

# Using Geographically Weighted Poisson Regression to Examine the Association Between Socioeconomic Factors and Hysterectomy Incidence in Wallonia, Belgium

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## Research article

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1 Using geographically weighted Poisson regression to examine the  
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23           **Abstract:**

24    *Background*

25    Various studies have investigated geographical variations in the incidence of hysterectomy in  
26    Western countries and analyzed socioeconomic factors to explain those variations. However,  
27    few studies have used spatial analysis to characterize them. Geographically weighted Poisson  
28    regression (GWPR) explores the spatially varying impacts of covariates across a study area  
29    and focuses attention on local variations. Given the potential of GWPR to guide decision-  
30    making, this study aimed to describe the geographical distribution of hysterectomy incidence  
31    for benign indications in women older than 15 years old (15+) at the municipal level in  
32    Wallonia (southern region of Belgium) and to analyze potential associations with  
33    socioeconomic factors ('Education/training', 'Income and purchasing power' and 'Health and  
34    care') influencing the use of this surgery.

35    *Methods*

36    We carried out an ecological study on data for women aged 15+ living in one of the 262  
37    Walloon municipalities who underwent hysterectomies for benign indications between 2012  
38    and 2014. We linked standardized hysterectomy rates to three municipal-level socioeconomic  
39    factors ('Education/training', 'Income and purchasing power' and 'Health and care'). Then, a  
40    generalized linear model (GLM) for Poisson regression and a GWPR were applied to study  
41    the relationships between hysterectomy incidence and socioeconomic covariates in Wallonia.

42    *Results*

43    The hysterectomy rate varied across the region. The GLM Poisson regression revealed a  
44    positive and significant association between the hysterectomy rate and 'Income and  
45    purchasing power', and a negative and significant association between hysterectomies and

46 'Health and care'. The same associations were seen in the GWPR model. The latter  
47 demonstrated that the association between hysterectomies and 'Education and training'  
48 ranged from negative to positive over the study area.

49 *Conclusions*

50 Hysterectomy incidence was shown to have nonstationary relationships with socioeconomic  
51 factors. These results support the development of targeted interventions for a more  
52 appropriate use of this surgery.

53 Key words: geographically weighted Poisson regression, Wallonia, hysterectomy,  
54 socioeconomic factors

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## 56        **1. Background**

57        It has been estimated that around 20% of women in Western countries will undergo  
58        hysterectomies by the age of 60 (1–3). A hysterectomy is usually performed for benign  
59        indications, such as endometriosis, menorrhagia, metrorrhagia, leiomyomas, genital prolapse  
60        and chronic pain (4,5). Hysterectomies for benign conditions are a common and effective form  
61        of elective surgery in Western countries and usually performed well. However, they have the  
62        potential to affect women’s physical, emotional, sexual and social wellbeing (4,6). In addition,  
63        as for all surgeries, short- and long-term complications can occur, causing subsequent  
64        healthcare costs (5,7). The surgical route influences postoperative wellbeing and complications.  
65        Abdominal or minimally invasive approaches (e.g., laparoscopy and the vaginal route) are  
66        known to decrease the length of hospitalization and shorten postoperative recovery versus the  
67        abdominal route (7,8). Moreover, outpatient hysterectomy surgery is infrequent (0.64%), and  
68        the costs increase with the length of hospital stay (7,9). Various alternatives to radical surgery  
69        are available (e.g., hormonal drug therapy, intrauterine devices, uterine artery embolization,  
70        ultrasound and myomectomy). A hysterectomy is recommended when other treatment options  
71        have failed, are contraindicated, or are declined by the woman (4,10,11). Since the 1970s,  
72        numerous studies have shown variation in hysterectomy practices between countries or regions  
73        within countries (7,12,13). Those regional variations are potentially a sign of the nonoptimal  
74        use of resources or healthcare inequalities (8,14). It is, therefore, important to identify the causes  
75        of the unexplained overuse of hysterectomies in some regions.

76        Socioeconomic and environmental factors play an important role in the regional variations of  
77        surgery use. The socioeconomic factors commonly associated with variations in hysterectomy  
78        rates include level of education, employment, income and social status, while the associated  
79        environmental factors include medical facility or healthcare provider characteristics,  
80        neighborhood, and living in an urban or rural area (15–19). Hysterectomies seem to be higher

81 among women with lower socioeconomic statuses or those living in the most deprived areas  
82 (17–22).

83 In Belgium, social security covers most of the cost of the surgery (8,9). For benign conditions,  
84 conservative treatments are available, and a hysterectomy should be the last resort when no  
85 other treatment option can help the patient. Two studies from Belgium have investigated the  
86 variation of hysterectomy rates and explanative factors: one prepared by the Belgian Christian  
87 Mutuality (1), from 1994 to 1997, and the other by the Belgian Health Care Knowledge Center  
88 (KCE), from 1997 to 2000 (9). Both studies highlighted important regional differences, where  
89 Flanders had a higher incidence of hysterectomy than Wallonia and Brussels. The variables  
90 related to medical facilities, e.g., the density of general practitioners or gynecologists, only  
91 weakly explained the variations. However, the two reports found more interventions for patients  
92 in the lower socioeconomic categories in terms of education or social class (1,9). For this  
93 reason, better surveillance and community-driven approaches applied at the regional level  
94 remain essential for these surgical procedures.

95 Traditional regression methods, such as generalized linear models (GLMs), are generally used  
96 in health studies to assess elective surgery disparities and their associated risk factors, such as  
97 socioeconomic or environmental factors (2,6,10,15–18,20,23–25). However, the relationship  
98 between a health outcome and its explanative factors can differ within the same region of a  
99 country. Techniques such as the GLM do not consider this spatial variation and can lead to  
100 biased results and poor guidance for healthcare professionals and the population. In order to  
101 consider spatial variation, spatial modeling techniques have been developed, including  
102 geographically weighted Poisson regression (GWPR): a spatial modeling technique that  
103 incorporates the nonstationary spatial structures of data into statistical models (26,27). It  
104 enables the analysis and mapping of local spatial associations between a health outcome and  
105 socioeconomic variables, at a small-area level. Identifying municipalities with high

106 hysterectomy incidence and their associated socioeconomic factors would help in developing  
107 locally targeted approaches to decrease the number of interventions in at-risk populations.

