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Article

Keywords: tropical cyclones, climate change, Pacific Decadal Oscillation (PDO).

Posted Date: June 23rd, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-566899/v1>

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Pacific Decadal Oscillation Causes Fewer Near-Equatorial Cyclones in the North Indian Ocean

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ABSTRACT

Tropical cyclones do not form easily near the equator but can intensify rapidly, leaving little time for preparation. We investigated the number of near-equatorial (originating between 5°N and 11°N) tropical cyclones over the north Indian Ocean during post-monsoon seasons (October to December) over the past 60 years. A marked 43% decline in the number of such cyclones was detected in recent decades (1981-2010) compared to earlier (1951-1980). This decline in tropical cyclone frequency is primarily due to the weakened low-level vorticity modulated by the Pacific Decadal Oscillation (PDO). In the presence of basin-wide warming at low latitudes, and a favorable phase of the PDO, both the intensity and frequency of such cyclones is expected to increase. Such dramatic and unique changes in tropical cyclonic activity due to the interplay between natural variability and climate change call for appropriate planning and mitigation strategies.

Introduction

Tropical cyclones (TCs) are far fewer in the vicinity of the equator because of small Coriolis force that cannot provide the initial spin-up of the cyclonic vortex¹. On average, there are fewer than two cyclones per year within 5° latitude of the equator, with the majority originating in the Western Pacific Ocean². A little away from the equator, however, TCs can form more easily in the presence of larger Coriolis force and other favorable environmental conditions. These low-latitude cyclones (LLCs, originating between 5°-11° latitude) are much smaller in size than those in higher latitudes but intensify more rapidly³⁻⁵ as the boundary layer inflow closer to the cyclonic center is higher in the presence of smaller Coriolis force (smaller inertial instability). The strong boundary layer inflow enhances diabatic heating rates⁵ that induce stronger secondary circulation leading to enhanced boundary layer moisture convergence⁶⁻⁸ at low latitudes. This positive feedback mechanism spins up the system more rapidly at low latitudes.

The north Indian Ocean (NIO) in the post-monsoon season (October-November-December or OND) is a hotbed for LLCs that constitute about 60% of all TCs formed in the NIO (since 1951)⁹ but has received relatively less attention. The rapid intensification of LLCs leads to devastating damages due to the insufficient warning and preparation time. For example, LLC Ockhi traveled over 2000 Km and devastated parts of Sri Lanka and India with extensive damage to properties and loss of lives of 884 people in November 2017¹⁰. Such devastating impact from the NIO LLCs motivates us to study the variability of the LLC with the available data. It is interesting to note that the Indian Ocean basin has warmed consistently and more than any other ocean basin¹¹⁻¹³. Since the genesis of tropical cyclones are closely linked with the underlying Sea Surface Temperature (SST)^{1,14}, a study on the association of trends in the SST and LLC assumes significance.

Results

Epochal changes in the low-latitude cyclones in the Bay of Bengal

Based on the categorization of TCs, 72 LLCs formed over the BoB (83°E and 95°E) in the last sixty years (1951-2010) which constitute about 75% of the total NIO LLCs^{9,15}. We define two 30-year epochs viz. epoch-1 (1951-1980, Fig. 1a) and epoch-2 (1981-2010, Fig. 1b) to study the post-monsoonal LLC activity. The decline in the genesis of LLC over the BoB is prominent as only 26 TCs (121 TC days) were formed in the epoch-2 compared to 46 (290 TC days) in the epoch-1, indicating a ≈40%

39 decline in the LLC frequency ($\approx 60\%$ decline in the TC days; Fig. 1). This decline in LLC frequency is evident over all three
 40 months of the post-monsoonal season over the BoB (Fig. S1). The epochal trend in LLC frequency arises primarily from the
 41 genesis of large number of LLCs during sixties (1961-1970) and seventies (1971-1980) (Fig. 1c). While a record number of 19
 42 LLCs formed during sixties and seventies, other decades reports 8-10 LLCs (Fig. 1c). Over the entire NIO, the decline of TCs
 43 is dominant in the latitude belt 5° - 11° N (Fig. 1d). The number of TCs north of 11° N increased from 23 to 37 during the same
 44 time (Fig. 1d). As a result, in the entire NIO, the change in frequency of TCs is much smaller than the change in LLC.

