

Stimulation-Induced Differential Redistributions of Clathrin and Clathrin-Coated Vesicles in Axons Compared to Soma/Dendrites

Jung-Hwa Tao-Cheng (✉ chengs@ninds.nih.gov)

National Institute of Neurological Disorders and Stroke

Research

Keywords: Electron microscopy, clathrin-coated vesicles, clathrin-coated pits, endocytosis, synaptic vesicle, multivesicular body, glutamate receptors, transferrin receptors

Posted Date: August 17th, 2020

DOI: <https://doi.org/10.21203/rs.3.rs-57964/v1>

License:  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Version of Record: A version of this preprint was published on October 16th, 2020. See the published version at <https://doi.org/10.1186/s13041-020-00683-5>.

Abstract

Clathrin-mediated endocytosis plays an important role in the recycling of synaptic vesicle in presynaptic terminals, and in the recycling of transmitter receptors in neuronal soma/dendrites. The present study uses electron microscopy (EM) and immunogold EM to document the different categories of clathrin-coated vesicles (CCV) and pits (CCP) in axons compared to soma/dendrites, and the depolarization-induced redistribution of clathrin in these two polarized compartments of the neuron. The size of CCVs in presynaptic terminals (~40 nm; similar to the size of synaptic vesicles) is considerably smaller than the size of CCVs in soma/dendrites (~90 nm). Furthermore, neuronal stimulation induces an increase in the number of CCV/CCP in presynaptic terminals, but a decrease in soma/dendrites. Immunogold labeling of clathrin revealed that in presynaptic terminals under resting conditions, the majority of clathrin molecules are unassembled and concentrated outside of synaptic vesicle clusters. Upon depolarization with high K⁺, label for clathrin became scattered among de-clustered synaptic vesicles and moved closer to the presynaptic active zone. In contrast to axons, clathrin-labeled CCVs and CCPs were prominent in soma/dendrites under resting conditions, and became inconspicuous upon depolarization with high K⁺. Thus, EM examination suggests that the regulation and mechanism of clathrin-mediated endocytosis differ between axon and dendrite, and that clathrin redistributes differently in these two neuronal compartments upon depolarization.

Introduction

Clathrin mediated endocytosis (CME) is a fundamental process of all mammalian cells that enables internalization of receptors and cargos from the plasma membrane (PM) [1, 2]. Clathrin molecules exist as individual triskelion in the cytoplasm, and are assembled on PM via adaptor and accessory proteins forming a clathrin-coated pit (CCP), which can then be pinched off to become a clathrin-coated vesicle (CCV) in the cytoplasm [1, 2]. Clathrin eventually sheds from CCV and becomes disassembled in the cytoplasm.

In neurons, CME plays an important role in synaptic vesicle (SV) recycling in axon terminals [3, 4], preventing unlimited enlargement of surface membrane area due to exocytosis of SVs during stimulation. On the other hand, in soma/dendrites of neurons, CME is involved in the internalization of transmitter receptors, as well as other receptors and cargos [5, 6]. Notably, CCVs in the brain are smaller in axons than in dendrites, with a size difference at about two-fold [7]. Here, the size of somal/dendritic CCVs was measured from perfusion-fixed adult rat and mouse brains as well as from 4 day to 3 wk-old rat dissociated hippocampal neuronal cultures to further document this size difference in axon vs. dendrites at various developmental stages.

The present study also investigated the potential ultrastructural identity of stable “hot spots” of endocytic sites [5, 6] on soma/dendrites, whether the formation of somal/dendritic CCPs is influenced by the juxtaposed cellular elements, and compared the structural organization of the clathrin-labeled patches on multivesicular body (MVB) to those of CCVs.

Activity-induced increase in the formation of CCVs in presynaptic terminals has been reported in different experimental systems [3, 8, 9]. The present study further examined the effect of a delay in perfusion fixation on rodent brains to see if such an ischemia-like stimulation affects the formation of CCVs in presynaptic terminals. Additionally, structural changes in CCVs and CCPs of 3 wk-old dissociated cultures were compared under control and depolarization conditions, with particular attention to difference in response between axons and dendrites.

Previous immunogold EM studies have demonstrated that unassembled clathrin molecule itself is not visible until many of them assemble to form a coat on CCPs and CCVs [7, 10]. While EM can capture only one static image at a time, light microscopy [LM] studies can trace GFP-tagged clathrin [5] or SEP-tagged receptors [6] live, capturing the formation and fission of CCP and CCV which contain concentrated labeling. However, most LM study on clathrin in neurons focused on soma/dendrites, perhaps because the larger sized CCVs in soma/dendrites made them easier to image than the smaller sized CCVs in axon terminals. The present study used immunogold EM to examine the distribution of endogenous clathrin, both as unassembled molecules in the cytoplasm and as assembled clathrin coat on CCVs and CCPs in 3 week-old dissociated hippocampal neuronal cultures. In particular, redistribution of clathrin molecules upon depolarization with high K^+ was quantified for both the axon terminals and the soma/dendrites to illustrate the different responses in these two compartments.

Methods

Antibodies

Mouse monoclonal antibody (mouse mAb) against Clathrin (clone X22, 1:200-500) and AP2 (a clathrin adaptor protein-2, clone AP6, 1:100-200) were from Affinity Bioreagents (Golden, CO, US); mouse mAb against transferrin receptor (TfR, clone OX-26) was from Chemicon (Temecula, CA). Controls for specificity of immunolabeling include omitting the primary antibody and using the different primary antibodies as controls for each other.

Preparation, treatment, fixation and pre-embedding immunogold labeling of rat dissociated hippocampal neuronal cultures

Most samples were from previously published reports [11, 12., 13, 14] and reexamined here for structural changes of CCV and CCP, and for distribution of clathrin under different conditions. Briefly, cell cultures were prepared from embryonic 20-day-old rat fetuses by papain dissociation, and then plated with or without a glial feeder cultures, and examined at 3-6 or 19-28 days in vitro (DIV). Depolarization-related experiments were carried out with ~3 week-old cultures.

Culture dishes were placed on a floating platform in a water bath maintained at 37°C for all experiments. Control incubation medium was HEPES-based Krebs Ringer at pH 7.4. High K^+ medium was at 90 mM KCl, with osmolarity compensated by reducing the concentration of NaCl. Cell cultures were washed with control medium and treated for 2-3 min with either control or high K^+ media and then fixed immediately.

For optimal structural preservation, cells were fixed with 4% glutaraldehyde in 0.1 M cacodylate buffer at pH 7.4 for 30 min to 1 hr at room temperature and then stored at 4°C. Some samples were fixed with 4% glutaraldehyde plus 1% tannic acid in buffer. For pre-embedding immunogold labeling, cells were fixed with one of the following fixation conditions: (1) 4% paraformaldehyde in phosphate buffered saline (PBS) for 30-60 min, (2) 4% paraformaldehyde and 0.02-0.1% glutaraldehyde for 30-45 min, (3) 1-2% acrolein in PBS for 1 min followed by 4% paraformaldehyde in PBS for 30-60 min.

Samples fixed for pre-embedding immunogold labeling were washed and permeabilized/blocked with 0.1% saponin/5% normal goat serum in PBS for 1 hr, incubated with primary antibody for 1-2 hr, incubated with secondary antibody conjugated to 1.4 nm gold particles (1:250, Nanogold from Nanoprobes, Yaphand, NY) for 1 hr, washed in water and silver enhanced (HQ silver enhancement kit, Nanoprobes) to make the small gold particles visible. All steps were carried out at room temperature.

Perfusion fixation of rat and mouse brains

Most samples were from previously published reports [15, 16] and reexamined here for additional structural changes of CCV and CCP. Briefly, adult rats were deeply anesthetized with Nembutal, and mice from 1 to 3-month-old were deeply anesthetized with isoflurane. Animals were perfusion fixed through the heart with 2% glutaraldehyde + 2% paraformaldehyde in 0.1 M sodium cacodylate buffer at pH7.4, or first perfused with 3.75% acrolein+2% paraformaldehyde, then followed by 2% paraformaldehyde. The time interval starting from the moment the diaphragm was cut to the moment when the outflow from the atrium turned from blood to clear fixative was recorded. Those animals that were successfully perfused within 100 seconds were classified as “fast” perfusion. For the “delayed” perfusion experiments, phosphate buffered saline containing calcium and magnesium was first perfused through the heart for 5 min before the start of the fixative. Neurons were under resting state after fast perfusion, and under ischemic excitatory conditions after delayed perfusion fixation [15, 16]. The perfusion-fixed brains were dissected and vibratomed into 100 µm thick coronal slices and stored in 2% glutaraldehyde in buffer at 4°C.

Electron microscopy

Most samples fixed with glutaraldehyde for structural analysis were post-fixed with 1% osmium tetroxide in 0.1 M cacodylate buffer for 1 hr on ice, and stained with 1% uranyl acetate in acetate buffer at pH 5.0 overnight. Additionally, some samples were post fixed with “reduced osmium” (1% potassium ferricyanide + 1% osmium tetroxide) in 0.1 M cacodylate buffer for 1 hr on ice.

Samples for immunogold labeling were treated with 0.2% osmium tetroxide in phosphate buffer for 30 min on ice, followed by 0.25% uranyl acetate in acetate buffer at pH 5.0 on ice for 30 min-1 hr. Both types of samples (for structural study or for immunogold labeling) were dehydrated in a graded series of ethanol and embedded in epoxy resins. Thin sections were cut at ~70 nm and counterstained with uranyl acetate and lead citrate. Some blocks were serial sectioned and collected on single-slot grids. Images were photographed with a bottom-mounted digital CCD camera (AMT XR-100, Danvers, MA, USA).

Morphometry

Identification of neuronal soma, dendrite, axon, and synapses

Identification of neuronal soma, dendrites, axons and synapses was based on criteria described in a classic EM atlas [17]. Neuronal somas can be unequivocally identified based on their structural characteristics [14], and primary dendrites can be traced from their connection to the soma. The present study focused on glutamatergic excitatory synapses, which are characterized by (1) clusters of SV in presynaptic axonal terminals, (2) the synaptic cleft with a uniform gap of 20 nm between the pre- and postsynaptic membranes, and (3) the postsynaptic density (PSD) on the dendritic element, facing the active zone of the presynaptic terminal [12]. Segments of axons and dendrites can, in turn, be unequivocally identified by tracing their connections from the synapses.

Measurements of size of clathrin-coated vesicles (CCV) in soma/dendrites of neurons

The average diameter of CCVs are defined as the maximal diameter (marked as L1 in Fig. 1a) plus the length of the CCV taken from the midpoint of L1 and perpendicular to L1 (marked as L2 in Fig. 1a), then divided by 2. Measurements were taken from the outside edge of the vesicle membrane, not including the clathrin coat.

Scoring of clathrin-coated pits (CCP) on plasma membrane of neuronal somas.

The plasma membrane (PM) of each encountered neuronal soma was examined for presence of CCP (arrow in Fig. 1b), and the number of pits per soma was scored. At least 10 somas were scored for each sample to calculate an average value of number of CCP per soma.

Scoring of CCP and CCV within synaptic terminals

CCPs and CCVs in presynaptic terminals were identified by the structural characteristics of assembled clathrin coat [1, 7]. The total number of CCPs and CCVs was pooled from every presynaptic terminals encountered, and a value per 100 synaptic terminals was calculated for each sample.

