Geographical variation and factor associated with modern contraceptive utilization among Young married women aged between 15-24 years: Spatial and multilevel analysis of EDHS 2016.

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Abstract

Introduction: Despite increase in trend of contraceptive utilization in worldwide it was still low in developing country. In Ethiopia modern contraceptive utilization among young married women was low which shows gaps between women reproductive desire to avoid pregnancy and contraceptive behavior. This study shows variation in modern contraceptive utilization and factor associated with it among young married age group between 15-24 years in Ethiopia.

Objective: The aim of the study was to assess the geographical variation of modern contraceptive utilization and associated factor among young married women aged between 15- 24 year in Ethiopia.

Methods: Cross-sectional study design was applied using Ethiopia demographic and health survey 2016 data. The sample size was 2298 young married women aged between 15-24 years. Spatial analysis was done using spatial autocorrelation Moran's I, Gettis-OrdGi* and spatial scan statistics to identify significant clusters of modern contraceptive utilization. The data were analyzed using a two level-mixed-effects logistic regression model to determine the individual and community level factors associated with modern contraceptive utilization.

Result: In Ethiopia, prevalence of modern contraceptive utilization among young married women age group 15-24 years was 36.7 %. Spatial scan statistics identified primary clusters of modern contraceptive utilization were all zone of Amhara, Addis Ababa and Shewa. In other hand, Gettis-OrdGi* analysis indicated zone 1 of Afar region, Borena zone of Oromia region and all zone of Somalia regions were low prevalence spot region. In this study religion, respondent working status, partner occupation, number of living children, husband desire more children, region, community mass media exposure and community educational level were statically significant variables for modern contraceptive utilization among young married women.

Conclusions: There is low prevalence of modern contraceptive utilization and it was varied across zone of Ethiopia. High and low prevalence spot area, most likely cluster, community and individual level factor associated with modern contraceptive utilization is identified which is important to prioritize family planning strategy. Therefore, exerting much effort on this area is supreme important as it has significant public health contributions.

Background

Family planning defined as “the capability of individuals and couples to anticipate and attain their desired number of children, and the spacing and timing of their birth, which is achieved through the use of contraceptive methods” (1). It is cost-effective way to reduce maternal mortality by reducing the number of pregnancies, abortions, proportion of at high-risk births, improve health related outcome, and social and economic benefits (2).

Globally, 28% of young women living in developing regions are married. In sub-Saharan Africa, more than 20% of 15–19 year old adolescents and 60% of 20–24 year old young adult women are estimated to be in marital union (3, 4). Young adulthood is an important period for physical and mental development, and behaviors during this time can have long term implications. Additionally young married women face many challenge to overcome this challenge it is critical to access comprehensive reproductive health services that focus on safe, healthy sexual and reproductive lives(5, 6).

Modern contraceptive utilization among younger married women was low when compared to older women (7). It is higher amongst sexually active unmarried women age 15-24 than married peers. These young married women had higher risk of unintended pregnancies because of repeated pregnancy, lower educational attainment, higher rates of contraceptive failure and more likely to abandon contraception(8, 9). Unwanted pregnancy would have consequences of unsafe abortion, maternal and infant morbidity, dropping out of school, unemployment opportunities and increase the risk of poverty (10). Barriers to use modern contraceptive among young married women include poor understanding of pregnancy risks, gendered social norms, and concerns about the effect of contraceptives on health or fertility, opposition from partners, cost and disapproving attitudes from providers(11, 12).

In developing country little published evidence about married young women and their partners to address the social and behavioral constraints to contraceptive use. So it is important to learn from the few rigorously documented and evaluated projects that have worked with married young women (13). Overall, only 52.9% of the women in were using a modern contraceptive method globally, but coverage varied greatly. In West & Central Africa showed the lowest coverage; whereas South Asia, Latin America & the Caribbean had the highest coverage modern contraceptive utilization (14).

In Ethiopia young aged 10–24 comprise 35 % of the country, 28% of adolescents aged 15–19 and 24% of young women aged 20–24 have had unintended pregnancies (27, 28). One in 10 young women age 15-24 have a unmet need for family planning (1). However trend of modern contraceptive prevalence increased from 6% in 2000 to 36 % in 2011 young married women (15)

Women are part of their community, and do not live in isolation so every decision influenced by those around her. While women may receive accurate health information from facility and health providers but health-seeking decisions are influenced by community. Especial younger married women were challenged by partner and family involvement in decision making on using of FP method (16).

Young sexual and reproductive health is affected by a country's cultural, religious, legal, political and economic contexts. Utilization of family planning methods is determined by factors at the individual, household, and community level, but the geographic pattern of contraceptive use may be associated with influences at zonal level such as the availability and accessibility of health services in these areas(17). In responding, health actions are needed at each level, from structural, through community settings including schools and health services (18-21).

Global effort has been implemented to increase modern contraceptive utilization which can contribute to achievement of national and global goals and priorities, such as Family Planning 2020 and the Sustainable Development Goals. Access to sexual and reproductive health services for youth and improving availability, affordability, and youth-friendliness of service may be critical for this achievement. But it is not enough which needs to include providing service in different locations by private and governmental providers to offer quality of service but also emphasized the importance of policymakers concerned with youth FP programs (21-23).

Ethiopia is actively developing strategies to expand family planning (FP) access for young people as all Family Planning 2020 (FP2020) commitment-making countries have a focus on youth, including through provision of youth-friendly services, free contraceptives for adolescents, and ensuring consistent commodity supplies to youth-specific facilities (23). But the growing number of young people, renewed interest in FP service, multi-component programming by engaging parents and community leaders and training health care providers were continuous issues that need to be focused by policy makers. In addition, more evidence is needed on other approaches designed to reach young people, including providing services outside of health facilities, such as pharmacies and drug shops, determining how to reach the most vulnerable adolescent groups, and developing standardized (6, 24, 25).