108 In Belgium, spatial analysis has been rarely used in public health research. Given the potential  
109 of this type of analysis to guide decision-making, this study, using GWPR, aimed to describe,  
110 with the most recent data, the geographical distribution of the hysterectomy incidence at the  
111 municipality level in Wallonia, Belgium, and to analyze potential associations with  
112 socioeconomic factors ('Education/training', 'Income and purchasing power' and 'Health and  
113 care') influencing the use of this surgery.

## 114 **2. Methods**

### 115 **2.1 Study site and design**

116 We conducted an ecological study on data encompassing the Wallonia region. Wallonia is one  
117 of the three regions of Belgium, located in the southern part of the country. It accounts for 55%  
118 of Belgium's territory but only one-third of its population. The estimated population was  
119 3,576,325 inhabitants on 1<sup>st</sup> January 2014. Wallonia has a territory of 16,844 km<sup>2</sup>,  
120 administratively divided into 5 provinces, 20 districts and 262 municipalities. Each  
121 municipality is defined by a Numeric System Identifier (NSI) code, a string of 5 characters: the  
122 first character identifies the province; the second, the district; and the last three, the unique code  
123 of the municipality.

### 124 **2.2 Data source**

125 Hysterectomy counts were extracted from the Minimum Hospital Summary (RHM) and  
126 obtained from the Walloon Agency for a Life of Quality (AViQ). The RHM is a compulsory  
127 registration of hospital activities in Belgium. We obtained data from women older than 15 years  
128 (15+) who underwent hysterectomies between January 2012 and December 2014. The RHM  
129 contains details on the diagnosis, procedure, age and place of residence for the patient. The

130 procedure and diagnosis codes in the RHM follow the International Classification of Diseases  
131 (ICD); data from 2012 to 2014 were coded with version 9. The procedures were collapsed into  
132 two surgical route categories as follows: abdominal hysterectomies (ICD-9 683, 684 and 686)  
133 and vaginal hysterectomies (ICD-9 685 and 687). We set up three categories of diagnosis  
134 according to the ICD-9: uterine disorders including uterine leiomyomas and benign neoplasms  
135 of the female genital tract (ICD-9 2180 to 2219), endometriosis (ICD-9 6170 to 6179), and  
136 genital prolapse (ICD-9 6180 to 6189). The selection of diagnoses was limited to the codes for  
137 benign indications; life-threatening conditions (e.g., cancerous uterine tumors or bleeding after  
138 delivery) have fewer therapeutic options.

139 Population and demographic data were obtained from the national census of Belgium (28). The  
140 population means the total number of women aged 15+ living in Belgium. We assumed that the  
141 Belgian population is stable and used 2014 as the reference year.

## 142 **2.3 Study variables**

### 143 ***2.3.1 Response variable***

144 The variable of interest was the number of hysterectomies in women aged 15+ in Wallonia.  
145 To take into consideration the number of women aged 15+ in each spatial unit, we calculated  
146 the standardized incidence ratio (SIR) for each of the 262 municipalities.

### 147 ***2.3.2 Independent variables***

148 We extracted our data from online public data provided on the Walloon Institute of  
149 Evaluation, Prospective and Statistics (IWEPS) website (29); all the independent variables  
150 were available at the municipal level for Wallonia. We selected three independent variables  
151 from the Index of Conditions of Well-Being (ICWB). Of note, the ICWB is a synthetic  
152 indicator that measures the material conditions and quality of life in the 262 Walloon  
153 municipalities using data available at the municipal level. The ICWB is an average of 60

154 standardized indicators grouped into 36 subdimensions, then into 19 dimensions, and, finally,  
155 into 8 families. The ICWB calculation and data broken down by municipality are available on  
156 the IWEPS website for the year 2014.

157 From the ICWB, we extracted three variables of the 19 dimensions scores. All the scores  
158 ranged between 0 and 1. The following indicators were selected from the ICWB dimensions,  
159 as they are self-explanatory with regard to the socioeconomic and environmental factors often  
160 described in the literature: ‘Health and care’, ‘Education/training’ and ‘Income and  
161 purchasing power’. The ‘Health and care’ indicator includes the following variables: ‘Life  
162 expectancy at birth’, ‘Life years lost at age 70’, ‘People with chronic illness’, ‘Persons  
163 recognized as disabled’, ‘Consumption of anti-diabetic drugs’, ‘Pedestrian access to a  
164 pharmacy’, ‘Access to a hospital equipped with a mobile emergency and resuscitation  
165 service’, and ‘Access to an community health center’; ‘Education/training’: ‘Persons without  
166 a primary school diploma’, ‘On-time students in secondary school’, and ‘Access to a  
167 kindergarten or elementary school’; and ‘Income and purchasing power’: ‘Median income’,  
168 ‘Children in households with no work income’, ‘Income assistance recipients’, ‘Defaulting  
169 borrowers’, and ‘People in collective debt settlements’.

170 Table 1 presents the descriptive statistics of the three independent variables. The minimum  
171 value of the three covariates was 0, and the maximum was 1, with a mean greater than or equal  
172 to 0.50.

173 Table 1: Descriptive statistics of independent variables

Variables	Min	Max	Mean	SD
Health and care	0.00	1.00	0.59	0.18
Education/training	0.00	1.00	0.57	0.15
Income and purchasing power	0.00	1.00	0.50	0.18

174 Figure 1 presents the spatial distribution of the three independent variables' (ICWB dimensions)  
175 scores by municipality. For the 'Health and care' dimension, 67 municipalities had scores lower  
176 than 0.5 out of 1, and 11 had scores higher than 0.8. For the 'Education/training' dimension,  
177 125 municipalities had scores lower than 0.5 out of 1, and 12 had scores higher than 0.8. For  
178 the 'Income and purchasing power' dimension, 75 municipalities had scores lower than 0.5 out  
179 of 1, and 19 had scores higher than 0.8.

