

All-Trans Retinoic Acid, A Derivative of Vitamin A, Improved Intestinal Epithelial Barrier Function Through PFKP

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1 **All-trans Retinoic Acid, A Derivative of Vitamin A, Improved Intestinal**
2 **Epithelial Barrier Function through PFKP**

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10 **Running title:** the function of ATRA in differentiation

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17

18 **Abstract**

19 **Objective:** Mucosal Healing, relied on the coordinated activity of IECs for improvement of
20 intestinal barrier function, is the critical goal in treatment of IBD. All-trans retinoic acid
21 (ATRA) is known to regulates cell proliferation and differentiation. The aims of the present
22 study were to investigate the effects of ATRA on the intestinal differentiation.

23 **Methods:** We collected the clinical sample from the patients to analyze the vitamin A,
24 TEER, western blotting and real-time PCR were performed to detect the effect of vitamin
25 A on PFKP expression and intestinal epithelial cell differentiation.

26 **Results:** In this study, we showed that increased TEER and decrease paracellular
27 permeability of IECs were induced by ATRA in dose-dependent manner, which is attributed
28 to enhanced MUC2 expression, a marker of goblet cell by western blotting, real-time PCR
29 and TEER assay, while no significant difference of villin was found to alter. The further
30 results show that ATRA suppressed PFKP expression in IECs, while overexpression of PFKP
31 could reverse the promotion of ATRA on MUC2 expression, implying ATRA-induced MUC2
32 expression in PFKP-dependent manner and in dose-dependent way. The clinical sample
33 analysis suggested vitamin A is not significant associated with gender, and replenishment
34 of vitamin A is critical for intestinal differentiation.

35 **Conclusion:** ATRA improved intestinal epithelial differentiation via PFKP-mediated Muc2
36 expression. The findings suggest that ATRA could serve as a novel therapeutic agent to
37 ameliorate development of inflammatory bowel disease.

38 **Keywords:** All-trans Retinoic Acid; Muc2; Differentiation; PFKP; Intestinal Barrier Function

39

40

41 **Introduction**

42 Metabolic reprogramming, involved in a variety of diseases, in the niche is critical for
43 intestinal stem cell function. The studies have shown that energy metabolism regulates
44 self-renewal and differentiation of intestinal stem cells, leading to differentiation of goblet
45 cell characterized by the increased Mucin2(MUC2) expression, Paneth cells as shown by
46 the induction of lysozyme (LYZ), and enterocytes (characterized by expression of the
47 brush-border enzymes IAP and SI, villin, and Keratin 20(KRT20))(1, 2). For instance,
48 mitochondrial oxidative phosphorylation (OXPHOS) activity drives differentiation and crypt
49 formation by a mechanism that involves p38 activation through mitochondrial reactive
50 oxygen species (ROS) signaling, and the glycolytic phenotype mediated by glycolytic key
51 enzymes, including HK2, PFKF, in Paneth cells and increased OXPHOS in Lgr5⁺ (crypt base
52 columnar cells) CBCs are required in supporting both niche and stem cell function(3). In
53 addition, Gao et al have recently showed that liver kinase B1 (Lkb1)-regulated energy
54 metabolism not only exerts a crucial impact on cell survival, but also plays an important
55 role in cell fate determination(4).

56 All-trans Retinoic Acid (ATRA), the predominant natural metabolite of vitamin A derived
57 from animal and plant food sources, exhibited the protective effects in the intestinal
58 mucosa, including immunomodulatory and anti diarrheal effects(5). Vitamin A deficiency
59 has been shown to exacerbate intestinal injury in the rat model of IBD, leading to
60 colorectal cancer progression(6, 7), and the patients with IBD and short bowel syndrome
61 exhibited lower levels of vitamin A, indicating the critical role of vitamin A(8, 9). What's
62 more, ATRA cotreatment significantly counteracted IFN- γ -induced decrease in JAK/STAT1-
63 mediated (downregulated in adenoma) DRA expression, alleviating diarrhea in gut
64 inflammation(10), and the study also reported Vitamin A is required for T helper 2-
65 associated responses that are shared by immune responses to allergens and parasites(11-
66 13) and generally inhibits the development of M1 macrophage and THP-1 cells, leading to
67 reduce TNF, CCL3 and CCL4 level and modulate tissue remodeling(14, 15). In addition to
68 macrophages, Whether the involvement of IECs in ATRA-induced mucosal healing is
69 unknown in IBD.

70 The intestinal epithelium is a rapidly renewing tissue which plays central roles in
71 nutrient absorption, barrier function, defense against harmful microorganisms and lumen
72 content and the prevention of intestinal inflammation(16). Goblet cells is the primary
73 player in maintaining intestinal mucosal barrier, which is attributed to the mucus layers
74 secreted by goblet cells and contains commensal bacteria, constitutes the first line of
75 defense against pathogenic gut microbiota(17). The homeostasis of intestinal barrier is
76 based on a delicate regulation of epithelial metabolism and differentiation, which is closely
77 association with intestinal development(1, 2). impairment in intestinal epithelial integrity
78 and barrier function is associated with many diseases, which is a etiological factors of
79 inflammatory bowel disease (IBD) and other digestive tract diseases(18, 19). In this study,
80 the results from population investigation showed that the 88.4% of 2930 subjects have
81 the normal level of vitamin A level, much more attenuation is required to improve those
82 who lacks enough vitamin A. most importantly, we found that ATRA promoted intestinal
83 epithelial barrier function by inducing MUC2, not villin, expression in IECs, leading to
84 increase intestinal barrier function and decrease paracellular permeability, which is
85 attributed to attenuation of PFKP expression caused by ATRA stimulation, while
86 overexpression of PFKP in HT-29 cells overcame the effect of ATRA on MUC2 expression

87

88 **Materials and Methods**

89 **Reagents and antibody**

90 Vitamin A (R2625) and DMSO(D2650) were obtained from Sigma (St. Louis, MO, USA).
91 Culture medium and fetal bovine serum were purchased from life technologies. Trizol was
92 from invitrogen (Invitrogen, Thermo Fisher Scientific). All-in-one™ first-strand cDNA
93 synthesis kit and All-in-one™ qPCR mix were from Genecopoeia™ (FulenGen, Guangzhou,
94 China). Pierce BCA Protein Assay Kit were purchased from thermo fisher scientific, Villin
95 (ab201989), MUC2(ab272692) and PFKP(ab204131) were purchased from Abcam
96 (Cambridge, UK). alpha-tubulin(AC013) were purchased from Abclonal (Wuhan, China).
97 Other reagents used in this study were purchased from Sigma(St.Louis, MO, USA).

