

Alteration of the Optical and Mechanical Characteristics of Cellulose Nanofibre Films Under Thermal Treatment

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1 **Alteration of the optical and mechanical** 2 **characteristics of cellulose nanofibre films** 3 **under thermal treatment**

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18

19 **Abstract**

20 Nanocelluloses and their different designs, such as films and nanopapers, have gained considerable
21 interest in many application areas due to their unique properties. For many purposes, such as for
22 packaging and electronics, the thermal stability of nanocellulose materials is a crucial
23 characteristic. In this study, the effects of heat treatment (100°C, 150°C and 200°C) on the optical
24 and mechanical properties of 2,2,6,6-tetramethylpiperidinyl-1-oxy radical-oxidised cellulose
25 nanofibre (TO-CNF) films were investigated, especially the alteration of the colour, complex
26 refractive index and birefringence of the films. Exposing TO-CNF films to high temperatures (>
27 150°C) induced permanent transformations in the CNF structure, leading to an increase in the
28 refractive index, decreases in the birefringence and crystallinity index, colour darkening and
29 significant deterioration of the mechanical properties.

30 **Keywords:** *Nanocellulose; thermal treatment; complex refractive index; birefringence;*
31 *mechanical properties; thermal stability*

32 **Introduction**

33 Nanocellulose is a functionalisable renewable biopolymer material that has gained
34 increasing interest for a range of applications relevant to the fields of packaging,
35 technical films and foams, nanocomposites, electronics, photonics, medicines, etc.
36 (Abitbol et al. 2016) and Wang et al. 2019). In the last years, several new
37 biorefinery concepts have been established to produce cellulose nanomaterials at a
38 larger scale, and the nanocellulose market is expected to grow from US\$297 million
39 in 2020 to US\$783 million in 2025 (Nanocellulose market, 2020). This trend is
40 promoted by the emerging green circular economy based on renewable resources,
41 and by the unique features of nanocellulose, such as its superior mechanical
42 properties, light weight, high surface area, optical transparency, low coefficient of
43 thermal expansion and tailorable chemistry (Pakharenko et al 2021, Gan et al.
44 2021).

45 The thermal stability and alteration of the nanocellulose characteristics under high
46 temperatures are relevant for many applications, such as packaging, composites and
47 electronics (Agustin et al. 2016). High temperatures ($> 100^{\circ}\text{C}$) can cause changes
48 in the cellulose molecular and crystal structure and can compact the networked
49 structure of cellulose nano-entities. Controlled thermal treatments of solid
50 nanocellulose materials such as films can also be used to improve the mechanical
51 strength (e.g. tensile strength, elongation at break, Young's modulus) (Rubentheren
52 et al. 2016), reduce the water content reduction (Rubentheren et al. 2016) and
53 increase the hardness (Wu et al. 2013) of the films. Typically, the maximum thermal
54 treatment temperature of nanocelluloses is below 200°C because higher
55 temperatures of $200\text{--}300^{\circ}\text{C}$ start to degrade the cellulose polymeric structure (Gan
56 et al. 2021).

57 The optical properties of nanocellulose are important parameters for films and
58 nanopapers, and they may also be affected by elevated temperatures (thermal stress)
59 (Pakharenko et al 2021). The optical properties of nanocellulose films have been
60 commonly investigated by analysing the reflection, absorption, scattering or
61 polarisation of light to obtain different variables, such as transmittance (Sun et al.
62 2018), complex refractive index (Niskanen et al. 2019b), optical activity (Zlenko et
63 al. 2019), colour (Vardanyan et al. 2015), birefringence (Orellana et al. 2018),
64 opacity (Zhu et al. 2011), and gloss (Kong et al. 2019). The knowledge of the
65 transformation of the optical characteristics of nanocellulose materials as a function
66 of temperature is still incomplete, and the previous studies have mainly addressed
67 the colour of cellulose nanomaterials (Pakharenko et al 2021). It has been found
68 that the values of the colour differences and transmittance increase, and the value
69 of lightness decreases, as a function of the heat treatment temperature. The thermal
70 discolouration has been strongly attributed to the carbonyl and carboxyl functional
71 groups of pure (lining- and hemicellulose-free) cellulose, which can initiate the
72 formation of chromophores especially in the oxidised cellulose nanomaterials such
73 as TEMPO (2,2,6,6-tetramethylpiperidinyl-1-oxy radical) mediated (Ahn et al.
74 2019).

75 In our previous work, we developed a method of determining the complex refractive
76 index of cellulose nanocrystals (CNCs) as a function of wavelength by combining
77 the Beer-Lambert and immersion-matching methods (Niskanen et al. 2019b). The
78 sizes of nanocelluloses (CNCs and CNFs) were in turn analysed using Rayleigh
79 approximation and the Mie theory (Niskanen et al. 2019a). The change in the
80 birefringence properties of the thermally modified wood was obtained by
81 measuring the light reflection with a Stokes imaging polarimeter based on the
82 Mueller matrix method (Niskanen et al. 2020). The present study aimed to

83 investigate the optical (colour, complex refractive index and birefringence),
84 structure (degree of crystallinity, thermal stability and chemical bonds) and
85 mechanical (tensile strength, strain and Young's modulus) properties of heat-
86 treated films of 2,2,6,6-tetramethylpiperidiny-1-oxy radical-oxidised cellulose
87 nanofibres (TO-CNFs) and to provide a further understanding of the behaviour of
88 nanocellulose films at elevated temperatures (100–200°C).

89 **Materials and Methods**

90 **Materials**

91 Bleached birch (*Betula pendula*) chemical wood pulp obtained in dry sheets was
92 used as a cellulose raw material after disintegration in deionised water. The
93 properties of birch pulp were determined in a previous study (Liimatainen et al.
94 2011). The cellulose, xylan and glukomannan contents of the pulp were 74.8%,
95 23.6% and 1.1%, respectively. The 2,2,6,6-tetramethylpiperidiny-1-oxy radical
96 (TEMPO), sodium bromide and sodium hypochlorite solution (NaClO, 15 wt%)
97 were obtained from Sigma–Aldrich (Finland).

