

# Effects of *Epichloë* Endophytes on The Litter Decomposition of Three Host Grass Species in The Qinghai-Tibetan Plateau

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## Research Article

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# Abstract

## Aims

Grass fungal endophyte symbioses are widespread in the Qinghai-Tibetan plateau grasslands. It is not clear whether endophytes will influence litter decomposition in alpine grassland. It is important to understand the role of fungal endophytes in the litter decomposition of host grasses in the grasslands of Qinghai-Tibetan Plateau.

## Method

This study utilized *Festuca sinensis*, *Stipa purpurea* and *Achnatherum inebrians* as objects and compared their litter with endophyte (E+) infection and without (E-) during the change in litter weight, total nitrogen, lignin and cellulose contents and their residual rate during the decomposition process. The microbial biomass carbon and nitrogen of soil under litters were also compared.

## Results

The litter from E + *F. sinensis* and *S. purpurea* decomposed more quickly along with the cellulose compared with E-. The contents and residual rates of nitrogen and lignin in the *F. sinensis* and *S. purpurea* litters had no apparent trend of change. The microbial biomass nitrogen of soil under the E + *F. sinensis* and *S. purpurea* litters was higher than that of the E- litters. Alternatively, the rates of decomposition and degradation of lignin were lower in the E + *A. inebrians* litter than those of the E- litter. The endophyte decreased the microbial biomass carbon of soil under *A. inebrians* litter.

## Conclusions

Endophytes played an important role in the nutrient cycling of alpine grassland ecosystems by promoting or decreasing the decomposition of host plants. The results will provide basic data to apply to grass endophyte symbioses in alpine grassland.

## Introduction

For the past few years, many studies have been conducted to delineate the relationship between *Epichloë* endophytes, which were formerly classified in the genus *Neotyphodium*, and their hosts grasses in the subfamily Pooideae or to delineate the diversity of symbionts in different ecosystems (Chen et al. 2019; Clay and Holah 1999; Rodriguez et al. 2008; Saikkonen et al. 2000; Siegel et al. 1987). Studies have shown that these endophytes confer the ability to tolerate stress tolerance to host species and play a significant role in the survival of some plants in high-stress environments, such as those subjected to drought, salt, cold, heat, waterlogging, insects and diseases (Kuldau and Bacon 2008; Monnet et al. 2001; Redman et al. 2002; Schardl et al. 2004; Song et al. 2015a; Song et al. 2015b). These mutualistic symbioses have been proven to influence

some ecosystem processes, such as soil respiration and litter decomposition among others (Gartner and Cardon 2004; Hector et al. 2000; Omacini et al. 2004).

Litter decomposition is a fundamental ecosystem process that drives nutrient and carbon cycling at the local, regional, and global scales (Aerts 1997; Bradford et al. 2017). The rates of decomposition can be affected by both abiotic and biotic factors (Cousteaux et al. 1995; Zhou et al. 2008). These factors include climate (e.g., temperature and soil moisture), litter quality (e.g., the contents of N, lignin and cellulose) and the nature and abundance of decomposing organisms (e.g., bacteria, fungi and soil animals) (Cousteaux et al. 1995; Porre et al. 2020). In the same environment, the original litter quality can affect the abundance, composition and activity of microorganism related to litter decomposition and then adjust the rate of decomposition and nutrient cycling (Austin et al. 2014; Berg et al. 1993; Chomel et al. 2016). Climatic condition is also a primary factor determining litter decomposition (Anderson 1991; Fierer et al. 2005). Alpine grasslands are very fragile ecosystems that are highly sensitive to climatic and ecological variations (Hope 2014; Tang et al. 2021). The Qinghai-Tibetan Plateau is with low temperatures, limited precipitation and low oxygen concentrations at high altitudes (Zhang et al. 2015). Furthermore, the alpine grasslands of the Qinghai-Tibetan Plateau have been affected by anthropogenic factors and have degenerated seriously in recent decades, not only decreased the herbage yields but also altered the soil microorganism activity and the soil nutrient cycling (Dong and Sherman 2015; Li et al. 2018; Wang et al. 2015). Hence, the studies of nutrient dynamics (like litter decomposition) or factors that might influence these processes in the Qinghai-Tibetan Plateau are essential.

Although endophytes only occur in aerial plant tissues, the effects on root-feeding herbivores and soil-dwelling organisms suggest that endophyte byproducts could be exuded by the roots of infected plants, which would affect the soil microflora (Bernard et al. 1997; Latch 1993; Omacini et al. 2004). It has been proposed that foliar endophytes of grasses could influence the decomposition of litter by altering its quality or the microenvironment for decomposition (Bernard et al. 1997; Clay 1997). Casas et al. (2011) found that fungal endophytes in *Lolium multiflorum* increased the activity of soil fungi and affected the metabolic diversity of soil microbial community. However, an increase in microbial diversity does not always accelerate decomposition rates. For example, part of the fungal endophytes could change their role from endophytes to saprophytes to become one of the decomposers (Purahong and Hyde 2011). Thus, the rate of decomposition might be increased by the higher diversity of decomposers. However, studies have reported that there is a competitive relationship between fungal endophytes and secondary saprophytic decomposing fungi (Dowson et al. 1988). So the endophytes may prevent the colonization of these new saprotrophic invaders resulting in lower decomposition rates (Fukasawa et al. 2009; Purahong and Hyde 2011). In addition, Franzluebbers et al. (1999) also concluded that infection by fungal endophytes in *Festuca arundinacea* could decrease the soil microbial mass and soil respiration and also partly inhibit soil microbial activity. Therefore, the responses of the decomposing microorganism to fungal endophytes will vary with the difference of endophyte species, host species and growing environments. Fungal endophytes not only affect the decomposer community; they also affect the litter quality that is the part of abiotic component (Lemons et al. 2005; Omacini et al. 2004). Fungal endophytes alter the metabolism of their host plants, causing changes in litter components, such as endophytic alkaloids and the contents of elements (Lyons et al. 1990; Schmidt et al. 1982; Song et al. 2015a). These changes directly affect the rates of decomposition or indirectly affect microbial decomposers and the decomposition microenvironment and may alter the degradation of litter (Lemons et al. 2005; Omacini et al.

