

Protective Effect of Recombinant Ganoderma Lucidum Immunomodulatory Protein (rLZ-8) Against Scopolamine-Induced Alzheimer's Disease in Rats

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Research

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Abstract

Background: Alzheimer's disease (AD) is one of the most common neurodegenerative diseases in the elderly, seriously threatening the health of the elderly. In this study, the protective effect of recombinant *Ganoderma lucidum* immunomodulatory protein (rLZ-8) against the scopolamine-induced Alzheimer's disease (AD) in rats was studied for the first time.

Methods: Male Wistar rats in rLZ-8-treated groups were intraperitoneally injected with 56 µg/kg, 112 µg/kg, and 224 µg/kg rLZ-8, respectively, those in donepezil group were intraperitoneally injected with 1.0mg/kg donepezil, and those in the normal saline group were intraperitoneally injected with an equal volume of normal saline, successively for 14 days. On the 7th day after the administration, the learning and memory ability of rats was observed by Morris water maze test, and the biochemical indexes and cytokines in the serum and brain tissues of the rats were detected after the behaviour test for investigating the protective mechanism of rLZ-8 against the scopolamine-induced AD in rats.

Results: In the water maze test, compared with that in the model group, the escape latency and the swimming distance of rats on the 5th and 6th day were significantly shortened in the three rLZ-8-treated groups. In the space exploration test, compared with that in the model group, the number of passing through the location of original platform was significantly increased and the time of rats' staying in the second quadrant was significantly prolonged in the three rLZ-8-treated groups, and furthermore, the detection results related to Alzheimer's disease in the serum, hippocampus and cerebral cortex of rats indicated that rLZ-8 could improve the contents or activities of the related indexes.

Conclusion: In rLZ-8 could significantly improve the learning and memory ability of AD rats, and the possible mechanism was to improve the learning and memory ability by protecting the cholinergic system.

Background

Alzheimer's disease (AD), also known as senile dementia, is one the most common central nervous system degenerative diseases in the elderly. AD is a heterogeneous disease with multi-pathogenesis, and its key symptom is progressive cognitive dysfunction, with characteristic changes in neuropathology and neurochemistry^[1]. More and more evidences show that β -amyloid (A β) is the common pathway of AD induced by various causes, and the β -amyloid (A β) is one of the key factors in the formation and development of AD, which can induce the apoptosis of neurons by bringing about inflammatory cascade reaction, triggering oxidative stress, interfering with in vivo balance of ions in neurons to cause the dysfunction of extensive neurons and neuraxons, and the death of nerve cells, leading to dementia. There is no specific treatment for AD so far, and it is treated primarily with the symptomatic therapy^[2, 3], including acetylcholinesterase inhibitors, antioxidants, non-steroidal anti-inflammatory drugs, receptor antagonists^[4], targeted drugs^[5], neuroprotective drugs^[6], etc. However, these drugs have showed many disadvantages, such as too short duration, more serious side effects and expensive price, so to look for drugs with the satisfied effect but less side effect is an important issue to be solved in the treatment of AD.

Ganoderma lucidum, a traditional Chinese medicine, has many pharmacodynamic activities^[7, 8]. At present, the research on the activity of *ganoderma lucidum* mainly focuses on the proteoglycan of *Ganoderma lucidum*, which can improve the oxygen supply ability of hemoglobin, reduce the useless consumption of oxygen, accelerate the blood circulation, and improve the oxygen supply and nutrition state of the brain, to make the brain in a good physiological state, with a certain effect on delaying aging^[9]. Fungal Immunomodulatory Protein of *Ganoderma lucidum* (LZ-8) was the first fungal immunomodulatory protein isolated from the mycelium of *Ganoderma lucidum* by Japanese scientists^[10], with a molecular weight of 12.4 kDa and isoelectric point of 4.4, consisting of 110 amino acids and containing 1.3% sugar. LZ-8 can promote the proliferation of peripheral lymphocytes and spleen cells, induce macrophages of animals and human to secrete a variety of cytokines, then the LZ-8 can prevent and eliminate the invasion of pathogens, so as to maintain the health of the body. A large-scale expression system of *Ganoderma lucidum* immunomodulatory protein in *Pichia pastoris* was established for the first time and a highly purified *Ganoderma lucidum* immunomodulatory protein was obtained^[11], and multiple pharmacodynamic activities of *Ganoderma lucidum* immunoregulatory protein were found in our previous studies^[12-15]. Learning and memory are closely associated with the cholinergic system in basal forebrain (BF), and one of the reasons for the decline of learning and memory

ability is the degeneration of cholinergic neurons in BF. The molecular formula of L-scopolamine is $C_{17}H_{21}NO_4$, that it is a scopolamine-type alkaloid and one of the strongest pharmacological agents in belladonna, and it can be used to block parasympathetic nerve and also used as a central nervous system inhibitor. Scopolamine blocks the binding of postsynaptic acetylcholine to its receptors by competitively binding to M receptors in the central nervous system to reduce the role of acetylcholine associated with learning and memory, inducing the AD animal model with learning and memory impairment^[16, 17], and the model as one of the commonly used AD models has been widely used in the experiment of drugs used for the treatment of AD.

Based on the previous studies, the effect of recombinant *Ganoderma lucidum* immunomodulatory protein (rLZ-8) on the learning and memory ability of rats with AD, and its underlying mechanisms were investigated in this study, which may provide a basis for the development of drugs for the treatment of AD.

Materials And Methods

Materials

Animals: Healthy and active clean-grade male Wistar rats, weighing from 250 to 300 g, were purchased from Animal Center of Bethune Medical College of Jilin University, and the animal license No. was SCXK- (Ji) 2007/0003.

Reagents: rLZ-8 was prepared by author's Lab. Scopolamine hydrobromide was the product of Shanghai Hefeng Pharmaceutical Co., Ltd (batch number: 120501, China). Aricept (Donepezil) was manufactured by Weicai (China) Pharmaceutical Co., Ltd. Picric acid was purchased from Shanghai Sinopharm Company Limited (China). Acetylcholinesterase (TChE), choline acetyltransferase (ChAT), monoamine oxidase (MAO), superoxide dismutase (SOD), glutathione peroxidase (GSH-PX), malondialdehyde (MDA) and Coomassie brilliant blue assay kits were purchased from Nanjing Jiancheng Bioengineering Institute (China). Elisa kits were purchased from RD Company (USA).

Methods

1. Animal Grouping

After they were acclimatized to the laboratory environment for a week, 60 rats were randomly divided into 6 groups, namely normal saline group, AD model group, donepezil group, 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, 112 $\mu\text{g}/\text{kg}$ rLZ-8 group, and 224 $\mu\text{g}/\text{kg}$ rLZ-8 group, 10 rats in each group.

2. Drug Administration and Animal Model Preparation

Rats in the normal saline group and model group were intraperitoneally injected with saline twice a day, at 8:00 and 16:00, respectively, successively for 14 days (day1-day14), those in donepezil group (P) were administrated intragastrically with 1.0 mg/kg donepezil at 8:00 once a day, successively for 14 days (day1-day14), and those in the three rLZ-8 groups were intraperitoneally injected with the corresponding doses of rLZ-8 twice a day at 8:00 and 16:00, respectively, successively for 14 days (day1-day14). Except those in the saline group, all rats in the other groups were intraperitoneally injected with 1.5mg/kg scopolamine hydrobromide at 10:00 once a day, successively from day 8 to day14 (day8-day14).

3. Observation Indexes

3.1 Physical observation: The body weight of rats was weighed with a balance and recorded every day. The state of the rats was observed twice a day in the morning and afternoon, respectively, including the hair color, eating, defecation, movement, and sensitivity of rats.

