

In Vitro Evaluation of the activity of Ceftazidime-avibactam and Aztreonam-Avibactam against 76 *Stenotrophomonas maltophilia* isolates from a teaching hospital in Chongqing

Qiuxia Lin

Chongqing Medical University First Affiliated Hospital

Hua Zou

Chongqing Health Center for Women and Children

Xian Chen

Affiliated Hospital of Medical College Qingdao University

Menglu Wu

Qingdao Women and Childrens Hospital

Deyu Ma

Chongqing Medical University First Affiliated Hospital

Hanbing Yu

Chongqing Medical University First Affiliated Hospital

Siqiang Niu

Chongqing Medical University First Affiliated Hospital

Shifeng Huang (✉ sfhuang@hospital.cqmu.edu.cn)

1 Department of Clinical Laboratory Medicine, the First Affiliated Hospital of Chongqing Medical University <https://orcid.org/0000-0001-7641-8823>

Research

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Abstract

Background: Treatment options for *Stenotrophomonas maltophilia* (*S. maltophilia*) infections were limited. We assessed the efficacy of ceftazidime-avibactam (CAZ-AVI) and aztreonam-avibactam (ATM-AVI) against a selection of 76 *S. maltophilia* out of the 1179 strains isolated from the First Affiliated Hospital of Chongqing Medical University during 2011-2018.

Methods: We investigated the antimicrobial resistance profiles of the 1179 *S. maltophilia* clinical isolates from the first affiliated hospital of Chongqing Medical University during 2011-2018, a collection of 76 isolates of which were available for further study of microbiological characterization. Minimum inhibitory concentrations (MICs) of ceftazidime (CAZ), ceftazidime-avibactam (CAZ-AVI), aztreonam (ATM) and aztreonam-avibactam (ATM-AVI) were determined via the broth microdilution method. We deemed that CAZ-AVI or ATM-AVI was more effective in vitro than CAZ or ATM alone when CAZ-AVI or ATM-AVI led to a category change from “Resistant” with CAZ or ATM alone to “Susceptible” or “Intermediate” with CAZ-AVI or ATM-AVI, or if the MIC of CAZ-AVI or ATM-AVI was at least 2-fold lower than the MIC of CAZ or ATM alone.

Results: For the 76 clinical isolates included in the study, MICs of CAZ, ATM, CAZ-AVI and ATM-AVI ranged from 0.03-64, 1-1024, 0.016-64, and 0.06-64 µg/mL, respectively. In combined therapy, AVI was effective at restoring the susceptibility of 48.48% (16/33) and 89.71% (61/68) of *S. maltophilia* to CAZ and ATM, respectively. Furthermore, CAZ-AVI showed better results in terms of the proportion of susceptible isolates (77.63% vs. 56.58%, $P < 0.001$), MIC₅₀ (2 µg/mL vs. 8 µg/mL, $P < 0.05$), and MIC distribution ($P < 0.001$) when compared to CAZ. According to our definition, CAZ-AVI was more effective in vitro than CAZ alone for 84.21% of the isolates. Similarly, ATM-AVI also showed better results in terms of the proportion of susceptible isolates (90.79% vs. 10.53%, $P < 0.001$), MIC₅₀ (2 µg/mL vs. 64 µg/mL, $P < 0.001$), and MIC distribution ($P < 0.001$) when compared to ATM. According to our definition, ATM-AVI was also more effective in vitro than ATM alone for 97.37% of the isolates.

Conclusions: AVI potentiated the activity of both CAZ and ATM against *S. maltophilia* clinical isolates in vitro. We demonstrated that CAZ-AVI and ATM-AVI are both useful therapeutic options to treat infections caused by *S. maltophilia*.