2004; Purahong and Hyde 2011). As a whole, the effects of fungal endophytes on the decomposition of plant litter have been proven to be variable with negative, neutral, or positive results depending on the host species, fungal and plant genotypes, or ecological conditions (Gundel et al. 2016; Lemons et al. 2005; Mikola et al. 2016; Omacini et al. 2004; Siegrist et al. 2010). Fungal endophytes have a wide distribution in the Qinghai-Tibetan Plateau (Bao and Li 2016; Tian et al. 2020; Yao et al. 2015). However, the role of fungal endophytes in the decomposition of litter of host grasses in alpine grassland of the Qinghai-Tibetan Plateau remains unknown. It is necessary for revealing the role of endophyte in the nutrient transition of ecosystem in the Qinghai-Tibetan Plateau which is more sensitive to the global climate change.

*Festuca sinensis*, *Stipa purpurea* and *Achnatherum inebrians* are perennial bunchgrasses that are widespread throughout the Qinghai-Tibetan Plateau. They can grow well in severe alpine environments, thus, playing an important role in the preservation and stabilization of landscape diversity and heterogeneity (Ma and Sun 2018; Tian et al. 2020; Yao et al. 2015). These species are frequently symbiotic with *Epichloë* endophytes, which may increase their ability to resist or tolerate pathogenic fungi, cold, drought, heavy metals, and root hemiparasites among others (Bao et al. 2020; Li et al. 2007; Wang et al. 2017; Zhang et al. 2010; Zhou et al. 2015). As reported, the fungal endophyte species infected by these three grasses could be *E. sinensis* for *F. sinensis* (Tian et al. 2020), *E. inebrians* or *E. chisosa* for *S. purpurea* (Bao and Li 2016; Bao et al. 2020), and *E. inebrians* or *E. gansuensis* for *A. inebrians* (Chen et al. 2015; Li et al. 2004a). However, it is still unknown whether *Epichloë* endophytes will affect the rate of decomposition of litter of these three host grasses in the habitat of Qinghai-Tibetan Plateau.

Based on the evidence above, we hypothesized that 1) fungal endophytes will affect the quality of host grass litter by changing the degradation of its components to affect the rate of decomposition of the grass litter; 2) the microenvironment for decomposition will be altered by the presence of fungal endophytes; and 3) different grass-endophyte symbioses will have different rates of litter decomposition in the same environmental conditions. The main focus of this study was to determine how the decomposition of litter from the host plant was affected by fungal endophytes and the related potential mechanism. These results provide insight into the role of grass fungal endophytes in nutrient cycling and ecological protection in alpine grasslands.

## Materials And Methods

### Origin of plant litter

The study site was located at an alpine grassland in Haiyan County (N 37°04', E 100°52'), Qinghai Province of China. Mean elevation of the area is 3,200 m. This area has a typical plateau continental climate, with a mean annual solar radiation of 2,580 h, mean annual temperature of 0.4 to 3.4°C, and annual precipitation of 277.8 to 499.5 mm (most of which falls between May and September). The vegetation is typical of an alpine grassland, with *Kobresia* and *Elymus* species serving as the dominant plants in our study area. Other companion species included *F. sinensis*, *Poa pratensis*, *Melissitus ruthenica*, *K. humilis*, *Carex atrofusca* and *S. purpurea*.

We collected natural *F. sinensis*, *S. purpurea* and *A. inebrians* plants with mature reproductive tillers from the study site in October 2017. The endophyte infection status of the plants was determined by the microscopic

examination of stained sheaths (Li et al., 2004). The seeds of plants infected with endophytes (E+) were divided into two groups. One group was treated with a 100-fold dilution of the fungicide thiophanate-methyl for 1.5 h and then rinsed with distilled water to obtain seeds without endophyte (E-). Simultaneously, the other group was treated with distilled water (Chen et al., 2018). E+ and E- seeds of the three species were planted separately in a greenhouse. The temperature and light cycle in the greenhouse was adjusted to 25:18°C and a 14:10 h light : dark cycle. The leaves of E+ and E- plants were collected after four weeks of germination, and the status of their endophyte infection was confirmed using the leaf staining method (Li et al., 2004).

## Litter decomposition experiment

We collected litter from newly senesced E+ and E- *F. sinensis*, *S. purpurea* and *A. inebrians* at the end of growing season in October 2018. All the plant materials were air dried in the laboratory. To observe the long-term impact of endophytes on the rates of decomposition, litter bags (10 × 10 cm) composed of nylon mesh (1 × 1 mm openings) were used (Chuan et al. 2018). Air dried litter was cut into pieces of approximately 2 cm, and 5 g was inserted into each litter bag. A total of 18 litter bags of each type of litter (108 bags in total) with E+ and E- *F. sinensis*, *S. purpurea* and *A. inebrians* were placed at a study plot in the alpine grassland study site in December 2018. The study plot was enclosed in 2016 to prevent disturbance by livestock. After the manual removal of aboveground vegetation, the litter bag sets were laid on the soil surface and fixed using plastic sticks. Three randomly selected litter bags of each type of litter were retrieved after 0, 3, 6, 8, 10, and 12 months (December 2018, and March, June, August, October and December 2019). Soil samples that were 10 cm deep were collected under each litter bag at 6 months using a soil auger with a diameter of 5 cm. The soil samples were sieved through a 1 cm mesh to remove stones and stored at 4°C to determine the soil microbial biomass carbon and nitrogen.

The litter in bags was collected at each time point, gently washed in deionized water, and dried at 70°C for 48 h. Soil and little stones were manually removed, and the litter was weighed. Dried samples were ground to powder to measure the contents of total nitrogen (N), lignin and cellulose. The content of total N in litter was determined using a Nitrogen Analyzer System (Kjeltec 2300 Auto System II, Foss Tecator AB, Höganäs, Sweden). The contents of lignin and cellulose were determined after methanol-chloroform extractions and hydrolysis (Rowland and Roberts 1994). The soil microbial biomass carbon was estimated using the chloroform-fumigation-extraction method (FE) described by Vance et al. (1987). The soil microbial biomass nitrogen was estimated using the chloroform-fumigation-incubation method (FI) described by Horwath and Paul (1994).

