

1 **Quantifying the adhesive strength between the SARS-CoV-2 S-proteins and**  
2 **human receptor and its effect in therapeutics**

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The binding affinity and adhesive strength between the spike (S) glycoproteins of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), and the human angiotensin-converting enzyme 2 (ACE2) receptor is computed using molecular dynamics (MD) simulations. The calculations indicate that the binding affinity is  $e_{RS} = 12.6 \pm 1 \text{ kCal}\cdot\text{mol}^{-1}$  with a maximum adhesive force of  $\sim 102$  pN. Our analysis suggests that only 27 (13 in S-protein, 14 in ACE2) residues are active during the initial fusion process between the S-protein and ACE2 receptor. With these insights, we investigated the effect of possible therapeutics in the size and wrapping time of virus particles by reducing the binding energy. Our analysis indicates that this energy has to be reduced significantly, around 50% or more, to block SARS-CoV-2 particles with radius in the order of  $R \leq 60$  nm. Our study provides concise target residues and target binding energy reduction between S-proteins and receptors for the development of new therapeutics treatments for COVID-19 guided by computational design.

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## I. SIGNIFICANCE

8 Viral entry to host cells is a process initiated by binding of proteins in the cell's and virus' surface. The  
9 interplay between the virus' (spike) proteins and cells' receptors play a critical role in the infection of viruses.  
10 SARS-CoV-2 uses a trimeric spike glycoprotein to attach to human ACE2 receptors to later fuse the virus'  
11 envelope with the host cell. Residues in the receptor-binding domain play a critical role in generating short-  
12 range interactions to link these two proteins through adhesive forces. Understanding the energetics, forces,  
13 and configurations during this process is crucial to developing efficient treatments based on antibodies and  
14 other similar therapeutics. However, the bond's strength between S-proteins and receptors in viruses remain  
15 mostly unexplored. Here, we show that the binding energy between the spike proteins and the human ACE2  
16 receptor is  $12.6 \pm 1.3$  kCal-mol<sup>-1</sup> and a maximum force of  $\sim 102$  pN. Molecular simulations allowed us to  
17 identify key target residues during the fusion process and elucidate the effectiveness of potential treatments  
18 against SARS-CoV-2. Our work suggests that treatments might be more effective in smaller virus particles.  
19 In particular, we found the binding energy has to be reduced by a factor of two to effectively block particles  
20 with sizes in the range of the SARS-CoV-2. Our work provides a computational framework for the molecular  
21 design and assessment of therapeutics against COVID19.

## II. INTRODUCTION

23 In late 2019 a novel severe acute respiratory syndrome coronavirus (named SARS-CoV-2) was infecting  
24 people in China, causing severe pneumonia [1]. Within a few months from the first outbreak, the novel  
25 coronavirus created a global pandemic that forced the majority of the world's population under lockdown.  
26 The novel SARS-CoV-2 virus keeps infecting and killing a large number of people around the globe. Thus,  
27 it is imperative to understand and develop therapies that can combat COVID19, the illness caused by the  
28 SARS-CoV-2 coronavirus.

29 SARS-CoV-2 belongs to the  $\beta$ -coronavirus genus [2] and it enters to host cells via endocytosis, a process  
30 that involves the attachment of the virus and fusion to the cell membrane [3]. Cell receptors diffuse across the  
31 membrane's external surface to reach proximity with the virus' proteins, binding together for their posterior  
32 fusion, promoting membrane bending and virus wrapping until final uptake. Coronaviruses affinity with  
33 cell receptors occurs via a transmembrane spike (S) glycoprotein forming homotrimers on the virus' capsid  
34 [2, 4]. The S-protein is made of two functional subunits (S1 and S2) responsible for fusion to the viral-  
35 receptor adhesion. Due to their critical role in SARS-CoV-2 infections, S-proteins are the common target  
36 for developing antibodies and therapeutics for COVID19.

37 Several works have thus far been focused on characterizing the S-protein and its trimeric structure using  
38 cryoEM techniques. For instance, Wrapp *et al.* [5] have provided a cryoEM structure in the prefusion  
39 conformation and have found two states, labeled as *up* and *down*, whereby the S1 subunit is exposed and  
40 retracted, respectively. The exposed region that links to the human receptor is known as the receptor-  
41 binding domain (RBD). At the same time, Lan *et al.* [4] have studied the RBD bounded to the ACE2 and  
42 provided a detailed description of the S1 subunit that compose the RBD and its link to the ACE2 receptor.  
43 In particular, they found that the S-protein links to the N-terminus helix of the ACE2 protein serving as  
44 an anchor point. Moreover, only a reduced number of residues, in total 20, were in close contact with the  
45 ACE2 terminus helix and even a smaller portion is within 0.4 nm from it [4]. This observation suggests that  
46 the adhesive forces arise through short-range interactions (e.g., Hydrogen bonds and salt bridges) between  
47 these two proteins. Shang *et al.* [6] provided a structural basis for receptor recognition of SARS-CoV-2.  
48 They found that in addition to the residues in the S1 subunit, many glycans generated links between the  
49 two proteins. Understanding the link between the S-protein and ACE2, and in particular, the RBD is key  
50 to tackling the pandemic caused by SARS-CoV-2.

