

# Risk-stratification of febrile African children at risk of sepsis using sTREM-1 as basis for a rapid triage test

**Aleksandra Leligdowicz**

University of Toronto <https://orcid.org/0000-0001-6055-4644>

**Andrea Conroy**

Indiana University

**Michael Hawkes**

University of Alberta

**Melissa Richard-Grenblatt**

University of Toronto

**Kathleen Zhong**

University of Toronto

**Robert Opoka**

Makerere University

**Sophie Namasopo**

Kabale District Hospital

**David Bell**

Independent Consultant <https://orcid.org/0000-0002-7010-6340>

**W Liles**

University of Washington

**Bruno da Costa**

University of Toronto

**Peter Jüni**

University of Toronto

**Kevin Kain** (✉ [kevin.kain@uhn.ca](mailto:kevin.kain@uhn.ca))

University of Toronto

---

## Article

**Keywords:** infection, endothelial activation, inflammation, resource-limited, point-of-care, mortality

**Posted Date:** September 8th, 2020

**DOI:** <https://doi.org/10.21203/rs.3.rs-65068/v1>

**License:**  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

---

**Version of Record:** A version of this preprint was published at Nature Communications on November 25th, 2021. See the published version at <https://doi.org/10.1038/s41467-021-27215-6>.

# Abstract

Identifying febrile children at risk of sepsis in low-resource settings can improve survival, but recognition triage tools are lacking. Here we test the hypothesis that measuring circulating markers of immune and endothelial activation may identify children at risk of sepsis due to all causes. In a prospective cohort study of 2,502 children in Uganda, we show that Soluble Triggering Receptor Expressed on Myeloid cells-1 (sTREM-1) measured at first clinical presentation, had high predictive accuracy for subsequent in-hospital mortality. sTREM-1 had the best performance, versus 10 other markers, with an AUROC for discriminating children at risk of death of 0.893 in derivation (95% CI 0.843-0.944) and 0.901 in external validation (95% CI 0.856-0.947). sTREM-1 cutoffs corresponding to a negative likelihood ratio (LR) of 0.10 and a positive LR of 10 classified children into low (1306 children, 53.1%), intermediate (942, 38.3%) and high (212, 8.6%) risk zones. The estimated incidence of death was 0.3%, 3.6%, and 31.0%, respectively, suggesting sTREM-1 could be used to risk-stratify febrile children. These findings support sTREM-1 as the basis for rapid triage test for all cause fever syndromes in children in low-resource settings.

## Introduction

Sepsis is defined as life-threatening organ dysfunction caused by a dysregulated host response to infection and is a leading cause of death in children under 5 in low-and-middle-income countries. In 2017 there were an estimated 13 million cases of sepsis and 2.5 million sepsis-related deaths in sub-Saharan Africa with 25% of pediatric sepsis cases attributed to malaria.<sup>1-3</sup>

Sepsis is treatable and the early identification of febrile children at risk of sepsis can improve survival.<sup>1,2</sup> However effective tools for their prompt and accurate recognition at the community level are lacking, and approximately 50% of deaths occur at home.<sup>3</sup>

Immune and endothelial activation are implicated in the pathogenesis of sepsis, including severe malaria.<sup>4-13</sup> Measuring circulating mediators of these pathways at first clinical presentation could identify children with impending sepsis, enabling early recognition and triage. We tested this hypothesis in a prospective cohort of febrile children presenting to the emergency department of a regional hospital in Uganda to determine if these plasma markers can risk stratify children with fever due to malaria and non-malarial causes. We compared the performance of 11 plasma immune and endothelial activation mediators to identify the marker with the highest predictive accuracy for predicting 7-day mortality. We validated the performance of the top biomarker in an internal and an external validation cohort to confirm robustness of our findings. Our goal was to identify a mediator with a pathobiologic link to sepsis that could enable the development of a rapid triage test to predict mortality from any cause in febrile children at the community level in low-resource settings.

## Results

Between February 15, 2012 and August 29, 2013, we consecutively enrolled 2502 febrile children, with 1433 children up to Oct 31, 2012 included in the derivation cohort, and 1069 children from Nov 1, 2012 onwards included in the validation cohort (Fig. 1). During the period of interest of 7 days, 2,039 children were regularly discharged or survived up to 7 days (81.5%), 95 children had died (3.8%), 337 absconded (13.5%), and 31 were transferred (1.2%). Table 1 shows a comparison of baseline characteristics of the 95 children who died up to 7 days with the 2,407 children who survived until regular discharge from hospital, abscondment or transfer. Children who died within 7 days had a greater severity of illness (higher LODS score, higher lactate levels) and were less likely to be malaria positive. **Supplementary Table 1** presents this comparison separately for derivation and validation cohorts. All children were evaluated promptly (Table 1) and treated according to national guidelines (**Supplementary Table 2**).

Table 1  
Baseline characteristics of children who died within 7 days and children who survived until regular discharge from hospital, abscondment or transfer.

Characteristic at baseline	Dead (n = 95)	Alive (n = 2,407)	Odds ratio (95% CI)	P value
Age, months	18.2 (12.9)	19.7 (12.9)	0.78 (0.51 to 1.21)	0.27
Male (n, %)	54 (56.8)	1321 (54.9)	1.06 (0.70 to 1.61)	0.77
Time to MD, hr	1.6 (1.7)	3.0 (2.4)	0.17 (0.09 to 0.33)	< 0.001
Temperature	37.3 (1.3)	37.9 (1.2)	0.40 (0.26 to 0.61)	< 0.001
SpO2%	90.7 (11.3)	97.1 (4.0)	0.35 (0.27 to 0.46)	< 0.001
Heart rate	160.4 (32.8)	160.6 (24.1)	0.98 (0.65 to 1.50)	0.94
LODS (n, %)				< 0.001
0	3 (3.2)	1512 (62.8)	1.00 (reference)	
1	7 (7.4)	437 (18.2)	8.07 (2.07 to 31.37)	
2	25 (26.3)	287 (11.9)	43.96 (13.17 to 146.79)	
3	60 (63.2)	172 (7.1)	176.29 (54.62 to 568.95)	
Lactate, mmol/L	7.4 (1.3 to 41.4)	3.3 (0.8 to 14.0)	6.86 (4.56 to 10.32)	< 0.001
Malaria (n, %)	37 (38.9)	1292 (53.7)	0.55 (0.36 to 0.84)	0.005
HIV (n, %)	5 (5.3)	45 (1.9)	2.97 (1.08 to 8.22)	0.036

**Supplementary Table 3** compares baseline characteristics between derivation and validation cohorts. Even though the characteristics of children between the derivation and validation cohort appeared similar, there were 43 deaths up to 7 days in the derivation cohort (3.0%) and 52 in the validation cohort (4.9%).