## Data analysis

We fitted the data for loss of litter mass to a negative exponential model (Olson 1963):

$$X/X_0 = e^{-kt}$$

where  $X_0$  is the initial litter mass;  $X_t$  is the residual litter mass at time  $t$  expressed as a proportion of the initial dry mass; and  $k$  is the decay constant expressed in  $\text{year}^{-1}$ .

The element residual rate (R) was calculated using the following formula:

$$R (\%) = (C_t \times X_t) / (C_0 \times X_0) \times 100$$

where  $C_t$  is element content ( $\text{mg}\cdot\text{g}^{-1}$ ) in the residual litter mass at t time;  $X_t$  is the residual litter mass (g) at t time;  $C_0$  is the initial element content ( $\text{mg}\cdot\text{g}^{-1}$ ); and  $X_0$  is the initial litter mass.

Data analyses were performed with SPSS 22.0 for Windows (IBM, Inc., Armonk, NY, USA). A repeated measures analysis of variance (ANOVA) with Fisher's LSD test was utilized to estimate the effect of species, endophyte infection and time on the plant litter weight, total N content and residual rate, lignin content and residual rate, cellulose content and residual rate in the litter samples. The determination of significance of the difference between E+ and E- plants in all of the parameters was conducted using an independent *t*-test. Statistical significance was defined at the 95% confidence level. The means are reported with their standard errors.

## Results

The weights of the *F. sinensis*, *S. purpurea* and *A. inebrians* litters declined over time; the litters of E+ *F. sinensis* and *S. purpurea* had a higher rate of decomposition than those of E-, but the speed of decomposition of E+ *A. inebrians* litter was slower than that of the E- (Fig. 1, Table 1). The range of *k*-values was 0.613 ~ 0.836, and the time at which 95% of the tissue that decomposed was calculated from the *k*-value indicating that it was 3.67 ~ 4.98 years (Table 1). The weight of litter was significantly lower in E+ *F. sinensis* than that of the E- plants at 6, 8 and 10 months. A lower level was observed in the weight of E+ *S. purpurea* litter from 6 to 12 months when compared with the E- plants. In contrast, E+ *A. inebrians* had significantly higher weights of litter compared with the E- plant from 8 to 12 months (Fig. 1,  $P < 0.05$ ). There was a significant interaction effect between endophyte and species over time (Table 2).

Table 1

Decomposition characteristic parameters of E+ and E- *Festuca sinensis*, *Stipa purpurea* and *Achnatherum inebrians* litters

Species	Endophyte infection	Regression equation	R <sup>2</sup>	k	50% decomposed time (a)	95% decomposed time (a)
<i>F. sinensis</i>	E+	$y = 1.053e^{-0.742t}$	0.932	0.742	1.004	4.108
	E-	$y = 1.092e^{-0.724t}$	0.833	0.724	1.079	4.259
<i>S. purpurea</i>	E+	$y = 1.050e^{-0.807t}$	0.936	0.807	0.919	3.773
	E-	$y = 1.057e^{-0.613t}$	0.921	0.613	1.221	4.978
<i>A. inebrians</i>	E+	$y = 1.063e^{-0.730t}$	0.941	0.730	1.033	4.187
	E-	$y = 1.072e^{-0.836t}$	0.923	0.836	0.913	3.667

Table 2

Statistical results for the effects of species (S), endophyte (E) and times (T) on litter weight and the contents of N, lignin and cellulose during the whole decomposition time

Items	Litter weight			N content		Lignin content		Cellulose content	
	df	F	P	F	P	F	P	F	P
Species (S)	2	3.20	0.047	945.34	< 0.001	34.24	< 0.001	18.88	< 0.001
Endophyte (E)	1	13.66	< 0.001	0.05	0.828	5.71	0.019	19.07	< 0.001
Times (T)	5	565.59	< 0.001	330.61	< 0.001	413.59	< 0.001	482.18	< 0.001
S × E	2	16.85	< 0.001	17.21	< 0.001	2.58	0.083	7.42	0.001
S × T	10	1.73	0.091	12.46	< 0.001	10.35	< 0.001	5.91	< 0.001
E × T	5	5.62	< 0.001	4.42	0.001	1.23	0.304	1.47	0.211
S × E × T	10	2.15	0.031	5.14	< 0.001	1.44	0.180	1.32	0.239

After one year of decomposition in the field, the total N content in the *F. sinensis*, *S. purpurea* and *A. inebrians* litters increased gradually over time (Fig. 2a–c, Table 2). The total N content of E + *F. sinensis* litter changed from increasing to stable during the period of decomposition. However, the E- litter had an increased N content throughout the time. Thus, the E + *F. sinensis* litter had a significantly higher content of N at 6 and 8 months but a significantly lower N content at 12 months compared with that of E- *F. sinensis* (Fig. 2a). The total N content in E + litter of *S. purpurea* was significantly higher than that in the E- litter at 6, 10 and 12 months (Fig. 2b). The total N content in E + *A. inebrians* was higher than that of E- between the decomposition time, and it was significantly different at 8 and 12 months (Fig. 2c,  $P < 0.05$ ). There was a significant interaction effect on the content of N in the litter between endophyte and species over time (Table 2).

