

3D Printed Brachytherapy Jig for Reference Air Kerma Rate Calibration

Emily Simpson-Page (✉ Emily.Simpson-Page@health.qld.gov.au)

RBWH: Royal Brisbane and Women's Hospital <https://orcid.org/0000-0002-5262-6465>

Lynsey Hamlett

Sunshine Coast University Hospital

Dominika Lew

Genesis Cancer Care Queensland

Holly Stephens

Genesis Cancer Care Queensland

Rachael Wilks

Royal Brisbane and Women's Hospital

Tanya Kairn

Royal Brisbane and Women's Hospital

Scott B Crowe

Royal Brisbane and Women's Hospital

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3D printed brachytherapy jig for Reference Air Kerma Rate calibration

Emily Simpson-Page · Lynsey Hamlett ·
Dominika Lew · Holly Stephens ·
Rachael Wilks · Tanya Kairn · Scott B.
Crowe

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1 **Abstract** 3D printing in modern radiotherapy provides creative autonomy
2 which can be a valuable tool for use in brachytherapy source calibration. Ra-
3 diotherapy centres may verify their brachytherapy source strength with a cal-
4 ibrated Farmer chamber. For this purpose, a jig was designed, 3D printed and
5 commissioned for in-air source strength calibration. Measurements on four af-
6 terloaders with varied equipment and environments were completed. A full
7 uncertainty budget was developed and measurements with the in-air jig were
8 consistently within 3% of the certificate source strength. By creating a jig that
9 is able to be customised to multiple catheter sizes and cylindrical chamber de-
10 signs, centres can be provided with the option of independently checking their
11 source strength with ease and for little cost.

E. Simpson-Page
Cancer Care Services, Royal Brisbane and Women's Hospital, Herston, Qld, Australia
E-mail: emily.simpsonpage@gmail.com

L. Hamlett
Sunshine Coast University Hospital, Sunshine Coast, Qld, Australia

D. Lew and H. Stephens
Genesis Cancer Care Queensland, Auchenflower, Qld, Australia

R. Wilks
Cancer Care Services, Royal Brisbane and Women's Hospital, Herston, Qld, Australia
and School of Information Technology and Electrical Engineering, University of Queensland,
St. Lucia, Qld, Australia
and Herston Biofabrication Institute, Metro North Hospital and Health Service, Herston,
Qld, Australia

T. Kairn and S.B. Crowe
Cancer Care Services, Royal Brisbane and Women's Hospital, Herston, Qld, Australia
and School of Information Technology and Electrical Engineering, University of Queensland,
St. Lucia, Qld, Australia
Herston Biofabrication Institute, Metro North Hospital and Health Service, Herston, Qld,
Australia
and School of Chemistry and Physics, Queensland University of Technology, Brisbane, Qld,
Australia

12 **Keywords** Radiation therapy · Iridium-192 · additive manufacture · fused
13 deposition modelling

14 Introduction

15 Radiotherapy centres that provide brachytherapy treatments should have the
16 ability to independently verify the source strength provided by the manufac-
17 turer [1]. The International Atomic Energy Agency (IAEA) recommends this
18 verification use reference air kerma rate (RAKR) to specify the activity of
19 gamma sources [2]. A number of different detector types are able to under-
20 take this calibration though most often a well chamber is used [3,4]. In many
21 countries, centres are required to ship well chambers overseas for calibration,
22 since not all local standards laboratories maintain a brachytherapy standard
23 or provide a well chamber calibration service [5].

24 Because the source strength is directly related to the dose received by
25 a patient it is prudent to have an independent dosimetry system to check
26 against and verify the primary method for calibration. Further to this, having
27 an independent dosimetry system for a brachytherapy source can aid with
28 establishing a mean ratio between the locally measured and vendor specified
29 source strengths which can function as an early indication of problems with
30 the calibration system [6]. Moreover, when sending well chambers overseas
31 for calibration, centres may experience a period of time where they do not
32 have a dosimetry system for calibrating brachytherapy sources. The ability to
33 use a traceable calibrated Farmer chamber provides an easy solution to both
34 challenges; the Farmer chamber can be used both to verify the well chamber
35 measurement and to provide source calibration checks when the well chamber
36 is not available. This method is in accordance with IAEA recommendations
37 for using a cylindrical chamber, such as a Farmer chamber, to calibrate a
38 brachytherapy source [2].

39 Where primary standards laboratories are able to calibrate cylindrical
40 chambers at energies either side of the Ir-192 mean energy, a correction factor
41 can be produced for Ir-192 by interpolation. This approach is recommended
42 by the IAEA [2]. The Australian Radiation Protection and Nuclear Safety
43 Agency (ARPANSA), for example, is able to calibrate cylindrical chambers
44 for reference photon dosimetry in beam qualities 250 kV and Co-60 gamma
45 rays. An interpolation between these energies can then be used to calculate
46 an estimate for the N_k correction for Ir-192, which decays via gamma decay
47 with an average energy of 397 keV [2].

