What Impact has lockdown on SARS-CoV-2/COVID-19 incidence, prevalence and mortality during second wave of pandemic in 2021: - observational analysis of Bihar

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Research Article

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Abstract

Background: My research aimed to assess the impact of lockdown on SARS-CoV-2/COVID-19 pandemic 13 days before lockdown, first and second 13 days during lockdown, and 13 days after the lockdown on the trends in the incidence, prevalence and mortality in the state of Bihar, India, during COVID-19 pandemic.

Methods: The information on the number of cases and deaths due to COVID-19 pandemic in Bihar was obtained from Health Department Bihar, Ministry of Health and Family Welfare, Government of India, and lockdown data were obtained from online websites as well. The impact of lockdown for 13 days before lockdown, first and second 13 days during lockdown, and 13 days after the lockdown on the incidence, prevalence and mortality due to the COVID-19 pandemic in Bihar was analyzed with Microsoft office and stata 15.1 for windows (64bit). The same will be used with Microsoft office in next **version-3 of article with addition of two more period of observation i.e. one more 13 day period before lockdown and one more period after the lock down in order to observe 2 period of same duration before lockdown and 2 periods of same duration after lockdown. This period is under observation right now by the author. The version-3 will also discuss lockdown model of Bihar with criteria of inclusion and exclusion of lockdown detailed in the article as well as analysis summary for understanding in short.**

Results: The findings showed that except for **Incidence /100000/ new death there was a trend toward a decline**, and except for Prevalence/100000/confirmed cases from beginning of pandemic all other prevalence have increased. The total and observation period mortality rate due to the COVID-19 pandemic also increased.

Conclusions: The findings indicate that 13 days after the lockdown, incidence, daily cases of COVID-19 and the growth of the disease showed a declined trend, but there was no significant decline in the prevalence and mortality. The study found that daily cases of SARS-COV-2 patients, and the growth factor results declined and the growth rate per day both declined to an impressive negative level in the case of the growth rate. **The Bihar model of lockdown is of significance in reducing the daily new cases as well as it** was found that, 13 days after the lockdown, the growth factor of the number of new daily cases decreased and the growth factor of new daily deaths was increased after the lockdown period.

Background

The delivery of health services is of greatest importance and major concern in India particularly populous states like Bihar with imperfect and inadequate resources, lack of modern infrastructure and enormous demand on healthcare structure. The Census 2011 calculated that Bihar has population of 10.41 Crores, an increase from figure of 8.30 Crore in 2001 census. As per 2011 census there were 54,278,157 male and 49,821,295 female respectively. As per projection of census, population of Bihar in 2021 is 13.12 Crore (1) The SARS-CoV-2 pandemic had offered a challenge even for developed healthcare systems around the globe. A sense of panic engrossed the globe due to pandemic and the state of Bihar in India is not exclusion. The insufficient and inadequate healthcare resources including manpower, infrastructure, transportation (ambulance services) etc. have been largely utilized to tackle the situation of pandemic. This shift has tremendous effect of continuing various health programmes running formerly before the pandemic era (2).

The Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) popularly known as COVID-19 pandemic, first found in Wuhan, China which had spread globally and causing morbidity, mortality as well as huge economic losses. The SARS-CoV-2/ Covid -19 pandemic are not over globally as well as in India and Bihar. The current

healthcare system is burdened more with this new diseases added with previous NCD (non communicable diseases) & CD (communicable diseases). The First human case of this global pandemic was reported from Wuhan city of China in December 2019 (3). The first case of covid-19 in India was found in January 2020 and Bihar reported first COVID-19 case from Munger on 22 March 2020, a 38-year-old tested positive for COVID-19, he was also the first victim.

As of June 17, 2021, 07:33 GMT, covid-19 has involved 220 countries and has infected 177, 819, 445, people with a mortality of 3,849,051 deaths (4). The median incubation period for COVID-19 is usually 5.1 days, and may be up to 14 days. The incubation period of COVID-19 is very significant in establishing lockdown, monitoring, surveillance and control of the disease spread. The high contagious nature of COVID-19 has led to panic situation across the globe stopping entry and exit across different boundaries and even upto lowest administrative levels by implications of containment zones. The world-wide population has been under lockdown and quarantined in their homes at some point. The lockdown and quarantine methods have been implemented by many nations and states to control the spread of covid-19. **The lockdown order in Bihar issued by Home Department dated 04/05/2021 announced lockdown from 05/05/2021 to 15/05/2021 and then extended upto 1 June, 2021,** includes several restrictions such as isolation at homes, travel restrictions, and termination of all public events etc (5). The lockdown strategies in Bihar have been enforced like all over the world in order to prevent the COVID-19 infection from spreading even further. On comparing the pattern of transmission rates observed in few countries at posterior estimated change points, it is found that partial implementation of lockdown (in the United States), delayed planning in lockdown (Russia, United Kingdom, and France), and inadequate implementation of the lockdown (in India and Italy) were found to be mainly responsible for the spread of covid-19 infections (6).

Vaccines are known to effectively prevent a COVID-19 infection and reduce morbidity-mortality but there are multiple factors and obstacles in running smoothly the vaccination programme such as frequent change and unavailability of vaccines, guidelines, policies, interdisciplinary conflicts of medical sciences, mistrust, evil propaganda over Government data, lack of communication and health promotion in rural areas of India (7). Hence in current scenario of Bihar and most of states in India, public health measures such as lockdown, masks, quarantine, and social distancing appear to be the only ways to control the outbreak. Lockdown and quarantine can either be applied on a voluntary basis, or if seems necessary, can be legally forced by the authorities, and may be implemented at individual or community levels. The home quarantine, when scientifically and adequately applied and exercised according to covid-19 principles, guidelines, protocols and practices, can be quite effective for preventing the spread of covid-19 diseases. Globally, many countries have imposed a lockdown, quarantine period for over several days to months for this purpose. There are great economic concerns as well as question on the effectiveness and risks of long-term implementation of a lock-down and or quarantine. Keeping in view the rapid spread of COVID-19 cases and rise in mortality and morbidity in Bihar, the present study aimed to investigate the impact of lockdowns for 13 days before, first and second 13 days during lockdown and 13 days afterward on international epidemiological trends in the prevalence and mortality of COVID-19 cases.

