

Combined Quantitative and Qualitative Optical Coherence Tomography Angiography Biomarkers for Predicting Active Neovascular Age-related Macular Degeneration

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Abstract

Purpose: To investigate choroidal neovascularization (CNV) activity after anti-vascular endothelial growth factor (anti-VEGF) therapy in patients with neovascular age-related macular degeneration (nAMD) by optical coherence tomography angiography (OCTA) and to determine whether combined qualitative and quantitative biomarkers can achieve high predictive accuracy to guide treatment decisions.

Methods: Patients diagnosed with type 1 or type 2 CNV via multimodal imaging who had received anti-VEGF treatment were retrospectively reviewed. Qualitative and quantitative CNV responses on OCTA after serial injections were analyzed, and the assessment was correlated with their structural OCT scans. The enrolled eyes were divided into two groups: eyes with exudative signs on structural OCT and those without exudative signs.

Results: Fifty-seven eyes of 56 patients were included in the study. Twenty-eight eyes (49.1%) were classified as the “active group”, and 29 eyes (50.9%) were categorized as the “silent group”. Qualitative biomarkers of CNV showed significant differences between the two groups (branching capillaries: 50.0% vs 6.9%, $p < 0.001$; anastomoses and loops: 78.6% vs 13.8%, $p < 0.001$; peripheral arcade: 39.3% vs 10.3%, $p = 0.015$, and hypointense halo: 82.1% vs 41.4%, $p = 0.003$). A significantly higher vessel density was found in the active group ($41.8 \pm 12.0\%$ vs $31.0 \pm 11.5\%$, $p=0.002$). “Anastomoses and loops” and “vessel density” predicted an active CNV status with a probability of 93.7% and achieved the best performance.

Conclusions: The combination of two potential biomarkers of CNV on OCTA predicts a high possibility of an active disease status that suggests optimal decisions to treat.

Introduction

Age-related macular degeneration (AMD) is the leading cause of blindness in people over 50 years of age, accounting for 8.7% of all blindness worldwide.[1] Choroidal neovascularization (CNV) is a distinct feature of neovascular age-related macular degeneration (nAMD) and is characterized by the abnormal growth of blood vessels sprouting from the choroid through the Bruch’s membrane.[2] Conventional dye-based angiography has been considered the gold standard for diagnosis and classification of CNV. However, CNV lesions on fluorescein angiography (FA) or indocyanine green angiography (ICGA) are obscured by vessel leakage, which prevents the precise assessment of the microvascular morphological features. Moreover, these invasive procedures can result in systemic allergic reactions due to dye injection. Recently, optical coherence tomography angiography (OCTA) has been introduced to provide better visualization of the morphology of the retinal and choroidal vasculature in a noninvasive manner. [3, 4] CNV shapes and morphological changes in response to treatment can be monitored by OCTA imaging. With the advent of anti-vascular endothelial growth factor (anti-VEGF) drugs, different therapeutic protocols, either a pro-re-nata (PRN) or a treat-and-extend regimen, have been advocated to improve the visual outcomes of nAMD in clinical trials. [5, 6] The treatment efficacy for anti-VEGF based

on structural OCT findings including the presence of the subretinal, intraretinal, or sub-RPE fluid are most commonly used for retreatment or discontinued decisions in real-world practice.[7]

CNV shapes and morphological features, such as “sea fan” or “medusa,” tiny branching vessels, anastomoses loops, peripheral arcades, and perilesional hypointense halos have been indicated as active lesions.[8–10] Long filamentous linear vessels, large mature vessels, or “dead tree aspect” are mentioned in quiescent CNV. [11] Quantitative variables calculated using semiautomatic software to demonstrate the area, density, total vessel lengths, junction density, and lacunarity offered a reproducible, objective approach for CNV management.[12] Currently, simultaneously considering qualitative and quantitative OCTA biomarkers to improve diagnostic performance of disease activity has not been well established and discrepancies exist as to which biomarker is most representative of active lesion.[13, 14]

This study aimed to identify minimal set of combined qualitative and quantitative OCTA characteristics that has high accuracy for anti-VEGF retreatment decisions.

Methods

We performed a retrospective observational cohort study of the medical records of patients observed at the National Taiwan University Hospital between September 2016 and October 2019. This study was approved by the Institutional Review Board of the National Taiwan University Hospital and conducted in accordance with the tenets of the Declaration of Helsinki.

