

long-term results after the one-stage posterior-only surgical correction of thoraco-lumbar kyphoscoliosis in congenital spine deformity caused by two ipsilateral hemi-vertebrae

Xuhong Xue

The Second Hospital of Shanxi Medical University <https://orcid.org/0000-0003-2204-3039>

Sheng Zhao (✉ zhaosheng0807@163.com)

The Second Hospital of Shanxi Medical University

Feng Miao

The second hospital of Shanxi medical university

Kai Li

The second hospital of Shanxi medical university

Bin Zhao

The second hospital of Shanxi medical university

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Abstract

Background

Two ipsilateral hemivertebrae is less common and presents severe growth imbalance produced by the vertebral anomalies. However, there is a paucity of reports regarding this double ipsilateral thoracolumbar hemivertebrae. The purpose was to evaluate the long-term outcomes of the one-stage posterior-only surgical correction of thoraco-lumbar kyphoscoliosis caused by two ipsilateral hemi-vertebrae.

Methods

From 2006 to 2014, a total of 14 consecutive pediatric patients with congenital thoraco-lumbar kyphoscoliosis due to two ipsilateral hemivertebrae were treated by posterior excision of hemivertebrae with short segment fusion. The following parameters were measured: coronal segmental curve, cranial and caudal compensatory curve, segmental kyphosis, lumbar lordosis, trunk shift, apical vertebra translation and sagittal vertical axis. These results were compared and evaluated in preoperative, immediately postoperative and at the final follow-up. All patients had a minimum of 5 years of follow-up period.

Results

The mean age at surgery was 11.1 ± 4.8 years (2yos to 17yos). The mean follow-up period was 80.2 ± 19.4 months (60mons to 117mons). There was a mean improvement of 74.2% in the segmental curve from a mean angle of 64.1° before surgery to 15.8° at the latest follow-up. The cranial and caudal curve improved of 69.8% and 69.0% from 25.6° to 7.7° , 26.9 to 8.2 , respectively. The mean thoracolumbar kyphosis was 59.9° before and 13.6° after surgery, 20.8° at the final follow-up. Alignment in the coronal and sagittal plane was either maintained or improved within normal values in all patients.

Conclusions

Good correction and spinal balance can be achieved by posterior-only hemivertebrectomy in patients with thoracolumbar kyphoscoliosis caused by two ipsilateral hemivertebra. The complication of neurological injury is low but a technically demanding procedure. More attention should be paid in residual curve progression after surgery.

Background

The natural history of congenital scoliosis and kyphosis has been well documented [1, 2]. The type and location of the vertebra deformity determines the severity and prognosis of the congenital spinal abnormalities. Hemivertebra(HV) is the most common cause of congenital scoliosis; especially when the HV is fully segmented or semisegmented, progression of curve is usually unavoidable[3]. According to the report of Bollini G, thoracolumbar HV have a singular behavior; the rate of deterioration of the resulting in scoliosis or kyphosis is more severe in the thoracolumbar region [4]. Main driving force for the scoliosis is the severe growth imbalance produced by the vertebral anomalies.

Two ipsilateral HV are not common but have a much worse prognosis. The hemivertebrae are usually separated by normal vertebrae. Full segmental HV means the absence of four growth plates on concave side of the curvature, resulting in much greater growth imbalance. Prior study suggested that kyphoscoliosis due to anterolateral unsegmented bar combined with posterolateral quadrant HV progress at 5° per year until the age of 10 and 10° thereafter[5]. McMaster et al had reported the natural history of thoracolumbar HV in patients younger than 5 years old. They found that the main curve progression varied from 41° to 148° during a mean 4-years follow-up [1]. Most importantly, most of the patients had progressive kyphosis in thoracolumbar junction, which always lead to neurological deficits [6]. Therefore, all of them require surgical treatment to balance the growth of the spine at early stage, avoiding further severe kyphoscoliosis.