3.2 Morris water maze test: Morris water maze test was used to evaluate the learning and memory of rats, lasting 7ds. **Training test:** The training test lasted 6 days and all rats were trained four times a day, in which the rats were placed into the water at the different entry water points each time for observing the escape latency, that is, the time required for the rats to climb the platform from the time when they were placed into the water within 120s, and the rats were allowed to stay on the platform for 10s; if the

rats did not find the platform within 120s, the experimenter guided them to stay on the platform for 10s, and the escape latency was recorded as 120s; the swimming distance of rats' from the entry water points to finding the platform was recorded as swimming distance. **Space exploration test:** On the 7th day of the test, the platform was removed for observing the number of times that the rats swam over the original platform, the time of swimming in the original place where the platform was placed, and the steering angle of rats. Each space exploration test lasted 120 s, in which the latency for the rats to find the original place, the swimming distance for the rats to swim to the original place and the times of rats' swimming across the original place were recorded as their memory results.

3.3 Detection of biochemical indexes: The rats were anesthetized with chloral hydrate immediately after the Morris water maze test. After the blood samples were taken from their abdominal aorta, their whole brain, hippocampus and cerebral cortex samples were taken immediately, and then the heart, liver, spleen, lung, kidney and thymus were taken rapidly. The blood sample was centrifuged at 3000 rpm for 10 minutes to obtain the supernatants, and the serum acetylcholinesterase (AChE), monoamine oxidase (MAO), superoxide dismutase (SOD) and glutathione peroxidase (GSH-PX) activities, and malondialdehyde (MDA) contents were detected according to the instructions of assay kits. After weighing, the hippocampus and cerebral cortex were added with normal saline at the volume ratio of 1:9 and homogenized to be prepared into the homogenates, and then the homogenates were centrifuged at 2,500 rpm for 15 minutes to obtain the supernatants. the AChE, SOD, GSH-PX and choline acetyltransferase (ChAT), catalase (CAT), ATP enzyme, nitric oxide synthase activities, and MDA, tumor necrosis factor- α (TNF- α), interleukin-6 (IL-6), interleukin- β (IL-1 β), glial-derived neurotrophic factor (GDNF) and brain-derived neurotrophic factor (BDNF) contents in the supernatants were detected by following the instructions of the kits. The body weights and organ weights of rats were also weighed, respectively, for the calculation of their organ indexes.

4. Statistical Analysis

The data were statistically analyzed using SPSS16.0 and expressed as means \pm SD ($\bar{x}\pm s$). The difference between two groups was compared by *t*-test and *P* < 0.05 was considered significant.

Results

1. Physical observation and the Changes in body weights The observation on the state of rats in the morning and evening showed that there was no significant difference in the hair gloss, basic eating condition and defecation between the normal saline group and the other experimental groups, and the movement and activity of rats in the other groups were slightly poorer than those in the normal saline group, but there was no significant difference in them between normal saline group and the other groups (*P* \geq 0.05).

During the experiment, the body weight of all rats in each group increased in varying degrees, and there was no difference in it among the groups (Figure 1.), indicating that scopolamine hydrobromide and rLZ-8 should have no effect on the body weight of rats.

1. Morris water maze test

1.1 Training experiment

2.1.1 In the training experiment of Morris water maze test, the rats in the other groups except the normal saline group were given scopolamine hydrobromide 30min after the administration of rLZ-8 from the 8th day to 14th day of experiment, and the water maze test was performed 30min after the administration of scopolamine hydrobromide. the escape latency of reaching to the platform of rats in rLZ-8 groups, donepezil group and AD model group were significantly longer than those in the normal saline group (*P* < 0.05) on the 5th and 6th day. As shown in Table 1.

Table 1.
Escape latencies of rats in the training experiment of Morris water maze test (s, x±s)

Time (day)	Groups (n=10)					
	N.S	AD model	Donepezil	56 µg/kg rLZ-8	112 µg/kg rLZ-8	224 µg/kg rLZ-8
1	43.2±42.58	105.9±24.48*	110.3±20.11*	101.2±32.73*	96.8±42.04*	106.8±21.93*
2	24.3±31.97	102.3±31.97*	100.2±28.58*	103.0±33.56*	95.1±41.14*	91.6±40.89*
3	20.2±23.18	95.3±9.51*	92.4±28.24*	96.1±24.45*	83.1±15.08*	79.4±20.79*
4	10.8±9.51	92.1±19.51*	84.5±14.46*	88.8±15.69*	75.4±10.57*	87.0±18.38*
5	11.9±9.64	99.4±8.51*	46.0±12.46*□	56.2±7.08*□□	67.8±12.09*□	80.9±8.03*□△△▲
6	8.9±6.60	92.1±9.51*	43.8±11.86*□	45.9±12.60*□	64.7±9.57*□△	81.4±5.27*□△△▲▲

* Compared with the normal saline group, $P<0.05$; **Compared with the normal saline group, $P<0.01$.

□Compared with the model group, $P<0.05$; □□Compared with the model group, $P<0.01$. △Compared with donepezil group, $P<0.05$; △△ Compared with donepezil group, $P<0.01$. ▲Compared with 56µg/kg rLZ-8 group, $P<0.05$; ▲▲Compared with 56µg/kg rLZ-8 group, $P<0.01$.

2.1.2 In the training experiment of Morris water maze test, the rats in the other groups except the normal saline group were given scopolaminehydrobromide 30min after the administration of rLZ-8 from the 8th day to 14th day of experiment, and the water maze test was performed 30min after the administration of scopolamine hydrobromide. the swimming distance of rats in rLZ-8 groups, donepezil group and AD model group were significantly longer than those in the normal saline group ($P<0.05$). As shown in Table 2.

Table 2.
Swimming distance results of rats in the training experiment of Morris water maze test (s, x±s)

Time (day)	Groups (n=10)					
	Normal saline	AD model	Donepezil	56 µg/kg rLZ-8	112 µg/kg rLZ-8	224 µg/kg rLZ-8
1	1144.3±1045.5	3460.4±905.5*	3662.3±841.6*	3472.1±1173.2*	3026.4±1048.4*	3873.8±998.4*
2	646.0±726.6	3620.5±837.0*	3609.1±1173.6*	3726.6±1393.5*	3290.9±1445.3*	3584.8±1637.8*
3	520.4±562.2	3289.3±632.0*	3192.0±905.1*	3473.8±1195.2*	2974.4±1652.3*	3012.3±1965.2*
4	294.3±24.3	2939.2±435.7*	3082.9±725.2*	3231.4±684.3*	2709.2±885.2*	3028.6±918.6*
5	315.3±237.6	2907.3±235.8*	1519.4±413.9*□	2069.9±774.7*□	2235.9±783.8*□	3006.3±812.5*□△△▲
6	259.9±173.8	3010.5±470.1*	1541.2±106.7*□	1483.1±364.5*□	2174.7±630.7*□	2913.8±620.2*□△△▲▲

* Compared with the normal saline group, $P<0.05$; ** Compared with the normal saline group, $P<0.01$. □ Compared with the model group, $P<0.05$; □□ Compared with the model group, $P<0.01$. △ Compared with donepezil group, $P<0.05$; △△ Compared with donepezil group, $P<0.01$. ▲ Compared with 56µg/kg rLZ-8 group, $P<0.05$; ▲▲ Compared with 56µg/kg rLZ-8 group, $P<0.01$.

1.2 Space exploration test

The rats in the other groups except the normal saline group were given scopolamine hydrobromide 30min after the administration of rLZ-8 on the 14th day of experiment, and the space exploration test was conducted 30min after the administration of scopolamine hydrobromide. Compared with that in the normal saline group, the swimming time of the rats' staying in the quadrant of the original platform was decreased in the model group, but there was no significant difference in it between the two groups ($P>0.05$), while the steering angle, the number of times passing through the location of the original platform and the number of times passing through the effective area of the original platform were significantly decreased ($P<0.05$). Compared with that in the model group, the steering angle, the number of times passing through the location of the original platform and the number of times passing through the effective area of the original platform were significantly increased in 112 $\mu\text{g}/\text{kg}$ rLZ-8 group ($P<0.05$), the number of times passing through the location of the original platform and the number of times passing through the effective area of the original platform were significantly increased in 56 $\mu\text{g}/\text{kg}$ rLZ-8 group ($P<0.05$), and the steering angle and the number of times passing through the effective area of the original platform were significantly increased in donepezil group ($P<0.05$).as shown in Figure 1 and Table 3.