After multiple imputation, the estimated incidence of death up to 7 days was 3.9% (95% CI 2.9 to 5.1%) in the derivation cohort and 5.5% (95% CI 4.3 to 7.1%) in the validation cohort (odds ratio 1.45, 95% CI 0.98 to 2.15). **Supplementary Tables 4 and 5** present comparisons of baseline characteristics between the 2039 children who were regularly discharged from hospital or survived up to 7 days, the 337 children who absconded, and the 31 children who were transferred up to 7 days. Forty-two children were excluded from all analyses of biomarkers as no plasma sample was available (1.7%). An additional 376 children were excluded from comparative performance analyses of the 11 biomarkers (15.0%) as they had absconded or were transferred before or after 7 days (Fig. 1).

## Comparative performance of 11 markers of immune and endothelial activation

A total of 2,084 children were included in comparative performance analyses of biomarkers, with 1176 children analysed in the derivation cohort, and 908 in the validation cohort (Fig. 1). Table 2 shows AUROCs for the discrimination between children who died up to 7 days and children who survived in derivation, internal and external validation. As previously described in febrile adults,<sup>14</sup> sTREM-1 showed the best discrimination, with an AUROC of 0.893 in derivation (95%-CI 0.843 to 0.944), 0.894 in internal validation (95%-CI 0.844 to 0.944), and 0.901 in external validation (95%-CI 0.856 to 0.947). The AUROC of 0.859 of the second ranked biomarker, soluble fms-like tyrosine kinase 1 (sFlt-1), appeared optimistic in derivation but decreased by 0.063 in external validation. **Supplementary Table 6** presents geometric means with 95% reference ranges in children who survived or died for the combined cohorts included in the comparative performance analysis, and separately for derivation and validation cohorts.

**Supplementary Table 7** presents AUROCs of the 4 biomarkers that were quantified in all children with available plasma. sTREM-1 showed again the best discrimination, with an AUROC of 0.875 in derivation (95%-CI 0.826 to 0.924), 0.876 in the internal validation (95%-CI 0.825 to 0.928) and 0.885 in the external validation (95%-CI 0.841 to 0.929). **Supplementary Table 8** presents AUROCs separately for children with and without diagnosis of malaria in derivation, internal and external validation; results were similar. The updated AUROC for sTREM-1 based on the pooled data of all 2460 children of the derivation and validation cohorts combined was 0.879 overall (95%-CI 0.847 to 0.912), 0.931 in children with malaria (95% CI 0.910 to 0.951) and 0.871 in children without malaria (95% CI 0.825 to 0.917).

Table 2

Comparative performance of biomarkers for children who died up to 7 days or who survived in derivation, internal and external validation cohort.

Biomarker	Derivation (n = 1,176)		Internal validation (n = 1,176)		External validation (n = 908)	
	AUROC (95% CI)	P-value	AUROC (95% CI)	P-value	AUROC (95% CI)	P-value
<b>sTREM-1</b>	0.893 (0.843 to 0.944)	-	0.894 (0.844 to 0.944)	-	0.901 (0.856 to 0.947)	-
<b>sFlt1</b>	0.859 (0.792 to 0.926)	0.103	0.860 (0.792 to 0.927)	0.102	0.796 (0.728 to 0.864)	≤ 0.001
<b>IL-8</b>	0.843 (0.772 to 0.914)	0.105	0.845 (0.775 to 0.916)	0.115	0.790 (0.712 to 0.868)	≤ 0.001
<b>Ang-2</b>	0.846 (0.787 to 0.905)	0.081	0.847 (0.789 to 0.904)	0.084	0.784 (0.715 to 0.853)	≤ 0.001
<b>CHI3L1</b>	0.826 (0.750 to 0.902)	0.054	0.829 (0.754 to 0.904)	0.064	0.771 (0.702 to 0.840)	≤ 0.001
<b>sTNFR1</b>	0.783 (0.696 to 0.870)	≤ 0.001	0.785 (0.702 to 0.868)	≤ 0.001	0.803 (0.726 to 0.879)	0.002
<b>IL-6</b>	0.821 (0.743 to 0.900)	0.064	0.824 (0.749 to 0.899)	0.065	0.753 (0.673 to 0.832)	≤ 0.001
<b>sICAM-1</b>	0.663 (0.561 to 0.764)	≤ 0.001	0.666 (0.566 to 0.765)	≤ 0.001	0.620 (0.535 to 0.704)	≤ 0.001
<b>sVCAM-1</b>	0.660 (0.561 to 0.759)	≤ 0.001	0.662 (0.560 to 0.763)	≤ 0.001	0.608 (0.534 to 0.682)	≤ 0.001
<b>IP-10</b>	0.581 (0.486 to 0.677)	≤ 0.001	0.583 (0.489 to 0.677)	≤ 0.001	0.434 (0.352 to 0.516)	≤ 0.001
<b>Ang-1</b>	0.347 (0.261 to 0.433)	≤ 0.001	0.350 (0.261 to 0.439)	≤ 0.001	0.331 (0.262 to 0.401)	≤ 0.001

AUROC: Area under the receiver operating characteristic curve; CI: confidence interval. P-values correspond to difference in AUROC as compared to AUROC of sTREM-1. Internal validation was based on 500 bootstrap samples with replacement in the derivation cohort.

## Risk stratification based on sTREM-1 levels

A total of 2,460 children were included in analyses, with 1,406 children analysed in the derivation cohort, and 1,054 in the validation cohort. The cutoffs based on the pooled data of the 2,460 children in derivation and validation cohorts combined were 239 pg/mL and 629 pg/mL. **Supplementary Table 9** presents likelihood ratios according to fixed cutoffs of sTREM-1 in derivation, internal and external validation, which were similar across the entire spectrum of cutoffs.

