

Prevalence of ophthalmological manifestations in pediatric and adolescent populations with Down syndrome: a systematic review of the literature

Juliana Muñoz-Ortiz

Grupo de investigación Escuela Barraquer. Escuela Superior de Oftalmología del Instituto Barraquer de América, Bogotá, Colombia.

Jesús David Charry-Sánchez

Universidad Del Rosario Escuela de Medicina y Ciencias de la Salud

Isabella Bechara-Arango

Grupo de investigación Escuela Barraquer. Escuela Superior de Oftalmología del Instituto Barraquer de América, Bogotá, Colombia.

Mariana Blanco-Becerra

Universidad Del Rosario Escuela de Medicina y Ciencias de la Salud

Claudia Talero-Gutiérrez

Universidad Del Rosario Escuela de Medicina y Ciencias de la Salud

Marcela Gomez-Suarez

Universidad Nacional de Colombia - Sede Bogotá: Universidad Nacional de Colombia

Alejandra de-la-Torre (✉ alejadeltorre@yahoo.com)

Universidad Del Rosario Escuela de Medicina y Ciencias de la Salud <https://orcid.org/0000-0003-0684-1989>

Research

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Abstract

Background: Down syndrome (DS) is a chromosomal anomaly that is characterized by an extra chromosome 21. Ophthalmological manifestations have a high prevalence in patients with DS.

Purpose: To review the scientific evidence and estimate the prevalence of ophthalmological manifestations in the pediatric population with DS.

Data Sources: Electronic databases including MEDLINE, Cochrane Library, EMBASE, ScienceDirect, and LILACS.

Study Eligibility Criteria: Published observational studies with available and original data were included. Articles were excluded if the study design was a review, letter to the editor, case report, case series, or systematic review and if the subjects had ophthalmological manifestations secondary to other conditions.

Participants and Interventions: Pediatric and adolescent population with DS and with ophthalmological evaluation.

Study Appraisal and Synthesis Methods: A data collection form was designed in Excel. Five reviewers extracted relevant details about the design and results of each study. The quality of the studies was assessed by applying the tools of systematic reviews of prevalence and incidence of the Joanna Briggs Institute. We calculated the weighted prevalence of ophthalmological manifestations, considering only the studies reporting the measurement of each manifestation.

Results: Twenty-two articles (from 15 countries, published during 1994–2020) were included in the present systematic review. Ocular manifestations were observed in 85% of the studied pediatric and adolescent populations with DS. The most frequent ones were slanting fissures, oblique fissures, epicanthus, and epiblepharon.

Conclusion: The ocular manifestations in the pediatric and adolescent population with DS are varied, and some can irreversibly affect visual development. Screening of the pediatric population with DS should be conducted from the first months of age and continued annually.

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Introduction

DS is a chromosomal anomaly within the trisomy group that is characterized by an extra genetic material of chromosome 21. The most described mechanism is meiotic nondisjunction in 96% of cases. Other causes described include Robertsonian translocation, isochromosome, mosaicism, and partial trisomy [1, 2].

DS is one of the most frequent genetic disorders worldwide. It is estimated that the birth rate of children with DS is approximately 1 in 400–1500 live births [3]. The prevalence of DS is estimated at 5.6 per 10,000 inhabitants in Europe [4] and 6.7 per 10,000 in the USA [5]. The prevalence of DS is greater in countries where abortion is illegal. In Latin America, from 1998 to 2005, the global rate of DS was 1.88%. Chile (2.47 per 10,000), Argentina (2.01), and Paraguay (1.98) have an above-the-average global rate of DS. Brazil (1.72), Colombia (1.72), Bolivia (1.55), Venezuela (1.49), Ecuador (1.48), and Uruguay (1.32) have a below-the-average global rate of DS [6].

Among the medical conditions presented in DS, the cognitive deficit is the most prevalent, followed by hearing deficits, hypothyroidism, congenital heart defects, and visual problems [7].