The changes in content of lignin in *F. sinensis*, *S. purpurea* and *A. inebrians* litters declined from quick to slow during the decomposition process (Fig. 2d–f). In addition, the contents of lignin in all that litters were lower than 1% from 8 months. There was no significant difference in the content of lignin in litter between E + and E- *F. sinensis* during the process of decomposition (Fig. d,  $P > 0.05$ ). In contrast, the E + litter from *S. purpurea* and *A. inebrians* had a significantly higher content of lignin compared with the E- litters at 3 and 6 months (Fig. 2e, f). Species, endophyte and the time of decomposition had a significant effect on the contents of lignin in litters, but there was no significant interaction effect for these three factors (Table 2). The contents of cellulose of *F. sinensis*, *S. purpurea* and *A. inebrians* litters clearly decreased over the period of decomposition (Fig. 2g–i). Similarly with the content of lignin, the change in speed of decomposition of cellulose in litter changed from fast to slow over the course of experiment. The content of cellulose in the E + *F. sinensis* litter was higher than that of E- at 12 months, and there was no significant difference between the E + and E- litters before 12 months (Fig. 2g). However, the E + *S. purpurea* and *A. inebrians* litters had lower contents of cellulose compared with those of E- during the period of decomposition, and the difference between E + and E- was significant for *S. purpurea* during 3, 8 and 10 months and 8, 10 and 12 months for *A. inebrians* (Fig. 2h, i). There was no significant interaction effect on the content of cellulose in litter for species, endophyte and time (Table 2).

The residual rate of N in *F. sinensis* litter decreased with the progression of time. There was no significant difference between the E + and E- *F. sinensis* litter during the whole decomposition process (Fig. 3a). The residual rate of N in *S. purpurea* and *A. inebrians* litters had no discernable trend during the decomposition (Fig. 3b, c). In addition, the difference between E + and E- litters was not significant during most of the decomposition stage. Species and decomposition time had a significant effect on the residual rate of lignin in the litters, respectively, but there was no significant interaction effect for species, endophyte and time (Table 3). The residual rate of lignin had a similar trend of variation with the content of lignin in *F. sinensis*, *S. purpurea* and *A. inebrians* litters, which decreased gradually with the progression of time (Fig. 3a–c). The litter from E + *F. sinensis* had a significantly lower residual rate of lignin at 6 months, and E + *A. inebrians* litters had a significantly higher residual rate of lignin at 3 months. With the exception of that, the difference between E + and E- litters of the three species was not significant during the time of decomposition (Fig. 3d–f). The time had a significant effect on the residual rate of lignin in litters, and the interaction effect induced by species, endophyte and time was significant ( $P = 0.006$ , Table 3). Alternatively, the residual rate of cellulose in the litters of *F. sinensis*, *S. purpurea* and *A. inebrians* also declined as the decomposition time was prolonged (Fig. 3g–i). The residual rate of cellulose in E + *F. sinensis* litter was lower than that in the E- litter at 6 and 8 months

(Fig. 3g,  $P < 0.05$ ). The E + *S. purpurea* litter had a lower residual rate of cellulose during the process of decomposition, and the difference was significant at 8 and 10 months (Fig. 3h). However, the residual rate of cellulose in *A. inebrians* litter was not significantly different among the whole period of decomposition (Fig. 3i). The residual rate of cellulose in litter was significantly influenced by endophyte and time separately, but the interaction effect of species, endophyte and time was not significant (Table 3).

Table 3

Statistical results for the effects of species (S), endophyte (E) and times (T) on the residual rates of N, lignin and cellulose during the whole decomposition time

Items	N residual rate			Lignin residual rate		Cellulose residual rate	
	df	F	P	F	P	F	P
Species (S)	2	12.06	< 0.001	0.82	0.447	1.35	0.265
Endophyte (E)	1	2.80	0.098	0.18	0.673	8.87	0.004
Times (T)	5	32.56	< 0.001	684.05	< 0.001	609.28	< 0.001
S × E	2	2.89	0.062	5.56	0.006	0.36	0.700
S × T	10	1.56	0.137	0.27	0.986	4.33	< 0.001
E × T	5	0.69	0.630	0.10	0.992	1.61	0.169
S × E × T	10	1.39	0.205	2.77	0.006	0.64	0.774

The microbial biomass carbon of soil under the E + and E- *F. sinensis* litters did not differ significantly ( $P < 0.05$ , Fig. 4a). However, the microbial biomass carbon of soil under the E + *S. purpurea* and *A. inebrians* litters was significantly lower than that of the E- litters. The species did not result in a significant effect on microbial biomass carbon, but the effect of endophyte was significant (Table 4). There was no significant interaction effect for these two factors. The microbial biomass nitrogen of soil in the E + *F. sinensis* and *S. purpurea* litters was higher when compared with that of E- ( $P < 0.05$ , Fig. 4b), but the difference between E + and E- *A. inebrians* litters was not significant. Similarly, the interaction effect of species and endophyte was not significant ( $P > 0.05$ , Table 4).

Table 4

Results of a two-way analysis of variance (ANOVA) for the effects of species (S) and endophyte (E) on the microbial biomass carbon and nitrogen of soil under litters

Items	Microbial biomass carbon			Microbial biomass nitrogen	
	df	F	P	F	P
Species (S)	2	2.98	0.076	0.19	0.833
Endophyte (E)	1	6.47	0.020	12.83	0.002
S × E	2	0.46	0.636	1.02	0.381

## Discussion

As hypothesized, we found that the fungal endophyte affects the decomposition of litter of their host grasses *F. sinensis*, *S. purpurea* and *A. inebrians*. Different species varied in their response to fungal endophyte infection in the rate of decomposition of litter and related factors, such as litter quality and the surrounding microbial mass.

Grasses infected with fungal endophytes can release allelochemicals and alter the area of soil in which they grow (Malinowski et al. 1999; Petroski et al. 1990). Most studies about the effect of endophytes on litter decomposition of their host showed that the endophyte played a negative role during the process of decomposition of litter. For example, Omacini et al. (2004) found that the rates of decomposition in E + litters were 18% lower on average than that in the E- litters in both a garden microcosm experiment and a greenhouse experiment. Lemons et al. (2005) also found that the rates of decomposition were 6% slower in E + litter than in E- litter in an agricultural field experiment. In this study, the speed of decomposition in E + *A. inebrians* litter was slower than that in the E- litter (Fig. 1c), which is similar to previous results. Other studies demonstrated that the enhanced accumulation of soil carbon in *Festuca* pastures that were highly infected with endophytes compared with those that had low levels of infection could be attributed to the reduction in decomposition rates of E + litters (Franzluebbers et al. 1999; Osono 2006; Schomberg et al. 2000).

