

Reduced human-biting preferences by the African malaria vectors *Anopheles arabiensis* and *Anopheles gambiae* in an urban context: Controlled, competitive host-preference experiments in Tanzania

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Abstract

Background

Host preference is a critical determinant of human exposure to vector-borne infections and also the impact of interventions. Widespread use of long-lasting insecticides treated nets (LLINs) and, indoor residual spraying (IRS) across sub-Saharan Africa, which protect humans against mosquitoes, may select for altered host preference traits of malaria vectors over the long term. Here, the host preferences of *Anopheles arabiensis* and *Anopheles gambiae sensu stricto* was experimentally assessed in the field, using direct host-preference assays in two distinct ecological settings in Tanzania.

Methods

Eight Ifakara Tent Trap (ITT), half of them baited with humans or bovine calves were simultaneously used to catch malaria vectors in open field sites urban and rural Tanzania. The numbers of mosquitoes collected in human-baited traps versus calf-baited traps were used to estimate human feeding preference of each malaria vector species present at each site.

Results

The estimated proportion [95% confidence interval (CI)] of mosquitoes attacking humans rather than cattle was 0.60 [0.40, 0.77] for *An. arabiensis* in the rural setting and 0.61 [0.32, 0.85] for *An. gambiae* in the urban setting, indicating no preference for either host in both cases ($P=0.32$ and 0.46 , respectively) and no difference in preference between the two (Odds Ratio (OR) [95%] = 0.95 [0.30, 3.01], $P=0.924$). However, only a quarter of *An. arabiensis* in the urban setting attacked humans (0.25 [0.09, 0.53]), indicating a preference for cattle that approached significance ($P=0.08$). Indeed, urban *An. arabiensis* were less likely to attack humans rather than cattle when compared to the same species in the rural setting (OR [95%] = 0.21 [0.05, 0.91], $P=0.037$).

Conclusion

Urban *An. arabiensis* had a stronger preference for cattle than the rural population in this or previous studies, all of which reported similar traits for this species in rural contexts. Furthermore, the urban *An. gambiae* assessed here had a weaker preference for humans over cattle than reported by previous studies of the same species in rural contexts. Cattle keeping may therefore particularly limit the impact of human-targeted vector control interventions in Dar es Salaam and perhaps in other African towns and cities.

Background

Apart from the distributions of bites between inside and outside the houses, and at a different time of the night [1, 2], what hosts mosquito prefers to feed on (host preference) critically determines the choice and impact of human-targeted vector control interventions [3–8]. For example, both historical and recent

reports [9–15] show that the widespread use of long-lasting insecticides treated nets (LLNs) or indoor residual spraying (IRS), which are directly targeted on humans or houses they live in, strongly suppressed or even virtually eliminated the population of malaria vectors *Anopheles gambiae sensu stricto* and *Anopheles funestus sensu stricto*, which both feed predominantly upon human blood all across sub-Saharan Africa [10, 11, 16–18]. Beyond Africa, *Anopheles darling* was eliminated in British Guiana following three years of IRS with DDT [19], and recently, this same species appears to have disappeared in Suriname in response to scale-up of LLNs [20]. All these vectors are highly vulnerable to insecticide-based interventions for protecting humans because these species rely heavily upon human blood for their survival [7, 19, 21–23].

While *Anopheles arabiensis* species are commonly known to exhibit flexible host-feeding preferences, switching biting between humans and domestic animals [24–27], recent evidence suggests that, even the historically most inflexible human-feeding mosquito species in Africa, *An. funestus s.s.* can now attack non-human hosts, specifically cattle [24, 28]. This newly observed behavioural plasticity, allows the mosquito to evade human-targeted insecticidal based interventions by allowing it to access safer alternative blood sources [29, 30]. This behaviour may help vector species to sustain its population and contribution to residual malaria transmission by evading fatal contact with existing front-line interventions [6, 31, 32].