To implement this there is a need to have evidence about distribution of modern contraceptive utilization across zones of country among young married women, and individual and community level factor association with it. So this study assessed the geographical variation of modern contraceptive utilization, and individual and community level factor association with it among young married women aged between 15-24 years using evidence from Ethiopia demographic and health survey 2016. Additionally this research focuses on young married women because young married women are under intense pressure to demonstrate their fecundity.

Methods And Materials

Study design

A population based cross-sectional study design was conducted using data analysis from the Ethiopia demographic health survey (EDHS) 2016. EDHS data obtained from the nine regions and two administrative cities were used. The data was collected from January 18-June 27, 2016 (26).

Study area

The study was conducted in Ethiopia (3⁰-4⁰N and 33⁰-48⁰E, situated at the eastern tip of Africa which is located at the horn of Africa and one of the tenth largest countries in Africa. The projections for the 2007 population and housing census estimate the population of nation 108,805,142 in 2018. In the country, there are nine regional states and two city administrations subdivided into 68 zones, 817 districts and 16,253 kebeles. In Ethiopia majority of the population (83.6%) are living in rural areas and the average household size is 4.7 persons. In addition, women in the reproductive ages constitute 24% of the

population and 7,685 health posts, 392 hospitals and 3,962 health centers have been giving health care services. In all health facilities, FP service is provided at least five days a week (27, 28).

Data source and extraction

The data for this analysis were extracted from EDHS 2016 and accessed from the Measure DHS website (<http://www.dhs program.com>). It is a secondary data analysis from nationwide community-based survey. The data sets were downloaded in SPSS format with permission from Measure DHS website (<http://www.dhs program.com>). Data cleaning and recording were carried out in STATA. The family planning related datasets were joined to Global Positioning System (GPS) coordinates of EDHS using the joining variable as recommended by DHS measure. In the DHS surveys, samples were selected using a stratified, two-stage cluster design, using enumeration areas (EAs) as a primary sampling units and households as the secondary sampling units(26).

Outcome variable

Modern contraceptive utilization is outcome variable for this study. Modern contraceptive use defined as current use of a modern method (pill, intrauterine device, injections, male condom, female sterilization, periodic abstinence, withdrawal, implants/Norplant, lactation amenorrhea, emergency contraception, standard day's method). It derived from variable recorded as "Current use by method type" in DHS which categorize as "no method", "using modern method" and "using traditional method". In this study it categorized as a binary outcome of use of modern method was assigned "yes" (coded as 1) and not using modern method including traditional method was coded as "No" (coded as 0).

Explanatory variables

The predictor variable for modern contraceptive utilization include both individual and community level characteristics.

Individual level variable

Individual level variable include age (coded as 15-19 and 20-24), age of cohabitation (recoded as <18, ≥18), education (coded as no education, primary, secondary and higher), wealth quintile (coded as poorest, poorer, middle, richer and richest), religion (recoded as Orthodox ,Muslim, Protestant and other) ,number of living children (recoded as 0-1, 2-3 and >3), partner education(coded as no education, primary, secondary and higher), respondent working status (code as yes and no) and partner occupation (recode as no, service, agriculture ,manual and other). Knowledge about family planning , heard family planning message which defend as respondent heard about family planning (radio, TV or newspaper/magazine), heard FP in community events ,field workers visit in last 12 month and health facility visit within 12 months (coded as no and yes), perception of distance from health facility (code as no big problem and big program), desire more children (coded as have another ,undecided and no more), husband desire more children(coded as both want same, husband wants more, husband wants fewer, don't know) and

decisions maker for family planning (recoded as mainly respondents, mainly husband and Joint decisions)

Community level variable

Influence of community level factor on reproductive health particularly on contraceptive behavior was examined by previous studies (18, 29, 30). Community level variables were generated by aggregating the individual characteristics in a cluster since EDHS did not collect data that can directly describe the characteristics of the clusters except place of residence and region. The aggregates were computed using proportion of a given variables subcategory within given cluster. Since the aggregate value for all generated variable was not normally distributed. It was categorized into groups based on the national median values.

Community level of poverty was created by aggregate individual wealth index by cluster. We categorize women living in cluster having less than 50% poor women as low poverty cluster and cluster having greater than 50% of poor women as high poverty cluster.

Community level of health service utilization: the proportion of health service utilization generate by aggregate women who had visited health facility in the past 12 months by cluster. Cluster having <50% visited health facility as low health service utilization and cluster having >50% visited health service as high utilization.

Community distance to a health facility generated by aggregate those report distance to a health facility was a big problem to get medical help, and categorized as big problem and no big problem.

Community women education level was created by aggregate women educational level by cluster. Cluster having less than 50% of educated women categorize as low educated cluster and cluster having greater than 50% of educated women as high educated cluster.

Community mass media exposure was generated by aggregate expose to one of mass media (radio, TV or magazine). Cluster more than 50 % respondent expose to mass media was taken as high exposed cluster otherwise it taken as low expose cluster.

Place of residence (coded as rural and urban) and region that included nine regions and two administrative cities (code as Adiss Ababa, Tigray, Afar, Amhara, Oromia, Somali, Benishangul-Gumuz, SNNPR, Gambela, Harari, Addis Ababa, Dire Dawa) were already considers as community level factor in DHS.