Introduction

Stenotrophomonas maltophilia (*S. maltophilia*) is a Gram-negative, nonfermentative, environmental bacillus that has emerged as an important cause of nosocomial infections in immunocompromised hosts. In patients with cystic fibrosis (CF), *S. maltophilia* is known for colonizing the airways and causing chronic infections [1,2]. Although *S. maltophilia* is primarily associated with respiratory tract infections, this pathogen can cause a wide range of clinical syndromes, including catheter-associated bloodstream infections, and skin and soft tissue infections [2-4]. Furthermore, although *S. maltophilia* is not a highly virulent pathogen, it has emerged as an important nosocomial pathogen associated with crude mortality rates ranging from 14 to 69% in patients with bacteremia [5,6]. *S. maltophilia* is recognized by the World Health Organization as one of the leading MDR organisms in hospital settings for which disease prevention and treatment strategies must be developed [7]. More frustratingly, *S. maltophilia* is intrinsically resistant to different classes of antibiotics used in clinical practices, which was mediated by the expression of aminoglycoside-modifying enzymes, qnrB-like quinolone-resistant determinants, multidrug efflux pumps, and two β-lactamases (L1 and L2) [1,8,9]. These characteristics, together with its ability to adapt to environmental changes, contribute to the difficulty in effectively managing infections with *S. maltophilia*.

Ceftazidime, levofloxacin, minocycline, and trimethoprim-sulfamethoxazole have been used as treatment options for *S. maltophilia* infections; but unfortunately, their susceptibility against *S. maltophilia* is declining [10]. To assist clinicians in achieving effective individualized and precise treatment for *S. maltophilia* infections, more high-quality epidemiology- and antimicrobial susceptibility testing (AST) to novel antibiotics-centered studies are urgently needed. β-lactamases are enzymes that hydrolyze the β-lactam amide, inactivating them, and preventing them from reaching their target, the penicillin binding protein in bacterial cell membranes. *S. maltophilia* isolates naturally produce two β-lactamases (L1 and L2). L1 is a class B3 metallo-β-lactamase (MBL) that hydrolyzes carbapenems and other β-lactams, with the important exception of the monobactam aztreonam (ATM), and is resistant to all clinically available β-lactams [1,8,9]. L2 is a class A cephalosporinase that confers resistance to extended-spectrum cephalosporins and ATM but can be inhibited by commercially available serine-β-lactamase inhibitors such as clavulanic acid and avibactam [1,2,11,12]. Avibactam (AVI) is a non-β-lactam, β-lactamase inhibitor without intrinsic antibacterial activity, but offers a broader β-lactamase inhibition profile compared with any other recently used serine β-lactamase inhibitors [13]. Although *S. maltophilia* isolates naturally produce two β-lactamases (L1 and L2), the bactericidal activities of CAZ and ATM against L2-producing *S. maltophilia* isolates might theoretically be re-established by AVI combination; On the other side, given that the potential bactericidal activity of ATM against L1-producing *S. maltophilia* isolates might theoretically be achieved by monobactam's activity against MBL-producers, when combined with AVI, ATM/AVI might be useful to treat infections with both L1- and L2-producers, thus, AVI might restore the activity of ATM against both L1 and L2-producing *S. maltophilia* clinical isolates in vitro. Nevertheless, two recent studies from Suresnes and Japan demonstrated that CAZ-AVI is not active against *S. maltophilia* [14,15]. However, another report from France showed that while one third of the *S. maltophilia* isolates studied remained resistant to CAZ-AVI, 30% showed low MICs (< 1 µg/mL) [16], highlighting the potential benefit of CAZ-AVI against *S. maltophilia*. Therefore, for better decision making of the clinical management of *S. maltophilia* infections, additional epidemiology and resistance testing of *S. maltophilia* isolates from other countries or regions worldwide are desperately needed. In addition, alternative therapeutic strategy for *S. maltophilia* is urgently needed. So far, there are few data available in China describing the in vitro activities of CAZ-AVI and ATM-AVI against *S. maltophilia* clinical isolates. We conducted an observational study to evaluate the in vitro antimicrobial activities of CAZ/AVI and ATM/AVI against recent *S. maltophilia* clinical isolates in our hospital. In this paper, we demonstrated that CAZ-AVI combination inhibited nearly half (16/33, 48.48%) CAZ-non-susceptible *S. maltophilia* isolates, while ATM-AVI combination inhibited most (61/68, 89.71%) of the ATM-non-susceptible *S. maltophilia* strains.