51 The importance of the S-protein/ACE2 interface has motivated researchers to explore the phenomenon  
52 with both experimental and computational methodologies due to a growing interest in repurposing thera-  
53 peutic to treat COVID19. However, testing the efficacy of these drugs is time consuming and expensive,  
54 pushing scientist to develop predictive models based on computational tools to reduce development time.  
55 For instance, Smith *et al.* [7] have scanned thousands of ligands with molecular dynamics simulations of the

56 RBD, and have ranked these ligands based on their affinity. Other studies have focused their attention on  
 57 quantifying the S-protein/ACE2 receptor’s formation energy, using a full trimeric model and/or a single S-  
 58 protein/ACE2 receptor [8–11]. While these studies provide useful information on the compound’s formation  
 59 energy, they failed in predicting realistic interaction energies that can be indirectly contrasted with exper-  
 60 imental measurements. This shortcoming is because the adhesive interactions between the S-proteins and  
 61 receptors are short-range, and it changes as a function of the separation length. Panda *et al.* [12] pursued a  
 62 similar approach to benchmark drugs and antibodies for SARS-CoV-2. These studies focused their attention  
 63 on the binding affinity of chemical compounds to reduce the adhesive strength of the SARS-CoV-2 particles.  
 64 However, a quantitative evaluation of the energetic affinity between the S-proteins and ACE2 receptors, the  
 65 strength of this bond and the chemo-mechanical determinants controlling coronavirus uptake is still missing.  
 66 This knowledge gap significantly limits the impact of the aforementioned investigations and underlines the  
 67 importance of the proposed study.

68 In this work, we investigate the chemo-mechanical interaction between S-protein and ACE2 receptors, and  
 69 the resulting implications on the mechanisms of virus uptake. We computed the binding affinity between  
 70 S-protein and ACE2 receptors and analyzed the residues in contact during the bond-breaking process. Sur-  
 71 prisingly, our results indicate that the residues in contact change as the two proteins were pulled apart,  
 72 elucidating target points to develop new therapeutics. With these insights, we investigated SARS-CoV-2  
 73 uptake and to predicted the effects of the binding affinity perturbations on the uptake kinematics.

### 74 III. RESULTS AND DISCUSSIONS

75 After performing umbrella sampling simulations on the S-proteins/ACE2 receptor configuration and inves-  
 76 tigated the potential of mean force (PMF) evolution as a function of the pulling distance, i.e., the reaction  
 77 coordinate ( $\lambda$ ) (see Figure 1(a) for a schematics). Figure 1(b) shows the results for the single and full S-  
 78 protein/ACE2 receptor configuration. Focusing our attention on the full trimeric protein, we observed that,  
 79 initially, the evolution of the PMF shows a metastable and a global minimum between  $\lambda = 0 - 0.4$  nm. These  
 80 configurations were separated by a small barrier of  $\sim 1.5$  kCal·mol<sup>-1</sup>. For  $0.4 \leq \lambda \leq 1.4$  nm, the PMF’s  
 81 evolution shows almost linear behavior with the reaction coordinate of approximately  $\lambda = 1.4$  nm, where  
 82 the PMF reached  $\sim 12.6 \pm 1$  kCal·mol<sup>-1</sup>. Thereafter, the PMF changes slopes and tends to plateau around  
 83  $\sim 20 \pm 1$  kCal·mol<sup>-1</sup> at the end of the sampling, when  $\lambda \geq 4$  nm. The maximum error in the measure of the  
 84 PMF is approximately  $\sim \pm 1$  kCal·mol<sup>-1</sup>.

85 The PMF’s change at around  $\lambda \sim 1.5$  nm indicates that at this point, all van der Waals interactions  
 86 are off between the two proteins, as shown with the change of slope in the plot. This was also confirmed by  
 87 analyzing the residues in contact (below). Remarkably, the position where the change of slope happens is very  
 88 close to the selected cutoff of the van der Waals interaction set up in our model. The remaining interactions  
 89 appear due to long-range electrostatic forces that are in the model. We take the curve’s inflection point as  
 90 the value of the adhesive strength that characterizes the link between the S-protein/ACE2 receptor. The  
 91 result obtained with a single S-protein/ACE2 receptor leads to approximately the same free energy but a  
 92 slightly different path. The binding affinity is estimated to be  $e_{RS} = 12.6 \pm 1$  kCal·mol<sup>-1</sup> for the full trimeric  
 93 model, and  $e_{RS} = 12.55 \pm 0.7$  kCal·mol<sup>-1</sup> for the single S-protein/ACE2 receptor indicated with stars in the  
 94 plot.