98

99 **Preparation of TEMPO-oxidised CNFs (TO-CNFs)**

100 The cellulose pulp was subjected to TEMPO-mediated oxidation, mechanical
101 delamination treatment and purification. The TEMPO-mediated oxidation was
102 performed as previously described [26]. In the present study, 10 mmol NaClO per
103 gram of pulp fibre was used to achieve a charge density of 1.0 mmol/g. After the
104 oxidation and washing with water (until the conductivity of the filtrate was already
105 below 20 $\mu\text{S}/\text{cm}$), a suspension with a 0.6% dry-matter content was prepared and
106 was delaminated via probe sonication for 1 h (Heilscher UP 400s, 0.5 s power
107 discharge and 0.5 s pause, 60% amplitude and 22 mm probe tip diameter) to obtain

108 TO-CNFs. To remove the larger fibres and metal dust generated from the sonication
109 probe and to obtain an aqueous TO-CNF suspension, the sample was centrifuged at
110 8,000 rpm for 10 min.

111 **Preparation of TO-CNF films**

112 TO-CNF films were prepared via casting. The TO-CNF suspension was degassed
113 overnight using vacuum and was then poured into a polystyrene Petri dish and dried
114 with 50% humidity at room temperature for more than 1 week. The obtained self-
115 standing TO-CNF films were heat-treated in an oven for 3 h at 100°C, 150°C and
116 200°C, respectively. The thicknesses of the TO-CNF films (reference non-treated
117 TO-CNF film and TO-CNF films heat-treated at 100°C, 150°C and 200°C,
118 respectively) measured via scanning electron microscopy were 27.7, 28.2, 27.6 and
119 28.1 μm , respectively.

120 **Characterisation of the TO-CNF films**

121 *Colorimeter*

122 The colour of the TO-CNF films was measured with a spectrophotometer
123 (Lorentzen & Wettre Elrepho 070) under a D65 light source. The colour analysis
124 was based on the CIE 1976 $L^*a^*b^*$ (CIELAB) colour space. The colour was
125 defined by the parameters L^* = lightness (or clarity) of the colour ($L^* = 0$ yields
126 black and $L^* = 100$ white), a^* = position between magenta and green (green
127 indicates negative values and magenta positive) and b^* = position between yellow
128 and blue (blue indicates negative values and yellow positive). The colour difference
129 ΔE between two colour stimuli was calculated as the Euclidean distance between
130 the points representing them in the $L^*a^*b^*$ colour space (Pakharenko et al 2021;
131 Matsuo et al. 2012). The values of ΔE between 0.5 and 1 in colour difference can
132 already be perceived by the human eye. The total colour differences ΔE_{ab}^* were

133 calculated using the following formulas:

$$134 \quad \Delta E_{ab}^* = \sqrt{\Delta L^{*2} + \Delta a^{*2} + \Delta b^{*2}}, \quad (1)$$

135

136 where $\Delta L^* = L^* - L_0^*$, $\Delta a^* = a^* - a_0^*$ and $\Delta b^* = b^* - b_0^*$. L^* is a lightness, and
137 a^* and b^* are colour coordinates under the testing conditions. L_0 is the reference
138 value of the lightness and a_0 and b_0 are the reference values of the colour
139 coordinates, respectively.

140 *Spectroscopic photometry*

141 The optical properties of any material can be described by the complex refractive
142 index,

$$143 \quad N(\lambda) = n(\lambda) - ik(\lambda), \quad (2)$$

144 where λ is the wavelength, k is the extinction coefficient and n is the real refractive
145 index. The refractive index is defined as the speed of light in a vacuum divided by
146 the speed in the medium. The extinction coefficient (imaginary part) is therefore
147 described as the reciprocal damping of the oscillation amplitude of the incident
148 electric field in the medium (Jackson 1998). The complex refractive index was
149 determined as the absolute (400–1,000 nm) unpolarised reflectance $R_0(\lambda)$ and
150 transmission $T_0(\lambda)$ spectrally resolved from the TO-CNF films using a Jasco V-
151 670 with an ARMN-735 absolute-reflectance measurement accessory, at a 5° angle
152 of incidence. In mathematical form, this is expressed as

$$153 \quad R_0 = \frac{(n_0 - n_s)^2 + k^2}{(n_0 + n_s)^2 + k^2} \quad (3)$$

154 and

$$155 \quad T_0 = \frac{4\sqrt{n_s^2 + k^2}}{(1 + n_s)^2 + k^2}, \quad (4)$$

156 where n_0 is the refractive index of the medium, n_s is the refractive index of the film

157 and κ is the extinction coefficient of the film. Generalising this result to the bulk
158 sample polarised reflectance and transmittance R_s and T_s can be defined as
159 shown below

$$160 \quad R_s = R_0 + \frac{T_0^2 R_0 T_v^2}{1 - R_0^2 T_v^2} \quad (5)$$

161 and

$$162 \quad T_s = \frac{T_0^2 T_v}{1 - R_0^2 T_v^2} \quad (6)$$

163 where T_v is the transmittance through the volume. Then T_v can be expressed as

$$164 \quad T_v = \exp(-4kd/\lambda), \quad (7)$$

165 where d is the thickness of the film. Using the spectrally resolved bulk sample
166 reflectance and transmission, we estimated the (n, k) model parameters as a function
167 of the wavelength using least-squares fitting to solve the complex refractive index
168 of the film (Macleod 2021; Nilsson 1968).

