

# Spectral characterization of dissolved organic matter along trophic gradients: Potential indicators of eutrophication of plateau lakes in Southwest China

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## Research Article

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1 **Spectral characterization of dissolved organic matter along**  
2 **trophic gradients: Potential indicators of eutrophication of**  
3 **plateau lakes in Southwest China**

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39

40 **Abstract**

41 Dissolved organic matter (DOM) acts as a chemical intermediary between terrestrial and  
42 lacustrine ecosystems and significantly affects the structure and function of lakes. The optical  
43 characteristics of DOM have been widely used to estimate the water quality. However, little is  
44 known about its absorption and fluorescence under different trophic states. Especially, comparative  
45 research is needed among gradient eutrophic level of plateau lakes when considering their special  
46 characteristics. A total of 119 water samples were collected in the Erhai watershed from November  
47 2018 to July 2019 to investigate the optical properties of DOM depending on the trophic state using  
48 ultraviolet–visible spectroscopy and parallel factor analysis of the excitation–emission matrix. The  
49 water quality conditions in the Erhai watershed were classified using the trophic state index (TSI;  
50  $31 < \text{TSI} < 67$ ). The DOM is largely autochthonous and includes tyrosine-like protein (C1),  
51 tryptophan-like protein (C2), and humic-like compounds (C3). Except for an apparent trend of  
52 decreasing slope ratio ( $S_R$ ) ( $p < 0.01$ ), both absorption coefficient at 254 nm and fluorescence  
53 intensity increase with the rising trophic state ( $p < 0.01$ ). In this study, new models ( $R^2_{\text{aCDOM}(254)} =$   
54  $0.762$ ;  $R^2_{\text{Fn}(355)} = 0.705$ ,  $p < 0.01$ ) basing on significant correlations between the TSI and  $\text{aCDOM}(254)$   
55 and  $\text{Fn}(355)$  were established to predict the trophic state. The results of this study demonstrate that  
56 the effects of nutrients and environmental factors (pH and water temperature) on DOM vary  
57 depending on the trophic state and that the pH plays the main role in DOM production. Our analyses  
58 highlight the importance of DOM in aquatic ecosystems and the correlation between TSI and the  
59 optical properties of DOM. Our research unmasks the strong linkage between optical parameters of  
60 DOM and freshwater quality by applying neural network prediction.

61 **Keywords:** dissolved organic matter, trophic state index, excitation–emission matrix, LASSO

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## 63 **1. Introduction**

64 Because of the continuous increase in the population and the rapid advancement of  
65 industrialization and agricultural modernization in China, many nutrients are discharged into lakes  
66 along with sewage, resulting in increased nitrogen and phosphorus concentrations in lakes and  
67 eutrophication, which is problematic (Smith 2003). Eutrophication is defined as the increase in the  
68 productivity of phytoplankton and aquatic plants and deterioration of the water due to the increasing  
69 nutrient concentration of the water (James et al. 2005, Tang et al. 2010). It is accompanied by bloom  
70 occurrences and declining aquatic plant species richness and ecosystem functions (Tang et al. 2010).  
71 The increase in the phytoplankton biomass in eutrophic lakes leads to an increase in the number of  
72 organic aggregates and thus the number of adhesive bacteria and decreases the concentration of  
73 dissolved oxygen. This process is called anoxia-driven “vicious cycle” (Meinhard et al. 2002, Smith  
74 and Schindler 2009). Thus, it is necessary to evaluate the eutrophic status of lakes.

75 Vollenweider (1968) classified the trophic state of lakes using the nitrogen and phosphorus  
76 concentrations and proposed a five-level classification system. However, because his classification  
77 system relies only on nitrogen and phosphorus, its application is limited. In general, phytoplankton,  
78 which reflects the primary productivity of aquatic systems, plays an important role in eutrophication.  
79 The Organization for Economic Co-operation and Development (OECD) established a new  
80 classification system using chlorophyll a (Chl-a), the Secchi disk depth (SDD), and the total  
81 phosphorus (TP) concentration (OECD 1982). Carlson presented a modified approach to improve  
82 the sensitivity of the traditional classification (Carlson 1977). These classification systems were  
83 derived from laboratory indicators that are susceptible to environmental factors; as a result, the  
84 assessment of the trophic state is susceptible to interferences. Therefore, a new method must be

85 developed to predict the trophic state using parameters that can be obtained at high temporal and  
86 spatial resolutions.

87 Dissolved organic matter (DOM) is a typical dissolved organic mixture with a complex  
88 composition, which affects the structure and function of water ecosystems in association with the  
89 eutrophication of waterbodies (Mackay et al. 2020). It has been suggested that primarily  
90 allochthonous DOM, which originates from anthropogenic activities and is then transferred via  
91 terrestrial and river imports into lakes, leads to eutrophication (Hudson et al. 2010, Shang et al.  
92 2018). The generation and transformation of DOM can affect the nutrient cycle in aquatic  
93 environments; the photosynthesis of phytoplankton is one of the major sources of DOM (Malkin et  
94 al. 2008, Mostofa and Sakugawa 2009). The correlation between the spectral characteristics of DOM  
95 and eutrophication has received widespread attention (Liu et al. 2020, Zhao et al. 2019, Zhou et al.  
96 2018). Based on ultraviolet–visible (UV–Vis) spectroscopy and excitation–emission matrix  
97 spectroscopy coupled with parallel factor analysis (EEM-PARAFAC), the DOM source and  
98 composition vary depending on the trophic state (Birdwell and Engel 2010, Wang et al. 2019, Yao  
99 et al. 2011). Although the mechanism linking DOM with eutrophication remains unclear, their  
100 correlation provides new insights into the eutrophication process of lakes, differing from the  
101 traditional evaluation using total nitrogen, total phosphorus, and other inorganic salts (Shang et al.  
102 2018). The trophic state can be defined by the nutrient-color paradigm including the optical  
103 parameters of colored DOM (CDOM) and fluorescent DOM (FDOM; (Effler et al. 2010, Weishaar  
104 et al. 2003, Zhang et al. 2010, Zhao et al. 2016). For example,  $a_{CDOM}(254)$  and the humification  
105 index (HIX) have been used to establish a new eutrophic classification based on 22 lakes (Zhang et  
106 al. 2018) and 131 reservoirs across China (Shang et al. 2019b). In both models, the correlation

107 between the absorption or fluorescent characteristics of DOM and the trophic state index (TSI) has  
108 been considered. However, the optical properties of DOM differ in different regions. Regional DOM  
109 characteristics in various aquatic environments affected by different physicochemical parameters  
110 remain unclear (Findlay and Sinsabaugh 2004).

