

# The additional use of methylene blue has a decatecholamination effect on the cardiac vasoplegia syndrome after cardiac surgery

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## Research article

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# Abstract

**Background:** Postoperative vasoplegia syndrome with minimal responsiveness to vasopressors is common after cardiac surgery. This syndrome is called cardiac vasoplegia syndrome (CVS). The CVS is caused by multiple factors. The basic therapy of CVS consists of high dose fluids and catecholamines. High dosage of catecholamines and fluids are associated with serious side effects. There is evidence that new therapeutic strategies can reduce the high dose of norepinephrine and mortality in CVS. In particular, the use of non-adrenergic vasopressors such as methylene blue can be beneficial.

**Methods:** We retrospectively analysed electronic records of 8716 adult cardiac surgery patients (November 2008 and December 2016). Data of medication, hemodynamic and outcome parameter were analysed for CVS until discharge. CVS was defined by postoperative onset  $\leq 24$  hours, reduced mean arterial pressure (MAP)  $< 60$  mmHg, a dose of norepinephrine  $\geq 0.8$  mg $\cdot$ h $^{-1}$  and increasing catecholamine, none ventricular dysfunction.

**Results:** We identify 513 patients with CVS. Perioperative risk factors were higher in patients treated with MB. Before methylene blue administration patients had a significant higher dose of norepinephrine. After administration of MB, the MAP increased. Norepinephrine could be reduced after administration of methylene blue. The MAP remained stable at the same level even after the norepinephrine reduction.

**Conclusions:** CVS patients has a severe systemic disease accompanied with remarkable operative stress and a high catecholamine requirement. Additive administration of methylene blue to standard therapy in the first 24 hours was accompanied by an increase of MAP followed by a decrease of vasopressor requirement. Early MB administration can be beneficial.

## Background

Postoperative hypotension is common in patients after cardiac surgery. The three major hemodynamic disorders after cardiac surgery are hypovolemia, vascular failure and heart failure. These three disorders are responsible for hypotension episodes which are associated with a worse of out come. Especially, vascular failure with minimal responsiveness to vasopressors for example (e.g.) norepinephrine, so called cardiac vasoplegia syndrome (CVS) is associated with an increased mortality.(1–3) Observational studies report a 5% – 50% incidence of vasoplegic syndrome in cardiac surgery with cardiopulmonary bypass .(1, 2, 4) The basic therapy of CVS is to administrate fluids and catecholamines (e.g. norepinephrine).(2) Catecholamines are associated with serious side effects such as an increased myocardial oxygen consumption, the development of arrhythmias or decrease of renal and visceral blood flow.(5) Also excessive administration of fluids is associated with side effects.(6) To reduce side effects therapy options with low levels of noreadrenalin would be needed.(7) Observational studies report methylene blue (MB) as a therapeutic alternative or adjuvant to the classic therapy of vasoplegia syndrome.(1) MB a non-catecholaminergic agent caused a statistically significant increase of the mean arterial pressure (MAP). This effect has no serious adverse events based on a meta-analysis on 5

randomized controlled trials.(8) MB reduce catecholamine stress in critical ill patients. This effect is called decatecholaminisation and may improve survival in CVS.(9, 10) Currently MB does not have any approved indications for the therapy of vasoplegia syndrome. The purpose of this study is to determine the incidence of CPB induced vasoplegia syndrome and describe practice of MB use at our cardiac surgery center. We hypothesized that administration of MB at ICU would reduce the risk of mortality in patients with CVS.

## Methods

This study was approved by the ethics committee of the University of Regensburg (AZ 15 101-0046). For this study hemodynamic records of the intensive care unit (ICU) data management system (PDMS, Metavision®, Tel Aviv, Israel) were used. We screened all adult patients between December 2008 and November 2016 for CVS after cardiac surgery. The cardiac vasoplegia syndrome was defined by criteria shown in table 1. Vasopressor medication (e.g. catecholamines, hydrocortisone and vasopressin), and outcome parameters were analysed until discharge.

Patients with multiple MB administrations, MB administration on ICU > 24 hours (h), pregnant patients, patients with sepsis or patients with insufficient or missing data were excluded for the study. Perioperative data were obtained from sources including anaesthesia records (Medlinq®, Hamburg, Germany), data from ICU (PDMS), as well as records, medical reports and quality management (QM) data from the hospital information system (SAP®, Walldorf, Germany). The period of observation ended with the discharge of the patient from the hospital. The data were collected in a standardized and anonymised format.

MB administration was set as time point 0 in the MB-group. Haemodynamic parameter and medications were documented at -3, -2, -1 hour (h) before MB administration and at 1, 2, 3, 4, 8, 12, 24, 48 and 72 h afterwards. For the non-MB-group, time point 0 is defined as 6 h after arrival on the ICU, corresponding to the mean time of MB administration after patient's admission on the ICU in the MB-group.

The data were analysed with SPSS (IBM Corp., Armonk, USA, version 23) by applying Pearson's chi-squared test or t-tests. A p-value of < 0.05 was considered to be statistically significant. All data in the text, tables and figures are specified as percent (%), mean and standard deviation (SD) or standard error of mean (SEM).

