

General Characteristics and Quality Assessment of Pediatric Randomized Controlled Trials Published in Mainland China over the Decades 1999-2018

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**General characteristics and quality assessment of pediatric
randomized controlled trials published in mainland China over
the decades 1999-2018**

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18 **Abstract**

19 **Objective:** Randomized controlled trials (RCTs) are usually the basis of evidence-based
20 medicine and provide important information for pediatric clinical practice, but whether the
21 results of RCTs can be correctly translated into clinical practice depends on the quality of the
22 literature reported. In this study, we evaluated the general characteristics and quality of
23 pediatric RCTs published in mainland China over the decades 1999-2018.

24 **Methods:** We individually searched all 20 available pediatric journals published between
25 January 1, 1999, and December 30, 2018 and selected RCTs with participants less than 18
26 years. Each review author extracted details data from each of the selected RCTs including
27 general characteristics, ethical characteristics, trial characteristics. Using Cochrane
28 Collaboration methods for risk assessment.

29 **Results:** Totally, 4093 RCTs were included for analysis. The average annual growth rate of
30 published pediatric RCTs was 35.22% ($p = 0.000$), a notable increase occurred in 2017, and
31 most of the studies were carried out in east China (32%). Only 1.98% of RCTs conducted in
32 multiple-center, and 13.73% of the RCTs reported funding resources, 15.34% of the RCTs
33 stated that it was approved by the ethics committee and 34.99% of the authors stated that the
34 patients signed the informed consent. Comparing RCTs published in 2014-2018 with RCTs
35 published in 1999-2003, we found the quality of RCTs has improved in random sequence
36 generation, blinding participants and personnel, and incomplete outcome data. RCTs stated
37 the approval of the ethics committee and the signing of the informed consent form, conducted
38 in teaching hospitals, with multiple-centers, funding were of better quality in all the analyzed
39 items.

40 **Conclusions:** The number of pediatric RCTs has increased significantly over time in
41 mainland China, and the quality have improved over the decades 1999-2018, but quality of
42 the RCTs initiated by investigators published in mainland China still need to be improved,

43 special attention should be paid to allocation concealment, blinding outcome assessment and
44 selective outcome reporting.

45 **Keywords:** Pediatric, Randomized controlled trials, Characteristics, Quality assessment,
46 China.

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68 **Introduction**

69 Due to lack of sufficient information on children's medication in the drug labels, off-label
70 prescribing is widespread worldwide. Studies showed the prevalence of off-label prescribing
71 in children was from 28.3 to 46.5% [1-4], and probably more common in China [5, 6], thus,
72 higher risks related to treatment and legal exist in the treatment of children's diseases [7]. In
73 addition to the drug labels, clinical treatment guidelines and expert consensuses based on
74 clinical research have become the main sources and basis of physicians' medication evidence
75 [8, 9], especially pediatricians, and the clinical research evidence in the guidelines and expert
76 consensuses generally graded according to the research design type. However, the clinical
77 applicability of the research results is not only related to the design type of the research but
78 also many other factors, especially the factors that may reflect the reliability of research
79 results in the research report.

80 Randomized controlled trials (RCTs) are considered the best research protocol for assessing
81 the effectiveness and safety of interventions and have been defined in many guidelines and
82 expert consensuses as evidence of high quality and given a corresponding clinical application
83 recommendation grade [10-12]. However, whether the results of RCTs can be correctly
84 translated into clinical practice also depends on the quality of the literature reported. Previous
85 studies showed there were limited published clinical trials about children, especially
86 randomized controlled trials and multicenter trials [13, 14], and most of the pediatric RCTs were
87 published with high or unclear risk of bias in different ways [15-17]. As everyone knows, low
88 quality reported RCTs can hinder the reader's objective assessment of bias and leads to false
89 estimates of the effect of the intervention, which may lead to harmful clinical decisions [18, 19].
90 Besides, in recent years, clinical trials in the pediatric population have caused great attention
91 in China, in 2011, the government proposed to encourage research and development and
92 production of drugs for children, and since then, a number of documents or measures were

93 issued to encourage clinical trials in pediatrics, such as the National Program for Child
94 Development in China (2011-2020) in 2011 [20], the Technical Guidelines for Pharmacokinetic
95 Research in Pediatric Population in 2014 [21], the Technical Guidelines for Drug Clinical
96 Trials in Pediatric Population in 2016 [22], and putting priority assessment of pediatric urgently
97 demand drugs into practice since 2015 [23]. With these policies, the number of
98 industry-sponsored pediatric clinical research in China increased these years, and we found
99 that the number of pediatric clinical studies reported in the literature, including
100 investigator-initiated clinical trials, is also increasing significantly. There was a study
101 analyzed the quality of pediatric RCTs in china before 2011 [24], but we found the included
102 RCTs were not comprehensive enough, and general characteristics such as the characteristics
103 of investigators, geographical distribution of the trials, ethical characteristics were not
104 reported. Thus, the objective of this study was to determine the general characteristics and
105 quality of pediatric randomized controlled trials published in mainland China over the
106 decades 1999-2018, by assessing the trials published on all the pediatric journals in China, to
107 evaluate the quality trends in pediatric clinical trials over the decades, and provide reference
108 for the development and reporting of pediatric clinical research and its application in clinical
109 practice as evidence.

