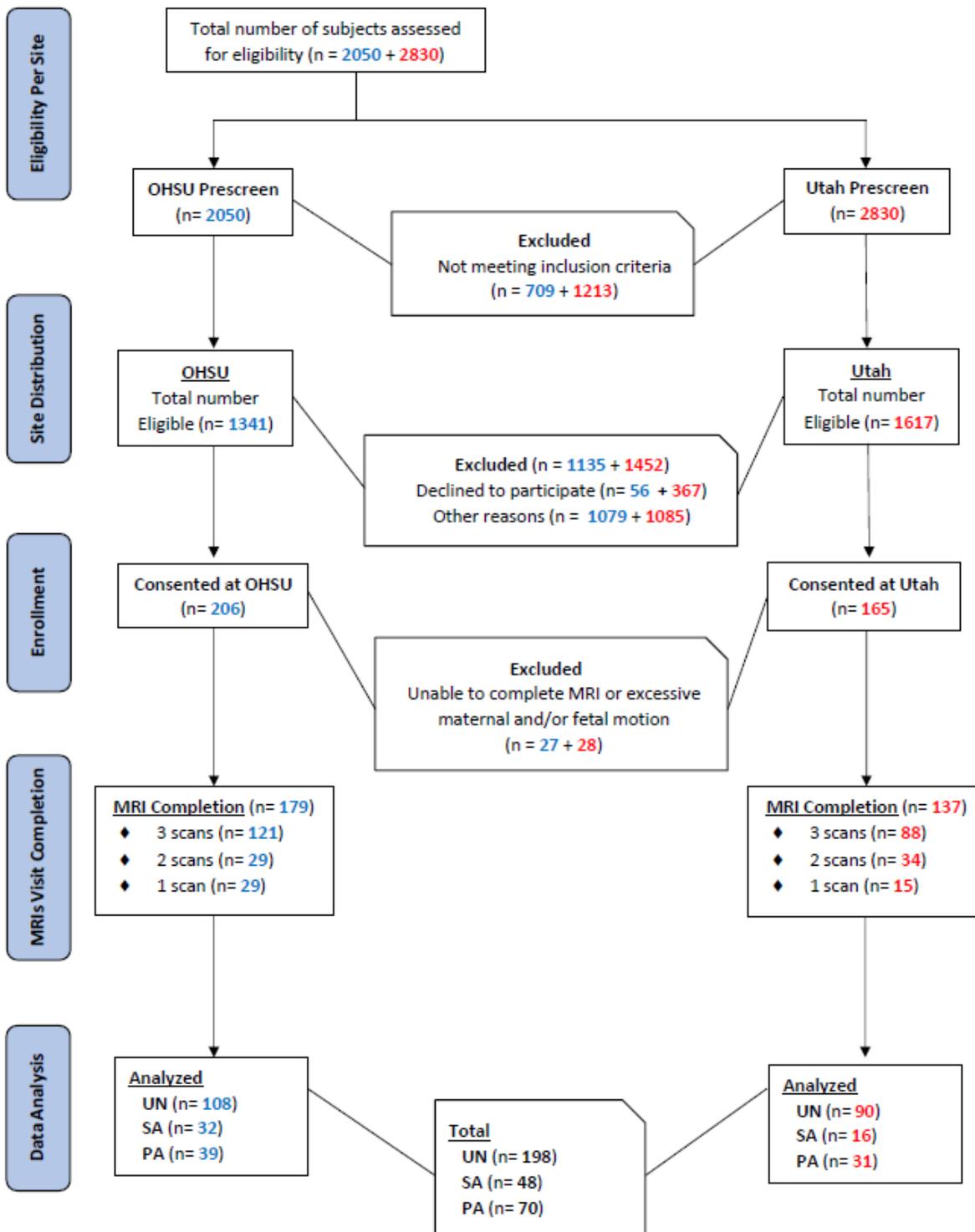
