

Stabilisation of HIF signalling in the epicardium extends embryonic potential and neonatal heart regeneration

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1 **Stabilisation of HIF signalling in the epicardium extends embryonic potential and**
2 **neonatal heart regeneration**

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21

22 **Abstract**

23 In humans, new-born infants have the ability to regenerate their heart during early life. This
24 is modelled in the mouse, where regenerative capacity is maintained for the first week after
25 birth but lost thereafter. Reactivation of this process holds great therapeutic potential,
26 however, the molecular pathways that might be targeted to extend neonatal regeneration
27 remain elusive. Here, we explore a role for hypoxia and HIF signalling on the regulation of
28 epicardial activity which is essential for heart development and the response to injury.
29 Hypoxic regions were found in the epicardium from mid-gestation, associating with HIF1 α
30 and HIF2 α , and expression of the epicardial master regulator Wilms' tumour 1 (WT1).
31 Epicardial deletion of *Hif1a* reduced WT1 levels, leading to impaired coronary vasculature.
32 Moreover, targeting of the HIF degradation enzyme PHD through pharmacological inhibition
33 with clinically approved drugs or epicardial-specific deletion stabilised HIF and promoted
34 WT1 activity *ex vivo*. A combination of genetic and pharmacological stabilisation of HIF
35 during neonatal heart injury led to prolonged epicardial activation, increased vascularisation,
36 augmented infarct resolution and preserved function beyond the 7-day regenerative window.
37 Together, these findings suggest pharmacological modulation of HIF signalling may
38 represent a viable therapeutic strategy for treating ischaemic heart disease.

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41 **Keywords**

42 Hypoxia, heart, epicardium, development, regeneration, HIF-1 α , HIF-2 α , myocardial
43 infarction, EMT, WT1.

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47 **Introduction**

48 The epicardium, a mesothelial sheet covering the surface of the heart, plays essential roles
49 during cardiac development and repair. Epicardial development is evolutionally conserved
50 from fish to mammals. In mouse, formation of the epicardium initiates at embryonic day (E)
51 9.5; as it expands to envelope the underlying myocardium, a subpopulation of epicardial
52 cells undergo epithelial to mesenchyme transition (EMT) giving rise to epicardium-derived
53 cells (EPDCs). These cells migrate into the sub-epicardial space and colonise the
54 developing myocardium, supporting coronary vessel formation and cardiomyocyte
55 proliferation and compaction ¹. Several transcription factors are activated in the developing
56 epicardium, including Wilms' tumour 1 (WT1), which is instrumental in the regulation of EMT.
57 Accordingly, when WT1 is deleted in the epicardium cells are unable to migrate into the
58 underlying sub-epicardial region and embryos die between E14.5–E16.5 due to
59 cardiovascular failure. Mutant embryos display oedema, accumulation of blood in the
60 systemic veins, pericardial haemorrhaging and impaired coronary vascular development ².
61 EPDCs secrete a cocktail of mitogens and chemokines, such as insulin growth factor-2 ³,
62 angiopoietin-1 and vascular endothelial growth factor A (VEGF-A) ⁴, to support
63 cardiomyocyte proliferation and regulate coronary vessel patterning. In addition to their
64 paracrine role, EPDCs can directly give rise to many cell types, including fibroblasts ⁵,
65 vascular smooth muscle cells (VSMCs) ⁶ and to a lesser extent endothelial cells (ECs) ⁷.
66 However, EPDC plasticity gradually decreases during embryogenesis and after birth the
67 epicardium becomes quiescent. Embryonic genes, such as *Wt1*, are downregulated ^{8,9} and
68 EMT ceases ¹⁰.

69 The capacity for heart regeneration after injury appears to be species-specific. Zebrafish
70 retain the ability to regenerate their hearts throughout life, whereas adult mammals,
71 including humans, fail to regenerate and instead replace necrotic muscle with scar tissue ¹¹.
72 The loss of cardiomyocytes eventually compromises contractility of the remaining

73 myocardium, leading to pathological remodelling, heart failure and death ¹². By contrast, the
74 neonatal mouse can regenerate its heart after myocardial infarction (MI) up to 7 days after
75 birth ¹³ and similar regenerative capacity is evident in new-born humans ¹⁴. In zebrafish,
76 activation of the epicardium is an essential pre-requisite for heart regeneration ¹⁵ and in the
77 adult mouse the epicardium becomes reactivated in response to cardiac injury to contribute
78 to wound healing and tissue repair. Epicardial cells revert to an embryonic-like phenotype
79 with injury; they proliferate, undergo EMT ¹⁶ and differentiate into a default fibroblast fate to
80 stimulate ECs and the growth of coronary vessels by secreting pro-angiogenic factors, such
81 as VEGF-A and fibroblast growth factor-2 (FGF-2) ¹⁶. Thymosin β 4 (T β 4) pre-treatment
82 enhances EPDC-mediated neovascularization after injury ¹⁷ and induces limited *de novo*
83 cardiomyocyte formation by differentiation from a progenitor population of epicardial origin
84 ⁸. Upon injury *Wt1* expression, a major hallmark of the embryonic epicardial signature, is
85 increased ¹⁸ and its transcriptional activation is epigenetically regulated by SWItch/Sucrose
86 Non Fermentable (SWI/SNF) chromatin–remodelling complexes containing Brahma-related
87 gene 1 (BRG1) and T β 4 ⁹.

88 The capacity for tissue regeneration has been associated with the levels of environmental
89 oxygen ¹¹. Zebrafish and neonatal mouse hearts are exposed to relatively low-oxygen or
90 hypoxic conditions that favour the maintenance of proliferative competency of several cell
91 types, including cardiomyocytes ¹⁹. However, the increase in environmental oxygen after
92 birth (in mammals) induces cardiomyocyte cell-cycle arrest¹⁹. Fate mapping of hypoxic cells
93 in the adult mouse heart identified a rare population of cycling cardiomyocytes, contributing
94 to new muscle formation²⁰. More recently, exposure to hypoxia following MI was shown to
95 induce heart regeneration in adult mice by metabolic reprogramming of cardiomyocytes
96 leading to cell cycle re-entry²¹. Several oxygen-sensing pathways regulate cellular tolerance
97 to hypoxia, such as the hypoxia inducible factor (HIF) family of transcription factors, among
98 others ²². HIF is a heterodimeric transcription factor, consisting of α and β subunits ²³, with

99 the latter being constitutively expressed, whereas expression of the α subunit is oxygen-
100 dependent. Under well-oxygenated conditions (i.e. normoxia), prolyl hydroxylase domain
101 proteins (PHD1-3) hydroxylate specific conserved proline residues on the α subunit creating
102 docking sites for the binding of the von Hippel-Lindau (VHL) protein, tagging it for
103 proteosomal degradation ²⁴. When oxygen levels drop, PHD activity is inhibited, α subunit
104 forms a heterodimer with β and translocate to the nucleus to regulate expression of its target
105 genes, such as erythropoietin (EPO) ²³ vascular endothelial growth factor, VEGF ²⁵, and
106 glycolytic enzymes like glucose transporter 1, GLUT-1 ²⁶. In human, mouse and rat there
107 are three isoforms of the α subunit, but the best characterized are HIF-1 α and HIF-2 α . These
108 bind to an identical core consensus in hypoxia response elements (HRE), but transactivate
109 distinct, although partially overlapping, sets of genes ^{27,28}. Hypoxia and HIF activation are
110 evident throughout the developing heart at E9.5, but become restricted to the outflow tract
111 (OFT), interventricular septum (IVS) and atrioventricular (AV) cushions, following formation
112 of the coronary vasculature at E14.5 ²⁹. Interestingly, HIF-1 α is predominantly expressed in
113 the myocardium, whilst HIF-2 α is primarily expressed in ECs ³⁰, and inactivation of these
114 individual isoforms result in differential effects on cardiac development, suggesting distinct
115 functions during cardiac morphogenesis. Embryos lacking HIF-1 α die by E10.5 due to
116 myocardial hypoplasia, reduced or absent myocardial trabeculation and a severely reduced
117 endocardium ^{31,32,33}. Conversely, embryos which lack HIF-2 α display variable outcomes,
118 including extensive vascular defects, but do not exhibit major cardiac structural
119 abnormalities ^{34,35}. It was also reported that the absence of HIF-1 β (ARNT) in mouse is
120 embryonically lethal and causes abnormal cardiac morphogenesis, i.e. hypoplasia and
121 malformed endocardial cushions ³⁶. Disruption of the major oxygen sensor PHD2 resulted
122 in cardiac abnormalities, such as septal defects, poorly formed trabeculae and a thin
123 myocardial wall ³⁷; highlighting the importance of a tight control of hypoxia/HIF signalling for
124 normal cardiac development.

125 The role of epicardial HIF signalling in mammalian heart development and regeneration
126 remains elusive. Stabilization of HIF-1 α in the epicardium of avian embryos *in vivo* and *ex*
127 *vivo* inhibits EPDC migration into the myocardium through the disruption of VEGF signalling
128 ³⁸. Additionally, hypoxia promotes EPDC differentiation into VSMCs through non canonical
129 TGF- β signalling, *in vitro* ³⁹. Some studies have described hypoxia-mediated *Wt1* regulation.
130 *Wt1* expression is upregulated in the heart and kidneys of rats exposed to hypoxia and an
131 HRE binding site for HIF-1 α has been identified within the promoter ⁴⁰. More recently, an
132 additional HRE binding site for HIF-2 α has been described in intron 3 of the *Wt1* gene using
133 a neuroblastoma cell line ⁴¹. Given that hypoxia has been implicated in regenerative
134 responses post-MI, with correlative links to WT1 expression in the heart, we sought to
135 investigate whether HIF signalling contributes to epicardial cell activation during heart
136 development and following injury and as such might represent a therapeutic target for
137 extending the regenerative window. Here, we demonstrate that the developing epicardium
138 is hypoxic. Epicardial-specific deletion of *Hif1a* disrupted heart development with mutants
139 displaying a significant reduction of WT1 positive cells in the epicardium and underlying
140 myocardial layer, along with a decrease in the number of coronary vessels, indicative of
141 defective epicardial EMT and vascularisation. In the neonatal mouse, a gradual decrease in
142 WT1 expression, concurrent with a decrease in HIF-mediated signalling, was observed over
143 the first week of life. Inducible genetic targeting of *Phd2* alongside pharmacological inhibition
144 of PHDs1-3, utilising drugs already approved for other disease indications (Roxadustat, FG
145 4592 and Molidustat, BAY 85-3934)⁴²⁻⁴⁵ stabilised HIF signalling in the injured neonatal
146 heart. This was sufficient to maintain activation of the epicardium beyond P7, to improve
147 cardiac remodelling and preserve function post-MI. These findings provide novel insight into
148 the molecular mechanism regulating epicardial activation in the mouse heart and suggest
149 that modulation of HIF signalling in the dormant epicardium may enhance cardiac repair and

150 regeneration, representing an attractive therapeutic strategy for the treatment of ischaemic
151 heart disease and heart failure.
152

153 **Results**

154 *The epicardium is hypoxic during development*

155 In order to study the role of low oxygen tension in the developing heart, we initially
156 investigated the physiological levels of hypoxia *in situ* from mid- to late gestation stages,
157 when the epicardium forms and epicardial EMT takes place. Following *in utero* treatment
158 with the marker Pimonidazole-HCl (Hypoxyprobe-1, HP1)⁴⁶, embryonic hearts were harvest
159 at different stages, from E12.5 to E18.5 and probed with an anti-pimonidazole fluorescence-
160 conjugated monoclonal antibody (HP1), alongside immunostaining for the spatiotemporal
161 expression of HIF-1 α and HIF-2 α . At E12.5, when the myocardium is highly trabeculated
162 and the epicardial layer fully established, HP1 staining revealed extensive regions of
163 hypoxia, mostly in areas of dense myocardium, such as the compact wall of the
164 atrioventricular (AV) groove. At this stage, HP1 signal co-localized with the epicardial marker
165 WT1 and both HIF-1 α and HIF-2 α at the apex of the heart, while we observed a strong HIF-
166 1 α signal in the AV groove (Figure 1a). At E14.5, extensive HP1 staining was detected in
167 areas of thicker compact myocardium, such as the interventricular septum (IVS); co-
168 localization with WT1 and HIF-1 α in the epicardium, particularly in the apex and AV groove
169 regions, was also observed. HIF-2 α and HP1 co-localization was found in hearts at E14.5,
170 albeit mainly in the myocardium (Figure 1b). The analysis of hearts at E16.5 and E18.5
171 revealed that the HP1 signal became progressively weaker and restricted almost exclusively
172 to WT1-expressing epicardial cells at later stages (Figure 1c, d). Similarly, HIF-1 α localized
173 in discrete regions of the outermost layer of the heart, while HIF-2 α immunoreactivity was
174 detected in both the epicardium (apex) and throughout the myocardium at E16.5 but
175 restricted to a few isolated myocardial cells by E18.5 (Figure 1c, d). Taken together, these
176 data suggest that WT1+ cells making up the epicardial layer of the developing heart become
177 hypoxic from mid-gestation onwards, preferentially expressing HIF-1 α whereas the
178 expression of HIF-2 α appeared to be mostly within the forming myocardium.

