

Risk Assessment of Arsenic Toxicity Through Ground Water-Soil-Rice System in Maldah District, Bengal Delta Basin, India

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1 **Risk assessment of arsenic toxicity through ground water-soil-rice system in Maldah**
2 **district, Bengal Delta basin, India**

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34 **Abstract:**

35 Arsenic (As), a toxic trace element, is of great environmental concern due to its presence in
36 soil, water, plant, animal and human continuum. Its high toxicity and increased appearance in
37 the biosphere have triggered public concern. The present study measured arsenic (As)
38 concentrations in soil, groundwater and rice plant samples of five selected blocks of Maldah
39 district, West Bengal, India. Soil, irrigation water and rice plant samples were collected from
40 fields from the selected study areas. The results revealed the presence of As in higher
41 concentrations than the maximum permissible limit of As in irrigation water (0.1 mg L⁻¹ by
42 WHO and Indian standard) in groundwater of Manikchak (0.553 ± 0.17 mg L⁻¹, Kaliachak III
43 (0.528 ± 0.20 mg L⁻¹), Kaliachak II (0.449 ± 0.15 mg L⁻¹), Kaliachak I (0.207 ± 0.19 mg L⁻¹)
44 The level of As in soil was also found to higher in those four blocks. The As content in rice
45 grain and field is positively correlated with As content in irrigation water. The analysis of As
46 of locally grown rice, showed the presence of its concentration higher than recommended
47 safe level of As in rice by FAO/WHO (0.2 mg Kg⁻¹) in some villages. The data of
48 consumption of rice per day in the survey was used for the measurement of average daily
49 dose and hazard quotient. Kaliachak III, Manikchak and Kaliachak II showed HQ greater
50 than 1, indicating the possibility of non-carcinogenic health hazard. The study emphasized
51 the severity of As problem in remote areas of West Bengal, India where people consume As
52 tainted rice due to lack of awareness about the As problem and associated health issues.

53 **Key words:** Arsenic, Rice, Irrigation water, Inceptisols, Spatial Map, Hazard quotient

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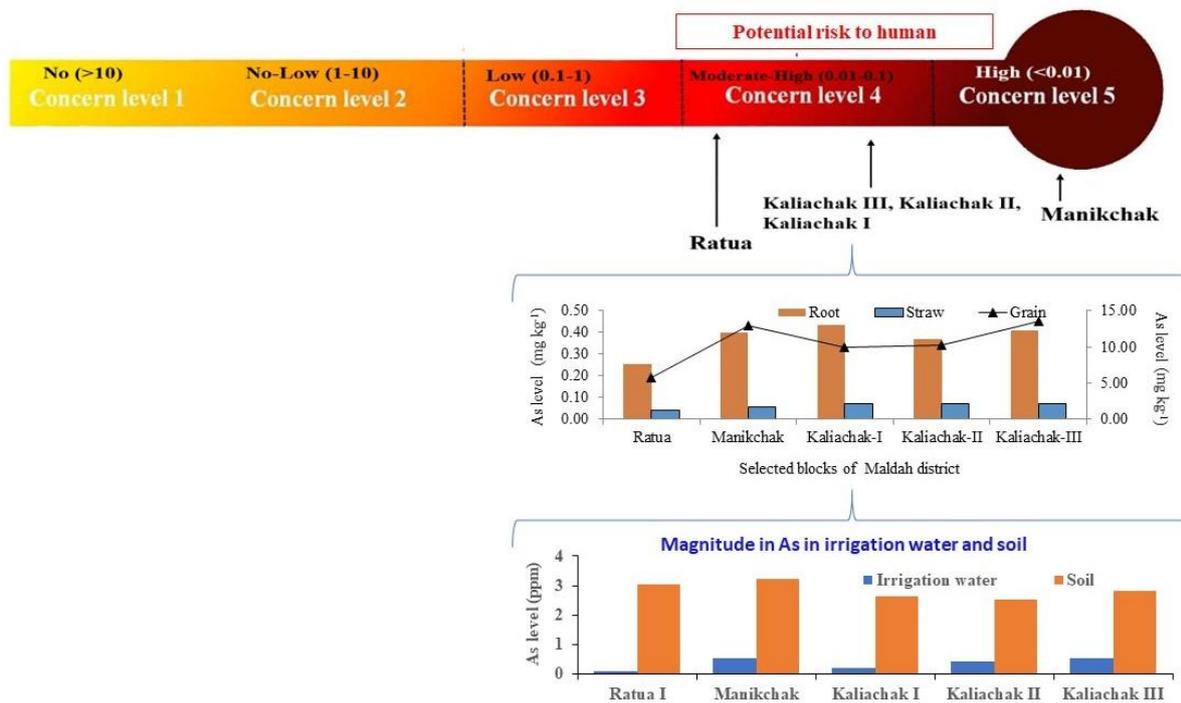
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59 **Graphical abstract**



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75 **1. Introduction**

76 The problem of arsenic (As) contamination in irrigation water and loading in edible parts is
77 one of the most alarming factors threatens health risk for more than 150 million people all
78 over the world live in 10 countries in South and South-east Asia: Bangladesh, Cambodia,
79 China, India, Laos, Myanmar, Nepal, Pakistan, Taiwan and Vietnam (Mochizuki, 2019;
80 Nurchi et al., 2020). The occurrence of high As in ground water was first reported in 1978 in
81 West Bengal in India. The most affected areas in West Bengal are on the eastern side of
82 Bhagirathi river in the districts of Maldah, Murshidabad, Nadia, North 24 Parganas and South
83 24 Parganas and western side of the districts of Howrah, Hooghly and Burdwan. Arsenic
84 contaminated groundwater is used not only for drinking purpose but also for crop irrigation,
85 particularly for the paddy rice (*Oryza sativa* L.), in south and southeastern Asian countries. In
86 India, As contaminated groundwater has been used extensively to irrigate paddy rice,
87 particularly during the *rabi* season.

88 Increasing levels of As in agricultural soils from contaminated underground irrigation water,
89 and its uptake in rice, vegetables, and other food crops (Williams et al., 2006) have become a
90 real health emergency in this region. A number of recent studies report that another major
91 source of As exposure is through the regular consumption of rice cultivated and irrigated with
92 As-contaminated groundwater (Biswas et al., 2020). This is the prime cause of increasing
93 concerns regarding the As content in food, as it is associated with carcinogenicity and a
94 number of multiple adverse health consequences. In human, common symptoms of chronic
95 As toxicity are pigmentation and keratosis. Apart from these symptoms, arsenicosis produces
96 problems such as weakness, chronic respiratory disease, peripheral neuropathy, liver fibrosis,
97 genotoxic effects, cardiovascular diseases, peripheral vascular disease, conjunctivitis,
98 cardiovascular diseases, gangrene and skin cancer, pre-malignant skin lesions, bladder and
99 lung cancer (Khanam et al., 2020). WHO confirmed the maximum permissible limit for

100 irrigation purpose is 0.05 mg L^{-1} , for rice as 1 mg kg^{-1} (Golui et al., 2017), while it is 0.15
101 and 0.5 mg kg^{-1} as prescribed by USDA and EU, respectively (Meharg and Zhao, 2012).

102 In West Bengal, rice is grown traditionally in the monsoon season (July-October) as ‘aman or
103 *kharif* rice’ and during the winter season (January-April) as ‘*boro* or summer rice’. Usually
104 the aman rice is rainfed, while the *boro* rice is irrigated mainly with groundwater. During our
105 investigation, we interviewed farmers of the study area and learnt that they were irrigating
106 their rice fields with arsenic-contaminated groundwater over the past few decades, especially
107 during winter season, as there was very little rainfall received, which led to more As
108 contamination in soils as well as rice plants. Thus, to minimize the knowledge gap about As
109 contamination and determine the potential health threat for local residents, the need was felt
110 to investigate the level of As in different varieties of rice grown using groundwater-based
111 irrigation.

112 **2. Materials and Methods:**

113 **2.1 Study area**

114 Maldah district is situated between the Latitude and Longitude of $24^{\circ} 40'20''\text{N}$ to 25°
115 $32'08''\text{N}$ and $88^{\circ} 28'10''\text{E}$ to $87^{\circ} 45'50''\text{E}$ respectively. The present study was confined to five
116 blocks (Kaliachak-1, Kaliachak I, Kaliachak III, Manikchak and Ratua I) of the district. The
117 study area forms part of the Ganga-Brahmaputra delta comprising quaternary sediments
118 deposited by the Ganga-Pagla-Bhagirathi-Mahananda river system situated just adjacent to
119 the west of Bangladesh, where incidence of elevated As has been reported (Purkait and
120 Mukherjee, 2006).

121 **2.2 Sample collection**

122 From each block, 20 locations were selected using a hand-held GPS (Garmin GPS 12) for
123 collection of water, soil and rice plants. Water samples were collected directly from irrigation

124 sources used for irrigating the rice field. Surface soil (0-20 cm), irrigation water and rice
125 plant samples were collected from same location of each selected blocks. As a part of present
126 investigation, 20 samples each of soil, irrigation water and rice plants were collected from
127 same location from each of five selected blocks of each of this district during *rabi* season.
128 The collected soils and water samples were analysed for a few important properties viz., pH,
129 EC and organic carbon (only for soil).