110

111 **Methods**

112 *Selection of journals and RCTs*

113 We searched the currently available pediatric journals in Mainland China from the following
114 databases on 26 February 2019: China National Knowledge Infrastructure(CNKI),
115 www.cqvip.com, wan fang data and China Biology Medicine disc (CBMdisc), journals that
116 were classified as pediatric journal were included, and we excluded English journals and
117 popular science periodical. A total of 20 pediatric medical journals were included in this study,

118 namely *Chinese Journal of Applied Clinical Pediatrics*, *Chinese Journal of Pediatrics*,
119 *Chinese Journal of Contemporary Pediatrics*, *Journal of Clinical Pediatrics*, *Chinese Journal*
120 *of Pediatric Surgery*, *Chinese Journal of Practical Pediatrics*, *Chinese Journal of*
121 *Evidence-Based Pediatrics*, *Chinese Journal of Neonatology*, *Journal of Pediatrics of*
122 *Traditional Chinese Medicine*, *Women's Health Research*, *Journal of Clinical Pediatric*
123 *Surgery*, *Chinese Pediatric Emergency Medicine*, *Chinese Journal of Obstetrics &*
124 *Gynecology and Pediatrics(Electronic Edition)*, *Chinese Pediatrics of Integrated Traditional*
125 *and Western Medicine*, *Journal of China Pediatric Blood and Cancer*, *Chinese Journal of*
126 *Child Health Care*, *International Journal of Pediatrics*, *Journal of Pediatric Pharmacy*,
127 *Maternal and Child Health Care of China*, *Journal of Developmental Medicine(Electronic*
128 *Version)*. The first 7 journals are included in the Chinese Science Citation Database(CSCD),
129 which is the Chinese equivalent of Science Citation Index (SCI) and represents the most
130 influential journals in the field of natural sciences [25] , and has earned a good reputation
131 among Chinese scientists [26]. The remaining 13 journals are Non-CSCD journals.

132 Two authors independently screened the titles, abstracts or full text of all the studies published
133 on the 20 journals from 1999 to 2018, and any disagreements were resolved through
134 discussion or by consulting a third author. Trials were considered for inclusion if all the
135 participants were less than 18 years and the random method was used to assign participants to
136 different intervention groups, no matter the exact random method was stated or not, and only
137 Chinese language studies were included. We excluded overview, meta-analysis, clinical
138 treatment guidelines, expert consensuses, conference proceedings.

139

140 *Data Extraction and Quality Assessment*

141 Two authors reviewed the full text of all the included trials and extracted study characteristics
142 and doing the quality assessment, and any disagreements were resolved through discussion or

143 by consulting a third author. We used a data collection form that had been piloted on ten
144 studies, and including the following items :

145 (1) General characteristics: journal name, publication date, the first affiliation of the authors,

146 (2) Ethical characteristics: whether ethical approval and informed consent were reported,

147 (3) Trial characteristics: the city in which the RCT was conducted, multiple-center or

148 single-center trial, funding resources, trial registration information, intervention, control,

149 studying diseases, sample size, length of follow-up. In this study, the studying diseases were

150 coded according to the International Statistical Classification of Diseases and Related Health

151 Problems, Tenth Revision, International Classification of Diseases (ICD)-10 classification [27].

152 Besides, we also recorded whether the study reported a method for calculating the sample size,

153 whether the study reported the comparability of baseline characteristics, whether dropouts,

154 adverse events were reported, and whether conflicts of interest were stated.

155 (4) Quality assessment: the quality evaluation method was based on the Cochrane

156 Collaboration methods for risk assessment [28], including the following 7 items: random

157 sequence generation, allocation concealment, blinding of participants and personnel, blinding

158 of outcome assessment, incomplete outcome data, selective outcome reporting, and other bias.

159 We judged each potential source of bias as high, low, or unclear. We used the SRQRreporting

160 guidelines to complete this article[29].

161

162 *Statistical analysis*

163 Descriptive analyses were used to summarize the data, and the number (%) was used for

164 qualitative variables. The simple regression model was used to analyze the 20-year trends in

165 the number of RCT trials, and we used a binary logistic regression analysis to explore the

166 relationship between the presence of “low risk of bias” or “yes” according to each item and

167 the year of trial publication. We divided all RCTs in four-time strata based on the year of

168 publication: “1999-2003”, “2004-2008”, “2009-2013”, “2014-2018”, and “1999-2003” was
169 used as reference time stratum, and we used the “low risk of bias” or “yes” as the reference
170 category, and compared to “unclear, high risk of bias” taken together, or “no, not stated”
171 taken together. We reported odds ratios (OR) with 95% confidence intervals (CI). The
172 chi-square test was used for proportions and compare the difference among subgroups. A P
173 value of less than 0.05 was considered statistically significant. All statistical analyses were
174 performed on a personal computer with the statistical package SPSS for Windows (version
175 22.0).

176 .