180 Figure 1. Spatial distribution of the Index of Conditions of Well-being (ICWB) dimension  
181 scores by municipalities

## 182 **2.4 Statistical analysis**

183 Two approaches were used to analyze the data: (1) We used descriptive statistics to characterize  
184 the response and independent variables. We categorized the SIRs of the 262 municipalities into  
185 3 groups according to their values, and we mapped the 3 groups. (2) We developed a generalized  
186 linear model (GLM) with a Poisson link and performed a geographically weighted Poisson  
187 regression (GWPR) analysis to explore the associations between hysterectomies and  
188 socioeconomic factors.

### 189 ***2.4.1 Estimation of the standardized incidence ratio (SIR)***

190 We estimated the age-standardized crude rate of hysterectomy by women's ages. The incidence  
191 of reported hysterectomy cases was measured as the number of new hysterectomy cases  
192 reported in a given year per 100,000 women. The confidence interval (CI) of the reported  
193 incidence was obtained by assuming that the observed incident cases followed a Poisson  
194 distribution.

195  $y_i$  is the number of observed hysterectomy cases, and  $E_i$  is the expected number of  
 196 hysterectomy cases for municipality  $i$ , where  $i = 1, 2, \dots, 262$ . The SIR by age and  
 197 municipality  $i$  was defined as follows:

$$198 \quad \text{SIR}_i = \frac{y_i}{E_i} = \theta_i, \quad (1)$$

199 The calculation of  $E_i$  was based on the overall incidence rate  $r_k$  applied to the age structure of  
 200 the population of women aged 15+ in Belgium. Thus, the expected number of cases was  
 201 calculated using the standardized incidence rate  $r_k$  per age group. This rate was normalized by  
 202 multiplying it by the proportion derived from the reference population, which was the age  
 203 distribution of the Belgian population of 2014. The age groups were 20–34, 35–44, 45–49 and  
 204 50+. The standardized rate was then multiplied by the female population  $p_{ki}$  within this age  
 205 group in municipality  $i$ , where  $k$  is the age group. The SIRs were then mapped by municipality,  
 206 such that:

$$207 \quad r_k = \frac{\sum_k y_k}{\sum_k p_k} \quad (2)$$

208 where  $k$  is the age group.

$$209 \quad E_i = \sum_k r_k p_{ki} \quad (3)$$

210 The SIR is a standardized indicator of the incidence rate, and it varies around 1; if it is greater  
 211 than, equal to, or less than 1, the observed number of cases is higher than, exactly equal to, or  
 212 lower than that expected, respectively (30).

### 213 **2.4.2 Modeling**

214 In this study, a GLM and GWPR were used to model the association between hysterectomies  
 215 and the selected socioeconomic factors.

216

2.4.2.1 *Generalized linear model (GLM) with Poisson link*

217 First, we implemented a GLM considering spatial autocorrelation using a Poisson distribution  
 218 to estimate the overall association between the three variables (‘Education/training’, ‘Income  
 219 and purchasing power’ and ‘Health and care’) and the hysterectomy rate in women aged 15+ in  
 220 Wallonia. This implementation allowed a global assessment of the existence of relationships,  
 221 as well as their directions, between the different covariates and the hysterectomy rate in women  
 222 before analyzing the effect of the association by municipality.

223 The formulation of the model was as follows:

$$224 \quad \ln(Y) = \ln(E_i) + \beta_0 + \beta_1(ET) + \beta_2(IPP) + \beta_3(HC) + \varepsilon \dots \dots (4)$$

225 where  $E_i$  is the expected number of hysterectomy cases by municipality (i),  $\beta_0$  is the intercept,  
 226  $\beta$  ( $\beta_1, \beta_2, \beta_3$ ) is a vector of regression coefficients associated with the vector of the predictors  
 227 (‘Education/Training’, ‘Health and care’ and ‘Income and purchasing power’), and  $\varepsilon$  represents  
 228 the error term.

229

2.4.2.2 *Geographically weighted Poisson regression (GWPR)*

230 Secondly, we developed a GWPR model to investigate the association between hysterectomies  
 231 and a set of explanatory variables (‘Education/Training’, ‘Health and care’ and ‘Income and  
 232 purchasing power’), whose parameters can vary from one municipality to another, to predict  
 233 the incidence of hysterectomy cases. The specification of this model was as follows:

$$234 \quad \ln(Y) = \ln(E_i) + \beta_0(u_i) + \beta_1(u_i)(ET) + \beta_2(u_i)(IPP) + \beta_3(u_i)(HC) + \varepsilon \dots \dots (4)$$

235 Of note,  $\beta_1, \beta_2, \beta_3$  are functions of the location  $u_i = (u_{xi}, u_{yi})$  designating the two-dimensional  
 236 coordinates of the *ith* municipality. This means that the parameter  $\beta = (\beta_1, \beta_2, \beta_3)$ , estimated  
 237 in Eq. (4), may differ between municipalities. Thus, in the GWPR modeling strategy, the spatial  
 238 heterogeneity is taken into account, and the parameter  $\beta$  can be expressed in matrix form.



258 
$$\text{Bi - square: } w_{ij} = \begin{cases} 1 - \left( \frac{\|u_i - u_j\|}{G_i} \right)^2 & \text{if } \|u_i - u_j\| < G_i \dots\dots(7) \\ 0 & \text{otherwise} \end{cases}$$

259 The parameter  $G_i$  is a quantity known as the bandwidth. When  $G_i$  tends towards infinity,  $w_{ij}$   
 260 approaches 1 and the GWPR becomes a global model, as expressed in Eq. (7). The bi-square  
 261 kernel was used for the calculation of  $w_{ij}$  to avoid high standard errors and unpredictable results  
 262 in the parameter estimation for municipalities with very few data. This bi-square kernel allows  
 263 the weighting variable to vary spatially according to the density of the data. Thus, bandwidths  
 264 are greater where data are scarce and smaller where data are abundant. During the modeling  
 265 procedure, all of the data of our study were used to determine the bandwidth, to take into  
 266 account the fact that some municipalities had small populations.

267 *2.4.2.3 Testing spatial autocorrelations of model residuals*

268 Spatial autocorrelation occurs when data from one municipality correlate with data from other  
 269 neighboring municipalities. Moran's index I was used in this research to evaluate the spatial  
 270 autocorrelation of the residuals of the model (32). A negative (positive) value of Moran's I  
 271 indicates a negative (positive) spatial autocorrelation between municipalities. Moran's I's  
 272 values range from -1 (indicating perfect dispersion) to +1 (perfect correlation); 0 indicates a  
 273 random spatial pattern. The Moran's I was considered significant if the associated p-value was  
 274 less than 0.05. We also took the spatial autocorrelation into account in all our models.

