

Lamellar thickness in semicrystalline polymers as a result of the competition between crystal growth and intracrystalline chain dynamics

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Article

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13 Introduction

14 The characteristic morphological feature of semicrystalline polymers crystallized from the
15 melt is a nanoscopic two-phase structure of thin lamellar crystals separated by disordered
16 amorphous layers, which contain the entanglements retained during crystallization. This
17 morphology is to a large extent responsible for the advantageous mechanical properties of
18 semicrystalline polymers¹. It has been a classical question in polymer physics, which factors
19 control the thickness of the crystalline layers resulting in a number of crystallization models
20 without reaching final consensus^{2,3}.

21 Most crystallization models start from the assumption that the semicrystalline morphol-
22 ogy is a non-equilibrium structure, which is experimentally supported by the observation of
23 a melting point depression that depends on thermal history, specifically the crystallization
24 conditions. Structurally the melting point depression is explained by a finite crystal thick-
25 ness¹. In consequence, for a given crystallization temperature T_c there is a minimal stable
26 crystal thickness. To explain the selection of a relatively well-defined crystal thickness during
27 crystallization, a second criterion defining an upper limit for the thickness is required. At
28 this point the assumptions made by different models diverge. The classical approach as-
29 sumes that the crystal thickness is kinetically selected. The crystals with the thickness that
30 grow the fastest, dominate⁴⁻⁸, and once a stable crystal has formed, it is assumed that no
31 further structural changes will take place. Multistage models on the other hand assume that
32 crystal growth happens in several stages and is coupled to crystal reorganization processes.
33 Different mechanisms have been suggested -without reaching final agreement- to limit reor-
34 ganization to a certain thickness, as thickness dependent stability of different crystal phases⁹
35 or mesophases^{10,11} or thickness dependent intracrystalline chain dynamics^{3,12,13}. All these
36 models primarily aimed at an explanation of the temperature dependence of the crystal
37 thickness of a given semicrystalline polymer. They disregard to the most part variations
38 of crystal thickness between different polymers as well as the question what determines the
39 thickness of the amorphous layers and therefore the overall crystallinity.

40 In view of this incomplete understanding, we started a series of investigations with the
41 aim of providing a broader perspective on the formation of the semicrystalline morphology by
42 comparing polymers with different intracrystalline chain dynamics. Our starting point was
43 an old observation by Boyd^{14,15} that relates the crystallinity of polymers to the existence of
44 a so-called α_c -relaxation process. These relaxation processes are a unique feature of polymer
45 crystals and originate from conformational defects moving through the crystals. They enable
46 intracrystalline chain dynamics (ICD), as shown later directly by advanced NMR-methods¹⁶.
47 Generally, polymers with ICD (crystal-mobile) show a higher crystallinity ($> 50\%$) than
48 polymers without ICD (crystal-fixed). For a specific case, an important contribution of the
49 ICD to the crystal thickness for the case of poly(1-butene) was suggested. This polymer
50 shows two crystal structures, of which one is crystal-fixed the other one crystal-mobile with
51 a fast ICD.^{17,18} The relevant observation was that direct crystallization into the crystal-fixed
52 form I, either by crystallization from solution or by choosing a sample with tacticity defects,
53 led to much thinner crystals than the usual pathway, in which crystallization proceeds via the
54 crystal-mobile form II, followed by a solid-solid transition into form I^{18,19}. For the latter case,
55 the crystal thickness also showed a stronger dependence on the crystallization temperature,
56 presumably caused by the stronger effect of ICD at high temperatures. However, the question
57 what finally limits the crystal thickness was not specifically addressed.

58 Previously, we systematically compared a pair of crystal-fixed and crystal-mobile model
59 polymers making use of new experimental developments in SAXS, NMR and DSC. Our
60 experiments led us to the hypothesis that generally, the morphology of semicrystalline poly-
61 mers results from the interplay or competition between kinetics of crystal growth and ICD
62 leading to different morphological characteristics of crystal-fixed and crystal-mobile poly-
63 mers²⁰. The crystallization of a crystal-fixed polymer like PCL results in the formation of
64 marginally stable crystallites of well-defined thickness, which reorganize constantly during
65 heating. We could later on confirm this result by fast scanning calorimetry²¹. A crystal-
66 mobile polymer like PEO on the other hand shows a well-defined thickness of the amorphous

67 regions and crystalline lamellae that are stable over a large temperature range. Detailed
68 analysis of NMR data reflecting the time-scale of ICD in the temperature range of crystal-
69 lization showed that indeed, for PEO the ICD is so fast that it can cause reorganization
70 over a very small nanometre-sized reorganization zone directly behind the growth front and
71 practically simultaneously with crystal growth²⁰. From these results we concluded that in
72 crystal-mobile polymers the morphology is controlled by a minimum value of the amorphous
73 thickness related to the entanglement density in the amorphous regions.

74 In order to enable a more quantitative description of the above-mentioned competition
75 between crystal growth and ICD we introduced three parameters describing the typical
76 timescales. As depicted in Figure 1(A) below, we describe the timescale of crystallization
77 by the layer crystallization time τ_{lc} , the time during which the crystal grows on average by
78 one molecular layer. $\langle\tau_c\rangle$ and τ_{stem} on the other hand are the characteristic timescales of the
79 ICD. Here $\langle\tau_c\rangle$ is the so-called jump correlation time as probed by NMR, i.e. the average
80 time between two helical defect jumps, whereas τ_{stem} represents the time, during which a
81 defect diffuses over a distance equal to the crystal thickness d_c by successive helical jumps.
82 Our previous experiments on PCL and PEO correspond to the cases of non-existing (or very
83 slow) and very fast ICD, i.e. $\langle\tau_c\rangle \gg \tau_{lc}$ and $\langle\tau_c\rangle \ll \tau_{lc}$ respectively. τ_c is measured on the
84 fully crystallized sample. As we cannot exclude that the ICD is faster directly behind the
85 growth front, the measured τ_c is an upper estimate for the relevant parameter, but this does
86 not harm the arguments in general.

87 Here, we present a set of experiments designed as a critical test of the hypothesized
88 competition between crystal growth and ICD by extending previous our studies to a poly-
89 mer with ICD on a intermediate timescale, namely poly(oxymethylene) (POM). This choice
90 of sample enables us to establish a quantitative dependence of lamellar thickness on the
91 competition between the noted timescales. In such a case we expect intermediate crystal
92 thicknesses, additionally the opposite temperature dependence of $\langle\tau_c\rangle(T)$ and $\tau_{lc}(T)$ should
93 play an important role. Furthermore, we extend our previous static SAXS experiments to

94 time-dependent measurements using a position dependent detector, which enables us to ob-
 95 serve thickening of lamellar crystals directly during different stages of crystallization. The
 96 timescales of crystal growth and ICD are characterized by optical microscopy and solid state
 97 NMR, respectively.