Measurements of density and distance of label for clathrin in presynaptic terminals of dissociated hippocampal cultures

At least 4-5 openings of a 400-mesh grid were randomly selected from thin sections, and every synaptic profile of excitatory (asymmetric) synapses with a discernible cross section of the synaptic junction was photographed for measurements.

For labeling density, two perpendicular lines were drawn from the edge of the active zone (Fig. 2a) to a depth of 200 nm from the presynaptic membrane. This depth of 200 nm was arbitrarily set in step with the criteria of an earlier report on quantification of redistribution of presynaptic proteins near the active zone [12]. Area of measurement was then bordered by the presynaptic membrane and a dashed line drawn at the depth of 200 nm, parallel to the presynaptic membrane (Fig. 2a). All labels within this area

were counted and divided by the length of this area, and expressed as number of labels/ μm length of active zone. Distance of labels within this area was measured from the center of the black particles to the outer edge of the presynaptic membrane (arrows in Fig. 2b), and then plotted into histograms for each sample.

Quantitation of number of clathrin-labeled CCP and CCV near plasma membrane of neuronal soma and primary dendrites of dissociated hippocampal cultures

In samples labeled for clathrin, every encountered neuronal soma and its continuous primary dendrites was photographed. A “band” of cytoplasm 1 μm deep from the plasma membrane (PM) was marked as the measurement area (Fig. 3, section #1). Golgi complexes were excluded from measurement because Golgi-associated clathrin-coated vesicles are not involved in endocytosis at the PM.

Within the marked measurement area, every labeled CCP and CCV was counted and then the total was divided by the length of the band of cytoplasm, expressed as number of CCVs + CCPs / μm length of PM. The criteria for counting a cluster of label for clathrin as a CCV is that there are at least 5 particles of label within an area of 100 nm in diameter (circled in Fig. 3, sections #2 and 3).

Statistical analyses

Comparisons of number of CCVs and CCPs in presynaptic terminals and in neuronal soma/dendrite, and comparisons of mean density of label for clathrin at presynaptic terminals under different conditions were carried out with Student's t test. Comparisons of median distance of label for clathrin at presynaptic terminals were carried out with the non-parametric Wilcoxon test.

Results

CCVs are different in size in axons vs. soma/dendrite

One of the striking features of synaptic vesicles (SV) is the uniformity of their size [4, 18], which is ~ 40 nm in diameter. Examples of SVs from glutamatergic presynaptic terminals of different samples are shown in Fig. 4 (a, d, g). In adult mice (Fig. 4 a & b) and rats (images not shown), the size of CCVs (Fig. 4b1-4) is the same as that of SVs (Fig. 4a) at ~ 40 nm. This observation is as expected since SVs result from shedding of clathrin from CCVs [4]. However, in dissociated cultures, where synapses are not as mature as in adult brains, there were occasional CCVs that were larger at ~ 70 nm, and they were more prevalent in younger cultures at 3-6 DIV (Fig. 4h3) than at 3 wk in culture (Fig. 4e4). It is possible that immature axons are capable of forming this larger sized CCV which may serve specific functions during development.

Although the “thickness” of the clathrin coat was the same at ~ 15 nm for axonal and dendritic CCVs, the average diameter of CCVs in neuronal soma and dendrites was conspicuously larger (~ 90 nm; Figs. 4c, f, and i) than CCVs in presynaptic terminals. The size distributions of somal/dendritic CCVs from the three different experimental materials were plotted into histograms (Fig. 5). Although the mean diameter of

CCVs from perfusion-fixed brains was somewhat smaller than those from dissociated neurons, these differences did not reach statistical significance. Notably, there was a peak at 83 nm in all three types of samples, and it is more prominent in adult brain tissues than in dissociated cell cultures. Furthermore, there appeared to be more CCVs with a diameter larger than 100 nm in dissociated cultures than in adult brains. It is possible that the size of CCVs is more tightly controlled in mature neurons than in immature ones.

As expected [1], immunogold labeling of dissociated cultures demonstrated that CCVs in both axons and dendrites specifically labeled for clathrin and AP2, clathrin adaptor protein-2. Examples of dendritic CCVs labeled for clathrin and AP2 are illustrated in Fig. 4f1 and 4f2, respectively, consistent with LM observations that these two proteins co-localize as concentrated puncta representing CCVs [5]. In contrast, label for transferrin receptor (TfR), a constitutively endocytosed membrane protein [1, 2], is only present in dendritic CCVs (Fig. 4f3) but absent in axons [19], indicating differential sorting of cargos between axon and dendrite.

Presence of clustered CCPs on somal/dendritic plasma membrane

Although the majority of CCPs in thin sections of neuronal soma/dendrites were captured as individual pit, clustered CCPs consisting of 2-3 pits within ~100 nm of each other were occasionally seen (Fig. 6). This finding is consistent with the live observations by LM that some “hot spots” of GFP-tagged clathrin puncta could support multiple endocytosis events [5], and that some optically stable endocytic sites can yield several CCVs within minutes [6].

Interestingly, the appearance of the clathrin coat was affected by specific EM fixation/staining reagents. Osmium tetroxide at a low concentration of 0.2% is enough to make the clathrin coat visible (Fig. 6a, b). Including tannic acid (1%) in the initial fixative along with glutaraldehyde enhanced the darkness of the clathrin coat (Fig. 6c), whereas adding 1% potassium ferrocyanide along with 1% osmium tetroxide in the postfixation reduced the visibility of the clathrin coat (Fig. 6d).

Somal/dendritic CCPs can form juxtaposed to different cellular elements

In perfusion-fixed brains, somal/dendritic CCPs were seen apposed to different cellular elements such as an axon (Fig. 7a), another soma/dendrite (Fig. 7b), or astroglia (Fig. 7c). In dissociated cultures, somal/dendritic CCPs occurred on plasma membrane exposed to culture media without any juxtaposed cellular elements (Fig. 1b, 7a, b). Thus, formation of CCP in neuronal soma/dendrites appears to be an inherent property of the neuron, not dependent on the juxtaposed cellular elements.

Clathrin patches on multivesicular bodies have a different structural organization than those of CCVs

In addition to CCVs and CCPs, immunogold labeling of clathrin also revealed another organelle that showed concentrated labeling for clathrin. Multivesicular bodies (MVB), an organelle of late endosomal origin [20], contain a patch of clathrin-like structure in neurons [21], CHO and Hela cells [22]. Here in dissociated hippocampal neuronal cultures, MVBs were seen throughout the neuron including its soma,

dendrites and the axon, with similar structural features in all locations, consistent with findings in brains [23]. It is also confirmed here that the clathrin-like patch of MVB consisted of two layers (Fig. 8c) at a thickness of ~ 30 nm [21]. These patches labeled for clathrin (Fig. 8a), but not for AP2 (Fig. 8b), findings consistent with those reported in non-neuronal cells [22]. Furthermore, MVBs in astroglia also displayed similar features as in neurons (Additional File 1). Notably, the labeling pattern of clathrin on MVB is different from those of CCVs in axons (Fig. 8d, f) or in dendrites (Fig. 8e, g) where assembled clathrin molecules are evenly distributed in a single layer around the entire vesicles, and these CCVs label for both clathrin (Fig. 8d, e) and AP2 (Fig. 8f, g).

It should be noted that such double-layered clathrin-like patches were never seen on any other organelles except on MVB. The length of these clathrin-labeled patches on MVB in a single section was typically ~200 nm, and in some sections could be as long as 300-400 nm (Additional File 1C). The area of such a clathrin-labeled patch is sufficient to support the formation of a CCV. However, no budding of vesicles, either into the lumen of MVB or into the cytoplasm were observed from these patches [22]. These results indicate that (1) these patches are large enough to be resolved by fluorescence LM as puncta of concentrated clathrin signals, and (2) these patches are not involved in budding of coated vesicles.

Increase of CCP and CCV in presynaptic axon terminals under excitatory conditions

In presynaptic axon terminals, CCPs and CCVs are preferentially located at the periphery of active zones of frog neuromuscular junctions [8], lamprey giant axon terminals [9], and mouse dissociated cortical cultures [3]. In all three experimental systems, CCPs and CCVs are rarely seen in resting synapses but become more frequent upon stimulation. Here, archived images of perfusion-fixed adult rat and mouse brains [15, 16] were examined to see if the number of CCV and CCP in presynaptic terminals is affected by the activity state of the synapses caused by the particular perfusion fixation conditions.

The "lag" time (a 5-8 min delay) in perfusion fixation has been shown to induce stimulation of neuronal tissues [15, 16]. Synapses are under a resting state after "fast" perfusion fixation, and under a stimulated state after "delayed" perfusion fixation which induces ischemic stress [16]. CCVs and CCPs were consistently more abundant in delayed (Fig. 9b) than in fast perfusion-fixed brains (Fig. 9a), and these CCVs were typically located at the periphery of SV clusters (Fig. 9b). Notably, CCVs outnumber CCPs, perhaps reflecting their respective residence time. When CCVs and CCPs were scored from seven pairs of samples from different regions of the brain, their average number per 100 presynaptic profiles increased to 7.5 fold upon delayed perfusion fixation (Table 1).

In 3 week-old dissociated hippocampal cultures, depolarization with high K^+ at 90 mM for 2-3 min causes dispersion and depletion of SVs [12]. These findings are consistent with the idea that high K^+ -treated synaptic terminals are highly stimulated, resulting in massive exocytosis of SVs. However, conspicuous increase of CCVs and CCPs was only detected in some of the high K^+ -treated samples. For example, more CCVs and CCPs were observed in high K^+ -treated samples (Fig. 9d) than in controls (Fig. 9c) in some experiments (exp 1 and 2 in Table 2) but not in others (exp 3 and 4 of Table 2). Since exocytosis takes

place in milliseconds and endocytosis requires minutes [18], It is possible that the formation of CCVs needs more time than the acute 2-3 min of treatment carried out in the present study. Indeed, a previous EM study of dissociated mouse neuronal cultures reported an increase of CCVs in presynaptic terminals upon 10 min of high K^+ treatment [25].

Depolarization induces redistribution of clathrin in presynaptic axon terminals

Distribution of clathrin molecules was studied by pre-embedding immunogold labeling of 3 week-old dissociated hippocampal cultures. Under control conditions, label for clathrin was absent from the active zone and typically concentrated outside of SV clusters (Fig. 2a, b; Fig 10a). Upon depolarization with high K^+ , label for clathrin became dispersed among the de-clustered SVs (Fig. 10b).

Measurement of density of label for clathrin within 200 nm of the presynaptic membrane showed very low labeling densities at ~2-5 particles per μm of active zone (Table 3). Upon high K^+ treatment, the density became ~3.7 fold of control values on average (Table 3). The average median distance of label for clathrin decreased from 150 nm under control conditions to 88 nm upon high K^+ treatment (Table 3; Fig. 10c). These results indicate that upon depolarization, more clathrin molecules moved into the measurement area within 200 nm of the presynaptic membrane.

Depolarization induces a decrease of CCPs and CCVs in soma/dendrites

In neuronal soma and dendrites under control conditions, the most striking feature of label for clathrin in the cytoplasm was the abundant clusters of aggregated labels (arrows and circles in Fig. 11a) which was lacking in axons. Serial section analysis revealed that many such clusters of tightly aggregated clathrin labels are indeed CCVs sectioned at the edge of vesicles (Fig. 3). Thus, each tightly aggregated clathrin labels can be reasonably assumed to represent a CCV. Notably, many clathrin labels also appeared as individual particles representing unassembled clathrin molecules dispersed in the cytoplasm [5, 7, 10].