Sample size determination and sampling procedures

Ethiopia demographic and health survey 2016 was done by selecting a total of 18,008 households for sample, of which 17,067 were occupied. Of occupied, 16,650 were successfully interviewed, yielding a response rate of 98%. The total household size was 16,650 and from these 16,583 eligible women was

identified for individual interviews. The interview completed with 15,583 women yields a response rate of 95%. 15, 583 women aged between 15-49 years completed the interview and 10,223 (weighted sample) were married women. Among 10,223 (weighted sample) married women ,2298 young married women (weighted sample) age between 15-24 years were included in this study (26). A two-stage samples technique was employed. The stratified based on geographic region and urban/rural areas. In the first stage of selection, the primary sampling units (PSUs) were selected with probability proportional to size (PPS) within each stratum. The PSU forms the survey cluster a total of 645 EAs (202 in urban areas and 443 in rural areas). Then fixed number of 28 households (25-30) per cluster was selected with an equal probability systematic selection from the newly created household listing in the second stage of survey. The overall probability of selection of a household was differed from cluster to cluster (26).

Population and outcome measurement

In EDHS, Women aged 15 to 49 were randomly selected enumeration areas (EAs) were eligible for family planning as part of this those all young married women age 15-24 years were included in this study. Modern contraceptive utilization categorized as modern contraceptive utilization and none modern contraceptive utilization.

Data management, data processing and analysis methods

Sampling weight was applied to an individual interview unit of analysis to adjust for differences in probability of selection and interview between cases in a sample due to design, happenstance or corrections for differential response rates. Since EDHS samples were not self-weighted it need weighted with the available sample weight factor (v005/1,000,000) within the EDHS dataset to minimize the effect of sampling bias. All of these special codes were careful considered when analyzing DHS datasets

Data cleaning done by managing missing values in general were coded 99, 999, 9999, etc. Missing value was managed by excluded missing value from both the numerator and the denominator, by calculate in separate category for percent distribution and leave as it if data is not affected in some variable (26). When the level of missing is relatively large >10 %, the variable should be exclude from regression. However, the bias is always found to be negligible if missing value was less than <10%. The data extraction, descriptive and summary statistics were done by STATA 14. Spatial statics was analyzed by ArcGIS version 10.3 and Sat Scan™ version 9.6 software.

Spatial analysis of unmet need for family planning

Spatial autocorrelation

Moran's I is one of spatial autocorrelation method that assess the extent of clustering of modern contraceptive utilization in the regions. Moran's I test statistic computed to test the null hypothesis, no significant clustering of modern contraceptive utilization in the entire study region (31).

Getis OrdGi* statistic (Hot spot analysis)

Hotspot statistic was computed to measure how spatial autocorrelation varies over the study location by calculating G_i^* statistics for each area. The Z-score is computed to determine the statistical significance clustering of modern contraceptive utilization, and the p-value computed for the significance. If the z-score is between -1.96 and $+1.96$, the p-value would be larger than 0.05 , and could not reject the null hypothesis; the pattern exhibited could very likely be the result of random spatial processes. If the z-score falls outside the range, the observed spatial pattern is probably too unusual to be the result of random chance, and the p-value would be small to reflect this. Therefore, it is possible to reject the null hypothesis and proceed with figuring out what might be causing the statistically significant spatial pattern in the data. So high G_i^* indicates “hotspot” whereas low G_i^* means a “cold spot” (32, 33).

Spatial scan statistic

Spatial scan statistic is based on Bernoulli model which applied by Kuldorff methods using the SaTScan™ software to analyze the purely spatial and clusters of modern contraceptive utilization. A Bernoulli-based model was used in which events at particular places analyzed if married women were modern contraceptive utilization or not represented by a 0/1. A spatial scan statistic used a scan window (the population at risk) in the shape of a circle, which moves across the study region. The size of the scan window was adjusted to scan for small clusters up to 50 %. It also used to examine a large number of distinct geographical windows to test for the presence of modern contraceptive utilization. For each window Monte Carlo simulation used to test the null hypothesis that there was no statistically cluster of modern contraceptive utilization cases within the window.

The cluster with the greatest maximum likelihood ratio was considered as the primary cluster of modern contraceptive utilization. Other statistically clusters that did not overlap with the primary cluster were identified as secondary clusters of modern contraceptive utilization, and ranked according to their likelihood ratio test statistic. (31, 34)

Multilevel logistic regression analysis

The determinants of contraceptive utilization were identified by using multilevel logistic regression model. Those variables with P-value < 0.2 in bi-variable logistic regression model were entered into multivariable logistic regression model to measure the effect of each variable after adjusting for the effect of other variables. Variables with p-value < 0.05 were considered as statistically significant to identify independent factors for modern contraceptive utilization. To demonstrate the importance of the community level and individual level component multilevel analysis was used candidate variables p-value less than 0.05 . were entered into the model and will be checked fitted for models(35).

Multilevel analysis is appropriate to measure DHS data since it is hierarchical data therefore two stage multilevel analyses was used to explore factors affect modern contraceptive utilization at individual and community level factor (36). Four models were considered in the multilevel analysis; model one empty without explanatory variable that specified only the random intercept and it presents the total variance in modern contraceptive utilization among clusters, model two adjusted for individual variable, model three

for adjusted community level variable and model four both adjusted individual and community level variable. The association was measured by odd ratio of individual level variable and community level to identify factors that associate with contraceptive utilization. Measurement of variation was identifying using interclass correlation (ICC) and proportional change in variance (PCV). The model for fitness diagnostics was select by using Deviance Information Criteria (DIC) or Akaike information criteria (AIC). Model with lowest AIC and highest log likelihood test was selected which better explain modern contraceptive utilization (36, 37).

Multicollinearity checked by using Variance Inflation Factor (VIFs) to identify correlations between variables, and determines the strength of the relationships. It examined instability of effect size of predictors as the result of high collinearity among the factors. VIF of different covariates was also assessed with cutoff value <10. If VIF of variable was <10 it would be included in the analysis (35).

