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## Research Article

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# Households' Climate Change Adaptation Strategies for Agriculture on the Eastern Tibetan Plateau

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**Abstract:** How agriculture can better adapt to climate change has been a key topic of interest for scholars. This study provides insights from the eastern agricultural region of the Tibetan Plateau (TP). The Yellow River-Huangshui River valley (YHV) is an important food-producing region on the TP. The agricultural production of small households has been affected by significant climate change and by a series of interventions on the part of the local government. Five main adaptation strategies adopted by households include crop rotation (86.71%), increasing agricultural inputs (74.21%), changing the sowing time of crops (61.51%), expanding cropland area (32.94%) and raising more livestock (16.27%) to adapt to the effects of climate change. Regression analysis revealed that households' perceptions of climate change and five types of livelihood capital are important factors influencing their adoption of various livelihood strategies. In addition, the adaptation strategies used by households in the YHV are incremental adjustments to their existing production, while transformative adaptation strategies (e.g., irrigation facilities, improved crop varieties, agricultural insurance), which are larger in scale and could fundamentally reduce households' vulnerability to climate change have been planned by the government. Due to the presence of government interventions, households in the YHV area are more proactive in adapting to climate change. Finally, the results of this paper are conducive to guiding the local government to enhance its intervention role to promote households' climate change adaptation behavior.

**Keywords:** Adaptation; Climate change; Government interventions; the Tibetan Plateau

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38 preparation, data collection and analysis were performed by Xinjun He, Anyi Huang and Jianzhong Yan.  
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40 versions of the manuscript. All authors read and approved the final manuscript.

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46 **Households' climate change adaptation strategies for agriculture on the eastern Tibetan**  
47 **Plateau**

48

49 **1. Introduction**

50 Climate change impacts and related losses and damage are increasing in vulnerable areas worldwide.  
51 Agriculture is one of the most vulnerable sectors to climate change (IPCC 2014), as its production is  
52 directly dependent on climate sensitive parameters such as temperature, water, and soil (Maraseni et al.  
53 2012; Wheeler and von Braun 2013). For these reasons, smallholders, whose livelihoods mostly rely on  
54 agricultural production, have been considered one of the most vulnerable groups to climate change  
55 (Morton 2007; Donatti et al. 2019; Eshetu et al. 2020), and how smallholders respond to climate change  
56 and what adaptation strategies they should use to keep and improve their livelihoods have become hot  
57 topics in research.

58           Adaptation to climate change is a long-term, dynamic response process, as the conditions for  
59 adaptation are constantly shifting and future changes are full of uncertainty (Moser and Ekstrom 2010;  
60 Owen 2020). In the past, developing countries and regions with poor adaptive capacity and high  
61 vulnerability to climate change due to poor economic conditions have been the focus areas of climate  
62 change adaptation research (Mertz et al. 2009; Tan et al. 2021). Many scholars have conducted empirical  
63 research in these regions to explore how smallholders can better adapt to climate change (Morton 2007;  
64 Lei et al. 2016; Burnham and Ma 2017; Zamasiya et al. 2017; Williams et al. 2019; Abid et al. 2019;  
65 Azadi et al. 2019; Donatti et al. 2019; Eshetu et al. 2020; Hirpha et al. 2020; Pagnani et al. 2020; Wang  
66 et al. 2020). Although smallholders have been able to adapt to climate change based on their own  
67 experience, they still face barriers such as capital (Bryan et al. 2009; Kithiia 2011), technology (Deressa  
68 et al. 2009), and a lack of infrastructure (Below et al. 2012; Antwi-Agyei et al. 2015), and need  
69 government assistance to achieve better adaptation (Zamasiya et al. 2017; Castells-Quintana et al. 2018;  
70 Pagnani et al. 2020; Paudel et al. 2020b). As the impacts of climate change continue to expand, an  
71 increasing number of countries and regions are making efforts in climate change adaptation. Therefore,  
72 it is necessary to explore how smallholders can adapt to climate change in relatively developed regions  
73 with government intervention, which can not only provide recommendations for policy improvements in  
74 these regions, but also provide references for other countries and regions that are planning (or have not  
75 yet planned) climate adaptation policies.

76           The Tibetan Plateau (TP) is one of the most significant regions affected by global climate change  
77 (Yao and Zhu 2006). Households on the TP may be more vulnerable to the severe impacts of climate  
78 change than anywhere else in the world (Wang et al. 2020). Meanwhile, the TP is one of China's poorest  
79 regions. To both alleviate poverty and mitigate the adverse effects of climate change, the Chinese  
80 government has invested significant resources in the Tibetan Plateau region, including but not limited to  
81 providing diversified subsidies, improving infrastructure (roads, irrigation facilities), and enacting  
82 policies to benefit agriculture (Fu et al. 2012; Hung and Tsai 2012; Meng 2013; Wang et al. 2016; Hua  
83 et al. 2017). This paper locates the study area in the Yellow River-Huangshui Valley (YHV) in the eastern  
84 TP, which is one of the important grain-producing regions on the TP. The local government has built  
85 much infrastructure in the region, and its economic condition is relatively good. Based on questionnaire  
86 data obtained from a field survey conducted in the YHV in 2017, this paper explores how households in

87 the YHV adapt to climate change. After the introduction, the second section introduces the research area,  
88 data sources, and research methods, we then report the main findings in section three. Finally, we  
89 summarize the entire paper and discuss the significance of our findings.

## 90 **2. Materials and Methods**

### 91 **2.1 Study area**

92 The YHV (100°–103° E, 35°–38° N) is located in the eastern TP and the northeastern part of Qinghai  
93 Province (Figure 1). It includes part of Qinghai Province in the Huangshui River and the Longyang Gorge  
94 to Sigou Gorge section of the Yellow River Basin. It is approximately  $3.5 \times 10^4$  km<sup>2</sup>, accounting for  
95 4.85% of the total area of Qinghai Province. The altitude is between 1689 and 5218 m, and the average  
96 elevation is between 2000 and 3000 m. The sunshine hours are between 2600 and 3000 h, the annual  
97 average temperature is between 5 and 9 °C, and the annual average precipitation is between 252 and 535  
98 mm. According to history, YHV is one of the earliest areas of human activities in the Yellow River Basin,  
99 which is favorable to the growth and development of crops due to its mild climate.

100 The YHV is the main farming area of Qinghai Province since its abundant natural conditions have  
101 relatively flat and strong soil fertility, which is good for agriculture and animal husbandry. Local  
102 agriculture has a long history and native crops (mainly wheat and highland barley), allow the inhabitants  
103 to raise livestock such as sheep, pigs, chickens, ducks, and other kinds of poultry. In 2017, the cropland  
104 area in this region was approximately 41.82 hectares, accounting for 71.07% of the total cropland area  
105 of Qinghai Province. The grain production is approximately  $80.90 \times 10^4$  tons, accounting for 80.33% of  
106 the total grain production in Qinghai Province<sup>1</sup>. Compared with other regions of the Tibetan Plateau, the  
107 YHV is relatively developed in terms of agriculture and animal husbandry, along with secondary and  
108 tertiary industries. At the same time, this region has good agricultural infrastructure. Local households  
109 have access to diversified government assistance as well. Therefore, taking the YHV as the study area  
110 can not only allow us to evaluate the effectiveness of government assistance in the adaptation of  
111 households, but also to provide policy guidance for other developing nations to effectively respond to  
112 climate change.

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<sup>1</sup> The data is from the *2018 Qinghai Statistical Yearbook*.