Materials And Methods

The present observational study was conducted by the author during the period of May–June 2021. The data on the trends in the incidence, prevalence and mortality due to COVID-19 outbreak in Bihar were collected on daily basis from Health Department, Bihar as well as Ministry of Health and Family Welfare, Government of India also matched with online sources available in Google search. The daily reports on COVID-19 published by the Health Department, Bihar as well as Ministry of Health and Family Welfare, Government of India through website, twitter etc. were care-

fully reviewed and data were collected . The lockdown data were obtained time to time from concerned authorities. The population data of Bihar was obtained from the census2011 publications. Data of all the 38 districts of Bihar have been collected and analyzed as well as calculation for incidence, prevalence and mortality was done and presented as table(see table 1,2,3,4,5,6,7,8 and graph 1) and graph in this article.

The growth factor I considered is as a ratio equals to cases on last day of each of four observations divided by cases on the first day of observation (see table-9). A growth factor of more than 1.0 indicates an increasing pattern of prevalence, whereas values between below 1.0 show a declining pattern. A positive growth factor indicates exponential growth in the number of cases and a negative growth factor for the period indicates exponential decay in the number of new cases. A negative growth rate per observation period means an epidemic is coming under control because in that case, the number of new cases each day will be decreasing and heading in a direction toward no new cases in a day. The collected data were properly recorded and analyzed because the pandemic has been changing numbers daily. I analyzed the impact of lockdown on the growth factor, incidence, prevalence and mortality due to COVID-19 outbreak in Bihar, India by establishing an calculating-analyzing association between the numbers, 13 days before, 26 days during (divided into two equal parts 13 days each, termed first 13 and second 13) and 13 days after the end of the lockdown period on 01/06/2021.

Statistical analysis

The data were recorded, calculated and analyzed with Microsoft office in this version 1(in next version two stata software added with this for analysis), and the output-results were expressed in numbers and percentages presented in tables 1,2,3,4,5,6,7,8,9,10. The average of confirmed new cases/new active cases/new cured cases/new death, prevalence and mortality of cases were calculated. The growth factor, by which quantity multiplies itself over time; here 13th day cases divided by cases on the first day was calculated.

Results

The total number of laboratory-confirmed cases / active cases/ cured/discharged/ and deaths due to covid-2019 pandemic 13 days before lockdown are presented in Table 1. The total number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths due to Covid-2019 pandemic 13 days before lockdown are presented in Table 2.

The impact of the lockdown on the epidemiological trends of covid-19 is presented in Tables 3, 4, 5, and 6. The epidemiological trends after lockdown are presented in tables 7 and 8. Table 9 shows the Growth Factor for Number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths/ Confirmed cases / Active Cases/ Cured/Discharged/ and deaths due to Covid-2019 pandemic. Table 10 presents the Prevalence/Incidence/Mortality of Number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths/ Confirmed cases / Active Cases/ Cured/Discharged/ and deaths due to Covid-2019 pandemic. Table 11 presents the average number of confirmed new cases/new active cases/new cured cases/new death, at 13 days before, 26 days during, and 13 days after the lockdown in Bihar, India and correlations were established.

Table 1 Bihar- Total number of laboratory-confirmed cases / active cases/ cured/discharged/ and deaths date wise due to covid-2019 pandemic 13 days before lockdown since beginning of pandemic

Date	Region	Total Confirmed Cases	Total Active Cases	Total Cured	Total Death
22/04/2021	Bihar	354281	63747	288637	1897
23/04/2021	Bihar	365770	69869	293945	1956
24/04/2021	Bihar	378442	76420	300012	2010
25/04/2021	Bihar	390801	81961	306753	2087
26/04/2021	Bihar	403596	87155	314286	2155
27/04/2021	Bihar	415397	89661	323514	2222
28/04/2021	Bihar	428001	94276	331418	2307
29/04/2021	Bihar	441375	98748	340236	2391
30/04/2021	Bihar	454464	100822	351162	2480
1/5/2021	Bihar	470317	105401	362356	2560
2/5/2021	Bihar	484106	108203	373261	2642
3/5/2021	Bihar	497640	109946	384955	2739
4/5/2021	Bihar	509047	107668	398558	2821
Total		509047	107668	398558	2821

Table 2 Bihar- Number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic 13 days before lockdown

Date	Confirmed New Cases	New Active Cases	New Cured	New Death	Population-2011 Census
22/04/2021	12222	7392	4774	56	104099452
23/04/2021	11489	6122	5308	59	104099452
24/04/2021	12672	6551	6067	54	104099452
25/04/2021	12359	5541	6741	77	104099452
26/04/2021	12795	5194	7533	68	104099452
27/04/2021	11801	2506	9228	67	104099452
28/04/2021	12604	4615	7904	85	104099452
29/04/2021	13374	4472	8818	84	104099452
30/04/2021	13089	2074	10926	89	104099452
1/5/2021	15853	4579	11194	80	104099452
2/5/2021	13789	2802	10905	82	104099452
3/5/2021	13534	1743	11694	97	104099452
4/5/2021	11407	-2278	13603	82	104099452
Total	166988	51313	114695	980	

The statistical analysis of total number of laboratory-confirmed cases / active cases/ cured/discharged/ and deaths date wise due to covid-2019 pandemic **during 13 days before lockdown** since beginning of pandemic & laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic during 13 days before lockdown is as follow:

Note:-Obs-observation, Std. Dev-standard deviation, Min-minimum, Max-maximum, Totalconfi~s-total confirmed cases, newconfirm~s- new confirm cases, newactivec~s- new active cases,

Summary

Variable	Obs	Mean	Std. Dev.	Min	Max
<hr/>					
Totalconfi~s	13	430249	50885.21	354281	509047
Totalactiv~s	13	91836.69	15270.73	63747	109946
Totalcured	13	336084.1	35883.66	288637	398558
Totaldeath	13	2328.231	305.0162	1897	2821
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Newconfirm~s 13	12845.23	1171.347	11407	15853
Newactivec~s 13	3947.154	2567.432	-2278	7392
New cured 13	8822.692	2720.64	4774	13603
New death 13	75.38462	13.40733	54	97

