

The carbon economics of vegetative phase change: why plants make juvenile and adult leaves

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1 **The carbon economics of vegetative phase change: why plants make juvenile and adult**
2 **leaves**

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9
10 **Abstract**

11 Across plant species and biomes, a conserved set of leaf traits govern the economic strategy
12 used to assimilate and invest carbon. As plants age, they face new challenges that may
13 require shifts in this leaf economic strategy. In this study, we investigate the role of the
14 developmental transition, vegetative phase change (VPC), in altering carbon economics as
15 plants age. We used overexpression of miR156, the master regulator of VPC, to modulate the
16 timing of VPC in *Populus tremula x alba*, *Arabidopsis thaliana* and *Zea mays* to understand
17 the impact of this transition on leaf economic traits, including construction cost, payback
18 time, and return on investment. Here we find that VPC regulates the shift from a low-cost,
19 quick return juvenile strategy to a high-cost, high-return adult strategy. The juvenile strategy
20 is advantageous in light-limited conditions, whereas the adult strategy provides greater
21 returns in high-light. The transition between these strategies is correlated with the
22 developmental decline in the level of miR156, suggesting that is regulated by the
23 miR156/SPL pathway. Our results provide an eco-physiological explanation for the existence
24 of juvenile and adult leaf types, and suggest that natural selection for these alternative
25 economic strategies could be an important factor in plant evolution.

26
27 **Introduction**

28 In the plant world carbon is queen. It is the currency with which they build, barter and
29 operate. Plants acquire this resource through the enzymatic reactions of photosynthesis which
30 harnesses light energy from the sun to convert CO₂ into sugars. In order to succeed, plants must
31 photosynthesize efficiently and carbon must be invested wisely.

32 Leaves are the primary organ through which photosynthesis occurs, and as such,
33 variations in leaf traits that alter carbon economic strategies are of great interest. Leaf
34 construction costs, the amount of carbon required to build leaves, as well as their returns on
35 investment (ROI), determine the resources available for growth and reproduction. Construction
36 cost and ROI are influenced by the morphological and physiological traits that determine leaf
37 chemical composition, photosynthetic capacity (represented by light saturated photosynthetic
38 rate, A_{sat}), respiration (R_d), and leaf lifespan (Poorter, 1994; Poorter *et al.*, 2006). Plants across
39 the globe share conserved relationships between these morphological and physiological traits,
40 creating what is known as the worldwide leaf economics spectrum (LES) (Wright *et al.*, 2004).

41 The LES uses leaf traits to describe economic strategies ranging from low investment
42 yielding quick returns, to high investment yielding slow returns. Central to the LES is leaf mass
43 per area (LMA), or its inverse specific leaf area (SLA), which describe ratios between leaf area
44 and mass that quantify changes in leaf thickness and density. Often, the high LMA associated
45 with thicker, denser leaves leads to greater proportions of structural tissue that results in a greater
46 construction cost but also longer leaf lifespan (Reich *et al.*, 1992; Poorter *et al.*, 2009). Because
47 of differences in light interception and proportions of photosynthetic tissues, high LMA leaves
48 also tend to have lower mass-based A_{sat} , leading to a high investment, slow-return economic
49 strategy, with the opposite being true for leaves with low LMA (Terashima & Hikosaka, 1995;
50 Reich *et al.*, 1998; Wright *et al.*, 2004; Terashima *et al.*, 2006). Of course, ROI is not directly
51 tied to these strategies as longer lifespan and faster payback of initial cost both have the potential
52 to lead to greater photosynthetic outputs.

53 While largely ignored, ontogenetic variation in leaf economic strategies is equal in
54 magnitude to that between species (Mason *et al.*, 2013; Hayes *et al.*, 2019; Funk *et al.*, 2020).
55 Shifts in leaf traits from those associated with quick-return to longer-return economic strategies
56 are consistently observed with increasing plant age. Further, trait-trait relationships (i.e. the
57 magnitude with which leaf lifespan increases in response to increasing LMA) are significantly
58 altered across plant development, akin to the alterations induced by environment (Niinemetts,
59 2004; Damián *et al.*, 2018; Liu *et al.*, 2019; Funk *et al.*, 2020). These shifts in leaf traits likely
60 have significant ecological impacts altering plant growth, resource acquisition, and
61 environmental interactions across its lifespan.

62 Plant ontogeny includes the juvenile-to-adult vegetative transition known as vegetative
63 phase change (VPC). VPC and its master regulator, microRNA156, have been conserved across
64 plant evolution (Axtell & Bowman, 2008). However, the functional significance of this
65 transition, and its impacts on fitness remains a major question in plant developmental biology.
66 As plants progress from the juvenile to adult vegetative phases, the variations in challenges and
67 resources available likely command distinct economic strategies. Previously, we showed that
68 VPC and miR156 modulates morphological and physiological traits central to carbon economics
69 (Lawrence *et al.*, 2020). Specifically, the changes in miR156 expression that drive VPC alter
70 SLA, leaf N and photosynthetic rates across species. miR156-mediated decreases in SLA
71 (equivalent to increases in LMA) between juvenile and adult phases are consistent with the shift
72 from quick to long-return economic strategies previously described. This suggests miR156 is a
73 regulator of ontogenetic changes in leaf carbon economics and that VPC, and the timing of this
74 developmental transition, has important implications for changes in resource use strategies
75 deployed across a plant's lifespan. As a genetically programmed transition, VPC may impact
76 plant fitness by allowing plants to shift between economic strategies as their physiological
77 demands change with age.

78 In this study we used wildtype and miR156 overexpressor mutants in three diverse
79 species, *Arabidopsis thaliana*, *Populus tremula x alba*, and *Zea mays*, to investigate how VPC---
80 which is driven by a decline in miR156 expression—is related to ontogenetic shifts in carbon
81 economic strategies. We demonstrate that the previously identified phase-specific changes in leaf
82 morphology and photosynthetic physiology lead to shifts from quick to slow-return economic
83 strategies, and further show that these strategies are likely to be adaptive under different light
84 environments. The evidence that ontogenetic changes in leaf carbon economics are under the
85 regulation of miR156 not only provides a molecular mechanism for this transition in leaf
86 physiology, but also provides an eco-physiological rationale for the existence of vegetative phase
87 change.

88

89 **Results**

90 *Construction cost is higher for adult than juvenile or juvenilized leaves*

91 The chemical composition of adult, juvenile and juvenilized leaves in three test species
92 was determined in order to understand how VPC contributes to leaf construction costs. By using

93 juvenilized leaves in miR156 overexpressor lines (those with a juvenile phenotype at leaf
94 positions that would normally be adult), we are able separate the effects of VPC from those
95 related to plant size or age. If a measured trait is developmentally phase-specific, juvenilized
96 leaves at “adult” nodes should be more similar to juvenile leaves than to adult leaves. Per gram
97 of leaf tissue, adult, juvenile and juvenilized leaves require the same amount of glucose ($p >$
98 0.05, Fig. **1A-B**) in *P. tremula x alba* and *A. thaliana*; thus the composition of leaves is similar
99 across development (Table 1). One exception to this similarity was the concentration of nitrate in
100 *A. thaliana* leaves, which was greater in developmentally juvenile leaves ($p < 0.05$). In *Z. mays*,
101 adult leaves have a greater construction cost per gram of tissue than juvenile and juvenilized
102 leaves due to phase-specific differences in carbon, nitrogen, and mineral concentrations ($p <$
103 0.05) (Fig. **1C**, Table 1).

104 At the whole leaf level, adult leaves of all three species cost significantly more ($p > 0.05$)
105 glucose to construct than their juvenile and juvenilized counter parts (Fig. **1D-F**). This phase-
106 specific pattern is observed even in *P. tremula x alba* and *A. thaliana* where there are no
107 differences in cost per gram of leaf tissue, due to the significantly greater area and mass of adult
108 leaves compared to both juvenile and juvenilized leaves ($p > 0.05$) (Table S1). Overall, we find
109 that regardless of differences in chemical composition, the effect of VPC on leaf size leads to
110 higher costs for adult compared to juvenile leaves.

111
112 *Leaf payback time becomes longer as plants transition from juvenile to adult, but the difference*
113 *in magnitude depends on light environment.*

114 Payback time, the amount of time it takes for a leaf to assimilate the carbon originally
115 invested in its construction, is greater for adult leaves than juvenile or juvenilized leaves across
116 all light levels for all three test species (Fig. **2A-C**). Interestingly, there is a significant
117 interaction between developmental phase and light ($p < 0.05$) in all three species as the
118 difference between developmental phases is greater as light decreases. Specifically, adult leaves
119 of *P. tremula x alba* have, respectively, 7.85 and 3.4 fold longer payback time than juvenile and
120 juvenilized leaves under low-light ($10 \mu\text{mol m}^{-2} \text{s}^{-1}$), but only 6.6 and 1.79 fold longer payback
121 time under high-light ($1000 \mu\text{mol m}^{-2} \text{s}^{-1}$). In *A. thaliana*, the payback time for adult leaves is,
122 respectively, 18.8 and 5.7 fold longer under low-light, and 9.4 and 3.16 fold longer under high-
123 light, than for juvenile and juvenilized leaves. Lastly, in *Z. mays*, adult leaves have, respectively,

124 8.13 and 11.64 fold longer payback time under low-light, and 6.3 and 12 fold longer payback
125 time under high-light than juvenile and juvenilized leaves. Because construction cost remains
126 constant across light levels in our modeled payback time, these differences are a result of
127 photosynthetic responses to light modeled using light response curves (Table S2). Similar
128 relationships between payback time and light are observed on a per gram basis for all three
129 species, although to a lesser extent (Fig. S1). As we saw with construction costs, the greater
130 similarity between juvenilized leaves with juvenile, as opposed to adult leaves, indicates
131 differences in miR156-mediated development, rather than plant size or age, is responsible for the
132 payback differences observed here.

133

134 *Leaf lifespan is longer for adult leaves than juvenile leaves*

135 To understand how phase-specific differences in leaf construction cost and payback time
136 impact the overall economic strategy of juvenile and adult leaves, we also measured the
137 photosynthetic lifespan of these leaves. Previously, we determined that SLA, which is closely
138 connected to lifespan, is a phase-specific trait, with adult leaves having lower SLA (or higher
139 LMA) compared to both juvenile and juvenilized leaves of all three test species (Table S1,
140 Lawrence *et al.*, 2020b). Across species, thicker, more dense adult leaves (low SLA) had
141 significantly longer ($p < 0.05$) lifespans than juvenile leaves (Fig. 2D-F). Lifespan differences
142 between juvenile and adult leaves ranged from 26 and 23 days in *P. tremula x alba* and *Z. mays*,
143 respectively, to 8 days in *A. thaliana*. Of note, the low-light payback time for adult *Z. mays*
144 leaves (which approaches 52 days) far exceeds the 34-day average lifespan of these leaves.