45 The frequency of LLC in the pre-monsoon season (April-May) is much smaller than that in the post-monsoon season, but a
 46 decline in the frequency of LLC is also evident in the pre-monsoon season (Fig. S2, Tab. S2). Other available TC datasets over
 47 the NIO basin also shows a similar decline (Tab. S3). Here, we aim to address the causes behind the remarkable decline in
 48 LLC frequency in BoB in the post-monsoon season, specifically its dependence on the large-scale environmental factors during
 49 1951-2010. The erudition obtained from such an investigation may aid in enhancing the understanding and prediction of LLC
 50 over the NIO.

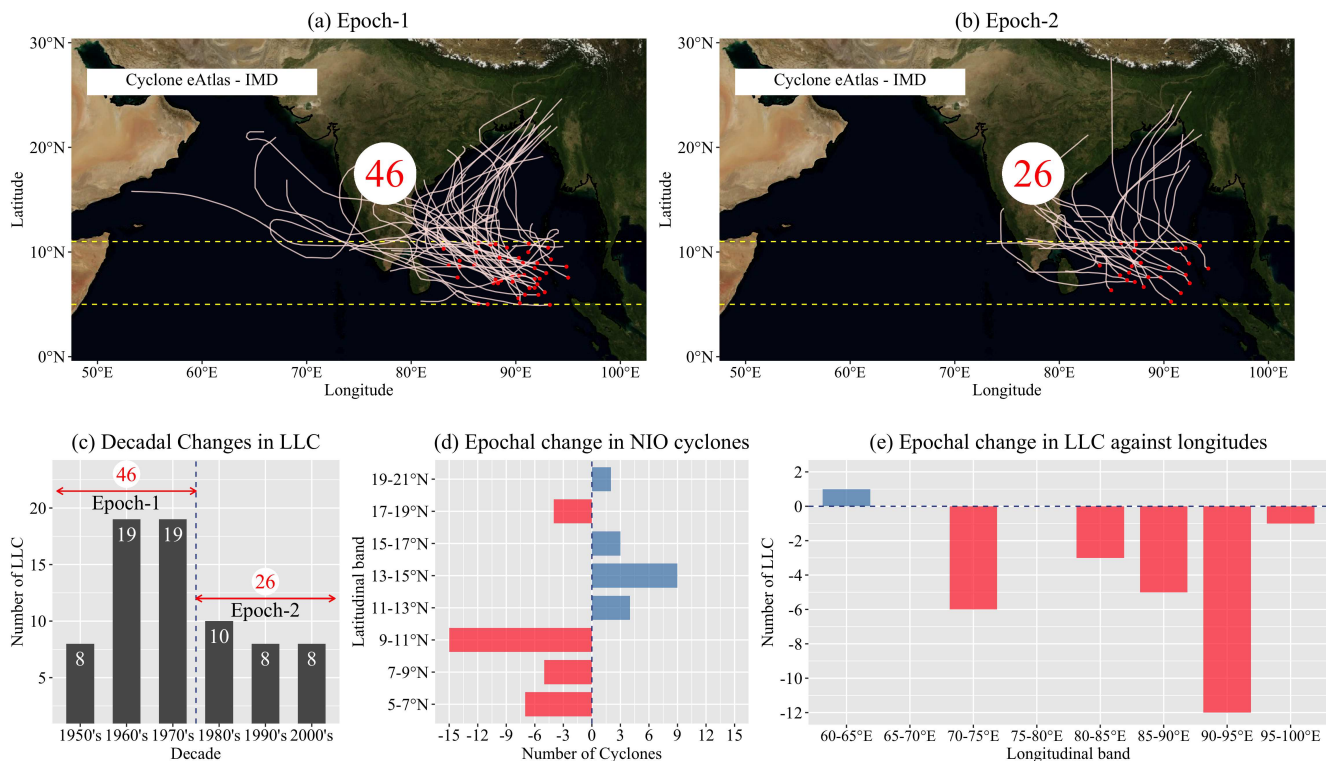


Figure 1. The number of LLCs and their tracks over the BoB (83° - 95° E, 5° - 11° N) in the post-monsoon seasons (OND) during (a) epoch-1 (1951-1980) and (b) epoch-2 (1981-2010). The dashed lines denote the low-latitudinal belt (5° - 11° N). The red labels represent the total number of LLCs. (c) Decadal variation in the number of LLC formed over BoB. (d) Latitudinal distribution of the epochal difference in the number of cyclones in the north Indian Ocean. (e) Logitudinal distribution of epochal difference in the number of LLCs (5° - 11° N). Cyclonic storms (>34 knots) and severe cyclonic storms (>48 knots) are considered in this study⁹.

