

Knowledge and preventive practices towards Covid-19 and associated factors among healthcare workers in selected health facilities of Illu Aba Bor and Buno Bedelle Zones, Southwest Ethiopia

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Abstract

Background

The COVID-19 outbreak has been declared a public health emergency of international concern. As the virus is transmitted through close contact and droplets, frontline HCWs caring for COVID-19 patients are at risk of the infection. This study aimed at assessing knowledge and preventive practices towards Covid-19 among health care providers in selected health facilities of Illu Aba Bor and Buno Bedele zones, Southwest Ethiopia.

Methods

An institution-based cross-sectional study was conducted from April to May 2020 among 330 health workers in selected health facilities of Illu Aba Bor and Buno-Bedelle Zones, Southwest Ethiopia. Data were collected using a self-administered structured questionnaire. The collected data were entered onto Epidata version 3.1 and exported to SPSS version 23 for analysis. Bivariate and multivariable logistic regression analysis was used to identify independent predictors of preventive practices towards Covid-19. Statistical significance was declared at a p-value of < 0.05 .

Result

Greater part (93.3%) of the respondent demonstrated good knowledge towards COVID-19 and the mean (\pm SD) knowledge score was 9.04 ± 1.06 . Nearly two-thirds (64.2%) of the study participants had good infection prevention practices. Being male (AOR = 3.65, 95% CI: (1.96, 6.80)), education level (AOR = 1.82, 95% CI (1.02, 3.22)), profession (AOR = 3.17, 95% CI (1.08, 9.33)), service year (5–10 years) (AOR = 2.00 (1.02, 3.92)) and more than 10 years (AOR = 3.14 (1.51, 6.52)), availability of personal protective equipment (AOR = 1.96 (1.06, 3.61)) and Knowledge level (AOR = 2.61 (1.48, 4.62)) were independent predictors of COVID-19 preventive practices.

Conclusion

The overall level of knowledge of HCWs was good. However, the practice was relatively low. Gender, educational status, profession, year of service, knowledge towards COVID-19, and availability of personal protective equipment were independent predictors of good infection prevention practices. Optimizing the infection prevention and control loop of the health facilities is recommended.

Background

Novel-coronavirus (COVID-19) disease is currently a worldwide health threat and public health emergency of global concern(1). The outbreak was first reported in late December 2019 in Wuhan of China, Hubei

Province, when groups of pneumonia cases of unknown etiology were found to be associated with epidemiologically linked exposure to the seafood market and untraced exposures(2)

According to the World Health Organization (WHO) daily situation report, after the coronavirus disease 2019 outbreak, 22,073 COVID-19 cases have been reported to the WHO as of April 2020 among healthcare workers (3). As of early March, this number increased to 3,300 and at least 22 died in China, over 2,600 infected with 13 deaths in Italy (4, 5). Though the disease was initially slow to reach African countries, it is currently rising exponentially on the continent and is likely to cause severe illness and deaths(6). In Ethiopia, there have been 35 confirmed COVID-19 cases since the first case on 13 March 2020 and the number increased to 117, as of April 24, 2020 (7, 8).

According to the available evidence, the virus is transmitted from an infected person to another person through close contact and droplets, and therefore those most at risk of infection are frontline health care workers(HCWs) caring for COVID-19 patients(9, 10).

Evidence shows that proper infection prevention and control (IPC) measures during outbreak management could change the course of the outbreak(11). However, the current IPC behaviors are far from optimal. A study on Lassa Fever outbreak among Health care workers (HCWs) showed that none of the study participants met the minimum standards of infection prevention practices during the first contact with fever cases (12). Infection prevention and control behaviors are influenced by factors such as the occurrence of an epidemic, contact with confirmed and suspected cases, key clinical departments (such as intensive care unit and emergency department) that are critical risk factors in the pandemic outbreak and always cited as important causes of high healthcare-associated prevalence worldwide(13–15). years of experience and preparedness are other factors associated with healthcare workers' infection prevention and control behaviors(14).

Owing to the current pandemic, an urgent interim guidance document was issued by the World Health Organization (WHO) which underscores the importance of proper sanitation and waste management practices for COVID-19 in health-care settings (16). The guideline builds on and further emphasizes the existing standard infection prevention and control guidelines for health facilities (17, 18).

Frontline Healthcare workers are at an increased risk of acquiring the virus owing to overcrowding and lack of sanitary facilities which may be compounded by inadequate awareness of some healthcare workers. To the best literature search, few studies were conducted on the level of awareness and infection prevention practice of healthcare workers. Thus, this study aimed at assessing health care workers' self-reported knowledge and infection prevention practices towards the VOVID-19.