Table 3.
Space exploration test (s, x \pm s)

Groups (n=10)	Time in the second quadrant	Orientation angle	Number of passing through the location of original platform	Number of passing through the effective area
Normal saline	32.3 \pm 4.89	75.7 \pm 45.07	4.63 \pm 2.12 [□]	6.63 \pm 1.93 [□]
Model	24.62 \pm 5.81	56.4 \pm 42.64*	1.14 \pm 3.95*	4.57 \pm 3.50*
Donepezil	31.4 \pm 6.16	76.8 \pm 35.19 [□]	1.25 \pm 2.22*	6.00 \pm 4.00 [□]
56 $\mu\text{g}/\text{kg}$ rLZ-8	38.3 \pm 10.59	67.3 \pm 32.94	2.38 \pm 1.93 [□]	7.13 \pm 5.97 [□]
112 $\mu\text{g}/\text{kg}$ rLZ-8	28.4 \pm 7.71	85.3 \pm 32.82 [□]	1.75 \pm 1.79* [□]	6.88 \pm 4.70 [□]
224 $\mu\text{g}/\text{kg}$ rLZ-8	30.4 \pm 2.67	61.3 \pm 31.08	1.38 \pm 1.58*	4.25 \pm 6.61*

* Compared with the normal saline group, $P<0.05$; [□] Compared with the model group, $P<0.05$.

lom the values of the Sco group: $P<0.05$. ^{##} Results significantly differ from the values of the Sco group: $P<0.01$.

2. Biochemical Indexes

3.1 Biochemical indexes in the serum of rats

3.1.1 Acetylcholinesterase (TChE) activities

Compared with the normal saline group, the activity of TChE in the serum of rats in the model group was significantly higher ($P<0.01$), compared with the model group, the 56 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly lower ($P<0.05$), and the donepezil group was significantly lower ($P<0.01$). As shown in Table 4.

3.1.2 Monoamine oxidase (MAO) activities

Compared with the normal saline group, the activity of MAO in the serum of rats in the model group was significantly higher ($P<0.01$), compared with the normal saline group, the 56 $\mu\text{g}/\text{kg}$, 112 $\mu\text{g}/\text{kg}$ and 224 $\mu\text{g}/\text{kg}$ rLZ-8, and donepezil groups was

significantly higher ($P < 0.01$), compared with the model group, the 56 $\mu\text{g}/\text{kg}$, 112 $\mu\text{g}/\text{kg}$ and 224 $\mu\text{g}/\text{kg}$ rLZ-8, and donepezil groups was significantly lower ($P < 0.01$). As shown in Table 4.

Table 4.
TChE and MAO activities in the serum of rats (s, $x \pm s$)

Groups (n=10)	TChE (U/mgprot)	MAO (U/mgprot)
Normal saline	6.633 \pm 0.938	34.930 \pm 1.379
AD model	9.434 \pm 1.433**	55.737 \pm 1.534**
Donepezil	6.934 \pm 1.516 [□]	48.771 \pm 1.806** [□]
56 $\mu\text{g}/\text{kg}$ rLZ-8	6.035 \pm 1.426 [□]	50.699 \pm 0.543** ^{□△△}
112 $\mu\text{g}/\text{kg}$ rLZ-8	7.587 \pm 2.009	51.245 \pm 0.329** ^{□△△▲}
224 $\mu\text{g}/\text{kg}$ rLZ-8	7.428 \pm 2.373	51.802 \pm 1.114** ^{□△△▲}

*Compared with the normal saline group, $P < 0.05$; **Compared with the normal saline group, $P < 0.01$; [□] Compared with the model group, $P < 0.05$; [□] Compared with the model group, $P < 0.01$; [△] Compared with donepezil group, $P < 0.05$; ^{△△} Compared with donepezil group, $P < 0.01$; [▲] Compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, $P < 0.05$.

3.1.3 Superoxide dismutase (SOD) activities

Compared with the normal saline group, the activity of SOD in the serum of rats in the model group was significantly lower ($P < 0.01$), and the 224 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly lower ($P < 0.05$); compared with the model group, the 56 $\mu\text{g}/\text{kg}$ and 112 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly higher ($P < 0.01$). As shown in Table 5.

3.1.4 Glutathione peroxidase (GSH-PX) activities

Compared with the normal saline group, the activity of GSH-PX in the serum of rats in the model group was significantly reduced ($P < 0.01$), and 56 $\mu\text{g}/\text{kg}$, 112 $\mu\text{g}/\text{kg}$ and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly reduced ($P < 0.01$); compared with the model group, the 56 $\mu\text{g}/\text{kg}$, 112 $\mu\text{g}/\text{kg}$ and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly increased ($P < 0.01$), and the donepezil group was also significantly increased ($P < 0.01$). As shown in Table 5.

3.1.5 Malondialdehyde (MDA) contents

Compared with the normal saline group, the content of MDA in the serum of rats in the model group was significantly higher ($P < 0.01$), and 112 $\mu\text{g}/\text{kg}$ and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly higher ($P < 0.05$); compared with the model group, the donepezil and 56 $\mu\text{g}/\text{kg}$ rLZ-8 groups ($P < 0.01$), and 112 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly lower ($P < 0.05$). As shown in Table 5.

Table 5.

SOD and GSH-PX activities and MDA contents in the serum of rats (s, x±s)

Groups (n=10)	SOD (U/mgprot)	GSH-PX (U/mgprot)	MDA (nmol/ml)
Normal saline	217.08±46.61	1844.83±78.24	2.70±0.50
AD model	134.98±29.67**	1062.03±130.22**	5.35±1.66**
Donepezil	191.68±40.53##	1815.10±44.40##	3.67±1.21##
56 µg/kg rLZ-8	225.68±68.73##	1650.20±92.15**##△△	4.23±0.78##
112 µg/kg rLZ-8	218.26±78.09##	1538.18±98.54**##△△▲	3.82±1.22*#
224 µg/kg rLZ-8	165.44±50.46*▲	1405.71±107.40**##△△▲▲	3.39±2.03*

*Compared with the normal saline group, $P < 0.05$; **Compared with the normal saline group, $P < 0.01$; □Compared with the model group, $P < 0.05$; ▢Compared with the model group, $P < 0.01$; △Compared with donepezil group, $P < 0.05$; △△Compared with donepezil group, $P < 0.01$; ▲Compared with 56 µg/kg rLZ-8 group, $P < 0.05$; ▲▲Compared with 56 µg/kg rLZ-8 group, $P < 0.01$.

3.2. Biochemical indexes in the hippocampus and cerebral cortex of rats

3.2.1 Acetylcholinesterase (TChE) activities

Compared with the normal saline group, the activity of TChE in the hippocampus of rats in model group was significantly higher ($P < 0.05$), and the donepezil and 224 µg/kg rLZ-8 groups was significantly higher ($P < 0.05$); compared with the model group, the donepezil group was significantly lower ($P < 0.05$), the 56 µg/kg and 112 µg/kg rLZ-8 groups was significantly lower ($P < 0.01$). As shown in Table 6.

Compared with the normal saline group, the activity of AChE in the cerebral cortex of rats in the model group was significantly higher ($P < 0.01$); compared with the model group, the 56 µg/kg rLZ-8 group was significantly lower than ($P < 0.05$), and the donepezil group was significantly lower ($P < 0.01$). As shown in Table 7.

