

# Treatment of COVID-19 pneumonia and acute respiratory distress with ramatroban, a thromboxane A<sub>2</sub> and prostaglandin D<sub>2</sub> receptor antagonist: A 4-Patient Case Series Report

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## Case Report

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# Abstract

**Importance** Hypoxemia in COVID-19 pneumonia is dispositive for hospitalization and mechanical ventilation and contributes to mortality. Other than oxygen supplementation, there is no treatment that resolves hypoxemia in COVID-19 pneumonia.

**Objective** COVID-19 pneumonia sustains a massive increase in lipid mediators, especially thromboxane  $A_2 \gg PGE_2 > PGD_2$ . Thromboxane  $A_2$  induces pulmonary vasoconstriction, increases pulmonary capillary pressure and contributes to pulmonary edema. High thromboxane  $A_2$  metabolite levels are strongly associated with respiratory failure and mortality in hospitalized COVID-19 patients. Ramatroban (Baynas®, Bayer Yakuhin Ltd., Japan) is an inexpensive, orally bioavailable, thromboxane  $A_2$  receptor antagonist. Ramatroban was administered to patients with COVID-19 pneumonia and hypoxemia to explore the effect of thromboxane  $A_2$  antagonism on clinical symptoms and outcomes.

**Design, Setting, and Participants** A retrospective case series comprising 4 consecutive outpatients, 22 to 87 years of age, with COVID-19 pneumonia and hypoxemia treated with ramatroban between April and July 2021 in India.

**Main Outcomes and Measures** The primary outcome measure was blood oxygen saturation using pulse oximetry (SpO<sub>2</sub>). Secondary outcome measures were respiratory distress and need for hospitalization.

**Results** Four COVID-19 outpatients had developed progressive respiratory distress and hypoxemia. Within 12-36 hours of the first dose of ramatroban, all four patients experienced increase in SpO<sub>2</sub> and decrease in respiratory distress, which obviated hospitalization. Continued treatment for 5 days was associated with complete resolution of respiratory distress and hypoxemia.

**Conclusions and Relevance** There is an unmet medical need for drugs that target the hemodynamic, prothrombotic, and maladaptive immune responses that lead to pneumonia and respiratory failure following SARS-CoV-2 infection. As an anti-vasospastic, broncho-relaxant, anti-thrombotic and immunomodulatory agent, ramatroban addresses the fundamental host response mechanisms underlying respiratory and critical organ failure in COVID-19. Ramatroban merits study in randomized clinical trials that might offer hope for a cost-effective pandemic treatment.

## Key Points

**Question:** COVID-19 pneumonia sustains extraordinary lung accumulation of lipid mediators, especially thromboxane A<sub>2</sub>. Thromboxane A<sub>2</sub> metabolites are associated with respiratory failure and mortality in COVID-19. Does blocking the effects of thromboxane A<sub>2</sub> using ramatroban, an orally bioavailable thromboxane receptor antagonist improve outcomes?

**Findings:** In this retrospective case series of 4 consecutive COVID-19 outpatients, respiratory distress and severe hypoxemia improved within 12-36 hours after starting ramatroban and normalized within 3-5 days with no need for hospitalization.

**Meaning:** In symptomatic COVID-19, ramatroban blocks thromboxane-receptor dependent pulmonary vasoconstriction, bronchoconstriction and microvascular thrombosis to improve ventilation-perfusion matching, relieve hypoxemia, and promote resolution of pulmonary edema.

## Background

After symptomatic SARS-CoV-2 infection, 10-20% of patients require hospitalization for respiratory distress and hypoxemia.<sup>1</sup> Currently, anti-SARS-CoV-2 monoclonal antibodies are approved for treatment of ambulatory patients with COVID-19,<sup>2</sup> and antiviral treatments have recently been approved, but they are expensive and effective only early after symptom onset. There is an unmet medical need for inexpensive, safe, orally bioavailable drugs that can reduce hypoxemia, provide symptomatic relief, and minimize hospitalization in patients with COVID-19. Identifying the correct therapeutic target is critical to discovering such a drug.