Upon depolarization with high K^+ , the tightly aggregated label for clathrin drastically disappeared, and the great majority of clathrin labels appeared as individual particles (Fig. 11b). Number of clathrin-labeled CCPs and CCVs near plasma membrane of neuronal soma/dendrites decreased to ~28% of control values (Table 4). The disappearing of tightly aggregated clathrin labels in the cytoplasm indicates that clathrin molecules disassembled from CCVs upon depolarization.

Whether depolarization also induced a decrease in clathrin-mediated endocytosis (CME) was tested in another set of experiments where 3 week-old dissociated cultures were fixed with glutaraldehyde for better structural preservation. Plasma membrane of neuronal somas were traced to score the number of CCPs, which were identified by their characteristic coat on the omega figure (Fig. 1b), and which represent bona fide CME. The number of CCPs decreased to ~ 42% of control values upon depolarization (Table 5). These results indicate that in addition to increased disassembly of clathrin from CCVs, depolarization also induced a decrease in CME in neuronal soma.

Number of peri-PSD CCP is not significantly affected by depolarization

It has been proposed that there are specialized “endocytic zones” near synapses in spines that may facilitate the internalization of glutamate receptors [5, 6]. However, there are also reports that suggest CCPs near postsynaptic densities (PSD) may not be particularly involved in endocytosis of glutamate receptors [7]. In the present EM study, only CCPs located immediately adjacent to (within 30 nm of) the PSD are defined as being peri-PSD (Fig. 12a), a definition different from the “endocytic zone” by previous LM studies which included clathrin puncta within 300 nm of the PSD [6]. Notably, peri-PSD CCP existed in both excitatory (Fig. 12a) and inhibitory (Fig. 12b) synapses. It should also be noted that no CCP was ever detected at the PSD itself [7, 10] or the inhibitory postsynaptic specialization, indicating that clathrin cannot assemble at these specialized postsynaptic junctional membranes, and that the closest site where CME can take place is at these peri-synaptic locations.

The number of peri-PSD pits of glutamatergic excitatory synapses was scored from archived images [13] of dissociated cultures to see if depolarization induces any change in the occurrence frequency of these peri-PSD pits. The number pooled from 10 experiments did not change (Additional file 2) between control and high K^+ -treated samples (15.4 vs. 14.6 peri-PSD pits/1000 synaptic profiles, respectively).

Discussion

The present EM study examines stimulation-induced differential changes of clathrin-coated vesicles and pits (CCV and CCP) in axons compared to soma/dendrites, and depolarization-induced redistribution of clathrin in these two polarized compartments of neuron.

CCVs in soma/dendrites are larger than the CCVs in axon terminals. This finding is not surprising as axons and dendrites are polarized early in development with different cytoplasmic contents and PM compositions [19, 24]. Since the two key proteins of the coat of CCV, clathrin and AP2, are present in both axonal and dendritic CCVs, it is not likely that these two proteins play pivotal roles in this size difference. Whether other adaptor and accessory proteins, and/or cargos could determine the size of CCVs in axons vs. dendrites awaits future experiments with genetic manipulations of these different proteins.

CCVs in presynaptic terminals are mostly present near SV clusters, playing an important role in SV recycling [3, 4]. Although the initial endocytosis in axon terminals could occur through different modes such as CME, bulk endocytosis or ultrafast endocytosis, the final steps of SV formation all involve the shedding of clathrin from CCVs, which are the same size as SVs at ~40 nm [4]. Thus, there is a precise mechanism in presynaptic PM and particular endosomes in presynaptic terminals to control the size and composition of CCVs which will eventually shed their clathrin coat to become SVs [4, 18, 25]. Interestingly, in axons of dissociated cultures, especially the younger cells at 4 DIV, there was a distinct class of CCVs with a larger diameter at ~70 nm. These larger CCVs in axons may not be involved in SV recycling, but serve other functions that are more prominent during development. One possibility is that they may be involved in axon transport of clathrin [26].

In presynaptic terminals under resting conditions, clathrin molecules are dispersed in cytoplasm unassembled, excluded from SV clusters and concentrated at the periphery of SV clusters. These concentrated clathrin molecules may be poised for ready recruitment to form CCPs near PM or endosomes in presynaptic terminals [10, 25]. Upon depolarization by high K^+ treatment, label for clathrin became dispersed among the de-clustered SVs, as if a barrier was broken and unassembled clathrin molecules can now passively diffuse and move closer to the active zone. The functional implication for this activity-induced redistribution of clathrin in presynaptic terminals is not clear.

On the other hand, CCVs in soma/dendrites are involved in constitutive internalization of nutrients, or in regulated internalization of transmitter receptors [5, 6]. The size of dendritic CCV ranged from 70-110 nm with a peak at ~83 nm, suggestive of a preferential unit size. While the smaller ones could represent CCVs cut off-center in a single thin section, the larger ones have to be CCVs with a larger diameter which could represent different types of CCVs that serve different functions, perhaps involved in internalization of different cargos. Interestingly, virtually all CCPs on somal/dendritic PM contain ferritin [21] and TfR [13], two proteins involved in iron uptake. Thus, ferritin and TfR are internalized by all somal/dendritic CCPs regardless of their size, and the variation in size of dendritic CCVs is likely caused by other additional cargos, receptors and/or adaptors.

In soma/dendrites under resting conditions, clathrin-labeled CCVs were much more prevalent than in axon terminals. Upon depolarization, the number of CCPs and CCVs in soma/dendrites significantly decreased. These results indicate a decrease in CME and a heightened shedding of clathrin from CCVs. Both of these measures could result in a temporary augmentation of receptor concentration on the PM, because a decrease in CME could reduce internalization of receptors, and an increase in clathrin shedding from CCVs could facilitate the already internalized receptors to recycle back to the PM. This speculation is consistent with the observation that the same depolarization conditions induced an increase in concentration of the AMPA subtype of glutamate receptors on PM of neuronal soma [13]. Such an increase would mean that more receptors are available for lateral diffusion into the synaptic locations affecting synaptic signaling.

Indeed, depolarization also induces a reversible increase in the concentration of AMPA receptors at PSDs [13]. Stimulation-induced increase of synaptic AMPA receptors has been attributed to lateral diffusion of receptors into the PSD rather than direct exocytosis of receptors into the PSD [13, 28]. On the other hand, the decrease of synaptic receptors during the recovery period could be achieved by direct endocytosis of receptors near PSD [5, 6] and/or by lateral diffusion of receptors out of the PSD and then be endocytosed in surrounding PM away from synapses [5, 7, 10, 28]. Notably, these two routes of endocytosis of AMPA receptors are not mutually exclusive.

The presence of “endocytic zones” near synapses (GFP-clathrin puncta within spines) has been proposed to represent a specialization dedicated to endocytosis near the postsynaptic membrane [5]. A subsequent EM study illustrates that three major proteins for CME, clathrin, AP2 and dynamin, are indeed present in spine heads lateral to PSDs, although CCPs immediately adjacent to PSDs are rare [10]. The closeness of

such endocytic machinery to the synapses certainly suggest a potential first dip for capturing the mobile receptors for endocytosis near synapses [28]. However, it should be noted that such endocytic zones do not form a ring surrounding the PSD. Interestingly, under resting conditions, one EM study did not find CCPs near PSDs particularly label for glutamate receptors more than CCPs further away from synapses [7]. However, a recent live LM study showed a slight preference in glutamate receptor internalization by CCPs within 300 nm of PSDs than non-synaptic CCPs [6]. These apparent discrepancies could be due to different criteria in defining a CCP as being “near synapses” by different studies. A larger distance between CCP and PSD would have allowed inclusion of more CCPs to be classified as near synapses.

The present study focused on the analysis of “peri-PSD” CCP (pits that are within 30 nm of the edge of the PSD), and confirmed that their occurrence frequency is relatively low at ~1.5% of synaptic profiles examined in single thin sections. Additionally, their numbers did not change upon depolarization, a finding consistent with a previous LM study that synaptic activation by various means did not change the stability and frequency of endocytic zones [5]. On the other hand, in two LM studies, NMDA treatment which is known to induce endocytosis of glutamate receptors [29], did not change the localization or loss of clathrin from endocytic zone [5], or upregulate the peri-synaptic endocytosis [6]. However, in an EM study, NMDA treatment increased the frequency of peri-PSD CCPs and the endocytosis of AMPA receptors at peri-PSD locations [13]. Again, these discrepancies could be due to the different definition of “endocytic zone” in LM studies vs. “peri-PSD CCP” in EM studies, or due to different conditions of the NMDA treatments. Thus, the issue of whether these CME locations near synapses are preferred in internalizing glutamate receptors under different conditions still awaits further investigation, perhaps through correlative studies combining different techniques.

Abbreviations

AP2– adaptor protein-2

CCV– clathrin-coated vesicle

CCP– clathrin-coated pit

CME– clathrin mediated endocytosis

MVB– multivesicular body

PM– plasma membrane

PSD– postsynaptic density

SV– synaptic vesicles

TfR– transferrin receptor

Declarations

Acknowledgements

I thank Rita Azzam, Virginia Crocker and Sandra Lara for expert EM technical support, Christine A. Winters for hippocampal dissociated cultures, Drs. Paul Gallant and Milton M Brightman for perfusion-fixed brains, Dr. Lois Greene for referral of the clathrin and AP2 antibodies, and Drs. Evelyn Ralston and Ayse Dosemeci for critical reading of the manuscript.

Funding

Supported by National Institute of Neurological Disorders and Stroke (NINDS) intramural funds.

Availability of data and material

The datasets generated and/or analyzed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

This is a solo author manuscript. The author read and approved the final manuscript.

Ethics approval

The animal protocol was approved by the National Institute of Neurological Disorders and Stroke Animal Use and Care Committee (*Animal protocol Number: ASP1159*) and conforms to NIH guidelines.

Consent for publication

Not applicable.

Competing interests

The author declares that she has no competing interests.

References

1. Robinson MS. Forty Years of Clathrin-coated Vesicles. *Traffic*. 2015; 16: 1210-38.
2. Mettlen M, Chen PH, Srinivasan S, Danuser G, Schmid SL. Regulation of Clathrin-Mediated Endocytosis. *Annu Rev Biochem*. 2018; 87: 871-896.
3. Saheki Y, De Camilli P. Synaptic vesicle endocytosis. *Cold Spring Harb Perspect Biol*. 2012; 4: a005645.
4. Milosevic I. Revisiting the role of clathrin-mediated endocytosis in synaptic vesicle recycling. *Front Cell Neurosci*. 2018; 12: 27.