## Results

From December 2008 to November 2016, we performed 8716 cardiopulmonary bypasses (CPB) in our department. Using the definition of vasoplegia syndrome in table 1 a total of 710 patients had a vasoplegia syndrome (figure 1). Based on our study population 8.15% of the patients developed a vasoplegia syndrome. 113 patients with insufficient or missing data were excluded from further analysis. Of the remaining 597 patients with vasoplegia syndrome we identified 84 as septic vasoplegia

syndrome. These 84 patients with septic vasoplegia syndrome were excluded from further analysis. After excluding the 84 patients with septic vasoplegia syndrome, 513 patients with complete data sets fulfilled our criteria for cardiac vasoplegic syndrome. This corresponds to 5.86 % of all patients after cardiac surgery. Of these 513 patients 311 (60.23 %) had received MB in the first 24 hours after admission on ICU (MB-group). The remaining 202 patients had no administration of MB (non-MB-group). Demographic and intraoperative data of the MB-group and the Non-MB-group are provided in table 3 and table 4. Compared to non-MB group patients in the MB group had significantly more comorbidities and perioperative complications, e.g. kidney failure, acute myocardial infarction, emergency surgery, previous cardiac surgery events, prolonged CBP time, etc. In the MB-group patients had a mean continuous infusion rate of  $1.2 \pm 0.61 \text{ mg}\cdot\text{h}^{-1}$  (mean  $\pm$  SD) norepinephrine before administration of MB. In the non-MB-group mean continuous infusion rate of norepinephrine was  $0.64 \pm 0.51 \text{ mg}\cdot\text{h}^{-1}$  (mean  $\pm$  SD). The continuous infusion rate of norepinephrine was significantly higher in the MB group compared to the non-MB group at time 0 ( $p < 0.05$ ) (figure 2). Mean arterial pressure (MAP) was significantly lower in the MB-group before MB administration compared to the non-MB-group ( $p < 0.05$ ) (figure 3). Additional vasopressors such as epinephrine, vasopressin and hydrocortison were administered significantly more in the MB group ( $p < 0.001$ ) table 5. Extended hemodynamic monitoring was used significantly more frequently in the MB group than in the non-MB group. Transesophageal echocardiography was performed significantly more frequently in the MB group (160 patients, 53 %) compared to the non-MB group (51 patients, 25 %) ( $p < 0.001$ ). Swan-Ganz-catheter (PAC) were performed 182 times (61 %) in the MB-group and in 38 times (19 %) in the non-MB-group ( $p < 0.001$ ). Pulse contour cardiac output (PICCO) was only performed in the MB-group 5 (2 %). Mean central venous saturation ( $\text{ScvO}_2$ ) in the MB-group  $66 \pm 24\%$  was not significant (n.s.) different compared to non-MB  $65 \pm 70\%$ . Cardiac index (CI) was n.s. different MB ( $3.3 \pm 1.0 \text{ L}/\text{min}/\text{m}^2$ ) vs. non-MB ( $3.4 \pm 1.0 \text{ L}/\text{min}/\text{m}^2$ ) (mean  $\pm$  SD). MB was administered  $6.4 \pm 5.2$  (mean  $\pm$  SD) hours after admission on ICU, with a dose of  $174 \pm 56 \text{ mg}$  (milligram) (mean  $\pm$  SD). This refers to approximately  $2.0 \text{ mg}\cdot\text{kg}^{-1}$  body weight. In 11% of all cases MB was given as a bolus. In 89 % MB was continuously administered with an infusion pump over  $51 \pm 28 \text{ min}$  (mean  $\pm$  SD). The MAP increased significantly after the additional administration of methylene blue to standard therapy from  $65 \pm 0.5$  (mean  $\pm$  SEM) at time point -1 to  $71 \pm 0.5$  (mean  $\pm$  SEM) at time point 2 ( $p < 0.05$ ). Compared to time point -3, -2, -1 and 0 the MAP increase in the MB-group at time point 1 significant ( $p < 0.05$ ) (figure 3). The MAP level of the MB and non-MB groups no longer differed significantly from time 1 to the end of the observation period. The continuous norepinephrine infusion rate declined from time point 1 with constant hemodynamics and MAP values. The continuous norepinephrine infusion rate of the non-MB group was significantly lower at all times compared to the MB group. The 30-day mortality was significantly higher in the MB group compared to the non-MB group ( $p < 0.001$ ). The rate of organ failure ( $p < 0.001$ ) and ventilation days were also significantly higher ( $p < 0.001$ ) in the MB group.

## Discussion

To our knowledge, this retrospective study is the study with the highest number of patients treated with MB in cardiac vasoplegia syndrome (CVS). The vasoplegia syndrome after cardiac surgery is an

independent mortality factor in cardiac surgery patients.(3) The cardiac vasoplegia syndrome is caused by multiple factors.(2, 11) There are currently no generally valid definition criteria for the cardiac vasoplegia syndrome.(12) For this reason, the incidence for CVS varies in a range from 5% to 50% in literature. (2, 4) Van Vesse et al. observed an incidence of 29% of vasoplegia syndrome in their study. (4) With our vasoplegic criteria we identified an all over incidence of 8,15 % (710 of 8716) for general vasoplegia syndrome. Excluding septic causes of vasoplegia syndrome and incomplete data sets the incidence of CVS in our study population is 5,88% (513 of 8716). This incidence is comparable to some other studies investigating CVS. (13, 11) Typical risk factors for vasoplegia syndrome CBP can also be found in our study. (2, 4, 11)