111 Because DOM is closely linked to nutrients, several researchers have focused on studying  
112 eutrophic lakes in the Yangtze River (Zhang et al. 2005, Zhang et al. 2007). Compared with plain  
113 lakes, the unique climate and long water exchange period of plateau lakes contribute to a more  
114 fragile ecosystem and altered DOM optical properties. However, there is a lack of research on the  
115 optical properties (absorption and fluorescence) of DOM and the correlations between DOM and  
116 environmental factors for plateau lakes. The Erhai watershed, including Lake Cibi, Lake Xihu, Lake  
117 Erhai, and other branches in the Yunnan–Guizhou Plateau, is representative of the steady-state  
118 conversion of grass and algae. In recent years, the organic matter and phytoplankton biomass  
119 increased in the Erhai watershed and cyanobacterial blooms are common, threatening aquatic  
120 ecosystems and human health (Jiang et al. 2013). However, the correlations between the optical  
121 properties of DOM and the water quality under various trophic states of typical plateau lakes have  
122 not been determined.

123 Therefore, the main aims of this study were to determine: (1) the optical properties of DOM  
124 under various trophic states, (2) relationship between the DOM properties and TSI, and (3)  
125 environmental factors that influence DOM under diverse trophic states.

## 126 **2. Materials and methods**

## 127 2.1 Study area

128 The Erhai watershed is located in the Dali Prefecture, Yunnan Province, China, and includes  
129 Lake Erhai (EH), Lake Cibi (CBH), Lake Xihu (XH) as well as the Luoshi, Yongan, Luoshi, and  
130 Miju rivers. Lake Erhai is the main lake of this watershed and the second largest one in southwestern  
131 China, with a surface area of 249.8 km<sup>2</sup> and an average water depth of 10.5 m. Its water mainly  
132 originates from precipitation and snowmelt. Among the 117 rivers entering the lake, the main rivers  
133 are Miju and Luoshi in the north and the Cangshan Eighteen Stream in the west. The rivers in the  
134 northern part account for 70% of the annual inflow to Lake Erhai. Lake Cibi and Lake Xihu have  
135 small surface areas and are in the upper reaches of Lake Erhai with concentrated agricultural  
136 development. The domestic pollution and tourism development in the western part of Lake Erhai  
137 are significant. The region is affected by monsoon climate, with dry (November to April of the  
138 following year) and wet (May to October, 95% of the precipitation) seasons.

## 139 2.2 Field sampling and sample collection

140 Four field campaigns were carried out in November 2018 and January, April, and July 2019.  
141 All field campaigns were conducted in clear weather conditions, except for that in July. In total, 119  
142 water samples were collected (Fig. 1). Surface water samples (0.5 m) were collected using clean  
143 polyethylene bags and immediately shipped back to the laboratory for further analysis. All samples  
144 were divided into two categories. A portion of the samples was filtered using a Whatman GF/C filter  
145 and the water quality parameters were analyzed. In preparation for the spectral analyses of CDOM  
146 and FDOM, several samples were filtered using a precombusted (450 °C, 3 h) Whatman GF/F filter  
147 and 0.2 µm Millipore filter and filled into 150 mL acid-washed amber glass bottles.

## 148 2.3 Optical measurements and analysis

149 Absorption spectra of CDOM were measured using a UV-2550 UV–Vis spectrophotometer  
150 (Shimadzu, Japan). The absorption coefficients of CDOM were obtained using the following  
151 equation (Bricaud and Prieur 1981):

$$152 \quad a_{CDOM}(\lambda) = 2.303 \times \frac{OD(\lambda)}{L} \quad (1)$$

153 where  $a_{CDOM}(\lambda)$  is the CDOM absorption coefficient at a given wavelength ( $\lambda$ ),  $OD(\lambda)$  is the  
154 corrected optical density at wavelength  $\lambda$ , and  $L$  is the cuvette path length (0.1 m). To eliminate the  
155 effects of internal backscattering, the absorbance at 700 nm was used for the correction of the  
156 absorption coefficient (Song et al. 2012). The absorption spectra of the filtered water samples were  
157 measured between 200 and 800 nm at 1 nm intervals. Milli-Q water was used as a reference. Because  
158 of the chemical complexity of CDOM, the concentration of CDOM was expressed using the  
159 absorption coefficient at 254 nm (Song et al. 2019, Wei et al. 2019).

160 The spectral slopes ( $S$ ) between 275 and 295 nm ( $S_{275-295}$ ) and between 350 and 400 nm ( $S_{350-}$   
161  $400$ ) were calculated using least squares fitting (Song et al. 2019). The slope  $S_{275-295}$  reflects the  
162 composition, molecular weight, and photochemical reactivity of the DOM (Helms et al. 2008, Xiao  
163 et al. 2013). The  $S_{275-295}/S_{350-400}$  ratio ( $S_R$ ) was used as a proxy for the molecular weight of the DOM,  
164 which is related to its source and composition (Helms et al. 2008). The parameter  $SUVA_{254}$  is the  
165 absorbance at 254 nm divided by the DOC concentration (Weishaar et al. 2003). The parameter  $M$   
166 is the ratio of the absorption coefficient at 250 nm to that at 365 nm and reflects the molecular  
167 weight (Helms et al. 2008, Peuravuori and Pihlaja 1997).

168 Fluorescence EEM spectroscopy was performed using a Cary Eclipse fluorescence

169 spectrometer (Agilent, Malaysia) with a maximum emission intensity of 1000 arbitrary units (AU);  
170 (Sha et al. 2019). The excitation (Ex) and emission (Em) slits were both 5 nm. The excitation  
171 wavelength was set to 210–450 nm (5 nm intervals). The emission wavelength was set to 250 to 600  
172 nm and the fluorescence spectrum was obtained at intervals of 1 nm. Data obtained with  
173 fluorescence EEM spectroscopy were used for PARAFAC using the *N*-way toolbox of MATLAB  
174 2014a and parafacmodelingV2.0 package (Andersson and Bro 2000) (Razavi et al. 2021). The three-  
175 dimensional fluorescence spectrum of Milli-Q water was subtracted from the measured spectra to  
176 correct for the Raman scattering of water (Shang et al. 2019a, Wei et al. 2019). A 290 nm cutoff was  
177 used for all samples to limit the second-order Rayleigh scattering (Sha et al. 2019, Zhang et al. 2016).  
178 Quinine sulfate (QS) solution (1 µg of QS L<sup>-1</sup> in 0.1 M H<sub>2</sub>SO<sub>4</sub>) was used to monitor the stability of  
179 the energy emitted by the xenon lamp. The number of individual components was determined using  
180 split-half and load analyses.