Materials And Methods

Bacterial strains

We collected a total of 76 non-repetitive, recent nosocomial *S. maltophilia* strains between 2014 and 2018 in the First Affiliated Hospital of Chongqing Medical University. All the isolates were identified at the species level by the VITEK MS (bioMérieux, MO, USA) system, and routine antimicrobial susceptibility testing was performed using the disk diffusion (for levofloxacin, minocycline, and trimethoprim-sulfamethoxazole) testing methods. All the *S. maltophilia* colonization and infection cases (1179) with complete medical records during 2011-2018 were investigated for clinical and antimicrobial resistance profiles, among which 76 recent isolates during 2014-2018 were selected for further microbiological characterization.

Antibiotics and in vitro antimicrobial susceptibility testing

A collection of 76 non-repetitive *S. maltophilia* isolates during 2014-2018 were recovered for CAZ, CAZ/AVI, ATM, and ATM/AVI susceptibility tests. MIC values of CAZ, CAZ/AVI, ATM, and ATM/AVI were determined by broth microdilution method as described by the Clinical and Laboratory Standards Institute (CLSI) M07-Ed11 (2019) [17]. MICs of CAZ and ATM alone and in combination with AVI at a fixed concentration of 4 µg/mL were measured. Antibiotic solutions for susceptibility testing were prepared fresh. All samples were incubated at 35°C for 18 to 20 h prior to MIC determination [17]. MICs of CAZ, ATM, and comparator agents were interpreted according to CLSI criteria in M100-Ed29, 2019. MICs of CAZ/AVI $\geq 16/4$ µg/mL and ATM/AVI $\geq 16/4$ µg/mL were considered resistant.

Statistical analysis

All analyses were performed using the SPSS v.25.0 software (SPSS Inc., IL, USA). For all calculations, $P < 0.05$ was considered statistically significant.

Results

Microbiological characteristics and antimicrobial susceptibility profiles of *S. maltophilia* isolates

As shown in Figure 1, 1179 non-repetitive *S. maltophilia* strains were isolated during the study period, among which the predominant sample origins were sputum (73.0%), followed by secretion (7.0%) and urine (5.0%). Department distribution analysis showed that ICU (23.0%) including the respiratory intensive care unit (10.0%), and the respiratory department (9.0%), contributed the majority of *S. maltophilia* (Fig 2). With regard to the antimicrobial susceptibility profiles of the *S. maltophilia* isolates, its non-susceptible rates to levofloxacin, minocycline, and trimethoprim-sulfamethoxazole were respectively 9.08%, 3.14%, and 6.28% (Table 1).