Here, we assessed the inherent host attack preferences of *An. arabiensis* and *An. gambiae s.s.* in two distinct ecological settings (urban vs rural) in Tanzania, where a competitive preference experimentally-controlled assay, baited with either a human or calf, were simultaneously presented to malaria vectors. This measurement remains sparse despite their critical importance in the selection of potentially high impact vector control interventions.

Methods

Study sites

This study was conducted at two different regions of Tanzania: the urban Dar es Salaam and the rural village within the Kilombero valley in the Morogoro region. Dar es Salaam is the largest city of Tanzania situated at 6 ° 51'S, 39° 18'E along the Indian Ocean with an estimate of 5 million people according to the national census of 2012 [33]. A detailed description of the study area has been previously published elsewhere [34, 35]. The main malaria vectors are *An. gambiae s.s.* and *An. arabiensis*, but *An. funestus* and *An. merus* are also available, though existing in very low numbers throughout the year [36]. *An. gambiae s.s.* which is often regarded as the most anthropophilic vector (rely feeding heavily upon human blood), feed predominantly at the midnights and outdoors [34, 37]. In contrast, it's sibling species, *An. arabiensis*, which is commonly referred to as zoophilic (prefer feeding on cattle) mosquitoes throughout sub-Saharan Africa [22], starts actively feeding in the early evening and mainly outdoors, time which coincides with the period when most locals are still outside [34, 37]. This overlaps overtime and outdoor space between mosquito and human activity potentially increases the risk of human exposure to

malaria transmission, which cannot be effectively addressed by the use of indoor-targeted interventions such as LLINs [37]. During this study, human *Plasmodium falciparum* malaria infection was around 10% among residents in all age groups [35], and with the strong reduction in malaria vectors densities of *An. gambiae* complex and *An. funestus* [38]. This was achieved due to the scaling-up of larvicides [39] and LLINs [34, 35]. The scaling-up of larvicides and LLINs coincided spontaneously with the wide use of window screening across the city of Dar es Salaam [38]. The average annual rainfall ranging from 800mm to 1300mm with a 25°C annual temperature [40].

The second study site was at Kilombero valley, Lupiro village (8°23'03.8" S, 36°40'26.7" E), which is located 40 km south of Ifakara town within the Kilombero Valley, south-eastern Tanzania [41]. The detail of an area can be found elsewhere [13, 41]. The area is located at 300 meters above sea level on the floodplains of Kilombero valley, with the average annual rainfall range between 1200 to 1800 mm happening between December to May, and the temperature recorded at ranges from 20 to 32.6°C. The most resident lives on subsistence farming of rice, fishing, and sparse livestock keeping. The primary malaria vectors in this area are *An. arabiensis* and *An. funestus s.l.*, but the later exist in relatively very low numbers throughout the year [12]. The historically-important malaria vector *An. gambiae s.s.* had been virtually eliminated, following the widespread use of LLINs [13].

Experimental design

Eight Ifakara Tent Trap version C (ITT-C) [37] baited with either humans or calves, were simultaneously used to catch wild malaria vectors in urban Dar es Salaam and rural Kilombero Valley. In each site, an open field ground measuring more than 500m long was selected. Within these field grounds, four (human versus calf) pairing catching stations spaced about 50m apart from each other were established. Within each pair, the host was spaced 5m apart allowing for a competitive host preference assay. A Latin square design involved the movement of trap-host combinations between positions was implemented to minimize possible biases that may be associated with the position and the natural variations in the attractiveness of hosts to mosquitoes are averaged throughout the experiment [42, 43]. Each pair was rotated after each experimental night through four stations. Four nights were required to make a complete round of experimentation (Figure 1). After each round of four nights, the actual human volunteers and calves were replaced. The calf within each ITT-C was tethered, to lure the mosquito entry inside the trap. Each morning, calves were taken out of the tent for daily grazing. There was no exchange of host between traps (calf-baited vs human-baited) because it was not acceptable to expect human participants to sleep in traps soiled by a calf. Trapping was conducted from 19:00 hours to 06:00 hours, and trapped mosquitoes were emptied from the trap every morning with the use of mouth aspirator. The details on how to empty mosquitoes inside the ITT-C can be found in the previous article [37]. In urban Dar es Salaam, 104 (60 nights between May to August 2009 and 44 nights between March and June 2010) experimental nights were conducted. In rural Kilombero Valley, only 16 nights (from August to September 2010) was conducted. It took longer in Urban Dar es Salaam due to the limited number of malaria vector densities.

