

Comparison of two end-to-end continuous sutures for intestinal anastomoses in dogs.

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1 **Title**

2 Comparison of two end-to-end continuous sutures for intestinal anastomoses in dogs.

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19

20 **Abstract**

21 **Background:** Single-layer appositional closures are preferred to inverting or evertting patterns, as sub-
22 mucosal apposition has been shown to promote primary healing of the intestinal wall, whereas inverted
23 or everted closures require second-intention healing and can increase the risk of luminal stenosis or
24 anastomosis site leakage. There are different suture patterns available, but relatively few studies com-
25 paring these aspects have been published.

26 The aim of this study was to compare two suture techniques for end-to-end anastomosis of the canine
27 intestine (jejunum and colon): handsewn intestinal anastomosis by appositional simple continuous su-
28 ture and inverting Cushing suture. The objectives of this study were to investigate 1.) whether the type
29 of suture influences the specific effort to which the anastomosis site is submitted to, 2.) whether the
30 anastomosis technique influences the diameter of the intestinal lumen and 3.) survival and complication
31 rates in canine clinical cases undergoing end-to-end anastomoses.

32 **Results:** The equilibrium angle for implanting the sutures in an anastomosis is 35°, aspect completely
33 fulfilled by the simple continuous suture. The efforts to which sutures are submitted to in anastomoses
34 are minimal for the Cushing suture. The difference in size of the anastomoses' lumen between simple
35 continuous suture and the Cushing suture are minimal, without being statistically relevant. The differ-
36 ences between the lumen of the anastomoses performed using PDS and those performed using PGA are
37 not statistically relevant.

38 The retrospective analysis of the outcome for 676 dogs (clinical cases) that underwent intestinal resec-
39 tion and anastomosis reveals that the dehiscence rate was 1.48%, out of which 1.18% following simple
40 continuous anastomoses, and 0.3% following Cushing anastomoses. Narrowing of the intestinal lumen
41 due to anastomotic healing was not registered.

42 **Conclusions:** Use of the Cushing suture should be considered for performing an end-to-end intestinal
43 anastomosis, although more studies are required to determine if there are any clinically significant dif-
44 ferences between the sutures investigated in this study.

45 **Keywords:** Dog, End-to-end anastomosis, Colon, Jejunum, Cushing suture, Simple continuous suture.

46

47 **Background**

48 Intestinal resection and anastomosis is commonly performed in veterinary patients for treatment of
49 intestinal foreign bodies, intestinal perforation, devitalized tissue secondary to vascular compromise,
50 intestinal neoplasia, or intussusception and in patients that require revision of prior intestinal surgery [1,
51 2]. The potential major complications of intestinal anastomosis are leakage at the anastomosis site and
52 luminal stenosis [1, 3, 4, 5, 6, 7, 8, 9, 10]. The anastomosis technique used may influence the diameter of
53 the intestinal lumen, as well as the intraluminal pressure and the ability to withstand the normal peri-
54 stalsis, with leakage or stenosis at the anastomosis site being the main postoperative complications.

55 A variety of surgical techniques for intestinal anastomosis has been described and analysed [11, 12, 13,
56 14, 15, 16, 17, 18, 19, 20, 21].

57 In veterinary medicine, a single-layer **appositional handsewn anastomosis** is preferred. Single-layer
58 appositional closures are preferred to inverting or evertng patterns, as submucosal apposition has been
59 shown to promote primary healing of the intestinal wall, whereas inverted or everted closures require
60 second-intention healing and can increase the risk of luminal stenosis or anastomosis site leakage, re-
61 spectively [2, 3, 4, 5, 6, 7, 9, 10, 22, 23, 24, 25].

62 Outcomes following the use of interrupted and continuous suture patterns have been evaluated, and
63 the incidence of leakage is comparable between these methods [13]. Other studies [3, 23, 26] show that

64 **inverted sutures** (Halstead interrupted sutures and Cushing suture) cause much less dehiscence com-
65 pared to appositional or evertng suture techniques.

66 Although bursting pressure and tensile strength have long been measured to evaluate anastomotic
67 techniques [9, 14, 26, 27, 28, 29, 30, 31], no correlation was found between the bursting pressure and
68 the tensile strength in the critical postoperative period [32, 33].

69 True approximation (appositional) with intestinal closure, however, is infrequent; eversion is seen histo-
70 logically in 66% of simple interrupted closures. Eversion, inversion, or misalignment of tissue are seen in
71 38% of simple continuous closures [10, 14, 24, 34]. A study of the lumen narrowing by the inverted
72 anastomotic flange showed, by gross estimate, an average of 54% for the Standard, 39% for the Halsted,
73 4% for the Gambee and 3% for the Navy suture [3].

74 The use of surgical **stapling devices** for intestinal anastomosis have also been described. There are sev-
75 eral variants of realization: **evertng** – end-to-end anastomosis using a triangulation technique and linear
76 stapler (*TA -thoracoabdominal*) [35]; **inverting-evertng** - functional end-to-end stapled anastomosis –
77 FEESA [1, 18, 36, 37, 38, 39, 40, 41]; **inverting** - circular EEA Staplers [17, 42] and **skin staples approxi-**
78 **mating** anastomoses [14, 43, 44, 45, 46]. The intestinal staplers do induce inversion or eversion [2, 15,
79 47].

80 In a functional end-to-end anastomosis, inversion is created when using a linear cutting stapler (GIA
81 stapler) and eversion when using a TA. This is the preferred technique for small intestinal anastomosis
82 because the resulting stoma is larger than the original, and disparity in luminal size is easily accommo-
83 dated [1, 18, 36, 37, 38, 39, 40, 41].

84 Inverting End-to-End Stapled Anastomoses produced significant luminal stenosis [17]. Evaluation of end-
85 to-end skin stapled anastomosis dehiscence rates were similar to previously reported outcomes follow-
86 ing resection and anastomosis in dogs [48].

