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1 **Influence of persulfate on transformation of phosphorus and heavy metals for**
2 **improving sewage sludge dewaterability by hydrothermal treatment**

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10

11 **Abstract**

12 Activated persulfate oxidation has been proven to be an efficient advanced sludge
13 treatment technique to improve sludge dewaterability. This study investigates the
14 influence of persulfate on the transformation of phosphorus (P) and heavy metals (HMs)
15 during the hydrothermal treatment of sewage sludge. The hydrothermal temperature,
16 time, and persulfate concentration are optimized by a Box-Behnken design to obtain
17 the best sludge dewaterability, which is expressed by capillary suction time (CST). The
18 highest CST reduction efficiency is 90.5% at the optimal hydrothermal temperature,
19 time and concentration of persulfate, which are 145 °C, 2 h, and 150 mg/g DS,
20 respectively. The distribution and transformation of P and HMs with different
21 persulfate concentrations (100-200 mg/g DS) during the hydrothermal process are
22 investigated. Results show that more than 90% of the P and HMs in the sludge are
23 retained in sludge cakes after the hydrothermal treatment. The addition of SPS can
24 make the P in the sludge cakes transform into more stable P species according to the
25 extraction capacity of sequential extracts. It can be found from the ecological risk
26 indexes of the HMs that the addition of SPS during the hydrothermal treatment of
27 sludge can reduce the environmental risk of HMs. This study provides insights into the
28 P and HM distribution and transformation during hydrothermal treatment with
29 persulfate, providing a reference for sludge recovery strategies.

30 **Keywords:** Persulfate, Hydrothermal treatment, Sludge dewaterability, Phosphorus,
31 Heavy metals, Box-Behnken design

32

33 **1. Introduction**

34 With the wide application of biological sewage treatment technology, a
35 considerable quantity of sewage sludge is produced as a by-product during wastewater
36 treatment (Neyens et al., 2004). Sewage sludge is a useful waste containing valuable
37 resources, such as organic carbon, phosphorous (P) and nitrogen (N), along with
38 hazardous substances, such as pathogens, heavy metals (HMs) and persistent organic
39 pollutants (Zhang et al., 2009, Świerczek et al., 2018, Mahmoud et al., 2018). Therefore,
40 sludge requires reasonable treatment and disposal before entering the environment. To
41 reduce the costs of sludge transportation and disposal, a reduction of the sludge volume
42 by solid-water separation is an essential step prior to sludge disposal (Li et al., 2018).
43 Many technologies have been explored to improve sludge dewaterability, which is a
44 key point for sludge volume reduction, including electro-dewatering technology
45 (Saveyn et al., 2005), chemical conditioning (Xu et al., 2018), and thermal drying
46 (Olivier et al., 2015). Notably, hydrothermal treatment has proven to be an effective
47 pretreatment method to enhance sludge dewaterability owing to the solubilization of
48 organic matter (Kepp et al., 2000). Additionally, hydrothermal treatment can reduce
49 sludge toxicity, control HMs, and recover resources (e.g., P and N) and energy from
50 biosolids (Dewil et al., 2007; Funke and Ziegler, 2010).

51 On the other hand, the persulfate advanced oxidation process has been widely used
52 to improve sludge dewaterability due to its high solubility, strong oxidation potential,
53 and resistance to pH changes (Zhen et al., 2012). Persulfate can be activated by heat to
54 produce sulfate radicals with strong oxidizability (Kordkandi and Forouzesh, 2014).

55 Therefore, combining a hydrothermal treatment with persulfate can not only can
56 intrinsically enhance sludge dewaterability but also activate persulfate to generate
57 sulfate radicals, which can further improve sludge dewatering.

58 The effects of hydrothermal treatment conditions on nutrient element (i.e., P and
59 N) transformation, solid product properties, and HM risk have been widely investigated.
60 Yu et al. (2019) investigated the effect of metal ions on P speciation during
61 hydrothermal treatment, and their results showed that P immobilization was
62 significantly influenced by the metal contents. Huang and Yuan (2016) studied the
63 effects of temperature, time, and the addition of catalyst on the fate of HMs during the
64 hydrothermal treatment of sewage sludge. It was concluded that the total concentration
65 of HMs in solid products increased with an increasing temperature, and a proper
66 catalyst addition could enhance the immobilization of HMs in the solid products. Zhang
67 et al. (2017) speculated on the pathway of N transformation during the hydrothermal
68 treatment of sewage sludge, and the results indicated that only 20% N remained in the
69 solid product. Even so, little attention has been given to the influence of persulfate on
70 the transformation of P and HMs during the hydrothermal treatment process to enhance
71 sewage sludge dewaterability.

72 Therefore, different concentrations of persulfate were used to evaluate the
73 bioavailability of P and HMs in sludge cakes produced from hydrothermal treatment.
74 The objectives of this study were (1) to optimize the hydrothermal temperature, time,
75 and concentration of persulfate to achieve the best sludge dewaterability; (2) to evaluate
76 the P transformation and speciation by sequential extracts during the hydrothermal

77 process; and (3) to investigate the fraction distribution and ecological risk of HMs in
78 the sludge cakes after hydrothermal treatment. Finally, this study sheds light on the
79 transformation of P and HMs during persulfate hydrothermal treatment to enhance
80 sludge dewaterability, providing basic knowledge for sludge reuse.

81 **2. Materials and methods**

82 **2.1. Materials**

83 Raw sewage sludge was collected from Zhuankou Wastewater Treatment
84 (Hanyang District, Wuhan, China), air-dried in an oven at 105 °C until it was
85 completely dehydrated, and then ground to powder and passed through a 0.154 mm
86 sieve. The dried sludge powder (RS) was stored in airtight bags for subsequent
87 experiments. This pretreatment avoided biochemical reactions during sludge storage
88 and precisely controlled the mass ratio of sludge to deionized water in the hydrothermal
89 conditioning procedure. The initial characteristics of the raw sewage sludge are
90 provided in Table 1.

91 **Table 1.** Main characteristics of the raw sewage sludge.

Parameter	Moisture (%)	pH	Organic content (%)	CST (s)
Value	79.5±1.12	7.1±0.1	48.1±0.65	155±1.05

92 Sodium persulfate (SPS) ($\text{Na}_2\text{S}_2\text{O}_8$, > 99.9 wt%) (Sinopharm Chemical Reagent,
93 China) was analytical reagent grade and directly used. Deionized water was used as the
94 experimental water.