130 **2.3 Processing and analysis of samples**

131 The collected soil samples were dried in a shade on the clean paper, ground in wooden mortar
132 and sieved through 2 mm nylon sieve. The soil samples were analysed for physic-chemical
133 properties such as mechanical analysis, pH, EC, organic carbon and available arsenic by
134 standard methods. The collected water samples were kept in 50 mL sized plastic container
135 with 2-3 drops of diluted HCl in it to preserve the sample for long use. The samples were
136 filtered through Whatman filter paper 1 and ready for analysis of total arsenic content by
137 standard method. The fresh plants were washed with clean de-ionised water to remove dust
138 and other adhering substances. Then the washed plants samples were dried in the hot air oven
139 at 60⁰ C temperatures till constant weight is achieved. The dried plant samples were separated
140 into 3 parts i.e. roots, shoots and grains. The samples were stored properly for determining
141 nutrient/pollutant concentration.

142 **2.4 Sample digestion and instrumental measurement**

143 Digestion of the rice and soil samples for As analysis was carried out employing the method
144 used by Rahman et al. (2007) i.e. approximately 0.5 g ground sample were weighed directly
145 into a 75 mL digestion tube and 5 mL concentrated HNO₃ was added to it. The mixture was
146 then allowed to stand overnight under fume hood. In the following day, the digestion tubes
147 were heated using temperature-controlled digestion block up to 90°C. On cooling the tubes, 2

148 mL concentrated perchloric acid was added for plant samples, while for soil additional 3 mL
149 sulfuric acid was added. Again, the tubes were heated at 160°C for about 4 hours; after
150 cooling, the digests were diluted, filtered, and stored in polyethylene bottles for future use.
151 Arsenic in the samples was measured with hydride generation atomic absorption
152 spectrometry (HS-AAS). For hydride generation, analytical standard sodium borohydride
153 (3%; Merck), sodium hydroxide (2.5%; Merck) and hydrochloric acid (6 M; Merck) were
154 used. The concentrations detected in all the samples analyzed were above the instrumental
155 limits of detection (0.2 ppb). All glassware and plastic bottles were washed by deionized-
156 distilled water and dried. The precision of the analysis was always checked by certified
157 standard reference materials (SRMs) (NIST, USA) such as 1568a (rice flour). The analytical
158 results indicated that the observed values were very close to the certified values. Quality
159 control tests were also performed by analyzing triplicates and calculating recovery of spiked
160 digested samples following Rahman et al., 2013.

161 **2.5 Indices for arsenic transfer and risk assessment**

162 **2.5.1 Bioaccumulation factor (BAF)**

163 The BAF is the ratio of the concentration of As in the plant parts to that in the corresponding
164 soil (Arumugam et al., 2018). It was calculated by the equation:

$$165 \text{ BAF} = \frac{\text{Concentration of As in rice root}}{\text{Concentration of As in soil}}$$

166 **2.5.2 Translocation factor (TF)**

167 The TF was calculated to determine relative translocation of As from roots to other parts
168 (shoot or grain) of rice plant as follows (Arumugam et al., 2018):

$$169 \text{ TF root to shoot (TFr-s)} = \frac{\text{Concentration of As in rice shoot}}{\text{Concentration of As in rice root}}$$

$$170 \text{ TF shoot to grain (TFs-g)} = \frac{\text{Concentration of As in rice grain}}{\text{Concentration of As in rice shoot}}$$

171 **2.5.6 Average daily intake (ADI)**

172 Ingestion exposure to As from rice was estimated by calculating Average Daily Intake (ADI)
173 using the following equation; the values were then used to calculate non- carcinogenic risk.

$$174 \quad ADI = \frac{CiAs \times IR}{BW} \times \frac{EF \times ED}{AT},$$

175 Where, ADI represents average daily intake of As ($\mu\text{g day}^{-1}$), CiAs is the concentration of
176 inorganic As [$\mu\text{g kg}^{-1}$, taking 86% of total as inorganic (Halder et al., 2014)], IR is the
177 ingestion rate (kg day^{-1}); BW is body weight (kg), EF is the exposure frequency (d yr^{-1}), ED
178 is the exposure duration (yr) and AT is the averaging time (day) (US EPA, 2011).

179 **2.5.7 Hazard quotient (HQ)**

180 The hazard quotient (HQ) was calculated to estimate chronic-toxic risk using the equation:

$$181 \quad HQ = \frac{ADI}{Rfd}, \text{ where, Rfd is the reference dose } 0.3 \mu\text{g kg}^{-1}\text{d}^{-1} \text{ (US EPA, 2011).}$$

182 **2.5.8 Risk thermometer**

183 Arsenic toxicity exposure level was assessed through risk thermometer taking into
184 consideration the As intake value calculated from the daily consumption of rice. Assessment
185 of risk factor was performed based on As concentration of polished rice, cooking water, and
186 cooked rice prepared through different methods. According to the Swedish National Food
187 Agency, risk thermometer is known for demonstrating new protocol on risk characterization
188 (Sand et al., 2015). The risk thermometer mainly estimates the exposure to a toxic material in
189 food which is compared with the material's health-based reference value (Tolerable Daily
190 Intake, TDI). The different exposure levels to the populations through the ingestion of rice of
191 different cultivars were determined using the following equation as mentioned in other
192 studies (Chowdhury et al., 2020; Sand et al., 2015).

$$193 \quad \text{SAMOE (Severity Adjusted Margin of Exposure)} = \text{TDI} / (\text{AF}_{\text{BMR}} * \text{AF} * \text{SF} * \text{E})$$

194 Where, TDI (Tolerable Daily Intake) = $3.0 \mu\text{g kg}^{-1} \text{bw}^{-1}\text{day}^{-1}$ value for intake of inorganic As
195 (WHO 2011)

196 AF_{BMR} = Non-linear relation in dose range (1/10; BMR - Benchmark response)
197 AF (Assessment factors) = A factor 10 (conservative assessment) (Sand et al., 2015)
198 SF (Severity factor) = 100 (For cancer, the most severe category)
199 E= Different exposure factor

200 **3. Result and discussion**

201 **3.1 Initial properties of soil and irrigation water of the study area**

202 Soil pH of the soils of blocks of Maldah Districts ranged from 6.45 ± 0.663 - 6.88 ± 0.277 .
203 Irrigation water also showed slightly alkaline to neutral reaction (7.3 ± 0.003 - 7.9 ± 0.061).
204 Organic carbon status of the study district was medium to high (Table1) ranged from $0.57 \pm$
205 0.172% - $1.12 \pm 0.129\%$. Data presented (Table1) showed that the pH and EC of the water
206 varied from 6.4 ± 0.012 to 7.9 ± 0.061 and 0.45 ± 0.09 (dS m^{-1}) to 1.2 ± 0.05 (dS m^{-1}),
207 respectively. Results, therefore, showed that irrigation water here mostly non-saline in nature
208 and neutral to slightly alkaline in reaction.

209 **3.2 Spatial distribution of arsenic in irrigation water**

210 We have analyzed irrigation water contamination by As in the selected blocks and the result
211 was summarized in Table 2. In Manikchak, Kaliachak III, Kaliachak II, KaliachakI andRatua
212 I the percentages of water samples having >0.05 mg L^{-1} As was high and corresponded to
213 70%, 65%, 65%, 60%, and 45%, respectively. Similar trend was observed with respect to the
214 mean concentration of As in Irrigation water, where Manikchak, Kaliachak III, Kaliachak II,
215 Kaliachak I and Ratua I showed 0.553 ± 0.17 mg L^{-1} , 0.528 ± 0.20 mg L^{-1} , 0.449 ± 0.15 mg
216 L^{-1} , 0.207 ± 0.19 mg L^{-1} and 0.093 ± 0.10 , respectively.

217 In a report by Kunar et al. (2009) the maximum As concentration in ground water was
218 reported for Manikchak, Kaliachak III, Kaliachak II, Kaliachak I and Ratua I was 0.94 mg L^{-1} ,
219 0.04 mg L^{-1} , 0.91 mg L^{-1} , 0.74 mg L^{-1} and 0.89 mg L^{-1} , respectively. These finding was in
220 good agreement with our result. Our results also corroborated well with the study by

221 Rahaman et al. (2011), they showed the As contamination level in water was in the order of
222 Manikchak (0.851 mg L^{-1}) >Kaliachak II (0.793 mg L^{-1}) >Ratua I (0.746 mg L^{-1}) >Kaliachak
223 III (0.682 mg L^{-1}) >Kaliachak I (0.623 mg L^{-1}) (Table 2). However, in our study Ratua
224 I showed less As contamination in irrigation water with mean concentration of 0.093 mg L^{-1} .
225 In a previous study by Golui et al. (2017) the As contamination level in irrigation water was
226 found in the order of 0.57 mg L^{-1} (Kaliachak III, n = 4) and 0.48 mg L^{-1} (Kaliachak II, n =5)
227 in Maldah district. The high concentration of As in irrigation water in these area is mainly
228 due to its regional geomorphic set-up. Geomorphologically, the area comprises active flood
229 plain, Older flood plain and the oldest flood plain. The recent flood plain deposits of district,
230 however, recorded high concentration of groundwater As (Goswami, 1995).