95 The force separation  $\mathbf{F}$  between the S-protein and ACE2 receptor is obtained from the relation  $\mathbf{F} =$   
 96  $de_{RS}/d\lambda$ , hence the slope of the PMF curve in Figure 1(b). The force evolution is shown in Figure 1(c) for  
 97 both models. We observed that the force builds up to a maximum of  $\mathbf{F}_{max} \sim 101$  pN denoting the rupture  
 98 force between the S-protein/ACE2 receptor bond, in the order of magnitude expected for adhesion in cells  
 99 [13]. Thereafter, the force drops significantly due to lack of contact between the residues.

100 The binding energy between the S-proteins/ACE2 receptor can be used to compute the dissociation con-  
 101 stant  $K_D = 1.32$  nM. Recent works have estimated the dissociation constant of the SARS-CoV-2 virus in  
 102 experimental setups, obtaining values between  $1.2 \pm 0.1$  nM to 4.674 nM [2, 4]. The almost five-fold dis-  
 103 crepancy range among previous measurements underlines the difficulty in obtaining accurate experimental  
 104 data and, also, remarks the potential impact of our computational method. Considering that our model is  
 105 limited to only a small portion of the real virus/cell receptor, the agreement between the simulations and  
 106 experiments is remarkable and gives confidence in our computational approach.