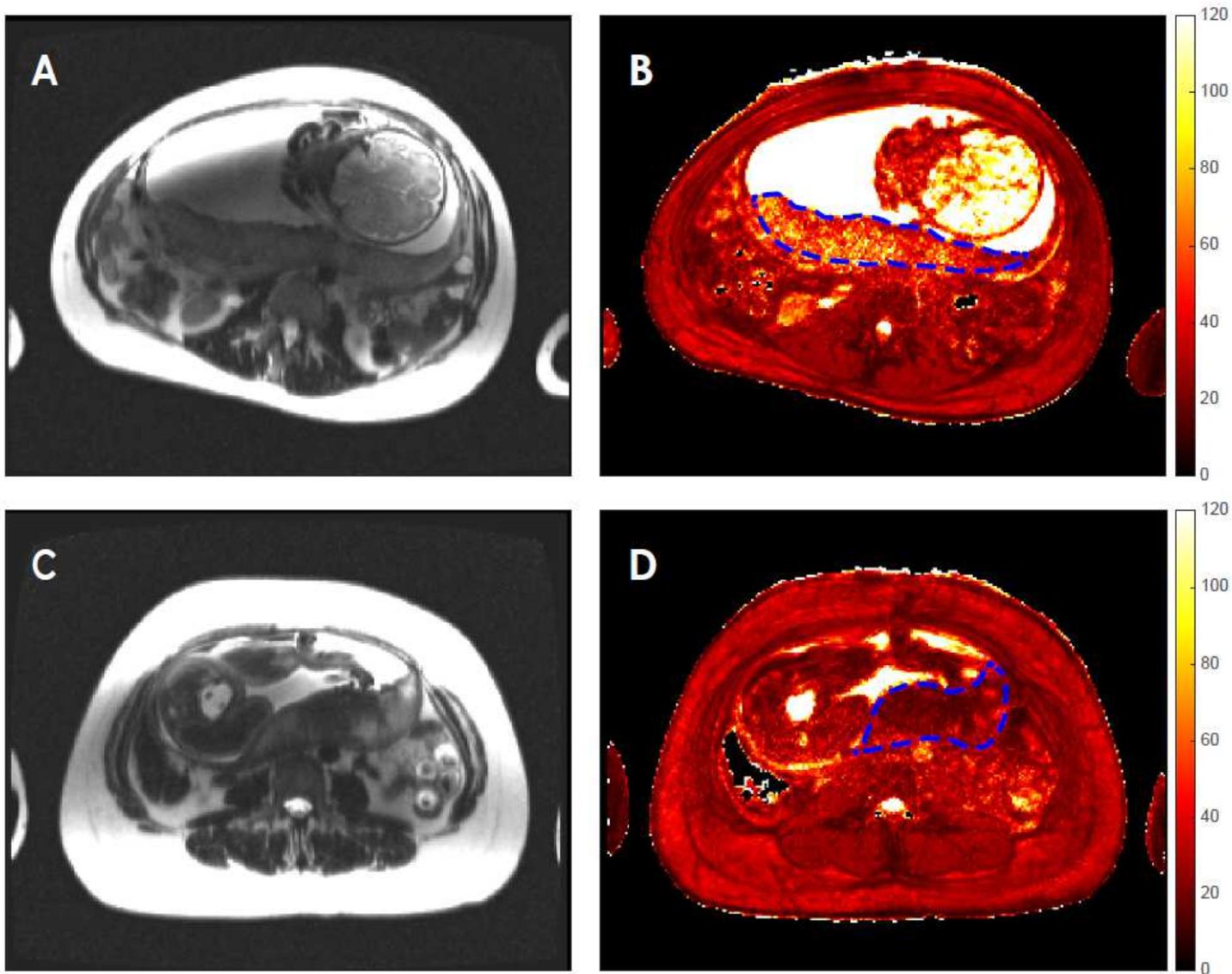