Bactericidal activities of CAZ/AVI and ATM/AVI against *S. maltophilia* isolates

To assess the potential efficacy of CAZ/AVI and ATM/AVI against *S. maltophilia* isolates, we have tested these combinations in vitro on a recent collection of 76 non-repetitive isolates available for microbiological characterization. The majority of tested isolates (60/76, 78.95%) were resistant to at least one of the following three antibiotics, namely levofloxacin (LVX), minocycline (MH), and trimethoprim-sulfamethoxazole (SXT). While the rest part of the isolates were sensitive to LVX, MH, and SXT. The in vitro antimicrobial susceptibilities of CAZ, CAZ/AVI, ATM, and ATM/AVI against these isolates were determined using the CLSI broth microdilution method. The MIC of CAZ alone was ≤ 8 µg/mL for 43 of 76 *S. maltophilia* isolates (56.58%), and the MIC of CAZ-AVI was ≤ 8 µg/mL for 59 of 76 isolates (77.63%) (Table 2). For the 21 out of the 33 (63.64%) *S. maltophilia* isolates that were CAZ-nonsusceptible, the combination of AVI restored 13 strains' susceptibility to CAZ, remaining 8 isolates resistant to CAZ-AVI (main MIC: 64/4 µg/mL). AVI addition also reduced the CAZ MIC₅₀ of the 76 *S. maltophilia* isolates from 8 to 2 µg/mL (Table 3). In all, the MIC of ATM alone was ≤ 8 µg/mL for 8 of the 76 *S. maltophilia* isolates (10.53%), and the MIC of ATM-AVI was ≤ 8 µg/mL for 69 of 76 isolates (90.79%) (Table 2). Notably, for 66 out of the 68 (97.06%) *S. maltophilia* isolates that were ATM-nonsusceptible, the addition of AVI restored their susceptibility to ATM. AVI addition also reduced the ATM MIC₅₀ of the 76 *S. maltophilia* isolates from 64 to 2 µg/mL (Table 3).

The results of susceptibility testing comparing CAZ, CAZ-AVI, ATM and ATM-AVI, are shown in (Table 3). These agents showed a wide range of activity against *S. maltophilia*. In detail, the ranges of MICs of CAZ and ATM for the 76 clinical *S. maltophilia* isolates were 0.03 to 64 and 1 to 1024 µg/mL, respectively, while those of CAZ-AVI and ATM-AVI for the same *S. maltophilia* isolates were 0.016 to 64 and 0.06 to 64 µg/mL, respectively (Table 3). In this study, AVI potentiated the activity of ATM against most of the *S. maltophilia* clinical isolates tested in vitro. Meanwhile, AVI also enhanced the activity of CAZ against most of those isolates tested in vitro. On the one hand, for *S. maltophilia* isolates that were nonsusceptible to LVX, MH, and/or SXT (78.95%, 60 of 76), the addition of 4 µg/mL AVI greatly increased the activity of CAZ against most species (4-fold MIC₅₀ reduction) and the addition of 4 µg/mL AVI also significantly increased the activity of ATM against most species (32-fold MIC₅₀ reduction) (Table 3). On the other hand, AVI did not restore the activity of CAZ against the two multidrug-resistant (MDR) *S. maltophilia* isolates, even though AVI reduced one MDR isolate's MIC somewhat (4-fold MIC reduction) (Table 3). However, AVI did restore the activity of ATM against the two MDR *S. maltophilia* isolates with obvious MIC reduction of 32- or 8-fold. (Table 3)

CAZ/AVI and ATM/AVI are more effective in vitro than CAZ and ATM alone against *S. maltophilia* isolates.

When compared to CAZ, CAZ-AVI showed better results in terms of the proportion of susceptible isolates ((77.63% vs.56.58%, $P<0.001$), MIC50 (2 μ g/mL vs.8 μ g/mL, $P<0.05$), and MIC distribution (Table 4) ($P<0.001$). According to our definition, CAZ-AVI was more effective in vitro than CAZ alone for 84.21% of the isolates. On the other hand, ATM-AVI likewise showed better results in terms of the proportion of susceptible isolates (90.79% vs.10.53%, $P<0.001$), MIC50 (2 μ g/mL vs.64 μ g/mL, $P<0.001$), and MIC distribution (Table 5) ($P<0.001$) when compared to ATM. According to our definition, ATM-AVI was also more effective in vitro than ATM alone for 97.37% of the isolates