98 **Cell culture and treatment**

99 CaCO₂ and HT-29 cells were obtained from American Type Cell Collection(Manassas, VA),
100 cells were cultured in DMEM supplemented with 10% FBS. The cells were maintained at
101 37°C in a humidified 5% CO₂ incubator. Cells were stimulated with vitamin A as described
102 in the study(5), ATRA were dissolved in DMSO and stored at –80°C. plasmids were
103 purchased from addgene and transfected into cells with Hilymax (H357, Dojindo, Japan)
104 following the manufacturer's instructions.

105 **RNA extraction and quantitative real-time PCR**

106 Total RNA was collected and converted to cDNA using the All-in-one™ first-strand cDNA
107 synthesis kit and amplified by PCR using the All-in-one™ qPCR mix according to the
108 manufacturer's instructions. Primer sequences for PFKP and MUC2 were listed as followed:

Genes	Forwards (3'-5')	Reverse (3'-5')
<i>PFKP</i>	GGAGATTTCAAGATGCGGTT	GCAATTGGTCTTTGGGATCT
<i>MUC2</i>	GAAGGGAGTGACCATCATCG	TTAAAGCACCCAGGCTTGAT
<i>GAPDH</i>	TCACCACCATGGAGAAGGC	GCTAAGCAGTTGGTGGTGCA

109

110 **western blotting**

111 As described in study(20), the whole protein were collected in denaturing SDS sample
112 buffer and analyzed by western blotting, and transferred to a 0.22-μm nitrocellulose
113 transfer membrane. The membrane was blocked with 5% (w/v) milk in PBS/0.05% (v/v)
114 Tween-20 and incubated with the indicated antibody overnight at 4°C followed by
115 incubation with a horseradish peroxidase secondary antibody (Jackson ImmunoResearch)
116 for 1 h at room temperature. Proteins were detected using an enhanced
117 chemiluminescence (Perkin Elmer).

118 **Vitamin A level measurement**

119 The serum was collected from hospitalized patients or clinical lab, which were measured
120 by AB SCIEX Triple Quand™ 4500MD according the manufacturer's instruction.

121 **In vitro barrier function assessment.**

122 As described in Li et al study(21), briefly, CaCO₂ cells were seeded in the apical chamber
123 that bathed in the basal chamber with 1.0 ml DMEM complete medium for 21 days. Voltage

124 was measured daily using EVOM (WPI, Sarasota, FL, USA), which was multiplied by the
125 area of filter (1.12 cm²) to obtain the TEER in Ohm cm². DMEM complete medium in apical
126 and basal chamber was refreshed every day. The permeability of rhodamine-dextran
127 (Sigma) across the CaCO₂ cell monolayer was measured as previously described with
128 modifications. At 21 days, 1.0 mg/ml rhodamine -dextran was added on the apical side of
129 monolayers after washed twice with PBS. One milliliter cells in the basal chamber were
130 taken at indicated point and 1.0 ml pre-warmed fresh medium was added after each
131 sampling to replenish basal medium. The fluorescence emission at 520 nm was measured
132 with excitation at 490 nm using Synergy H1 microplate reader.

133 **Statistical analysis**

134 All analysis was conducted using GraphPad Prism V software. A P value < 0.05 was
135 considered statistically significant. Statistical differences among groups were determined
136 by Student's t-test and ANOVA in analysis mRNA or protein level.

137 **Results**

138 **ATRA enhances intestinal barrier function through promoting intestinal epithelial** 139 **differentiation**

140 To determine whether ATRA has a role in intestinal epithelial differentiation, we used
141 ATRA to incubate with Caco2 and HT-29 of intestinal epithelial cells. As shown in Fig.1A,
142 Caco2 cells were treated with 2uM and 4uM ATRA, respectively. Treatment with ATRA in
143 CaCO₂ cell led to a significant improvement in the epithelial barrier function as shown by
144 increased transepithelial electrical resistance (TEER) during a time course mirroring that
145 the normal period required to a complete a cycle of epithelial renewal, compared the
146 control group(0uM). In line with this, paracellular permeability of intestinal barrier function
147 were also measured by addition of rhodamine-dextran. The analysis of paracellular
148 permeability of rhodamine-dextran were decreased in various of time point (Fig.1B).
149 Interestingly, both changes of TEER and paracellular permeability were in dose-dependent
150 manner.

151 **ATRA contributes to induction of goblet cell marker muc2 expression**

152 The mucus layer in the intestine is mainly composed of mucin glycoproteins that are
153 secreted from intestinal goblet cells. The mucus layer acts as an intestinal barrier and
154 plays a critical role in preventing toxic molecules and pathogens from penetrating into the
155 intestinal mucosae, thus preventing intestinal inflammation(22). Destruction of the mucus
156 layer, secretion by intestinal goblet cells(23), causes severe intractable inflammatory
157 bowel diseases (IBDs), including Crohn's disease and ulcerative colitis(24).