231 **3.3 Spatial distribution of arsenic in soil**

232 The concentrations of As in the 20 agricultural soils, collected from each above mentioned
233 five blocks, varied widely. Mean As content in soils followed the order was Maniakchak
234 ($3.24 \pm 0.808 \text{ mg kg}^{-1}$) >Ratua ($3.03 \pm 0.03 \text{ mg kg}^{-1}$) >Kaliachak III ($2.81 \pm 0.283 \text{ mg kg}^{-1}$)
235 >Kaliachak II ($2.54 \pm 0.973 \text{ mg kg}^{-1}$) >Kaliachak I ($2.64 \pm 0.0216 \text{ mg kg}^{-1}$) (Table 2).
236 Rahaman et al,2012, on the other hand, reported a higher value of As in soils of the aforesaid
237 five blocks of this district where As concentration in soil was 13.12 mg kg^{-1} crossed the global
238 average (10.0 mg kg^{-1}), but within the maximum acceptable limit for agricultural soil (20.0
239 mg kg^{-1}) recommended by the European Union. Purkait and Mukherjee (2006) reported that
240 the high accumulation of As is common in this alluvial track of the Bengal Basin, because of
241 Himalayan erosion, supplying immature sediments with low surface loadings of FeOOH on
242 mineral, that may release arsenic into soil- water system through changing redox state of
243 aquifer (Nickson et al., 2000; Smedley and Kinniburgh 2002) during heavy pumping of
244 groundwater for agricultural purposes.

245 **3.4 Arsenic profiling in different plant parts of rice**

246 Rice is being grown in flooded (reduced) conditions, which greatly influences As
247 bioavailability in soil, enabling rice to become more efficient at assimilating As into grain
248 than the dry land cereal crops (Xu et al., 2008). As content root found highest in Kaliachak I
249 ($13.03 \pm 8.08 \text{ mg kg}^{-1}$) followed by Kaliachak III ($12.22 \pm 5.81 \text{ mg kg}^{-1}$) (Fig.1).

250 The level of As contamination in rice grain varied from 0.028-0.79 mg kg^{-1} among the blocks.
251 The As contamination level in rice grain followed the order of Kaliachak III (0.45 mg kg^{-1})
252 >Manikchak (0.43 mg kg^{-1}) >Kaliachak III (0.34 mg kg^{-1}) >Kaliachak II (0.34 mg kg^{-1})
253 >Kaliachak I (0.33 mg kg^{-1}) >Ratua I (0.23 mg kg^{-1}). In a previous report
254 Rahman et al. (2007) showed As concentration in rice grain collected from Maldah district
255 was 0.429 mg kg^{-1} . The result of the current study and previously reported work had shown
256 that the plant grown in As rich soil and irrigated with As contaminated water deposited As in
257 the tissues (Duxbury et al., 2003).

258 Irrespective of blocks As accumulation in the edible parts of most of the plants were
259 generally low as compared to root and straw. The accumulation of As in the grain collected
260 from all the blocks did not exceed the WHO permissible limit (1.0 mg kg^{-1}). However, it may
261 contribute to significant exposure to a person having rice-based subsistence diet (Williams et
262 al. 2005).

263 **3.5 Spatial distribution map of arsenic in irrigation water and soil of Maldah**

264 Interpolated maps of irrigation water and soil As prepared using Kriging method are
265 presented in Fig 4.20 and 4.21. In case of irrigation water in Manikchak most of the area
266 came under dark colour which meant to be extremely affected ($0.5-1.0 \text{ mg L}^{-1}$) category. In
267 Kaliachak III, Kaliachak II and Kaliachak I As concentration in water was not consistent
268 throughout the study area rather, As concentration occurred in patches spread over the study
269 area. Whereas, in Ratua I more than 80% area fell under moderately affected ($0.051-0.10 \text{ mg}$
270 L^{-1}) category. Thematic maps of soil As for Manikchak, Kaliachak III, Kaliachak II and

271 Kaliachak I showed high spatial variability even in small distance. But in Ratua block map
272 showed lighter colour which represented lower level of As concentration in soil (2.51-5.0 mg
273 kg⁻¹ class).

274 **3.6 Relationships between As contents of rice plants, irrigation water and soil** 275 **parameters**

276 The correlation study among As concentrations in irrigation water, soil and in different parts
277 (root, straw and grain) of the rice plant cultivated in the five blocks of the district is presented
278 in table 2 and supplementary Fig.2. The data revealed that there is significant positive
279 correlation among As concentrations in irrigation water, soil, root and grain. Continued
280 irrigation with high As content irrigation water gradually enhance As loading in soil, which
281 further increase its accumulation in different parts of plant (Sanyal et al., 2015).

282 In rice, the bioavailability of As depends on several physical and chemical factors of the soil
283 and/or Irrigation water. Correlation coefficients (r) among arsenic concentrations and in
284 different parts (root, straw, husk, and grain) of the rice plant and selected soil properties (pH
285 and organic carbon) summarized in Table 3. Organic carbon showed negative correlation
286 with As accumulation in soil and rice plant parts. Researchers established that there is a
287 growing affinity between iron and manganese oxides and As content in soil (Guo et al.,
288 1997). In the present investigation As concentration soil showed positive co relation with soil
289 pH. Whereas, As concentration in rice grain and straw remain unaffected by soil pH.

290 **3.7 Bioaccumulation Factor (BAF)**

291 In order to reflect As transfer from soil to straw and grain in rice in different blocks of
292 Maldah district, BAF for both straw and grain was for each sample and summarized in Table
293 3. The average BAF soil to root were found to be in the order of Manikchak (3.11) = Ratua I
294 (3.11) > Kaliachak I (2.55) > Kaliachak III (1.68) > Kaliachak II (1.49). Among the blocks,
295 BAF values of straw were found to be higher for Kaliachak I (0.4), whereas relatively lower

296 BAF values of straw were found in Manikchak (0.19). Data presented in Table 3 revealed
297 that the BAF for grain in Ratua I, Manikchak, Kaliachak I, Kaliachak II and Kaliachak III
298 were 0.05, 0.05, 0.07, 0.05 and 0.06, respectively. The lowest BAF both in straw and grain
299 was found in Manikchak block. It indicates that there is strong absorptive capacity of
300 Manikchak block soil to restrict As entry to the plant. The result of the present study showed
301 good agreement with a previous experiment by Singh et al. (2011). They reported As BAF in
302 grain was low (0.04) though the soil was having high As contamination. It is important to note
303 that BAF factor for straw and grain for all the blocks lower than 1.

304 **3.8 Translocation factor of soil, root and straw**

305 The calculated TF from root to straw and straw to grain for the studied blocks were present in
306 Table 3. However, maximum TF_{root} values were seen in Kaliachak II (0.26) and minimum
307 were in Ratua I (0.12) blocks. TF_{straw} were found in the following order: Manikchak (0.27)
308 > Kaliachak III (0.25) > Kaliachak II (0.19) > Ratua I (0.18) > Kaliachak I (0.16).

309 **3.9 Hazard quotient (HQ)**

310 To evaluate the potential risk of As from contaminated rice consumption to human health
311 through hazardous quotient was calculated for all the selected blocks of the studied district.
312 Result confirmed that HQ value through consumption of rice was 1.36 ± 0.236 in Kaliachak
313 III and 1.28 ± 0.673 in Manikachak. Likewise, in Kaliachak II, Kaliachak and Ratua I blocks
314 As concentration of irrigation water ranged from 1.01 ± 0.293 , 1 ± 0.304 and 0.58 ± 0.586 ,
315 respectively (Fig.5). If the Hazard Quotient (HQ) is calculated to be less than 1, then no
316 adverse health effects are expected as a result of exposure. If the Hazard Quotient (HQ) is
317 greater than 1, then adverse health effects are possible. Data derived from this study
318 explained that Manikchak, Kaliachak III, Kaliachak II and Kaliachak blocks has the
319 possibility of non carcinogenic health hazard. Golui et al., 2017 conducted an epidemiology
320 study in Maldah district where they showed hazardous risk to the population through As

321 contaminated drinking water and rice diet. It is evident from the range of HQ values from
322 their study that HQ for rice grain, grown in the participants' fields exceeded 1.0 in several
323 cases. On an average, the value of HQ was unacceptable for drinking water indicating that by
324 and large drinking water of the region was unfit for consumption.

325 **3.10 Risk thermometer for As toxicity**

326 The 'Risk thermometer' and the calculated Severity Adjusted Margin of Exposure'
327 (SAMOE) value for As toxicity of different rice cultivars cooked in contaminated and non-
328 contaminated water is presented in Supplementary Table 1 and Fig 6. According to this
329 thermometer, consumption of locally grown rice from the selected block were showed
330 separate concern levels of risk from class 4 to class 5 depending on its As concentration. The
331 Manikchak block showed concern level with highest risk (class 5), whereas for Kaliachak III,
332 Kaliachak II and Kaliachak I showed moderate to high risk (class 4), Although, Ratua I fall in
333 class 4 but the SAMOE value is higher than other three blocks of these group. Thus, Ratua I
334 considered to be comparatively at lower risk.