Discussion

S. maltophilia infections pose a major challenge for clinicians because of limited therapeutic options. For the 76 clinical isolates included in the present study, both CAZ-AVI and ATM-AVI exerted promising results in terms of the proportion of susceptible isolates, MIC50, and MIC distribution. Furthermore, while ATM-AVI was more effective in vitro than ATM alone for 97.37% of the isolates, CAZ-AVI was more effective in vitro than CAZ alone for 84.21% of the isolates. However, it is noteworthy that CAZ-AVI resistance was found in 17 *S. maltophilia* strains isolated from patients with no history of previous CAZ-AVI-based treatment, moreover, 7 *S. maltophilia* strains isolated from patients without previous ATM-AVI exposure demonstrated in vitro resistance to ATM-AVI, indicating that incidence of CAZ-AVI and ATM-AVI resistance could emerge in *S. maltophilia* strains without previous antimicrobial exposure. Notably, although AVI did not restore the activity of CAZ against the 2 MDR *S. maltophilia* isolates, it did restore the activity of ATM against the two MDR *S. maltophilia* strains with significant MIC reductions of 32- and 8-fold respectively. The poor activity of CAZ-AVI against MDR *S. maltophilia* isolates was in accordance with a previous study by Lindsay J. Caverly et al., who demonstrated that the activity of CAZ-AVI was poor against most MDR/XDR *S. maltophilia* strains. Recently, the efficacy of CAZ-AVI (2.5 g i.v. every 8h) in combination with ATM (2g i.v. every 8 h) for 48 days was demonstrated for a young renal transplant patient with *S. maltophilia* resistant to SXT, meropenem and CAZ [11]. In our research, CAZ/AVI has been demonstrated to inhibit the growth of about half of the CAZ-NS isolates (48.48%, 16/33), still showing high-level resistance (MIC: 64/4 μ g/mL) in 10 isolates. Nevertheless, compared with CAZ/AVI, ATM/AVI exhibited obviously superior bactericidal activity, inhibiting the growth of 89.71% of the ATM-NS isolates (61/68) (Table 2 and Figure 3). The synergy among CAZ, ATM and AVI is encouraging and deserves further exploration. In this study, we likewise confirmed the emergence of both CAZ-AVI-resistant and ATM-AVI-resistant *S. maltophilia* strains isolated from patients without previous antimicrobial exposure to CAZ-AVI and ATM-AVI, which are consistent with our previously findings that demonstrated CAZ-AVI resistance in the carbapenem-resistant *Enterobacteriaceae* (CRE) bacteremia isolates from patients with no history of previous CAZ-AVI exposure [18].

The current study has several limitations. First of all, we only evaluated the activity of CAZ, ATM, CAZ-AVI and ATM-AVI without exploring the resistance mechanisms for both CAZ-AVI and ATM-AVI non-susceptibilities in our *S. maltophilia* isolates. Secondly, this was a single-center retrospective study with relatively small sample size conducted in Chongqing.

In summary, ATM-AVI showed the most potent in vitro activity among the other related agents, including CAZ, ATM and CAZ-AVI, against *S. maltophilia* isolates. The excellent in vitro activity of CAZ-AVI or ATM-AVI against *S. maltophilia* isolates in our hospital supports further evaluation of CAZ-AVI or ATM-AVI in clinical studies against *S. maltophilia* infections. CAZ-AVI or ATM-AVI might turn out to be useful therapeutic options to treat infections caused by *S. maltophilia*.

Abbreviations

S. maltophilia: *Stenotrophomonas maltophilia*; CAZ-AVI: ceftazidime-avibactam; ATM-AVI: aztreonam-avibactam; MICs: Minimum inhibitory concentrations; CAZ: ceftazidime; ATM: aztreonam. Lvx: levofloxacin; MH: minocycline; SXT: trimethoprim-sulfamethoxazole.

Declarations

Acknowledgments

All authors read and approved the final manuscript.

Author's contributions

All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

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Availability of data and materials

Not applicable.

Ethics approval

The data and samples analyzed in the present study were obtained in accordance with the standards and approved by the Chongqing Medical University Institutional Review Board and Biomedical Ethics Committee. For this study, samples were collected at the microbiology laboratory of our hospital, with no contact with the patients. This study was retrospective and there was no patient identification performed during data collection. Therefore, the ethics committee determined that informed consent was not required.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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Tables

Table 1. Antimicrobial susceptibility test results of 1179 *S.maltophilia* clinical isolates.