145

146 *Light environment alters the phase-specific relationship of leaf return on investment*

147 Despite higher construction cost and longer payback time, lifespan differences produce a
148 higher return on investment (ROI) for adult leaves than for juvenile leaves, across most light
149 environments (Fig. 2G-I). Adult leaves outperform juvenile leaves in high-light environments
150 ($1000 \mu\text{mol m}^2 \text{s}^{-1}$) with 14, 2.8 and 18 times more glucose returns for *P. tremula x alba*, *A.*
151 *thaliana* and *Z. mays* respectively. However, in low-light environments ($10 \mu\text{mol m}^2 \text{s}^{-1}$), adult
152 leaves experience net carbon loss with 4.3, 4.6 and 5.1 times fewer returns than juvenile leaves.
153 Furthermore, the ROI for juvenile leaves is less sensitive to light environment than is the case for
154 adult leaves. Juvenile leaves approach their maximum ROI at a PPFD around $10 \text{ mol m}^{-2} \text{ day}^{-1}$

155 whereas, with the exception of *A. thaliana*, which was grown under low-light conditions for this
156 experiment, the ROI for adult leaves continues to increase as PPFD increases, well past 40 mol
157 m⁻² day⁻¹. ROI per gram of tissue display similar patterns across light environments to leaf-based
158 measures in *P. tremula x alba* and *Z. mays*. However, in *A. thaliana*, juvenile tissue maintains a
159 higher ROI than adult tissue across all light environments (Fig. S1).

160

161 *Photosynthetic induction is faster in juvenile leaves than in adult leaves*

162 Because light levels continuously fluctuate throughout the day in forests and crop fields
163 (i.e. from the sun moving across the sky, leaves fluttering in the wind, etc.), modeling carbon
164 economics of *P. tremula x alba* and *Z. mays* under more realistic conditions required an analysis
165 of the rate of photosynthetic induction in juvenile and adult leaves. Upon exposure to saturating
166 light, juvenile leaves of both species more quickly reached higher photosynthetic rates and
167 induction states than adult leaves (Fig. 3). The relaxation times for Rubisco activation were not
168 significantly different ($p < 0.05$) between juvenile and adult leaves (Table S3), indicating that
169 developmental differences in induction occur prior to 1 min, during the ‘fast-phase’ of induction.

170 Alternatively, developmental differences in induction could be due to a combination of
171 traits, such as stomatal conductance and Calvin cycle intermediate accumulation, rather than
172 solely to the activation of Rubisco. In *P. tremula x alba*, differences in photosynthetic induction
173 are apparent by 1 min of high-light exposure, suggesting phase-specific differences in induction
174 are likely present before exposure to high-light, or during the first minute, when buildup of
175 intermediates in the Calvin cycle are most important. This is not the case for *Z. mays*, where
176 juvenile leaves reach a higher induction state than adult leaves during this ‘slow-phase’ period of
177 minutes 1-10 (Fig. 3D). These results suggest that while juvenile leaves of both species have
178 faster photosynthetic induction properties than their adult counter parts, the mechanisms behind
179 these differences may vary between species.

180

181 *Dynamic light models show phase-specific leaf economic relationships are more dependent on*
182 *daily light than number of sunflecks*

183 For both *P. tremula x alba* and *Z. mays*, the dynamics of light environment had a
184 significant effect ($p < 0.05$) on the relationship of payback time and ROI between juvenile and
185 adult leaves (Fig. 4A,C, Fig. 5A,C). Over 156 different light simulations, daily PPFD varied

186 between 18 and 32 mol m⁻² day⁻¹ while the number of sunflecks varied between 1 and 242
187 (figures of simulated light environments in Fig. S2). The carbon economic traits of adult leaves
188 were much more affected by PPF_D compared to juvenile leaves, as indicated by the smaller
189 slope of the negative relationship with payback time, and the larger slope of the positive
190 relationship with ROI for adult leaves of both species (Table S4). Similar trends are observed on
191 a per gram of tissue basis, although differences between juvenile and adult leaf payback time
192 across PPF_D are not significant ($p > 0.05$) for *P. tremula x alba* (Fig. S3, Table S4).

193 Surprisingly, there was no significant interaction between developmental phase and
194 number of sunflecks for payback time or ROI in *P. tremula x alba* (Fig. 4B,D)(Table S4). While
195 significant interactions ($p < 0.05$) were present for these relationships in *Z. mays*, the low R^2
196 values for both developmental phases and economic traits ($R^2 \leq 0.05$), indicate that sunflecks
197 have a minor effect on payback time and ROI (Table S4). There were no significant differences
198 in the way juvenile and adult tissue responded to sunflecks on a per gram basis, and any
199 significant relationships between payback time or ROI and sunflecks for either developmental
200 stage was minor ($R^2 \leq 0.05$) (Fig. S3, S4, Table S4).

201 Despite there being no meaningful relationship between carbon economics and number of
202 sunflecks, lags in photosynthetic response to light fluctuations due to the rate of induction
203 resulted in assimilation loss for both developmental phases in both species. As the number of
204 sunflecks increased and plants were exposed to more rapid changes in light, the assimilation lost
205 due to a lag in induction also increased (Fig. 6). In both species, the faster induction rate in
206 juvenile leaves resulted in lower assimilation losses compared to adult leaves ($p < 0.05$).
207 Nevertheless, the impact of these losses on carbon economics in these simulated environments is
208 minimal compared to the effect of overall changes in PPF_D.

209

210 Discussion

211 Vegetative phase change alters plant economic strategies through miR156-mediated
212 changes in leaf morphology and physiology. Juvenile leaves— which have high levels of
213 miR156— use a low-cost, quick-return economic strategy, whereas adult leaves— which have
214 low levels of miR156— use a high-cost, slow-return strategy. The adult strategy carries more
215 risk than the juvenile strategy, but has the potential to provide high ROI (Fig. 7). This
216 developmental shift in strategy is brought about by the same traits that govern leaf economics

217 across species and environments in the LES, namely leaf lifespan and LMA (Wright *et al.*,
218 2004). Across species, adult leaves have high LMA and long lifespan while juvenile leaves have
219 low LMA and shorter lifespan (Fig. **2D-F**, Table S1). In *Z. mays*, leaf N and the photosynthetic
220 rates of juvenile and adult leaves follow the established trait relationships within the LES as the
221 low LMA juvenile leaves also have higher mass-based measures of N and A_{sat} compared to adult
222 leaves (Table 1, Lawrence *et al.*, 2020b). As previously reported, trait-trait relationships of the
223 LES are not always conserved at smaller than global scales (Edwards *et al.*, 2014; Mason &
224 Donovan, 2015b; Anderegg *et al.*, 2018). We find this to be the case for developmental changes
225 in leaf N and A_{sat} in *P. tremula x alba* and *A. thaliana*, as these leaves have no significant
226 differences in mass-based measures of N and A_{sat} despite their differences in LMA. It is unclear
227 why the expected negative relationships between LMA and leaf N or A_{sat} are lacking, as LMA
228 increases during VPC in these species. However, previous work found no phase-specific changes
229 in photosynthetic nitrogen use efficiency (PNUE) (Lawrence *et al.*, 2020), indicating adult leaves
230 somehow compensate for the structural changes that often reduce PNUE in high LMA leaves,
231 potentially through their increased stomatal density which could reduce resistance to CO_2
232 diffusion (Hikosaka, 2004; Feng *et al.*, 2016; Lawrence *et al.*, 2021).

233 These developmentally programmed changes in leaf carbon economic strategy are likely
234 to have ecological implications because plants face different biotic and abiotic challenges during
235 their lifetime. For example, juvenile leaves, which have a photosynthetic advantage over adult
236 leaves under low-light (Lawrence *et al.*, 2020), are more likely to be found in low, highly
237 dynamic, light environments because young plants are often shaded by their neighbors, and
238 quickly self-shade due to their relatively rapid rate of leaf production (Wang *et al.*, 2008). Here
239 we find that the economic strategy of juvenile leaves further adds to this low-light advantage as
240 these leaves are able to maintain a positive carbon balance even at very low light levels (Fig. **2**,
241 **7**). The payback time of adult leaves dramatically increases under low-light, greatly reducing
242 ROI and, in some cases, exceeds the lifespan of a leaf, resulting in net carbon loss. On the other
243 hand, the magnitude with which adult ROI exceeds that of juvenile leaves increases significantly
244 with increasing irradiance (Fig. **2**). Overall, the economic strategy of juvenile leaves appears to
245 be less sensitive to light environment, making it a low-risk, low-reward strategy that is likely
246 beneficial for a young plant with minimal carbon reserves. Although the high-cost strategy of

247 adult leaves incurs greater risk because of long-term environmental variability, the high-reward
248 potential of this strategy may outweigh this risk.

249 Surprisingly, the ability of juvenile leaves to respond more quickly to sunflecks than
250 adult leaves had little effect on the carbon economic relationships between these leaves in our
251 dynamic light models (Fig. 4,5). In our simulated environments, we held the total time leaves
252 were exposed to sunflecks relatively constant but allowed the number of sunflecks to vary
253 dramatically. As a result, there was no correlation between the number of sunflecks and daily
254 integrated PPFD. It may be that developmental differences in induction rate have a greater
255 influence on carbon economic relationships when sunflecks play a large role in determining daily
256 PPFD, such as in a rainforest understory where sunflecks can account for 52% of daily light
257 (Chazdon & Pearcy, 1991).

258 The developmental differences in carbon economics described here indicate that
259 genotypic variation in miR156 expression, and subsequently the timing of VPC, could have
260 significant consequences for plant ecology and evolution. Among other things, leaf economic
261 strategies alter plant growth and survival in response to nutrient and water availability,
262 herbivory, competition and light environment (Coley, 1988; Poorter *et al.*, 2006; Reich, 2014;
263 Mason & Donovan, 2015a; Russo & Kitajima, 2016; Adams *et al.*, 2020). That the
264 developmentally regulated changes in leaf economic strategy are conserved among juvenile and
265 adult leaves of three phylogenetically diverse species, and that this strategy confers the ability to
266 respond to changes in environmental factors, suggests these ontogenetic changes in carbon
267 economics are widely advantageous. A better understanding of natural variation in the timing of
268 VPC, and the function of this process in plant physiology and response to environmental
269 stressors, is crucial for determining the role of this developmental transition in plant ecology and
270 evolution.