Lungs in COVID-19 patients with acute respiratory distress syndrome (ARDS) produce proinflammatory lipid mediators with predominance of cyclooxygenase metabolites in bronchoalveolar lavage fluid (BALF), notably thromboxane B<sub>2</sub> (TxB<sub>2</sub>) >> prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) > prostaglandin D<sub>2</sub> (PGD<sub>2</sub>).<sup>3</sup> The massive increase in TxA<sub>2</sub> metabolites in BALF<sup>3</sup> and systemically in hospitalized COVID-19 patients,<sup>4,5</sup> suggests a critical role for TxA<sub>2</sub> / TxA<sub>2</sub> prostanoid receptors (TPr) in COVID-19 respiratory distress. We hypothesized that TxA<sub>2</sub>/TPr induced contraction of pulmonary veins elevates pulmonary capillary pressure and contributes to pulmonary edema and hypoxemia in COVID-19 pneumonia (Fig. 1). TPr signaling leads to selective constriction of intrapulmonary veins and small airways with 10-fold higher potency and greater reduction in luminal area than intrapulmonary arteries.<sup>6</sup> High local concentrations of TxA<sub>2</sub> can effectively divert pulmonary blood flow, increase microvascular pressure and permeability, and force fluid and plasma proteins into alveoli.<sup>6</sup> A selective TPr antagonist was previously reported to decrease pulmonary capillary pressure by selectively reducing post-capillary resistance in patients with acute lung injury.<sup>7</sup> TxA<sub>2</sub> and isoprostanes stimulate TPr-mediated activation of the TGFβ pathway,<sup>8</sup> and

early, untimely TGF $\beta$  responses in SARS-CoV-2 infection limit antiviral function of natural killer (NK) cells and promote progression to severe COVID-19 disease.<sup>9</sup>

Theken and FitzGerald proposed early administration of a TxA<sub>2</sub> antagonist as an antithrombotic agent, and a D-prostanoid receptor 2 (DPr2, formerly referred to as CRTH2) antagonist to boost interferon lambda (IFN- $\lambda$ ) in the upper respiratory tract, thereby limiting SARS-CoV-2 replication and transmission.<sup>10,11</sup> Ramatroban, the only dual TxA<sub>2</sub>/TP $\alpha$  and PGD<sub>2</sub>/DPr2 receptor antagonist available for clinical study, has been proposed as an antithrombotic and immunomodulator agent in COVID-19.<sup>12,13</sup> In their report showing very high levels of TxB<sub>2</sub> >> PGD<sub>2</sub> in BALF, Archambault and colleagues also suggested ramatroban to block the deleterious effects of TxA<sub>2</sub> and PGD<sub>2</sub> in COVID-19.<sup>3</sup> Ramatroban has an established safety profile, having been prescribed for over 20 years in Japan for treatment of allergic rhinitis.<sup>14,15</sup> We report here a small case series of four consecutive COVID-19 patients with worsening respiratory distress and hypoxemia who were treated with ramatroban. Surprisingly, this led to rapid improvement in both respiratory distress and hypoxemia, thereby avoiding hospitalization and promoting recovery from acute disease.

## The 1st Case Of Severe Covid-19 Pneumonia Treated With Ramatroban

S.D., an 87-year-old Indian lady, experienced sudden onset of fever, cough, diarrhea, anorexia, profound weakness, and slight shortness of breath, 10 days after a 2-hour flight from New Delhi to Indore, Madhya Pradesh, India. Patient had received the first dose of COVAXIN, a whole virion inactivated vaccine against SARS-CoV-2, 30 days prior to beginning of symptoms. On examination the patient was fully alert, oriented, and able to make intelligent conversation but lay listlessly in bed unable to ambulate. Patient weighed 42 kg and exhibited severe pre-existing muscle wasting and marked kyphosis. Vital signs revealed temperature, 102<sup>o</sup> Fahrenheit; heart rate, 100 per minute; blood pressure, 90/60 mm of Hg; and respiratory rate, 22 per minute. Mucosa were moist, and mild pallor was present. There was no jugular venous distention or pedal edema. Chest examination revealed bilateral coarse rales especially prominent at both lung bases but no wheezes. Abdomen, cardiovascular, and neurological examinations were unremarkable. Patient was not taking any medications.

*Past medical history* included hypertension for over 40 years; thyrotoxicosis for over 30 years treated with radioiodine therapy in 1999; severe osteoporosis with kyphosis; bladder suspension surgery in 1999; coronary artery disease leading to acute myocardial infarction and cardiac arrest in 2015 which required coronary angioplasty and stent placement; chronic kidney disease with estimated glomerular filtration rate of about 20 mL/min (Table 2).