98 Results

99 Characteristic timescales

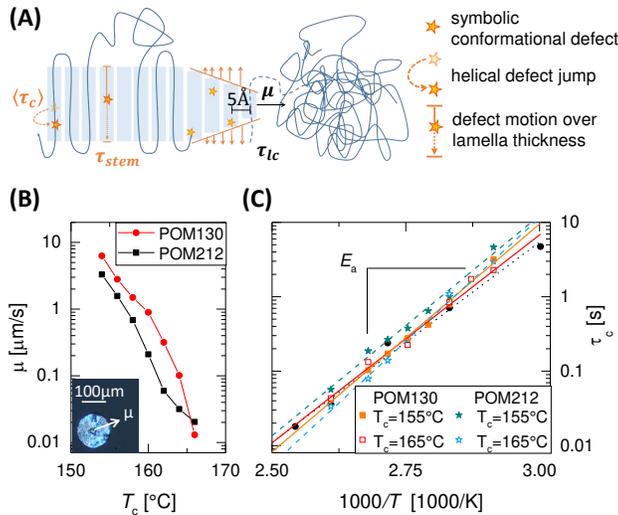


Figure 1: Competing timescales of crystal growth (τ_{lc}) and intracrystalline chain dynamics ($\langle \tau_c \rangle$, τ_{stem}) (A) Schematic illustration of the crystallization process with τ_{lc} , $\langle \tau_c \rangle$, and τ_{stem} . (B) μ of poly(oxymethylene) (POM) as function of crystallization temperature T_c . The inset illustrates how μ is determined from the growth of spherulites during isothermal crystallization. (C) Arrhenius temperature dependence of the jump correlation time $\langle \tau_c \rangle$ for two samples of POM isothermally crystallized at different T_c .

100 We start with the determination of the characteristic times in POM. Following ref.²⁰
 101 the layer crystallization time τ_{lc} , during which a crystal grows on average over a distance
 102 corresponding to one molecular layer, can be calculated from the crystal growth velocity μ ,

$$\tau_{lc} = \frac{5 \text{ \AA}}{\mu} \quad (1)$$

103 assuming a typical intermolecular distance of about 5 Å. μ was measured by optical mi-
 104 croscopy. Figure 1 (B) shows μ as a function of T_c for POM130 and POM212 (cf. Table 1).
 105 Corresponding data for PCL and PEO were already published and can be found in the SI.

106 Previous investigations suggested that POM belongs to the class of crystal-mobile poly-
 107 mers, and that its intracrystalline chain dynamics (ICD) is much slower than in PEO¹⁶.
 108 Most of the corresponding experiments were performed in the 1960s by mechanical and
 109 dielectric measurements, resulting in a wide range of reported activation energies from
 110 $E_a = 88$ kJ/mol to 328 kJ/mol²²⁻²⁷. Schmidt-Rohr and Spiess reported the first NMR-based
 111 value of $E_a = (83 \pm 8)$ kJ/mol for a not further specified POM-homopolymer²⁸. Additional
 112 investigations on the copolymer Hostaform were performed by Kentgens using 2D Exchange
 113 NMR measurements and Karahaliou using dielectric measurements. They reported values
 114 of $E_a = (83 \pm 68)$ kJ/mol²⁹ and $E_a = 83$ kJ/mol to 100 kJ/mol³⁰.

To provide a detailed and reliable characterization of the ICD for the same samples as
 used for the structural analysis, we performed NMR experiments on isothermally crystallized
 POM samples, using the ¹³C MAS CODEX technique³¹, which probes slow segmental re-
 orientations. The analysis of NMR spectra measured at different temperatures (here 70 °C
 - 110 °C) allows the determination of $\langle\tau_c\rangle(T)$ and of the activation energy describing its
 temperature dependence.

$$\langle\tau_c\rangle = \tau_0 \cdot \exp \frac{E_a}{RT} \quad (2)$$

115 E_a and τ_0 were determined for different T_c s and both molecular weights. Exemplary results
 116 are shown in Figure 1(C), the full set of resulting values are listed in Table S1 in the SI. As
 117 the samples with different T_c have different crystal thickness d_c (see below) this analysis also
 118 reveals if $\langle\tau_c\rangle$ depends on d_c . The activation energies vary by about 10 % from sample to
 119 sample, however we could not observe a systematic dependence of $\langle\tau_c\rangle$ on d_c , different from
 120 the case of PEO³². Our data do not allow for conclusions on a potential molecular weight

121 effect. The average values are $E_a = 113 \text{ kJ/mol}$ and $\tau_0 = 1.4 \times 10^{-16} \text{ s}$ for POM130 and
 122 $E_a = 117 \text{ kJ/mol}$ and $\tau_0 = 1.6 \times 10^{-15} \text{ s}$ for POM212. For consistency we cross-checked the
 123 results by dynamic mechanical measurements and found similar results. Details are given in
 124 the SI.

125 The typical time range of crystal reorganization can be estimated from the correlation
 126 time τ_c measured by NMR. $\langle \tau_c \rangle$ corresponds to the average residence time of the chain in a
 127 given helical raster.³² For an n_m -helix with n monomers per m turns over a lattice distance
 128 c , the corresponding jump distance is $\Delta z_c = c/n$ ($\Delta z_c = 0.279 \text{ nm}$ for the 7_2 helix in PEO³³
 129 and $\Delta z_c = 0.192 \text{ nm}$ for the 9_5 helix in POM³⁴).¹ We estimate the time τ_{stem} , within which
 130 a chain in the crystal diffuses over a distance equal to the crystal thickness by successive
 131 helix jumps as

$$\tau_{stem} \approx \langle \tau_c \rangle \cdot d_c^2 / \Delta z_c^2. \quad (3)$$

132 Here we assumed a random walk of $N = \tau_{stem} / \langle \tau_c \rangle$ steps of size Δz_c . The squared distance
 133 travelled is d_c^2 . For d_c we use the values of the lamellar thickness obtained by SAXS measure-
 134 ments after isothermal crystallization as shown below. The corresponding data are listed in
 135 the SI. Eq. (3) is an approximation for the early stage of growth, during which constraints
 136 by neighboring lamellar crystals are still weak.