158 We have further showed that treatment of HT-29 and CaCO₂ cells with ATRA at 2uM
159 and 4uM lead to increase the mRNA expression level of MUC2 (Fig.2A). consisted with this,
160 the protein level of MUC2 were also drastically enhanced in response to ATRA stimulation,
161 and statistic difference were quantified. However, further analysis showed that ATRA
162 treatment of IECs failed to alter villin expression, a differentiation marker of the
163 differentiation of enterocytes(25), indicating that goblet cells is a response cells in
164 response to ATRA stimulation. Taken together, these results suggested that ATRA is an
165 inducer of intestinal cell differentiation of goblet cells.

166 **ATRA induced MUC2 expression in PFKP-dependent way**

167 Previously, the study showed that HMGCS₂-mediated Ketogenesis contributes to intestinal
168 cell differentiation(1), FASN has been reported to modulate intestinal barrier function
169 through palmitoylation of MUC2(26), these finding suggested that metabolism
170 reprogramming is a critical event in regulating differentiation Interestingly, in this our
171 results showed that ATRA treatment in HT-29 and CaCO₂ cells led to a significant decrease
172 PFKP mRNA level in dose-dependent manner (Fig.3A), in line with this, the results from
173 western blotting and quantified results also confirmed the protein level of PFKP was
174 reduced in HT-29 and CaCO₂ cells treated with ATRA(Fig.3B-C). To further determine
175 whether PFKP, a limit key enzyme involved in glycolysis, involved in ATRA-induced
176 intestinal cell differentiation. We tried to detect MUC2 expression in HT-29 cells treated
177 with 2uM ATRA following by overexpression of PFKP. The results showed that ectopic
178 expression of FKPK in HT-29 cells significantly reversed the promoting effect of ATRA on
179 MUC2 expression (Fig.3D). Taken together, these findings suggested that ATRA-induced
180 MUC2 expression in PFKP manner.

181

182 **The characteristics of serum vitamin A level in population investigation**

183 The above results showed that ATRA induced intestinal epithelial cell differentiation in
184 PFKP-dependent way, implying the critical role of ATRA in intestinal development. To
185 further analysis the level of vitamin A in a total of 3315 subjects collected from Zhuhai
186 Center for Maternal and Child Health Care and detailed information listed in the
187 supplementary Materials, we found that 2930 (88.4%) cases was in the normal level
188 of vitamin A, while 341(10.3%) and 44(1.3%) were in the low and high level of vitamin
189 A, respectively(Fig.4A), and there is no difference between female and male in serum
190 vitamin A(Fig.4B). Further analysis showed that no significant difference between
191 female and male in those who are low level of serum vitamin A.

192 **Discussion**

193 Up to now, no direct available Reports on the function of ATRA in intestinal epithelial cells
194 differentiation. In this study, we further demonstrated a novel role of ATRA in cell
195 differentiation by regulating PFKP expression. we, for the first time, showed that ATRA
196 induced MUC2 expression, leading to improve intestinal barrier function characterized by
197 increased TEER, which attributed to decrease of PFKP expression. Thus, our results
198 provided novel insight to support an important role of ATRA as a promising assistant to
199 improve barrier function.

200 All-trans retinoic acid, which binds to RAR α , RAR β and RAR γ as a pan RAR agonist, has
201 shown to promote differentiation of various endodermal tissues, including lung, pancreas
202 and bladder and tissues consisting of squamous cells, such as skin and cornea [11, 12],
203 in several studies using human cells. In mouse models, retinoid acid signaling enhanced
204 the terminal differentiation and proliferation of esophageal progenitor cells [13, 14].
205 What's more, the levels of inflammatory factors were significantly reduced, while the
206 expression levels of claudin-1, occludin, and ZO-1 were increased, leading to increase
207 intestinal barrier function after the VA and RA treatments. Meanwhile, TEER was increased
208 and lipopolysaccharide-induced damage was reduced in CaCO₂ cell monolayers after RA

209 treatment both in vivo and in vitro(27). In addition, our results further showed that ATRA-
210 induced barrier function by inducing MUC2, not villin, expression. interestingly, goblet cells
211 is characterized by increased MUC2 expression in IECs(28), implying that ATRA primary
212 contributed goblet cells differentiation to improve intestinal barrier function.

213 mTORC1 signaling is well known to be a central regulator of intestinal function.
214 Inhibition of mTORC1 activity/expression could promote HMGCS2-induced CDX2
215 expression, leading to increase intestinal epithelial function(1), and tuberous sclerosis 2
216 (TSC2) positively regulates the expression of the goblet cell differentiation marker, MUC2,
217 in intestinal cells(29). Interestingly, ATRA dose-dependently reduced the phosphorylation
218 levels of mTOR and mTOR target proteins p70 S6 kinase (p70S6K) and 4E-binding protein
219 1 (4EBP1) in A7r5 and HASMC(30), leading to increase CDX2 expression and decrease
220 PFKP expression during intestinal epithelial cell differentiation(1). However, in addition to
221 mTORC1 signaling, the further work is required to address the mechanism by which ATRA-
222 mediated PFKP expression, and whether retinoic acid receptor (RAR), including RAR α ,
223 RAR β and/or RAR γ , involved in PFKP expression in response to ATRA stimulation.

224 The function of ATRA in intestinal function is gradually becoming more and more
225 important, based on the present findings, a total of 3315 subjects was enrolled in our
226 study to analyze the level of vitamin A, the detailed information were listed in
227 Supplementary Materials, the results showed that 2930(88.4%) subjects were in the
228 normal level of vitamin A(0.3-0.7), and 44(1.3%) were higher than normal. While there
229 are still 340 (10.3%) cases were found under normal level. These findings suggested that
230 alterations in vitamin A level is critical to induce different biological function in intestine
231 development. Further studies are warranted to elucidate the role of vitamin A-mediated
232 metabolism network in intestinal epithelial cells.

233 **Conclusion**

234 Collectively, the results demonstrated the critical function of ATRA, a metabolite of
235 vitamin A, in intestinal epithelial cell differentiation. replenishment of vitamin A is an
236 effective strategy to improve intestinal epithelial barrier function.