87 The paucity of prospective veterinary literature regarding appropriate staple size and contraindications
88 for use may, in part, play a role in the development of postoperative complications [2].

89 When comparing skin stapler end-to-end jejunal anastomosis to simple interrupted handsewn anasto-
90 mosis, no differences in bursting strength, healing, or compromise of luminal diameter were apprecia-
91 ted, despite being an inverting-evertting anastomosis [14].

92 In human medicine the evidence found was insufficient to demonstrate any superiority of stapled over
93 handsewn techniques in colorectal anastomosis surgery [49, 50].

94 The aim of this study was to investigate comparatively two suture techniques for end-to-end anastomo-
95 sis of the canine intestine (handsewn intestinal anastomosis by appositional simple continuous patterns
96 and inverting Cushing closure).

97 The objectives of this study were to investigate 1.) whether the type of suture influences the specific
98 effort to which the anastomosis site is submitted to, 2.) whether the anastomosis technique influences
99 the diameter of the intestinal lumen and 3.) survival and complication rates in canine clinical cases un-
100 dergoing end-to-end anastomoses.

101 We began from the hypothesis that end-to-end handsewn intestinal anastomosis by appositional simple
102 continuous patterns and inverting Cushing closure offer different results regarding strength and main-
103 taining a normal intestinal lumen. We also hypothesized that postoperative complications would be
104 correlated with the type of suture used to perform end-to end anastomoses.

105 **Results**

106 The load with interior pressure (p) of an intestinal loop (flexible tube) leads to both circumferential (T_1)
107 and longitudinal (T_2) efforts, calculated using the formulas: $T_1 = \frac{pD}{2}$ $T_2 = \frac{pD}{4}$, where D is the tube's
108 diameter.

109 The mathematic relation: $\frac{T_1}{T_2} = \frac{1}{2} = \tan 2\beta$, ties the efforts' intensities (circumferential and longitudinal) to

110 which the intestine is submitted to.

111 Given these conditions, the value of the angle formed by the placement of the sutures with the circum-
112 ferential direction (longitudinal axis of the intestine – y) called **implantation angle** (elevation) - β is
113 $35^\circ 20'$.

114 Thus, the internal pressure can be supported by the sutures only if they form a $35^\circ 20'$ implantation an-
115 gle with the circumferential direction.

116 The vectorial scheme (Fig. 1) of the sutures' passing, considering the three techniques evaluated, reveals
117 an implantation angle of approximately 35° for the simple continuous suture, 45° for the Cushing suture,
118 and $0-10^\circ$ for simple interrupted sutures respectively.

119 From the vectorial calculation of the effective specific effort (Tef) of the anastomoses ends, for the
120 Cushing suture results the following relationship: $R = \sqrt{F_1^2 + F_2^2}$, which, according to Pythagoras' Theorem
121 results in $R^2 = F_1^2 + F_2^2 + 2F_1F_2 \cos \alpha$

122 $\alpha = 90^\circ$ and $\cos \alpha = 0^\circ$, thus: $R = \sqrt{F_1^2 + F_2^2}$

123 For the simple continuous suture: $R = \sqrt{F_1^2 + F_2^2}$

124 $R^2 = F_1^2 + F_2^2 + 2F_1F_2 \cos \alpha$

125 $0^\circ < \alpha < 90^\circ$ and $\cos \alpha > 0^\circ$

126 By comparing the vectorial relationships for the two sutures, it can be observed that to the sum:

127 $F_1^2 + F_2^2$, a value depending on α is added. In these conditions, $R < R'$. The orientation direction is dif-
128 ferent for the two results, R' being closer to the Y axis, which is why the section (A') to which it is ap-
129 plied, is smaller than section A, $A > A'$. The effective specific effort calculated for the two situations is:

130 $Tef_1 = \frac{R}{A}$ $Tef_2 = \frac{R'}{A'}$, resulting that $Tef_1 < Tef_2$.

131 The effort to which sutures are placed in an anastomose (N) was determined using the relation:

132 $N = \frac{3}{4} p D \frac{t}{n}$, where "p" is the interior pressure, "D" is the intestinal diameter, "t" is the distance between

133 vectorial forces' results, "n" is the number of suture layers.

134 By comparing the calculation elements of the studied suture, it results that given the same distance

135 between sutures, „t” has different values, the relationship being T1<T2<T3, where T1 – Cushing suture,

136 T2 – simple continuous suture, T3 – simple interrupted suture. In these conditions, the efforts to which

137 sutures are submitted to in anastomoses (N) are minimal for the Cushing suture.

138 The data obtained by measuring **the anastomoses ends' diameters** reveals that the single-layer simple

139 continuous suture reduces the least the jejunum lumen diameter ($12.55 \pm 4.55\%$) and colon diameter

140 ($9.32 \pm 2.27\%$) (Fig. 2).

141 The inverting Cushing sutures maintains the jejunal lumen in the 78.6 – 88.9% range and the lumen of

142 the colon in the 83.5-89.9% range (Fig. 3). The differences between the diameter of the simple continu-

143 ous suture anastomoses' lumen and the Cushing ones are minimal (Fig. 4 and Fig. 5), without being sta-

144 tistically relevant ($p = 0.630$ for the jejunum and $p=0.632$ for the colon after t-test, and $p=0.322$ for the

145 jejunum and $p=0.404$ for the colon after applying the Independent samples Kruskal-Walis Test).

146 The differences between the lumen of the anastomoses performed using PDS and those performed us-

147 ing PGA, analysed applying the t-test, are not statistically relevant for anastomoses in simple continuous

148 suture ($p=0.966$ for jejunum and $p=0.686$ for colon) and Cushing suture ($p=0.698$ for the jejunum and

149 $p=0.705$ for the colon).