177 **Results**

178 *Publication time trends and geographical distribution of the RCT trials*

179 From January 2009 to December 2018, there were 119101 articles published on the 20
180 Chinese pediatric journals, after screening of the study design and participants led to 4093
181 (3.44 %) of the studies being selected for inclusion and data analysis (Figure 1). The majority
182 of the included studies were published on *Maternal and Child Health Care of China* (20.28%),
183 followed by the *Journal of Pediatrics of Traditional Chinese Medicine* (17.91%) and *Journal*
184 *of Pediatric Pharmacy* (14.88%).

185 An ascending trend was found concerning the number of published RCTs from 41 in 1999 to
186 350 in 2018, with an average annual growth rate of 35.22% ($p=0.000$). A surge was identified
187 beginning in 2011, and a notable increase occurred in 2017, with 443 RCTs published. In the
188 last 5 years from 2014 to 2018 of the period studied, 1840 RCTs were published, which
189 accounting for 44.95% of the RCTs reported in the 20 Chinese pediatric journals we selected
190 over the past two decades (Figure 2).

191 Geographical distribution analysis showed all the published RCTs were carried out in 30
192 different cities in China (Figure 3), for multiple-center RCTs, the cities where the

193 coordinating investigator were located were taken into analysis. Most of the studies were
194 carried out in east China (32%), followed by the central(18%) and south (15%), which was
195 consistent with the distribution of economic prosperity, and over one-third of the RCTs were
196 conducted in Zhejiang, Henan and Guangdong. The most prolific institutions were Beijing
197 Children's Hospital Capital Medical University (n=52), followed by Hunan Children's
198 Hospital (n=51) and Henan Children's Hospital (n=42).

199

200 *Characteristics of the trials*

201 The characteristics of the included trials are shown in Table 1. Only about one-quarter
202 (26.22%) of RCTs were conducted in teaching hospital, and few (15.34%) of the authors
203 stated that the RCT was approved by the ethics committee, 34.99% of the authors stated that
204 the patients signed the informed consent. Only 1.98% of RCTs conducted in multiple-center,
205 with a number of centers ranged from 2 to 11 (average = 6.5), and 13.73% of the RCTs
206 reported funding resources, in which 10 RCTs trials were subsidized by companies. Very few
207 trials showed that registration had been carried out on relevant websites. Most of the research
208 was conducted on drugs and only a few use of placebo as a control. A median sample size of
209 the RCTs was 86 (range from 11 to 1763), but only 59 (1.44%) of them reported the sample
210 size calculation process. Most of the RCTs reported the comparability of the baseline of the
211 different groups but didn't report the total follow-up time, dropouts of the subjects, and
212 conflict of interest of the trial, and less than half of the RCTs reported adverse events.

213 The distribution of the studying diseases among the included studies, categorized according to
214 the (ICD)-10 classification, was shown in Figure 4, which was consistent with the distribution
215 of major diseases in children, diseases of the respiratory system accounts for over one-third
216 (36%) of all identified diseases, and followed by certain conditions originating in the perinatal
217 period disease (11%), diseases of the digestive system (10%) and certain infectious and

218 parasitic diseases (10%). Pediatric asthma and mycoplasma pneumonia were the most
219 commonly studied diseases with 374 (9%) and 322 (8%) trials, respectively. Only 72 RCTs
220 studying major diseases defined as diseases that cost a lot and seriously affect the normal
221 work and life of patients and their families for a long period time, including congenital heart
222 disease (n=32), acute lymphoblastic leukemia (n=8), pediatric tumors (n=7), systemic lupus
223 erythematosus (n=7), etc., and no identified RCT involved rare diseases.

224

225 *Quality assessment of the trials*

226 Results of quality assessment based on the Cochrane Collaboration methods for risk
227 assessment were shown in Table 2. Only 1177 (28.76%) of the RCTs reported a truly random
228 method, and 66 (1.61%) RCTs used adequate methods for allocation concealment, 144(3.52%)
229 RCTs ensured blinding of participants and personnel and 50(1.22%) ensured blinding of
230 outcome assessment. More than one-third of RCTs (38.53%) showed ‘low risk’ of bias of
231 incomplete outcome data, of which 5.23% reported dropouts, but only 0.89% used
232 intention-to-treat analysis. 851 (20.79%) of the RCTs were judged as obvious selective
233 outcome reporting due to the outcome that was explicitly reported in the methodology was not
234 shown in the result. For other bias, very few studies (0.12%) were considered as low risk of
235 bias, they were mostly registered and company-funded trials.

236

237 *Trends of Quality and influence factors analysis*

238 Table 3 showed when using “low risk of bias” or “yes” as the reference category, and time
239 stratum ‘<1990’ as the reference time stratum, the trends of the quality of the RCTs over time.

240 We identified that there was statistically significantly improved in the odds for low risk of
241 bias for three items (random sequence generation, blinding participants and personnel,

242 incomplete outcome data). For other related quality assessment items, four items (ethical
243 approval, signed informed consent, funding reported, and report of adverse events)
244 significantly improved over time.