181 The biogenic index (BIX) is the ratio of the emission wavelength (380–430 nm) to the  
182 excitation wavelength of 310 nm (Huguet et al. 2009, Wickland et al. 2007). The fluorescence index  
183 (FI) is the ratio of the emission wavelength (470–520 nm) to the excitation wavelength (370 nm;  
184 (Cory and Mcknight 2005). The Fn(355) is the intensity of the emission spectrum at  $\lambda_{EM} = 450$  nm  
185 after excitation with a wavelength of  $\lambda_{EX} = 355$  nm and indicates the relative concentration of humic-  
186 like compounds (Chen et al. 2012). For the comparison with other indicators, Fn(355) was reported  
187 on a logarithmic scale.

#### 188 2.4 Other parameters

189 The DOC was analyzed by high-temperature catalytic oxidation using a TOC-L Analyzer

190 (Shimadzu, Japan). Water quality parameters refer to the Environmental Quality Standards for  
191 Surface Water (GB383-2002, China). The Chl-a was obtained by extraction with 90% alcohol.

192 The TSI was calculated using the following four equations (Wei et al. 2019):

$$193 \quad \text{TSI} = 0.421 * \text{TSI (Chl-a)} + 0.282 * \text{TSI (TN)} + 0.297 * \text{TSI (TP)} \quad (2)$$

$$194 \quad \text{TSI (Chl-a)} = 10 * (2.5 + 1.086 * \ln\text{Chl-a}) \quad (3)$$

$$195 \quad \text{TSI (TN)} = 10 * (5.453 + 1.694 * \ln\text{TN}) \quad (4)$$

$$196 \quad \text{TSI (TP)} = 10 * (9.436 + 1.624 * \ln\text{TP}) \quad (5)$$

197  $30 \leq \text{TSI} < 50$ ,  $50 \leq \text{TSI} < 60$ ,  $60 \leq \text{TSI} < 70$ , and  $\text{TSI} > 70$  indicates mesotrophic, lightly  
198 eutrophic, moderately eutrophic, and hypereutrophic conditions, respectively.

## 199 2.5 Statistical analysis

200 The mean values and standard deviations are reported, which were calculated using EXCEL  
201 2013 software. The software RStudio was used for linearity or nonlinearity and Kruskal–Wallis (K–  
202 W) tests; the disparity was considered significant when  $p < 0.05$ . The data were plotted using  
203 RStudio and the ggplot2 package. Spatial mapping of the sampling sites was conducted using  
204 ArcGIS 10.3. Least absolute shrinkage and selection operator (LASSO) analysis was employed to  
205 identify the potential drivers of the DOM properties and resolve variable collinearity problems. The  
206 data were normalized using the maximum and minimum methods. Principal component analysis  
207 (PCA) was used to identify important environmental factors. The neural network was used to  
208 estimate the TSI and the coefficient of determination ( $R^2$ ) and root-mean-square error (RMSE)  
209 between the measured and predicted TSIs were calculated to assess the validation accuracy. The  
210 RMSE was determined using Eq. (6).

211 
$$\text{RMSE} = \sqrt{\frac{1}{n} \times \sum_1^n [\text{Mea.TSI} - \text{Pre.TSI}]^2}, \quad (6)$$

212 where Mea,TSI is the measured TSI and Pre.TSI is the TSI predicted using the neural network model.

### 213 **3. Results**

#### 214 **3.1 Water quality characteristics**

215 All samples from the Erhai watershed (CBH, XH, EH, and rivers) were divided into  
216 mesotrophic, light-eutrophic, and middle-eutrophic ( $30 < \text{TSI} < 67$ ) categories. The concentrations  
217 of TN, TP, Chl-a,  $\text{NH}_4^+\text{-N}$ ,  $\text{NO}_3^-\text{-N}$ , and DOC in the samples from the study area were determined  
218 (Table 1). The DOC concentration ranges from 1.9 to 11.13  $\text{mg L}^{-1}$ . The highest mean value ( $7.30 \pm$   
219  $2.70 \text{ mg L}^{-1}$ ) was obtained for the middle-eutrophic samples. The TN concentrations of the  
220 mesotrophic samples are lower than those of the light- and middle-eutrophic samples. The TP  
221 concentrations range from 0.01 to 0.25  $\text{mg L}^{-1}$ . The TP concentration of moderately eutrophic water  
222 is higher than that of other water. The average Chl-a concentration ranges from 1.39-119.74  $\mu\text{g L}^{-1}$ .  
223 The average  $\text{NH}_4^+\text{-N}$  and  $\text{NO}_3^-\text{-N}$  concentrations significantly vary, ranging from 0.002 to 0.27  $\text{mg}$   
224  $\text{L}^{-1}$  and from 0.004 to 2.20  $\text{mg L}^{-1}$ , respectively. The samples used in this study were classified as  
225 mesotrophic ( $n = 65$ ), lightly eutrophic ( $n = 38$ ), and moderately eutrophic ( $n = 16$ ).

#### 226 **3.2 DOM absorption characteristics**

227 A significant difference was observed for  $a_{\text{CDOM}}(254)$  for the wet–dry season depending on the  
228 trophic state ( $p < 0.01$ ; Fig.2). The  $a_{\text{CDOM}}(254)$  of all samples ranges from 5.74 to 67.50  $\text{m}^{-1}$ . The  
229 mean  $a_{\text{CDOM}}(254)$  value of middle-eutrophic samples ( $24.92 \pm 14.02 \text{ m}^{-1}$ ) is notably higher than that  
230 of mesotrophic ( $16.06 \pm 8.08 \text{ m}^{-1}$ ) and light-eutrophic samples ( $20.24 \pm 8.64 \text{ m}^{-1}$ ). The M value  
231 ranges from 2.32 to 10.72 throughout the year. In the dry season, M and  $S_R$  significantly differ ( $p <$

232 0.05). The values of the middle-eutrophic samples obtained in the dry season are lower than those  
233 of the light-eutrophic and mesotrophic samples (Fig. 2b). The  $S_R$  values range from 0.88 to 1.24;  
234 most samples exhibit values above 1. The  $S_{275-295}$  values obtained for the wet–dry season  
235 insignificantly differ among different trophic states (Fig. 2). The SUVA<sub>254</sub> value varies in the wet  
236 season but not in the dry season. In the wet season, the highest value ( $2.33 \pm 0.61$ ) was obtained for  
237 light-eutrophic samples, followed by mesotrophic samples.

### 238 3.3 DOM fluorescence characteristics

239 Based on EEM analysis, three fluorescence components were identified (Table S1). The  
240 relative distribution of individual components differs depending on the trophic state (Fig. S1). The  
241 first component (C1) peaks at  $\lambda_{EX}/EM = 220/292$  nm and was determined to be a tyrosine-like protein  
242 (Fig. 3) (Chen et al. 2003). The second component (C2) has an intense peak at  $\lambda_{EX} = 230$  nm and  
243  $\lambda_{EM} = 356$  nm and was determined to be a tryptophan-like protein, which is commonly related to the  
244 fluorescent group of aromatic protein structures produced by microbial degradation (Chen et al.  
245 2003, Cory and Kaplan 2012, Stedmon and Markager 2005). The third component (C3) shows one  
246 peak ( $\lambda_{EX} = 245$  nm,  $\lambda_{EM} = 458$  nm) with excitation and emission characteristics similar to humic-  
247 like DOM that formed from soil or plants during terrestrial or autochthonous phytoplankton  
248 degradation or bacterial activity (Fellman et al. 2011, Wei et al. 2019, Zhang et al. 2009).