There are various types of surgical procedures in the treatment of congenital kyphoscoliosis. Combined anterior and posterior convex hemiepiphysiodesis, excision of HV via posterior or anterior-posterior fusion techniques have been used extensively [7, 8]. However, the surgical treatment for severe spinal deformities in children is extremely challenging. In-situ fusion or hemiepiphysiodesis at smaller ages can slow down or arrest the growth, achieving limited correction rates [9]. The definitive treatment of the congenital kyphoscoliosis caused by HV should include removal of HV. Recently, HV excision via posterior approach or single level apical osteotomy in pediatrics has been reported as the choice of treatment with successful results [10–12].

There is a paucity of report regarding to congenital kyphoscoliosis caused by two ipsilateral HV. The aim of this study is to evaluate the long-term outcomes of the one-stage posterior-only surgical correction of thoraco-lumbar kyphoscoliosis caused by two ipsilateral hemi-vertebrae.

Methods

This retrospective study was approved by the Ethics Committee of our Hospital. From 2006 to 2014, we identified all patients with the diagnosis of congenital thoracolumbar kyphoscoliosis, among of these patients who had two ipsilateral HV were reviewed from our database. The thoracolumbar region was defined as range from T10 to L2. Of all, fourteen consecutive patients were included with a follow-up of at least five years.

Demographic data were recorded including sex, age, height, body weight and Risser sign. In addition to the radiological data, inpatient and outpatient records were reviewed. Preoperative evaluation included a thorough neurologic examination, full length anteroposterior and lateral radiographs. 3-dimensional CT in entire spine was performed to detect details of vertebra anomalies, and magnetic resonance imaging is for detecting intraspinal abnormalities and spinal cord compromise. Cardiovascular and urogenital ultrasounds were performed to detect congenital heart and urogenital abnormalities. None of the patients had undergone a prior surgery. No patient had a neurologic deficit.

All radiographs were measured by two attending surgeons independently based on free standing posteroanterior and lateral radiographs taken in preoperatively, immediately after surgery and at the final follow-up. The location and number of the HV, relationship of the adjacent vertebrae (segmented status), coronal segmental curve, cranial and caudal compensatory curve, apex vertebra translation, trunk shift, segmental kyphosis, lumbar lordosis, thoracic kyphosis and SVA were record. The segmental scoliotic and kyphotic curves were measured according to Cobb's method. The trunk shift(TS) was evaluated as the distance between a vertical line drawn from the middle of C7 body to the middle of sacrum, which was related to the pelvis width (the distance between the two points of the iliac crests tangential to the bi-iliac line) and expressed in percentage to avoid effects of radiographic enlargement[13]. Sagittal alignment was measured as the distance between C7 plumb line and the posterior superior corner of S1. These parameters were compared and evaluated in preoperative, immediately postoperative and at the final follow-up.

After surgery, all patients were fitted with a rigid brace to protect the instrumentation for at least three months. All patients were followed up at 1 week, 1 month, 3 month, 6 month, 1 year at postoperatively, and then every year.

Statistics

Pair t-test were used to analyze the difference of coronal segmental curve, cranial and caudal compensatory curve, segmental kyphosis, lumbar lordosis, apex vertebra translation, trunk shift and SVA at pre-operation, post-operation and final follow-up. SPSS version 22.0 (SPSS Inc., Chicago, IL) was used in all statistical analyses. The differences with a P value less than 0.05 were considered as statistically significant.

Results

Of the all patients, there are seven girls and seven boys. The mean age at surgery was 11.1 ± 4.8 (3 to 17) years. The mean follow-up period was 80.2 ± 19.4 (60 to 117) months. One stage posterior hemivertebra resection with unilateral short fusion in patients less than 10 years old was performed (Fig. 1). For patients more than 10 years old, posterior hemivertebrectomy with bilateral instrumentation and fusion were performed. The mean fusion level was 5.2(3 to 8) segments. Of all, there were 6 full segmented and 8 semi-segmented HV, 4 cases with concave unsegmented bar. Three cases associated with HV of other sites, 2 cases with bloc vertebra, and 3 cases with rib anomalies. One case is associated with split spinal cord malformation, presenting as both bony and fiber septum. There was one case with Klippel-Feil syndrome, and one case with Goldenhar syndrome. The demographic data and surgical details could be seen in Table 1.

Table 1
Demographic data, deformity characteristics and surgery details in two ipsilateral hemivertebrae in thoracolumbar region.