137 Together with previously published data for PEO with fast ICD and PCL, for which we
 138 could exclude any dynamics up to a timescale of 1 s, we can now compare the timescales
 139 for ICD (range between τ_c and τ_{stem}) and crystal growth (τ_{lc}) in the temperature range of
 140 crystallization for all three polymers.^{20,32,35} The result is shown in Figure 2. For PCL we
 141 used the NMR detection limit for ICD as a lower limit for $\langle \tau_c \rangle$. Clearly it is much larger than
 142 τ_{lc} and the timescales of crystal growth and any possible reorganization are well separated.
 143 In contrast, for POM and PEO the timescales of crystallization given by τ_{lc} and the timescale
 144 of reorganization given by the band between $\langle \tau_c \rangle$ and τ_{stem} overlap. However, while for POM
 145 $\langle \tau_c \rangle$ becomes smaller than τ_{lc} only for the higher crystallization temperatures above $160 \text{ }^\circ\text{C}$,

¹The value given for PEO in ref.²⁰ contained an erroneous factor 3.5

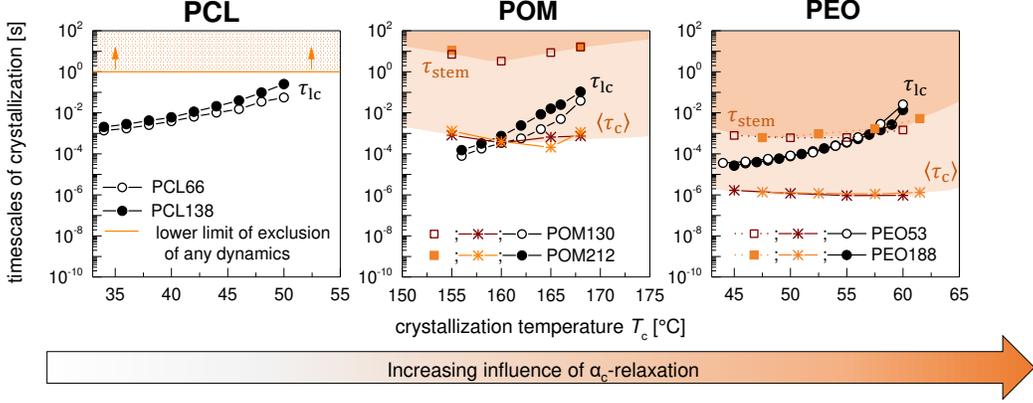


Figure 2: Comparison of the timescales of intracrystalline chain dynamics and crystal growth for PCL, POM, and PEO. τ_{lc} corresponds to the time during which the crystal grows by one molecular layer according to eq.(1). $\langle\tau_c\rangle$ is the average residence time between two helical jumps calculated with eq. (2) and the values given in the SI. τ_{stem} denotes the time during which a chain in the crystal diffuses over a distance equal to the lamellar thickness d_c , estimated by eq.(3). $\langle\tau_c\rangle$ can be considered as lower and τ_{stem} as an upper limit of the timescale of crystal reorganization enabled by the α_c -relaxation. For PCL the solid line shows the NMR detection limit for $\langle\tau_c\rangle$ due to a possibly undetectably slow α_c -relaxation.³⁵

146 for PEO τ_{lc} is lying well above $\langle\tau_c\rangle$ for the whole temperature range and even becomes
 147 comparable to τ_{stem} for the higher crystallization temperatures. Consequently, we confirm
 148 that POM fills the relevant gap between PCL and PEO with regard to the ratio between τ_{lc}
 149 and $\langle\tau_c\rangle$, respectively τ_{stem} , and enables us to establish quantitatively the role of the ICD
 150 for crystallization and structure formation. Following the direction of the arrow in Figure 2
 151 from PCL over POM to PEO, we expect an increasing effect of the ICD on crystal growth
 152 and the semicrystalline morphology.

153 Semicrystalline Morphology

154 To investigate the effects of ICD on the morphology we performed SAXS measurements dur-
 155 ing and after isothermal crystallization at different T_c . Based on a recently refined SAXS
 156 analysis^{36,37} we obtain the Porod parameter P as measure of the specific inner surface be-
 157 tween crystalline and amorphous regions, the average thicknesses $d_{c/a}$ of the crystalline and
 158 amorphous regions together with their distribution widths $\sigma_{c/a}$ in the lamellar stack and

the long period L . Figure 3 shows the results. For each sample system measurements for two

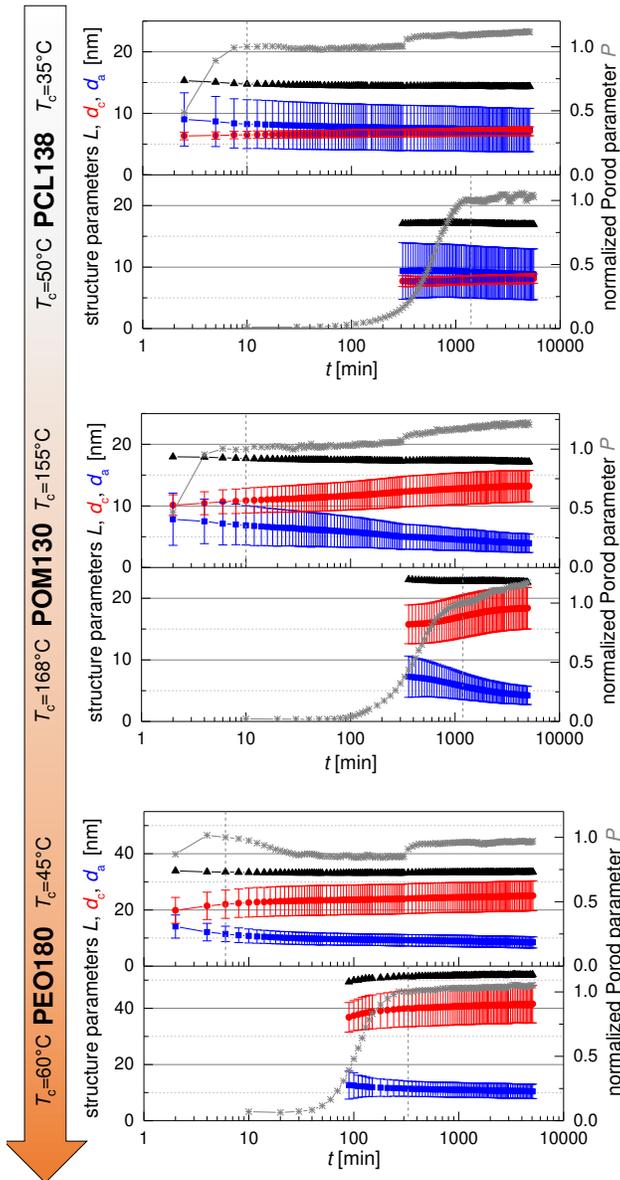


Figure 3: Structure parameters during isothermal crystallization from the melt as a function of the crystallization time obtained by SAXS. For each sample system the isothermal crystallization was performed for a high (~ 20 K) and a low (~ 5 K) supercooling ΔT . The arrow represents the expected influence of α_c -relaxation according to Figure 2. Rhs y-axis: time-dependent Porod parameter P (grey) normalized to 1 at the end of primary crystallization process (dotted line). Lhs y-axis: time-dependent long period L (black), amorphous thickness d_a (blue) and crystalline thickness d_c (red). $\sigma_{c/a}$ are shown as "error bars". For PEO the scale of the y-axis is increased roughly by factor 2.