3.2.2 Choline acetyltransferase (ChAT) contents

Compared with the normal saline group, the content of ChAT in the hippocampus of rats was significantly lower in the model group ($P < 0.01$), compared with the model group, the donepezil and 56 µg/kg rLZ-8 groups was significantly higher ($P < 0.01$). As shown in Table 6.

Compared with the normal saline group, the content of ChAT in the cerebral cortex of rats was significantly lower in the model group ($P < 0.05$), compared with the model group, the 224 µg/kg rLZ-8 and donepezil groups was significantly higher ($P < 0.05$), and the 56 µg/kg rLZ-8 group was significantly higher ($P < 0.01$). As shown in Table 7.

Table 6.
TChE activities and the ChAT contents in the hippocampus of rats (s, x±s)

Groups (n=10)	TChE activities (U/mgprot)	ChAT contents (IU/g)
Normal saline	0.205±0.055	261.71±33.37
AD model	0.280±0.137*	167.705±36.72**
Donepezil	0.195±0.097 [□]	248.99±26.62 [□]
56 µg/kg rLZ-8	0.197±0.058 [□]	228.14±48.04 [□]
112 µg/kg rLZ-8	0.185±0.048 [□]	226.27±74.14
224 µg/kg rLZ-8	0.228±0.071* [□]	228.54±121.97

*Compared with the normal saline group, $P<0.05$; **Compared with the normal saline group, $P<0.01$; [□]Compared with the model group, $P<0.05$; [□]Compared with the model group, $P<0.01$.

Table 7.
TChE activities and the ChAT contents in the cerebral cortex of rats (s, x ±s)

Groups (n=10)	TChE activities [U/mgprot]	ChAT contents [IU/g]
Normal saline	0.176±0.052	243.26±79.90
AD model	0.261±0.028**	165.80±58.91*
Donepezil	0.180±0.037 [□]	194.24±61.06 [□]
56 µg/kg rLZ-8	0.197±0.138 [□]	172.98±23.95 [□]
112 µg/kg rLZ-8	0.222±0.057	174.78±57.85
224 µg/kg rLZ-8	0.242±0.168	202.59±63.97 [□]

*Compared with the normal saline group, $P<0.05$; **Compared with the normal saline group, $P<0.01$; [□]Compared with the model group, $P<0.05$; [□]Compared with the model group, $P<0.01$.

3.2.3 Superoxide dismutase (SOD) activities

Compared with the normal saline group, the activity of SOD in the hippocampus of rats decreased significantly in the model group ($P < 0.05$), compared with the model group, the donepezil, 56 µg/kg, 224 µg/kg rLZ-8 groups was significantly increased ($P < 0.01$). As shown in Table 8.

Compared with the normal saline group, the activity of SOD in the cerebral cortex of rats was significantly lower in the model group ($P < 0.01$) and significantly higher in donepezil group ($P < 0.01$), compared with the model group, the donepezil, 56 µg/kg and 112 µg/kg rLZ-8 groups was significantly higher ($P < 0.05$). As shown in Table 9.

3.2.4 Glutathione peroxidase (GSH-PX) activities

Compared with the normal saline group, the activity of GSH-PX in the hippocampus of rats was significantly decreased in the model group ($P < 0.01$) and significantly decreased in 224 µg/kg rLZ-8 group ($P < 0.01$), compared with the model group, the donepezil and 56 µg/kg rLZ-8 groups was significantly increased ($P < 0.01$), and 112 µg/kg rLZ-8 group was significantly increased ($P < 0.05$). As shown in Table 8.

Compared with the normal saline group, the activity of GSH-PX in the cerebral cortex of rats was significantly lower in the model group ($P < 0.05$), compared with the model group, the 112 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly higher ($P < 0.05$), and the donepezil group was significantly higher ($P < 0.01$). As shown in Table 9.

3.2.5 Malondialdehyde (MDA) contents

Compared with the normal saline group, the content of MDA in the hippocampus of rats was significantly increased in the model group ($P < 0.01$), compared with the model group, the donepezil and 56 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly lower ($P < 0.05$), and the 112 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly lower ($P < 0.01$). As shown in Table 8.

Compared with the normal saline group, the content of MDA in the cerebral cortex of rats was significantly increased in the model group ($P < 0.01$); compared with the model group, the donepezil and 56 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly decreased ($P < 0.05$), and 112 and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly decreased ($P < 0.01$). As shown in Table 9.

Table 8.

SOD and GSH-PX activities and MDA contents in the hippocampus of rats (s, $x \pm s$)

Groups ($n=10$)	SOD (U/mgprot)	GSH-PX (U/mgprot)	MDA (nmol/ml)
Normal saline	85.25 \pm 35.55	38.99 \pm 6.45	0.34 \pm 0.02
AD model	51.90 \pm 21.59*	27.64 \pm 5.39**	0.41 \pm 0.02**
Donepezil	79.02 \pm 37.40##	35.99 \pm 3.53##	0.34 \pm 0.04#
56 $\mu\text{g}/\text{kg}$ rLZ-8	63.09 \pm 12.72##	34.49 \pm 1.87##	0.36 \pm 0.02##
112 $\mu\text{g}/\text{kg}$ rLZ-8	58.82 \pm 18.11	33.71 \pm 5.00#	0.36 \pm 0.03##
224 $\mu\text{g}/\text{kg}$ rLZ-8	58.85 \pm 11.10## Δ	30.65 \pm 5.30**	0.35 \pm 0.08

*Compared with the normal saline group, $P < 0.05$; **Compared with the normal saline group, $P < 0.01$; \square Compared with the model group, $P < 0.05$; \square Compared with the model group, $P < 0.01$; Δ Compared with donepezil group, $P < 0.05$; .

Table 9.

SOD and GSH-PX activities and MDA contents in the cerebral cortex of rats (s, $x \pm s$)

Groups ($n=10$)	SOD (U/mgprot)	GSH-PX (U/mgprot)	MDA (nmol/ml)
Noermal saline	129.58 \pm 14.22	40.65 \pm 9.65	0.90 \pm 0.13
AD model	115.21 \pm 17.68**	33.64 \pm 17.67*	1.11 \pm 0.09**
Donepezil	135.11 \pm 31.22**##	40.81 \pm 10.10#	0.91 \pm 0.28#
56 $\mu\text{g}/\text{kg}$ rLZ-8	137.91 \pm 21.74#	40.64 \pm 5.12	0.92 \pm 0.41#
112 $\mu\text{g}/\text{kg}$ rLZ-8	135.23 \pm 25.26#	36.97 \pm 6.16##	0.94 \pm 0.30##
224 $\mu\text{g}/\text{kg}$ rLZ-8	110.22 \pm 10.21# Δ \blacktriangle \blacktriangle	36.54 \pm 3.01 \blacktriangle	0.99 \pm 0.15##

*Compared with the normal saline, $P < 0.05$; **Compared with the normal saline, $P < 0.01$; \square Compared with the model group, $P < 0.05$; \square Compared with the model group, $P < 0.01$; Δ Compared with donepezil group, $P < 0.05$; Δ Δ Compared with donepezil group, $P < 0.01$; \blacktriangle Compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, $P < 0.05$; \blacktriangle \blacktriangle Compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, $P < 0.01$.

3.2.6 Catalase (CAT) activities

Compared with the normal saline group, the activity of CAT in the hippocampus of rats was significantly lower in the model, donepezil and 112 µg/kg rLZ-8 groups ($P < 0.01$), compared with the model group, the donepezil and 56 µg/kg rLZ-8 groups was significantly higher ($P < 0.01$), and the 224 µg/kg group was significantly higher ($P < 0.05$). As shown in Table 10.

Compared with the normal saline group, the activity of CAT in the cerebral cortex of rats in the model group was significantly lower ($P < 0.05$), compared with the model group, the donepezil group was significantly higher ($P < 0.01$), and the 56 µg/kg and 112 µg/kg rLZ-8 groups was significantly higher ($P < 0.05$). As shown in Table 11.