As it is true for all chromosomal alterations, the drastic increase in gene dosage that occurs in DS can cause massive disarray of genes involved in organogenesis from the early stages of embryonic development. In DS, neural crest development and ectodermal alterations can be present. In the best-characterized mouse model of DS (Ts [1716] 65Dn mouse [hereafter Ts65Dn]), alterations in the development of the neural crest have been demonstrated as a common precursor of many structures affected in DS, such as the sensory organs [8]. Moreover, the pigmentation of the optic cup in trisomic animals is delayed compared to normal [9]. Proteins encoded in several genes present in chromosome 21 are needed to inhibit angiogenesis, so specific manifestations, such as abnormal retinal and optic nerve angiogenesis in DS can be explained [10]. Despite the high prevalence of DS, relatively few resources have been mobilized to support research into understanding its neurobiology [11].

Ophthalmologic manifestations have a high prevalence among the DS population, including manifestations that put the organ of vision at risk. Refractive errors are common, especially hyperopia, which can lead to amblyopia in otherwise healthy eyes [12]. Studies have shown that, in individuals with cognitive impairment, having visual disabilities leads to a deficit in many daily aspects, such as social behavior, language abilities, adaptive behavior, communication skills, and autonomous living competencies [13], aspects on which it is essential to intervene early to have an impact on the quality of life in these pediatric and adolescent populations.

This study aimed to systematically review the scientific evidence of ophthalmological and refractive findings of the pediatric and adolescent populations with DS and estimate the weighted prevalence of these findings and then generate recommendations regarding the ophthalmological evaluation and follow-up in this population.

Materials And Methods

Protocol and registration

This study protocol was based on the Preferred Reporting Items for Systematic Reviews and Meta-Analysis Protocols (PRISMA-P) guidelines [14] (Supplementary material PRISMA-P checklist). The protocol registration can be found under the PROSPERO ID CRD42019127717.\

Eligibility criteria

We included all published observational studies with available abstract and original data in which prevalence of ophthalmological manifestations was measured in the pediatric population (0–21 years) with DS. If the prevalence was not reported but data for its calculation were available, the study was also included. Articles were excluded from the analysis if the study design was a review, letter to the editor, case report, case series, or systematic review and if the subjects presented ophthalmological manifestation secondary to therapies or conditions different to DS.\

Information sources

The literature search was conducted in the following electronic databases up to February 2020: MEDLINE, Cochrane Library, EMBASE, ScienceDirect, and LILACS. No limits regarding language and period of publication were used. The same search strategy was conducted in February 2021, including publications from 2020 to 2021.

Search

We used a combination of exploded controlled vocabulary (MeSH, Emtree, DeCS) and free-text terms (e.g., spelling variants, plurals, synonyms, acronyms, and abbreviations) with field labels, truncation, proximity operators, and Boolean operators).

Study selection

The electronic search was conducted by reviewers JMO, JDGS, and MBB. Duplicates were eliminated through a Zotero function and double-checked using an Excel function. Critical reading of the title and summary was conducted by four reviewers in a peer way to identify studies that potentially met the inclusion criteria outlined above. The disagreement between them was resolved by ophthalmology and neurodevelopment experts (CTG and ADLT).

Data collection process

A data collection form was designed in Excel. Five authors (JMO, JDGS, MBB, IBA, and CTG) performed a peer-review of the articles and independently extracted relevant details about the design and results of each study.

Data items

The variables extracted from each study included the author, study period, location, study design, number of children and adolescents with DS in each age interval, the prevalence of ocular manifestations, and refractive error definition used by the authors.

Risk of bias in individual studies

We classified and qualified the articles according to their methodological designs, applying the tools of systematic reviews of prevalence and incidence of the Joanna Briggs Institute (JBI) to conduct this systematic review [15]. An expert methodologist (MGS) established cutting points for the minimum score acceptable for study inclusion: 75% for cross-sectional studies and 66% for prevalence studies (**Annex 1**).

Effect measures

To prevent the overestimation and underestimation of the prevalence of ocular manifestations in the pediatric population with DS, only studies that reported the measurement of each manifestation were considered for sample calculation. If its measurement was not reported, the *n* was excluded for the calculation of the total sample.

Results

Study selection

Our first search strategy extracted 3497 published articles (1318 from MEDLINE, 1215 from EMBASE, 855 from ScienceDirect, 92 from Cochrane Library, and 17 from LILACS). After duplicates had been removed, 3125 records were screened, 52 were evaluated through the JBI quality tools (**Annex 1**), 52 full-text articles were assessed for eligibility, and 32 studies were excluded.