Detailed summary

Total Confirmed Cases				
Percentiles		Smallest		
1%	354281	354281		
5%	354281	365770		
10%	365770	378442	Obs	13
25%	390801	390801	Sum of Wgt.	13
50%	428001	Mean 430249		
	Largest	Std. Dev.	50885.21	
75%	470317	470317		
90%	497640	484106	Variance	2.59e+09
95%	509047	497640	Skewness	.0673399
99%	509047	509047	Kurtosis	1.767969

Total Active Cases				
Percentiles		Smallest		
1%	63747	63747		
5%	63747	69869		
10%	69869	76420	Obs	13
25%	81961	81961	Sum of Wgt.	13
50%	94276	Mean 91836.69		

Largest Std. Dev. 15270.73

75%	105401	105401		
90%	108203	107668	Variance	2.33e+08
95%	109946	108203	Skewness	-.4785806
99%	109946	109946	Kurtosis	2.00337

Total Cured

Percentiles	Smallest		
1%	288637	288637	
5%	288637	293945	
10%	293945	300012	Obs 13
25%	306753	306753	Sum of Wgt. 13

50%	331418	Mean	336084.1
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Largest Std. Dev. 35883.66

75%	362356	362356		
90%	384955	373261	Variance	1.29e+09
95%	398558	384955	Skewness	.3140853
99%	398558	398558	Kurtosis	1.86663

Total Death

Percentiles	Smallest		
1%	1897	1897	
5%	1897	1956	
10%	1956	2010	Obs 13

25%	2087	2087	Sum of Wgt.	13
50%	2307		Mean	2328.231
		Largest	Std. Dev.	305.0162
75%	2560	2560		
90%	2739	2642	Variance	93034.86
95%	2821	2739	Skewness	.157749
99%	2821	2821	Kurtosis	1.762751

New Confirmed Cases

	Percentiles	Smallest		
1%	11407	11407		
5%	11407	11489		
10%	11489	11801	Obs	13
25%	12222	12222	Sum of Wgt.	13
50%	12672		Mean	12845.23
		Largest	Std. Dev.	1171.347
75%	13374	13374		
90%	13789	13534	Variance	1372054
95%	15853	13789	Skewness	1.163319
99%	15853	15853	Kurtosis	4.412122

New Active Cases

Percentiles Smallest

1%	-2278	-2278		
5%	-2278	1743		
10%	1743	2074	Obs	13
25%	2506	2506	Sum of Wgt.	13
50%	4579		Mean	3947.154
		Largest	Std. Dev.	2567.432
75%	5541	5541		
90%	6551	6122	Variance	6591705
95%	7392	6551	Skewness	-.9610262
99%	7392	7392	Kurtosis	3.661296

New Cured

Percentiles	Smallest		
1%	4774	4774	
5%	4774	5308	
10%	5308	6067	Obs 13
25%	6741	6741	Sum of Wgt. 13
50%	8818		Mean 8822.692
		Largest	Std. Dev. 2720.64
75%	10926	10926	
90%	11694	11194	Variance 7401884
95%	13603	11694	Skewness .0947236
99%	13603	13603	Kurtosis 1.913701

New Death

Percentiles		Smallest		
1%	54	54		
5%	54	56		
10%	56	59	Obs	13
25%	67	67	Sum of Wgt.	13
50%	80		Mean	75.38462
		Largest	Std. Dev.	13.40733
75%	84	84		
90%	89	85	Variance	179.7564
95%	97	89	Skewness	-.2742626
99%	97	97	Kurtosis	1.959424

Table statistical analysis- total confirmed cases total active cases total cured total death new confirmed cases new active cases newcured new death, statistics(mean max range var count min sd cv)

stats	totalc~s	totala~s	totalc~d	totald~h	newcon~s	newact~s	newcured	newdeath
mean	430249	91836.69	336084.1	2328.231	12845.23	3947.154	8822.692	75.38462
max	509047	109946	398558	2821	15853	7392	13603	97
range	154766	46199	109921	924	4446	9670	8829	43
variance	2.59e+09	2.33e+08	1.29e+09	93034.86	1372054	6591705	7401884	179.7564
N	13	13	13	13	13	13	13	13
min	354281	63747	288637	1897	11407	-2278	4774	54
sd	50885.21	15270.73	35883.66	305.0162	1171.347	2567.432	2720.64	13.40733
cv	.1182692	.1662813	.1067699	.1310077	.0911893	.6504514	.3083685	.1778523

. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, statistics(semean kurtosis iqr p25 skewness median p1 p99)

```
stats | totalc~s totala~s totalc~d totald~h newcon~s newact~s newcured newdeath
se(mean) | 14113.02 4235.338 9952.337 84.59626 324.8732 712.0774 754.5699 3.718523
kurtosis | 1.767969 2.00337 1.86663 1.762751 4.412122 3.661296 1.913701 1.959424
iqr | 79516 23440 55603 473 1152 3035 4185 17
p25 | 390801 81961 306753 2087 12222 2506 6741 67
skewness | .0673399 -.4785806 .3140853 .157749 1.163319 -.9610262 .0947236 -.2742626
p50 | 428001 94276 331418 2307 12672 4579 8818 80
p1 | 354281 63747 288637 1897 11407 -2278 4774 54
p99 | 509047 109946 398558 2821 15853 7392 13603 97
```

Table 3 Bihar- Total Number of laboratory-Confirmed cases / Active Cases/ Cured/Discharged/ and deaths date wise due to Covid-2019 pandemic-first 13 days of lockdown since beginning of pandemic

Date	Region	Total Confirmed Cases	Total Active Cases	Total Cured	Total Death
5/5/2021	Bihar	523841	110431	410484	2926
6/5/2021	Bihar	538677	113480	422210	2987
7/5/2021	Bihar	553803	115152	435574	3077
8/5/2021	Bihar	567269	115067	449063	3139
9/5/2021	Bihar	580217	112977	464025	3215
10/5/2021	Bihar	591476	110805	477389	3282
11/5/2021	Bihar	601650	105104	493189	3357
12/5/2021	Bihar	612570	102100	507041	3429
13/05/2021	Bihar	622433	99624	519306	3503
14/05/2021	Bihar	622433	99624	519306	3503
15/05/2021	Bihar	630185	96278	530314	3593
16/05/2021	Bihar	645015	82487	558785	3743
17/05/2021	Bihar	651909	75090	572987	3832
Total		651909	75090	572987	3832