237 **Abbreviations**

238 **4EBP1**: 4E-binding protein 1; **ATRA**: All-trans Retinoic Acid; **CBCs**: crypt base columnar
239 cells; **CDX2**: Caudal type homeobox 2; **HK2**: hexokinase 2; **IECs**: intestinal epithelial
240 cells; **IAP**: Intestinal Alkaline phosphatase activity; **IBD**: inflammatory bowel disease;
241 **KRT20**: Keratin 20; **LKB1**:liver kinase B1; **LYZ**: lysozyme; **MPC**: mitochondrial pyruvate
242 carrier; **MUC2**: Muc2; **mTORC1**: mammalian target of rapamycin complex 1; **OXPHOS**:
243 oxidative phosphorylation; **PFKP**: Phosphofructokinase, platelet; **p70S6K**: p70 S6 kinase;
244 **RAR**: retinoic acid receptor **ROS**: reactive oxygen species; **SI**: sucrase-isomaltase; **TSC**:
245 tuberous sclerosis 2;

246 **Declarations**

247 **Ethics approval and consent to participate**

248 A total of 3914 were enrolled in this study upon the declaration of Helsinki as reflected in
249 a prior approval approved by Medical Ethics Committee for Clinical Ethical Review of
250 Zhuhai Center for Maternal and Child Health Care. Informed consent was given by the
251 caregiver of the child for clinical records used, which are not publicly available, however,
252 it could be available upon reasonable request.

253 **Consent for publication**

254 Not applicable

255 **Availability of data and material**

256 The datasets generated during and/or analyses during the current study are available from
257 the corresponding author on reasonable request.

258 **Competing interests**

259 The authors declare that they have no competing interests

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262 commercial, or not-for-profit sectors.

263 **Author contributions**

264 CQX and HYR conceived and designed the experiments, YWX, SYH, TL, HYS and HYR
265 performed experiments and analyzed data, YWX and CQX wrote the manuscript, and all
266 authors read and approved the final manuscript.

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269 **Supplementary material**

270 The detailed information of patients enrolled in the study.

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- 351

352 **Figure legends**

353 **Fig.1 ATRA improved intestinal barrier function. (A)** CaCO₂ cells of IECs were
354 digested and seeded in 12-transwell plate and treated with ATRA as indicated concentration
355 for 20 days, and TEER were measured every two-days and analyzed by One-way ANOVA,
356 n=3, ***P<0.001; **P<0.01. Error bars indicated s.d. **(B)** Rhodamine labelled dextran
357 paracellular intestinal epithelial permeability were performed at 28 days post incubation
358 and were detected at various of time points. One-way ANOVA analysis, n=3, **p<0.01;
359 Error bars indicated s.d.

360

361 **Fig.2 ATRA contributed MUC2 expression in IECs. (A)** Real time-PCR analysis of
362 MUC2 expression level in HT-29 and CaCO₂ cells with or without ATRA stimulation for 48
363 hours, respectively. The statistical difference was performed by one-way ANOVA analysis,
364 n=3, ***P<0.001; **P<0.01. Error bars indicated s.d. **(B) left panel:** HT-29 and CaCO₂
365 cells were treated with or with ATRA for 48 hours, and the total protein were collected and
366 analyzed indicated protein level. *Right panel:* the quantitation of MUC2 band in the western
367 blotting were analyzed. **(C)** the intensity of villin were quantified in HT-29 and CaCO₂ cells
368 in indicated group and analyzed, respectively.

369

370 **Fig.3 ATRA induced MUC2 expression in PFKP-dependent way. (A)** real-time PCR
371 analysis of PFKP in HT-29 and CaCO₂ cells treated with indicated concentration of ATRA.
372 **(B)** western blotting was performed to detect PFKP expression in HT-29 and CaCO₂ cell
373 in indicated group, and intensity band were quantified and analyzed the statistical
374 difference **(C)**. **(D)** western blotting was used to analyze MUC2 expression in indicated
375 group in HT-29 cells, and the protein level of MUC2 were quantified and analyzed.

376

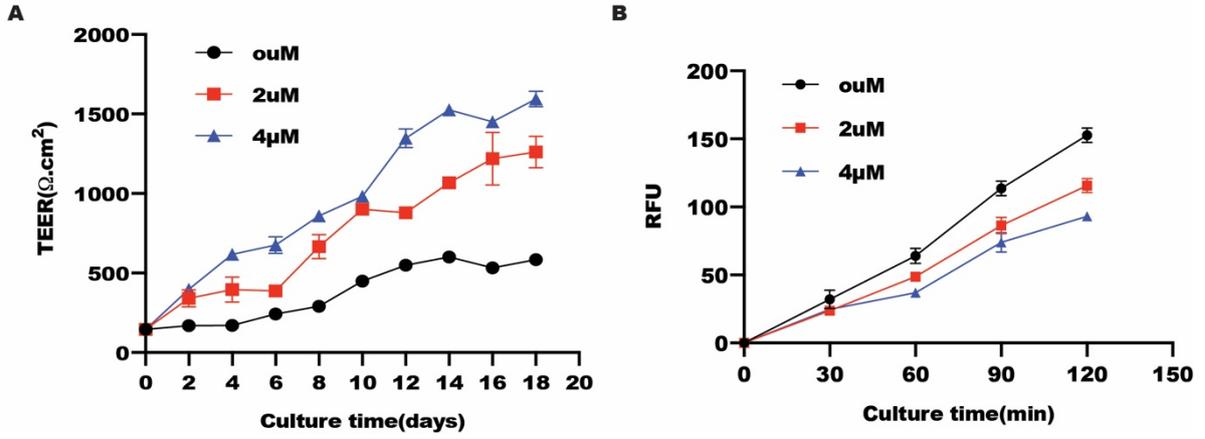
377 **Fig.4 Clinical characteristic of Vitamin A. (A)** the serum was collected to measure the
378 level of vitamin A upon Written informed consent given. **(B)** statistical analysis was

379 performed based on gender; **(C)** statistical difference were performed to analyze the
380 population of low vitamin A that marked red box in (A) up on gender.