179 *HIF-1 α epicardial deletion reduces the number of Wt1+ cells and alters coronary vessel*
180 *development in E16.5 embryos.*

181 Based on the observation that the epicardium is hypoxic during mid-late gestation and that
182 HIF-1 α is mainly expressed by WT1+ cells localizing to the epicardium, we sought to
183 investigate a functional role for HIF-1 α on epicardial development. To target the expression
184 of *Hif1 α* in the epicardium, we crossed mice harbouring a tamoxifen-inducible epicardial-
185 specific *CreERT2* driver, *Wt1^{CreERT2/+}*⁴⁷, with mice in which the exon 2 of *Hif1 α* gene is
186 flanked by LoxP sites (*Hif1 α ^{fl/fl}*). Pregnant *Wt1^{CreERT2/+};*Hif1 α ^{fl/fl}** females were injected with
187 tamoxifen at E9.5 and E10.5, to target epicardial development, and embryos were collected
188 at E16.5. Deletion of *Hif1 α* did not alter HIF-2 α expression in WT1+ cells (Supplementary
189 Figure 1a-b). Immunostaining against WT1 revealed a significant reduction in the number of
190 WT1+ cells in hearts from *Wt1^{CreERT2/+};*Hif1 α ^{fl/fl}** mutants (KO) as compared to littermate
191 controls (CTR) (Figure 2a-b). Quantification showed that the decrease in the percentage of
192 WT1+ cells affected both the epicardial layer (Figure 2c; Mean \pm SEM; CTR: 0.72 \pm 0.11;
193 KO: 0.32 \pm 0.010; p=0.0268) and the myocardium (Figure 2d; Mean \pm SEM; CTR: 3.96 \pm
194 1.01; KO: 0.98 \pm 0.25; p= 0.0461). Hearts were also probed for the endothelial marker
195 endomucin (EMCN), to mark the endocardium and to outline the myocardial trabeculae.
196 Mutant hearts exhibited a thinner, under-developed compact myocardium than control
197 littermate hearts, however, no significant differences in the myocardial compaction index
198 (Figure 2e) or in the extent of myocardial trabeculation, as assessed by fractal analysis
199 (Figure 2f), were found between mutants and controls. Moreover, immunostaining against
200 Ki67 (a marker of cells undergoing mitosis) did not reveal any alterations in the proliferation
201 rate of WT1+ cells between mutants and controls (Supplementary Figure 1c-d).

202 The epicardium is essential for the coronary vasculature development, with loss of *Wt1*
203 leading to absence of the coronary plexus⁴⁸. Whole-mount immunofluorescence staining for
204 EMCN associated with quantification using AngioToolTM software, revealed significantly

205 impaired coronary vessel formation following epicardial *Hif1α* deletion (Figure 2g-j).
206 *Wt1^{CreERT2/+};Hif1α^{fl/fl}* mutant embryos presented a significant decrease in the total vessel
207 length (microns) (Figure 2h, Mean ± SEM; CTR: 129229 ± 5509; KO: 81073 ± 10915; p=
208 0.0170), number of junctions (Figure 2i, Mean ± SEM; CTR: 2505 ± 63.74; KO: 1457 ± 282.1;
209 p= 0.0223) and end points (Figure 2j, Mean ± SEM; CTR: 3422 ± 249.5; KO: 2429 ± 218.6;
210 p= 0.0402).

211 During development, EPDCs are known to undergo EMT and migrate into the sub-epicardial
212 space to support coronary vessel formation. Thus, we sought to investigate whether the lack
213 of vascular complexity observed in the *Wt1^{CreERT2/+};Hif1α^{fl/fl}* mutant embryos was due to
214 impaired epicardial EMT. To address this, epicardial explants were generated from E11.5
215 embryos from a *Rosa26^{+/-}CreERT2;Hif1α^{fl/fl}* mouse line, in which a tamoxifen-inducible Cre was
216 under the control of the ubiquitous *Rosa26* promoter. Immunostaining and quantification
217 analyses (Supplementary Figure 2a-c) confirmed that tamoxifen treatment was effective in
218 reducing HIF-1α expression (Supplementary Figure 2b, Mean ± SEM; CTR: 0.99 ± 0.16;
219 KO: 0.46 ± 0.12; p= 0.0397) without affecting HIF-2α levels (Supplementary Figure 2c; Mean
220 ± SEM; CTR: 2505 ± 63.74; KO: 1457 ± 282.1; p= 0.0223). Epicardium-derived cells arising
221 from *Hif1α^{fl/fl}; Rosa26^{+/-}CreERT2* mutant explants presented a cobblestone-like morphology and
222 exhibited fewer phalloidin-labelled stress fibres as compared to control, that revealed a more
223 spindle-like mesenchymal morphology (Figure 2k). In addition, mutant explants showed a
224 predominant membrane alpha-smooth muscle actin (α-SMA) staining, demarcating their
225 epithelial cell shape, whereas control cells displayed a more intense labelling of the
226 filamentous actin cytoskeleton (Figure 2l). Consistent with our *in vivo* findings, explants
227 derived from *Rosa26^{+/-}CreERT2;Hif1α^{fl/fl}* hearts showed a decreased expression of WT1
228 indicating impaired epicardial EMT (Figure 2m).

229 To test whether WT1 might be a direct target of HIF-1α we interrogated a publicly available
230 dataset of chromatin immunoprecipitation coupled with next generation sequencing (ChIP-

231 seq), generated using an antibody targeting the β -subunit of the heterodimeric α - β HIF
232 complex (i.e. HIF-1 β) in the human clear cell renal cell carcinoma line 786-O⁴⁹. The 786-O
233 cell line has high levels of WT1 expression and is a surrogate model for active EMT and cell
234 migration⁵⁰. The ChIP-seq analysis revealed direct binding of HIF within intron 3 of the *Wt1*
235 gene (Supplementary Figure 3), confirming previous findings⁴⁰.

236 In summary, epicardial-specific deletion of *Hif1a* significantly reduced the number of WT1+
237 cells, both in the epicardium and underlying myocardium, affecting coronary vessel
238 development at E16.5. Taken together our data demonstrate that HIF regulates the
239 expression of WT1 and associated epicardial EMT.

240

241 *Stabilisation of HIF signalling enhances Wt1 expression and epicardial EMT.*

242 We next sought to investigate whether stabilising HIF signalling under normoxic conditions
243 is sufficient to enhance epicardial EMT. To this end, we established epicardial explants from
244 *Rosa26⁺/CreERT2;Phd2^{fl/fl}* mice, in which cre-mediated recombination induced loss of *Phd2*,
245 thus stabilising HIF signalling. Upon tamoxifen treatment, HIF-1 α and HIF-2 α expression
246 were significantly induced in *Rosa26⁺/CreERT2;Phd2^{fl/fl}* derived explants (KO) as compared to
247 controls (CTR) (Supplementary Figure 4a-c; HIF-1 α ; Mean \pm SEM; CTR: 0.26 ± 0.13 ; KO:
248 0.86 ± 0.09 ; $p=0.0061$; HIF-2 α ; Mean \pm SEM; CTR: 0.37 ± 0.01 ; KO: 1.12 ± 0.15 ; $p=0.0027$).

249 The extent and distribution of stress fibres was then visualised with α -SMA staining,
250 revealing an enhanced mesenchymal morphology in the mutant-derived explants (Figure
251 3a). In keeping, WT1 nuclear fluorescence was significantly increased in KO explants as
252 compared to CTR (Figure 3b-c; Mean \pm SEM; CTR: 158.7 ± 48.34 ; KO: 330.5 ± 27.26 ; $p=$
253 0.04).

254 To complement the genetic studies, we undertook a more therapeutically relevant approach
255 by using pharmacological PHDs inhibitors to stabilise HIF signalling. Epicardial explants
256 were generated from wildtype C57BL/6 E11.5 embryos and treated with Roxadustat (FG

257 4592), Molidustat (BAY 85-3934) or DMSO control. Both drugs are clinically approved, orally
258 administered small molecules for the treatment of anaemia in patients with dialysis-
259 dependent chronic kidney disease (CKD)⁴⁵, non-dialysis-dependent CKD^{42,44} and in patients
260 with myelodysplastic syndromes⁴³. Immunostaining for HIF-1 α and HIF-2 α was performed
261 (Supplementary Figure 4d-e) and stabilisation of HIF signalling upon PHDs inhibitors
262 treatment was confirmed (Supplementary Figure 4f-g). To assess the effect of
263 pharmacological PHD-inhibition on epicardial EMT, the proportion of mesenchymal cells
264 was assessed by morphological evaluation. Staining with phalloidin (Figure 3d) and α -SMA
265 (Figure 3e) showed an enhanced spindle-shape morphology with increased stress fibres,
266 suggesting an induction of EMT in inhibitor treated-explants. Additionally, immunostaining
267 revealed a significant increase in WT1 expression in treated explants for both drugs, as
268 compared to control (Figure 3f-g; Mean \pm SEM; Control: 1039 \pm 134.9; Roxadustat: 2318 \pm
269 438.4; Molidustat: 2500 \pm 503.7; p = 0.03).

270 These data suggest that genetic perturbation and/or pharmacological inhibition of PHDs
271 stabilised HIF signalling in the epicardium *ex vivo* to induce WT1 expression and enhance
272 epicardial EMT.

273

274 *Decline of HIF signalling is associated with epicardial quiescence in the neonatal heart.*

275 To provide unbiased insight into Hypoxia and HIF-related molecular pathways which are
276 differentially regulated in P1 versus P7 mouse hearts, we performed single cell RNA-seq
277 analysis using the 10x Genomics Chromium platform and next generation sequencing. Cell
278 clusters were visualised through uniform manifold approximation and projection (UMAP)
279 (Figure 4a). An epicardial cell cluster (Epi) was identified based on previously described
280 specific epicardial gene expression signatures⁵¹ (Figure 4b). As expected, a cardiomyocyte
281 cell cluster (CM) was underrepresented due to both low survival and size incompatibility with
282 the FACS cell sorting⁵². Gene Ontology (GO) analysis for biological processes showed an

283 enrichment of hypoxia-related pathways in P1 compared to P7 epicardial cells population
284 (Figure 4c). Accordingly, expression of well-known HIF-induced genes such as *Vegfa* and
285 pyruvate dehydrogenase kinase 3 (*Pdk3*) was increased in P1 derived epicardial cells
286 (Figure 4d). Conversely, the expression of *Phd2*, encoding for the main suppressor of HIF
287 signalling, was enriched in P7 cells (Figure 4e). These findings were further confirmed by a
288 time-course analysis of mRNA levels using ventricle lysates which revealed a marked
289 upregulation of *Phd2* levels from P7 to adulthood (Figure 4f). Notably, the increase in *Phd2*
290 levels coincided with a clear reduction in WT1 expression in P7 versus P1 hearts, as
291 determined by immunostaining (Figure 4g).