3.2.7 Nitric oxide synthase (NOS) contents

The contents of TNOS and iNOS in the hippocampus of rats in the model group were significantly higher than those in the normal saline group ($P < 0.05$), the content of iNOS in the hippocampus of rats in donepezil, 56 µg/kg rLZ-8 and 112 µg/kg rLZ-8 groups was significantly lower than that in the model group ($P < 0.05$), and the content of iNOS in 56 µg/kg rLZ-8 group was significantly lower than that in the model group ($P < 0.05$). As shown in Table 10.

The contents of TNOS and iNOS in the cerebral cortex of rats in the model group were significantly higher than those in the normal saline group ($P < 0.05$), and the contents of TNOS and iNOS in donepezil and 56 µg/kg rLZ-8 groups were significantly lower ($P < 0.05$). As shown in Table 11.

Table 10.

TNOS and iNOS contents and CAT activities in the hippocampus of rats (s, $x \pm s$)

Groups ($n=10$)	CAT (U/mgprot)	TNOS (U/mgprot)	iNOS (U/mgprot)
Normal saline	0.637±0.189	0.982±0.259	0.577±0.166
AD model	0.264±0.127**	1.237±0.185*	0.783±0.175*
Donepezil	0.411±0.137*##	0.987±0.299#	0.560±0.153##
56 µg/kg rLZ-8	0.562±0.206##	0.935±0.213##	0.548±0.199#
112 µg/kg rLZ-8	0.374±0.170**▲	0.995±0.283#	0.608±0.256
224 µg/kg rLZ-8	0.627±0.449#	1.268±1.117▲	0.715±0.328

*Compared with the normal saline group, $P < 0.05$; **Compared with the normal saline group, $P < 0.01$; □Compared with the model group, $P < 0.05$; ■Compared with the model group, $P < 0.01$; ▲ Compared with 56 µg/kg rLZ-8 group, $P < 0.05$; ▲▲.

Table 11.

TNOS and iNOS contents and CAT activities in the cerebral cortex of rats (s, $x \pm s$)

Groups ($n=10$)	CAT (U/gprot)	TNOS (U/mgprot)	iNOS (U/mgprot)
Normal saline	0.233±0.125	1.557±0.329	0.549±0.198
AD model	0.129±0.038*	1.953±0.446*	0.794±0.284*
Donepezil	0.273±0.112##	1.499±0.368#	0.548±0.174#
56µg/kg rLZ-8	0.216±0.082#	1.446±0.389#	0.512±0.157#
112 µg/kg rLZ-8	0.194±0.073#	1.715±0.552	0.711±0.425
224 µg/kg rLZ-8	0.178±0.137	1.757±0.521	0.732±0.386

*Compared with the normal saline group, $P < 0.05$; [□]Compared with the model group, $P < 0.05$; ^{□□}Compared with the model group, $P < 0.01$.

3. Cytokines Detected by ELISA

4.1 Cytokines in the serum of rats

4.1.1 Tumor Necrosis Factor α (TNF- α)

Compared with the normal saline group, the content of TNF- α in the serum of rats did not change significantly in the model group, but the content of TNF- α increased slightly in the donepezil and rLZ-8-treated groups, showing no difference; compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, the 224 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly lower ($P < 0.05$). As shown in Table 12.

4.1.2 Interleukin 6 (IL-6) contents

Compared with the normal saline group, the content of IL-6 in the serum of rats was significantly higher in 56 $\mu\text{g}/\text{kg}$ rLZ-8 group ($P < 0.05$); compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, the 112 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly lower ($P < 0.05$), and the in 224 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly lower ($P < 0.01$). As shown in Table 12.

4.1.3 Interlukin 1 β (IL-1 β) contents

Compared with that normal saline group, there was no significant change in the content of IL-1 β in the serum of rats in the other experimental groups; compared with the model group, the 112 and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly lower ($P < 0.05$); compared with donepezil group, the 56 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly higher ($P < 0.05$), and the 112 and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly lower ($P < 0.01$). As shown in Table 12.

Table 12.
TNF- α , IL-6 and IL-1 β contents in the serum of rats (s, $x \pm s$)

Groups($n=10$)	TNF- α (ng/L)	IL-6 (pg/ml)	IL-1 β (pg/ml)
Normal saline	294.588 \pm 36.689	113.766 \pm 19.176	48.003 \pm 18.864
AD model	294.516 \pm 50.525	127.669 \pm 21.464	52.164 \pm 8.917
Donepezil	315.411 \pm 124.049	99.966 \pm 20.388 [#]	44.949 \pm 11.220
56 $\mu\text{g}/\text{kg}$ rLZ-8	336.733 \pm 51.569	143.790 \pm 32.699 ^{*Δ}	56.551 \pm 9.510 ^{Δ}
112 $\mu\text{g}/\text{kg}$ rLZ-8	310.063 \pm 45.082	113.729 \pm 19.594 ^{\blacktriangle}	43.736 \pm 6.730 ^{#$\blacktriangle\blacktriangle$}
224 $\mu\text{g}/\text{kg}$ rLZ-8	283.463 \pm 39.842 ^{\blacktriangle}	85.545 \pm 22.363 ^{*##$\blacktriangle\blacktriangle$$\S$}	39.859 \pm 11.560 ^{#$\blacktriangle\blacktriangle$}

*Compared with the normal group, $P < 0.05$; [□]Compared with the model group, $P < 0.05$; ^{□□}Compared with the model group, $P < 0.01$; ^{Δ} Compared with donepezil group, $P < 0.05$; ^{\blacktriangle} Compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, $P < 0.05$; ^{$\blacktriangle\blacktriangle$} Compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, $P < 0.01$; ^{\S} Compared with 112 $\mu\text{g}/\text{kg}$ rLZ-8 group, $P < 0.05$

4.2 Cytokines in the hippocampus and cerebral cortex of rats

4.2.1 Tumor necrosis factor α (TNF- α) contents

Compared with the normal saline group, the content of TNF- α in the hippocampus of rats was not significantly different in the other experimental groups, compared with the model group, the 224 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly lower ($P < 0.05$). As

shown in Table 13.

Compared with the normal saline group, the content of TNF- α in the cerebral cortex of rats was significantly lower in donepezil group ($P < 0.01$), while the other groups was not significantly different; compared with the model group, the donepezil group was significantly reduced ($P < 0.01$); compared with donepezil group, the three groups treated with rLZ-8 was significantly elevated ($P < 0.01$); compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, the 112 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly elevated ($P < 0.05$); compared with 112 $\mu\text{g}/\text{kg}$ rLZ-8 group, the 224 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly reduced ($P < 0.05$). As shown in Table 14.

4.2.2 Interleukin 6 (IL-6) contents

Compared with the normal saline group, the content of IL-6 in the hippocampus of rats was significantly reduced indonepezil and 224 $\mu\text{g}/\text{kg}$ rLZ-8 group ($P < 0.01$), and the 56 $\mu\text{g}/\text{kg}$ rLZ-8 group was also significantly reduced ($P < 0.05$); compared with the model group, the donepezi and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly reduced ($P < 0.01$), and 56 $\mu\text{g}/\text{kg}$ rLZ-8 group decreased significantly ($P < 0.05$); compared with donepezil, 56 $\mu\text{g}/\text{kg}$ rLZ-8 and 112 $\mu\text{g}/\text{kg}$ rLZ-8 groups, the 224 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly decreased ($P < 0.01$). As shown in Table 13.

Compared with the normal saline group, the content of IL-6 in the cerebral cortex of rats decreased significantly in 56 and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups ($P < 0.05$), the other groups did not change significantly ($P \geq 0.05$); compared with the model group, the in56 and 224 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly decreased ($P < 0.01$); compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, the 112 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly increased ($P < 0.01$); compared with 112 $\mu\text{g}/\text{kg}$ rLZ-8 group, the 224 $\mu\text{g}/\text{kg}$ rLZ-8 group was significantly decreased ($P < 0.01$). As shown in Table 14.