335 **4. Conclusion**

336 In the present study, spatial distribution of As was investigated in details in selected blocks of
337 Maldah districts of West Bengal. However, spatially geo-referenced database of As of all the
338 districts of West Bengal is highly anticipated to assess the toxicity problem from all the other
339 parts of the state. High variability of As content in irrigation water and soil was observed in
340 Maldah district. Manikchak recorded the highest soil and irrigation water contamination.
341 Grain As content found highest in Kaliachak III. Ratua 1 recorded lowest As in irrigation
342 water, soil and grain. The use of arsenic-contaminated groundwater for irrigation resulted in
343 elevated As levels in top soils leading to the risk of the arsenic accumulation in locally grown
344 rice and subsequently entering into the food chain. Therefore, rice has been identified as a
345 potentially important route of As exposure. In addition, As accumulation in rice is recognized

346 as a disaster for southeast Asia, where rice is a staple food. Remediation aimed at reducing
347 human exposure to rice arsenic in West Bengal should gradually being focused.

348 **Authors' Contributions**

349 RK had done the field experiments and the laboratory analyses. GCH conceptualized the
350 study and finalized the methodologies. PGPSK had done statistical analysis of the data. RK
351 and PGPSK prepared the first draft. All authors subsequently added their inputs and
352 improved the MS. GCH had done the overall supervision of the entire research study,
353 manuscript revisions and corrections.

354 **Conflicts of interest**

355 The authors have no conflict of interest.

356 **Ethics approval**

357 Not applicable.

358 **Consent to Participate**

359 All authors informed consent to participate in this paper.

360 **Consent to Publish**

361 All authors informed consent to publish this paper.

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428 Table 1: Initial properties of irrigation water and soil of selected blocks of Maldah district of West Bengal

Blocks (n=20)	Irrigation water				Soil					
	pH		EC (dS m ⁻¹)		pH		EC (dS m ⁻¹)		Organic carbon (%)	
	Mean ± SD	Range	Mean ± SD	Range	Mean ± SD	Range	Mean ± SD	Range	Mean ± SD	Range
Ratua I	7.5 ± 0.017	7.02-7.78	1.2 ± 0.05	0.53-1.45	6.68 ± 0.666	6.12-7.34	0.19 ± 0.008	0.15-0.22	1.02 ± 0.107	0.82-1.23
Manikchak	6.8 ± 0.01	7.35-7.02	0.96 ± 0.04	0.34-1.12	6.88 ± 0.277	6.38-7.29	0.28 ± 0.015	0.17-0.37	0.96 ± 0.161	0.67-1.28
Kaliachak I	7.3 ± 0.003	6.98-7.42	0.71 ± 0.1	0.34-0.89	6.65 ± 0.267	6.34-7.25	0.19 ± 0.022	0.11-0.27	0.98 ± 0.165	0.56-1.13
Kaliachak II	7.9 ± 0.061	7.02-8.19	0.53 ± 0.09	0.46-0.76	6.45 ± 0.663	6.22-6.98	0.14 ± 0.029	0.11-0.21	1.12 ± 0.129	0.89-1.31
Kaliachak III	6.4 ± 0.012	6.28-7.01	0.45 ± 0.09	0.31-0.51	6.67 ± 0.468	6.41-7.07	0.32 ± 0.036	0.24-0.41	0.97 ± 0.172	0.56-1.16

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442 Table 2: Concentrations of arsenic in irrigation water, soil and tissues of rice plant in the five blocks of Maldah district

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Blocks (n=20)	Concentrations of arsenic (mg kg ⁻¹)									
	Irrigation water (mg L ⁻¹)		Soil		Root		Straw		Grain	
	Mean ± SD	Range	Mean ± SD	Range	Mean ± SD	Range	Mean ± SD	Range	Mean ± SD	Range
Ratua I	0.093 ± 0.10	0.01-0.48	3.03 ± 0.03	0.50-5.90	7.56± 3.88	3.11-15.14	1.25 ± 1.50	0.15-4.32	0.19 ± 0.029	0.03-0.59
Manikchak	0.553 ± 0.17	0.02-0.79	3.24± 0.81	1.18-4.98	11.93 ± 7.34	2.82-24.01	1.68 ± 0.97	0.30-3.38	0.43 ± 0.022	0.08-0.79
Kaliachak I	0.207 ± 0.19	0.01-0.48	2.64± 0.021	0.94-4.13	13.03 ± 8.08	3.03-25.98	2.08 ± 0.46	1.14-2.91	0.33 ± 0.010	0.20-0.52
Kaliachak II	0.449 ± 0.15	0.01-0.52	2.54± 0.97	0.94-4.19	11.06 ± 6.29	3.10-26.61	2.10 ± 0.93	0.52-3.98	0.34 ± 0.010	0.12-0.48
Kaliachak III	0.528 ± 0.20	0.03-0.74	2.81± 0.28	0.28-4.22	12.22 ± 5.81	3.89-28.21	2.18 ± 1.07	0.91-4.95	0.45 ± 0.08	0.14-0.61

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445 Table 3: Biological accumulation factor (BAF), Translocation factor (TF) and Hazardous
446 Quotient (HQ) of arsenic in the rice varieties cultivated in the five blocks of Maldah district
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Block (n=20)	BAF			Translocation factor (TF)	
	soil to root	soil to straw	soil to grain	root to straw	straw to grain
Ratua I	3.11	0.34	0.05	0.12	0.18
Manikchak	3.11	0.19	0.05	0.15	0.27
Kaliachak I	2.55	0.40	0.07	0.21	0.16
Kaliachak II	1.49	0.30	0.05	0.26	0.19
Kaliachak III	1.68	0.31	0.06	0.18	0.25
Mean \pm SD	2.3 \pm 0.77	0.30 \pm 0.07	0.56 \pm 0.008	0.184 \pm 0.054	0.21 \pm 0.04
Range	1.49-3.11	0.19-0.40	0.05-0.07	0.12-0.26	0.16-0.27

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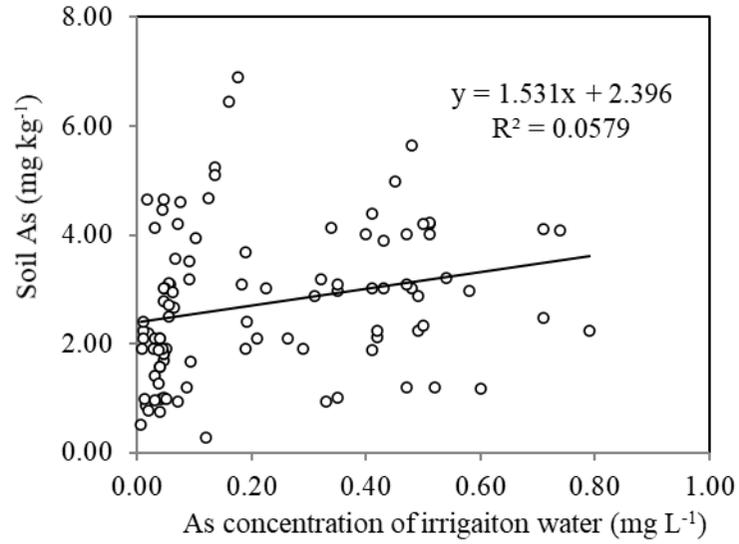