Methods

Study setting and design

This institution based cross-sectional study was conducted in selected public health facilities and quarantine centers in Illu Abba Bor and Buno Bedelle Zones, Oromia Regional State, southWest Ethiopia. Illu Abba Bor zone and Buno Bedelle Zone are out of the 20 zones of Oromia regional state situated in the southwest of the region and located at a distance of about 600 km and 483 from the center of the region respectively. They cover the western part of the region and lies between $34^{\circ} 52'12''$ E to $41^{\circ} 34' 55''$ E longitudes and $7^{\circ} 27' 40''$ N to $9^{\circ} 02' 10''$ N latitude. Illu Aba Bor Zone has one town administration and fourteen rural districts with a projected total population of 1,606,502. One referral and District hospital are found in the zone serving a population of the zone. Buno Bedelle Zone has one town administration and fourteen rural districts with a projected total population of 815,437. The zone has three functional hospitals and one under construction, 32 health centers, and 246 health posts. The study was conducted from April 27 –May 10, 2020.

Population

All health care providers working in service delivery units in selected health facilities in both Illu Aba Bor and Buno Bedelle Zones were the study population.

Sample size determination and sampling techniques

The sample size was determined by using single population proportion formula: $n = (Z\alpha/2)^2 p (1-p) / (d)^2$, where n denotes the sample size, $Z\alpha/2$ is the reliability coefficient of standard error at 5% level of significance = 1.96, (5%) margin of error tolerated, p = proportion of good preventive practice of COVID-19 (50%, since there was no previous study available). Hence, the final sample size calculated was 345 after adjusting for the total health worker population in the two Zones. Finally, all health care workers in the selected health facilities were included.

Data collection tools and procedures

A self-administered structured questionnaire adapted from WHO resources and a review of relevant literature was used to collect the data(10,19,20). The questionnaire was first prepared in English, then translated to the local language (Afan Oromo) and translated back to English by another person who was blinded to the English version to ensure its consistency. The tool was pretested on 5% of the sample selected from health facilities in Illu aba Bor Zone that were not included in the main study and modified based on the pretest observations. The facilitators were given intensive training for two days before the actual data collection.

The knowledge questions had 12 items covering issues such as COVID-19 symptoms, risk conditions, prognosis, modes of transmission and safety, and precautions. The knowledge score was converted into

tertile and the highest tertile was used to define “good knowledge”, while the two lower tertiles combined were labeled as “poor knowledge”.

The infection prevention practice was assessed using 16 items. The practice was computed by adding the responses, scoring one for each correct answer, and zero otherwise. The practice score was converted into tertile and the highest tertile was used to define “good practice”, while the two lower tertiles combined were labeled as “poor practice”.

Data processes and Analysis

Data were entered onto EpiData version 3.1.0 to control skip patterns and allow double entry and exported to SPSS version 23 for analysis. Recoding, transforming, and re-categorization of some variables were performed to compute some of the analyses. In all analyses of the data a two-sided p- was used. Independent sample t-test and one-way analysis of variance (ANOVA) were performed in assessing any difference in mean knowledge score by demographic characteristics. Binary and multivariable logistic regression analyses were computed to examine the association between dependent and independent variables. Odds ratio with 95% confidence interval was used to identify the factors associated with good infection prevention and control practices. Multicollinearity between different predictor variables was assessed. Adequacy of the model was checked using the Hosmer and Lemeshow test for goodness of fit.

Results

Socio-Demographic Characteristics of the respondents

A total of 330 HCWs were included in the study making the response rate 95.7%. More than half (56.1%) were between 25–34 years of age. Two hundred and three (61.5%) were male participants. More than two-thirds (69.4%) of the respondents were married. Nearly half (47.6%) were protestant by religion and Oromo is the dominant ethnic group (87.9%). More than half (53.7%) of the respondents were degree holders. One hundred eighty-four (55.8%) of the HCW were nurses and 108(40.3%) had less than five years of experience (Table.1).

Training and availability of hygiene facilities

The study revealed that more than half (59.1%) of the study participants did not receive training related to infection prevention. One hundred seventy-seven (53.6%) of the study participants reported that the institution does not have an infection prevention program and 201(60.9%) did not have an active infection prevention team. More than half (54.5%) reported that the institution does not have an emerging infectious disease taskforce (dealing with outbreaks). One hundred eighty (54.5%) of the health workers reported that they do not have infection prevention and control guidelines at their work unit. Nearly two-thirds (65.8%) and 180(54.5%) of the health workers reported the availability of water and soap at their

work unit respectively. Three-fourth (75.2%) of the respondents reported the availability of alcohol and hand sanitizer. Two-third of the respondents reported adequate availability of the necessary personal protective equipment (PPE) at their facility. One hundred ninety (42.4%) of the respondents reported the availability of colored dust bin to segregate medical wastes at their work unit. One hundred twenty-eight (38.8%) of the health workers reported that their place of assignment at the time of data collection was at the outpatient department (Table 2.