169

170 *Polarimeter*

171 The retardance (δ) is a measure of the phase shifts when linearly polarised
172 components of light pass through a material. The linear retardance of the TO-CNF
173 films in this study was determined using an Axoscan Mueller matrix polarimeter
174 (Axometrics, USA). The spectra (400–800 nm) were measured at 1.0 nm intervals.
175 The polarisation properties of the TO-CNF films were obtained from the
176 decomposition analysis of the Muller matrix measured by a dual-rotating retarder
177 system, and the polarisation property images were obtained by moving the sample
178 through an XY motor stage (range: 200x200 mm; resolution: 1 mm). The
179 birefringence (Δn) optically anisotropic film is obtained from the expression

180
$$\Delta n(n_o - n_e) = (\delta \cdot \lambda) / ((2\pi \cdot d)), \quad (8)$$

181 where δ is the retardance, λ is the wavelength, n_o is the ordinary refractive index, n_e
182 is the extraordinary refractive index and d is the film thickness (Smith 2002).

183

184 *Transmission electron microscopy (TEM)*

185 The morphological features of TEMPO oxidized CNFs (TO-CNFs) were observed
186 by transmission electron microscope (TEM, JEOL JEM-2200FS, Japan).
187 Preparation of the samples was performed by first adding a small droplet of 0.003
188 to 0.005 wt% nanocellulose suspension on the top of carbon-coated copper grid.
189 After setting for one minute, the sample was absorbed by a small piece of filter
190 paper, the sample left on the grid was negatively stained with uranyl acetate (2%
191 w/v) for 1 min. The staining agent was then removed again by filter paper. The
192 standard conditions with 200 kV were used during the TEM analysis.

193 *Field emission scanning electron microscopy (FESEM)*

194 The FESEM images of the films were obtained using a field emission scanning
195 electron microscope (Zeiss Sigma HD VP, Oberkochen, Germany) at a 0.5 kV
196 acceleration voltage. All the samples were sputtered with platinum before
197 observation.

198 *X-ray diffraction (XRD)*

199 The XRD patterns of the samples were recorded using a Rigaku SmartLab 9 kW
200 XRD machine. The analysis involved the following parameters: $K\alpha$ radiation ($K_{\alpha 1}$
201 = 1.78892 Å; $K_{\alpha 2}$ = 1.79278 Å; $K_{\alpha 1}/K_{\alpha 2}$ = 0.5) and a scan rate of 3°/min between
202 10° and 50° 2 θ and 0.02°/step size. The crystallinity index (C_{rl} , %) was calculated
203 as shown below.

204
$$C_{rl}(\%) = \frac{I_{200} - I_{am}}{I_{200}} 100, \quad (9)$$

205 where I_{200} is the maximum intensity of the principal peak and I_{am} is the intensity of
206 the diffraction attributed to non-crystalline cellulose.

207

208 *Diffuse reflectance infrared Fourier transform (DRIFT) spectroscopy*

209 Chemical characterisation of the films was carried out using DRIFT spectroscopy.

210 The spectra were recorded on a Bruker Vertex 80v spectrometer (USA) in the 800–

211 4,000 cm^{-1} range with a 2 cm^{-1} resolution.

212 *Thermogravimetric analysis (TGA)*

213 TGA was performed using a thermal analyser (TA Instruments SDT 2960) under

214 nitrogen flow with a constant rate of 60 mL min^{-1} . Each measurement was

215 conducted from 30 to 1,000°C at a scanning rate of 10 K/min.

216 *Mechanical properties*

217 The mechanical properties (tensile strength, elongation at break and Young's

218 modulus) of the TO-CNF films were determined using a universal testing machine

219 (Zwick D0724587, Switzerland) equipped with a 1 kN load cell. The Young's

220 modulus was obtained by determining the slope of the tensile strength–strain

221 curves. All the samples were cut into 5-mm-wide strips and were placed at $23 \pm$

222 1°C with a relative humidity of $50 \pm 2\%$ for at least 24 h. The thickness of each

223 specimen was determined using a precision thickness gauge (Hanatek, FT3, St.

224 Leonards-on-Sea, UK), with the average value obtained from three random

225 locations on the sample strip. For the TO-CNF film heat-treated at 200°C, the

226 average thickness of the film before heat treatment was chosen because of the small

227 bubbles that were found on the film surface after 200°C heating. The initial grip

228 separation of the machine was set at 20 mm, and the specimens were tested at a

229 constant crosshead speed of 5 mm/min. At least five specimens were tested, and the

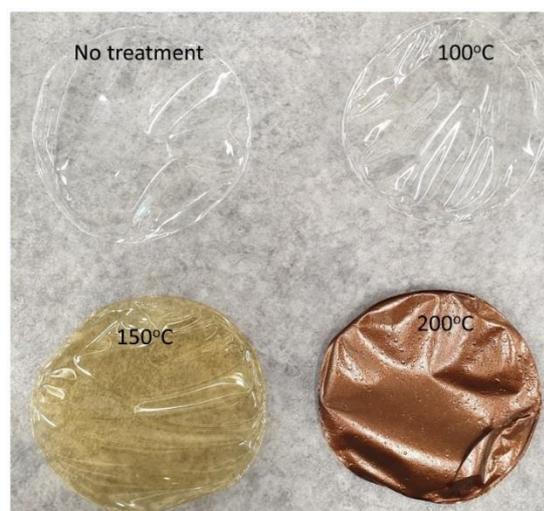
230 average value obtained was reported.

231

232 **Results**

233 **Colour changes in the thermally modified TO-CNF films**

234 Fig. 1 presents the original, untreated TO-CNF film (reference) and the films heat-
235 treated at 100°C, 150°C and 200°C, respectively, in an oven.