95 **2.2. Hydrothermal conditioning procedure**

96 Hydrothermal conditioning experiments were performed in a well-designed 500

97 ml stainless steel reactor that could operate at high temperatures and pressures. RS and
98 deionized water were mixed at a solid content of 10 wt%, then SPS was added and the
99 mixture was stirred at 600 rpm for 60 min before heating. The reactor was heated to the
100 desired temperature and maintained at the final temperature for a certain time. The
101 mixed solution was magnetically stirred at a speed of 150 rpm during the whole
102 hydrothermal conditioning procedure. After conditioning, the reactor was naturally
103 cooled to room temperature, and the suspension was separated by centrifugation at 4000
104 rpm for 20 min. The solid product was dried at 105 °C for 24 h for further analysis. The
105 liquid product called process water, was filtered through a 0.45 µm filter and stored at
106 4 °C for subsequent analysis.

107 To investigate the influence of persulfate on the transformation of P and HMs
108 during the hydrothermal conditioning of sewage sludge, six experiments with different
109 SPS concentrations were conducted, these experiments are shown in Table 2. The
110 sludge samples conditioned with 100 mg/g DS SPS, 125 mg/g DS SPS, 150 mg/g DS
111 SPS, 175 mg/g DS SPS, and 200 mg/g DS SPS at 145 °C are labeled S1, S2, S3, S4,
112 and S5, respectively; the collected sludge cakes were denoted as CS1, CS2, CS3, CS4,
113 and CS5, respectively. The liquid samples are denoted as LS1, LS2, LS3, LS4, and LS5,
114 respectively. Sludge conditioned without the addition of SPS at 145 °C was used as the
115 control and denoted as S0; its relevant liquid samples and sludge cakes were denoted
116 as LS0 and CS0, respectively. In addition, 2 h was selected as the conditioning time
117 according to response surface methodology (RSM) optimization.

118

119 **Table 2** Different sludge conditioning procedures.

Symbol	pH	Temperature (°C)	Time (h)	SPS concentration (mg/g DS)
S0	7.2±0.2	145	2	0
S1	7.2±0.2	145	2	100
S2	7.2±0.2	145	2	125
S3	7.2±0.2	145	2	150
S4	7.2±0.2	145	2	175
S5	7.2±0.2	145	2	200

120 **2.3. Optimization design**

121 The hydrothermal conditioning time, temperature, and SPS concentration were
 122 optimized by using a Box-Behnken design. The ranges and levels of the three
 123 constituents shown in Table S1 were determined by a set of preliminary experiments.
 124 The CST reduction efficiency was set as the response. Table S2 shows the details of the
 125 BBD experimental design and results.

126 **2.4. Quantification of the P and heavy metal content**

127 A combustion method was used to measure the total P content in all solid samples.
 128 Specifically, the RS and solid products were first combusted at 600 °C for 2 h in a
 129 furnace and then extracted by HCl solution (1 M) for 16 h. Then, the total P in the
 130 extract was measured as orthophosphate using the ascorbic acid assay on a UV-vis
 131 spectrophotometer (UV-1800).

132 The total HMs content of all samples was measured using microwave-assisted acid
 133 digestion and determined by inductively coupled plasma optical emission spectrometry

134 (ICP-OES, Perking, Elmer8300, USA).

135 **2.5. Fractionation procedure of the P and HMs**

136 Hedley sequential fractionation was employed to quantify the major speciation of
137 P (Hedley et al., 1982). Briefly, 0.2 g of solid product was placed into a 50 ml centrifuge
138 tube and extracted sequentially with 20 ml of H₂O, NaHCO₃ (0.5 M), NaOH (0.1 M),
139 and HCl (1 M) at 25 °C for 16 h. The suspension was centrifuged, and the supernatant
140 was filtered through a 0.45 µm filter and stored at 4 °C for further analysis. The solid
141 residue was used for the next extraction step. The H₂O and NaHCO₃ extractable P
142 species (H₂O-P, NaHCO₃-P) were ascribed to the readily soluble phosphates and
143 organophosphates. NaOH extractable P species (NaOH-P) were attributed to P sorbed
144 on the Fe/Al mineral phases. HCl extractable P species (HCl-P) were attributed to
145 insoluble phosphate minerals, such as Ca, Al, and Fe phosphates. Finally, P retained in
146 the sample is denoted as Residue-P. The P content in all extracts was analyzed by using
147 an ascorbic acid assay with UV-vis spectrophotometry (UV-1800).

148 The Community Bureau of Reference (BCR) sequential extraction procedure was
149 conducted to investigate the chemical speciation of HMs (Rauret et al., 1999). The four
150 fractions of metal speciation, included HMs that were soluble and exchangeable (F1),
151 HMs that bound to iron and manganese oxides (reducible) (F2), HMs that bound to
152 organic matter and sulfide (oxidizable) (F3) and the residual fraction (F4). All the
153 details of the procedure above were published in our previous report (Xiong et al., 2018).

154 **2.6. Conditioning efficiency assessment**

155 2.6.1 Sludge dewaterability

156 The sludge dewaterability was evaluated by the capillary suction time (CST)
157 which was measured using a 304M CST instrument (Triton, UK). The CST reduction
158 efficiency (Y), which was used to assess the conditioning efficiency of hydrothermal
159 treatment, can be obtained as follows:

$$160 \quad Y = (CST_b - CST_a)/CST_a(1)$$

161 Where:

162 Y - CST reduction efficiency (%),

163 CST_b - the initial CST of the RS (s), and

164 CST_a - the CST of the sludge after hydrothermal conditioning (s).

165 2.6.2 Bioavailability of the P and HMs

166 The existing forms of the P and HMs in the solid products can indicate their
167 bioavailability. The proportions of H_2O -P and $NaHCO_3$ -P represent the bioavailable P.
168 The proportion of the F1 concentration indicated the toxicity and bioavailability of HMs.