*Investigations:* Nasopharyngeal and oropharyngeal swabs were positive for SARS-CoV-2 infection by RNA PCR with cycle threshold (Ct range < 20 cycles). Pulse oximetry revealed oxygen saturation of about 85-88%. Patient was admitted on April 9, 2021 to Medanta Hospital, Indore. CT scan revealed moderate multifocal, patchy ground glass opacities, and consolidation. There was septal thickening in the central and peripheral subpleural aspect of both lung parenchyma. Serial laboratory examinations during the course of the illness are listed in Table 1.

*Hospital course:* During the hospital stay, the patient was treated with high-flow nasal oxygen, prophylactic low-molecular weight heparin, intravenous remdesivir, antibiotics, and methylprednisolone. Patient continued to have fever, cough, shortness of breath, diarrhea, and profound weakness during the hospital stay. SpO<sub>2</sub> on room air ranged between 82-86% (Table 2). After a hospital stay of 5 days, the patient was discharged upon her request on April 14, 2021. Discharge medications included oral oseltamivir, doxycycline, vitamin C, aspirin 75 mg once a day, 5 mg prednisolone, vitamin D<sub>3</sub>, and nebulization with budesonide and salbutamol twice daily. Continued supportive management with betadine gargles, steam inhalation, and breathing exercises was advised.

*Post-discharge course:* On April 15, the day after discharge from the hospital, the patient had fever with a temperature of 101° Fahrenheit. Pulse oximetry revealed an oxygen saturation (SpO<sub>2</sub>) of 82-84% on room air, and patient was continued on oxygen. Patient was profoundly weak and unable to get out of bed without assistance. At this time all drugs including low-dose aspirin were discontinued, and the patient was started on ramatroban (Baynas®, 75 mg tablet) in a dose of one-half tablet (37.5 mg) orally twice daily. The patient was continued on oxygen using a nasal cannula and SpO<sub>2</sub> was not checked on room air. After about 36 hours, having received three one-half doses of ramatroban, there was noticeable improvement in her general condition, and SpO<sub>2</sub> increased to 90% on room air. The dose of ramatroban was increased to 37.5 mg in the morning and 75 mg at bedtime. Patient had complete resolution of cough and diarrhea over the next 3 days and started ambulating independently without assistance. Ramatroban was discontinued after 2 weeks due to non-availability, and the patient was switched to 75 mg aspirin daily. Patient had recovered almost completely by April 22, 2021, and gradually recovered fully over the next 3-4 weeks to baseline status. On October 10, 2021, 6 months after the acute COVID-19, a high-resolution, non-contrast CT scan demonstrated non-homogenous ground glass pattern with normal lung volumes and absence of lung fibrosis. Patient continues to be asymptomatic.

Table 1. Serial laboratory values

Analytes	Before admission	During hospital stay	After discharge	Reference Value
	April 8, 2021	April 13, 2021	April 16, 2021	
Hemoglobin (g/dl)	11.7	12.1	12.0	13.0-17.0
Platelet count (per mm <sup>3</sup> )	214,000	285,000	402,000	150,000-410,000
WBC count (per mm <sup>3</sup> )	5040	12100	9010	4000-10000
Neutrophils (%)	77	80	86	38-70
Lymphocytes (%)	18	11	07	21-49
NLR (Neutrophil-Lymphocyte Ratio)	4.3	7.3	12.3	1.1-3.5
Serum CRP (mg/L)	7.86	35.9	15.3	0-5.0
D-dimer (ng FEU/mL)	600	650	659	<500

## Case 2

A.K., a 33-year-old business manager in New Delhi developed sore throat, cough, loss of smell, altered taste, loss of appetite, high grade fever (104 -106° Fahrenheit), profound weakness and severe body aches around April 17, 2021. A.K. had not received the COVID-19 vaccine. Patient has past medical history of mild hypertension, psoriasis and psoriatic arthropathy treated with homeopathy, nasal polyposis and recurrent upper respiratory infections every winter for past several years. Nasopharyngeal and oropharyngeal swabs taken the next day were positive for SARS-CoV-2 infection by RNA PCR with cycle threshold (Ct range) of 21 cycles.