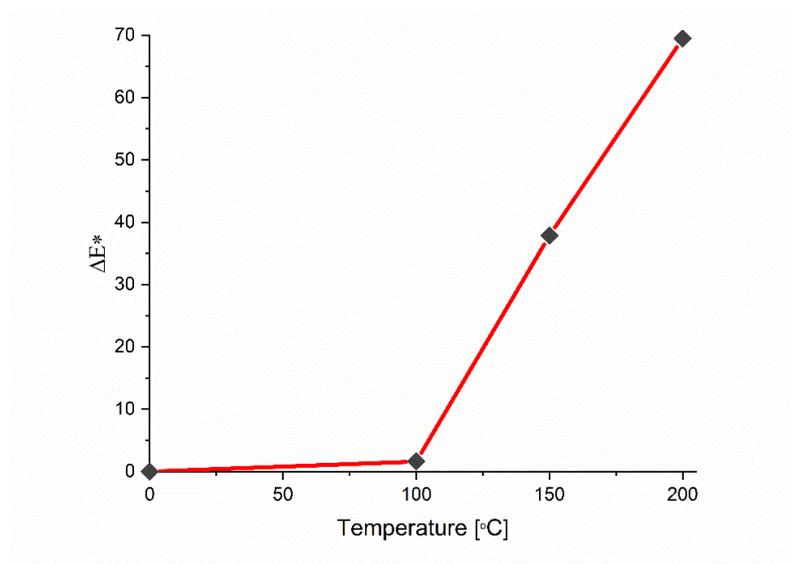
236

237 Fig. 1. Reference and heat-treated TO-CNF films (100, 150, 200°C) with 3 h
238 treatment time.

239

240 The alteration of the visual appearance of the films heat-treated at 150 and 200°C
241 was clearly perceived with the naked eye, and the colour of the films changed from
242 transparent to light brown as the heat treatment temperature increased. The yellow
243 or brown film discolouration provided a near-complete UV-blocking ability (Yang
244 et al. 2019). Fig. 2 shows the changes in the total colour difference (ΔE^*) of the
245 films. The ΔE^* values of the samples heat-treated for 3 h at 100°C, 150°C and 200°C
246 were 1.6, 37.8 and 69.4, respectively; that is, the ΔE^* value showed a nonlinear

247 dependence of the heat treatment temperature, and indicated only minor changes
248 below 100°C, but notable discolouration was observed at above 150°C.



249

250 Fig. 2. Changes in total colour difference (ΔE^*) of the reference and heat-treated
251 TO-CNF films as a function of treatment temperature.

252

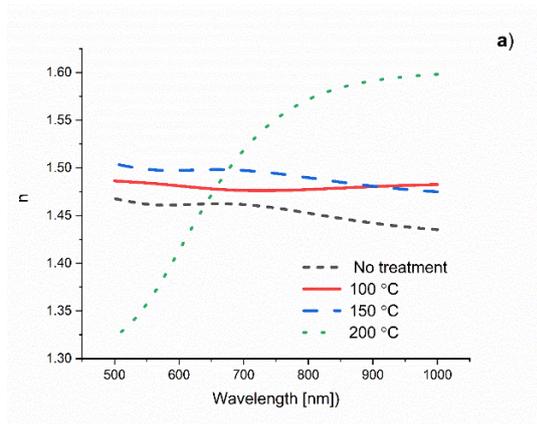
253 Previously, thin CNF films produced using only mechanical treatment had ΔE^*
254 values of 6.1, 6.6, 7.3 and 10.5 at 80°C, 120°C, 160°C and 190°C (calculated from
255 the figure), respectively ([Pakharenko et al. 2021](#)). Therefore, the TO-CNFs in the
256 current work (charge density: 1.0 mmol/g) were significantly more prone to thermal
257 discolouration. The oxidised groups in cellulose (i.e. CO and COOH) have been
258 generally noted to promote yellowing. In particular, carbonyl groups initiate the
259 formation of chromophores, which are formed later, upon yellowing. Carboxyl
260 groups in turn have a strong synergetic role when carbonyl groups are present, and
261 they promote acidic catalysis and additional activation by electronic effects (Ahn et
262 al. 2019). Especially, the C2 and C3 ketones and aldehyde groups that can be
263 formed due to side reactions have been previously reported to cause brown
264 discolouration for the TEMPO-oxidised nanocellulose (Isogai et al. 2010).

265 **Complex refractive index of the thermally modified TO-CNF films**

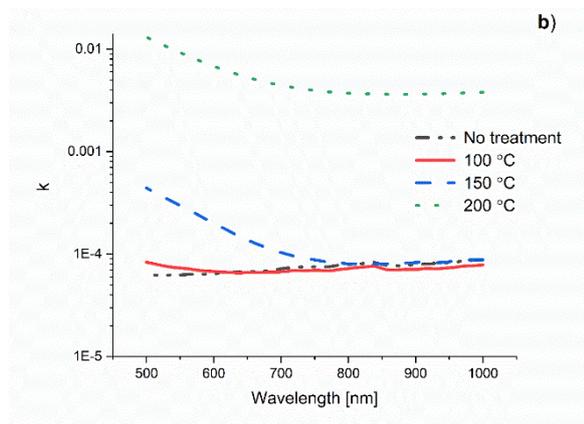
266 The influence of heat treatment on the complex refractive index of the TO-
267 CNF films as a function of wavelength is shown in Fig. 3. Fig 3a presents the real
268 effective refractive index spectra of the film samples. The refractive index of
269 untreated CNF had not been previously reported as a function of wavelength; only
270 the value of a single 785 nm wavelength was available, giving a refractive index of
271 1.458 (Reid et al. 2016). The refractive index estimate obtained by our method
272 was $n_{785} = 1.454$, matching the literature value very well.

273

274



275



276

277 Fig. 3. Real (a) and imaginary (b) parts of the complex refractive indices of the
278 reference and heat-treated TO-CNF films.

279

280 The magnitude of the real refractive indices of all the TO-CNF films slightly
281 decreased or stayed at a constant level as a function of the wavelength of light,
282 except that of the film heat-treated at 200°C (Fig. 3a). This behaviour is attributed
283 to the absorption of the Vis part of incident light for the dark film interface. Hence,
284 in such a case, the light reflection usually becomes weak. The effective refractive
285 indices of the thermally modified TO-CNF films increased as a function of the
286 treatment temperature (Fig 3a). According to these results, the values of the
287 ordinary refractive indices increased with a decrement in the extraordinary
288 refractive index values as the temperature increased.