Ethical consideration

The data was accessed by registration on the DHS website (www.dhsprogram.com) and getting approval from the measure DHS. Prior to the actual interview, informed consent was obtained from the participants, their guardian or household heads. Data was used only for the purpose of statistical reporting and analysis, and for the proposed research project. The data treated as confidential, and no effort should be made to identify any household or individual respondent interviewed in the survey. Ethical clearance was obtained from the institutional ethical review board of the Institute of Ethiopia public health association, Ethiopia.

Results

Socio demographic characteristics

A total of (n=2298) young married women were interviewed in 2016 EDHS. Among these Young married women 1815 (79.47%) were cohabitation before age of 18 years. About half of the respondent 1158 (50%) were not educated. About 1424 (62%) of respondents had more than one or two children. Large proportion of respondents 1745(76 %) hadn't any work. Regarding to partner's education level, 1355(59 %) were not educated (Table 1).

ble 1: Socio demographic characteristics of young married women in EDHS, 2016 (n=2298).

Variable	Weight Frequency (N)	Weight Percentage (%)
Age		
15-19	588	26
20-14	1710	74
Age first cohabitation		
<18	1815	79
>18	483	21
Women education level		
No education	769	34
Primary	1158	50
Secondary	276	12
Higher	95	4
Religion		
Orthodox	888	39
Muslin	871	38
Protestant	466	20
Other	73	3
Wealth index		
Poorest	481	21
Poorer	561	24
Middle	514	22
Richer	401	18
Richest	341	15
Number of living children		
No child	645	28
One-two	1424	62
Three-above	229	10
Partners education		
No education	732	32
Primary	1031	45
Secondary	363	16

Higher	154	6
Don't know	18	1
Respondent working status		
No	1745	76
Yes	553	24
Partner occupation		
No	145	6
Services	395	18
Agricultural	1355	59
Manual	230	11
Other	152	6

Family planning knowledge and other characters of Young married women

Almost all of respondent 2265 (98.58 %) had family planning knowledge and more than half of respondents 1460 (64 %) discussed FP issues in the community. About 1682 (73 %) respondents heard about family planning by mass media. More than half of respondent 1296 (56%) and 1969 (86 %) were difficult to access health facility and prefer to have another child respectively (Table 2).

Table 2: Family planning knowledge and other characters of young married women in EDHS, 2016

Variable	Weighted Frequency(N)	Weighted Percentage (%)
Knowledge about family planning		
No	33	1.5
Yes	2265	98.5
Exposure to family planning message		
No	1682	73
Yes	616	27
Discussion of family planning in community		
No	1460	64
Yes	838	36
Field workers visit in last 12 month		
No	1670	73
Yes	628	27
Health facility visit in last 12 month		
No	1112	48
Yes	1186	52
Health facility distance		
Big problem	1296	56
Not big problem	1002	44
Desire more children		
Have another	1969	86
Undecided	65	3
No more	264	11
Husband desire more children		
Both want same	1005	44
Husband wants more	450	20
Husband wants fewer	117	5
Don't know	726	31
Decisions making for contraceptive use**		
Mainly respondents	402	18
Mainly husband	162	7
Joint decisions	1344	58
Other	17	1

**372(16.2%) missing decisions for using contraceptive

Modern contraceptive utilization by individual level and community level characters

Out of the 2297 participants, 845 (36.7 %) of young married women respondent had modern contraceptive utilization. About 578 (68%) and 575 (68.0%) of modern contraceptive utilization were respondents who had child one or two and no working status respectively. Those young married women who desire more children and joint decision about contraceptive had 736 (87%) and 642(76) modern contraceptive utilization (Table 3). In EDHS2016, total of 645 clusters were included but in this study 605 clusters were included in which all young married women age group of 15-24 had lived. More than half 1546(64%) young married women were in higher proportion of educational level. Most of modern contraceptive user 653 (77 %) were rural residence (Table 4).

Table 3: Bi-variable multilevel logistic regression of modern contraceptive utilization, and socio-demographic and other characteristics in EDHS, 2016

Characters	Modern contraceptive use (N, %)		Crude odd ratio (COR)
	Yes	No	
Age			
15-19	187[22]	401[27]	1
20-24	658[78]	1052[73]	1.11(0.39-1.46)
Age at first cohabitation			
<18	644[76]	1171[81]	1
>18	201[24]	282[19]	0.89(0.66-1.18)
Highest level education			
No education	194[23]	575[40]	1
Primary	439[52]	719[49]	1.41(1.06-1.86)*
Secondary	148[18]	127[9]	2.42(1.60-3.65)*
Higher	63[7]	32[2]	4.36(2.26-8.40)*
Religion			
Orthodox	477[56]	410[28]	6.86(4.67-10.08)*
Muslim	148[18]	722[50]	1
Protestant	201[24]	265[18]	5.56(3.53-8.77)*
Other	18[2]	55[4]	4.48(1.73-11.61)*
Wealth index			
Poorest	94[11]	387[27]	0.35(0.22-0.56)*
Poorer	193[23]	369[25]	0.93(0.61-1.41)
Middle	223[26]	290[20]	1.20(0.80-1.81)
Richer	177[21]	223[15]	1.12(0.75-1.69)
Richest	158[19]	183[13]	1
Number of living children			
No children	221[26]	424[29]	1
One -two	578[68]	846[58]	1.12(1.55-2.68)*
Three and above	47[6]	183[13]	2.30(0.54-1.44)
Partners education			
No education	233[26]	510[35]	1
Primary	362[43]	670[46]	1.18(0.88-1.57)

