

# Differential Effects of Encapsulation of Rat ADSCs in Fibrin Matrix and Combination Delivery of BDNF and Gold Nanoparticles on Peripheral Nerve Regeneration

Shahnaz Razavi (Sarazavi@med.mui.ac.ir)
Isfahan University of Medical Sciences
Maliheh Jahromi
Isfahan University of Medical Sciences
Elham Vatankhah
Shahid Beheshti University
Reihaneh Seyedebrahimi
Isfahan University of Medical Sciences

#### Research article

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# Abstract

**Background:** Fibrin as an extracellular matrix feature like biocompatibility, creates a favorable environment for proliferation and migration of cells and acts as a reservoir for storage and release of growth factors in tissue engineering.

**Methods:** In this study, the inner surface electrospun poly (lactic-co-glycolic acid) (PLGA) nanofibrous conduit was biofunctionalized with laminin containing *brain derived neurotrophic factor* (BDNF) and gold nanoparticles in chitosan nanoparticle. The rats were randomly divided into five groups, including autograft group as the positive control, PLGA conduit coated by laminin and filled with DMEM/F12, PLGA conduit coated by laminin and filled with adipose-derived stem cells (rADSCs) , PLGA conduit coated by laminin containing gold-chitosan nanoparticles (AuNPs-CNPs), BDNF-chitosan nanoparticles (BDNF-CNPs) and filled with rADSCs or filled with rADSCs suspended in fibrin matrix, and they were implanted to bridge a 10 mm rat sciatic nerve gap. Eventually, axonal regeneration and functional recovery were assessed after 12 weeks.

**Results:** After 3months post-surgery period, the results showed that in the PLGA conduit filled with rADSCs without fibrin matrix group, positive effects were obtained as compared to other implanted groups by increasing the sciatic functional index significantly (p < 0.05). In addition, the diameter nerve fibers had a significant difference mean in the PLGA conduit coated by laminin and conduit filled with rADSCs in fibrin matrix groups relative to the autograft group (p< 0.001). However, G-ratio and amplitude (AMP) results showed that fibrin matrix might have beneficial effects on nerve regeneration but, immunohistochemistry and real-time PCR outcomes indicated that the implanted conduit which filled with rADSCs with or without BDNF-CNPs and AuNPs-CNPs had significantly higher expression of S100, MBP and NF200 markers than other conduit implanted groups (p< 0.05).

**Conclusions:** It seems, in this study differential effects of fibrin matrix, could be interfered it with other factors thereby and further studies are required to determine the distinctive effects of fibrin matrix combination with other exogenous factors in peripheral nerve regeneration.

# Background

A nerve guidance conduit is an alternative to autologous nerve grafting for peripheral nerve regeneration [1]. Among the many different materials used to make the nerve conduit, poly (lactic-co-glycolic) acid (PLGA) is a composite polyester approved by the Food and Drug Administration (FDA) [2].

Furthermore, PLGA is a hydrophobic polymer and has disadvantages, including lack of enough adhesion sites for cell binding and growth of neurites [3]. Therefore, it is important to improve the hydrophilic property of PLGA scaffold surfaces and modify them with an extracellular matrix like laminin [4, 5]. Laminin can be used as a natural material in the inner surface of PLGA nerve conduit to stimulate neurite outgrowth [6], it can promote cell adhesion and proliferation rate on the PLGA sheet [7]. Fibrin matrix has been used as a filler within the lumen of conduits with biodegradability, biocompatibility, non-reactiveness, lower toxicity and stability properties which may impact the tissue repair in a positive pathway [8]. A study reported that application of autologous fibrin glue is valuable efficacy in repairing of sciatic nerves injury in rabbits [9]. It has been shown that fibrin containing Schwann cells (SCs) has been used as a luminal filler and can increase axonal repair [10]. Additionally, neurotrophins along with SCs suspended in fibrin matrix have been used for rat sciatic nerve regeneration [11]. Moreover, fibrin matrix as a natural polymer may be appropriate for this purpose via retaining the cells in the damage zone, providing interaction of cells with extracellular matrix and physical connection to the nerve end [12].

Adipose-derived stem cells (ADSCs) are the promising candidate to be applied as cellular components in a nerve conduit [13]. Therefore, we used rat adipose-derived stem cells (rADSCs) to promote nerve repair, owing to the features of secreting growth factors, myelin formation, and improving nerve repair [14, 15].

It has been shown that factors like brain derived neurotropic factor (BDNF) contribute to formation of neurites, increase axonal outgrowth, prevent apoptosis, and form chemotactic factors guiding regenerating axon after nerve damage [16, 17].

In addition, one previous study showed that gold nanoparticles (AuNPs) could improve axonal growth and myelination, as well as prevent neuronal death [18].

Recently, it has been proven that some factors, such as AuNPs can be added on immature neuronal cell line and stimulate cell adhesion, proliferation, differentiation, stimulate axonal elongation, and sprouting axons [19].

To optimize the transfer of rADSCs in nerve conduit, a matrix is need to fill the nerve conduit, leading to homogenous distribution of cells over the conduit [20]. This matrix must have some properties such as preserving the cells, not disturbing the axonal growing pathway into the lumen of the conduit, being consistent with cell proliferation, and remaining alive [21, 22].

In our previous study, we found that coating of BDNF and AuNPs encapsulated in chitosan on nanofibers lead to their continuous release for 7 days and this could enhance proliferation and differentiation of adipose derived stem cells into Schwann cells *in vitro*.[23, 24]. Therefore, we decided to fabricate PLGA nanofibrous scaffold with random outer surface and aligned with inner surface orientation by electrospinning. The electrospun nanofiber films were made into nerve conduits after being coated with laminin containing BDNF and AuNPs encapsulated in chitosan nanoparticles of the inner surfaces of PLGA nerve conduits. Then, rADSCs were loaded in fibrin gel and injected into PLGA conduit implanted into transected sciatic nerve rat model. Then, we assessed effects of encapsulation cells in fibrin matric and combination of gold-chitosan nanoparticles (AuNPs-CNPs) and BDNF-chitosan nanoparticles (BDNF-CNPs) factors on sciatic nerve regeneration at 12-weeks post-surgery. Experiments for all tests were repeated three times.

## Results

## Introducing groups

Wistar rats were randomly divided into five groups, including autograft group (Auto ), PLGA conduit coated by laminin and filled with DMEM/F12 (PL), PLGA conduit coated by laminin and filled with 2×10<sup>6</sup> rADSCs (PLC), PLGA conduit coated by laminin containing BDNF-CNPs, AuNPs-CNPs and filled with 2×10<sup>6</sup> rADSCs (PLGBC) and PLGA conduit coated by laminin containing BDNF-CNPs, AuNPs-CNPs and filled with 2×10<sup>6</sup> rADSCs uspended in fibrin matrix (PLGBCF) transplanted in 10 mm sciatic gap. During surgical procedure two rats under anesthesia were death.