275 All the analyses were performed using the R statistical software, and the “SPGWR” package  
 276 was used to fit the GWPR model.

277 **3. Results**

278 **3.1 Characteristics of the study population**

279 Table 2 summarizes the characteristics of the women aged 15+ living in Wallonia who  
 280 underwent hysterectomies between 2012 and 2014. A total of 6905 hysterectomies were

281 performed in Wallonia during the 3-year period. The distribution of the sample by year did not  
 282 show any significant difference (34.2%, 32.7% and 33.1%, respectively). The vaginal type of  
 283 procedure was chosen for 56.7% of the women, and the abdominal type, for 43.3%. The main  
 284 indications for hysterectomy were leiomyomas and benign neoplasms of the female genital tract  
 285 (55.9%), followed by endometriosis (28.1%) and genital prolapse (16.0%). The highest  
 286 hysterectomy rate was in the 45–54-year-old age group (46.6%), followed by the 35–44-year-  
 287 old group (26.2%).

288 Table 2: Number of hysterectomies (N = 6905) and percentage of hysterectomies by age group,  
 289 year, diagnosis and procedure

	No. of hysterectomies	Percentage
<b>Age-groups</b>		
<35 years	102	1.5
35-44 years	1807	26.2
45-54 years	3221	46.6
55-64 years	854	12.4
≥65 years	921	13.3
<b>Years</b>		
2012	2364	34.2
2013	2257	32.7
2014	2284	33.1
<b>Diagnosis</b>		
Leiomyomas and benign neoplasms of the female genital tract	3859	55.9
Endometriosis	1943	28.1

Genital prolapses	1103	16.0
Type of procedure		
Vaginal hysterectomies	3914	56.7
Abdominal hysterectomies	2991	43.3

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290

### 291 **3.2 Hysterectomy standardized incidence ratio (SIR) estimation**

292 The overall hysterectomy SIR was 1.101 (95%CI, 1.002–1.199) and differed between  
 293 municipalities in Wallonia. Indeed, it was greater than 1 in 96 municipalities, indicating that  
 294 the number of cases observed was higher than expected in these municipalities. It was lower  
 295 than expected in 161 municipalities in Wallonia (Figure 2). All the provinces showed low  
 296 values with clusters of higher values. A sizable cluster of 38 municipalities with values higher  
 297 than 1 was seen on the Eastern part of the map running from North to South across three  
 298 provinces (Liège, Namur and Luxembourg).

299 Figure 2: Distribution of the hysterectomy standardized incidence ratio (SIR) in Wallonia,  
 300 2012–2014

### 301 **3.3 Multivariate analysis**

#### 302 ***3.3.1 Summary of parameters in the GLM model***

303 Table 3 displays the results for the GLM model. The variables ‘Income and purchasing power’  
 304 and ‘Health and care’ were significantly associated with the occurrence of hysterectomy in  
 305 women aged 15+ in Wallonia. The association with ‘Income and purchasing power’ was  
 306 positive; if the ‘Income and purchasing power’ score increased, the probability of hysterectomy  
 307 increased. The association with ‘Health and care’ was negative; meaning that if the ‘Health and  
 308 care’ score decreased, the probability of hysterectomy increased. The variable  
 309 ‘Education/Training’ was not significantly associated with the occurrence of the surgery.

310 Table 3: Summary of parameters in the GLM model

Variables	Coefficient	Pr ( $> z $ )
Education/training	-0.12	0.17
Income and purchasing power*	0.59	P<0.001
Health and care*	-0.68	P<0.001

\*Results statistically significant

311 **3.3.2 Summary of local parameters in the GWPR**

312 Table 4 presents a summary of the parameter estimates in the GWPR model. The local  
313 parameters are described by the five indicators statistics (the minimum, first quartile, median,  
314 third quartile and maximum values). The distributions of the parameters of the predictive  
315 variables over the 262 municipalities of Wallonia are shown in Figure 3; the red color on the  
316 map indicates a higher value of a local parameter estimate. The parameters show clear patterns  
317 of spatial variation. The maps indicate that the four parameter estimates are not equal for all  
318 locations. The local parameter estimates of the intercept were the highest in the following  
319 municipalities: Aiseau-Presles, Andenne, Anderlues, Ans, Antoing, Braine-l'Alleud,  
320 Courcelles, Enghien, Eupen, Fontaine-l'Eveque, Frasnes-lez-Avaing, Gedinne, Geer, Grâce-  
321 Hollogne, Ham-sur-Heure-Nalinnes, Hastière, Herbeumont, Huy, Incourt, Jalhay, Jodoigne, La  
322 Bruyère, La Louvière, Léglise, Marche-en-Famenne, Namur, Nivelles, Orp-Jauche, Oupeye,  
323 Philippeville, Plombières, Profondeville, Saint-Léger, Sankt-Vith, Sambreville, Seneffe, Silly,  
324 Tintigny and Yvoir. This indicates that women in those municipalities are more likely to  
325 undergo hysterectomies when the other variables are kept constant. However, the local  
326 parameters were lower in most of the municipalities: Anhee, Aubange, Baelen, Braine-le-  
327 Château, Braine-le-Comte, Brunehaut, Chatelet, Chaudfontaine, Chaumont-Gistoux, Ciney,  
328 Estinnes, Etalle, Farciennes, Fexhe-le-Haut-Clocher, Floreffe, Florennes, Frameries, Grez-  
329 Doiceau, Hensies, Honnelles, Kelmis, La Hulpe, La Roche-en-Ardenne, Libramont-Chevigny,