5. Blanpied TA, Scott DB, Ehlers MD. Dynamics and regulation of clathrin coats at specialized endocytic zones of dendrites and spines. *Neuron*. 2002; 36: 435-49.
6. Rosendale M, Jullié D, Choquet D, Perrais D. Spatial and Temporal Regulation of Receptor Endocytosis in Neuronal Dendrites Revealed by Imaging of Single Vesicle Formation. *Cell Rep*. 2017; 18: 1840-7.
7. Petralia RS, Wang YX, Wenthold RJ. Internalization at glutamatergic synapses during development. *Eur J Neurosci*. 2003; 18: 3207-17.
8. Heuser JE, Reese TS. Evidence for recycling of synaptic vesicle membrane during transmitter release at the frog neuromuscular junction. *J Cell Biol*. 1973; 57:315-44.
9. Brodin L, Löw P, Shupliakov O. Sequential steps in clathrin-mediated synaptic vesicle endocytosis. *Curr Opin Neurobiol*. 2000; 10: 312-20.
10. Rácz B, Blanpied TA, Ehlers MD, Weinberg RJ. Lateral organization of endocytic machinery in dendritic spines. *Nat Neurosci*. 2004; 7: 917-8.
11. Dosemeci A, Reese T. S., Peterson, J. and Tao-Cheng, J.-H. CaMK II clusters: a novel particulate form of Ca^{2+} /calmodulin-dependent protein kinase II in neurons. *Journal of Neurosci.*, 2000; 20:3076-84.
12. Tao-Cheng, J.-H. Activity-related redistribution of presynaptic proteins at the active zone. *Neuroscience*. 2006; 141: 1217-24.
13. Tao-Cheng JH, Crocker VT, Winters CA, Azzam R, Chludzinski J, Reese TS (2011) Trafficking of AMPA receptors at plasma membranes of hippocampal neurons. *J Neurosci*. 31:4834-43.
14. Tao-Cheng JH. Stimulation-induced structural changes at the nucleus, endoplasmic reticulum and mitochondria of hippocampal neurons. *Mol Brain*. 2018; 11: 44.
15. Tao-Cheng J-H, Vinade L, Smith C, Winters CA, Ward R, Brightman MW, Reese TS, Dosemeci A. Sustained elevation of calcium induces Ca^{2+} /calmodulin-dependent protein kinase II clusters in neurons. *Neuroscience*. 2001;106: 69-78.
16. Tao-Cheng J-H, Gallant PE, Brightman MW, Dosemeci A, Reese TS. Effects of delayed perfusion fixation on postsynaptic density and CaMKII clustering in different regions of the mouse brain. *J comp Neurol*. 2007; 501:731-40.
17. Peters A, Palay SL, Webster HDF (1991) *The fine structure of the nervous system* (New York, Oxford).
18. Dittman J, Ryan TA. Molecular circuitry of endocytosis at nerve terminals. *Annu Rev Cell Dev Biol*. 2009; 25: 133-60.
19. Jareb M, Banker G. The polarized sorting of membrane proteins expressed in cultured hippocampal neurons using viral vectors. *Neuron*. 1998; 20: 855–867.
20. Luzio JP, Hackmann Y, Dieckmann NM, Griffiths GM. The biogenesis of lysosomes and lysosome-related organelles. *Cold Spring Harb Perspect Biol*. 2014; 6: a016840.
21. Rosenbluth J, Wissig SL. The distribution of exogenous ferritin in toad spinal ganglia and the mechanism of its uptake by neurons. *J Cell Biol*. 1964; 23: 307-25.

22. Sachse M, Urbé S, Oorschot V, Strous GJ, Klumperman J. Bilayered clathrin coats on endosomal vacuoles are involved in protein sorting toward lysosomes. *Mol Biol Cell*. 2002; 13: 1313-28.
23. Von Bartheld CS, Altick AL. Multivesicular bodies in neurons: distribution, protein content, and trafficking functions. *Progress in Neurobiology*, 2011; 93: 313-40.
24. Dotti CG, Simons K. Polarized sorting of viral glycoproteins to the axon and dendrites of hippocampal neurons in culture. *Cell*. 1990; 62: 63-72.
25. Takei K, Mundigl O, Daniell L, De Camilli P. The synaptic vesicle cycle: a single vesicle budding step involving clathrin and dynamin. *J Cell Biol*. 1996; 133: 1237-50.
26. Ganguly A, Wernert F, Phan S, Boassa D, Das U, Sharma R, Caillol G, Han X, Yates JR, Ellisman MH, Leterrier C, Roy S. Slow axonal transport and presynaptic targeting of clathrin packets. *bioRxiv*. 2020; 2020.2002.2020.958140.
27. Tao-Cheng JH, Dosemeci A, Gallant PE, Miller S, Galbraith JA, Winters CA, Azzam R, Reese TS. Rapid turnover of spinules at synaptic terminals. *Neuroscience*. 2009; 160: 42-50.
28. Choquet D. Linking Nanoscale Dynamics of AMPA Receptor Organization to Plasticity of Excitatory Synapses and Learning. *J Neurosci*. 2018; 38: 9318-29.
29. Ehlers MD. Reinsertion or degradation of AMPA receptors determined by activity-dependent endocytic sorting. *Neuron*. 2000; 28: 511-25.

Tables

Table 1.
Number of CCVs and CCPs per 100 synaptic terminals in
perfusion-fixed brains.

	Fast perfusion	Delayed perfusion
Rat cerebral cortex	4.7 (43)	79.2 (48)
Mouse cerebral cortex	5.9 (51)	98.9 (47)
	28.6 (35)	135.3 (34)
Mouse cerebellum	6.8 (44)	61.1 (54)
	21.1 (38)	116.7 (18)
Mouse hippocampus	12.7 (55)	95.7 (46)
CA1	7.5 (67)	76.9 (26)
Mean ± SEM	12.5 ± 3.4	94.8 ± 9.6
		P < 0.0001, paired t

(n) = number of presynaptic terminals scored.

Table 2.
 Number of CCVs and CCPs per 100 synaptic
 terminals in dissociated cultures.

	control		High K⁺	
Exp 1	10	(40)	49.1	(53)
Exp 2	10	(50)	48.1	(54)
Exp 3	16.7	(30)	14.3	(21)
Exp 4	21.2	(33)	15.2	(33)
Mean ± SEM	14.5 ± 2.7		31.7 ± 9.8	
			NS, paired t	

(n) = number of presynaptic terminals scored.

NS, not significant.

Table 3.

Density and median distance of label for clathrin at presynaptic terminals under control and depolarizing conditions.

	Density [number of labels within 200 nm of PM / μ m presynaptic membrane]			Median Distance [nm, from presynaptic membrane]	
	control	High K ⁺	% control	control	High K ⁺
Exp 1	3.9 \pm 1.0 (n=29)	15.9 \pm 2.3 (n=33)	408% P<0.0001	147 (n=47)	87 (n=147) P<0.0001
Exp 2	1.8 \pm 0.6 (n=20)	7.9 \pm 1.0 (n=25)	439% P<0.0001	177 (n=12)	87 (n=84) P<0.005
Exp 3	4.7 \pm 1.2 (n=25)	11.8 \pm 3.1 (n=16)	251% P<0.05	127 (n=35)	90 (n=56) Not significant
Mean \pm SEM (Paired t)			366 \pm 58% P<0.05	150 \pm 15	88 \pm 1 P<0.1

For density of label, (n)= number of synaptic profiles measured; for distance of label, (n) = number of labels measured.

Statistical analysis within each experiment: Student t test for density; Wilcoxon test for median distance.

Table 4.

Number of clathrin-labeled CCVs and CCPs per μm of neuronal somal plasma membrane with nearby cytoplasm under control and depolarizing conditions.

	Control	High K⁺
Exp 1	0.48 \pm 0.06 (14)	0.14 \pm 0.04 (17) P<0.0005
Exp 2	0.58 \pm 0.06 (14)	0.15 \pm 0.03 (18) P<0.0001
Exp 3	0.57 \pm 0.06 (14)	0.15 \pm 0.04 (15) P<0.0001
Mean \pm SEM	0.54 \pm 0.03	0.15 \pm 0.01 P<0.005 (paired t)

(n) = number of somas sampled.

Number of CCVs and CCPs measured from 1 μm depth of cytoplasm from PM.

Means within each experiment tested by Student t test.

Table 5.

Number of CCPs per neuronal soma under control and depolarizing conditions

	Control	High K⁺
Exp 1	6.0 \pm 1.2 (10)	2.7 \pm 0.9 (10) P<0.05
Exp 2	5.3 \pm 0.9 (12)	2.1 \pm 0.7 (15) P<0.01
Mean \pm SEM	5.7 \pm 0.4	2.4 \pm 0.3 P<0.01, paired t

(n) = number of neuronal somas scored

Means within each experiment tested by Student t test.

Figures

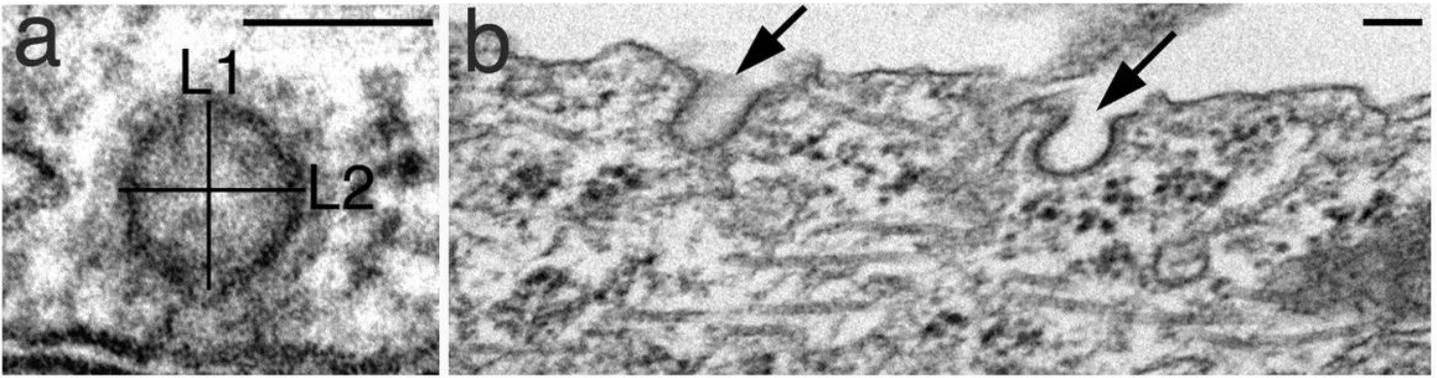


Figure 1

(a) Size measurement of CCV from soma/dendrite of neurons. Average diameter of CCV = $(L1 + L2) / 2$.
 (b) Clathrin-coated pits (CCP) on plasma membrane (PM) of neuronal somas were identified by the characteristic coats on the cytoplasmic side of the omega figures (arrows). Scale bars = 100 nm.