Cases	Sex	Age	HV location	Side	Segmentation	Associated congenital deformity	Fixation type	ACR	Operative	Fusion level	Follow-up(month)
1	F	3	T10,12	L	FS	10-11th fused rib	Unilateral	No	T10,12 HVR	T10-L2	60
2	F	4	T10,12	R	SS	9th bifid rib	Bilateral	No	T12 HVR,T10 partial resection	T8-L3	69
3	M	8	T10,11	L	SS	FS:T10-12; SCM; 10-11th fused rib	Unilateral	No	T10,11 HVR	T7-L1	95
4	F	8	T6,11,L1	R	FS	-	Unilateral	No	T11,L1 HVR	T10-L2	84
5	F	7	T11,L1,L4	R	FS	-	Unilateral	No	T11.L1 HVR	T10-L2	67
6	M	9	T11,12	L	FS	-	Bilateral	Yes	T12 HVR	T10-L2	61
7	M	11	L1/2,L2	L	SS	T1-3 vertebra bloc; FS:L1-3	Bilateral	Yes	L1/2 HVR L2 partial resection	T12-L4	103
8	M	13	T11,L1/2	L	FS	-	Bilateral	No	T11, L1/2 HVR	T11-L4	69
9	M	14	T11,12	L	SS	FS:T10-12	Bilateral	No	T11 HVR	T7-L3	103
10	F	15	T8/9,10,L1	L	SS	FS:T8-L2 Klippel-Feil syndrome	Bilateral	No	T8/9,10,L1HVR	T8-L5	61
11	F	15	T12,L1	R	SS	FS:T11-L2	Bilateral	Yes	T12 HVR	T9-L3	117
12	M	17	T11,12	L	SS	FS:T11-L1	Bilateral	Yes	T11,12 HVR	T7-L4	68
13	F	17	T12,L1	R	FS	-	Bilateral	Yes	L1 HVR; T12 partial resection	T10-L4	99
14	M	15	T11,12	R	SS	FS:T10-L1; L3-4 vertebra bloc; Goldenhar syndrome	Bilateral	Yes	T11,12 HVR	T8-L3	67

Notes: HV hemivertebra; R hemivertebra located on right side; L hemivertebra located on left side; FS full segmented; SS semi-segmented; M male; F female; SCM, spinal cord malformation; FS failure of segmentation; HVR hemivertebra resection

General correction results

The mean coronal curve was $64.1 \pm 16.8^\circ$ (40 to 93) before operation, which improved to $17.1 \pm 12.6^\circ$ (4 to 45), $15.8 \pm 11.0^\circ$ (5 to 42) postoperatively and at the final follow-up, with a mean correction of 73.3% and 75.4%. The mean cranial compensatory curve was $25.6 \pm 11.4^\circ$ preoperatively and $7.7 \pm 5.3^\circ$ at the final follow-up, giving a correction of 69.9%. The mean caudal curve was $26.9 \pm 9.3^\circ$ preoperatively and $8.2 \pm 6.1^\circ$ at the final follow-up, giving a correction of 69.5%. The trunk shift was not significant difference between preoperatively and postoperatively, but had significant difference at the final follow-up. The apex vertebra translation (AVT) was improved significantly before and after operation, and kept stable during the follow-up period (Table 2).