4.2.3 Interlukin 1 β (IL-1 β) contents

As shown in Table 13, there was no significant difference in the content of IL-1 β in the hippocampus of rats among the different experimental groups;

Compared with the normal saline group, the content of IL-1 β in the cerebral cortex of rats was significantly lower in donepezil group ($P < 0.01$); compared with the model group, the donepezil and 56 $\mu\text{g}/\text{kg}$ rLZ-8 groups was significantly lower ($P < 0.01$), and in 224 $\mu\text{g}/\text{kg}$ rLZ-8 group ($P < 0.05$); compared with donepezil group, the three rLZ-8-treated groups was significantly lower ($P < 0.01$). As shown in Table 14

Table 13.
TNF- α , IL-6 and IL-1 β contents in the hippocampus of rats (s, $x \pm s$)

Groups ($n=6$)	TNF- α (ng/mg)	IL-6 (ng/mg)	IL-1 β (ng/mg)
Normal saline	3.720 \pm 0.392	5.027 \pm 0.618	0.876 \pm 0.192
AD model	3.996 \pm 0.384	5.511 \pm 0.784	1.024 \pm 0.267
Donepezil	3.481 \pm 0.473	3.768 \pm 0.428 ^{**###}	0.762 \pm 0.153
56 $\mu\text{g}/\text{kg}$ rLZ-8	3.482 \pm 0.454	4.258 \pm 0.438 ^{*#}	0.813 \pm 0.053
112 $\mu\text{g}/\text{kg}$ rLZ-8	3.968 \pm 0.818	4.279 \pm 1.057	0.900 \pm 0.199
224 $\mu\text{g}/\text{kg}$ rLZ-8	3.347 \pm 0.285 [□]	3.102 \pm 0.503 ^{**###$\Delta$$\Delta$$\blacktriangle$$\text{SS}$}	0.848 \pm 0.044

*Compared with the normal saline group, $P < 0.05$; **Compared with the normal saline group, $P < 0.01$; [□] Compared with the model group, $P < 0.05$; ^{□□} Compared with the model group, $P < 0.01$; ^{Δ} Compared with donepezil group, $P < 0.05$; ^{$\Delta\Delta$} Compared with donepezil group, $P < 0.01$; ^{\blacktriangle} Compared with 56 $\mu\text{g}/\text{kg}$ rLZ-8 group, $P < 0.05$; ^{SS} Compared with 112 $\mu\text{g}/\text{kg}$ rLZ-8 group, $P < 0.05$.

Table 14.
TNF- α , IL-6 and IL-1 β in the cerebral cortex of rats (s, x \pm s)

Groups (n=10)	TNF- α (ng/mg)	IL-6 (ng/mg)	IL-1 β (ng/mg)
Normal saline	3.431 \pm 0.476	4.206 \pm 0.854	0.768 \pm 0.157
AD model	3.407 \pm 0.262	5.226 \pm 0.680	0.924 \pm 0.142
Donepezil	2.106 \pm 0.159 ^{**##}	3.506 \pm 0.552 [#]	0.477 \pm 0.101 ^{**##}
56 μ g/kg rLZ-8	3.106 \pm 0.341 ^{$\Delta\Delta$}	3.052 \pm 0.456 ^{###}	0.691 \pm 0.057 ^{##$\Delta\Delta$}
112 μ g/kg rLZ-8	4.118 \pm 0.849 ^{$\Delta\Delta\Delta$}	4.732 \pm 0.632 ^{$\Delta\Delta\Delta\Delta$}	0.871 \pm 0.186 ^{$\Delta\Delta$}
224 μ g/kg rLZ-8	3.196 \pm 0.346 ^{$\Delta\Delta\Delta$}	3.021 \pm 0.090 ^{###$\Delta\Delta$}	0.725 \pm 0.081 ^{#$\Delta\Delta$}

**Compared with the normal saline group, $P < 0.01$; \square Compared with the model group, $P < 0.05$; \square Compared with the model group, $P < 0.01$; $\Delta\Delta$ Compared with donepezil group, $P < 0.01$; Δ Compared with 56 μ g/kg rLZ-8 group, $P < 0.05$; $\Delta\Delta$ Compared with 56 μ g/kg rLZ-8 group, $P < 0.01$; $\Delta\Delta\Delta$ Compared with 112 μ g/kg rLZ-8 group, $P < 0.05$; $\Delta\Delta\Delta\Delta$ Compared with 112 μ g/kg rLZ-8 group, $P < 0.05$.

4.2.4 Glial-derived neurotrophic factor (GDNF) contents

Compared with the normal saline group, the content of GDNF in the hippocampus of rats the model group was significantly lower than the normal saline group ($P < 0.05$), compared with the model group, the 112 and 224 μ g/kg rLZ-8 groups was significantly higher ($P < 0.05$), compared with the 56 μ g/kg rLZ-8 group, the 112 μ g/kg rLZ-8 group was significantly higher ($P < 0.05$). As shown in Table 15.

Compared with the normal saline group, the content of GDNF in the cerebral cortex of rats was not significantly different in the other experimental groups, compared with in the model group, the 56 and 224 μ g/kg rLZ-8 groups was significantly lower ($P < 0.05$), compared with the 56 μ g/kg rLZ-8 group, the 112 μ g/kg rLZ-8 groups was significantly higher ($P < 0.05$), compared with the 112 μ g/kg rLZ-8 group, the 224 μ g/kg rLZ-8 groups was significantly lower ($P < 0.01$), As shown in Table 16.

4.2.5 Brain-derived neurotrophic factor (BDNF) contents

Compared with the normal saline group, the content of BDNF in the hippocampus of rats in 224 μ g/kg rLZ-8 group was significantly higher ($P < 0.05$), compared with the model group, the donepezil group was significantly higher ($P < 0.05$) and the 224 μ g/kg rLZ-8 group was significantly higher ($P < 0.01$), compared with the 56 μ g/kg rLZ-8 group, the 224 μ g/kg rLZ-8 group was significantly higher ($P < 0.01$), compared with the 112 μ g/kg rLZ-8 group, the 224 μ g/kg rLZ-8 group was significantly higher ($P < 0.05$), As shown in Table 15.

Compared with the normal saline group, the content of BDNF in the cerebral cortex of rats in the model group was significantly lower ($P < 0.01$) and the 112 μ g/kg rLZ-8 group was significantly higher ($P < 0.01$); Compared with the model group, the donepezil and 112 μ g/kg rLZ-8 groups was significantly increased ($P < 0.01$), and the 224 μ g/kg rLZ-8 group was also significantly increased ($P < 0.05$); compared with 112 μ g/kg rLZ-8 group, the donepezil, 56 μ g/kg rLZ-8 and 224 μ g/kg rLZ-8 groups was significantly decreased ($P < 0.01$). As shown in Table 16

Table 15.
GDNF and BDNF contents in the hippocampus of rats (s, x±s)

Groups (n=10)	GDNF (ng/mg)	BDNF (ng/mg)
Normal saline	2.537±0.370	2.942±0.511
AD model	2.145±0.059*	2.643±0.326
Donepezil	2.313±0.282	3.384±0.499 [□]
56 µg/kg rLZ-8	2.176±0.117	2.511±0.232 [△]
112 µg/kg rLZ-8	2.561±0.304 ^{□▲}	3.036±0.565
224 µg/kg rLZ-8	2.361±0.171 [□]	3.776±0.352 ^{*□▲▲§}

*Compared with the normal saline group, $P<0.05$; $P<0.01$; [□] Compared with the model group, $P<0.05$; [□] Compared with the model group, $P<0.01$; [△] Compared with donepezil group, $P<0.05$; $P<0.01$; [▲] Compared with 56 µg/kg rLZ-8 group, $P<0.05$; ^{▲▲} Compared with 56 µg/kg rLZ-8 group, $P<0.01$; [§] Compared with 112 µg/kg rLZ-8 group, $P<0.05$;