Fig. 2a. As in irrigation water vs Soil As

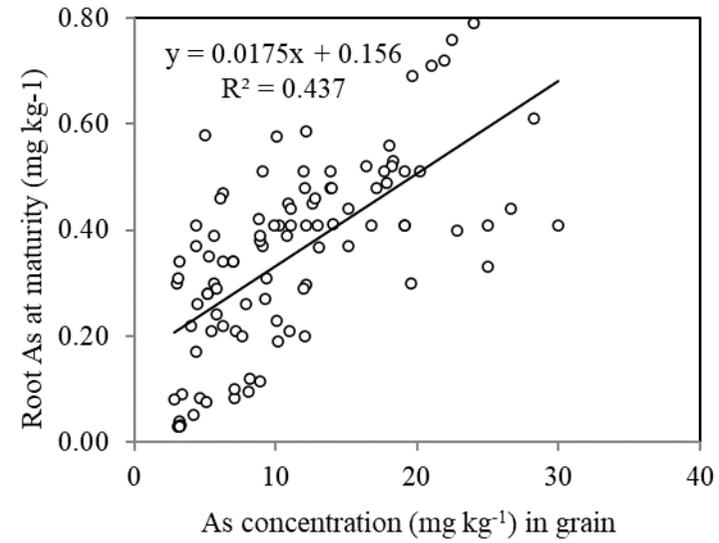


Fig.2b. Grain As vs Root As at maturity

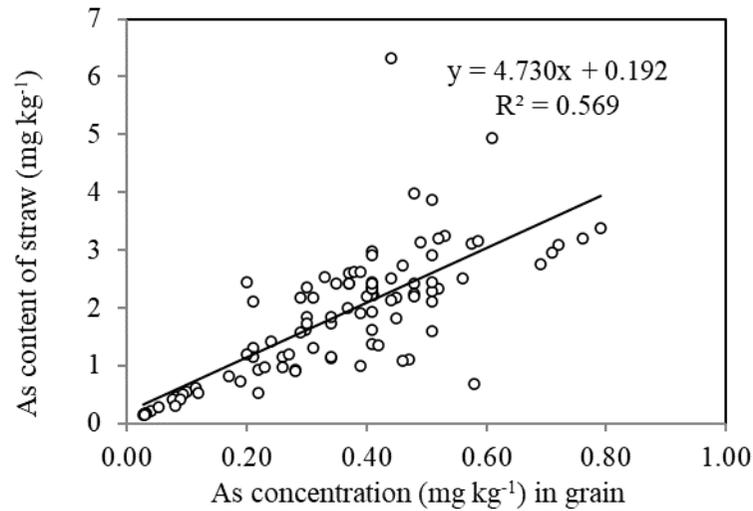


Fig. 2c. Grain As vs Straw As

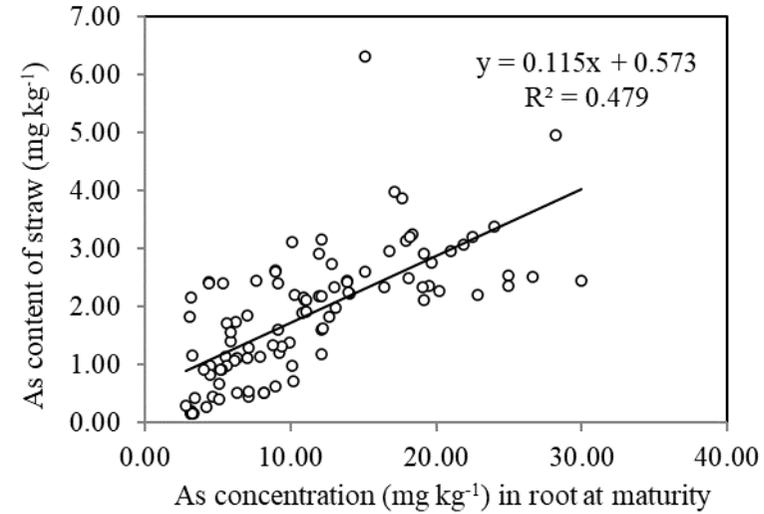


Fig.2d. Root As vs Straw As at maturity

Fig. 2 a-d. Interrelationship in-between As concentration of different plant parts of rice at maturity

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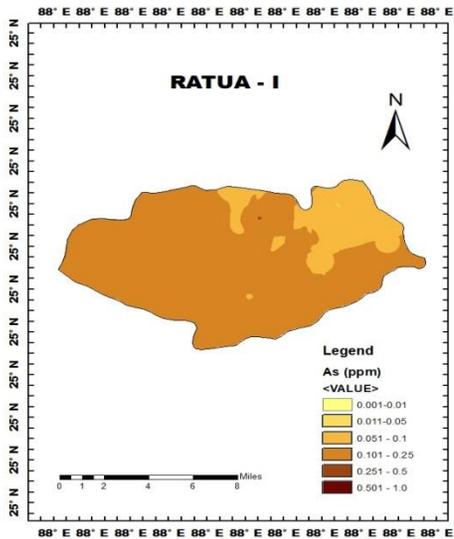


Fig.3a

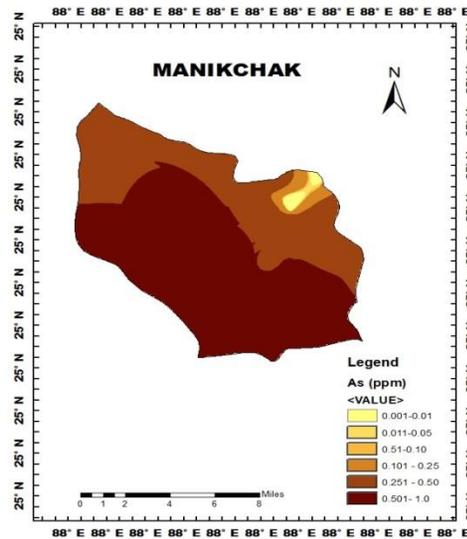


Fig.3b

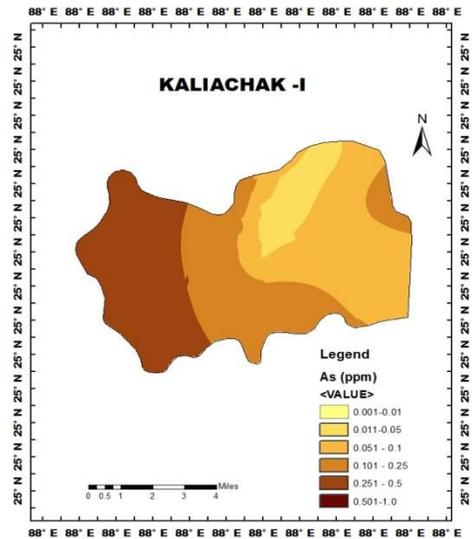


Fig.3c

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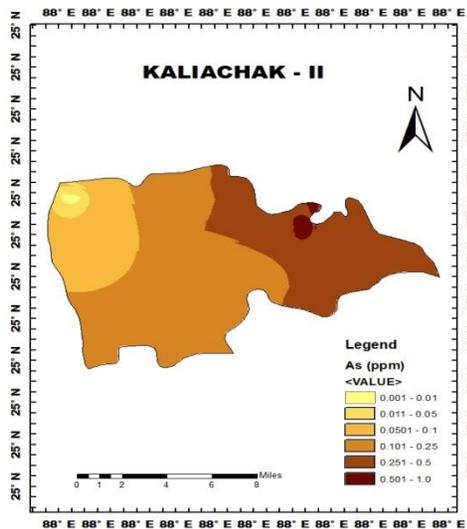


Fig.3d

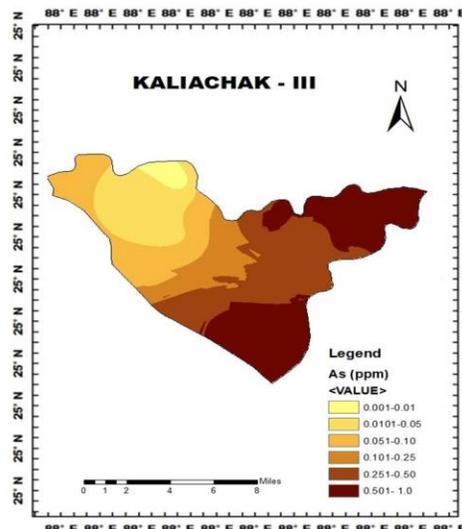


Fig.3e

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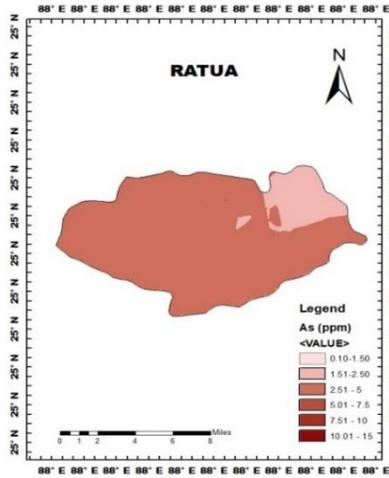


Fig.4a

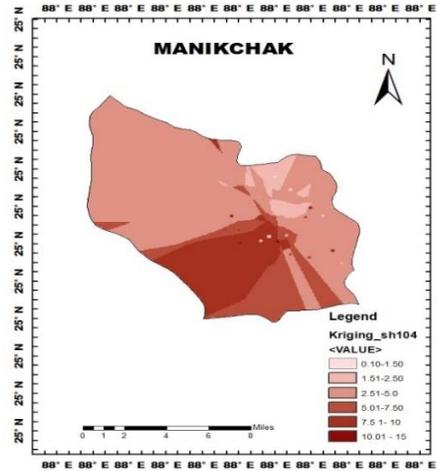
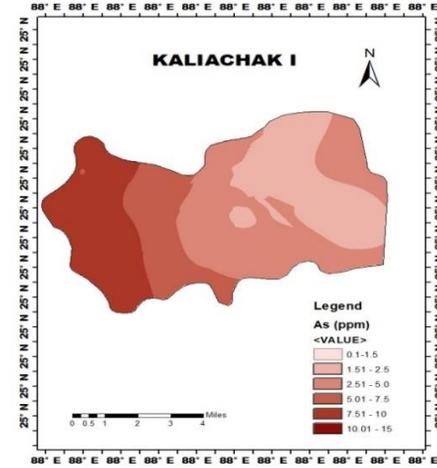