249 The range of Fn(355) values varies from 1.16 to 2.97. The average Fn(355) value increases  
250 from mesotrophic samples ( $1.92 \pm 0.31$ ) to light-eutrophic samples ( $2.06 \pm 0.29$ ) to middle-  
251 eutrophic samples ( $2.24 \pm 0.19$ ; Fig. S1). In contrast to the dry season, the FI of all samples does  
252 not differ in the wet season (Fig. 2). In dry-season samples, the FI values are the highest in light-  
253 eutrophic samples ( $3.43 \pm 1.94$ ). The different BIX values obtained for the dry season and various

254 trophic states are statistically significant ( $p < 0.01$ ; Fig. 2b). The BIX of all samples ranges from  
255 0.72 to 3.16, with an average of  $1.39 \pm 0.67$  for light-eutrophic samples,  $1.22 \pm 0.58$  for  
256 mesotrophic samples, and  $1.02 \pm 0.50$  for middle-eutrophic samples. The FI is higher than 1.9 in  
257 96 of the 119 samples and BIX is higher than 0.8 in 109 of the 119 samples, indicating that the DOM  
258 in Lake Erhai is predominantly derived from autochthonous sources.

### 259 3.4 Correlation between DOM properties and trophic state

260 There were no significant correlations between  $S_R$ ,  $SUVA_{254}$ ,  $S_{275-295}$ ,  $M$ , and TSI ( $R = -0.29$ ,  $R$   
261  $= 0.14$ ,  $R = -0.06$ ,  $R = -0.19$ ,  $p < 0.05$ ; Fig. 4). The significant positive correlations between TSI and  
262  $a_{CDOM}(254)$  and  $F_n(355)$  ( $R = 0.56$ ,  $R = 0.41$ ,  $p < 0.05$ ) indicate that  $a_{CDOM}(254)$  and  $F_n(355)$  can be  
263 used as indicators of the trophic state in the Erhai watershed (Fig. 4). Sixty-four water samples were  
264 used to calibrate the model and the remaining samples were used for the validation. The results of  
265 the validation of the predicted model are presented in Fig. 5. The adjusted coefficients of  
266 determination of  $a_{CDOM}(254)$  and  $F_n(355)$  are 0.76 and 0.71, with RMSE values of 3.40 and 4.20,  
267 respectively. The BIX is positively correlated with the trophic state ( $R = -0.30$ ,  $p < 0.05$ ) and there  
268 is no significant correlation between TSI and FI ( $R = 0.12$ ,  $p > 0.05$ ). Overall,  $a_{CDOM}(254)$  and  
269  $F_n(355)$  significantly correlate with TSI and thus can be used to assess the trophic state in the Erhai  
270 watershed.

271 To determine why the composition of DOM in various trophic states differs, the correlations  
272 between environmental variables (pH, temperature, TN, TP,  $NH_4^+$ -N,  $NO_3^-$ -N, and Chl-a) and  
273 FDOM [ $F_n(355)$ ] were analyzed using the LASSO model (Fig. 4). The results show that the pH,  
274 TN, and  $NO_3^-$ -N significantly correlate with FDOM in mesotrophic samples. In light-eutrophic  
275 waters, the pH, TP,  $NH_4^+$ -N, and Chl-a significantly correlate with the fluorescence of the DOM. In

276 middle-eutrophic samples, significant correlations between the pH, water temperature, TN, and  
277 FDOM were observed. Regardless of the trophic state, the pH affects the FDOM, whereas the effects  
278 of most other variables differ depending on the trophic state.

## 279 **4. Discussion**

### 280 4.1 Optical characteristics of DOM depending on the trophic state

281 The  $a_{\text{CDOM}}(254)$  and TSI ( $R = 0.36$ ,  $R = 0.56$ ,  $p < 0.05$ ) are positively correlated, indicating that  
282 eutrophication increases the DOM concentration by promoting phytoplankton growth and organic  
283 matter accumulation (Song et al. 2018). A possible explanation may be that the rate of  
284 photosynthesis in eutrophic samples is always greater than that in oligotrophic and mesotrophic  
285 samples (Pacheco et al. 2014, Ye et al. 2015). The CDOM absorption values obtained for the study  
286 area are lower than those reported for freshwater lakes in China (average of 19.55; (Song et al. 2019).  
287 The M values obtained for middle-eutrophic samples are lower than those of mesotrophic samples  
288 (Fig. 2). This result is similar to that of Brandão et al. (2016) who reported that the M value of  
289 hypereutrophic reservoirs is lower than that of oligotrophic lakes.

290 Our results show that the fluorescence components in the Erhai watershed are dominated by  
291 humic-like components (C3; Fig. S1), which differs from several other cases in which  
292 autochthonous protein-like components play the main role such as in lakes of the Yungui Plateau  
293 and other plateaus (Hood et al. 2003, Miller et al. 2009, Zhang et al. 2009). This difference may be  
294 due to the complex geographical and hydrological conditions and other environmental factors. The  
295 results of a previous study showed that an increase in the phytoplankton biomass contributes to an  
296 increase of humic-like components in nutrient-rich water samples (Miller et al. 2009). The FDOM

297 values of lakes and rivers in the middle-eutrophic state are higher than those in the mesotrophic state  
298 (Fig. S1). These results are similar to those reported for lakes in the Yungui Plateau. Zhang et al.  
299 (2010) suggested that an increase in the trophic state of the lakes in the Yungui Plateau leads to an  
300 increase of humic-like components due to the increased degradation of terrestrial nutrients and  
301 phytoplankton biomass. The results of several previous studies are consistent with this hypothesis  
302 (Miller et al. 2009, Zhang et al. 2009).

303         Based on the previously reported results, several indicators can be used to explain the change  
304 in the source of DOM. It has been demonstrated that the FI is a key indicator of the DOM source.  
305 Lower FI values ( $\sim 1.4$ ) indicate terrestrial sources and higher FI values ( $\sim 1.9$ ) indicate  
306 autochthonous sources (Mcknight et al. 2001, Wolfe et al. 2002). Based on the positive correlation  
307 between FI and humic-like components (C3;  $R = 0.32$ ,  $p < 0.05$ ) observed in our study and the high  
308 FI of the samples ( $> 1.9$ ), the DOM is autochthonous and was produced by biota in the aquatic  
309 ecosystem (Traving et al.). The value of BIX ranges from 0.72 to 3.16, representing biological or  
310 aquatic bacteria-dominated DOM (Huguet et al. 2010, Parlanti et al. 2000). This indicates an intense  
311 microbial activity at most sampling sites. However, data related to microorganisms were not  
312 obtained in this study. Therefore, the contribution of microbial activity to DOM must be analyzed  
313 and discussed in future studies.