Secondary	156[19]	206[14]	1.30(0.88-1.92)*
Higher	95[11]	59[4]	2.79(1.66-4.68)*
Don't know	8[1]	9[1]	1.69(0.46-6.18)
Respondent working status			
No	575[68]	1171[80]	1
Yes	270[32]	282[20]	1.81(1.38-2.39)*
Partner occupation			
No	30[4]	115[8]	1
Services	176[21]	218[15]	2.20(1.17-4.14)*
Agricultural	451[53]	904[62]	1.62(0.90-2.94)*
Manual	140[16]	110[8]	4.36(2.23-8.51)*
Other	48[6]	104[7]	1.72(0.81-3.65)*
Heard FP by mass media			
No	556[66]	1126[78]	1
Yes	289[34]	326[22]	1.40(1.06-1.84)*
Heard FP community events			
No	503[60]	956[66]	1
Yes	341[40]	497[34]	1.23(0.95-1.59)*
Field workers visit in last 12 month			
No	599[71]	1071[74]	1
Yes	246[29]	382[26]	1.01(0.88-1.33)
Health facility visit in last 12 month			
No	349[42]	764[53]	1
Yes	496[58]	691[47]	1.53(1.21-1.94)*
Health facility distance			
Big problem	374[44]	920[63]	0.77(0.98-1.68)*
Not big problem	471[56]	533[37]	1
Desire more children			
Have another	736[87]	1233[85]	1
Undecided	17[2]	48[3]	1.30(0.23-1.07)*
No more	92[11]	172[12]	0.66(0.52-1.11)*

Husband desire more children

Both want same	430[51]	575[40]	1
Husband wants more	132[15]	317[22]	0.46(0.33-0.64)*
Husband wants fewer	49[6]	68[5]	0.88(0.51-1.50)
Don't know	234[28]	492[33]	0.63(0.47-0.83)*
Decisions maker for family planning			
Mainly respondents	163[19]	239[16]	1
Mainly husband	39[5]	122[8]	0.47(0.27-0.82)*
Joint decisions	642[76]	718[49]	1.53(1.12-2.10)*

*significant variable on bivariate analysis P-value less than 0.2

Table 4: Bi-variable multilevel logistic regression of modern contraceptive utilization and community level background characteristics in EDHS, 2016.

Variable	Young married women (N, %)	Modern contraceptive use (N, %)		Odd ratio
		Yes	No	
Place of residence				
Urban	321[14]	191[23]	129[9]	1
Rural	1977[86]	653[77]	1323[91]	2.47(0.14-0.40)*
Community poverty level				
low poverty	1201[52]	543[64]	657[45]	1
high poverty	1097[48]	302[36]	796[55]	0.28(0.18-0.44)*
Community health services utilization				
Low utilization	1261[55]	391[46]	871[60]	1
High utilization	1037[45]	454[54]	582[40]	2.27(1.49-3.46)*
Community women educational level				
Low educational level	752[33]	150[18]	602[41]	1
High educational level	1546[67]	695[82]	851[59]	6.47(4.03-10.40)*
Community health facility distance				
Big problem	1467[64]	409[48]	1058[73]	3.51(2.10-4.73)*
Not big problem	831[36]	436[52]	394[27]	1
Community mass media exposure				
Low	1928[84]	632[75]	1296[90]	1
High	369[16]	213[25]	157[10]	4.78(2.88-7.95)*
Region				
Tigray	192[8]	76[9]	115[8]	0.25(0.09-0.68)*
Afar	35[2]	5[1]	30[2]	0.04(0.01-0.18)*
Amhara	487[21]	279[33]	207[20]	0.84(0.33-2.12)
Oromia	968[42]	249[30]	718[49]	0.13(0.05-0.34)*
Somali	83[3]	2[1]	81[6]	0.02(0.01-0.02)*
Benishangul-Gumuz	30[1]	12[1]	19[1]	0.22(0.06-0.82)*
SNNPR	419[18]	176[21]	242[16]	0.27(0.10-0.69)*
Gambela	9[1]	4[1]	5[1]	0.25(0.03-1.63)*
Harari	7[1]	2[1]	5[1]	0.13(0.01-1.14)*
Addis Ababa	55[2]	35[4]	20[1]	1
Dire Dawa	12[1]	4[1]	8[1]	0.17(0.03-0.96)*

*significant variable on bivariate analysis P-value less than 0.2

The prevalence of modern contraceptive utilization varied across the regions of the country. The highest modern contraceptive utilization (63%) was found in Addis Ababa region but lowest modern contraceptive utilization (2%) was in Somalia region (Figure 1).

Spatial distribution of modern contraceptive utilization

The analysis of spatial autocorrelation indicated that the spatial distribution of modern contraceptive utilization was non-random in the Ethiopia. The Global Moran's I values were 0.45 (p value <0.0001) that pointed out significant clustering of modern contraceptive utilization in the study area (Figure 2).

Gettis-OrdGi* analysis indicated high and low prevalence spot areas of modern contraceptive utilization. The highest prevalence spot areas for modern contraceptive utilization were detected in Addis Ababa, West and East Gojam. One the other hand, zone 1 of Afar region, Borena zone of Oromia region and all zone of Somalia regions were lowest prevalence spot area (Figure 3).

Spatial scan statistics identified significant primary (LLR= 113.3, P<0.001) and secondary (LLR= 19.1, P<0.001) clusters of modern contraceptive utilization (Table 5). The large primary clusters spatial window encompasses in all zone of Amhara region, East Shewa, South and West Shewa, South Shewa, East and H.G. Wellega and North Shewa zone of Oromia region, Metekel and kinashi zone of Benishangul, Addis Ababa. It was centered at 10.575333 N, 37.480816 E with 293.86 km with a relative risk (RR) of 2.28. While the relatively small secondary clusters spatial windows were located. These secondary clusters encompass in Sheka, Sidamo, keff and northern Benchii Maji zone. It was centered at 6.856667 N, 38.360928 E with 30.97 km a relative risk (RR) of 2.15 (Figure 4).