However, in contrast with *A. inebrians*, the rate of decomposition of litter in *F. sinensis* and *S. purpurea* with endophytes was quicker and the period of decomposition was shorter compared with the litters that lacked endophytes (Fig. 1a, b, Table 1). These results are consistent with a previous study that found that the *E. uncinatum* fungal endophyte increased the rate of decomposition of *Schedonorus pratensis* litter when incubated in a garden (Gundel et al. 2016). Grass endophytes can utilize simple sugars, such as glucose, sucrose, and xylose, as a sole carbon source in tissues that had recently died (White et al. 1991). Thus, endophytes have an advantage in their ability to utilize these readily available components before the fungi that colonize after tissue death. Such an ecological advantage suggests that grass infected by endophytes will decompose at a quicker rate (Gundel et al. 2016; Osono 2006).

Within individual ecosystems or biome types, litter quality becomes a more effective determinant of the rate of decomposition than the climate (Aerts 1997; Meentemeyer 1978). At the ecosystem scale, litter quality is most often related to the chemical characteristics of the litter, for example, carbon : nitrogen ratios and/or lignin content (Aber et al. 1990; Aerts 1997). In this study, the content of nitrogen in the *A. inebrians*, *F. sinensis* and *S. purpurea* litters increased with the progression of time (Fig. 2a). The content of nitrogen or phosphorus in litter would gradually increase during the decomposition of litter because of the lower speed of release of nutrient elements compared with the rate of loss of litter mass (Gallardo and Merino 1993). This could also be reflected in the change in residual rate of nitrogen, which decreased with the progression of time of decomposition (Fig. 3a). However, the residual rates of total nitrogen in the litters of three species had no significant difference between the E + and E- plants during most of the time of decomposition. Omacini et al. (2004) and Lemons et al. (2005) found there was no significant difference in the total content of N between E + and E- *Lolium* litters. In this study, the total nitrogen content appeared to have a different status in varied host species with the progression of time. Thus, the content of nitrogen in litter might not play a decisive role in the relative progress of the process of decomposition (Gundel et al. 2016).

In addition to changes in the mineral content, endophytes have been associated with changes in plant structural parameters, such as the content of fibers and lignin, that could also be linked with the decomposition of litter (Gundel et al. 2017; Rogers et al. 2011; Soto-Barajas et al. 2016). In this study, there was no visible effect from fungal endophytes on the original contents of lignin and cellulose of host grass. However, the degradation of lignin and cellulose varied between E + and E- symbiont for different species. First, *S. purpurea* had a higher content of lignin in the E + litter compared with that of E- during the process of decomposition, but the residual rates of lignin did not differ significantly (Figs. 2e, 3e). This may be owing to the higher speed of rate of decomposition of the E + litter. The content and residual rate of lignin in the E + litter from *A. inebrians* were higher than those of the E- litter to some degree during the process of decomposition (Figs. 2f, 3f). Thus, the slower rate of decomposition of the E + *A. inebrians* litter compared with that of E- may be partly attributed to the slower decomposition of lignin. Secondly, the content and residual rate of cellulose in the E + *S. purpurea* litter were lower than those in the E- litter to some degree during the year of decomposition (Figs. 2h, 3h). Thus, the lower concentration of cellulose in the lower mass weight of E + litter could result from the faster degradation of cellulose compared with that of the E- *S. purpurea* litter. The lower residual rate of cellulose in E + *F. sinensis* compared with that of E- could also induce the quicker decomposition of E + litter (Fig. 3g). However, the lower concentration of cellulose in E + *A. inebrians* litter was mostly caused by the slower decomposition of the E + litter based on the lack of a significant difference in the residual rate of cellulose between the E + and E- litters (Fig. 2i). These results suggest that the effect of fungal endophytes on the decomposition of litter could be partly attributed to the influence of lignin degradation for *A. inebrians* and the influence of cellulose degradation for *F. sinensis* and *S. purpurea*.

Soil microbial biomass is the main driving force in the decomposition of organic materials and is frequently used as an early indicator of changes in the chemical and physical properties of soil (Baaru et al. 2007; Brookes 1995). The quicker rate of decomposition of organic materials related to the higher values of soil microbial biomass carbon that resulted from the ready supply of nutrients that provide for microbial growth (Baaru et al. 2007). Grasses infected with fungal endophytes can release allelochemicals and alter the area of soil in which they grow (Malinowski et al. 1999; Petroski et al. 1990). In this study, the lower rate of decomposition of *A. inebrians* litter was associated with a lower amount of soil microbial biomass carbon. This result is consistent with those of previous studies (Baaru et al. 2007; Franzluebbers et al. 1999; Lemons et al. 2005). Thus, the exit of fungal endophytes in litter could decrease the soil microbial biomass by decreasing the speed of decomposition of litter by *A. inebrians*. This could be related to the secondary metabolites synthesized by the endophyte in *A. inebrians*, which altered the composition of the soil microbial community (Malinowski et al. 1998; Ponce et al. 2009; Siegel et al. 1990). However, other studies have found that the endophyte in Italian ryegrass (*Neotyphodium occultans*) increased the activity of soil fungal community (Casas et al. 2011). The value of microbial biomass nitrogen in soil can represent the dynamic balance during the process of the mineralization and immobilization of nutrients through the reproduction and death of microorganisms (Li et al. 2004b). Thus, the higher microbial biomass nitrogen of the soil under E + *F. sinensis* and *S. purpurea* could be attributed to the promotion of endophytes on microbial activity. This could be one indirect explanation for the quicker decomposition of E + *F. sinensis* and *S. purpurea* litters compared with that of the E- litters. Therefore, different endophyte species may induce various changes in the soil microbial community, from amount to vitality, during the decomposition of litter.