289 The same phenomenon was observed earlier for heat-treated pinewood
290 (Niskanen et al. 2012). The refractive indices of original Scots pine and thermally
291 modified wood treated at 180°C, 200°C and 230°C were 1.553, 1.557, 1.587 and
292 1.596 at 589 nm, respectively, as obtained using the liquid immersion technique.
293 The refractive index of Scots pine treated at 230°C approached the maximum
294 ordinary refractive index of cellulose (i.e. 1.596 at 589 nm). Similarly, the highest
295 heat treatment (200°C) of the TO-CNF film resulted in a refractive index of 1.598
296 at 1,000 nm.

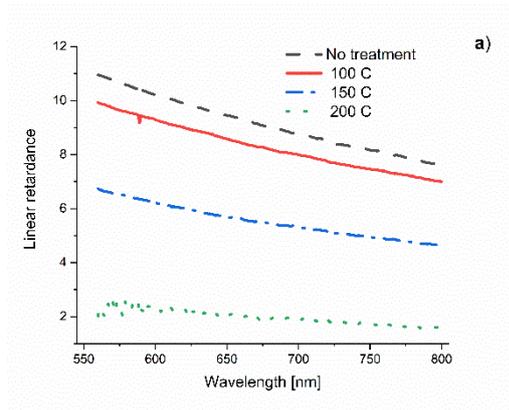
297 The behaviour of the imaginary part of the complex refractive index curves
298 is shown in Fig. 3b as a function of the wavelength. Significant values of the
299 imaginary part of the complex refractive index were observed only at the higher
300 heat treatment temperatures (150°C and 200°C). The reference (untreated) film and
301 the film heat-treated at 100°C had the imaginary part of the refractive index of about
302 0.0001, without large wavelength dependence. For films, extinction coefficients
303 below 0.0001 are generally considered negligible, and low values of the imaginary
304 component of the complex refractive index correspond to high optical transparency.

305

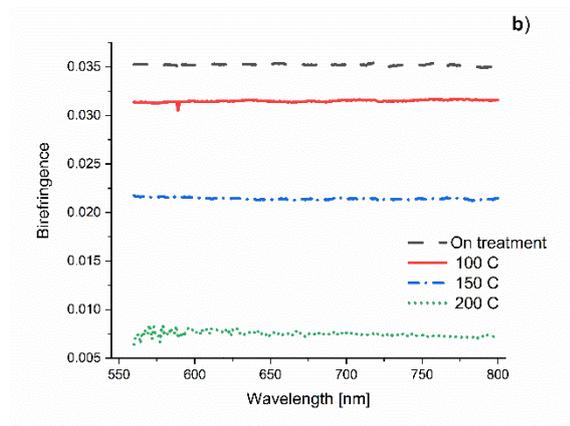
306 **Birefringence of the thermally modified TO-CNF films**

307 Fig. 4 shows the spectral dispersion curves of linear retardance and birefringence
308 (Δn) obtained using optical anisotropy. The birefringence decreased with increasing
309 heat treatment temperatures. The birefringence of optically anisotropic materials
310 such as cellulose is considered a measure of the relative area occupied by non-
311 crystalline and crystalline regions (Uetani et al. 2019). The decreasing birefringence
312 with the increase in heat treatment temperature indicating that the birefringence has
313 disappeared. As a result, the structure of CNF has been started to degrade. This
314 influences the mechanical properties of the CNF (Manaf et al. 2016). The
315 birefringence provides information about the whole molecular structure of cellulose
316 whereas XRD mainly provides orientation information about the crystals (Uetani et
317 al. 2019). The birefringence of cellulose measured from bacterial CNF films was
318 previously reported to range from 0.047 to 0.090 (Uetani et al. 2019) depending on
319 the differences in the treatment, state of purity, source, wavelength, measurement
320 temperature and measurement method used. In the present study, the level of
321 birefringence was slightly lower and decreased from approx. 0.035 (reference) to
322 0.075 at the highest heat treatment temperature. Degushi et al. investigated the
323 birefringence of the water suspension of cellulose fibres using an ellipsometer
324 (Degushi et al. 2006). They observed that the birefringence of cellulose is
325 completely lost at 330°C and at a constant pressure of 25 MPa.

326



327



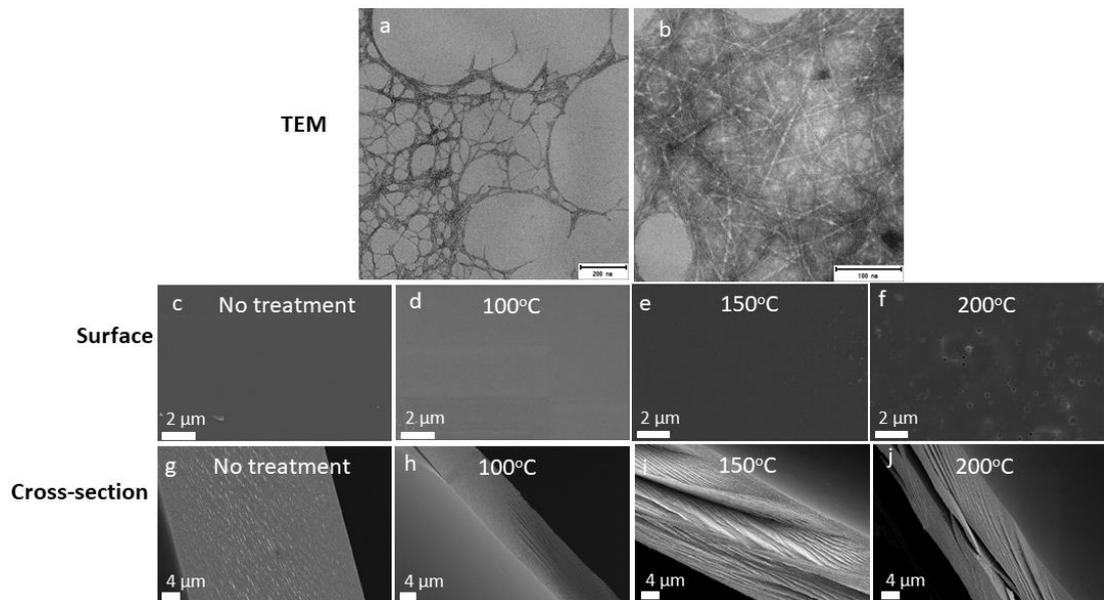
328 Fig 4. (a) Linear retardance and (b) birefringence of the reference and heat-treated
329 TO-CNF films as a function of the wavelength.