Table 1
Socio-demographic characteristics of the Healthcare workers in Illu Aba
Bor and Buno Bedelle Zones, Southwest Ethiopia, 2020.

Variables	Category	Frequency	Percent
Age in years	< 25	84	25.5
	25–35	185	56.1
	> 35	61	18.4
Sex	Male	203	61.5
	Female	127	38.5
Marital status	Single	96	29.1
	Married	229	69.4
	Others*	5	1.5
Religion	Orthodox	109	33.0
	Muslim	57	17.3
	protestant	157	47.6
	Others	7	2.1
Ethnicity	Oromo	290	87.9
	Amhara	26	7.9
	Tigray	6	1.8
	Others**	8	2.4
Educational status	Diploma	144	43.6
	Degree	176	53.3
	Masters	10	3.03
Profession	Physician	29	8.8
	Nurse	184	55.8
	Midwife Nurse	57	17.3
	Health officer	20	6.1
	Lab. Technicians	22	6.7
	Pharmacy professional	18	5.5

* Divorced/Widowed **Wakefata

Variables	Category	Frequency	Percent
Years of service	< 5 years	133	40.3
	5– 10 years	108	32.7
	> 10 years	89	27.0
* Divorced/Widowed **Wakefata			

Table 2

Training and availability of hygiene facilities at Health care facilities of Illu Aba Bor and Bunno Bedelle Zones, Southwest Ethiopia, 2020

Variables	Category	Frequency	Percent
Ever had training on infection prevention	Yes	135	40.9
	No	195	59.1
Infection control program at the institution	Yes	153	46.4
	No	177	53.6
Infection control team at facility	Yes	139	39.1
	No	201	60.9
Emerging infectious diseases taskforce (dealing with outbreaks) available	Yes	154	46.5
	No	180	54.5
IPC policies and guidelines available	Yes	150	45.5
	No	180	54.5
Water facility available	Yes	217	65.8
	No	113	34.2
Alcohol/hand sanitizer available at facility	Yes	248	75.2
	No	82	24.8
Adequate soap at work unit	Yes	150	45.5
	No	180	54.5
Adequate disinfectants available at work unit	Yes	145	43.9
	No	185	56.1
Sufficient PPE available	Yes	109	33.0
	No	221	67.0
Have safety box for sharp disposal	Yes	243	73.6
	No	87	26.4

IPC- Infection prevention and control TB - Tuberculosis

OPD – Out patient department ART – Anti retro viral therapy

MCH – Mother and child Health PPE – Personal protective equipment

Variables	Category	Frequency	Percent
Working unit has colored dust bin to segregate medical wastes	Yes	140	42.4
	No	190	57.6
Currently assigned place(ward)	OPD	128	38.8
	Laboratory	35	10.6
	Pharmacy	23	7.0
	Medical ward	22	6.7
	Surgical ward	13	3.9
	Paediatric ward	12	3.6
	TB and ART	43	13.0
	MCH	42	12.7
	GYN & OBS		
IPC- Infection prevention and control TB - Tuberculosis			
OPD – Out patient department ART – Anti retro viral therapy			
MCH – Mother and child Health PPE – Personal protective equipment			

Knowledge towards COVID-19

Greater part (93.3%) of the respondent demonstrated self-reported good knowledge towards COVID-19 and the mean (\pm SD) knowledge score was 9.04 ± 1.06 . Three hundred twenty-two (97.6%) correctly answered the mode of transmission of the virus. Greater part (97%) of the respondents correctly answered that COVID-19 is a viral infection. Two hundred twenty-three (97.9%) of the respondents correctly answered that fever, cough, sore throats, and shortness of breath are common symptoms of COVID-19. More than 90% of HCPs were well aware of the route of transmission of the virus, frequent hands wash with soap and water or alcohol-based hand rub, and using face masks can help in the prevention of disease transmission, and healthcare workers are at a higher risk of infection. Two hundred ninety-one (88.2%) correctly identified that the isolation period is 2 weeks, 263(79.7%), 251(76.1%), and 232(70.3) correctly answered that COVID-19 vaccine is not available in markets, COVID-19 could be fatal and antibiotics are not a first-line treatment, respectively (Table 3).