159

160 T_c s are exemplarily shown, corresponding to the lower (supercooling $\Delta T \approx 20$ K) and the

161 upper limit ($\Delta T \approx 5$ K) of the experimentally accessible range of isothermal crystallization.
162 The measurements are arranged in such a way that from top to bottom, following the arrow
163 on the left hand side of Figure 3, we expect a growing influence of the ICD. As the Porod pa-
164 rameter P is proportional the amount of crystalline-amorphous interface per volume, we can
165 follow the crystallization process and identify the end of the primary crystallization, which is
166 marked by a vertical, dotted line. For these time-dependent measurements, which go beyond
167 our previous study, we used a PEO sample from a new batch with a slightly lower molecular
168 weight M_w than in Figure 2, for PCL and POM the samples are from the same batch as in
169 Figure 2. The sharp steps and oscillations of P during a measurement series are artefacts
170 caused by slight changes in the alignment of the X-ray optics due to remaining temperature
171 variations in the system caused by intermediate closure times of the X-ray shutter and 24 h
172 temperature oscillations over the day.

173 PCL shows the already known typical structure of a crystal-fixed polymer with a linear
174 crystallinity around 50 %, a well-defined d_c (small σ_c) and a broader distribution for d_a . d_c
175 increases only slightly with increasing crystallization temperature. As a new result, observ-
176 able by the long time series in these measurements, we observe a very small increase in d_c
177 and a corresponding decrease in d_a .

178 In comparison, POM shows strong structural changes with time for both T_c . For the lower
179 crystallization temperature these changes mostly take place after the primary crystallization.
180 We observe not only an increase in d_c and a decrease in d_a , but also a decreasing distribution
181 width for d_a , such that the relative width σ_a/d_a remains approximately constant. With time
182 the morphology develops the typical morphology of a crystal-mobile polymer as observed
183 before in PEO^{20,37} with a well-defined d_a (small σ_a) and a more broadly distributed d_c .
184 Our observations are in keeping with previously observed long time lamellar thickening in
185 POM³⁸, for which we now establish the relatively slow ICD as its origin. The comparison
186 with the higher T_c shows that d_c depends much more strongly on T_c than in case of PCL.
187 Crystal thickening takes place to a large part during primary crystallization and slows down

188 afterwards indicating the interplay with crystal growth. Correspondingly, already during
189 primary crystallization a crystal-mobile morphology forms. Generally the linear crystallinity
190 X_c is higher than in case of PCL. For $T_c = 155^\circ\text{C}$ X_c increases from 65 % at the end of the
191 primary crystallization to 77 % at the last measurement point and from 74 % to 81 % for
192 $T_c = 168^\circ\text{C}$.

193 In PEO we observe the typical crystal-mobile structure for both T_c already during primary
194 crystallization. In contrast to POM a strong increase/decrease of $d_{c/a}$ can take place already
195 during primary crystallization. Afterwards the changes slow down and also the distributions
196 widths $\sigma_{c/a}$ show no further significant changes. The lamellar thickness d_c depends even
197 more strongly on T_c than for POM. After finishing the primary crystallization, X_c changes
198 from 65 % to 74 % for $T_c = 45^\circ\text{C}$ and from 78 % to 80 % for $T_c = 60^\circ\text{C}$.

199 The observations for PCL and PEO confirm and extend our previous results.²⁰ They
200 correspond to the limiting cases of no or very slow and very fast ICD with the corresponding
201 characteristic morphologies. The results for POM now clearly establish the timescale of
202 ICD and its competition with the one of crystal growth as the relevant effect. We directly
203 observe strong lamellar thickening, which for the higher T_c takes place mostly during primary
204 crystallization and for the lower T_c after primary crystallization according to the relative
205 values of the characteristic times shown in Figure 2 and represented by the arrow in Figure
206 3. Important is the observation that crystal thickening slows down around the end of the
207 primary crystallization, which indicates that a certain limiting structure is reached, which
208 is characterized by well-defined minimum value of the amorphous regions, as we concluded
209 already from our previous measurements on PEO. We tentatively explained this limiting
210 structure by a critical entanglement density in the amorphous phase.^{20,39} Here the long-time
211 experiments give interesting new information. The fact that lamellar thickening continues
212 over the whole experimental time scale, shows that this limiting structure is still a non-
213 equilibrium structure and slowly develops further if enabled by ICD. But obviously this
214 process is considerably hindered in a fully developed semicrystalline morphology. On the

215 other hand, the observation of longtime lamellar thickening in PCL indicates that even
216 in this, at first sight crystal-fixed polymer, a very slow ICD undetectable by NMR might
217 exist. A further comment concerns the slight decrease of the long period for most of the
218 experiments, which had been observed before for POM and was taken as an indication for
219 insertion crystallization.⁴⁰ Although we cannot completely exclude the existence of such an
220 additional process, we consider it as negligible, as it would be inconsistent with the observed
221 increase of $d_c(t)$ and the decrease of $\sigma_a(t)$.

222 The most important new aspect in our data are the quantitative determination of $\langle\tau_c\rangle$ in
223 the relevant temperature range and its evaluation in terms of the kinetics of crystal growth
224 i.e. τ_{lc} , together with the quantitative analysis of the full set of structural parameters. This
225 much broader set of experimental data makes a comparison of the semicrystalline morphology
226 across different polymer systems as in Figure 3 meaningful, whereas typically in the literature
227 the lamellar thickness d_c of semicrystalline polymers is discussed only for individual polymer
228 systems in relation to the crystallization temperature T_c .