The search strategy was updated in February 2021, including publications from 2020 to 2021 (67 from MEDLINE, 1 from LILACS, 0 from Cochrane Library, 69 from EMBASE, and 14 in ScienceDirect). Only two articles met the inclusion criteria and were included in the present review [16, 17].

Finally, 22 articles met all inclusion criteria and were included in the present systematic review (Fig. 1).

Studies characteristics

Of the 22 published articles included in our review, only one was conducted in South America (Brazil), two in Africa (one from Egypt and one from Nigeria), two in North America (two from the USA), six in Europe (one from Croatia, one from Italy, one from Norway, one from Slovenia, and two from Spain), and 11 in Asia (one from China, three from Turkey, two from Japan, two from South Korea, two from Malaysia, and one from Iran). All studies were published between 1994 and 2020.

The studies included 44 to 546 participants. The ages of the studied pediatric and adolescent populations in the publication were from 0 to 19 years. Only one of the 22 studies did not include refraction under cycloplegia. Based on the study design, there were four comparative cross-sectional studies and seventeen prevalence studies (Table 1).

Table 1
Characteristics and measures of the included studies

Author	Year	Location	Purpose	Design	N	DS diagnosis	Ages	Refraction under cycloplegic	Ametropia definition (D)
Afifi et al.	2013	Egypt	Prevalence of ophthalmological manifestations in children with DS	Prevalence	90	Karyotype	3 months to 10 years	Yes	Myopia: SE > -1.50 Hyperopia: SE > +1.00 Astigmatism: CD > 1.50
Akinci et al.	2009	Turkey	Prevalence of refractive errors, strabismus, nystagmus, and congenital cataract in the pediatric population with DS	Comparative cross-sectional	77	Clinical and genetic diagnosis	1 to 17 years	Yes	Myopia: SE > -0.50 Hyperopia: SE > +2.00 Astigmatism: CD > 1.00
Aslan et al.	2013	Turkey	Prevalence of preventable visual impairment in children with cognitive disability (including children with DS)	Comparative cross-sectional	90	Karyotype	4 to 12 years	Yes	Emmetropia: SE -1.00 to +1.00 Myopia: SE > -1.00 Hyperopia: SE > +1.00 Astigmatism: CD > 1.00
Fimiani et al.	2007	Italy	Prevalence of ophthalmological manifestations in children with DS	Prevalence	157	Karyotype	1 months to 18 years	Yes	Emmetropia: SE -0.75 to +0.75 Myopia: SE > -0.75 Hyperopia: SE > +0.75 Astigmatism: CD > 0.75
González-Viejo et al.	1996	Spain	Prevalence of ophthalmological manifestations in children with DS	Comparative cross-sectional	60	The pediatrician remitted the children with DS diagnosis	Mean 7.91, SD 4	Yes	ND
Haugen et al.	2001	Norway	Prevalence of strabismus and binocular function in children with DS	Prevalence	60	ND	3 months to 5 years	Yes	ND
Horio et al.	2018	Japan	Prevalence of refractive errors in children with DS	Prevalence	416	The pediatrician remitted the children with DS diagnosis	0 to 19 years	Yes	Emmetropia: -0.100 to +0.100 Myopia: Sph > -0.100 Hyperopia: Sph > +0.100 Astigmatism: CD > 0.100
Karlica et al.	2011	Croatia	Prevalence of ophthalmological manifestations in children with DS	Prevalence	153	Children belonged to a DS association	0 to 18 years	Yes	Myopia: Sph > 0.00 Hyperopia: Sph > 0.00 Astigmatism: CD > 0.00