Table 3

Knowledge towards COVID-19 among healthcare workers of Illu Aba Bor and Buno Bedelle Zones, Southwest Ethiopia, 2020

Knowledge questions	Category	Number	Percent
COVID-19 is a virus infection	Yes	320	97
	No	10	3.0
COVID-19 is transmitted by close contact with the infected person	Yes	300	90.9
	No	30	9.1
Know common modes of transmission	Yes	322	97.6
	No	8	2.4
The incubation period is 14 days	Yes	253	76.7
	No	77	23.3
Fever, cough, sore throats and shortness breath are common symptoms of COVID-19	Yes	323	97.9
	No	7	2.1
The isolation period is two weeks	Yes	291	88.2
	No	39	11.8
COVID-19 vaccine is available on markets	Yes	67	20.3
	No	263	79.7
Antibiotics are the first-line treatment	Yes	98	29.7
	No	232	70.3
Frequent hands wash with soap and water or alcohol-based hand rub and using face masks can help in the prevention of disease transmission	Yes	306	92.7
	No	24	7.3
Patients with underlying chronic diseases are at a higher risk of infection and death	Yes	302	91.5
	No	28	8.5
Healthcare workers are at a higher risk of infection	Yes	311	94.2
	No	19	5.8
COVID-19 could be fatal	Yes	251	76.1
	No	79	23.9
Knowledge	Poor	22	6.7
	Good	308	93.3
SD – Standard deviation			

Knowledge questions	Category	Number	Percent
Mean ± SD knowledge score			
Mean ± SD		9.04 ± 1.06	
SD – Standard deviation			

Infection prevention practice

A summary score was developed from continuous data of the practice of healthcare workers regarding infection prevention towards COVID-19. The mean (\pm SD) self-reported infection prevention practice was 10.05 ± 4.81 . The overall self-reported good infection practice score towards COVID-19 among the healthcare workers was 64.2% (Fig. 1).

Perceived barriers to infection prevention and control practices

A mixed perception was reported by HCWs regarding barriers to infection prevention and control practice. Of the total participants, 29.7% presumed that overcrowding in the emergency room is a barrier, and 26.7% strongly agreed that insufficient training on infection control is also a barrier towards infection prevention and control practice. A quarter (25.8%) of the participants strongly agreed that the limitation of infection material is a barrier to infection prevention practices (Figure. 2).

Differences in knowledge among HCPs towards COVID-19

Independent sample t-test and one-way ANOVA analysis were done to assess the mean difference between groups regarding socio-demographic characteristics. In both tests, knowledge did not differ significantly ($P > 0.05$) with age, gender, education, experience, or profession (Table 4).

Table 4

Test of significance of variation (Independent sample t-test and one way ANOVA) in knowledge score by socio-demographic characteristics, Illu Aba Bor and Buno Bedelle Zones, Southwest Ethiopian, 2020.

Variables	Mean(\pm SD)	t-test	F-test	P-value
Knowledge				
Age in years	8.79 \pm 1.27		3.013	0.050
<25	9.13 \pm 0.96			
25–35	9.08 \pm 0.94			
>35				
Sex	9.05 \pm 1.13	1.073		0.284
Male	8.93 \pm 1.34			
Female				
Educational status	8.96 \pm 1.22		0.679	0.508
Diploma	9.09 \pm 0.90			
Degree	9.20 \pm 1.03			
Masters				
Profession	9.01 \pm 1.08		0.543	0.744
Nurse	8.96 \pm 1.45			
Physician	9.11 \pm 0.84			
Midwife Nurse	9.25 \pm 0.72			
Health officer	8.83 \pm 1.42			
Lab.Technicians	9.03 \pm 1.05			
Pharmacy professional				
Years of service	8.89 \pm 1.19		2.361	0.096
< 5 years	9.18 \pm 0.89			
5– 10 years	9.04 \pm 1.05			
>10 years				
SD - Standard deviation				

Factors associated with infection prevention practice

On multivariable logistic regression analysis, gender, educational status, profession, years of service, knowledge towards COVID-19, and availability of personal protective equipment were significantly associated with good infection prevention practices. Accordingly, male HCWS were 3.65 times more likely to have good infection prevention practices than female health care workers (AOR = 3.65, 95% CI: (1.96, 6.80)). Bachelor degree holders were 1.82 times more likely to have good infection prevention practice compared to diploma holders (AOR = 1.82, 95% CI (1.02, 3.22)). Physicians were 3.17 times more likely to practice infection prevention than nurses (AOR = 3.17, 95% CI (1.08, 9.33)). Service year was another factor significantly associated with infection prevention practice. Healthcare workers having service year of 5–10 years were 2 times more likely to have good infection prevention practice (AOR = 2.00 (1.02, 3.92)) and those who have served for more than 10 years were 3.14 times more likely to have good infection prevention practice (AOR = 3.14 (1.51, 6.52)) compared to those who have served for less than five years. Health care workers who had the personal protective equipment at their work unit were 2 times more likely to have good infection prevention practices compared to those who did not have enough supply of the PPE(AOR = 1.96 (1.06, 3.61)). Knowledge level of health care workers was significantly associated with good infection prevention practices. Health care workers who had a good knowledge score were 2.28 times more likely to have good infection prevention practices compared to those who had poor knowledge scores (AOR = 2.61 (1.48, 4.62)) (Table 5).