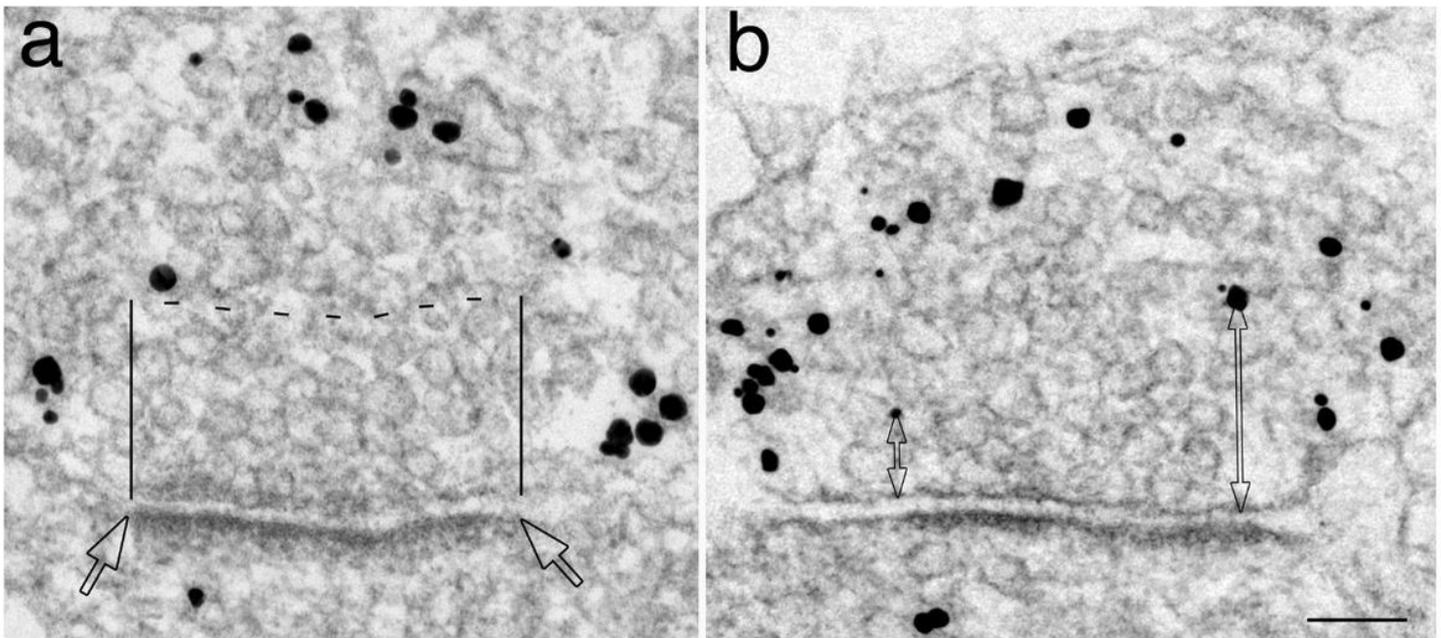


Figure 2

Measurement for density and distance of label for clathrin at presynaptic terminals. Samples were 3 wk-old dissociated hippocampal cultures fixed under control conditions and labeled with a clathrin antibody. Only cross-sectioned synaptic profiles were included for measurement. Boxed area in (a) includes presynaptic area that is 200 nm deep from the presynaptic membrane that faces the PSD (edges were marked by two open arrows). Black particles of heterogeneous size are silver enhanced gold particles that represent label for clathrin. All black particles within this measurement area were counted for density and distance (length of the open arrows in b) of label. Scale bar = 100 nm.

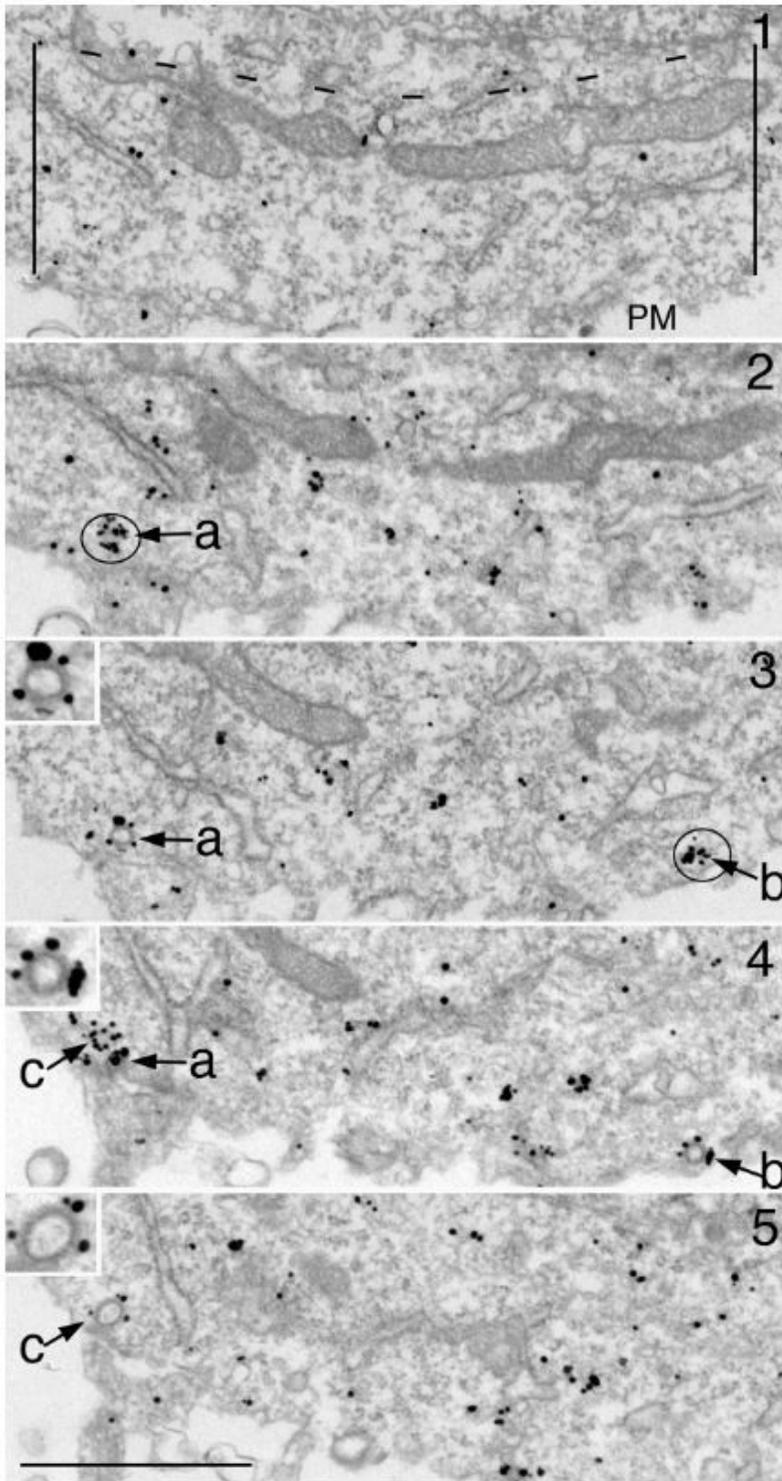


Figure 3

Serial sections (# 1-5) of a neuronal soma labeled for clathrin. For measurement of number of CCVs and CCPs near plasma membrane (PM), a band of cytoplasm within 1 μm from the PM was included for measurements (area marked by PM and the dashed line in section #1). CCVs (marked as "a" in section #3, "b" in section #4, and "c" in section #5; enlarged as insets) existed in 2-3 serial sections. The adjacent

sections to these clear-cut CCVs typically contained tightly clustered labels for clathrin (circled in sections # 2 and #3, with more than 5 particles within a 100 nm area). Scale bar = 1 μ m.

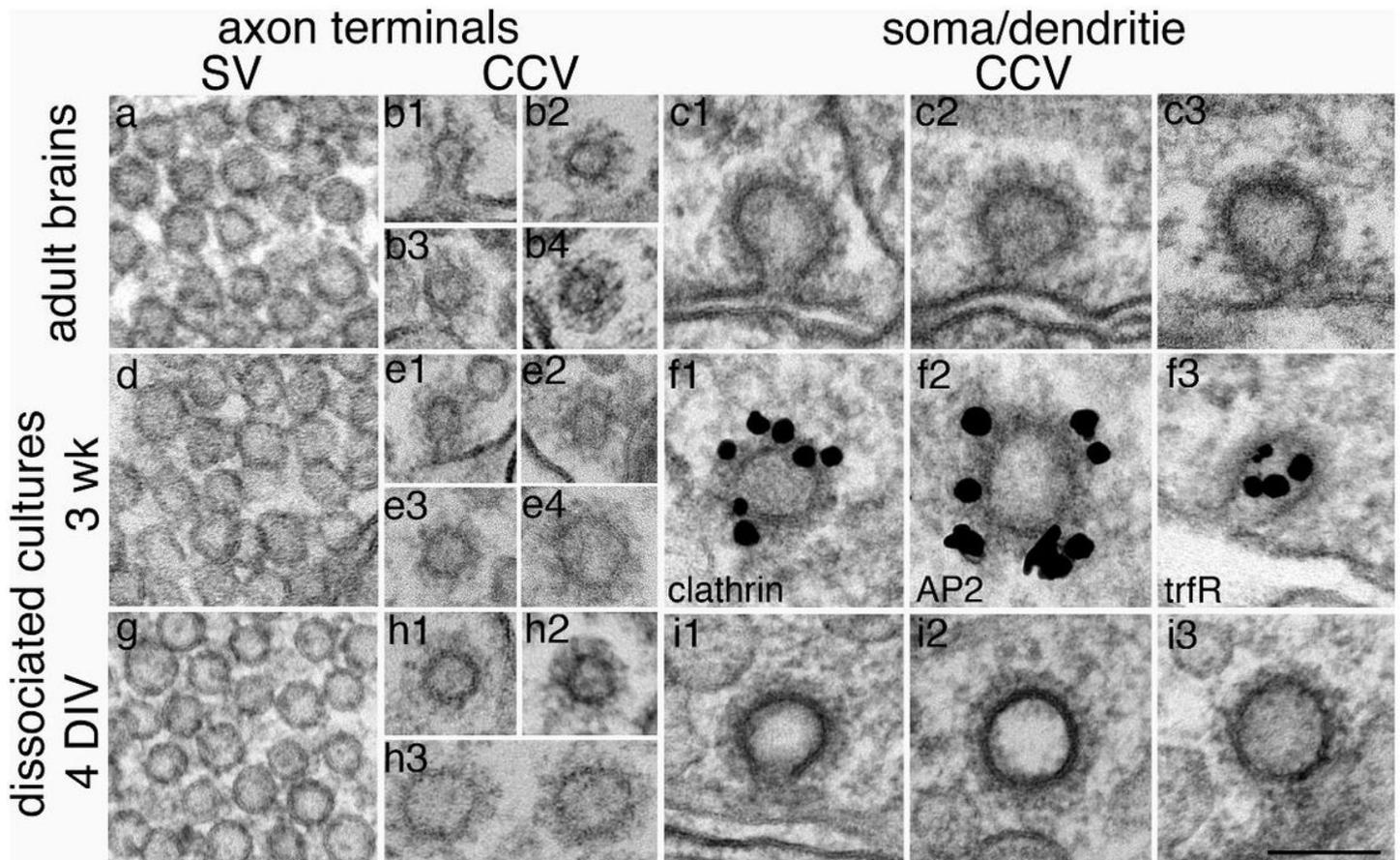


Figure 4

Clathrin-coated vesicles in axon and soma/dendrite are of different sizes. Images were sampled from perfusion-fixed mouse brain (top row: a, b, c), 3 wk-old (middle row: d, e, f) and 4 DIV (bottom row: g, h, i) dissociated rat hippocampal cultures. Synaptic vesicles (SV) were included as size references for CCV from the respective samples, and SVs from these three different groups of samples were of the same uniform size at ~ 40 nm in diameter (a, d, & g). CCVs in axon terminals from adult brains (b1-b4) were of the same size as SV. While the great majority of CCVs in axon terminals from dissociated cultures (e1-3; h1-2) were also of the same size as SV, some CCVs (e4; h3) were larger (~ 70 nm) than SV. In soma/dendrites (c, f, i), CCV were ~ 90 nm in diameter, much larger than those in the axon terminals. Immunogold labeling of 3wk-old cells illustrates that CCV in soma/dendrites labeled for clathrin (f1), AP2 (f2), and transferrin receptor (trfR, f3). Scale bar = 100 nm.