48 Using the interpolated N_k correction for Ir-192, the IAEA formalism can be
49 followed for calculation of RAKR. This formalism defines RAKR at a distance
50 of 1 m. This 1 m measurement is not always practical due to low signal and
51 possible high leakage currents of ionisation chambers used. According to the
52 IAEA formalism [2], the RAKR can be determined from measurements with
53 a cylindrical chamber at a recommended optimal distance of 16 cm.

54 Use of the IAEA formalism in conjunction with a calibrated Farmer cham-
55 ber is subject to increased uncertainties in comparison with well chamber
56 measurements [4, 7, 8]. When using a cylindrical chamber in-air to calibrate a
57 brachytherapy source, errors can manifest in the way of set up reproducibility,
58 scatter corrections, air attenuation factors and source-to-chamber positional
59 accuracy. These errors and uncertainties can be accounted for and minimised
60 with a reproducible and robust set up.

61 The use of jigs to enable reproducible Farmer chamber measurements has
62 been investigated previously, using both commercially available [9, 10] and in-
63 house designed devices [4, 7]. However, although the use of 3D printed jigs
64 for non-reference brachytherapy dosimetry has recently been reported in the
65 literature [11], none of these examples have utilised a 3D printed jig for the
66 purpose of absolute dose measurements for a brachytherapy source using the
67 IAEA protocol.

68 3D printing in radiotherapy is a useful tool for optimising clinical practice
69 and workflow [11–14]. The speed and accuracy with which jigs can be printed
70 are desirable for radiotherapy departments, particularly those that already
71 have a 3D printing programme set up. This use of 3D printing to address a
72 clinical need provides a quick, cheap and effective solution to alternative jigs
73 available for brachytherapy in-air calibration.

74 By characterising components of the in-air calibration method to a high
75 level of precision, brachytherapy centres can achieve a reliable measurement
76 of the RAKR of brachytherapy sources without compromising accuracy. The
77 ability to independently verify the strength of a brachytherapy source provides
78 a quality assurance and external audit check which is an important aspect of
79 quality radiation delivery. For this reason, it is necessary for a locally fabricated
80 jig to be tested in various contexts and with changing equipment to ensure
81 reproducible and reliable results.

82 The objective of this study was to design and fabricate an in-air jig using
83 3D printing methods, characterise all associated uncertainties and perform
84 repeat measurements for different Ir-192 brachytherapy delivery systems, to
85 evaluate the reliability and robustness of the 3D printed RAKR jig.

86 Method

87 Design and fabrication of 3D printed jig

88 The jig was designed to be customisable for use in different radiotherapy
89 centres, allowing for various brachytherapy afterloaders, catheters, cylindri-
90 cal chambers and measurement methods. The pieces that held the chamber
91 and catheters were all able to be interchanged with counterparts of various
92 sizes, so that a variety of chambers and catheters could be accommodated
93 with the same base frame. The cavities for holding the catheters and cham-
94 ber were defined using known dimensions published by vendors with suitable
95 tolerances added. Tolerances were optimised based on a series of test prints,

96 whereby an iterative approach to determine the most reproducible and appro-
 97 priate dimensions for equipment to fit was completed.

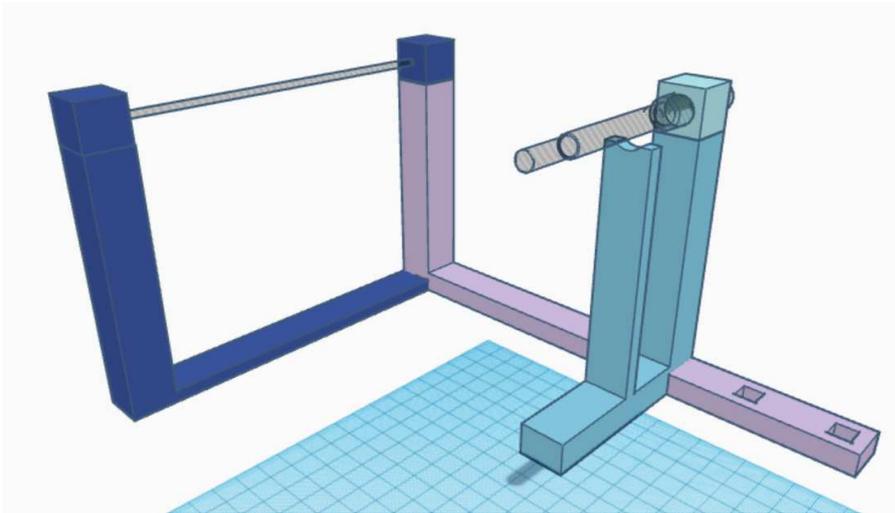


Fig. 1 Tinkercad design of RAKR measurement jig, showing location of source catheter (grey object between dark blue supports) and location of ionisation chamber (grey object on light blue supports, shown without build-up cap for clarity)