271

272 **Materials and Methods**

273 *Plant Material*

274 *Populus tremula x alba* line 717-1B4 and miR156 overexpressor line 40 described in
275 Lawrence *et al.*, (2021) were obtained by *in vitro* propagation and hardened on propagation
276 media as described in Meilan & Ma (2006). Plants were then transplanted to Fafard-2 growing
277 mix (Sun Gro Horticulture, Massachusetts, USA) in 0.3-L pots in the greenhouse at the

278 University of Pennsylvania (39.9493°N, 75.1995°W, 22.38 m a.s.l.) and kept in plastic bags for
279 increased humidity for 2 weeks. Plants were transferred to 4.2-L pots with Fafard-52 growing
280 mix 3 weeks later and fertilized with Osmocote 14-14-14 (The Scotts Company, Marysville, OH,
281 USA). Plants were additionally fertilized once a week with Peters 20-10-20 (ICL Fertilizers,
282 Dublin, OH, USA). Greenhouse conditions consisted of a 16-hr photoperiod with temperatures
283 between 22 and 27°C. Light levels were based on natural light and supplemented with 400-W
284 metal halide lamps (P.L. Light Systems, Ontario, Canada) with daily irradiances between 300 to
285 1,500 $\mu\text{mol m}^{-2} \text{s}^{-1}$ across the day. All settings controlled by Priva (Ontario, Canada) and
286 Microgrow (Temecula, Canada) greenhouse systems.

287 *Z. mays* seeds with the *Corngrass 1 (Cg1)* mutation (stock 310D)—which consists of a
288 tandem duplication of miR156b/c primary sequences described in Chuck et al. (2007)— and the
289 W22 inbred line were obtained from the Maize Genetics Cooperation Stock Center (Urbana, IL,
290 USA). Plants heterozygous for *Cg1* were crossed to W22 to produce the *Cg1/+ and +/+* siblings
291 used in this study. Seeds were planted in 9.09-L pots with Fafard-52 growing mix and fertilized
292 with Osmocote 14-14-14 in the greenhouse under growing conditions described above.

293 *A. thaliana* (Col) and the 35S:miR156 overexpressor line described in Wu & Poethig
294 (2006) were planted in 0.06-L pots with Fafard-2 growing mix. Beneficial nematodes
295 (*Steinernema feltiae*, BioLogic, Willow Hill, PA), Marathon[→] 1% granular insecticide and
296 diatomaceous earth were added to the growing mix to control insects. Planted seeds were placed
297 at 4°C for 3 days before being grown at 22°C in Conviron growth chambers (Pembina, ND,
298 USA) under short days (10 hrs. light/14 hrs. dark) at 60 $\mu\text{mol m}^{-2} \text{s}^{-1}$ light to obtain leaves large
299 enough to fit in the gas exchange chamber. Plants were fertilized with Peters 20-10-20 every
300 other week.

301 Individuals from genotypes of all species were positioned in a randomized fashion and
302 rotated frequently. Planting was staggered across two, three and five months for *Arabidopsis*, *P.*
303 *tremula x alba* and *Z. mays* respectively.

304 305 *Leaf samples*

306 All samples were taken from the uppermost fully expanded leaf. For all three species,
307 naturally juvenile and adult leaves in wild-type lines and “juvenilized” leaves, those in miR156
308 overexpressor lines with a juvenile phenotype at leaf positions that would normally be adult,

309 were sampled. In *P. tremula x alba*, developmental stage was determined by petiole shape and
310 abaxial trichome density as described in Lawrence *et al.*, (2021). Juvenile leaves were sampled
311 from wild-type node 10 and adult from node 25, and juvenilized leaves were sampled from
312 overexpressor node 25. In *Z. mays*, developmental stage was determined by the presence or
313 absence of epicuticular wax and trichomes as described in Poethig (1988). Juvenile leaves were
314 sampled from node 4 and adult from node 11 in wildtype plants, and juvenilized leaves sampled
315 from node 4 in *Cgl* mutants. In *A. thaliana*, developmental stage was determined by the presence
316 or absence of abaxial trichomes. Juvenile leaves were sampled from node 5 for physiological and
317 morphological measurements and nodes 2-5 for construction cost measures, and adult and
318 juvenilized from node 10 and 10-15 in wildtype and miR156 overexpressors, respectively.

319

320 *Leaf Construction Cost Determination*

321 Area of fresh leaf samples was determined from photographs using FIJI software
322 (Schindelin *et al.*, 2012). Samples were then dried at 60°C until consistent mass, ground using a
323 Willey Mill until small enough to pass through a 2 mm grinding mesh, and then ground further
324 using a mortar and pestle. Each *Z. mays* sample consisted of ~100 mg tissue from one leaf, *P.*
325 *tremula x alba* samples consisted of ~100-120 mg tissue from between 1 and 4 leaves, and *A.*
326 *thaliana* samples consisted of ~60-80 mg tissue from around 60 leaves. Chemical composition
327 analysis was performed as described in Cataldo *et al.*, (1975), Poorter, (1994), and Poorter &
328 Villar, (1997).

329 1 mg from each sample was used to determine C and N using an ECS 4010 CHNSO
330 Analyzer (Costech Analytical Technologies INC, Valencia, CA, USA).

331 For nitrate determination, 20 mg of sample was added to 2 ml 80°C water for 20 mins for
332 nitrate extraction. Samples were centrifuged at 5000 rcf for 15 mins. 0.2 ml of supernatant was
333 mixed with 0.8 ml of 5% (w/v) salicylic acid in H₂SO₄ and incubated at room temperature for 20
334 mins. Following incubation, 19 ml of 2N NaOH was added to samples. Absorbance of 410 nm
335 was determined for 0.2 ml aliquots of each sample and NO₃⁻-N standards of 1 to 200 µg, used to
336 create a standard curve.

337 The remaining tissue was weighed and used for mineral determination. Samples were
338 ashed at 550°C in a muffle furnace for 6 hrs and weighed again. Ash alkalinity was determined
339 in duplicate for each sample to measure CO₃²⁻ that formed when oxides from the plant tissue

340 reacted with CO₂ upon cooling. 4 mg of ash was mixed in 5 mL of deionized H₂O and 2-3 drops
341 of 0.5% phenolphthalein were added. The solution was titrated with 0.5N HCl until the pink
342 indicator color disappeared. An additional volume of HCl, equal to that needed for titration plus
343 an additional 2 mL, was added to the sample. The solution was then boiled for 5 mins, cooled to
344 room temperature and an additional 2-3 drops of phenolphthalein were added. Samples were then
345 back titrated with 0.5N NaOH until a faint pink color persisted. The average alkalinity from the
346 two replicates of each sample was used in calculations.

347 All equations for calculations are presented in the appendix. Ash alkalinity was
348 calculated using equation (1.1), mineral content equation (1.2), and construction cost of leaf
349 tissue in grams of glucose using equation (1.3). Tissue mass lost in this process was assumed to
350 have the same chemical composition as that recovered.

351

352 *Photosynthetic Measurements*

353 All gas exchange measurements were made using a Li-6400 portable photosynthesis
354 machine (Li-Cor Environmental, Lincoln, NE, USA) at a leaf temperature of 25°C following
355 acclimatization to starting chamber conditions. Light response curves were performed in all three
356 species at a reference [CO₂] of 400 ppm using a minimum wait time of 2 mins between light
357 level changes and data logging. Net photosynthetic rate (A_{net}) in *A. thaliana* was measured at
358 light levels of 1000, 800, 600, 300, 200, 150, 100, 75, 50, 25, 0 $\mu\text{mol m}^{-2} \text{s}^{-1}$ at a flow rate of 300
359 $\mu\text{mol air sec}^{-1}$, in *Zea mays* at light levels of 1800, 1500, 1200, 1000, 800, 600, 300, 200, 150,
360 100, 75, 50, 25, 0 $\mu\text{mol m}^{-2} \text{s}^{-1}$ at a flow rate of 400 $\mu\text{mol air sec}^{-1}$, and *P. tremula x alba* at light
361 levels of 1500, 1200, 1000, 800, 600, 300, 200, 150, 100, 75, 50, 25, 10 and 0 $\mu\text{mol m}^{-2} \text{s}^{-1}$ at a
362 flow rate of 400 $\mu\text{mol air sec}^{-1}$. Light response curves were analyzed using the {AQ Curve
363 fitting} script in R (Tomeo, 2019) which uses equations based on a standard non-rectangular
364 hyperbola model fit described in Lobo et al. (2013) and found in the appendix as equation (2.1).

365 Photosynthetic induction was measured on leaves exposed to light levels less than 20
366 $\mu\text{mol m}^{-2} \text{s}^{-1}$ for a minimum of 20 mins. Induction was measured by logging every 10 seconds as
367 leaves were exposed to 20 $\mu\text{mol m}^{-2} \text{s}^{-1}$ of light for 2 mins and then shifted to saturating light,
368 1800 $\mu\text{mol m}^{-2} \text{s}^{-1}$ for *P. tremula x alba* and *Z. mays* or 1000 $\mu\text{mol m}^{-2} \text{s}^{-1}$ for *A. thaliana*, for 20
369 mins.

370

371 *Carbon Economics Calculations*

372 All equations for calculations are described in Poorter, (1994) and Poorter *et al.*, (2006)
373 and presented in the appendix. Assimilation and respiration rates were converted from $\mu\text{mol CO}_2$
374 m^{-2} to grams of glucose per gram of tissue using equation (3.1). Specific leaf area (SLA) used in
375 this equation was calculated by dividing the fresh leaf area by its dry weight. Payback time, the
376 time in days required for leaves to assimilate the equivalent glucose needed to construct it, was
377 determined using equation (4.1). Return on investment (ROI) was calculated using equation
378 (4.2). Leaf lifespan represents the photosynthetic lifespan measured as the time between full
379 expansion and senescence, determined by the first signs of discoloration. Payback time and ROI
380 calculations were based on days with 12 hr day/night cycles. Assimilation was modeled using
381 equation (2.1) with the light response curve parameters previously determined. Respiration (R_d)
382 used in these equations was estimated as 7% A_{sat} to minimize measurement errors that may arise
383 when measuring low gas exchange rates with portable photosynthesis machines as suggested in
384 Poorter *et al.*, (2006). For calculations of payback time and ROI in constant light environments,
385 integrated daily photon flux density (PPFD) was calculated using equation (5.1).