381

382

Fig.1



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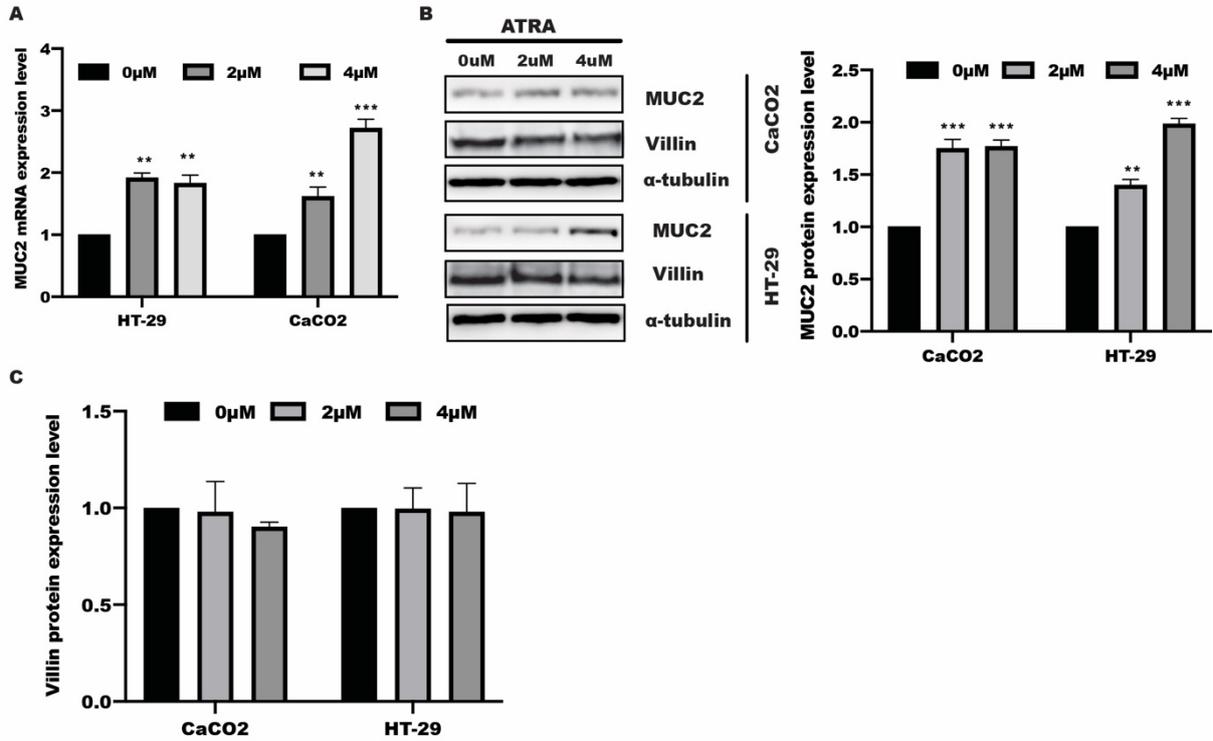
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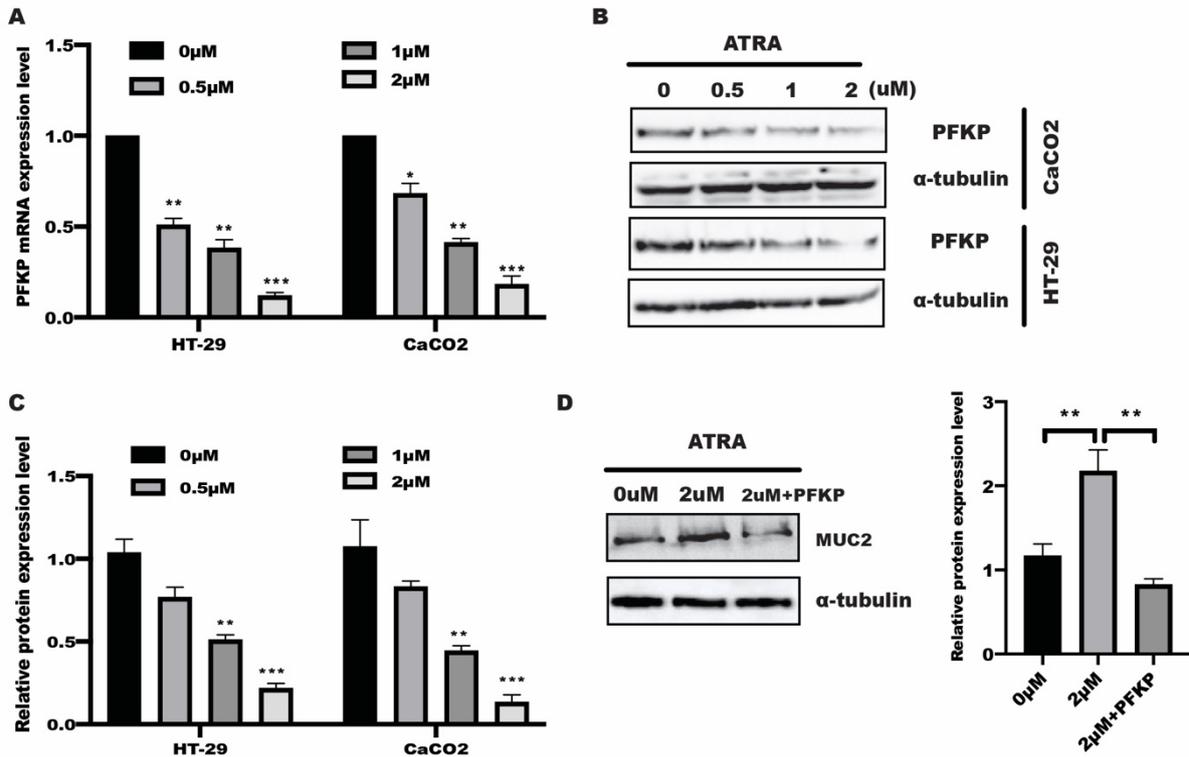
Fig.2