#### 314 4.2 Effects of $a_{CDOM}(254)$ and $F_n(355)$ on TSI

315         Many researchers have focused on the classification of the trophic states in aquatic ecosystems  
316 and mostly utilized inorganic nutrient concentrations and phytoplankton (Carlson 1977, Cunha et al.  
317 2013). Considering the correlations between the optical properties of DOM and the trophic states,  
318 it has been proposed that the trophic state can be identified using CDOM absorption (Webster et al.

319 2008, Zhang et al. 2018). The HIX has been used to define the trophic state of reservoirs (Shang et  
320 al. 2019b). Based on the results of PCA, the samples in Lake Erhai were classified into four groups  
321 (CBH, EH, R, and XH) with notable geographical features (Fig. S2). Our results show that different  
322 lakes can be distinguished based on the optical parameters of DOM under various trophic states.  
323 The significant correlations between  $a_{CDOM}(254)$  and  $F_n(355)$  and the TSI indicate that the  
324 eutrophication intensifies with increasing DOM concentration (Figs 4 and 5).

325 Previous studies showed that the trophic state depends on the input of nutrients and organic  
326 matter (Kissman et al. 2017). Based on the significant correlations between the trophic state and  
327  $a_{CDOM}(254)$  and  $F_n(355)$  in the Erhai watershed, we propose a new approach to determine the trophic  
328 state of plateau lakes utilizing the absorption and fluorescence characteristics of DOM.  
329 Shortcomings of traditional methods can be avoided by predicting eutrophication based on the  
330 optical parameters of DOM, especially the CDOM absorption coefficient. As one of the important  
331 parameters of water color remote sensing, CDOM can be used for large-scale eutrophication  
332 monitoring. The new models established in our study include water samples from various trophic  
333 states and thus are applicable to other plateau lakes. However, uncertainties are likely when the  
334 models are applied to oligotrophic and hypereutrophic samples. Therefore, more data from other  
335 lakes and rivers must be obtained to improve the applicability of the new models.

#### 336 4.3 Factors affecting DOM in various trophic states

337 The strong positive correlations between the optical properties of DOM and TSI indicate that  
338 DOM is affected by variations in nutrients. The results of a previous study of the Inner Mongolia  
339 Plateau support this correlation (Wen et al. 2016). Variables obtained from the LASSO model  
340 suggest that the effects of nutrient and environmental factors on DOM (expressed by FDOM) differ

341 depending on the trophic state. The pH correlates with FDOM, independent of the trophic state.  
342 The highest pH value was observed under light-eutrophic conditions. The results of previous  
343 studies showed that the pH has a significant effect on the photolysis rate and absorbance of DOM  
344 (Timko et al. 2015). In mesotrophic samples, the pH,  $\text{NO}_3^-$ -N, and TN may affect FDOM;  $\text{NO}_3^-$ -N  
345 seemingly plays a dominant role. The concentration of  $\text{NO}_3^-$ -N is relatively high in mesotrophic  
346 samples and thus more protein can be synthesized by metabolic reduction, leading to the highest  
347 proportion of protein (48%) in mesotrophic water. The high  $\text{NO}_3^-$ -N content increases the nutrient  
348 availability, promotes  $\text{CO}_2$  production, and enhances microbial activity in ecosystems, thereby  
349 increasing the proportion of autochthonous DOM (Bridgham and Richardson 2003, Treseder 2008).  
350 With increasing nutrient levels, the importance of the pH decreases and the effects of the  $\text{NH}_4^+$ -N  
351 concentration are enhanced. In the light-eutrophic state, the concentrations of  $\text{NH}_4^+$ -N in rivers are  
352 higher, leading to higher FDOM concentrations. This may be due to high levels of inorganic N,  
353 which stimulate phytoplankton production (Hounshell et al. 2017). The results of previous studies  
354 showed that TP and Chl-a are key factors in determining the degree of humification and that the  
355 pH generally increases the P availability (Moore Jr and Reddy 1994, Zhi et al. 2015). Because of  
356 the intensification of eutrophication, TN has the greatest effect on the FDOM concentration. This  
357 might be due to the nitrogen and phosphorus availabilities, which lead to seasonal differences in  
358 the DOM properties but also affect the DOM release by phytoplankton and heterotrophic  
359 degradation by bacteria (Asmala et al. 2018). The middle-eutrophic samples mostly originate from  
360 Lake Xihu, which is severely affected by human activities and thus an elevated nutrient input,  
361 resulting in an increase in the DOM concentration due to microbial activity (Williams et al. 2016).

## 362 **5. Conclusions**

363 In this study, the characteristics of CDOM absorption and DOM fluorescence in the Erhai  
364 watershed in the Yunnan Province, China, were analyzed. Compared with mesotrophic samples,  
365 middle-eutrophic samples exhibit higher absorption coefficients and fluorescence intensities. Three  
366 fluorescence components were identified by the PARAFAC model: tyrosine-like (C1), tryptophan-  
367 like (C2), and humic-like (C3) components. The results of the fluorescence and absorption analyses  
368 indicate the low molecular weight and autochthonous sources of DOM. Based on their strong  
369 correlation,  $a_{CDOM}(254)$  and  $F_n(355)$  can be used as indicators of the trophic state of plateau lakes.  
370 The factors affecting FDOM depend on the trophic state. However, the pH is the main environmental  
371 factor influencing the production of DOM regardless of the trophic state, followed by the nitrogen  
372 and phosphorus concentrations. The correlations between the DOM properties and trophic states  
373 highlighted in this study can be used for the rapid monitoring of the water quality.