150 A retrospective analysis of 676 intestinal resections and end-to-end anastomoses performed in the Fa-

151 culty of Veterinary Medicine between 1990 and 2020, reveal that 262 were conducted using simple con-

152 tinuous sutures and 414 using Cushing sutures.

153 Specific mortality: number of deaths due to anastomotic complications was 3/14.

154 Overall anastomotic dehiscence: total number of anastomotic dehiscence (evidenced by clinical and/or
155 radiological findings) was 10 (3 jejunum and 7 colons; 8 following simple continuous sutures and 2 fol-
156 lowing Cushing suture). In our study, the dehiscence rates for canine anastomoses were 1.48%, out of
157 which 1.18% were following simple continuous anastomoses, and 0.3% following Cushing anastomoses.
158 Stricture (narrowing in the bowel lumen due to anastomotic healing - evidenced by clinical and/or radio-
159 logical findings) was not registered.

160 Reoperation: surgical re-intervention rate for anastomotic complication was 10/14.
161 The 14 anastomotic complications consisted in 10 dehiscences, out of which 4 had generalized periton-
162 itis, and 4 had adherrential complications at the anastomosis site between 14 and 28 days, (4 jejunum –
163 all following simple continuous sutures).

164 **Discussion**

165 Our hypothesis that the two types of sutures offer different results in terms of strength and anastomosis diameter
166 has not been confirmed, there was no significant difference ($p>0.05$).

167 The inclusion of the mathematical model for calculating the strengths of the anastomoses, instead of biomechani-
168 cal testing of bursting pressure, was determined by the observations according to which no correlation was found
169 between bursting pressure and tensile strength in the critical postoperative period [32, 33].

170 According to the elasto-plastic deformations theory of rubber tubes [51], when the elevation (implantation) angle
171 of the wires in a flexible tube (intestine) differs from the equilibrium value ($\beta=35^{\circ}20'$), the tube will deform under
172 the influence of the internal pressure up until the implantation angle is close to the equilibrium value.

173 Our hypothesis is that this phenomenon also occurs in intestinal anastomoses, which suggests that loops sutured
174 using simple interrupted sutures or those performed using skin staples, will undergo the highest deformity when
175 compared to those performed using continuous sutures.

176 The practical significance of rearranging the sutures towards the equilibrium value of the implantation angle con-
177 sists in a higher risk of internal trauma to sutured ends, with consequences upon the watertightness of the sutures,
178 the healing time and maintaining the lumen of the anastomosis site.

179 Direct comparison between the simple interrupted and continuous sutures in foreign body obstructions in dogs
180 revealed no significant difference in postoperative dehiscence rate, in spite of reduced handling of the tissues,
181 mucosal eversion, formation of adherences and that of a better apposition accomplished using a simple continu-
182 ous technique [13, 34].

183 Anastomoses performed using intestinal staplers do induce inversion or eversion, with stapple implanting being
184 performed at a $\beta=45^\circ$ angle, similar to that of the Cushing suture. Recently, re-evaluation of this technique beyond
185 initial reports has demonstrated reduced dehiscence rates for canine anastomoses (4.8%) [44] and enterotomies
186 (1.2%) [48], when compared to handsewn and auto-stapled techniques.

187 Coolman [14], who compared simple interrupted handsewn anastomosis with intestinal anastomoses with skin
188 staples (implantation angle of 0-10° for both techniques) concluded that there is no difference in bursting strength,
189 healing, or compromise of luminal diameter. However, there are studies which prove that the staple and crushing
190 anastomosis techniques caused significantly less reduction in luminal radius than the inverting anastomosis tech-
191 nique [52].

192 Our data show that the inverting Cushing suture withstands higher luminal pressures.

193 According to the elasto-plastic deformations theory, suture implantation at an angle smaller than $\beta = 35^\circ 20'$, the
194 intestine stretches and shrinks in diameter, and if the suture implantation is performed at an angle greater than
195 the equilibrium value (Cushing suture - $\beta=45^\circ$), under the action of pressure, the intestine will shorten and become
196 wider. This phenomenon has also been suggested to be similar to the physiological response to increased intra-
197 luminal pressures [53]. These aspects could explain statistically non-significant differences obtained in our study
198 when comparing the diameters of simple continuous sutured anastomoses and Cushing sutured anastomoses,
199 even though Bellenger [22] states that inverting suture patterns result in greater narrowing of the intestinal lumen
200 in dogs and cats.

201 The data we obtained by measuring the diameters of the anastomoses ends reveal that single-layer simple contin-
202 uous suture causes the least reduction in intestinal lumen diameter, which confirms the statements of Harder and
203 Vogelbach [54], who, in a study on 100 cases, encounter a stenosis rate of <1%.

204 The greater elasticity of simple continuous anastomoses calibre was explained by Max et al. [55] using the „coiled
205 spring“ effect. The potentially stenosing effect of inverting sutures is stated in the specialty literature as high,
206 compared to approximating (appositional) sutures. The minimum differences recorded in this study can be ex-
207 plained by the double spiral spring arrangement of the Cushing suture (Fig. 6). This arrangement gives the anasto-
208 mosis a compensatory increased elasticity to the reduction calibre caused by the inversion. The main shortcoming
209 of the single-layer Cushing suture is the greater amount of suture material incorporated in the anastomosis, which
210 may lead to a stenosing scaring ring.

211 Similar results regarding anastomoses sutured using polydioxanone (PDS) and polyglycolic acid (PGA) were also
212 obtained by Kirpensteijn et al. [56], who showed no significant differences between the two suture materials, ob-
213 served for most of the macroscopic or histological variable. Polyglactin 910 and polyglycolic acid are braided and
214 retain good tensile strength for up to 28 days. Vicryl is commonly used for intestinal anastomosis in humans with
215 good published success and is popular in Europe for veterinary use. In North America, monofilament sutures such
216 as PDS and polyglyconate (Maxon) are more commonly used [10].