## Characterization of PLGA nerve conduit and injected rADSCs

The structure and morphology of fabricated scaffolds were observed using a scanning electron microscope (SEM). The inner surface of PLGA that directly contacted the growing nerve was electrospun in an aligned form, while the outer surface had randomly oriented nanofibers (Fig. 1A). Furthermore, the SEM image showed that the overall thickness of the PLGA scaffold was approximately  $\sim$ 74 µm (using an Image J analysis software). While, the mean thickness of laminin-coated sheets with BDNF/AuNPs encapsulated chitosan nanoparticles was measured  $\sim$ 78 µm. Oure results indicated that the fabricated conduits had an internal diameter of 2 mm with a length of  $\sim$ 1.4 cm (Fig. 1Ba). After 3 passage primary cultured rADSCs were exhibited irregular, flat, and spindle-shape fibroblast-like morphology under light microscopy (Fig. 1Bb).

In the PLGBC group, the presence of three factors such as AUNPs, BDNF and rADSCs with the conduit exhibited more proper appearance of nerve formation (Fig.1C), whereas the injection of cells with fibrin (PLGBCF) created an incomplete repair morphology in the nerve (Fig. 1D).

### Sciatic function index outcomes

Behavior analysis such as sciatic functional index and pinprick test was performed to assess the sensory and motor recovery of the sciatic nerve in rats, respectively. Motor recovery of the sciatic nerve was evaluated by the sciatic functional index after the 1st,  $2^{nd}$ ,  $4^{th}$ ,  $8^{th}$  and  $12^{th}$  weeks after surgery (Fig. 2A). All experimental groups improved over time. The autograft group showed a significantly higher SFI value (-15.44 ± 0.96) than that of the other implanted nerve conduit groups at the  $4^{th}$ ,  $8^{th}$  and  $12^{th}$  weeks after surgery (p < 0.001). However, three months after the transplantation, repair with PLGBCF had a lower significant SFI value (-74.44 ± 2.69) than that of all experimental groups (p < 0.001). At the 12th week after surgery, the PLGBC group showed a significantly increase mean SFI value (-31.3 ± 2.34) than that of the other implanted conduit groups (p < 0.05).

### Pinprick test outcomes

To assess of sensory recovery, *the* pinprick test was performed. The results of pinprick test show that there was no significant difference mean pinprick score between autograft group  $(3 \pm 0.0)$  and PL  $(2.5 \pm 0.2)$ , PLC  $(2.6 \pm 0.2)$  and PLGBC  $(2.8 \pm 0.1)$  groups at 12 weeks' post-surgery. However, there was a

significant difference mean of pinprick score in the autograft group ( $3 \pm 0.0$ ) compared with PLGBCF (1.8  $\pm 0.4$ ) group (p <0.01). All autograft animals received score 3 at 12 weeks, regardless of type of nerve repair (Fig. 2B).

### Outcomes of electrophysiological assessment

Twelve weeks following surgery, the CMAP latency and CMAP amplitude were measured on the implanted side in experimental grafted groups by electrophysiological assessment (Fig. 2C-D). Our results revealed that the mean CMAP latency in the PLGBCF group was significantly higher than that of the other implanted and autograft groups (p <0.05), but no statistically significant differences were found between the autograft group and the other treated groups except PLGBCF (Fig. 2C).

The CMAP amplitude ratio showed no significant difference between autograft and conduit implanted groups. In fact, these CMAP amplitude values were higher in the autograft group ( $6.60 \pm 1.8$ ), then the PL ( $5.04 \pm 1.73$ ), the PLC ( $5.78 \pm 1.5$ ) the PLGBC ( $5.64 \pm 0.5$ ) and the PLGBCF ( $3.21 \pm 0.6$ ) groups. However, these differences in the mean of CMAP amplitude values were not significant between the experimental groups (Fig. 2D).

## Histological analyses of gastrocnemius muscle

To assess atrophy in the gastrocnemius muscle, owing to sciatic nerve transection, *Masson's trichrome* staining was performed for muscle in five groups (Fig. 3A). Denervation of target muscles led to decrease muscle fiber diameters. Compared to muscle morphology in the autograft group, the mean muscle fibers diameter suffering from denervation was degenerated in the PLGBCF group (11.06  $\pm$  0.9) and showed a significant smaller muscle cell diameter (p < 0.001). However, the mean muscle fibers diameter of PL (13.02  $\pm$  0.3), PLC (14.41  $\pm$  0.6) and PLGBCF groups had a significant decrease compared to that in the autograft group (19  $\pm$  0.4) (p < 0.001), but the mean of muscle fiber diameter in PLGBC group (16.5  $\pm$  0.7) was not significant different with the autograft group (19  $\pm$  0.4) (p  $\leq$  0.05) (Fig. 3B).

Twelve weeks after implantation, the mean wet weight of gastrocnemius muscle in the autograft group (19  $\pm$  0.4) was significantly decreased than in the conduit-implanted groups (p < 0.001). In addition, the mean muscle mass in the PLGBCF group (11.06  $\pm$  0.9) was significantly smaller than that in the autograft and other experimental groups (p < 0.001). The mean weight of the gastrocnemius muscle in the PLGBC group (16.5  $\pm$  0.7) was significant higher than that in PL and PLGBCF groups (p < 0.001). Furthermore, the atrophy in PLGBC was significantly less than that in the PLC group (p < 0.01) (Fig. 3C).

### Nerve histomorphometry

Figure 4A depicts the results of toluidine blue staining for the cross-section of regenerated nerves. Numerous fibers of regenerated nerves can be found in the autograft group. We observe that the mean nerve fibers diameter had no significant difference between PLC ( $6.08 \pm 0.3$ ) and PLGBC ( $6.2 \pm 0.5$ ) groups and the autograft group ( $7.2 \pm 0.5$ ) (p  $\emptyset 0.05$ ), but this difference mean was significant between PL and PLGBCF ( $5.1 \pm 0.2$ ) groups and the autograft ( $7.2 \pm 0.5$ ) group (p < 0.001) (Fig. 4B). Furthermore, all conduit implanted groups showed that the mean diameter of myelinated axons was significantly smaller than that in autograft ( $3.5 \pm 0.2$ ) groups; this difference was more evident in PL ( $1.9 \pm 0.1$ ) and PLGBCF ( $2.5 \pm 0.1$ ) groups (p < 0.001) than PLC ( $2.7 \pm 0.2$ ) and PLGBC ( $2.9 \pm 0.3$ ) groups (p < 0.05) with autograft groups (Fig. 4C). Additionally, quantitative analysis shows that the mean thickness of myelin sheet in PL ( $2.7 \pm 0.2$ ) and PLGBC ( $3.3 \pm 0.2$ ) groups was not significantly different from that of the autograft ( $3.6 \pm$ 0.2) group (p > 0.05), but there was a *significant different mean in* this analysis between PL (p < 0.05) and PLGBCF ( $2.5 \pm 0.2$ ) (p < 0.01) *groups* and autograft group (Fig. 4D). Finally, there was no significant different mean in the G-ratio between all conduit-implanted groups and autograft groups (Fig. 4E).