Table 4 Bihar- Number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic-first 13 days of lockdown

Date	New Confirmed Cases	New Active Cases	New Cured	New Death	Population-2011 Census
5/5/2021	14794	2763	11926	105	104099452
6/5/2021	14836	3049	11726	61	104099452
7/5/2021	15126	1672	13364	90	104099452
8/5/2021	13466	-85	13489	62	104099452
9/5/2021	12948	-2090	14962	76	104099452
10/5/2021	11259	-2172	13364	67	104099452
11/5/2021	10174	-5701	15800	75	104099452
12/5/2021	10920	-3004	13852	72	104099452
13/05/2021	9863	-2476	12265	74	104099452
14/05/2021	0	0	0	0	104099452
15/05/2021	7752	-3346	11008	90	104099452
16/05/2021	14830	-13791	28471	150	104099452
17/05/2021	6894	-7397	14202	89	104099452
Total	142862	-32578	174429	1011	

The statistical analysis of total number of laboratory-confirmed cases / active cases/ cured/discharged/ and deaths date wise due to covid-2019 pandemic during **first 13 days of lockdown** since beginning of pandemic & laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic during **first 13 days of lockdown** is as follow:

summarize

Variable	Obs	Mean	Std. Dev.	Min	Max
<hr/>					
totalconfi~s	13	595498.3	40585.3	523841	651909
totalactiv~s	13	102939.9	12555.59	75090	115152
totalcured	13	489205.6	51351.34	410484	572987
totaldeath	13	3352.769	281.7023	2926	3832

newconfirm~s | 13 10989.38 4292.763 0 15126

newactivec~s | 13 -2506 4572.906 -13791 3049

newcured | 13 13417.62 5970.299 0 28471

newdeath | 13 77.76923 33.08613 0 150

. summarize, detail

Total Confirmed Cases

Percentiles		Smallest		
1%	523841	523841		
5%	523841	538677		
10%	538677	553803	Obs	13
25%	567269	567269	Sum of Wgt.	13
50%	601650		Mean	595498.3
		Largest	Std. Dev.	40585.3
75%	622433	622433		
90%	645015	630185	Variance	1.65e+09
95%	651909	645015	Skewness	-.3413298
99%	651909	651909	Kurtosis	1.970721

Total Active Cases

Percentiles		Smallest
1%	75090	75090

5%	75090	82487		
10%	82487	96278	Obs	13
25%	99624	99624	Sum of Wgt.	13
50%	105104		Mean	102939.9
		Largest	Std. Dev.	12555.59
75%	112977	112977		
90%	115067	113480	Variance	1.58e+08
95%	115152	115067	Skewness	-1.043925
99%	115152	115152	Kurtosis	3.095616

Total Cured

Percentiles	Smallest		
1%	410484	410484	
5%	410484	422210	
10%	422210	435574	Obs 13
25%	449063	449063	Sum of Wgt. 13
50%	493189		Mean 489205.6
		Largest	Std. Dev. 51351.34
75%	519306	519306	
90%	558785	530314	Variance 2.64e+09
95%	572987	558785	Skewness .0189448
99%	572987	572987	Kurtosis 1.910434

Total Death

Percentiles		Smallest		
1%	2926	2926		
5%	2926	2987		
10%	2987	3077	Obs	13
25%	3139	3139	Sum of Wgt.	13
50%	3357		Mean	3352.769
		Largest	Std. Dev.	281.7023
75%	3503	3503		
90%	3743	3593	Variance	79356.19
95%	3832	3743	Skewness	.1171762
99%	3832	3832	Kurtosis	2.00191

New Confirmed Cases

Percentiles		Smallest		
1%	0	0		
5%	0	6894		
10%	6894	7752	Obs	13
25%	9863	9863	Sum of Wgt.	13
50%	11259		Mean	10989.38
		Largest	Std. Dev.	4292.763
75%	14794	14794		
90%	14836	14830	Variance	1.84e+07
95%	15126	14836	Skewness	-1.282402

99%	15126	15126	Kurtosis	4.245312
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New Active Cases

Percentiles		Smallest		
1%	-13791	-13791		
5%	-13791	-7397		
10%	-7397	-5701	Obs	13
25%	-3346	-3346	Sum of Wgt.	13
50%	-2172		Mean	-2506
		Largest	Std. Dev.	4572.906
75%	0	0		
90%	2763	1672	Variance	2.09e+07
95%	3049	2763	Skewness	-1.058352
99%	3049	3049	Kurtosis	3.921874

New Cured

Percentiles		Smallest		
1%	0	0		
5%	0	11008		
10%	11008	11726	Obs	13
25%	11926	11926	Sum of Wgt.	13
50%	13364		Mean	13417.62
		Largest	Std. Dev.	5970.299

75%	14202	14202		
90%	15800	14962	Variance	3.56e+07
95%	28471	15800	Skewness	.4033586
99%	28471	28471	Kurtosis	5.957854

New Death

Percentiles		Smallest		
1%	0	0		
5%	0	61		
10%	61	62	Obs	13
25%	67	67	Sum of Wgt.	13
50%	75		Mean	77.76923
		Largest	Std. Dev.	33.08613
75%	90	90		
90%	105	90	Variance	1094.692
95%	150	105	Skewness	-.1877358
99%	150	150	Kurtosis	4.864022

. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s

> tatistics(mean sum mean mean count mean mean mean)

stats | totalc~s totala~s totalc~d totald~h newcon~s newact~s newcured newdeath

mean | 595498.3 102939.9 489205.6 3352.769 10989.38 -2506 13417.62 77.76923

sum	7741478	1338219	6359673	43586	142862	-32578	174429	1011
mean	595498.3	102939.9	489205.6	3352.769	10989.38	-2506	13417.62	77.76923
mean	595498.3	102939.9	489205.6	3352.769	10989.38	-2506	13417.62	77.76923
N	13	13	13	13	13	13	13	13
mean	595498.3	102939.9	489205.6	3352.769	10989.38	-2506	13417.62	77.76923
mean	595498.3	102939.9	489205.6	3352.769	10989.38	-2506	13417.62	77.76923
mean	595498.3	102939.9	489205.6	3352.769	10989.38	-2506	13417.62	77.76923

```
. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s
```

```
> tatistics( mean sum min sd count max range var )
```

stats	totalc~s	totala~s	totalc~d	totald~h	newcon~s	newact~s	newcured	newdeath
-------	----------	----------	----------	----------	----------	----------	----------	----------

mean	595498.3	102939.9	489205.6	3352.769	10989.38	-2506	13417.62	77.76923
sum	7741478	1338219	6359673	43586	142862	-32578	174429	1011
min	523841	75090	410484	2926	0	-13791	0	0
sd	40585.3	12555.59	51351.34	281.7023	4292.763	4572.906	5970.299	33.08613
N	13	13	13	13	13	13	13	13
max	651909	115152	572987	3832	15126	3049	28471	150
range	128068	40062	162503	906	15126	16840	28471	150
variance	1.65e+09	1.58e+08	2.64e+09	79356.19	1.84e+07	2.09e+07	3.56e+07	1094.692

```
. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s
```

> tatistics(cv skewness median p1 semean kurtosis iqr p99)

stats	totalc~s	totala~s	totalc~d	totald~h	newcon~s	newact~s	newcured	newdeath
<hr/>								
cv	.0681535	.1219701	.1049688	.0840208	.3906282	-1.824783	.4449598	.4254399
skewness	-.3413298	-1.043925	.0189448	.1171762	-1.282402	-1.058352	.4033586	-.1877358
p50	601650	105104	493189	3357	11259	-2172	13364	75
p1	523841	75090	410484	2926	0	-13791	0	0
se(mean)	11256.34	3482.294	14242.3	78.13016	1190.598	1268.296	1655.863	9.176443
kurtosis	1.970721	3.095616	1.910434	2.00191	4.245312	3.921874	5.957854	4.864022
iqr	55164	13353	70243	364	4931	3346	2276	23
p99	651909	115152	572987	3832	15126	3049	28471	150

Table 5 Bihar- Total Number of laboratory-Confirmed cases / Active Cases/ Cured/Discharged/ and deaths date wise due to Covid-2019 pandemic-second 13 days of lockdown since beginning of pandemic

Date	Region	Total Confirmed Cases	Total Active Cases	Total Cured	Total Death
18/05/2021	Bihar	657829	69698	584203	3928
19/05/2021	Bihar	664115	64699	595377	4039
20/05/2021	Bihar	670174	58611	607420	4143
21/05/2021	Bihar	676045	54407	617397	4241
22/05/2021	Bihar	681199	49312	627548	4339
23/05/2021	Bihar	685574	44908	636224	4442
24/05/2021	Bihar	689576	40692	644335	4549
25/05/2021	Bihar	692420	37943	649835	4642
26/05/2021	Bihar	695726	35130	655850	4746
27/05/2021	Bihar	698329	30993	662491	4845
28/05/2021	Bihar	700897	28448	667506	4943
30/05/2021	Bihar	704173	21085	678036	5052
31/05/2021	Bihar	705648	18378	682166	5104
Total		705648	18378	682166	5104

Table 6 Bihar- Number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic-second 13 days of lockdown

Date	New Confirmed Cases	New Active Cases	New Cured	New Death	Population-2011 Census
18/05/2021	5920	-5392	11216	96	104099452
19/05/2021	6286	-4999	11174	111	104099452
20/05/2021	6059	-6088	12043	104	104099452
21/05/2021	5871	-4204	9977	98	104099452
22/05/2021	5154	-5095	10151	98	104099452
23/05/2021	4375	-4404	8676	103	104099452
24/05/2021	4002	-4216	8111	107	104099452
25/05/2021	2844	-2749	5500	93	104099452
26/05/2021	3306	-2813	6015	104	104099452
27/05/2021	2603	-4137	6641	99	104099452
28/05/2021	2568	-2545	5015	98	104099452
30/05/2021	3276	-7363	10530	109	104099452
31/05/2021	1475	-2707	4130	52	104099452
Total	53739	-56712	109179	1272	

The statistical analysis of total number of laboratory-confirmed cases / active cases/ cured/discharged/ and deaths date wise due to covid-2019 pandemic during **second 13 days of lockdown** since beginning of pandemic & laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic during **second 13 days of lockdown** is as follow:

summarize

Variable	Obs	Mean	Std. Dev.	Min	Max
-----+-----					
totalconfi~s	13	686285	15500.33	657829	705648
totalactiv~s	13	42638.77	16161.98	18378	69698
totalcured	13	639106.8	31211.22	584203	682166
totaldeath	13	4539.462	388.4962	3928	5104
newconfirm~s	13	4133.769	1597.186	1475	6286

newactivec~s	13	-4362.462	1447.106	-7363	-2545
newcured	13	8398.385	2677.519	4130	12043
newdeath	13	97.84615	14.75831	52	111

. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s

> tatistics(mean sum min sd count max range var)

stats	totalc~s	totala~s	totalc~d	totald~h	newcon~s	newact~s	newcured	newdeath
-------	----------	----------	----------	----------	----------	----------	----------	----------

mean	686285	42638.77	639106.8	4539.462	4133.769	-4362.462	8398.385	97.84615
sum	8921705	554304	8308388	59013	53739	-56712	109179	1272
min	657829	18378	584203	3928	1475	-7363	4130	52
sd	15500.33	16161.98	31211.22	388.4962	1597.186	1447.106	2677.519	14.75831
N	13	13	13	13	13	13	13	
max	705648	69698	682166	5104	6286	-2545	12043	111
range	47819	51320	97963	1176	4811	4818	7913	59
variance	2.40e+08	2.61e+08	9.74e+08	150929.3	2551004	2094115	7169109	217.8077

. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s

> tatistics(cv skewness median p1 semean kurtosis iqr p99)

stats	totalc~s	totala~s	totalc~d	totald~h	newcon~s	newact~s	newcured	newdeath
-------	----------	----------	----------	----------	----------	----------	----------	----------

cv | .0225859 .3790442 .0488357 .085582 .3863753 -.3317177 .3188136 .1508318

skewness | -.4743759 .1499369 -.3199312 -.0490504 -.009441 -.4412226 -.2198114 -2.46753

p50 | 689576 40692 644335 4549 4002 -4216 8676 99

p1 | 657829 18378 584203 3928 1475 -7363 4130 52

se(mean) | 4299.019 4482.526 8656.435 107.7494 442.9797 401.355 742.6102 4.093219

kurtosis | 2.025863 1.963662 1.975774 1.762036 1.676102 2.521116 1.599268 8.514757

iqr | 22284 23414 45094 604 3027 2282 4515 6

p99 | 705648 69698 682166 5104 6286 -2545 12043 111

Table 7 Bihar- Total Number of laboratory-Confirmed cases / Active Cases/ Cured/Discharged/ and deaths date wise due to Covid-2019 pandemic-first 13 days after lockdown since beginning of pandemic

Date	Region	Total Confirmed Cases	Total Active Cases	Total Cured	Total Death
2/6/2021	Bihar	707935	14251	688462	5222
3/6/2021	Bihar	709093	12591	691234	5268
4/6/2021	Bihar	710199	11431	693472	5296
5/6/2021	Bihar	711190	10309	695562	5319
6/6/2021	Bihar	712197	9628	697229	5340
7/6/2021	Bihar	713117	8708	699028	5381
8/6/2021	Bihar	713879	8231	700224	5424
9/6/2021	Bihar	714590	7898	701234	5458
10/6/2021	Bihar	715179	4516	701234	9429
11/6/2021	Bihar	715730	5044	701234	9452
12/6/2021	Bihar	716296	5596	701234	9466
13/06/2021	Bihar	716728	5701	701543	9484
14/06/2021	Bihar	717215	5312	702411	9492
Total		717215	5312	702411	9492

Table 8 Bihar- Number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic- first 13 days after lockdown

Date	New Confirmed Cases	New Active Cases	New Cured	New Death	Population-2011 Census
2/6/2021	2287	-4127	6296	118	104099452
3/6/2021	1158	-1660	2772	46	104099452
4/6/2021	1106	-1160	2238	28	104099452
5/6/2021	991	-1122	2090	23	104099452
6/6/2021	1007	-681	1667	21	104099452
7/6/2021	920	-920	1799	41	104099452
8/6/2021	762	-477	1196	43	104099452
9/6/2021	711	-333	1010	34	104099452
10/6/2021	589	-3382	0	3971	104099452
11/6/2021	551	528	0	23	104099452
12/6/2021	566	552	0	14	104099452
13/06/2021	432	105	309	18	104099452
14/06/2021	487	-389	868	8	104099452
Total	11567	-13066	20245	4388	

The statistical analysis of total number of laboratory-confirmed cases / active cases/ cured/discharged/ and deaths date wise due to covid-2019 pandemic during **first 13 days after lockdown** since beginning of pandemic & laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic during **first 13 days after lockdown** is as follow:

summarize

Variable	Obs	Mean	Std. Dev.	Min	Max
-----+-----					
totalconfi~s	13	713334.5	3017.647	707935	717215
totalactiv~s	13	8401.231	3129.753	4516	14251
totalcured	13	698007.8	4505.924	688462	702411
totaldeath	13	6925.462	2090.263	5222	9492
newconfirm~s	13	889.7692	485.2812	432	2287

newactivec~s	13	-1005.077	1387.21	-4127	552
newcured	13	1557.308	1695.272	0	6296
newdeath	13	337.5385	1092.067	8	3971

. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s

> tatistics(mean sum min sd count max range var)

stats	totalc~s	totala~s	totalc~d	totald~h	newcon~s	newact~s	newcured	newdeath
-------	----------	----------	----------	----------	----------	----------	----------	----------

mean	713334.5	8401.231	698007.8	6925.462	889.7692	-1005.077	1557.308	337.5385
sum	9273348	109216	9074101	90031	11567	-13066	20245	4388
min	707935	4516	688462	5222	432	-4127	0	8
sd	3017.647	3129.753	4505.924	2090.263	485.2812	1387.21	1695.272	1092.067
N	13	13	13	13	13	13	13	13
max	717215	14251	702411	9492	2287	552	6296	3971
range	9280	9735	13949	4270	1855	4679	6296	3963
variance	9106195	9795356	2.03e+07	4369198	235497.9	1924351	2873947	1192610

. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s

> tatistics(cv skewness iqr p50 semean kurtosis p1 p99)

stats	totalc~s	totala~s	totalc~d	totald~h	newcon~s	newact~s	newcured	newdeath
-------	----------	----------	----------	----------	----------	----------	----------	----------

```

cv | .0042303 .3725351 .0064554 .3018229 .5454012 -1.380203 1.088591 3.235384
skewness | -.411078 .4031437 -.9606283 .4719014 1.890376 -1.126724 1.688896 3.171883
iqr | 4540 4713 5672 4133 441 827 1781 22
p50 | 713879 8231 700224 5424 762 -681 1196 28
se(mean) | 836.9448 868.0374 1249.719 579.7346 134.5928 384.7428 470.1838 302.8848
kurtosis | 1.934036 2.01356 2.597036 1.22643 6.385639 3.424112 5.761439 11.06952
p1 | 707935 4516 688462 5222 432 -4127 0 8
p99 | 717215 14251 702411 9492 2287 552 6296 3971