217 The clinical assessment shows a long-term survival rate of 97% after single-layer end-to-end anastomoses.
218 The most frequent postoperative complications of digestive anastomoses (small intestine and colon) in dogs are
219 fistulas-dehiscence and stenosis [57, 58]. Other studies [3, 23, 26] reveal that inverting sutures (Halsted and Cush-
220 ing) lead to fewer dehiscences, compared to evertng or approximating sutures. Compared to anastomotic dehis-
221 cence rates reported to be as high as 28% [14, 18, 25, 59, 60, 61, 62, 63, 64, 65], the dehiscence rate in the present
222 study was 1.48%. The mathematical analysis for the calculation of anastomosis' strength carried out in this study
223 offered the possibility to explain why the Cushing suture performed better under intraenteric postoperative pres-
224 sures than the appositional continuous suture.

225 Adhesions were more common after single-layer appositional and evertng suture patterns for end-to-end anas-
226 tomosis in dogs and horses [4, 24, 66], although in the specialty literature it is shown that only evertng patterns
227 are more likely to elicit adhesion formation [4, 5, 67, 68]. A single-layer simple interrupted approximating suture
228 may hold the potential stenosing risk, following adhesion formation between foreign bodies and sutures [69]. Our

229 choice of an inverting or simple appositional continuous suture pattern and of small and less reactive suture mate-
230 rials may prevent this complication.

231 In dogs, single-layer opposing suture patterns have the advantages of excellent apposition of intestinal layers,
232 maintenance of adequate luminal diameter, fast and simple execution and biomechanical resistance sufficient to
233 withstand the physiological pressures produced in the bowel of this species [14, 33, 34, 39]. The results we ob-
234 tained with the Cushing suture have been associated with fewer short-term issues than continuous appositional
235 suture and have been suggested to be superior to other single-layer appositional techniques, in which the mucosa
236 tends to evert.

237 Some limitations of our study are the use of cadaver material and the fact that all surgeries were performed by a
238 single surgeon with more than 15 years of experience. Whilst this was done to minimize random error, the findings
239 in this study might be affected by the surgeon's individual technique and experience. Enrolling multiple surgeons
240 may reduce the bias of surgeon preference in future studies.

241 **Conclusions**

242 The equilibrium angle for implanting the sutures in an anastomosis is 35°, aspect completely fulfilled by simple
243 continuous suture. Comparative determinations of the effort to which the anastomoses ends and sutures respec-
244 tively, are submitted to, reveal the superiority of the Cushing suture, compared to simple continuous suture. Both
245 suture techniques influence the intestinal diameter without any significant statistical differences when compared
246 to one another. Retrospective analysis of the clinical cases reveals that the type of sutures used influences neither
247 success of the suture, nor the number of dehiscences. Therefore, use of the Cushing suture or a simple apposition-
248 al continuous pattern should be considered for performing an end-to-end anastomosis, although more clinical
249 studies are required to determine if these differences are clinically significant.

250 **Methods**

251 This option was chosen because in existing bursting pressure studies there is no explanation as to why
252 some single-layer sutures withstand higher pressures than others do, or even why single-layer sutures
253 withstand higher pressures than the double-layer sutures.

254 In order to calculate the **strengths of the anastomoses**, we used as a mathematic model, formulas used
255 to determine constructive parameters for flexible tubes made out of rubberized cloth [51], a choice
256 based on existent analogy with the intestinal layers (serosa, muscularis, submucosa and mucosa) and
257 the carcase of a rubberized cloth tube (glossy rubber coating, elastic rubber, rubber-impregnated textile
258 yarn cord, slip rubber coating). In both situations, the resistance layers – submucosa, and the yarn cord
259 – occupy the same position and are submitted to the same types of effort. The yarn cord was similar to
260 the sutures placed in an anastomosis.

261 Mathematic corelations were conducted for end-to-end handsewn anastomosis (appositional simple
262 continuous patterns, simple interrupted) and Cushing continuous closure.

263 We determined the *equilibrium angle* of suture placement, the effective specific effort to which the
264 anastomosis ends were submitted to and the *exerted effort* upon the sutures placed in an anastomosis.
265 The canine cadavers originated from patients that either succumbed due to untreatable medical condi-
266 tions, or were euthanized due to medical conditions, unrelated to the gastrointestinal tract. The time
267 between death or euthanasia of animals and intestinal anastomosis realization ranged from 4 - 48 hours.

268 All intestinal (jejunal and colonic) segments were collected from 26 dogs (13 females, 13 males, all
269 mixed breed), with weights ranging from 12 to 35 kg ($22.5 \text{ kg} \pm 4.9 \text{ kg}$) and reported ages ranged from 1
270 - 7 years ($3.4 \text{ years} \pm 1.7 \text{ years}$), the number of anastomoses per session ranging from 1 to 12 (median
271 6.5 anastomoses).

272 Within 1-2 hours of euthanasia or death, the gastrointestinal tract was examined to confirm there were
273 no gross abnormalities present. Animals with intestinal diseases were excluded from the study.

274 The jejunum and colon were then harvested. Ingesta was milked towards the transected stumps. Jejunal
275 and colon segments were stored at 4 °C until utilized. Each specimen had a length of 40-60 mm.
276 The jejunal and colonic segments from each cadaver were randomly allocated and equally distributed
277 amongst the 2 groups (Table 1). A total of 216 anastomoses were performed.