330 Meix-devant-Virton, Mettet, Mons, Mont-de-l'Enclus, Morlanwelz, Mouscron, Nandrin,  
331 Neufchateau, Onhaye, Ouffet, Quiévrain, Rixensart, Sombreffe, Soumagne, Tellin, Tournai,  
332 Vaux-sur-Sûre, Villers-la-Ville, Villers-le-Bouillet and Wasseige. This indicates a weak  
333 relationship with undergoing hysterectomy (Figure 3). For the 'Education/training', 'Health  
334 and care' and 'Income and purchasing power' scores, the parameters changed from one  
335 municipality to another. The association between hysterectomy and 'Education/training'  
336 showed the largest spatial variation across the region, as indicated by the coefficient range  
337 (-0.764 to 0.39). 'Education/training' was negatively associated with the occurrence of  
338 hysterectomy in women in 136 municipalities in Wallonia, while it was positively associated in  
339 the other 126 municipalities. In addition, the local parameter estimates of 'Education/training'  
340 were the lowest in the following municipalities: Anhee, Berloz, Celles, Colfontaine,  
341 Ecaussines, Esneux, Florenville, Froidchappelle, Gembloux, Hamois, Heron, Hotton, Libin,  
342 Limbourg, Malmedy, Messancy, Mettet, Modave, Rebecq, Rochefort, Vielsalm, Waimes, and  
343 Wavre; they were the highest in the following municipalities: Anthisnes and Wanze. Higher  
344 local parameter estimates indicate that the women living in those municipalities would be more  
345 likely to undergo hysterectomies (Figure 3). The local parameter estimates for 'Health and care'  
346 were relatively low in all the municipalities. The map shows that all of the local parameter  
347 estimates for the 'Health and care' variable are negative. This indicates that increasing access  
348 to 'Health and care' reduces the number of hysterectomies in each municipality. The local  
349 parameter estimates for 'Health and care' were the lowest in the following municipalities:  
350 Anhee, Baelen, Celles, Honnelles, La Hulpe, Limbourg, Messancy and Mons (Figure 3). The  
351 local parameter estimates for 'Income and purchasing power' were the highest in Bouillon,  
352 Ciney, Ensies, and Musson, and the lowest in Marche-en-Famenne, Orp-Jauche and  
353 Profondeville. The map shows that all the local parameter estimates for the 'Income and  
354 purchasing power' variable are positive; this indicates that increasing the 'Income and

355 purchasing power' of women increases the number of hysterectomies for each municipality  
 356 (Figure 3).

357 Table 4: Summary of local parameters in the GWPR

Variables	Minimum	Lower quartile	Median	Upper quartile	Maximum
Intercept	-0.685	-0.44	-0.242	-0.07	0.468
Education/training	-0.764	-0.308	-0.032	0.182	0.39
Income and purchasing power	0.167	0.444	0.633	1.068	1.69
Health and care	-1.802	-1.308	-0.856	-0.284	-0.12

358

359 Figure 3: Parameters of predicting variables by municipality in the GWPR

#### 360 **4. Discussion**

361 This study described the geographical distribution of hysterectomy incidence in women aged  
 362 15+ in Wallonia and demonstrated the potential of GWPR to improve our understanding of the  
 363 factors that influence the use of this surgery. The hysterectomy incidence varied across  
 364 Wallonia. Although the GLM performed well, it ignored the spatial context, as it represented  
 365 only the overall relation for the whole of Wallonia, whereas GWPR was able to represent local  
 366 variation in the relationships between hysterectomy incidence and socioeconomic factors that  
 367 play a role in each municipality. The results from the GWPR allow a deeper understanding of  
 368 the spatial variations, as hysterectomy incidence was shown to have a nonstationary relationship  
 369 with socioeconomic factors. This will help in building tailored recommendations to diminish  
 370 the disparities.

371 The mapping of the SIR (Figure 2) identified clusters of municipalities with higher and lower  
 372 hysterectomy incidences compared to the mean in Wallonia, while the maps in Figure 3 show  
 373 a different spatial distribution of hysterectomies according to predicting variables in the GWPR.

374 This means that independently taking into account the factors influencing the use of the surgery  
375 is necessary for implementing preventive measures to reduce surgery numbers and target at-  
376 risk populations.

377 Many studies have suggested that hysterectomies tend to be more frequent in the most deprived  
378 areas. First, our results demonstrate that women aged 15+ living in a municipality with lower  
379 'Health and care' scores were more likely to undergo hysterectomies than those living in a  
380 municipality with a higher score. The positive and significant impact of 'Health and care' on  
381 municipal hysterectomy incidence is consistent with most literature findings (9,17,22). The  
382 score used for the variable included, among other factors, accesses to hospital or community  
383 health center. Belgium has an equal distribution of hospital facilities across the country, and  
384 people do not face any financial barriers to hospitalization, since the majority of the population  
385 is covered by health insurance, and co-payment for hospitalization is very uncommon (33).  
386 However, women with lower socioeconomic statuses living in areas with less access to care are  
387 less likely to receive regular gynecological examinations than those with higher socioeconomic  
388 statuses, who can choose between several medical offers (public or private). Therefore, it would  
389 be interesting to analyze this correlation by age group to investigate if hysterectomy is also seen  
390 as a long-term contraceptive method in women who have already achieved their desired family  
391 sizes and would like to limit medical control visits and out-of-pocket costs (22). On the  
392 contrary, some studies have demonstrated that women with private healthcare insurance or with  
393 more visits to the general practitioner are also more likely to have hysterectomies (17,23). This  
394 proxy also included several components that were not useful for our analysis (such as  
395 'Consumption of anti-diabetic drugs' or 'Pedestrian access to a pharmacy'), which could have  
396 biased the results.

397 The second association with 'Income and purchasing power' was not as expected. Women aged  
398 15+ living in municipalities with lower 'Income and purchasing power' scores were less likely

399 to receive hysterectomies. This association contradicts studies conducted in Belgium in the past  
400 decades (1,9) and other countries indicating that women with lower socioeconomic statuses are  
401 more likely to undergo hysterectomies (16,21,22). By contrast, a study in Finland found a  
402 positive association between disposable family income and hysterectomy rates (2), which was  
403 confirmed in two other studies on elective surgeries in the same country (34,35). In Ontario, a  
404 positive association was demonstrated for those on middle-quintile incomes (19). The reasons  
405 behind this association deserve more exploration, as it may reflect complexities in the  
406 underlying reasons behind decisions to proceed with surgery, such as cultural beliefs or fears  
407 of the potential additional costs of several medical visits in deprived women (33).