169 2.6.3 Heavy metal risk assessment method

170 The geo-accumulation index (I_{geo}), monomial potential ecological risk factor (E_r)
171 and potential ecological risk index (RI) were used to assess the potential ecological risks
172 of the HMs in the RS and sludge cakes after the hydrothermal treatment (Yu et al., 2011,
173 Huang et al., 2011), which can be calculated as follows:

$$174 \quad I_{geo} = \log_2 \frac{C_i}{1.5B_i} \quad (2)$$

175 where C_i is the sum of the F1 and F2 contents of the HM (mg/kg) and B_i is the
176 HM mean background value in Chinese soil (mg/kg).

$$177 \quad E_r = T_r C_i / C_r \quad (3)$$

178
$$RI = \sum E_r \quad (4)$$

179 where T_r is the toxic response factor of the HMs and C_r is the background value
180 of soil in Wuhan city (Cheng et al., 2014). The values of T_r and C_r are shown in Table
181 S3 (Chen et al., 2020). Table S4 shows the assessment of these three indexes (Huang
182 and Yuan, 2016).

183 **2.7. Analysis**

184 SPSS 19.0 was used for the statistical analyses, and the influence of different
185 hydrothermal conditions on the P and HMs transformation was analyzed by one-way
186 ANOVA (Tukey's test); $p < 0.05$ represented a significant different.

187 **3. Results and discussion**

188 **3.1. RSM optimization results**

189 Seventeen experiments with different formulations for RSM were conducted to
190 optimize the temperature, time, and SPS concentration for sludge hydrothermal
191 conditioning, with the CST reduction efficiency as the response value. The second-
192 order polynomial Equation (5) was obtained after the data fitting and regression
193 analysis as follows:

194
$$Y = 20.60 + 0.39A + 8.36B + 0.43C + 6.0 \times 10^{-3}AB + 1.45 \times 10^{-3}AC + 0.035BC -$$

195
$$2.15 \times 10^{-3}A^2 - 3.10B^2 - 2.49 \times 10^{-3}C^2 \quad (5)$$

196 where Y is the CST reduction efficiency (%), A is the hydrothermal conditioning
197 temperature ($^{\circ}\text{C}$), B is the hydrothermal conditioning time (h), and C is the SPS
198 concentration (mg/g DS). The model for the CST reduction efficiency was significant
199 for an F-value of 58.60 and $\text{Prob} > F < 0.0001$ according to the analysis of variance

200 regression (Table 3). The “lack of fit F-value” was 2.91, indicating that there was a
 201 16.41% chance that the lack of fit occurred due to noise. The “Adeq precision” reached
 202 20.908, which implied that the designed model could predict the sludge dewaterability
 203 correctly. The “predicted R²” of 0.8498 was reasonably consistent with the “Adj R²” of
 204 0.9701, indicating that the model could reliably describe the effects of hydrothermal
 205 temperature, time, and concentration of SPS on the sludge dewatering performance. In
 206 addition, the regression factor (R²) of the model was 0.9869. All the above analyses
 207 indicated that the model was significant. The low value of the coefficient of variance
 208 (CV) (1.17%) indicated that the experimental results had high repeatability. In this
 209 model, A, B, C, AC, BC, A², B², and C² were significant because their values of
 210 “Prob>F” were lower than 0.05. The predicted versus actual values for the CST
 211 reduction efficiency are shown in Fig. S1, which indicated that the model was adequate
 212 and reliable, as the majority of the data points were close to the regression line.

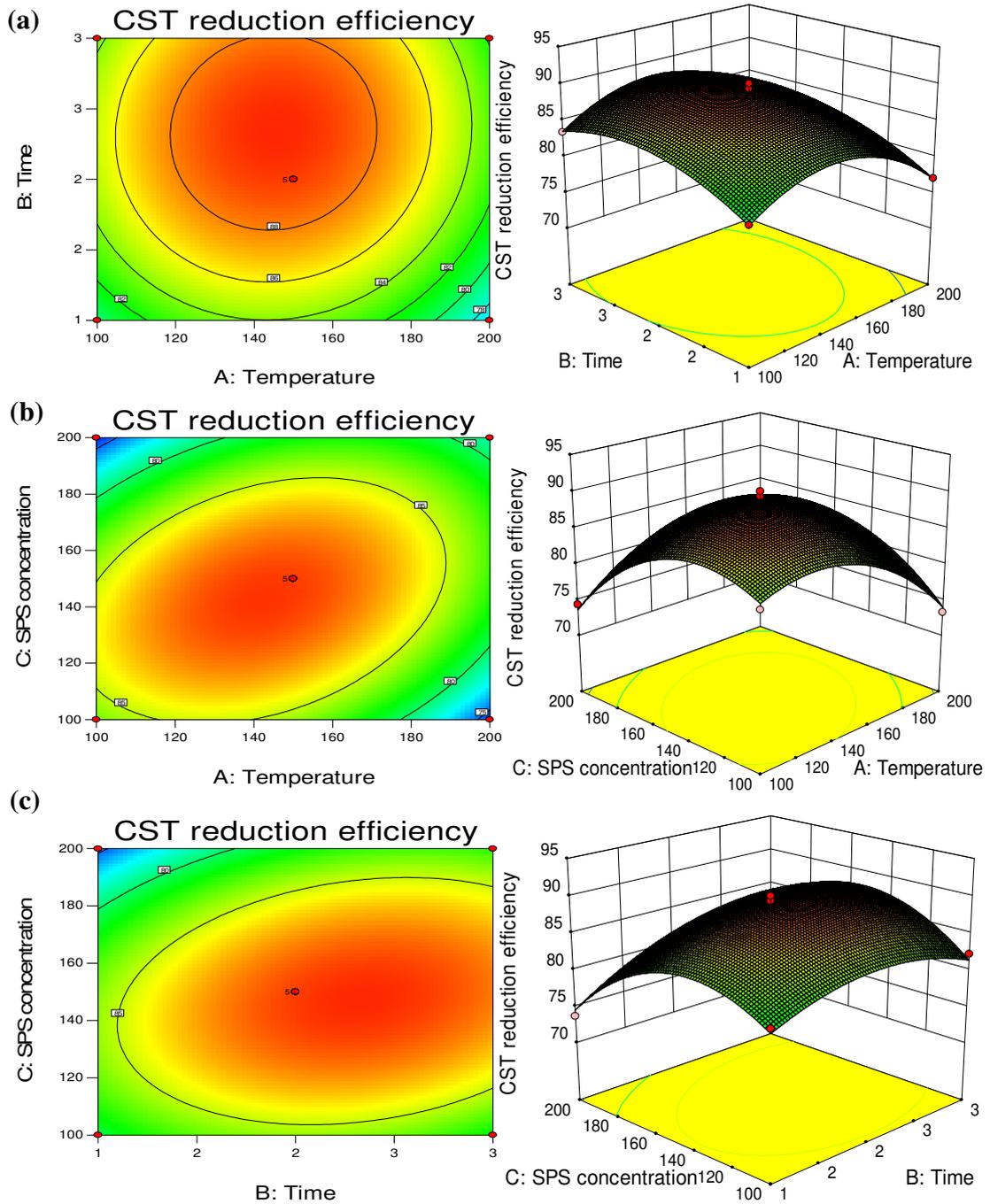
213 **Table 3** Analysis of variance regression model for CST reduction efficiency.