### Immunohistochemical analysis of regenerated nerves

At 12th week, the presence of rADSCs throughout the gap area is clearly apparent in longitudinal sections, suggesting that they contributed to the process of tissue regeneration *in vivo*. The micrographs depict the immunohistochemical cross sections of the middle region of the implanted laminin coated PLGA conduit loaded with rADSCs in different experimental groups. Then, to evaluate the immunopositivity expression intensity for S100, MBP and NF200 cells in autograft and all implanted conduits, three immunohistochemical markers, S100, MBP and NF200, were applied to all the samples (Figs. 5& 6). To visualize axon fibers, neurofilaments were labeled with NF-200 exhibiting a red color. Schwann cells labeled with S100 and cells labeled with MBP appeared as green. Finally, cells *nuclei were labeled* with *DAPI* exhibiting a blue color. Microscopic fields were randomly selected from each slice for measuring the immunohistochemical intensity value of positive cells.

The comparison of the mean percentage of intensity value S100, MBP and NF200 intensity in experimental groups relative to autograft group have shown that in Table 2.

We found that the mean intensity of S100 positive cells was significantly higher in the PLGBC group (106.25  $\pm$  0.63) than in PL (89.18  $\pm$  0.43), PLGBCF (48.07  $\pm$  0.58) groups and the autograft group (p < 0.001) 12 weeks after nerve after grafting. While, the intensity of S100 positive cells in the PLGBCF group is less than that in the other treated groups (48.07  $\pm$  0.58).

The statistics of MBP-positive intensity indicated a significant difference between PL (78.6 ± 0.88) and PLGBCF (45.05 ± 0.52) groups and other experimental groups (p < 0.001), whereas this intensity in the PLC group (96.47 ± 0.48) was significantly different from that in the autograft group (p < 0.01). Furthermore, in PLGBC groups, it was not significantly different from that of the autograft group (p > 0.05) (Table 2). While the mean percentage of intensity of NF200 positive cells in PLGBC was higher than that in the other experimental groups (125.17 ± 1.16), and this difference was significant (p < 0.001). Meanwhile, a significant difference mean of the NF200 intensity was obtained in PL, PLC and PLGBCF groups compared with the autograft groups (p < 0.05) (Table 2).

### Quantitative real-time RT- PCR

Twelve weeks after surgery, the level of neural precursor (Nestin), glial cell (GFAP), specific Schwann cell (S100 $\beta$ ), and myelinization ability (MBP) mRNA was measured in all experimental groups by the real-time PCR (Fig. 7. A-D). The Nestin in PL (1.17 ± 0.05), PLC (1.2 ± 0.005), PLGBC (0.7 ± 0.15) and PLGBCF (0.09 ± 0.01) groups and MBP mRNA levels in PL (0.3 ± 0.01), PLC (0.5 ± 0.2), PLGBC (0.8± 0.04) and PLGBCF (0.2 ± 0.09) expression was significantly downregulated in all groups compared to that in the autograft groups in Nestin (2.7± 0.2) and MBP (1.3± 0.1) expression (p < 0.05) (Fig. 7A & B), while, for S100 $\beta$  in PL (0.7± 0.03), PLC (0.7± 0.04), PLGBC (0.7 ± 0.1) and PLGBCF (0.2± 0.08) groups and GFAP in PL (0.8± 0.06), PLC (0.9±0.04), PLGBC (0.9±0.03) and PLGBCF (0.2±0.07) groups, *there was no* statistically *significant difference mean* between the conduit-implanted groups and the autograft groups in S100 $\beta$  (1.1± 0.005) and GFAP (0.9± 0.1) expression (p > 0.05) except in the PLGBCF group (P < 0.05) (Fig. 7C & D).

# Discussion

In the present study, the PLGA scaffold with aligned inner surface and random outer surface orientated fibers were fabricated by the electrospinning method. The inner surfaces of PLGA nerve conduit coated with laminin containing BDNF and AuNPs encapsulated in chitosan nanoparticles were rolled up to form a tubular nerve conduit. Then, the fibrin gel was loaded with rADSCs and injected into the lumen of the PLGA conduit implanted into the 10 mm transected sciatic nerve rat model. The nerve repair status with or without of rADSCs, fibrin matrix and BDNF/AuNPs was investigated by different methods in a 12-week post-surgery period.

In the previous study, we demonstrated that the releasing rate of BDNF was  $83.28 \pm 2.22$  (%) of chitosan/TPP particles during the 7 days [24]. Also, a sustained release of BDNF and AuNPs from PLGA scaffolds functionalized with coated laminin containing chitosan nanoparticles encapsulating either AuNPs or BDNF was detected over a period of 7 days. The release rate of BDNF and AuNPs from nanofibers was  $74 \pm 2.42\%$  and  $47.24 \pm 1.78\%$ , respectively. In addition, our results showed that biofunctionalized scaffold enhanced proliferation, differentiation and myelinization of h-ADSCs into SC-like cells [23].

Previously researches have demonstrated that, BDNF may be effect on ADSCs differentiation into Schwann-like cells phenotype during 7 days and growth factors released by differentiated SCs help to neurite outgrowth [25].

Therefore, our hypothesis was that it might be effective in peripheral nerve regeneration.

Strategies of using the PLGA conduit containing with ADSCs were useful to regenerate transected nerve. It is shown that, the ADSCs results increase growth factor secretion, axonal myelination and finally nerve repair [14, 15]. Furthermore, exogenous factors such as AuNPs and BDNF were used for more recovery in nerve repairing [16, 18]. Fibrin matrix is one of these hydrogels, which has been extensively used for nerve reparation, and it has been shown that the nerve conduits fabricated by fibrin affect axonal growth and myelination[26, 27].

According to one study, autologous fibrin glue in combination with several growth factors might effectively increase peripheral nerve regeneration in 15 mm rabbit peroneal nerve defect [9].

In addition, autologous fibrin glues have some advantages, including no risk of infection or hypersensitivity. Since fibrin glues are usually prepared from whole blood therefore, their use leads to increased risk of transmission of the pathogen from the donor to the recipient [28]. However, disadvantages of available commercial fibrin glues include viral transmission risk, expensiveness, reduced bioactivity and growth factors, which are not present in commercial products [29, 30].

Rafijah et al. have demonstrated that the use of collagenous conduits filled with fibrin glue in 10 mm rat sciatic nerve gap promotes axonal repair and functional recovery 12 weeks after surgery [31]. Therefore, according to the previous studies, we purposed that laminin coated PLGA nerve conduit containing BDNF and gold nanoparticle was loaded with rADSCs in fibrin matrix, and can improve peripheral nerve regeneration.

We observed that the PLGA conduit was degraded completely 12 weeks after implantation.

The evaluation of electrophysiological in all implanted groups, as indicator of conduction function of peripheral nerves, was performed for detectable CAMP latency and amplitude analysis. The latency of CMAP represents the thickness of the myelin sheath, whereas the CMAP amplitude shows the number of nerve fibers [32]. The comparison in the CMAP latency between all groups showed that the speed of transport in action potential in PLGBCF group was significantly lower than that of the other groups (p < 0.05), but the comparison in the CMAP amplitude between four conduit implanted groups provided further evidence that their functional recovery was more close to that in the autograft group. The lack of amplitude differences mean indicates that the number of regenerated nerve fibers in all groups is approximately similar.