245 Results of quality influence factors analysis were shown in Table 4. For “other bias”, due to
246 only 5 RCTs were judged to be low risk, we didn’t analyze the influence factors. Overall, we
247 found that RCTs stated the approval of the ethics committee and the signing of the informed
248 consent form, conducted in teaching hospital, with multiple-centers, funding were of better
249 quality in all the analyzed items. RCTs published from CSCD journals were of better quality
250 in respect of adequate allocation concealment, blinding participants and personnel, blinding of
251 outcome assessment and selective outcome reporting, but of lower quality in respect of
252 random sequence generation and incomplete outcome data. RCTs conducted in the northeast
253 were of better quality in respect of random sequence generation, but of lower quality in
254 respect of blinding of outcome assessment, incomplete outcome data, and selective outcome
255 reporting. RCTs with follow-up time < 1 year were of better quality in respect of random
256 sequence generation, but RCTs with follow-up time 1-3 year were of lower quality in respect
257 of adequate blinding of outcome assessment.

258

259 **Discussion**

260 The number of pediatric RCT trials demonstrated prominent increase in mainland China, with
261 an average annual growth rate of 35.22%, it is likely to be related to significant efforts and
262 support from the Chinese government, and reflecting researchers' growing interest in pediatric
263 RCTs as the gold standard for evidence-based medicine to guide treatment decisions. 4093
264 RCTs came from 21 cities and 1325 (32%) of RCTs distributed in the east, while only 308

265 (8%) RCTs distributed in the northwest. Compared with in developed countries, markedly
266 uneven geographical distribution of pediatrics clinical trials across mainland China, however,
267 geographical disparity are not related to population or disease distribution, but rather a direct
268 reflection of the uneven distribution of high-quality medical resources for clinical research
269 across China. It is possible to be the government's hope that major clinical trial units will play
270 a leading role in creating a dynamic environment for medical innovation ^[30].

271 By using a Cochrane Collaboration risk of bias tool, we conducted an in-depth analysis of the
272 methodological characteristics and risk of bias of RCT trials published on the 20 pediatric
273 journals in mainland China from 1999 and 2018. Published clinical trials are usually applied
274 to clinical treatment as evidence of treatment, and high-quality RCT is the basic foundation of
275 evidence-based medicine ^[31]. However, poorly reported research may distort the authenticity
276 of the experiment results to some extent. Comparing RCTs published in 2014-2018 with
277 RCTs published in 1999-2003, we found the quality of RCTs has improved in random
278 sequence generation, blinding participants and personnel, and incomplete outcome data. it
279 seems to be a positive development, but there is still large room to improve the
280 methodological reporting quality of RCTs in pediatrics journals in Mainland China, including
281 detailed description of allocation concealment, it is one of the key factors that make RCTs the
282 most valuable study design to evaluate the effectiveness of therapeutic interventions ^[32], and
283 the use of blinding of outcome assessment was often neglected, part of investigators only
284 marking the RCTs as single, double, or triple-blind, we think these bias could easily decrease
285 if authors truthfully report why they were not blind to the outcome assessors, to make readers
286 have a clear understanding of the risk of bias. Only 5.23% of trials reported dropouts, but
287 reporting the drop-out rates from RCTs is important to reflect the patients overall assessment
288 of the balance between benefits and harms ^[33], and ensure that other recorded outcomes are
289 not biased due to differential drop-out rates and reasons between the treatment arms ^[34]. We

290 also found more than half of the trials did not report adverse effects, children as vulnerable
291 individuals, we should pay more attention to the safety and efficacy of interventions, any
292 therapeutic effect must be balanced with adverse effects to support a clinical diagnosis by the
293 pediatrician. Only 1.44% of trials reported or performed their sample-size calculation, it is
294 substantially low. As lack of sample size calculation before enrollment could lead to an
295 increase in the risk of random errors and reflect statistical significance ^[35]. Moreover, we
296 found that the quality for pediatric RCTs published on CSCD journals was not significantly
297 better than those published on the Non-CSCD journal, thus, publication in a journal with a
298 good reputation in china does not ensure that it with a high quality. Therefore, Chinese
299 pediatric journals should standardize RCTs reporting standards, such as report the full text
300 complying with reporting criteria CONSORT (Consolidated Standards of Reporting Trials)
301 checklists ^[10], to reduce the risk of making incorrect conclusions about interventions effects.
302 The informed consent is an important medical ethical principle to be followed in pediatric
303 clinical trials ^[36], but we found approximately 85% of the included in this study failed to
304 report ethically approved, and RCTs stated the approval of the ethics committee and the
305 signing of the informed consent form were of better quality. Poor recruitment and ethical
306 issues are unique challenges for conducting pediatric RCTs ^[37]. Clearly understanding of risks
307 and benefits are two of the most important elements required by parents in to make informed
308 decisions about their child's participation in a research study ^[38]. Researchers can use
309 graphical presenting (such as hieroglyphs, short videos, comics)instead of traditional verbal
310 expressions ^[39], so parents can make informed decisions about participation and avoid
311 negatively affecting their decision-making. Besides, it is more challenging to use a placebo in
312 RCTs without a reference-validated drug as a control, which may cause significant ethical
313 issues both in clinical research and clinical practice. Thus, the placebo may be an option only
314 when the principle of clinical balance and the health of patients are respected ^[40].