51 Epochal changes in the factors that control low-latitude cyclones in the Bay of Bengal

52 The major factors responsible for the genesis of TCs are SST, oceanic heat content, mid-tropospheric humidity, and vertical
 53 shear of the horizontal winds and absolute vorticity^{1,16}. Consistent with the warming trend in the Indian Ocean^{12,13}, a warming
 54 of 0.5° C is found over the low latitudinal belt of the BoB in the past sixty years (1951-2010, Fig. 2a). The warming SST,
 55 which is much above the SST threshold (26° C) for cyclogenesis¹⁷, is expected to support an increase in frequency and intensity
 56 of TCs¹⁸⁻²², yet the number of BoB LLCs has decreased (Fig. 1). The tropical cyclone heat potential (TCHP), another vital
 57 parameter concerning the genesis and intensification of TCs²³, also shows an increasing trend over BoB during 1981-2010
 58 (Fig. 2b) similar to the global oceans²⁴. Therefore, a decline in the BoB LLC frequency cannot be attributed to an increase in
 59 TCHP. All the above oceanic (SST, TCHP) parameters are working synergistically to create a conducive environment for TC

60 genesis.

61 The mid-tropospheric relative humidity doesn't show any epochal variation (Fig. 2c), and hence cannot aid a reduction
 62 in LLC frequency. Another important circulation feature that influences cyclogenesis and its intensity is the vertical shear of
 63 the horizontal wind, which allows the ventilation of mid-level moisture out of the inner core of the cyclone²⁵. As a result, the
 64 vertical shear of the intensifying TCs is lower than that of the non-intensifying TCs²⁵. The vertical shear increased only slightly
 65 by 0.3ms^{-1} during 1981-2010 (Fig. 2d), which is unlikely to support such an epochal decline in the BoB LLC frequency^{22,26}.
 66 The most significant factor that seems to support the decline in LLC frequency in epoch-2 is the low-level absolute vorticity,
 67 which has reduced substantially (Fig. 2e,f). The reduced absolute vorticity during epoch-2 seems to be responsible for a fewer
 68 number of LLCs, especially over $90^{\circ}\text{E}-95^{\circ}\text{E}$ region (Fig 1e), where the changes in absolute vorticity is the largest (Fig. 2f). The
 69 dynamics behind the epochal variation of low-level vorticity in the low-latitudes and its association with the low-level winds
 70 and LLC trend are examined further.