Table 5: List of modern contraceptive utilization that significant cluster for Ethiopia in EDHS 2016.

Type of cluster	#population	# case	RR	Case in area	LLR	Radius km	P-value
Most likely cluster	699	417	2.28	59.7	113.3	293.86	0.00001**
Secondary cluster	56	43	2.15	76.8	19.3	30.97	0.001*

LLR=likelihood ratios ** P<0.001 * P<0.0001 RR=relative risk

Factor associated with modern contraceptive utilization

Bi-variable multilevel logistic regression

Bi-variable multilevel logistics analysis computed and p value up to 0.2 was selected to fit multi-variable multilevel logistics model. Educational level, wealth index, religious, number of living children, place of residence, region, respondent working status, partner occupation, , mass media exposure about family planning, health facility visit within 12 month, desire more children, husband desire more children, partner education, perception of distance from health facility, community discussion about family planning, community level of poverty, community health services utilization, and community health facility accessibility pass bi-variable multilevel logistics analysis. But age of respondent, age of cohabitation,

and field worker visits in 12 months were not pass bi-variable multilevel logistic analysis p value less than 0.2 (Table 3 and 4).

Multi-variable multilevel logistic regression

Multilevel logistic analyses include both individual and community-level factors of modern contraceptive utilization in four models. Model four were selected that fitted for both individual and community level factor based on Log-likelihood ratio (Table 6 and 7). Finally, multivariable logistic regression of model four indicated that religion, number of living children, husband desire more children, respondent working status, region, and community exposure to mass media and community educational level were statically significant variables for modern contraceptive utilization in this study (Table 6).

Figure 6: Adjusted multilevel logistic regression result of both individual and community level factors associated with modern contraceptive utilization among married women in EDHS 2016.

Characters	Model one	Model two	Model three	Model four
		AOR (95%CI)	AOR (95%CI)	AOR (95%CI)
Religious				
Orthodox		5.33(3.55-8.00)***		3.19(2.05-4.96)***
Muslim		1		1
Protestant		4.41(2.72-7.14)***		3.77(2.21-6.40)***
Other		3.96(1.42-11.01)**		3.15(1.12-8.89)*
Women Education				
No education		1		1
Primary		1.30(0.94-1.78)		1.02(0.73-1.43)
Secondary		1.96(1.20-3.19)*		1.52(0.91-2.53)
Higher		2.71(1.18-6.21)**		1.71(0.73-3.99)
Wealth index				
Poorest		0.55(0.33-0.92)*		0.71(0.41-1.24)
Poorer		1.25(0.79-1.94)		1.24(0.77-2.00)
Middle		1.51(0.98-2.33)		1.45(0.10-2.27)
Richer		1.33(0.86-2.05)		1.25(0.81-1.94)
Richest		1		1
Women working status				
No		1		1
Yes		1.52(1.13-2.03)		1.47(1.10-1.98)*
Partners education				
No education		1		1
Primary		0.94(0.68-1.29)		0.92(0.66-1.27)
Secondary		0.82(0.52-1.27)		0.73(0.46-1.14)
Higher		1.27(0.65-2.47)		1.12(0.56-2.20)
Don't		2.56(0.61-10.72)		1.92(0.44-8.29)
Partner occupation				
No		1		1
Professional		1.37(0.69-2.71)		1.20(0.60-2.42)
Agriculture		1.42(0.76-2.64)		1.23(0.65-2.32)

Manual	2.54(1.24-5.16)*	2.33(0.99-4.30)
Other	1.14(0.50-2.57)	0.94(0.41-2.16)
Number of living children		
No child	1	1
One -two child	2.57(1.89-3.49)***	2.69(1.98-3.66)***
Three and above	1.51(0.87-2.60)	1.61(0.09-2.80)
Exposure to mass media about FP		
No	1	1
Yes	0.99(0.72-1.37)	0.88(0.63-1.24)
Visit health facility in last 12 month		
No	1	1
Yes	1.26(0.97-1.63)	1.26(0.95-1.66)
Community discussion about family planning		
No	1	1
Yes	0.94(0.64-0.71)*	0.91(0.69-1.21)
Distance from health facility		
Big problem	0.94(0.70-1.24)	1.21(0.88-1.68)
No big problem	1	1
Fertility preferences		
Have another	1	1
Undecided	0.50(0.22-1.14)	0.50(0.22-1.13)
No more	0.79(0.52-1.18)	0.69(0.46-1.03)
Husband's desire for children		
Both want same	1	1
Husband want more	0.52(0.36-0.73)***	0.55(0.39-0.79)**
Husband want fewer	0.97(0.55-1.70)	0.96(0.55-1.70)
Don't	0.76(0.56-1.01)	0.69(0.51-0.93)*
Place of residence		
Urban	1	1
Rural	0.56(0.28-1.08)**	0.78(0.37-1.64)
Region		