Beside in, we found that motor and sensory nerve recovery by the SFI and pinprick tests, consistent with electrophysiology outcomes.

These documents indicate that the presence of rADSCs with BDNF and AuNPs can lead to nerve repair, but the loaded of fibrin along with these factors may have non synergistic effects. Our results are inconsistent with the data obtained by Masgutov et al. indicating that adipose-derived mesenchymal stem cells loaded in fibrin glue promote peripheral nerve regeneration in sciatic nerve injury [12]. In our study, a combination of factors was used that each of them alone increased nerve regeneration, but we have shown that they may have an inhibitory impact on each other's functions and reduce the effect of each other.

Histological and wet weight analyses in gastrocnemius muscle evaluations indicated that PLGBC, PLC, PL and PLGBCF achieved more reconstruction, respectively. However, the results of these methods

between conduit-implanted groups were not comparable to those in the autograft group (p < 0.001). Nevertheless, the mean diameter muscle fiber in the PLGBC group was not significant in the autograft group (p > 0.05). These results are in line with previous researches. McGrath et al. showed that gastrocnemius muscle weight was decreased in the conduit filled with fibrin matrix, but treatment with cyclosporine A or cyclosporine A with human mesenchymal stem cells induced recovery of the muscle weight [33].

In the present study, the nerve histological data showed that the mean thickness of myelin sheath and diameter of nerve fibers were not significantly different mean in PLGBC and PLC groups, compared to in the autograft group ( $p \boxtimes 0.05$ ). However, the mean diameter of myelinated axons in PLGBC (2.97 ± 0.34) and PLC (2.73 ± 0.22) was higher among the conduit implanted groups but comparisons have different significant with autograft group (p < 0.05).

In this study, application of fibrin matrix in conduit hasn't promoted effect in nerve regeneration and despite poor results that indicates the fibrin group is limited nerve regenerated, but, the non-significant difference between all groups in the parameters of G-ratio and amplitude (AMP) was observed. It maybe indicates fibrin can repair sciatic nerve in terms of number of axons and the thickness of the myelin in received conduit.

The mean number of myelinated axons in PL and fibrin groups was significantly lower than that in the autograft group, respectively (p < 0.001). However, there were no differences between PLGBC and PLC groups. As a result, in the groups containing AuNPs and BDNF, there were a higher number of axons, suggesting that the encapsulated nanoparticles and rADSCs can differentiate between SCs and lead to repair of the damaged nerve.

However, increases in toxicity levels for the use of intraluminal fillers such as fibrin must be kept in mind. A study that supports this case was supported by Wood *et al.* This study used a fibrin matrix which degraded after a four-week period and despite its approximately short residence time showed beneficial effects on nerve repair [34]. This further complements the idea that intraluminal fillers like fibrin are beneficial, but only at the early stages of regrowth, after which it can be hypothesized that they become an inhibitory material.

The presence of rADSCs in the PLGA conduit in combination with BDNF/AuNPs without the presence of fibrin may lead to their differentiation into SCs and, as a result, high expression of S100 in immunohistochemical and real-time PCR methods.

The results of the expression of MBP and NF200 were confirmed by the rate of S100 expression. Therefore, myelinated axons (MBP positive cells) and regenerating axons (NF200 positive cells) in conduit-implanted groups containing cell and growth factor were higher than those in the other conduit implanted groups, and it seems that in the PLGBCF group, fibrin interfered with other factors, thereby preventing to improve nerve regeneration.

# Conclusion

Overall, we found that laminin-coated PLGA conduit could improve axonal regeneration in peripheral nerve using some exogenous factors such as BDNF, AuNPs, and ADSCs in fibrin matrix. Although there was some evidence that fibrin matrix promoted peripheral nerve regeneration, but distinctive effect of fibrin was not observed in this study. It should be noted that fibrin matrix may interfere with other exogenous factors. It is recommended that future works determine the molecular mechanism of fibrin matrix in peripheral nerve regeneration and its clinical outcomes following injury.

# **Materials And Methods**

## Materials

PLGA (80:20, Mw: 50,000-75,000) and chitosan (low molecular weight with a deacetylation degree of >75%), Collagenase type I, 4,6-diamidino-2-phenylindole (DAPI), laminin, trypsin-ethylene diamine tetra acetic acid (EDTA) and anti-neurofilament 160/200 were supplied by Sigma-Aldrich (USA). N, N-dimethyl formamide (DMF) and chloroform were purchased from Merck (Germany). Dulbecco's Modified Eagles Medium (DMEM) /F12, phosphate buffered saline (PBS), fetal bovine serum (FBS) and penicillin-streptomycin was purchased from Invitrogen. BDNF and AuNPs were obtained from R&D (USA) and US NANO (USA), respectively. Anti-S100, anti-myelin basic protein (anti-MBP), rabbit anti-mouse FITC, and goat anti-mouse alexa flour were purchased from Abcam, fresh frozen plasma (FFP) was used to prepare thrombin, and cryoprecipitate was used to prepare fibrinogen (FFP and cryoprecipitate were obtained from the Blood Bank of Isfahan Province (Isfahan, Iran).

### Electrospinning and characterization of PLGA nanofibers

All of materials which used in this study were prepared from Sigma-Aldrich, St. Louis, MO, USA except it was mentioned in the text. Electrospun scaffolds with mild modification were *fabricated* as described in our previous study [35]. PLGA (80:20, Mw: *50,000-75,000*) was dissolved in chloroform: DMF (Merck, Darmstadt, Germany) mixture with a volume ratio of 80: 20 to obtain a concentration of 20% (w/v). High voltage electric field of 21 kV was used to draw the polymer solution fed at a rate of 250 µL/h into nanofibers over a distance of 15 cm from the needle tip to an aluminum-wrapped rotating drum. The drum rotation speed was gently decreased from 2500 to 300 rpm. Therefore, a highly aligned nanofibrous inner surface was formed, and as the drum rotation speed was decreased, fiber orientation gradually diminished. Electrospinning process continued for 9 h, and randomly oriented fibers of outer surface endowed the scaffold with isotropic mechanical properties, while the gradual alteration in fiber orientation could avoid sheet delamination. Scanning electron microscopy (SEM) (SEM, Seron Technology AlS 2500, India) was used to assessed the morphology of PLGA. Therefore, electrospun PLGA samples were coated with a thin layer of gold prior to taking SEM images.

### PLGA sheets coating with laminin containing BDNF and AuNPs encapsulated chitosan nanoparticles

AuNP or BDNF encapsulated chitosan nanoparticles were produced by the ionotropic gelation method . After emulsification of 50 ppm AuNPs (US Research Nanomaterials, Inc, Houston, TX, USA) [18] or 5  $\mu$ g/ml BDNF (R&D systems, Minneapolis, MN, USA) with 0.1 % chitosan solution, the solution was mixed on a magnetic stirrer for 15 min. Then, 0.03% TPP of an aqueous solution as a cross linker was added dropwise into the previous solution.The 20  $\mu$ g/ml of laminin was used for supply suspention of chitosan nanospheres containing BDNF or AuNPs, and finally was coated on the PLGA scaffold at 4°C temperature for 24 h [24].