278

279 Table 1 Lumen diameter of jejunum and colon segments and numerical distribution by groups

End-to-end intestinal anastomosis	Normal lumen diameter (mm)			Groups of single- layer suture techni- ques	Number of anastomoses (n)	Suture materials Groups	
	Mean	St Dev	CI 95%			PGA (n)	PDS (n)
Jejuno- jejunal	11.11	±1.809	10.61- 11.60	Simple, continuous appositional suture	54	27	27
				Inverting Cushing suture	54	27	27
Colo-colonic	13.33	±1.763	12.85- 13.81	Simple, continuous appositional suture	54	27	27
				Inverting Cushing suture	54	27	27

280 Legend: n Sample size, Mean, St Dev Standard Deviation, CI confidence interval, PGA Polyglycolic acid,

281 PDS Polydioxanone

282 **Anastomosis construction**

283 We conducted end-to-end anastomoses (jejunal and colonic) on canine cadavers, using two techniques
284 (simple appositional suture, and inverting Cushing suture respectively). We conducted 108 jejunal anas-
285 tomoses and 108 colonic anastomoses, out of which 54 consisted in simple approximating suture and 54
286 consisted in inverting Cushing suture on each intestinal segment. All 216 were performed by the same
287 surgeon. The intestinal stumps were fixed using two Doyen intestinal clamps. Intestinal segments were

288 sharply transected using Metzenbaum scissors. Stay sutures were placed at the mesenteric and an-
289 timesenteric borders of each portion of transected jejunal or colonic segment to allow the assistant to
290 apply tension to appose the intestinal portions as required during the anastomosis. The anastomosis
291 began on the mesenteric border by applying an "U" suture to enclose the portion between the mesen-
292 teric sheaths. Suture bites were taken approximately 2–3 mm from the incised edge.
293 For each group, we used 1.5 m (4-0) with Atraloc, 22 mm needle, Poliglicolic acid - Vicryl - Poliglactin 910
294 -Ethicon USA) (27+27) and 1.5 m (4-0) with Atraloc, 22 mm needle, Polydioxanone – PDO- Biosintex Ro-
295 mania (27+27).

296 **Determining the diameter of the anastomoses (mm)**

297 Determination of the diameter of the anastomoses (mm) was accomplished using callipers and by direct
298 measuring of the intestinal lumen immediately after each anastomosis was completed. For interpreta-
299 tion purposes, the average diameter of the anastomoses was referred to as a percentage of the normal
300 intestinal diameter for each suturing technique.

301 **Medical records** from the Faculty of Veterinary Medicine, Timisoara, Romania were retrospectively
302 evaluated to identify all dogs that underwent intestinal resection and anastomosis between January 1,
303 1990, and December 31, 2020. Including criteria into the study where dogs with jejunum or colon resec-
304 tion and end-to-end anastomosis by simple continuous or Cushing sutures, performed for the treat-
305 ment: of intestinal perforation, devitalized tissue secondary to vascular compromise, and intussuscep-
306 tion. Dogs that underwent multiple concurrent anastomoses, those lost to follow-up (information not
307 available either by review of the medical record or through telephone contact with the owner or refer-
308 ring veterinarian), and those that died or were euthanized in the postoperative period for reasons unre-
309 lated to anastomotic failure were also excluded. The anastomoses were performed by two experienced
310 surgeons. The choice of suturing technique was based on the experience of both surgeons, with contin-

311 uous appositional suturing being preferred for small dogs (<10 kg) and Cushing suture in dogs weighing
312 more than 10 kg.

313 Types of outcome measures were: a) Specific mortality: number of deaths due to anastomotic complica-
314 tions; b) Overall anastomotic dehiscence: total number of anastomotic dehiscences (evidence by clinical
315 and/or radiological findings); c) Stricture: narrowing of the intestinal lumen due to anastomotic healing
316 (evidence by clinical and radiological exam); d) Reoperation: surgical re-intervention for anastomotic
317 complications.

318 **Statistics**

319 Descriptive statistics for the cadavers, intestinal segments, number of anastomoses in each group, num-
320 ber of sutures placed and time between euthanasia and testing were calculated and reported as mean ±
321 standard deviation (SD).

322 The data was statistically calculated using IBM SPSS Statistic Version 23 and Minitab Release 14.20.

323 For analysing the diameters of jejunal and colonic anastomoses, performed using two suturing tech-
324 niques (simple appositional suture, and inverting Cushing suture respectively), we used two-sample T-
325 test (parametric test), Kruskal-Walis Test (non-parametric test) and 95% confidence intervals. Values of
326 P < 0.05 were considered significant.

327 We also used the parametric t-test for comparative analysis of the influence the suture material (PGA vs
328 PDS) has over the two techniques used to perform the jejunum and colonic anastomoses (simple apposi-
329 tional suture, and inverting Cushing suture respectively). The significance level is p=0.05.

330 For our clinical casuistry, we compared the occurrence frequencies (dehiscence, adherences, second
331 surgeries, mortality, success) in relation to the type of suturing technique used (simple appositional su-
332 ture, and inverting Cushing suture respectively) and the intestinal segment (jejunum and colon). We
333 used the independence and homogeneity χ^2 test, linked to the frequencies of presentation of such cas-

334 es. The categories are comprehensive and mutually exclusive: any subject may belong to one category
335 and one alone.

336 **List of abbreviations**

337 **TA:** thoracoabdominal

338 **FEESA:** functional end-to-end stapled anastomosis

339 **EEA:** end-to-end anastomosis

340 **GIA:** gastrointestinal anastomosis

341 **PDS:** polydioxanone

342 **PGA:** polyglycolic acid

343 **PDO:** polydioxanone

344 **Figure legends**

345 **Fig. 1** Distribution of circumferential and longitudinal forces (efforts) to which the anastomosed intesti-
346 ne is subjected to.

347 Sub-figure **I** depicts efforts in case of Cushing Type suture. Sub-figure **II** depicts efforts in case of simple
348 continuous suture.