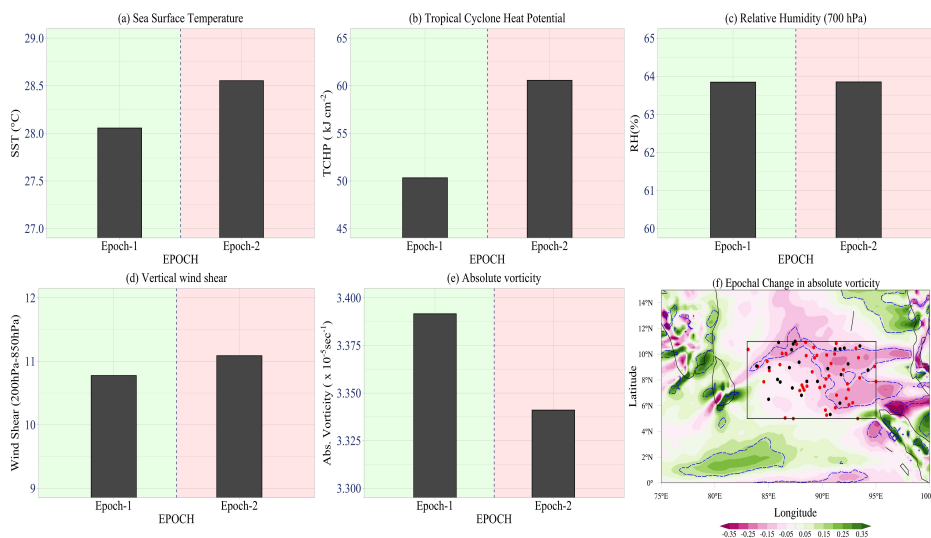


Figure 2. Epochal mean of (a) sea surface temperature ($^{\circ}\text{C}$) (b) tropical cyclone heat potential (kJcm^{-2}), (c) mid-tropospheric (700 hPa) relative humidity (%), (d) vertical wind shear between 850 and 200 hPa (ms^{-1}), and (e) Low-level (850hPa) absolute vorticity ($\times 10^{-5} \text{s}^{-1}$) averaged over $5^{\circ}\text{N}-11^{\circ}\text{N}$, $83^{\circ}\text{E}-95^{\circ}\text{E}$ during post-monsoon season. The green (red) background indicates epoch-1 (epoch-2) in panels (a)-(e). (f) Epochal change (epoch-2 minus epoch-1) in 925 hPa absolute vorticity ($\times 10^{-5} \text{s}^{-1}$). Dashed contours represent statistical significance at 90% confidence level. Genesis locations of LLCs are marked as dots in red (epoch-1) and black (epoch-2).

71 Mechanism of epochal decline in low-level vorticity

72 The westerly winds dominate over the equatorial Indian Ocean during the pre- and post-monsoon seasons with a shift to weak
 73 westerlies during the monsoon season²⁷. These low-level equatorial westerlies play an important role in the cyclogenesis over
 74 the Indian Ocean. The relative vorticity over the low latitudinal belt ($5^{\circ}\text{N}-11^{\circ}\text{N}$) is stronger during the peaks of equatorial
 75 westerlies in both pre- and post-monsoon seasons. This leads to the formation of cyclonic circulation on either side of the
 76 equator, one between $5^{\circ}\text{N}-11^{\circ}\text{N}$ and another between $5^{\circ}\text{S}-11^{\circ}\text{S}$ (Fig. 3a). During the monsoon period, however, intense
 77 cyclones do not form over the NIO due to weak relative vorticity in the presence of strong easterly wind shear²⁸. The difference
 78 in wind patterns between the two epochs clearly shows the strengthening of equatorial westerlies south of the equator (Fig. 3b,
 79 vector). This strengthening of westerlies results in the formation of a cyclonic gyre north of the peak westerly winds in the
 80 equatorial region ($0^{\circ}-5^{\circ}\text{N}$, Fig. 3b). This shift of the cyclonic gyres towards the equator can no longer support cyclogenesis as
 81 the Coriolis force is negligible close to the equator. This insufficient background rotation explains the reduction in cyclogenesis
 82 in recent epoch over this region.

83 The latitudinal shift in the equatorial westerlies and its association with the epochal changes in LLC is further investigated
 84 by estimating the changes in the latitudinal position of zero absolute vorticity²⁹ ($\eta=0$; Fig. 4a). The southward shift in the zero
 85 absolute vorticity by $\approx 0.75^{\circ}\text{N}$ in thirty years (1960-1990) complies with the decline in the number of LLC (Fig. 4b). This
 86 shift of the cyclonic gyres towards the equator leads to 2 TCs in epoch-2 compared to no TCs in epoch-1 within $0^{\circ}-3^{\circ}\text{N}$ ^{30,31},
 87 but causes a much larger decrease in TC frequency in $5^{\circ}\text{N}-11^{\circ}\text{N}$ due to reduced vorticity. While 12 out of 46 TCs intensified
 88 into severe cyclonic storms (SCS; above 48 Knots) before crossing 11°N in epoch-1, 8 out of 26 TCs became SCS in epoch-2

89 (Fig. 4b). This represents a marginal increase of TCs to attain higher intensity in epoch-2 compared to epoch-1.