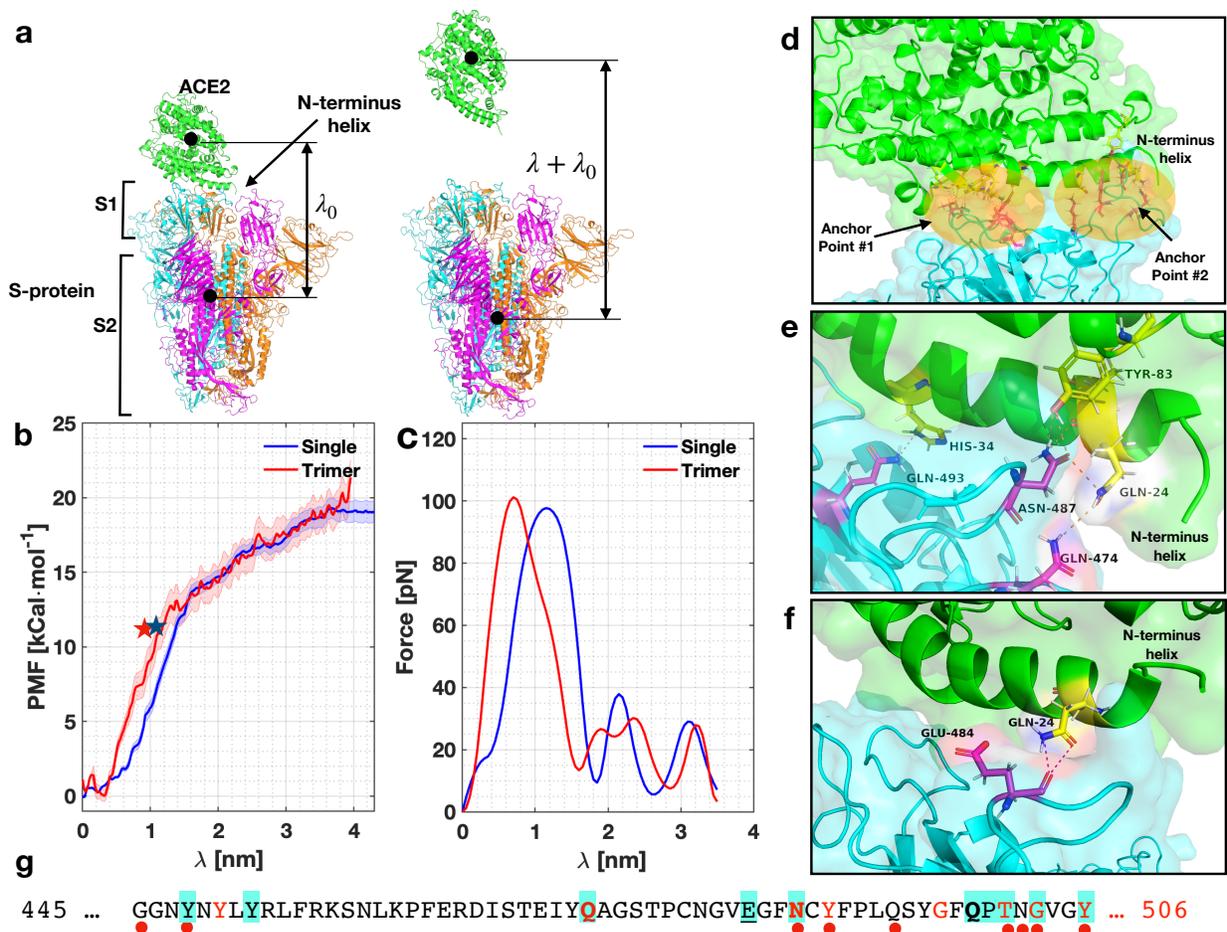


FIG. 1: Evolution of the PMF, force, and residues with  $\lambda$ . (a) Schematics of the setup. (b) and (c) Evolution of the PMF and force as a function of  $\lambda$  for a single S-protein/ACE2 receptor (blue) and for the trimeric protein (red). Shaded area in (b) represents the error band for both simulations. The stars indicate the moment when detachment has happened. (d) View of the two anchor points between S-protein/ACE2 receptor when  $\lambda = 0.3$  nm. (e) Interacting residues for  $\lambda = 0.8$  nm and (f)  $\lambda = 1.4$  nm. (g) List of residues that are active during the pulling simulation in the RBD. Letters in red, cyan background, bold and underlined correspond to residues in contact at  $\lambda = \{0.3, 0.4, 0.8, 1.4\}$ , respectively. Red dots indicate residues identified experimentally by Lan *et al.* [4]. Residue K-417 has been omitted in the sequence for shortness.

107

### A. Molecular analysis of the adhesive mechanics

108 We now focus our attention on the molecular interactions between S-protein and ACE2 receptor as a  
 109 function of the reaction coordinate  $\lambda$ . The analysis of the interactions was performed with the full model at  
 110 coordinates  $\lambda \approx 0.3, 0.4, 0.8, 1.4, 1.6$  nm. Using the most typical cluster configurations (see Methods),  
 111 we first obtained the interface residues between the two molecules and performed a contact analysis between  
 112 that group. We disregarded all residues whose distance was more than 0.4 nm. As expected, the number of  
 113 interactions decreased when  $\lambda$  increased.

114 First, we analyze the configuration with minimum free energy in our simulations, corresponding to  $\lambda = 0.3$   
 115 nm, shown in Figure 1(d). The S-protein anchors from two locations; namely, the ends of the N-terminus

TABLE I: Parameters used to model the endocytosis process in an infinite membrane. The reference temperature was taken as  $T = 310.15$  K.  $R$  is the radius of SARS-CoV-2 particles,  $\xi_S$  is the density of spike proteins,  $D$  is the diffusivity of receptors,  $B$  is the bending modulus of lipid bilayer,  $e_{RS}$  is the binding affinity, and  $\tilde{\xi}$  is the ration between receptor and S-protein density.

$R$ [nm]	$\xi_L$ [ $\mu\text{m}^{-2}$ ]	$D$ [ $\mu\text{m}^2\cdot\text{s}^{-1}$ ]	$B$ [kCal $\cdot\text{mol}^{-1}$ ]	$e_{RS}$ [kCal $\cdot\text{mol}^{-1}$ ]	$\tilde{\xi} = \frac{\xi_R}{\xi_S}$
30-70	2930	0.01	12.3	12.55	$10^{-1} - 10^{-4}$

116 helix in the ACE2 receptor and it could reach the helix on top if it, as shown in Figure 1(d). We observed that  
 117 the interacting residues in the S-protein where located between positions 417-505 of the sequence, namely  
 118 residues K-417, Y-449, Q-474, N-487, Y-489, G-496, T-500, G-502, Y-505. These residues linked to residues  
 119 Q-24, D-30, E-37, Y-41, Q-42, Y-83, K-353, G-354, D-355, R-357 in the ACE2 receptor, as shown in Figure  
 120 1(g) –using a one-letter sequence– with red letters (see also **Figure SI1**, **Table SI1** and **VideoSI1** in  
 121 the Supplementary information (SI) ). When  $\lambda = 0.4$  nm, ten residues were active (five were the same)  
 122 (denoted with a cyan background in Figure 1(g)) with a graphical representation in **Figure SI1**. When  
 123  $\lambda = 0.8$  nm, we observed interactions between the terminus helix and the one on top, as shown in Figure  
 124 1(e) involving Q-493, N-487, and Q-474 in the S-protein (bold letters in Figure 1(g)), and Q-24, H-34, Y-83  
 125 in the ACE2 receptor. These residues were the most persistent ones, generating stronger links than other  
 126 residues through the bond-breaking simulation. Thus, these residues can be targeted in new therapeutics  
 127 strategies in COVID19. For  $\lambda = 1.4$  nm, we found that only two residues were interacting, namely E-484  
 128 and Q-24 in the S-protein and ACE2 receptor, respectively (underlined in Figure 1(g)). Figure 1(f) shows  
 129 the links between these residues (see **SI VideoSI2**). For  $\lambda \geq 1.6$  nm, no contacts were found.