349 Legend:

350 **X** and **Y** represent cartesian coordinates in which **Y** represents the longitudinal axis of the intestine; **D**
351 and **D'** are the diameters of the intestine; **B** and **B'** represent the areas of the intestinal lumen; **A** and **A'**
352 are the sections to which **R** applies; **R** and **R'** are the action resultants of the vector forces **F1**, **F1'**, **F2** and
353 **F2'**; **β** represents the suture implantation angle and **α** represents the angle formed by the vector forces
354 **F1** and **F2**.

- 355 **Fig. 2** Percentage of lumen reduction - single-layer simple continuous suture.
- 356 Mean ± St dev
- 357 **Fig. 3** Percentage of lumen reduction - Cushing continuous suture.
- 358 Mean ± St dev
- 359 **Fig. 4** Ex-vivo, variation of jejunal lumen size after anastomosis.
- 360 Variation of jejunal lumen size under the influence of end-to-end anastomoses by single-layer simple
- 361 continuous suture and single-layer inverting Cushing suture.
- 362 **Fig. 5** Ex-vivo, variation of colon lumen size after anastomosis.
- 363 Variation of colonic lumen size under the influence of end-to-end anastomoses by single-layer simple
- 364 continuous suture and single-layer inverting Cushing suture.
- 365 **Fig. 6** Disposition of suture thread.
- 366 Sub-figure **a** depicts the simple continuous suture before and after the increase of intra-intestinal pres-
- 367 sure.
- 368 Sub-figure **b** depicts the Cushing suture before and after the increase of intra-intestinal pressure.
- 369 **Additional Files Legends**
- 370 **Additional file 1** of The lumen diameter simple continuous versus Cushing suture. Raw data collected in
- 371 this study. The data included in this document represent the basis for the statistical analysis.
- 372 **Additional file 2** of The statistic lumen diameter. Results of the statistical analysis are presented here.
- 373 **Additional file 3** of The consent for medical or surgical procedures.
- 374 **Additional file 4** of The cooperation agreement university - individual person (owner).
- 375 **Additional file 5** of The clinical objective exam sheet - Surgery_ Hospital_Discharge. Document tem-
- 376 plates from this file are those based on which we conducted the retrospective clinical study.

377 **Declarations**

378 • **Ethics approval and consent to participate**

379 Approval for the use of cadavers for research was obtained from the University of Agricultural
380 Sciences and Veterinary Medicine from Banat Administration Council and Animal Ethics Commit-
381 tee. The Bioethics Commission is an independent body, appointed within the USAMVBT based
382 on the decision of the Board of Directors no. 4316 of 24.06.2016 and the decision of the Univer-
383 sity Senate no. 4425 of 29.06.2016 following the MENCS address no. 87857 of 13.06.2016,
384 <https://www.usab-tm.ro/utilizatori/calitate/file/regulamente/R084.pdf>

385 • **Consent for publication**

386 Informed consent was given by the owner of all dogs for all the procedures and treatments. This
387 comprised a written consent form, read and signed by the owner when dogs were admitted to
388 the Clinical Veterinary University hospital between 2016-2020 (**Additional file 3**), and a verbal
389 consent between 1990-2016. The written consent is attached as additional information (**Addi-**
390 **tional files 4**).

391 • **Availability of data and materials**

392 The datasets used and/or analysed during the current study are partially included in this pub-
393 lished article [as supplementary information files] and all data are available from the correspon-
394 ding author on reasonable request.

395 • **Competing interests**

396 The authors declare that they have no competing interests.

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399 • **Authors' contributions**

400 CI participated in the planning of the study, supervised and coordinated the research, performed the
401 surgeries, wrote and reviewed the paper.