113 **Figure 1 is here**

## 114 2.2 Data sources

### 115 2.2.1 Questionnaire data

116 The questionnaire for household surveys in the YHV focused on their perceptions of climate change  
117 and adaptation strategies. The main content of the questionnaire includes the following aspects: (1)  
118 family conditions, including the gender, age, ability to work, employment and health status of household  
119 members, as well as house-related conditions and family-owned vehicles (etc.); (2) economic conditions,  
120 including income sources, subsidies, various expenditures such as daily living expenses and medical  
121 expenses, and household borrowings; (3) households' perception of climate change and adaptation  
122 strategies; (4) the basic situation of the collection industry, including the location of collection, the  
123 amount of labor invested, and the amount of time and money invested (etc.); (5) the basic situation of  
124 animal husbandry, including the quantity of livestock, inputs from the management of rangeland, and  
125 grazing forms (etc.); (6) the situation of the planting industry, including the cropland area of  
126 contracted/reclaimed/transferred land, agricultural inputs such as fertilizers, pesticides, herbicides,  
127 plastic film and seeds in 2009 and 2016<sup>2</sup>, agricultural machinery and crop yield; and (7) changes in crop  
128 planting patterns, including the sown area of each crop in 2009 and 2016, and the planting calendar of  
129 crops.

130 The field investigation started in July 2017. First, according to the local agricultural and animal  
131 husbandry status, the distribution of cropland, and the socioeconomic conditions, three sample towns  
132 were selected. Two sample villages were then chosen in each town, based on the status of each village's  
133 cropland area and the development of agriculture and animal husbandry. A seminar was then held in each  
134 village with village officials to obtain basic information on cropland area, the population, major crops,  
135 major livestock and crop yields. A total of 20 households in each village were selected for the household  
136 survey through a stratified random sampling method. In addition, 9 townships and 18 villages in Huang  
137 Yuan, Huang Zhong and Men Yuan counties were surveyed, with 504 valid households surveyed in 24  
138 villages.

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<sup>2</sup> In 2008, a serious snowstorm hit in the area, and the Yushu earthquake occurred in 2010. People often have a clear memory of the years in which special events have occurred. Therefore, compared with 2009, more accurate farmer data can be obtained.

139 2.2.2 Meteorological data

140 Temperature and precipitation data from five meteorological stations (Menyuan, Xining, Guide, Minhe  
141 and Tongren Meteorological Station) in the YHV between 1993 and 2013 were derived from the National  
142 Meteorological Information Center (<http://data.cma.cn/site/index.html>).

143 2.3 Econometric model

144 2.3.1 Selection of the explanatory variables

145 This research focuses on the factors affecting households' climate change adaptation strategies in  
146 the YHV. The sustainable livelihood framework(SLF) established by the Department of International  
147 Development (DFID 1999) is widely used for sustainable livelihood analysis of households on the TP  
148 (Hua et al. 2017; Wang et al. 2019; Wang et al. 2020). Five major livelihood capital types (natural capital,  
149 human capital, financial capital, physical capital, and social capital) are the core contents of the SLF  
150 (Ellis 2000). According to the SLF, households are considered to make a living in a particularly  
151 vulnerable context, and the differences in their endowments of livelihood assets and their ability to  
152 acquire these assets in a specific context determine the choice(s) of their livelihood strategies (Wu et al.  
153 2017; Dehghani Pour et al. 2018; Jezeer et al. 2019; Kuang et al. 2019). Hence, based on similar research  
154 on the TP (Hua et al. 2017; Wang et al. 2019; Wang et al. 2020), and the actual situation in the YHV  
155 region and specific indicators representing the five types of livelihood capital were selected (Table 1).

156 Additionally, households' perceptions of climate change are key factors influencing their adaptation  
157 behaviors (Grothmann and Patt 2005). When households perceive strong climate change, they would  
158 employ appropriate adaptation strategies to cope with it (Bryan et al. 2009; Paudel et al. 2020b). Thus,  
159 this paper has added indicators of households' perceptions of climate change, including perceptions of  
160 changes in climatic factors (temperature, precipitation) and meteorological hazards (floods, droughts), to  
161 measure their perceptions of climate change elements.

162 **Table 1 is here**

163 2.3.2 Selection of the econometric model

164 For each household, there is a situation of adopting or not adopting a certain adaptation strategy.  
165 Therefore, to explore the factors that influence the use of each adaptation strategy, households who  
166 employ a certain adaptation strategy are assigned a value of "1", and those who do not utilize a certain  
167 adaptation strategy are assigned a value of "0". Whether households harness a certain adaptation strategy

168 is a discrete binary choice variable. Hence, the binary logit model is used to establish the regression at  
169 the household level. The function of this model is:

170 
$$prob(event) = e^z / (1 + e^z)$$

171 Of these:  $z = b_0 + b_1x_1 + b_2x_2 + \dots + b_px_p$ ,  $p$  is the number of independent variables.

172 The probability that an event does not occur is:

173 
$$prob(noevent) = 1 - prob(event)$$

174 Transform the equation:

175 
$$\frac{prob(event)}{prob(noevent)} = e^{b_0 + b_1x_1 + b_2x_2 + \dots + b_px_p}$$
  
176 
$$\ln \left[ \frac{prob(event)}{prob(noevent)} \right] = b_0 + b_1x_1 + b_2x_2 + \dots + b_px_p$$

177 When a unit change occurs in argument  $i$ , the probability of occurrence of the event changes  $Exp()$ .

178 Considering the reliability and robustness of the estimation results, robust regression was used to  
179 correct the estimation results. Given the differences in the economic levels and geographic locations of  
180 different regions which can be reflected by different counties and imply the possibility of spatial  
181 autocorrelation, clustering was used to solve the spatial autocorrelation problem. Statistical analysis and  
182 measurements were performed using STATA 12.0.

183 In addition, Pearson's correlation coefficient (PCC), tolerance, and the variance inflation factor  
184 (VIF) were used to test the results. The results showed that the PCC between *precipitation change* and  
185 *drought change* was the highest at 0.354 ( $0.354 < 0.8$ ); the tolerance of *government subsidies* was the  
186 lowest at 0.787 ( $0.787 > 0.1$ ), while the VIF was the highest at 1.27 ( $1.27 < 10$ ). Based on these results,  
187 multicollinearity among the independent variables was not a concern.

### 188 **3. Results**

#### 189 **3.1 Climate change in the YHV**

190 Temperature and precipitation observations from five meteorological stations in the YHV region  
191 were averaged to obtain temperature and precipitation changes in the YHV from 1993 to 2013. The  
192 results of the linear fit show a significant increasing trend in temperature ( $p < 0.01$ ), with an increase rate  
193 of  $0.5^\circ\text{C}/10\text{a}$ , and a large fluctuation in precipitation, with an overall increasing trend, but not significant,  
194 at a rate of  $8.4\text{ mm}/10\text{a}$ .

195 **Figure 2 is here**

196 Additionally, we investigated households' perceptions of climate change. As shown in Figure 3,  
197 households in the YHV perceived a warming and drying trend of the local climate, as the majority of  
198 households perceived an increase in temperature (96.83%) and drought disasters (77.38%); most of them  
199 also perceived a decrease in precipitation (65.28%) and floods (59.92%).