Table 2
Radiographic data of patients in coronal and sagittal plane

	Preoperative	Postoperative	Improvement (%)	P value	Final follow-up	Improvement (%)	P value
Coronal plane							
Segmental curve(°)	64.1 ± 16.8	17.1 ± 12.6	75.5	*0.000	15.8 ± 11.0	74.2	*0.000
Cranial curve(°)	25.6 ± 11.4	8.0 ± 6.0	69.2	*0.000	7.7 ± 5.3	69.8	*0.000
Caudal curve(°)	26.9 ± 9.3	6.9 ± 6.3	73.7	*0.000	8.2 ± 6.1	69.0	*0.000
TS(%)#	13.8 ± 12.9	9.4 ± 11.5	31.9	0.295	4.8 ± 5.6	65.2	*0.019
AVT(%)#	34.5 ± 13.1	10.5 ± 7.3	69.6	*0.000	12.3 ± 5.8	64.3	*0.000
Sagittal plane							
Segmental TL kyphosis(°)	59.9 ± 23.2	13.6 ± 9.5	77.3	*0.000	20.8 ± 13.8	65.3	*0.000
Thoracic kyphosis(°)	60.6 ± 15.7	34.6 ± 11.0	42.9	*0.001	42.8 ± 12.5	29.4	*0.001
Lumbar lordosis(°)	65.3 ± 13.1	46.6 ± 9.1	28.6	*0.000	45.8 ± 7.6	29.9	*0.000
SVA(mm)	0.85 ± 1.14	1.0 ± 0.9	-	0.692	0.8 ± 0.9	6.2	0.782
Notes: TS, trunk shift; AVT, apex vertebra translation; TL, thoracolumbar; SVA, sagittal vertebral axis.							
* Means there is statistical significant difference							
# Trunk shift and AVT were related to the pelvis width and expressed in percentage to avoid effects of radiographic enlargement							

The mean segment thoraco-lumbar kyphosis was 59.9 ± 23.2° (42.6 to 100) before and 13.6 ± 9.5° (0 to 30) after surgery, 20.8 ± 13.8° (2 to 46) at the final follow-up. The mean thoracic kyphosis was 60.6 ± 15.7° (28 to 98) before surgery and 42.8 ± 12.5° (23 to 63) at the final follow-up. The mean lumbar lordosis was 65.3 ± 13.1° (46.8 to 96) before surgery and 45.8 ± 7.6° (31 to 59) at the final follow-up. Spinal alignment in the sagittal plane was either maintained or improved in all patients (Table 2).

Complications

One patient presented incomplete neurologic injury in VCR procedure. She had left lower extremity weakness 4/5 and hyperalgesia, which made a recovery completely after two weeks. Rod breakage was found during the follow-up in one patient, which was suggested to observation because of her had no any discomfort. Three patients required additional surgery during follow-up. The reasons and details of additional surgery were summarized in Table 3. These patients were larger and rigid curve in coronal and sagittal plane before the primary surgery. The revision surgeries including PSO or Y-Shape osteotomy were performed and satisfactory outcomes were seen at the latest follow-up (Fig. 2). All patients achieved solid fusion at the latest follow-up.

Table 3
 Details of the three patients with two ipsilateral thoracolumbar hemivertebra in revision surgery

Case	Age /Sex	Abnormality	Segment scoliosis (1st pre-,post-OP 2nd pre-,post-OP at final follow up)	Segment kyphosis (1st pre-,post-OP 2nd pre-,post-OP at final follow up)	Revision reason	Initial surgery	Duration time(mo)	Revision surgery	Final F/U(mo)
1	4/F	T10,12 HV(FS)	91.0°-36.0° 51.4°-30.0° 27.4°	50.0°-3.0° 7.1°-10.0° 4.0°	Residual scoliosis progression in proximal region; incomplete resection of T10 HV	T10,12 HV resection T8-L2 convex fusion	33	T10 radical resection with T8-L2 fusion	69
2	7/F	T11,L1 HV(FS); L4 HV(SS)	93.3°-41.0° 57.3°-13.7° 15.3°	77.6°-13.0° 36.0°-18.0° 20.2°	Residual scoliosis progression,PJK and L2 pedicle screw plowed; too short fusion level and T11 incomplete resection	T11,L1 HV resection T10-L2 convex fusion	38	L2 Y-Shape osteotomy with T8-L5 fusion	67
3	13/M	T11 BF and wedge vertebra L1/2 HV(FS)	73.6°-17.9° 43.2°-17.6° 15.7°	41.8°-8.5° 55.4°-12.7° 13.1°	Residual scoliosis progression and PJK;T11 asymmetric growth	L1/2 HV resection T11-L4 fusion	28	T11 PSO with T8-L5 fusion	69
Notes: F female; M male; HV hemivertebra; BF butterfly vertebra; FS full segmentation; SS semi-segmentation; PJK proximal junction kyphosis.									