315 In 2007, The Chinese Clinical Trial Registry (ChiCTR, www.chictr.org) was recognized as a
316 Primary Registry of the World Health Organization's International Clinical Trial Registry
317 Platform (WHO ICTRP) ^[41]. The purpose of ChiCTR is to improve the quality of clinical
318 research in China and provide reliable evidence for clinical decision-makers. In recent years,
319 the prevalence of registered trials in the registry has continued to increase, however, only
320 0.32% were found to be registered in this study, and we failed to compare the quality
321 difference between registered and unregistered trials. Previously studies showed clinical trial
322 registration might be a marker for reducing the risk of bias ^[35], and trial discontinuation and
323 non-publication were common among interventional trials conducted in children ^[42], and more
324 than a third of RCTs completed in newborns might have not yet been published ^[43]. Moreover,
325 on clinicaltrials.gov, only 29% of pediatric intervention trials were completed and published
326 on the corresponding journal, those results raised another major concern that the unpublished
327 or unreported of trial findings bring substantial publication bias into the medical literature,
328 and that may disrupt clinical guidelines and evidence-based clinical practices, and lead to
329 false medical decisions. Further efforts to improve the registration of pediatric RCT trials are
330 needed, Chinese medical journals should learn from the policy of the International Committee
331 of Medical Journal Editors that the information about clinical trial reports should be submitted
332 in a clinical trial registry ^[44].

333 With regard to funding, most of the included trials were funded by national and provincial
334 resources, only ten trials were funded by the industry, indicating the higher cost of pediatric
335 trials and the absence of commercial profit in this research area. Lack of funding is one of the
336 major barriers to conducting pediatric RCTs worldwide ^[45]. To further facilitate the
337 innovation of pediatric drugs and motivate the efficiency of pediatric clinical trials, the newly
338 revised Drug Administration Law of the People's Republic of China came into effect on
339 December 1, 2019. It clearly states that it encourages the development and innovation of

340 children's medicine, supports the development of special medicines that are consistent with
341 children's physiological characteristics, and gives priority to the approval of children's
342 medicine [46]. However, the previous work suggested that clinical trials funded by corporate
343 sponsorship may overstate the results or only report favorable findings [47, 48], and how to
344 improve the bias of clinical trials funded by industry is an important issue worthy of
345 exploration.

346 There were some limitations in our study: we only studied articles in pediatric professional
347 journals, we may have missed RCTs published on other non-pediatric related journals. Given
348 the extremely large number of articles retrieved, we believe that our results are representative.
349 We used the Cochrane Collaboration tool to assess the risk of bias can be subjective. We
350 failed to contact the author to solve the confusing information when judging the risk of bias,
351 as we hope to objectively present the quality of the research report, and two independent
352 authors assessed the included studies to avoid potential biases. At present, many Chinese
353 industry-sponsored pediatric clinical researches were published on foreign journals, and our
354 study mainly reflected the quality of pediatric RCT trials initiated by Chinese investigator,
355 with only 10 RCTs trials were subsidized by companies.

356

357 **Conclusions**

358 The number of pediatric randomized controlled trials has increased significantly over time in
359 mainland China, and the quality have improved over the decades 1999-2018. RCTs stated the
360 approval of the ethics committee and the signing of the informed consent form, conducted in
361 teaching hospital, with multiple-centers, funding were of better quality in all the analyzed
362 items. However, the proportion of trials judged as having a low risk of bias did not exceed
363 40% in the majority of the risk of bias domains, and quality of the RCTs initiated by
364 investigators published in mainland China still need to be improved, special attention should

365 be paid to allocation concealment, blinding outcome assessment and selective outcome
366 reporting. Potential barriers can be uncovered and addressed through promoting government
367 policies, strengthening the standardization of journal publishing and advancing registration of
368 clinical trials.

369

370 **Abbreviations**

371 RCTs: Randomized Controlled Trials; CNKI: China National Knowledge Infrastructure;
372 CBMdisc: Wan Fang Data and China Biology Medicine disc; Chinese Science Citation
373 Database(CSCD); Science Citation Index (SCI); ICD: International Classification of Diseases;
374 OR: Odds Ratios; CI: Confidence Intervals; CONSORT: Consolidated Standards of Reporting
375 Trials; ChiCTR: Chinese Clinical Trial Registry; WHO ICTRP: World Health Organization' s
376 International Clinical Trial Registry Platform.

377

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381

382 **Authors' contributions**

383 LS and BH conceived and designed the study, BH, MA and NY performed searches, extracted
384 the relevant data and carried out the quality assessment. YL, SR and YJ verified the data and
385 results of quality assessment, LS, YJ and BH analyzed data and wrote the paper. All authors
386 contributed to the interpretation of study data, revised paper critically for content and
387 approved the final version.