Author	Year	Location	Purpose	Design	N	DS diagnosis	Ages	Refraction under cycloplegic	Ametropia definition (D)
Kim et al.	2002	South Korea	Prevalence of ophthalmological manifestations in children with DS	Prevalence	123	Karyotype	6 months to 14 years	Yes	Myopia: SE > -0.75 Hyperopia: SE > + 0.75 Astigmatism: CD > 0.75
Kim et al.	2009	South Korea	Prevalence of refractive errors and strabismus in children with DS	Prevalence	148	ND	< 3 to 9 years	Yes	Emmetropia: -0.100 to + 0.100 Myopia: Sph > -0.100 Hyperopia: Sph > + 0.100 Astigmatism: CD > 0.100
Kranjc	2012	Slovenia	Prevalence of ophthalmological manifestations in children with DS	Prevalence	65	Karyotype	2 months to 13 years	Yes	Myopia: SE > -3.00 Hyperopia: SE > + 3.00
Liza-Sharmini et al.	2006	Malaysia	Prevalence of ophthalmological manifestations in children with DS	Prevalence	60	Clinical and genetic diagnosis	0 to 17 years	Yes	Myopia: SE > -0.50 Hyperopia: SE > + 0.50 Astigmatism: CD > 0.50
Makateb et al.	2019	Iran	Prevalence of ophthalmological manifestations in children with DS	Prevalence	182	Karyotype	10 to 20 years	Yes	Myopia: SE > -0.50 Hyperopia: SE > + 0.50 Astigmatism: CD > 0.50
Mohd-Ali et al.	2006	Malaysia	Prevalence of refractive errors and strabismus in children with DS	Prevalence	73	ND	1 to 12 years	Yes	Emmetropia: SE + 2.00 to -0.25 Astigmatism: CD > 1.00
Nogueira-Pires-da-Cunha et al.	1995	Brazil	Prevalence of ophthalmological manifestations in children with DS	Prevalence	152	Karyotype	0 to 18 years	Yes	Emmetropia: SE -0.50 to -0.50 Myopia: SE > -0.50 Hyperopia: SE > + 0.50 Astigmatism: SE > 0.50
Nwokedi et al.	2018	Nigeria	Prevalence of refractive errors in children with DS	Prevalence	91	Children belonged to a DS foundation	5 to 18 years	No	Myopia: SE > -0.75 Hyperopia: SE > + 0.75 Astigmatism: CD > 0.75
Puig et al.	2002	Spain	Prevalence of ametropia and strabismus in children with DS	Prevalence	546	Children belonged to a DS foundation	1 months to 18 years	Yes	Myopia: SE > -0.00 Hyperopia: SE > + 0.75 Astigmatism: CD > 2.00

Author	Year	Location	Purpose	Design	N	DS diagnosis	Ages	Refraction under cycloplegic	Ametropia definition (D)
Roizen et al.	1994	USA	Prevalence of ophthalmological manifestations in children with DS	Prevalence	77	The pediatrician remitted the children with DS diagnosis	2 months to 19 years	Yes	< 3 y.o hyperopia if > + 3.00 Astigmatism: CD > 1.5
Terai et al.	2018	Japan	Prevalence of ophthalmological manifestations in children with DS	Prevalence	222	Karyotype	3 months to 19 years	Yes	Myopia: Sph > -0.100 Hyperopia: Sph > + 0.100 Astigmatism: CD > 0.100
Tsiaras et al.	1999	USA	Prevalence of ophthalmological manifestations in children with DS	Prevalence	68	Karyotype	5 to 19 years	Yes	Hyperopia: SE > + 4.00 Astigmatism: CD > 1.75
Ugurlu et al.	2020	Turkey	Prevalence of ophthalmological manifestations in children with DS	Comparative cross-sectional	44	ND	7 to 18 years	Yes	Astigmatism: CD > 1.00
Wong et al.	1997	China	Prevalence of ophthalmological manifestations in children with DS	Prevalence	140	Karyotype	3 months to 13 years	Yes	ND

SE, spherical equivalent; CD, cylindric diopter; ND, no data

Risk of bias within studies

Of the 52 studies evaluated in full text through the JBI critical appraisal tools (**Annex 1**), 11 did not meet minimum quality criteria and were excluded for this reason. The 22 studies included in the review met the quality criteria necessary to be included (Table 2).