130 From the 27 residues in the RBD, our simulations indicate that 13 were active during the pulling simulation.  
 131 In particular, we identified 13 unique residues that were active in the S-protein, and 14 in the ACE2 (see  
 132 **Table SI1**). These residues are the same to the ones identified by Lan *et al.* [4] in their cryoEM analysis,  
 133 with the exception of G-446, N-501 and Q-493. However, we did identify G-502 and Q-498, which are very  
 134 close to the previously mentioned residues. This remarkable agreement gives confidence to our approach and  
 135 simulations.

## B. Endocytosis modeling and effect of therapeutics

137 We now analyze the effect of the binding affinity in the endocytosis of the virus in cells. We recur to the  
 138 chemo-mechanical model developed by Gao *et al.* [14]. The model considers the bending energy of the cell  
 139 membrane, the release of chemical energy during the fusion of S-protein and receptor, the configurational  
 140 entropy, and the ratio between receptor and S-protein density  $\tilde{\xi} = \xi_R/\xi_S$  (see **Methods**). Also, the model  
 141 needs specific parameters that are characteristic of each virus. We discuss these parameters –which are  
 142 summarized in Table I– for SARS-CoV-2 in **Methods**.

143 We found that the model predicts a minimum radius of  $R_{min} = 27$  nm with an optimal of  $R_{op} = 30$  nm  
 144 at which the uptake time is minimum (around  $t_w^{min} \sim 3$  s, see **Figure SI2**) for  $\tilde{\xi} = 0.1$ . Particles below  
 145  $R_{min}$  cannot be wrapped because the uptake is not energetically allowed. For smaller values of  $\tilde{\xi}$ , we found  
 146 that the minimum radius increases, in particular, for a  $\tilde{\xi} = 0.0001$  the minimum and optimal radius are  
 147  $R_{min} = 34$  nm, and  $R_{op} = 38.5$  nm, respectively. The minimum wrapping time is ( $t_w^{min} \sim 15000$  s, see  
 148 **Figure SI2**). These trends are in agreement with Gao’s findings [14]. The predicted minimum radius of  
 149  $\sim 30$  nm is in close agreement with the aforementioned experimental observations of SARS-CoV-2 particle  
 150 size [1, 15]. This constraint could be implicit in the molecular architecture of the virus. However, our  
 151 predictions suggest that viral particles that are smaller than  $\sim 30$  nm cannot be uptaken, hence preventing  
 152 their reproduction inside the host cell. Moreover, the predicted optimal radius of 30 – 40 nm is close to the  
 153 average particle size measured experimentally [1, 15].

154 Current attempts to treat COVID19 aim to repurposing therapeutics drugs and antibodies to bind between  
 155 S-proteins and ACE2 receptors, thereby reducing  $e_{RS}$  [7, 12]. Next, we provide an estimation of the reduction  
 156 of  $e_{RS}$  needed to increment  $R_{min}$  above the radius of SARS-CoV-2 particles (i.e., to stop particles from being

157 uptaken). To this end, we modified the S-protein/receptor binding affinity  $e_{RS}^* = ke_{RS}$ , where  $k \in [0, 1]$  is a  
 158 reduction factor giving no affinity for  $k = 0$  and full affinity when  $k = 1$ . Thus,  $k$  represents the effectiveness  
 159 of the treatment in reducing the binding affinity between S-proteins and ACE2 receptors.

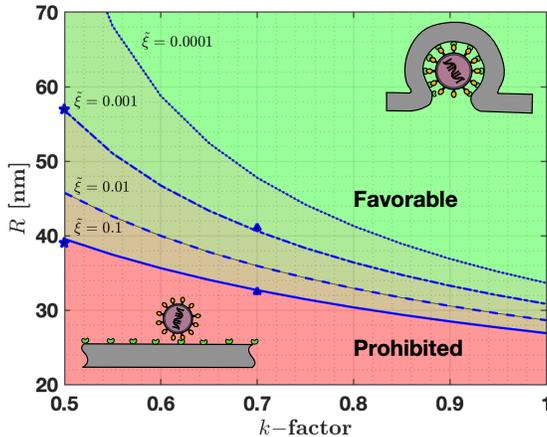


FIG. 2: Effect of reduced binding affinity ( $k$ -factor) in the size of particles that can be wrapped to the cell membrane. Four receptor densities were used, namely  $\tilde{\xi} = 0.1$  (solid line),  $\tilde{\xi} = 0.01$  (dashed line),  $\tilde{\xi} = 0.001$  (dashed-dotted line),  $\tilde{\xi} = 0.0001$  (dotted line). Prohibited particles are in the red zone, while favorable particles are shown with in green. In between these zones, particle will be blocked depending on the relative receptor/S-proteins density  $\tilde{\xi}$ .