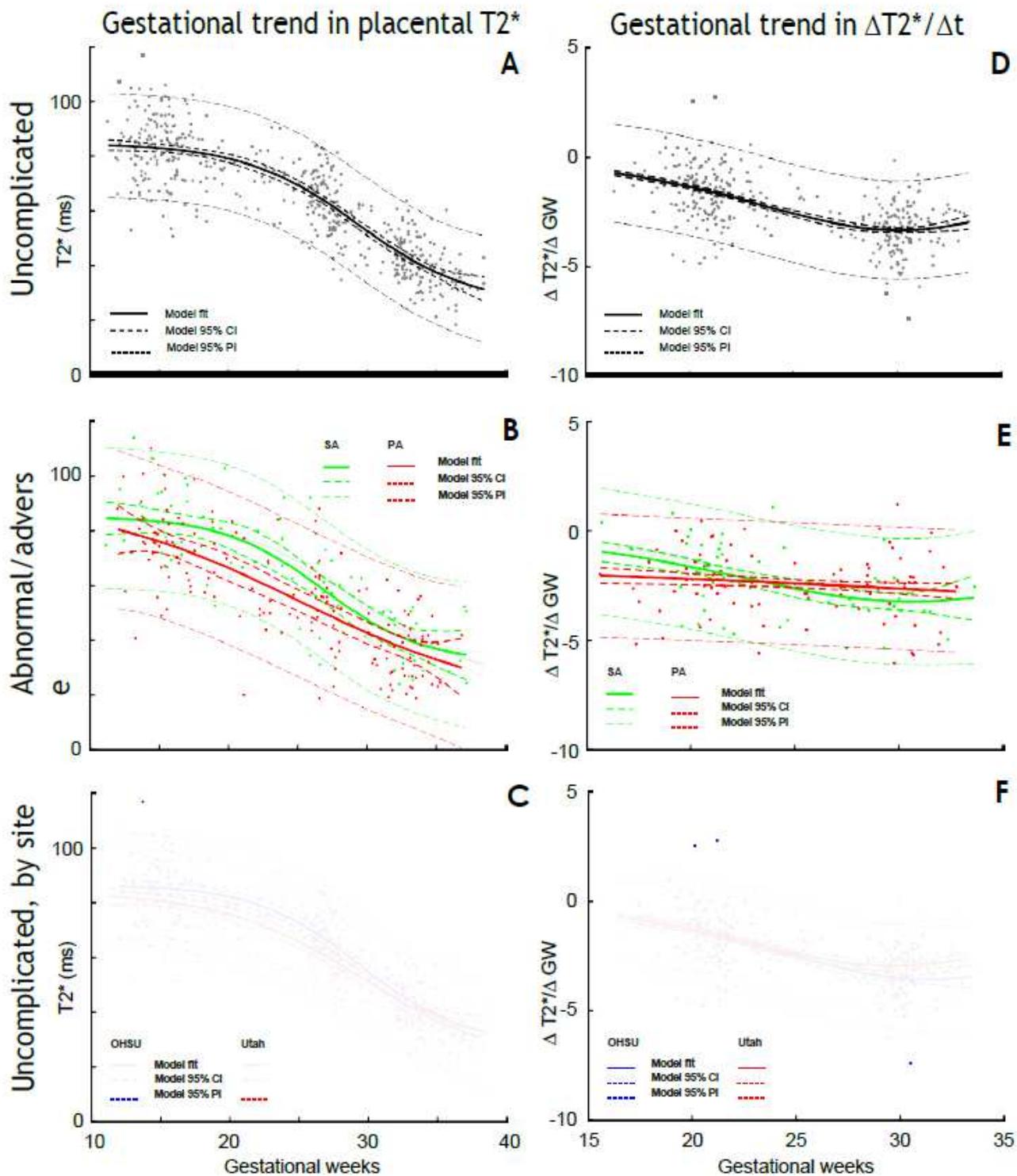
Figure 1

Enrollment flow chart. A flow chart detailing numbers of prospective patients screened, consented, and enrolled at both study sites, along with numbers of completed MRI studies meeting quality criteria for inclusion in data analysis presented here.