Study population

The baseline demographic characteristics of the patients including age, gender, best-corrected visual acuity (BCVA), central foveal thickness, previous ocular medical history, follow-up duration, and number of intravitreal injection (IVI) of anti-VEGF agents were recorded. The initial diagnosis of nAMD was established by FA and spectral domain OCT. All enrolled patients were treatment-naïve or did not receive any treatment for at least one year before receiving the first anti-VEGF injection in this study and had been followed-up for at least one year. Exclusion criteria were presence of retinal vascular pathology other than nAMD, evidence of geographic atrophy or fibrotic scar, type 3 CNV, a refractive error greater than 6 diopters or axial length greater than 26.5 mm, and poor-quality images (scan image quality index < 5/10) due to severe motion, blinking artifacts, shadowing or projection artifacts on OCTA imaging. Patients were divided into two groups depending on their structural OCT scans of fluid (intra/subretinal fluid or sub-retinal pigment epithelial [RPE] fluid) presentation after serial injections. Patients in the active group met exudative OCT signs and received at least one anti-VEGF injection in the past 12 weeks with a minimum interval of 4 weeks between the last injection and the OCTA examination. In the “silent” group, structural OCT did not show fluid accumulation signs for at least 12 weeks without treatment. Meanwhile, at least one injection was prescribed to keep the macula dry beyond 12 weeks, and the most recent OCTA images before the next injection were analyzed. The retreatment protocol and follow-up period received in our cohort were in accordance with the PRN regimen in the CATT study[15] and was based on structural OCT signs.

OCTA Image analysis acquisition

OCTA volumes of 3 × 3 mm were obtained at baseline and after treatment using the RTVue XR spectral domain OCT device (Optovue RTVue XR Avanti; Optovue, Inc., Fremont, CA, USA) via the split-spectrum amplitude decorrelation angiography algorithm. At a rate of 70 000 A-scans per second, the device produced two OCT volumes consisting of 304 × 304 A-scans each in approximately 2.6 sec. Automatic segmentation obtained from the OCTA built-in software was used to generate en face images of the neovascular complex from the RPE level to the outer border of the Bruch's membrane. To visualize a clearer view of the CNV complex, either the outer retinal or the choriocapillaris slab was manually adjusted to encompass the whole lesion best, and the slab thickness was manually adjusted according to B-scan information.

The shape of the CNV complex was classified into three categories: (1) "medusa" or "sea fan" pattern, consisting of central feeder vessels with main vascular trunks and tiny capillaries that radiated from the center of the lesion. (2) "long linear vessels" pattern without prominent capillary ramifications. (3) "indistinct network" pattern, defined as visualization of only the main vascular trunks and thin branches without detectable feeder vessels. Other morphological variables that were used to describe CNV lesions included (1) tiny branching capillaries, (2) anastomotic loops, (3) peripheral arcades, and (4) perilesional hypointense halo. En face OCTA images were analyzed for quantitative features, such as CNV area, vessel density, vessel length, number of CNV junctions, and lacunarity, using a validated, semi-automated software (Angiotool 0.6a, <https://ccrod.cancer.gov/confuence/display/ROB2>) (Fig. 1). [16] The qualitative and quantitative analysis were reviewed by two masked retina specialists to independently determine the presence of the morphologic features and consistency of software readings. Disagreements between interpretations were resolved by open adjudication of other senior retina specialists in the same hospital to reach a consensus.

Statistics

SPSS statistical software version 26 (SPSS Inc, IBM Company, Chicago, IL) was used for statistical analyses. For descriptive statistics, the mean and standard deviation were presented for continuous variables. Percentages were calculated for categorical variables. Inter-group comparisons were performed using the chi-square test or Fisher's exact test for categorical variables, while the Mann-Whitney U test was used for continuous variables. Inter-observer agreement was computed using a Kappa coefficient for qualitative variables.

Univariate analysis was applied to qualitative and quantitative variables. Backward stepwise multivariate logistic analysis was then performed for the prediction of significant variables. The goodness of fit was assessed using the Hosmer-Lemeshow test, and the models' performance was assessed by the Akaike information criterion (AIC). The area under the receiver operating characteristic (ROC) curve (AUC) was used to assess the discriminative ability of the logistic models. A p value < 0.05 was considered statistically significant.