386

387 *Dynamic Light Environment Model*

388 All parts of the dynamic light environment model were written in R (R Core Team, 2018)
389 and provided as RMarkdown files in the supplement of this manuscript. All equations used are
390 provided in the appendix.

391 Part 1 of the model determines light levels across the day based on Campbell & Norman,
392 (1998), Zhu *et al.*, (2004) and Salter *et al.*, (2019). Solar declination angle (eq. 6.1), hour angle
393 (eq. 6.2), and solar elevation angle (eq. 6.3) were calculated using a latitude of Philadelphia, PA,
394 USA (39.95°N or 0.697 rads) and Julian day of 180. Direct and diffuse light were calculated
395 using equations (6.4) and (6.5) respectively. Solar constant was assumed to be $2600 \mu\text{mol m}^{-2} \text{s}^{-1}$
396 and atmospheric transmissivity 0.75. Light levels during sun and shade flecks were determined
397 using equations (6.6) and (6.7) respectively. Leaf area index (LAI) varied between 0.5 and 8 for
398 each simulation and are reported in Table S5.

399 Part 2 of the model determines when light switches between sun and shadeflecks using
400 equations (7.1) and (7.2) described in Salter *et al.*, (2019). Day light began at 6:00 and ended at

401 18:00 with simulations set to begin with a sunfleck. Initial sunfleck lengths varied between
402 simulations and are reported Table S5.

403 Part 3 of the model determines assimilation across the day using variables from the light
404 response curves and photosynthetic induction measurements based on Woodrow & Mott, (1989),
405 Mott & Woodrow, (2000), and Taylor & Long, (2017). To determine tau, which describes
406 Rubisco kinetics for photosynthetic induction, A_{sat} and instantaneous net photosynthetic rate
407 (A_{net}) during induction were corrected for changes in intercellular $[\text{CO}_2]$ (C_i) using equations
408 (8.1) and (8.2) respectively. C_i corrected measures of A_{sat} are referred to as A_f^* and A_{net} as A^* .
409 Tau during increases in light was then calculated as the inverse of the linear slope of $\ln(A_f^* - A^*)$
410 vs Time for minutes 1-10 of induction upon exposure to high-light (eq. 8.3). The initial minute of
411 induction, often referred to as the ‘fast phase’, was excluded from our model because 1)
412 increases in A_{net} during this phase are primarily governed by increases in the pool of RuBP and
413 therefore, Rubisco kinetics cannot accurately be estimated using gas exchange, and 2) at times
414 greater than 1 min, which is the resolution of our model, the contribution of this phase to A_{net} is
415 negligible and can be excluded (Woodrow & Mott, 1989). At times greater than 10 mins, most
416 changes in A_{net} are governed by stomatal opening, and therefore A^* shows little change
417 (Woodrow & Mott, 1989). Tau during decreases in light describes the deactivation of Rubisco.
418 Because A_{net} decreases more quickly than Rubisco deactivation when light levels are reduced,
419 tau during deactivation is difficult to estimate using gas exchange. Woodrow & Mott, (1989)
420 showed that when measured biochemically, tau during deactivation was roughly 5x tau during
421 induction, we therefore estimated our values in this way. Induction state, representing the percent
422 of A_{sat} instantaneous assimilation is at during induction was calculated by equation (8.4).

423 A_{net} throughout the day required the calculation of the potential maximum assimilation
424 rate (A_f , eq. 9.1) and initial assimilation rate prior to induction (A_i , eq. 9.2) for each 1 min
425 interval as described in Woodrow & Mott, (1989) and Taylor & Long, (2017). Tau, A_f and A_i
426 were then used in equation (9.3), as described in Mott & Woodrow, (2000), to calculate A_{net} for
427 each time point. Integrated assimilation (A_{int}) across each modeled 1 min interval was calculated
428 by equation (9.4). To estimate the loss in assimilation due to lags in the response of
429 photosynthesis to light, A_{int} with a square response to each change in light was calculated by
430 setting tau equal to 0 in equation (9.4). Subtracting A_{int} with induction responses (tau = slope of

431 $\ln(A_f^* - A^*)$ vs Time) from A_{int} with immediate square responses to light ($\tau = 0$) provides the
432 loss in assimilation due to Rubisco activation.

433 Part 4 of the model uses the same equations described above to calculate payback time
434 and ROI for each simulation. For all modeled calculations, median values for each species and
435 developmental stage were used for assimilation variables and mean values for construction cost
436 and leaf trait variables.

437

438 *Statistical Analysis*

439 All statistical analyses were performed in JMP[®] Pro v. 14.0.0 (SAS Institute Inc., Cary,
440 NC). Leaf composition, leaf morphology, construction cost, and light response curve parameters
441 between adult, juvenile and juvenilized leaves of each species were compared by one-way
442 ANOVA, where developmental stage was the main effect. When ANOVA results were
443 significant ($p < 0.05$), a Student's t test was performed to determine differences between
444 developmental groups. Traits were considered to be affected by developmental phase when adult
445 leaves were significantly different from both juvenile and juvenilized leaves with the same trend.
446 Light induction parameters and leaf lifespan of juvenile and adult leaves of each species were
447 compared using a Student's t test and considered significantly different when $p < 0.05$. Payback
448 time, ROI, photosynthetic rate during induction, induction state, and lost assimilation due to slow
449 induction for each species were compared by ANCOVA with developmental stage as the
450 covariate and considered significantly different when $p < 0.05$.

451

452

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459

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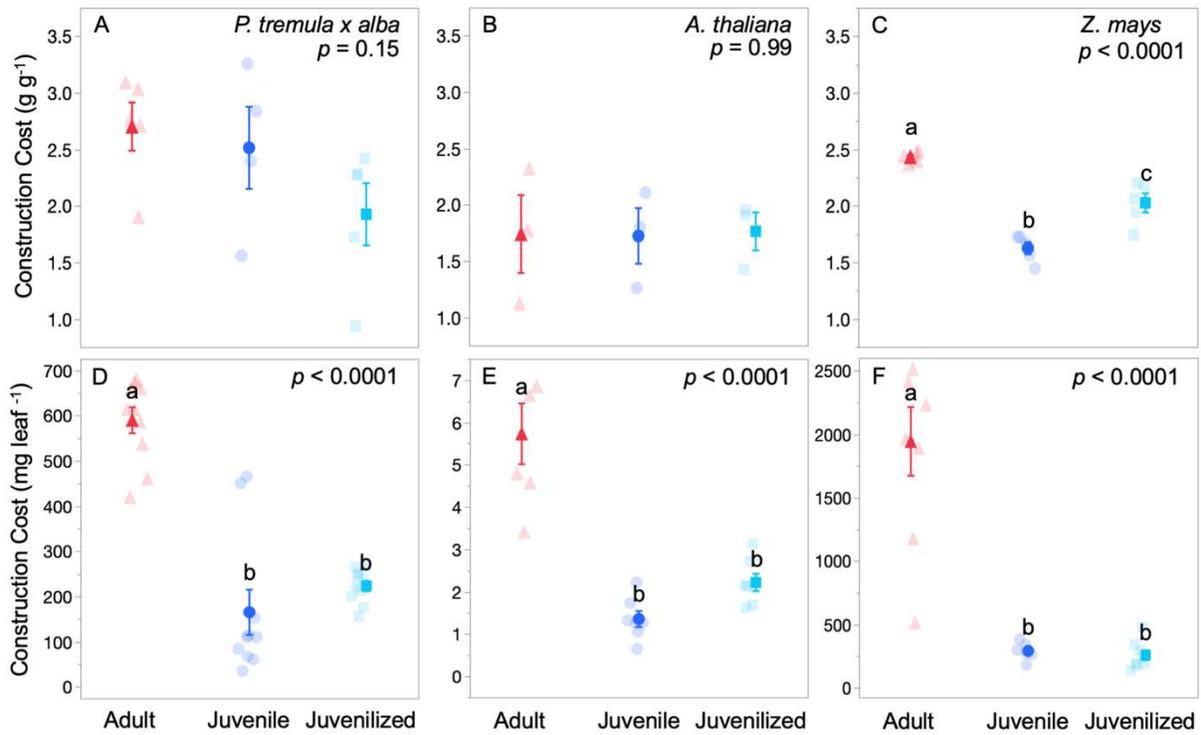
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575 **Table 1.** Leaf composition of adult, juvenile and juvenilized leaves of *P. tremula x alba*, *A*
 576 *thaliana* and *Z. mays*. Values indicate the mean \pm standard error. For traits where ANOVA
 577 results were significant ($p < 0.05$), lower case letters indicate significant ($p < 0.05$) differences
 578 between developmental groups determined by a Student's *t* test.

Species	Development	Carbon (mg g ⁻¹)	Nitrogen (mg g ⁻¹)	Nitrate (mg g ⁻¹)	Mineral (mg g ⁻¹)	n
<i>P. tremula x alba</i>	Adult	793.96 \pm 29.96	37.06 \pm 2.24	0.14 \pm 0.03 ^b	168.97 \pm 30.86 ^b	5
	Juvenile	730.22 \pm 69.20	63.22 \pm 11.25	0.31 \pm 0.10 ^a	206.56 \pm 59.56 ^b	4
	Juvenilized	618.49 \pm 72.95	72.92 \pm 17.19	0.21 \pm 0.04 ^b	308.58 \pm 59.60 ^a	5
<i>A. thaliana</i>	Adult	547.87 \pm 72.32	106.03 \pm 28.01	2.10 \pm 0.39 ^b	346.1 \pm 69.95	3
	Juvenile	564.59 \pm 10.70	98.11 \pm 27.55	2.58 \pm 0.24 ^a	337.29 \pm 37.08	3
	Juvenilized	536.19 \pm 22.86	123.82 \pm 7.97	2.46 \pm 0.21 ^a	339.98 \pm 30.77	3
<i>Z. mays</i>	Adult	772.74 \pm 5.21 ^a	24.73 \pm 3.43 ^b	0.09 \pm 0.01 ^b	202.52 \pm 3.26 ^c	5
	Juvenile	620.09 \pm 5.69 ^b	42.86 \pm 4.82 ^a	0.30 \pm 0.04 ^a	337.05 \pm 8.44 ^a	5
	Juvenilized	687.2 \pm 14.14 ^c	43.77 \pm 1.33 ^a	0.17 \pm 0.02 ^b	269.03 \pm 14.00 ^b	5