### Design and *fabrication of nerveconduit*

PLGA sheet was cut to the size (14×20 mm) and exposed to *UV* light for sterilization. The membrane was coated with chitosan nanospheres encapsulated BDNF or AuNPs mixed by 20 µg/ ml laminin. Next, the electrospun mat rolling 2.5 rounds around a mandrel to create a tubular structure. The edge of conduit was sealed with cyanoacrylate glue. All these procedures were performed under sterile conditions.

#### Rat-ADSCs isolation, expansion

All of the experimental procedures involving animals were conducted in accordance with the guidelines given by National Institute of Health Guide for the Care and Use of Laboratory Animals, and approved by the Animal Ethics Committee of Isfahan University of Medical Sciences (No: IR.MUI.REC.1396.3.207). Under sterile conditions, the isolated tissue was placed on ice to the stem cell laboratory. Briefly, the adipose tissue surrounding the inguinal region was cut into tiny segments and treated with 0.075% collagenase type I and shaken at 37°C for 35 to 40 min. The resultant to neutralizing enzyme activity was added to the DMEM (Gibco Grand Island, NY, USA) containing 10% fetal bovine serum (Gibco Grand Island, NY, USA) into each tube. After centrifugation (1200 rpm for 5 min), the upper fat tissue layer and supernatant were discarded. The cell pellet was transferred into culture flasks containing DMEM + 10% FBS and transferred into an incubator at 5% CO2 and 37°C and saturated humidity. After 3-4 days, the medium was refreshed, and the cells were sub-cultured until passage 4. In this study, h-ADSCs obtained from passage 3-4 were used for the experiments.

#### Operation procedure and experimental groups

In this study, 40 mature (12-week-old) *Wistar* male rats (weighing ~200–250 g) purchased from Pasteur Institute, Tehran, Iran and were housed under standard conditions (at 18-24°C, 12 h light/dark) with free access to laboratory pellet chow and water. Acclimatization of animals began 10 days before the experiment date. Each rat was kept in one cage during experimental period.

All of the experimental procedures involving animals were conducted in accordance with the guidelines given by International Council for Laboratory Animal Science (ICLAS) for the Care and Use of Laboratory Animals, and approved by the Animal Ethics Committee of Isfahan University of Medical Sciences (No: IR.MUI.REC.1396.3.207). The rats were randomly divided into five groups (each, n = 8), including autograft group (Auto ) as positive control, PLGA conduit coated by laminin and filled with DMEM/F12

(PL), PLGA conduit coated by laminin and filled with 2×10<sup>6</sup> rADSCs according to previous study [36] (PLC), PLGA conduit coated by laminin containing BDNF-CNPs, AuNPs-CNPs and filled with 2×10<sup>6</sup> rADSCs (PLGBC) and PLGA conduit coated by laminin containing BDNF-CNPs, AuNPs-CNPs and filled with 2×10<sup>6</sup> rADSCs suspended in fibrin matrix (PLGBCF) transplanted in 10 mm sciatic gap.

Each rat was anesthetized with intraperitoneal injection of Xylazine 10mg/kg and Ketamine 100mg/kg. The thigh areas on left sides were shaved and disinfected with povidone-iodine.

Then, the sciatic nerve was exposed by skin and muscle-splitting incision.

The 10 mm of sciatic nerve segment was removed and PLGA conduit coated by laminin and filled with DMEM/F12 (PL), PLGA conduit coated by laminin and filled with 2×10<sup>6</sup> rADSCs for each animal (PLC) and PLGA conduit coated by laminin containing BDNF-CNPs, AuNPs-CNPs and filled with 2×10<sup>6</sup> rADSCs for each animal (PLGBC) implanted in different groups.

Also, the 10 mm segment of sciatic nerve was excised, reversed, and without rotation reattached using 10-0 nylon as an autograft group. Finally, in the fibrin matrix group include PLGA conduit coated by laminin containing BDNF-CNPs, AuNPs-CNPs and filled with  $2 \times 10^6$  rADSCs suspended in fibrin matrix (PLGBCF) for each animal, 60 µl human fibrinogen containing  $2 \times 10^6$  cells with 40 µl thrombin was injected into the nerve conduit.

The proximal and distal cut ends of the sciatic nerve were inserted 2 mm into the ends of the nerve conduit and fixed with a 10-0 nylon epineural suture.

Then, the muscle and skin were closed with 7-0 nylon sutures. Finally, the rats had free access to water and food, and housed in controlled animal rooms under artificial 12-hour light/dark cycles.

#### Sciatic function index

Functional recovery of the sciatic nerve was evaluated by the sciatic functional index (SFI) obtained from rat footprints on the white paper covered on the box floor. Three obvious footprints were selected from each rat, and finally three different parameters were measured: (i) heel to the third toe (print length, PL), (ii) the first toe to the fifth toe (toe spread, TS), and (iii) the second toe to the fourth toe (intermediate toe spread, ITS). The SFI was calculated by the following formula:

SFI = -38.3 (EPL - NPL)/NPL + 109.5(ETS - NTS)/NTS + 13.3(EIT - NIT)/NIT - 8.8

E is the experimental sides, and N is the normal sides. Generally, a value of close to 0 indicates the normal function and a value of close to -100 indicates the higher impairment [37].

#### Pinprick test

To determine of sensory recovery, *the* pinprick test was performed. The experimental limb of rats was pinched with standardized forceps from the toe to the heel. In the pinprick test limb withdraw response to painful stimulus was graded from 0 to 3. Pinprick test was evaluated from heel to toes and measured values include: 0 = no response, 1 = heel, 2 = dorsum of foot (mid-foot), and 3 = toes [38]<sup>.</sup>

## Electrophysiology

For each animal, electrophysiological testing was performed in a 12-week post-surgery period. After anesthesia, the electrophysiologic method was performed by placing stimulation electrode in the proximal end of the regenerated nerve and recording electrodes in the mid of gastrocnemius muscle. The compound muscle action potential (CMAP) has been used to estimate the numbers of repaired motor nerve fibers. The CMAP parameters were analyzed for each rat; for instance, the CMAP latency parameter was assessed from the stimulation site to the start of the response and measured in milliseconds.

In addition, the amplitude (AMP) of CMAPs was calculated by the potential difference between maximum negative and positive peaks of the CMAP signal in millivolts [39]. Electrophysiological analysis was calculated using the eProbe software. Finally, the CMAP parameters were compared among different groups.

### Muscle mass

After sacrificing of animals (with 100 mg/kg sodium pentobarbital i.p.), gastrocnemius muscles were removed from normal and injured sides and weighed while still wet by an electronic balance (A&D Weighing EK-3000I Portable Balance, 3000g Capa

city). The recovery rate and muscle atrophy were calculated by the wet weight of gastrocnemius muscle on the experimental side/the wet weight of gastrocnemius muscle on the normal contralateral side × 100% [40].