Antibiotics	Sensitive	Intermediate	Resistant	Non-susceptible rate
Levofloxacin (LVX)	1082	26	82	9.08%
Minocycline (MH)	1142	25	12	3.14%
Sulfamethoxazole (SXT)	1105	21	53	6.28%

Table 2. MICs of CAZ and ATM in 76 *S. maltophilia* isolates: alone or in combination with 4µg/mL AVI

antibiotics	MIC(µg/mL)																
	0.016	0.03	0.06	0.12	0.25	0.5	1	2	4	8	16	32	64	128	256	512	1024
ATM	0	0	0	0	0	0	1	1	1	5	1	2	59	2	0	3	1
ATM+AVI	0	0	1	2	0	4	18	35	5	4	2	3	2	0	0	0	0
CAZ	0	1	0	0	0	1	3	8	12	18	9	2	22	0	0	0	0
CAZ+AVI	1	0	0	1	2	3	8	28	9	7	5	2	10	0	0	0	0

Table 3. MIC50s, MIC90s, and ranges of MICs of CAZ-AVI and ATM-AVI for 76 *S. maltophilia* isolates from clinical specimens^a

Drug resistance phenotype (s) ^b (no. of isolates)	CAZ		CAZ+AVI				CAZ-AVI MIC50 reduction (fold)	ATM			ATM+AVI			ATM-AVI MIC50 reduction (fold)
	MIC50	MIC90	range	MIC50	MIC90	range		MIC50	MIC90	range	MIC50	MIC90	range	
Total 76	8	64	0.03-64	2	64	0.016-64	4	64	64	1-1024	2	8	0.06-64	32
MH-NS ^c or LVX-NS or SXT-NS (60)	16	64	0.03-64	4	16	0.016-64	4	64	64	1-1024	2	8	0.06-64	32
MH-S ^d and LEV-S and SXT-S (16)	4	8	1-16	2	2	0.25-8	4	64	64	64	2	2	0.5-64	32
MDR (2)	NA ^e	NA	>=64	NA	NA	16->64	NA	NA	NA	64	NA	NA	2-8	NA

^a MICs are expressed in µg/mL. ^b CAZ, ceftazidime; ATM, aztreonam; AVI, avibactam; MDR, multidrug resistant. Multidrug-resistant isolates were defined as isolates demonstrating resistance to at least one antimicrobial agent from three or more different classes.

^c NS, not susceptible. ^d S, susceptible. ^e NA, not applicable. MIC50s and MIC90s are not presented for groups of fewer than 6 isolates.

Table 4. Comparison of Distributions of MICs of 76 *S. maltophilia* isolates to CAZ-AVI and CAZ

Strains	Group without AVI			Group with AVI			Z	P
	25 th (MIC)	50 th (MIC)	75 th (MIC)	25 th (MIC)	50 th (MIC)	75 th (MIC)		
Total PMA isolates (76)	4	8	64	2	2	8	-4.484	0.000
CAZ resistance group ^a (60)	4	16	64	2	4	16	-3.640	0.000
CAZ sensitive group ^b (16)	4	4	8	1	2	2	-3.491	0.001

^a *S.maltophilia* isolates that are LVX-NS or MH-NS or SXT-NS (NS, not susceptible)

^b *S.maltophilia* isolates that are LVX-, MH- and SXT-susceptible

Table 5. Comparison of Distributions of MICs of 76 *S. maltophilia* isolates to ATM-AVI and ATM

Strains	Group without AVI			Group with AVI			Z	P
	25 th (MIC)	50 th (MIC)	75 th (MIC)	25 th (MIC)	50 th (MIC)	75 th (MIC)		
Total PMA isolates (76)	64	64	64	1	2	2	-10.216	0.000
ATM resistance group ^a (60)	64	64	64	1	2	2	-8.947	0.000
ATM sensitive group ^b (16)	64	64	64	1	2	2	-4.960	0.000