388

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392

393 **Availability of data and materials**

394 The data from the current study are available from the corresponding author on reasonable
395 request.

396

397 **Ethics approval and consent to participate**

398 Not applicable

399

400 **Consent for publication**

401 Not applicable

402

403 **Competing interests**

404 The authors declare that they have no competing interests

405

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Figures

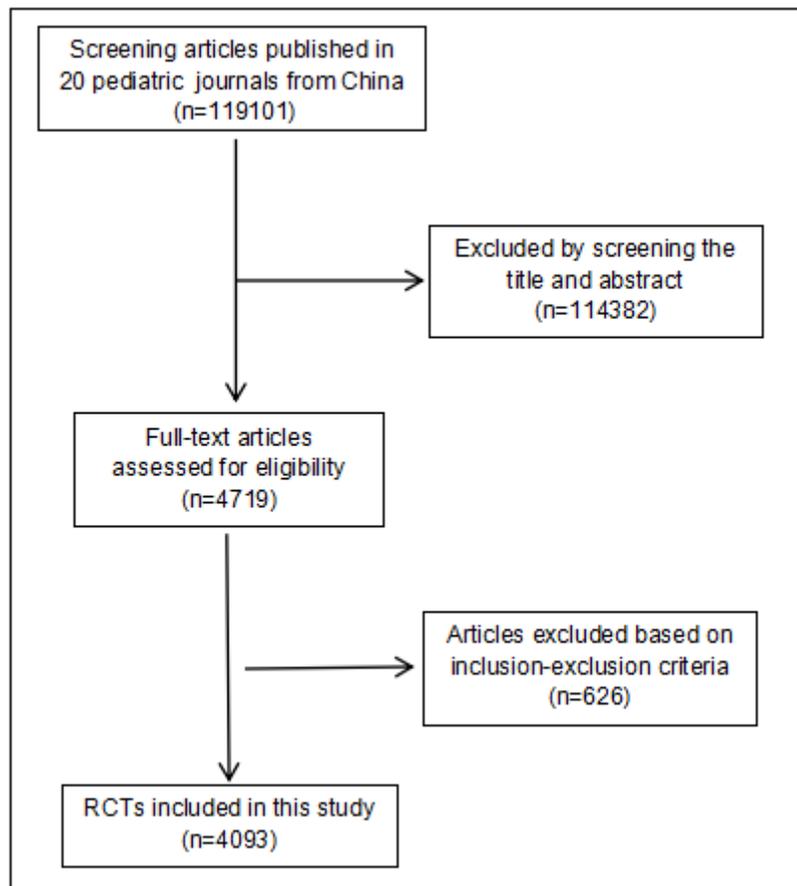


Figure 1

Publication time trends and geographical distribution of the RCT trials¹⁷⁸ From January 2009 to December 2018, there were 119101 articles published on the 201 Chinese pediatric journals, after screening of the study design and participants led to 40931 (3.44 %) of the studies being selected for inclusion and data analysis (Figure 1). The majority¹ of the included studies were published on Maternal and Child Health Care of China (20.28%),¹ followed by the Journal of Pediatrics of Traditional Chinese Medicine (17.91%) and Journal¹ of Pediatric Pharmacy (14.88%).