Table 5

Multivariable logistic regression analysis of factors associated with infection prevention practice among HCWs in Illu Aba Bor and Bunno Bedelle Zones, Southwest Ethiopia, 2020.

Characteristics	Category	IPC Practice		COR(95%CI)	AOR(95%CI)
		Good N (%)	Poor N (%)		
Sex	Male	148(72.9)	55(27.1)	3.28(1.83,5.87)	3.65(1.96,6.80)**
	Female	64(50.4)	63(49.6)	1.00	1.00
Educational status	Diploma	82(56.9)	62(43.1)	1.00	1.00
	Degree	124(70.5)	52(29.5)	1.80(1.14, 2.86)	1.82(1.02,3.22)*
	Masters	6(60.0)	4(40.0)	1.13(0.31,4.19)	1.42(0.31,6.39)
Profession	Nurse	109(59.2)	75(40.8)	1.00	1.00
	Physician	23(79.3)	6(20.7)	0.38(0.15,0.98)	3.17(1.08,9.33)*
	Midwife nurse	39(68.4)	18(31.6)	0.57(0.19,1.63)	1.64(0.77,3.49)
	Health officer	16(80.0)	4(20.0)	1.04(0.25,4.30)	2.42(0.70,8.37)
	Lab Technicians	16(72.7)	6(27.3)	0.69(0.19,2.55)	0.83(0.27,2.60)
	Pharmacy professional	9(50.0)	9(50.0)	0.26(0.07,0.95)	0.52(0.17,1.59)
Years of service	< 5	77(57.9)	56(42.1)	1.00	1.00
	5–10	75(69.4)	33(30.6)	1.65(0.97,2.82)	2.00(1.02,3.92)*
	> 10	60(67.4)	29(32.6)	1.51(0.86,2.64)	3.14(1.51,6.52)*
Knowledge	Poor	10(45.5)	12(65.6)	1.00	2.35(1.56,4.98)*
	Good	202(54.5)	106(34.4)	2.29(0.96,5.47)	
Training on IPC	Yes	95(70.4)	40(29.6)	1.58(0.99,2.53)	1.54(0.87,2.72)
	No	117(60.0)	78(40.0)	1.00	1.00
Active IPC team	Yes	93(72.1)	36(27.9)	1.78(1.11,2.87)	0.98(0.52,1.84)
	No	119(59.2)	82(40.8)	1.00	1.00

**Significant at < 0.01. *Significant at < 0.05. IPC – Infection prevention practice

COR: crude odds ratio; AOR: adjusted odds ratio; CI: confidence intervals

HCW – Health care worker PPE: Personal protective equipment

Characteristics	Category	IPC Practice		COR(95%CI)	AOR(95%CI)
		Good	Poor		
		N (%)	N (%)		
IPC policy	Yes	108(72.0)	42(28.0)	1.88(1.18,2.99)	1.21(0.66,2.35)
	No	104(57.8)	76(42.2)	1.00	1.00
Availability of Water	Yes	149(68.7)	68(31.3)	1.74(1.09,2.78)	1.26(0.72,2.20)
	No	63(55.8)	50(44.2)	1.00	1.00
Availability of hand sanitizer	Yes	168(67.7)	80(32.3)	1.81(1.09,3.02)	0.99(0.54,1.81)
	No	44(53.7)	38(46.3)	1.00	1.00
Availability of PPE	Yes	85(78.7)	23(21.3)	2.76(1.62,4.71)	1.96(1.06,3.61)*
	No	127(57.2)	95(42.8)	1.00	1.00
**Significant at < 0.01. *Significant at < 0.05. IPC – Infection prevention practice					
COR: crude odds ratio; AOR: adjusted odds ratio; CI: confidence intervals					
HCW – Health care worker PPE: Personal protective equipment					

Discussion

The finding of this study demonstrated that the greater part (93.3%) of the study participant had self-reported good knowledge towards COVID-19. Findings are consistent with a study in District 2 Hospital, Ho Chi Minh (98.2%) (19), a study in Pakistan (93.2%) (21), and the finding from China (89%) (22). This high percentage of knowledge about COVID-19 among healthcare workers is due to prolonged exposure to information since its global topic of discussion on the media and public. Another reason could be the effort of government and media in providing information starting from the time of the outbreak.