Discussion

As increasing of growth imbalance caused by hemivertebrae, progression of the curves in coronal and sagittal plane are rapid and relentless [2]. Meanwhile, rotation and translation of apical vertebra were also common and inevitable. The development of a curve is variable depending on the type and site of anomaly, as well as the growth potential of the deformed vertebra. In addition, the rate of deterioration is not uniform and becomes more severe during the growth spurt. After skeletal maturity, severe curves may continue to deteriorate slowly due to misalignment of the spine or the secondary degenerative changes [14]. Previous study has reported that kyphoscoliosis in the thoracolumbar junction often have bad prognosis if no proper intervention were performed [15]. For patients with posterior-lateral double ipsilateral thoracolumbar HV, although this condition is less common, paraplegia is a far greater risk. Besides progressive kyphosis, these vertebral abnormalities may also lead to frontal plane curve and resulted in kyphoscoliosis. Other than the risk of spinal cord compression in apex vertebra site of scoliosis or kyphosis, it produces a compensatory lumbar hyperlordosis causing low back pain. Therefore, surgical treatment usually was required at the early age to prevent further severe deformity.

In spite of the developments by leaps and bounds in spinal surgical technologies in three decades, the surgery of congenital scoliosis due to HV is still controversial. Excision of the HV addresses the deformity directly and allows reliable correction immediately in very young patients. Satisfactory correction and restoration of balance can be achieved [16]. Generally speaking, severe global imbalance is not common if curve located in the thoracolumbar spine. Because of the compensatory space was enough in coronal plane (cranial and caudal) and sagittal plane (thoracic kyphosis and lumbar lordosis). In present study, posterior hemivertebrectomy with unilateral short fusion in patients less than 10 years old were performed. The aim is to preserve vertebral growth potential on the concavity, making for further correction of deformity as spine growth. As for unilateral fusion, previous studies had indicated it was effective and safe for very young children at long-term follow-up [17]. Excision of HV removes the primary cause of the scoliosis, which can achieve immediately good correction. However, for patients more than 10 years old, the curve is stiffer in late adolescent than juvenile; larger gap closure force after HV resection requires solid fixation. Therefore, bilateral transpedicular screw fixation and fusion are indispensable for these patients. Our results showed that correction rate of the major scoliotic and kyphotic curve were 74.2% and 65.3% respectively, which is similar to previously reported results for HV excision [4, 7, 10].

One concern is coronal decompensation after excision of thoraco-lumbar hemivertebra with short fusion. A large series reported by Li, et al showed that the overall rate of coronal decompensation is approximately 10.1%, which including 179 cases in children younger than 5 years. Preoperative lower instrumented vertebra (LIV) translation and postoperative LIV disc angle were identified as two independent risk factors [18]. In our study, there are two cases presented the coronal decompensation. We think too short fusion segment and incomplete excision of proximal HV were main reasons. In young children with CS, fusion span determination relies mainly on optimal correction of scoliosis with solid screws and maximal preservation of spinal mobility and growth potential. However, more failure rates and residual curve progression were found in cases with double ipsilateral full segmental HV if too short fusion or partial resection in corrective surgery. It is indicated that radical excision of HV could remove the causes of deformity immediately and stop the curve progressive.

Another concern is neurological complication after HV resection via posterior approach. Aydogan M, et al [7] reported 11 cases with kyphoscoliosis due to HV by hemivertebrectomy and posterior instrumentation. None of the patients exhibited neurological problems associated with surgery. Our results suggest that HV excision in thoraco-lumbar region is not associated with an increased risk of neurological complications. Only in one patient undergoing one stage excision of three HV, intraoperative mild neurological injury was found. Based on our experience, the correction and balancing of congenital thoraco-lumbar curves are more effectively achieved by HV resection than other treatments. It should be undertaken only by those experienced with this technique.