## Histological study

Operated nerve and gastrocnemius muscle of both limbs were dissected from the surrounding tissues 12 weeks after conduit implantation. The middle segment of muscles and nerve were fixed in 10% neutral buffered formalin for 48 hours, and after tissue processing, paraffin blocks were cut into 5 µm thick sections. The transvers sections of gastrocnemius muscle were stained with Masson's trichrome and examined under a light microscope. The mean diameter of the muscle fibers was calculated using the Digimizer software by an image analysis system. Nerve samples were stained with toluidine blue to label the myelin sheath. Briefly, the fixed nerves were dehydrated in a graded ethanol series and embedded in paraffin. The specimens were cut into 5 µm thick cross sections with a microtome, stained with 0.125% toluidine blue solution, observed and evaluated by under a light microscope [41].

The G-ratio (the axon-to-fiber diameter ratio) is an important parameter to estimate degree of myelination [42]. To calculate the mean number of myelinated axons, nine images were randomly captured at 400×

magnification for each group, and 5 fields of all images were counted to obtain the mean numbers of myelinated nerve fibers. The average diameter of the sciatic regenerated nerve fibers, axon, myelin and the mean number of myelinated axons were calculated using the Digimizer software by an image analysis system.

#### Immunohistochemistry staining

In this study, S100  $\beta$  as a specific marker for Schwann cells, myelin basic protein (MBP) as a myelin sheath marker, and neurofilaments-200 (NF200) as a growing axon marker were used. Nerve specimens were fixed with 4% paraformaldehyde for 6 h and embedded in paraffin and then cut into 3-µm thick sections. For double immunostaining analysis of NF200 and MBP or NF200 and S100 in the sections, antigen unmasking was performed by 10 mM sodium citrate buffer, pH= 6.0, at 90 °C for 10 min. Fallowing, were incubated for 30 min in blocking serum (0.5% normal goat serum to cover unspecific binding) and then incubated for overnight at 4°C with the primary antibodies diluted involve: anti-S100  $\beta$  (1:500), anti-major basic protein anti-MBP (1:500), and NF200 (1:100) )(Abcam, Cambridge, MA). They were washed three times with PBS and incubated in secondary antibodies: rabbit anti mouse FITC (1:500) and goat anti mouse Alexa Flour (1:1000) (Abcam).

Finally, all sections were incubated with DAPI for cell nuclei staining, and immunohistochemistry results were examined under a fluorescent microscope (Olympus BX51, Japan). Then, the total area of the images was measured for the intensity of NF200, S100 and MBP staining using the Image-j software [43].

### Real-time reverse transcription polymerase chain reaction

The level of S100, MBP, GFAP and Nestin expression in the rat sciatic nerve tissue in were assessed using real time RT-PCR. Total RNA was isolated using the Total RNA Prep Kit (BIOFACT). RNA was reverse transcribed using the BioFact<sup>TM</sup> 5X RT Pre-Mix cDNA Synthesis Kit (BIOFACT) according to the manufacturer's protocol. The real-time PCR was performed using BioFact<sup>TM</sup> 2X Real-Time PCR Master Mix Kit (BIOFACT) and the StepOne Plus<sup>TM</sup> quantitative Real Time PCR Detection System (Applied Biosystems). The level of  $\beta$ -actin was used as the control housekeeping gene. Table 1 lists the sequence of the used primers (metabion, Germany) [23].

### Statistical analysis

Statistical differences between the different groups were tested by the one-way ANOVA followed by posthoc, tukey's test using SPSS software version 22.0 (SPSS Inc., Chicago, IL, USA). Data were presented as mean ± standard error and P-values less than 0.05 were considered statistically significant.

## Declarations

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#### Author Contributions

SR designed the experiments, analyzed and interpreted data, and final revision of manuscript, MJ performed experimental work and preliminary writing of manuscript, EV and RS contributed to data collection and analyzed the data. All authors read and approved the final manuscript.

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This study was supported by the department of Anatomical Sciences, School of Medicine, Isfahan University of Medical Sciences, Isfahan, Iran.

#### Availability of data and materials

Data are available from the corresponding author on request.

#### Ethics approval and consent to participate

This study was carried out in accordance with the recommendations of the local ethical committee of Isfahan University of Medical Sciences (No: IR.MUI.REC.1396.3.207).

#### Consent for publication

Not applicable.

#### **Competing interests**

The authors declare that they have no competing interests.

#### Author details

Department of Anatomical Sciences, School of Medicine, Isfahan University of Medical Sciences, Isfahan, Iran.

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## Tables

Table 1. The list of primer sequences of *S100; Schwann cell marker, Nestin; Marker* of neuronal progenitor cells, *Gfap;* Glial fibrillary acidic protein, Mbp; Myelin basic protein,  $\beta$ -actin; As the control housekeeping gene for Real time RT-PCR analysis.

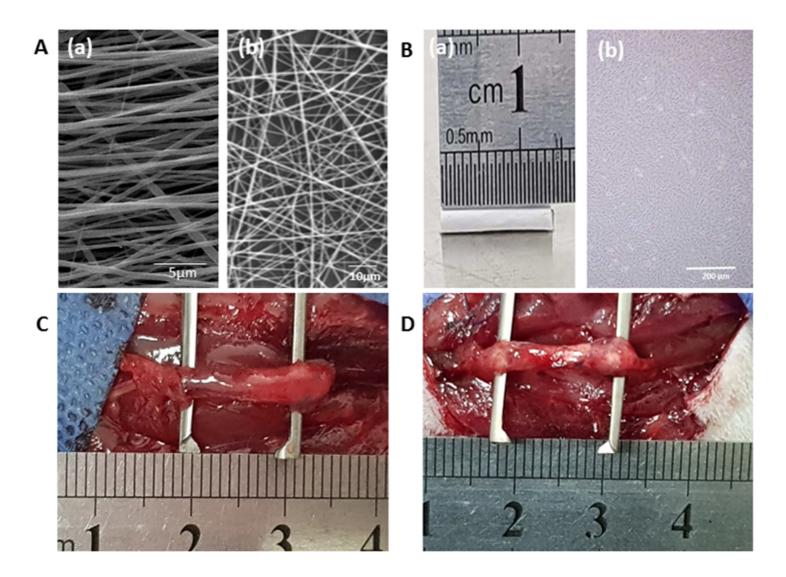
Gene	Primer (Forward (top) Reverse (bottom))		
<i>S100</i>	5'-ATAGCACCTCCGTTGGACAG-3'		
	5'-TCGTTTGCACAGAGGACAAG-3'		
Nestin	5'-CCGGGTCAAGACGCTAGAAGA-3'		
	5'-CTCCAGCTCTTCCGCAAGGTTGT-3'		
Gfap	5'-CTCCTATGCCTCCTCCGAGACGAT-3'		
	5'-GCTCGCTGGCCCGAGTCTCTT-3'		
Mbp	5'-CACAGAAGAGACCCTCACAGCGAC-3'		
	5'-CCGCTAAAGAAGCGCCCGATGGA-3'		
β-actin	5'-GTTGTCGACGACGAGCG-3'		
	5'-GCACAGAGCCTCGCCTT -3'		