The first mention of positive haemodynamic effect caused by MB in cardiac surgery was from the colleagues of Andrade using  $1.5 \text{ mg} \cdot \text{kg}^{-1}$  in 6 patients with an increase of SVRI from 868 to 1693  $\text{dyn} \cdot \text{s} \cdot \text{cm}^{-5} \cdot \text{m}^{-2}$ . (14) Further studies showed for MB different haemodynamic effects, which may be attributable to differences in the time point of administration at various levels of norepinephrine or other vasoconstrictors in different situations.(2, 5, 15, 16) the administration of MB is a possibility to reduce catecholaminergic stress in critical ill patients. This type of therapy is not new and called as decatecholaminisation.(8)

Some side effects are described for MB administration. These side effects can be divided in small (dizziness) and severe side effects such as a constriction of the mesenteric bed and resulting mesenteric ischemia. Severe MB side effects can have an influence on mortality in CVS.(3, 17) The mean dose of MB in our study was  $2.0 \text{ mg} \cdot \text{kg}^{-1}$ . This dosage corresponds to those in other studies and is described as a safe standard dosage.(18) In our study, a small group of twelve patients received an unintentional higher dosage of methylene blue ( $4.5 \text{ mg} \cdot \text{kg}^{-1}$  -  $5.5 \text{ mg} \cdot \text{kg}^{-1}$ ). Neither the standard dose group ( $< 2.0 \text{ mg} \cdot \text{kg}^{-1}$ ) nor the maximum dose group ( $4.5 \text{ mg} \cdot \text{kg}^{-1}$  -  $5.5 \text{ mg} \cdot \text{kg}^{-1}$ ) experienced any small or serious side effects. Simple side effects like dizziness might be underestimated as all patients were intubated and sedated at MB administration.

In our study a significant increase of 5 mmHg MAP after MB administration can be detected (figure 3). MB administration was followed by a decrease of vasopressor requirement (figure 2). These findings are comparable to other studies describing the catecholamine reducing effect of additional MB therapy in cardiac vasoplegia syndrome. Surprisingly, the by Mehaffey reported reduction of mortality after MB in cardiac vasoplegia syndrome was not identified in this study.(13) The mortality rate in the MB-group was twice as high as in the Non-MB-group (18 % vs. 5 %,  $p < 0.001$ ). These different findings are explainable by the type of our study design. The purpose of this study was to determine the incidence of CVS and to describe practice MB use in our cardiac surgery center. Because of that we performed the study as a retrospective analysis. Because MB administration is an established therapy at our center for severe CVS, the two CVS groups we have formed retrospectively (MB and non MB) are not completely comparable. Comparing MB and non MB groups in noradrenaline dosage course and the MAP course (figure 2 and figure 3) a lower vasopressor requirement and higher MAP in the non MB group can be

detected. Also classical risk factors for vasoplegia syndrome like comorbidities and cardiac surgery typical risk factors like long CBP durations were significantly more frequent in the MB-group (table 3-4). This indicating that the patients in the MB group were more at risk and in worse conditions as well. Primarily it can now be said that the non MB group in our study had no vasoplegia. The very broad incidence rate of 5-50% in the literature and the lack of a general definition of the vasoplegic syndrome indicate that there are several degrees of vasoplegia. (19, 1, 20) If this knowledge is taken as the basis, the patients in the MB group would have a more severe course of the vasoplegia syndrome. The worse outcome of these patients who were treated with MB can therefore be explained by their serious illness compared to the control group non MB.

Not only the severity but also the duration of a vasoplegia influence the outcome. For example, Gomes et al. showed that a high mortality of 25 % is associated with a vasoplegic syndrome lasting > 36-48 h.(15) In our study with a mortality of 18%, MB was administered early after admission on ICU. After that norepinephrine decreases during the first 24 hours to a level below  $0.8 \text{ mg}\cdot\text{h}^{-1}$  (figure 2). Within the first hour after MB administration, MAP increased in treated patients while vasopressor requirement decreased (figure 3).

Some other studies demonstrate that MB approach to the treatment of severe vasoplegic syndrome resulted in an operative mortality rate of 21.2% compared to 44% previously reported. (19, 21) The reduction of mortality of CVS to around 20% is comparable to mortality of the severe CVS in the MB-group in our study. Mehaffey et al demonstrate that not only the administration but even the timing of the MB administration is important to produce a beneficial effect on mortality. In these study Mehaffey show that MB administration during operation reduced incidence of postoperative renal failure and operative mortality compared to administration at ICU (10.4 vs 28.6%) (13) Other studies show that a preoperative MB administration in patients with a high risk for vasoplegic syndrome during cardiac surgery was associated with no vasoplegic syndrome in the MB-treated group, whereas in the control-group the incidence was 26 %, and only in the control-group patients deceased.(18) It could be assumed that the therapeutic regime with MB as "on-top"-medication in high-risk patients is reasonable, and may account to some degree to a reduced total mortality. The therapy of vasoplegia syndrome is like therapy the sepsis hit hard hit early. Therefore, early administration of MB is beneficial. (13, 19)