Some cases presented residual curve progression after surgery, which attributed to many factors: multiple malformed vertebra, associated with failure of segmentation, concave fused ribs, improper maneuver, shorter fusion level, incomplete HV resection, as well as implants failure. Shi Z et al investigate the causes of failure in the first operation and the revision procedure for patients with congenital scoliosis due to HV [19]. They suggested that limitations of the primary surgery, no or incomplete resection of HV, improper operation during surgery, improper internal fixation material and fixation scope were main cause of revision surgery. A study including 28 children less than 6 years old with HV were reported by Ruf M et al [20]. They found two patients additional operations were performed because of new developing deformities. One was a bar formation at the operative site and an adjacent segment; another was a new bone mass at the site of the HV excision. They suggested that short fusion may increase the risk of a new deformity and may require re-operation, but this risk was acceptable to minimize the compromise of normal spinal development for very young patients. In our current study, three patients required additional surgery due to residual curve progression during follow-up. They had larger and rigid curve in coronal and sagittal plane before primary surgery. Incompletely excision of proximal HV was the major cause in two cases. Too short fusion and malformed vertebra growth was the major cause in another patient. The revision surgeries were performed and satisfactory outcome were seen at the latest follow up.

In terms of anterior column reconstruction (ACR), a titanium mesh cage was used for anterior column support and fusion in patients who had residual anterior gap after HV resection. Suk et al recommended the application of ACR in cases of anterior gap greater than 5 mm [21]. Aydogan M et al. [7] reported on 19 patients undergoing HV removal with 15 cases experiencing anterior mesh cage support to fill interbody space. They found anterior support in short segmental fusion could correct thoracolumbar kyphosis and increase the stability. In our cases, six cases showed anterior larger gap after HV excision; and titanium mesh cage were used in order to support anterior column and avoid spinal cord shorten too much. In addition to, it was beneficial to get solid fusion in osteotomies sites.

This study has some limitations. First, it was a retrospective study with the inherent risk of data inaccuracy. Second, small number of patients included and more patients are needed in the future. Finally, this study does not contain results about quality of life in the follow-up. Further trials about life quality, especially spinal mobilization and mental health status are needed to evaluate in the future.

Conclusion

Based on our experience, good correction and spinal balance can be achieved by one-stage posterior-only hemivertebra resection in patients with thoraco-lumbar kyphoscoliosis caused by two ipsilateral HV. Improvement of the segmental scoliosis and kyphosis curves is satisfactory and kept stable in long-term follow up. The complication of neurological injury is low but a technically demanding surgical procedure. More attention should be paid in residual curve progression after surgery.

Abbreviations

HV: Hemivertebra; CT:Computer tomography; MRI:Magnetic resonance imaging; TS:Trunk shift; SVA:Sagittal vertical axis; SPSS:Statistic Package for Social Science; AVT:Apex vertebra translation; VCR:Vertebra column resection; PSO:Pedicle subtraction osteotomy; LIV:Lower instrumented vertebra; ACR:Anterior column reconstruction.

Declarations

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Availability of data and material:

The datasets used and/or analyzed during the current study are available from the corresponding author upon reasonable request.

Authors' contributions:

XXH and ZS conceived and designed the study. KL, FM and BZ measured and recorded the data. XXH wrote the paper. ZS reviewed and edited the manuscript. All authors read and approved the manuscript.

Ethics approval and Consent to participate:

This retrospective study was approved by the Ethics Committee of The Second Hospital of Shanxi Medical University. The patient gave their written informed consent for the study.

Consent for publication:

All patients involved had given their informed consent.

Conflicts of Interest:

The authors declare that they have no conflict of interests related to this work.