Results

Clinical characteristics and demographic data

Fifty-seven eyes from 56 patients with nAMD met the inclusion criteria for analysis in the present study. The mean age of our cohort was 69.9 ± 8.2 years and 41 (71.9%) were male patients. Twenty-eight eyes (49.1%) were classified as the “active on structural OCT” group, whereas 29 eyes (50.9%) were categorized as the “silent on structural OCT” group. The mean logMAR BCVA at the time of diagnosis was 0.99 ± 0.46 (Snellen equivalent, 20/200) in “active group” and 0.90 ± 0.47 (Snellen equivalent, 20/160) in “silent group” ($p = 0.499$). A significant difference was found in the mean BCVA at last follow-up between the two groups, with better BCVA in the silent group (Log MAR 0.90 ± 0.52 , Snellen equivalent, 20/160 vs Log MAR 0.63 ± 0.39 , Snellen equivalent, 20/86, $p = 0.028$). The mean central foveal thickness was thinner in “silent group” ($281.1 \pm 118.3 \mu\text{m}$) than in “active group” ($303.9 \pm 128.51 \mu\text{m}$). The average number of anti-VEGF injections received per patient was significantly higher in “active group” (7.64 ± 4.16) than in “silent group” (5.24 ± 3.18 , $p = 0.013$). Mean interval for intravitreal injection in “active group” and “silent group” were 2.67 ± 1.13 months and 2.98 ± 1.81 months, respectively. No significant differences were noted in age, gender, BCVA at the time of diagnosis, type 1 or type 2 CNV, mean follow-up time, and mean IVI interval between the two groups. The demographic and clinical features among the groups are summarized in Table 1

Table 1
Demographic and clinical characteristics of patients

Variable	active on structural OCT (n = 28)	silent on structural OCT (n = 29)	P value †
Age, mean ± SD (years)	70.43 ± 8.23	69.55 ± 8.06	0.823
Gender(M)	17	24	0.064
Mean BCVA, mean ± SD (LogMAR) (Snellen equivalent)	0.99 ± 0.46 20/200	0.90 ± 0.47 20/160	0.499
Mean BCVA, mean ± SD (LogMAR), last follow-up (Snellen equivalent)	0.90 ± 0.52 20/160	0.63 ± 0.39 20/86	0.028*
Central foveal thickness(μm)	303.9 ± 128.51	259.0 ± 104.12	0.098
CNV classification, n (%)			
Type 1	18 (64.3)	20 (68.9)	0.495
Type 2	3 (10.7)	5 (17.2)	
Type 1 + 2	7 (25.0)	4 (13.8)	
Follow-up time, mean ± SD (months)	21.85 ± 8.89	22.40 ± 10.03	0.987
anti-VEGF treatment, mean ± SD, n	7.64 ± 4.16	5.24 ± 3.18	0.013*
IVI interval, mean ± SD (months)	2.67 ± 1.13	2.98 ± 1.81	0.666
Continuous variables were presented as mean and standard deviation (SD). IVI: Intra vitreal injection; BCVA:best-corrected visual acuity; LogMAR: Logarithm of the Minimum Angle of Resolution.†Statistical analyses of age, BCVA, central foveal thickness, follow-up time, number of anti-VEGF treatment, and IVI interval were performed using Mann–Whitney non parametric tests. Analyses of other variables were performed using chi-square test.*P < 0.05 (bold numbers) was considered statistically significant.			

Optical coherence tomography angiography variable analysis.

In En face OCTA analysis for the qualitative variables, an indistinct network was the most identified CNV shape among both groups (57.1% vs 59.6%) (Table 2). In the active group, the medusa or sea fan shape accounted for 8 eyes (28.6%), while the “long liner vessels” shape was observed in 11 eyes (36.9%) in the silent group. The four morphology variables, including branching capillaries, anastomoses and loops, peripheral arcade, and hypointense halo, were all found to be significantly more frequent in the active group than in the silent group (50.0% vs 6.9%, p < 0.001; 78.6% vs 13.8%, p < 0.001; 39.3% vs 10.3%, p = 0.015 and 82.1% vs 41.4%, p = 0.003, respectively). The kappa coefficients for inter-rater analysis revealed

good agreement with 0.775, 0.732, 0.826, 0.779, and 0.888 for shapes, branching capillaries, anastomoses and loops, peripheral arcade, and hypointense halo, respectively. The sensitivity, specificity, and AUC for the potential qualitative biomarkers for exudative signs on structural OCT are shown in Table 4. Of the quantitative parameters analyzed by the AngioTool software, a statistically significant difference ($p = 0.002$) was observed in vessel density, with higher density ($41.8 \pm 12.0\%$) in the active group than in the silent group (31.0 ± 11.5) (Table 3). The mean CNV areas of the active and silent groups were $1.05 \pm 0.66 \text{ mm}^2$ and $0.88 \pm 0.60 \text{ mm}^2$ ($p = 0.330$), respectively. The total vessel lengths of CNV in the active group and the silent group were $22.4 \pm 16.8 \text{ mm}$ and $19.9 \pm 14.1 \text{ mm}$ ($p = 0.666$), respectively. The number of CNV junctions in the active group and the silent group was 68.8 ± 39.4 and 59.7 ± 34.8 ($p = 0.502$), respectively. The lacunarity in the active group and the silent group was 0.30 ± 0.08 and 0.35 ± 0.12 ($p = 0.202$), respectively. No significance was found for the other four variables. The sensitivity, specificity, and AUC for the potential quantitative biomarkers for exudative signs on structural OCT are shown in Table 4. In the multivariate logistic regression analysis, the presence of anastomoses and loops and the higher vessel density of CNV were biomarkers that were significantly associated with CNV activity (Table 5). The AUC of the ROC curve of the probability model from two variables in the backward analysis displayed good discrimination for the structural OCT scans of fluid (AUC = 0.937, $p < 0.001$) with the lowest AIC values. The AUC of the ROC curve for anastomoses and loops was 0.824 ($p < 0.001$), while that for vessel density was 0.743 ($p = 0.002$). (Table 6, Fig. 2).