Fig.4b



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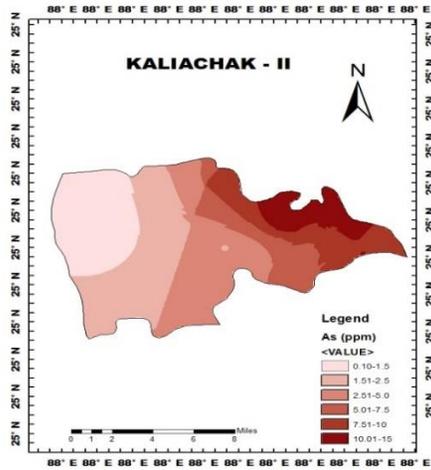


Fig.4d

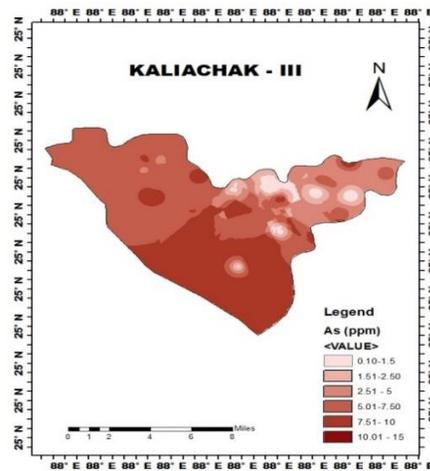
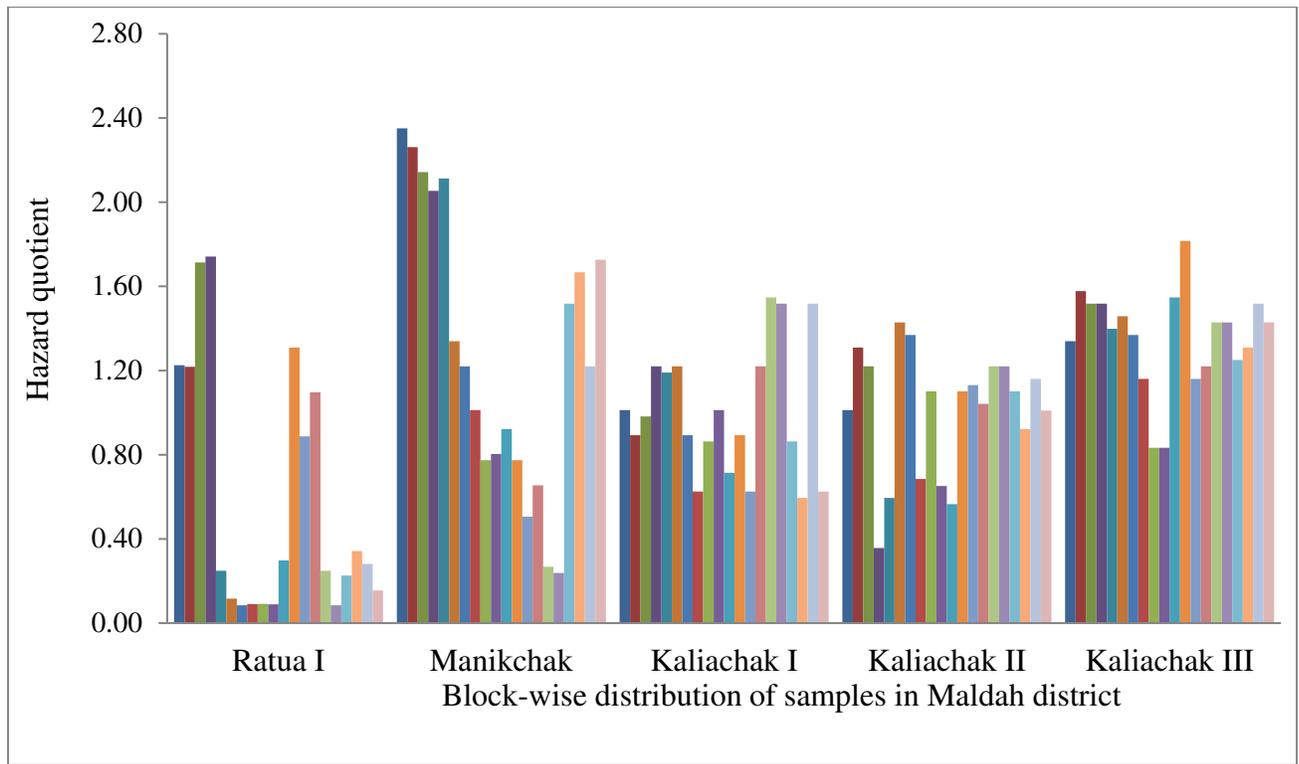


Fig.4e

503 **Fig.4.a-e** : Spatial distribution Maps showing soil As (mg L^{-1}) of different blocks of Maldah district



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506 **Fig.5.** Block wise distribution of hazard coefficient in Maldah district

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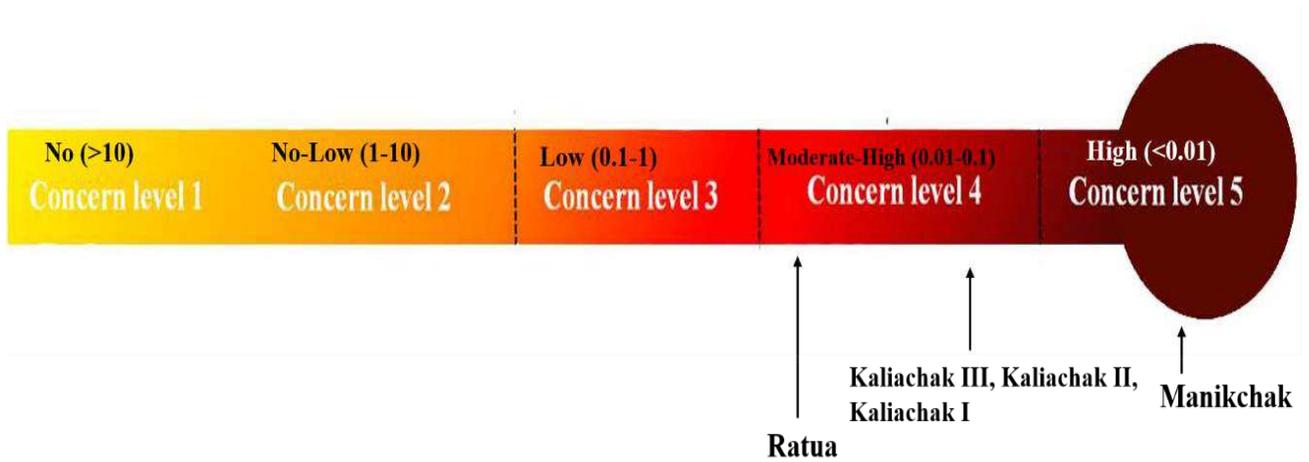
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526 Fig 6: Risk thermometer scale showing the class of arsenic toxicity in selected blocks through
527 consumption of locally grown rice
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547 Supplementary Table 1: Risk thermometer for As toxicity through consumption of locally grown

548 rice

Blocks	Raw rice	ADI	SAMOE
Ratua I	0.115	0.8118	0.04
Manikchak	0.262	1.8494	0.01
Kaliachak I	0.194	1.3694	0.02
Kaliachak II	0.201	1.4188	0.02
Kaliachak III	0.233	1.6447	0.02

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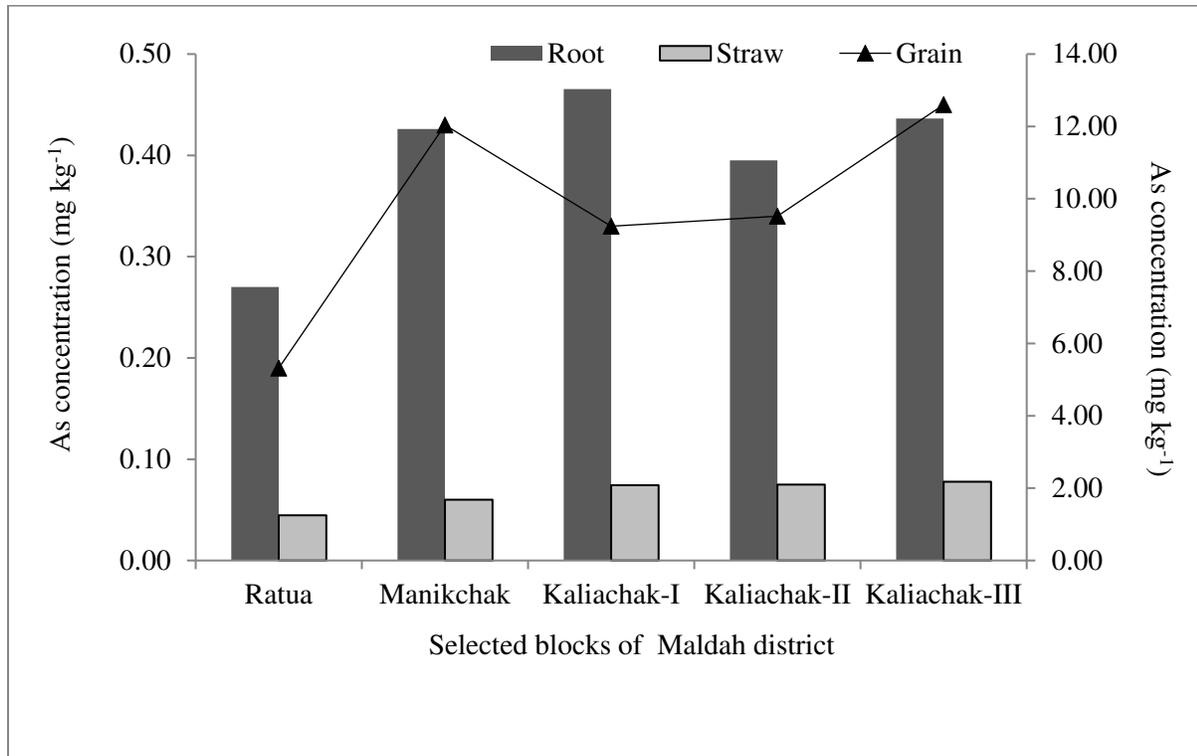
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572 Supplementary Fig.1. Concentration of As in different parts of rice plants cultivated in the five
573 blocks of Maldah district