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Figures

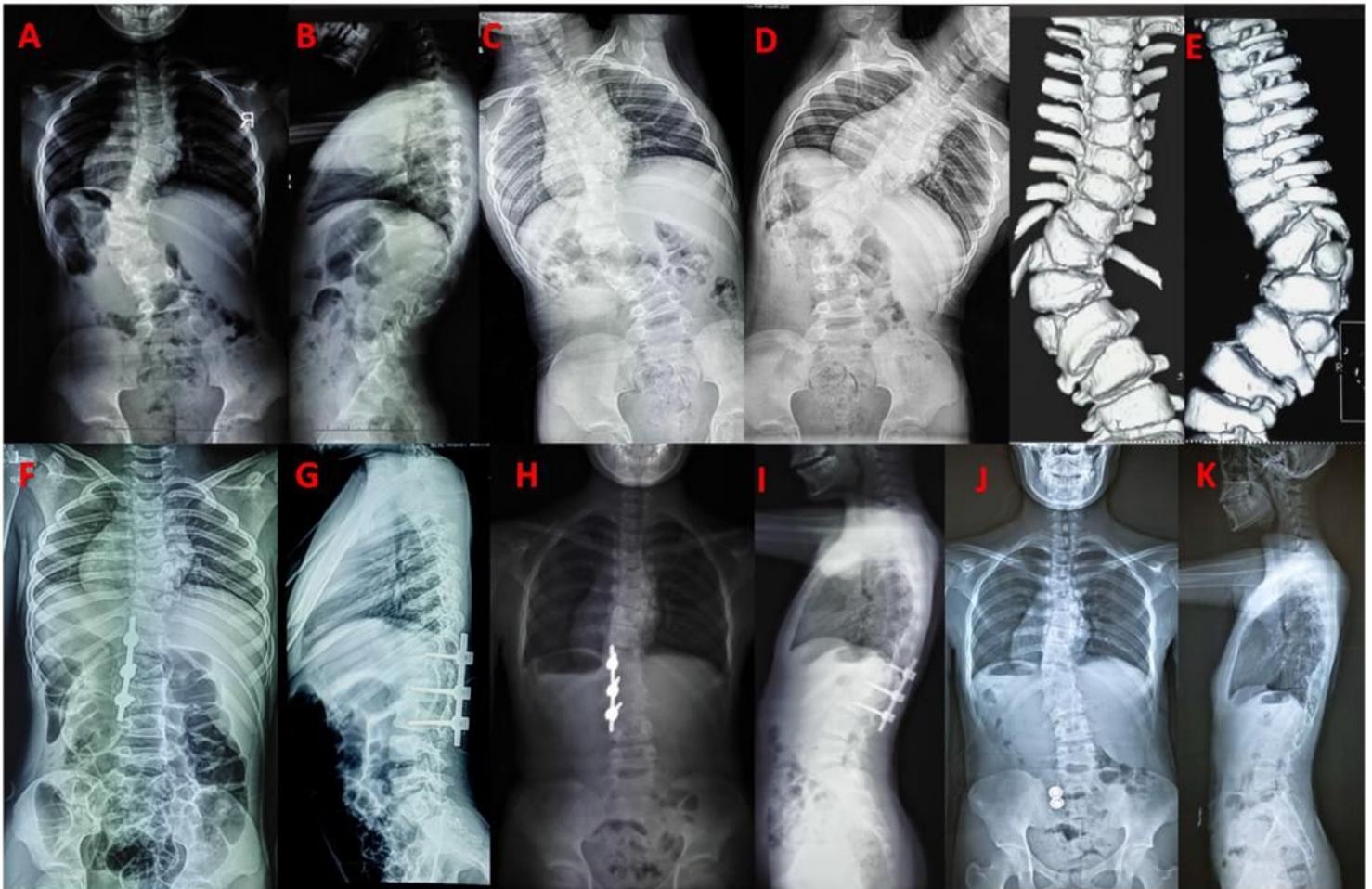


Figure 1

A 8 years old girl with kyphoscoliosis due to T6, T11 and L1 HV. Radiographs images and CT images were obtained preoperatively, which shows T11 and L1 full segmentation HV caused kyphoscoliosis(A, B, E), less flexibility and very rigid curve(C,D). Postoperative PA and lateral radiograph, she was treated with posterior L11, L1 HV resection with unilateral fusion (F,G). PA and lateral radiograph at 46 months follow-up

show that correction and trunk balance are well maintained (H,I). Implants removal was required in 6 years after surgery. Final PA and lateral radiograph at 84 months follow-up show that residual curve and trunk balance are stable(J,K)