229 A corresponding comparison of the time-dependent value of d_c for all T_c s and all three
230 polymer systems is shown in Figure 4(A). Additionally to the data already shown in Figure 3,
231 data from further T_c s and a second sample (POM212) are included. We observe a systematic
232 increase of d_c following the order induced by the ICD indicated as above by the orange
233 arrow. The data suggest, that the value of the crystal thickness is affected from the very
234 beginning of the crystallization by the ICD to a degree which depends on the crystallization
235 temperature as well as on the inherent polymer-dependent timescale of the ICD. The idea is
236 illustrated in the inset of Figure 4(A), which also explains the different curvatures observed
237 for $d_c(t)$ for PCL, POM and PEO. In this picture the crystallization process starts with
238 an initial crystalline thickness d_{c0} , which then increases due to reorganization enabled by
239 ICD but is finally restricted by the presence of neighbouring crystallites and the fact that
240 the minimal thickness of the of the amorphous regions is reached. Following this approach,
241 Figure 4(B) shows the largely different values of d_c across the three different polymer systems

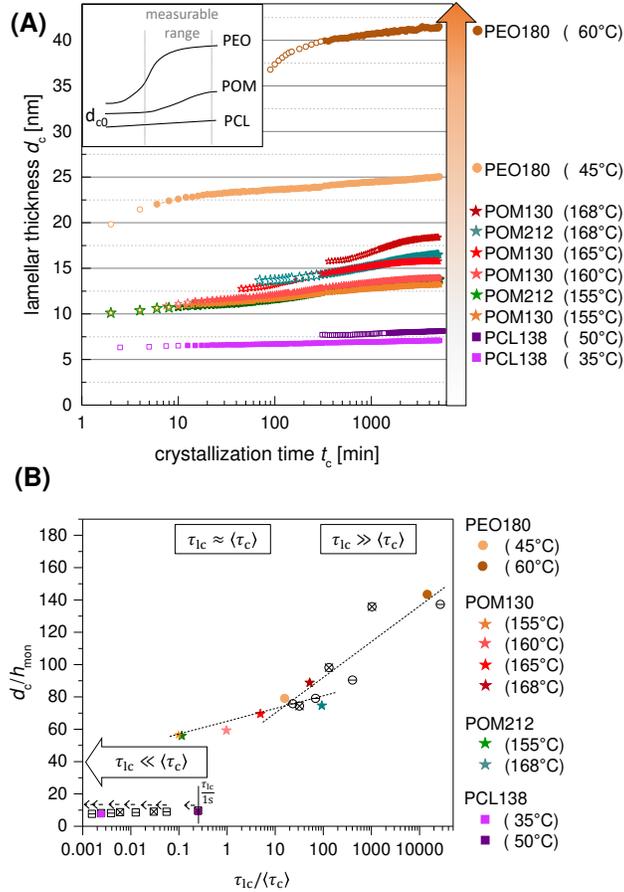


Figure 4: Direct comparison of the crystalline thickness d_c for PCL, POM and PEO. (A) d_c during isothermal crystallization for all crystallization temperatures. The orange arrow represents the increasing influence of the α_c -relaxation according to Figure 2. The change from open to closed symbols indicates the completion of the primary crystallization. (B) Normalized lamellar thickness d_c at the end of primary crystallization vs. the ratio of the timescales $\tau_{1c}/\langle\tau_c\rangle$. Depending on the ratio $\tau_{1c}/\langle\tau_c\rangle$ different regimes are visible. The dotted lines are guides to the eye. The closed symbols are the data from Figure 4(A), open symbols represent already published data of PEO (open circles) and PCL (open squares) for two molecular weights (cross and line) measured at different T_c .²⁰ For PCL a constant value of 1 s was taken for $\langle\tau_c\rangle$, corresponding to the lower limit of a possible α_c -relaxation time and an upper limit of $\tau_{1c}/\langle\tau_c\rangle$ as indicated by the broken arrow.

242 as a function of the ratio of the characteristic times $\langle\tau_c\rangle/\tau_{1c}$, which depends on the polymer
 243 system as well as on the crystallization temperature. Additionally, d_c is normalized by
 244 the height of a monomer unit in direction of the stem, as this is the distance over which
 245 the (local part) of the chain moves during one helical jump¹⁶, neglecting a possible chain
 246 tilt. The factors h_{mon} were calculated from the length of the unit cell in c -direction (PEO:

247 $\frac{1.95}{7}\text{nm}^{33}$; POM: $\frac{1.73}{9}\text{nm}^{34}$; PCL: $\frac{1.73}{2}\text{nm}^{41}$). A reorganisation on the timescale of the primary
248 crystallization ($\tau_{lc} \gg \langle \tau_c \rangle$), as for PEO, leads to high d_c values. A reorganisation, which is
249 slower in comparison to crystal growth as for POM ($\tau_{lc} \approx \langle \tau_c \rangle$), leads to smaller values and is
250 eventually more restricted by neighbouring crystallites. Accordingly, there is a more or less
251 smooth progression of the d_c -values from POM to PEO, whereas the values for PCL fall out
252 of trend in line with the fact, that PCL has no or very slow ICD ($\tau_{lc} \ll \langle \tau_c \rangle$). Reorganization
253 plays no role during primary crystallization and the crystallites keep basically the initial d_{c0} .

254 Combining SAXS with ultrafast scanning calorimetry we recently showed that in this
255 latter case of PCL the crystalline lamellae are only marginally stable, i.e. they melt imme-
256 diately upon heating and $T_m \approx T_c$.^{20,21} In this case, the crystals grow obviously with very
257 small supercooling and the initial crystal thickness is basically controlled by thermodynam-
258 ics. The corresponding effect of temperature is weak, as the measurements shown here for
259 $T_c = 35^\circ\text{C}$ and $T_c = 50^\circ\text{C}$ illustrate.