330

331 **Microstructure of the TO-CNF films**

332 Fig. 5 shows the TEM image of TO-CNFs and FESEM images of original TO-CNF
333 and thermal treated TO-CNF films. TO-CNFs are flexible and elongated nanofibrils
334 with an average length ranging from 172 to 958 nm and a width of 5 ± 2 nm. Both
335 the reference (untreated) film and the films heat-treated at 100°C and 150°C,
336 respectively, had a smooth and non-porous surface while small particles and holes
337 were observed on the surface of the film heat-treated at 200°C. These micro- and
338 nano-sized holes probably appeared as a result of the agglomeration of nano-sized
339 cavities between the cellulose molecular chains (Barbash et al. 2016). Moreover,
340 crevices appeared in the cross-section areas and became larger with higher

341 temperature, indicating notable changes in the microstructure of the nanofibre
342 network.



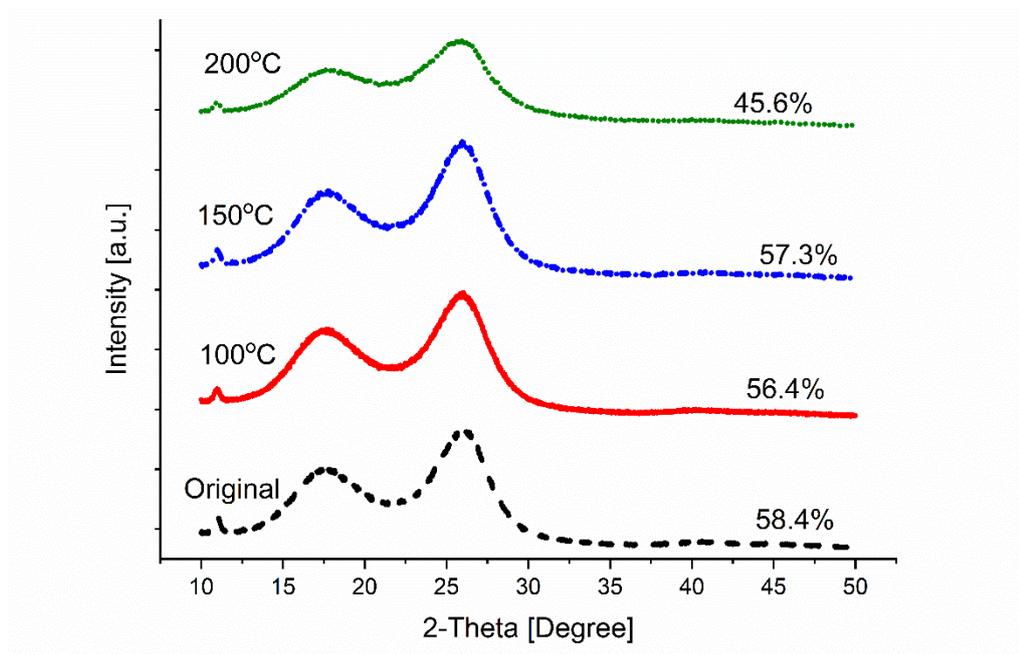
343
344 Fig. 5. TEM image of the reference TO-CNF and FESEM images of the surfaces
345 (a–d) and cross-sectional areas (e–h) of the reference and heat-treated TO-CNF
346 films.

347

348 **Crystalline structure of the thermally modified TO-CNF films**

349 Crystallinity has a significant effect on the physical, optical and mechanical
350 properties of cellulose materials. Fig. 6 depicts the XRD patterns of the films treated
351 at different temperatures in this study. All the films displayed typical cellulose I
352 peaks, with the main 2θ diffraction angles at approximately 18.5 and 26° (Co $K\alpha$
353 radiation source) (Selkälä et al. 2016). The results indicated that the crystalline form
354 (allomorph) of the cellulose remained unchanged during the heat treatment. For the
355 films heat-treated at 100°C and 150°C , their crystallinity indices (C_{rl}) decreased
356 only slightly, indicating high crystalline ordering and good stability. However, for
357 the film heat-treated at 200°C , the C_{rl} decreased dramatically (from 58.4 to 45.6%),

358 which was associated with the degradation of the molecular ordering and polymeric
359 structure of cellulose.



360

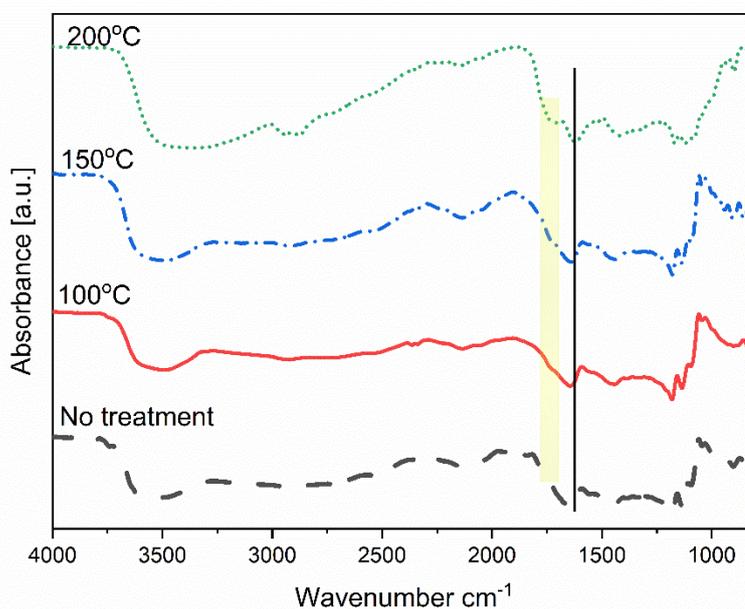
361 Fig. 6. X-ray diffractograms and crystallinity indices of the reference and heat-
362 treated TO-CNF films.