Table 2. Comparison of the mean percentage of intensity value for MBP, NF200, and S100 in different conduit implanted groups

Intensity of NF200	Intensity of S100	Intensity of MBP	Groups
Mean± SE	Mean± SE	Mean± SE	
100	100	100	Auto
78.22 ± 0.51***	89.18 ± 0.43***	78.6 ± 0.88***	PL
96.51 ± 0.86*	102.20 ± 0.61	96.47 ± 0.48**	PLC
125.17 ± 1.16***	106.25 ± 0.63 ***	99.29 ± 0.43	PLGBC
76.18 ± 0.60***	48.07 ± 0.58***	45.05 ± 0.52***	PLGBCF

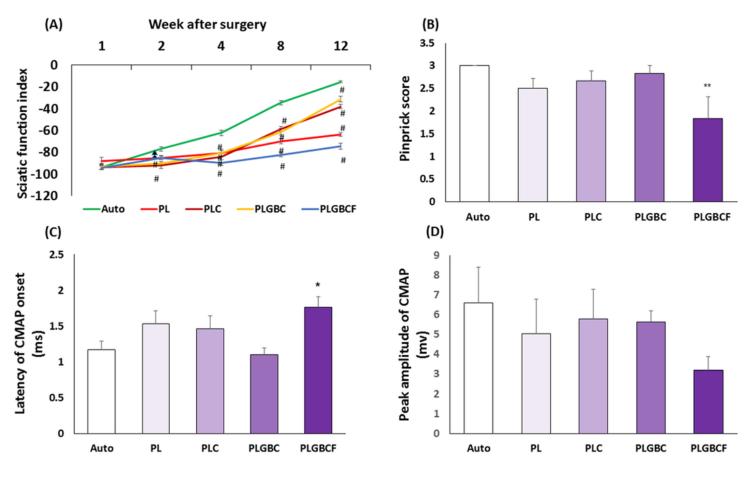
Autograft (Auto), P (PLGA), L (Laminin), G (AuNPs), B (BDNF), C (Cell), F(Fibrin).

(p<0.05 \*, p<0.01 \*\*\*, p<0.001 \*\*\*, The mean Percentage of intensity value of positive cells in conduit-implanted groups compared to autograft group).

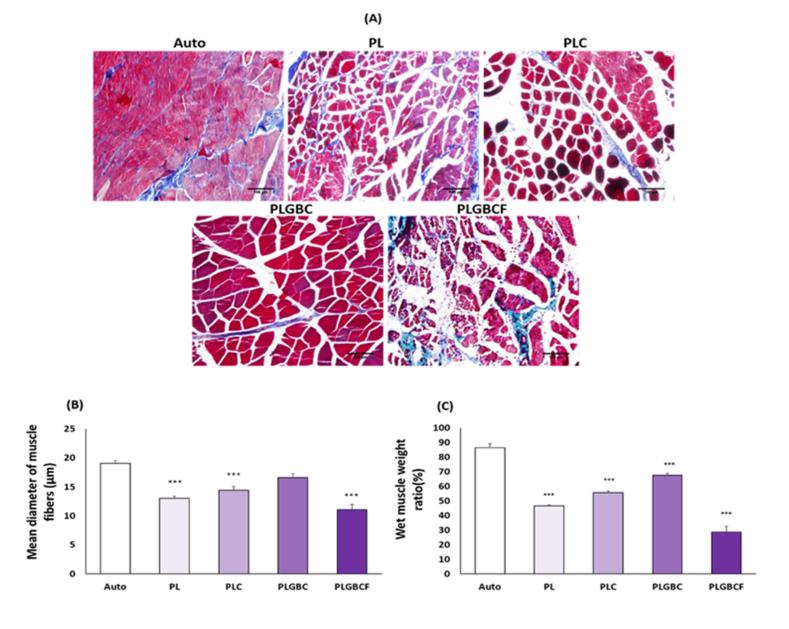


#### Figure 1

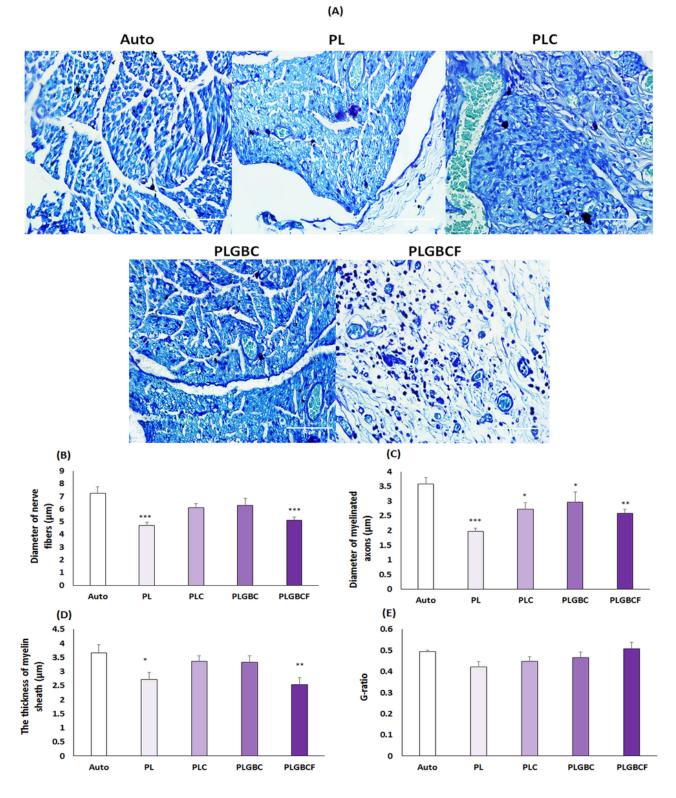
SEM micrographs of electrospun laminin-coated PLGA conduit (A); the inner surface of the membrane contained aligned fibers (a) (scale bar is 5  $\mu$ m); while the outer surface consisted of randomly arranged PLGA fibers (b) (scale bar is 10  $\mu$ m). The size of nerve conduit (Ba); After 3 passage primary cultured rADSCs were exhibited irregular, flat, and spindle-shape fibroblast-like morphology under light microscopy (Bb); conduit-implanted in 10 mm rat sciatic nerve gap 12 weeks after surgery in PLGBC (C) and PLGBCF (D) groups.