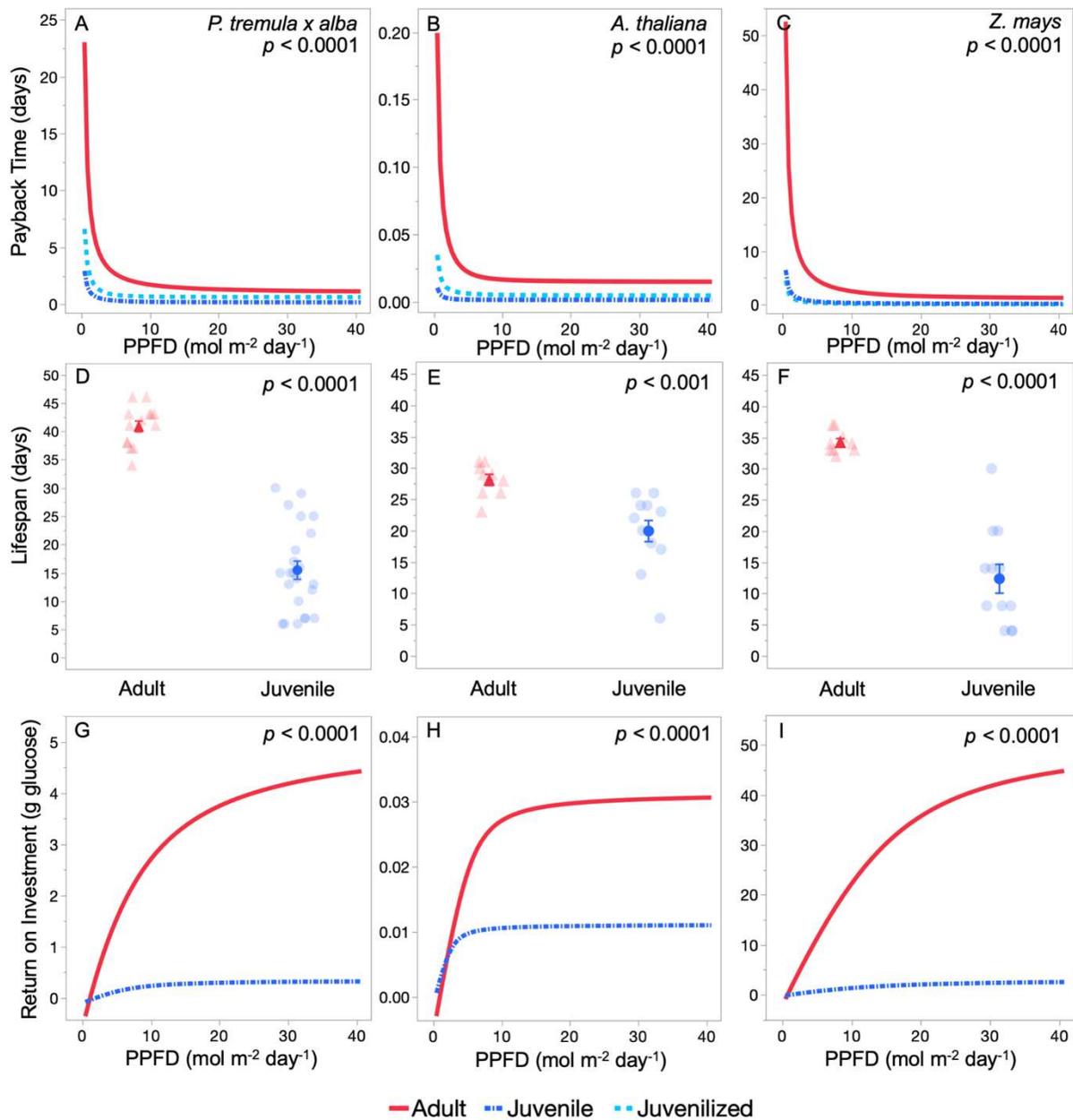
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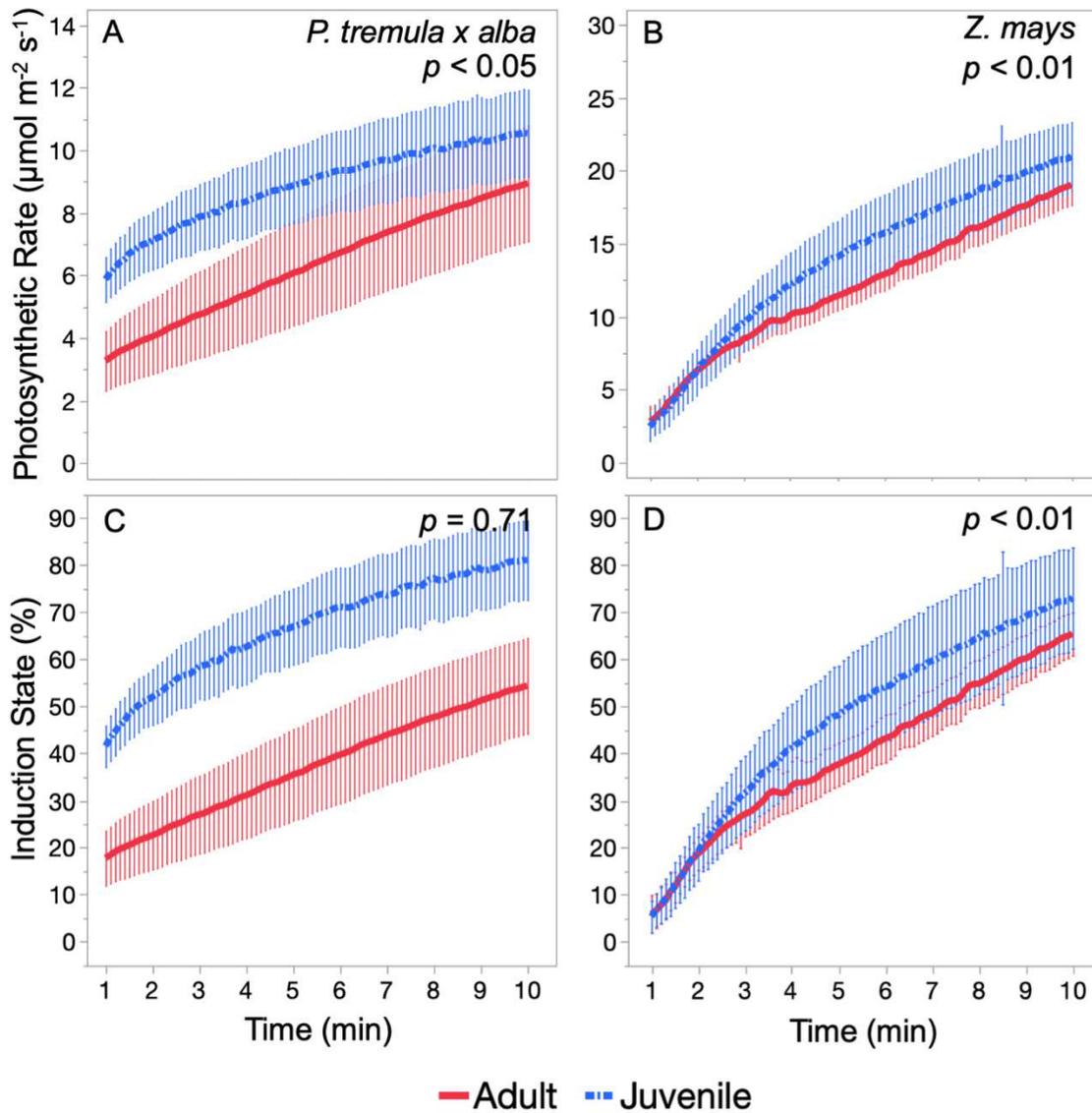
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Figure 1. Construction cost in grams of glucose per gram of leaf tissue (A-C) or per leaf (D-F) for adult (red triangles), Juvenile (blue circles), and juvenilized (light blue squares) leaves of *P. tremula x alba* (A, D), *A. thaliana* (B, E), and *Z. mays* (C-F). Data presented as means \pm s.e.m. by solid symbols and individual replicates by transparent symbols. *P*-values determined by one-way *ANOVA* with leaf development as the effect. Different lower-case letters represent groups significantly different from each other as determined by Student's *T*.