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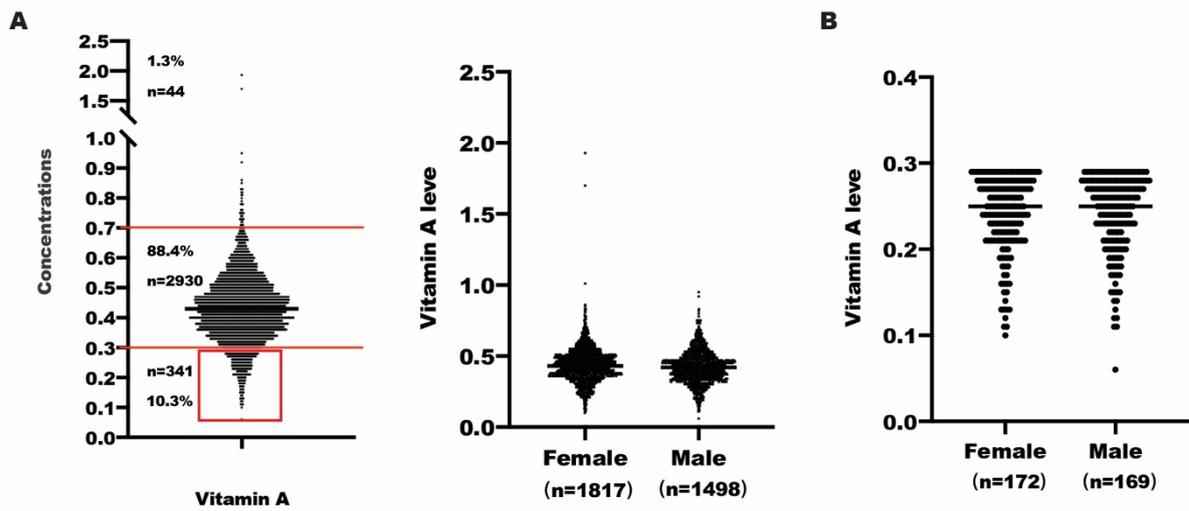
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Fig.3



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Fig.4



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Figures

Fig.1

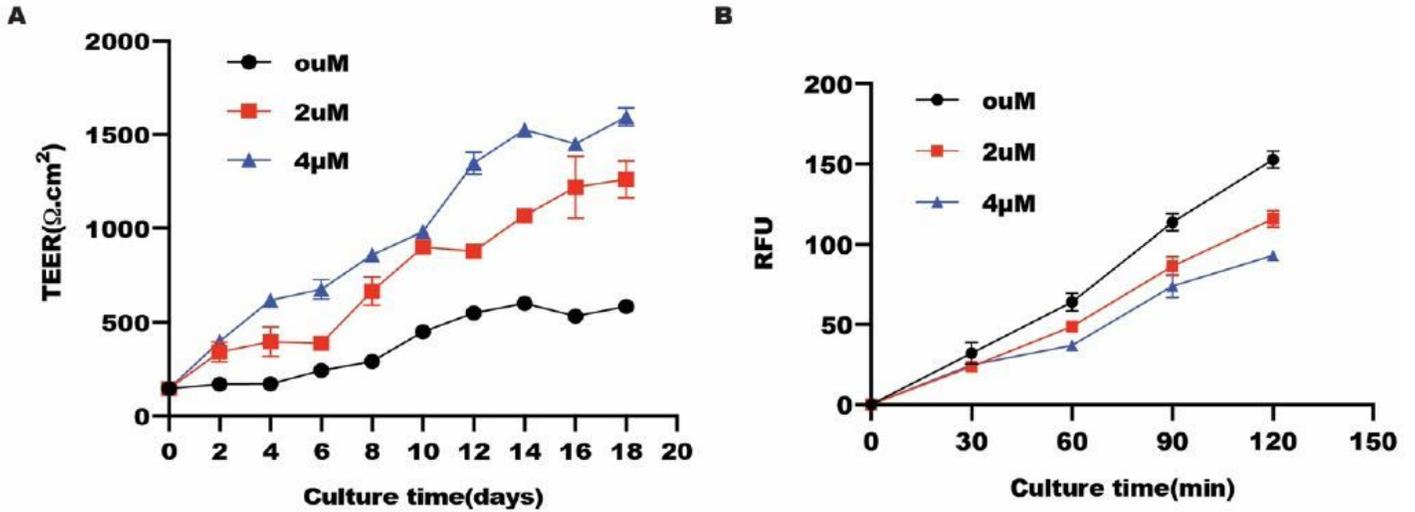


Figure 1

ATRA improved intestinal barrier function. (A) CaCO₂ cells of IECs were digested and seeded in 12-transwell plate and treated with ATRA as indicated concentration for 20 days, and TEER were measured every two-days and analyzed by One-way ANOVA, n=3, ***P<0.001; **P<0.01. Error bars indicated s.d. (B) Rhodamine labelled dextran paracellular intestinal epithelial permeability were performed at 28 days post incubation and were detected at various of time points. One-way ANOVA analysis, n=3, **p<0.01; Error bars indicated s.d.