Table 2
JBI quality tools result for final selected articles

Author	Tool	Quality results (%)
Afifi et al.	Prevalence	8/9 (88%)
Akinci et al.	Comparative cross-sectional	7/8 (87%)
Aslan et al.	Comparative cross-sectional	7/8 (87%)
Fimiani et al.	Prevalence	8/9 (88%)
González-Viejo et al.	Comparative cross-sectional	7/8 (87%)
Haugen et al.	Prevalence	8/9 (88%)
Horio et al.	Prevalence	8/9 (88%)
Karlica et al.	Prevalence	9/9 (100%)
Kim et al.	Prevalence	8/9 (88%)
Kim et al.	Prevalence	8/9 (88%)
Kranjc	Prevalence	8/9 (88%)
Liza-Sharmini et al.	Prevalence	8/9 (88%)
Makateb et al.	Prevalence	8/9 (88%)
Mohd-Ali et al.	Prevalence	7/9 (77%)
Nogueira-Pires-da-Cunha et al.	Prevalence	8/9 (88%)
Nwokedi et al.	Prevalence	7/9 (77%)
Puig et al.	Prevalence	9/9 (100%)
Roizen et al.	Prevalence	8/9 (88%)
Terai et al.	Prevalence	8/9 (88%)
Tsiaras et al.	Prevalence	8/9 (88%)
Ugurlu et al.	Comparative cross-sectional	7/8 (87%)
Wong et al.	Prevalence	8/9 (88%)

Synthesis of results

The presence of ocular manifestations was observed in 85% of the studied pediatric and adolescent populations with DS. This value was found, considering only studies that reported the percentage of ocular manifestations in the DS group. These studies were conducted by Afifi et al. [18], Akinci et al. [19], Fimiani et al. [20], Kim et al. [21], Roizen et al. [22], Terai et al. [23], and Wong et al. [24].

The most frequent ocular manifestations (prevalence > 70%) were slanting fissures, oblique fissure, epicanthus, and epiblepharon. Less frequent ocular manifestations (< 1%) included intermittent exotropia, microcornea, tilted disk, myopic chorioretinitis, retinal vessel tortuosity, preretinal hemorrhage, microphthalmos, myelinated nerve fiber, and keratoconus. Moreover, the most frequent spherical refractive defect was hyperopia (Table 3).

Table 3
Prevalence of ocular manifestations in children with DS

	Ocular manifestations	n	Sample	Prevalence
Refraction	Emmetropia	233	1078	21,61%
	Anisometropia	360	1407	25,59%
	Myopia	534	2482	21,51%
	Hyperopia	727	1996	36,42%
	Astigmatism	922	2480	37,18%
	Mixed refractive error	75	140	53,57% *
	Antimetropia	2	91	2,19% *
	Amblyopia	66	498	13,25%
Low vision best eye (CF or less)		9	265	3,40%
Eye movements and ocular alignment	Nystagmus	318	2041	15,58%
	Strabismus	775	2311	33,54%
	Esotropia	542	1955	27,72%
	Intermittent esotropia	19	138	13,77%
	Exotropia	85	1815	4,68%
	Intermittent exotropia	1	138	0,72%
	Vertical deviation	82	1131	7,25%
	Abnormal head posture	53	966	5,49%
Eyelid and annexa	Ptosis	10	392	2,55%
	Oblique fissure	196	225	87,11%
	Slanting Fissures	436	483	90,27%
	Epicanthus	779	1005	77,51%
	Epiblepharon	289	405	71,36%
	Nasolacrimal duct obstruction	154	1063	14,49%
	Blepharitis	219	515	42,52%
	Conjunctivitis	4	60	6,67%
	Blepharoconjunctivitis	120	852	14,08%
	Epiphora	14	65	21,54%
	Entropion	1	60	1,67%
	Chalazion	3	217	1,38%
	Floppy eyelid	33	182	18,13%
	Stye	2	60	3,33%
Cornea	Keratoconus	4	916	0,44%
	Superficial punctate keratitis	58	123	47,15% *
	Corneal leukoma	4	365	1,10%
	Microcornea	1	157	0,64%
Iris	Iris abnormalities	83	424	19,58%
	Brushfield spots	23	654	3,52%
Lens	Cataract	191	1760	10,85%
Optic nerve	Glaucoma	11	925	1,19%
	Hypoplastic fovea	6	65	9,23% *
	Supernumerary optic disk vessels	37	153	24,18% *