This study has a couple of limitations. First of all, there is no standard definition of the vasoplegia syndrome and therefore it differs between studies. For example, Ozal et al. defined it mainly through surrogate parameters as  $\text{MAP} < 50 \text{ mmHg}$ ,  $\text{cardiac index} > 2.5 \text{ L}\cdot\text{min}^{-1}\cdot\text{m}^{-2}$ ,  $\text{right atrial pressure} < 5 \text{ mmHg}$ ,  $\text{left atrial pressure} < 10 \text{ mmHg}$  and  $\text{reduced SVR} < 800 \text{ dyn}\cdot\text{s}^{-1}\cdot\text{cm}^{-5}$  throughout i.v. infusion of norepinephrine ( $\geq 0.5 \text{ }\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ ).<sup>15</sup> In contrast, Weiner et al., defined it through a high dependency of catecholamines, here  $\text{norepinephrine} > 0.2 \text{ }\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$  and  $\text{vasopressin} > 2 \text{ I.E.}\cdot\text{h}^{-1}$ . (22) Therefore, a comparison of the results of each study has to be done carefully. In our study, we have a mixture of both: at the time of MB administration vasoplegic patients showed a  $\text{MAP} > 60 \text{ mmHg}$ ,  $\text{norepinephrine}$  of  $1.2 \pm 0.6 \text{ mg}\cdot\text{h}^{-1}$ , and a  $\text{SVR} > 800 \text{ dyn}\cdot\text{s}^{-1}\cdot\text{cm}^{-5}$ . While our norepinephrine dosing correlates with those

defined in the other studies, the MAPs and SVRs in the study at hand were higher than in other studies. (23) This may be due to a fast and close therapeutic response to a blood pressure drop. (14) Apparently, in our study there is a markedly ramping of norepinephrine in the first hours after admission (exaltation of  $0.1 \text{ mg}\cdot\text{h}^{-1}$  in at least 3 consecutive steps), which – in our view – characterises very unique the clinical catecholamine refractory vasoplegia situation leading to the MB administration. An additional dosage recalculation into common  $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$  didn't not effect proposition from our clinically practiced dosage in  $\text{mg}\cdot\text{h}^{-1}$ .

Second, one primary intention was to find a comparable non-MB-group (without MB administration) serving as control group. However, the retrospective analysis clarified that the non-MB-group is not a real control. Tables 1 and 2 show that the patients in the MB-group had a higher ASA-Class, had more urgent operations, showed more cardiac insufficiency, had a higher norepinephrine dose before and after the operation, had a longer CPB and ischemia time, and had an elevated need for mechanical cardiac support. Furthermore, as we pointed out, it seems that the Non-MB-group was probably not vasoplegic. Therefore, it is not surprising that morbidity and mortality in the MB-group was higher than in the Non-MB-group.

## Conclusions

Vasoplegic patients had a significant severe systemic disease accompanied with marked operative stress and a high requirement of catecholamines. Additive administration of MB to standard therapy during the first hours after admission on the ICU was accompanied by an increase in blood pressure followed by a decrease vasopressor requirement. An early administration of MB (during operation) in vasoplegia syndrome may be more effective. Further prospective and randomized studies are necessary.

## Declarations

### Ethics Approval and consent to participate

The study "Additional use of methylene blue has a positive effect on vasoplegic syndrome after cardiac surgery was approved" by the ethics committee of the University of Regensburg before the start of data collection. The study "Additional use of methylene blue has a positive effect on vasoplegic syndrome after cardiac surgery was approved" is carried out under the ethics committee reference number "AZ 15 101-0046".

### Consent for Publication

Not applicable.

### Availability of supporting data.

Not applicable.

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### **Authors' contributions.**

Walter Petermichl, York A. Zausig and Bernhard M. Graf conceived of the presented idea. Walter Petermichl, Michael Gruber, Ina Schoeller and Kwahle Allouch developed the theory and performed the computations. Walter Petermichl wrote the manuscript with support from York A. Zausig and Michael Gruber. York A. Zausig supervised the project. All authors discussed the results and contributed to the final manuscript.

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### **Competing interest statement:**

This study in was performed using departmental research funding. In addition an unrelated grant was given to the Department of Anaesthesiology University Hospital Regensburg by Provepharm SAS. 22 rue Marc Donadille. F-13013 Marseille. France. It is not linked to any influence on study design, performance or manuscript approval by the company.

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### **Submission declaration:**

The authors declare that they agree with and are responsible for the data presented in this study. This manuscript has not been published and is not under consideration for publication elsewhere.

## **Abbreviations**

CI	cardiac index
CPB	cardiopulmonary bypass
CVS	cardiac vasoplegia syndrome
e.g.	“exempli gratia” means for example
ICU	intensive care unit
h	hour
L/min/m <sup>2</sup>	liter per minute per square meter
MAP	mean arterial pressure
MB	methylene blue
mmHg	millimeter quicksilver
mg	milligram
mg*h <sup>-1</sup>	milligram per hour
mg*kg <sup>-1</sup>	milligram per kilogram
PICCO	pulse contour cardiac output
PAC	Swan-Ganz-catheter
QM	quality management
ScvO <sub>2</sub>	central venous saturation
SD	standard deviation
SEM	standard error of mean
SVR	systemic vascular resistance
SVRI	systemic vascular resistance index

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## Tables

**Table 1: criteria of vasoplegic syndrome**

<b>Perioperative vasoplegic syndrome</b>
<ul style="list-style-type: none"> <li>· Vasoplegic syndrome <math>\leq</math> 24 h after arrival on ICU</li> <li>· Mean arterial pressure (MAP) <math>\leq</math> 60 mmHg over 2 h or</li> <li>· MAP 60 mmHg &amp; concurrent increase of norepinephrine</li> <li>· Non ventricular dysfunction</li> <li>· Non Hypovolaemia</li> <li>· Cardiac index <math>&gt;</math> 2.5 L/min/m<sup>2</sup> (if available)</li> </ul>

