

Policy and weather influences on mobility during the early U.S. COVID-19 pandemic

Yihan Wu (✉ yihanwu@college.harvard.edu)

Harvard University

Todd Mooring

Harvard University <https://orcid.org/0000-0002-2293-8118>

Marianna Linz

Harvard University <https://orcid.org/0000-0002-3241-5062>

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1 **Policy and weather influences on mobility during the early U.S.**
2 **COVID-19 pandemic**

3

4 Yihan Wu,^{1*} Todd A. Mooring,² and Marianna Linz^{1,2}

5 *¹School of Engineering and Applied Sciences, Harvard University*

6 *²Department of Earth and Planetary Sciences, Harvard University*

7 * Corresponding Author

8 **Email:** yihanwu@college.harvard.edu

9 <https://orcid.org/0000-0002-2293-8118>

10 <https://orcid.org/0000-0002-3241-5062>

11

12 **Author Contributions**

13 Author contributions: Y.W. and M.L. conceived the study; Y.W. analyzed data; T.A.M. and M.L.
14 provided guidance on analysis methods; T.A.M. processed the weather data; and Y.W., T.A.M.,
15 and M.L. wrote the paper.

16

17

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21

22 **Abstract**

23

24 As the novel coronavirus severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)
25 continues to proliferate across the globe, it is a struggle to predict and prevent its spread. The
26 successes of mobility interventions demonstrate how policies can help limit the person-to-person
27 interactions that are essential to infection. With significant community spread, experts predict this
28 virus will continue to be a threat until safe and effective vaccines have been developed and
29 widely deployed. We aim to understand mobility changes during the first major quarantine period
30 in the United States, measured via mobile device tracking, by assessing how people changed their
31 behavior in response to policies and to weather. Here, we show that consistent national messaging
32 was associated with consistent national behavioral change, regardless of local policy.
33 Furthermore, although human behavior did vary with outdoor air temperature, these variations
34 were not associated with variations in a proxy for the rate of encounters between people. The
35 independence of encounters and temperatures suggests that weather-related behavioral changes
36 will, in many cases, be of limited relevance for SARS-CoV-2 transmission dynamics. Both of
37 these results are encouraging for the potential of clear national messaging to help contain any
38 future pandemics, and possibly to help contain COVID-19.

39

40 **Significance Statement**

41 This study investigates mobility changes during the first major quarantine period in response to
42 the COVID-19 pandemic in the United States, assessing how human behavior changed in
43 response to policies and to weather. Through mobility metrics based on tracking mobile devices,
44 we show that consistent national behavioral change was associated with clear national messaging
45 and independent of local policy. While the number of park visitations changed with weather
46 conditions, generally, the changes apparently did not increase potential encounters between
47 people. The independence of encounters and temperatures suggests that, if these results hold in
48 the future, behavioral responses to short-term temperature variations may have, at most, a limited
49 impact relative to any direct physical modulation of transmission by weather as the virus becomes
50 endemic.

51

52

53 **Main Text**

54

55 **Mobility Changes and Policy Timing**

56 On March 13, 2020, U.S. President Donald Trump announced a state of emergency and a ban on
57 travel from 26 European countries.⁴ Soon thereafter, a national stay-at-home guideline was issued
58 on March 16.⁵ Every state announced school closures between March 16 and March 23,⁶
59 rendering March 21-22 the first weekend within this school and workplace closure period. Since
60 response to the virus in the U.S. has been widely politicized,^{7,8} we examine how human behavior,
61 reflected through mobility changes, in response to policies. Figure 1a shows the timing of
62 statewide policies and of a variety of mobility changes. As a proxy for the number of people who
63 may have come face-to-face, encounter rate is a mobility metric, measuring the number of
64 devices that come within 50 m of each other⁹ (see more discussion in Methods). We compute the
65 mobility changes by identifying change points in the encounter rate time series from February 24
66 (the start of data availability) to May 22. Change points are identified by locating the times of
67 greatest change and finding the nearest local minima (see Methods). The grocery visitation

68 maxima (Fig. 1, yellow) are derived from the grocery and pharmacy visits of the Google
69 Community Mobility Reports¹⁰ while all other mobility metrics are calculated from Unacast¹¹
70 potential person-to-person encounter rates.

71 Within a few days of the March 13 presidential announcement, every state in the nation had a
72 peak in trips to the grocery store and pharmacy (Fig. 1a, yellow). Following a national stay-at-
73 home guideline and school closures, almost all states achieved their maximum decrease in
74 mobility (Fig. 1a, red) on Saturday March 21, marking the effective beginning of a stay-at-home
75 period nationwide. Although many states delayed implementing stay-at-home orders, there was
76 near uniformity in the beginning and ending of quarantine behavior across states. The distinction
77 between the nationally coherent timing of the grocery peak (yellow) and encounter decrease (red)
78 and the scattershot timing of when state policies were put into place (Fig. 1a, blue) is striking.
79 Again, we note that there were numerous factors at play at this time, with school closings being
80 particularly important. Therefore, this consistency in timing of the quarantine start does not
81 necessarily relate directly to the national guidance. Indeed, inspection of mobility time series for
82 individual states suggests that in many states, mobility was beginning to decline prior to the
83 national state of emergency and stay-at-home guidelines.

84 On May 1 national stay-at-home guidelines expired,¹² but schools and many workplaces remained
85 closed.⁶ Nevertheless, there is nationally coherent timing of encounter increases (Fig. 1a, pink), in
86 contrast to the varied timings of state stay-at-home order expirations (Fig. 1a, cyan) and of state
87 reopening plan implementations (Fig. 1a, green). To further examine the national coherence of
88 the encounter decrease (red) and encounter increase (pink), we use Unacast encounter rate on the
89 county level. Out of 3054 counties for which Unacast had data, 1880 counties had March 21 as
90 the beginning of quarantine behavior, and a total of 2559 counties had its beginning in the three-
91 day span of March 21-23, comprising 84% of the total number of counties. 1431 counties had
92 May 2 as the end of quarantine behavior, and a total of 2553 counties had April 30-May 2, a span
93 of 3 days, also comprising 84% of total counties. As a consistency check, similar results were
94 obtained using the county-level Cuebiq Mobility Index,¹³ a metric of distance traveled by mobile
95 devices.

96
97 To determine whether this degree of spatial coherence in mobility changes is unusual, we employ
98 the same algorithm on a subsequent encounter rate time series of equal length (June 1 to August
99 28) to test whether a similar consistency is observed for any other dates. We find that the most
100 common date selected from these control series as the “beginning of quarantine behavior” was
101 June 29, with a frequency of only 777 counties. In the three-day span June 28-30, only 35% of
102 counties “began quarantine”, substantially fewer than during the actual quarantine beginning on
103 March 21-22. Similarly, the most common date designated as “end of quarantine behavior” was
104 August 6 with a frequency of only 766 counties and with 38% of counties included in the
105 surrounding three-day span.

106
107 These findings are illustrated in Figure 1b, showing that the state-level coherence of quarantine
108 start and stop demonstrated in Figure 1a is visible even at the county level. The distributions of
109 the quarantine start and stop points in the spring do not overlap and are quite sharply peaked,
110 while the mobility change point distributions computed from the summer control series are
111 broader and overlap.

112
113 While the timings of the dramatic encounter decreases and increases are consistent, many states
114 had already reached encounter rates that were 30% of their pre-pandemic values (Fig. 1a, orange)
115 before quarantine behaviors ceased (Fig. 1a, pink), suggesting variability in people’s behaviors

116 and encounters across states during the quarantine period. Most of these states experienced a new
117 surge in COVID-19 cases in July,¹⁴ consistent with studies that argue that an early reopening led
118 to this new wave.^{15,16} Dates of reaching 30% of pre-pandemic potential encounter rate are not
119 correlated with implementation dates of reopening plans ($R^2=0.062$) or with expirations of stay-
120 at-home orders ($R^2=0.049$), which is further evidence that mobility behaviors are substantially
121 independent of state policies. The consistency across mobility measures suggests the primacy of
122 national awareness and national guidelines over state policies in determining human behavior.

123 **How did mobility change?**

124 We explore how mobility changed in time, and as part of this analysis, we examine how the
125 average distance traveled (as a percent change from pre-pandemic baseline) and the encounter
126 rates (as a percent change from a national baseline) changed over time.

127 Encounter rates are computed based on the number of times mobile devices approach each other
128 to within a distance of 50 m (see Methods). Although this range is substantially larger than that
129 over which the close personal contact believed to be most relevant to COVID-19 spread takes
130 place, we expect even this coarse-resolution encounters metric to be more relevant to disease
131 spread than distance traveled—hence our interest in discovering any functional relationship
132 between these two quantities.