```

The statistical analysis from first 13 days before lockdown upto first 13 days (total 52 days observation) after lockdown of total number of laboratory-confirmed cases / active cases/ cured/discharged/ and deaths date wise due to covid-2019 pandemic since beginning of pandemic & laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths per day date wise due to Covid-2019 pandemic is as follow:

summarize

Variable	Obs	Mean	Std. Dev.	Min	Max
<hr/>					
totalconfi~s	52	606341.7	116347.2	354281	717215
totalactiv~s	52	61454.15	40465.07	4516	115152
totalcured	52	540601.1	145882.3	288637	702411
totaldeath	52	4286.481	2023.695	1897	9492
newconfirm~s	52	7214.538	5444.66	0	15853
<hr/>					
newactivec~s	52	-981.5962	4137.047	-13791	7392
newcured	52	8049	5546.55	0	28471
newdeath	52	147.1346	541.6311	0	3971

```
. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s
```

```
> tatistics( mean sum min sd count max range var )
```

```
stats | totalc~s totala~s totalc~d totald~h newcon~s newact~s newcured newdeath
-----+-----
mean | 606341.7 61454.15 540601.1 4286.481 7214.538 -981.5962 8049 147.1346
sum | 3.15e+07 3195616 2.81e+07 222897 375156 -51043 418548 7651
min | 354281 4516 288637 1897 0 -13791 0 0
sd | 116347.2 40465.07 145882.3 2023.695 5444.66 4137.047 5546.55 541.6311
N | 52 52 52 52 52 52 52 52
max | 717215 115152 702411 9492 15853 7392 28471 3971
range | 362934 110636 413774 7595 15853 21183 28471 3971
variance | 1.35e+10 1.64e+09 2.13e+10 4095340 2.96e+07 1.71e+07 3.08e+07 293364.2
```

```
. tabstat totalconfirmedcases totalactivecases totalcured totaldeath newconfirmedcases newactivecases newcured newdeath, s
```

```
> tatistics( cv skewness median p1 semean kurtosis iqr p99 )
```

```
stats | totalc~s totala~s totalc~d totald~h newcon~s newact~s newcured newdeath
-----+-----
cv | .1918838 .6584594 .2698521 .472111 .7546789 -4.214612 .689098 3.681194
skewness | -.8165001 -.1422879 -.3861551 1.404477 .0798102 -.1763979 .7000481 6.962723
p50 | 654869 67198.5 578595 3880 6172.5 -1141 8393.5 78.5
p1 | 354281 4516 288637 1897 0 -13791 0 0
se(mean) | 16134.45 5611.495 20230.24 280.636 755.0385 573.7052 769.1681 75.11072
```

kurtosis | 2.26633 1.450324 1.639856 4.574773 1.389889 3.470068 4.69367 49.66685

iqr | 190347.5 83908.5 280793 2289.5 11321.5 5663 8259 45

p99 | 717215 115152 702411 9492 15853 7392 28471 3971

Table 9 Bihar-Growth Factor- Number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths/ Confirmed cases / Active Cases/ Cured/Discharged/ and deaths due to Covid-2019 pandemic

Prevalence/Incidence/Mortality	Growth Factor First 13 days before lockdown	Growth Factor First 13 day of lockdown	Growth Factor Second 13 day of lockdown	Growth Factor First 13 day after lockdown
confirmed new cases	0.933316969	0.46599973	0.249155405	0.21294272
confirmed new active cases	-0.308170996	-2.677162505	0.502040059	0.09425733
new discharged cases	2.849392543	1.190843535	0.368223966	0.137865311
new death	1.464285714	0.847619048	0.541666667	0.06779661
confirmed cases basis- Observation on 05/05/20	1.436845329	1.244478764	1.072692143	1.013108548
active cases basis- Observation on 05/05/20	1.688989286	0.679972109	0.26368045	0.372745772
discharged cases basis- Observation on 05/05/20	1.380827822	1.395881447	1.167686575	1.020261104
Prevalence basis- Observation on 05/05/20	1.487085	1.309638	1.299389	1.817694
Mortality basis- Observation on 05/05/20	1.487085	1.309638	1.299389	1.817694
Total Mortality basis- Observation on 05/05/20	1.464285714	0.847619048	0.541666667	0.06779661

Table 10 Bihar- Prevalence/Incidence/Mortality - Number of laboratory-Confirmed New cases / New Active Cases/ New Cured/ New Discharged/ and New deaths/ Confirmed cases / Active Cases/ Cured/Discharged/ and deaths due to Covid-2019 pandemic

Prevalence/Incidence/Mortality	First 13 days before lockdown	First 13 day of lockdown	Second 13 day of lockdown	First 13 day after lockdown	Final increase or decrease
Incidence/100000/ confirmed new cases	160.4119876	137.2360731	51.62275014	11.11148981	decrease
Incidence /100000/ confirmed new active cases	49.29228638	-31.29507348	-54.47867295	-12.55145896	decrease
Incidence /100000/ new discharged cases	110.1782937	167.5599599	104.8795146	19.44774887	decrease
Incidence /100000/ new death	0.941407453	0.971186669	1.22190845	4.215199903	increase
Prevalence/100000/confirmed cases from beginning of pandemic	489.000653	626.236726	677.8594761	688.970966	increase
Prevalence/100000/active cases from beginning of pandemic	103.428018	72.13294456	17.65427161	5.102812645	decrease
Prevalence/100000/discharged cases from beginning of pandemic	382.8627263	550.4226862	655.3022008	674.7499497	increase
Prevalence/100000/death cases from beginning of pandemic	2.709909	3.681095	4.903004	9.118204	increase
Mortality Rate/1000-Total from beginning of pandemic	0.027099	0.036811	0.04903	0.091182	increase
Mortality Rate/1000-13days	0.009414075	0.009711867	0.012219084	0.042151999	increase

Table 11- Average of confirmed new cases/new active cases/new cured cases/new death

Period	Average Confirmed New Cases	Average New Active Cases	Average New Cured/Discharged	Average New Death
First 13 days before lockdown	12845.23077	3947.153846	8822.692308	75.38461538
First 13 day of lockdown	10989.38462	-2506	13417.61538	77.76923077
Second 13 day of lockdown	4133.769231	-4362.461538	8398.384615	97.84615385
First 13 day after lockdown	889.7692308	-1005.076923	1557.307692	337.5384615

The average calculation shows that majority of these coronavirus new cases/new active cases/new discharged cases, was reported during the period 13 days before lockdown whereas average maximum new death were reported during 13 day period after lockdown(Table 11).