Figure 2 presents the distribution of sTREM-1 levels and corresponding probabilities of death up to 7 days predicted from logistic regression. Out of 2,460 children with available plasma, 1,306 children had sTREM-1 levels of less than 239 pg/mL and were classified in the green low risk zone (53.1%), 942 children had levels of 239 to 629 pg/mL and were classified in the yellow intermediate risk zone (38.3%), whereas 212 children had levels above 629 pg/mL and were classified in the red high risk zone (8.6%), with deaths observed in 3 (0.2%), 30 (3.2%), and 62 children (29.3%), respectively. After multiple imputation, accounting for missing vital status in children who absconded or were transferred, the estimated incidence of death in the derivation and validation cohorts combined was 0.5% (95% CI 0.2 to 1.2%), 3.9% (95% CI 2.8 to 5.4%) and 31.8% (95% CI 26.1 to 38.8%) in green, yellow and red zones, respectively.

The distribution of sTREM-1 levels and corresponding probabilities of death are presented in the Supplementary Information separately for derivation (**Supplementary Fig. 1a**) and validation (**Supplementary Fig. 1b**) cohorts. The estimated incidence of death in green, yellow and red zones was 0.2% (95% CI 0.0 to 1.4%), 3.2% (95% CI 2.0 to 5.3%) and 26.5% (95% CI 19.6 to 35.8%) in the derivation cohort, and 0.7% (95% CI 0.2 to 2.2%), 4.8% (95% CI 3.1 to 7.6%) and 38.8% (95% CI 29.9 to 50.5%) in the validation cohort. Calibration plots from internal and external validation showed adequate calibration for green and yellow zones in both internal and external validation, adequate calibration for the red zone in internal validation, but higher mortality than predicted for the red zone in external validation (**Supplementary Figs. 2 and 3**). Accordingly, the calibration-in-the-large was - 0.064 in internal validation, but 0.514 in external validation (**Supplementary Fig. 3**). Figure 3 presents time-to-event analyses in the overall population (top), in the subgroup of children with diagnosis of malaria (middle) and without diagnosis of malaria (bottom). In the derivation and validation cohorts combined, children in the yellow zone were 8.32 times more likely to die than those in the green zone (95% CI 3.21 to 21.57), and children in the red zone 9.02 times more likely to die than those in the yellow zone (95% CI 5.93 to 13.71). Comparing the yellow with the green zone and the red with the yellow zone, we found rate ratios of 38.17 (95% CI 10.18 to 143.15) and 17.64 (8.61 to 36.13) in children with diagnosis of malaria, and HRs of 8.96 (95% CI 3.41 to 23.56) and 7.18 (95% CI 4.32 to 11.91) in children without diagnosis of malaria. **Supplementary Figs. 4 and 5** show corresponding time-to-event analyses in derivation (**Supplementary Fig. 4**) and validation (**Supplementary Fig. 5**) cohorts separately, which showed similar results.

## Discussion

In this study, sTREM-1, a cell surface receptor expressed on myeloid cells associated with neutrophil and monocyte response amplification,<sup>15</sup> was superior to ten other biomarkers of endothelial or immune activation in predicting mortality in febrile children aged 2 months to 5 years presenting to the emergency department of a regional hospital in Uganda. The AUROC was 0.893 in the derivation cohort and 0.901 in the validation cohort, very similar to the previously reported AUROC of 0.87 in predicting death within 28 days in 507 consecutive febrile adults presenting to four outpatient clinics in Tanzania.<sup>14</sup> Similar to the adult study, discrimination was independent of aetiology and comparable in children with and without

malaria. Taken together, this suggests that multiple life-threatening infections share common pathways of injury that are independent of pathogen, age, and geographic location.<sup>6–8, 12, 13, 16</sup> We derived and validated cutoffs of sTREM-1 as the basis for the development of a rapid test (i.e.: lateral flow) that could be used as a simple triage tool at the community level in low-resource settings. Cutoffs associated with LR- of 0.10 and LR + of 10 allowed us to classify more than half of the children into a green zone considered to be at low risk of death of less than 1%, whereas less than 10% of children were classified into a red zone considered to be at high risk of death of 25% or more. Approximately 40% remained in an intermediate risk category, with an estimated risk of death of 3 to 5%.

The majority of paediatric infections are self-limited, and few are life threatening. In the absence of critical illness, many febrile syndromes can be treated conservatively.<sup>17</sup> However, we currently lack effective tools to identify children at risk of progression to severe illness – a priority that is not addressed by pathogen-based diagnostics. This results in increased mortality in those with life-threatening infections,<sup>18</sup> while paradoxically causing harm,<sup>19</sup> misallocation of scarce resources related to over-admission and antimicrobial treatment, and added risk of nosocomial infection in children with milder self-limited infections.<sup>20</sup>

Our results suggest that a rapid triage test based on finger-prick blood sample using sTREM-1 as a disease severity marker could be used as a simple, objective and clinically meaningful risk-stratification tool that could facilitate an integrated approach to manage fever syndromes at the community level, where no medically qualified health professionals may be available to triage children based on clinical criteria. Children in the red zone according to the rapid triage test, who are at high risk of death, could be urgently referred and prioritized for hospital care, children in the yellow intermediate risk zone could be referred with lower priority for monitoring, diagnostic workup and management depending on the clinical course, whereas children in the green zone could be considered for management at the community level. This strategy could decrease the referral of children with uncomplicated or self-limited infections who are unlikely to benefit from admission, investigation, and urgent supportive care. Collectively this could result in task-shifting from scarce, highly trained health care professionals in centralized health units to community health workers, decrease the pressure on health care facilities and professionals, enhance appropriate resource allocation and potentially decrease sepsis-related mortality in children. The strategy of using a rapid point of care test such as a lateral flow test to triage febrile children at the community level has multiple attributes, including ease-of-use, speed, cost, cultural acceptability, gender equity in access to care, and evidence-based decision-making, that would support their implementation and scalability.