133 We identify a compact, nonlinear relationship between the distance traveled and the encounter
134 rate, which is fitted to an exponential curve:

$$135 \quad \text{Rate} = a \cdot \exp(b \cdot \text{Distance}) \quad ,$$

136 where a is a proportionality constant and b is a growth rate (see Methods). The exponential
137 relationship is supported by high R^2 values across the states (see Supplementary Figure 1 for
138 examples of the exponential fit and Supplementary Figure 2 for R^2). In Figure 2, we show the
139 spatial distribution of these two coefficients on the state level and their relationships with
140 population density on the county level (see Supplementary Figure 3 for county coefficient maps
141 and state population density scatterplots). There is a high correlation between a and the
142 population density, which follows naturally from the definition of encounter rates (see Methods
143 for details); the places that are densely populated naturally have higher encounter rate values
144 compared to the national baseline, resulting in a higher coefficient a ($R^2=0.84$). In contrast, the
145 coefficient b is fairly consistent across states, with a mean of 3.40 and standard deviation (SD) of
146 0.56 (County-level: mean 3.10, SD 0.71). b has a significant but weaker correlation with
147 population density ($R^2=0.15$ at the county level and 0.21 at the state level). While this part of our
148 analysis was conducted with data starting on February 24 through June 6, incorporating data
149 through July 15 shows that the exponential relationship holds well. The exponential relationship
150 may have significant implications for the choice of functional form for any investigations of links
151 between the more commonly available distance traveled and disease spread.

152 This nonlinear relationship suggests that the initial decrease in distance traveled (and associated
153 strong drop in encounters) was due to a preferential reduction in visits to places associated with
154 relatively high encounter rates.

155 **Effects of weather on mobility**

156 Having demonstrated the consistency of mobility behavior with national policy and the spatial
157 coherence of mobility changes with time, we explore the impact of weather on mobility under
158 stay-at-home conditions (March 23 - May 1). Since it is intuitively reasonable to think that people

159 tend to engage in more activities away from home in nicer weather, we want to understand
160 whether people maintain low encounter rates and continue respecting policy under such
161 conditions. Past work has shown a weak effect of temperature on human mobility and
162 behavior,^{17,18} but other types of weather (e.g. rain) are more important.^{19,20} We aim to understand
163 whether human mobility is correlated with temperature under the COVID-19 stay-at-home
164 conditions.

165 For many respiratory illnesses, such as influenza²¹ and the endemic coronaviruses,^{22,23}
166 transmission has a strong seasonal component, with a clear link to atmospheric conditions in the
167 case of influenza.^{24,25} Although the wide range of weather conditions in locations of COVID-19
168 outbreaks belies the possibility of strong modulation of this initial occurrence of the disease, such
169 modulation is likely to impact recurrence if the susceptible population is decreased.²⁶⁻²⁸
170 Investigations of possible temperature and humidity effects on COVID-19 transmission have
171 produced conflicting results, with some studies showing no apparent relationship^{27,29} and others
172 suggesting decreased transmission at warmer temperatures.³⁰⁻³² Furthermore, a single-city study
173 found warmer temperatures and low precipitation to be positively correlated with COVID-19
174 incidence, perhaps due to disregard of stay-at-home orders in good weather.³³ By studying the
175 relationship between weather conditions and mobility, we find no evidence for the hypothesized
176 disregard of policy in good weather.

177 We analyze the correlation of weather with park visitation and encounter rate at the state level
178 under stay-at-home conditions (March 23-May 1). On days with rainfall, mobility and encounter
179 rates are clearly suppressed (not shown), consistent with previous studies.^{19,34} Therefore, we omit
180 rain days from our correlation calculation. We high-pass filtered the weather and mobility time
181 series to remove seasonal trends (see Methods). Figure 3 shows a weakly positive correlation
182 between temperature and park visitation but a lack of correlation between temperature and
183 encounter rate. In other words, while people in some states change their behavior to visit parks
184 more when temperatures are higher, in line with previous work,^{16,34} their potential encounter rates
185 do not significantly increase. Note that because this analysis was performed only for the
186 quarantine time period and during a limited season, the specific correlations cannot be easily
187 extrapolated to other times of year or social conditions. The significance of the correlations is
188 evaluated based on comparing the correlations with state-specific null distributions of correlation
189 values constructed from the previous 70 years of weather data (see Methods for details).

190 There are spatial variations in temperature correlation with park visitation, which is positive in
191 the northeast and central plains states and negative in Alabama, Louisiana, and Florida, though
192 these correlations were not significant at the 90% level. The spatial differences are likely due to
193 temperatures becoming more favorable in the northern states, but too hot (or perhaps humid) for
194 outdoor activities in the southern ones. While a parabolic fit could in principle capture a threshold
195 above which temperature is hot enough to suppress outdoor activity, in practice no region had a
196 temperature range large enough to reliably estimate this threshold.³⁵ In Figure 3c, Florida exhibits
197 a negative correlation between temperature and encounters. Similar trends for correlations
198 between temperature and encounters are observed on the county level, which adds nuance to the
199 overall picture of weak correlations between temperature and encounters (Supplementary Figure
200 4). Note, however, that the magnitude of these correlations is typically quite low and rarely above
201 0.5 (the total variance explained is up to 25%), and areas with a correlation above 0.5 are not
202 densely populated (population density less than 100 people/km², Supplementary Figure 4).

203 To further show that the statistically significant temperature-mobility correlations are not by
204 chance, we compute the number of states with significant temperature-mobility correlations using

205 each of the 70 pre-pandemic years of weather data, with significance again assessed against the
206 state-specific null distributions (see Methods for details). At the 95% significance level, the
207 number of states with a significant temperature-park visitation correlation for 2020 (17) is
208 substantially larger than the number of falsely "significant" correlations found for any previous
209 year (Figure 3b), while the apparent detection of a significant temperature-encounters correlation
210 in a single state is well within the range of what can happen by chance in the absence of any
211 causal effect (Figure 3d). We thus conclude that our analyses provide strong evidence for a real
212 effect of temperature on park visitation, but no evidence for an effect of temperature on
213 encounters.

214 The correlation between temperature and park visitation suggests that in most states people
215 visited parks more on relatively warm days, but the lack of correlation between temperature and
216 encounter rates shows that this change does not result in more potential encounters, perhaps
217 because interactions in parks constitute a relatively small fraction of all human encounters.
218 Therefore, under national policy guidelines in the early part of the pandemic, human behavior
219 was influenced by weather conditions, but people still maintained compliance with social
220 distancing guidelines.

221 **Conclusion**

222 In this study, we have demonstrated that changes in human mobility during the onset of the U.S.
223 COVID-19 pandemic were consistent nationally despite large variations in state policies.
224 Potential person-to-person encounter rates are an exponentially increasing function of distance
225 traveled in most states and counties. The exit from quarantine was almost uniformly seen within
226 one day of the expiration of the national stay-at-home guidelines, and the timing for changes in
227 mobility had almost no relation with the timing of changes to local policy. The knowledge that
228 people changed their behavior more as a national unit than in response to regional policies should
229 be useful to policymakers. Although a more tailored, local approach might be preferred when
230 different regions have significant differences in community spread, these results suggest that a
231 uniform national guideline is likely to be more effective in altering behaviors.

232
233 In addition, we saw that although temperature did impact behaviors (temperature and park
234 visitation are correlated), it did not impact risky behaviors (temperature and potential encounters
235 are not correlated). Despite anecdotes of people flocking to beaches on unseasonably warm spring
236 days and the concerns this brought for the spread of COVID-19, our results show that there was
237 not a significant relationship between the temperature and potential encounters. Our weather
238 results specifically apply to the early period of the pandemic, and the correlations should not be
239 extrapolated more generally. The combination of weather results implies that people did change
240 their behaviors with the weather, but not in an especially risky way. This is an encouraging sign
241 for adherence to future policies.

242
243 Our results suggest that coherent national guidance could dramatically change people's behavior
244 again in the future, with the potential to help contain virus transmission. This may not apply to
245 COVID-19, given the current highly politicized climate, but we nevertheless expect this result
246 will be useful to future pandemic planning.

247

248 **Materials and Methods**

249

250 **Policy Timing:**

251 Dates were collected for three types of state-level policy changes: implementation and expiration
252 of a stay-at-home order and implementation of a reopening plan (Fig. 1). Multiple sources that
253 gather information from states' executive orders and press releases were crosschecked.³⁶⁻⁴⁰
254 Generally, stay-at-home orders shut down non-essential businesses, permit non-essential
255 employees to work from home and encourage citizens to stay at home at all times except for
256 certain essential activities; some states mandate staying at home while others advise this action.
257 The implementation date of a stay-at-home order is defined to be its first effective date of such
258 orders. The expiration date of a stay-at-home order is the date on which it legally expired or was
259 lifted, inclusive of any continuous extension of such an order past its originally announced
260 expiration date. However, any reimplementations of stay-at-home orders in response to COVID-
261 19 surges in July are not considered.

262 The date of implementation of a reopening plan is the first day on which certain categories of
263 nonessential businesses were permitted to reopen. For states that explicitly announced a phased
264 reopening plan, the implementation date is the starting date of phase 1 of the plan. For states that
265 do not have an explicit reopening plan, the implementation date is generally the first day on
266 which nonessential businesses, such as restaurants and retail, were allowed to operate at below-
267 average capacity. Note that (by these definitions) some states began reopening before their stay-
268 at-home orders expired.

269 **Unacast Mobility Data:**

270 With three measures based on data for 15-17 million identifiers each day in the U.S., aggregated
271 data from Unacast have provided important insights into understanding mobility patterns.¹¹
272 Human mobility is measured by using three proxies compared to a pre-pandemic period: change
273 in average distance traveled, rate of potential encounters, and change in non-essential visitation.
274 (This last metric is used only as a consistency check on Google Community Mobility Report data,
275 see next subsection.) The baselines for calculating the percent change in average distance traveled
276 and non-essential visitation are day-of-week-dependent averages of a pre-pandemic period
277 (February 10- March 8) specific to the state or county.