The study revealed that 64.2% of the study participants had self-reported good infection prevention practices towards COVID-19. This finding is in agreement with the study in Northern Ethiopia among nurses in which 67% had good infection prevention practice towards the COVID-19(23) but lower than the finding of a study from Makerere University Teaching Hospitals, Uganda that showed 74% of the study participants demonstrated good practice towards COVID-19 prevention(20). The possible reason for the current low practice might be due to variation in the cut of point which is used to determine the outcome variable and variation in type and number of healthcare facilities included in these studies.

The study further revealed that HCWs perceived overcrowding in the emergency room and limited availability of infection prevention material as the major barriers to infection prevention practice. This finding is supported by the study in Pakistan where overcrowding in emergency rooms and limited infection control material were the major barriers in infection control practice (21).

On multivariable logistic regression analysis, gender, educational status, profession, years of service, Knowledge, and availability of personal protective equipment were significantly associated with good infection prevention practices. Accordingly, male HCWs were more likely to have good infection prevention practices than female health care workers. This study is supported by a study among health care workers in selected hospitals that revealed male HCWs promoted IPC behavior compared to females(24).

Healthcare workers having bachelor's degrees were more likely to have good infection prevention practices compared to diploma holders. The finding from a study at Makerere University Teaching Hospital, Uganda in which holding a diploma is significantly associated with good practices contradicts this study finding(20). This difference could be attributed to the difference in workload of staff wherein our study the degree holders might be overburdened with different responsibilities.

The health workers' profession was another factor significantly associated with infection prevention practices. Physicians were more likely to practice infection prevention than nurses. This difference could be due to disparities of knowledge among HCWs. Doctors are actively involved in seeking information due to their active roles in improving treatment outcomes of patients with COVID-19. This finding is inconsistent with another study conducted in Pakistan in which Pharmacists were more likely to practice infection prevention practice(21).

The study revealed that service year was significantly associated with infection prevention practice. Healthcare workers having longer years of service were more likely to have good infection prevention practices compared to those who have served for less than five years. This finding is in line with the finding of the study conducted among health care workers in Pakistan that revealed experienced (> 5 years) HCWs were more likely to follow

precautionary practices(21). The possible explanation is that experienced workers have skills and experience in dealing with public health emergencies.

Knowledge of the health care workers towards COVID-19 was significantly associated with infection prevention practice. Healthcare workers who had self-reported good knowledge were more likely to have self-reported good practice scores towards COVID-19 than those who had poor knowledge. This finding is supported by a study finding from Chitwan, Nepal that revealed higher knowledge scores were significantly associated with higher practice scores(25).

The study revealed that the availability of personal protective equipment at their work unit was significantly associated with good infection prevention practices towards COVID-19. In contrary to this study, finding from a study among Orthopedic Surgeons in Wuhan, People's Republic of China revealed that insufficient supply of PPE was not associated with Exposures and the COVID-19 Morbidity(26). This difference could be due to the difference in the supply of personal protective equipment and study settings.

The limitation of this study is that the knowledge level and preventive practice of HCWs may be overestimated, as the HCWs might have answered the questions in a way that they believed was socially acceptable rather than being completely accurate. To make the self-reported compliance closer to the actual, the authors devoted all the staff in the research group and trained carefully, to orient the HCWs to complete the questionnaires based on the actual situation.

Conclusions

The study revealed that 93.3% of the HCWs had sufficient knowledge towards COVID-19 symptoms, risk conditions, prognosis, modes of transmission and safety, and precautions. There was no statistically significant difference in the level of knowledge about COVID-19 among health care workers for their age, gender, education level professions, or qualifications. Despite the high knowledge level, the preventive practice towards the COVID-19 was relatively low. Overcrowding in the emergency room, insufficient training on infection prevention, and limited availability of infection prevention equipment was the perceived barrier to infection prevention practices. Gender, educational status, profession, year of service, knowledge towards COVID-19, and availability of personal protective equipment were significantly associated with the good infection prevention practices. Hence, education intervention and campaigns are required for HCWs to improve their preventive practices, and optimizing the infection prevention and control loop of the health facilities is recommended.

Abbreviations

AOR Adjusted odds ratio

ART Anti-Retro Viral

COR Crude Odds ratio

COVID-19 Corona Virus Disease 2019

FMOH Federal Ministry of Health

HAI Healthcare Acquired Infections

HCFs Health Care Facilities

HCWs Health Care Workers

IPC Infection Prevention and Control

MCH Mother and Child Health

OPD Out Patient Department

PHEIC Public Health Emergency of International Concern

PPE Personal Protective Equipment

SD Standard deviation

SARS-CoV Severe Acute Respiratory Syndrome Coronavirus

WASH Water, Sanitation and Hygiene

WHO World Health Organizations

Declarations

Ethics approval and consent to participate

The study was conducted following the Declaration of Helsinki. Ethical clearance was obtained from the Ethical review committee of Mettu University. The purpose and significance of the study were explained to each participant. Written informed consent was obtained from each study participant before they filled in the questionnaire, and participants' involvement was only voluntary. Participants who were not willing to participate and want to resign at any step of filling the questionnaire were informed to do so without any restriction. Names of participants were not included in the questionnaire, and the confidentiality of the data was kept at all levels of the study. The supervisors and facilitators wore a face mask and maintained a minimum distance of two meters. They also used alcohol-based hand sanitizers before handing and receiving the questionnaire to/from the study participants.