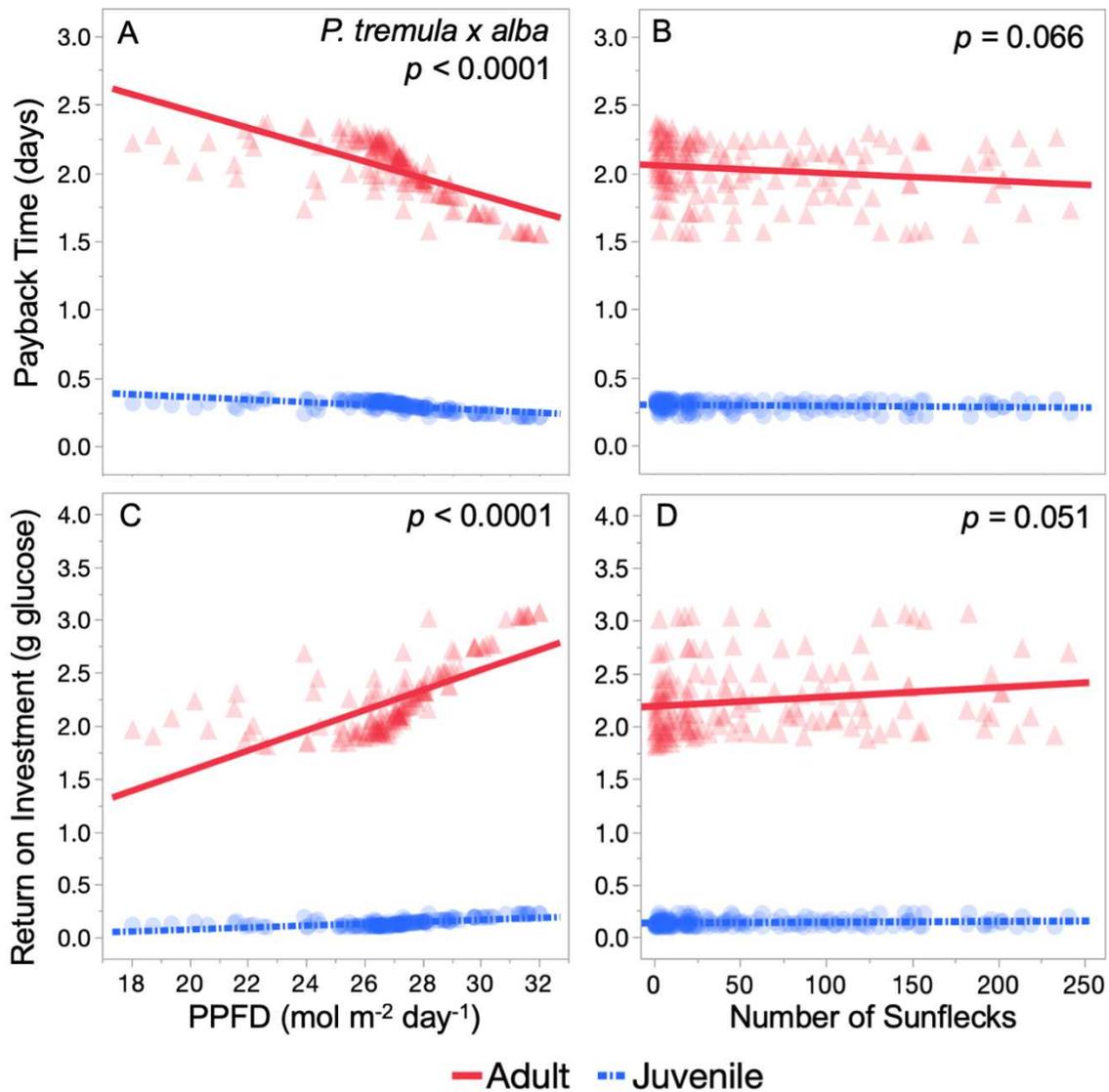


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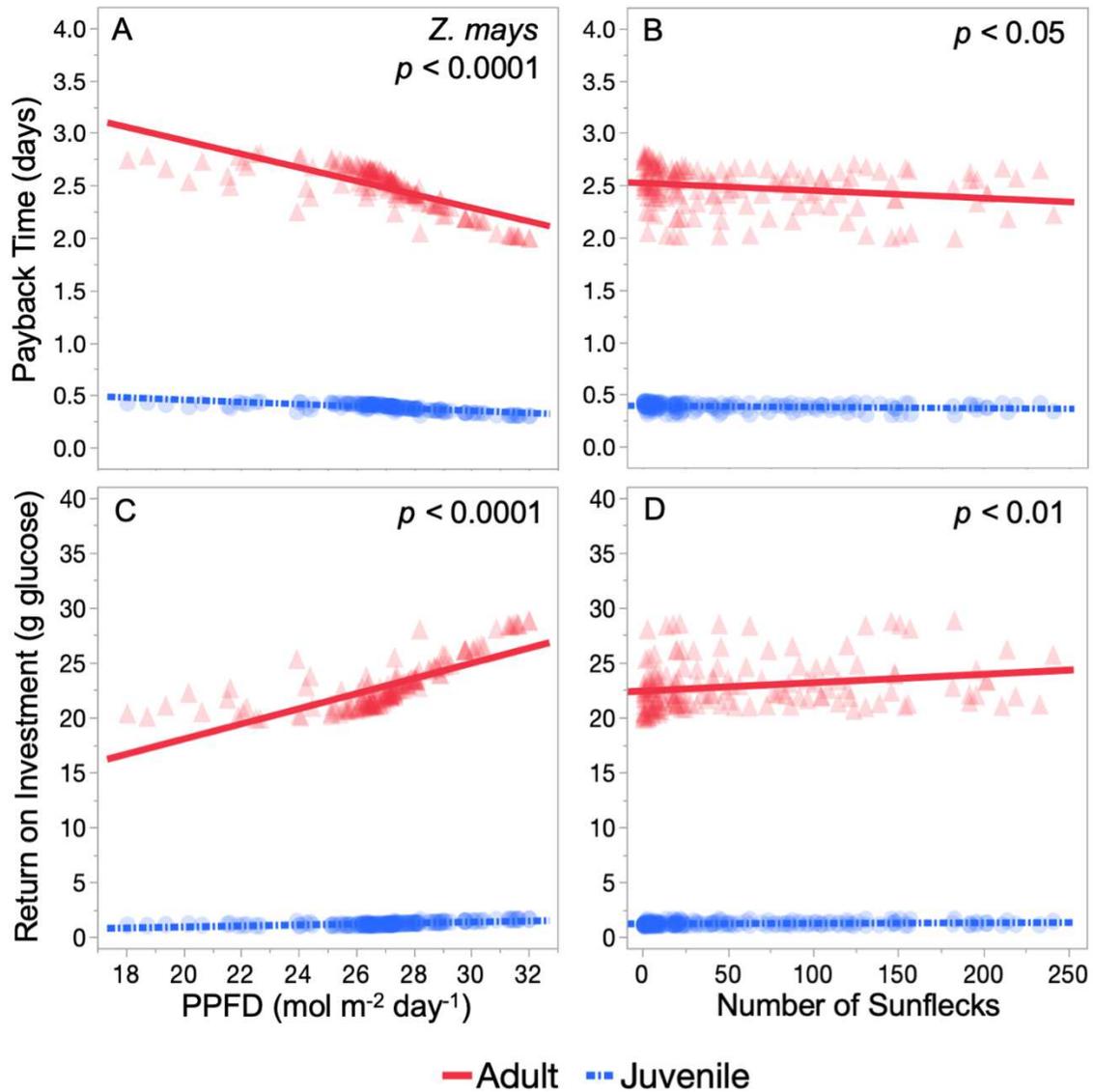
Figure 2. Payback time per leaf (A-C), leaf lifespan (D-F) and return on investment (ROI) per leaf in grams of glucose (G-I) for adult (red triangles and solid lines), juvenile (blue circles and dash-dotted lines), and juvenalized (light blue squares and dashed lines) leaves of *P. tremula x alba* (A, D, G), *A. thaliana* (B, E, H), and *Z. mays* (C, F, I). Payback time and ROI are modeled using photosynthetic light response parameters and 12-hour light periods with constant PAR levels between 10 and 940 $\mu\text{mol m}^{-2} \text{s}^{-1}$ and are plotted against the resulting daily integrated photosynthetic photon flux density (PPFD). Leaf lifespan data presented as means \pm s.e.m. by solid symbols and individual replicates by transparent symbols. *P*-values determined by *ANCOVA* (A-C, G-I) or Student's *T* (D-F).



601
 602 **Figure 3.** Photosynthetic rate and photosynthetic induction state during minutes 1-10 of
 603 exposure to saturating light for adult (solid, red) and juvenile (dash-dotted, blue) leaves of *P.*
 604 *tremula x alba* (A, C) and *Z. mays* (B, D). Data presented as the mean \pm s.e.m. *P*-values
 605 determined by ANCOVA.
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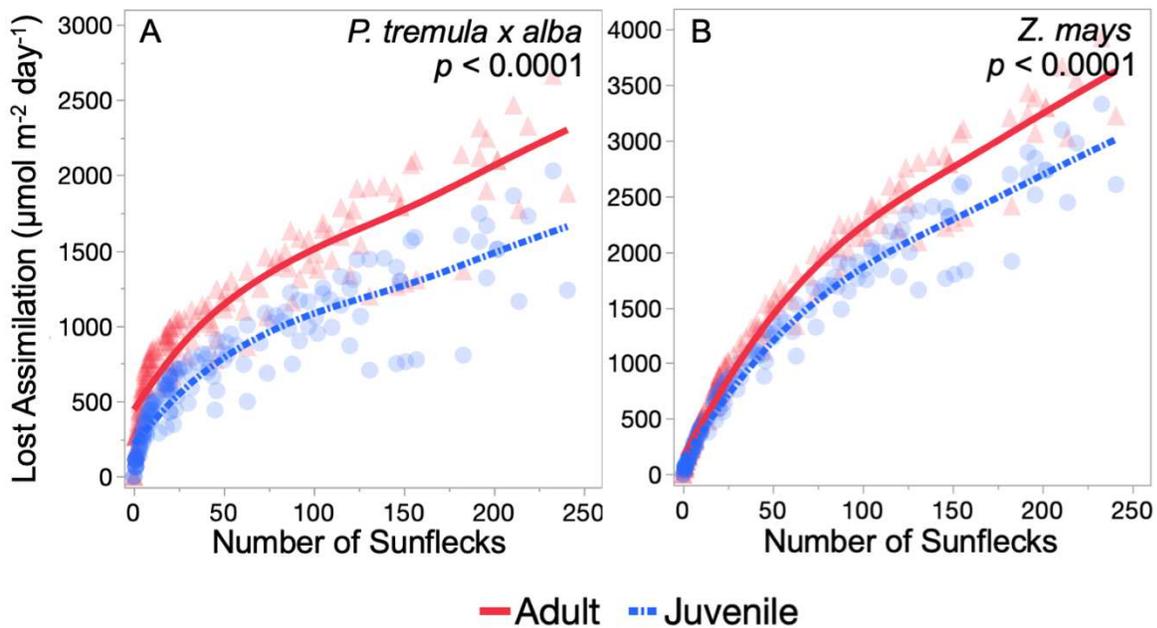