*MAP: mean arterial pressure; ICU: Intensive care unit*

**Table 2: Determination criteria for methylene blue (MB) group and non-methylene blue (non-MB) group**

<b>MB-group</b>	<b>Non-MB-group</b>
<ul style="list-style-type: none"> <li>· Single MB administration on ICU</li> <li>· MB administration on ICU <math>\leq</math> 24 h after arrival</li> </ul>	<ul style="list-style-type: none"> <li>· No MB administration on ICU</li> <li>· Norepinephrine at least once <math>\geq</math> 0.8 mg/h on ICU <math>\leq</math> 24 h</li> </ul>

*MB: Methylene blue; ICU: Intensive care unit*

**Table 3: Demographic data**

		<b>MB-group</b>	<b>Non-MB-group</b>	<b>p-value</b>
		<b>n = 311</b>	<b>n =202</b>	
<b>Age [yrs]</b>		65.7 ± 12.0	65.8 ± 11.4	n.s.
<b>Male gender</b>		243 [78]	163 [81]	n.s.
<b>BMI [kg/m<sup>2</sup>]</b>		31.7 ± 57.8	27.7 ± 6.5	n.s.
<b>ASA</b>	<b>1-2</b>	5 [2]	8 [4]	0.001
	<b>3</b>	136 [46]	122 [60]	
	<b>4</b>	138 [47]	67 [33]	
	<b>5</b>	12 [4]	1 [1]	
<b>Nicotine abuses</b>		94 [32]	71 [35]	n.s.
<b>Coronary heart disease</b>		191 [65]	144 [71]	n.s.
<b>with stent</b>		22 [7]	11 [5]	n.s.
<b>Angina pectoris</b>		67 [23]	79 [39]	0.001
<b>Former myocardial infarction</b>		81 [27]	35 [17]	0.009
<b>NYHA</b>	<b>1</b>	1 [0.3]	0	0.014
	<b>2</b>	15 [5]	7 [4]	
	<b>3</b>	162 [56]	143 [71]	
	<b>4</b>	106 [36]	47 [23]	
<b>Left ventricular ejectionsfraction [%]</b>		47.5 ± 18.8	45.8 ± 17.	n.s.
<b>Pacemaker</b>		23 [8]	13 [6]	n.s.
<b>Hypertension</b>		203 [69]	147 [75]	n.s.
<b>peripheral arterial disease</b>		47 [16]	36 [18]	n.s.
<b>with stent</b>		25 [8]	17 [8]	n.s.
<b>Pulmonary hypertension</b>		30 [10]	16 [8]	n.s.
<b>Renal failure</b>	<b>GFR &gt;89 ml/min</b>	35 [11]	42 [21]	0.004
	<b>GFR 60-89</b>	64 [21]	58 [29]	
	<b>GFR 30-59</b>	59 [19]	38 [19]	
	<b>GFR &lt;30</b>	29 [9]	9 [5]	
	<b>Dialysis</b>	1 [0.3]	0	
<b>Cerebrovascular events</b>		20 [7]	6 [3]	n.s.

Allergy	54 [18]	39 [19]	n.s.
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*BM: Body Mass Index; ASA: American Society of Anesthesiologists; NYHA: New York Heart Association  
GFR: glomerular filtration rate; All data are presented as number [%] or mean +/- SD. n.s.: not significant.*

**Table 4: Intraoperative Data**

		<b>MB-group</b> n = 311	<b>Non-MB-group</b> n= 202	<b>p</b> <b>Value</b>
<b>Emergency operation</b>		137 [44]	60 [30]	0.002
<b>Surgery type</b>	CABG	135 [46]	111 [55]	n.s.
	Valve	54 [18]	29 [14]	
	CABG+VALVE	47 [17]	19 [9]	
	Aorta	5 [2]	1 [1]	
	VAD	10 [3]	1 [1]	n.s.
	Others	53 [18]	42 [21]	
<b>with CBP</b>		273 [88]	172 [85]	n.s.
<b>Former non-cardiac &amp; cardiac surgery</b>		98 [32]	32[16]	0.001
<b>CBP time [min]</b>		119 ± 68	102 ± 62	0.006
<b>Cross-clamp time [min]</b>		77 ± 49	64 ± 43	0.003
<b>Hypothermia</b>		24 [8]	8 [4]	n.s.
<b>CPR</b>		51 [17]	26 [13]	n.s.
<b>ECMO</b>		20 [7]	3 [2]	0.022
<b>ECMO [min]</b>		39 ± 51	0	n.s.
<b>IABP</b>		30 [10]	7 [4]	0.035
<b>MAP [mmHg]</b>	Pre induction	87 ± 18	90 ± 15	n.s.
	After induction	78 ± 13	80 ± 11	n.s.
	Postoperative in OR	68 ± 15	69 ± 16	n.s.
<b>Heart rate [1/min]</b>	Pre induction	79 ± 21	78 ± 17	n.s.
	After induction	74 ± 21	71 ± 17	n.s.
	Postoperative in OR	98 ± 20	96 ± 19	n.s.
<b>Diuresis [ml]</b>		812 ± 608	881 ± 627	n.s.
<b>Norepinephrine [mg/h]</b>	after CBP	0.49 ± 0.8	0.33 ± 0.4	0.004
	before CPB	0.57 ± 0.5	0.72 ± 0.9	0.032
<b>Dobutamine [mg/h]</b>	after CBP	4.8 ± 7.5	3.6 ± 6.3	n.s.
	before CPB	6.9 ± 9.3	8.3 ± 9.1	n.s.