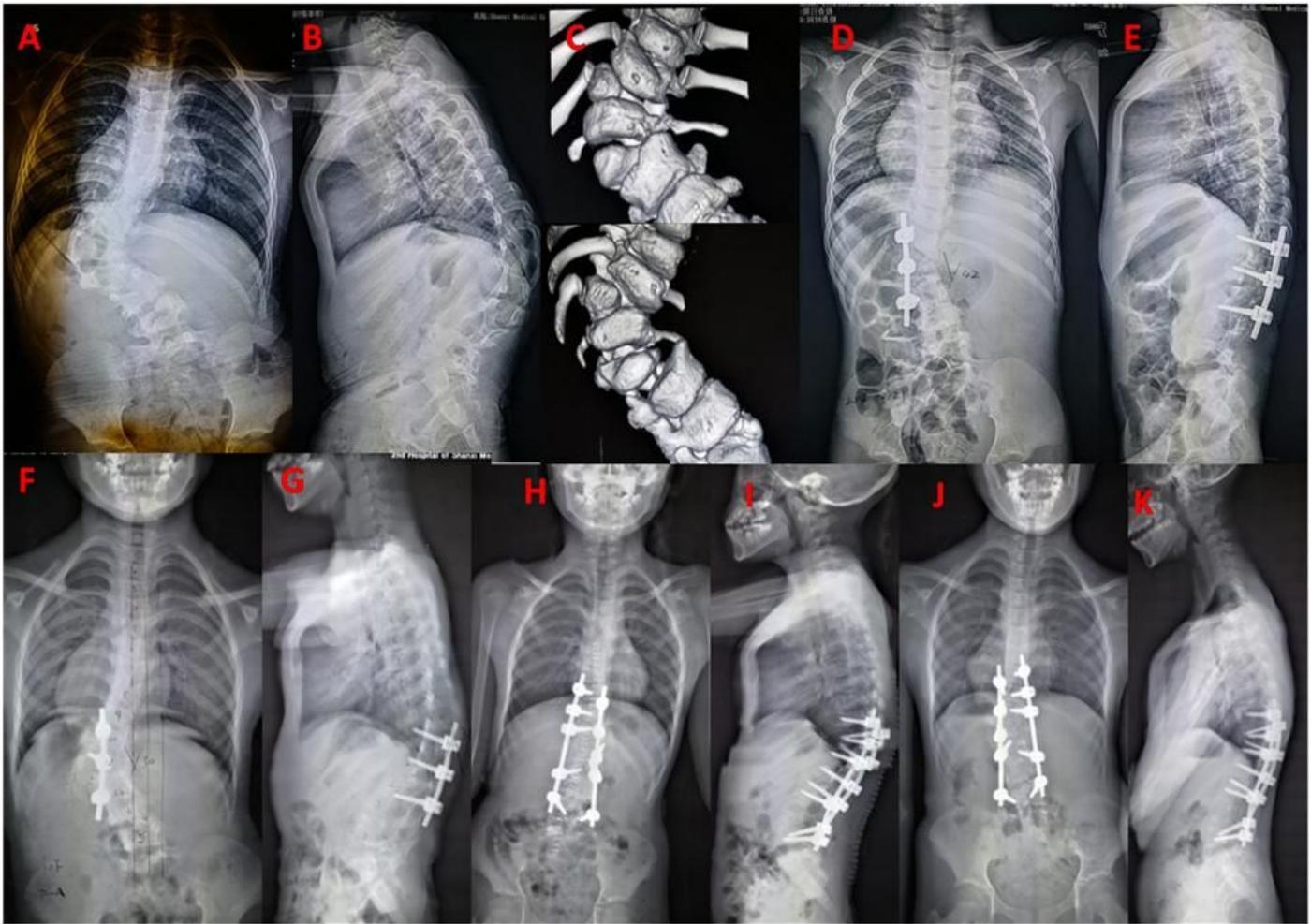


Figure 2

A 7 years old girl with T11, L1 and L4 HV. Radiographs images and 3D-computed tomography images were obtained preoperatively, which shows thoracolumbar kyphoscoliosis due to T11 and L1 full segmentation HV, L4 Semi-segmentation HV(A, B, C). Postoperative PA and lateral radiograph, she was treated with posterior L11,L1 HV excisions with convex fusion(D,E). Curve progression, PJK and L2 pedicle screw placement were presented in 38 months after surgery(F,G). Revision surgery including further hemivertebrectomy and extended fixation was performed(H,I). Final PA and lateral radiograph at 67 months follow-up show that correction and trunk balance are well maintained(J,K).