408 For 'Education/training', the fact that the estimated coefficients ranged from negative to  
409 positive over the study area did not emerge with traditional regression, showing the importance  
410 of the GWPR specification (36). The association between education and hysterectomy is not  
411 always negative. This spatial heterogeneity in the municipal associations indicates how the  
412 factor might have a greater effect on hysterectomy incidence in some municipalities than others.  
413 Several studies have demonstrated that women with lower education levels are more likely to  
414 undergo hysterectomies (3,37,38). Such women have less knowledge of the therapeutic options  
415 available for their conditions, assuming that the physician knows best, and are less confident in  
416 discussing alternatives with their healthcare professionals (21). Some healthcare professionals  
417 have difficulty discussing sexual and reproductive health with less educated women. These  
418 situations can lead physicians to make decisions on behalf of their patients, without involving  
419 them (21,39,40). This dimension also included several components not useful for our analysis  
420 (such as 'On-time students in secondary school' and 'Access to a kindergarten or elementary  
421 school') that could bias the results.

422 Our findings should be interpreted in the context of several limitations. First, the ICWB score  
423 is inspired by the Canadian Index of Well-being and covers all aspects of wellbeing, not being

424 limited to health or socioeconomic correlates (i.e., it includes dimensions such as municipal  
425 environment and communication); as such, this indicator is unique to Wallonia. Indeed, an  
426 equivalent indicator is not available in two other Belgian regions, which limits comparison at a  
427 national level. The ICWB index does not give a breakdown of the correlates by age group or  
428 by sex, which also limits comparison with other studies. However, there are advantages of using  
429 ICWB correlates, as they are issued from the same index and include a large selection of  
430 dimensions available for the same geographical entity. This limits the sources for data  
431 collection, uses the same validated method, and allows the same process of calibration for the  
432 dimensions.

433 Another identified limitation was the use of the aggregate data to estimate the hysterectomy  
434 rate. Indeed, the denominator used for hysterectomy rates, i.e., the number of women aged 15+  
435 in a municipality, included women who had already undergone hysterectomies prior to the  
436 period of our study or for indications other than those selected in the frame of this study (e.g.,  
437 cancer and postpartum hemorrhage). These women were no longer at risk of having the surgery.  
438 This could have led to an underestimation of the SIR (22,41).

439 The last limitation was the design of the ecological studies, limiting the ability to prove  
440 causality. Further analysis is required to explore the underlying causes of these variations.  
441 Alternative variables could also be applied to explore their impact on hysterectomy incidence,  
442 such as exploring the degree of satisfaction of the patients and complications after a  
443 hysterectomy to assess the benefits and risks of radical surgeries. Further studies to analyze  
444 whether the contemporary decrease in crude hysterectomy rates in Belgium, as exposed in the  
445 recent National Institute for Health and Disability Insurance report (8), is correlated with the  
446 use of alternative treatments would be useful. Hysterectomy is a common surgery and provides  
447 relief for a number of benign gynecological problems, but it is often associated with negative  
448 psychological, sexual and physical outcomes (5,42). Various alternatives to hysterectomy are

449 available and should be preferred to the radical surgery. Hysterectomy is recommended when  
450 other treatment options have failed, are contraindicated, or are declined by women (42,43). The  
451 influence of the socioeconomic level on the incidence of hysterectomy could be due to several  
452 factors. Women with low levels of education may lack knowledge of less invasive methods,  
453 consult a healthcare professional later, or have variable access to healthcare (44). Some studies  
454 have demonstrated that the sex, age and academic practices of the gynecologist play a role in  
455 the indication for hysterectomy (23,45). A public information campaign in the mass media  
456 conducted in Switzerland in 1984 led to a drop in hysterectomy rates after the start of the  
457 campaign and during the following year (42). Today, websites created by lay women  
458 associations and patient support groups on social media are available and provide simple  
459 explanations of alternatives to hysterectomy, also providing advice to empower women  
460 regarding their health. These forms of support can be used to facilitate discussion with  
461 gynecologists or healthcare professionals before deciding if radical surgery is the best  
462 therapeutic option (21,46). Strategies that should be adopted include clinical education, the  
463 generation of good practice guidelines, peer review, feedback to physicians on clinical practice  
464 profiles, public education, and improving the understanding of patient preferences in the  
465 decision process (11,21,33,43). The cost of the surgery to the healthcare system and patient  
466 must be interpreted in the context of the cost of untreated conditions. Physicians and  
467 gynecologists should adopt a holistic approach with space for discussion on the psychological  
468 impact of uterus resection on a woman's wellbeing. Outcomes that matter to patients should  
469 not be ignored in the discussion, such as the relief of symptoms, long-term complications  
470 (with/without surgery) and improvement of quality of life (11). A focused approach,  
471 encompassing the understanding of the local socioeconomic correlates, would optimize the  
472 decision-making processes of women and their caregivers and prevent the overuse of the  
473 procedure for the most deprived women.

474 **5. Conclusions**

475 Low interregional variation is generally presumed to indicate optimal medical services (14). It  
476 was demonstrated that the rates of hysterectomy varied spatially across Wallonia, in Belgium.  
477 Moreover, hysterectomy incidence was found to be associated with a high score for ‘Income  
478 and purchasing power’, a low score for ‘Health and care’, and various scores regarding  
479 ‘Education/training’. Spatial variation in the relationships between hysterectomy incidence and  
480 socioeconomic variables means that in some municipalities, those socioeconomic variables  
481 have greater effects on the incidence than in the other places. Ignoring those spatial variations  
482 could lead to inefficient resource usage. Our study identified persistent differences in the use  
483 of hysterectomies between the municipalities in Wallonia, which might represent inefficiency  
484 or inequality in the provision of care. There is concern about the potential abuse of hysterectomy  
485 for benign diseases, considering the possible short-term complications and long-term  
486 deleterious effects. Despite the fact that Belgium has a good healthcare system, social  
487 inequalities in health remain in the population (33). It is important to quantify inequalities in  
488 the use of hysterectomies and their causes in order to take steps to address them at the local  
489 level of care policy. In the current study, the use of GWPR was proposed to increase the  
490 consideration of the local nature of ecological associations and enable a deeper understanding  
491 of the situation at the municipal level. These findings would help health policy to move beyond  
492 providing uniform recommendations for all municipalities, as regional disparities are large.  
493 Considering the fact that municipal-target intervention is difficult to conduct practically, a local  
494 understanding of the socioeconomic factors influencing the use of the surgery would help  
495 healthcare professionals to act efficiently and target information campaigns. Our results offer  
496 further evidence for enhancing programs based on geographical variations and assisting women  
497 at risk to make the best choices.