160 Figure 2 shows the relation between  $R_{min}$  and  $k$  for various  $\tilde{\xi}$ . The green region identifies all particles  
 161 radii for which virus uptake is always permitted independently of any reduction in binding affinity ( $k$ ).  
 162 The red region identifies particles whose radii are not permitted to be uptaken due to excessive bending  
 163 energy. Between these regions, virus uptake is controlled by  $\tilde{\xi}$ . For instance, if the binding affinity between  
 164 S-proteins and ACE2 receptors is reduced by 30% ( $k=0.7$ ), the minimum radius of particles that can be  
 165 uptaken increases by 21.5% for  $\tilde{\xi} = 0.1$  ( $R_{min}^{k=0.7} = 33$  nm), and by 32% for  $\tilde{\xi} = 0.001$  ( $R_{min}^{k=0.7} = 41$  nm,  
 166 blue triangles in Figure 2). Another important aspect is that the wrapping time required for final uptake  
 167 increases about 50 to 100% for these cases, respectively (see **Figure SI2**). This increment in the time needed  
 168 for final uptake might be critical in some cases since it might give the immune system extra time to combat  
 169 the infection, thus illustrating the effect of the treatment.

170 If we reduce the binding affinity by 50% ( $k = 0.5$ ), the minimum radius increases by 47% when  $\tilde{\xi} = 0.1$   
 171 ( $R_{min}^{k=0.5} = 39$  nm), and by 84% when  $\tilde{\xi} = 0.001$  ( $R_{min}^{k=0.5} = 57$  nm, blue stars in Figure 2). The wrapping  
 172 time also increases by 150% to 425% with respect to the case when  $k = 0$  (see **Figure SI3**) and allowing  
 173 additional time to stop infection in cells. Finally, our work provides a rough estimation of how much binding  
 174 affinity has to be reduced to provide effective treatments. Our analysis indicates that a 50% reduction in  
 175  $e_{RS}$  might stop the adhesion of SARS-CoV-2 particles with  $R \leq 60$  nm. Moreover, we predict that smaller  
 176 particles ( $R \leq 60$  nm) are more suitable to be blocked in comparison with larger ones, based on bending  
 177 energy analysis.

#### 178 IV. CONCLUSIONS

179 Our study reports the first attempt (to the author's best knowledge) to evaluate the binding affinity and  
 180 bond-braking force between SARS-CoV-2 spike proteins and ACE2 receptors via computational analysis  
 181 using an all-atom MD model. Our estimation of  $e_{RS} = 12.6 \pm 1$  kCal.mol<sup>-1</sup> gives a dissociation constant  
 182 of  $K_D = 1.3$  nM, which is in close agreement with experimental measurements ( $K_D = 1.4 - 44$  nM).

183 Furthermore, our analysis shows that only a reduced fraction (about fourteen) of the residues in the RBD  
184 interact during the protein adhesion. These residues play a critical role in the adhesion of the S-protein/ACE2  
185 receptors, and can be used as a target for therapeutic strategies to prevent virus uptake in human cells.  
186 Finally, using a mechanistic model to analyze virus uptake, we concluded that S-proteins/ACE2 receptor’s  
187 binding has to be reduced at least by 50% to block the uptake of SARS-CoV-2 particles having radius  
188 between 30 to 70 nm. However, according to our analysis, the effectiveness of these strategies is strongly  
189 dependent on particle size and receptor density. Hence, such treatments might be more effective in blocking  
190 only a portion of the SARS-CoV-2 particles leaving others unaffected.

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## 196 VI. METHODOLOGY

### 197 A. Molecular dynamics simulations, Umbrella sampling and characterization

198 Molecular dynamics simulations were performed with the GROMACS software [16–18]. The molecular  
199 geometry was taken from different sources, including the protein data base models 6LZG for a single S-  
200 protein [19], and the PDB file 6ACJ full trimeric model [20]. In addition –since we started our simulations  
201 before the PDB models were available – we used model provided by Smith *et al.* [7] using the sequences  
202 available online (NCBI Reference: YP\_009724390.1) for the SARS-CoV S-protein’s crystal structure and the  
203 ACE2 receptor was generated using the PDB 2AJF file. While the actual numbers vary slightly, the trends  
204 are the same regardless the geometry. The model was loaded into GROMACS, where it was solvated in  
205 water using the TIP3P model to achieve a density of approximately  $\rho = 1000 \text{ Kg}\cdot\text{m}^{-3}$ . In order to allow for  
206 sufficient space for the pulling simulations, we generated computational cells with more than 1 nm between  
207 the proteins and end of the cells, and sufficient space on top to perform the pulling simulations. The biggest  
208 cell size has dimensions of  $\sim 13.84 \times 14.99 \times 21.47$  (nm). After adding the solvent, the system had a non-zero  
209 charge and sodium ( $\text{Na}^+$ ) ions were added as needed to equilibrate in all samples. All interatomic forces  
210 were computed with the CHARMM force-field [21]. The biggest cell had 648,265 atoms including proteins  
211 and solvent.