374

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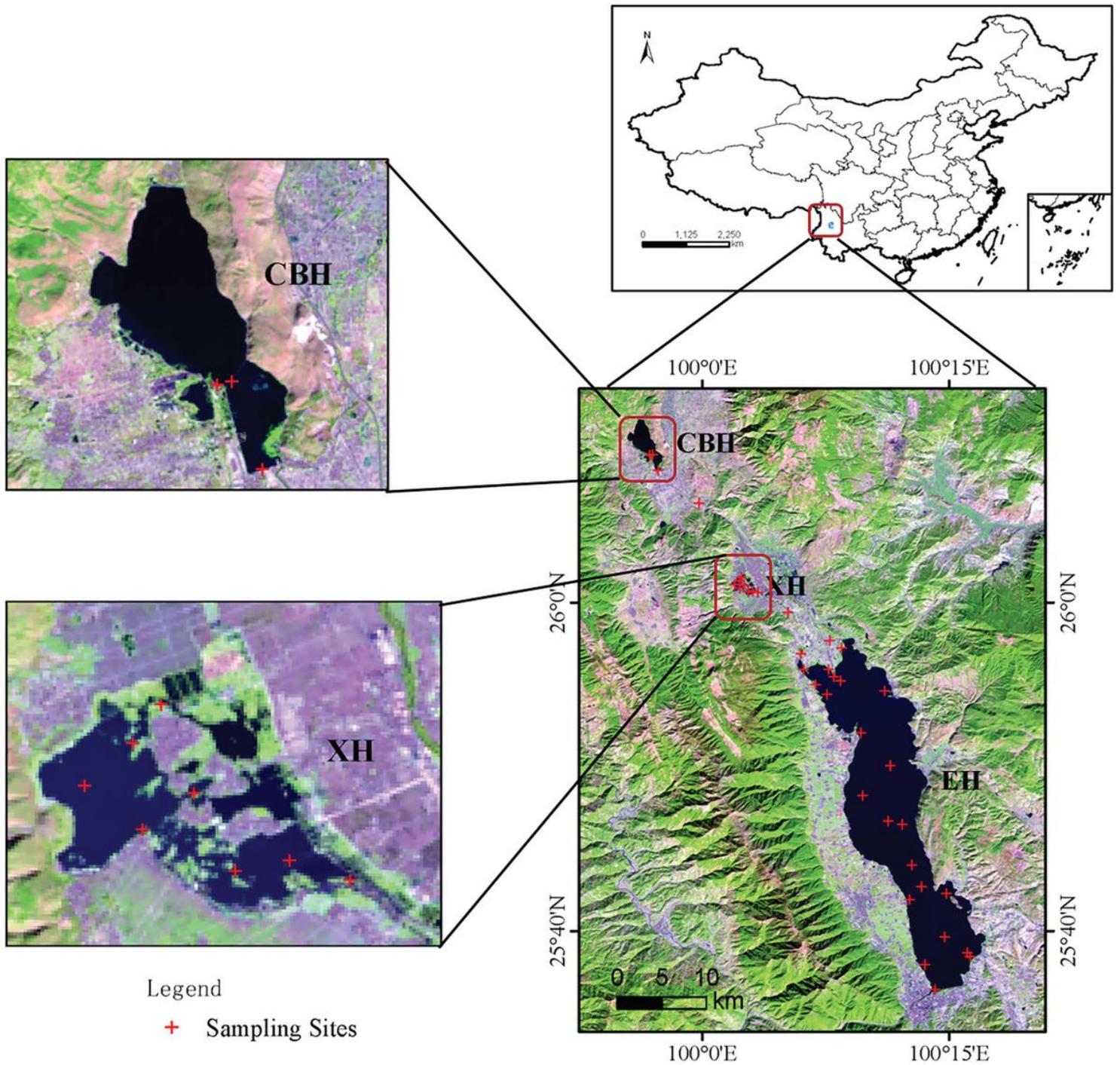
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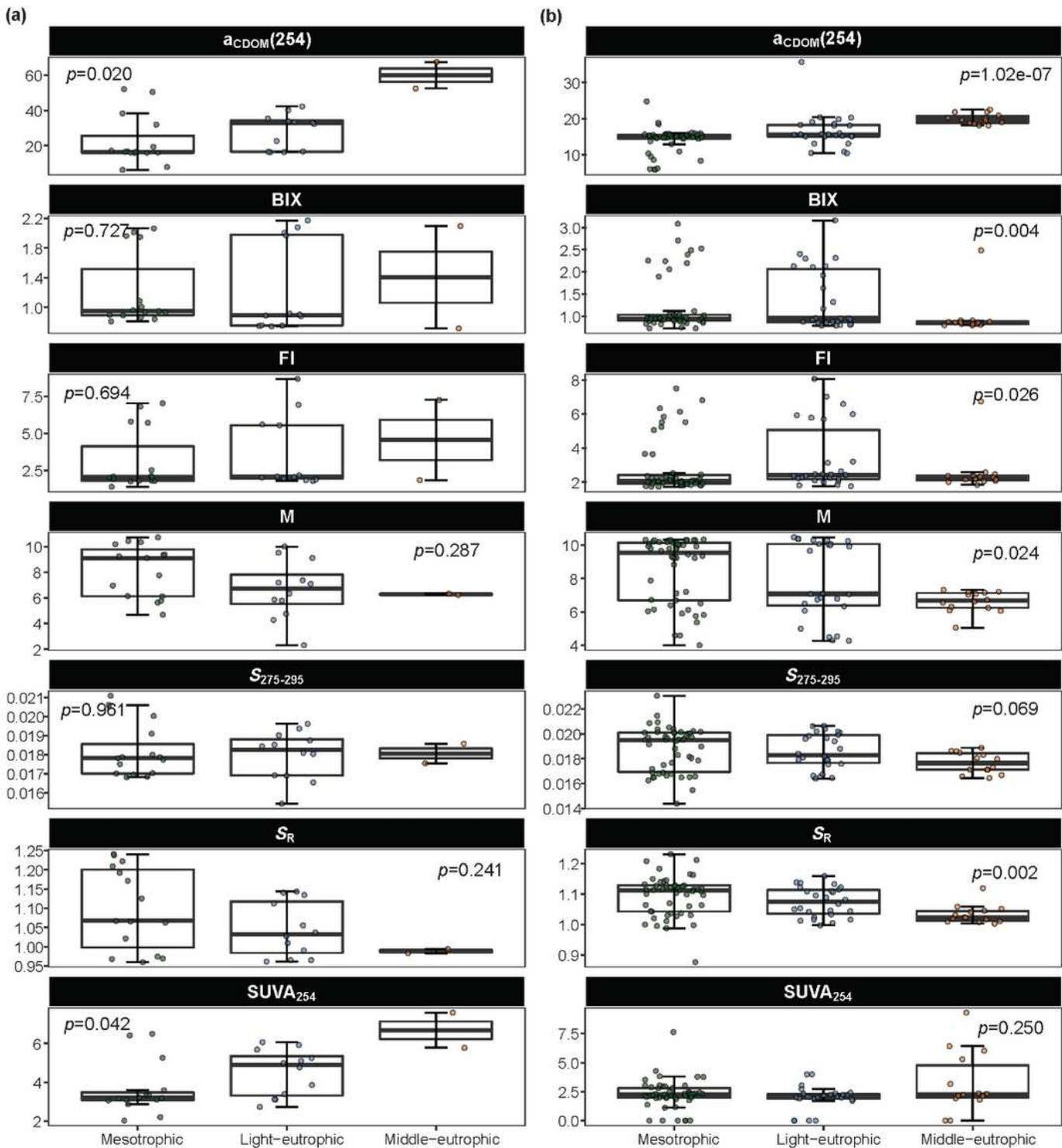
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# Figures