Table 2
Optical coherence tomography angiography of qualitative parameters

Variable	active on structural OCT (n = 28, %)	silent on structural OCT (n = 29, %)	P value †
CNV Shapes			
medusa or sea fan	8 (28.6)	1 (3.4)	0.011*
long linear vessels	4 (14.3)	11 (36.9)	
indistinct network	16 (57.1)	17 (59.6)	
Branching capillaries	14 (50.0)	2 (6.9)	< 0.001*
Anastomoses and loops	22 (78.6)	4 (13.8)	< 0.001*
Peripheral arcade	11 (39.3)	3 (10.3)	0.015*
Hypointense halo	23 (82.1)	12 (41.4)	0.003*
†Statistical analyses were calculated by chi-square test or Fisher's exact test. *P < 0.05 (bold numbers) was considered statistically significant.			

Table 3
Optical coherence tomography angiography of quantitative parameters

Variable	active on structural OCT (n = 28)	silent on structural OCT (n = 29)	P value †
CNV area, mm ²	1.05 ± 0.66	0.88 ± 0.60	0.330
Vessel density (%)	41.8 ± 12.0	31.0 ± 11.5	0.002*
Total length of CNV, mm	22.4 ± 16.8	19.9 ± 14.1	0.666
Number of CNV junctions	68.8 ± 39.4	59.7 ± 34.8	0.502
Lacunarity	0.30 ± 0.08	0.35 ± 0.12	0.202
† Statistical analyses were calculated using the Mann–Whitney U test. *P < 0.05 (bold numbers) was considered statistically significant.			

Table 4
Sensitivity, Specificity, and Diagnostic Accuracy of qualitative and quantitative parameters

Variable	Sensitivity	Specificity	AUC † (95% CI)
Branching capillaries	0.93	0.50	0.716 (0.58–0.85)
Anastomoses and loops	0.86	0.79	0.824 (0.71–0.94)
Peripheral arcade	0.90	0.39	0.645 (0.50–0.79)
Hypointense halo	0.59	0.82	0.704 (0.57–0.84)
CNV area, mm ²	0.89	0.35	0.584 (0.43–0.73)
Vessel density (%)	0.93	0.48	0.743 (0.62–0.87)
Total length of CNV, mm	0.32	0.79	0.533 (0.38–0.69)
Number of CNV junctions	0.39	0.76	0.552 (0.40–0.70)
Lacunarity	0.96	0.72	0.599 (0.45–0.75)
† AUC: area under the receiver operating characteristic curve			

Table 5

Univariate and backward stepwise multivariate logistic regression analysis of qualitative and quantitative factors correlated with exudative structural OCT evidence

Variable	Univariate analysis		Multivariate analysis	
	OR (95% CI)	p value	OR (95% CI)	p value
CNV Shapes		0.036*	-	-
Long vessel vs Medusa or Sea fan	0.045 (0.0-0.5)	0.011*		
Indistinct vs Medusa or Sea fan	0.118 (0.0–1.0)	0.055		
Branching	13.108 (2.7–67.9)	0.002*	-	-
Loops	22.917 (5.7–91.9)	< 0.001*	70.345 (8.7-394.5)	< 0.001*
Arcade	5.608 (1.4–23.1)	0.011*	-	-
Halo	6.517 (1.9–22.0)	0.002*	-	-
CNV area, mm ²	1.532 (0.7–3.5)	0.319	-	-
Vessel density (%)	1.286 (1.0-1.5)	0.001*	1.276 (1.0-1.5)	0.003*
Total length of CNV, mm	1.010 (0.9-1.0)	0.553	-	-
Number of CNV junctions	1.002 (0.9-1.0)	0.755	-	-
Lacunarity	0.952 (0.9-1.0)	0.077	-	-
*P < 0.05 (bold numbers) was considered statistically significant.				