212 The solvated system was initially subjected to an energy minimization using a non-linear conjugate gra-  
213 dient. The forces were minimized with a convergence criterion of  $1000 \text{ kJ}\cdot\text{mol}^{-1}\cdot\text{nm}^{-1}$ . After the system  
214 was relaxed, it was subjected to an NPT ensemble for 1 ns using an initial temperature of  $T = 310.15 \text{ K}$   
215 imposed with a Berendsen thermostat [22]. Pressure was controlled to 1 bar using a Berendsen barostat.  
216 The timestep was set to  $\Delta t = 2 \text{ fs}$ . For all simulations carried in this work, short-range interactions were  
217 treated with a smooth force-switch cutoff of  $r = 1.2 \text{ nm}$ , and long-range electrostatics were treated using the  
218 Particle-Mesh-Ewald (PME) formalism, implemented in GROMACS [23]. Hydrogen–bonds were restrained  
219 with the LINCS algorithm [24].

220 In order to compute the binding affinity between the S-proteins/ACE2 receptor, we used a combination of  
221 pulling simulations with umbrella sampling. The initial configuration of the S-proteins/ACE2 was subjected  
222 to a pulling simulation to generate the necessary configurations to perform an umbrella sampling. The pulling  
223 simulation was performed with an optimized spring constant of  $K = 1300 \text{ kJ}\cdot\text{mol}^{-1}\cdot\text{nm}^{-2}$ . This optimized  
224 spring constant was obtained by performing multiple umbrella samplings on the single S-protein–ACE2  
225 receptor with spring constants in the range of  $K = 750 - 2000 \text{ kJ}\cdot\text{mol}^{-1}\cdot\text{nm}^{-2}$ , and optimizing the value  
226 using a quadratic fitting. Values obtained for different spring constants are shown in the **SI**. The pulling rate  
227 was set to  $v_z = 5 \text{ nm} \cdot \text{ns}^{-1}$  along the  $z$ –direction and simulations were run for a total time of  $t = 10 \text{ ns}$ .  
228 The pulling direction was set such that the S-protein and ACE2 receptor were pulled apart from each other.

229 The configurations generated along the pulling simulations were systematically used to generate trajectories  
 230 for the umbrella sampling, which is described next. Umbrella simulations were performed for configurations  
 231 separated about  $\Delta\lambda = 0.1$  nm from the reference configuration. Each configuration was constrained with  
 232 a spring constant of  $K = 1300$  kJ·mol<sup>-1</sup>·nm<sup>-2</sup> and run for  $t = 10$  ns. These simulations provided enough  
 233 sampling to obtain the potential of mean force along the reaction path to display the evolution of the  
 234 free energy of the system. The PMF was then estimated using the Weighted Histogram Analysis Method  
 235 (WHAM) [25] using a bootstrap analysis to estimate the uncertainty in the PMF. We used 100 different  
 236 measures, using 200 binning spaces along the reaction coordinate  $\lambda$ . We performed several simulations with  
 237 the backbone of the proteins fixed and without any fix conditions. We found that simulations without fixing  
 238 the backbone produce excessive elasticity in the proteins and lead to higher free energies.

239 Analysis of the atomistic configurations was performed with GROMACS cluster analysis tool. We scanned  
 240 the configurations with a root mean squared displacement between the range of 0.15 – 0.25 nm [26]. The  
 241 cluster analysis yielded between three to six cluster for the analyzed configurations. In all cases shown, the  
 242 most populated cluster was used when analyzing the configurations. The configurations were then analyzed  
 243 with the software Pymol.

244

## B. Mechanistic model of endocytosis

245 Gao's *et al.* [14] model considered a spherical particle being attached to an infinite membrane. The fusion  
 246 of the particle with the membrane is driven due a release of the binding energy –computed above– when  
 247 the S-protein and receptors are linked. It is assumed that the membrane has an equilibrium concentration  
 248 of receptor,  $\xi_R$ , and when the particle attaches, this concentration changes with time, e.g.,  $\xi(s, t)$ ,  $s$  being  
 249 the arc-length. In particular, when a particle is attached to the membrane, the density of receptors,  $\xi(s, t)$ ,  
 250 matches to the density of spike proteins,  $\xi_S$ , and far away tends to the equilibrium concentration. Considering  
 251 the bending energy of a lipid bilayer –characterized through its bending modulus  $B$  and curvature  $\kappa = \frac{2}{R}$ –,  
 252 and the binding energy between S-proteins and receptors, ( $e_{RS}$ ) one can write down the following free-energy  
 253 for the endocytosis process as

$$F(t) = k_B T \left[ \int_0^{a(t)} \left( \frac{1}{2} B \kappa^2 - \xi_L e_{RS} + \xi_S \ln \left( \frac{\xi_S}{\xi_R} \right) \right) ds + \int_{a(t)}^\infty \xi \ln \frac{\xi}{\xi_R} \right]. \quad (1)$$