363

364 **Chemical analysis of the thermally modified TO-CNF films**

365 Fig. 7 shows the DRIFT spectra of the TO-CNF films in this study. All the DRIFT
366 spectra of the TO-CNF films showed the typical characteristic of cellulose and
367 similar chemical structures. The absorption peaks in the region between 3,350 and
368 3,740 cm^{-1} were O–H stretching vibrations. The peaks at around 2,903 cm^{-1} were
369 associated with C–H stretching vibrations. Notably, the peak at around 1,640 cm^{-1}
370 was the characteristic of the sodium carboxylate group originating from the
371 TEMPO-mediated oxidation. This peak shifted to a lower wavenumber value with
372 a higher heat treatment temperature, which was probably related to the formation
373 of intra- and interfibrillar hydrogen bonds promoted by the heat treatment (Abral et
374 al. 2020). Additionally, a new band at around 1,740 cm^{-1} appeared as the treatment

375 temperature increased, which was probably ascribed to the carbonyl bonds in
376 chromophore groups formed during the heat treatment (Barbash et al. 2016).



377

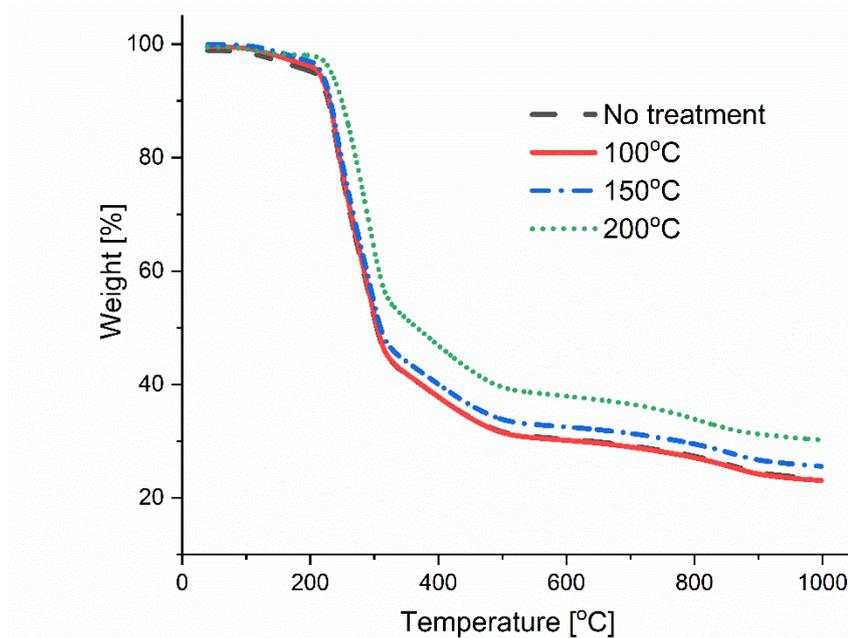
378 Fig. 7. DRIFT spectra of the reference and heat-treated TO-CNF films.

379

380 Thermogravimetric analysis of the thermally modified TO-CNF films

381 The results of the thermogravimetric analysis of the heat-treated films are shown in
382 Fig. 8. All the films exhibited the typical three weight loss stages of nanocellulosic
383 materials. The weights of all the samples that were heat-treated at temperatures
384 under 200°C decreased slightly due to the evaporation of the absorbed water. As
385 expected, this water loss decreased as a function of the heat treatment temperature
386 because of the reduction of the residual water in the films. The second weight
387 corresponding to the thermal degradation of the sodium carboxylates started at
388 approximately 200°C. Moreover, it can be noted that the film heat-treated at 200°C
389 showed a higher thermal degradation point compared to the untreated film. Due to
390 the thermal-oxidative decomposition of the char, a third weight loss was observed
391 when the temperature was higher than 300°C (Zhao et al. 2013). Additionally, the

392 amount of char at 1,000°C was 23.3% for the untreated film, 23% for the film heat-
393 treated at 100°C, 25.6% for the film heat-treated at 150°C and 30.2% for the film
394 heat-treated at 200°C. The higher amounts of char in the heat-treated films were
395 reasonable because the weight loss or decomposition of the films already happened
396 during the heat treatment, before the TG measurement. The temperatures at the
397 maximum weight losses of the reference film and the films heat-treated at 100°C,
398 150°C and 200°C were determined to be 241.2°C, 241.6°C, 241.9°C and 294.1°C,
399 respectively. The higher thermal stability of the sample heat-treated at 200°C can
400 be related to its lower crystallinity, which produces a slow heat transfer ability
401 (Yildirim and Shaler 2017).