Source	Sum of squares	df	Mean square	F-Value	P-Value (Prob > F)
Model	486.78	9	54.09	58.60	<0.0001
A-Temperature	11.28	1	11.28	12.22	0.0100
B-Time	35.28	1	35.28	38.23	0.0005
C-SPS	14.85	1	14.85	16.09	0.0051
AB	0.36	1	0.36	0.39	0.5521
AC	52.56	1	52.56	56.95	0.0001
BC	12.25	1	12.25	13.27	0.0083
A ²	121.76	1	121.76	131.93	<0.0001

B ²	40.53	1	40.53	43.91	0.0003
C ²	163.29	1	163.29	176.93	<0.0001
Residual	6.46	7	0.92		
Lack of fit	4.43	3	1.48	2.91	0.1641
SD	0.96		R ²	0.9869	
Mean	82.16		Adjusted R ²	0.9701	
CV%	1.17%		Predicted R ²	0.8498	
PRESS	74.09		Adeq Precision	20.908	

214 Fig. 1 shows the contour and 3D response surface plots of the proposed model for
215 CST reduction efficiency. The interaction of the other two variables was investigated
216 when the third factor was retained at zero levels. Fig. 1(a) displays the interaction
217 between the hydrothermal temperature and time which indicated that the CST reduction
218 efficiency increased as the hydrothermal time was within the range of 1-2 h. The highest
219 CST reduction efficiency was recorded when the hydrothermal time ranged from 1.5 -
220 2 h and the temperature was 140-150 °C. Gao et al. (2019) investigated the effect of the
221 temperature and time of hydrothermal carbonization on sludge dewatering by coupling
222 with mechanical compression. They reported that the optimal temperature was 160-240
223 °C. In addition, an increase in the time had a negligible or slight effect on the CST
224 reduction efficiency. Fig. 1(b) indicates that at a higher temperature (180-200 °C), the
225 CST reduction efficiency could hardly be affected by the increase in SPS concentration.
226 The CST reduction efficiency demonstrated a U-curve with an increasing SPS
227 concentration when the temperature was in the range of 120-160 °C. Fig. 1(c) shows
228 the interactive influence between the hydrothermal time and SPS concentration. At
229 longer durations (2-3 h), the CST reduction efficiency changed slightly with an increase

230 in time. The CST reduction efficiency showed a U-curve with an increasing SPS
231 concentration. Park et al. (2018) found that the properties of the hydrochar and biomass
232 dewaterability could improve with a hydrothermal treatment time of 1 h. We found that
233 the significant influencing factors on the CST reduction efficiency in the experiment
234 were the hydrothermal temperature and SPS concentration. Han et al. (2019) found that
235 the temperature of the thermal hydrolysis pretreatment had a larger effect on the P
236 complexation of sewage sludge than the reaction time. The optimal experimental
237 conditions obtained from the RSM model of the hydrothermal temperature, time, and
238 SPS concentration were found to be 145 °C, 2 h, and 150 mg/g, respectively. The
239 optimal dewatering conditions were confirmed by five comparison experiments.



240

241

Fig. 1. Contour and 3D response surface plots: (a) hydrothermal time and

242

temperature; (b) temperature and SPS concentration, and (c) time and SPS

243

concentration.

244

3.2. P transformation during hydrothermal conditioning with different SPS

245

concentrations

246 3.2.1 Effects of the SPS concentration on the distribution of P between the liquid and
247 solid

248 The distribution of the P between the liquid and sludge cake is shown in Table S3.
249 The results demonstrated that large proportions of the initial P were retained in the
250 sludge cakes, which was consistent with other reports (Dai et al., 2015). The results of
251 their study suggested that hydrothermal carbonization could efficiently immobilize P in
252 cow manure. The unit mass of P in sludge cakes clearly increased after the hydrothermal
253 treatment owing to the volatilization of organic matter (Han et al., 2019). In addition,
254 the hydrothermal treatment process may suppress the P release into liquid; therefore, P
255 was retained on the hydrochar of sewage sludge. P gradually increased in the sludge
256 cakes with an increasing SPS concentration due to the degradation of organic sludge
257 flocs being promoted by $\text{SO}_4^{\bullet-}$ radicals (Zhen, et al., 2012). P was released from the
258 sludge cells during the hydrothermal process and, combined with Fe, Al, Mg, and Ca
259 (Appels et al., 2008). Thus, the addition of SPS could inhibit the release of P into the
260 liquid and promote P enrichment in the sludge cakes.

261 3.2.2 Operational speciation of P

262 Fig. 2 shows that P in sequential extracts of the RS and sludge cakes after the
263 hydrothermal treatment with different SPS concentrations showed different
264 fractionation behaviors. Generally, the H_2O -P and NaHCO_3 -P contents in the sludge
265 cakes after the hydrothermal treatment were lower than those in RS. This result
266 indicated that the hydrothermal treatment decreased the P bioavailability of the sludge
267 cakes, and the same finding was reported by (Huang et al., 2017). After the

268 hydrothermal treatment, H₂O-P and NaHCO₃-P decreased with increasing HCl-P and
269 Residue-P contents. The decrease in the P bioavailability may be because
270 orthophosphates degraded from organophosphates formed phosphate precipitates (e.g.,
271 calcium phosphate) or adsorbed to minerals in the sludge; therefore unstable inorganic
272 P may also be transferred to more stable P species due to dissolution or recrystallization
273 (Huang and Tang, 2016). The amounts of H₂O-P and NaHCO₃-P decreased to 0.015
274 mg/g DS and 0.38 mg/g DS, respectively, after the hydrothermal treatment with 200
275 mg/g DS SPS compared to 0.917 mg/g DS and 2.81 mg/g DS for RS. These results
276 indicated that the addition of SPS promoted P release from the sludge cells through
277 oxidation by the SO₄•⁻ radicals, and the released P transformed into more stable P
278 species. For instance, amorphous Ca-Mg P could crystallize to form less soluble
279 phosphates, such as apatite (Xu et al., 2018).