**Figure 2**

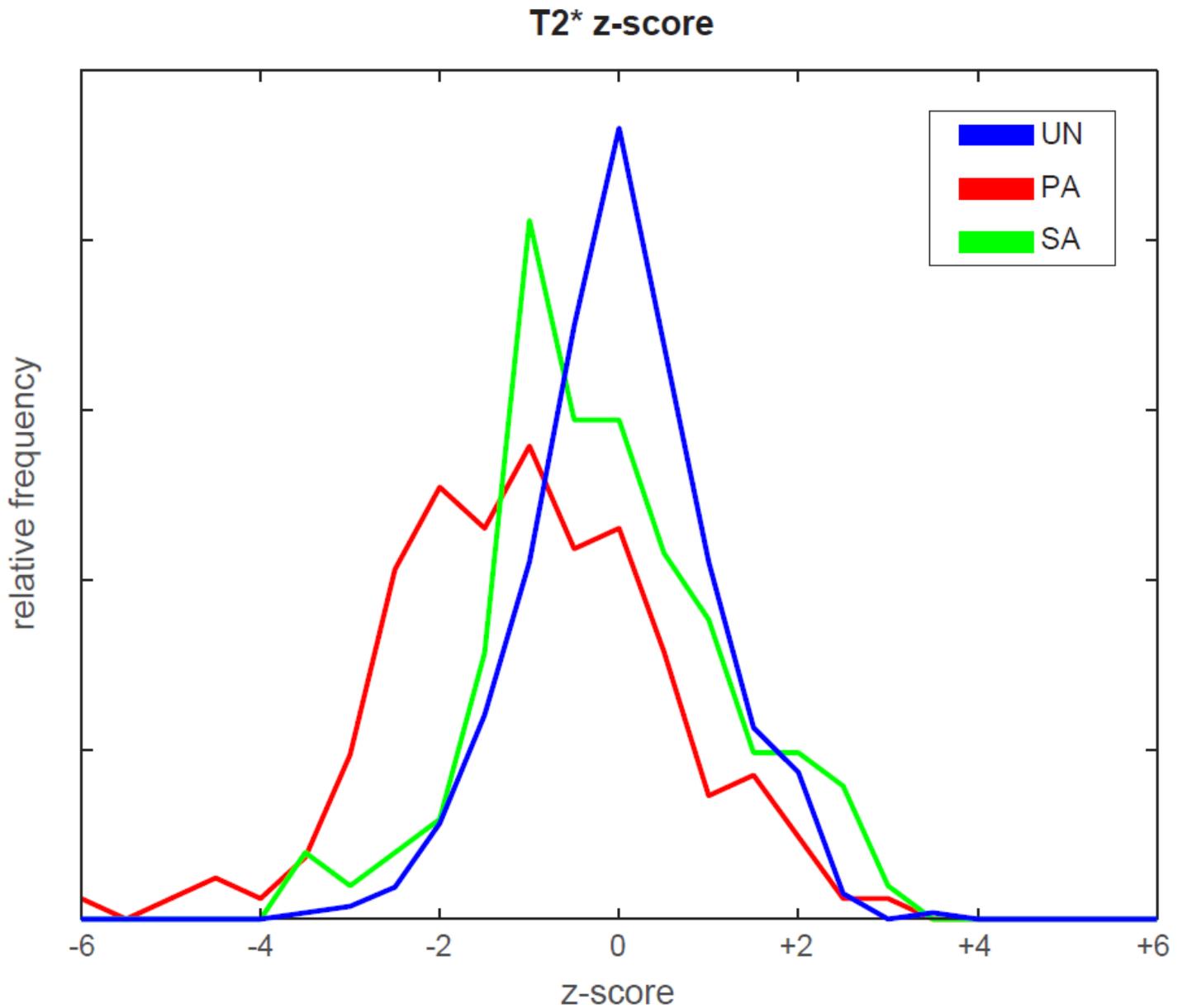
Comparison of anatomic imaging (T2-weighted HASTE, left column) and placental T2\* mapping (right column) in a uncomplicated normal pregnancy at 232 days gestation (top row, panels A & B) with those from a primary adverse pregnancy at 235 days gestation presenting with severe preeclampsia (bottom row, panels C & D). The placenta is indicated by the dashed blue outlines overlaid on the T2\* maps.