	Ocular manifestations	n	Sample	Prevalence
	Optic nerve dysplasia	2	90	2,22% *
	Optic disk pallor	6	222	2,70%
	Tilted disc	1	157	0,63% *
	Peripapillary vascular abnormalities	13	222	5,85% *
	Pseudopapilledema	2	77	2,60%
Retina	Retinal pigment epithelium hyperplasia	6	188	3,19%
	Tigroid fundus	80	222	36,03% *
	Retinal detachment	2	137	1,46%
	Retinal vessel abnormalities	29	188	15,43%
	Retinal abnormalities	52	309	16,83%
	Myelinated nerve fiber	1	222	0,45% *
	Retinoblastoma	1	60	1,66% *
	Myopic chorioretinitis	1	157	0,63% *
	Retinal vessel tortuosity	1	157	0,63% *
	Preretinal hemorrhage	1	157	0,63% *
Uvea	Uveitis	1	60	1,66% *
	Chorioretinal coloboma	1	77	1,29% *
Other	Microphtalmos	1	157	0,63% *

*Calculation made on the results of a single study that reports this manifestation

Some ocular manifestations were only described in one study; therefore, this prevalence is based on the sample of each publication. Some variables were grouped to determine a more accurate prevalence of the manifestation; for example, the vertical deviation variables include cases of hypertropia and hypotropia, the abnormal head posture variable includes head tilt and head turn, and the cataract variable includes lens opacities (Table 3).

The age range of the pediatric and adolescent populations was 0 to 20 years. To compare the age groups, studies with results grouped in similar age ranges and same outcome measured were compared, obtaining four age groups: Group 1, < 1 year (one study); Group 2, < 5 years (five studies); Group 3, 6–12 years (two studies); and Group 4, > 12 years (two studies) (Table 4).

Table 4
Analysis of ophthalmological manifestations of children with DS by age

Author	Group 1		Group 2			Afifi et al.	Total	Aslan et al.	Group 3		Group 4		
	Total	Horio et al.	Terai et al.	Liza-Sharmini et al.	Nogueira-Pires da Cunha et al.				Afifi et al.	Total	Nogueira-Pires da Cunha et al.	Horio et al.	Total
Ages		< 1 years	≤ 6 years	0 to < 4 years	0 to < 5 years	0 to 4 years		1 to 5 years	4 to 12 years		5 to 11 years	12 to 18 years	
Cycloplegia		Yes	Yes	Yes	Yes	Yes		Yes	Yes		Yes	Yes	
N	35	35	277	204	60	84	46	671	90	57	147	11	29
Emmetropia	-	-	71	43	-	-	-	24%	35	-	39%	-	9
Anisometropia	-	-	-	-	-	-	-	-	3	-	3%	-	-
Myopia	2	6%	62	23	4	10	5	15%	20	7	18%	2	16
Hyperopia	6	17%	144	248	4	30	8	65%	33	7	27%	2	4
Astigmatism	2	6%	238	239	0	42	8	79%	16	42	39%	7	27
Amblyopia	-	-	-	-	-	18	-	21%	-	8	14%	3	-
Oblique fissure	-	-	-	-	-	65	-	77%	-	51	89%	9	-
Iris abnormalities	-	-	-	-	-	33	-	39%	-	37	65%	9	-
Epicanthus	-	-	-	-	-	53	-	63%	-	35	61%	4	-
Nystagmus	1	3%	-	-	-	17	2	15%	7	7	10%	4	-
Strabismus	4	11%	-	-	-	27	7	26%	30	21	35%	9	-
Esotropia	-	-	-	-	-	-	-	-	21	-	23%	-	-
Exotropia	-	-	-	-	-	-	-	-	4	-	4%	-	-
Cataract	0	0%	-	-	-	2	4	5%	7	10	12%	8	-
Nasolacrimal duct obstruction	11	31%	-	-	-	29	12	32%	-	14	25%	3	-
Optic nerve dysplasia	1	3%	-	-	-	-	0	0%	-	-	-	-	-
Blepharitis	-	-	-	-	-	24	-	29%	-	18	32%	3	-
Blepharoconjunctivitis	11	31%	-	-	-	-	12	26%	-	-	-	-	-
Retinal abnormalities	-	-	-	-	-	22	-	26%	-	17	30%	3	-
Vertical deviation	-	-	-	-	-	-	-	-	7	-	8%	-	-

In Group 1, the most frequent ocular pathologies were nasolacrimal duct obstruction and blepharoconjunctivitis. In Group 2, astigmatism, oblique palpebral fissure, and hyperopia were the most frequent manifestations. In Group 3, oblique fissure and iris abnormalities were the most relevant characteristics. Moreover, in Group 4, astigmatism, iris abnormalities, oblique eyelid fissure, and cataract were the most frequent abnormalities (Table 4).