278 We expect potential encounter rate to be a better metric of disease transmission efficiency than
279 distance traveled, because COVID-19 is believed to spread mainly via close contact with infected
280 individuals. Potential encounter rate is calculated by observing the dwell locations of a sample of
281 mobile devices and counting the number of other devices that come within 50 m of each sample
282 device during a period of an hour.⁹ Dwell locations are defined as places where the device is
283 traveling below a certain velocity threshold, so as to remove potential encounters of people in
284 separate vehicles where they would not come into direct contact. Other situations like traffic jams
285 are also filtered to ensure only direct contacts are accounted for. Since walkers do not pass the
286 velocity threshold, potential encounters of walkers are included. People coming into contact
287 multiple times in a day are only counted once.

288 The use of a rather large 50 m range to define an encounter suggests that the Unacast potential
289 encounter rate represents an upper bound on the rate of genuinely disease transmission-relevant
290 contact events. There is also some evidence that contact rates measured at finer spatial resolutions
291 (~1.5 m) are increasing functions of the numbers of people present in areas of larger spatial extent
292 (tens of m).⁴¹ This is consistent with the idea that the Unacast potential encounter rates are
293 informative about shorter-distance contact events, although the extent to which transmission-
294 relevant contact patterns can be usefully inferred from data about colocation within tens of meters
295 remains a subject of research.⁴¹

296 Unacast expresses its potential encounter rate data as a percent change relative to a single (i.e.,
297 day-of-week-independent) pre-pandemic national average (February 10 - March 8). Therefore a
298 densely populated place like Washington, D.C. reaches encounter rates of up to 300 in the pre-
299 pandemic period while some states exhibit a very small range of encounter rates.

300 Unacast also provides population data on the state and county level, which was used to calculate
301 population density in conjunction with land area data.⁴¹

302 **Google Community Mobility Report:**

303 Google's Community Mobility Report dataset documents volume of visits to six different
304 categories of places: grocery and pharmacy, parks, transit stations, retail and recreation,
305 residential, and workplaces.¹⁰ Numerical values are expressed as percentage changes from pre-
306 pandemic baselines. The baseline varies by day of week, and for each day of the week is defined
307 as the median of the five realizations of that day that occurred in the January 3 - February 6, 2020
308 period.

309 We cross-check corresponding metrics from Google and Unacast. Visitation to retail and
310 recreation is a form of non-essential visitation, and Unacast's nonessential visitation metric
311 exhibits a tight linear relationship with Google's retail and recreation visitation metric, observed
312 on the state level. While parks were also non-essential destinations, their visitation rates were
313 more variable compared to other non-essential visitation categories perhaps because other non-
314 essential activities were more strongly restricted. However, park visitation also exhibits a linear
315 relationship with average distance traveled from Unacast, suggesting that travel to parks may be a
316 major driver of day-to-day variations in travel under quarantine.

317 **Cuebiq Mobility Data:**

318 Aggregated mobility data is provided by Cuebiq, a location intelligence and measurement
319 platform. Through its Data for Good program, Cuebiq provides access to aggregated mobility
320 data for academic research and humanitarian initiatives. This first-party data is collected from
321 anonymized users who have opted-in to provide access to their location data anonymously,
322 through a GDPR-compliant framework. It is then aggregated to the census-block group level to
323 provide insights on changes in human mobility over time. Of its mobility data, we used the
324 Cuebiq Mobility Index, defined as the \log_{10} of the median distance traveled by all devices.¹³

325 We conduct a consistency check on quarantine starts mobility changes (Fig. 1a, red) with the
326 Cuebiq Mobility Index; out of 3,142 counties in the U.S., 1,965 counties had March 21 as the
327 beginning of quarantine behavior and 715 counties had March 22, comprising 85% of the total
328 number of counties. This further gives us confidence in the nationally coherent encounter
329 decrease result.

330 **Mobility Metrics:**

331 We examine mobility trends on both the state level and the county level and calculate dates of
332 key mobility changes. The grocery visitation maxima (Fig. 1a, yellow) are the dates of the
333 maxima in the grocery and pharmacy visit category of the Google dataset, while all other mobility
334 change dates are calculated from the Unacast potential encounter rate data. Quarantine starts (Fig.
335 1a, red) and stops (Fig. 1a, pink) are calculated in MATLAB using the findchangepts function.
336 For each time series of encounter rate, we use findchangepts to find two times at which the mean
337 of the time series changes most significantly.⁴³ For each time series, we observe a significant
338 decrease in encounter rates and a significant increase in encounter rates, corresponding to the

339 period of going into quarantine and reopening, respectively. Given these two change points, we
340 then define the start of the quarantine period as the last day of a period of continuous mobility
341 decrease that starts on or before the day of the first change point (i.e., quarantine starts on the date
342 of minimum encounter rates at the end of this period of decrease). Similarly, the end of the
343 quarantine period is defined to be the first day of a period of continuous mobility increase that
344 ends on or after the day of the second change point (i.e., quarantine ends on the date of minimum
345 encounter rates at the beginning of reopening). We also apply the algorithm to the Cuebiq
346 Mobility Index to cross-check results for the beginning of quarantine on the county level.

347 This algorithm was robust to extensions of the encounter rate time series. The same analysis on
348 the full encounter rate time series through the end of July yields the same exact quarantine starts.
349 Similarly, quarantine stops were the same for most of the states and exhibit the same consistency
350 across states on May 2. The time series extensions only affected the output of the findchangepts
351 function for the quarantine stops, and even then, the diagnosed change points only provide the
352 starting point for the algorithm to select the start of the quarantine period. Therefore, the exact
353 outputs of findchangepts are not as important, and the analysis is robust to any extensions in the
354 time series.

355 The mobility 30% pre-pandemic metric (Fig. 1, orange) is defined as the first day after the
356 beginning of quarantine for which encounter rates reached 30% of the state's pre-pandemic
357 average encounter rate. While the 30% level is chosen here, the analysis is robust to other levels
358 of mobility as well. The same analysis but using mobility 40% or 50% pre-pandemic metric
359 yields similar consistencies across states. The 30% level was appropriate because it captures the
360 significant variability of encounter rates between states during the quarantine period while
361 avoiding excessive influence from minor mobility fluctuations, which was evident when
362 examining a 20% pre-pandemic metric.

363 **Exponential Relationship:**

364 The exponential fit is

$$365 \quad \text{Rate} = a \cdot \exp(b \cdot \text{Distance}) \quad ,$$

366 where *Distance* is average distance traveled and *Rate* is a normalized encounter rate defined as
367 the number of encounters (km⁻²) divided by the national pre-pandemic baseline.

368 The relationship between potential encounters and average distance traveled was investigated on
369 both the state level and the county level. While Unacast generates data for almost all counties, we
370 analyzed the relationship only for counties with populations greater than 100,000. Counties with
371 smaller populations have relatively few encounters and therefore their encounter rate data are
372 quite noisy, which makes it difficult to obtain reasonable fits.

373 In addition to an exponential model, a quadratic fit of the form

$$374 \quad \text{Rate} = a \cdot (\text{Distance} + b)^2,$$

375 was also considered, limiting the number of parameters to only two. This polynomial model
376 yields slightly worse, but similar, R² values as the exponential model. The fitted parameters of the
377 polynomial model are also highly correlated across states with those of the exponential model.
378 Both may be plausible and capture the highly nonlinear relationship between distance traveled
379 and encounter rate. We present the exponential model here because its parameters are more
380 physically meaningful.

381 **Weather Data:**

382 The near-surface temperature and precipitation data used in this study are taken from the ERA5
383 reanalysis product.⁴⁴⁻⁴⁶ This dataset is available on a 0.25° horizontal grid with a time resolution
384 of 1 hour. To define state-level daily-average weather conditions, we computed population-
385 weighted spatial averages over each state using 2020 estimated populations from a 1/24°-
386 resolution version of the Gridded Population of the World dataset⁴⁷ in a manner conceptually
387 similar to previous work.²⁷ For our county-level analyses, we estimated daily-average weather
388 conditions at the population centroid of each county. The centroids are based on the 2010 U.S.
389 Census,⁴⁸ and weather conditions at the centroids were estimated as means over the four ERA5
390 gridboxes centered closest to each centroid.

391 **Weather and Mobility Analysis:**

392 Since mobility analysis suggested that stay-at-home was practiced nationally from March 23 to
393 May 1, we examine data for this 40-day period. The correlation of temperature and park visitation
394 from Google is compared with the correlation of temperature and potential encounter rates from
395 Unacast. While park visitation does relate to average distance traveled, park visitation best
396 captures outdoor activities that experience the effect of weather conditions.