260 Discussion

261 How do these observations compare with previous experimental results? Lamellar thickening
262 as a fundamental process occurring in semicrystalline polymers is well known.⁴² However, di-
263 rect observations including the regime of primary crystallization has been scarce.⁴³ Common
264 are either DSC observations, where an increase of the melting temperature is interpreted
265 as an indication for lamellar thickening, or SAXS measurements of the long period.^{44,45}
266 Long-time annealing experiments gave evidence for the logarithmic time dependence also
267 observed here at times beyond the primary crystallization.⁴⁶ Nearly all experiments deal
268 with polyethylene, a common crystal-mobile polymer, which however has the disadvantage
269 that it is difficult to measure $\langle \tau_c \rangle$ by NMR and also samples with well-defined molecular
270 weight and low polydispersity are difficult to synthesize. A long standing discussion con-
271 cerned the question if on a microscopic level chain movement is caused by a sliding motion

272 of the whole chain or induced local defects.⁴⁷ Atomistic simulations performed for the case
273 of PE showed that a number of different localized conformational defects cause ICD, a result
274 consistent with the weak thickness dependence and broad distribution of $\langle\tau_c\rangle$ observed in
275 our experimental results on PEO and POM.⁴⁸

276 Going beyond these existing observations we suggest, that generally the large differences
277 in d_c found between different polymer systems and for different T_c in case of crystal-mobile
278 polymers are caused by a kinetically controlled thickening process based on crystal reorgani-
279 sation due to ICD taking place practically simultaneously with crystal growth. In accordance
280 to this scenario, the values of the crystal thickness reported in the literature for other crystal-
281 fixed polymers¹⁶ are similar as observed here for PCL (PET⁴⁹: $d_c \sim 3$ nm to 6 nm, PBT^{50,51}:
282 $d_c \sim 6$ nm to 7 nm, sPP⁵²: $d_c \sim 7$ nm to 8 nm). Also in these cases time-resolved SAXS shows
283 no lamellar thickening.^{49,50,52} PE on the other hand, is a well studied crystal-mobile poly-
284 mer; lamellar thickening is reported⁵³⁻⁵⁵ and T_c dependent values in the range of $d_c \sim 20$ nm
285 to 60 nm⁵⁶ suggest, that PE behaves similar to PEO. Different NMR-studies have indeed
286 verified a comparably fast ICD in this polymer.⁵⁷⁻⁶⁰ In this scenario, crystallization of PE in
287 the hexagonal high pressure phase that leads to crystal thicknesses on the micrometre scale,
288 would be the extreme case. Compared to the orthorhombic phase occurring under normal
289 conditions, the ICD in this phase is about three orders of magnitude faster going along with
290 a high conformational and partially positional disorder.^{61,62}

291 In conclusion, the experiments on poly(oxymethylene) confirm our hypothesis that the
292 morphology of semicrystalline polymers results from an interplay or competition of crystal
293 growth and crystal thickening due to intracrystalline chain dynamics (ICD). NMR measure-
294 ments confirmed that in this polymer the ICD takes place on an intermediate timescale.
295 The results complement our previous experiments on PCL and PEO, which correspond to
296 the cases where the ICD is either very slow or fast in comparison to crystal growth. Across
297 all three polymer systems we observed for a first time a systematic increase of the lamellar
298 thickness, which for POM and PEO follows smoothly the increasing ratio of the characteristic

299 times $\tau_{lc}/\langle\tau_c\rangle$. These findings explain on the one hand the large differences in crystal thick-
300 ness of different sample systems, on the other hand the well established strong dependence of
301 d_c on the crystallization temperature for many common polymers, which are crystal-mobile.
302 Thus, a unifying picture of the crystallization process emerges, in which crystallization starts
303 with an initial thin crystal, whose thickness corresponds to marginal thermodynamic sta-
304 bility and continues with a kinetically controlled lamellar thickening, resulting in a further
305 thermodynamic stabilization. The thickening is enabled by the existence of ICD, which is a
306 typical property of polymer crystals.

307 An important observation is the fact that the initially fast thickening of POM at high
308 T_c strongly slowed down during crystallization ending up in the known very slow logarith-
309 mic growth. This fact together with the observation, that reorganization always led to a
310 well-defined, narrowly distributed amorphous thickness, indicates that crystal thickening is
311 increasingly restrained or suppressed by constraints in the amorphous regions, namely the
312 entanglements. The crystal thickness observed in a fully crystallized sample is therefore
313 strongly dependent on the ratio $\tau_{lc}/\langle\tau_c\rangle$, i.e. on the time available for more or less unhin-
314 dered reorganization. Previous explanations based on an assumed significant slowing down
315 of the ICD due to increasing crystal thickness are inconsistent with our experimental result,
316 that $\langle\tau_c\rangle$ is either very weakly dependent on d_c (PEO) or independent of d_c (POM).

317 Generally our results highlight the fact that the semicrystalline morphology is a non-
318 equilibrium structure and to a large extent controlled by reorganization. Specifically for
319 crystal-mobile polymers it will in general not be possible to separate crystal growth and
320 crystal reorganization, which makes the observation of the initial crystal thickness difficult
321 if not impossible. Theoretical predictions for the crystal thickness, which do not take into
322 account crystal thickening, can therefore not be applied to crystal-mobile polymers, although
323 it has often been done in the past. Furthermore it is important to not only consider the
324 crystal thickness but also the thickness of the amorphous regions, which is the better defined
325 parameter for crystal-mobile polymers. It seems that, opposite to existing views, it is the

326 internal structure of the amorphous regions which limits the crystal thickness and therefore
327 the crystallinity of crystal-mobile polymers. Crystal-fixed polymers without or with very
328 slow ICD allow to determine the crystal thickness as a function of supercooling, but the
329 dependence is much weaker than for crystal-mobile polymers. The crystals in these systems
330 display only a marginal thermodynamic stability directly after crystallization, which takes
331 away one of the main observations taken as evidence for a postulated intermediate mesophase,
332 whose stability with respect to the crystal phase was assumed to determine the crystal
333 thickness. On the other hand, in line with the multistage models reorganization plays a
334 large role in polymer crystallization, but in the model systems we investigated it takes
335 place in the crystal phase itself and is based on intracrystalline chain dynamics (ICD).
336 While we could already show in a previous publication that the selected thickness of the
337 amorphous regions in crystal-fixed polymers goes along with an increase of the entanglement
338 concentration by about a factor of two,³⁹ a more detailed investigation of entanglement
339 effects on the morphology especially for crystal-mobile polymers is still lacking. From our
340 results one would expect that entanglements are partially dissolved during thickening by
341 ICD, a prediction which would be interesting to demonstrate directly in future. Such studies
342 would also take up results from simulations⁶³ and analytical theoretical work⁶⁴, in which the
343 role of entanglements is considered.