292 To determine a causative role in the regulation of epicardial *Wt1* activity, we extended HIF
293 signalling beyond P7 *via* the use of a genetic gain-of-function approach.
294 *Rosa26^{+/-CreERT2};Phd2^{fl/fl}* neonates were injected with a single-dose of tamoxifen at P2 to
295 induce CRE-mediated loss of *Phd2* and stabilisation of HIF (Supplementary Figure 5a). This
296 approach led to a reduction in *Phd2* expression levels by over 90% in
297 *Rosa26^{+/-CreERT2};Phd2^{fl/fl}* (KO) hearts compared to littermate controls (CTR; *Phd2^{fl/fl}*) (Mean
298 Fold change \pm SEM; CTR: 2.99 ± 0.24 , n=7; KO: 0.25 ± 0.063 n=5; p<0.0001;
299 Supplementary Figure 5b). Additionally, expression of the HIF target, *Glut1*, was significantly
300 upregulated in KO hearts at P7, suggesting the activation of HIF-mediated transcription
301 (Mean Fold change \pm SEM; CTR: 0.78 ± 0.13 , n=7; KO: 1.61 ± 0.20 n=5; p=0.005;
302 Supplementary Figure 5c). Consistent with our hypothesis, WT1 expression was
303 significantly induced in KO hearts, at both RNA (Mean Fold change \pm SEM; CTR $0.84 \pm$
304 0.096 , n=7; KO: 1.37 ± 0.086 n=5; p=0.003; Supplementary Figure 5d) and protein levels
305 (Mean number of Wt1+ cells \pm SEM; CTR: 9.75 ± 1.307 , n=4; KO: 16.7 ± 0.3 n=2; p=0.0243;
306 Supplementary Figure 5e). Together, these findings indicate that increased *Phd2* levels and
307 accompanying silencing of HIF signalling lead to gradual reduction in WT1 expression and
308 epicardial quiescence after birth and across the neonatal regenerative window.

309 *Activation of HIF signalling improves the response to injury in non-regenerative P7 hearts*

310 Given our findings that HIF signalling modulates WT1 expression and thus epicardial
311 activation, we next sought to determine whether prolonged maintenance of HIF signalling
312 would have a beneficial effect on the response to MI in the postnatal heart, beyond the first
313 7-days after birth. Stabilisation of HIF signalling was induced in *Rosa26^{+CreERT2};Phd2^{fl/fl}* pups
314 by tamoxifen injection at P2, and MI was induced by permanent ligation of the proximal left
315 anterior descending (LAD) coronary artery in P7 mice (Supplementary Figure 5a), a time-
316 point when the regenerative capacity of the heart is lost. Immunostaining against WT1 on
317 transverse, apical sections from hearts collected at 4 days post-injury (dpi), revealed a
318 widespread increase in WT1+ cells in the epicardial layer of KO, compared to CTR hearts
319 (Figure 5a). Notably, this increase was more pronounced in the remote epicardium, than in
320 the infarcted area, suggesting organ-wide epicardial activation analogous to that observed
321 in the regenerating zebrafish heart⁵³ (Mean number of WT1+ epicardial cells \pm SEM; CTR
322 infarct zone: 51 ± 16.43 ; KO infarct zone: 34.14 ± 7.567 , $n=4$, $p= 0.327$; CTR remote zone:
323 2.6 ± 1.208 ; KO remote zone: 15.29 ± 2.90 , $n=4$, $p= 0.0057$; Figure 5b and 5c). Likewise,
324 increased WT1 expression was detected in the myocardium, both in the infarct and remote
325 zone of KO hearts (Mean number of WT1+ cells in myocardial layer \pm SEM; CTR infarct
326 zone: 2.22 ± 1.44 ; KO infarct zone: 52.09 ± 12.61 , $n=4$, $p= 0.0023$; CTR remote zone: 2.625
327 ± 2.485 ; KO remote zone: 59.2 ± 16.51 , $n=4$, $p= 0.008$; Figure 5d and 5e). WT1 expression
328 in coronary endothelium has previously been described both in the developing and adult
329 heart following MI⁵⁴, we observed extensive co-localization of WT1 and EMCN, supporting
330 an endothelial identity for the observed incidence of myocardial WT1+ cells (Supplementary
331 Figure 5f-g). Despite this increase in WT1+ ECs, the neovascularisation response was not
332 substantially affected by stabilisation of HIF signalling, at 4dpi (Figure 5f). In addition, we
333 analysed macrophage infiltration and overall cell proliferation as potential contributors to an
334 improved response in the P7 heart, but neither were significantly altered in the absence of

335 PHD2 (Supplementary Figure 5h). Next, ventricular remodelling and scarring were assessed
336 at 21 dpi. Histological analysis of control (CTR) hearts revealed the presence of a transmural
337 scar, extending to the epicardial surface, left ventricular dilation and thinned right ventricle,
338 suggestive of pathological remodelling (Figure 5g, left panel). In the KO heart a transmural
339 scar was also observed, however the myocardium in the area of risk was comparatively
340 thicker with minimal remodelling of the left ventricle (Figure 5g, right panel), suggesting loss
341 of PHD2 may improve cardiac muscle survival post-MI. The sample size here was relatively
342 small due to technical difficulties and low survival rates associated with tamoxifen
343 administration at P2 and maternal cannibalism post injury. Therefore, to further test our
344 hypothesis that prolonged maintenance of HIF signalling has a beneficial effect on the
345 epicardium and response to MI in the postnatal heart, we explored a complementary
346 pharmacological approach recapitulating our gain of HIF-function explant studies. We
347 induced MI by LAD ligation in P7 mice and administered Roxadustat, Molidustat or DMSO
348 control (vehicle) by intraperitoneal injection, immediately after surgery and one week later,
349 to stabilise HIF signalling in the postnatal heart (Supplementary Figure 6a). Treatment with
350 either PHDs inhibitors proved effective in stabilising HIF-1 α and HIF-2 α , as observed by
351 immunostaining (Supplementary Figure 6b) and quantification of nuclear intensity
352 (Supplementary Figure 6c and 6d) in hearts collected at 9dpi. Moreover, this
353 pharmacological approach revealed a significant increase in epicardial WT1 expression in
354 both infarct and remote zone, in drug-treated hearts compared to controls (Figure 6a-c, %
355 of WT1⁺ epicardial cells \pm SEM; control infarct zone: 0.34 ± 0.08 , n=4; Roxadustat-treated
356 infarct zone: 0.64 ± 0.13 , n=4; Molidustat-treated infarct zone: 0.50 ± 0.06 , control remote
357 zone: 0.075 ± 0.02 , n=3; Roxadustat-treated remote zone: 0.16 ± 0.02 , n=4; Molidustat-
358 treated remote zone: 0.25 ± 0.05 , p = 0.03; Figure 6d-e). Similarly, an increase in WT1
359 expression in the myocardium was observed in drug-treated groups and was evidently more
360 pronounced proximal to the infarct region (% of WT1⁺ myocardial cells \pm SEM; control infarct

361 zone: 5.02 ± 1.34 , n=4; Roxadustat-treated infarct zone: 14.32 ± 3.09 , n=3; Molidustat-
362 treated infarct zone: 7.09 ± 1.86 , n=4; p = 0.03; control remote zone: 13.88 ± 4.96 , n=4;
363 Roxadustat-treated remote zone: 29.93 ± 6.55 , n=4; Molidustat-treated remote zone: 18.61
364 ± 6.18 , n=4, Figure 6f-g). In keeping with our previous findings using the genetic approach
365 to target *Phd2* (Figure 5), we observed an extensive co-localization of WT1 and EMCN in
366 the myocardium (Supplementary Figure 6e), supporting an endothelial identity for
367 myocardial WT1+ cells. In order to determine whether the observed increase in WT1+ cells
368 following treatment with PHD inhibitors promoted neovascularisation, immunostaining
369 against the endothelial marker CD31 and smooth muscle marker SM-22a was performed on
370 sections from treated and control hearts collected at 9dpi (Figure 6h-j). No significant
371 difference in the number of vessels was observed between the different experimental groups
372 (Figure 6k), suggesting no neovascularisation response during the initial stages post-MI.
373 Furthermore, global and specific (WT1+) cell proliferation was assessed by immunostaining
374 for proliferating cell nuclear antigen (PCNA), but no significant differences were observed
375 between control and PHD inhibitor-treated animals (Supplementary Figure 6f).

376 In order to analyse long-term effects of HIF-stabilisation after MI, we collected hearts at 21
377 dpi. Interestingly, co-immunostaining and quantification of CD31 and α -SMA revealed an
378 increase in the number of vessels in both treatment groups at this advanced stage following
379 injury, with a more significant effect in the Roxadustat-treated mice (Figure 7a-d). To
380 investigate whether activation of HIF signalling led to improved heart function following MI,
381 we performed cine-MRI analysis at 21 dpi. We observed a marked reduction in left
382 ventricular systolic function following MI in the vehicle-treated group as compared to
383 uninjured hearts and, more importantly, a significant improvement of systolic function in the
384 PHD inhibitor treated-groups (Figure 7e-h). MRI revealed that cardiac output (CO) and
385 stroke volume (SV) were significantly improved in Roxadustat- and Molidustat-treated
386 animals, with a more prominent effect in the latter group, comparable to uninjured controls

387 (Figure 7e-f; CO: control 10.53 ± 0.32 , Roxadustat 10.14 ± 0.46 , Molidustat 8.73 ± 0.38 , p=
388 0.0033. SV; control 24.37 ± 1.53 , Roxadustat 22.50 ± 0.96 , Molidustat 19.04 ± 0.79 , p =
389 0.0050). Moreover, the end-diastolic volume (EDV) in the drug-treated groups was
390 significantly improved (Figure 7h; EDV: control 33.38 ± 1.885 , Roxadustat 32.26 ± 1.57 ,
391 Molidustat 25.50 ± 0.82 , p = 0.0011). Histological analysis by Masson's trichrome staining
392 revealed the presence of a fibrotic scar in drug-treated animals, similar to controls (Figure
393 7i-j) indicating that the improved remodelling and preserved function following drug
394 treatment were possible against a background of ensuing fibrosis. Taken together these
395 findings suggest that treatment with PHDs inhibitors Roxadustat and Molidustat is effective
396 in stabilising HIF signalling beyond P7, leading to an increase in WT1+ cells, improved
397 outcome and preserved heart function following MI.

398

399

400 **Discussion**

401 In this study, we characterised the levels of hypoxia in the heart during mid-to-late gestation
402 when the epicardium is fully formed. At E12.5, hypoxia was restricted to areas of compact
403 myocardium, most significantly in the AV groove, situated close to where the coronary
404 plexus first forms⁵⁵. By E14.5, regions of hypoxia localised to the IVS, which is perfused later
405 than the muscle of the free wall⁵⁶. Finally, by E16.5 and E18.5, when the heart is sufficiently
406 perfused by the coronaries, hypoxia was restricted to the epicardium. Further expression
407 and distribution analysis of HIF-1 isoforms revealed a predominance of the HIF-1 α isoform
408 in WT1⁺ cells, whereas HIF-2 α appeared to be more localized to the myocardium. Hypoxia
409 is a known promoter of EMT⁵⁷ and in the epicardium this coincided with the presence of
410 WT1⁺ EPDCs. We confirmed a functional role for HIF-1 α in promoting morphological
411 changes associated with EMT by direct regulation of *Wt1* expression. Moreover, epicardial-
412 specific deletion of *Hif1a* significantly reduced the number of WT1 expressing cells in both
413 epicardium and myocardium, along with impaired coronary vessels in E16.5 embryos. This
414 collectively suggests that HIF-1 α mediated epicardial EMT plays an essential role in
415 coronary vessel formation. Cre-mediated deletion of HIF-1 α , induced at E9.5 and E10.5,
416 predominantly targeted epicardial cells; however, expression of WT1 in coronary
417 endothelium has been reported as early as E11.5⁵⁸, suggesting that the observed effects on
418 the coronary vasculature may also be the result of aberrant HIF signalling in WT1⁺ ECs.
419 However, stabilisation of HIF signalling in epicardial explant cultures under physiological
420 oxygen levels, via genetic ablation of *Phd2*, or chemical inhibition of PHD enzymes with
421 either Roxadustat (FG-4592) or Molidustat (BAY 85-3934), resulted in enhanced EMT and
422 WT1 expression further confirming a role for HIF signalling in epicardial activation.