397 Several details of the correlation calculations warrant further explanation. Mobility is notably
398 suppressed on rainy days, which we define as days with >0.5 mm of precipitation. To isolate the
399 relationship between temperature and mobility, we omit these days from our correlation
400 calculations. In addition, it is possible that the signal of any causal relationship between
401 temperature and mobility could be masked by chance correlations between seasonal trends in
402 weather and non-weather-related multi-week trends in mobility. In an attempt to avoid this
403 problem, we high-pass filter the weather and mobility time series before computing their
404 correlations. The high-pass filtering is done by subtracting 7-day running means from the time
405 series. Although deliberately introducing rain-related gaps to our time series is acceptable
406 (indeed, desirable) for the correlation calculations themselves, continuous time series are required
407 to compute the 7-day running means that underlie the high-pass filtering. For the purpose of
408 computing the 7-day running means (and this purpose only), we thus generate “filled” time series
409 in which the true rainy-day data values are replaced by values linearly interpolated from the
410 adjacent non-rainy days.

411 As is evident in Figures 3a and c, the observed correlations between temperature and mobility
412 metrics are generally not equal to zero. But to credibly interpret non-zero correlations as evidence
413 of a causal relationship, additional information is required about the range of correlation values
414 likely to be observed in the absence of such a relationship. To address this issue, we correlate
415 mobility data from March 23 to May 1, 2020 with ERA5 temperature data from March 23 to May
416 1 of each the 70 pre-pandemic years (1950-2019). Clearly, there should not be a causal
417 relationship between 2020 mobility variations and weather variations in previous years. Therefore
418 correlations computed using the true 2020 temperature data should be of relatively large
419 magnitude (in comparison to their counterparts computed using pre-2020 temperatures) if they
420 are to serve as convincing evidence of a causal effect of temperature on mobility.

421

422 More specifically, for each state we compute 70 of these null distribution correlation values (i.e.,
423 one for each pre-pandemic year of ERA5 data). The correlation procedure is generally the same
424 as used with the actual 2020 temperature data, with one slight difference related to the exclusion
425 of rainy days. As in the 2020 correlation calculations, we exclude dates on which it was raining in
426 2020 because we do not want our search for temperature effects on mobility to be overwhelmed

427 by rain effects. But for each pre-pandemic year, we also exclude dates on which it was raining in
428 that particular pre-pandemic year. We make this additional exclusion because the 2020
429 temperature distributions used in our correlation calculations are implicitly conditional on there
430 being minimal rain (precisely because we chose to exclude the 2020 rainy days from the 2020
431 correlation calculations) and we thought it advisable to impose this same condition on the
432 correlation calculations for the pre-pandemic years.

433

434 We quantitatively compare each state's true 2020 correlation values to the null distribution of pre-
435 pandemic values as follows: first, we apply Fisher's Z-transform to the 70 pre-pandemic
436 correlations and then use them to compute the variance of a Gaussian probability distribution
437 centered on zero. The lack of causal connection between 2020 mobility variations and pre-2020
438 weather variations makes it appropriate to assume that this parameterized form of our null
439 distribution is centered on zero. Annually repeating changes in weather and mobility that could
440 lead to substantially non-zero—but non-causal—correlations should already have been removed
441 by the high-pass filtering. After generating these parametric null distributions, we use them to
442 determine the unusualness of the (suitably Z-transformed) 2020 correlation values. We consider a
443 2020 correlation value to be "significant" if it falls within the outermost 5% of the relevant null
444 distribution (i.e., beyond the 2.5th or 97.5th percentiles—in other words, a two-tailed test with a
445 significance threshold of $p = 0.05$).

446

447 Given that for each mobility metric we are performing 51 such significance tests (one per state
448 and D.C.) we must also consider the possibility that some states might exhibit "significant"
449 temperature-mobility correlations purely by chance. To determine whether our 2020 results are
450 likely to be contaminated by such spurious correlations, we also use our state-specific parametric
451 null distributions to test the significance of the correlations found for each of the 70 pre-pandemic
452 years. For each of the pre-pandemic years, we note how many states are incorrectly identified as
453 showing significant mobility-temperature correlations. Finally, we use the resulting distributions
454 of numbers of false significance identifications to contextualize the actual numbers of states
455 found to have "significant" temperature-mobility correlations in 2020.

456

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458 References

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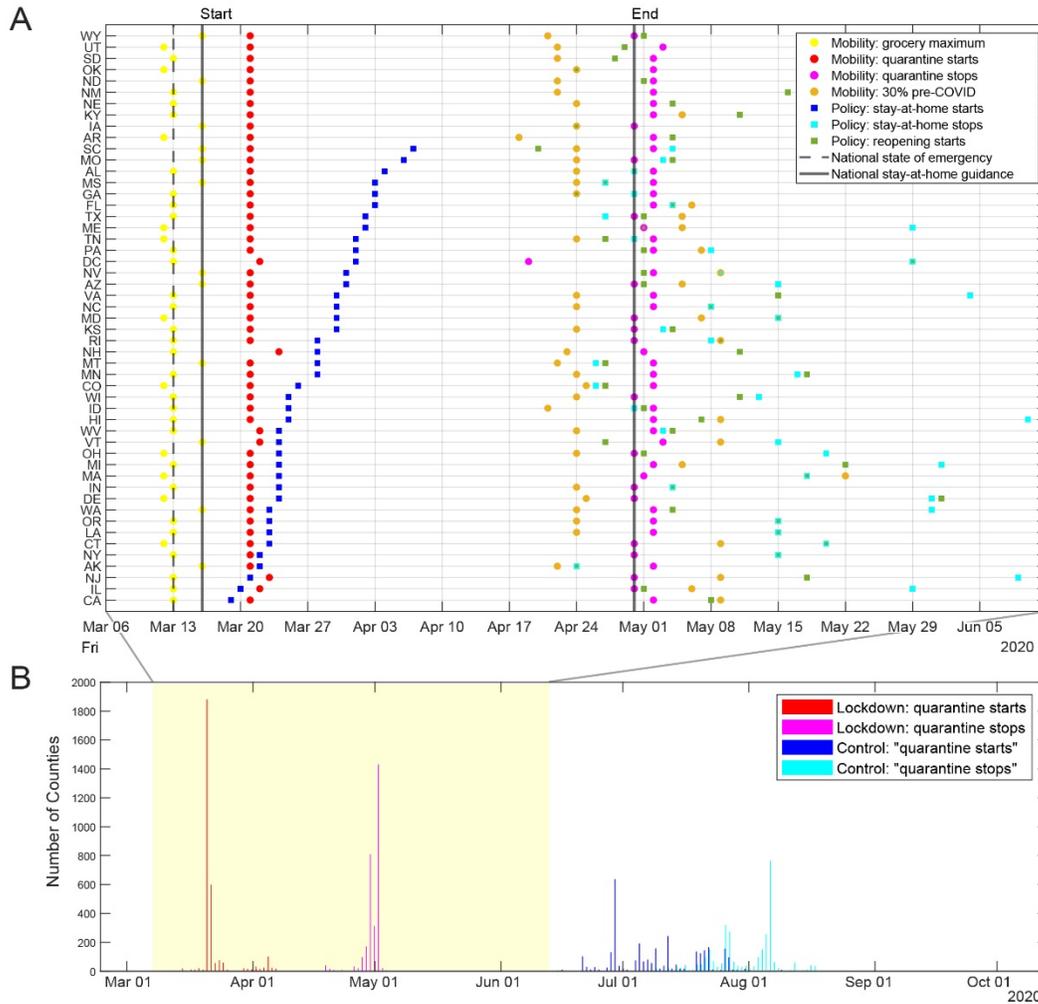
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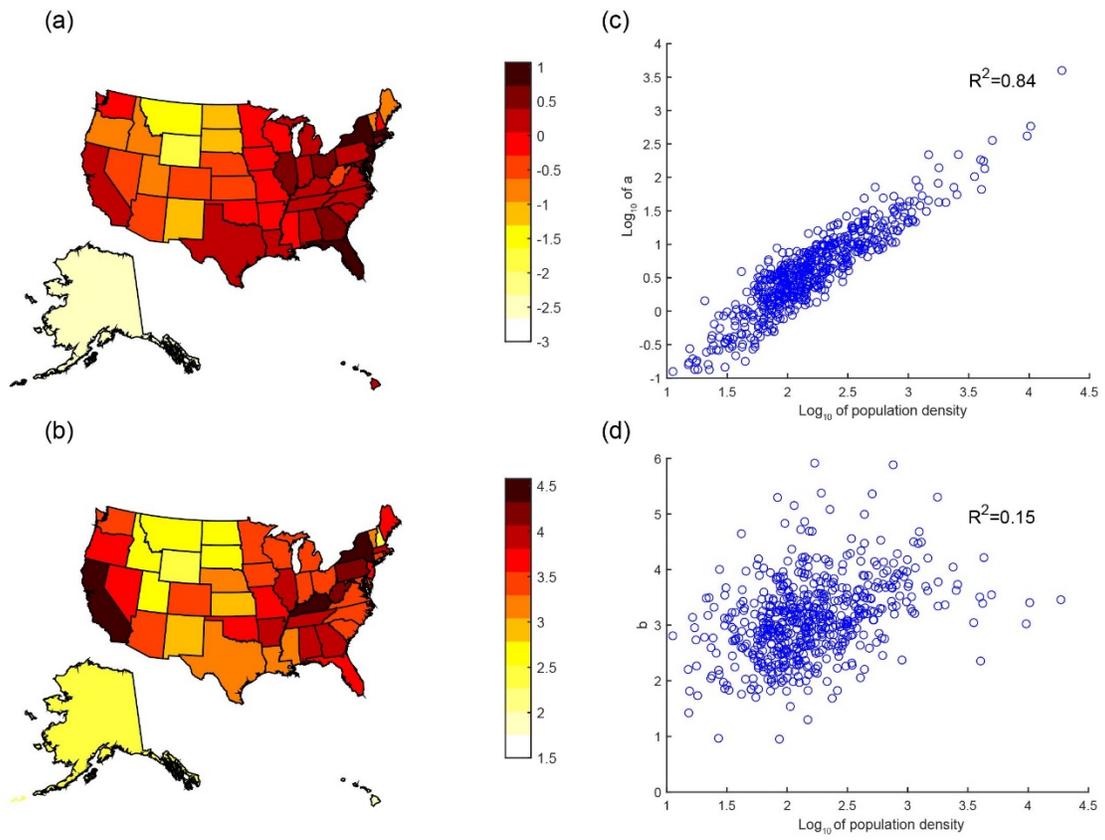
Figures and Tables