344 **Methods**

345 **Materials**

346 As model systems we chose poly(ϵ -caprolactone) (PCL), poly(oxymethylene) (POM) and
347 poly(ethyleneoxide) (PEO). PEO with a very fast and PCL without or very slow α_c -relaxation^{16,32,35}
348 were already investigated in detail in previous publications.^{20,21} POM shows a compara-
349 bly slow α_c -relaxation.¹⁶ The sample characteristics are given in Table 1. For each sam-
350 ple system we investigated two different molecular weights in order to exclude any spe-

351 cial molecular weight effects and to show the generality of the results. The samples were
 352 named after the molecular weight M_w , which was determined by GPC-analysis. For PCL
 353 a polystyrene calibration and THF as solvent was used. For PEO a polystyrene calibration
 354 and H₂O with 0.5 g/l NaN₃ as solvent was used. The poly(oxymethylenes) are industrial
 355 samples, containing a not further specified amount of stabilizers to avoid degradation by the
 356 mechanism observed by Kern and Stohler.^{67,68} The molecular weight was determined using
 357 poly(methylmethacrylate) calibration and HFIP/ 0.05 M KTFAC as solvent. All polymers
 358 have a molecular weight M_w well above the entanglement molecular weight M_e and the
 359 contour length R_{max} is much larger than the typical size of the semicrystalline structure.
 360 Hence, the chosen polymers are representative for crystallization from an entangled poly-
 361 mer melt. Melting temperatures T_m and crystallinity X_c given in Table 1 were determined
 362 by DSC; $X_c = \Delta H/\Delta H_{100}$. Here, ΔH is the measured melting enthalpy and ΔH_{100} the
 363 extrapolated melting enthalpy for a 100 % crystalline sample (POM: $\Delta H_{100} = 326$ J/g⁶⁹;
 364 PCL: $\Delta H_{100} = 157$ J/g⁷⁰; PEO: $\Delta H_{100} = 196.6$ J/g⁷¹). As POM is sensitive for degrada-
 365 tion at high temperatures, the isothermal crystallization step during sample preparation was
 366 performed either under nitrogen atmosphere (NMR and DSC) or under vacuum (SAXS).

Table 1: Sample characteristics. The molecular weights and therefore also R_{max} are nominal
 values based on the GPC calibrations given in the text. Only for PCL a correction factor of
 0.56 is known, which would reduce R_{max} to a value of 413 nm.⁶⁶ The melting temperatures
 (peak maxima) and crystallinities were obtained by DSC heating scans. The samples were
 cooled from the melt and heated with a rate of 10 K/min.

Sample	supplier/ industry name	M_w [kg/mol]	M_n [kg/mol]	R_{max} [nm]	M_e [kg/mol]	T_m [° C]	X_c [%]
POM130	DuPont/ Delrin [®] 500P NC010	130	39.9	255	2.64 ⁶⁵	177	61
POM212	DuPont/ Delrin [®] 100P NC010	212	62.8	402		179	59
PCL138	Sc. Polym. Products, Inc./-	138	97.4	738	2.5 ± 0.5 ³⁹	58	40
PEO180	PSS Polymer Standards Service/-	180	148	936	2.00 ⁶⁵	69	74

367 **Instruments and data analysis**

368 **Small angle X-ray scattering**

369 SAXS measurements were performed on a Kratky compact camera from AntonPaar GmbH
370 equipped with a focusing X-ray optics from AXO Dresden GmbH and with a 1D detec-
371 tor Mythen2 R 1K from Dectris. A temperature-controlled sample holder enabled in-situ
372 isothermal crystallization experiments at different crystallization temperatures T_c .

373 The data were analyzed using a quantitative approach based on modeling the interface
374 distribution function. A short account of the method is given in the SI, further details can
375 be found in in refs.^{20,36}. The analysis provides the mean thicknesses of the crystalline (d_c)
376 and amorphous (d_a) domains together with their distribution widths σ_c and σ_a in terms of
377 assumed Gaussian distributions as well the Porod parameter P . The width of the window
378 function used to smooth the interface distribution functions was 1.0 nm for PCL, 0.8 nm for
379 POM and 1.4 nm for PEO.

380 **^{13}C MAS CODEX**

381 Rotor-synchronized CODEX (centerband-only detection of exchange) experiments were per-
382 formed on a 400 MHz Bruker Avance system with a ^{13}C Larmor frequency of 100.6 MHz using
383 double and triple resonance probes at a spinning rate of 5000 ± 3 Hz. During the evolution
384 and the acquisition of the ^{13}C signal high power proton decoupling (SPINAL64) was used.
385 The $\pi/2$ -pulses of the ^1H and ^{13}C were set to 3.0 and 3.3 μs , respectively. The recoupled
386 evolution time $N\tau_R$ was set to 1.2 ms with a MAS rotor period $\tau_R=200 \mu\text{s}$ and N as an even
387 integer number. The recycle delay d_1 (time between successive scans) and cross polarization
388 (CP) time were 8 – 16 s and 900 μs , respectively.

389
390 The ^{13}C MAS CODEX technique³¹ probes slow reorientations of the ^{13}C chemical shift
391 anisotropy (CSA) tensor and has often been used to investigate slow dynamics in semicrys-

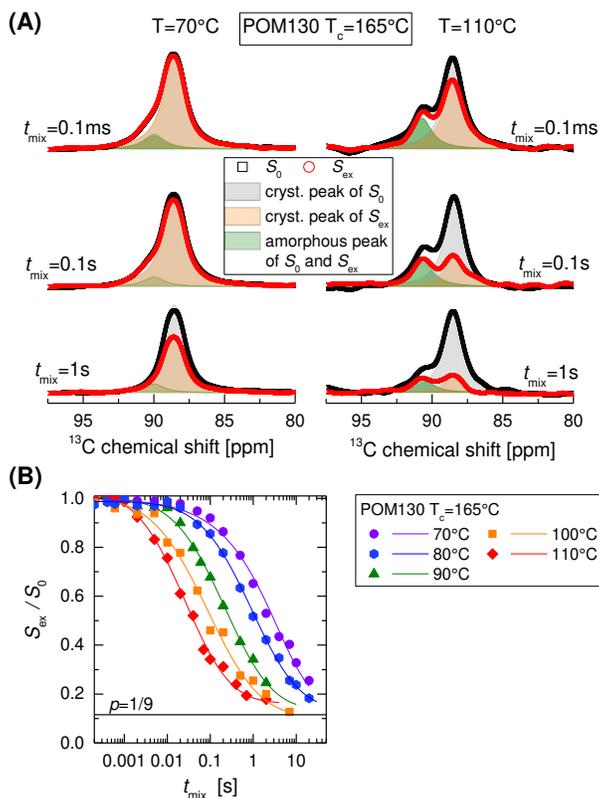


Figure 5: Exemplary NMR analysis on the POM samples. (A) ^{13}C CP MAS spectra of the exchange S_{ex} (red) and reference signal S_0 (black) for three different mixing times at two temperatures. The resonances are deconvoluted into the amorphous (green) and crystalline exchange (orange) and reference (gray) peak. (B) CODEX t_{mix} decay curves for four different temperatures resulting in the Arrhenius temperature dependence shown in Figure 1(C).