280 In addition, the content of H₂O-P is commonly used to assess the liability of P loss
281 from solid P fertilizer for land utilization because the discharge of P can result in the
282 eutrophication of aquatic ecosystems (Liu et al., 2019). Based on the above analysis, it
283 can be concluded that the addition of SPS during the hydrothermal conditioning process
284 could fix P in sludge and inhibit the eutrophication.

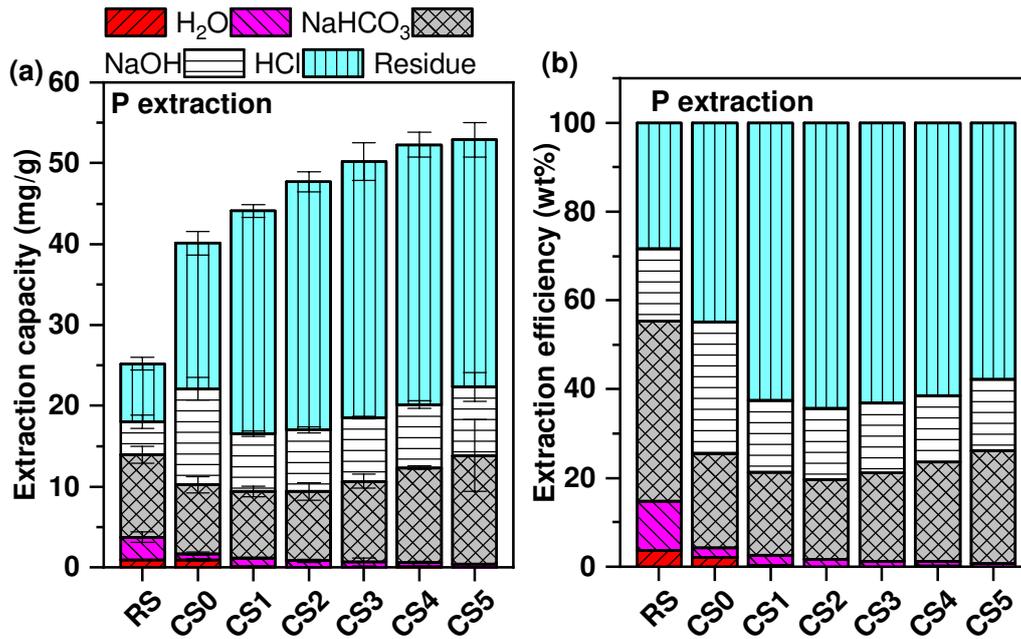


Fig. 2. Distribution of P in sequential extracts of the RS and sludge cakes after hydrothermal treatment with different SPS concentrations. The extraction efficiency (wt%) was obtained by the ratio of extracted Total P to Total P in the sample. Each data point was the average of results from three independent extraction experiments.

3.3. Transformation of HMs during hydrothermal conditioning with different SPS concentrations

3.3.1 Total HMs contents in the liquid and solid

The total contents of Cu, Zn, Ni, Pb and Cr in the RS, liquid and sludge cakes after the hydrothermal treatment are shown in Table 4. The above HMs were studied for their relatively high content in the RS. The results suggested that more than 90% of all HMs were retained in the sludge cakes, which was consistent with other reports (Leng et al., 2014; Liu et al., 2018). According to HMs contents, RS contained higher contents of Cu and Zn, less Pb and Cr, and the lowest concentration of Ni, which was in accordance with the results reported by Shi (2013).

300 After the hydrothermal treatment, the variation in HMs in the sludge cakes was
301 similar to that of the HMs in RS. Compared with HMs content in RS, there was an
302 increased in the sludge cakes, which was mainly attributed to the degradation of organic
303 matter in the sludge during hydrothermal treatment (Chen, et al., 2017).

304 **Table 4** Heavy metal content of the raw sludge, liquid and sludge cakes after the hydrothermal treatment (mg/kg)

	RS	S0		S1		S2		S3		S4		S5	
HM		Liquid	Cake	Liquid	Cake	Liquid	Cake	Liquid	Cake	Liquid	Cake	Liquid	Cake
Cu	344±63.2	0	377±14.5	0	336±32.5	0	341.5±31.8	0	368±31.1	0	530.5±17.7	0	406±28.3
Ni	29.6±2.7	2.28±1.13	68.8±12.2	4.35±0.07	67.5±10.6	3.8±0.28	62±7.07	4.15±0.07	67.5±6.4	4.3±0.28	99.5±2.1	4.05±0.49	81±5.6
Pb	206.4±45.2	0	140.5±41.9	6.55±1.06	94.5±71.4	5.85±0.07	113±26.9	5.65±1.49	161.5±50.2	6.25±0.12	224.5±0.71	6.7±1.13	151±13.4
Zn	1301±112.3	0.33±0.23	1707±94.2	0	1369±53.7	0	1362±49.5	0	1457±54.4	0	1905±86.3	0	1599±54.4
Cr	167±22	6.43±2.13	303.8±21.1	12.05±0.07	289±11.3	11.1±0.07	293±9.90	11.1±0.28	300.5±10.6	12.05±0.07	428±12.7	11.7±0.71	315±11.3

305

306 3.3.2 Fraction distribution of HMs in the sludge cakes

307 The distribution of four fractions (F1-soluble and exchangeable, F2-reducible,
308 F3-oxidizable, F4-residue) of Cu, Ni, Pb, Zn and Cr in the RS and sludge cakes are
309 shown in Fig. 3; these results, were obtained by the BCR sequential extraction scheme.
310 The mass percentage of the oxidizable and residual fractions of Cu accounted for 69%
311 in the RS. Hu et al. (2018) also reported that Cu always existed as oxidizable and
312 residual fractions that had high bioavailability and mobility. The percentage in the
313 oxidizable fraction clearly increased after the hydrothermal treatment (48.4% for CS0,
314 75.1% for CS1, 72.2% for CS2, 69.6% for CS3, 48.7% for CS4, 59.4% for CS5),
315 indicating that Cu was mainly bound to the organic matter and sulfides in the RS and
316 sludge cakes after the hydrothermal treatment. The exchangeable and reducible fraction
317 of Cu decreased, suggesting less mobility and potential bioavailability of Cu after the
318 hydrothermal treatment (Kazi et al., 2005).