402 DR, SB, ZC and SL performed ex vivo study, collected data, and participated in reviewing the paper.

403 IB performed mathematical analysis, data analysis and statistics.

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Figures

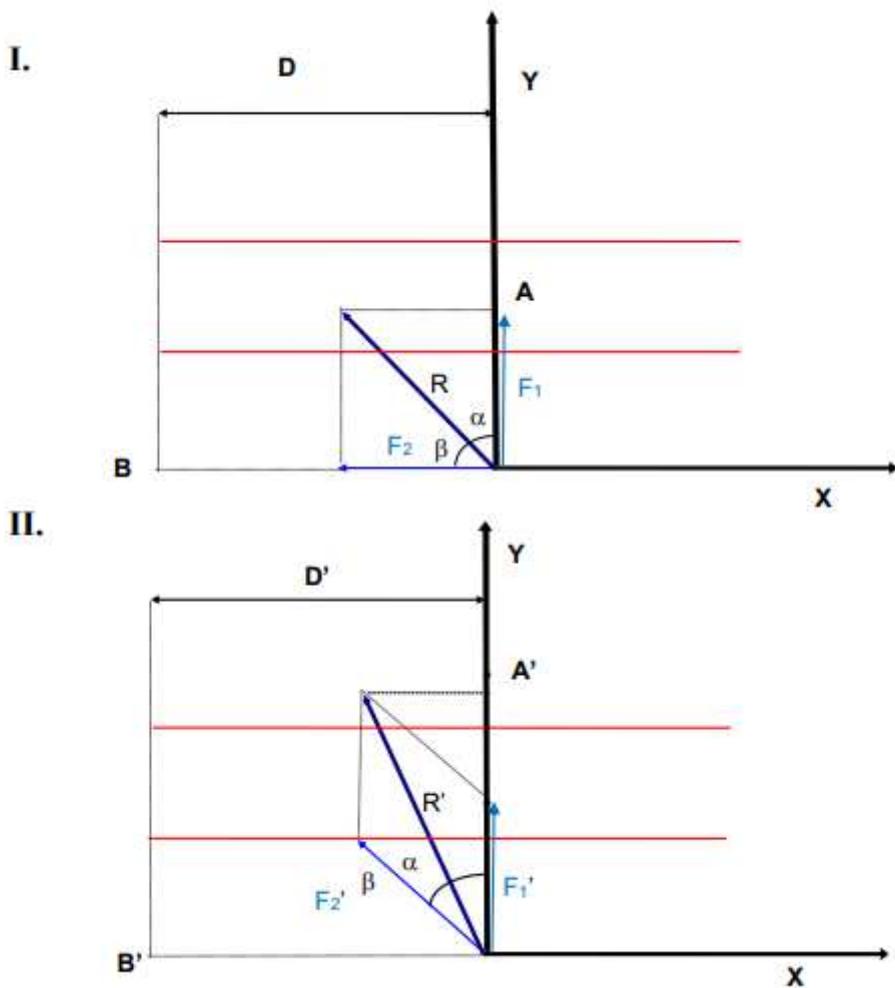


Figure 1

Distribution of circumferential and longitudinal forces (efforts) to which the anastomosed intestine is subjected to. Sub-figure I depicts efforts in case of Cushing Type suture. Sub-figure II depicts efforts in case of simple continuous suture. Legend: X and Y represent cartesian coordinates in which Y represents the longitudinal axis of the intestine; D and D' are the diameters of the intestine; B and B' represent the areas of the intestinal lumen; A and A' are the sections to which R applies; R and R' are the action resultants of the vector forces F_1 , F_1' , F_2 and F_2' ; β represents the suture implantation angle and α represents the angle formed by the vector forces F_1 and F_2 .

% of lumen reduction - single-layer simple continuous suture

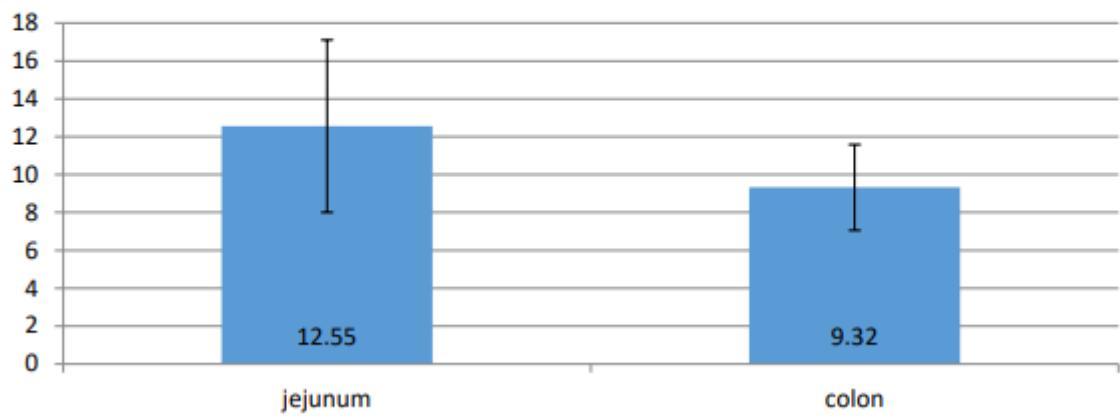


Figure 2

Percentage of lumen reduction - single-layer simple continuous suture. Mean \pm St dev