98 The jig, shown in figure 1, was designed in Tinkercad and printed with
 99 1.75 mm polylactic acid (PLA) filament on a Raise 3D Pro 2 dual extrusion
 100 printer (Raise 3D Technologies, Irvine, USA), using the settings listed in ta-
 101 ble 1. To reduce scatter, PLA support structures were only introduced when
 102 required. For local testing, the jig was initially created for use with a PTW
 103 30013 Farmer chamber (PTW, Freiburg, Germany) and 2 mm diameter, plas-
 104 tic interstitial needle. The design and fabrication process was then repeated
 105 for three additional catheter sizes.

106 For a combination of Ir-192 sources and Farmer type chambers, the optimal
 107 RAKR measurement distance has been shown to be 16 cm, though measure-
 108 ment distances should be selected between 10 and 40 cm [2]. The main jig
 109 was designed so that the chamber could sit at three distances from the source;
 110 16, 20 and 24 cm. This allows repeated measurements to determine source
 111 strength from different distances. An attachment for the jig was also created
 112 to allow for measurements using a seven-distance scatter estimate. This pro-
 113 vided a further four positions for the chamber to sit at 30, 34, 38 and 42 cm
 114 from the source.

Table 1 Print settings for RAKR In-Air Jig

| Setting | |
|------------------|-------------|
| Infill Density | 10 % |
| Shells | 3 |
| Layer Height | 0.3 mm |
| Material | 1.75 mm PLA |
| Total Print Time | 11 hrs |
| Filament Amount | 170.5 g |
| Cost | \$ 5.12 |

115 In-house uncertainty evaluation for 3D printed jig

116 After completion of 3D printing of the initial version of the jig (for PTW
 117 Farmer chamber and 2 mm needle), a visual inspection of the parts was per-
 118 formed and physical measurements of dimensions were made. Testing included
 119 assessment of geometric accuracy using calipers, assessment of fit for various
 120 needles and the PTW 30013 Farmer chamber, as well as the fit of the support
 121 arm and robustness of connections. Gentle manual manipulation was used to
 122 ensure the jig did not separate when weight was placed on joints. This was com-
 123 pleted to ensure that when the source moves in and out through the catheter,
 124 the jig would not deform or separate. Connections that were slightly loose due
 125 to printer tolerances could be tightened using adhesive tape and connections
 126 that were too tight could be adjusted by filing.

127 Although the jig was printed with a comparatively low in-fill density (see
 128 table 1), the proximity of jig components to both the chamber and the source
 129 (see figure 1) made it important to establish the potential for scatter from the
 130 jig to affect the RAKR measurement. This test was performed by comparing
 131 scatter correction factors calculated with and without inclusion of jig scatter
 132 effects. A scatter correction without jig effects was calculated using Chang et
 133 al’s empirical scatter estimate [15,16], which assumes that scatter comes from
 134 the surfaces bounding the room in which the measurement is made (walls,
 135 ceiling, floor) and therefore relies on the room dimensions to calculate the
 136 scatter correction. Scatter corrections that take jig scatter into account (along
 137 with wall, ceiling, floor and other sources of scatter in the room) were eval-
 138 uated using physical measurements at several set distances from the source.
 139 Specifically, additional data was measured for seven distances as per IAEA
 140 formalism, by using the purpose-designed extension to the jig which allows
 141 seven positions for the source to chamber distance. The seven distance mea-
 142 surement data were analysed by developing a python script using SciPy [17]
 143 that used an established least squares method [18,19] to derive a constant
 144 from the relationship between primary and scattered contributions to the to-
 145 tal integrated charge measurement [20]. A two distance estimation of scatter
 146 was also performed, per Butler et al. [9], as a secondary verification of the
 147 potential magnitude of jig scatter.

148 As part of the local preliminary testing process, an uncertainty budget for
 149 the jig was developed from guidelines in IAEA TECDOC 1585 and uncertainty
 150 budgets that have previously been included in brachytherapy literature [21,
 151 22]. TECDOC 1585 [23] provides guidance to standards laboratories regarding
 152 the assessment and reporting of uncertainty in measurements with reference
 153 to the ISO/IEC Guide 98-3:2008, colloquially referred to as the ISO-GUM
 154 method [23,24]. The TECDOC 1585 document provides an example of un-
 155 certainty analysis for RAKR calibrations which was used as a template to
 156 begin the uncertainty analysis used in this study [23]. Sources of uncertainty
 157 were initially broken down with reference to the IAEA in-air RAKR formalism
 158 described in the next section (see equation 1).