200 **Figure 3 is here**

## 201 3.2 Adaptation strategies

202 Households in the YHV perceived apparent climate change conditions and used different adaptation  
203 strategies. According to statistics, there are 5 types of adaptation strategies adopted by local households:  
204 crop rotation, increasing agricultural inputs, changing the sowing time of crops, expanding cropland area  
205 and raising more livestock (Figure 4). Out of 504 households, only 16 did not use any of the adaptation  
206 strategies. To adequately cope with the impacts of climate change, households usually employed two or  
207 more strategies at the same time. Climate change has profound impacts on all aspects of households'  
208 livelihoods. To take advantage of its positive impacts and avoid its risks, substantial adjustments to  
209 agriculture and animal husbandry are needed to regain an optimal distribution of family assets and labor.

210 **Figure 4 is here**

### 211 3.2.1. Crop rotation

212 Of the total sample households, 437 used a crop rotation strategy, which is the most common  
213 adaptation strategy employed by households in the YHV. Households in the area have been adopting  
214 crop rotation for many years. Due to climatic conditions, cropland cannot be planted with any crop after  
215 September or October, so crop rotation only exists between years. The most common crop rotation  
216 systems in the YHV are outlined in Table 2. In addition, there are a number of crop rotation strategies  
217 adopted by households such as highland barley/rapes/oats and spring wheat/potatoes/forage, which are  
218 not listed in Table 3 due to the small number of users.

219 **Table 2 is here**

### 220 3.2.2. Increasing agricultural inputs

221 In the context of climate change, households would increase their inputs in multiple agricultural  
222 elements at the same time according to the financial situation of their families. A total of 374 out of 504  
223 sample households employed the adaptation strategy of increasing agricultural inputs. Among them, 363

224 households increased their fertilizer input to compensate for the loss of yield caused by the decline in  
225 soil fertility. Meanwhile, 289 households increased pesticide inputs, and 58 households increased  
226 herbicide inputs. The rise in temperature may lead to an increase in agricultural pests and diseases, and  
227 provides a superior environment for weed growth. To reduce these negative effects, households increased  
228 their inputs of pesticides and herbicides. In addition, some households increased their inputs in irrigation,  
229 machinery, mulching film and seeds. Although households generally believe that precipitation has fallen  
230 in the past decade, only 3 households increased their irrigation input. The irrigation system, including  
231 ditches and sprinklers was built with government support (Figure 5), and such infrastructure can basically  
232 meet the water demand of crops, so households did not choose to invest more in irrigation.

233 **Figure 5 is here**

### 234 3.2.3. Changing the sowing time of crops

235 In response to climate change, 310 out of 504 households used the adaptation strategy of  
236 changing the sowing date of crops. Statistics on the number of households that changed their sowing  
237 dates for each crop are shown in Figure 6. Adjustments to crop sowing time occurred differently (in  
238 advance or delayed) due to the large altitude span of the study area and the differences in topography  
239 and climatic characteristics between areas.

240 **Figure 6 is here**

241 The sowing date of each crop was advanced by 10-12 days on average (Table 4). Higher  
242 temperatures shorten and advance soil melt and thus allow households to start sowing crops earlier.  
243 At the same time, increased climatic hazards lead to crop lodging and other negative impacts, so it  
244 is important to advance the sowing date, which may allow for an earlier crop harvest before disaster  
245 strikes. Likewise, most households delayed their sowing dates by 5-15 days. In the case of low  
246 rainfall or drought during the sowing period, the seeds do not develop properly and healthily. As a  
247 result, the sowing date of crops is delayed until the drought is over. Similarly, temperature  
248 conditions drive a delay in the sowing date until the accumulated temperature meets the  
249 requirements for crop growth.

250 **Table 3 is here**

### 251 3.2.4. Expanding cropland area

252 Of the surveyed households, 166 expanded their cropland area through the reclamation and  
253 transfer of cropland. Among them, there were 132 households that only transferred to cropland, and  
254 20 households that only reclaimed cropland, and 14 households not only transferred to, but also  
255 reclaimed cropland. The total area of cropland transferred was 295.69 hectares, with an average of  
256 2.03 hectares per household, while the total area of reclaimed land was 6.55 hectares, with an  
257 average of 0.19 hectares per household. The details are presented in Figure 7.

258 **Figure 7 is here**

### 259 3.2.5. Raising more livestock

260 Since households in the YHV area mainly engaged in agricultural production, 166 of the 504  
261 interviewed households did not raise livestock. Therefore, when considering the adaptation strategy  
262 of raising more livestock, 166 households were excluded. Of the remaining 338 households  
263 interviewed, 82 used the adaptation strategy of raising more livestock.

## 264 3.3 Determinants of adaptation strategies

265 The estimation results of the econometric models are displayed in Table 4. The results are divided  
266 into the following points. Firstly, households' perceptions of climate change significantly influenced  
267 their adaptation strategy choices. When households perceived an increase in temperature, they would  
268 employ crop rotation as the adaptation strategy, while perceived decreases in precipitation and floods  
269 significantly and negatively influenced their adaptation strategies to change sowing dates and increase  
270 agricultural inputs. When households perceived an increase in drought hazards, they changed sowing  
271 dates and expanded cropland area. Second, human capital had a significant impact on most adaptation  
272 strategies harnessed by households in the YHV, with indicators such as *household size*, *age of the*  
273 *householder* and *education level of the householder* significantly influencing households' climate change  
274 adaptation strategies. What is more obvious is the indicator of the *proportion of skills training*, which  
275 positively influenced households' adoption behavior of crop rotation and changing the sowing date of  
276 crops. Third, financial capital primarily influenced the adoption of increasing agricultural inputs and  
277 raising more livestock, while social capital had significant impacts on all five adaptation strategies  
278 utilized by households in the YHV. Finally, the two indicators representing natural capital had significant  
279 impacts on the agricultural adaptation strategies adopted by YHV households. Among the material  
280 capital, *the proportion of agricultural equipment* had significant, positive impacts on households'

281 adoption behavior of increasing agricultural inputs and raising more livestock; and the *number of*  
282 *livestock* also positively affected households' adaptation strategies of changing the sowing date of crops  
283 and increasing agricultural inputs.

## 284 **4. Discussion**

### 285 4.1 The influencing factors of households' climate change adaptation strategies

286 Smallholders are more vulnerable to the impacts of global climate change (Deressa et al. 2009;  
287 Fischer and Chhatre 2015), especially households on the TP (Wang et al. 2020). There has been  
288 cumulative research exploring the significant impacts of households' livelihood capital on their  
289 livelihood strategies (Paul et al. 2016; Dehghani Pour et al. 2018; Bailey et al. 2019; Kuang et al. 2019;  
290 Jin et al. 2020), and our study provides empirical evidence from the TP. The results showed that social  
291 capital is one of the most important capital types that influence adaptation strategies of households in the  
292 YHV, as it had significant impacts on all the five adaptation strategies. A number of studies have noted  
293 the important role played by social capital in climate change adaptation by households (Chen et al. 2014;  
294 Paul et al. 2016; Fletcher et al. 2020; Saptutyingsih et al. 2020; Belay and Fekadu 2021), as social  
295 capital is the link between individuals and between individuals and social networks (Gong et al. 2018);  
296 when households are rich in social capital, they are more active adapting to climate change (Kuang et al.  
297 2019). Our research found that social capital had different effects on different adaptation strategies.  
298 Whether households borrowed money would significantly inhibit them from adopting the strategies of  
299 crop rotation and increasing agricultural inputs, possibly because in facing financial pressure, households  
300 preferred to engage in faster-earning jobs such as non-agricultural jobs. The distance to town significantly  
301 influenced households' choice of adaptation strategies, as it reflected accessibility to markets and the  
302 availability of information. In addition, financial capital significantly influenced households to employ  
303 the strategy of increasing agricultural inputs, because financial capital is closely related to households'  
304 disposable income. Natural capital was also important factors that affects households' adaptation. If  
305 households had a large amount of cropland, they were more inclined to increase agricultural inputs, and  
306 if they had a large number of cropland plots, it was more conducive for them to adopt the strategies of  
307 crop rotation, expanding the cropland area, and increasing agricultural inputs, since large-scale land is

308 convenient for households to conduct unified management, and the fragmentation of cropland plots is  
309 compatible with traditional small-scale households' intensive farming.