Our study has several limitations. First, this is a single centre study and our results will need to be replicated by independent groups in different settings. However, our results are very similar to those derived in consecutive febrile adults presenting for outpatient care in Tanzania,<sup>14</sup> supporting the generalizability of our findings. Second, our study was complicated, as is common in low resource settings,<sup>21</sup> by children who absconded or were transferred, for whom vital status could not be definitely

ascertained. Plasma was also missing, but in less than 2% of children. We used multiple imputation to account for missing vital status and consider the missing at random assumption of the multiple imputation model given the observed data plausible.<sup>22</sup> Third, calibration was only modest in the external validation, as the predicted mortality for children in the red zone was lower than observed in this cohort. However, this does not alter the suggested strategy for triage: children in the red zone would be at high risk of death, regardless of the actual risk of 1 in 4 in the derivation cohort, or 1 in 3 in the validation cohort. Fourth, even though we derived and validated the use of sTREM-1 and suitable cutoffs the basis of a rapid test for prospective risk stratification of febrile children in a prospective cohort study, randomized trials will be required to establish that the addition of a rapid triage test to current standard of care at the community level will improve outcomes of febrile children in low-resource settings. Strengths of our study include its prospective design that distinguish it from prior retrospective cohorts studies that modelled mortality in children in resource-limited African settings,<sup>6,23</sup> direct comparison of multiple candidate markers of disease severity at the earliest time point of healthcare presentation, the large sample size with a sufficient number of outcome events, the confirmatory nature of our results, with a discrimination nearly identical to what was previously reported in febrile adults in Tanzania<sup>14</sup> as well as other smaller studies conducted in children (**Supplementary Table 10**)<sup>6,24-37</sup>, the robustness of results in internal and external validation, and the biological plausibility of the observed association.<sup>15</sup>

In conclusion, sTREM-1, a severity marker with a pathophysiologic link to sepsis, measured at clinical presentation, accurately predicted mortality in febrile children with either malaria or non-malarial aetiology, in a regional hospital in Uganda. Simple risk-stratification based on a rapid sTREM-1 test could enhance triage and improve outcomes in resource-limited settings.

## Methods

### Design and population

This was a prospective cohort study in children aged 2 months to 5 years presenting to the emergency department with a history of fever in the past 48-hours or an axillary temperature  $> 37.5^{\circ}\text{C}$ , and admitted to the Jinja Regional Hospital in Uganda between February 15, 2012 and August 29, 2013 according to the treating physician's judgement.<sup>38</sup> Children enrolled up to Oct 31, 2012 were prospectively considered as part of the derivation cohort and children included after this date as part of the validation cohort. The hospital serves a catchment area of three million people from 12 districts in mid-eastern Uganda. A plasma sample was collected at the time of emergency room presentation prior to initiation of treatment. Patients were managed according to national algorithms for the treatment of malaria, pneumonia, respiratory distress, anaemia, and hypoglycaemia (see Supplementary Information).

The study was approved by the Uganda National Council for Science and Technology, Makerere University Research Ethics Committee (Kampala, Uganda, REC Protocol # REF 2011 - 255), and the University Health Network (Toronto, Canada, REB number 12-0039-AE). The parent or caregiver of every

study participant provided written informed consent. The numbers of children screened and the number of eligible children whose parents or caregivers refused consent were recorded in a screening log, which was lost after completion of recruitment. Therefore, the exact number of eligible children whose parents or caregivers refused consent is unknown but was estimated by local research staff to be 25 or less.

## Quantification of biomarkers

Eleven of 13 biomarkers of endothelial or immune activation<sup>6-13</sup> used in our previously reported study in febrile adults<sup>14</sup> were quantified using the multiplex Luminex® platform (Luminex, Austin TX) with custom-developed reagents (R&D Systems, Minneapolis, MN)<sup>39</sup> in the 2084 children with available plasma who had been regularly discharged from hospital or had died (see Supplementary Information). sTREM-1 and sFlt-1, which ranked first and second in the analysis of the derivation cohort, sTNFR1, which ranked second after sTREM-1 in the previously reported study in febrile adults in Tanzania,<sup>14</sup> and Ang-2, which was the biomarker used for sample size considerations of the current study, were subsequently quantified using identical methods in the remaining 376 children with available plasma who were transferred or absconded. All samples were processed and analysed blinded to clinical outcome. Eight samples on each plate were performed in duplicate to ensure intra-assay consistency (coefficients of variance shown in **Supplementary Table 11**).

## Statistical analysis

The sample size consideration is described in the Supplementary Information. For the analysis of the comparative performance of all 11 biomarkers, we used logistic regression to determine the AUROC as a measure of discrimination between children who died from any cause up to 7 days and children who survived, and ranked biomarkers according to the estimated AUROC in children of the derivation cohort with an available plasma sample who had died or were regularly discharged from hospital ( $n = 1176$ ), but were neither transferred to another hospital nor absconded. Next, we ranked the 4 biomarkers according to AUROCs estimated in the complete derivation cohort of children with an available plasma sample ( $n = 1406$ ). Since the predictive value of sTREM-1 previously reported in febrile adults<sup>14</sup> was confirmed in all analyses of the derivation cohort, we identified the sTREM-1 levels in pg/mL that were associated with a negative likelihood ratio (LR-) of 0.10 and a positive likelihood ratio (LR+) of 10. A LR- of 0.10 indicates that it was 10 times less likely to find a sTREM-1 concentration at clinical presentation, lower than the associated cutoff in children who subsequently died as compared with those who survived. A LR+ of 10 indicates that it was 10 times more likely to find a sTREM-1 concentration equal to or higher than the associated cutoff in children who subsequently died as compared with those who survived.<sup>40</sup> The pre-specified targets of 0.10 for the LR- and 10 for the LR+ are considered to be associated with large, often conclusive changes from pre-test to post-test probabilities.<sup>41</sup> Likelihood ratios were preferred over predicted risks to derive cutoffs for the projected rapid triage test, as they did not depend on variations in the underlying risk of death in the studied population. Children with sTREM-1 values below the cutoff associated with a LR- of 0.10 were classified as low risk (green zone), children with sTREM-1 values above the cutoff associated with a LR+ of 10 as high risk (red zone). Remaining children were classified