254 In Eq. 1,  $k_B T$  is the thermodynamic factor with  $k_B$  and  $T$  denoting the Boltzmann's constant and the  
 255 absolute temperature, respectively. By requiring that the rate of free energy reduction gained in the wrapping  
 256 process exactly balance the rate of energy dissipation consuming during the transport, Gao *et al.* found that  
 257 there exists an optimal wrapping radius of the particles and a minimum radius below the particle cannot be  
 258 wrapped. The wrapping time can be found as

$$t_w = \left( \frac{R}{\alpha \sqrt{D}} \right)^2, \quad (2)$$

259 where  $R$  is the radius of the particle,  $\alpha$  is the speed factor ( $\alpha > 0$ ), and  $D$  is the diffusivity of the receptors  
 260 in the membrane. The speed factor is found by solving the rate equation

$$e_{RS} - \frac{1}{2} \frac{B \kappa^2}{\xi_L} - f(\alpha) + \ln f(\alpha) + 1 = 0, \quad (3)$$

261 with

$$f(\alpha) = \tilde{\xi} + \frac{\alpha^2 (1 - \tilde{\xi}) E_1(\alpha^2)}{\alpha^2 E_1(\alpha^2) - \exp(-\alpha^2)}. \quad (4)$$

262 The parameter  $\tilde{\xi} = \frac{\xi_R}{\xi_S}$  defines the ratio between equilibrium receptor density in the membrane and the  
 263 density of ligands in the virus particle. In the above expression,  $E_1$  is the exponent integral function defined  
 264 as

$$E_1(x) = \int_x^\infty \frac{\exp(-u)}{u} du. \quad (5)$$

265 The model predicts a minimum radius for spherical particle given by

$$R_{min} = \left( \frac{2B}{\xi_L [e_{RS} - \tilde{\xi} + \log \tilde{\xi} + 1]} \right)^{1/2}, \quad (6)$$

266 and an optimal radius that is determined numerically. Gao *et al.* determined the wrapping time as a function  
 267 of the particle radius as well as the optimal particle radius numerically.

268

### C. Parameters determination

269 SARS-CoV-2 virus particles of sizes between  $R = 30 - 70$  nm have been reported [1, 15]. This range  
 270 indicates a wide range of particles, with an average size of  $R_{ave} = 50$  nm. Microscopic images indicate  
 271 that around  $17 \pm 2$  spike proteins in the circumference of the virus. An elementary analysis indicates that  
 272 the density of spike proteins in the novel SARS-CoV-2 virus must vary between  $\xi_S = 2280 - 3660 \mu\text{m}^{-2}$   
 273 (about  $\sim 90$  spike proteins in the surface) when the average radius is taken. The computed density values  
 274 are in close agreement to other coronaviruses [27]. The bending stiffness of lipid bilayers ranges between  
 275  $6.16 - 18.5 \text{ kCal}\cdot\text{mol}^{-1}$  ( $10 - 30 k_B T$ ) [28-30]. Here, following previous works, we adopt an average value of  
 276  $12.3 \text{ kCal}\cdot\text{mol}^{-1}$  ( $20 k_B T$ ) [14, 31].

277 The density of ACE2 receptors on the cell membrane, at thermodynamic equilibrium, is  $\xi_0$  from which  
 278 we compute the dimensionless ratio  $\tilde{\xi} = \frac{\xi_R}{\xi_S}$ . Given the limited data available on the density of receptors  
 279 on human cells  $\xi_R$  is difficult to estimate, in particular because receptor density varies across cell types and  
 280 depends on the specific receptor. Moreover, no specific data is available (to the author's knowledge) about  
 281 the density of ACE2 in epithelial cells in human lungs, the target of SARS-CoV-2.

282 Chen *et al.* [32] measured a density of  $480-640 \mu\text{m}^{-2}$  for receptor of various species, while Damioli *et al.*  
 283 [33] measured a density of  $\sim 4.8 \mu\text{m}^{-2}$  for VEGFR2 receptors. Based on these measurements, we estimated  
 284  $\tilde{\xi}$  to vary between  $0.1 - 0.0001$  and adopt these values in our simulations. The receptor diffusivity was taken  
 285 as  $D = 0.01 \mu\text{m}^2\cdot\text{s}^{-1}$  an average value for most cells [14, 31, 33].

286

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