Table 6

The AUC of the ROC Curve, sensitivity, and specificity of different predicted models

Variable	AUC (95% CI)	Sensitivity	Specificity	AIC
Combined Loops and VD	0.937 (0.88–0.99) *	0.96	0.76	42.3
Loops	0.824 (0.71–0.94) *	0.86	0.79	54.8
VD	0.743 (0.62–0.87) †	0.93	0.48	70.3
*p < 0.001; † p = 0.002; loops = anastomoses and loops; VD = vessel density (%); AIC = Akaike information criterion				

Discussion

The present study demonstrated different biomarkers for the activity of CNV detected on OCTA in patients with previously treated neovascular AMD undergoing PRN regimens and developed a probability model based on the combination of these pre-specified potential diagnostic qualitative and quantitative variables for further anti-VEGF treatment decisions. The highest probability of AUC and lowest AIC for sustained neovascular activity was reached in the presence of both one qualitative (anastomoses and loops) and one quantitative biomarker (vessel density) in contrast to only either a qualitative or quantitative parameter alone.

In our study, we found that 28 of 57 eyes (49.1%) remained in an exudative state on structural OCT after mean 7.64 ± 4.16 anti-VEGF treatments, whereas 29 of 57 eyes (50.9%) progressed to a relatively inactive lesion without developing retinal exudation after a mean of 5.24 ± 3.18 injections. A significant difference in BCVA improvement was noted between the two groups in the last follow-up, suggesting the attenuation of the CNV lesion without prominent subretinal scarring in the silent group. Although no statistical difference was observed in mean IVI intervals, the shorter intervals in the active group implied the nature of CNV lesions in this group was more active, and frequent injections were needed in response to fluid re-accumulation or persistent fluid. In contrast, the CNV lesions in the silent group behaved a more silent nature that tolerated relatively longer intervals for anti-VEGF treatment.

Recently, different biomarkers for evaluating clinically active and inactive CNV lesions on OCTA have been investigated to assess the anti-VEGF treatment response and to guide the treatment interval in patients with neovascular AMD. The combination of four qualitative biomarkers described by Coscas et al.[4] showed a high probability for active lesion prediction in a previous study.[11] In our study, the sensitivity for branching capillaries, anastomoses and loops, peripheral arcade, and hypointense halo were 93.1%, 86.2%, 89.7%, and 58.6%, respectively. The specificity for branching capillaries, anastomoses and loops, peripheral arcade, and hypointense halo were 50.0%, 78.6%, 39.3%, and 82.1%, respectively. The probability of active CNV based on the presence of four biomarkers and CNV shape on OCTA was 89.3% in this study. In our cohort, CNV shapes and four qualitative biomarkers all demonstrated significant differences between the active and silent groups. Most CNV lesions in our study were indistinct patterns. CNV shape assessment showed inconsistent results in its association with clinical activity, except that the presence of long filamentous linear vessels was associated with lesion inactivity[17]. Similarly, long linear vessels shape of CNV was significantly more in the silent group (36.9%) than in the active group (14.3%). The perilesional hypointense halo was the most frequent qualitative biomarker found among the two groups (82.1% and 41.4%, respectively) after serial anti-VEGF treatments. The halo seems to coincide with an area of low choriocapillaris flow that is closely parallel to CNV evolution.[18] Although regarded as an active qualitative biomarker, the presence of halo in the silent group might be associated with the remodeling of CNV, which allows better visualization of choroidal ischemia beneath the CNV itself. Anastomoses and loops were the second most frequent found biomarkers, which were compatible with the morphological changes proposed by Spaide that CNV evolves with vascular remodeling (arteriogenesis and angiogenesis) and is characterized by the prominent anastomotic connections of vessels and appearance of large-diameter vessels after serial injections [19, 20].

In contrast to the subjective assessments of qualitative biomarkers, we compared the quantitative biomarkers using the semiautomated Angiotool software to obtain a more objective analysis. OCTA provides reproducible imaging for the evaluation of the neovascular size in nAMD. Anti-VEGF therapy has been recognized to induce a quantitative regression with a variable decrease in size and vessel density of the neovascular membrane[10] and high vessel density was considered as a feature of clinically active CNV [9]. The present data showed that both vessel density and CNV area were lower in the silent group, with the latter lacking statistical significance. These findings might reflect the better response to anti-VEGF in the silent group.