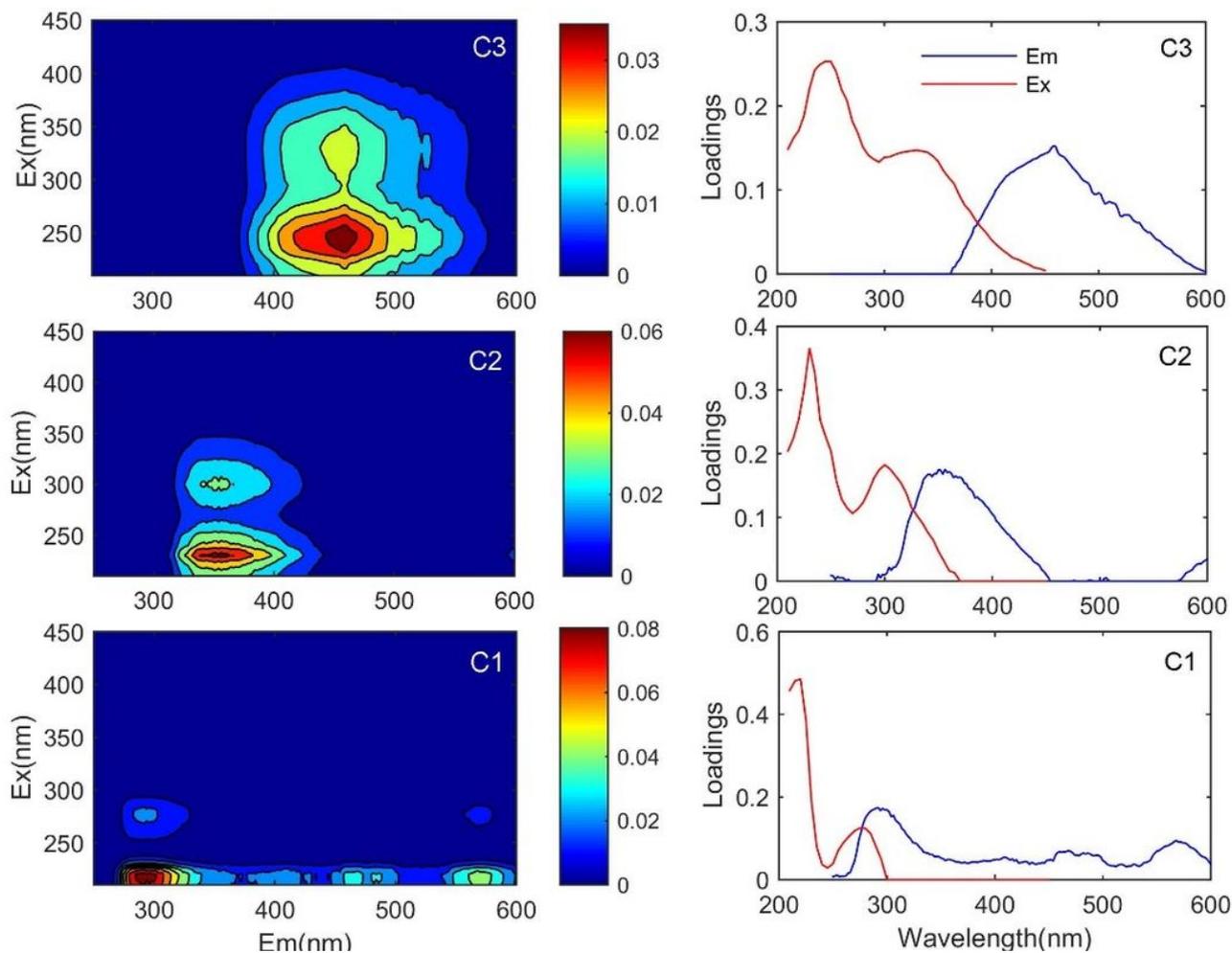
**Figure 1**

Sampling sites in the Erhai watershed, Yunnan Province, China. EH: Lake Erhai, that located in Dali, Yunnan Province, China's seventh-largest freshwater lake; CBH: Lake Cibi, one of the upstream inflows of Lake Erhai as the major source; XH: Lake Xihu, the plateau freshwater lake located between EH and CBH. The red crosses represent the sampling sites