159 Uncertainty in N_K was taken from published uncertainties from derivation
 160 of N_k for Ir-192 [25]. For this uncertainty contribution and for Type B un-
 161 certainties presented in this study, effective degrees of freedom were assigned
 162 in accordance with suggestions from IAEA TECDOC 1585 [26]. Repeated in-
 163 house measurements using a GammaMed Plus HDR brachytherapy unit (Var-
 164 ian Medical Systems, Palo Alto, USA) were used to estimate Type A uncer-
 165 tainties for influence quantities such as temperature and pressure, while Type
 166 B uncertainties were derived from the resolution on the measurement devices
 167 used during the experimental measurements. The uncertainty in the measured
 168 integrated charge consisted of Type A and Type B uncertainties taken from
 169 data collected and calibration certificates for the chamber and electrometer
 170 used in this study. The error for time in the expression was taken from pub-
 171 lished errors in published Varian GammaMed plus specifications, which was
 172 verified during commissioning, for the accuracy in dwell time resolution. The
 173 uncertainty for the k_{air} factor was derived from TECDOC 1274 [2]. Because
 174 the scatter was derived empirically, the published uncertainties were included
 175 [15]. The Kondo-Randolph [27] and [28] tables were used to calculate k_n which
 176 included an anisotropy factor $A_{KR,pn}$, isotropic factor $A'_{pn(r)}$ and an A_w factor
 177 correcting for the material of the inner wall of the chamber. The A_w factor
 178 was taken from the IAEA TECDOC 1274 [2] values for the PTW 30001 cham-
 179 ber. These values were chosen as they had been used previously for the PTW
 180 30010 chamber [9] and the PTW3 0013 farmer chamber has the same build up
 181 cap and wall material as its non waterproof counterpart. The individual un-
 182 certainty for each of these components contributed to the overall uncertainty
 183 for k_n .

184 In order to assess the total uncertainty affecting comparisons between RAKR
 185 measurements made with a Farmer chamber in the 3D printed jig and RAKR
 186 measurements made using a well chamber, an assessment of the total uncer-
 187 tainty for the well chamber was also required. This assessment also accounted
 188 for Type A and B uncertainties, while appreciating that there was no con-
 189 tributing error for air attenuation, significant scatter contributions, extensive
 190 position uncertainties and k_n chamber corrections. Polarity and recombination
 191 were not corrected for for the well chamber measurements as the polarity and
 192 bias settings quoted on the calibration certificate were used for measurements.

193 Multi-centre measurements of RAKR with 3D printed jig

Table 2 Equipment details for testing of in-air jig reliability

| Afterloader Model | Serial Number | Farmer Chamber | Well Chamber | Catheter |
|-------------------|---------------|----------------|-----------------|--|
| GammaMed Plus HDR | H641123 | PTW 30013 | PTW33005 | Plastic interstitial Needle GM11007580 |
| GammaMed Plus PDR | H641124 | PTW 30013 | PTW33005 | Plastic interstitial Needle GM11007580 |
| Flexitron HDR | FT00594 | PTW 30013 | SI HDR 100 Plus | Proguide Sharp needle 6F 089.939 |
| Flexitron HDR | FT00668 | PTW 30013 | PTW 077092 | Proguide Sharp needle 6F 189.067 |

194 In order to verify the reliability of RAKR measurements made using the
 195 3D printed jig in a small range of clinically-likely conditions, the jig was used
 196 to perform in-air measurements of RAKR using four different Ir-192 delivery
 197 systems in three different brachytherapy centres, with results compared to
 198 reference well chamber measurements and source certificates. Two different
 199 GammaMed Plus units (Varian Medical Systems, Palo Alto, USA) and two
 200 Flexitron HDR units (Elekta Ltd, Stockholm, Sweden) were used, with various
 201 local well chambers and two different types of needle, as listed in table 2.

202 For measurements on each afterloader, the maximum response position was
 203 used to measure charge and current for dwell times of 50, 30 and 10 s for a 16
 204 cm source-to-chamber distance. Transit dose was determined by extrapolation
 205 from the three dwell times and was subtracted from the measured values when
 206 determining RAKR. Measurements for temperature, pressure, recombination
 207 and polarity were also taken during the time of measurement. Electrometer
 208 readings were repeated for each length of time to ensure a reproducible and
 209 stable response.