One pilot study [21] linked total vessel length to CNV activity after observing that it decreased significantly after the loading dose treatment. The mean total length of CNV was longer in the active group than in the silent group in our cohort but did not meet the level of significance. The number of CNV junctions could be interpreted as a measurement for vessel sprouting, with higher values being associated with active lesions.[12] Although no significant difference was noted, the number of CNV junctions was higher in the active group than in the silent group, which may indicate more active angiogenesis in the former group. Lacunarity is a parameter that describes the distribution of the sizes of gaps or lacunae surrounding the object within the image. In OCTA analysis, it represented a measure of CNV lesion homogeneity with higher values reflecting a more inhomogeneous vascular structure.[12] Since higher lacunarity was observed in quiescent lesions due to less homogeneously filled space within the CNV lesion after anti-VEGF treatment, the lack of a significant difference between the two groups in our result may represent the subclinical activity of CNV despite no exudative structural signs in the silent group.

Using a logistic regression analysis for selecting final potential qualitative and quantitative biomarkers as a suitable model for discriminating anti-VEGF treatment decisions and assessing models' overall performance by AIC, we propose two highly suggestive features, including one qualitative biomarker(anastomoses and loops) and one quantitative biomarker (vessel density) that showed high predictive power in combination, with an AUC of 0.937. The power of the predictive model for four qualitative biomarkers (AUC = 0.893) did not improve the probability as high as in a previous study[11]. In contrast to Coscas et al.[9], modeling together the five quantitative biomarkers provided a relatively low AUC (0.840) in our study. Tiny vessel attenuation and pruned with a variable degree after anti-VEGF treatment might present a difficulty in reaching consensus between physicians when judging qualitative parameters on OCTA. The semiautomated analysis offered quantitative measurements that helped in objective comparison, which minimized the investigator bias for CNV activity. The subretinal/intraretinal fluid sometimes maintained stabilized or minimal resolution despite serial anti-VEGF injections and it would be challengeable for clinicians in deciding whether further treatment is needed. The application of present model may help clinicians in guiding optimal decisions to treat.

The limitations of our study include its relatively small sample size and retrospective cross-sectional design. We did not evaluate the qualitative and quantitative biomarkers longitudinally and thus lack information on its structural and microvascular changes after anti-VEGF treatment from the baseline. In

addition, we did not enroll treatment-naive eyes or quiescent fibrotic lesions in our cohort, which may also affect the probability of predicting active CNV. Another limitation could be the inclusion of patients with different phases of angiogenesis between the two groups. Although the kappa coefficients revealed good agreement in our study, the branching complexity after vascular remodeling, shrinkage of peripheral vessels, and maturation of the remaining vessels after serial injections could still cause various degrees of morphological response that resulted in inconsistency in CNV interpretation. Furthermore, we excluded the undetectable hypointense CNV by OCTA which could have created a selection bias. The presence of RPE detachment or subretinal/intraretinal fluid could overlie the CNV and obscure vessel measurement. Nevertheless, we present a model that combines OCTA parameters to achieve high sensitivity and specificity for predicting the activity of nAMD.

In conclusion, OCTA is a noninvasive vascular imaging tool that is useful in detecting CNV morphology and blood flow characteristics as well as for assessing the CNV response after anti-VEGF treatment. The combination of the two potential qualitative and quantitative biomarkers identified on OCTA may signify the high possibility of sustained active neovascularization. Larger prospective longitudinal studies are warranted to confirm the accuracy of the predicted model.

Declarations

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Conflicts of interest/Competing interests: The authors have no financial or proprietary interest in any materials or methods mentioned in this article.

Ethics approval and consent to participate: This study was approved by the Ethics Committee and Institutional Review Board of National Taiwan University Hospital and adhered to the Declaration of Helsinki. Informed consent is waived due to the retrospective nature of the study and no identifiable details were present. (The Institutional Review Board of National Taiwan University Hospital, No. 202007057RIN)

Data availability: All data generated or analysed during this study are included in this published article.

Consent for publication: Informed consent is waived due to the retrospective nature of the study and no identifiable details were present.

Author contributions: C.H.Y. designed the study. C.R.H. prepared the manuscript. T.T.L., Y.T.H., T.C.H., C.M.Y., and C.H.Y. collected the clinical data. C.R.H., T.T.L. and C.H.Y. carried out the subgroup and statistical analysis. C.H.Y. supervised the research. All authors reviewed, revised, and agreed with the manuscript.