Fig.2

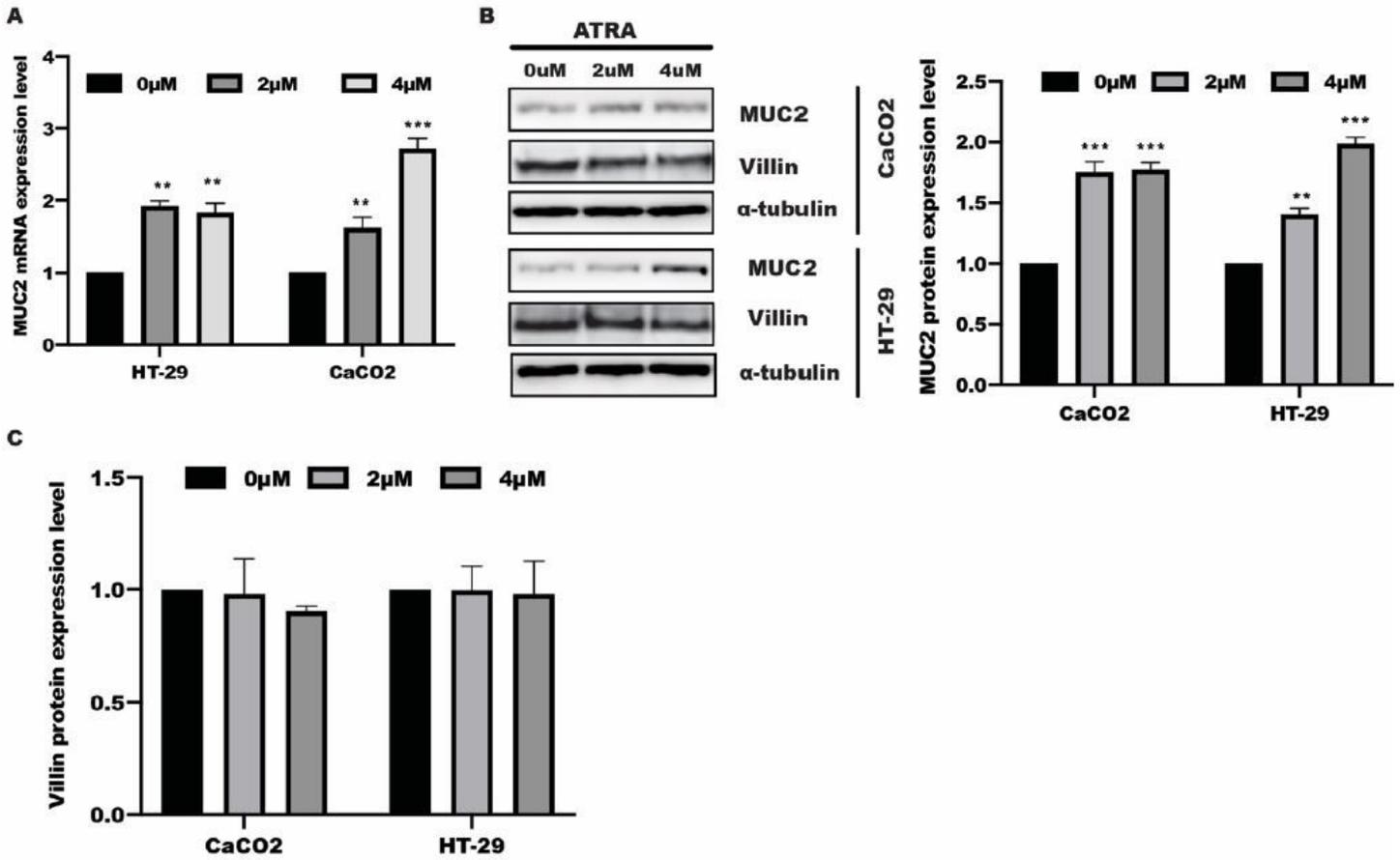


Figure 2

ATRA contributed MUC2 expression in IECs. (A) Real time-PCR analysis of MUC2 expression level in HT-29 and CaCO2 cells with or without ATRa stimulation for 48 hours, respectively. The statistical difference was performed by one-way ANOVA analysis, n=3, ***P<0.001; **P<0.01. Error bars indicated s.d. (B) left panel: HT-29 and CaCO2 cells were treated with or with ATRa for 48 hours, and the total protein were collected and analyzed indicated protein level. Right panel: the quantitation of MUC2 band in the western blotting were analyzed. (C) the intensity of villin were quantified in HT-29 and CaCO2 cells in indicated group and analyzed, respectively.