423 To gain insight into the molecular pathways regulated postnatally within the epicardium, we
424 performed single cell RNA sequencing analysis comparing P1 and P7 stages and focused
425 on the specific gene expression signature of the epicardial cell cluster. GO analysis showed

426 an enrichment of hypoxia-related pathways in P1 hearts, and the expression of well-known
427 HIF target genes showed a similar regulation. Importantly, *Phd2* expression was enriched
428 in P7 hearts, potentially contributing to epicardial quiescence during the first week of life
429 concurrent with a decrease in HIF signalling. Complete regeneration, following MI, requires
430 both the replacement of lost cardiomyocytes and the formation of new blood vessels. Given
431 the role of the epicardium during development, in promoting coronary vessel formation and
432 growth of the forming myocardium, the observed epicardial quiescence after birth likely
433 contributes to the loss of regenerative capacity. Following targeting of *Phd2*, persistent WT1
434 expression was observed in the epicardium at P7, suggesting that maintaining HIF signalling
435 after birth is sufficient to extend activation of the epicardium beyond the first week of life.
436 Genetic and pharmacological stabilisation of HIF signalling beyond P7 proved to be effective
437 in extending the regenerative window after LAD surgery, inducing the formation of new
438 vessels, reducing pathological remodelling, and preserving cardiac function against a
439 background of fibrotic repair. The observation that scarring persisted, following either
440 genetic perturbation of *Phd2* or chemical inhibition of PHDs, and yet there was significant
441 functional improvement is clinically significant, given that fibrotic repair to prevent rupture
442 after MI is considered a barrier to effective tissue regeneration^{59–61}. The two pharmacological
443 inhibitors utilised in this study, Roxadustat and Molidustat, are orally administered small
444 molecules used for the treatment of anaemia in patients with dialysis-dependent chronic
445 kidney disease (CKD)⁴⁵, non-dialysis-dependent CKD^{42,44} and in patients with
446 myelodysplastic syndromes⁴³. Thus, there is genuine potential for repurposing these drugs
447 to treat ischemic heart disease.

448 In summary, we show that the epicardium is hypoxic at later stages of development and
449 HIF-1 α is involved in epicardial activation and EMT, required to support coronary vessel
450 development. The epicardium becomes quiescent after birth with concomitant loss of HIF-
451 signalling. Genetic or pharmacological stabilisation of HIF after birth is effective in

452 maintaining an activated epicardium, leading to a significant improvement in cardiac
453 remodelling and function after injury, thus representing a potential novel therapeutic target
454 to improve cardiac regeneration following MI.

455

456 **Methods**

457 *Mouse Lines*

458 All animal experiments were carried out in accordance with the UK Home Office project
459 license (PPL) 30/2987, PPL30/3155 and PDDE89C84 compliant with the UK animals
460 (Scientific Procedures) Act 1986 and approved by the local Biological Services Ethical
461 Review Process. The following mouse lines were used: $Rosa^{26+/-CreERT2};Hif1a^{fl/fl}$,
462 $Rosa^{26+/-CreERT2};Phd2^{fl/fl}$. The $Wt1^{CreERT2/+};Hif1a^{fl/fl}$ mouse line was generated by crossing
463 $Wt1^{CreERT2/+}$ with $Hif1a^{fl/fl}$ animals⁶² for two generations. Genetically modified mouse lines
464 used were kept in a pure C57BL/6 background. Both males and females were used in the
465 study. For timed-mating experiments, 8-12-week-old mice were set up overnight and
466 females checked for vaginal plugs the following morning; the date of a vaginal plug was set
467 as embryonic day (E) 0.5. For tamoxifen-dependent gene activation, 2 doses of 40 mg/kg of
468 body weight of tamoxifen (Sigma) were administered to pregnant dams by oral gavage, at
469 embryonic stages E9.5 and E10.5. For neonate studies, pups were injected intraperitoneally
470 (i.p.) with a single 10 μ l dose of 20 mg/ml tamoxifen, at postnatal day (P)2, using a 25-gauge
471 needle⁶³. For hypoxia studies, pregnant females were injected i.p. with 1.5 mg Hypoxyprobe
472 (Hypoxyprobe-1 Inc). After 2 hours, hearts from embryos were harvested and fixed.

473

474 *Myocardial Infarction*

475 All surgical and pharmacological procedures were performed in accordance with the
476 Animals (Scientific Procedures) Act 1986 (Home Office, UK). MI was induced by permanent
477 ligation of the left anterior descending (LAD) coronary artery in mice at postnatal day (P) 7,
478 as previously described⁶⁴. Wild type animals received i.p. injection of FG-4592 (Roxadustat,
479 Selleck), BAY 85-3934 (Molidustat, Selleck) (10 mg /kg) or vehicle (DMSO), upon recovery
480 (day 0) and 7 days later. Hearts were harvested at 4- or 9- and 21-days following ligation.

481

482 *Epicardial explants*

483 Sterile 12-well plates (Fisher Scientific), containing sterile 13-mm diameter coverslips were
484 coated with 0.1% gelatin (Millipore) and allowed to stand for 20 minutes. The gelatin was
485 then replaced by Dulbecco's Modified Eagle Medium (DMEM) (Sigma) containing 10% FBS
486 (Sigma), 1% Penicillin/Streptomycin (Sigma). Hearts were isolated from E11.5 embryos and
487 the outflow tract and atria were removed. Each ventricle was then cut in half and placed
488 epicardial side down on the coverslip⁶⁵. Explants were kept at 37°C/5% CO₂. 24 hours later,
489 1 µM of tamoxifen was added to explants. After 48 hours of culture, the explant tissue was
490 carefully peeled off, leaving only the epicardial sheet remaining on the coverslip. For
491 explants prepared from C57BL/6 embryos, 50 µM of FG-4592 (Roxadustat, Selleck), BAY
492 85-3934 (Molidustat, Selleck) or vehicle (DMSO) was added. After a total of 72 hours in
493 culture, the media was removed, coverslips were washed briefly in ice-cold PBS and then
494 fixed in 4% PFA at room temperature for 15 minutes. Coverslips were subsequently washed
495 in PBS before proceeding with immunostaining.

496

497 *Histological analysis*

498 Following overnight (O/N) fixation in 2% PFA at 4°C, hearts were washed in PBS and
499 dehydrated by passage through rising concentrations of ethanol. Samples were then
500 washed in Butanol O/N, at RT, before being placed in molten 50:50 butanol: Histoplast
501 paraffin wax (Fisher) at 56°C. After 1 hour the solution was replaced with 100% Histoplast
502 paraffin wax. After several changes of 100% wax, hearts were oriented and embedded into
503 a mould pre-loaded with paraffin. The wax was then rapidly cooled on a bed of ice and stored
504 at 4°C. A microtome was used to cut 10µm-thick sections through the heart. Before staining,
505 sections were first deparaffinised in HistoClear solution (Fisher), followed by rehydration
506 through a decreasing concentration of ethanol. For Masson's Trichrome Staining, the
507 Masson's Trichrome kit (Abcam) was used as per the manufacturer's instructions. Briefly,

508 slides were immersed in Bouin's solution for 15 minutes at 56°C. Sections were then stained
509 by serial immersion in the following solutions: Weigert's Iron Haemotoxylin solution (5
510 minutes); Biebrich Scraletacid Fuchsin (5 minutes); Aniline Blue (5 minutes);
511 Phosphotungstic/Phosphomolybdic acid solution (5 minutes) and finally 1% Acetic acid
512 solution (2 minutes). Samples were then rinsed in distilled water and dehydrated. Finally,
513 sections were cleared in Xylene and mounted using DPX mounting media.

514

515 *Immunofluorescence staining*

516 Embryos were harvested at the required embryonic stage, placed in ice-cold PBS (Sigma)
517 and the heart micro-dissected. Similarly, hearts from neonates were removed and washed
518 in ice-cold PBS. Both embryonic and neonatal hearts were fixed for 6 hours in 2%
519 paraformaldehyde (PFA; Santa Cruz Biotechnology) at 4°C and equilibrated in 30% sucrose
520 overnight at 4°C. Hearts were then placed in 50:50 30% sucrose/PBS: Tissue-Tek OCT
521 (VWR) for 30 minutes at room temperature (RT) and embedded in OCT. 10 µm-thick
522 cryosections through the heart were cut. Before use, slides were left to dry for 10 minutes
523 at RT and then washed in PBS for 5 minutes to remove the OCT. Samples were
524 permeabilised with 0.5% (sections) or 0.1% (explants) Triton X-100 in PBS (PBTr) for 10
525 minutes at RT and subsequently rinsed twice in PBS. Samples were blocked in 10% Serum,
526 1% bovine serum albumin (BSA, Merck), 0.1% PBTr for 1 hour at RT prior to incubation with
527 the primary antibodies overnight at 4°C. The following day, slides were washed three times
528 for at least 5 min in 0.1% PBTr. Samples were incubated with Alexa Fluor®-conjugated
529 secondary antibodies (1:200 dilution; Invitrogen) and 4',6-Diamidino-2-Phenylindole,
530 Dihydrochloride (DAPI; 0.1 µg/ml, Invitrogen), for 1 hour at RT, protected from light. After
531 final washes, slides were mounted in 50% glycerol in PBS. For wholemount staining,
532 samples were washed in 0.3% PBTr and blocked in 1% BSA (Merck), 0.3% PBTr for at least
533 2 h. The samples were then incubated with primary antibodies in the blocking solution

534 overnight at 4°C. On the second day, the samples were washed at least five times in 0.3%
535 PBTr and then incubated with secondary antibodies and DAPI (Invitrogen) diluted in PBS
536 overnight at 4°C. The samples were then washed with PBS at least five times the next day
537 and mounted in 50% glycerol in PBS. The following primary antibodies were used: Dylight
538 549 Mab (Hypoxyprobe-1 Inc, 1:200) antibody to detect hypoxyprobe labelling, HIF-1 α
539 (1:100, Novus Biologicals), HIF-2 α (1:100, R&D Systems), endomucin (1:50, Santa Cruz
540 Biotech), podoplanin (1:200, Fitzgerald), WT1 (1:100, Abcam), Alexa Fluor™ 488 Phalloidin
541 (1:250, ThermoFischer), actin alpha-smooth muscle Cy3 (1:100, Sigma), Anti- α -Actinin
542 (Sarcomeric) (1:500, Sigma-Aldrich), CD31 (1:100, Abcam), smooth muscle Myosin heavy
543 chain 11 (SM-MHC, 1:100, Abcam), SM22 alpha (1:100, Abcam).

544

545 *RNA isolation and qRT-PCR analysis*

546 Total RNA was isolated from frozen ventricles with Trizol (Invitrogen) using a teflon
547 homogeniser followed by aspiration with a sterile 25-gauge needle and syringe (BD
548 sciences). RNA was transcribed into cDNA utilizing random primers (Promega) with
549 Superscript Reverse Transcriptase III (Life Technologies). Real-time quantitative PCR was
550 performed on a ViiA™ 7 Real-Time PCR System (Applied Biosystems), using SYBR Green
551 mix (Invitrogen). Gene expression was evaluated as DeltaCt relative to control (*Atp5b* and
552 *Sdha*).