Consent to publish

Not applicable

Availability of data and materials

Data will be available upon the request of the corresponding author.

Competing interests

The authors assert that they have no opposing interests.

Role of funding sources

The views presented in this article are of the authors and not necessarily express the views of the sponsoring organization. Mettu University did not involve in the data collection, analysis, and interpretation of the results.

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Authors' Contributions

MS, DO, SD, GB, KB, and DT conceived the idea for the study, designed the study, developed the analysis parameters, and collected the data. MS, DO, SD, GB, KB, and DT involved in the analysis and interpretation of the findings. DT produced the initial draft of the paper and MS, DO, SD, GB, and KB provided contributions to various sections. All authors read and approved the final manuscript.

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Figures

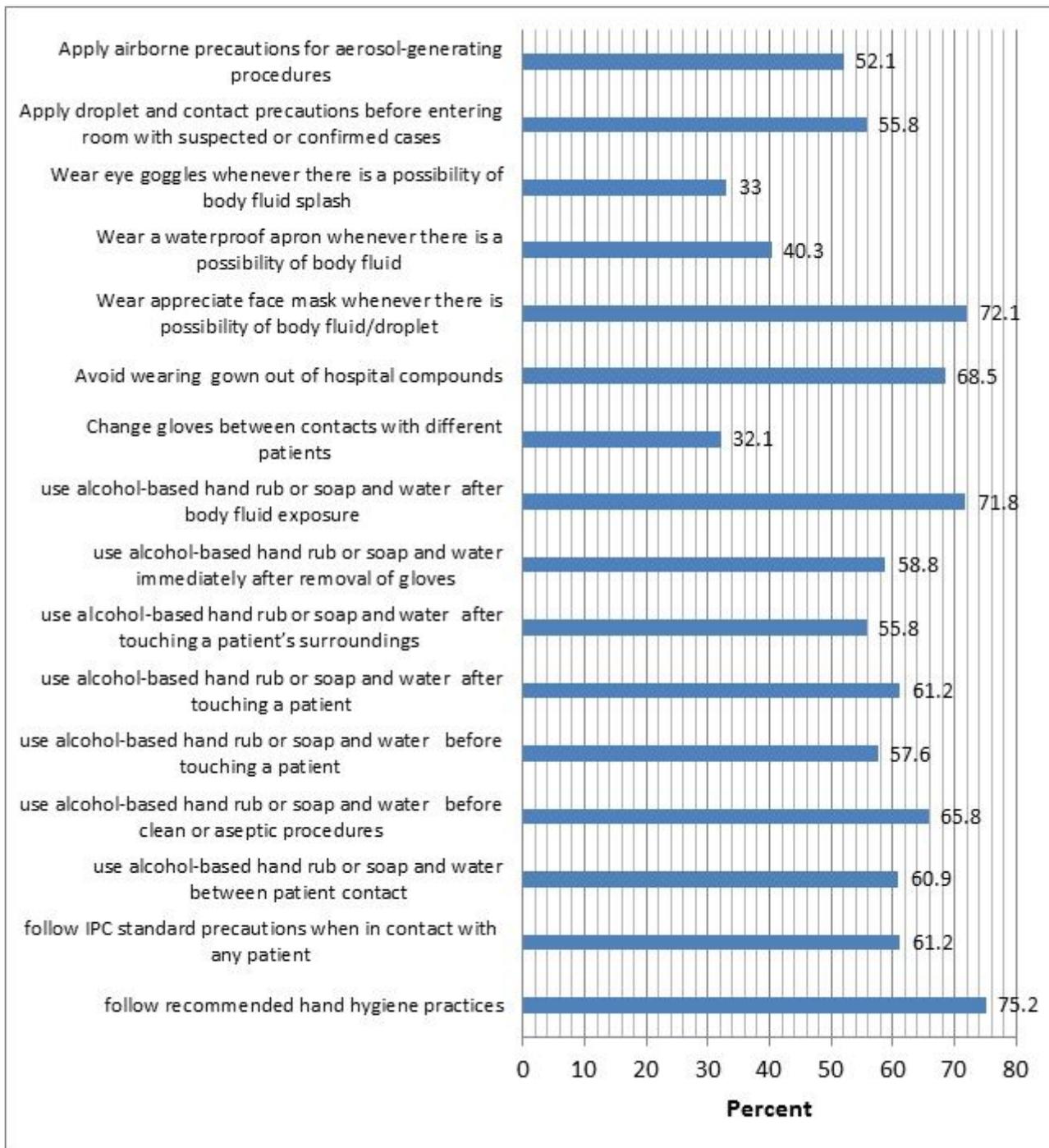


Figure 1

COVID-19 preventive practices among HCWs in Illu Aba Bor and Bunno Bedelle Zones, Southwest Ethiopia, 2020