On April 18, 2021 the patient developed progressive shortness of breath and was started on oral favipiravir, hydroxychloroquine, doxycycline and multivitamins. SpO<sub>2</sub> checked in the morning was about 90%, declining to 82-85% by the evening. The shortness of breath worsened around midnight and patient could not catch his breath, was unable to speak, and was very anxious and restless. The SpO<sub>2</sub> was 73% (Table 2). Patient could not be transferred to a COVID hospital due to nonavailability of hospital beds. Desperate attempts to secure an oxygen cylinder failed. Ramatroban was rushed to patient's home by Uber and first dose of 75mg was taken at 1:30 AM on the morning of April 19<sup>th</sup>. The "breathing improved in 25-30 minutes", the patient calmed down and fell asleep at 3 AM. Pulse oximetry remained disconnected while the patient was sleeping so as not to disturb him. Patient woke up at 11 AM at which time SpO<sub>2</sub> on room air was 88-90%. On April 20<sup>th</sup>, oral temperature was 101° Fahrenheit, and SpO<sub>2</sub> was 90-92%. Ramatroban was administered in a dose of 75 mg twice daily for a total of 5 days. Patient continued to improve over the next 5 days (Table 2). On the 25<sup>th</sup> of April, patient noticed that the sputum was streaked with blood and oral acetylcysteine was started. A chest CT on April 27<sup>th</sup> revealed ground glass opacities involving bilateral lung fields with mild interstitial thickening giving the appearance of crazy-paving pattern. There were scattered areas of bronchopneumonic changes and consolidation involving both lungs. A few small fibrotic bands were noted in both lower lobes. The patient had made a

near complete recovery by May 5<sup>th</sup>, and resumed work on May 10<sup>th</sup>. Patient continues to have altered taste and smell 7 months after the acute illness.

### **Case 3**

S.B., a 22-year-old, healthy lady in New Delhi developed fever, cough, loss of smell and taste, and body aches due to COVID-19. S.B. had not received COVID vaccination. S.B. was treated with favipiravir, steroids and multivitamins. Patient experienced progressively worsening shortness of breath and SpO<sub>2</sub> dropped to 85% on room air. Patient was prescribed Ramatroban 75 mg twice daily. Within 6-8 hours after taking the first dose of ramatroban, respiratory distress improved and the SpO<sub>2</sub> increased to 89%. The next day SpO<sub>2</sub> increased to 90-91%. There was progressive improvement with complete resolution of respiratory symptoms over the next 5 days. On day 5, the SpO<sub>2</sub> was 94% on room air (Table 2). Patient has made a complete recovery from COVID-19.

### **Case 4**

B.C., a 70-year-old man living in a rural area of Bihar, India developed high grade fever and cough presumably secondary to SARS-CoV-2 infection. Patient has a history of diabetes mellitus controlled with diet. B.C. was not taking any medications and had only received one dose of COVAXIN vaccine for COVID-19. Patient developed shortness of breath with SpO<sub>2</sub> measuring about 80% on room air. Two to three hours after taking 75 mg ramatroban, respiratory distress and cough improved, and the SpO<sub>2</sub> increased to 85%. After a total of 10 tablets taken over 5 days, dyspnea had resolved, and SpO<sub>2</sub> increased to 96% on room air (Table 2). Patient has made a complete recovery from COVID-19.

### **Table 2. Clinical course of COVID-19 patients with acute respiratory distress treated with Ramatroban**

Patient Initials Gender Age (years) Comorbidity	Ramatroban (Baynas®) 75 mg tab	Clinical course; Blood oxygen saturation by pulse oximetry (SpO <sub>2</sub> )		
		Time '0' Ramatroban started	Time to partial relief of dyspnea; and the first SpO <sub>2</sub> recorded on room air after initiating ramatroban treatment	Day '5' after taking 10 tablets of ramatroban <sup>^</sup>
S.D.; female, 87 yrs. Hypertension; Stage 4 CKD; CAD, MI and cardiac arrest 4 years ago	37.5 mg (½ tab) twice daily	Dyspnea ++ SpO <sub>2</sub> : 82%	24-36 hours; SpO <sub>2</sub> > 90%, 36 hours after 1 <sup>st</sup> dose*	No dyspnea SpO <sub>2</sub> ≥ 95%
A.K., male, 33 yrs Hypertension, psoriasis, recurrent URTI	75 mg twice daily	Dyspnea +++ SpO <sub>2</sub> : 73%	1-2 hours; SpO <sub>2</sub> 90%, 9 hours after 1 <sup>st</sup> dose*	No dyspnea SpO <sub>2</sub> 96%
S.B., female, 22 yrs	75 mg twice daily	Dyspnea ++ SpO <sub>2</sub> : 85%	4-6 hours; SpO <sub>2</sub> 89%, 6-8 hours after 1 <sup>st</sup> dose	No dyspnea SpO <sub>2</sub> 94%
B.C., male, 70 yrs Diabetes mellitus	75 mg twice daily	Dyspnea ++ SpO <sub>2</sub> : 80%	2-3 hours; SpO <sub>2</sub> 85%, 2-3 hours after 1 <sup>st</sup> dose	No dyspnea SpO <sub>2</sub> 96%