584

585 **Figure 1.** (a) Implementation of state policies and changes in mobility behavior, ordered by date of stay-at-
586 home orders. Warm colored circles are metrics based on mobility: peaks in grocery visitation (yellow),
587 beginning of quarantine based on mobility (red), timing when mobility reaches 30% of pre-pandemic
588 values (orange), and the end of quarantine based on mobility (pink). Cool colored squares are policy
589 implementations: date of implementation of stay-at-home for each state (blue), date of expiration of stay-at-
590 home (cyan), and date of implementation of reopening plans (green). Black lines are national declarations:
591 the announcement of a national state of emergency (dashed), and the start and end of national stay-at-home
592 guidelines. For details about mobility metrics, see Methods. (b) Bar graph of county-level changes in
593 mobility behavior, using real quarantine time series (red, pink) and control time series (blue, cyan).

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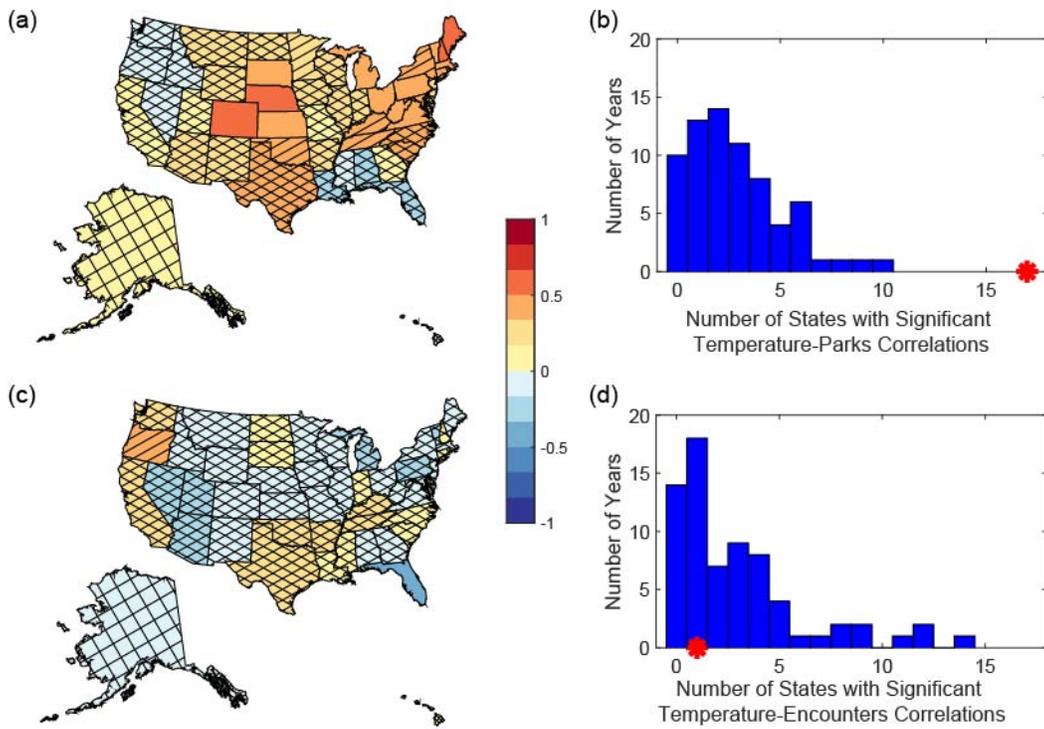


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597 **Figure 2.** Map of \log_{10} of leading coefficient a (a) and map of coefficient b (b) on the state level. In (a), the
 598 value for Washington D.C. ($\log_{10} a = 2.26$) is not shown. Scatter plots of coefficients at the county level are
 599 shown against the \log_{10} of population density for $\log_{10} a$ in (c) and for b in (d).

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601

602 **Figure 3.** State-level observed correlation coefficients of temperature and park visitation (a). Both the
 603 temperature and the park visitation time series are high-pass filtered before computing the correlations, and
 604 the significance of the observed correlations is determined via comparisons to null distributions of
 605 correlations computed using pre-pandemic (1950-2019) weather data (see Methods for details). Single
 606 hatching is used to mark states for which the correlations are significant at the 90% level ($p < 0.1$), while no
 607 hatching indicates significance at the 95% level ($p < 0.05$). Information about the number of states likely to
 608 exhibit spurious "significant" correlations in the absence of any causal effect of temperature on park
 609 visitation is provided in (b). Red star indicates the number of states with significant observed (2020)
 610 correlations. Each blue bar indicates the number of pre-pandemic years (1950-2019) in which the given
 611 number of states is (necessarily incorrectly) identified as having a significant correlation between the pre-
 612 pandemic year's temperature and 2020 park visitation (see Methods for details). (c,d) as (a,b) but for
 613 temperature-encounters correlation.

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619 **Supplementary Information Text**

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621 As an additional check to ensure that our results are not an artifact of multiple testing, we used
622 the false discovery rate-controlling procedure of Benjamini and Hochberg (1995).¹⁻³ In our
623 context, the false discovery rate (FDR) is the expected fraction of states incorrectly detected as
624 having a significant temperature-mobility correlation when such a correlation does not in fact
625 exist. The procedure⁴ requires as input the p-values of the family of tests to be analyzed, which
626 we compute from the state-specific null distributions as described in the Methods section. We
627 chose to analyze the temperature-park visitation and temperature-potential encounters
628 correlations as separate families of 51 tests each (50 states plus D.C.) and to control the false
629 discovery rate at 0.05 in each family.

630

631 After applying this procedure using the (2020) p-values and our chosen false discovery rate, we
632 identified 11 states as having significant temperature-park visitation correlations and zero states
633 with significant temperature-potential encounters correlations. This is compared to 17 states and
634 one state, respectively, identified as having significant correlations before applying this multiple
635 testing correction. Although fewer states are identified as having significant temperature-park
636 visitation correlations than in our primary analysis, our main focus is not on the significance of
637 correlations in individual states but on whether a temperature effect on human behavior is
638 apparent in the dataset as a whole (i.e. nationwide). Thus, at the national scale we again observe
639 statistically significant correlations between temperature and park visitation and a lack of such
640 correlations between temperature and potential encounter rates, further supporting our
641 conclusions. The results of the main analysis and the FDR analysis are shown in Table S1.

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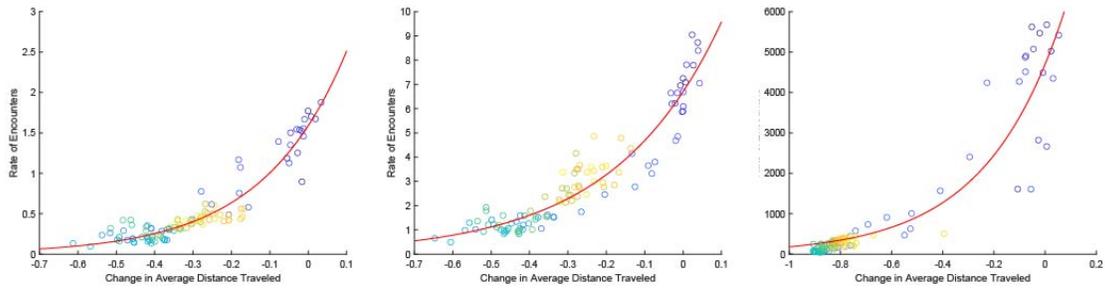
643 We also investigated an alternative method for evaluating the significance of the individual state-
644 level temperature and mobility correlations, by estimating whether the correlations are
645 significantly different from zero via a bootstrapping technique. By resampling days at random
646 with replacement from our March 23 to May 1, 2020 time series only (i.e., without using previous
647 years of weather data), we generate 4000 additional synthetic datasets of temperature and
648 mobility per state and then use these synthetic datasets to recompute 4000 synthetic correlation
649 values per state. These distributions of synthetic correlation values form the basis of the
650 correlation significance information presented in Fig. S5. Note that the observed correlations
651 shown in this figure are necessarily independent of this resampling technique and are therefore
652 reproduced exactly from Figure 3.