Tigre	1.09(0.39-3.00)	0.75(0.26-2.18)
Afar	0.36(0.07-1.64)	0.80(0.15-4.21)
Amhara	4.63(1.70-12.59)**	5.00(1.74-14.32)**
Oromia	0.70(0.26-1.87)	0.95(0.34-2.64)
Somali	0.03(0.01-0.27)**	0.07(0.01-0.63)*
Benishangul-Gumuz	1.03(0.27-3.87)	1.05(0.27-4.16)
SNNPR	1.41(0.52-3.79)	1.02(0.35-2.95)
Gambela	0.92(0.14-5.78)	0.68(0.10-4.70)
Harari	0.34(0.04-2.89)	0.69(0.07-6.49)
Dire	0.55(0.09-0.3)*	1.21(0.20-7.46)
Adis Abeba	1	
Community health service utilization		
Low	1	1
High	1.17[0.78-1.75]	1.01(0.65-1.57)
Community access to health services		
Big problem	1	1
No big problem	1.22[0.77-1.91]	1.40(0.84-2.33)
Community poverty level		
Low poverty	1	1
High poverty	0.62[0.41-0.92]*	0.78(0.49-1.25)
Community mass media exposure		
Low	1	1
High	1.95[1.09-3.47]*	1.94(1.03-3.65)*
Community education level		
Low	1	1
High	3.04[1.88-4.91]***	2.88(1.69-4.91)***

Model one: empty model no variable. CI: Confidence interval, AOR: adjusted odds ratio, 1: Reference category * P<0.05; **P<0.01; ***P<0.001

Table 7: Measure of variations and model fitness

Characters		Model one	Model two	Model three	Model four
Random effect	Variance	2.77	2.02	1.58	1.6
Measure of variation	ICC	46	38	32	33
	PCV	Reference	27	43	42
Model diagnostics	Log-likelihood	-1284	-1160	-1189	-1111*
	DIC	2568	2320	2378	2222*
	AIC	2573	2384	2414.2	2318.9*

PCV = Proportional change in variance, AIC=Akaike information criterion * Fitted statistics.

Individual level factor: Religious of young women influence the utilization of contraceptive those Orthodox and Protestant followers were 3.19 time (AOR=3.19; CI: 2.05-4.96) and 3.77 time (AOR=3.77; CI: 2.21-6.40) more likely to use modern contraceptive than Muslim follower. Young married women who has work were 1.52 times (AOR=1.52; CI: 1.13-2.03) more likely to use modern contraceptive. Husband's desire for children affect contraceptive use those young women whose husband want more children were 49 % (AOR=0.55 ;CI:(0.39-0.79) less likely to use modern contraceptive. Those young married women who have one or two children were 2.69 time (AOR=2.69; 95%CI: 1.98-3.66) more likely to use modern contraceptive.

Community level factor: Young married women in Amhara region 5 time (AOR=5.00; 95%CI: 1.74-14.32) more likely to use modern contraceptive, but Somalia region 99.83 % (AOR=0.07; 95%CI: 0.01-0.63) less likely to use modern contraceptive. Those young married women who were exposed to mass media were 1.94 times (AOR=1.94; 95%CI: 1.03-3.65) more likely to use modern contraceptive. In addition, young married women who lived in high educated community were 2.88 times (AOR=2.88; CI: 1.69-4.91) more likely to use modern contraceptive.

Regarding to ICC, in empty model 46 % of the total variance was accounted by between-cluster variation of modern contraceptive utilization (ICC=0.46, $\sigma^2=0.036$). This calculated ICC (0.46) value informs us to use multilevel over the basic model. Similarly, ICC in successive model indicate 38%, 33% and 34% of the variation among the clusters was attributed to individual level factor, community level factors ,and both individual and community level factors respectively.

Community level factor showed up with higher PCV, 43% variance of modern contraceptive utilization explained by community levels factor. Additionally 20 % and 42% variance of modern contraceptive utilization explained by individual level factor, and both individual and community level factors respectively (Table 7).

Multicollinearity

Multicollinearity amongst the individual and community level variables was checked using the Variance Inflation Factor (VIF). In the current study, the mean VIF value was estimated to be 1.98, minimum value 1.06 and maximum value 5.49.

Discussion

Increase modern contraceptive utilization has a major role of improving health by decrease child and maternal health. To increase utilization of modern contraceptive, knowing its geographical variation and associated factor will bring considerable effect in future improvement.

In this study modern contraceptive utilization among young married women in this study was 36.7 % [95 % CI: 34.8 %, 38.7 %]. It was similar with study done in Uganda(7),and the possible reason may be similar emphasizing given by the local health programmers. It was higher than study done in Malawi (38). But it was low when compared to study done in Bangladesh(39), Ghana (5). The possible explanation for this variation might be due to the involvement of health extension workers in awareness creation activity, difference in provision of health service including in school through different club related to reproductive health programmers, availability of youth friendly health service or difference of study population (40-42).

The spatial distribution of modern contraceptive among young married women across Ethiopia region showed significant variation and clustering at zonal level. The Global Moran's I values 0.42 (p value <0.001) indicated spatial heterogeneity modern contraceptive among young married that need to identify gaps and to prioritize intervention (21). Gettis-OrdGi* statistics indicate highest prevalence zone for modern contraceptive utilization were detected in Addis Ababa, West and East Gojam. One the other hand zone 1 of Afar region, Borena zone of Oromia region and all zone of Somalia regions were lowest prevalence area zone (Figure). It was consistence with study done in Kenya and India which indicate modern contraceptive utilization across districts were significant variation and clustering (43, 44).

Spatial scan statistics identified primary cluster(LLR= 113.3, P<0.001) encompass all zone of Amhara region, East Shewa, South and West Shewa, South Shewa, East and H.G. Wellega and North Shewa zone of Oromia region, Metekel and kinashi zone of Benishangul has 2.28 times more likely to use modern contraceptive utilization than married women outside these zone(RR=2.28). Additionally secondary cluster (LLR= 19.1, P<0.001) encompass in Sheka, Sidamo, keff and northern Benchi Maji zone has 2.15 times more likely to use modern contraceptive utilization than married women outside these zone.