as intermediate risk (yellow zone). For descriptive purposes, we also estimated LR- and LR+ for different cutoffs of sTREM-1 (see Supplementary Information). Using logistic regression, we estimated risks of in-hospital death up to 7 days in green, yellow and red zones, and predicted the association between log sTREM-1 levels and the logit of mortality up to the 99th percentile of the distribution of sTREM-1 levels, back transformed logits to probabilities and superimposed them onto the corresponding distribution of sTREM-1 levels on a logarithmic scale. Discrimination based on AUROCs, associated rankings of biomarkers, likelihood ratios associated with identified cutoffs of sTREM-1 in the derivation cohort, calibration of mortality risks in green, yellow and red zones, and calibration of mortality risks predicted from log sTREM-1 levels were internally validated in the derivation cohort based on 500 bootstrap samples with replacement,<sup>42</sup> and externally validated in the validation cohort. Calibration was defined as the agreement between observed and predicted mortality risk and assessed in calibration plots and calibration-in-the-large.<sup>42</sup> Because internal and external validations were successful, we updated the model based on the pooled data of the all children with available plasma of derivation and validation cohorts combined (n = 2460) to make full use of all available information when determining AUROCs, sTREM-1 cutoffs associated with a LR- of 0.10 and a LR+ of 10, and estimated mortality risks. Finally, we used Cox proportional hazards models and plotted time-to-event curves based on Kaplan-Meier estimates to compare in-hospital mortality from any cause up to 7 days between green, yellow and red zones in the overall population and in subgroups with and without diagnosis of malaria. In children with diagnosis of malaria, Cox models were unstable; we therefore used Poisson regression with robust standard errors to derive rate ratios. Analyses of the comparative performance of the 11 biomarkers were based on children who did not abscond, were not transferred and did not have a missing plasma sample (n = 2084). Remaining biomarker analyses were based on all children with an available plasma sample (n = 2460); children without a plasma sample (n = 42) were excluded throughout. To account for missing vital status in children who were transferred or absconded before 7 days we used multiple imputation,<sup>22</sup> with all baseline characteristics and in-hospital death up to 7 days as variables in the imputation model to create 20 imputed datasets. When deriving time-to-event curves for descriptive purposes, however, we censored children who were transferred to another hospital or absconded before 7 days at the day of transfer or abscondment. Statistical analyses were performed using Stata 15.1 (StataCorp, College Station, TX).

## Declarations

### Data availability

The data that support the findings of this study are available from the authors on reasonable request, see author contributions for specific data sets.

### Code availability

Full SATA code used in the statistical analyses and figure generation in this manuscript are available from the authors on reasonable request.

## **Acknowledgements**

We thank all the children and their caregivers from the Jinja Regional Hospital for participation in the prospective observational study, as well as all healthcare providers and medical students who assisted with study enrolment and patient follow up. This work was supported by a Collaborative Research Agreement Grant from Intellectual Ventures/Global Good (KCK and WCL), the Canadian Institutes of Health Research (CIHR) Foundation grant FDN-148439 (KCK), the Canada Research Chair Program (PJ and KCK), a CIHR Banting fellowship (AL), CIHR Postdoctoral Research Fellowship (ALC, MH), the Bill and Melinda Gates Foundation Trust through Intellectual Ventures/Global Good, and donations from Kim Kertland and the Tesari Foundation.

## **Author Contributors**

AL conceived and designed the study, performed the experiments, analysed and interpreted data, did the literature search, wrote the first draft of the report, and contributed to all revisions. ALC, MH, ROO, SN contributed to patients' recruitment, data collection, and clinical management, and contributed to all revisions. MRG, KZ contributed to performing the experiments and to all revisions. BdC analysed and interpreted data and contributed to all revisions. PJ designed the study, analysed and interpreted data, contributed to the literature search, wrote the first draft of the report, and contributed to all revisions. DB, WCL, KCK conceived and designed the study, contributed to the experiments, interpreted data, and contributed to all revisions. All authors reviewed and approved the final version of the report.

## **Competing interests**

PJ serves as unpaid member of steering group or executive committee of trials funded by Abbott Vascular, Astra Zeneca, Biotronik, Biosensors, St. Jude Medical, Terumo and The Medicines Company, has received research grants to the institution from Appili Therapeutics, Astra Zeneca, Biotronik, Biosensors International, Eli Lilly, The Medicines Company, and honoraria to the institution for participation in advisory boards and/or consulting from Amgen, Ava and Fresenius, but has not received personal payments by any pharmaceutical company or device manufacturer. KCK, WCL, and ALC are named inventors on a patent "Biomarkers for early determination of a critical or life-threatening response

to illness and/or treatment response” held by University Health Network. WCL has an Outcome Predictive Tool in Sepsis (OPTIS) patent pending.