319 The variation trend of Ni was similar to that of Cu except for the sludge cake
320 obtained without the addition of SPS. In the RS, the mass percentage of the oxidizable
321 and residual fractions accounted for as much as 73%. Regarding CS0, the majority of
322 Ni was present in the oxidizable fraction (83%), indicating that it was mainly associated
323 with strong organic ligands. With an increasing of SPS concentration, the residual
324 fraction of Ni increased from 0.65% (CS0) to 62% (CS5) which showed that the toxicity
325 of Ni decreased significantly after the hydrothermal treatment with SPS. The key reason
326 for the above results could be the strong physic-chemical effects and crystalline
327 compound immobilization during the hydrothermal process (Sun et al., 2018).

328 With respect to Pb in the RS, the highest mass percentage (49.7%) was found in
329 the reducible fraction, suggesting that Pb mainly bound to the Fe and Mn oxides. The
330 exchangeable fraction in the RS was 19.8% and decreased to 1-2% after hydrothermal
331 treatment. Moreover, the residual fraction increased from 22% in the RS to 40-74% in
332 the sludge cakes after the hydrothermal treatment. These results illustrated that the
333 mobility and toxicity of Pb decreased after the hydrothermal treatment, which was in
334 accordance with the results reported by Yuan et al. (2011) and Shao et al. (2015).

335 Regarding Zn, the mass percentage of the exchangeable and reducible fractions
336 accounted for 65% in the RS, indicating its higher toxicity and availability. He et al.
337 (2010) also found that Zn in sludge mainly presented as a reducible fraction (43.4%),
338 which bound to the Fe and Mn oxides. After the hydrothermal treatment, Zn was mainly
339 present in the oxidizable fraction (40-70%) in all sludge cakes. Chen et al. (2015) also
340 found that Zn easily transferred to the oxidizable fraction during thermal treatment. As
341 the SPS concentration increased, the residual fraction of Zn increased from 15% in CS1
342 to 32% in CS5. The exchangeable fraction of Zn decreased from 32.8% in RS to 3.7%
343 in CS5, showing the immobilization of Zn after the hydrothermal treatment with SPS.

344 Unlike Cu, Ni, Pb and Zn, the highest percentage of Cr was found in the residual
345 fraction (85%) in the RS, decreasing to 5.8% in the CS0 after hydrothermal treatment,
346 and increasing to 80% with the addition of SPS. Shao et al. (2015) also reported that Cr
347 in municipal sewage sludge mainly existed as residual fraction. Cr was prone to transfer
348 to unstable fractions during the hydrothermal treatment. SPS could promote the
349 oxidation of these insoluble Cr fractions to stable Cr complexes. The exchangeable

350 fraction increased from 1% in RS to 2.7% in CS0 and then decreased to 0.5% in CS5.

351 These results showed that the addition of SPS was good for the immobilization of Cr.

352 It was also reported in our previous work that the addition of SPS could reduce the risk

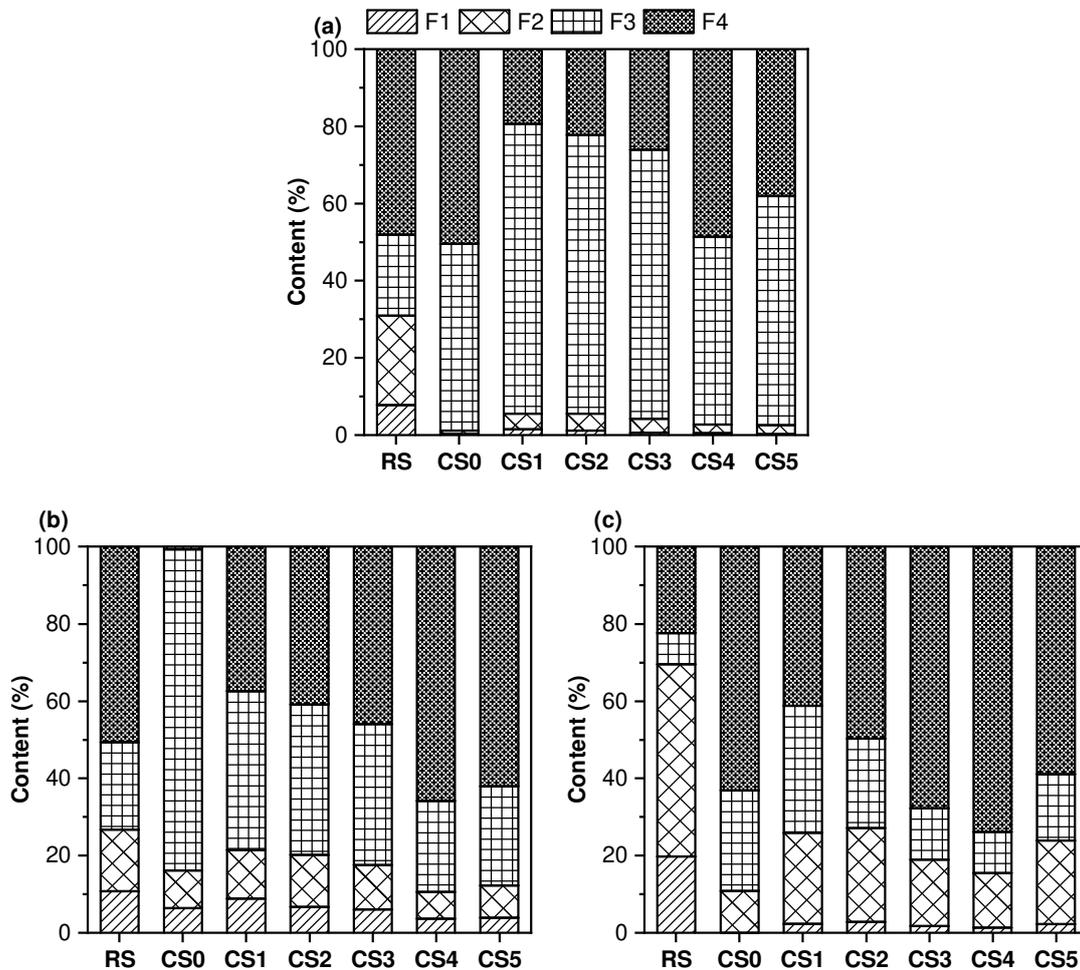
353 of HMs during the conditioning of sewage sludge by Fe²⁺-sodium persulfate oxidation