498

499 **List of abbreviations**

15+	older than 15-year-old
AViQ	Walloon Agency for a Life of Quality
CI	confidence interval
GLM	Generalized Linear Model
GWPR	Geographically Weighted Poisson Regression
ICD	International Classification of Diseases
ICWB	Index of Conditions of Well-Being
IWEPS	Walloon Institute of Evaluation, Prospective and Statistics
RHM	Minimum Hospital Summary
SIR	Standardized Incidence Ratio

500

501 **Declarations**

502 *Ethics approval and consent to participate*

503 Ethics approval and consent for publication were not required due to secondary collection of  
504 information from the RHM.

505 *Consent to publish*

506 Not applicable

507 *Availability of data and materials*

508 The datasets extracted from RHM analysed during the current study are not publicly available  
509 but are available from the corresponding author on reasonable request and with permission of  
510 AViQ.

511 *Competing interests*

512 The authors declare that they have no competing interests.

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514 Funding was not necessary for the study.

### 515 *Authors' contributions*

516 AP and MO performed the analyses and interpreted the results under the supervision of FKS  
517 and SS. AP wrote the first draft of the manuscript. PC and DD helped in data acquisition and  
518 interpretation of the results. FKS and SS conceived the original idea of the research. AP, FKS,  
519 MO, PC, DD and SS contributed significantly to revise the manuscript. All authors read and  
520 approved the final manuscript.

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524

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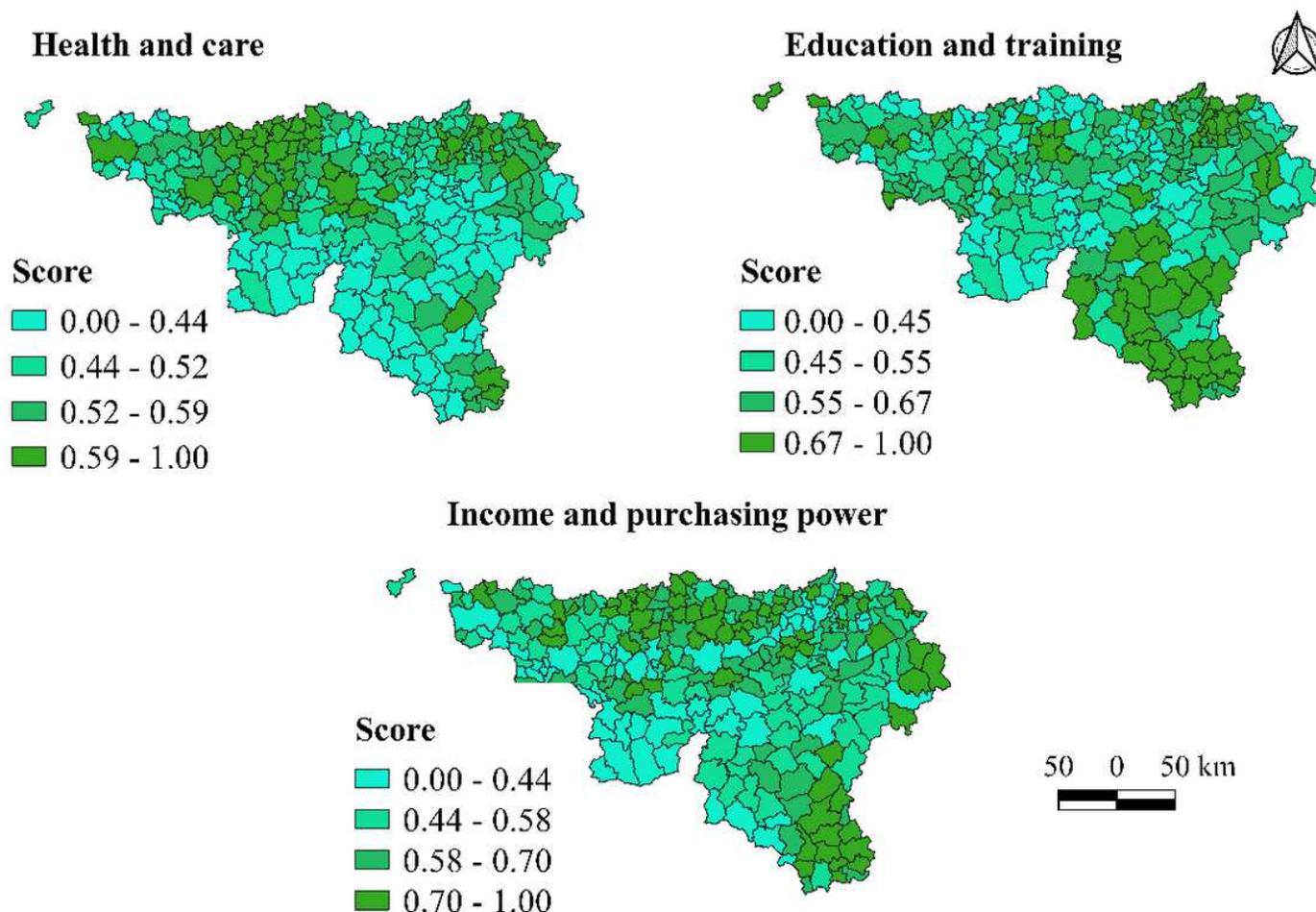
## 636 **Figures**

637 Figure 1. Spatial distribution of the Index of Conditions of Well-being (ICWB) dimensions  
638 scores by municipalities