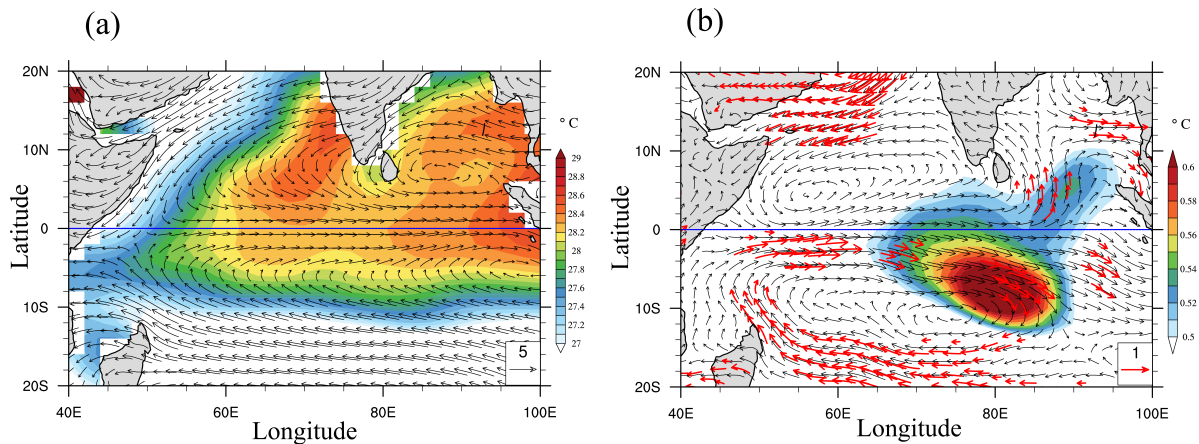


Figure 3. (a) Post-monsoon seasonal mean of SST (°C, shaded) and 850 hPa winds (vector) in the tropical Indian Ocean and their (b) epochal difference (epoch2-epoch1; shaded contours and red arrows are statistically significant at 95% confidence level).

Epochal variation in low-level vorticity and its connection with the Pacific Decadal Oscillation

90 The apparent epochal variation in lower-tropospheric absolute vorticity (Fig. 2e) and its latitudinal shift (Fig. 4a) motivate us to
91 explore whether they are related to the Pacific Decadal Oscillation (PDO), which is the dominant climate variability in the
92 decadal timescales^{32–34}. It is found that the positive phase of the PDO coincides with the epochal decline of LLC during the
93 post-monsoon season (Fig. 4c). The association of PDO phases and LLC leads to the conjecture that the latitudinal shift in
94 westerlies is strongly associated with the PDO phases. To confirm this relationship, a regression analysis of the decadal signal
95 of SST and low-level winds with the PDO index is carried out. The resultant pattern (Fig. 4d) is similar to the pattern seen in
96 Fig. 3b with peak SST anomalies around 80°E and 7°S. This provides further evidence that the epochal difference of the SST
97 and the low-level winds are associated with the PDO phases through the latitudinal shift in equatorial westerlies (Fig. 3b). The
98 tropical wide view of the difference in velocity potential and the associated divergent winds shows an anomalous low-level
99 convergence over the central tropical Pacific and Indian Ocean in response to the cold to warm phase transition of PDO from
100 epoch-1 to epoch-2 (Fig. S3). The core of the anomalous convergence in the Indian Ocean is south of the equator (Fig. S3a).
101 The anomalous divergence over the central Pacific and Indian oceans are much more intense in the upper level (Fig. S3b). The
102 Coriolis force acting on the southward ageostrophic flow induces the anomalous westerlies (easterlies) south (north) of the
103 equator. This complies with the change in the strength of the Walker circulation associated with the PDO phases. The epochal
104 changes in the SST and the low-level winds (Fig. 4d) are associated with the PDO phases, leading to the southward shift in
105 equatorial westerlies (Fig. 3b).
106