653

654 It is important to note that these results are comparable to those obtained from our primary
655 analysis using the state-specific null distributions of correlation values. In comparing Fig. 3 with
656 Fig. S5, we observe similar relationships between the patterns of significant temperature-park
657 visitations correlations and significant temperature-encounters correlations. While this
658 bootstrapping technique identifies correlations in a few more states as significant, states identified
659 as having significant correlations in our primary analysis are also found to have significant
660 correlations in this tertiary analysis. We have not applied any form of multiple testing correction
661 to our bootstrapping-based results.

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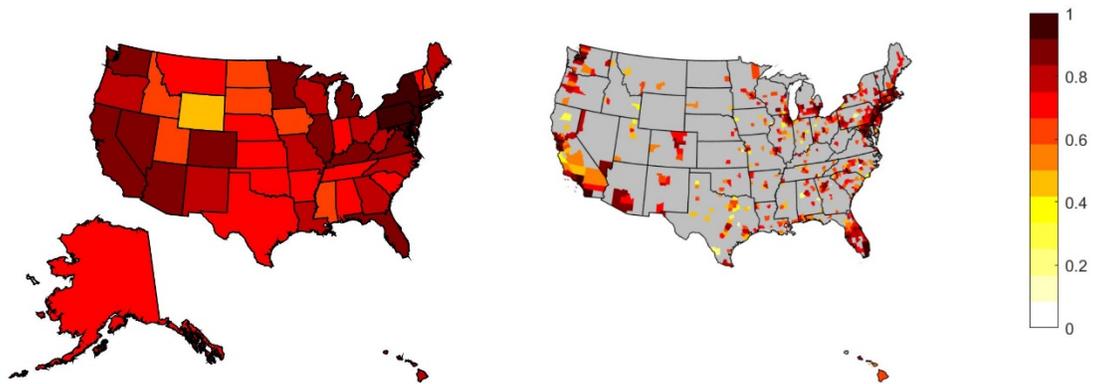
666 **Fig. S1.** Relationship between change in average distance traveled and change in rate of
667 encounters in California (left), Florida (middle), and New York County (Manhattan), New York
668 (right), colored by date (dark blue is February 24, light yellow is June 6). Data are expressed
669 relative to pre-pandemic baselines. Exponential model fits are plotted in red.

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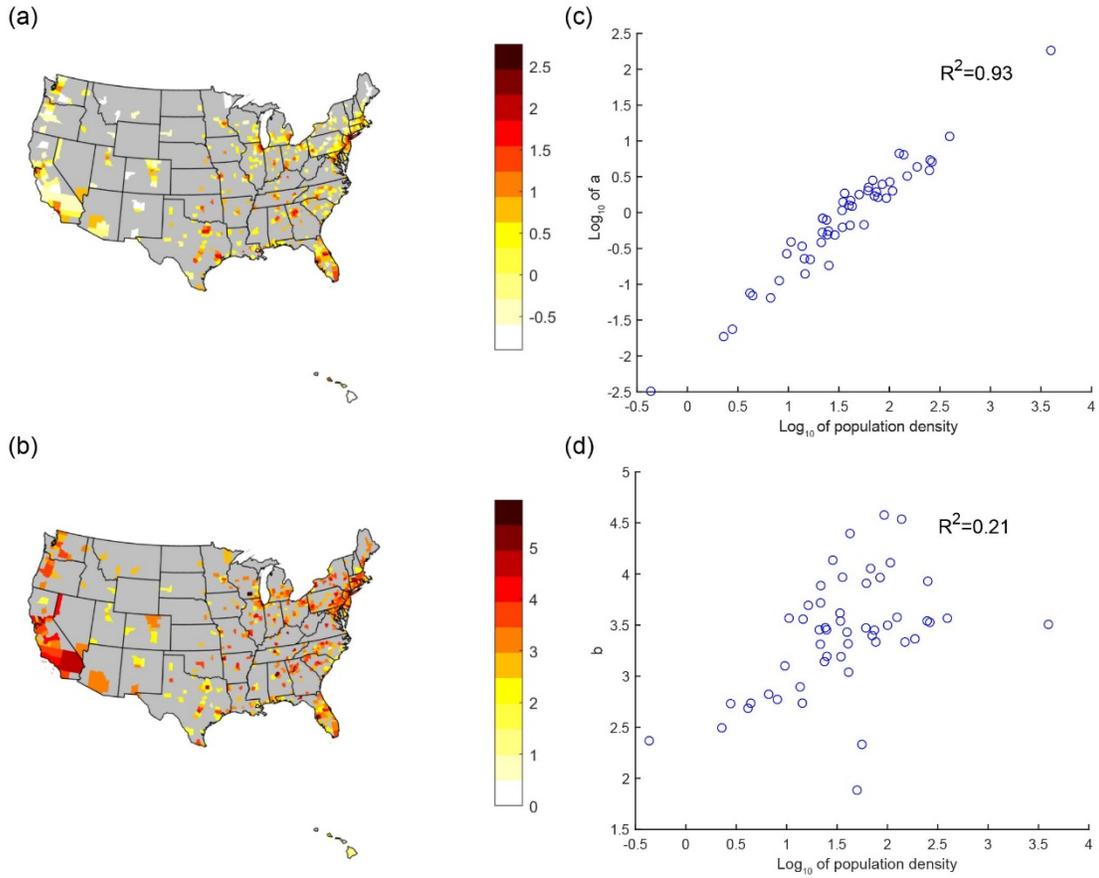
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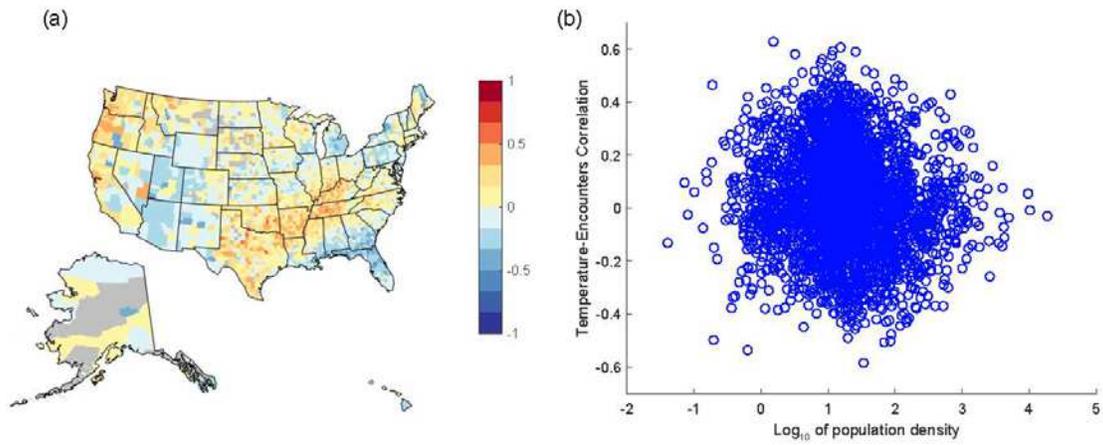
Fig. S2. Adjusted R^2 values of exponential fits on the state (left) and county (right) levels. Alaska is not shown on the county map as Anchorage Municipality is the only region available ($R^2=0.68$). Regions with missing data are colored in gray.



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Fig. S3. Map of log₁₀ of leading coefficient *a* (a) and map of growth rate coefficient *b* (b) on the county level. In (a), the value for New York County (Manhattan), New York ($\log_{10} a = 3.60$) is not shown. In (a) and (b), Alaska is not shown as Anchorage Municipality is the only region available ($\log_{10} a = -0.213$, $b = 2.28$). Regions with missing data are colored in gray. Scatter plots of coefficients at the state level are shown against the log₁₀ of population density for log₁₀ *a* in (c) and for *b* in (d).

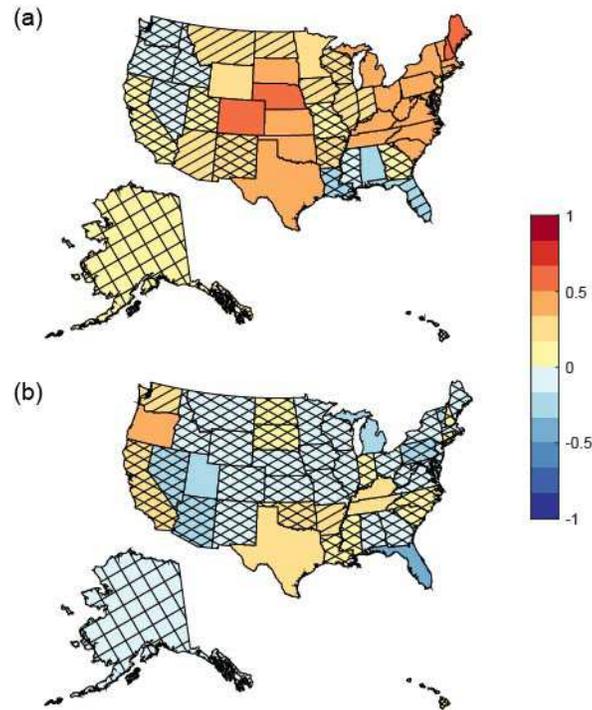
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Fig. S4. (a) Observed county-level correlation coefficient of temperature and potential encounter rate. (b) Relationship between county-level correlation coefficient of temperature and potential encounter rate and \log_{10} of population density.