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Figures

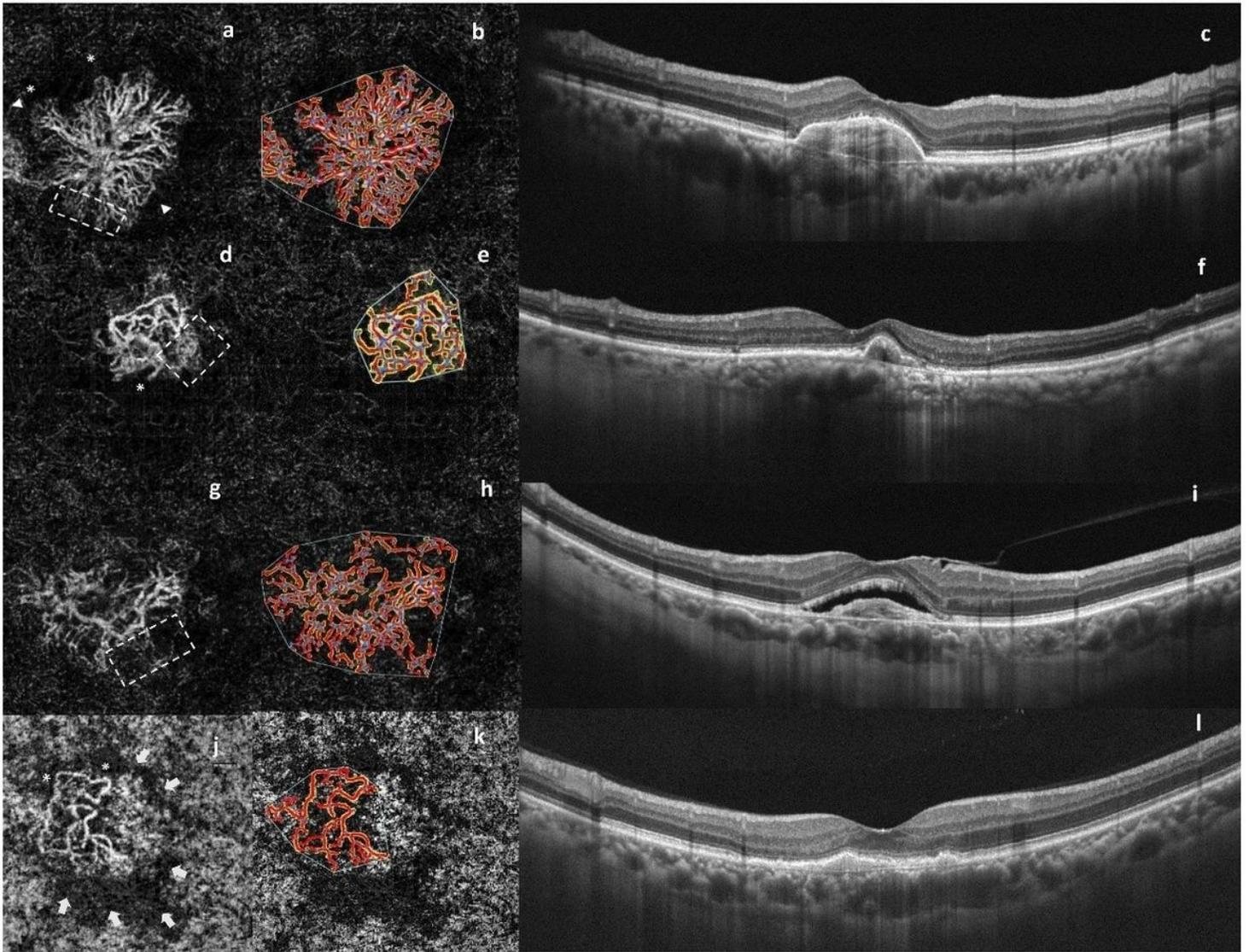


Figure 1

Representative examples of different choroidal neovascularization (CNV) shapes and their structural OCT scans after serial anti-VEGF treatments. (Left column) Medusa pattern, consisting of central feeder vessels with main vascular trunks and tiny capillaries that radiated from the center of the lesion in all directions on outer retina segmentation. Note the features of active lesions, such as branching capillaries (dotted square), anastomotic loops (asterisks), and peripheral arcade (arrow-heads) present after 15 intravitreal injections (a). Sea fan pattern with branching capillaries (dotted square) radiate from one side of the main vessel trunk and anastomotic loops (asterisks) of CNV on outer retina segmentation following four intravitreal injections (d). Indistinct pattern of CNV on outer retina segmentation with tiny branching capillaries (dotted square) are seen after six intravitreal injections. No anastomoses loops, peripheral arcade, or perilesional hypointense halo are noticed (g). Another indistinct pattern of CNV on the choriocapillaris slab showing anastomotic loops (asterisks) and a perilesional halo (arrows indicated area) following five intravitreal injections (j). (Middle column) The neovascular network is highlighted in yellow, automatically detected vessels are highlighted by red lines, and vessel junctions are highlighted by

blue spots(b, e, h, k). (Right column) The corresponding OCT B-scans of the medusa shape CNV reveals subretinal hyperreflective material without subretinal fluid accumulation(c). The OCT B-scans for the sea fan shape CNV reveals pigment epithelium detachment (PED) at the macula(f). The corresponding OCT B-scans for the indistinct shape CNV revealed posterior hyaloid membrane and epiretinal membrane with subretinal fluid accumulation(i). The associated OCT scans reveals type 1 CNV below the pigment epithelium without exudative structural signs for another indistinct shape CNV(l).