**Figure 3**

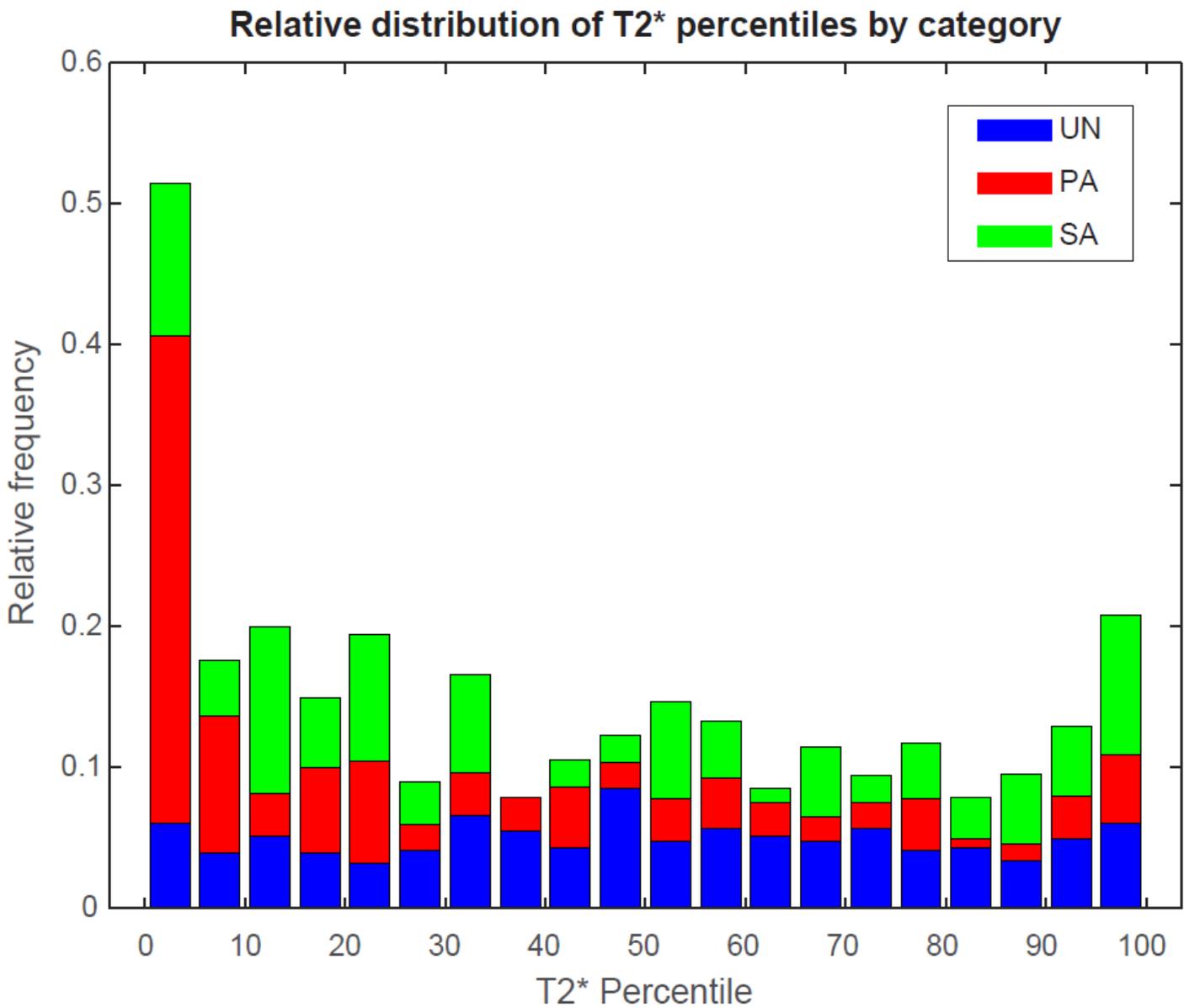
Gestational dependence of placental T2\* values. Median T2\* values for each completed study, computed over the entire placenta, are plotted as a function of gestational age at time of imaging in the three panels in the left column (panels A, B, C), while corresponding rates of change in placental T2\* between repeated imaging time points within the same individual are plotted as a function of gestational age in the right column (panels D, E, F). The upper row plots these quantities for normal pregnancies, the middle row for

abnormal (green) and adverse (red) pregnancies, and the bottom row for normal pregnancies stratified by site (OHSU in blue, Utah in red). In all graphs, model regression curves (using the functions defined in Table 2) are indicated by the thick solid lines, the 95% confidence intervals by the dashed lines, and the 95% prediction intervals by the dot-dashed lines. The best fit and 95% CI curves from the plots in the upper row are shown in gray in the middle and bottom rows for reference.