Regarding the impact of lockdown on the prevalence and mortality of the COVID-19 outbreak in Bihar, India, I found that 13 days after the lockdown there was no decline in the mean prevalence and the mean number of daily deaths due to COVID-19 compared to 13 days before and 13 days during the lockdown (Tables 10) . However, the growth rate in the number of new daily cases of COVID-19 per 13 day (table9) and growth rate in the number of new deaths per13 day attributed to COVID-19 each showed a positive but falling trend 13 days after the lockdown period in Bihar, India. This data show a negative growth factor per 13 day during the 13 days following the lockdown for new daily cases and for new deaths per day. The change in growth rates and growth rates per 13 day are expressed as: pre-lockdown vs. lockdown and after lockdown periods. Post-lockdown time periods, there was a declining rate of change per day for most except average new death. Regarding the mean prevalence of COVID-19 cases 13 days before, 26 days during and 13 days after lockdown, I found that the mean numbers of cases increased and there was no important impact of lockdown on the prevalence of COVID-19 cases (Tables 10). I calculated growth rate for new cases of COVID-19. The mean growth rate for number of new cases on a 13day basis was 0.21294272 and for new mortality rate was 0.06779661(table 9). It was found that, 13 days after the lockdown, the growth factor of the number of new daily cases decreased and the growth factor of new daily deaths was increased after the lockdown period (table 9).

Discussion

The COVID-19 pandemic is a major public health problem which has infected millions of people worldwide. The idea of lockdown is associated with the incubation period of COVID-19, which is from 1-14 days (3). The lockdown methods have been implemented in many countries to control the spread of COVID-19 when other measures fail to achieve desired effect. For keeping an epidemic under control we must first control the rate of growth per day to become negative. In this study, I observed the impact of lockdown 13 days before(for comparison), two period of 13 days during and 13 days after(for comparison) lockdown on the epidemiological basis in the growth factor, incidence, prevalence and mortality because of the outbreak of novel coronavirus SARS-COV-2 in Bihar, India. I observed that 13 days after the Bihar lockdown there was no significant decline in the mean prevalence and mean mortality rate due to COVID-19 compared to 13 days before and 13-13(two observation) days during the lockdown in

Bihar, India. However, daily cases of COVID-19 and growth rates showed declining trends by the end of the lockdown and after the lockdown period, leading to a critically important negative growth rate by end of the lockdown period for both new daily cases. This negative growth rate per day shows that from a public health perspective, **the lockdown had a positive effect on the pandemic**. However, the growth rate never fell immediately following the lockdown and moreover lockdown cannot be enforced for a longer time due to economic and various other reasons of public concern, so the lockdown is not the only way to control the pandemic. However when all measures fail the government is forced to impose new lockdowns and encourage residents to isolate themselves in their houses for saving lives.

Through this article I recommend that along with other public health measures, lockdown should be enforced at an early stage to prevent the COVID-19 infection from spreading to a large section of population causing increased morbidity and mortality as well as overburden on the health system. The study also demonstrates evidence that lockdown measures are consistently beneficial. My study observation showed that the lockdown was beneficial in decreasing the rate of growth. The concept of a lockdown is theoretically very attractive because it minimizes the number of people exposed to contagious patients and therefore fewer people will be susceptible to getting infected but **practically in poor states like Bihar it's like a tragedy for people who are not able to afford food if they are not getting works on daily basis**.

A lockdown may play a significant role when vaccination or prophylactic treatment is not available, as seen in the case with COVID-19 pandemic. In this research, I observed and analyzed the impact of 13 days before 26 days during and 13 days after lockdown on the prevalence and other epidemiology of COVID-19 cases in Bihar, India. My study findings support hypothesis that lockdown will significantly decrease the number of cases.

I have done this study in a different way and new people in public health may have little problem in understanding my observations. In many countries especially the developing countries long-term lockdown is not sustainable and practically possible as it has various mental, social, psychological and economic impacts. Future lockdown strategy should think of optimizing behavior, health promotion such as social distancing and mask wearing associated with social and cultural factors that can help in controlling the COVID-19 pandemic, because lockdown alone will not be effective if people will not adhere to this policy.

Study strengths and limitations:

This is the first article in the literature, to my knowledge, that have investigated the impact of a lockdown on epidemiological trends of prevalence and mortality of the COVID-19 pandemic in Bihar, India. During the COVID-19 pandemic, to date, several mathematical modeling-based reviews/articles have been published to hypothesize the impact of a lockdown on the prevalence of COVID-19 cases. This is the first study, which analyzed the impact of 13 days before, 13-13 days during and 13 days after lockdown on the prevalence trends of COVID-19 in Bihar especially **point prevalence**.

One of the peculiar strength is that the study data were gathered using reliable accredited sources including Government Health Department. I have analyzed the growth factor and the growth rate per 13 day, which are exceptional and totally new my idea to determine the epidemiological trends of a pandemic. A limitation is that I am unable to investigate confounding factors and bias such as how much people varies in: (1) adherence to lockdown, (2) adoption of protocols and guidelines of social distancing, (3) practice of health hygienic guidelines and (4) experience disease testing systems of nearest health centers.

Conclusion

My research shows that 13 days after lockdown there was no significant decline in the mean prevalence and mean mortality rate due to novel coronavirus SARS-COV 2 compared to 13 days before and 13-13 days during the lockdown in Bihar, India. **The study found that daily cases of SARS-COV-2 patients, and the growth factor results declined and the growth rate per day both declined to an impressive negative level in the case of the growth rate. The Bihar model of lockdown is of significance in reducing the daily new cases as well as it** was found that, 13 days after the lockdown, the growth factor of the number of new daily cases decreased and the growth factor of new daily deaths was increased after the lockdown period (table 9).

These findings may be useful for policy-makers who are thinking of further lockdowns to control the spread of the COVID-19 pandemic. Future lockdown policies should better work for optimizing health behavior like social distancing and mask wearing associated with cultural factors that can halt spreading the COVID-19 pandemic, because lockdown will not be effective if people will not adhere to this policy, guidelines and protocols added with negative impacts of lockdown on livelihood in poor states like Bihar.

Declarations

-This paper has not been previously published and is not currently under consideration by another journal. The document is Microsoft word with English (United States) language & 7728 words Total.

- **Ethics approval and consent to participate:** Not applicable. This study has not involved any human or animals in real or for experiments. The data on the prevalence and mortality due to COVID-19 pandemic were taken from the Health Department, Bihar and other organizations which are also available online, hence ethical approval was not required.

- **Consent for publication:** Not applicable

- **Availability of data and materials:** The data & materials for study are mentioned in article and available as reference.

- **Conflicts of Interest/ Competing Interest:** There are no conflicts / competing of interest

- **Funding:** Self sponsored. No aid taken from individual or agency etc.

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