310 On the other hand, as mentioned by Weber (1997) and Blennow and Persson (2009), it may be  
311 unsatisfactory to examine climate change adaptation by considering only economic, social, and political  
312 arrangements, without considering households' perceptions of climate change. Consistent with the  
313 results of studies in other regions (Abid et al. 2019; Zhang et al. 2020), our research on the TP also found  
314 that households' perceptions of climate change are one of the key factors affecting their adaptation  
315 strategies. Households in the YHV generally perceive an increase in temperature, a reduction in  
316 precipitation and flood disasters, and an increase in drought disasters. These factors all affect households'  
317 choices of adaptation strategies to varying degrees. Given the impact of climate change, households need  
318 to adjust their existing livelihoods to maintain and promote the stability and development of their  
319 livelihoods.

## 320 4.2 Households' climate change adaptation strategies in the YHV

321 As climate change impacts become more severe, adaptations are the best remedies (Shaffril et al.  
322 2018). Several studies have shown that agriculture may benefit from future climate change if appropriate  
323 adaptation strategies are employed (Kahsay and Hansen 2016). In the past, a number of empirical studies  
324 on climate change adaptation have focused on households in relatively underdeveloped areas because  
325 these farmers are the most vulnerable to climate change and have little access to government assistance.  
326 As climate change receives increasing attention and more countries and regions incorporate climate  
327 change measures into national policies, strategies, and planning, it is necessary to explore how  
328 households in relatively developed regions with strong government interventions adapt to climate change  
329 to provide a basis for better planning and improvement of government actions.

330 According to Shaffril et al (2018) and Aryal et al (2020), the climate change adaptation strategies  
331 of Asian farmers fall under six categories: (1) crop management (crop system optimization, pest and  
332 disease management, etc.), (2) irrigation and water management, (3) farm management, (4) financial  
333 management, (5) infrastructure, and (6) social activities. Unlike households in other regions and countries,  
334 households in the YHV region have adopted only two categories of adaptation strategies: crop  
335 management (crop rotation, changing the sowing date of crops, and increasing agricultural inputs); farm  
336 management (expanding cropland area and raising more livestock). Compared to households in Iran

337 (Keshavarz et al. 2014), Vietnam and Thailand (Bastakoti et al. 2014), and India (Nambi et al. 2015),  
338 households in the YHV do not need to invest money or a workforce for irrigation and water management  
339 because the local government has already done this work. Similarly, agricultural and livestock insurance  
340 and infrastructure construction are organized by the government, and households do not need to spend  
341 effort to adapt on their own. In the YHV, households' climate change adaptations have become easier,  
342 as a significant portion of adaptation measures are organized and implemented by the government.

343 On the other hand, under the influence of climate change, most of the adaptation strategies used by  
344 households in the YHV are positive adaptation strategies, such as expanding cropland area, increasing  
345 agricultural inputs, and raising more livestock. In Nepal, households are being affected by increasingly  
346 severe droughts (Gentle et al. 2018; Hussain et al. 2018; Khanal et al. 2018), leading to cropland  
347 abandonment (Paudel et al. 2016; Paudel et al. 2020a). We believe that the possible gap lies in the  
348 different roles played by local governments in the process of households' climate change adaptation.  
349 Infrastructures such as irrigation facilities built by the YHV government effectively mitigate the impacts  
350 of drought on households' agricultural production, resulting in water resources that cannot pose a threat,  
351 while rising temperatures improve heat resources in the highlands, so households will take steps to  
352 expand agricultural production.

353 In addition, adaptation strategies adopted by households in the YHV, such as increasing agricultural  
354 inputs, expanding cropland area, and raising more livestock, represent adjustments to existing production.  
355 This type of adaptation strategy is known as incremental adaptation (Kates et al. 2012; Park et al. 2012).  
356 In the face of increasingly severe climate change impacts, such adaptation strategies may not be sufficient  
357 in the long run, and transformative adaptations (i.e. fundamental systems' changes that address root  
358 causes of vulnerability), may be needed (Pelling et al. 2015; Fedele et al. 2019). Transformative  
359 adaptations generally fall under three categories: (1) greater scale and intensity, (2) new adaptation, and  
360 (3) different places and locations (Kates et al. 2012); such adaptations are more often government-led  
361 (Berrang-Ford et al. 2011). This is consistent with our finding that compared with the incremental  
362 adaptation measures adopted by households, larger scale and wider coverage measures that reduce  
363 climate change vulnerability (such as irrigation facilities, improved crop varieties, and agricultural  
364 insurance) tend to be organized and implemented by the government. The empirical study in the YHV  
365 also showed that incremental adaptation strategies adopted by households and transformative adaptation

366 measures led by the local government can run parallel. The presence of these government measures will  
367 probably cause households to proactively and positively adapt to the impacts of climate change, thus  
368 allowing households' agricultural production to benefit from climate change effects.

### 369 4.3 Policy implication

370 The findings of this paper have certain policy implications. First, as mentioned in Article 13 of the  
371 UN Sustainable Development Goals (Campbell et al. 2018), more countries and regions should integrate  
372 climate change measures into national policies, strategies, and plans. Governments should proactively  
373 intervene and invest in transformative measures (e.g., infrastructure construction, innovation in  
374 production technologies, etc.) that are larger in scale and can reduce households' vulnerability to climate  
375 change. Our research in the YHV region, where government intervention is strong, also found these  
376 government-led measures to be effective in improving households' adaptive capacity and allowing  
377 smallholder agriculture to benefit from the climate change process. Second, econometric evidence  
378 provides microlevel proof on how governments promote adaptation among households. At the household  
379 level, the five categories of livelihood capital and households' perceptions of climate change effectively  
380 influence the adaptation strategies they employ. The government can guide households to form correct  
381 climate perceptions by broadcasting climate information, and at the same time improve households'  
382 livelihood capital by establishing cooperatives, providing skills training, enhancing transportation, and  
383 rearranging land to enhance households' climate change adaptive capacity so that their agricultural  
384 activities can benefit from climate change effects.

## 385 5. Conclusion

386 Climate change has a profound impact on small householders' livelihoods. While much of the  
387 literature has focused on how small householders in underdeveloped regions adapt to climate change,  
388 less research has been done on how small householders in more developed regions with stronger  
389 government intervention respond to the impacts of climate change. This paper provides empirical  
390 evidence from the eastern agricultural region of the TP in China. The agricultural production of  
391 households in this region is significantly affected by climate change and is subject to a range of  
392 government interventions. We have given a detailed description of the climate change adaptation  
393 strategies of the households in this region, and explored the factors influencing their adaptation strategies

394 through regression analysis. We have also discussed the similarities and differences between the  
395 adaptation strategies of households in this region and those in other underdeveloped regions, and the role  
396 of government interventions in this regard. We conclude with some policy recommendations aimed at  
397 guiding government interventions to implement transformative adaptation measures to facilitate  
398 household's adaptation and to enable households' agricultural production so that they can benefit from  
399 climate change.

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**Table 1.** Description of selected variables (n=504).