Table 16.
GDNF and BDNF contents in the cerebral cortex of rats (s, x±s)

Groups (n=10)	GDNF(ng/mg)	BDNF(ng/mg)
Normal saline	1.725±0.462	2.918±0.131
AD model	1.990±0.109	2.476±0.155**
Donepezil	1.796±0.099	3.223±0.298 ^{□□}
56 µg/kg rLZ-8	1.801±0.067 [□]	2.898±0.454
112 µg/kg rLZ-8	2.312±0.269 ^{△▲}	4.166±0.204 ^{**□□△△▲▲}
224 µg/kg rLZ-8	1.675±0.127 ^{□§§}	2.885±0.159 ^{□§§}

**Compared with the normal saline group, $P<0.01$; [□] Compared with the model group, $P<0.05$; ^{□□} Compared with the model group, $P<0.01$; [△] Compared with donepezil group, $P<0.05$; ^{△△} Compared with donepezil group, $P<0.01$; [▲] Compared with 56 µg/kg rLZ-8 group, $P<0.05$; ^{▲▲} Compared with 56 µg/kg rLZ-8 group, $P<0.01$; ^{§§} Compared with 112 µg/kg rLZ-8 group, $P<0.01$.

4.Organ Indexes

Compared with the normal saline group, the thymus index of rats in the model group decreased significantly ($P < 0.05$), and there was no significant difference in the other organ indexes between the normal saline group and model group ($P \geq 0.05$), indicating that scopolamine hydrobromide had no significant effect on the index of organs except the thymus. Compared with the normal saline group, the lung index and the spleen index of rats increased significantly in 56 µg/kg rLZ-8 group ($P < 0.05$), the spleen index decreased significantly in 112 µg/kg rLZ-8 group ($P < 0.05$), and the spleen index increased significantly in 224 µg/kg rLZ-8 group ($P < 0.05$). Compared with that in the model group, the lung index, the spleen index and the thymus index increased significantly in 56 µg/kg rLZ-8 group ($P < 0.05$), the spleen index decreased significantly in 112 µg/kg rLZ-8 group ($P < 0.05$), and the spleen index and the thymus index increased significantly in 224 µg/kg rLZ-8 group ($P < 0.05$). After the administration of scopolamine hydrobromide for one week, its effects on the organ indexes of rats were not significant, but the administration of

different dosages of scopolamine hydrobromide for two weeks showed some effects on the spleen and thymus of rats because an immunomodulatory protein could regulate the immune system to a certain extent, suggesting that the changes in the immune organ indexes of rats during the experiment should be a manifestation of the regulation of the rats' autoimmunity system. As shown in Table 17.

Table 17.
Organ indexes (s, x±s)

Groups (n=10)	Organ indexes (s, x±s)					
	Normal saline	Model	Donepezil	56 µg/kg rLZ-8	112 µg/kg rLZ-8	224 µg/kg rLZ-8
Heart index	0.33±0.007	0.36±0.004	0.35±0.004	0.34±0.004	0.33±0.005	0.34±0.004
Liver index	3.75±0.067	3.51±0.045	3.58±0.060	3.60±0.050	3.64±0.055	3.54±0.055
Lung index	0.44±0.004	0.43±0.004	0.47±0.006	0.49±0.009* [□]	0.45±0.004	0.50±0.019
Spleen index	0.23±0.001	0.23±0.001	0.26±0.001	0.28±0.001* [□]	0.20±0.001* [□]	0.41±0.002* [□]
Thymus index	0.19±0.001	0.16±0.001*	0.19±0.001	0.21±0.001 [□]	0.19±0.001	0.24±0.001 [□]
Kidney index	0.71±0.010	0.71±0.007	0.70±0.010	0.68±0.017	0.70±0.006	0.68±0.012

* Compared with the normal saline group, $P<0.05$; [□] Compared with the model group, $P<0.05$.

Discussion

Ganoderma lucidum, a traditional Chinese medicine, can improve the oxygen supply ability of hemoglobin, reduce the consumption of invalid oxygen, accelerate the blood circulation, and improve the oxygen supply and nutritional status of the brain, delaying the aging of the brain and showing a certain preventive effect on Alzheimer's disease. Fungal Immunomodulatory Protein of Ganoderma lucidum (LZ-8), an active component of Ganoderma lucidum, was obtained by genetic engineering in our previous studies. In this study, the protective effects of recombinant Ganoderma lucidum immunomodulatory protein (rLZ-8) against the scopolamine-induced Alzheimer's disease in rats were studied.

Water maze was designed by Morris, a British cardiologist, in the early 1980s for observing the spatial learning and memory ability of experimental animals^[18]. The results in this study showed that rLZ-8 and donepezil could significantly improve the learning and memory impairment induced by scopolamine hydrobromide, and the improvement of 56 µg/kg rLZ-8 on the learning and memory was better than that of the other doses of rLZ-8. Learning and memory is closely associated with the cholinergic system in basal forebrain (BF) and the content of acetylcholine in the brain tissue decreases with age. Acetylcholinesterase is a key enzyme to hydrolyze acetylcholine, indirectly reflecting the content of acetylcholine, choline acetyltransferase is a key enzyme that coacts with acetylcholinesterase to regulate the content of acetylcholine in the central nervous system, and acetylcholinesterase together regulate the content of acetylcholine in the body. The results in this study were consistent with those reported by other scholars^[18, 19]. In this study, We found that the activities of acetylcholinesterase and choline acetyltransferase were associated with the dose of rLZ-8, and a low dose of rLZ-8 could significantly improve the learning and memory impairment induced by scopolamine hydrobromide. Free radical damage is the pathological basis of many diseases, and induced mainly by the uncontrollable and abnormal free radical reaction in cells, resulting in serious damages to the structure and function of cells, and free radicals are toxic products that are produced by organisms and can damage themselves, causing lipid peroxidation to produce lipid peroxides. The results in this study showed that the oxygen free radicals were scavenged to some extent in rats in the different rLZ-8-treated groups. NO (nitric oxide) as a vasoactive factor and a special neurotransmitter in the brain is involved in regulating the physiological process of cerebral blood flow, and learning and memory. The contents of total TNOS and iNOS were detected in this experiment, and the results showed that the different doses of rLZ-8 could regulate the activity of NOS enzyme and improve the learning and memory of rats with Alzheimer's disease.