210 Having completed the in-house evaluation of jig scatter effects described
 211 in the previous section, scatter corrections were calculated for all data sets
 212 using Chang et al's empirical scatter estimate [15,16], using dimensions for
 213 each treatment room.

214 Following IAEA guidelines [2], all required correction factors were applied
 215 to calculate RAKR (K_R) from each set of measurements on each afterloader
 216 system, as shown in equation 1.

$$K_R = N_K \left(\frac{M_u - M_{\text{transit}}}{t} \right) k_{\text{air}} k_{\text{scatt}} k_{\text{elec}} K_n (d/d_{\text{ref}})^2 \quad (1)$$

217 where N_K is the chamber calibration factor, derived from chamber calibration
 218 certificates provided by ARPANSA, M_u is the mean temperature and pressure
 219 corrected integrated charge measurement, M_{transit} is the transit dose correc-
 220 tion, k_{air} is the air attenuation factor, k_{scatt} is the empirically derived scatter
 221 correction; K_n is the nonuniformity (gradient) correction and $(d/d_{\text{ref}})^2$ is the
 222 inverse-square law correction (correcting for use of measurement distance d
 223 that differs from 1 m, d_{ref}).

Each calculated RAKR was compared against the corresponding decay-corrected source calibration certificate, by applying a decay correction defined as

$$K_{R,\text{corr}} = K_R e^{\frac{0.693 \times T}{T_{1/2}}} \quad (2)$$

where T is the time since calibration certificate date and time and $T_{1/2}$ is the half-life of Ir-192, 73.83 days.

RAKR measurements with well chambers

To assist in verifying the accuracy of RAKR measurements performed using the 3D printed jig, all source strength measurements were repeated using well chambers. Well chambers used for verification are listed in Table 2. All well chamber measurements were taken within an hour of the jig measurements with the exception of the Flexitron FT00668, which had to be taken in the week preceding jig measurements due to time constraints. The dwell time used for the well chamber measurements varied depending on local protocols, which included repeated 60 s measurement, and 50 and 10 s measurements (with a subtraction to account for transit dose). The dwell position for these measurements were all taken at the position of maximum response for the well chamber.

In general, source strength is calculated with the well chamber using equation 3, with additional corrections for the Ir-192 source and applicator if applicable.

$$K_{R,\text{well}} = N_{\text{RAKR}} N_{\text{elec}} k_{\text{TP}} \left(\frac{M_u - M_{\text{transit}}}{t} \right) \quad (3)$$

Here, N_{RAKR} and N_{elec} are the correction factors for the well chamber and electrometer, taken from their respective calibration certificates, k_{TP} is a temperature and pressure correction factor, and M_u and M_{transit} are the mean raw integrated charge measurement and the transit dose correction, respectively.

These measurements were also compared against the corresponding source calibration certificates, with appropriate decay corrections (see equation 2).

Results

3D printed jig fabrication, in-house testing and uncertainty budget

The jig was printed successfully using the settings listed in table 1, resulting in sturdy support system for an appropriately positioned source and chamber, with features as illustrated in figure 2.

Caliper measurements of all 2 cm pieces of the jig, which are interchangeable for different catheters and chambers, were exactly 2 cm as designed. The maximum deviation in the longer distances in the print (for example, 16 cm source to chamber distance and total length of the jig) was ≤ 2 mm. This deviation is most likely due to the increased warping contribution due to the