Position of Figure 1

Mosquito identification

Every morning, trapped adult mosquitoes from each trap were collected by mouth aspirator, placed in a respective paper cup prior labelled according to the host, and killed using chloroform. Morphological identification was conducted based on the keys of Gillies and Coetzee [44]. All collected *An. gambiae s.l.* were stored individually in Eppendorf tubes (1.5 ml) with silica gel desiccant and cotton before transport for Polymerase chain reaction (PCR) assay for species identification. The field-collected data were recorded and linked with laboratory results using the designated forms adapted from Kiware et al [45].

Statistical analysis

Statistical analyses were carried out using the R statistical software version 3.6.1, augmented with the *matrix*, *lattice*, and *lme4* packages. To test the effect of species-specific on attacking human host, only PCR confirmed individuals from the *An. gambiae* complex (*An. gambiae s.s* and *An. arabiensis*) were used. Because the response variable for each species is binary (that is an individual mosquito can only attack a single host at a time and not both), a Generalized Linear Mixed Effect Models (GLMMs) [46], using binomial distribution and logit link function was applied. The proportion of mosquitoes caught attacking humans was treated as the response variable, with a variable combination of PCR confirmed species and sites (PCR confirmed species*Sites) as a fixed effect. The experimental night and stations were fitted as a random effect. The model was run first without fitting an intercept so that the absolute proportion of mosquitoes attacking on the human for each species and from each site can be estimated and compared. This was followed by the inclusion of the intercept to obtain the contrast in human feeding preference between species with *An. gambiae s.s* in urban Dar es Salaam treated as a reference species in the model. This detailed statistical analysis on the effect of species on the propensity of attacking upon human host species was restricted to *An. arabiensis* and *An. gambiae s.s*, partly because of their importance in driving malaria transmission in these settings, and their number captured was sufficient to be able to detect the effect.

Results

Species composition

In urban Dar es Salaam, 197,155 mosquitoes were collected. 42,929 (21.8%) and 154,226 (78.2%) mosquitoes were collected from human and calf baited traps, respectively. The taxonomic group of mosquito collected included: *An. gambiae s.l.* (n = 97, 0.05%), *An. coustani* (n = 2,144, 1.1%), *Culex spp* (n = 192,836, 97.8%), *Mansonia spp* (n = 1633, 0.8%) and *Coquillettidia spp* (n = 460, 0.2%). All *An. gambiae s.l.* were subjected for PCR test, and 88 (88/97, 91%) specimens successfully amplified. Of which, 25 (28%) were *An. gambiae s.s.* and 63 (72%) *An. arabiensis*.

In rural Kilombero Valley, 41,876 mosquitoes were collected. 22,093 (53.0%) and 19,783 (47.2%) mosquitoes were collected from human and calf baited traps respectively. The taxonomic group of mosquito collected included: *An. gambiae s.l.* (n = 334, 0.8%), *An. funestus* (n = 6, 0.01%), *An. coustani* (n = 185, 0.44%), *An. ziemanni* (n = 31, 0.07%), *Culex spp* (n = 9539, 22.8%), *Mansonia spp* (n = 31,749, 75.8%) and *Coquillettidia spp* (n = 32, 0.08%). All *An. gambiae s.l.* were again subjected for PCR test, and all successful amplified specimens 313 (94%), confirmed to be *An. arabiensis*.