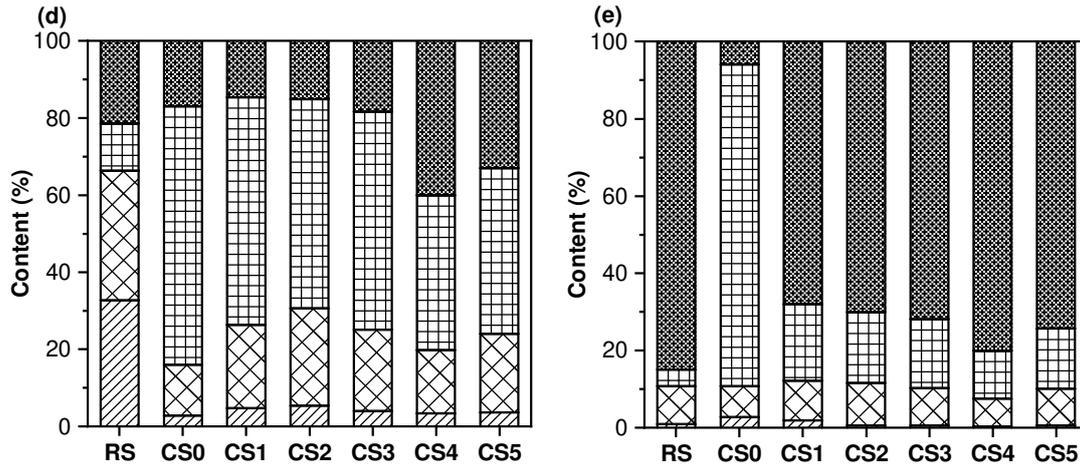
354 and rice husk (Xiong et al., 2018).

355 Comparing the residual fractions of Cu, Ni, Pb, Zn and Cr in the RS and all sludge

356 cakes, it can be found that the addition of SPS during the hydrothermal treatment of

357 sludge could immobilize HMs.



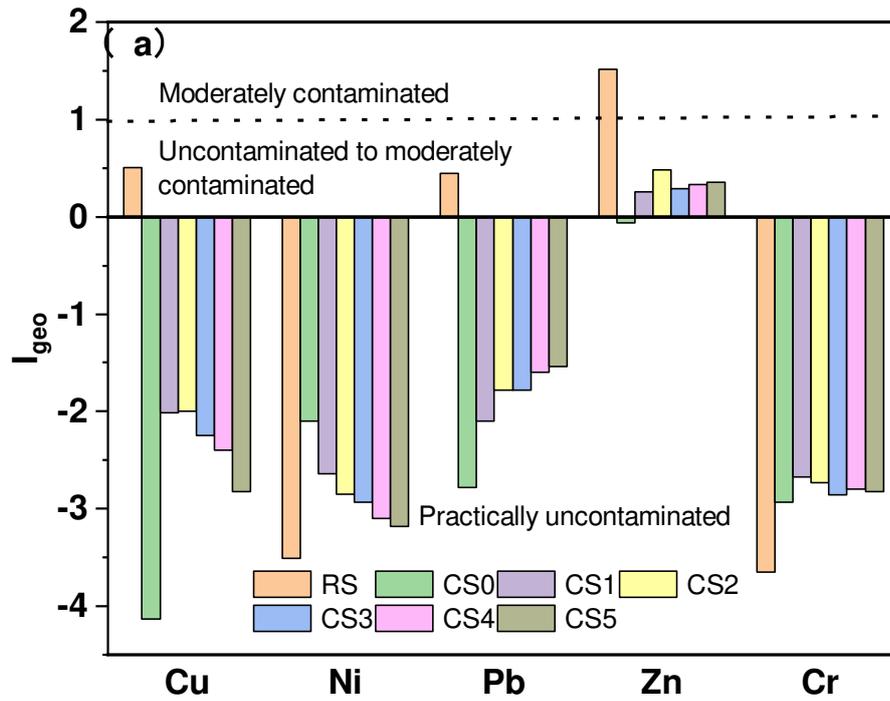


358 **Fig. 3.** Distribution percentages of the various fractions of (a) Cu, (b) Ni, (c) Pb, (d)
 359 Zn and (e) Cr in the sludge cakes. F1: exchangeable fraction, F2: reducible fraction,
 360 F3: oxidizable fraction, and F4: residual fraction.

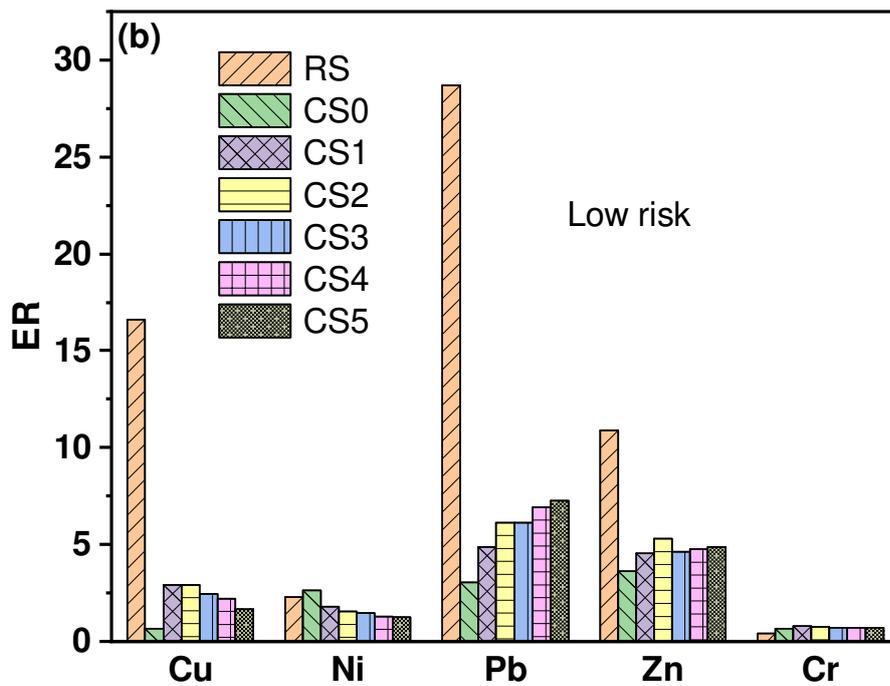
361 3.4. Environmental risk assessment of the HMs