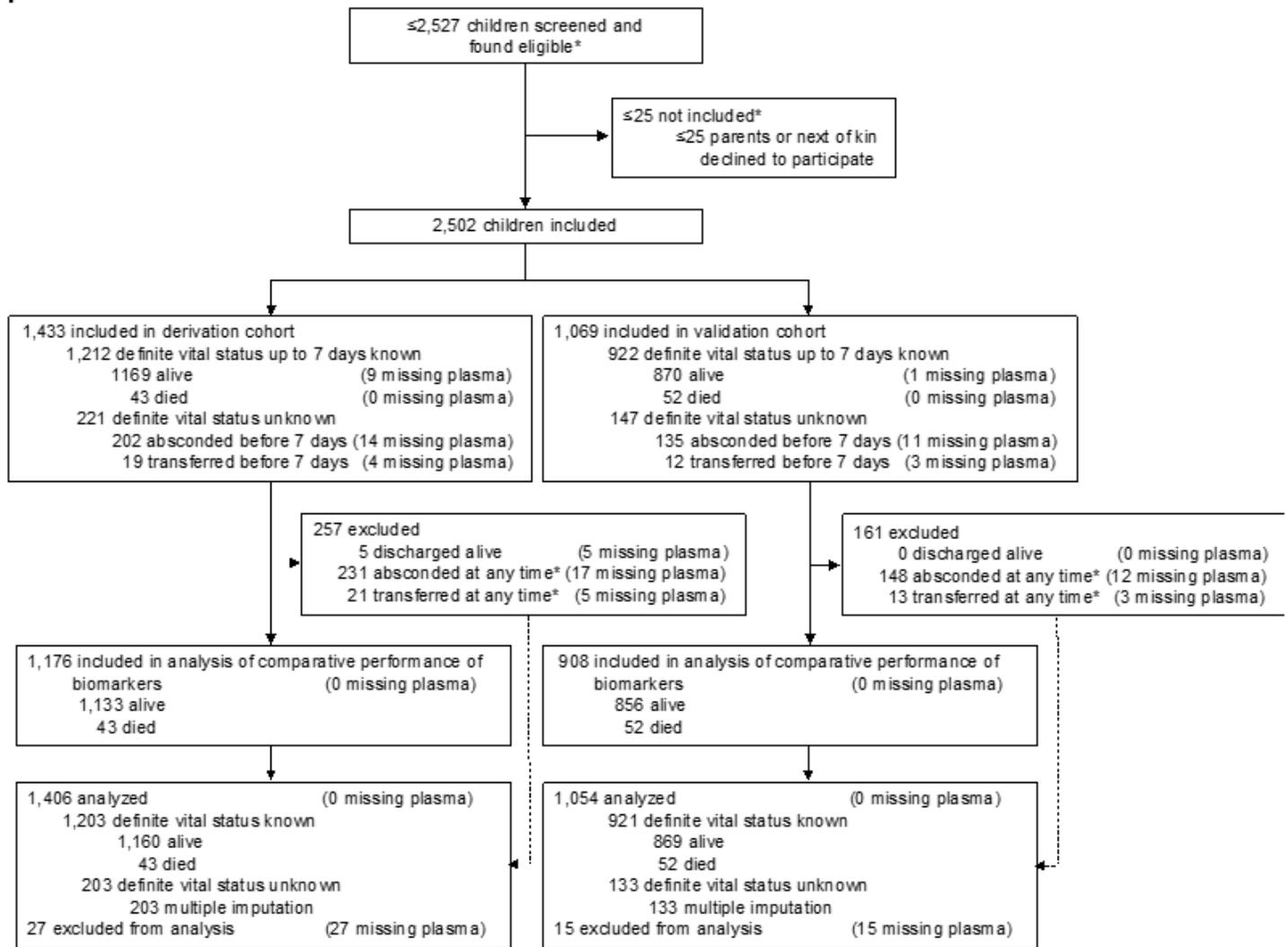
## References

1. Molyneux, E., Ahmad, S. & Robertson, A. Improved triage and emergency care for children reduces inpatient mortality in a resource-constrained setting. *Bull World Health Organ* **84**, 314–319 (2006).
2. Nolan, T., *et al.* Quality of hospital care for seriously ill children in less-developed countries. *Lancet* **357**, 106–110 (2001).
3. Rutherford, M.E., *et al.* Access to health care and mortality of children under 5 years of age in the Gambia: a case-control study. *Bull World Health Organ* **87**, 216–224 (2009).
4. Leligdowicz, A., Richard-Greenblatt, M., Wright, J., Crowley, V.M. & Kain, K.C. Endothelial Activation: The Ang/Tie Axis in Sepsis. *Front Immunol* **9**, 838 (2018).
5. Xing, K., Murthy, S., Liles, W.C. & Singh, J.M. Clinical utility of biomarkers of endothelial activation in sepsis—a systematic review. *Crit Care* **16**, R7 (2012).
6. Erdman, L.K., *et al.* Combinations of host biomarkers predict mortality among Ugandan children with severe malaria: a retrospective case-control study. *PloS one* **6**, e17440 (2011).
7. Erdman, L.K., *et al.* Chitinase 3-like 1 is induced by Plasmodium falciparum malaria and predicts outcome of cerebral malaria and severe malarial anaemia in a case-control study of African children. *Malar J* **13**, 279 (2014).
8. Mikacenic, C., *et al.* Biomarkers of Endothelial Activation Are Associated with Poor Outcome in Critical Illness. *PloS one* **10**, e0141251 (2015).
9. Hack, C.E., *et al.* Increased plasma levels of interleukin-6 in sepsis. *Blood* **74**, 1704–1710 (1989).
10. Marty, C., *et al.* Circulating interleukin-8 concentrations in patients with multiple organ failure of septic and nonseptic origin. *Crit Care Med* **22**, 673–679 (1994).
11. Ng, P.C., *et al.* IP-10 is an early diagnostic marker for identification of late-onset bacterial infection in preterm infants. *Pediatr Res* **61**, 93–98 (2007).
12. Ricciuto, D.R., *et al.* Angiopoietin-1 and angiopoietin-2 as clinically informative prognostic biomarkers of morbidity and mortality in severe sepsis. *Crit Care Med* **39**, 702–710 (2011).
13. Poukoulidou, T., *et al.* TREM-1 expression on neutrophils and monocytes of septic patients: relation to the underlying infection and the implicated pathogen. *BMC infectious diseases* **11**, 309 (2011).
14. Richard-Greenblatt, M., *et al.* Prognostic Accuracy of Soluble Triggering Receptor Expressed on Myeloid Cells (sTREM-1)-based Algorithms in Febrile Adults Presenting to Tanzanian Outpatient Clinics. *Clin Infect Dis* **70**, 1304–1312 (2020).
15. Klesney-Tait, J., Turnbull, I.R. & Colonna, M. The TREM receptor family and signal integration. *Nat Immunol* **7**, 1266–1273 (2006).
16. Valim, C., *et al.* Responses to Bacteria, Virus, and Malaria Distinguish the Etiology of Pediatric Clinical Pneumonia. *Am J Respir Crit Care Med* **193**, 448–459 (2016).

17. D'Acromont, V., *et al.* Beyond malaria—causes of fever in outpatient Tanzanian children. *N Engl J Med* **370**, 809–817 (2014).
18. Rudd, K.E., *et al.* Global, regional, and national sepsis incidence and mortality, 1990–2017: analysis for the Global Burden of Disease Study. *Lancet* **395**, 200–211 (2020).
19. Opiyo, N., Molyneux, E., Sinclair, D., Garner, P. & English, M. Immediate fluid management of children with severe febrile illness and signs of impaired circulation in low-income settings: a contextualised systematic review. *BMJ Open* **4**, e004934 (2014).
20. Molyneux, E.M. & Graham, S.M. Community management of severe pneumonia in children. *Lancet* **378**, 1762–1764 (2011).
21. Taylor, T., *et al.* Standardized data collection for multi-center clinical studies of severe malaria in African children: establishing the SMAC network. *Trans R Soc Trop Med Hyg* **100**, 615–622 (2006).
22. Sterne, J.A., *et al.* Multiple imputation for missing data in epidemiological and clinical research: potential and pitfalls. *BMJ* **338**, b2393 (2009).
23. George, E.C., *et al.* Predicting mortality in sick African children: the FEAST Paediatric Emergency Triage (PET) Score. *BMC Med* **13**, 174 (2015).
24. Pontrelli, G., *et al.* Diagnostic value of soluble triggering receptor expressed on myeloid cells in paediatric sepsis: a systematic review. *Ital J Pediatr* **42**, 44 (2016).
25. Bellos, I., *et al.* Soluble TREM-1 as a predictive factor of neonatal sepsis: a meta-analysis. *Inflamm Res* **67**, 571–578 (2018).
26. Saldir, M., *et al.* Endocan and Soluble Triggering Receptor Expressed on Myeloid Cells-1 as Novel Markers for Neonatal Sepsis. *Pediatr Neonatol* **56**, 415–421 (2015).
27. Stein, M., Schachter-Davidov, A., Babai, I., Tasher, D. & Somekh, E. The accuracy of C-reactive protein, procalcitonin, and s-TREM-1 in the prediction of serious bacterial infection in neonates. *Clin Pediatr (Phila)* **54**, 439–444 (2015).
28. Mazzucchelli, I., *et al.* Diagnostic performance of triggering receptor expressed on myeloid cells-1 and CD64 index as markers of sepsis in preterm newborns. *Pediatr Crit Care Med* **14**, 178–182 (2013).
29. Schlapbach, L.J., *et al.* Pancreatic stone protein as a novel marker for neonatal sepsis. *Intensive Care Med* **39**, 754–763 (2013).
30. Sarafidis, K., *et al.* Diagnostic utility of elevated serum soluble triggering receptor expressed on myeloid cells (sTREM)-1 in infected neonates. *Intensive Care Med* **36**, 864–868 (2010).
31. Chen, H.L., Hung, C.H., Tseng, H.I. & Yang, R.C. Soluble form of triggering receptor expressed on myeloid cells-1 (sTREM-1) as a diagnostic marker of serious bacterial infection in febrile infants less than three months of age. *Jpn J Infect Dis* **61**, 31–35 (2008).
32. Carrol, E.D., *et al.* The diagnostic and prognostic accuracy of five markers of serious bacterial infection in Malawian children with signs of severe infection. *PLoS one* **4**, e6621 (2009).