Based on the logistic model fitting to these data, the estimated proportion [95% confidence interval (CI)] of mosquitoes attacking humans rather than cattle was 0.60 [0.40, 0.77] for *An. arabiensis* in the rural setting and 0.61 [0.32, 0.85] for *An. gambiae* in the urban setting (Fig. 2), indicating no preference for either host in both cases ($P = 0.32$ and 0.46), respectively, with no evidence for any difference in preference between the two (Odds ratio (OR) [95%] = 0.95 [0.30, 3.01], $P = 0.924$). However, only a quarter of *An. arabiensis* in the urban setting attacked humans (0.25 [0.09, 0.54]; Fig. 2), indicating a preference for cattle that approached significance ($P = 0.081$). Indeed, *An. arabiensis* in the urban setting were less likely to attack humans rather than cattle when compared to the same species in the rural setting (OR [95%] = 0.21 [0.05, 0.91], $P = 0.037$).

Discussion

The findings indicate variation in the preference for feeding upon humans rather than cattle between two populations of *An. arabiensis*, one in urban Dar es Salaam, and another in rural Kilombero. However, these observations become more interesting and seem to suggest an effect of urban environments on both *An. arabiensis* and *An. gambiae*, when compared with preceding studies that also measured host preference (rather than host choice) through carefully controlled experiments. Similar to all comparable previous studies of *An. arabiensis* in rural areas [21, 26], the rural Tanzanian *An. arabiensis* population studied here had no strong preference for humans or cattle (Figure 3). Indeed these results compared particularly well with those of Meza *et al.* 2019 [24] (Figure 3), which also used juvenile cattle with relatively low biomass and therefore attractiveness [47]. However, in urban Dar es Salaam, *An. arabiensis* appeared to exhibit a strong preference for cattle over humans that were significantly different from the same species in rural Kilombero over approximately the same period (Figures 2 and 3). Also unexpectedly, *An. gambiae s.s.* collected in Dar es Salaam, lacked its notoriously strong preference for humans when compared with equivalent indices derived from a previous study of the same species in rural Tanzania [21]. It, therefore, appears that both siblings' species have a stronger preference for non-human hosts in the city of Dar es Salaam than would reasonably be expected (Figure 3).

Position of Figure 3

The flexible feeding behaviour exhibited by the *An. arabiensis* in rural Kilombero is consistent with that reported by previous studies from the same setting [24] and beyond [26] that employed similarly direct, experimentally-controlled, host attack preference measurements using different capture methods. It is also reassuring that fitting host preference and availability models to historical blood meal host choice

data for the same species across entire villages [21, 48] yields similar indirect estimates, indicating only a slight preference for cattle (Figure 3) even though such natural herds are dominated by larger adult cattle that may be reasonably expected to be more attractive [47]. Indeed the Torr *et al.* [26] direct host preference experiments using electric grids similar to Meza *et al* [24], which also used larger adult cattle, yield almost identical estimates to these indirectly inferred from modelling analyses, confirming a slight preference of rural *An. arabiensis* for fully-grown cattle over humans. Such biologically and methodologically plausible triangulation of results from such different studies with such different methods reassuringly suggests that the experimental approach applied here, including the first use of ITT-C [37] for experimental host preference studies, provides reliable and readily comparable indices of host preference. It, therefore, appears reasonable to interpret the finding that *An. arabiensis* had a stronger preference for cattle in urban Dar es Salaam than in rural Kilombero or indeed any previous studies population of the same species (Figure 3) at face value.

It is also telling that a similar, and perhaps more surprising, the pattern was observed for the notoriously anthropophagic [6, 27, 49, 50] *An. gambiae* when compared with a previous study of the same species in a rural Tanzanian context (Figure 3). The lack of a clear preference for humans over cattle by *An. gambiae* s.s. in this contemporary urban context contrasts starkly with historical records from Segera, only 258 km away from Dar es Salaam in rural Tanzania [21]. This unusually flexible feeding behaviour for *An. gambiae* in Dar es Salaam may also contribute to the persistence of this species, even while it was virtually eliminated from other nearby ecological settings [11, 16], following widespread scale-up of LLIN use [11-13, 16]. The increasingly widespread use of LLINs [51] and high coverage of house window screening in urban Dar es salaam [38], which limit safe access of mosquitoes to human blood, may have forced this species to develop a strategy which enables them to evade personal target protective interventions for humans by exploiting animal blood whenever they can find it.