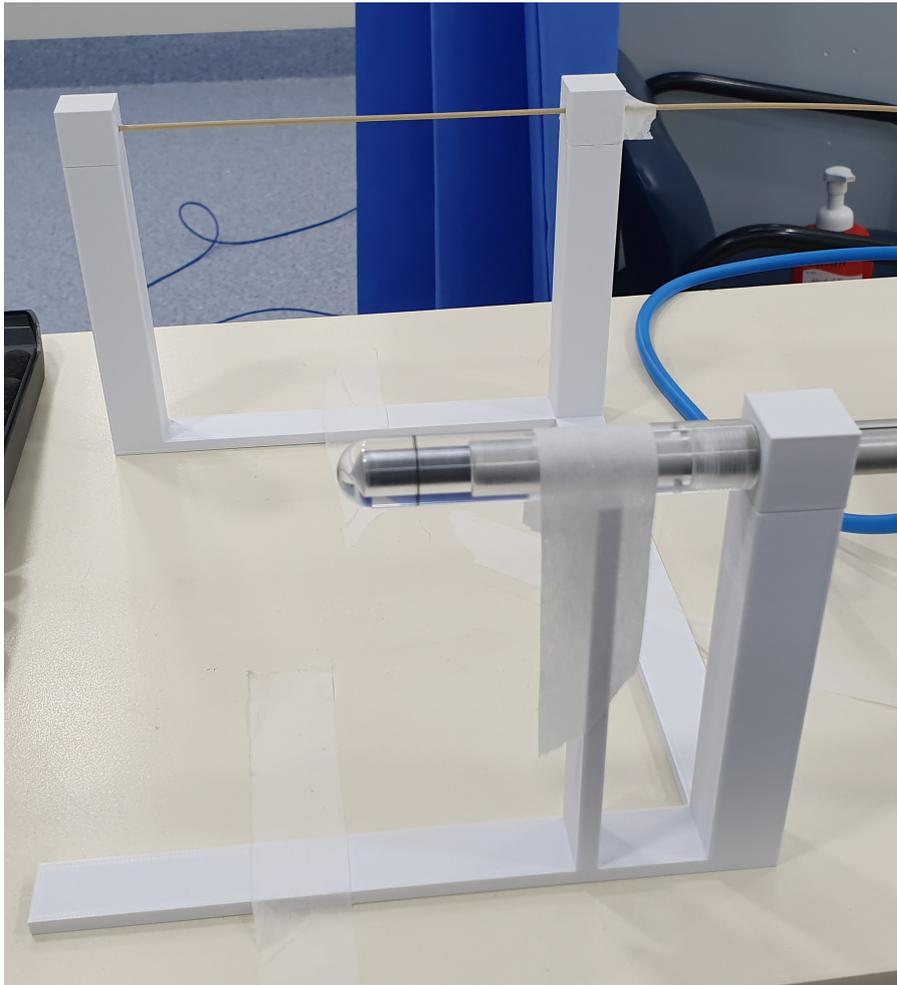


Fig. 2 Printed jig with 16cm position showing features to optimise reproducibility with PTW 30013 Farmer Chamber. This includes catheter pushed to end of holder to ensure reproducible position in longitudinal direction, chamber taped to holder to ensure stability throughout measurements and build up cap pushed against the chamber holder to ensure reproducible positioning.

260 large dimensions of the print, in comparison to the smaller 2 cm pieces. This
261 deviation was included in the uncertainty budget.

262 The addition of a 0.5 mm tolerance to the diameter of each of the cavities
263 in the print resulted in a fit that was secure for each object but not so tight
264 that the equipment would be damaged. When the cube pieces that housed the
265 cavity for the catheters to go into were plugged into the base of the jig, they
266 were generally found to be easily interchangeable and reproducible in position.
267 Pushing each catheter to the end of the cavity in the support and then securing
268 it in place with a small rubber stopper ensured that catheter position remained

269 stable and reproducible, so that certainty of consistent source positioning could
270 be assured once the position of maximal response was determined.

271 As multiple pieces of the jig were fabricated, to allow for use of different
272 chambers and catheters, slight variations in the printed geometry occasionally
273 led to sub-optimal connections between tightly fitting components, printed
274 despite using recommended tolerances from printer commissioning. To reduce
275 waste, these pieces were kept and modified (either by adding adhesive tape or
276 filing surfaces) to achieve best fit for all parts.

277 The comparison of values of k_{scatt} with and without the jig scatter component
278 (i.e. in addition to room scatter) allowed the effect of the scatter due
279 to the jig to the RAKR measurement to be evaluated, as part of the initial
280 in-house jig testing process. The value of k_{scatt} value determined using the
281 empirical method, based on room dimensions without contributions from the
282 jig or other objects in the room, was 0.994. The values of k_{scatt} determined
283 using seven distance and two distance measurements, which incorporated con-
284 tributions from all scatter sources including the jig, were 0.987 and 0.992,
285 respectively. Comparison against the empirical result shows an increase in
286 scatter (decrease in the value of the k_{scatt} correction) of 0.7% and 0.2% when
287 the jig and other scatter sources are included by using the seven distance and
288 two distance methods, respectively. The potential for the jig and other scatter
289 sources to increase the contribution of scatter to each measured RAKR beyond
290 the degree corrected by the empirical k_{scatt} , especially when measuring in ex-
291 ternal brachytherapy centres, was therefore incorporated into the uncertainty
292 budget for the jig by assuming a k_{scatt} uncertainty of 1.5%.

293 Table 3 shows the full uncertainty budget for the jig for the measurements
294 on the GammaMed plus afterloader. The full uncertainty budget for the use
295 of the 3D printed jig for RAKR measurements came to a total uncertainty of
296 3.3% $k=2$.

297 As expected the uncertainty for the well chamber measurements was less
298 than the jig with 1.6% $k = 2$ uncertainty. Overall, the combined uncertainty af-
299 fecting comparisons between RAKR measurements made with a Farmer cham-
300 ber in the 3D printed jig and RAKR measurements made using a well chamber
301 was calculated at 3.7 %.