Discussion

As previously described, DS is one of the most prevalent genetic syndromes globally [3]. However, the number of publications found about ophthalmological manifestations in the pediatric population with DS in our region, South America, is low. There is a need to perform these studies in our region to generate clinical recommendations based on data from the Latin American population.

In the present study, a high weighted prevalence (85%) of ophthalmological manifestations was found in the pediatric and adolescent populations with DS. The lowest prevalence was found in the study by Afifi et al. [18] (57%), and the highest prevalence was found in the study by Fimiani et al. [20], where 100% of the children evaluated presented ophthalmological manifestations.

The most prevalent ocular manifestations found in our study were slanting fissures, oblique fissure, epicantus, and epiblepharon. We consider that this result corresponds to widely described abnormalities within the DS phenotype-genotype. In a study that compared children and young individuals with DS in different countries (Africans, Asians, and Latin Americans) through digital facial analysis technology, it was shown that the most common feature found was up slanted palpebral fissures, and specifically, epicantal folds in Asians were found in 71% [25].

Regarding other ophthalmological manifestations, low vision was observed in a small percentage of children and adolescents, and inflammation of the ocular adnexa is a pathology that may be partly associated with the disposition of the eyelids and anatomical changes, such as oblique fissure, slanting fissures, and epicanthus, and must be treated to prevent more severe complications.

At the iridian level, Brushfield spots have always been a well-known finding in children and adolescents with DS; however, the present study showed a low prevalence of this finding; nevertheless, many studies named the term "iris abnormalities" in their texts, and it would be convenient to know semiologically the types of abnormalities they refer to, to correctly classify this manifestation. The same occurs with the finding "retinal vessel abnormalities," a manifestation with a frequency > 15% in our study, but as previously mentioned, the abnormality must be correctly expressed to understand the type of risk that this represents for the patient.

In the specific case of keratoconus, we consider that, although its high prevalence has been described in different studies of individuals with DS, ranging from 32% [26] to 38.8% [27], in the present review, as we only considered complete ophthalmological assessment and diagnosis of keratoconus is only through corneal topography, we advise interpreting this result with caution.

Giving the prevalence of refractive errors and strabismus, we consider these pathologies need to be assessed and treated during the critical period of visual pathway development. A longitudinal study by Cregg et al. showed that refractive errors are not always present in early infancy; however, there is a high prevalence of strabismus, which cannot be attributed to the presence of hyperopia or anisometropia [28]. Conversely, the study by Haugen et al. reported that refractive errors in children with DS are close to those in normal children at birth, and differentiation from the normal population occurs after 2 years of age. The author considers that the emmetropization process is absent in many children with DS, as many remain with stable hyperopia or even develop increasing hyperopia over the years [29].

Regarding the ophthalmological screening in pediatric and adolescent populations with DS, the American Academy of Pediatrics recommends this evaluation in the first 6 months of life to check for strabismus, cataracts, and refractive errors to prevent amblyopia. Children with DS aged between 3 and 5 years must be checked by the ophthalmologist every 1 or 2 years. Moreover, children aged from 5 to 13 years should undergo an ophthalmological examination every 2 years [30]. Haugen et al. suggest the first examination at one month of age, then at one year of age, at 2–3 years of age, at 5–6 years of age, and thereafter every five years. In case of positive findings, the frequency of examination should be determined individually by the ophthalmologist [31].

With the results of our study about manifestations according to age groups, we consider that, in the first month of life, it is essential to conduct screening to evaluate pathologies, such as congenital cataracts, and treat them early. Later in the escolar age, puberty, and adolescence, we consider that annual controls are required to evaluate the refractive and alignment errors that can generate amblyopia early and later aggravate the cognitive disorder due to low vision.

The systematic review fulfilled the PRISMA 2020 statement checklist addressing the introduction, methods, results, and discussion sections of a systematic review report (supplementary material PRISMA 2020 checklists).