Type	Variable	Description	Mean	Standard deviation
Dependent variable	Crop rotation	1 if they could and 0 if otherwise	0.867	0.340
	Changing the sowing date of crops	1 if they changed and 0 if otherwise	0.615	0.487
Climate related variables	Increasing agricultural inputs	1 if they increased and 0 if otherwise	0.742	0.438
	Raising more livestock	1 if they increased and 0 if otherwise	0.163	0.369
	Expanding cropland area	1 if they expanded and 0 if otherwise	0.329	0.470
	Temperature change	1,2,3 represent a decrease, no change, and an increase respectively	2.964	0.206
	Precipitation change	1,2,3 represent a decrease, no change, and an increase respectively	1.550	0.808
	Flood change	1,2,3 represent a decrease, no change, and an increase respectively	1.530	0.713
Human capital	Drought change	1,2,3 represent a decrease, no change, and an increase respectively	2.683	0.632
	Household size	Number of family members	4.312	1.468
	Age of householder	Age of the householder	55.641	11.462
	Education level of householder	Education level of householder by assigned value: illiterate, elementary school, middle school, high school, college and above, assigned 1, 2, 3, 4 and 5, respectively	2.010	0.906
Financial capital	Proportion of skills training	The share of the amount of skills training for the labor force to the total amount of family labor	0.216	0.211
	Non-farm income	The natural logarithm value of non-farm income (unit: RMB), i.e., ln (non-farm income)	8.315	3.999
	Collection income	The natural logarithm value of collection income (unit: RMB), i.e., ln (collection income)	2.312	3.855
Social capital	Government subsidies	The natural logarithm value of the various subsidies received by households from the government, i.e., ln (government subsidies)	1.309	2.949
	Borrowing from relatives	1 if they borrowed money from relatives or friends and 0 if otherwise	0.486	0.500
Natural capital	Distance to town	Distance from residence to the nearest market town (km)	8.527	6.283
	Cropland area	Cropland area that the household owned (hectares)	1.313	5.476
Physical capital	Number of cropland plots	The number of cropland plots in a family	6.179	8.067
	Proportion of agricultural equipment	The ratio of agricultural equipment that the household owned to all kinds of equipment (12 in total) (%)	0.253	0.100
	Number of livestock	The quantity of domestic livestock (except for livestock for agricultural activities). Main stock types include cattle, horses, pigs, and sheep. Take cattle as a unit, converted according to market value, algorithm: 1 cattle = 1 horse = 3 sheep = 3 pigs (unit: head)	118.895	744.403

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**Table 2.** Main rotation systems in the YHV.

<b>Rotation system</b>	<b>Households</b>
Spring wheat/rape/potato	104
Highland barley/rape	55
Rape/potato	49
Spring wheat/rape	44
Highland barley/rape/potato	27
Spring wheat/potato	22

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**Table 3.** Crop sowing date adjustment.

<b>Types of crops</b>	<b>Advance</b>					<b>Delay</b>				
	<b>Average number of days</b>	<b>Households</b>				<b>Average number of days</b>	<b>Households</b>			
		<b>1-4 days</b>	<b>5-9 days</b>	<b>10-15 days</b>	<b>16-40 days</b>		<b>1-4 days</b>	<b>5-15 days</b>	<b>16-25 days</b>	<b>26-35 days</b>
Rape	11	8	47	106	17	14	2	28	9	1
Potato	12	6	37	132	25	16	2	21	10	2
Spring wheat	12	4	24	77	14	15	0	15	6	0
Highland barley	10	3	19	38	3	14	4	15	10	1
Oats	11	4	15	45	9	20	0	4	7	3
Pasture	10	0	15	24	3	16	2	14	9	3

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Variables	Crop rotation(n=504)			Changing the sowing date of crops (n=504)			Increasing agricultural inputs (n=504)			Expanding cropland area (n=504)			Increasing the number of livestock (n=338)		
	$\beta$	SE	Sig.(p)	$\beta$	SE	Sig.(p)	$\beta$	SE	Sig.(p)	$\beta$	SE	Sig.(p)	$\beta$	SE	Sig.(p)
C Temperature change	2.723	1.391	0.050*	0.389	0.682	0.568	0.840	1.371	0.540	-0.766	0.538	0.154	-0.915	0.618	0.139
Precipitation change	-0.171	0.253	0.500	-0.164	0.062	0.008***	-0.423	0.160	0.008***	-0.078	0.104	0.456	0.174	0.252	0.489
Flood change	-0.226	0.139	0.103	-0.255	0.130	0.049**	-0.393	0.207	0.058*	-0.057	0.165	0.727	0.102	0.195	0.599
Drought change	-0.277	0.151	0.066*	0.809	0.041	0.000***	0.322	0.206	0.118	0.401	0.078	0.000***	0.057	0.220	0.796
H Household size	0.002	0.110	0.985	0.093	0.065	0.152	-0.139	0.029	0.000***	0.013	0.061	0.834	0.079	0.153	0.606
Age of the householder	0.016	0.015	0.282	0.000	0.004	0.890	0.010	0.014	0.463	-0.005	0.006	0.439	-0.042	0.011	0.000***
Education level of householder	0.222	0.327	0.498	0.042	0.232	0.855	0.011	0.098	0.914	-0.031	0.152	0.839	-0.337	0.086	0.000***
Proportion of skills training	1.751	1.048	0.095*	1.629	0.412	0.000***	0.709	0.602	0.239	0.791	0.323	0.014**	0.781	0.672	0.245
F Non-farm income	0.063	0.055	0.253	-0.025	0.042	0.555	0.061	0.022	0.006***	-0.052	0.045	0.248	-0.087	0.025	0.001***
Collection income	0.080	0.075	0.288	0.019	0.029	0.520	0.078	0.043	0.070*	-0.001	0.034	0.966	0.045	0.026	0.089*
Government subsidies	-0.037	0.065	0.570	0.029	0.038	0.455	0.126	0.030	0.000***	0.046	0.051	0.372	0.003	0.041	0.932
S Borrowing from relatives	-0.521	0.282	0.065*	-0.041	0.236	0.863	-0.419	0.210	0.046**	0.220	0.136	0.106	-0.111	0.406	0.786

	Distance to town	-0.070	0.038	0.063*	0.039	0.015	0.008***	-0.036	0.031	0.242	-0.023	0.012	0.061*	0.061	0.021	0.003***
N	Cropland area	-0.028	0.019	0.137	-0.024	0.020	0.234	0.573	0.192	0.003***	/	/	/	-0.002	0.009	0.827
	Number of cropland plots	0.337	0.076	0.000***	-0.009	0.014	0.527	0.110	0.033	0.001***	0.192	0.020	0.000***	0.004	0.016	0.786
P	Proportion of agricultural equipment	-0.442	2.016	0.827	1.022	0.868	0.239	3.030	1.674	0.070*	1.536	1.658	0.354	2.511	1.361	0.065*
	Number of livestock	0.000	0.000	0.366	-0.000	0.000	0.017**	0.000	0.000	0.000***	0.000	0.000	0.537	/	/	/
	Constant	-7.378	5.488	0.179	-3.361	1.542	0.029**	-3.156	4.911	0.520	-0.302	1.764	0.864	2.682	1.686	0.112

Note: C, H, F, S, N, P represent climate change perception indicators, human capital indicators, financial capital indicators, social capital indicators, natural capital indicators and physical capital indicators, respectively.  $\beta$  is the estimated coefficient; SE is standard error;  $p$  is probability. \*\*\*, \*\*, \* denotes the significant statistical level of 0.01, 0.05, and 0.1, respectively. In the regression analysis of the adaptation strategy of expanding cropland area, the *cropland area* owned by the household is not included in the model to ensure the validity of the results. Similarly, in the regression of the adaptation strategy of raising more livestock, the *number of livestock* owned by the household is not included in the regression model.