107 Several studies^{35–37} have questioned the reliability of the TC data in the pre-satellite era due to the change in technology
108 and analysis protocols. Most of these studies hint at underestimation of the intensity of TCs in the pre-satellite era. After a
109 detailed analysis of the NIO TC data¹⁵ from 1871-2010, it was found that the best-track data from the 1960s is reliable (see SI
110 Appendix). The declining trend in the frequency in the recent epoch is also apparent and more pronounced if the period of the
111 study is limited to 1961-2010. The TC intensity data before 1980 depends on ship track density, polar orbiting satellite intervals
112 and the density of the coastal observing stations. Given the uncertainty in the quality of the pre-satellite era TC intensity data,
113 the results on the marginal increase in the strength of LLCs in the recent epoch must be interpreted with caution. Our analysis
114 for this study is limited to the post-1950 period because of the larger uncertainties in TC data prior to 1950. Therefore, there is
115 only one cycle of PDO and any competing influence from the increased anthropogenic greenhouse gases resulting in increased
116 surface temperature and changes in circulation, cannot be eliminated. Despite these complexities, the evolution of PDO indices
117 and the latitudinal position of zero absolute vorticity ($\eta=0$) for the period 1900-2010 show a statistically significant correlation
118 indicating the robustness of this relationship (Fig. S4). The mismatch between these two time series is more evident before
119 1920, data is less reliable.

Conclusions

120 We conclude that the recent epoch (epoch-2, 1981-2010) has seen a remarkable decline in the post-monsoon LLC frequency
121 over the north Indian Ocean in comparison with the earlier epoch (epoch-1, 1951-1980). This decline in LLC frequency (Fig. 1)
122

123 cannot be attributed to an increasing SST and oceanic heat content, nearly unchanged mid-tropospheric humidity, or a slightly
 124 decreasing vertical wind shear (Fig. 2). The decline in LLC frequency in the recent epoch seems to be primarily caused by
 125 the reduced low-level vorticity (Fig 2e,f) due to southward displacement in equatorial westerly winds. The strong equatorial
 126 westerlies lead to the formation of cyclonic circulation on either side of the equator within the belts of 5°N-11°N and 5°-11°S
 127 (Fig. 3b). This southward displacement of equatorial westerlies (Fig. 3b) in the recent epoch is strongly associated with the
 128 PDO (Fig. 4c-d, Fig. S3-S4). Although the LLC frequency has decreased in epoch-2, once an LLC is formed, favorable
 129 thermodynamic conditions in the low-latitudes and north of 11°N lead to the strengthening of the cyclonic storms in recent
 130 decades^{18,19,22}. However, the strengthening of LLCs in recent decades must be interpreted with caution due to the unreliability
 131 in the TC intensity data in the pre-satellite era.

132 The results present an interesting situation where remote influence by natural climate variability (PDO) causes fewer
 133 cyclones, but favorable local thermodynamic conditions due to global warming make them slightly stronger^{19,38}. When
 134 this tug-of-war between the natural and anthropogenic forcing changes and they begin to work synergistically, the risk of
 135 severe cyclones in the post-monsoon north Indian Ocean may be amplified. These results may guide planning and mitigating
 136 LLC-induced disaster in the Indian subcontinent. The models with poor PDO simulation, therefore, should be treated with
 137 caution when they are used for future projections of LLC over the north Indian Ocean.