\*SpO<sub>2</sub> on room air was not checked at earlier time points

<sup>^</sup> For patients 2, 3, and 4, ramatroban could be administered only for a total of 5 days due to limited supplies.

## Discussion

We present the first reported cases of COVID-19 treated with ramatroban (Baynas®), a dual antagonist of the TxA<sub>2</sub>/TP<sub>r</sub> and PGD<sub>2</sub>/DPr<sub>2</sub> receptors. All four COVID-19 patients were characterized by respiratory distress that was new in onset or had worsened (Table 2). Despite presenting with severe hypoxemia, gas exchange rapidly improved in all four patients. They were able to avoid hospitalization and recovered without any further need for supplemental oxygen or corticosteroids.

Relief of hypoxemia is a key success factor in COVID-19 treatment. The rapidity of improvement following oral ramatroban is consistent with acute relaxation of vascular and airway smooth muscles. We hypothesize blocking TxA<sub>2</sub>/TP<sub>r</sub> inhibits pulmonary venous constriction, lowers pulmonary capillary pressure, and relaxes bronchial smooth muscle. A TP<sub>r</sub>-dependent pressure gradient across the pulmonary microvasculature can force fluid from the vascular compartment into the alveoli, overwhelm lymphatics and flood the small airways, leading to pulmonary edema<sup>6</sup> (Fig. 1).

U-46619, a PGH<sub>2</sub> analog TPr agonist, at 1 nM reduced guinea-pig pulmonary venous and airways luminal areas by 50% with little or no change in arterial luminal area.<sup>6</sup> Higher concentrations collapsed both pulmonary veins and airways, indicating that sub-nanomolar concentrations of the more potent TxA<sub>2</sub> could produce meaningful increases in airway tone and pulmonary venous resistance.<sup>6</sup> This is consistent with the measured effect of ifetroban, a selective TPr antagonist which reduced pulmonary venous resistance and capillary pressure in patients with acute lung injury.<sup>16</sup> Moreover, TPr antagonism prevented hypoxemia in a lethal porcine septic shock model,<sup>17</sup> attenuated airway mucus hyperproduction induced by cigarette smoke<sup>18</sup> and reduced pulmonary edema in mouse models of acute lung injury.<sup>19</sup> In the patient cases presented here, we hypothesize that ramatroban enhanced pulmonary blood flow, reduced pulmonary capillary pressures, improved ventilation-perfusion matching, promoted resolution of edema, reduced bronchoconstriction and airway mucus hyperproduction, improved lung compliance and gas exchange, and thereby mitigated SARS-CoV-2 respiratory distress and hypoxemia (Fig. 1 and Table 3).

Lung TxA<sub>2</sub> generation is sufficiently elevated in symptomatic COVID-19 that TPr activation may affect other critical organ functions. For example, vascular effects might include vasospasm and thrombosis resulting in angina, arrhythmias, myocardial infarction and/or stroke.<sup>20</sup> In the cerebral circulation, TPr activation can increase blood-brain barrier permeability,<sup>21</sup> which may contribute to brain fog in COVID-19. The potential of TPr blockade to affect the lungs and other critical organs during acute illness and during convalescence or long COVID merits focused research.

PGD<sub>2</sub> / DPr2 signaling promotes allergic inflammation by stimulating Th2 and innate lymphocyte class 2 (ILC2) cells as in asthma (Fig. 1).<sup>22,23</sup> The maladaptive immune response in COVID-19 is characterized by a shift from Th1 to Th2 with basophilia, eosinophilia, lymphopenia and an increase in plasma levels of type 2 cytokines produced by Th2 cells, including IL-4 and IL-13.<sup>24-26</sup> IL-4 is known to impair the barrier function of endothelial cells, leading to microvascular leakage and edema formation (Fig. 1).<sup>27</sup> IL-13 increases hyaluronan accumulation in mouse lungs<sup>28</sup> and mucus overproduction in cultured human bronchial epithelial cells.<sup>29</sup> This is correlated with ARDS, need for mechanical ventilation, acute kidney injury (AKI), and mortality in COVID-19.<sup>30</sup> Whether ramatroban inhibits inflammation and hyaluronan accumulation in ARDS remains to be investigated.