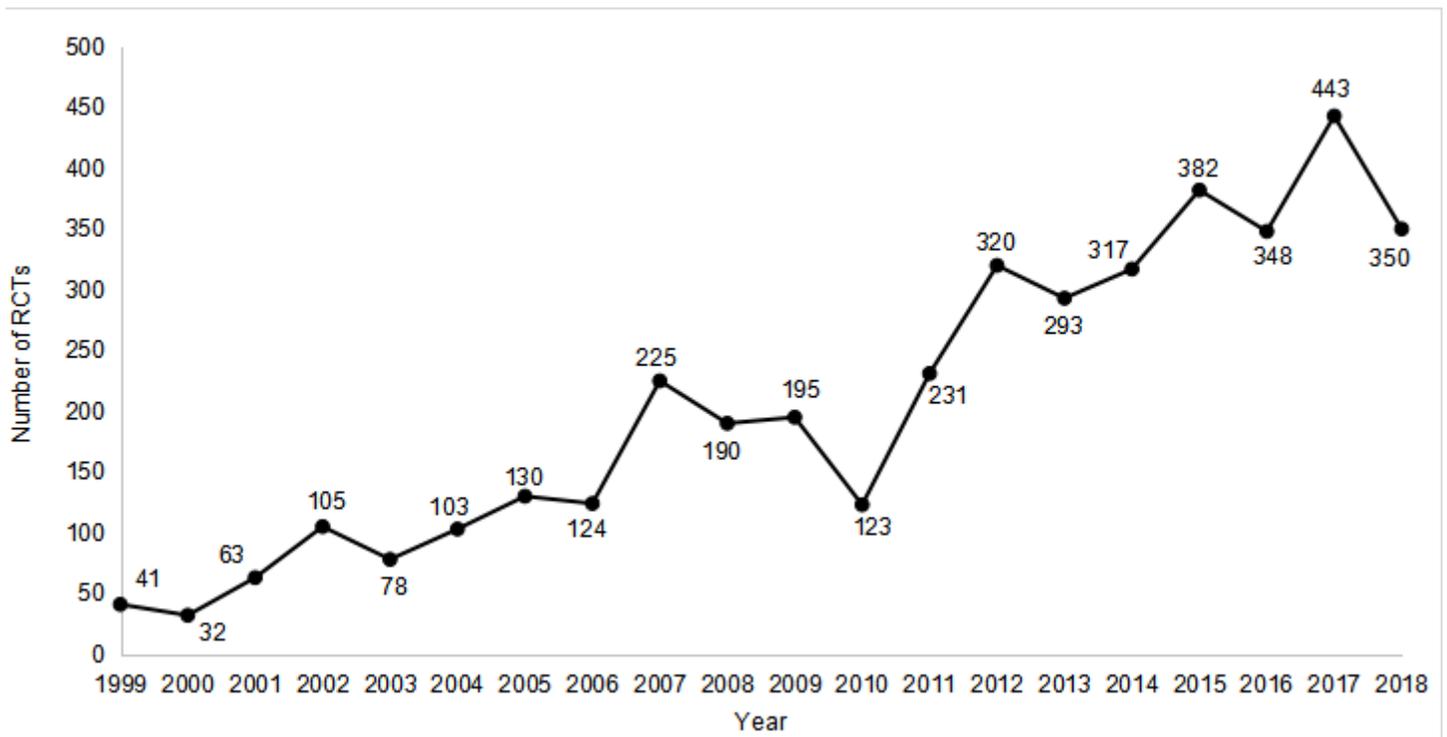


Figure 2

350 in 2018, with an average annual growth rate of 35.22% ($p=0.000$). A surge was identified beginning in 2011, and a notable increase occurred in 2017, with 443 RCTs published. In the last 5 years from 2014 to 2018 of the period studied, 1840 RCTs were published, which accounting for 44.95% of the RCTs reported in the 20 Chinese pediatric journals we selected over the past two decades

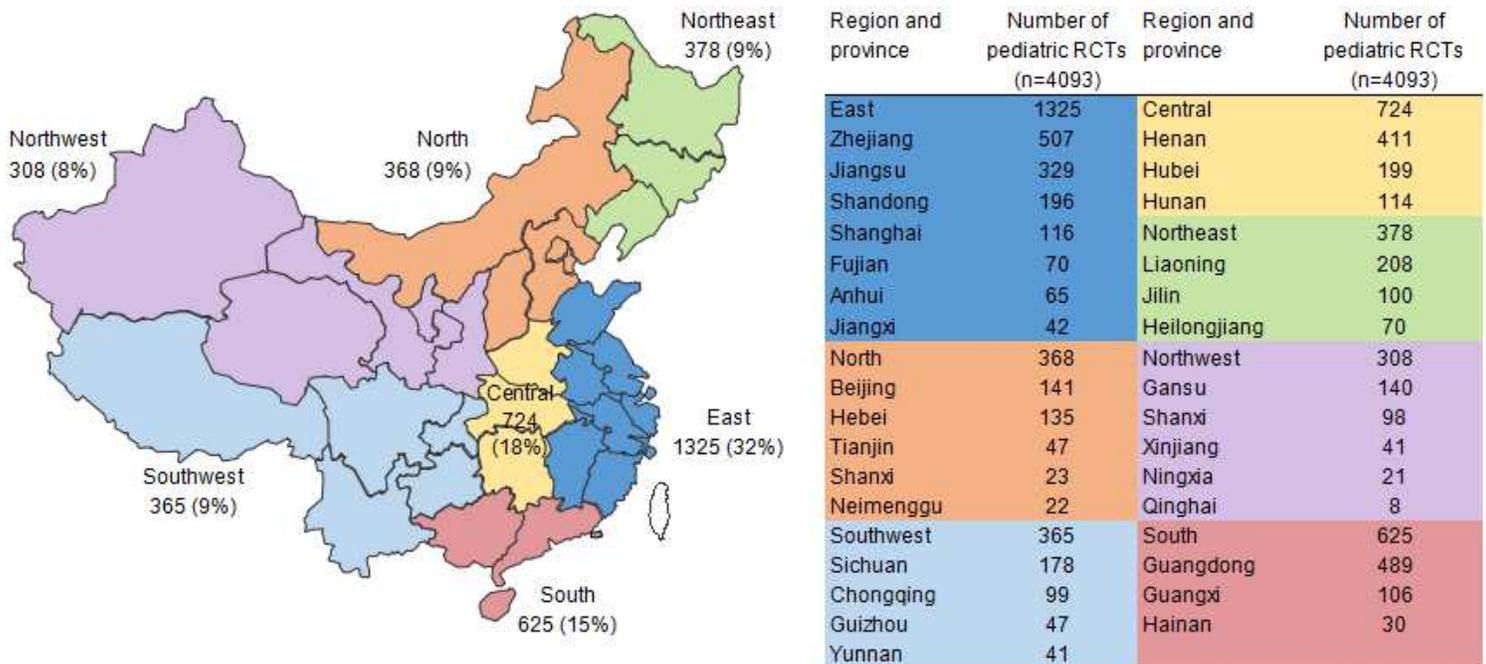


Figure 3

Geographical distribution analysis showed all the published RCTs were carried out in 30 different cities in China (Figure 3), for multiple-center RCTs, the cities where the coordinating investigator were located were taken into analysis. Most of the studies were carried out in east China (32%), followed by the central(18%) and south (15%), which was consistent with the distribution of economic prosperity, and over one-third of the RCTs were conducted in Zhejiang, Henan and Guangdong. The most prolific institutions were Beijing Children's Hospital Capital Medical University (n=52), followed by Hunan Children's Hospital(n=51)andHenanChildren'sHospital(n=42). Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.