362 Fig. 4 shows the values of I_{geo} , E_r , and RI . Regarding the RS, the I_{geo} value of Cu
 363 and Pb was between 0 and 1, which indicated that Cu and Zn were uncontaminated to
 364 moderately contaminated in the environment. The I_{geo} value of Zn was between 1 and
 365 2, which demonstrated that Zn was moderately contaminated. The I_{geo} values of Ni and
 366 Cr were below 0, which meant that Ni and Cr demonstrated practically uncontaminated.
 367 Except for Zn, the I_{geo} values of Cu, Ni, Pb, and Cr of all the conditioned sludge cakes
 368 were below 0, indicating that Cu, Ni, Pb, and Cr demonstrated practically
 369 uncontaminated in the environment. E_r represents the toxicity of the different HMs. It
 370 was obvious that the E_r value of the conditioned sludge cakes decreased compared with
 371 that of the RS. The E_r value of all samples was below 40, indicating that the ecological
 372 risk of the RS and sludge cakes was low. The potential ecological risk of the HMs was
 373 $Pb > Cu > Zn > Ni > Cr$ based on the E_r value. According to the value of RI , the ecological

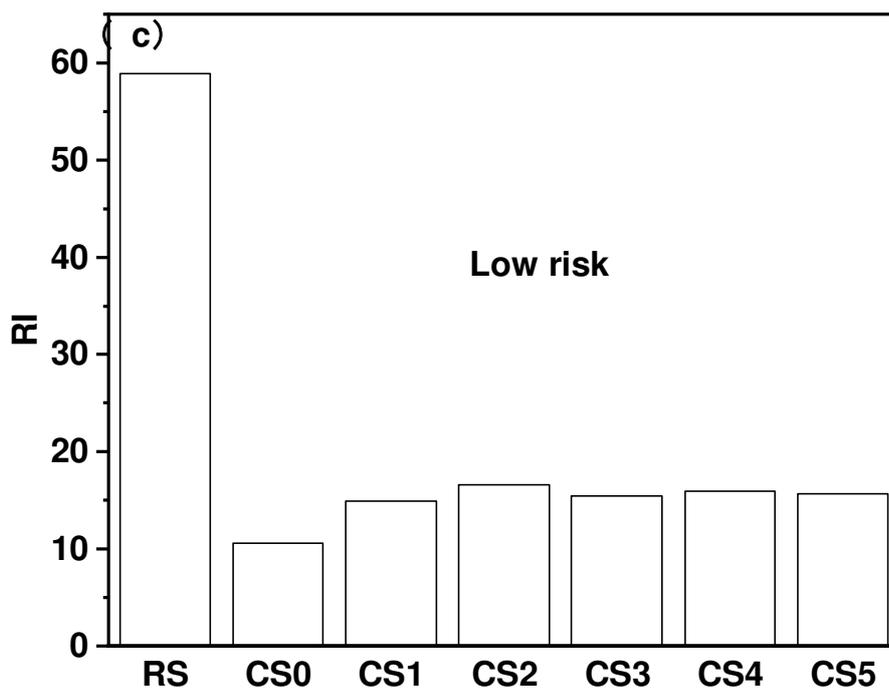
374 risk level of the RS and all conditioned sludge cakes was low in the environment. These
 375 results indicated that the ecological risk indexes of the HMs decreased after the
 376 hydrothermal treatment, which was in agreement with the analysis of the fraction
 377 distribution in Section 3.3.2.



378



379



380

381 **Fig. 4.** (a) the geo-accumulation index (I_{geo}), (b) potential ecological risk factor

382 (E_r), and (c) potential ecological risk index (RI) of HMs in RS and conditioned cakes,

383 **4. Conclusions**

384 This study investigated P and heavy metals transformation during the

385 hydrothermal treatment of sewage sludge to improve sludge dewaterability. The

386 optimal hydrothermal temperature, time, and concentration of persulfate were 145 °C,

387 2 h, and 150 mg/g DS, respectively; these parameters were determined by a three-level

388 and variable Box-Behnken design. Different concentrations of persulfate were added to

389 explore its effects on the P and heavy metals distribution and transformation during

390 hydrothermal treatment with sewage sludge. Only a small proportion of P transferred

391 into the liquid products after the hydrothermal treatment. The extraction capacity and

392 efficiency of P sequential extraction indicated that the hydrothermal treatment

393 decreased the P bioavailability of the sludge cakes. Residue-P in the sludge cakes

394 increased as the persulfate concentration increased. According to the results of the

395 fraction distribution of HMs in the sludge cakes and the environmental risk assessment
396 of HMs, it can be concluded that the addition of persulfate during the hydrothermal
397 treatment of sludge could immobilize the HMs. These results indicated that the
398 combination of persulfate and hydrothermal technology to treat sludge would have a
399 nonnegligible effect on the sludge dewatering performance and P and heavy metals
400 fractions, which could be considered during sludge reclamation.

401 **Ethics approval and consent to participate**

402 Not applicable

403 **Consent for publication**

404 Not applicable

405 **Availability of data and materials**

406 All data generated or analyzed during this study are included in this published article
407 [and its supplementary information files].

408 **Competing interests**

409 The authors declare that they have no competing interests" in this section.

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413 **Authors' contributions**

414 **Qiao Xiong:** Methodology, Software, Formal analysis, Investigation, Writing - original
415 draft. **Jing Xia:** Investigation. **Xiang Wu:** Investigation. **Xu Wu:** Software, Validation.

416 **Haobo Hou:** Supervision. **Hang Lv:** Writing - review & editing.

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