553

554 *Heart dissociation and FACS sorting*

555 Hearts from P1 and P7 mice were harvested and minced into a single cell suspension of
556 FACS sorted live cells. Briefly, for each sample, 3 hearts collected from the same litter were
557 pooled together and finely minced with a scalpel. Tissue was then digested by gentle
558 agitation (180 rpm shaker) in Collagenase II (Gibco,) using a solution of 500 units/ml in
559 HBSS at 37 °C for 45 minutes (P7 hearts) or 20 minutes (P1 hearts). Cell solutions were

560 then passed through a 70 μm filter, washed and incubated in Red Blood Cell lysis buffer
561 (Cell Signaling Technology) for 10 minutes at RT to remove red blood cells. Finally, isolated
562 single cardiac cells were centrifuged, resuspended in 2% FBS in PBS, passed through the
563 filtering cap of the FACS tubes and incubated with 1% 7-AAD viability stain (Invitrogen) for
564 10 minutes. Approximately 1×10^5 live cells per sample were sorted using the BD FACSAria
565 Fusion Sorter.

566

567 *Single cell RNA-Sequencing*

568 FACS sorted cardiac cells viability and concentration were assessed by using an automated
569 cell counter and 1.5×10^4 cells per sample were loaded onto the 10X Chromium system (10X
570 Genomics) to obtain a target cell recovery of ~ 6000 cells. Single cell RNA-seq libraries were
571 generated using Single Cell 3 Prime Reagent Kits v1.3 (10x Genomics) according to the
572 manufacturer's protocol. Sequencing was performed on an Illumina NovaSeq 6000 System
573 operated by the Oxford Genomics Centre at the Wellcome Centre for Human Genetics. Raw
574 sequence reads were aligned against the mouse mm10/GRCm38 reference transcriptome
575 using the Cell Ranger 3.1.0 pipeline (10x Genomics) and processed further using the
576 scRNA-seq analysis R package Seurat (v.3.2.3). Initial filtering removed cells expressing
577 less than 200 genes and genes that were expressed in less than 3 cells. To exclude low
578 quality cells and doublets we filtered out cells with a very high mitochondrial genes content
579 and cells that expressed more than 8000 genes. Based on these criteria, 19211 genes
580 across 5308 and 8734 cells for P1 and P7 samples respectively remained for downstream
581 analysis. Data from the two samples were combined and scaled by regressing out the
582 nUMIs, percentage of mitochondrial gene expression and cell cycle. To correct for batch
583 effect, samples were integrated using the Harmony package (v.1.0). Uniform manifold
584 approximation and projection (UMAP) was performed on the scRNAseq harmonised cell
585 embeddings and unbiased clustering was obtained using the FindCluster function of the

586 Seurat pipeline. Cluster cell types were annotated using a combination of differentially
587 expressed markers, identified using the Seurat FindAllMarkers function and the expression
588 of selected canonical markers for specific cell types. The Epicardial cell cluster was then
589 identified and subsetted into a new Seurat object with raw reads counts. The standard
590 Seurat pipeline described above was performed and the Model-based Analysis of Single-
591 cell Transcriptomics test (MAST v.1.14.0) was used to analyse the differential gene
592 expression between the P1 and P7 groups in the epicardial cells. Finally, differentially
593 expressed genes were ranked based on both the fold change and p value ($\text{avg_logFC} * -$
594 \log_{10} of the p_val) and the ranked list was submitted to the Metascape platform
595 (www.metascape.org) to identify enriched pathways in the P1 or P7 group, respectively.

596

597 *Cardiac cine-MRI*

598 Cardiac cine-MRI was performed at 7T using a Varian DDR system. Briefly, mice were
599 anaesthetised with 2% isoflurane in O₂, and positioned supine in a custom animal handling
600 system with homeothermic control. Prospectively gated proton cardiac images were
601 acquired with a partial Fourier accelerated spoiled gradient echo CINE sequence (TR 5.9
602 ms, TE 2.2 ms, 30 kHz bandwidth, 25° FA, approximately 20-30 frames gated to the R wave
603 with a 4 ms postlabel delay; 20% partial acquisition; 4 averages) with a 72 mm volume
604 transmit/4 channel surface receive coil (Rapid Biomedical GmbH) in order to acquire two
605 and four chamber long-axis views and a short axis stack for functional quantification
606 (128x128 matrix; 25.6 mm² FOV; 0.7 mm slice thickness, 0.2 mm resolution in-plane). Non-
607 acquired partial Fourier data was reconstructed via the method of projection onto convex
608 sets prior to a simple, cartesian, DFT. Blinded image analysis was performed in ImageJ as
609 described previously⁶⁶.

610

611 *Image Analysis*

612 For quantification of immunofluorescence of cryosections, images were captured on an
613 Olympus FluoView 3000 confocal microscope and analysed with Fiji (NIH) and AngioTool⁶⁷.
614 To quantify nuclear fluorescence, a macro was written to identify all DAPI-stained nuclei and
615 to analyse nuclear fluorescence based on the DAPI mask. To localise WT1+ cells in the
616 epicardium and myocardium, cells were manually counted.

617

618 *Statistical Analysis*

619 All data are presented as mean \pm standard error of the mean (SEM) or as median, inter-
620 quartile range (IQR) and upper and lower limits. Statistical analysis was performed on
621 GraphPad Prism 8 software. The statistical significance between two groups was
622 determined using an unpaired two-tailed Student's t-test, these included an F-test to confirm
623 the two groups had equal variances. Among three or more groups, one-way analysis of
624 variance (ANOVA) followed up by Dunnett's or Tukey's multiple comparison tests were
625 used. A value of $p \leq 0.05$ was considered statistically significant.

626

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636

637

638 **Author Contributions**

639 PRR conceived the original project and sourced funding. PRR and JMV oversaw the project
640 direction and data analyses. EG and ELP carried out experiments and analysed the data.
641 CDV and MGR performed surgeries. DP carried out the scRNA-seq experiment and
642 bioinformatic analyses. RPC supervised the scRNA-Seq experiment and computational
643 analyses. RS and DRM, assisted with the analysis of HIF-1 β ChIP-seq datasets. TB and
644 CWP provided *Rosa*^{26+/CreERT2};*Hif1a*^{fl/fl} and *Rosa*^{26+/CreERT2};*Phd2*^{fl/fl} mouse strains, and
645 provided advice and technical assistance. CAC performed blinded MRI scanning and
646 analyses. EG wrote the main draft of the manuscript. PRR and JMV contributed to editing
647 of the final manuscript.

648

649

650 **Competing interests**

651 The authors declare no competing interests.

652

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- 819

820 **Figure Legends**

821

822 **Figure 1. The epicardium is hypoxic at later stages of heart development.**

823 Representative images of immunostaining for DAPI (blue), HP1 (red) and EMCN, WT1, HIF-
824 1 α and HIF-2 α (green) on cryosections of foetal hearts at E12.5 (a), E14.5 (b), E16.5 (c) and
825 E18.5 (d). Arrowheads indicate overlap between HP1 and WT1, HIF-1 α or HIF-2 α . n=6
826 hearts per stage. AV groove= atrioventricular groove, IVS= interventricular septum, RV=
827 right ventricle, LV= left ventricle. Whole heart scale bars, 200 μ m; high magnification scale
828 bars, 100 μ m.

829

830 **Figure 2. Epicardial loss of *Hif1 α* leads to reduced WT1 expression and impaired EMT.**

831 (a-b) Representative images of immunostaining for EMCN (green), WT1 (red), PDPN (white)
832 and DAPI (blue), on coronal sections of hearts from (a) *Hif1 $\alpha^{fl/fl}$* (CTR) or (b)
833 *Wt1^{CreERT2/+};Hif1 $\alpha^{fl/fl}$* (KO) embryos at E16.5. Images on the right of each panel represent
834 high magnifications of boxed regions. Scale bars, 200 μ m. (c,d) Percentage of WT1+ cells
835 per section in (c) the epicardium or (d) the myocardium. (e) Muscle compaction index and
836 (f) fractal analysis used to determine the complexity of myocardial trabeculae. n=3-4
837 hearts/group. (g) Whole-mount immunostaining for EMCN (green) to visualize coronary
838 vasculature from CTR and KO embryos at E16.5. Scale bars, 500 μ m. IVS= interventricular
839 septum, RV= right ventricle, LV= left ventricle. (h-j) Quantification of the coronary
840 vasculature as (h) total vessel length, (i) number of junctions and (j) end points. n = 3
841 hearts/group. Data presented as median, inter-quartile range (IQR) and upper and lower
842 limits. Data analysed by student t-test, *p<0.05.

843

844 **Figure 3. Stabilisation of HIF signalling promotes *Wt1* expression and enhances**
845 **epicardial EMT.** (a,b) Representative images of immunostaining for α smooth muscle actin

846 (α -SMA, red), WT1 (red) and DAPI nuclear stain (blue) and (c) quantification of nuclear
847 intensity of WT1 signal on epicardial explants derived from *Phd2^{fl/fl}* (CTR) and
848 *Rosa26^{+/-CreERT2};Phd2^{fl/fl}* (KO) embryos at E11.5. n=3/group. (d-f) Representative images of
849 immunostaining for Phalloidin (green), α -SMA (red), WT1 (red) and DAPI nuclear stain
850 (blue), and (g) quantification of nuclear intensity of WT1 signal on epicardial explants derived
851 from wild type embryos at E11.5 treated with DMSO (Control), Roxadustat (FG-4592) or
852 Molidustat (BAY 85-3934). n= 5-6/group. Scale bars, 50 μ m. Arrowheads indicate stress
853 fibres. Data presented as median, inter-quartile range (IQR) and upper and lower limits.
854 Data analysed by student t-test and one-way ANOVA with Dunnett's post-hoc test, *p<0.05.
855

856 **Figure 4. HIF signalling is downregulated in between P1 and P7 in neonatal mice.** (a)
857 UMAP representation of different cell populations in the neonatal heart at postnatal day (P)
858 1 and P7. (b) Stacked violin plots showing expression of canonical Epi-enriched genes
859 *Upk3b*, *Upk1b*, *Bnc*, *Dmkn*. (c) Heatmap showing biological processes enriched in the Epi
860 cluster at P1 and P7. Violin plots showing expression of HIF target genes (d) *Vegfa* and
861 *Pdk3*, and (e) *Phd2* at P1 and P7. (f) Real time RT-PCR analysis of *Phd2*, n=4 mice per
862 group. (g) Representative images of immunostaining for WT1 (green), ACTN2 (red), PDPN
863 (white) and DAPI nuclear stain (blue) at P1 and P7. Images to the right are magnified views
864 of boxed regions shown in whole heart images. Arrowheads indicate expression of WT1 in
865 the epicardium. IVS= interventricular septum, RV= right ventricle, LV= left ventricle. Whole
866 heart scale bars, 200 μ m; high magnification scale bars, 100 μ m. n=3 hearts per stage. Data
867 presented Mean \pm SEM. Data analysed by one-way ANOVA with Tukey's post-hoc test
868 **p<0.01; ****p<0.0001. Epi, epicardium.