Geographical variation and clustering of modern contraceptive utilization reported by similar study done Rwanda and Ethiopia(45, 46) . These s studies explain geography, cultural factors, demographic characteristics of respondents, health service delivery capacity and community awareness about FP is possible explanation for regional variations of modern contraceptive utilization (43-46)

The multilevel analysis shows that there is a big variation in use of modern contraceptive at both at the individual and community level variable. In this study religion, respondent working status, husband desire more children, number of living children, region, community mass media exposure and community educational level were statically significant variables for modern contraceptive utilization (Table 7).

Religious of respondent were significantly associated with modern contraceptive utilization. Christians and other religious followers were more likely to use modern contraceptive than Muslim .This finding had agreement with study done in Malawi(38), Ethiopia(46) and Bangladesh (47). This might be due religion is critical sociocultural dimensions that had significant impacts on attitudes towards and the uptake of

contraceptive methods(48). This condition ultimately has an impact on the successful implementation of FP programs.

Number of living children positivity associated with modern contraceptive utilization. If women have more birth they would be more likely they have modern contraceptive utilization. Study revealed in Ethiopia(49) and Rwanda (45) indicates a number of children was found to be a positively associated determinant for a modern contraceptive utilization This implies the likelihood of wanting no more children increases with the actual number of living children (50).

Women working status in this study associated factor with women's modern contraceptive utilization. Study showed that women who had work were more likely to use modern contraceptive than who had not. It supported by study done in Rwanda (45) and Malawi(38).

Husband desire more children where associated with modern contraceptive utilization those young women whose husband want more children were less likely to use modern contraceptive. This has agreement with study done in Egypt (46) and Ghana (51). The reason may be those decide desire number of children is tendency to access family planning services (52). Women's internal motivations to achieve their child spacing goal could be the possible reason for higher level of contraceptive use.

This study also revealed geographical region where a woman lived was found to be an important predictor of modern contraceptive utilization. This supported by study done in Malawi(38), Bangladesh(39) and Uganda(7). This might be due to the fact that attributable to the tendency of some region to have higher fertility compared to others. Additional reason may be family planning services ,cultural and religious reason (53).

Community exposure to mass media increases the utilization modern contraceptive among young married women. It is support by study done in Uganda(7) Angola(54) and Ethiopia (55). For young people media is top source of information use excessive including Television, radio, and newspapers. It widely used to reach a large proportion of population and credible sources of information that have capacity to raise awareness, increase knowledge level, and influence attitudes towards family planning (56).

Community educational level found to have a positive significant association with modern contraceptive utilization. Young married women who lived in high educated community were more likely to use modern contraceptive. Likewise, this is support by study done in low and middle-income countries and Zimbabwe (17, 18). The possible explanation might be increasing education might help the discussion on contraceptive and would increase knowledge and utilization of FP methods. Education improves cognitive skills, awareness about health, financial resources and decision-making power. It provides improved access to the mass media, knowledge and attitude about family planning, access to contraception, correct use of contraception, and finally promotes contraceptive use(57).

LIMITATION OF STUDY

Including GPS can contribute to show more information about modern contraceptive utilization but all cluster has no GPS which few cluster is excluded from this study. This would limit to show modern contraceptive utilization in some area of country. This study not include modern contraceptive utilization among unmarried woman those who are sexually active which need further research to encompass all issue of modern contraceptive utilization. Moreover, this research has limitation to dig out why women not use family planning that needs qualitative study in cold spot area of modern contraceptive utilization.

Conclusion

A total of modern contraceptive utilization in Ethiopia was 36.7 % .This study showed that there was a low prevalence of modern contraceptive utilization in the Ethiopia. Religion ,respondent working status, husband desire more children, region, community exposure to mass media and community educational level were statically significant variables for modern contraceptive utilization.

Modern contraceptive utilization is a valuable indicator for national family planning programs because it shows how well achieving a key mission therefore observing statistics of modern contraceptive utilization may understate the true demand for family planning. Intervention to increase modern contraceptive utilization should be by considering spatial distribution and factor associated with it. Factor associated with modern contraceptive utilization is not only individual characteristics of the young married women but also community-level factors that determine it. Thus efforts to increase modern contraceptive utilization in Ethiopia should focus both on individuals and on communities.

List Of Abbreviations

LLR: Log Likelihood Ratio; **FP**: family planning; **SNNP**: Southern Nations, Nationalities and Peoples; **GPS**: Global Positioning System; **DHS**: Demographic and Health Survey, **EDHS**: Ethiopian Demographic and Health Survey, **RR**: Relative Risk

Declarations

Ethics approval and consent to participate

Ethical clearance was obtained from the ethical review board of Ethiopia public health association (EPHI).Written consent was obtained from Measure DHS International Program which authorized the data-sets and GPS coordinate files. All the data which used in this study are publicly available. The data treated as confidential, and no effort should be made to identify any household or individual respondent interviewed in the survey that was maintained through identification number rather than names.

Consent to Publication

Not applicable

Availability of data and materials

The data is available from DHS program. All relevant data are included in the manuscript. However, the minimal data underlying all the findings in the manuscript will be available upon request.

Competing interest

The authors declare that they have no competing interest.

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Authors' contributions

K.A.; acquired the data, performed the analyzed the study, interpreted the results and drafted the manuscript. A.M and E.T; participated in the conceptualization and design of the study and reviewed the manuscript critically. All authors read and approved the final manuscript.

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Figures

Figure 1

Regional of prevalence of modern contraceptive utilization among young married women

Figure 2

Spatial autocorrelation of modern contraceptive utilization among young married women

Figure 3

Hotspot analysis of modern contraceptive utilization among young married women

Figure 4

SatScan analysis of modern contraceptive among young married women