# Figures

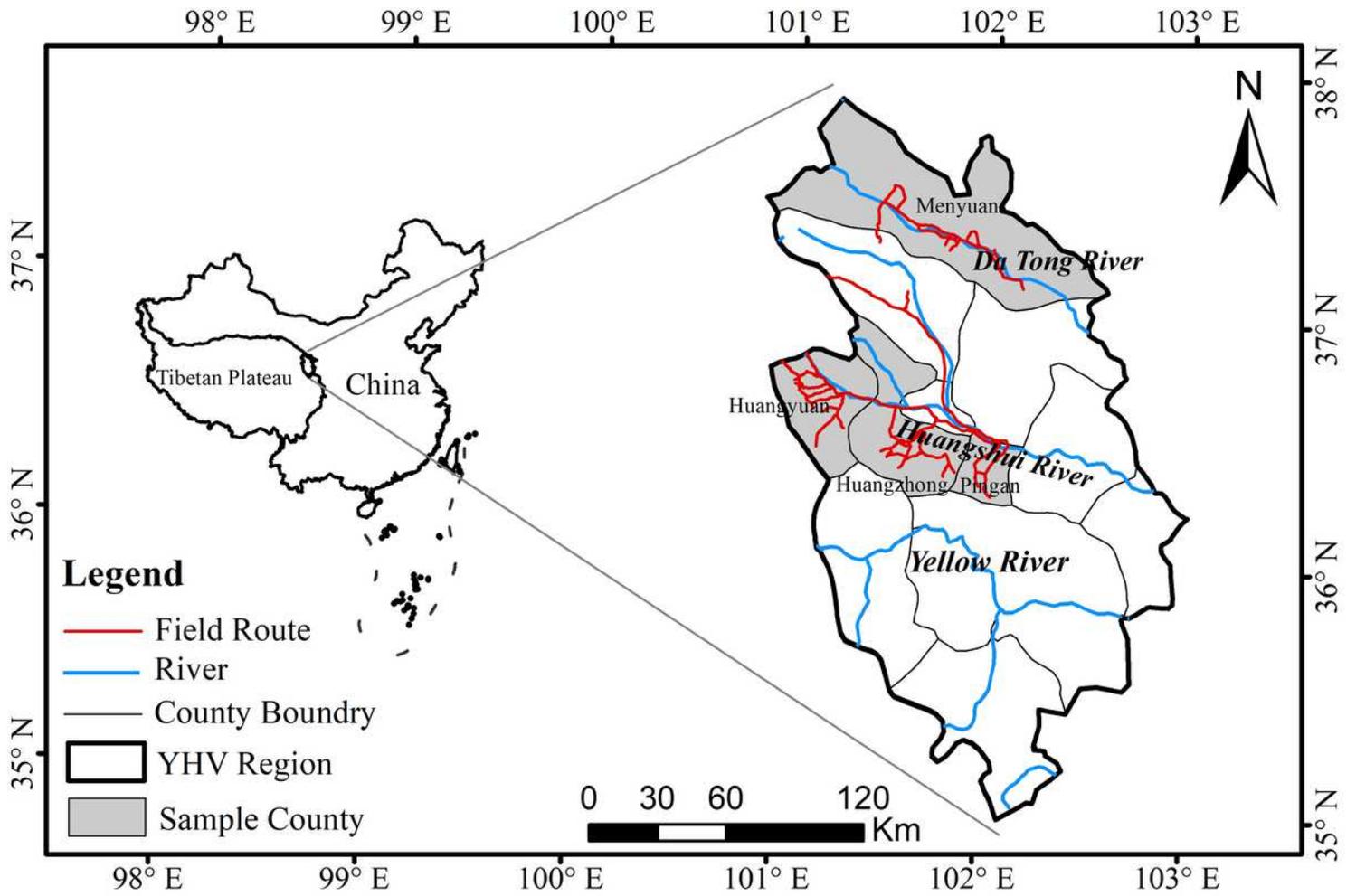


Figure 1

Study area and field route.