<b>Epinephrine [mg/h]</b>	after CBP	0.11 ± 0.5	0.03 ± 0.2	0.007
	before CPB	0.31 ± 0.3	0.21 ± 0.3	0.001
<b>Vasopressin [I.E./h]</b>	after CBP	0.03 ± 0.5	0.01 ± 0.1	n.s.
	before CPB	0.31 ± 2.1	0.07 ± 0.4	n.s.
<b>Hydrocortison</b>	Bolus [mg]	73 ± 44	96 ± 15	n.s.
	Continues [mg/h]	13 ± 21	65 ± 60	n.s.
<b>Blood products</b>	Erythrocytes	2.2 ± 2.6	1.4 ± 2.1	0.001
	Fresh frozen plasma	2.1 ± 3.9	1.0 ± 2.5	0.001
	Thrombocytes Cellsaver-blood [ml]	1.0 ± 1.4	0.7 ± 1.0	0.002
	PPSB [I.E.]	389 ± 742	289 ± 443	n.s.
	Minirin [µg]	1088 ± 1867	873 ± 1547	n.s.
		9.7 ± 36.6	5.9 ± 11.3	n.s.
<b>Fluids [ml]</b>	Crystalloids	1286 ± 959	1886 ± 1955	0.001
	Colloids	449 ± 458	386 ± 445	n.s.

*CAPG: coronary artery bypass grafting; VAD: Ventric ular assist device; CPB: cardiopulmonary bypass; CPR: Cardiopulmonal resuscitation; ECMO: extracorporal membran oxygenation; CPB: cardiopulmonary bypass; IABP: intra aortic balloon pump; MAP: mean arterial pressure; OR: operation room; All data are presented as number [%] or mean +/- SD. n.s.: not significant.*

**Table 5: Additional vasopressor administration**

	<b>MB-group</b>	<b>Non-MB-group</b>	<b>p Value</b>
	<b>n =</b>	<b>n =</b>	
<b>Epinephrine</b>	254	115	0.001
<b>Vassopressin</b>	40	6	0.001
<b>Hydrocortisone</b>	244	34	0.001

Additional vasopressor administration in MB and non-MB-group at time point 0.

**Table 6: Outcome data**

	<b>MB-group</b> <b>n = 311</b>	<b>Non-MB-group</b> <b>n = 202</b>	<b>p Value</b>
<b>30-day-Mortality</b>	57 [18]	10 [5]	0.001
<b>Stay on</b>			
ICU [d]	26 ± 29	16 ± 16	0.001
IMC [d]	15 ± 18	6 ± 8	0.001
GW [d]	6 ± 19	4 ± 7	n.s.
<b>Renal failure</b>	130 [42]	30 [15]	0.001
<b>Renal replacement therapy</b>	149 [48]	34 [17]	0.001
<b>Respiratory failure</b>	81 [27]	6 [3]	0.001
<b>Liver failure</b>	22 [7]	4 [2]	0.007
<b>First defecation [d]</b>	3.6 ± 2.2	2.3 ± 1.8	0.001
<b>Cerebrovascular events</b>	44 [15]	10 [5]	0.001
<b>Multi organ failure</b>	40 [13]	8 [4]	0.001
<b>Sepsis</b>	26 [9]	9 [45]	n.s.
<b>TISS10</b>	172	163	
ADM	23.2 ± 8.7	20.1 ± 6.9	0.001
MAXIMUM	30.2 ± 6.8	24.2 ± 6.6	0.001
<b>SAPSII</b>	140	163	
ADM	24.19 ± 13.62	21.91 ± 12.13	n.s.
MAXIMUM	35.52 ± 17.85	46.18 ± 252.34	n.s.
<b>Ventilation time [h]</b>	246 ± 900	60 ± 101	0.001
<b>Vasopressor-free days on ICU [d]</b>	12.3 ± 26.8	11.0 ± 12.4	n.s.

ICU: intensive care unit; IMC: intermediate care unit; GW: general ward; TISS:Therapeutic intervention scoring system; SAPSII: Simplified acute physiology score. All data are presented as number [%] or mean +/- SD. n.s.: not significant.