^a *S.maltophilia* isolates that are LVX-NS or MH-NS or SXT-NS (NS, not susceptible)

^b *S.maltophilia* isolates that are LVX-, MH- and SXT-susceptible

Figures

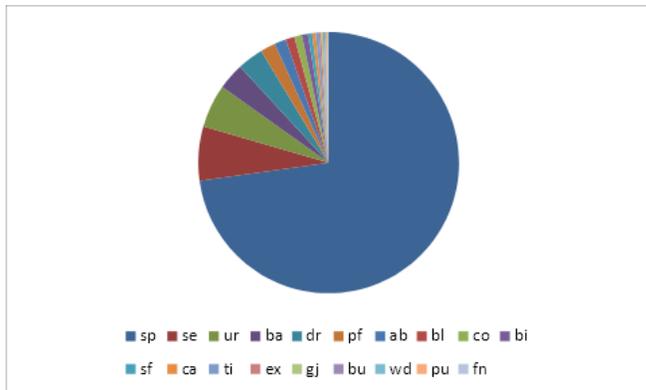


Figure 1

Specimen distribution of the 1179 *S.maltophilia* isolates sp: sputum; se: secretion; ur: urine; ba: broncho-alveolar lavage; dr: drawing fluid; pf: pancreatic drainage fluid; ab: abdominal fluid; bl: blood; co: concretion; bi: bile; sf: cerebrospinal fluid; ca: catheter; ti: tissue; ex: exudate; gj: gastric juice; bu: bursa; wd: wound secretion; pu: pus; fn: puncture fluid.

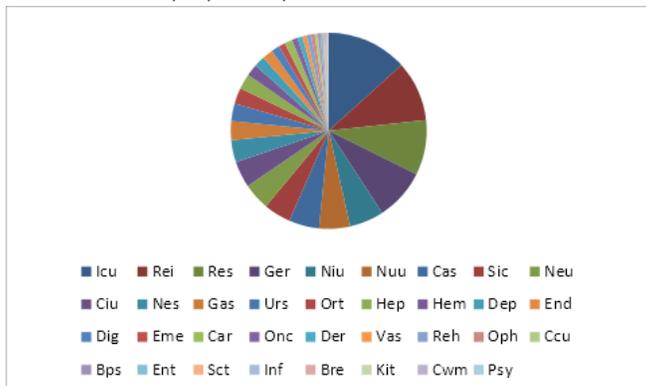


Figure 2

Ward distribution of the 1179 *S.maltophilia* isolates Icu: Intensive Care Unit; Rei: Respiratory Intensive Care Unit; Res: Respiratory Department; Ger: Geriatrics Department; Niu: Neurology Intensive Care Unit; Nuu: Neurosurgery Intensive Care Unit; Cas: Cardiac Surgery Department; Sic: Surgery Intensive Care Department; Neu: Neurology department; Ciu: Cardiothoracic surgery; Nes: Neurosurgery Department; Gas: Gastrointestinal Surgery Department; Urs: Urology Surgery Department ; Ort: Orthopedics; Hep: Hepatological Surgery Department; Hem: Hematology Department; Dep: Department of Nephrology ; End: Endocrinology Department; Dig: Digestive System Department ; Eme: Emergency Department; Car: Cardiology Department; Onc: Oncology department; Der: Dermatology Department; Vas: Vascular Surgery Department; Reh: Rehabilitation Medicine department; Oph: Ophthalmology Department; Ccu: Cardiac Care Unit; Bps: Burn and Plastic Surgery Department; Ent: Ear, nose and throat specialist; Sct: Stem cell transplantation Center; Inf: Infections Department; Bre: Endocrine breast Surgery; Kit: Kidney Transplantation Ward; Cwm: Department of Integrated Chinese and Western Medicine; Psy: Psychiatry Department.