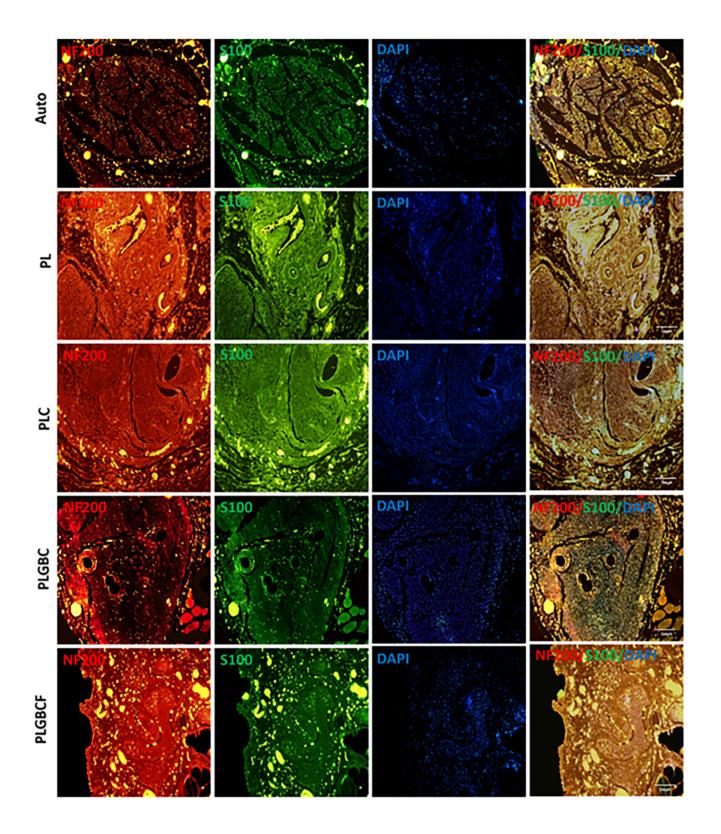
Comparison of the mean of sciatic functional index (SFI) 1, 2, 4, 8, and 12 weeks after surgery (p<0.001#) (A); pinprick score (B); the latency (C) and CMAP recovery index (D). Autograft (Auto), P (PLGA), L (Laminin), G (AuNPs), B (BDNF), C (Cell), F(Fibrin), (p<0.05 \*, p<0.01 \*\* the conduit-implanted group compared to the autograft group).



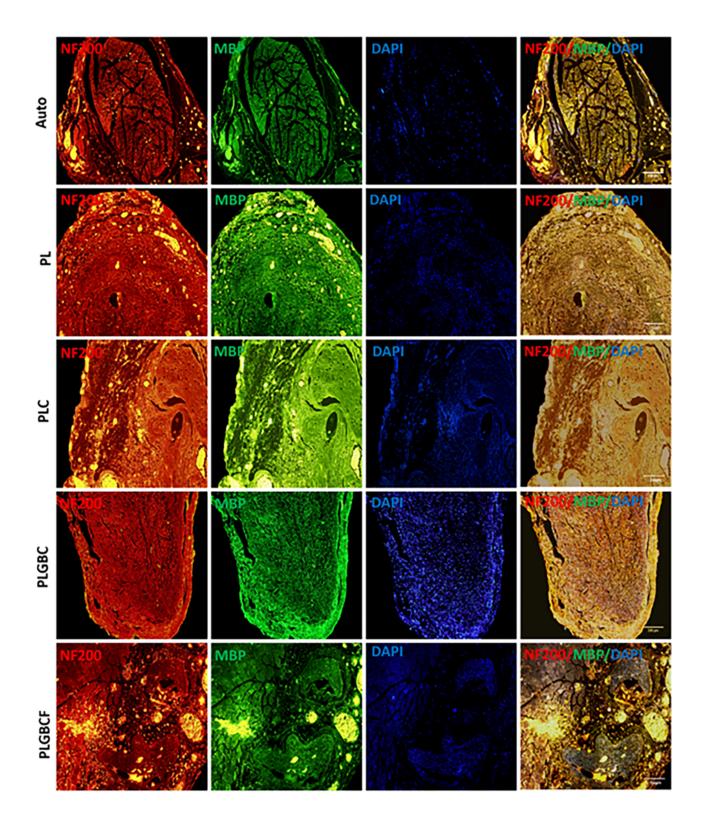
Representative images of transverse sectioned gastrocnemius muscle following Masson's trichrome staining 12 weeks after surgery (scale bars = 100  $\mu$ m) (A); The mean diameters of muscle fibers (B); Wet muscle weight ratio (%) (C); Autograft (Auto), P (PLGA), L (Laminin), G (AuNPs), B (BDNF), C (Cell), F(Fibrin). (p<0.001 \*\*\* the conduit-implanted group compared to the autograft group).



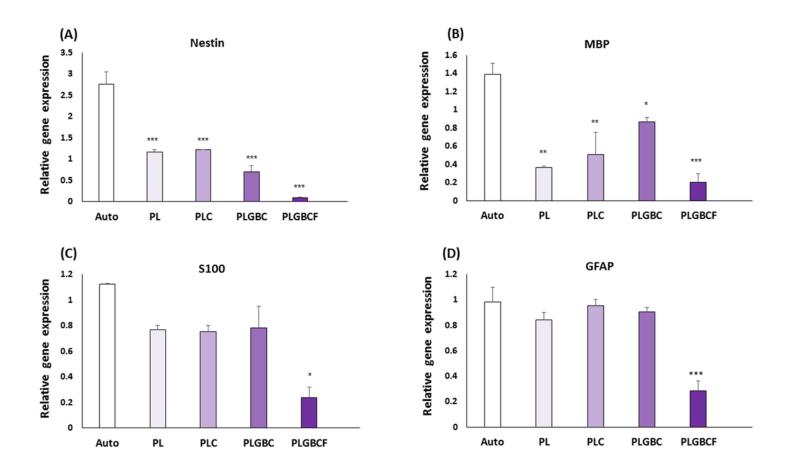
Photomicrograph regenerated nerves using toluidine blue staining 12 weeks after surgery(scale bars = 50  $\mu$ m) (A); and quantitative analysis of the mean nerve fiber diameter (B), myelinated axon (C), thickness of myelin sheath (D) and G-ratio (E) in different groups; Autograft (Auto), P (PLGA), L (Laminin), G (AuNPs), B (BDNF), C (Cell), F(Fibrin). (p<0.05 \*, p<0.01 \*\*, p<0.001 \*\*\* the conduit-implanted group compared to the autograft group).



The representative images of regenerated nerves in the conduit; Double-immunohistochemical staining of regenerated nerve transvers sections with NF-200/S-100 in each group; Neurofilaments were labeled with NF-200 exhibiting a red color. Schwann cells were labeled with S-100 and appears as green and cell nuclei were labeled with DAPI (blue) (scale bars =  $200 \mu m$ ) in different groups; Autograft (Auto), P (PLGA), L (Laminin), G (AuNPs), B (BDNF), C (Cell), F(Fibrin).



The representative images of regenerated nerves in the conduit; Double-immunohistochemical staining of regenerated nerve transvers sections with NF-200/MBP in each group; Neurofilaments were labeled with NF-200 exhibiting a red color. MBP appear as green and cell nuclei were labeled with DAPI (blue) (scale bars =  $200 \mu m$ )) in different groups; Autograft (Auto), P (PLGA), L (Laminin), G (AuNPs), B (BDNF), C (Cell), F(Fibrin).



Comparative analysis mean of the level of Nestin, MBP, S100, and GFAP expression in different groups evaluated by real-time RT-PCR technique(A-D); Autograft (Auto), P (PLGA), L (Laminin), G (AuNPs), B (BDNF), C (Cell), F(Fibrin). (p<0.05 \*, p<0.01 \*\*, p<0.001 \*\*\* the conduit-implanted group compared to the autograft group).

## **Supplementary Files**

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