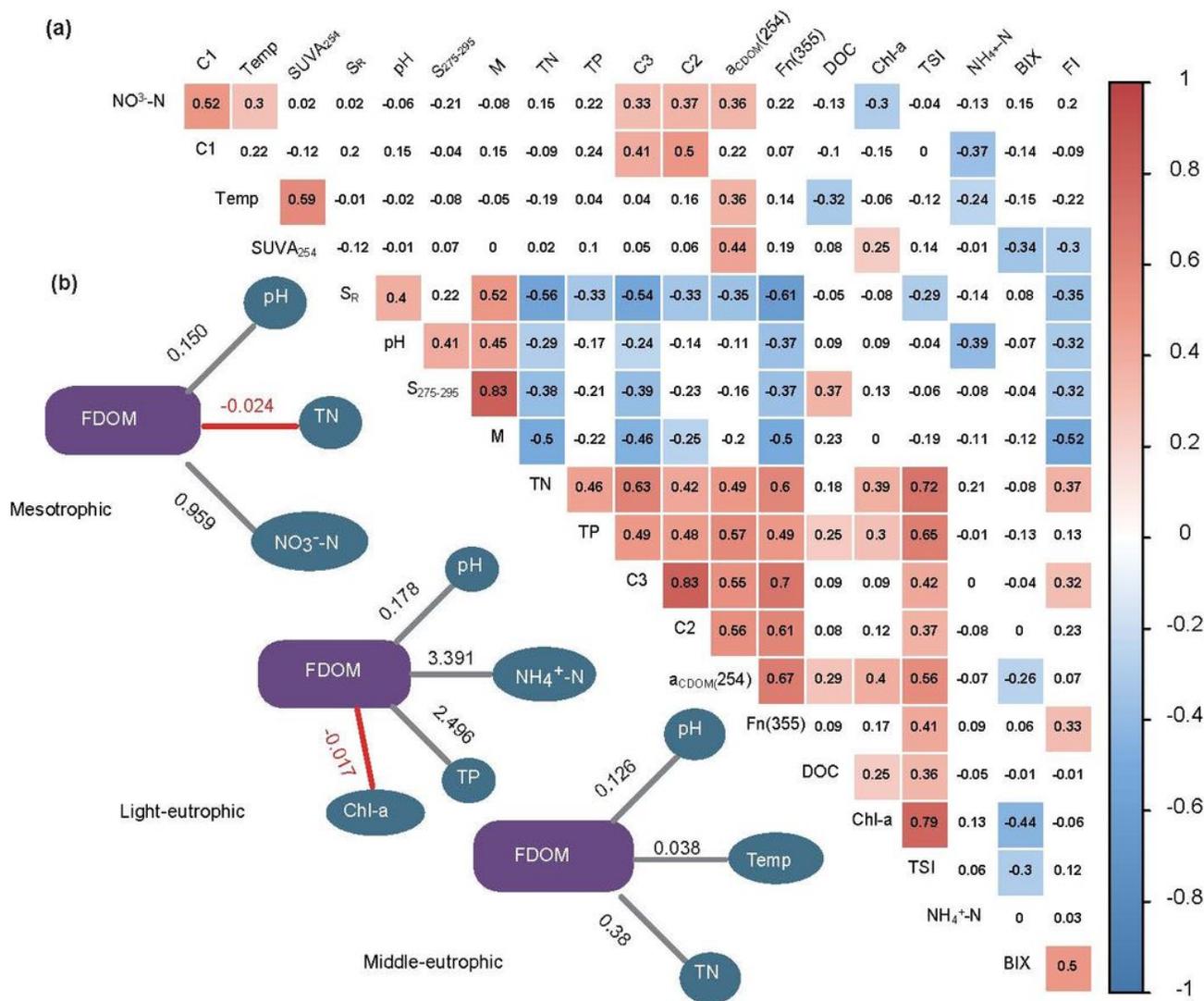
**Figure 2**

The variation and comparison of aCDOM(254), BIX, FI, M, S<sub>275-295</sub>, S<sub>R</sub> and SUVA<sub>254</sub> in different trophic states: (a) wet season; (b) dry season. The unit of aCDOM(254) was m<sup>-1</sup>, the unit of S<sub>275-295</sub> was nm<sup>-1</sup>, and the unit of SUVA<sub>254</sub> was L mg<sup>-1</sup> m<sup>-1</sup>. p was based on K-W test. The line and circle within each box represent the median and values of samples, respectively. The color of the circle is on behalf of different trophic states.



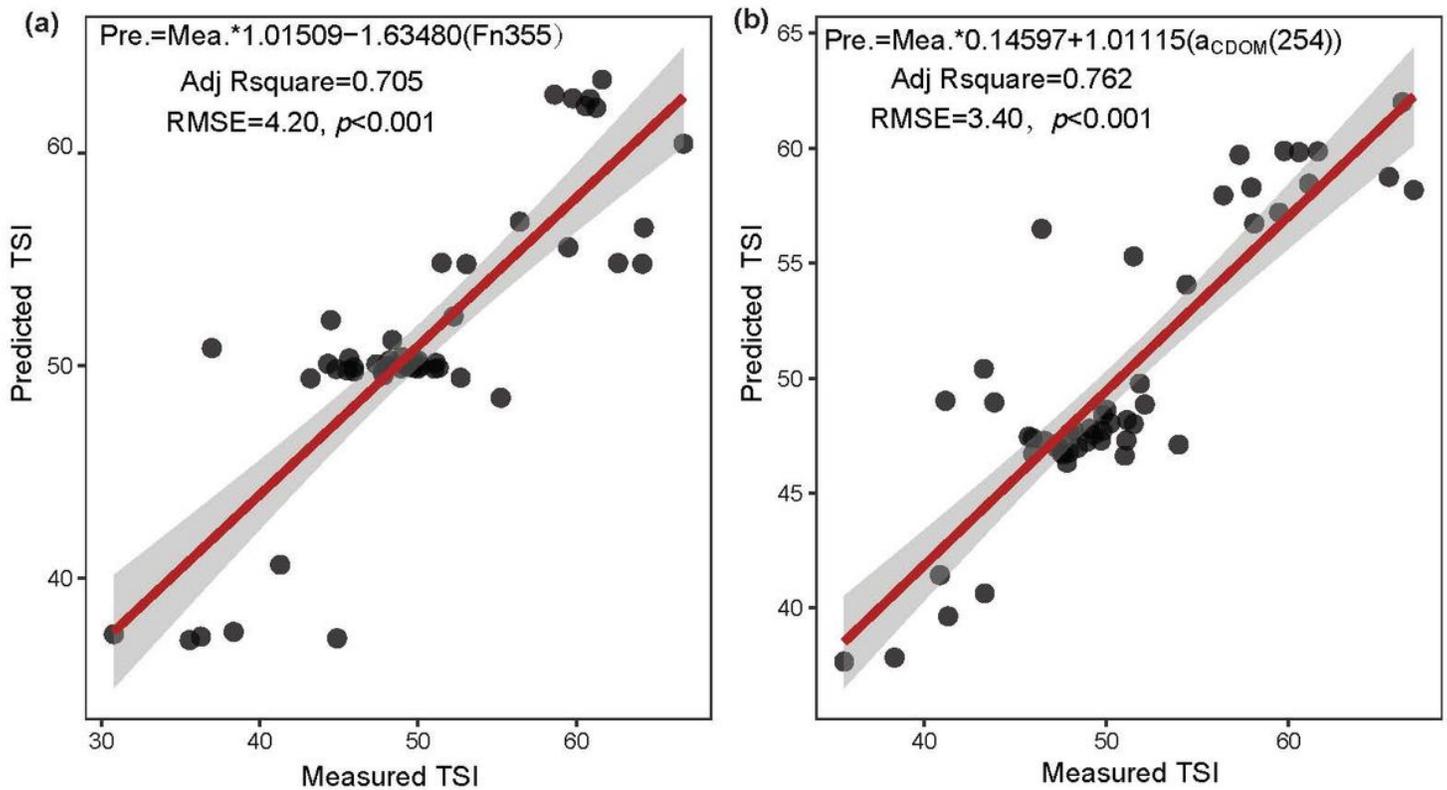
**Figure 3**

The output of parallel factor analysis (PARAFAC) referring to the fluorescent signatures of three components. Contour plots present the spectral shapes of excitation and emission. Line plots present split-half validation results of the corresponding component and show the excitation (red) and emission (blue) spectra of three unique split halves.



**Figure 4**

(a) Spearman correlation analysis between water quality, the parameters of chromophoric dissolved organic matter (CDOM) and fluorescent dissolved organic matter (FDOM). Red and blue represent positive and negative correlations, respectively. The transparency of the square indicates the intensity of the correlation. The numbers within the table are the correlation coefficient. The blank background indicates  $p > 0.01$ . (b) association network over correlation between environmental factors and FDOM by LASSO. Positive and negative correlation are shown as grey and red, and the number indicate coefficient.



**Figure 5**

Validation results of TSI Model through comparison of measured TSI and predicted TSI in Erhai watershed. (a) predicted model based on  $a_{CDOM}(254)$ ; (b) predicted model based on  $Fn(355)$ . The red lines are trendlines with a confidence interval of 95%.

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [Graphicabstract.tiff](#)
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