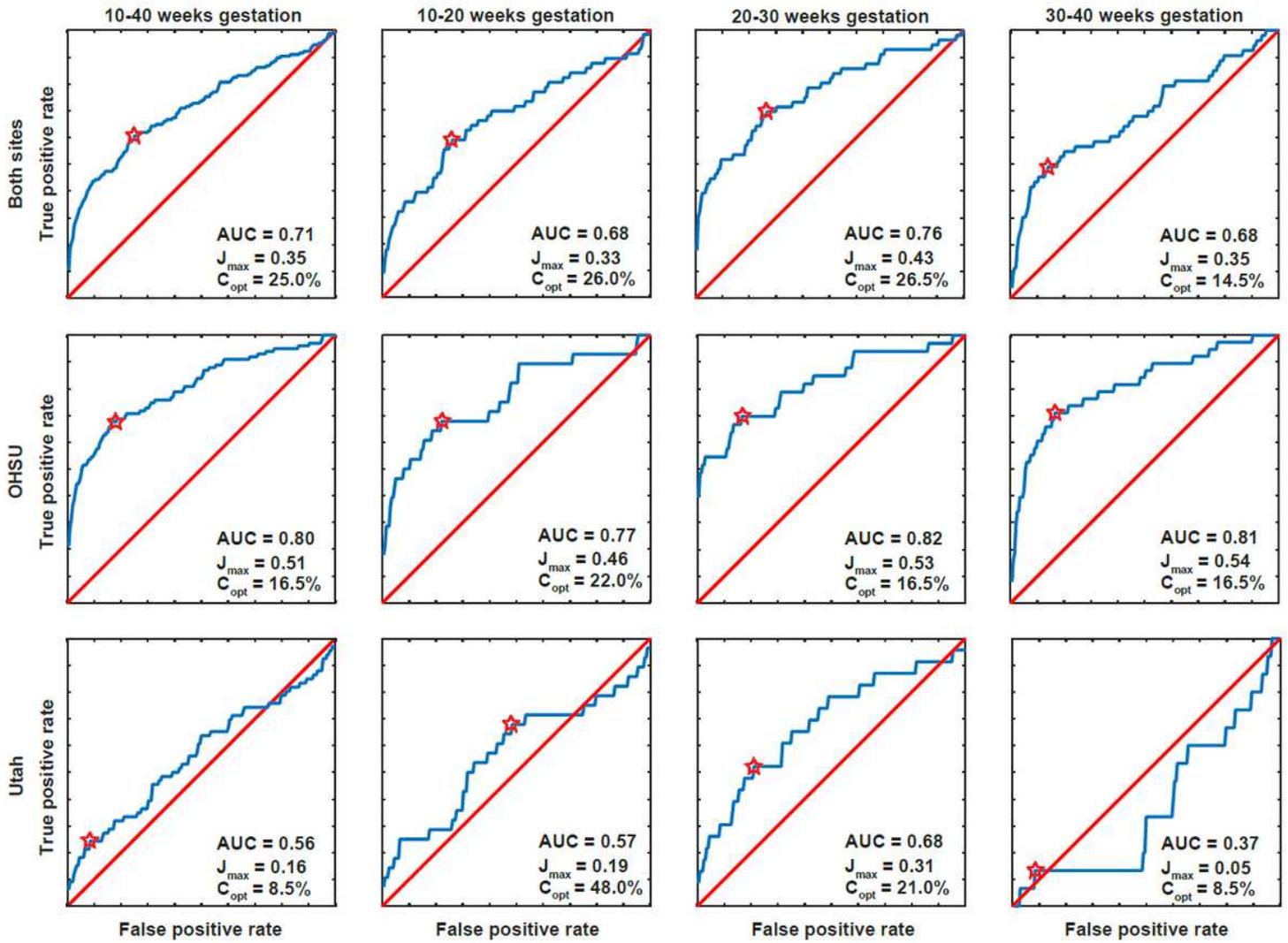
**Figure 4**

Histograms of T2\* z-scores in normal, abnormal, and adverse pregnancies. Z-score histograms shown are computed using prediction intervals for sigmoid model regression to T2\* measurements in UN pregnancies, applied to individual studies in UN (blue), PA (red), and SA (green) pregnancies.



**Figure 5**

Bar chart of distribution of measured T2\* percentiles for uncomplicated normal, primary adverse, and secondary abnormal pregnancies.



**Figure 6**

Receiver operator characteristic (ROC) curves for T2\* measurements in pregnancies with our primary adverse outcome relative to uncomplicated normal pregnancies. The points where Youden's J is maximized are indicated by the stars. Area under the curve (AUC), J max, and the corresponding optimal cutoff threshold in T2\* percentile relative to UN (C opt) are given in the figure legend for each panel.