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Fig. S5. State-level correlation coefficient of temperature and park visitation (a) or correlation coefficient of temperature and encounter rate (b), both reproduced from Fig. 3. Significance of the correlations was estimated using a bootstrapping technique (see Supplementary Information Text for details). Single hatching marks areas where zero is within 1.96 standard deviations of the observed correlation (i.e., significant at ~95% or less), while cross hatching shows where zero is within 1.64 standard deviations of the observed correlation (significant at ~90% or less). A lack of hatching indicates where zero is at least 1.96 standard deviations from the observed correlation (significant at ~95% or more). Rainy days have been excluded from this analysis and all time series were high-pass filtered prior to computing the correlations (see Methods for details).

720 **Table S1.** State-level temperature-mobility correlation results. Before applying the FDR
721 procedure, 17 states exhibit significant temperature-park visitation correlations (bolded), and one
722 state exhibits a significant temperature-potential encounters correlation (bolded). After applying
723 the FDR procedure, 11 states exhibit significant temperature-park visitation correlations, and zero
724 states exhibit significant temperature-potential encounters correlations as shown in the “FDR
725 Significance” columns.
726

State	Temperature-park visitations			Temperature-potential encounters		
	Correlation Coefficient (2020)	p-value	FDR Significance	Correlation Coefficient (2020)	p-value	FDR Significance
AL	-0.3697	0.1467	N	-0.2041	0.5529	N
AK	0.1384	0.6961	N	-0.0080	0.9531	N
AZ	0.2753	0.1441	N	-0.2382	0.2523	N
AR	0.3099	0.3165	N	0.2333	0.2309	N
CA	0.0350	0.9412	N	0.1711	0.3305	N
CO	0.6566	0.0018	Y	0.0143	0.8723	N
CT	0.3602	0.0250	N	0.0247	0.8042	N
DE	0.0361	0.7895	N	-0.2572	0.3868	N
D.C.	0.4150	0.0008	Y	-0.1480	0.5412	N
FL	-0.2275	0.2240	N	-0.4658	0.0245	N
GA	0.1836	0.7998	N	-0.0874	0.8996	N
HI	-0.0846	0.6826	N	0.0935	0.7617	N
ID	0.0086	0.7714	N	-0.0245	0.8937	N
IL	0.2936	0.1084	N	-0.1944	0.5761	N
IN	0.3226	0.1282	N	-0.1092	0.9557	N
IA	0.2564	0.1040	N	-0.1758	0.5143	N
KS	0.3781	0.0250	N	-0.1247	0.5608	N
KY	0.3983	0.0823	N	0.2476	0.1824	N
LA	-0.2614	0.2690	N	0.0207	0.6278	N
ME	0.5565	0.0001	Y	-0.0056	0.8258	N
MD	0.3479	0.0035	Y	-0.0437	0.9147	N
MA	0.3753	0.0068	Y	-0.0112	0.7955	N
MI	0.4656	0.0086	Y	-0.3627	0.1405	N
MN	0.3110	0.0588	N	-0.0743	0.6386	N
MS	-0.1197	0.5993	N	0.0284	0.7167	N
MO	0.1851	0.4224	N	-0.1634	0.6676	N
MT	0.2379	0.3380	N	-0.0149	0.9648	N
NE	0.5483	0.0008	Y	-0.1312	0.5367	N
NV	-0.0226	0.8801	N	-0.2293	0.4560	N
NH	0.4758	0.0007	Y	0.0528	0.6252	N
NJ	0.2168	0.3225	N	-0.0569	0.7510	N

NM	0.1904	0.4584	N	-0.1154	0.6378	N
NY	0.3718	0.0665	N	-0.1245	0.6180	N
NC	0.3226	0.1095	N	0.0741	0.5831	N
ND	0.2566	0.2452	N	0.0343	0.9551	N
OH	0.4970	0.0446	N	-0.1913	0.9180	N
OK	0.4512	0.0736	N	0.1674	0.3496	N
OR	-0.0488	0.8803	N	0.3382	0.0539	N
PA	0.4957	0.0107	Y	-0.2853	0.3118	N
RI	0.4587	0.0029	Y	0.0948	0.6825	N
SC	0.3095	0.1091	N	-0.0495	0.9818	N
SD	0.3993	0.0197	N	0.0069	0.9309	N
TN	0.3463	0.0579	N	0.2405	0.2049	N
TX	0.3803	0.1613	N	0.1748	0.1069	N
UT	0.0574	0.9163	N	-0.3123	0.1269	N
VT	0.5007	0.0022	Y	-0.1210	0.3614	N
VA	0.2930	0.0217	N	-0.0892	0.8975	N
WA	0.0421	0.8459	N	0.3485	0.2398	N
WV	0.4344	0.0350	N	-0.2317	0.5929	N
WI	0.2321	0.1646	N	-0.1793	0.5066	N
WY	0.3178	0.1596	N	-0.0076	0.8520	N

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730 **Supplementary Information References**

731

732 1. Y. Benjamini, Y. Hochberg, Controlling the False Discovery Rate: A Practical and
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739 4. D. Groppe, `fdr_bh`. *MATLAB Central File Exchange* (February 27, 2021).

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Figures

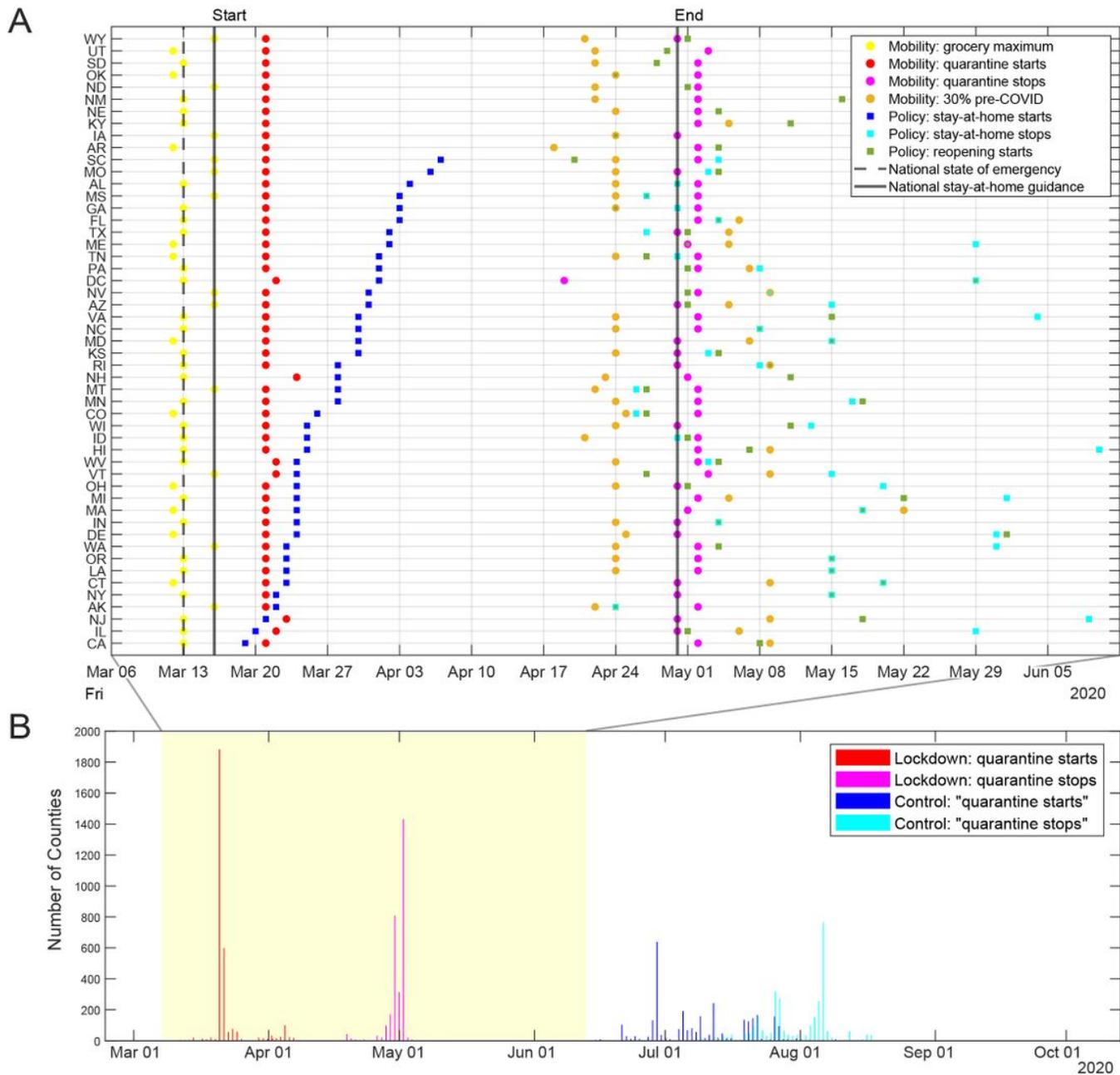


Figure 1

(a) Implementation of state policies and changes in mobility behavior, ordered by date of stay-at-home orders. Warm colored circles are metrics based on mobility: peaks in grocery visitation (yellow), beginning of quarantine based on mobility (red), timing when mobility reaches 30% of pre-pandemic values (orange), and the end of quarantine based on mobility (pink). Cool colored squares are policy implementations: date of implementation of stay-at-home for each state (blue), date of expiration of stay-at-home (cyan), and date of implementation of reopening plans (green). Black lines are national declarations: the announcement of a national state of emergency (dashed), and the start and end of national stay-at-home guidelines. For details about mobility metrics, see Methods. (b) Bar graph of

county-level changes in mobility behavior, using real quarantine time series (red, pink) and control time series (blue, cyan).