402

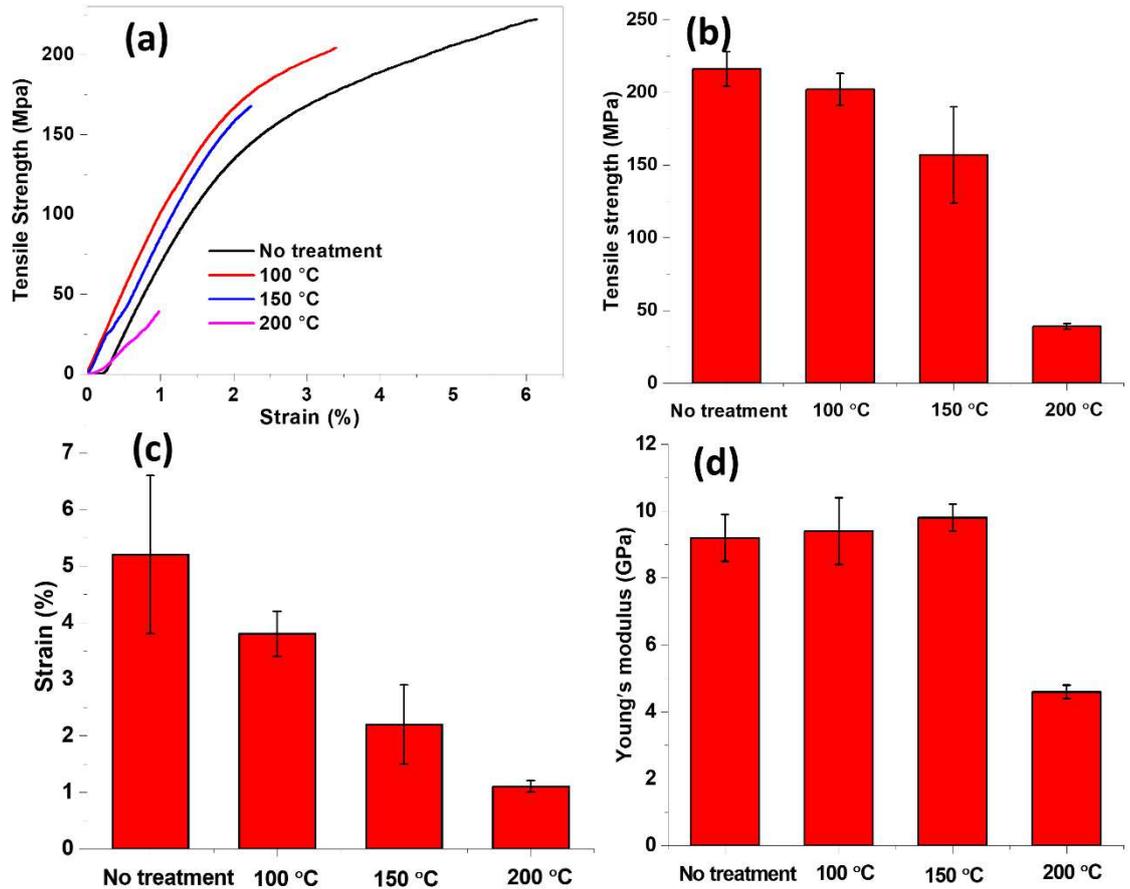
403 Fig. 8. Weight losses of the reference and heat-treated TO-CNF films.

404

405 **Mechanical properties of the thermally modified TO-CNF films**

406 The mechanical properties of the TO-CNF films in this study, as measured with the
407 universal testing machine, are presented in Fig. 9. All the TO-CNF films except the
408 film heat-treated at 200°C were easy to handle and flexible when bent. Both the

409 tensile strength and the strain displayed a gradual decrease as a function of the heat
 410 treatment temperature, already starting at 100°C. However, the decreases in strength
 411 and elongation were small only at 100°C, when the tensile strength was still > 200
 412 MPa and the strain > 3.5%. At the higher temperatures, the decreases in strength
 413 and strain were notable.



414
 415 Fig. 9 (a) Typical tensile strength–strain curves and tensile strength (b), strain (c)
 416 and (d) Young's modulus of the TO-CNF films heat-treated at different
 417 temperatures.

418

419 The Young's modulus, in turn, showed a slight increase as a function of the
 420 treatment temperature (from 9.2 to 9.8 GPa) until 200°C. This increase in stiffness
 421 can be attributed to the formation of intra- and interfibrillar hydrogen and carbonyl
 422 bonds due to the heat treatment (Fig. 7). The TO-CNF film heat-treated at 200°C

423 had some small bubbles on its surface, and the film became more brittle and easier
424 to break. Thus, the mechanical properties of the film heat-treated at 200°C dropped
425 dramatically, and the tensile strength was only 39 ± 2 MPa (82% decrease compared
426 to the reference film), the strain was $1.1 \pm 0.1\%$ (79% decrease) and the Young's
427 modulus was 4.6 ± 0.2 GPa (50% decrease). The reduction of the mechanical
428 properties at the higher temperatures was mainly attributed to the decrease in the
429 degree of polymerisation of TO-CNF and to the destruction of the TO-CNF's
430 crystalline structure (Yang et al. 2019), which both decreased the mechanical
431 strength of the individual nanofibres.

432

433

434 **Conclusion**

435 The role of thermal stress in the molecular structure of cellulose and nanocellulose
436 is well known and reported in the literature. However, a basic understanding of the
437 optical characteristics of nanocellulose films at elevated temperatures is lacking
438 despite the fact that these are crucial properties in many applications. In the present
439 study, the effects of thermal treatment on the optical, structural and mechanical
440 properties of TO-CNF films were assessed.

441 The TO-CNF films were colourless at the low heat treatment temperatures (<
442 100°C), but significant discolouration was noted at the higher temperatures (>
443 100°C). The heat-treated films also showed a significant increase in refractive
444 index. This could have been due to the disappearance of the birefringence of CNF
445 when the temperature increased. The films heat-treated at high temperatures
446 presented lower weight loss in the TG analysis, especially the films heat-treated at
447 200°C, but also had a significant decrease in crystallinity. Also, the heat treatment

448 temperature ($> 150^{\circ}\text{C}$) caused a notable decrease in the mechanical strength of the
449 TO-CNF films, and made the films brittle. These factors may limit the suitability
450 of the TO-CNF films for applications, and are presumably affected by the oxidised
451 groups in cellulose (i.e. CO and COOH) formed during TEMPO treatment. Our
452 results provide a deeper understanding of the mechanisms of CNF restructuring
453 after the heat treatment process, and their impact on the optical and mechanical
454 properties of TO-CNF films.

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457 **Ethics declarations**

458 **Human and animal rights** This article does not contain any studies with human
459 participants or animals performed by any of the authors.

460 **Conflict of interest** The authors declare that they have no conflict of interest.

461 **Availability of data and materials** Yes.

462 **References**

463

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