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Figures

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Figure 1

Figure 1

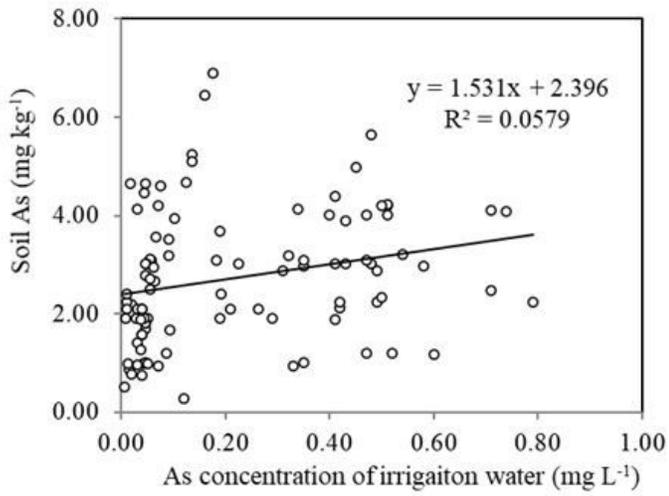


Fig. 2a. As in irrigation water vs Soil As

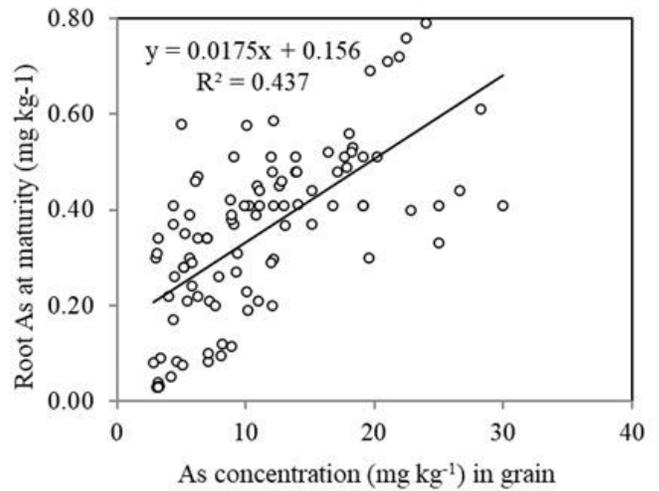


Fig.2b. Grain As vs Root As at maturity

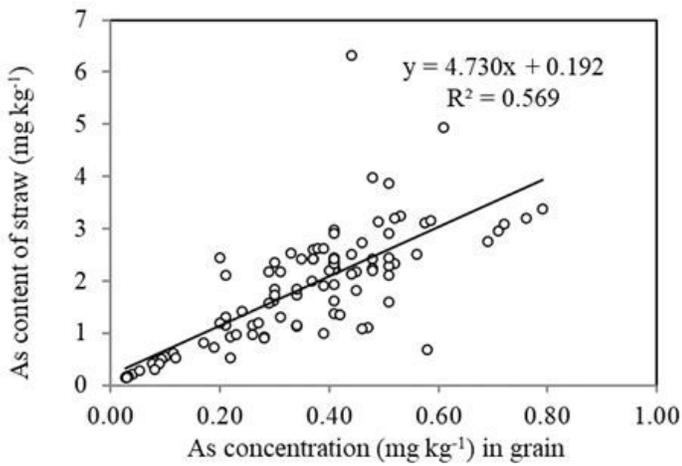


Fig. 2c. Grain As vs Straw As

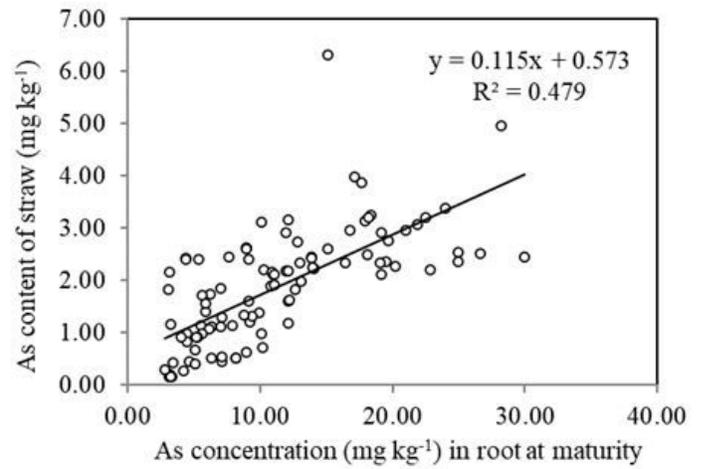


Fig.2d. Root As vs Straw As at maturity

Figure 2

a-d. Interrelationship in-between As concentration of different plant parts of rice at maturity

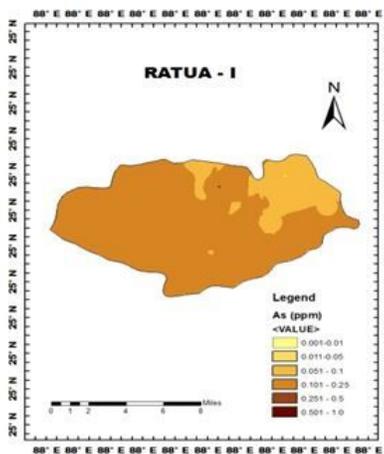


Fig.3a

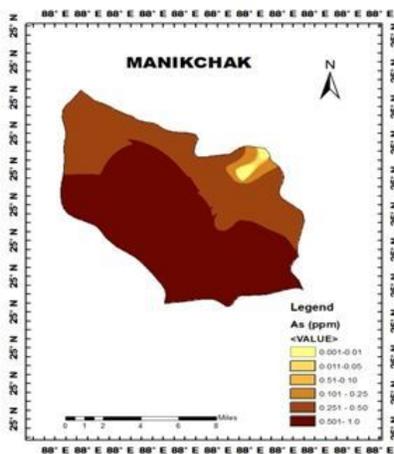


Fig.3b

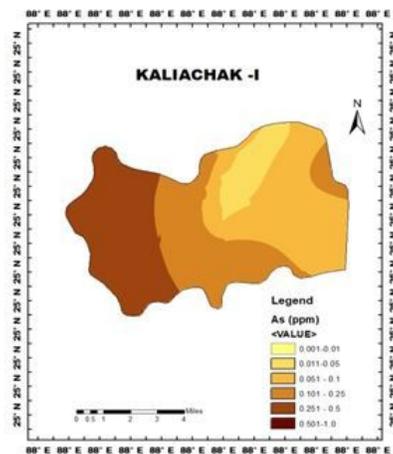


Fig.3c

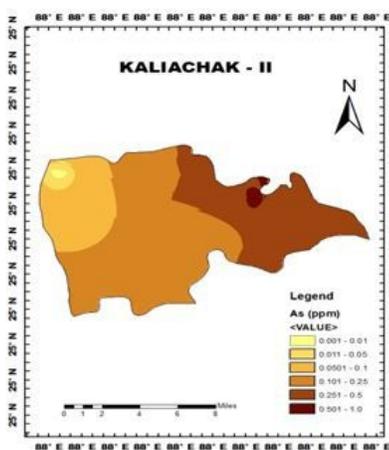


Fig.3d

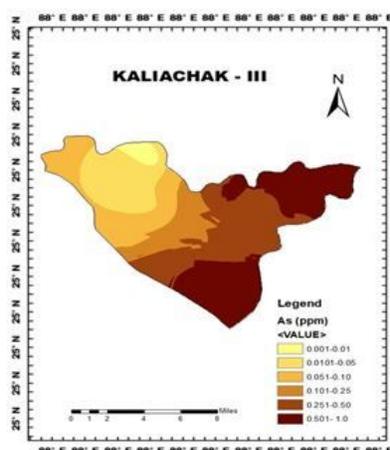


Fig.3e

Figure 3

a-e : Spatial distribution Maps showing As of irrigation water (mg L⁻¹) of different blocks of Maldah district