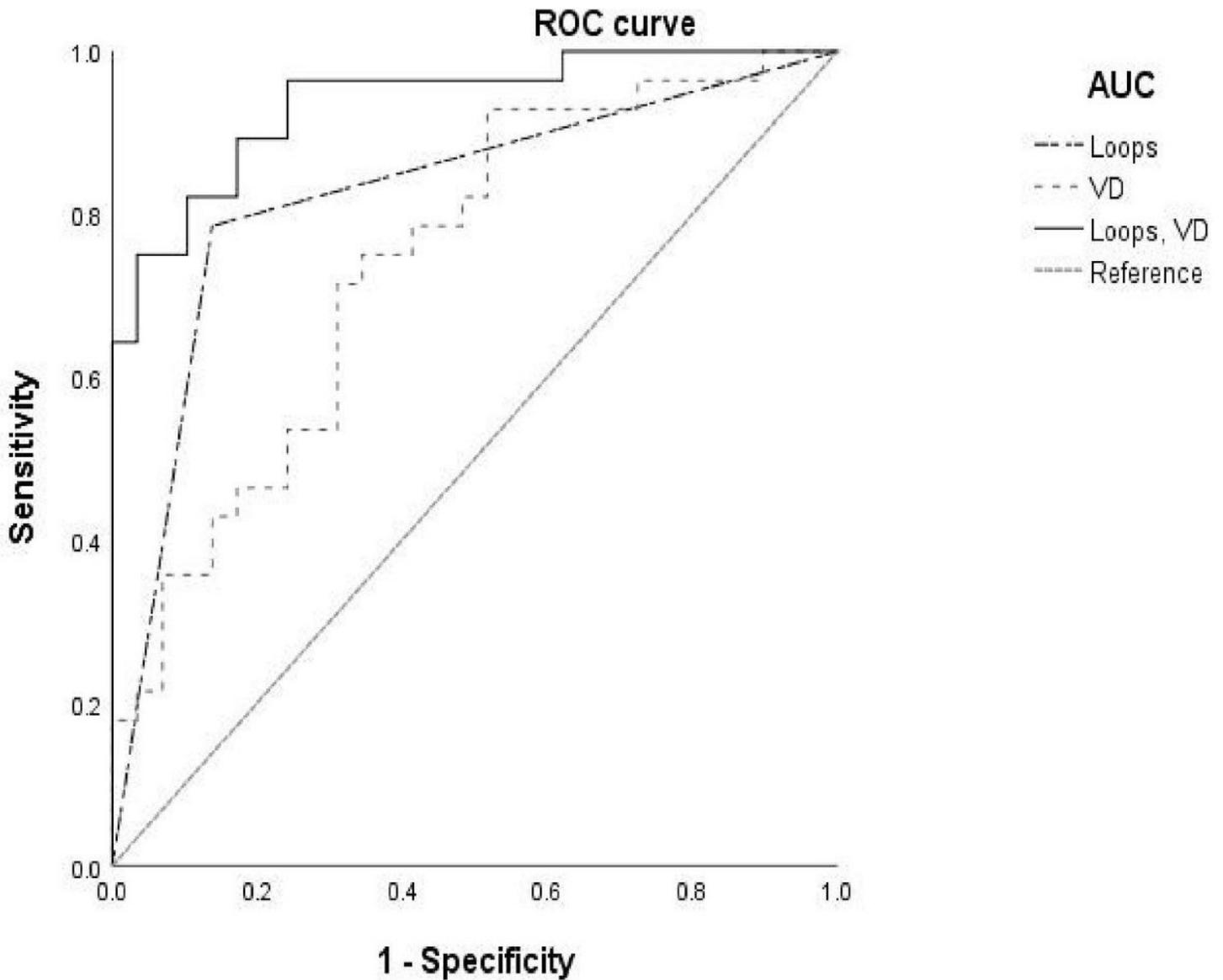


Figure 2

The receiver operating characteristic (ROC) curve between sensitivity and specificity revealed different area under the curve (AUC) of predicted models, with the highest probability of 0.937 for the correct prediction of choroidal neovascularization activity based on optical coherence tomography angiography biomarkers.