Urban Dar es Salaam has generally fewer cattle than Kilombero and probably most other rural settings, so it is certainly interesting that *An. arabiensis* now appears to have a stronger preference for feeding on cattle and perhaps other non-human hosts that were not assessed here. It will be important to investigate whether the two populations are genetically distinct or not [52-54]. This may be especially important following the recent surge of interest in genetic manipulation approaches to malaria vector control [55]. Regardless of the underlying basis for this apparent trend towards greater zoophagy in both vector species in Dar es Salaam, on the one hand, it will limit the impacts of existing malaria vector control interventions like LLINs and mosquito-proofed window screening, while on the other it may provide opportunities for complementary approaches like veterinary insecticide treatments for livestock [6, 7, 56-59].

While this study was quite limited in terms of scale and sample size, it does raise some important questions that merit consideration beyond Dar es Salaam and Tanzania. Urbanization is known to influence host preferences in other mosquito taxa [60], and similar effects to those reported here might also occur in other African settings where *An. gambiae* and *An. arabiensis* continue to mediate malaria transmission, despite widespread use of LLINs [53]. Indeed, it is notable just how few experimentally

controlled host preference studies could be found to populate figure 3, despite the key role that this trait plays in malaria transmission and control. We, therefore, strongly encourage more widespread measurement of mosquito feeding preferences across a diversity of ecological settings, especially through routine programmatic surveillance [61], to help inform the selection and evaluation of complementary vector control interventions, ideally in an ecologically stratified manner.

Conclusions

Urban *An. arabiensis* had a stronger preference for cattle than the rural population in this or previous studies, all of which reported similar traits for this species in rural contexts. Furthermore, the urban *An. gambiae* assessed here had a weaker preference for humans over cattle than reported by a previous study of the same species in a nearby rural context. Cattle keeping may therefore particularly limit the impact of human-targeted vector control interventions in Dar es Salaam, and perhaps other African towns and cities. Generalization of mosquito species host preferences across broad geographies or assuming that they may remain static traits, may be misleading with respect to the selection of effective vector control interventions. Therefore, the characterization of vector feeding preferences across distinct ecological settings is recommended as a key component of routine programmatic surveillance, to inform the effective design, selection, implementation, and assessment of complementary new vector control interventions, ideally on an ecologically stratified basis.

Abbreviations

ITT- Ifakara Tent Trap (C type)

LLINs- Long-lasting insecticides treated nets

IRS- Indoor residual spray

DDT-Dichlorodiphenyltrichloroethane

GLMM-Generalized linear mixed effect model

PCR- Polymerase chain reaction

CI - Confidence interval

Declarations

Ethics approval and consent to participate

The permission to carry out this study was approved by the Ethical Committee of the National Institute of Medical Research [NIMR/HQ/R.8a/Vol.IX/279 and 324] and from the Institutional Review Board of the Ifakara Health Institute [IHI-IRB-A.50]. The volunteer was provided with informed consent after a verbal

explanation about study design in the local language. Before participation, and after the experimentation days, participants were screened by a trained clinician for malaria parasite using a rapid diagnostic test (mRDT) and none was found positive. In case they were found positive, would be treated free of charge following the national guideline of malaria treatment and withdrawn from the study. Information sheets of the informed consent included assurance of confidentiality, voluntary participation, potential risks, and benefit associated with the study. They also included the right to withdraw from the study at any time as they wish to do so and without the need to provide any justification.

Consent for publication

As part of the consenting procedure and information sheet's content, they also included a request that results obtained will be disseminated through scientific articles to reach broad audiences, including academics. The permission to publish was thereafter obtained from the National Institute of Medical Research (NIMR), Tanzania that has the legal mandate to approve publications of results from public health research data.

Availability of data and materials

The Ifakara Health Institute on behalf of the United Republic of Tanzania owns all data. Data can be shared upon reasonable request in line with the Ifakara Health Institute's data management and sharing policy.

Competing interests

The authors declare that no competing interests.