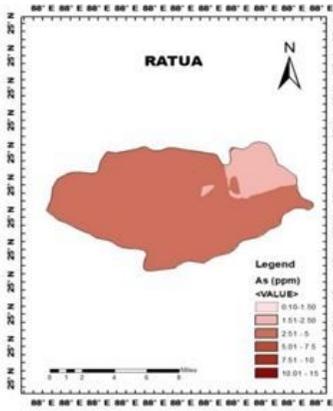


Fig.4a

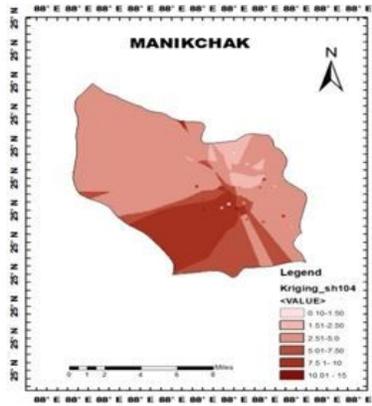


Fig.4b

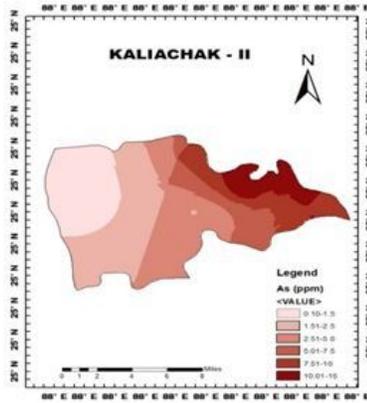
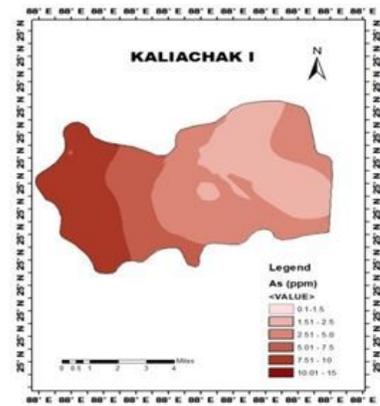


Fig.4d

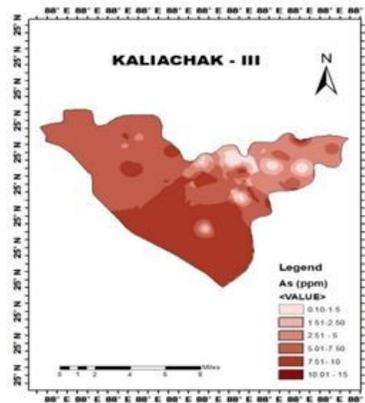


Fig.4e

Figure 4

a-e : Spatial distribution Maps showing soil As (mg L⁻¹) of different blocks of Maldah district

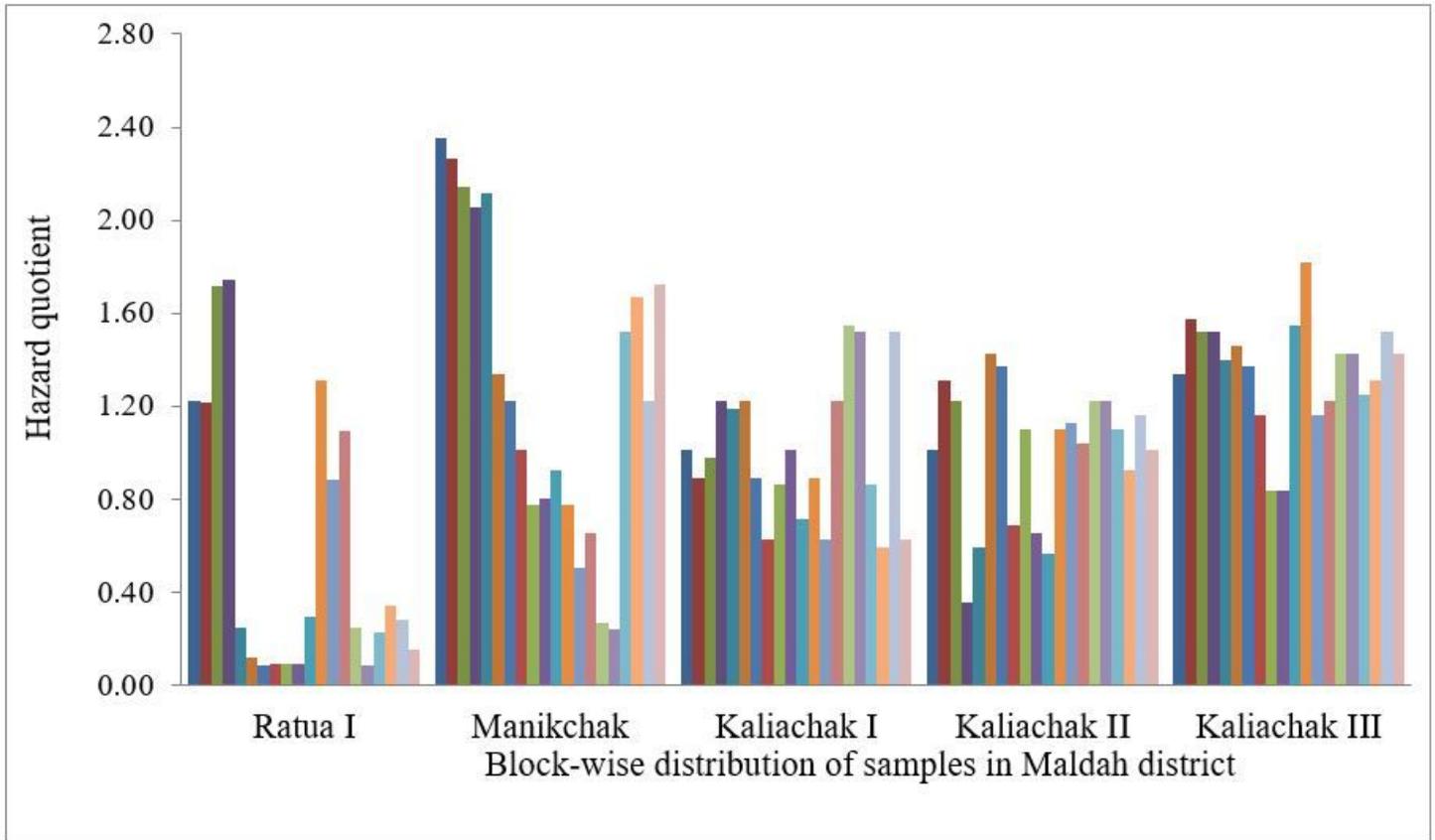


Figure 5

Block wise distribution of hazard coefficient in Maldah district

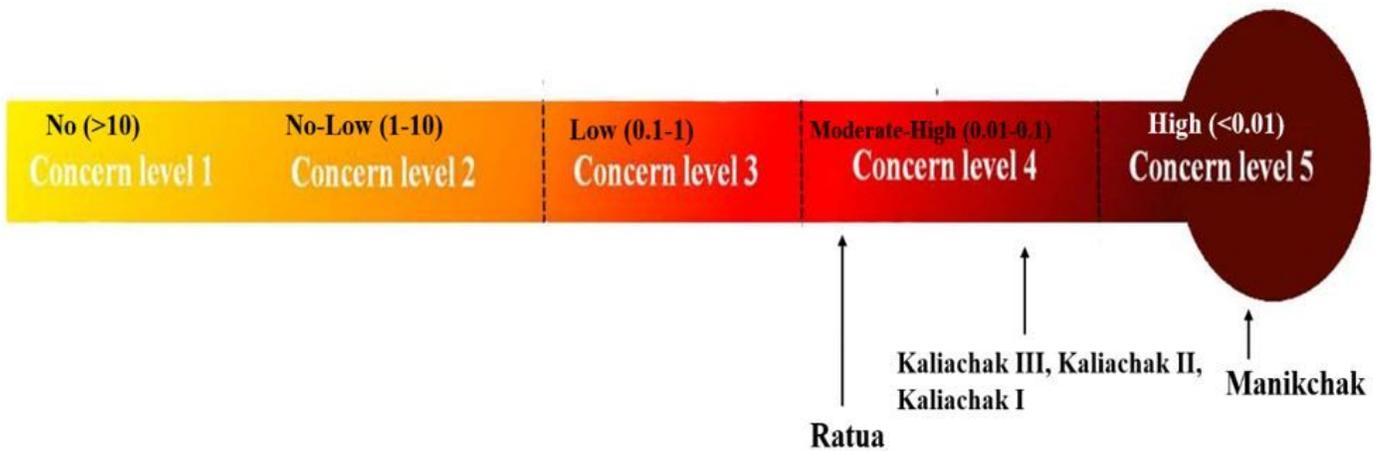


Figure 6

Risk thermometer scale showing the class of arsenic toxicity in selected blocks through consumption of locally grown rice

Supplementary Files

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