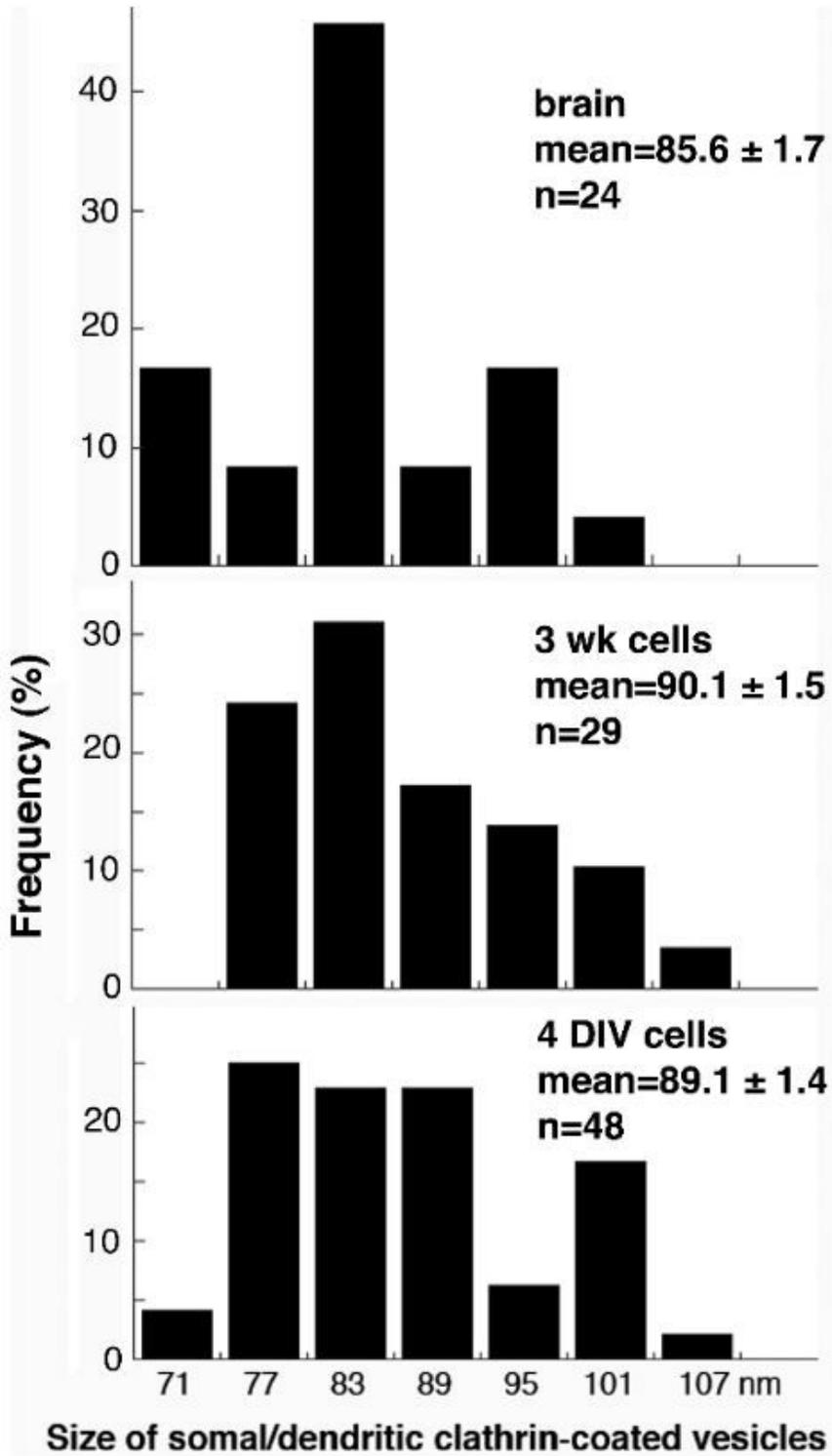


Figure 5

Histograms of size distribution of CCVs of soma/dendrites from adult brains (top panel), and dissociated neuronal cultures at 3 wk (middle panel) and 4 days (bottom panel) in culture. The ranges of average diameter were similar (70-110 nm) among the three types of samples, and there was no statistical significance in mean values (ANOVA) or in median values (Wilcoxon test).

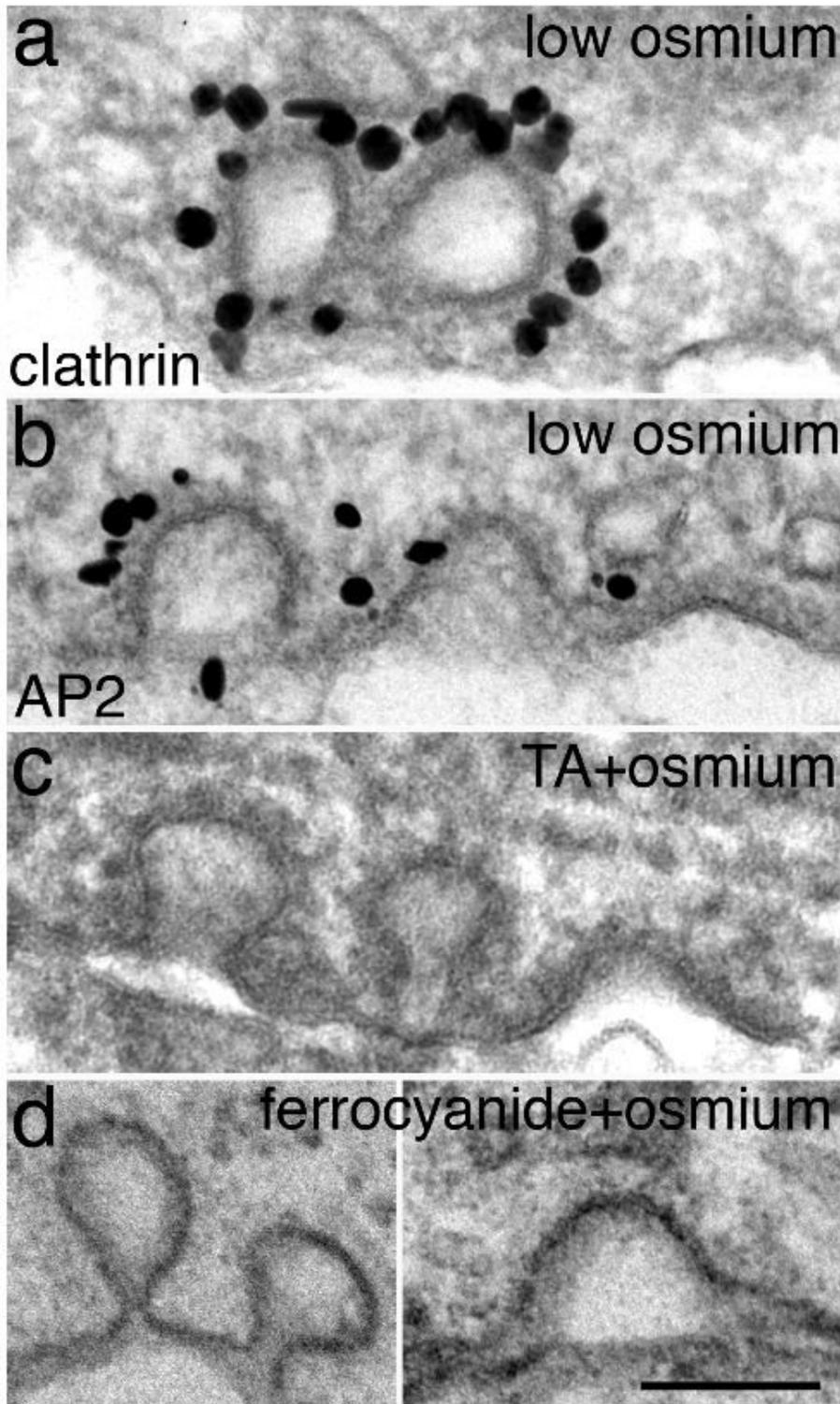


Figure 6

CCPs occasionally exist as multiples in close vicinity on somal/dendritic plasma membrane. The characteristic "coat" appearance was visible in samples treated with low concentrations of osmium tetroxide (0.2% in a, b), and labels for clathrin (a) and for AP2 (b) were specifically localized to the coat. The appearance of the coat was enhanced when tannic acid (1%) was added to fixative followed by regular osmium tetroxide (1% in c), and less conspicuous with "reduced osmium" treatment (1%

potassium ferrocyanide + 1% osmium tetroxide in d). All samples were 3-week old dissociated hippocampal cultures. Scale bar = 100 nm.

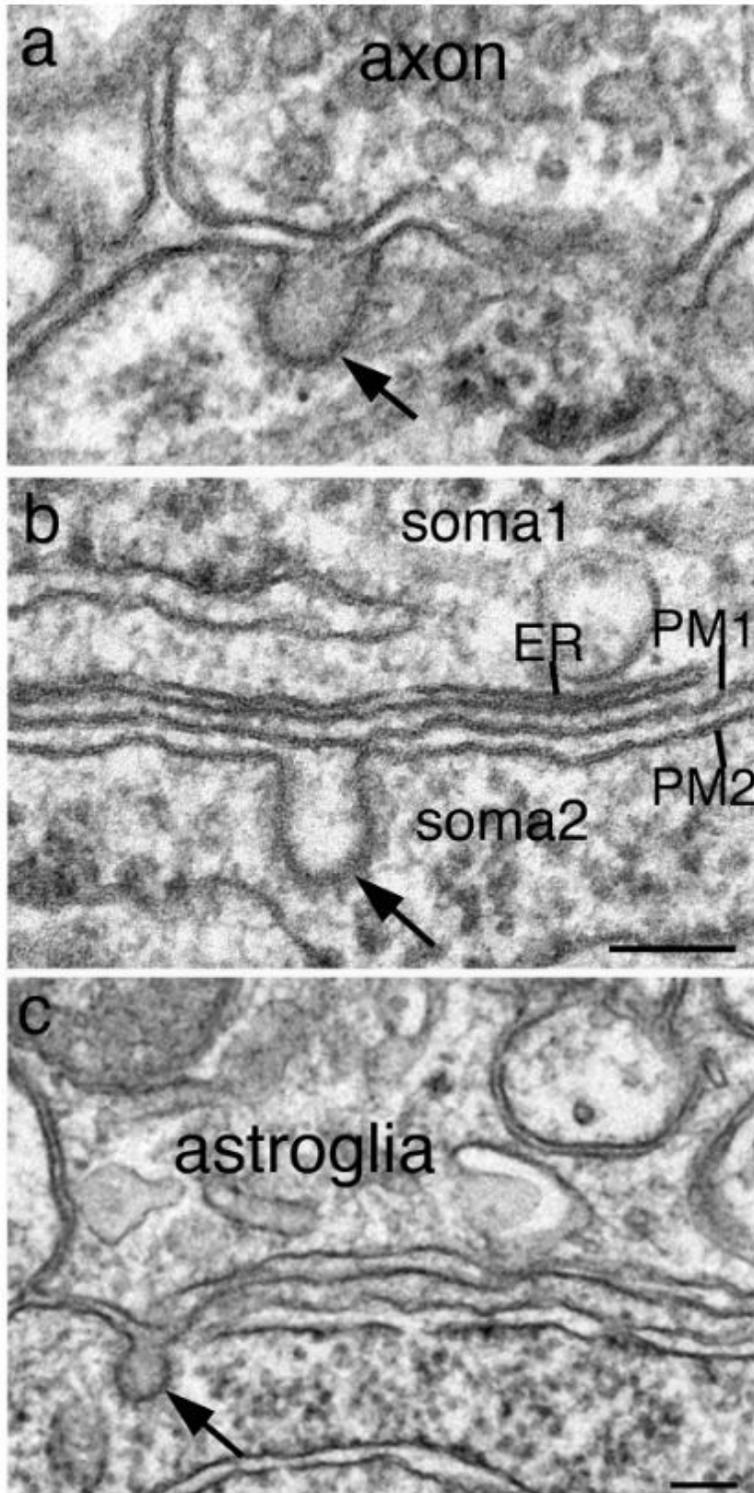


Figure 7

Somal/dendritic coated vesicles (CCV, arrows) can form juxtaposed to an axon (a), another soma/dendrite (b), or astroglia (c). (a & b) are from CA1 region of the hippocampus. (b) is sampled from two neighboring pyramidal neurons where the CCV in soma2 is facing a subsurface cistern which is