869

870 **Figure 5. Loss of *Phd2* induces WT1 epicardial expression and improves heart**
871 **regeneration post-MI.** (a) Representative images of immunostaining for WT1 (green),

872 ACTN2 (red), PDPN (white) and DAPI nuclear stain (blue) on transverse apical sections of
873 hearts from *Phd2^{fl/fl}* (CTR) and *Rosa26^{+CreERT2};Phd2^{fl/fl}* (KO) mice and (b-e) quantification of
874 number of WT1 positive cells at 4 days post-injury (dpi). Images on the right represent high
875 magnification views of boxed regions shown in whole heart images. Arrowheads indicate
876 expression of WT1 in the epicardium (determined by co-expression with PDPN); arrows
877 indicate WT1 expression in non-epicardial cells. Epi, epicardium; myo, myocardium. Whole
878 heart scale bars, 200 μ m; high magnification scale bars, 100 μ m. n=4 hearts per group. Data
879 presented as median, IQR and upper and lower limits. Data analysed by Student's t-test
880 **p<0.01. (f) Representative images of immunostaining for CD31 (green), SM-MHC (red)
881 and DAPI (blue) on transverse apical sections of hearts from CTR and KO hearts at 4dpi.
882 Images in top right corner represent high magnifications of boxed region. n=4 hearts per
883 group. RV= right ventricle, LV= left ventricle. Scale bars, 200 μ m, high magnification scale
884 bars, 50 μ m. (g) Masson's Trichrome stained transverse sections to show cardiac fibrosis
885 (blue) at 21dpi. * denotes suture placement. Scale bars, 1mm. n=3 for *Phd2^{fl/fl}*, n=1 for
886 *Rosa26^{+CreERT2};Phd2^{fl/fl}*.

887

888 **Figure 6. Pharmacological treatment with PHD inhibitors induces WT1 expression.** (a)
889 Representative images of immunostaining for WT1 (red), PDPN (white) and DAPI nuclear
890 stain (blue) on sections of hearts from animals treated with either (a) saline (Control), (b)
891 Roxadustat (FG-4592) or (c) Molidustat (BAY 85-3934) and (d-g) quantification of number
892 of WT1 positive cells at 9 days post-injury (dpi). Images on the right represent high
893 magnification views of boxed regions shown in whole heart images. Arrowheads indicate
894 expression of WT1 in the epicardium (determined by co-expression with PDPN). Whole
895 heart scale bars, 200 μ m; high magnification scale bars, 100 μ m. n=4 hearts per group. (h)
896 Representative images of immunostaining for CD31 (green), α -SMA (red) and DAPI (blue)
897 on sections of hearts from animals treated with either (h) saline (Control), (i) Roxadustat

898 (FG-4592) or (j) Molidustat (BAY 85-3934) and (k) quantification of number of vessels at 9
899 dpi. n=3 hearts per group. IVS= interventricular septum, RV= right ventricle, LV= left
900 ventricle. Scale bars 200µm, high magnification scale bars, 50µm. Data presented as
901 median, IQR and upper and lower limits. Data analysed by one-way ANOVA with Dunnett's
902 post-hoc test *p<0.05.

903

904 **Figure 7. Pharmacological stabilisation of HIF induces new coronary vessel formation**
905 **and improves heart function.** Representative images of immunostaining for α-smooth
906 muscle actin (α-SMA, red), CD31 (green) and DAPI nuclear stain (blue) on sections of hearts
907 from animals treated with either (a) saline (Control), (b) Roxadustat (FG-4592) or (c)
908 Molidustat (BAY 85-3934) and (d) quantification of number of new vessels at 9 days post-
909 injury (dpi). Images below represent high magnification views of boxed regions shown in
910 whole heart images. Arrowheads indicate vessel (determined by co-expression of CD31 and
911 α-SMA). Whole heart scale bars, 200µm; high magnification scale bars, 100µm. n=3-4 hearts
912 per group. (e) Representative mid-ventricular short-axis MRI frames for control, Roxadustat
913 and Molidustat treated heart. (f-h) MRI analyses of infarcted control and treated hearts at 21
914 dpi showing reduced CO (f), SV (g), and EDV (h) in Molidustat treated animals, compared
915 with controls. n=5-7 hearts per group. (i) Representative images and (j) quantification of
916 Masson's Trichrome stained transverse sections to show cardiac fibrosis (blue) at 21dpi. *
917 denotes suture placement. Scale bars, 1mm. Data presented as median, IQR and upper
918 and lower limits. Data analysed by one-way ANOVA with Dunnett's post-hoc test *p<0.05,
919 **p<0.01.

Figures

Figure 1

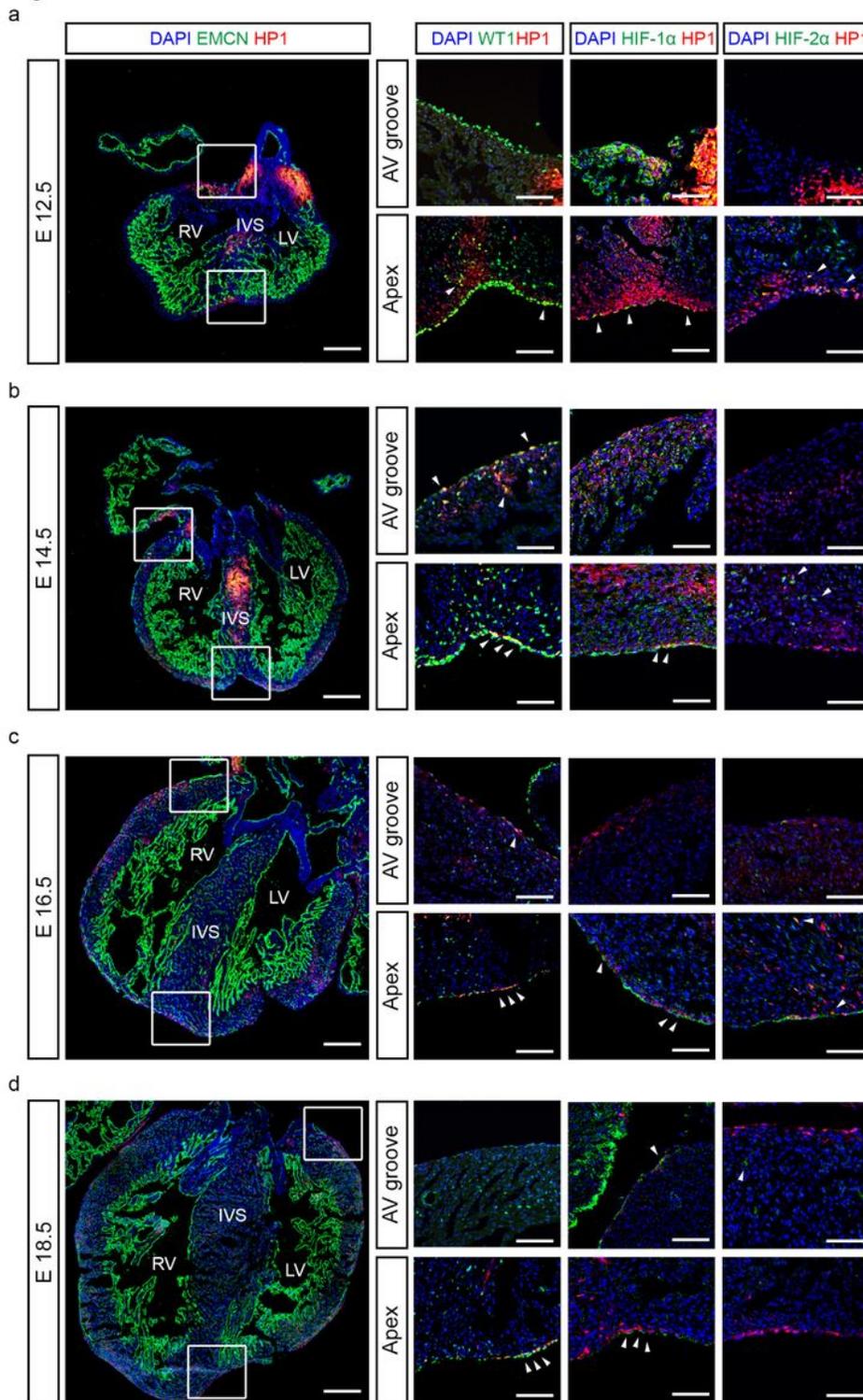


Figure 1

The epicardium is hypoxic at later stages of heart development. Representative images of immunostaining for DAPI (blue), HP1 (red) and EMCN, WT1, HIF- 1 α and HIF-2 α (green) on cryosections of foetal hearts at E12.5 (a), E14.5 (b), E16.5 (c) and E18.5 (d). Arrowheads indicate overlap between HP1

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Figure 2

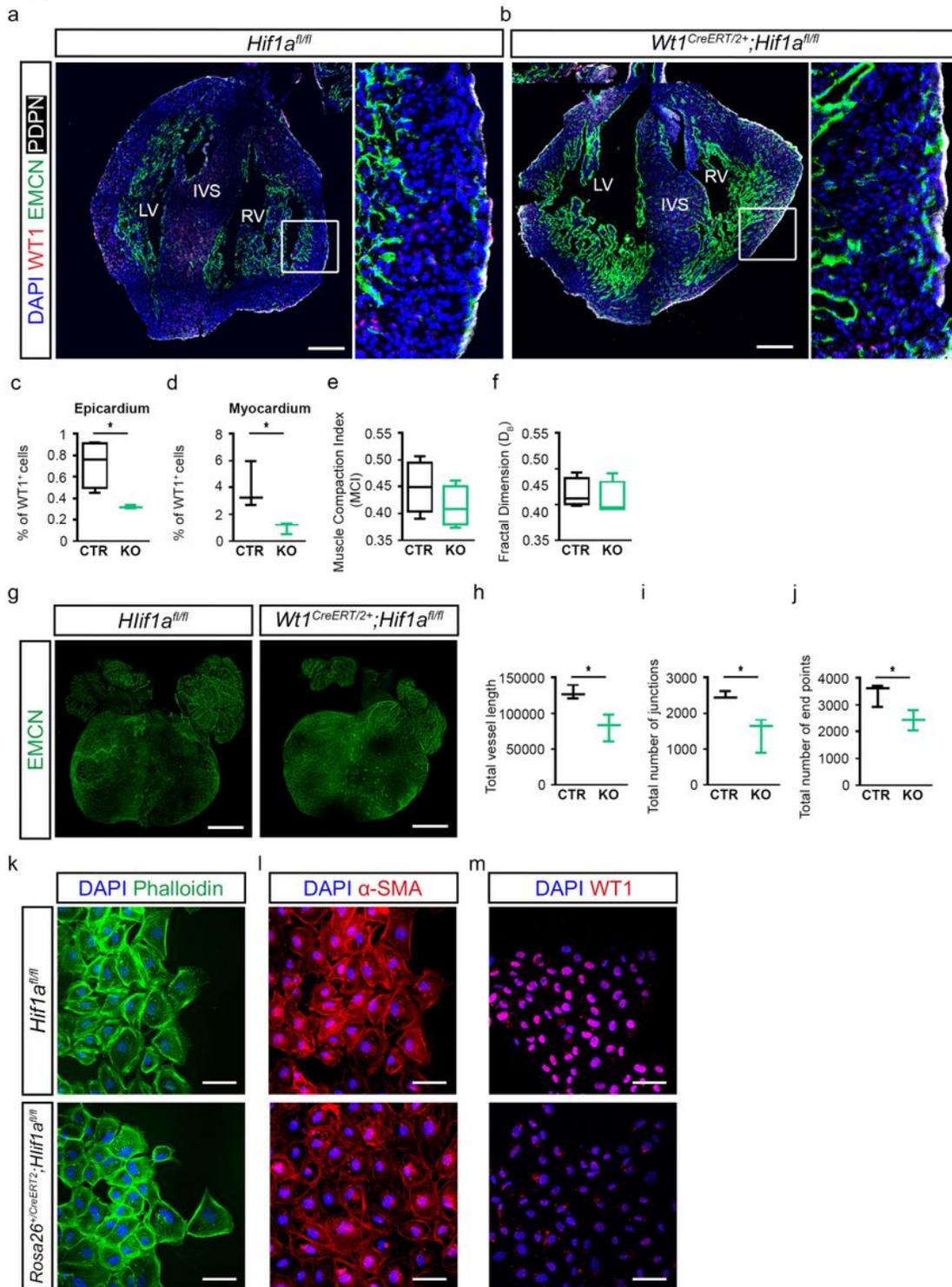


Figure 2

Epicardial loss of Hif1 α leads to reduced WT1 expression and impaired EMT. (a-b) Representative images of immunostaining for EMCN (green), WT1 (red), PDPN (white) and DAPI (blue), on coronal sections of