The beneficial effects of ramatroban may be additionally attributed to enhanced antiviral activity due to TxA<sub>2</sub>/TPr and PGD<sub>2</sub>/DPr2 antagonism. First, TxA<sub>2</sub>/TPr activation stimulates activation of the TGF-β

pathway,<sup>8</sup> and early, untimely TGF- $\beta$  responses in SARS-CoV-2 infection limit antiviral function of natural killer (NK) cells.<sup>9</sup> Second, TxA<sub>2</sub>/TP $\alpha$  activation may directly modulate natural cytotoxic effector cell function.<sup>31</sup> Third, PGD<sub>2</sub>/DPr2 signaling may suppress innate mucosal antiviral responses by inhibiting expression of interferon (IFN)- $\lambda$ , the first line of defense against viruses at mucosal surfaces. Notably IFN- $\lambda$  is markedly suppressed in the upper respiratory tract in COVID-19.<sup>32</sup> Increased expression of phospholipase A<sub>2</sub> group IID and PGD<sub>2</sub> in the elderly may further suppress IFN- $\lambda$  expression,<sup>33</sup> thereby impairing antiviral responses and contributing to increased morbidity and mortality observed consistently in the elderly.<sup>11</sup> Expression of nasal and pharyngeal PGD<sub>2</sub> and DPr2 in SARS-CoV-2 infection remain to be investigated even though there is significant elevation of PGD<sub>2</sub> in bronchoalveolar lavage fluid and human lung epithelial cells,<sup>3,34</sup> and expression of PGD<sub>2</sub> synthase and DPr2 in COVID-19 kidneys.<sup>35</sup> Interestingly, 11-dehydro-TxB<sub>2</sub> (11dhTxB<sub>2</sub>), a major stable metabolite of thromboxane A<sub>2</sub>, serves as a full agonist of DPr2 receptors.<sup>36</sup> Urinary 11dhTxB<sub>2</sub> levels are markedly increased in COVID-19 and correlate with length of hospitalization, mechanical ventilation and mortality.<sup>37</sup> In rabbits infused with TxB<sub>2</sub>, 11dhTxB<sub>2</sub> was a major metabolite, and enzymatic conversion of TxB<sub>2</sub> to 11dhTxB<sub>2</sub> was not detected in blood cells or plasma.<sup>38</sup> The dehydrogenase catalyzing formation of 11dhTxB<sub>2</sub> was tissue bound with the highest activity in lung.<sup>38</sup> The above suggests that elevated lung TxA<sub>2</sub> is converted to 11dhTxB<sub>2</sub> which may exert local or systemic effects via DPr2. In a neonatal mouse model of severe respiratory syncytial virus-induced bronchiolitis, treatment with a DPr2 antagonist decreased viral load and improved morbidity associated with upregulating interferon (IFN)- $\lambda$  expression.<sup>10,33</sup> Whether ramatroban enhances NK cell and IFN- $\lambda$  responses and reduces SARS-CoV-2 viral load remains to be investigated.

Currently, there is no treatment for long COVID symptoms following recovery from acute illness. Long COVID is often characterized by neuropsychiatric manifestations including “brain fog,” anxiety or depression, fatigue and problems with mobility, dyspnea, in part due to lung fibrosis and lung diffusion impairment, and microvascular thrombosis persisting for > 4 months in about 25% of patients.<sup>39,40</sup> Despite persistence of ground glass opacities 6 months later in patient 1, lung fibrosis was not detected. This is consistent with the antifibrotic effect of ramatroban in an animal model of silicosis that is associated with markedly increased pulmonary thromboxane A<sub>2</sub> and PGD<sub>2</sub>.<sup>41</sup> Moreover, in well-established animal models of depression, elevation in PGD<sub>2</sub> mediates depression-like behavior, while ramatroban restores object exploration and social interaction.<sup>42</sup> The above suggests that ramatroban may help prevent and/or treat certain long COVID symptoms (Table 3).