composed of an ER closely apposed to the plasma membrane (PM1). The CCV in (c) is sampled from a cerebellar Purkinje soma facing an astroglial process. Scale bars = 100 nm, a & b share the same scale bar.

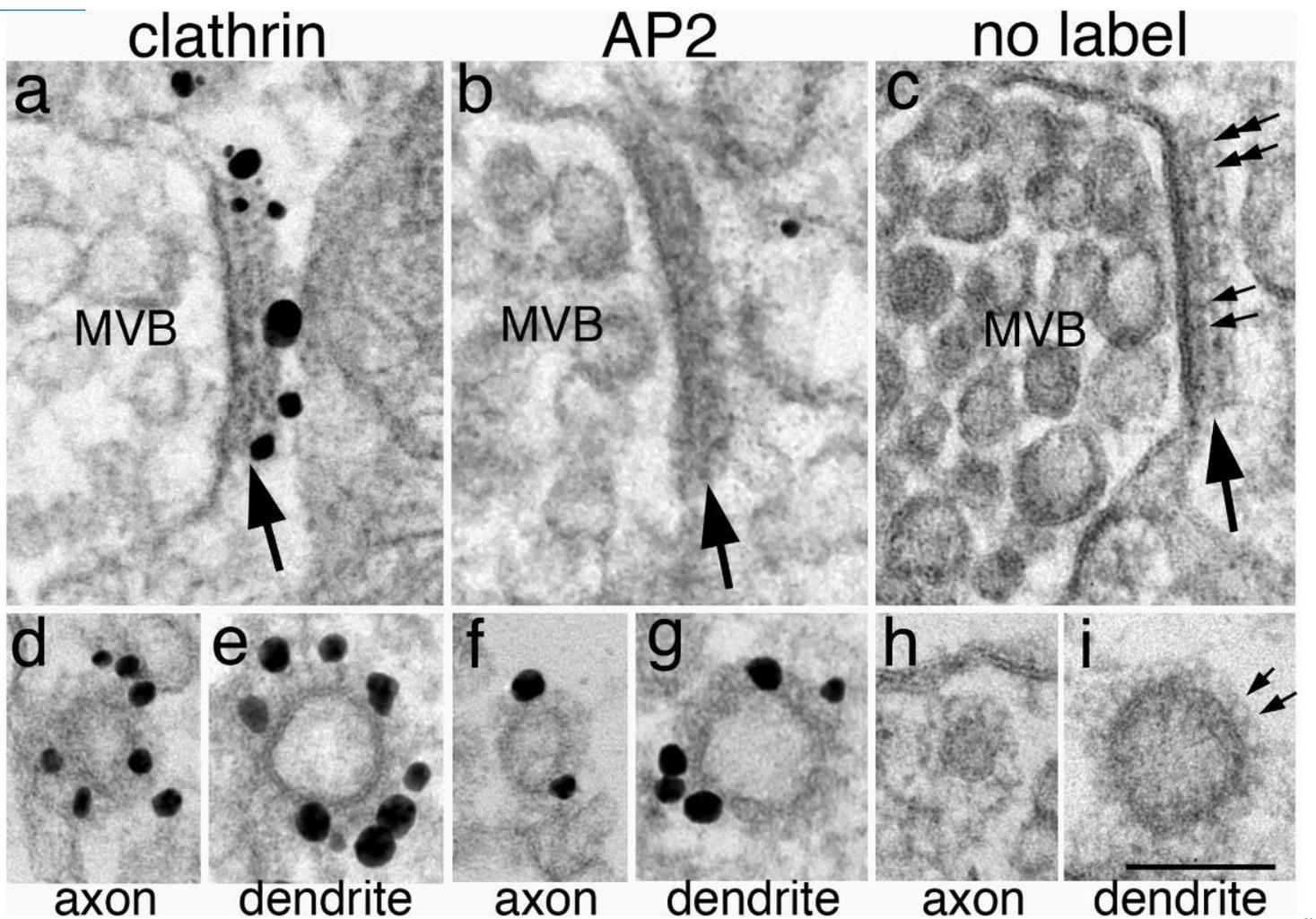


Figure 8

Multivesicular bodies (MVB, top row) in neurons contain a dark patch (large arrows) that label for clathrin (a) but not for AP2 (b). In contrast, in the lower row, clathrin-coated vesicles in axons (d, f) and dendrites (e, g) label for both clathrin (d, e) and AP2 (f, g). In samples fixed with glutaraldehyde for better structural preservation (no label, right column), a two layered arrangement with a uniform periodicity is visible (small arrows in c). The thickness of this patch is greater than those of the coated vesicles in axons (h) or in dendrites (i). Scale bar = 100 nm.

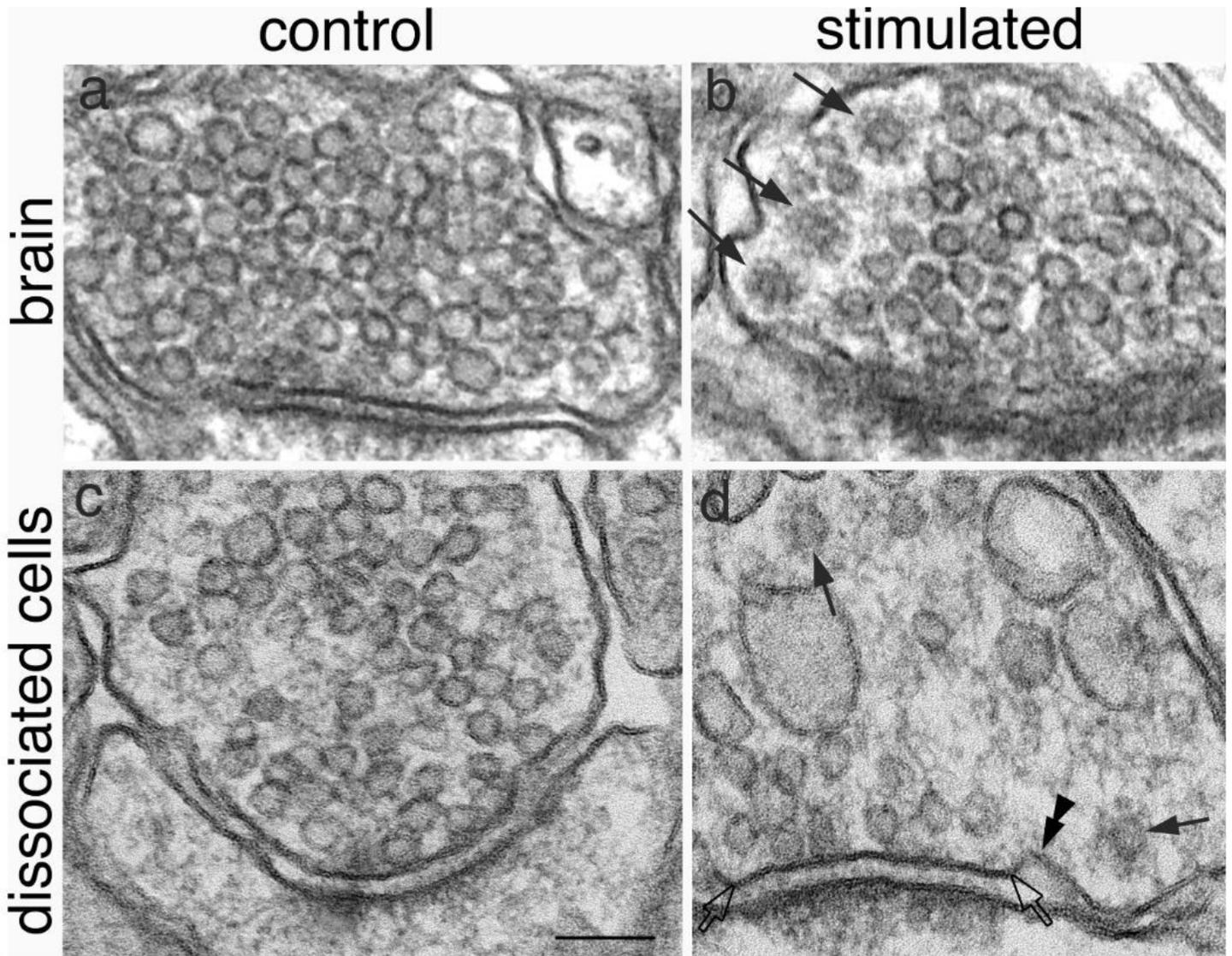


Figure 9

CCVs were uncommon in presynaptic terminals of fast perfusion-fixed brains (a), but became more abundant (arrows in b) upon a 5 min delay in perfusion fixation (b). Samples were from cortex of the mouse brain, and SVs were not noticeably depleted or dispersed in the delayed perfusion-fixed brains (b). In dissociated hippocampal cultures, upon depolarization with high K^+ , synaptic vesicles were typically dispersed and depleted (d). CCVs (arrows in d) were sometimes seen more frequently in high K^+ (d) than in control samples (c). A CCP (double arrowheads in d) was seen adjacent to the active zone (between two open arrows) of the synapse. Scale bar = 100 nm.