639 Figure 2: Distribution of the hysterectomy standardized incidence ratio (SIR) in Wallonia,  
640 2012–2014

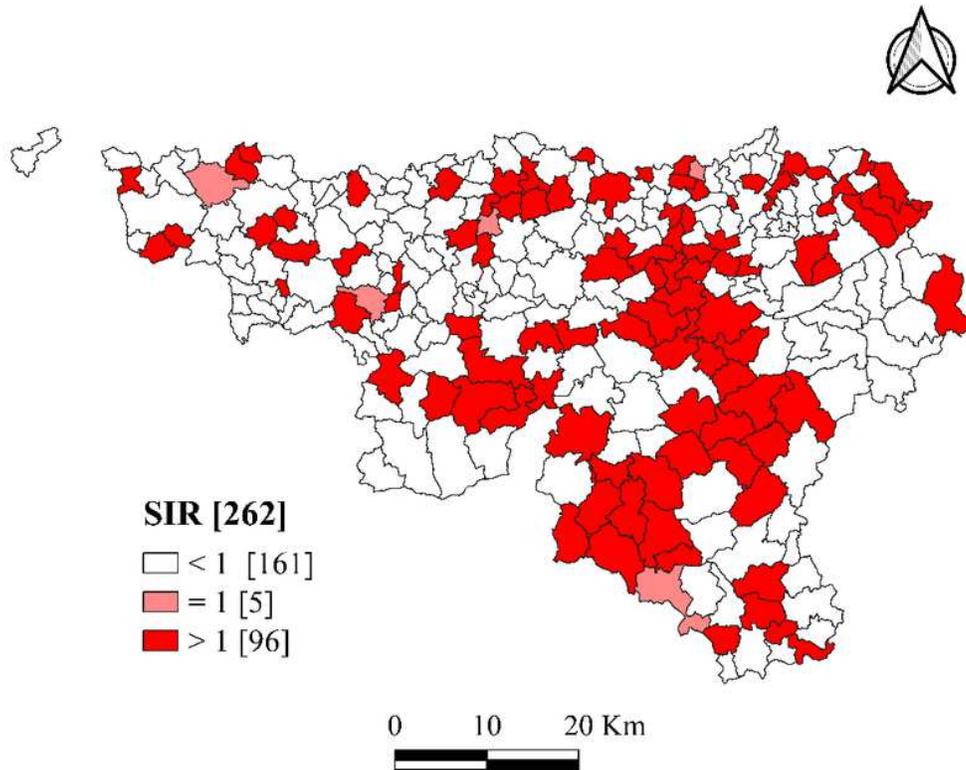
641 Figure 3: Parameters of predicting variables by municipality in the GWPR

# Figures



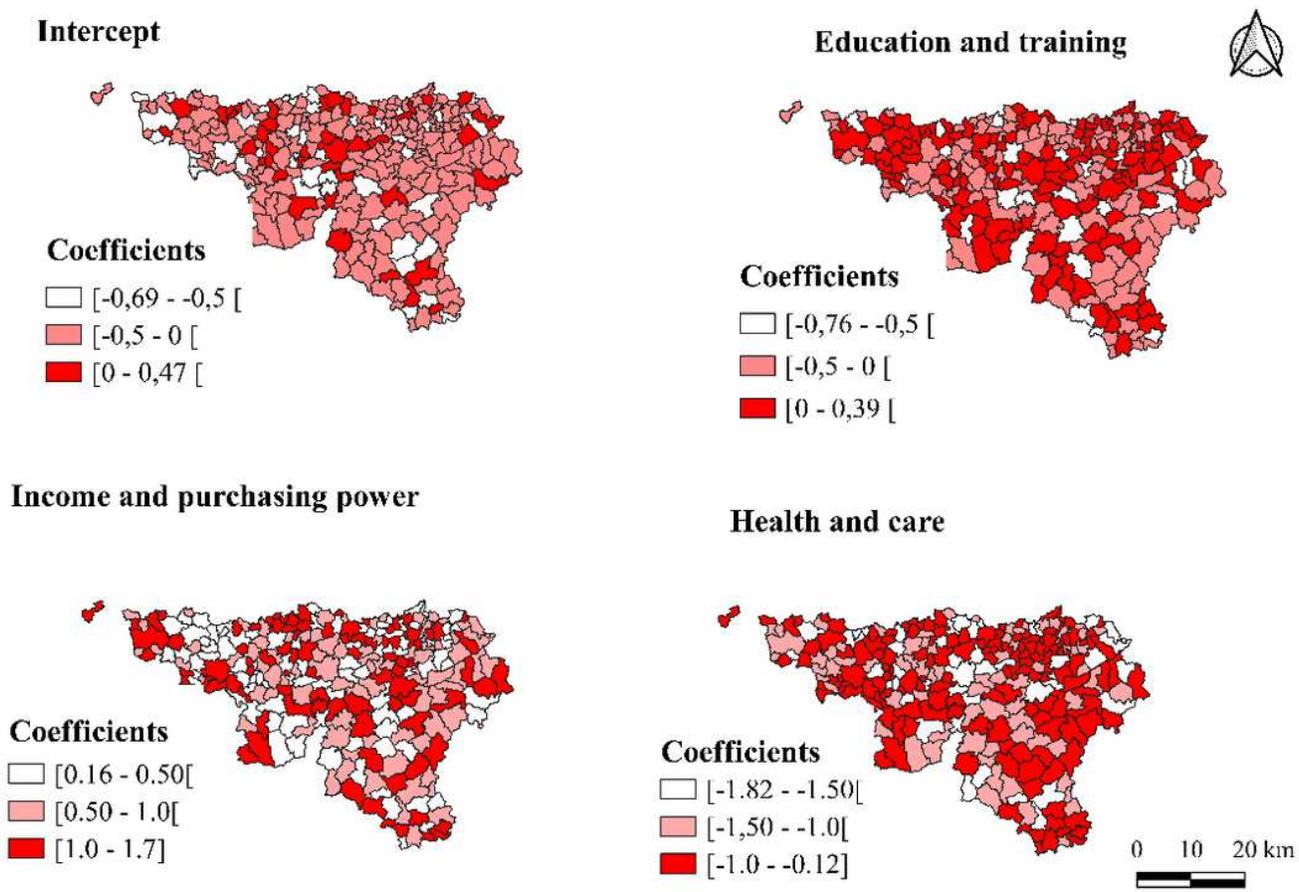
**Figure 1**

Spatial distribution of the Index of Conditions of Well-being (ICWB) dimensions scores by municipalities  
Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.



**Figure 2**

Distribution of the hysterectomy standardized incidence ratio (SIR) in Wallonia, 2012–2014 Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.



**Figure 3**

Parameters of predicting variables by municipality in the GWPR Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.