% of lumen reduction - Cushing continuous suture

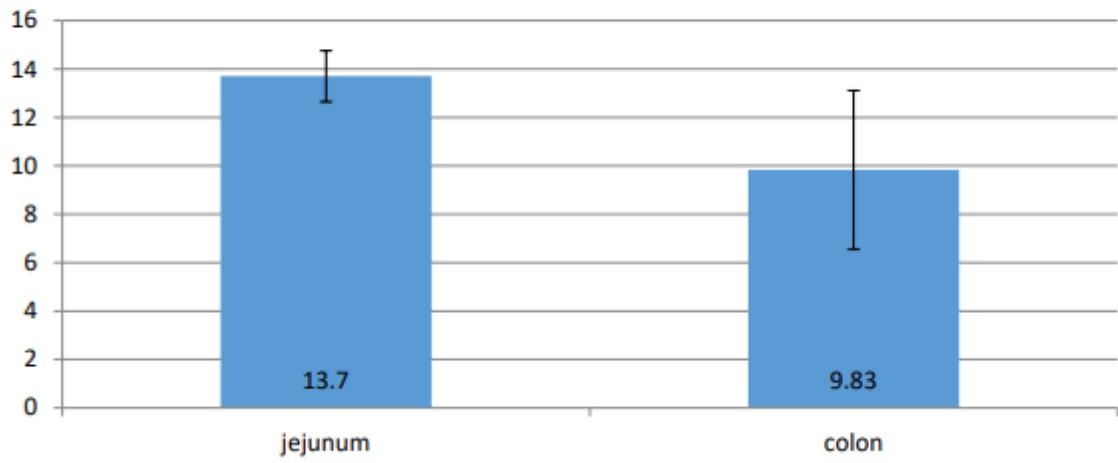


Figure 3

Percentage of lumen reduction - Cushing continuous suture. Mean \pm St dev

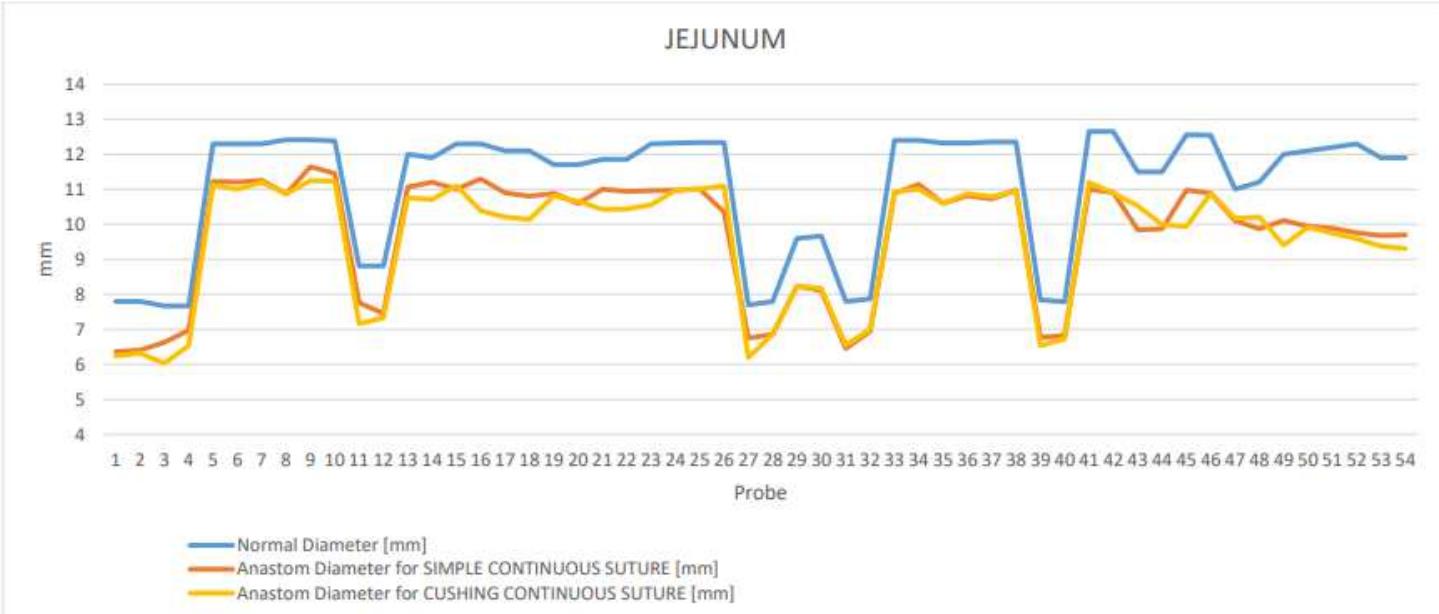


Figure 4

Ex-vivo, variation of jejunal lumen size after anastomosis. Variation of jejunal lumen size under the influence of end-to-end anastomoses by single-layer simple continuous suture and single-layer inverting Cushing suture.



Figure 5

Ex-vivo, variation of colonic lumen size after anastomosis. Variation of colonic lumen size under the influence of end-to-end anastomoses by single-layer simple continuous suture and single-layer inverting Cushing suture.

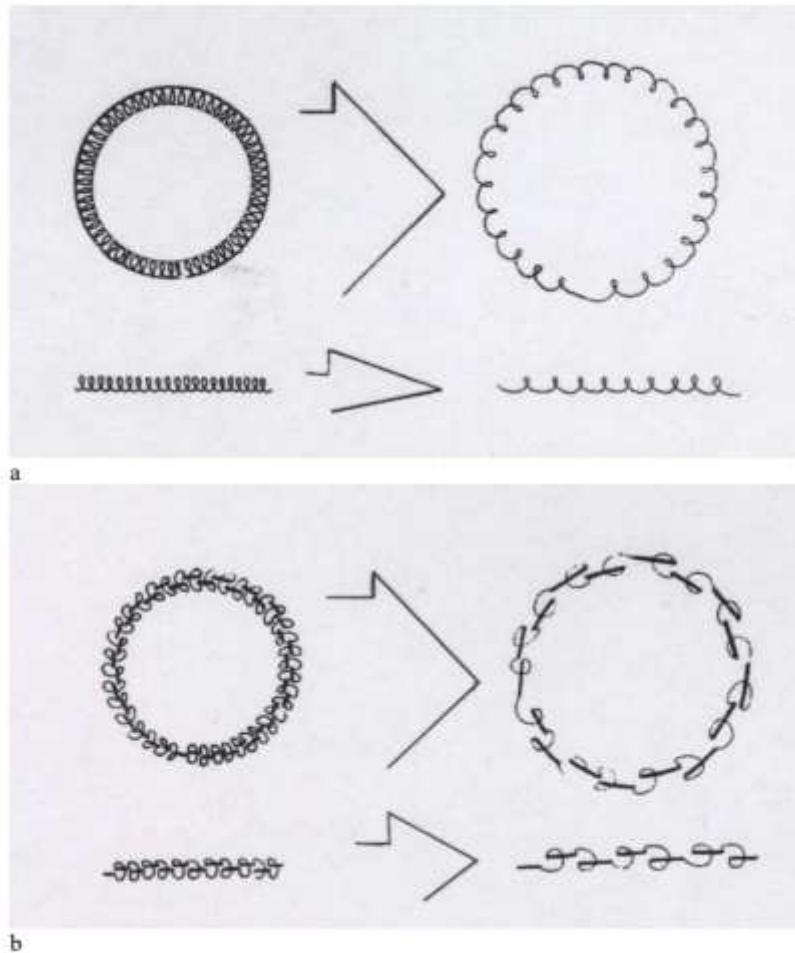


Figure 6

Disposition of suture thread. Sub-figure a depicts the simple continuous suture before and after the increase of intra-intestinal pressure. Sub-figure b depicts the Cushing suture before and after the increase of intra-intestinal pressure.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [Additionalfile1ofThe lumendiametersimplecontinuousversusCushingsuture.xlsx](#)
- [Additionalfile2ofThe statisticlumendiameter.pdf](#)
- [Additionalfile3ofThe consentformmedicalorsurgicalprocedures.pdf](#)
- [Additionalfile4ofThe cooperationagreementuniversityindividualpersonowner.pdf](#)
- [Additionalfile5ofThe clinicalobjectiveexamsheetSurgeryHospitalDischarge.pdf](#)