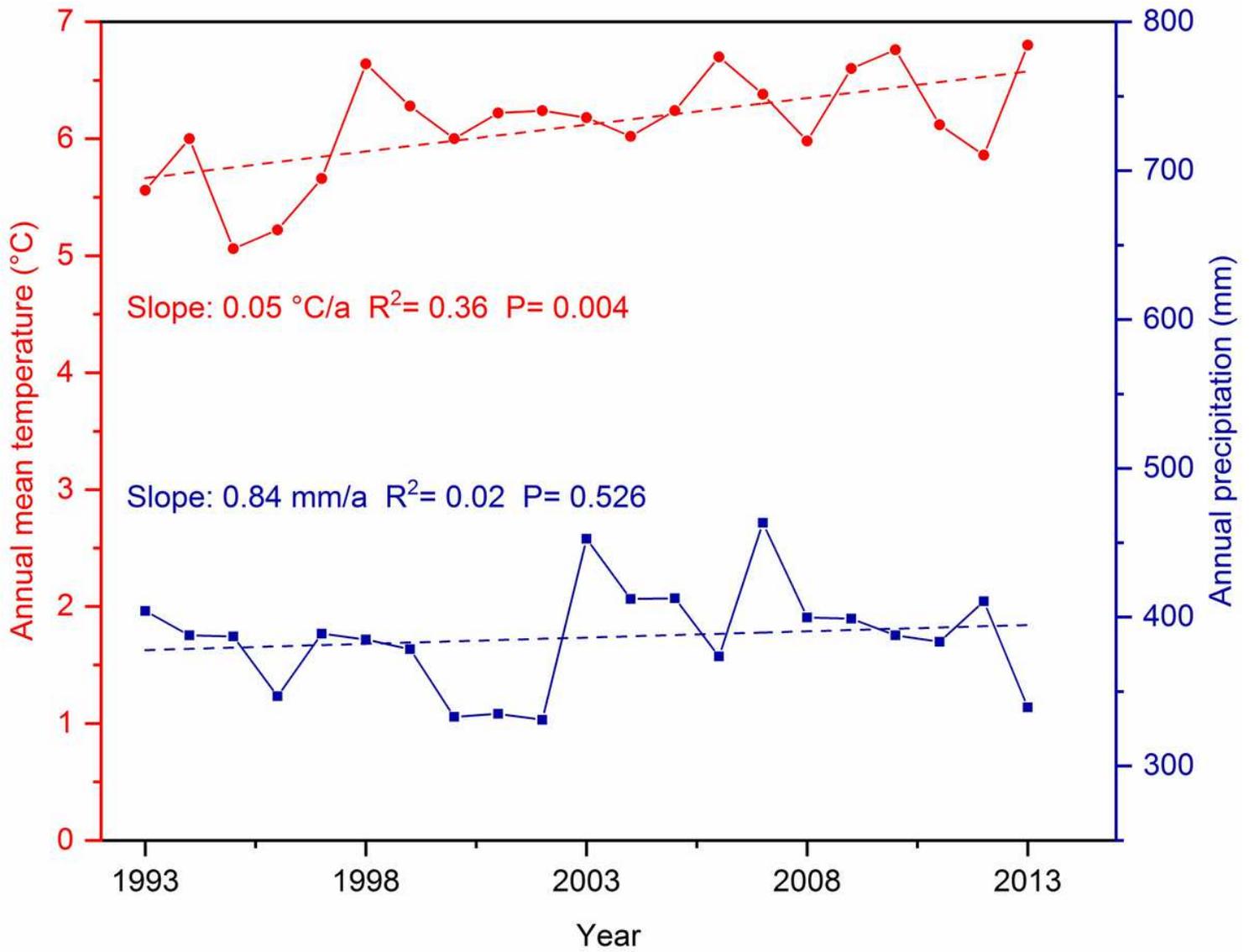
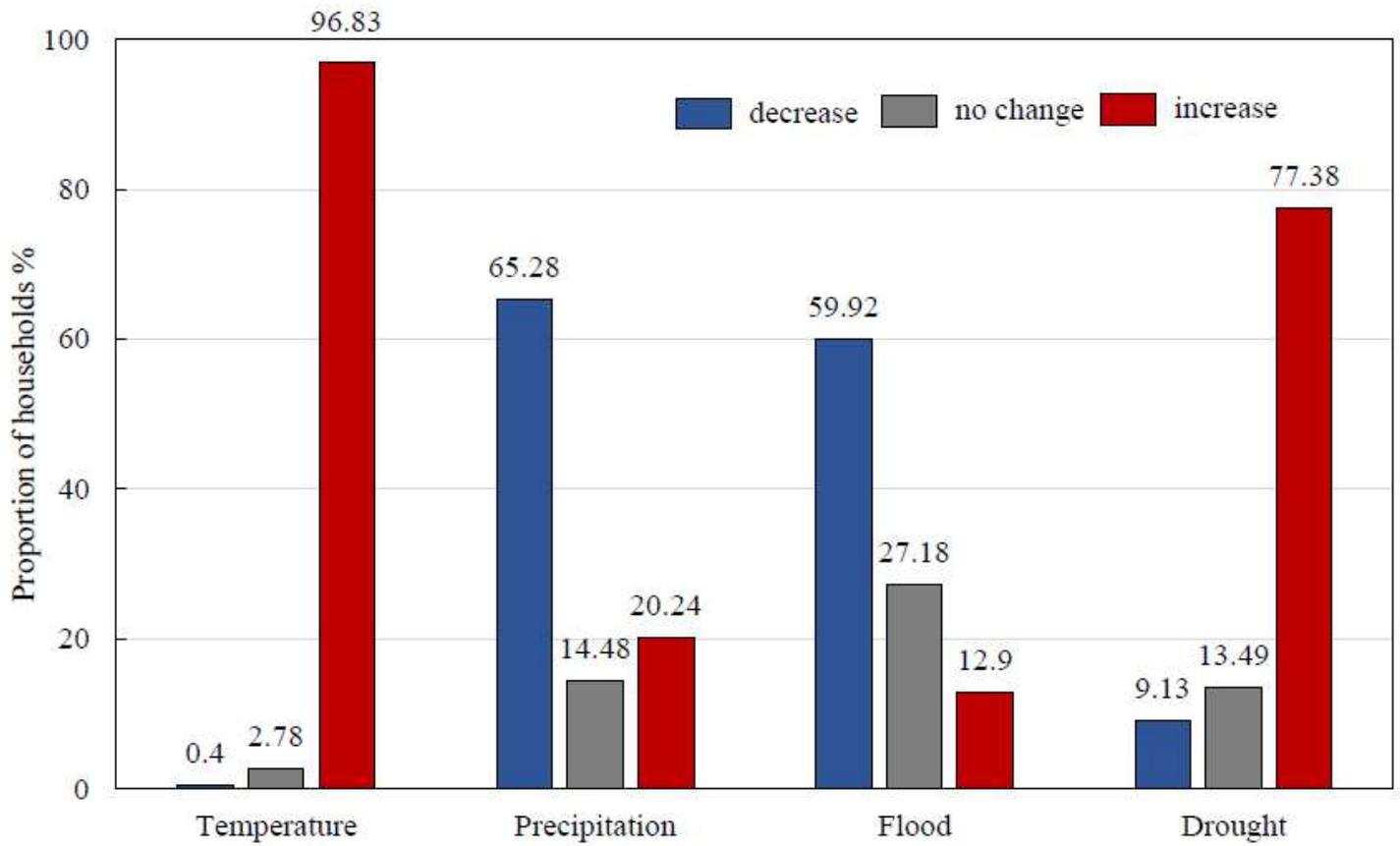


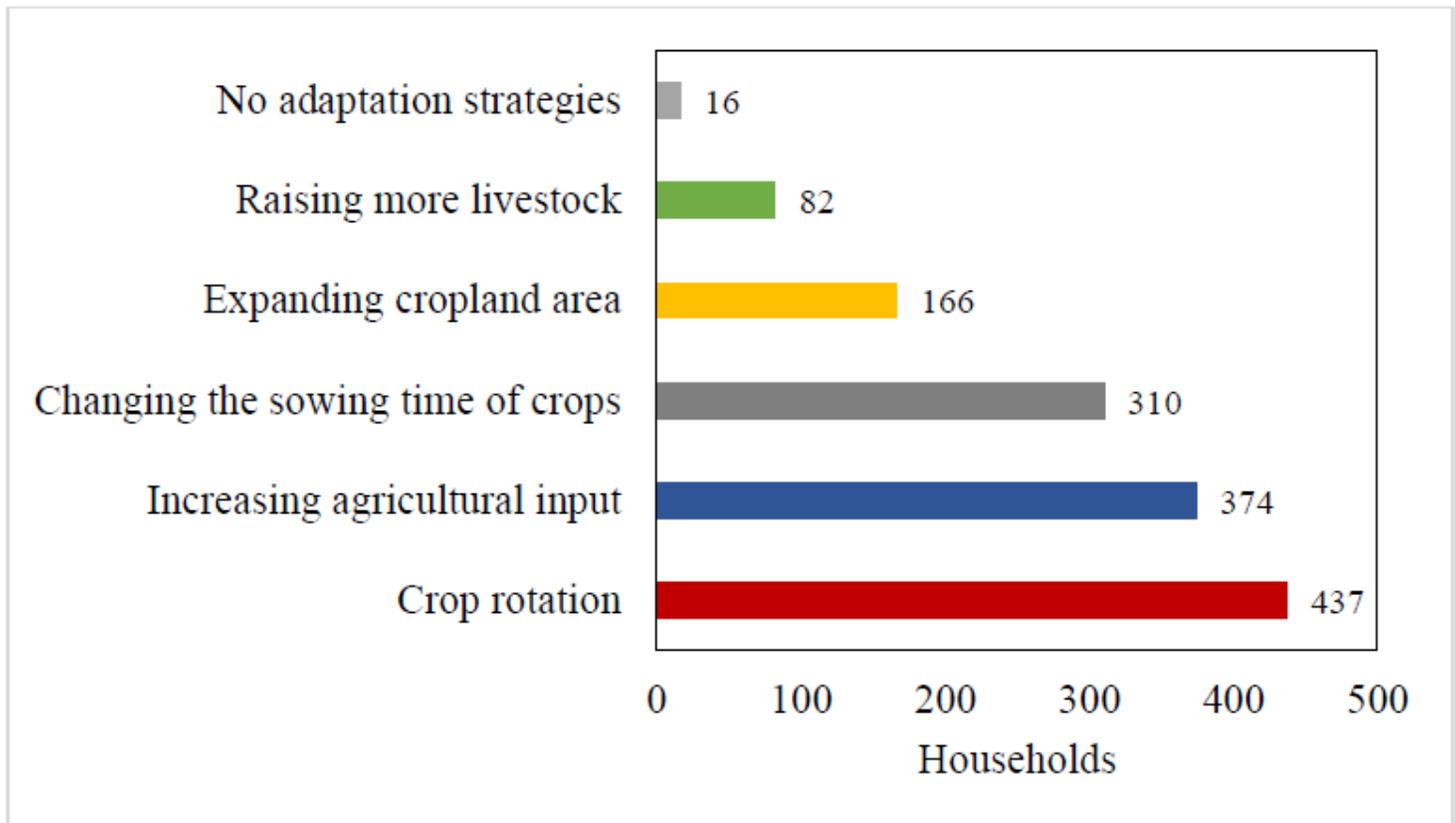
Figure 2

Temperature and precipitation changes in the YHV from 1993 to 2013.