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Figure 3

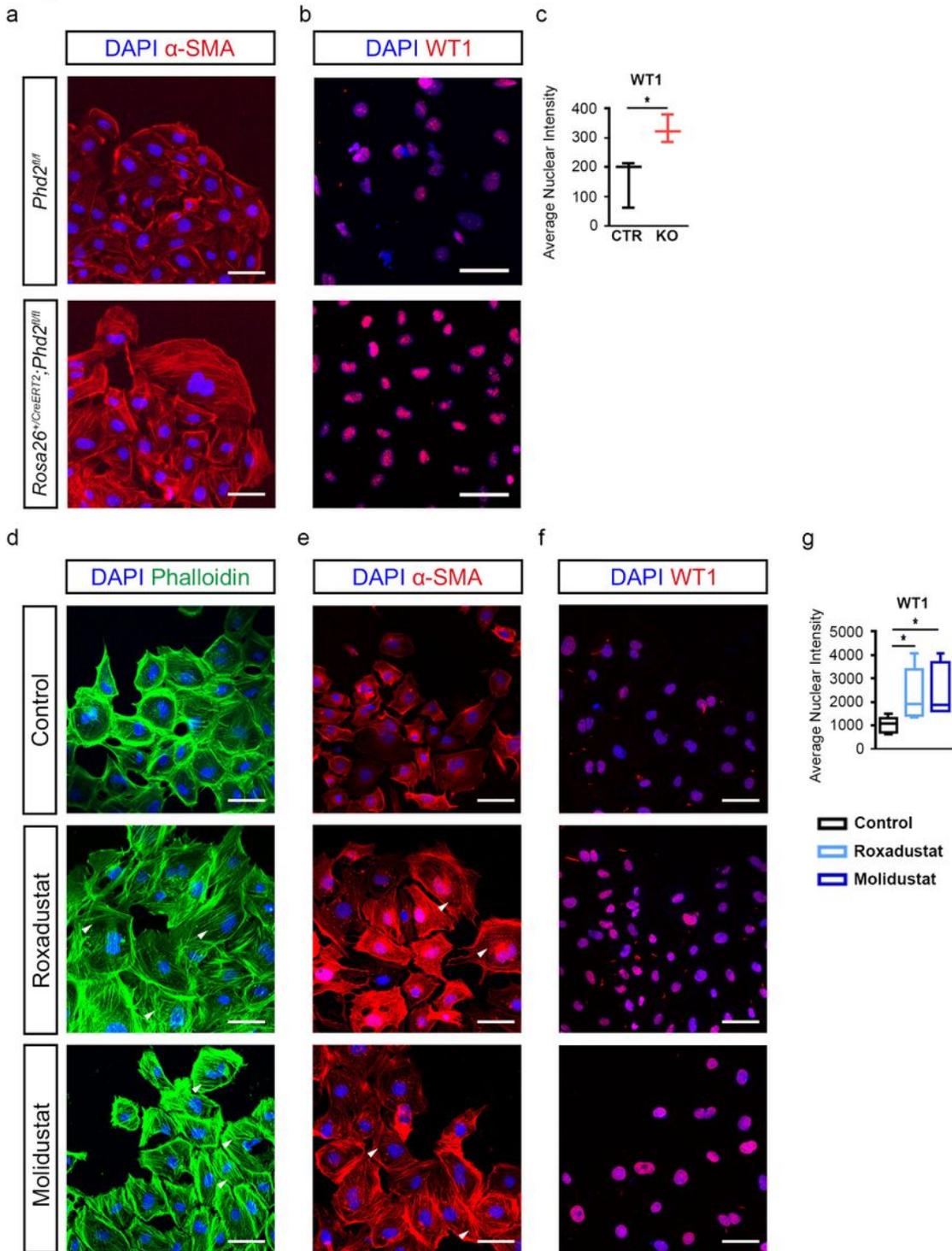


Figure 3

Stabilisation of HIF signalling promotes Wt1 expression and enhances epicardial EMT. (a,b) Representative images of immunostaining for α smooth muscle actin (α -SMA, red), WT1 (red) and DAPI nuclear stain (blue) and (c) quantification of nuclear intensity of WT1 signal on epicardial explants derived from Phd2fl/fl (CTR) and Rosa26+/CreERT2;Phd2fl/fl (KO) embryos at E11.5. n=3/group. (d-f) Representative images of immunostaining for Phalloidin (green), α -SMA (red), WT1 (red) and DAPI

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Figure 4

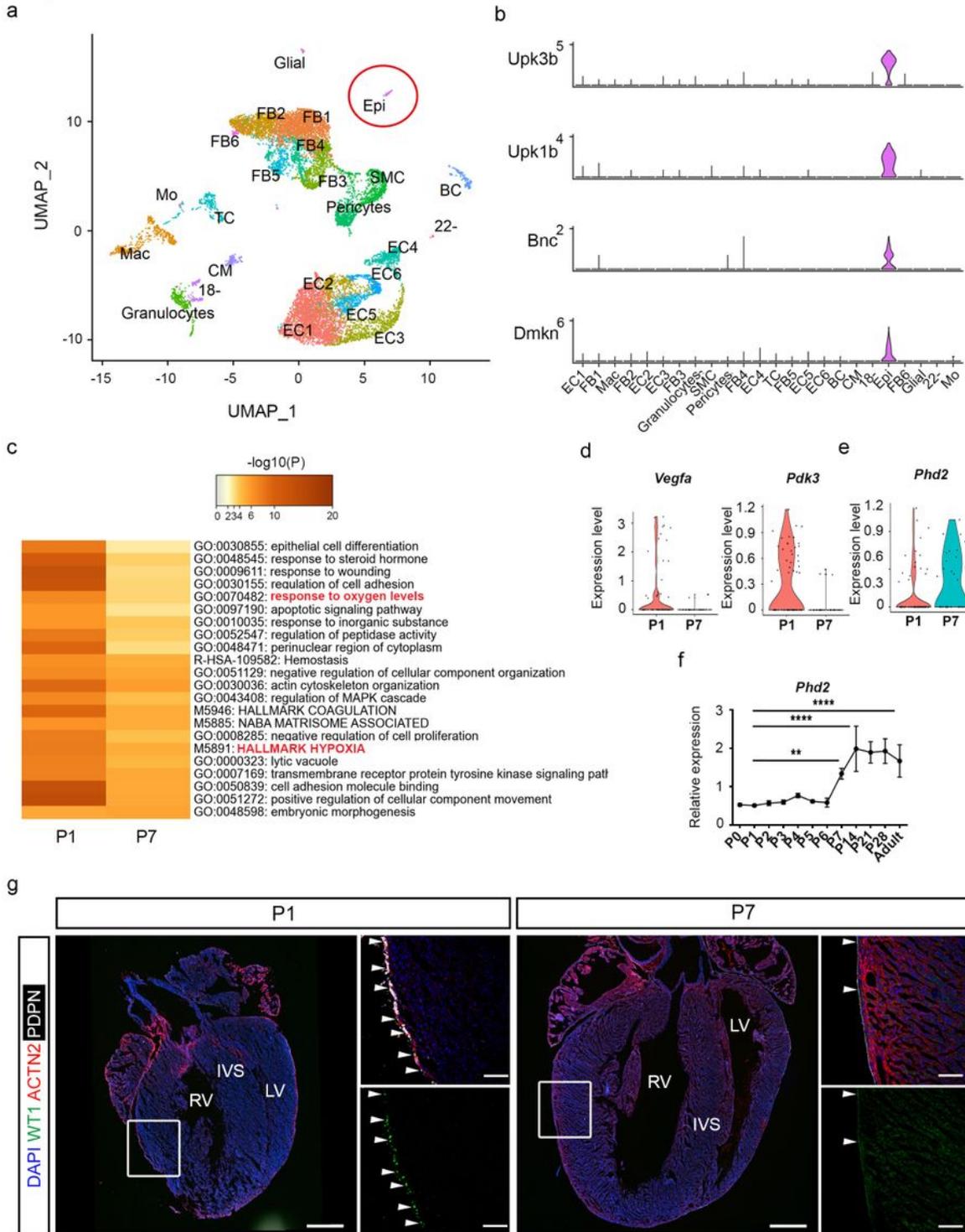


Figure 4

HIF signalling is downregulated in between P1 and P7 in neonatal mice. (a) 856 UMAP representation of different cell populations in the neonatal heart at postnatal day (P) 1 and P7. (b) Stacked violin plots showing expression of canonical Epi-enriched genes *Upk3b*, *Upk1b*, *Bnc*, *Dmkn*. (c) Heatmap showing biological processes enriched in the Epi cluster at P1 and P7. Violin plots showing expression of HIF target genes (d) *Vegfa* and *Pdk3*, and (e) *Phd2* at P1 and P7. (f) Real time RT-PCR analysis of *Phd2*, n=4 mice per group. (g) Representative images of immunostaining for WT1 (green), ACTN2 (red), PDPN (white) and DAPI nuclear stain (blue) at P1 and P7. Images to the right are magnified views of boxed regions shown in whole heart images. Arrowheads indicate expression of WT1 in the epicardium. IVS= interventricular septum, RV= right ventricle, LV= left ventricle. Whole heart scale bars, 200µm; high magnification scale bars, 100µm. n=3 hearts per stage. Data presented Mean ±SEM. Data analysed by one-way ANOVA with Tukey's post-hoc test **p<0.01; ****p<0.0001. Epi, epicardium.