Some progress has been made in the study on the pathogenesis of inflammatory injury in AD in recent years^[20-22]. The deposition of AP (amyloid protein) in the brain of AD patients can lead to the excessive secretion of inflammatory cytokines, complement and immune factors by glial cells, thus causing a strong neurotoxic effect. A large number of studies have found that there is a serious focal inflammatory reaction in the brain of patients with AD, in which pre-inflammatory factors such as IL-1 β , IL-6 and TNF- α are closely related to the pathogenesis and progression of AD, and TNF- α is the earliest and important inflammatory mediator in the process of inflammatory reaction to activate neutrophils and lymphocytes, increase the permeability of vascular endothelial cells, regulate the metabolism of other tissues, and promote the synthesis and release of other cytokines^[23, 24]. IL-6 can induce the differentiation of B cells to produce antibodies, as well as the activation, proliferation and differentiation of T cells to participate in the immune response of the body, which is a provocative agent of inflammatory reaction. IL-1, also known as lymphocyte-stimulating factor, is mainly produced by activated monocytes-macrophages, and exists in the forms of IL-1 α and IL-1 β . The inflammation caused by the interaction of inflammatory factors is also one of the causes of Alzheimer's disease. The increased expression of inflammatory factors can activate microglia to engulf foreign bodies so as to improve the symptoms of Alzheimer's disease. In this study, the expression of inflammatory cytokines IL-1 β , IL-6 and TNF- α in the hippocampus and cerebral cortex was affected by the different doses of rLZ-8. GDNF is a neurotrophic factor discovered in 1993, the target of GDNF is not only dopaminergic neurons in substantia nigra, but also cholinergic neurons in basal forebrain, and GDNF can reduce the dependence of basal cholinergic neurons on nerve growth factor and is closely related to many degenerative diseases of the nervous system, such as amyotrophic lateral sclerosis (ALS) and AD^[25, 26]. BDNF is one of the members of neurotrophic family^[27], widely distributed in the central nervous system, sensory nerve and spinal cord neurons, and is an important neurotrophic factor in neurons and glia; BDNF is closely associated with learning and memory, and the expression of BDNF in the hippocampus plays an important role in strengthening the memory process and long-term potentiation^[28, 29]. The decrease of BDNF in AD can weaken the function of hippocampus in two ways: one is the plasticity of synapses, that is, the deficiency of BDNF can weaken the ability of synapses to encode information and block the long-term potentiation, and the other is that the decrease of BDNF makes hippocampal neurons more vulnerable to damage and degeneration from the point of view of neurotrophic factor, mainly affecting the cholinergic system of basal forebrain. In this experiment, the different doses of rLZ-8 showed a certain effect on the expression of GDNF and BDNF in the hippocampus and cerebral cortex of rats with AD.

Limitations

In this study, we used scopolamine hydrobromide to induce AD rat model. Scopolamine hydrobromide can bind to choline receptor and block the binding of acetylcholine receptor, resulting in the decrease of acetylcholine transmitter level and the decrease of learning ability. However, the AD rat model induced by scopolamine hydrobromide is a transient model, and it lacks typical pathological changes such as degeneration of ad neurons and deposition of a β . In this experiment, the learning and memory ability of rats was evaluated by water maze test. The changes of cholinergic system level, antioxidant level, lipid peroxidation level and proinflammatory cytokines in serum, hippocampus and cortical tissue were detected by using the kit. The results showed that rLZ-8 could improve the learning ability of transient AD rat model, but not from the water of signal pathway. Objective to study the protective mechanism of rLZ-8 on scopolamine induced AD rats. In the next step, we have established a rat model of ad induced by D-galactose. On the basis of previous studies, we intend to study the effect of rLZ-8 on AD rat model from the level of pathology and signal pathway.

Conclusion

The above results indicate that rLZ-8 has some advantages over donepezil, because the immunomodulatory protein with less toxic and side effects on human body is different from donepezil, and moreover, rLZ-8 can be used for the prevention of learning and memory impairment for a long time, while donepezil can be only used for the treatment of mild to moderate learning and memory impairment, and can't be used for the prevention of learning and memory impairment.

It was found in our study that rLZ-8 showed some effects on the content or expression of acetylcholinesterase, choline acetyltransferase, various oxygen free radicals, NO, IL-1 β , IL-6, TNF- α , and GDNF in the serum and brain tissues of scopolamine-

induced AD rats. The change of content or expression of BDNF in serum or brain tissue has certain effect. The mechanism of the protective effect of rLZ-8 against the scopolamine-induced AD in rats is to be investigated at the signal pathway level in our further study. rLZ-8 had no effect on the body weight of rats, but a significant effect on the organ indexes, indirectly suggesting that rLZ-8 had no significant toxic and side effect on rats with AD induced by scopolamine. RLZ-8 could significantly improve the learning and memory impairment of AD rats induced by scopolamine. In addition, rLZ-8 could improve the content or activity of related indexes, which may provide evidences for the results of behavioral experiments, and a basis for the study of rLZ-8 as a drug for the treatment of AD.

Abbreviations

AD: Alzheimer's disease;

rLZ-8: recombinant Ganoderma lucidum immunomodulatory protein

BF: basal forebrain; TChE: Acetylcholinesterase;

ChAT: choline acetyltransferase; MAO: monoamine oxidase ;

SOD: superoxide dismutase; GSH-PX: glutathione peroxidase;

MDA: malondialdehyde; TNF- α : tumor necrosis factor- α ;

IL-6: interleukin-6; IL-1 β : interleukin- β ;

GDNF: glial-derived neurotrophic factor;

BDNF: brain-derived neurotrophic factor

Declarations

Ethics approval and consent to participate

All procedures involving Wistar rats were reviewed and approved by the Institutional Animal Care and Use Committee of Jilin University School of Pharmaceutical Science

Consent for publication

Not applicable

Availability of data and material

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request

Competing interests

All the authors declare that they have no competing interests

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Authors' contributions

Jun Fu, Huan Tang and Yan Li prepared the animal model of Alzheimer's in Wistar rats. Liping Song, Dan Xu, Qiang Hao and Qianwen Li performed the Morris water maze test, Training test and Space exploration test. Zhihui Ren, Xiaowei Zhou, Hongyu

Chen, Weitao Zhao and Juan Jia performed the detection of biochemical indexes. Jin Pei and Fei Sun designed the study. Jin Pei, Haotian Wang and Jun Fu analyzed the data, and wrote the manuscript. All the authors have read and proofread the final draft of the manuscript.

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Figures

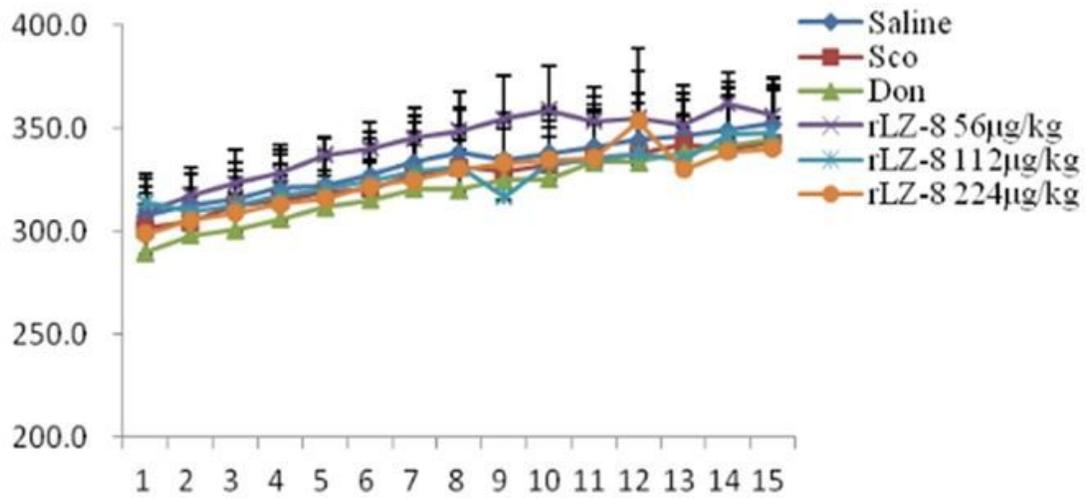


Figure 1

Effects of rLZ-8 on the body weight rats.

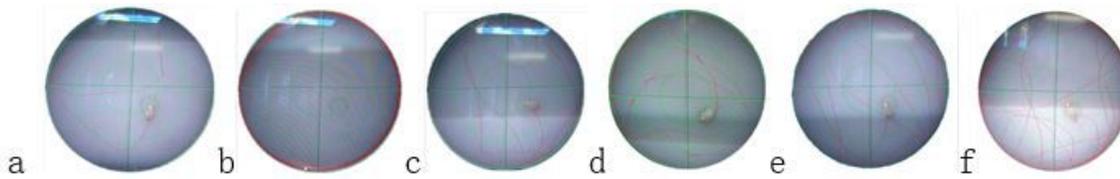


Figure 2

Space exploration test a. Normal saline group; b. AD model group; c. Donepezil group; d. 56µg/kg rLZ-8 group; e. 112µg/kg rLZ-8 group; f. 224µg/kg rLZ-8.