**Figure 3**

Households' perceptions of climate change (n=504)



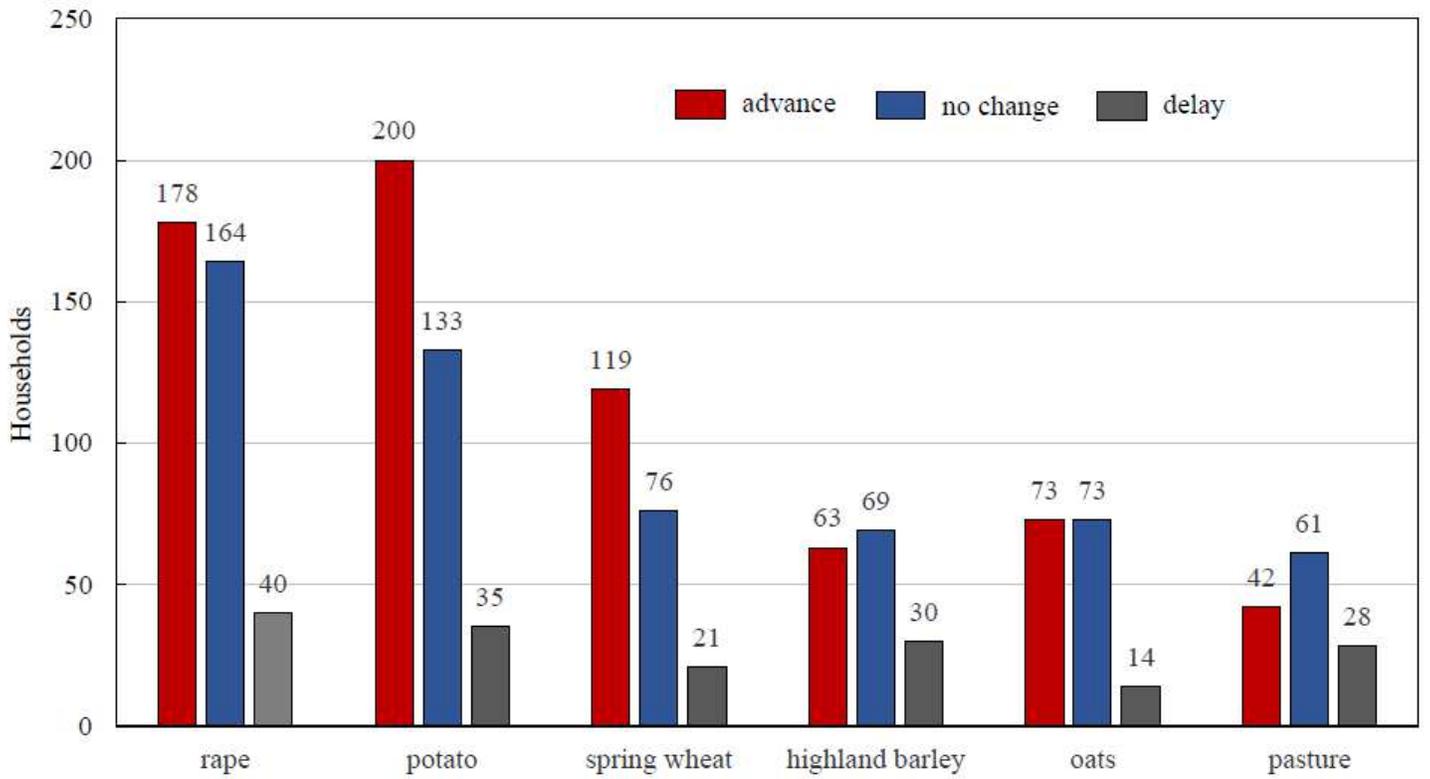
**Figure 4**

Households' adaptation strategies to climate change (504 households).



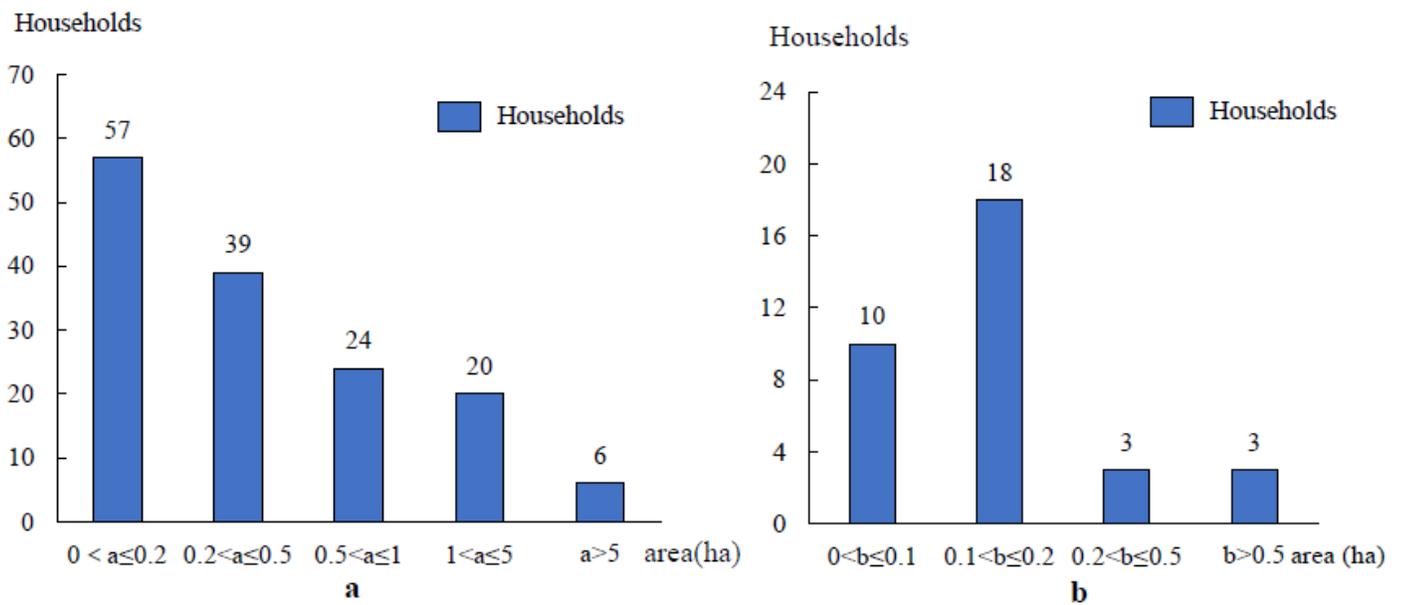
**Figure 5**

Irrigation ditches (photographed on August 3, 2017, Zhujiashuang Village, Lushaer Town, Huangzhong County).



**Figure 6**

Adjustments in the sowing date of each crop.



**Figure 7**

Statistics of transferred to cropland area (a), and reclaimed cropland area (b).