Fungal endophytes can alter the contents of amino acids, water soluble carbohydrates, lipids, organic acids or chlorogenic acid in the host plant, which result in different chemical constitutions between the E + and E- plants (Rasmussen et al. 2007; Rasmussen et al. 2008). These differences may directly influence the decomposition of litter by the host plant or indirectly change soil physicochemical properties and microbial community (Gundel et al. 2017; Omacini et al. 2004). Our results suggest that the endophyte of *A. inebrians* could decrease the degradation of lignin in *A. inebrians* litter, reducing the microbial mass in soil, to slow the decomposition of host grass litter. We found that the endophyte of *S. purpurea* accelerated the degradation of cellulose in *S. purpurea* litter, enhanced the microbial activity of soil, and finally promoted the rate of decomposition of this litter. The fact that the promotion of rate of decomposition by the *F. sinensis* endophyte may be owing to the higher microbial biomass of nitrogen in the soil under E + litter, whose litter quality did not differ significantly between E + and E- during the process of decomposition. Accordingly, the endophytes in *A. inebrians*, *F. sinensis* and *S. purpurea* played different roles in the decomposition of litter from their host, resulting in varied litter quality and environment for decomposition. Our results on decomposition further demonstrate a role for endophyte–plant mutualisms in ecosystem processes under field conditions. To fully understand the mechanism by which one endophyte affects the decomposition of litter, a more solid conclusion must await further examination on the effects of endophytes on litter quality or microbial community composition and the effect of environmental conditions in the future.

## Conclusions

In conclusion, different fungal endophytes played different roles in the litter decomposition of their host grasses. The endophytes in *F. sinensis* and *S. purpurea* promoted the rate of decomposition of host and the degradation of cellulose in litter, and they also increased the microbial biomass nitrogen of soil under litter. While the endophyte in *A. inebrians* delayed the decomposition of host litter and the degradation of lignin degradation in the litter, it also decreased the microbial biomass carbon of soil under litter. Therefore, *F. sinensis* and *S. purpurea* endophyte symbioses are suggested to be applied in alpine grasslands in the Qinghai-Tibetan Plateau for accelerating the nutrient flow and improving the vegetation coverage of degraded grassland. However, the mechanism of different fungal endophytes modifying the decomposition of host grass and the role of endophytes playing in the microbial community needs additional study.

## Declarations

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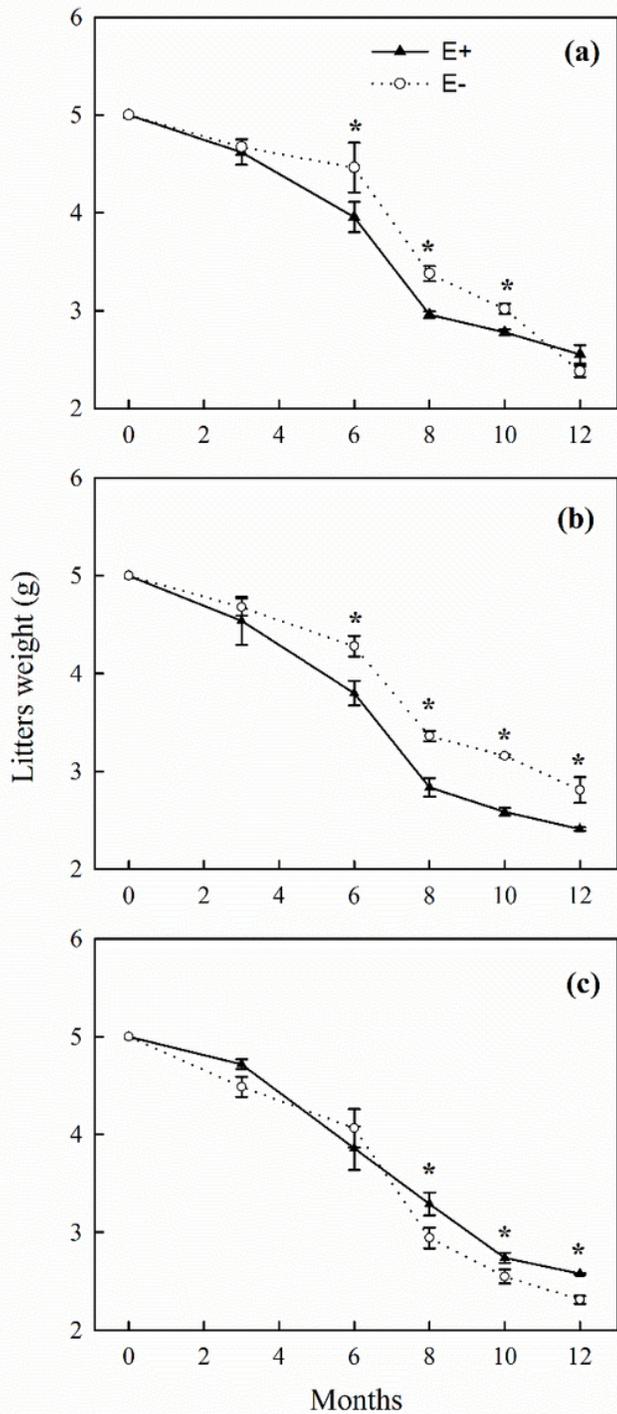
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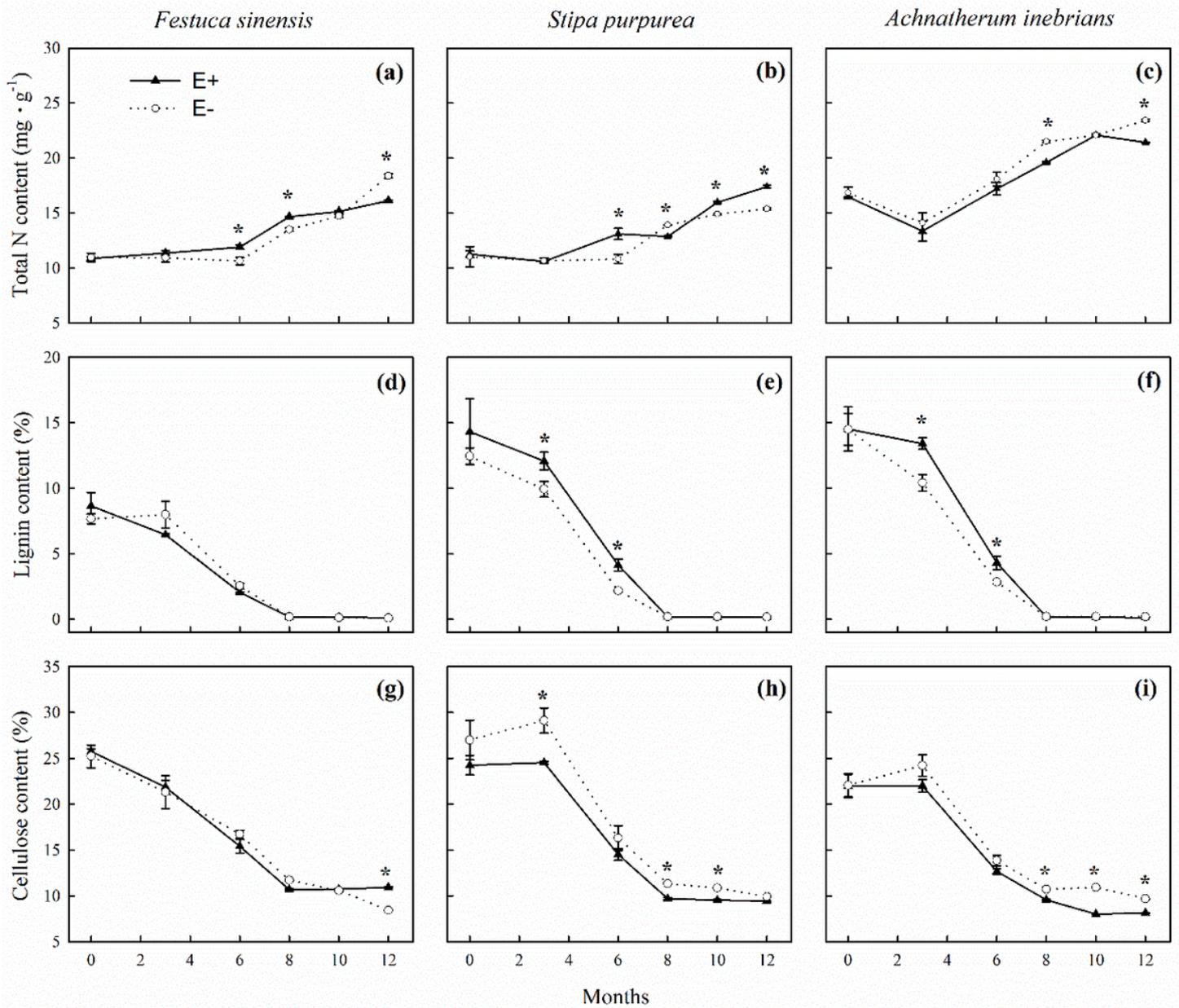
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## Figures