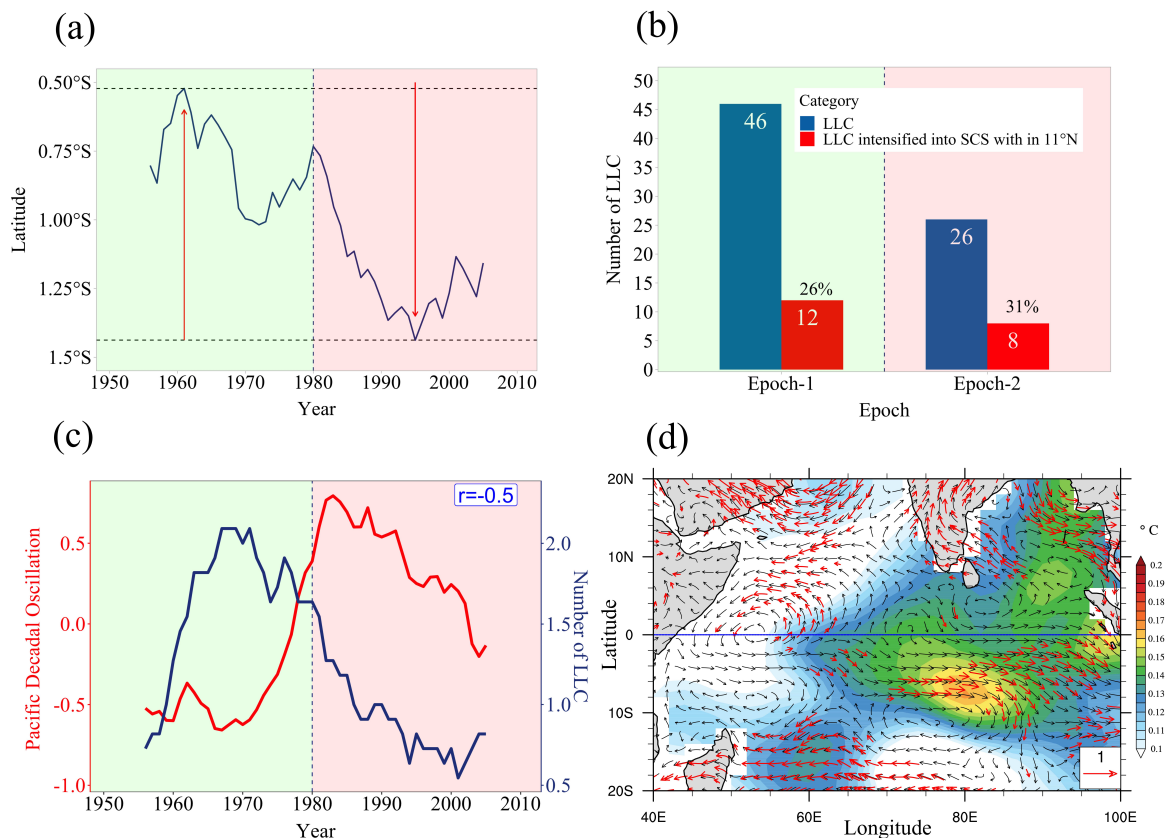


Figure 4. (a) Latitudinal position of zero absolute vorticity (850 hPa) at 80°E. (b) epochal change in different categories of LLC. (c) Smoothed PDO index (red) and the number of LLCs (blue) in the Bay of Bengal. The vertical dashed lines separate the two epochs. The correlation between two time series is denoted is also shown. (d) Regressions of the smoothed PDO index onto SST (shaded) and 850 hPa winds (vector) for the period 1951-2010. All calculations were performed for the post-monsoon (OND) season except for PDO. A 11-year running mean is used to smooth the time series in (a), (c) and (d) to isolate the decadal signal.

138 Methods

139 We use the ERA5 reanalysis data^{39,40} from 1951-2010 to understand the epochal variation of atmospheric parameters. Monthly
140 mean ocean temperature data from the UK Met Office Hadley Centre⁴¹ is used to estimate TCHP. The Extended Reconstructed
141 Sea Surface Temperature dataset, version 5 (ERSSTv5⁴²) from the National Oceanic and Atmospheric Administration (NOAA)
142 is used. The tracks and number of cyclones formed between 1951 and 2010 were obtained from the archives of the India
143 Meteorological Department⁴³. The basemap in Fig. 1 is based on the satellite image from the Blue Marble Next Generation,
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235 **Acknowledgements**

236 The authors thank Dr. V. Praveen and Dr. Hamza Bangalath for helpful conversations. The Center for Prototype Climate
237 Modeling is fully supported by the Abu Dhabi Government through New York University Abu Dhabi Research Institute Grant.
238 The NYUAD High Performance Computing resources were used for the analysis. This work was supported by the Monsoon
239 Mission project of the Ministry of Earth Sciences, Government of India (Grant No. MM/SERP/NYU/2014/SSC-01/002) to
240 RSA, and the Office of Naval Research (ONR, N00014-1601-3091) to PR.

241 **Author contributions statement**

242 S.R and R.S.A conceived the idea; S.R and C. T. performed the research and R.S.A and P.R wrote the paper. S.T, S-P.X, K.M.K
243 and M.R performed some aspects of the research and co-wrote the paper. M. M provided advise on data and co-wrote the paper.

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