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Authors' contributions

GFK, SM, PPC, and NJG conceived the study and designed experiments. YPM, AM, and DJM contributed to the study design, trained the mosquito collectors, implemented, and supervised the field activities. YPM, NJG, and GFK performed the analysis. YPM and NJG drafted and revised the manuscript. SM, PC, DJM, and MT *reviewed the manuscript*. All authors read and approved the final manuscript.

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Figures

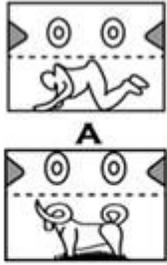
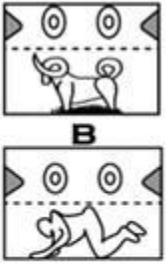
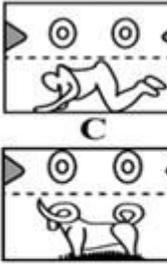
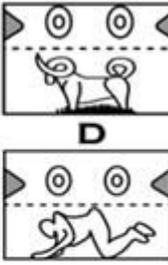
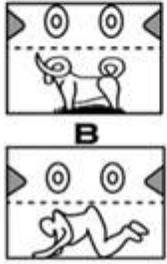
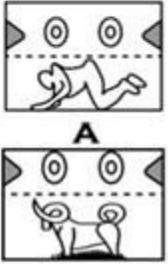
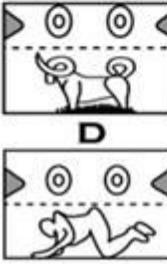
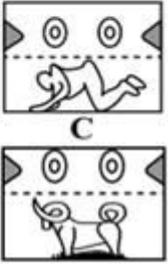
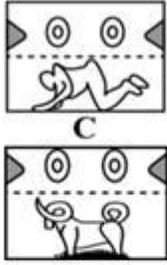
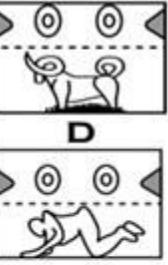
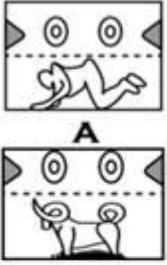
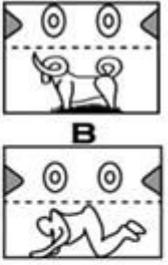
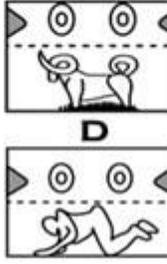
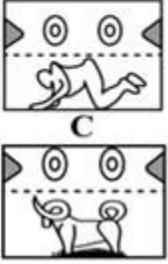
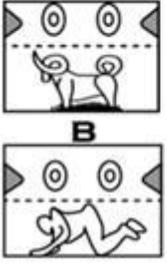
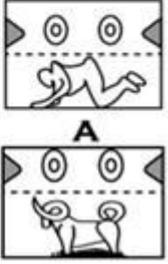
Day	Station 1	Station 2	Station 3	Station 4
1				
2				
3				
4				

Figure 1

The schematic illustration of a typical 4x4 Latin square experimental design with one complete round of experimentation through four mosquito-capturing stations in the field area. The dashed line indicates a screen bisecting the upper and lower part of the trap, which used to protect volunteers from being exposed to mosquito bites. The ring and the funnel shape on the side illustrate the mosquito entry point.