Figure 5

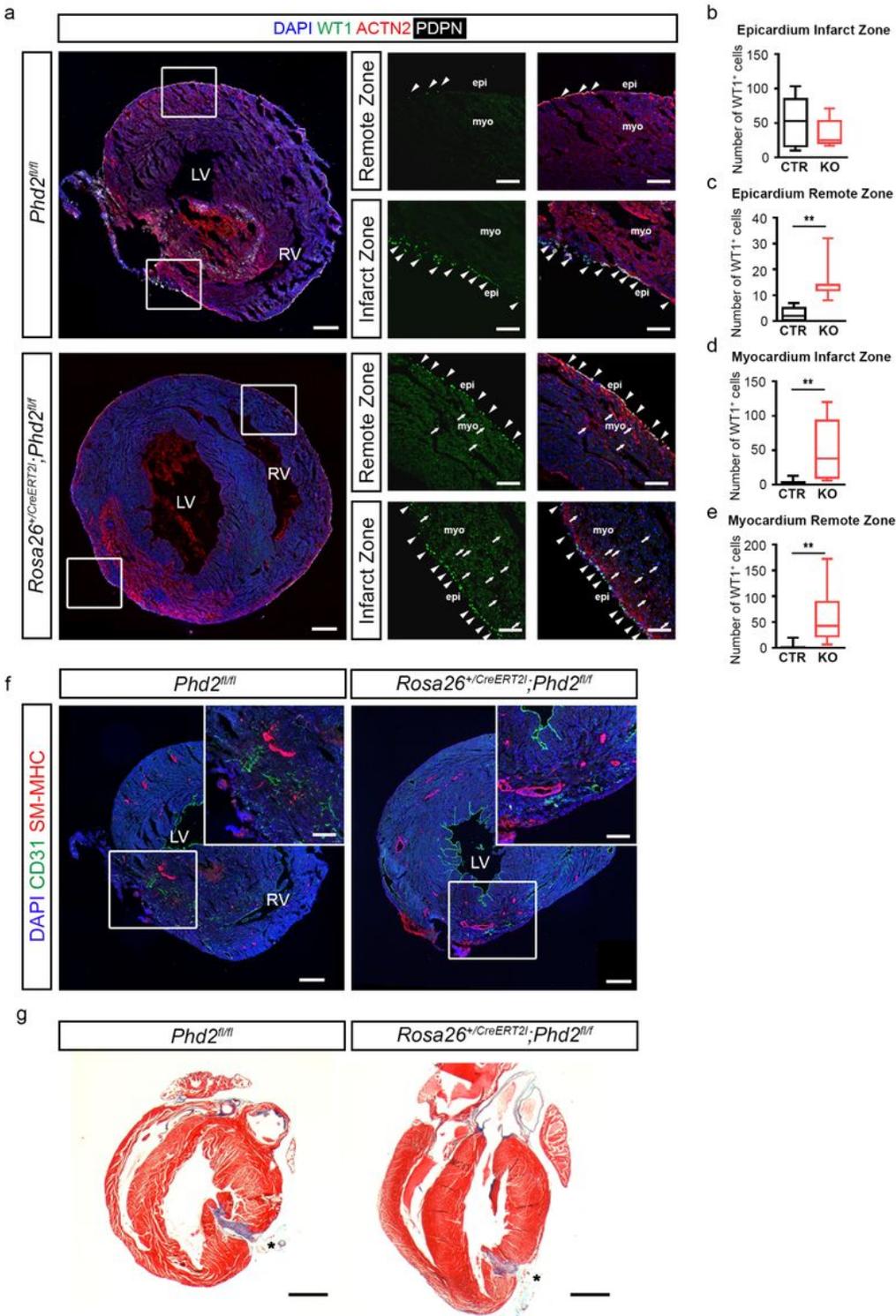


Figure 5

Loss of *Phd2* induces WT1 epicardial expression and improves heart regeneration post-MI. (a) Representative images of immunostaining for WT1 (green), ACTN2 (red), PDPN (white) and DAPI nuclear stain (blue) on transverse apical sections of hearts from *Phd2^{fl/fl}* (CTR) and *Rosa26^{+/CreERT2};Phd2^{fl/fl}* (KO) mice and (b-e) quantification of number of WT1 positive cells at 4 days post-injury (dpi). Images on the right represent high magnification views of boxed regions shown in whole heart images. Arrowheads

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Figure 6

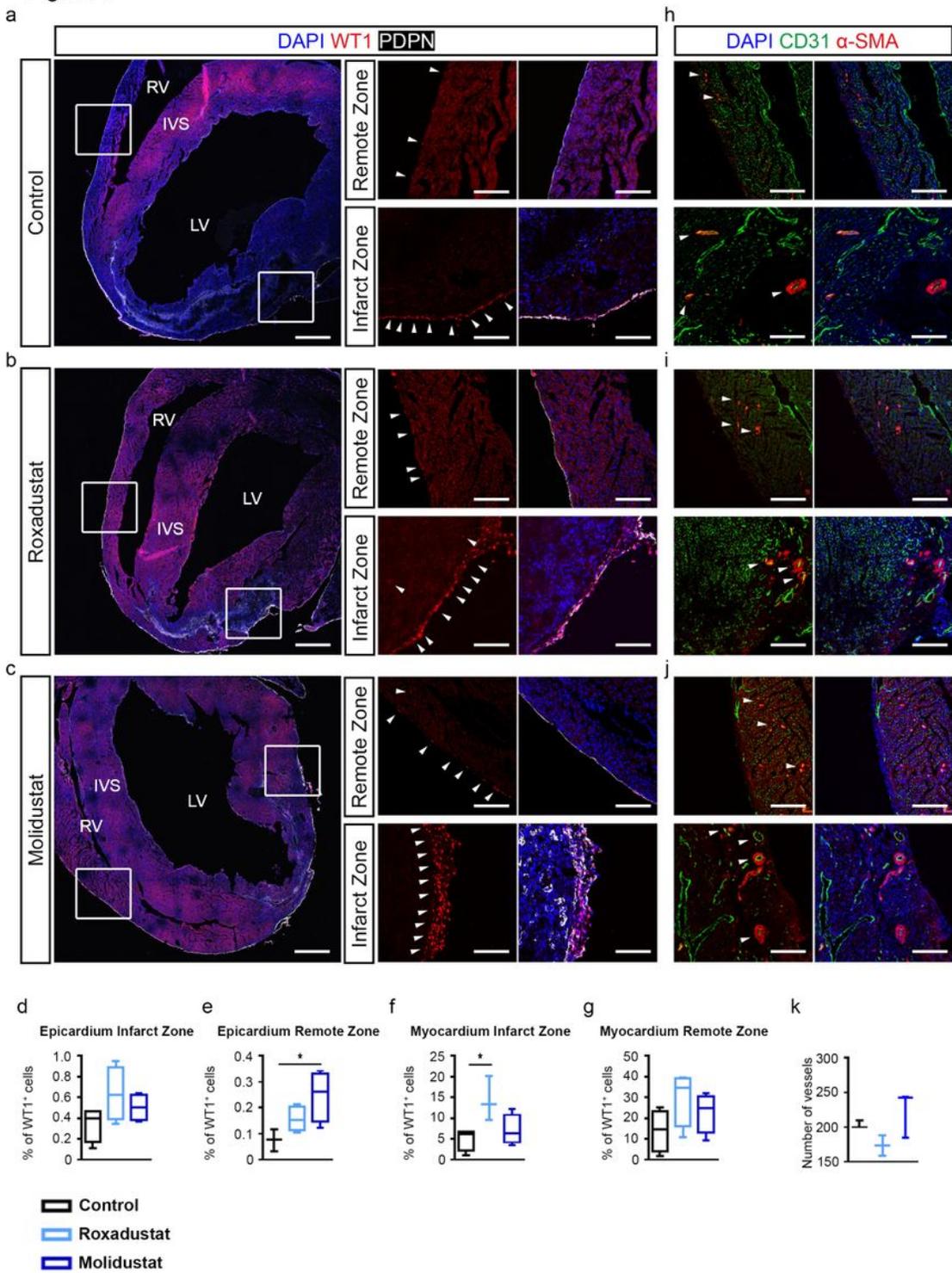


Figure 6

Pharmacological treatment with PHD inhibitors induces WT1 expression. (a) Representative images of immunostaining for WT1 (red), PDPN (white) and DAPI nuclear 8 stain (blue) on sections of hearts from animals treated with either (a) saline (Control), (b) Roxadustat (FG-4592) or (c) Molidustat (BAY 85-3934) and (d-g) quantification of number of WT1 positive cells at 9 days post-injury (dpi). Images on the right represent high magnification views of boxed regions shown in whole heart images. Arrowheads indicate

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Figure 7

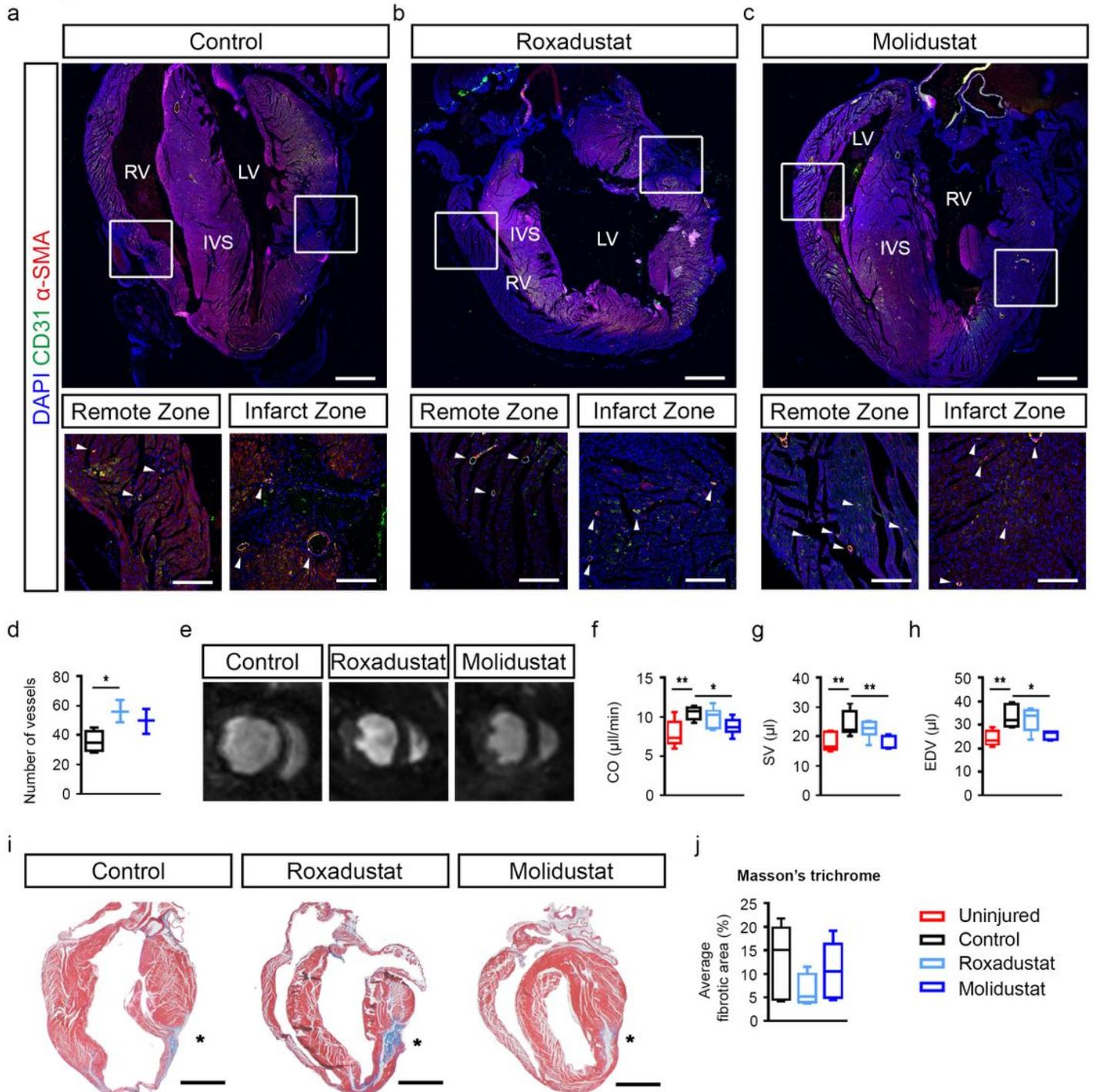


Figure 7

Pharmacological stabilisation of HIF induces new coronary vessel formation and improves heart function. Representative images of immunostaining for α -smooth muscle actin (α -SMA, red), CD31 (green) and DAPI nuclear stain (blue) on sections of hearts from animals treated with either (a) saline (Control), (b) Roxadustat (FG-4592) or (c) Molidustat (BAY 85-3934) and (d) quantification of number of new vessels at 9 days post-injury (dpi). Images below represent high magnification views of boxed regions shown in whole heart images. Arrowheads indicate vessel (determined by co-expression of CD31 and α -SMA). Whole heart scale bars, 200 μ m; high magnification scale bars, 100 μ m. n=3-4 hearts per group. (e) Representative mid-ventricular short-axis MRI frames for control, Roxadustat and Molidustat treated heart. (f-h) MRI analyses of infarcted control and treated hearts at 21 9 dpi showing reduced CO (f), SV (g), and EDV (h) in Molidustat treated animals, compared 914 with controls. n=5-7 hearts per group. (i) Representative images and (j) quantification of Masson's Trichrome stained transverse sections to show cardiac fibrosis (blue) at 21dpi. * denotes suture placement. Scale bars, 1mm. Data presented as median, IQR and upper and lower limits. Data analysed by one-way ANOVA with Dunnett's post-hoc test *p<0.05, **p<0.01.

Supplementary Files

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