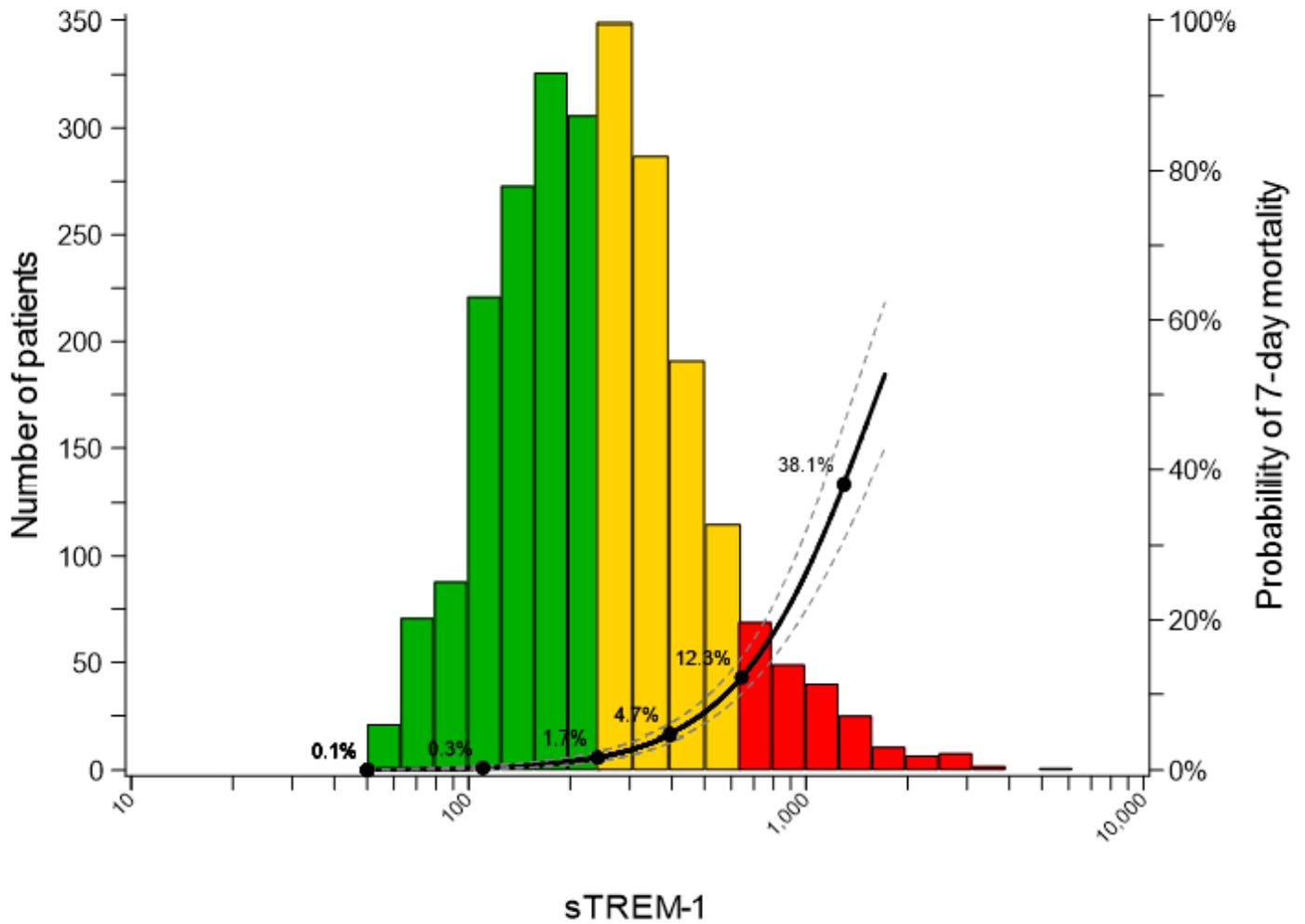
33. Kevan, E.N., Simmons, J.R., Kocoshis, S.A., Cohen, M.B. & Rudolph, J.A. sTREM-1 and LBP in central venous catheter-associated bloodstream infections in pediatric intestinal failure. *J Pediatr Gastroenterol Nutr* **53**, 627–633 (2011).
34. Miedema, K.G., *et al.* The diagnostic value of CRP, IL-8, PCT, and sTREM-1 in the detection of bacterial infections in pediatric oncology patients with febrile neutropenia. *Support Care Cancer* **19**, 1593–1600 (2011).
35. Arzanian, M.T., *et al.* Association of serum soluble triggering receptor expressed on myeloid cells levels in malignant febrile neutropenic patients with bacteremia and fungemia. *Iran J Pediatr* **21**, 301–306 (2011).
36. Arizaga-Ballesteros, V., *et al.* Can sTREM-1 predict septic shock & death in late-onset neonatal sepsis? A pilot study. *Int J Infect Dis* **30**, 27–32 (2015).
37. Adly, A.A., Ismail, E.A., Andrawes, N.G. & El-Saadany, M.A. Circulating soluble triggering receptor expressed on myeloid cells-1 (sTREM-1) as diagnostic and prognostic marker in neonatal sepsis. *Cytokine* **65**, 184–191 (2014).
38. Conroy, A.L., *et al.* Prospective validation of pediatric disease severity scores to predict mortality in Ugandan children presenting with malaria and non-malaria febrile illness. *Crit Care* **19**, 47 (2015).
39. Leligdowicz, A., *et al.* Validation of two multiplex platforms to quantify circulating markers of inflammation and endothelial injury in severe infection. *PloS one* **12**, e0175130 (2017).
40. Jaeschke, R., Guyatt, G.H. & Sackett, D.L. Users' guides to the medical literature. III. How to use an article about a diagnostic test. B. What are the results and will they help me in caring for my patients? The Evidence-Based Medicine Working Group. *JAMA* **271**, 703–707 (1994).
41. Furukawa, T.A., Strauss, S.E., Bucher, H.C., Thomas, A. & Guyatt, G. Diagnostic Tests. in *Users' Guides to the Medical Literature: A Manual for Evidence-Based Clinical Practice* (eds. Gordon Guyatt, Drummond Rennie, Maureen O. Meade & Cook, D.J.) 419–438 (McGraw-Hill, New York, 2014).
42. Steyerberg, E.W. *Clinical Prediction Models: A Practical Approach to Development, Validation, and Updating*, (Springer, New York, NY, 2009).