607
 608 **Figure 4.** Leaf payback time (A-B) and return on investment (C-D) for adult (red triangles and
 609 solid lines) and juvenile (blue circles and dash-dotted lines) leaves from simulated dynamic light
 610 environments in *P. tremula x alba* plotted against daily integrated PPFD (A, C) and number of
 611 sunflecks across the day (B, D). Data presented as individual replicates by transparent symbols
 612 and linear line of best-fit. *P*-values determined by *ANCOVA*.
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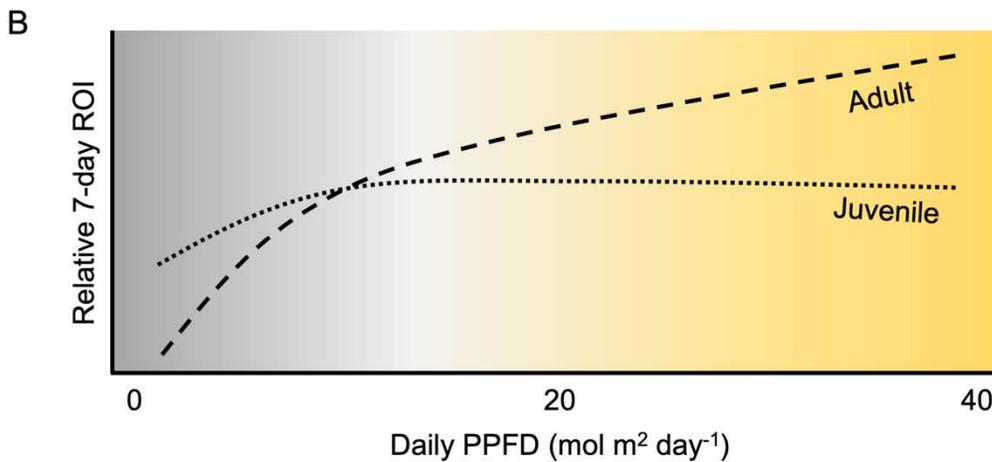
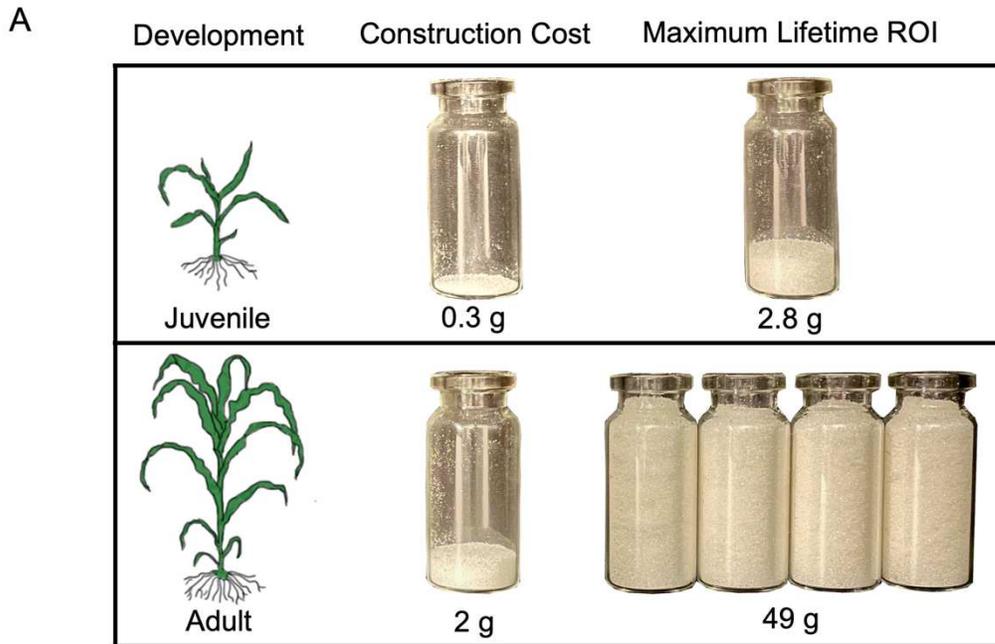


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Figure 5. Leaf payback time (A-B) and return on investment (C-D) for adult (red triangles and solid lines) and juvenile (blue circles and dash-dotted lines) leaves from simulated dynamic light environments in *Z. mays* plotted against daily integrated PPFD (A, C) and number of sunflecks across the day (B, D). Data presented as individual replicates by transparent symbols and linear line of best-fit. *P*-values determined by *ANCOVA*.



622
 623 **Figure 6.** Lost assimilation due to slow photosynthetic induction in simulated dynamic light
 624 environments for adult (red triangles and solid line) and juvenile (blue circles and dash-dotted
 625 line) in *P. tremula x alba* (A) or *Z. mays* (B) plotted against number of sunflecks across the day.
 626 Data presented as individual replicates by transparent symbols and smoothed mean line. *P*-values
 627 determined by *ANCOVA*.
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Figure 7. Juvenile leaves have a low-cost, low-return carbon economic strategy best suited for low-light environments while adult leaves have a high-cost, high-return strategy better suited for high light environments. Visual representations of the differences in construction cost and maximum lifetime return on investment (ROI), in grams of sugar, between juvenile and adult leaves of *Z. mays* (A). Maximum lifetime ROI was calculated using leaves photosynthesizing at light saturated photosynthetic rates for 12 hours a day during their full lifespan. Panel B shows the relative 7-day ROI for juvenile and adult leaves of *Z. mays* across light environments, depicting the advantage for the juvenile strategy in low-light ($<10 \text{ mol m}^2 \text{ day}^{-1}$) and adult leaves in high-light environments.

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644 **Supplemental Tables**

645

646 **Table S1.** Leaf morphological traits

647 **Table S2.** Light response curve parameters

648 **Table S3.** Light induction parameters

649 **Table S4.** Linear relationships for carbon economic traits in simulated dynamic light

650 environments

651 **Table S5.** Inputs for each dynamic light simulation

652

653 **Supplemental Figures**

654

655 **Figure S1.** Per-gram leaf tissue payback time and return on investment relationships with daily

656 light

657 **Figure S2.** Dynamic light environment simulations

658 **Figure S3.** Per-gram leaf tissue payback time and return on investment for *P. tremula x alba*

659 from simulated dynamic light environments

660 **Figure S4.** Per-gram leaf tissue payback time and return on investment for *Z. mays* from

661 simulated dynamic light environments

Figures

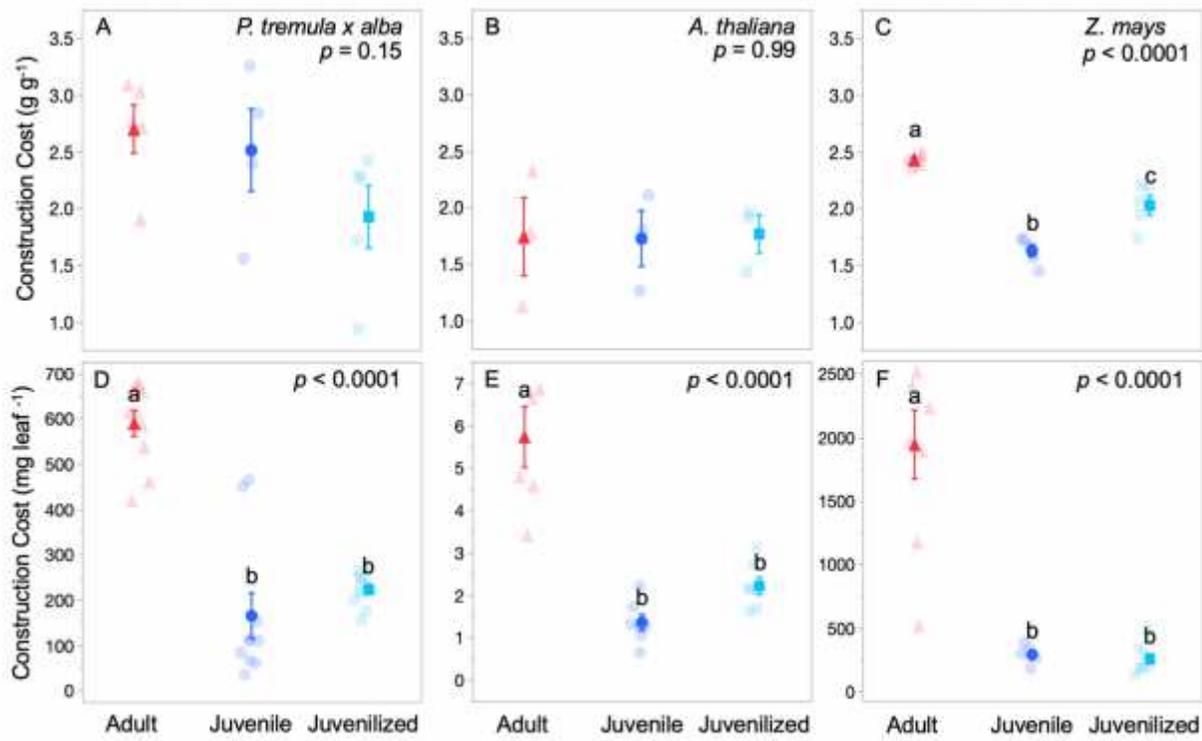


Figure 1

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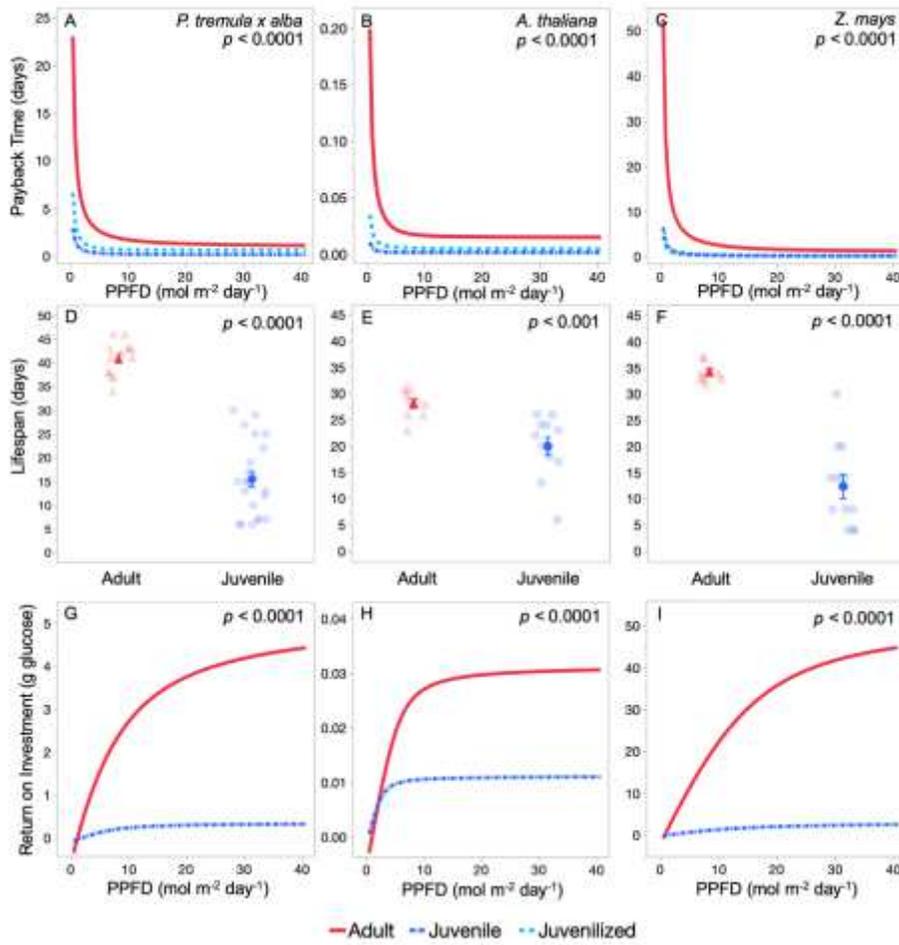