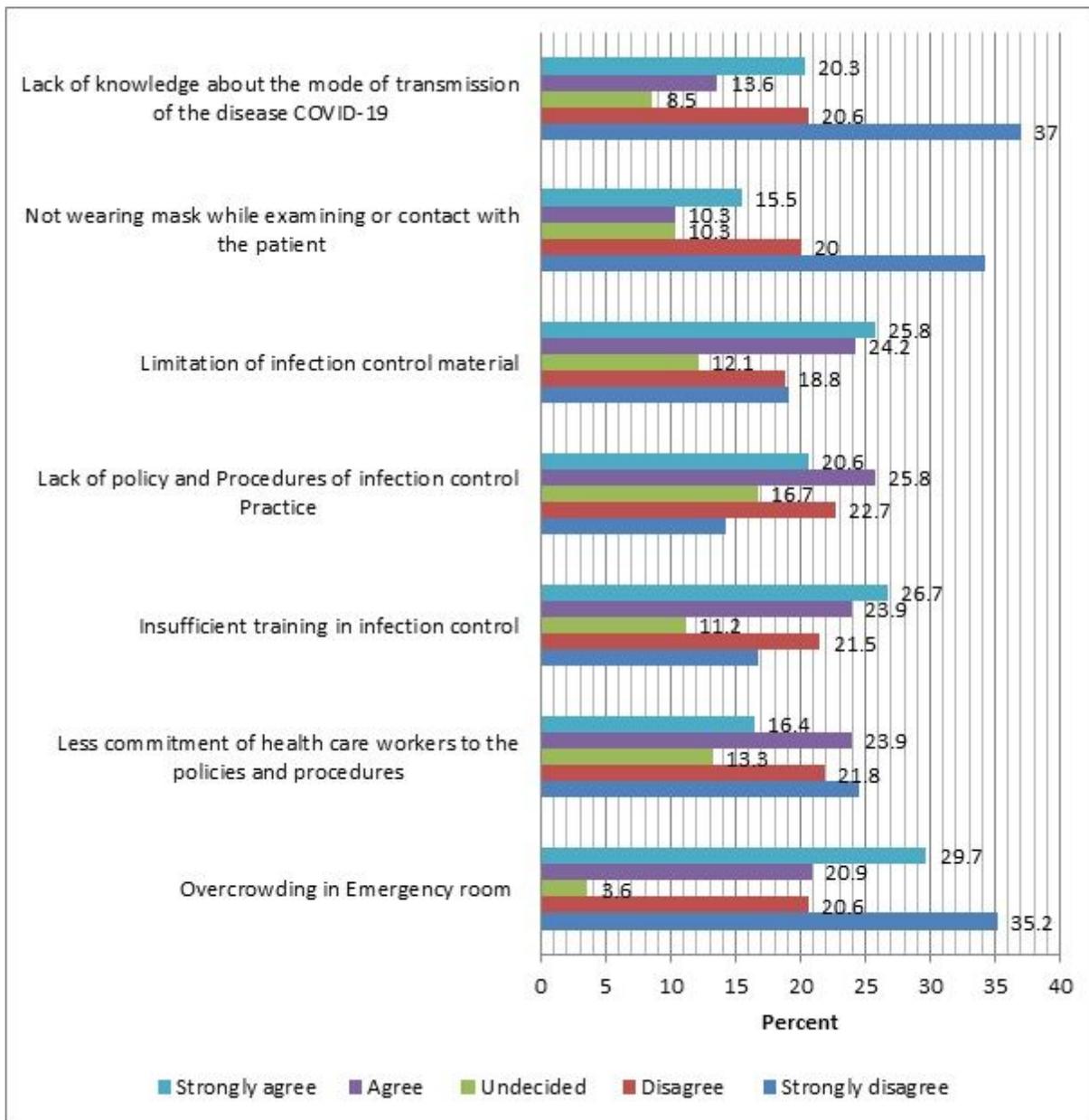


Figure 2

Perceived barriers to infection prevention practice toward COVID-19 by the study participants, Illu Aba Bor and Buno Bedelle Zones, Southwest Ethiopia, 2020.