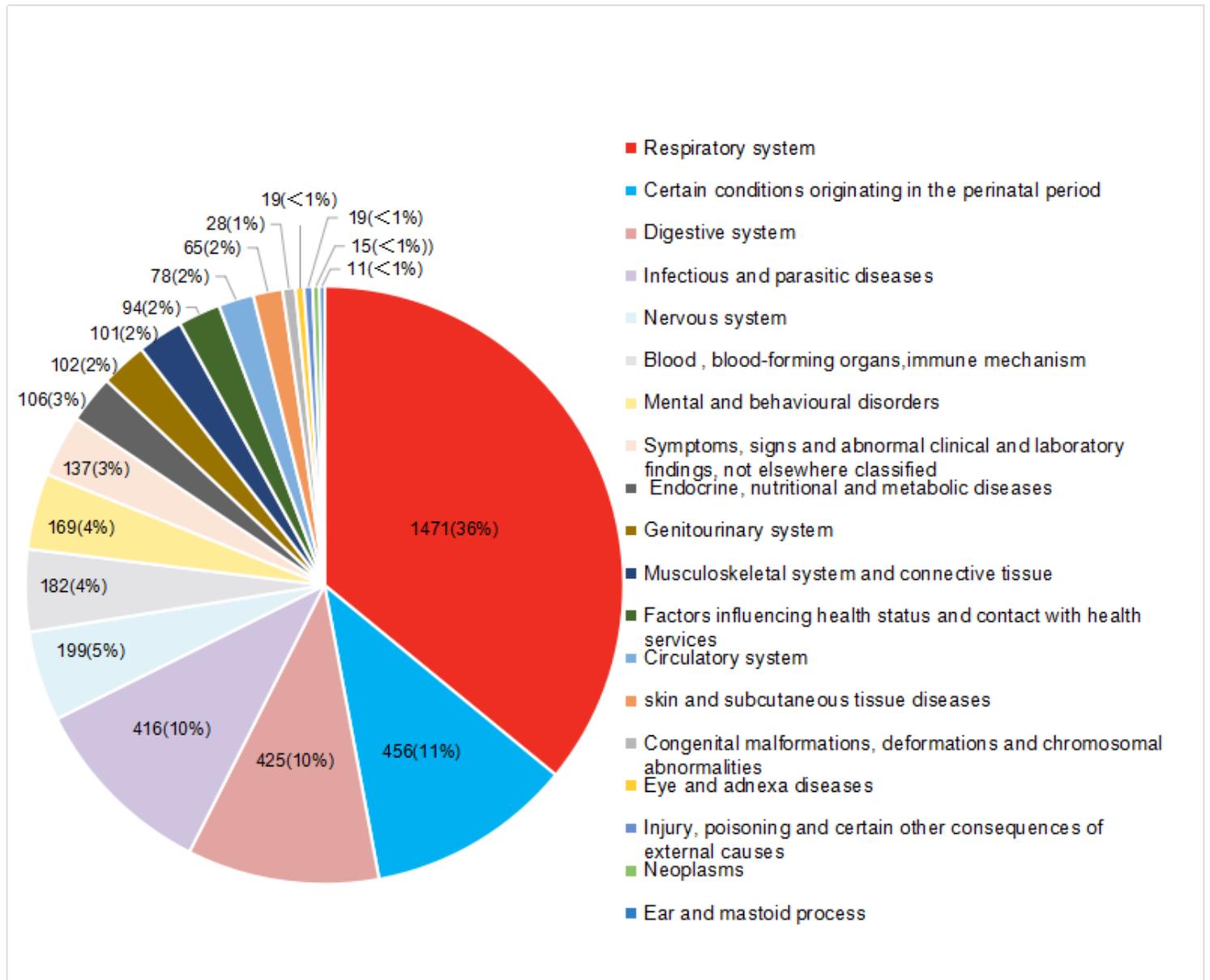


Figure 4

The distribution of the studying diseases among the included studies, categorized according to the (ICD)-10 classification, was shown in Figure 4, which was consistent with the distribution of major diseases in children, diseases of the respiratory system accounts for over one-third (36%) of all identified diseases, and followed by certain conditions originating in the perinatal period disease (11%), diseases of the digestive system (10%) and certain infectious and parasitic diseases (10%). Pediatric asthma and mycoplasma pneumonia were the most commonly studied diseases with 374 (9%) and 322 (8%) trials, respectively. Only 72 RCTs studying major diseases defined as diseases that cost a lot and seriously affect the normal work and life of patients and their families for a long period time, including congenital heart disease (n=32), acute lymphoblastic leukemia (n=8), pediatric tumors (n=7), systemic lupus erythematosus (n=7), etc., and no identified RCT involved rare diseases

Supplementary Files

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- [SRQRchecklist.pdf](#)