Limitations

In the present study, there may be an overestimation bias of the global prevalence of ophthalmological manifestations in the pediatric and adolescent populations of DS, since, in some included studies, there is a selection risk considering the patients had already been evaluated in the ophthalmological consultation due to the presence of ocular or visual alterations. Conversely, although we rigorously searched each publication to see how the pediatric population had been diagnosed with DS, some articles did not include this information, even though they assured the children had the diagnosis. Moreover, a limitation of this study is the different ways of defining refractive errors, which can generate an overestimation or underestimation of this finding.

Conclusions

DS is a highly prevalent chromosomopathy worldwide. We found a weighted prevalence of ophthalmological manifestations of 85% in the pediatric and adolescent populations with DS. The ophthalmological features varied according to age. In newborns, the most common findings are associated with soft tissue and adnexa inflammation, and in scholar years, the most frequent manifestations are related to refractive errors. We consider that screening of the pediatric population with DS should be conducted from the first months of age and continue annually to determine the need for treatment of amblyopia pathologies, such as strabismus, media opacities, and refractive errors, in this way preventing irreversible visual development alterations.

Abbreviations

DS: Down syndrome

PRISMA-P: Preferred Reporting Items for Systematic Reviews and Meta-Analysis Protocols

MeSH: Medical Subject Headings

Emtree: Embase subject headings

DeCS: Descriptores en Ciencias de la Salud

JMO: Juliana Muñoz-Ortiz

JDCS: Jesús David Charry-Sánchez

IBA: Isabella Bechara-Arango

MBB: Mariana Blanco-Becerra

CTG: Claudia Talero-Gutiérrez

MGS: Marcela Gomez-Suarez (

ADLT: Alejandra de la-Torre

JBI: Joanna Briggs Institute

Declarations

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Ethics approval

Not applicable.

Consent for publication

Not applicable.

Availability of data and material

All data generated or analyzed during this study are included in this published article and available from the corresponding author on reasonable request.

Conflict of interests

The authors declare that they have no competing interests.

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Authors' contributions

JMO: management, research idea, title and abstract reading, quality rating, data extraction and synthesis, and manuscript writing.

JC: search strategy, title and abstract reading, quality rating, data extraction, and manuscript writing.

IBA: title and abstract reading, quality rating, data extraction, and manuscript writing.

MB: title and abstract reading, quality rating, data extraction, and manuscript writing.

CT: management, research idea, manuscript writing, and thematic authority.

ADLT: management, research idea, manuscript writing, and thematic authority.

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Figures

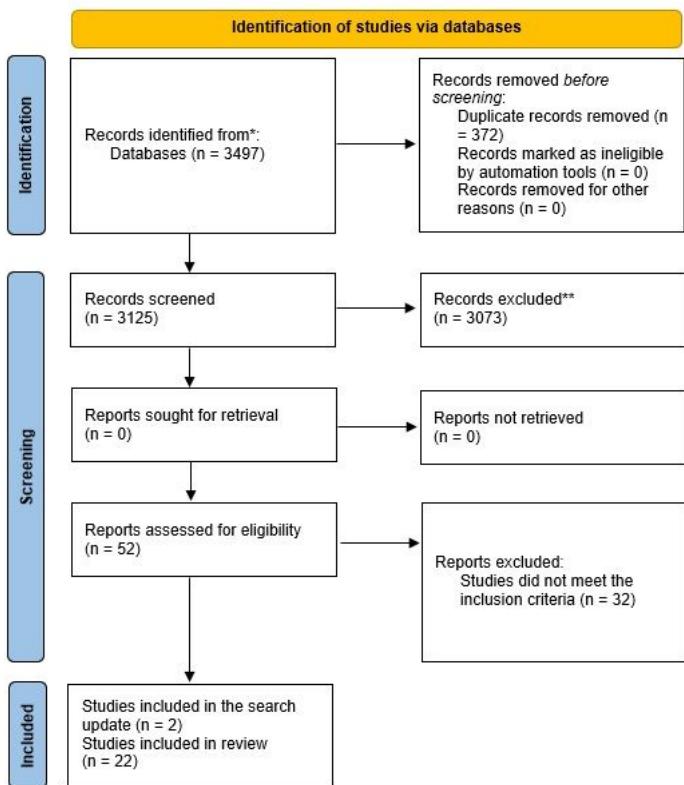


Figure 1

PRISMA 2020 flow diagram for new systematic reviews which included searches of databases and registers only

Supplementary Files

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- PRISMA2020checklist.pdf