## Figures

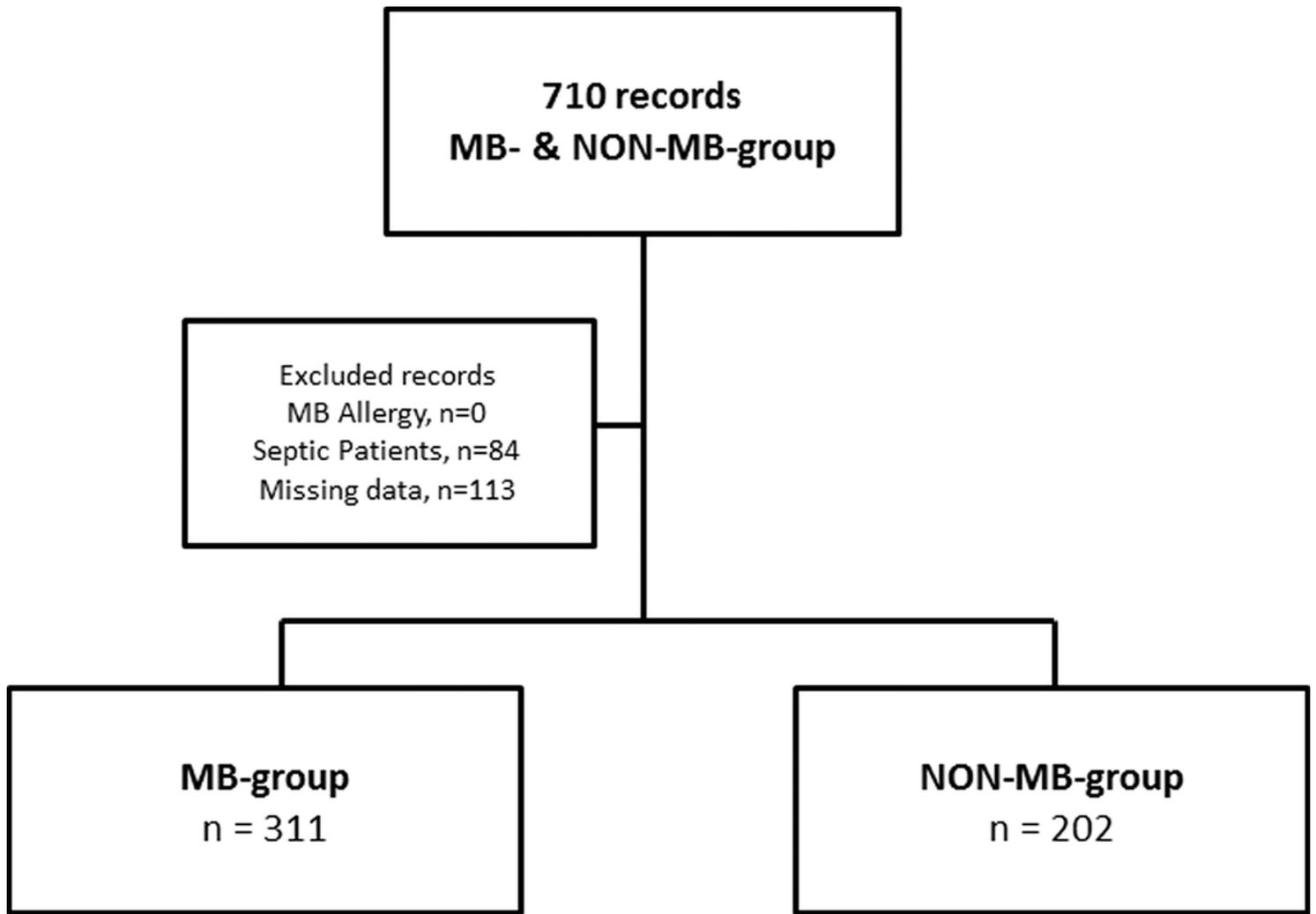
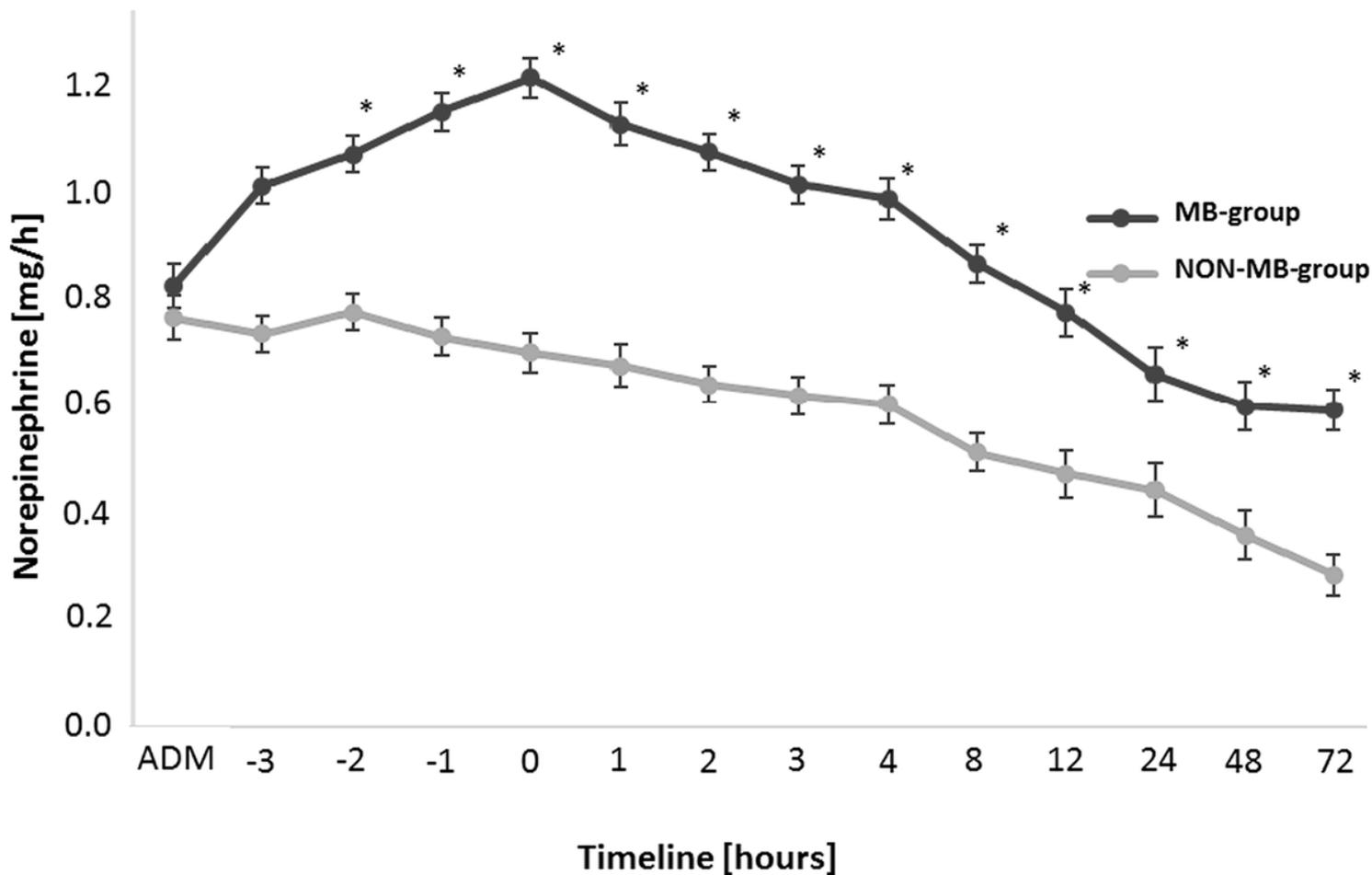