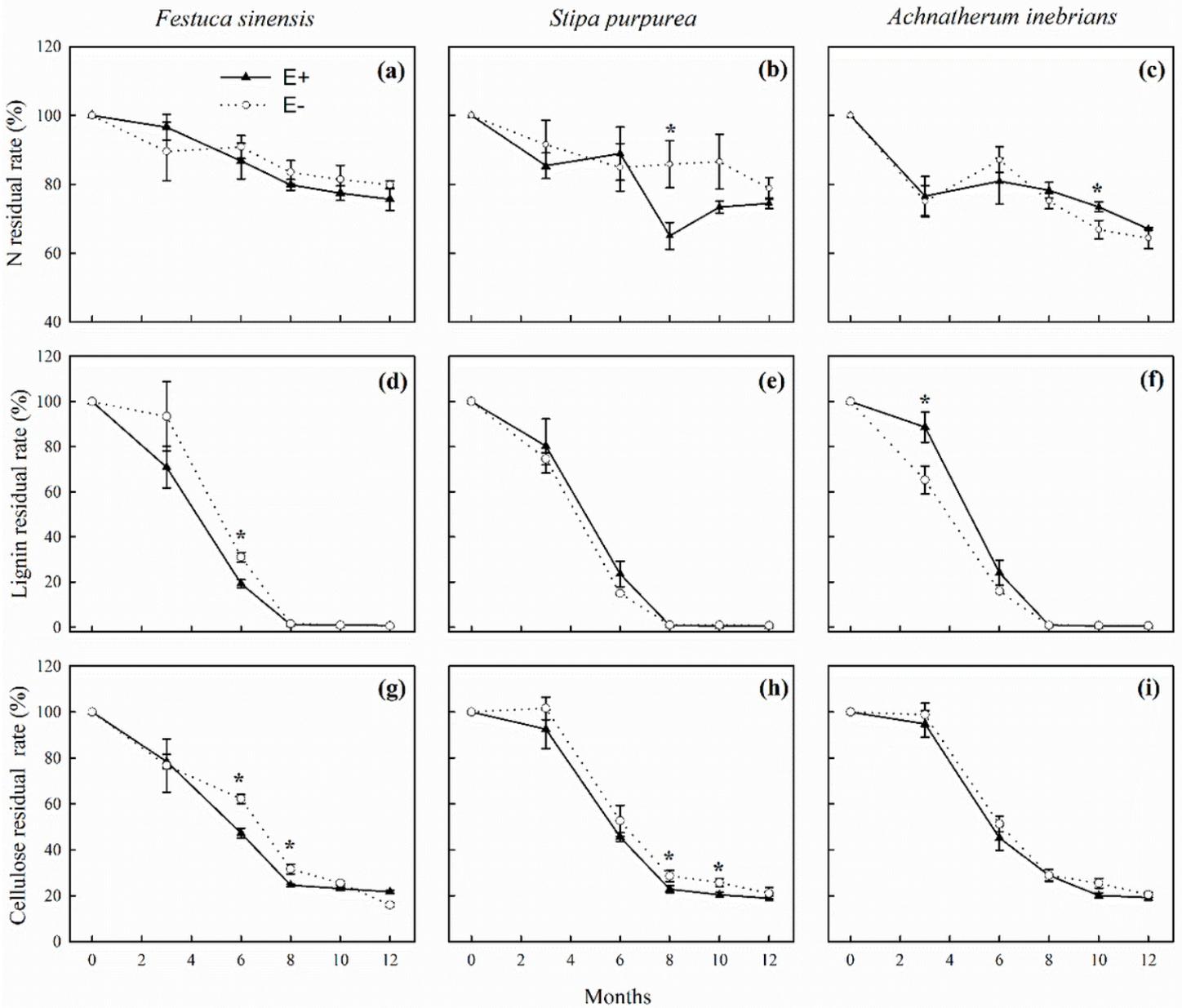
**Figure 1**

Change in litter weights of E+ and E- *Festuca sinensis* (a), *Stipa purpurea* (b) and *Achnatherum inebrians* (c) during the decomposition time. E+: with endophyte; E-: without endophyte. \* $P < 0.05$  between the E+ and E- litters simultaneously



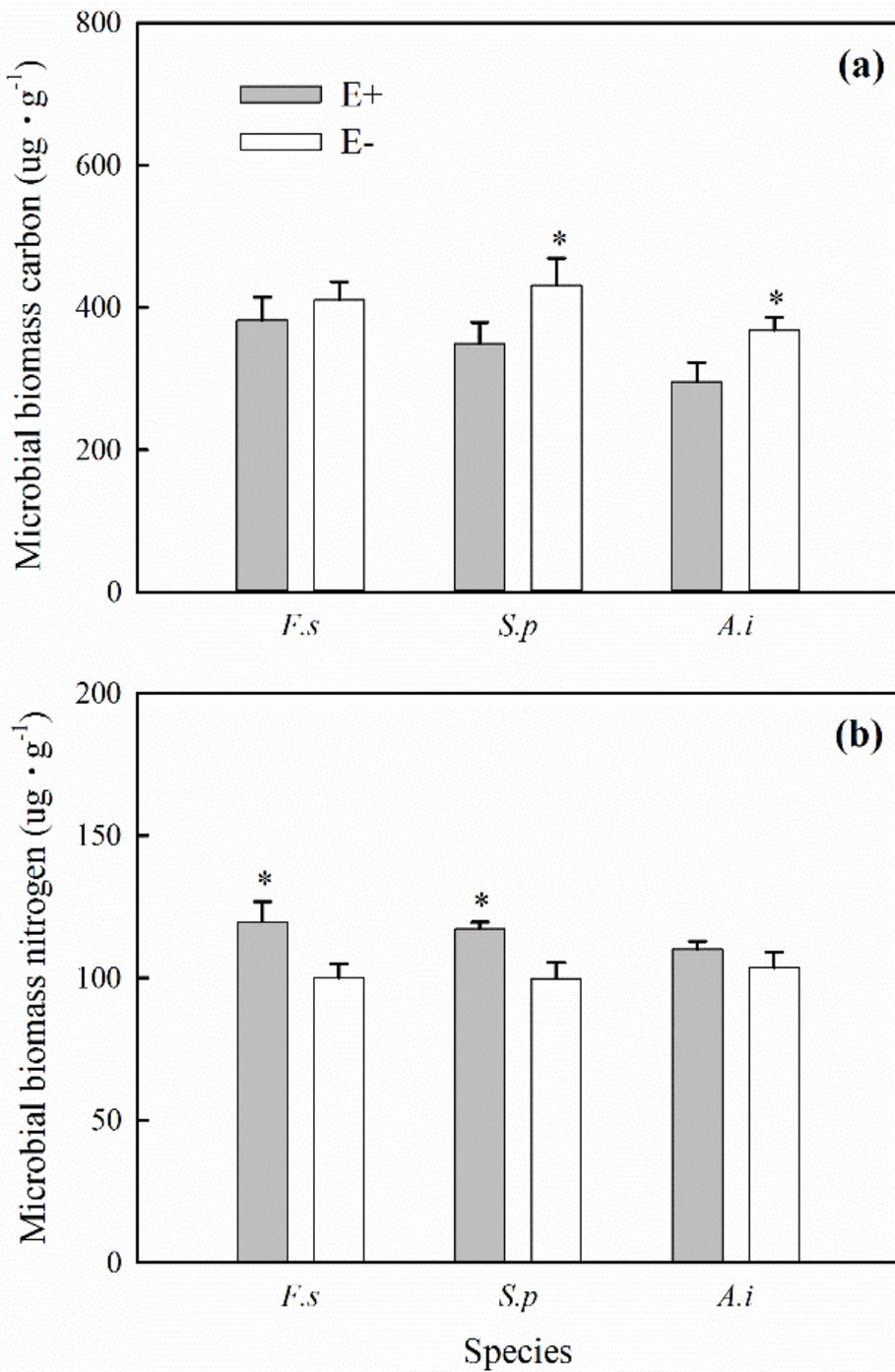
**Figure 2**

Change in the contents of total N, lignin and cellulose in E+ and E- *Festuca sinensis* (a, d, g), *Stipa purpurea* (b, e, h) and *Achnatherum inebrians* (c, f, i) during the decomposition time. E+: with endophyte; E-: without endophyte. \* $P < 0.05$  between the E+ and E- litters simultaneously



**Figure 3**

Change in the residual rate of N, lignin and cellulose in E+ and E- *Festuca sinensis* (a, d, g), *Stipa purpurea* (b, e, h) and *Achnatherum inebrians* (c, f, i) during the decomposition time. E+: with endophyte; E-: without endophyte. \* $P < 0.05$  between the E+ and E- litters simultaneously



**Figure 4**

Effects of endophyte on the microbial biomass carbon (a) and microbial biomass nitrogen (b) of soil under different grass litters. *F.s*: *Festuca sinensis*; *S.p*: *Stipa purpurea*; *A.i*: *Achnatherum inebrians*. E+: with endophyte; E-: without endophyte. \* $P < 0.05$  between the E+ and E- litters simultaneously

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