302 Assessment of 3D printed jig reliability

303 Results in table 4 provide an indication of the reliability of the 3D printed jig
304 as a tool for measuring RAKR with a calibrated Farmer chamber, by compar-
305 ing results obtained with the jig to results obtained using well chambers,
306 for the four afterloaders at three centres that were used in this multi-centre
307 assessment.

308 Comparison of well chamber and Farmer chamber measurement results
309 in table 4 shows that the differences between each RAKR measured using
310 the jig and the corresponding RAKR measured using the well chamber were
311 2.9% (for GammaMed Plus PDR), -2.2% (for GammaMed Plus HDR), -3.6%

Table 3 Full Uncertainty Budget for 3D printed in-air iig

| Factor | Uncertainty Contribution | Units | Ref | Type | Uncertainty |
|-----------------------------|-------------------------------------|-------|-----------------------|------|-----------------------|
| $N_{KIr-192}$ | Uncertainty in derivation | Gy/C | [25] | B | 4×10^{-1} |
| M_u | Repeatability | pC | | A | 3×10^{-1} |
| | Calibration Cert | | Cert from PTW | B | 1.5×10^{-1} |
| | Recombination | | | A | 1×10^{-3} |
| | Polarity | | | A | 1×10^{-3} |
| t | Afterloader uncertainty | s | Varian document | B | 2×10^{-1} |
| T | Resolution | C | [26] | B | 2.6×10^{-4} |
| | Air cavity - thermometer difference | | In-house measurements | A | 1.5×10^{-4} |
| P | Resolution | hPa | [29,30] | B | 2.6×10^{-6} |
| | Difference to true BOM pressure | | In-house measurements | A | 3.7×10^{-4} |
| k_{humidity} | | | [31] | | - |
| k_{air} | Attenuation correction | | [32] | B | 2×10^{-1} |
| k_{scatt} | Room scatter | | [16] | B | 1.500 |
| k_n | Corr. for estimate | | [28] | B | 1×10^{-1} |
| | | w | [28,33] | B | 5×10^{-1} |
| d | Error in design | mm | Wiggle room | A | 2.5×10^{-1} |
| | Specification in chamber dimensions | | [34] | B | 2.5×10^{-15} |
| | Error from 3D print intrinsic limit | | In-house and [35] | B | 2×10^{-2} |
| $\text{RAKR}_{\text{cert}}$ | | mGy/h | Standard Uncertainty | | 5 % |
| Combined Error | | mGy/h | $k = 2$ | | 3.3 % |

312 (for Flexitron S/N FT00594) and -2.9% (for Flexitron S/N FT00668). These
313 differences are all within the 3.7% combined uncertainty of the well chamber
314 and jig-based measurements.

315 Data in table 4 also indicate that all source strength measurements ob-
316 tained with the 3D printed jig were within 3% of the corresponding source
317 calibration certificate values and well within the 5% quoted uncertainty on
318 each of the source calibration certificates.

Table 4 RAKR ((mGy/h) at 1 m) measurements from different afterloaders with uncertainty shown. Here, "% diff cert" is the calculated percentage error from the certificate value

| | Certificate | Well Chamber (% diff cert) | Farmer Chamber (% diff cert) |
|---------------------|----------------|----------------------------|------------------------------|
| GammaMed Plus HDR | $50.1 \pm 5\%$ | $49.6 \pm 1.7\%$ (-0.9 %) | $51.0 \pm 3\%$ (2.0 %) |
| GammaMed Plus PDR | $4.5 \pm 5\%$ | $4.6 \pm 2\%$ (1.5%) | $4.5 \pm 3\%$ (-0.7 %) |
| Flexitron (FT00594) | $52.4 \pm 5\%$ | $52.9 \pm 2\%$ (1.1 %) | $51.0 \pm 3\%$ (-2.5 %) |
| Flexitron (FT00668) | $52.8 \pm 5\%$ | $54.1 \pm 2\%$ (2.5 %) | $52.6 \pm 3\%$ (-0.4 %) |

319 Discussion

320 The 3D printed jig proved to be reproducible, easy to set up and inexpen-
321 sive. The jig was successful in providing an independent measurement of the
322 RAKR for multiple sources with different strengths and various catheters. All

323 Farmer chamber measurements of RAKR made using the 3D printed jig agreed
324 with the source strength certificate value within 3% and agreed with the cor-
325 responding well chamber measurements of the same sources within the 3.7%
326 combined measurement uncertainty.