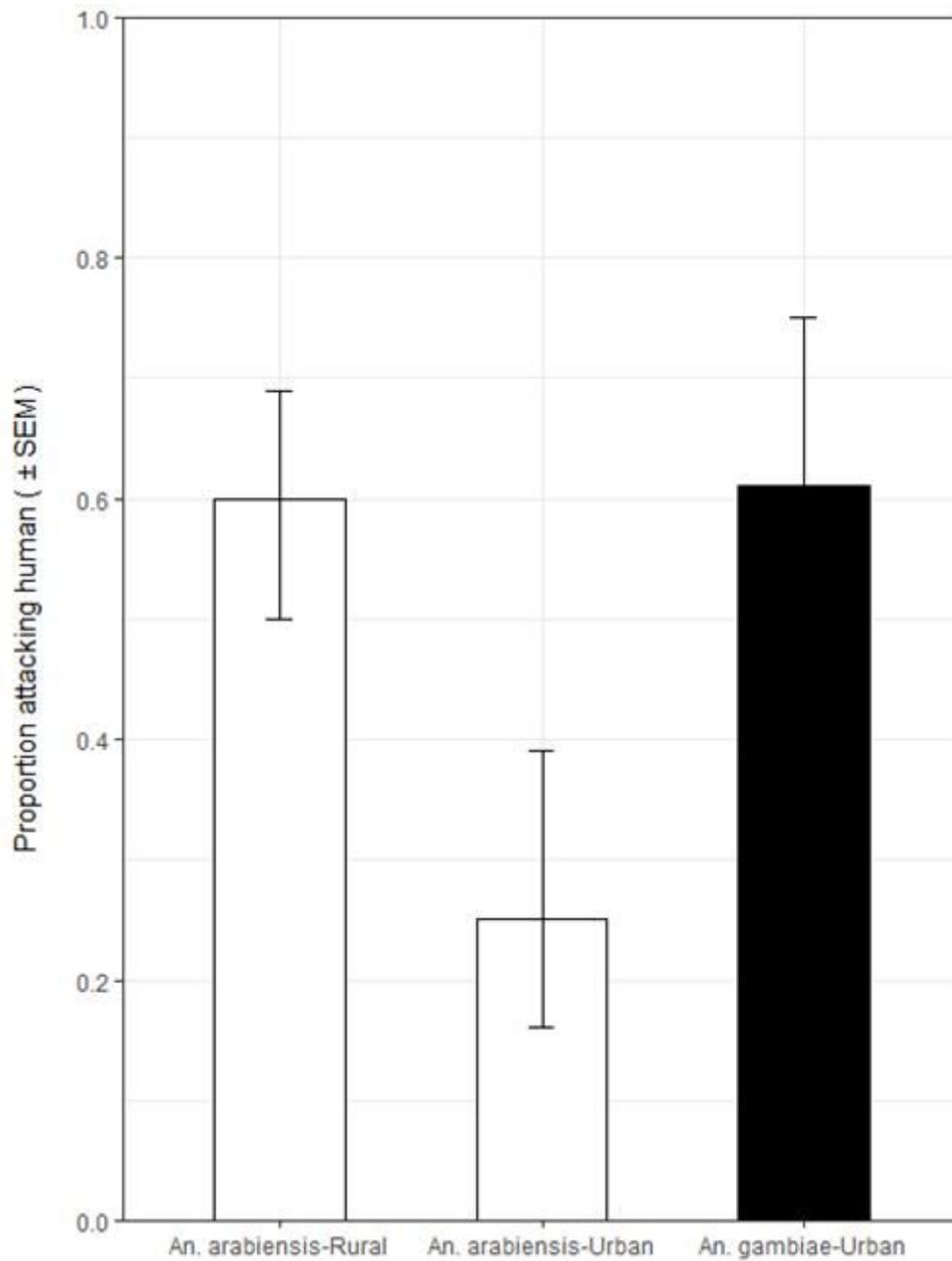


Figure 2

The proportion estimates (mean and standard error) attacking humans by the *An. gambiae* and *An. arabiensis* captured in urban Dar es Salaam and rural Kilombero Valley.