This report has several limitations. Only 4 patients could be treated with ramatroban, and the duration of treatment was brief due to very limited availability of the drug in India. Only the first patient had

laboratory studies performed. Patients 2, 3 and 4 were not examined by a physician and the clinical course was reported by patients or their relatives.

During the ongoing pandemic, there is an unmet need for a drug that can provide rapid relief of respiratory symptoms and hypoxemia, halt progression of disease, and minimize hospitalization, which is associated with poor outcomes for the patient and added burden on the healthcare system. Ramatroban (Baynas®, Bayer Yakuhin, Ltd., Japan) has been safely used for the treatment of allergic rhinitis in Japan since 2000.<sup>15</sup> The usual adult oral dose of 75 mg twice daily achieves an average plasma concentration of about 0.1 mg/L or 240 nM which is sufficient to inhibit pulmonary venous constriction, platelet activation, and release of type 2 cytokines (Table 3).

The rapid and salutary responses to ramatroban reported here, its diverse actions targeting the major pathobiologic mechanisms underlying COVID-19 (Table 1 and Fig. 1), coupled with its oral bioavailability and an excellent safety profile make ramatroban an attractive therapeutic agent to test in randomized controlled clinical trials.

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## Declarations

**Conflicts of Interest:** Martin Ogletree has filed a patent claiming thromboxane receptor antagonists for the treatment of COVID-19. Ajay Gupta and Kate Chander Chiang have filed a patent on the use of a dual receptor antagonist of the thromboxane A<sub>2</sub> and PGD<sub>2</sub> – DPr2 receptors for COVID-19. Dr. Gupta is the son of the index case reported here. The other authors did not declare any conflict of interest.

## Abbreviations

Tx, thromboxane; 11dhTx<sub>B<sub>2</sub></sub>, 11-dehydro-thromboxane B<sub>2</sub>; TPr, thromboxane prostanoid receptor; PG, prostaglandin; COX, cyclooxygenase; DPr2, D prostanoid receptor 2; URTI, upper respiratory tract infection; BALF, bronchoalveolar lavage fluid; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; COVID-19, coronavirus disease 2019; RSV, respiratory syncytial virus; IL, interleukin; MDSC, monocyte-macrophage derived suppressor cell; IFN, interferon; ARDS, acute respiratory distress syndrome; SpO<sub>2</sub>, blood oxygen saturation by pulse oximetry; TGF-β, transforming growth factor beta; NK cells, natural killer cells; NETs, neutrophil extracellular traps

## Table 3

Table 3 is in the supplementary files section.

## Figures

### Figure 1

**Proposed mechanisms of rapid relief in respiratory distress following ramatroban administration during acute SARS-CoV-2 infection.** SARS-CoV-2 induced expression of COX-2 generates PGH<sub>2</sub> which is converted into thromboxane A<sub>2</sub> >> PGD<sub>2</sub>. Oxidative stress associated free radicals initiate non-enzymatic peroxidation of arachidonic acid leading to F2-isoprostane generation. PGH<sub>2</sub>, TxA<sub>2</sub> and F2-isoprostanes stimulate thromboxane prostanoid receptors (TPr). TPr stimulation induces pulmonary vasoconstriction leading to an increase in transcapillary pressure in pulmonary microvasculature, and transudation of fluid into the alveoli, thereby causing impaired gas exchange and ARDS. TxA<sub>2</sub>/TPr axis also induces bronchoconstriction and mucus secretion. TxA<sub>2</sub> is rapidly converted to 11-dehydro-TxB<sub>2</sub> in the lungs. PGD<sub>2</sub> and 11-dehydro-TxB<sub>2</sub> stimulate the DPr2 receptor on Th2 and ILC2 cells leading to release of type 2 cytokines, IL-4 and IL-13. IL-4 promotes vascular permeability thereby exacerbating fluid transudation while IL-13 induces hyaluronic acid accumulation and mucus hypersecretion. Ramatroban inhibits the DPr2 and TPr receptors thereby promoting pulmonary vasorelaxation, bronchorelaxation and improving capillary barrier function, while attenuating the maladaptive type 2 immune response and mucus secretion, thereby alleviating pulmonary edema and ARDS. Tx, thromboxane; PG, prostaglandin; TPr, thromboxane prostanoid receptor; DPr2; D-prostanoid receptor 2; Th2; T helper 2; ILC2; innate lymphoid class 2

## Supplementary Files

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- [Table3.docx](#)