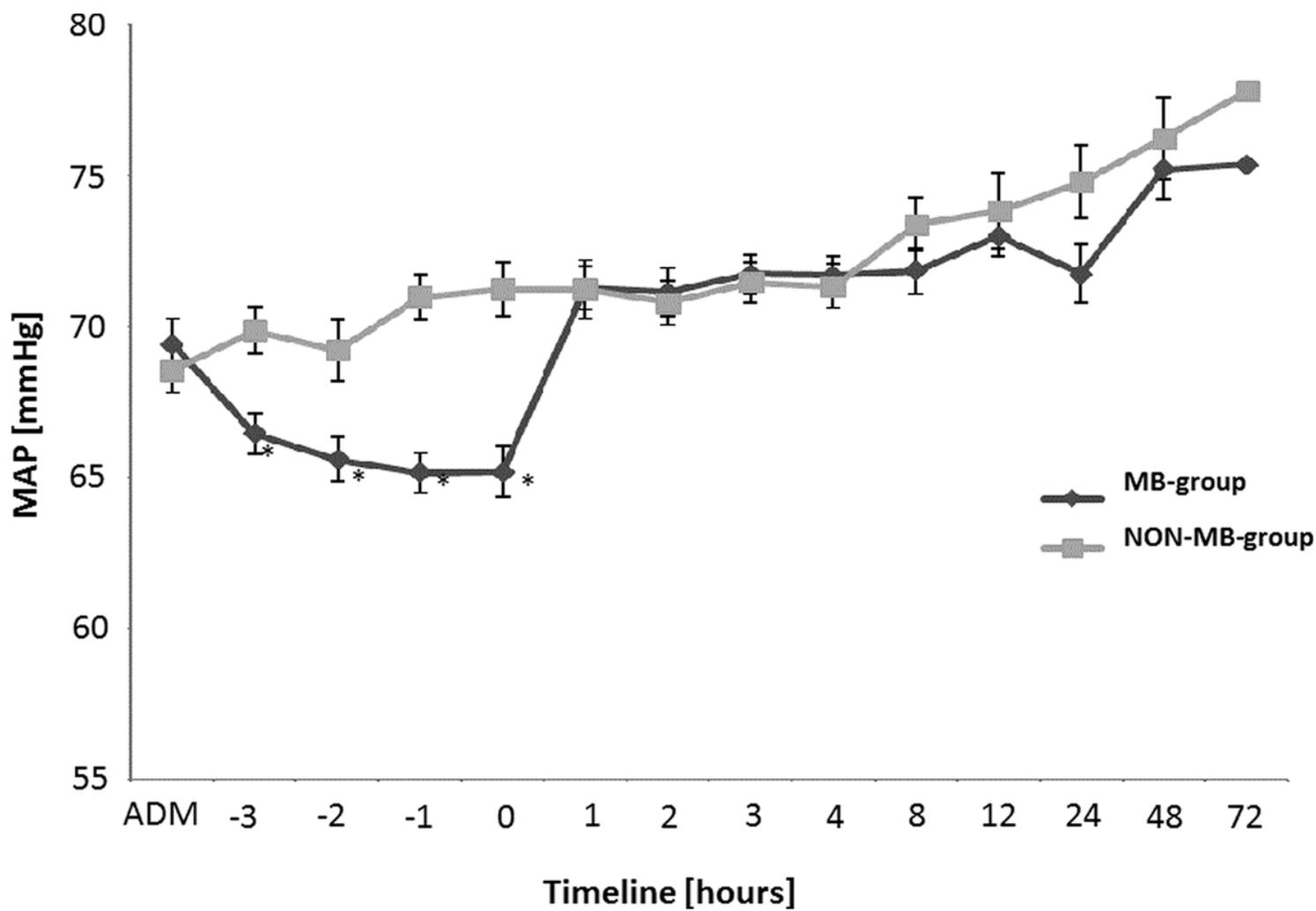
Figure 1

Trail profile of the study. Trial profile of the study showing both groups at the end: MB-group and Non-MB-group.



**Figure 2**

Timeline of norepinephrine dose in MB and non-MB-group. Norepinephrine dose throughout the analysis time for MB-group and Non-MB-group. ADM: Admission on ICU; 0: administration of MB. All data are expressed as mean +/- SEM. \*p < 0.05



**Figure 3**

Timeline of mean arterial pressure in MB and non-MB-group. Mean arterial blood pressure (MAP) throughout the analysis for MB-group and Non-MB-group. ADM: Admission on ICU; 0: administration of MB. All data are expressed as mean +/- SEM. \*p < 0.05