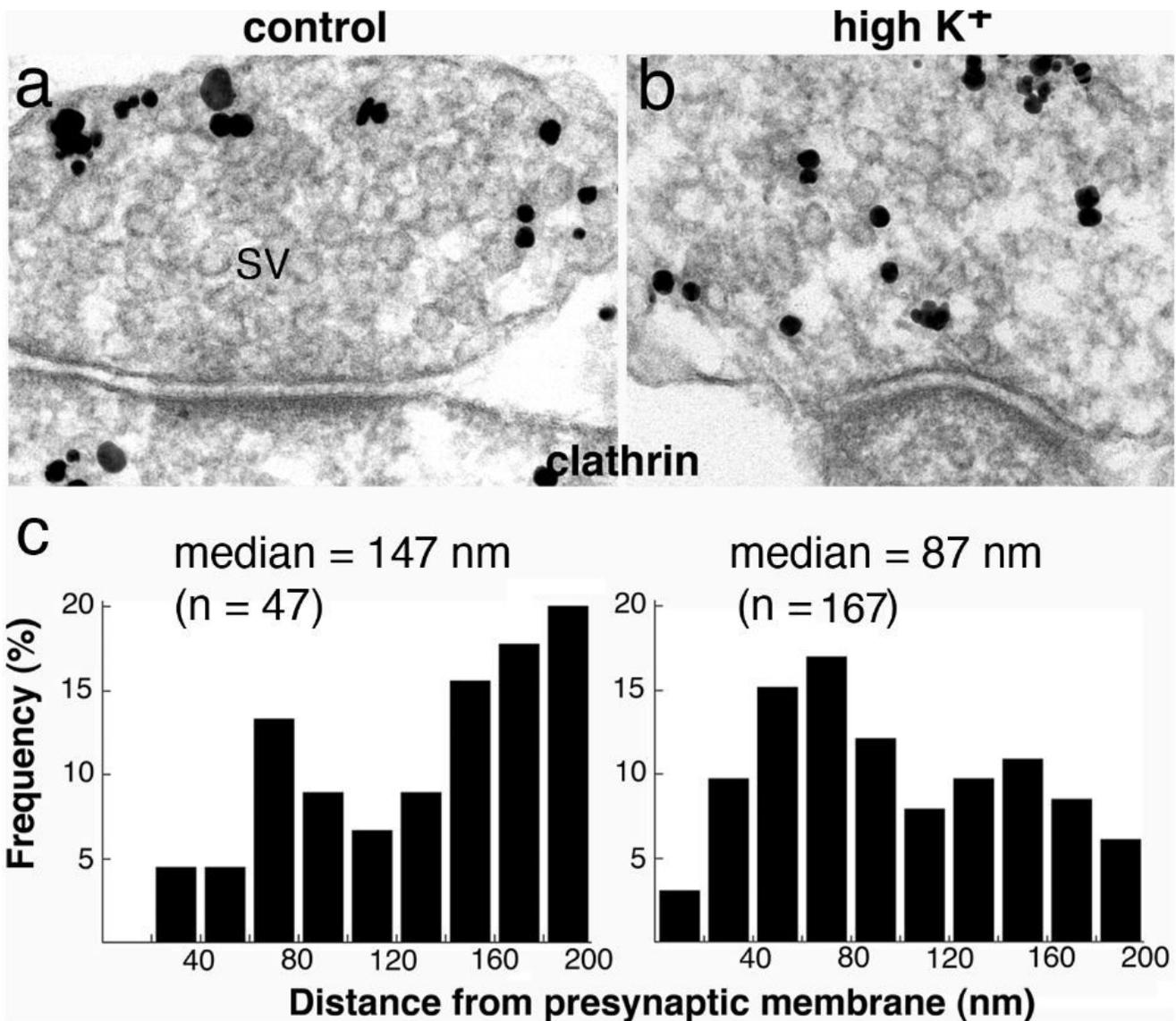


Figure 10

Depolarization induces redistribution of clathrin in presynaptic axon terminals of dissociated hippocampal cultures. Under control conditions, label for clathrin was concentrated outside of the SV clusters (a). Upon high K⁺ treatment, SVs became de-clustered, and label for clathrin became dispersed among the SVs (b). Distance measurements of label for clathrin showed a shift toward the presynaptic membrane upon high K⁺ treatment (c, a representative histogram of data from exp 1 of Table 3).

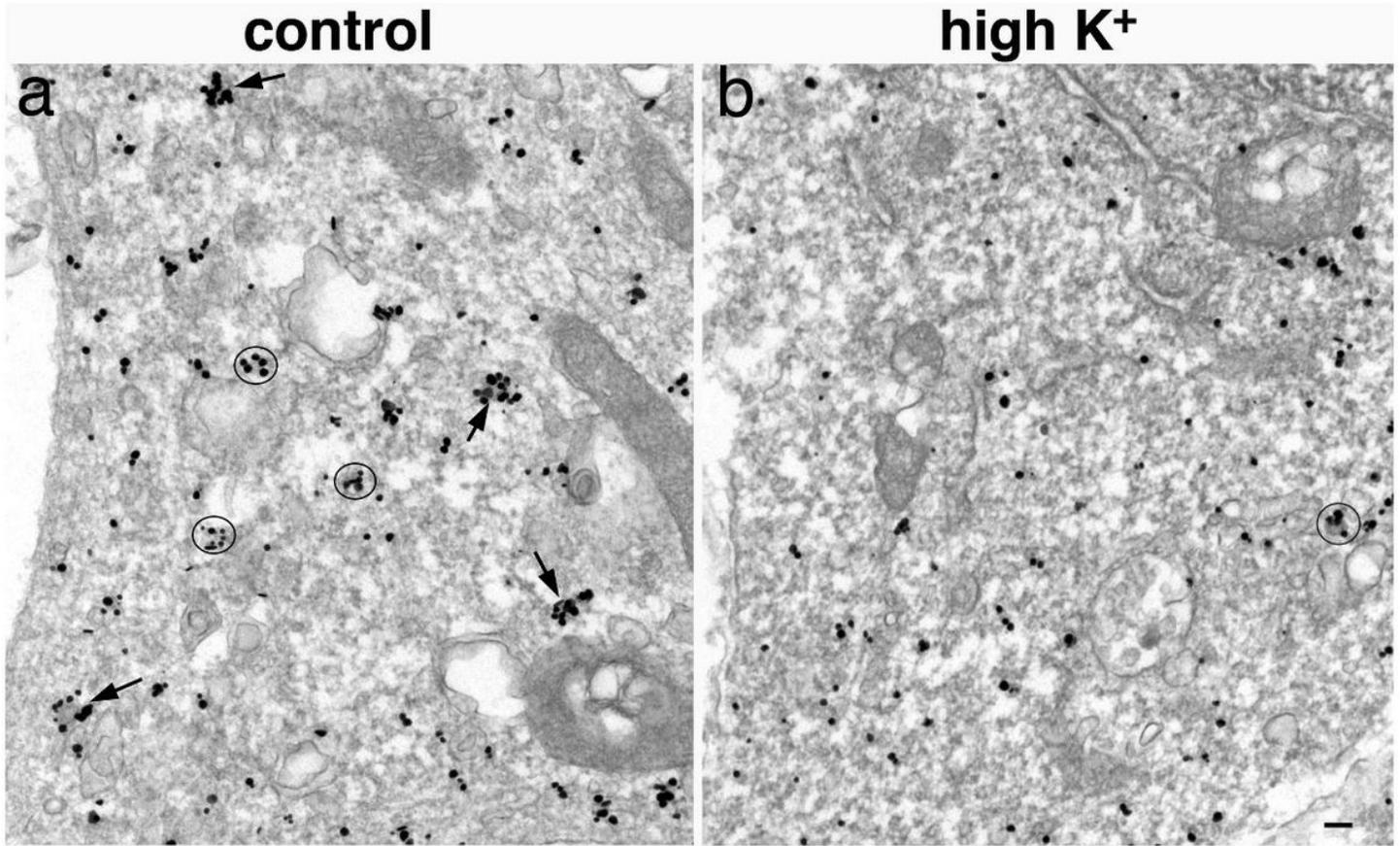


Figure 11

Distribution of label for clathrin in neuronal soma under control (a) and depolarization conditions (b). There were many more tightly clustered labels under control conditions (arrows and circles in a) than under high K⁺ treatment (b). Scale bar = 100 nm.

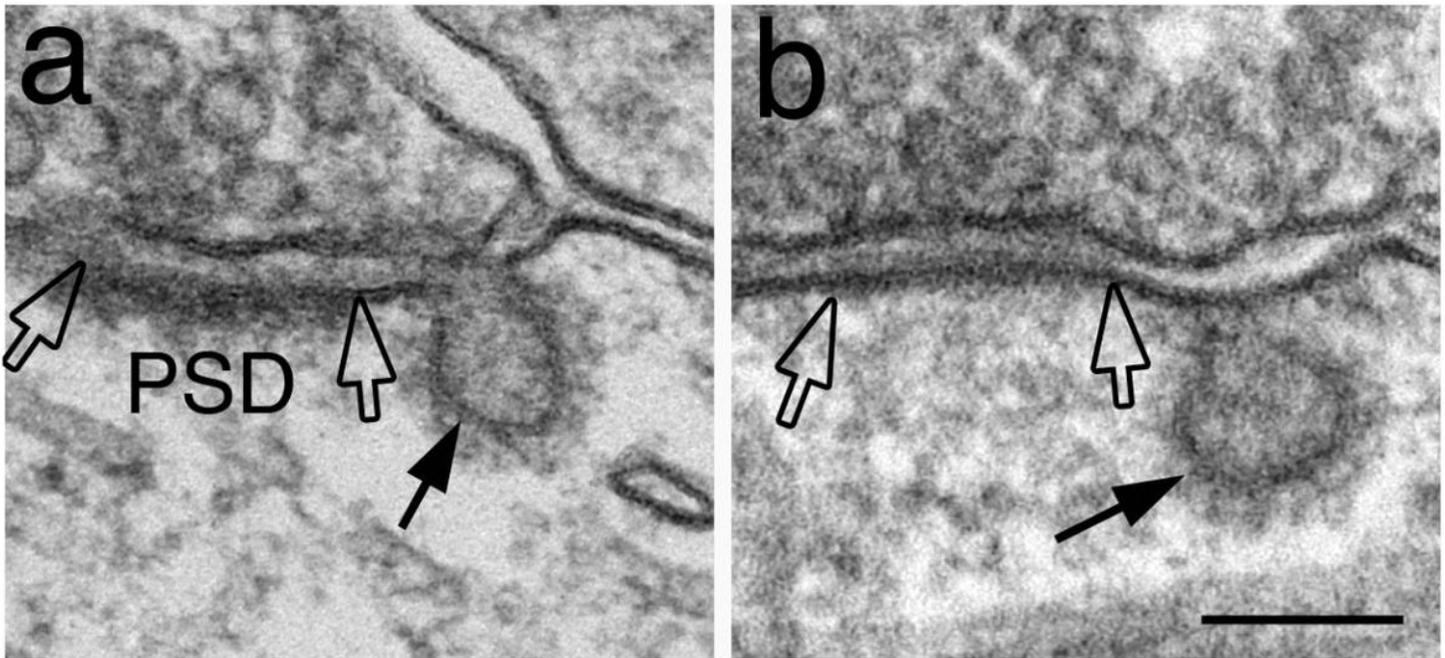


Figure 12

CCP at peri-PSD locations. A CCP (arrow in a) is located adjacent to the PSD (the edges of which are marked by open arrow) of a glutamatergic excitatory synapse. Similar pits (arrow in b) also exist at inhibitory synapses, where the postsynaptic membrane (area between open arrows) lacks the asymmetric density at the synaptic junction. Both synapses are sampled from perfusion-fixed mouse hippocampus. Scale bar = 100 nm.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [AdditionalFile2.pdf](#)
- [AdditionalFile1.pdf](#)