327 Compared to previous studies measuring source strength with a Farmer
328 chamber and a commercial or alternative jig, the results using this 3D printed
329 jig are generally in agreement. Bondel et al [4] calculated that the mean per-
330 centage deviation for in-air measurements with a locally developed jig and
331 using the seven distance scatter method was -0.94 ± 0.42 . Fourie and Crab-
332 tree [10] developed a technique for calibrating source in-air that results in
333 general agreement well within 1.5% from the certificate value, using various
334 chambers and a scatter correction previously established by Butler et al [9]. In
335 this study, the absolute mean percentage deviation for the jig measurements
336 on all four afterloaders was 1.4%. This is comparable to Bassi et al's study with
337 a 3D fabricated jig, with reported a 1.3% mean difference between measured
338 RAKR and vendor specified value.

339 Uncertainty components were compared with previous estimations for in-
340 air measurements [21, 9, 10, 18]. The uncertainty for $N_{K, Ir-192}$ was 0.4%, con-
341 sistent with Butler et al and Fourie and Crabtree's previous work. Conversely,
342 Butler et al's k_{air} estimate for the uncertainty component was lower by 0.1%
343 and k_n higher by 0.3% than presented here. The type A uncertainties pre-
344 sented in this work are not consistent with van Dijk et al [21]; however, this
345 could be due to the methodology for measuring type A components. Despite
346 this variation, the total uncertainty in van Dijk et al's study is somewhat com-
347 parable albeit smaller at 1.0 % ($k=1$) compared to jig uncertainty of 3.3 %
348 ($k=2$). This total uncertainty of 3.3 % ($k=2$) for the in-air jig in this study is
349 slightly larger than the uncertainty calculations by Smith et al of 2.7% ($k=2$),
350 which implemented a seven distance method estimation of scatter in the in-
351 air calculation. The total RAKR uncertainty is also larger than Bassi et al's
352 total uncertainty of 1.5% ($k=2$). The uncertainty for the well chamber was
353 estimated to be 1.6 % which lies between previous well chamber uncertainty
354 budget results of 1.3 % [36] and 3.2 % [37].

355 Overall, the RAKR measurements with the 3D printed jig [38] consistently
356 provided a secondary check against well chamber measurements for all sources.
357 Locally, the jig provides a second source calibration method independent from
358 the standard well chamber calibration. Not only is the jig user friendly and
359 easy to produce, it provides useful confirmation of the brachytherapy source
360 calibration certificate which is necessary for treatment with brachytherapy
361 sources.

362 The jig has been made accessible for download through Zenodo [38]. The
363 process of calibrating a brachytherapy source in-air is not expensive or time
364 consuming with access to a 3D printer. The following steps provide guidance
365 for performing an independent check for brachytherapy sources with an in-air
366 method, using the 3D printed jig evaluated in this study.

- 367 1. Ensure centre has required equipment including; cylindrical chamber cali-
368 brated for energies higher and lower than the mean source energy (e.g. 250
369 kV and Co-60 beam qualities), interstitial catheter (preferably 2 mm or 6
370 french) and a low-scatter measurement surface (wooden table, polystyrene
371 foam block, etc).
- 372 2. If using a cylindrical chamber other than PTW 30013 or NE2571 edit the
373 model appropriately.
- 374 3. Print the jig with settings from Table 1. Commission the jig as per methods
375 shown in this study.
- 376 4. Following the method presented in this paper, find the position of maxi-
377 mum response on the catheter and use this determine correction factors for
378 the chamber, a dwell time of 10 to 20 s will suffice. Using this same dwell
379 position, take integrated charge measurements over 50, 30 and 10 s.
- 380 5. Take measurement of room dimensions for scatter correction and complete
381 well chamber measurement within 1 hr of jig measurement.
- 382 6. Determine RAKR from measurements for comparison against calibration
383 certificate value, with decay corrections.

384 Conclusions

385 The presented work shows how 3D printing can be utilised to create a low
386 cost, easily reproducible jig for brachytherapy measurements with a cylin-
387 drical Farmer chamber with minimal effort. The jig is designed to be easily
388 customisable depending on chambers available in brachytherapy centres and
389 was able to determine the RAKR for an Ir-192 source from various HDR af-
390 terloaders and sources. Moreover, the jig was tested at multiple facilities to
391 ensure robustness under varied environments. A detailed uncertainty budget
392 was devised to provide a description of the accuracy of the measurements taken
393 and was found to be comparable with previous studies. This supports the use
394 of this jig as an independent source check for brachytherapy centres that do
395 not currently have an in-air calibration solution, or those who are starting
396 up a new brachytherapy programme. This study provides the resources and
397 guidance to implement an in-air calibration option in a centre, including a de-
398 sign and method for fabricating an in-air jig that is neither time nor resource
399 intensive, to produce reliable source strength calibration measurements.

400 Declarations

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