Fig.3

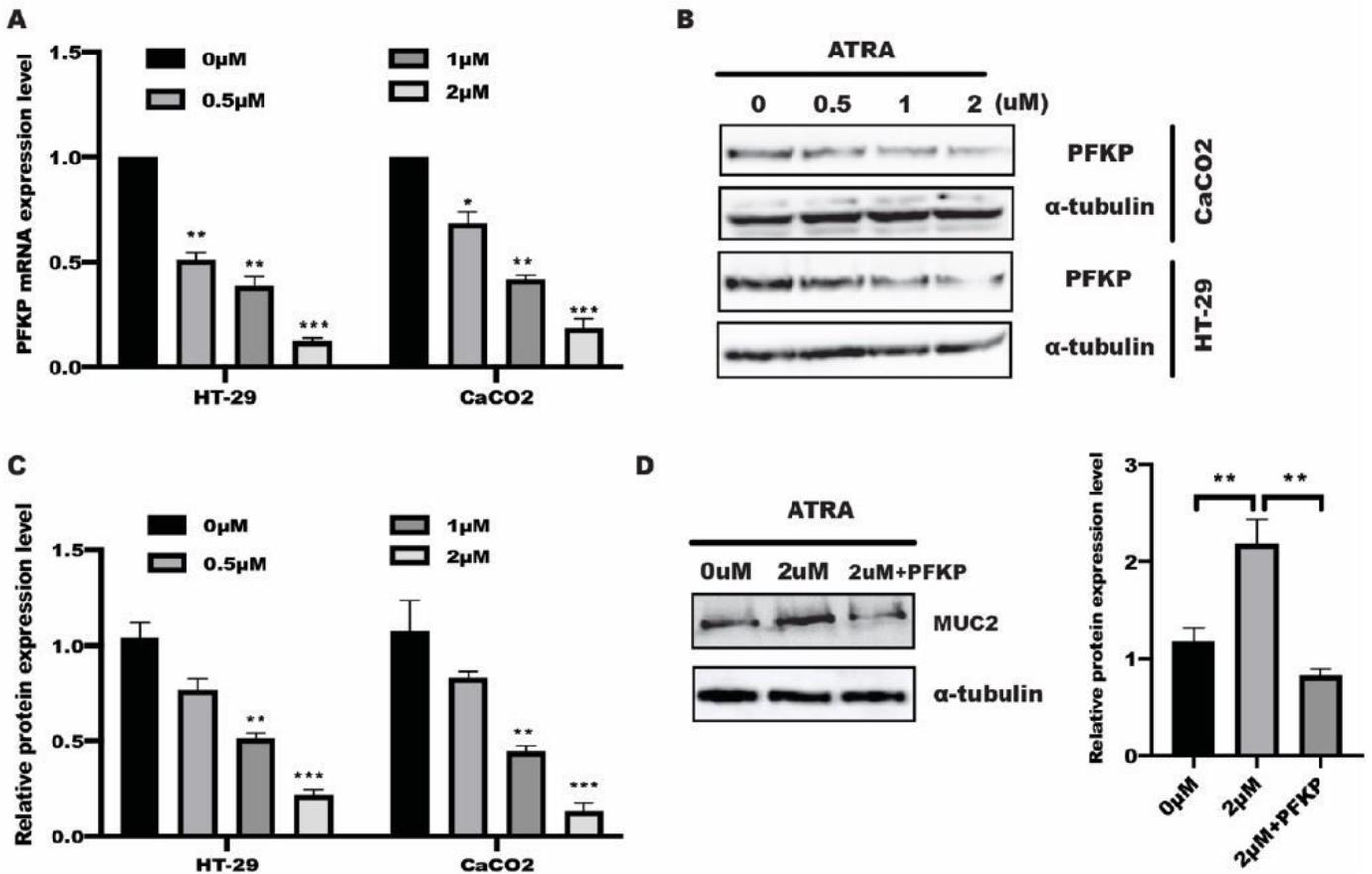


Figure 3

ATRA induced MUC2 expression in PFKP-dependent way. (A) real-time PCR analysis of PFKP in HT-29 and CaCO2 cells treated with indicated concentration of ATRA. (B) western blotting was performed to detect PFKP expression in HT-29 and CaCO2 cell in indicated group, and intensity band were quantified and analyzed the statistical difference (C). (D) western blotting was used to analyze MUC2 expression in indicated group in HT-29 cells, and the protein level of MUC2 were quantified and analyzed.

Fig.4

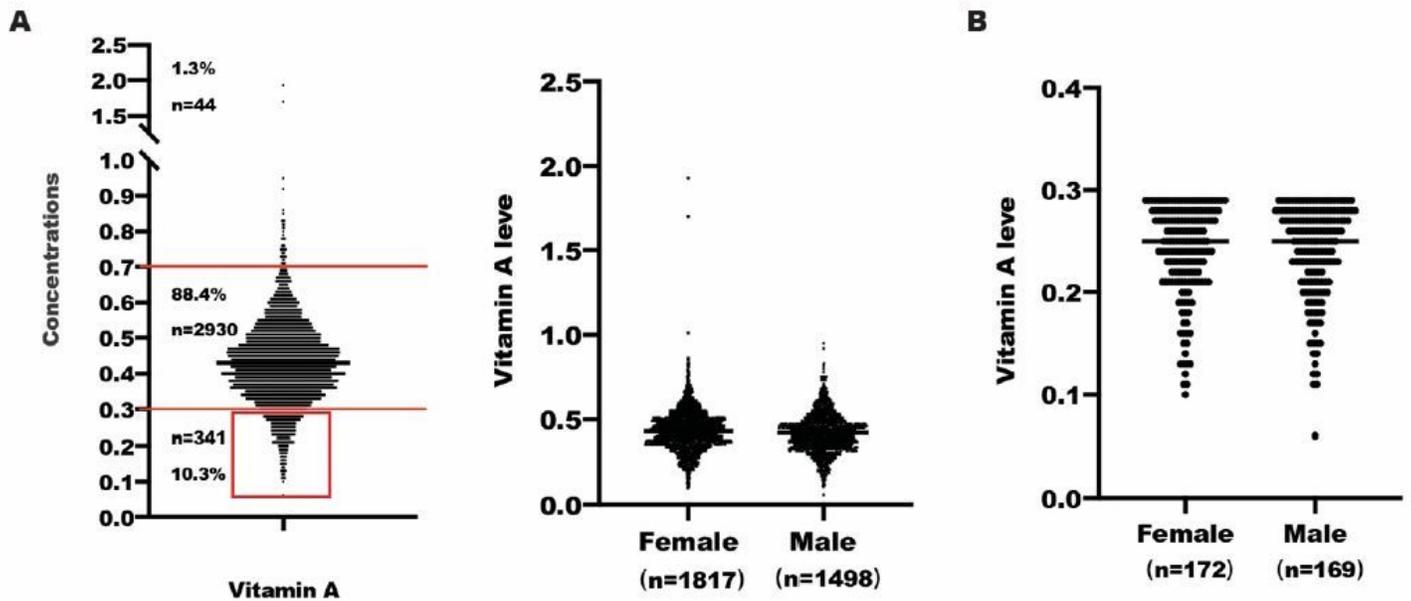


Figure 4

Clinical characteristic of Vitamin A. (A) the serum was collected to measure the level of vitamin A upon Written informed consent given. (B) statistical analysis was performed based on gender; (C) statistical difference were performed to analyze the population of low vitamin A that marked red box in (A) up on gender.

Supplementary Files

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- [SupplementaryMaterials.xlsx](#)