Figure 2

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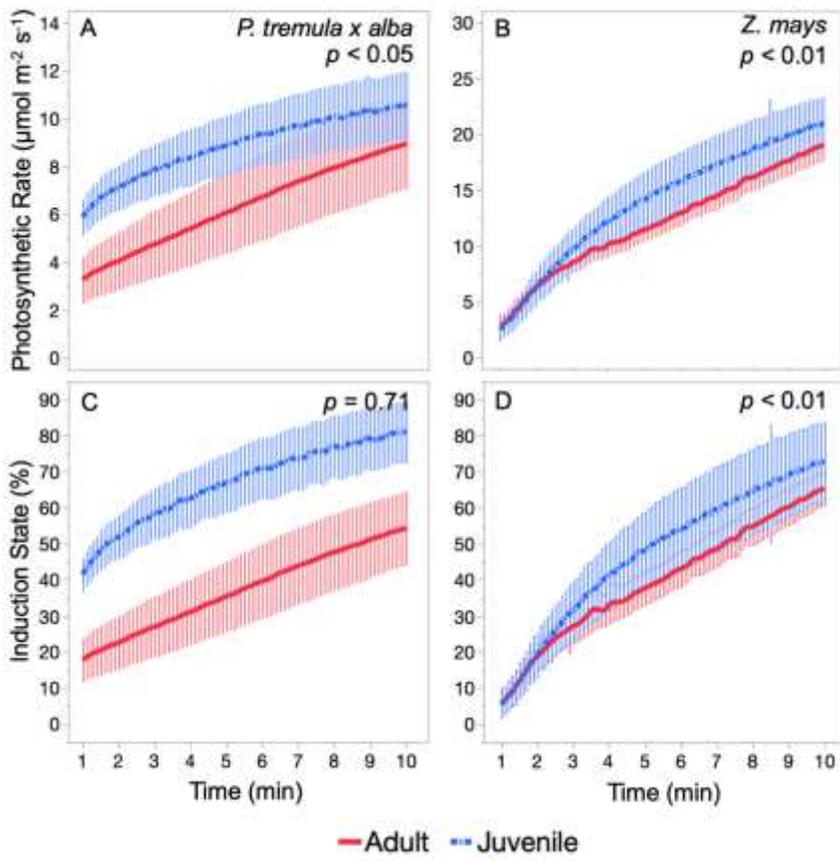


Figure 3

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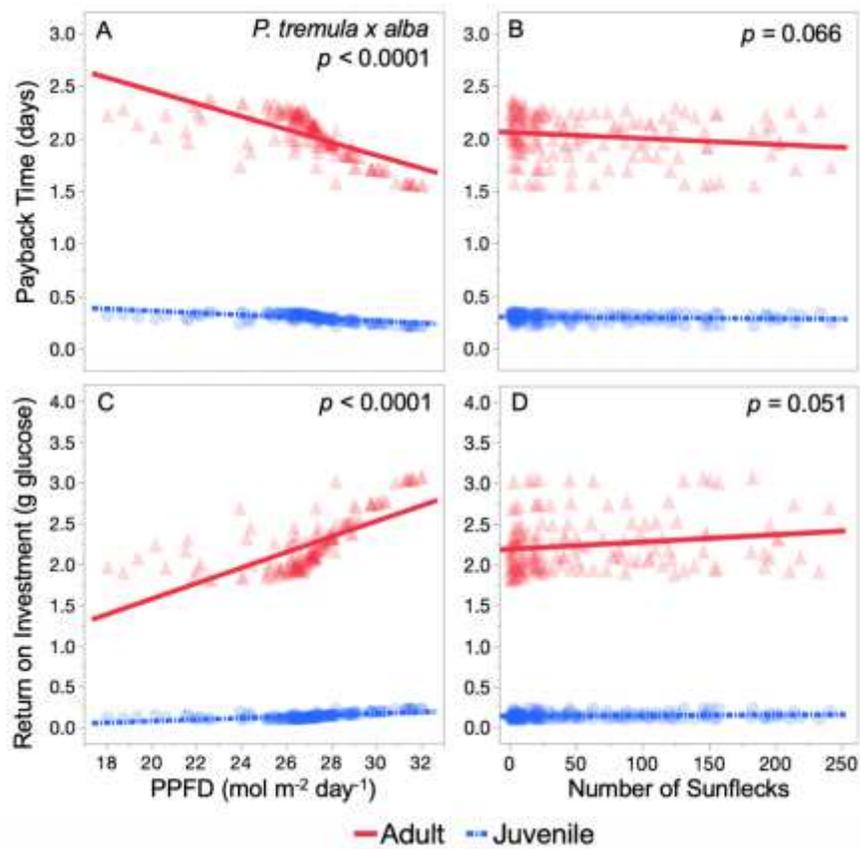


Figure 4

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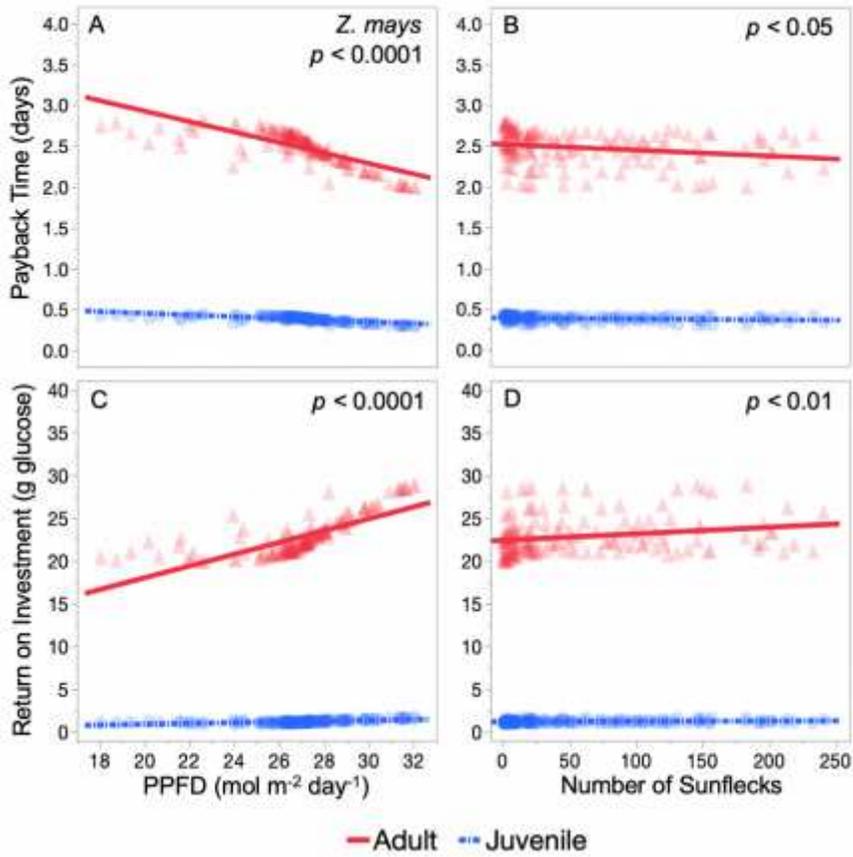


Figure 5

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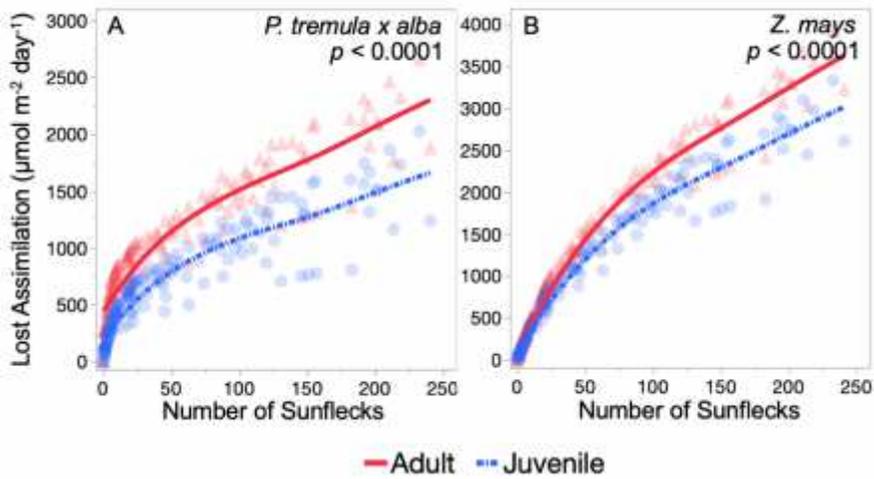


Figure 6

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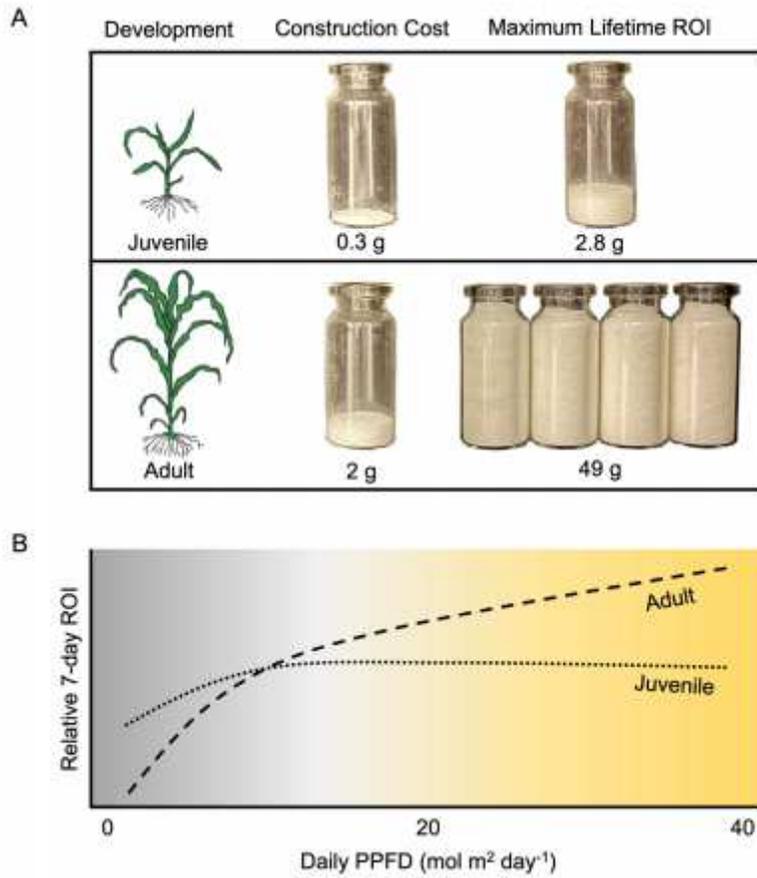


Figure 7

Please see the manuscript file to view the figure caption.

Supplementary Files

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