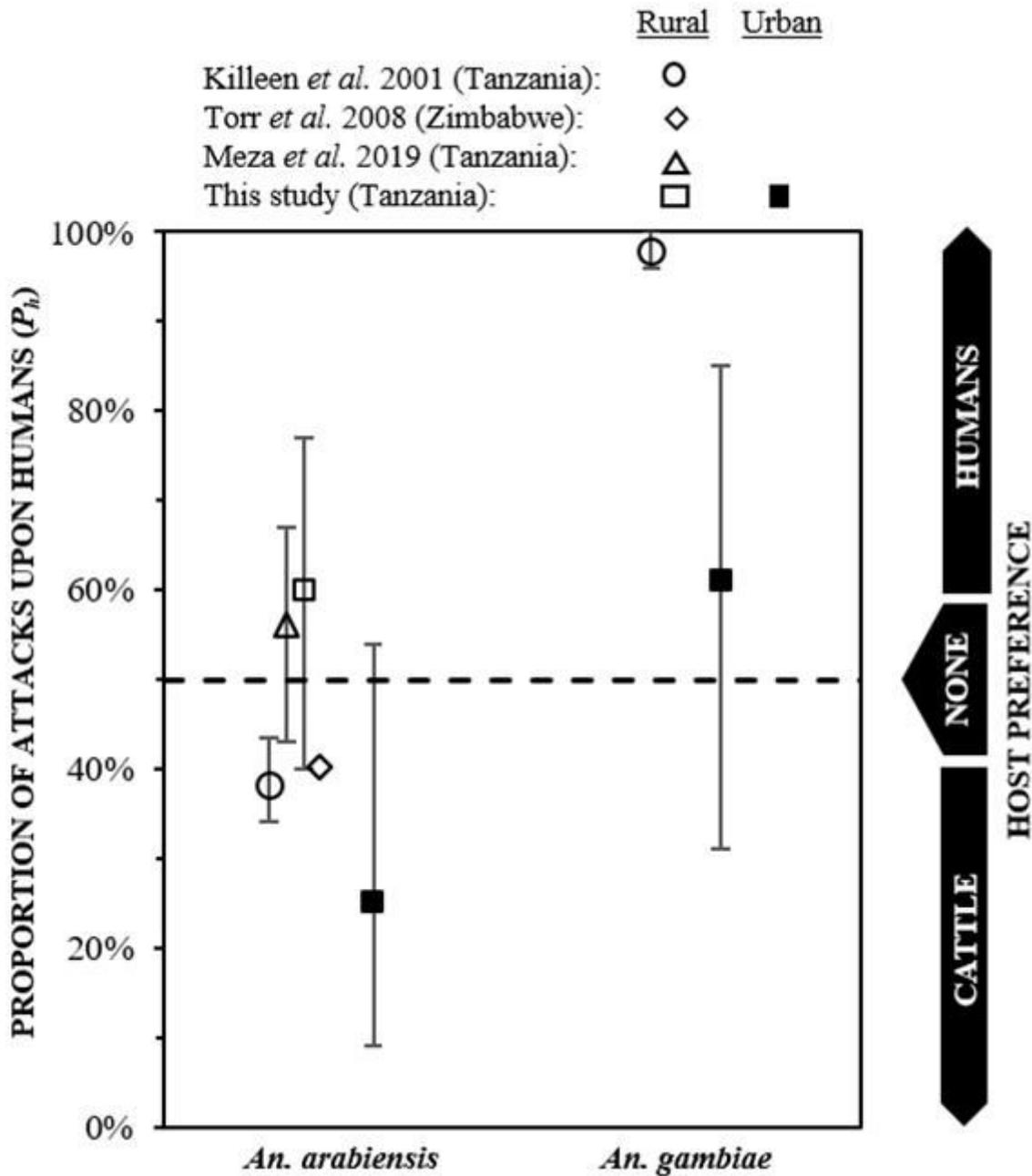


Figure 3

Previously estimated proportion of attacks on humans versus cattle (P_h) when offered a choice between one of each host species (mean and 95% confidence intervals, where available) for *Anopheles gambiae* s.s. and *Anopheles arabiensis* in Segera, northern rural Tanzania, [21, 48] Kilombero, southern rural Tanzania, and rural Zimbabwe (data extracted from Fig. 7 in [26]) compared to those obtained by this study in Kilombero, rural southern Tanzania and Dar es Salaam, urban coastal Tanzania (Figure 2). The estimated proportion of attacks on humans (P_h) was calculated as follows for the historical Tanzanian example, based on published estimates for the relative availability of humans versus cattle (λ): $P_h = 1/(1 + \lambda)$ [21, 24].