392 talline polymers.³² In the CODEX experiment³¹ the CSA is refocused by rotor-synchronized
 393 π -pulses during an evolution and a reconversion period which are separated by a mixing time
 394 t_{mix} . If no reorientation of the CSA tensor occurs during the mixing time, the signal will
 395 be completely recoupled. Molecular motions during the t_{mix} lead to a signal decay of the
 396 exchange intensity S_{ex} . A reference signal S_0 is acquired with a short t_{mix} to compensate
 397 for signal losses caused by relaxation effects. In Figure 5(A) the effect of the mixing time
 398 on the exchange and reference signal is shown. The crystalline exchange signal is reduced
 399 by relaxation effects and signal losses caused by the reorientation of the CSA tensor, the
 400 difference between reference and exchange signal increases for longer t_{mix} and higher temper-
 401 atures (faster intracrystalline dynamics). The area under the amorphous peak (green area in

402 Figure 5(A)) is similar for both signals S_{ex} and S_0 and is only affected by relaxation effects.
403 To analyse the correlation time $\langle\tau_c\rangle$ describing the intracrystalline dynamics the signal decay
404 S_{ex}/S_0 is fitted via

$$S_{ex}(t_{mix})/S_0(t_{mix}) = p + (1 - p) \cdot \exp[-(t_{mix}/\tau_c)] \quad (4)$$

405 with $p = 1/M$ with M distinguishable sites ($M = 9$ for the 9_5 -helix in POM) as shown in
406 Figure 5 (B). Additionally we assume a lognormal distribution of the helical jump correlation
407 time. The distribution width σ attains values between 1.3 and 2.0, corresponding to a
408 distribution extending over 1-2 decades. With regards to possible contributions from spin
409 diffusion, which is largely temperature-independent and very slow but measurable for ^{13}C
410 at natural abundance, we found apparent, possibly spin-diffusion dominated values for τ_c of
411 order 100s and above at temperatures of 30°C and below. These lower-limit estimates are
412 one order of magnitude larger than τ_c in the temperature range of interest at $T > 60^\circ\text{C}$.
413 Therefore, we can safely ignore spin diffusion. See also the SI (Figure S1).

414 **Polarisation microscopy**

415 Polarization microscopy experiments were performed on an Olympus BX51 microscope equipped
416 with a Linkam hot stage THMS600, temperature controller TP94 and liquid nitrogen con-
417 troller LNP. Samples were held between two glass slides and had a thickness of several $10\ \mu\text{m}$
418 up to $80\ \mu\text{m}$. After fast cooling from the melt to different crystallization temperatures T_c ,
419 a series of images was recorded during isothermal crystallization and the growth velocity
420 of spherulites was determined from their time dependent area. For every temperature an
421 average over 3 different spherulites was performed.

422 **DSC**

423 DSC measurements were performed with a UNIX DSC 7 from Perkin Elmer. Nitrogen was
 424 used as a purging gas, temperature calibration was performed with mercury.

425 **Appendix**

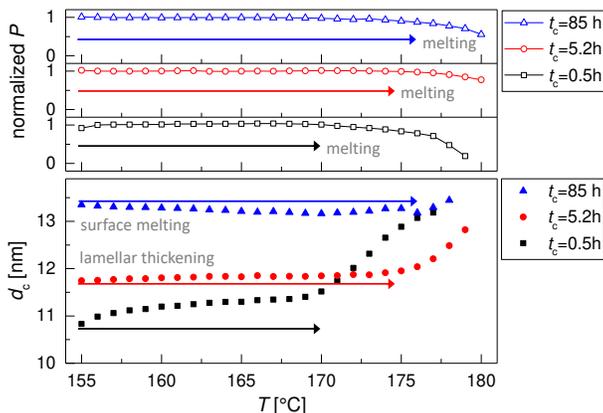


Figure 6: Effect of crystallization time on melting temperature. Porod parameter P and crystal thickness d_c of POM130 during stepwise heating after isothermal crystallization at 155°C for different crystallization times: $t_c = 0.5\text{ h}$ (black), $t_c = 5.2\text{ h}$ (red) and $t_c = 85\text{ h}$ (blue)

426 Thickening should always lead to further thermodynamic stabilization and an increased
 427 melting temperature. We observed such effects previously in PEO²⁰, however for POM it
 428 can be demonstrated directly as we follow the thickening process at the higher crystallization
 429 temperature. Figure 6 shows the Porod parameter P and lamellar thickness d_c as resulting
 430 from in-situ SAXS experiments during stepwise heating after isothermal crystallization at
 431 $T_c = 155^\circ\text{C}$ for different crystallization times t_c . Generally, the melting process goes along
 432 with a strong decrease of P and an increase of the average value d_c , due to the melting of
 433 thinner lamellae. The dominating processes affecting d_c during heating before final melting
 434 are indicated in Figure 6. Indeed with increasing crystallization time t_c the the melting
 435 process shifts to higher temperatures. For crystallization times of 0.5 h and 5.2 h the lamellar
 436 thickening process continues also during heating. Only for the longest crystallization time

437 of 85 h (30 600 min) the trend is inverted. Now heating leads to a decrease of d_c in the
438 temperature range below final melting, an effect well-known for PE⁷² and PEO²⁰, which
439 is called surface melting and caused by a local equilibrium between the crystals and the
440 adjacent amorphous phase. These observations are in keeping with the hypothesis that
441 crystal thickening is restricted by the constraints in the amorphous phase.

442 Data availability

443 All data needed to evaluate the conclusions in the paper are present in the paper and/or the
444 Supplementary information. The data shown in Fig. 3 and Fig. 4a are available in digital
445 format in the Supplementary information. Further datasets generated during the current
446 study are available from the corresponding authors on reasonable request.

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671 **Author contributions**

672 M. Schulz performed and designed experiments (SAXS and optical microscope), analysed
673 and visualized data. M. Schäfer performed and analysed the NMR-experiments. T. Thurn-
674 Albrecht and K. Saalwächter conceived and supervised the project. M. Schulz and T.
675 Thurn-Albrecht wrote the manuscript. All authors discussed results and commented on
676 the manuscript.

677 **Competing interests**

678 The authors declare no competing interests

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682 **Supplementary Information**

- 683 • Characterization of ICD in poly(oxymethylene) by NMR
- 684 • Complementary rheological measurements
- 685 • Calculation of the timescales τ_{lc} , $\langle \tau_c \rangle$ and τ_{stem}
- 686 • Structural analysis by SAXS - method and exemplary data
- 687 • SAXS data shown in Fig. 3 and Fig. 4a in digital format.

Supplementary Files

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