## Figures



**Figure 1**

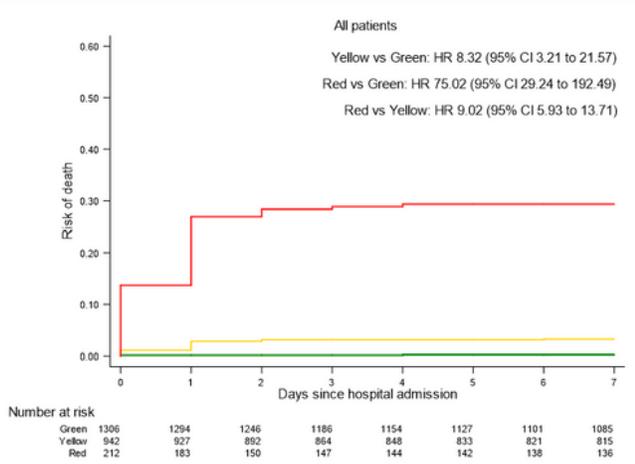
Flow of consecutively enrolled children in the prospective cohort and included in analysis. The numbers of children screened and the number of eligible children whose parents or caregivers refused consent were recorded in a screening log, which was lost after completion of recruitment. Therefore, the exact number of eligible children whose parents or caregivers refused consent is unknown but was estimated by local research staff to be  $\leq 25$ . In the derivation cohort, 29 children absconded after 7 days and 2 children were transferred after 7 days; in the validation cohort, 13 children absconded after 7 days and 1 child was transferred after 7 days; by definition, the vital status up to 7 days was known for these children, but they were excluded from the analysis of comparative performance of biomarkers.



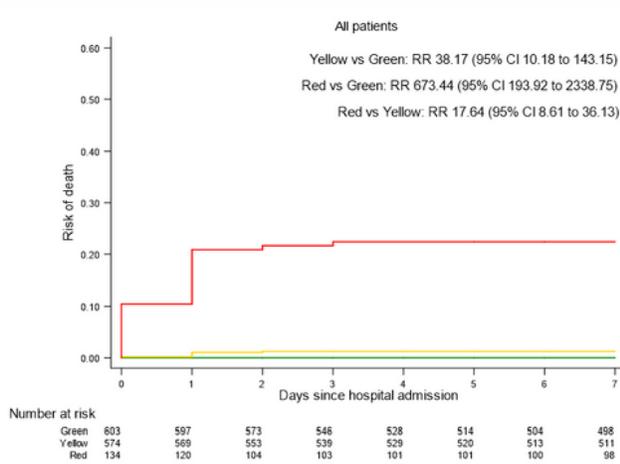
**Figure 2**

Distribution of sTREM-1 at presentation with predicted probability of 7-day mortality in the combined cohort. Histogram refers sTREM-1 distribution. Negative and positive Likelihood Ratios (LRs) in the derivation and validation cohorts combined were used to risk-stratify febrile children: “green” zone: low risk (LR- of 0.10, sTREM-1 <239 pg/mL), “yellow” zone: refer and monitor (sTREM-1 ≥239 pg/mL and <629 pg/mL), “red” zone: urgent admission/support (LR+ of 10, sTREM-1 ≥629 pg/mL)

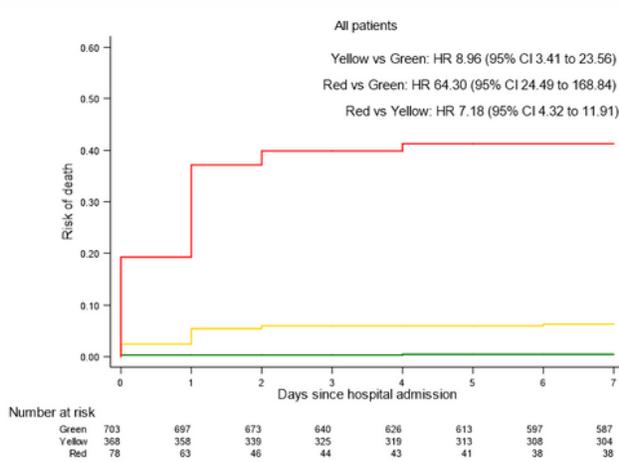
**a. Combined cohorts**



**b. Children with malaria**



**c. Children without malaria**



**Figure 3**

Time-to-event analyses in the combined cohort (a), in the subgroup of children with malaria (b), and without malaria (c), stratified into the “green”, “yellow”, “red” sTREM-1 zones. sTREM-1 cutoff values were generated using a LR- of 0.10 (<239 pg/mL) and LR+ of 10 (≥629 pg/mL) derived in the derivation and validation cohorts combined corresponding to the mortality risk zones.

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [NatCommSupplementaryInformation20200824.docx](#)