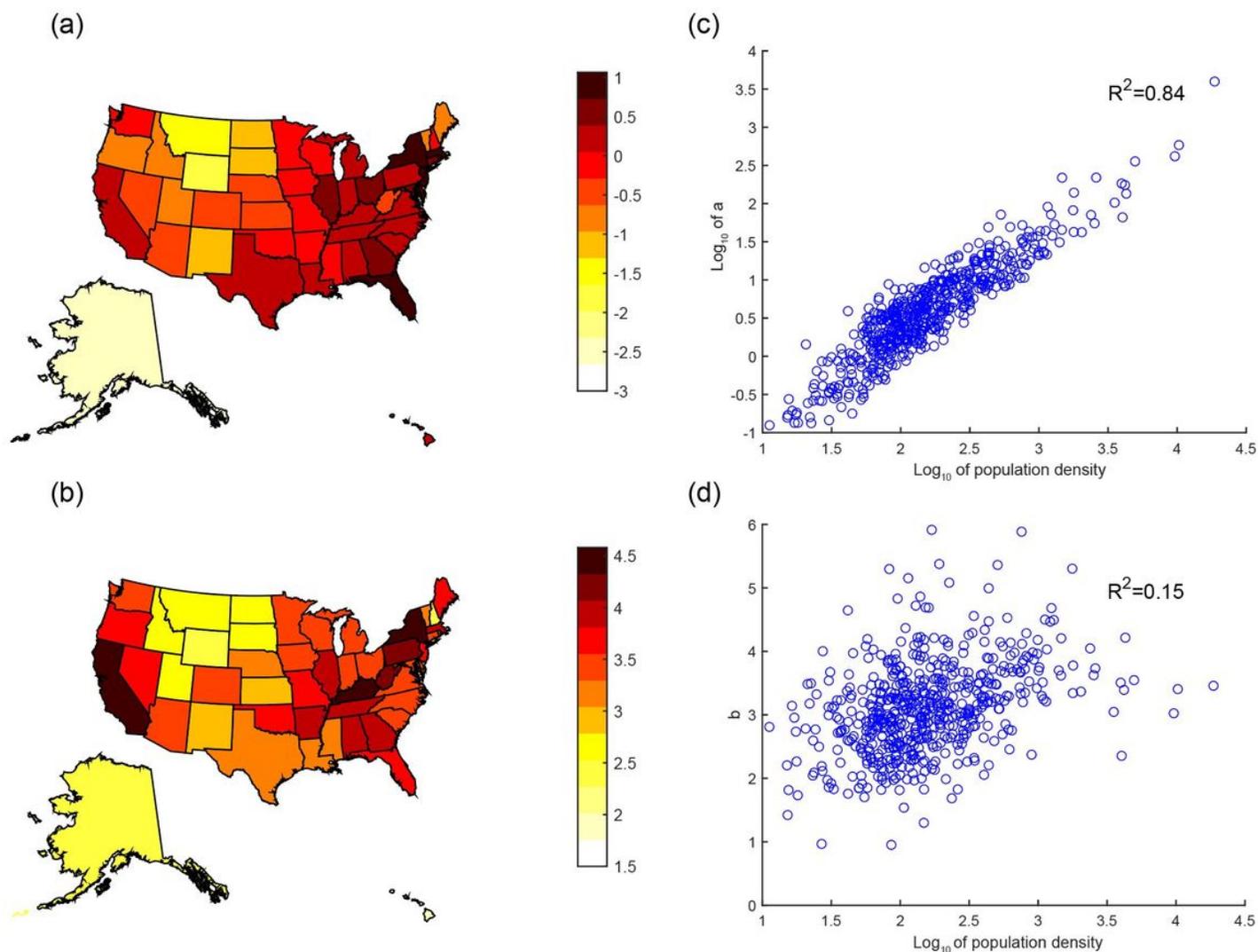


Figure 2

Map of log₁₀ of leading coefficient a (a) and map of coefficient b (b) on the state level. In (a), the value for Washington D.C. (log₁₀ a = 2.26) is not shown. Scatter plots of coefficients at the county level are shown against the log₁₀ of population density for log₁₀ a in (c) and for b in (d)

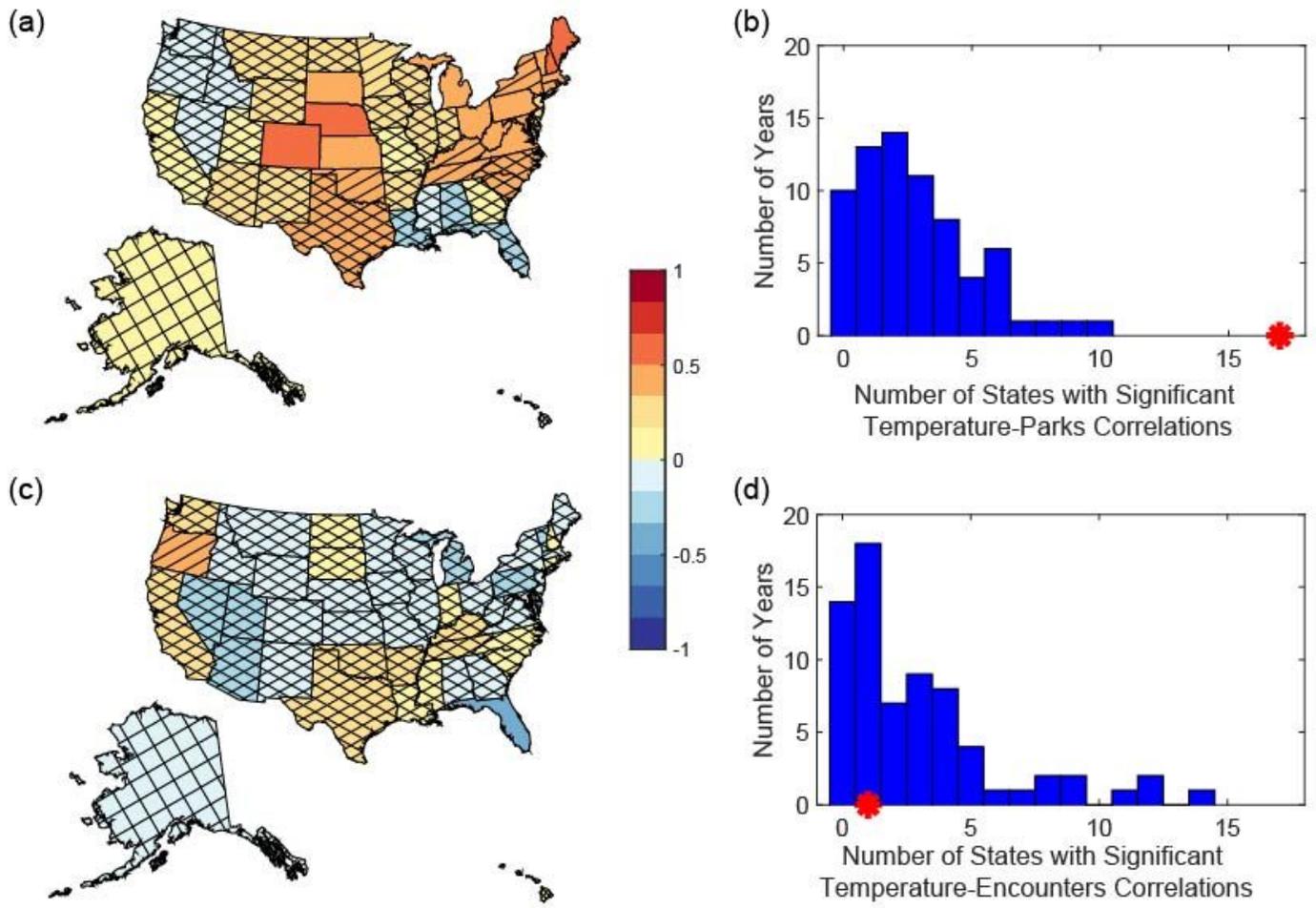


Figure 3

State-level observed correlation coefficients of temperature and park visitation (a). Both the temperature and the park visitation time series are high-pass filtered before computing the correlations, and the significance of the observed correlations is determined via comparisons to null distributions of correlations computed using pre-pandemic (1950-2019) weather data (see Methods for details). Single hatching is used to mark states for which the correlations are significant at the 90% level ($p < 0.1$), while no hatching indicates significance at the 95% level ($p < 0.05$). Information about the number of states likely to exhibit spurious "significant" correlations in the absence of any causal effect of temperature on park visitation is provided in (b). Red star indicates the number of states with significant observed (2020) correlations. Each blue bar indicates the number of pre-pandemic years (1950-2019) in which the given number of states is (necessarily incorrectly) identified as having a significant correlation between the pre-pandemic year's temperature and 2020 park visitation (see Methods for details). (c,d) as (a,b) but for temperature-encounters correlation.

Supplementary Files

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