

# Transcriptomic analysis on the effects of melatonin in gastrointestinal carcinomas

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## Research article

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# Abstract

**Background :** Melatonin has been shown with anticancer property and therapeutic potential for tumors. However, there lacks a systematic study on the molecular pathways of melatonin and its antitumor effects in gastrointestinal carcinomas.

**Methods :** Using the gene expression profiles of four cancer cell lines from three types of gastrointestinal carcinomas before and after melatonin treatment, including gastric carcinoma (GC), colorectal carcinoma (CRC) and hepatocellular carcinoma (HCC), differentially expressed genes (DEGs) and biological pathways influenced by melatonin were identified.

**Results :** There were 17 pathways commonly altered by melatonin in the three cancer types, including FoxO signaling pathways enriched by the upregulated DEGs and cell cycle signaling pathways enriched by the downregulated DEGs, confirmed the dual role of melatonin to tumor growth, pro-apoptosis and anti-proliferation. DEGs upregulated in the three types of cancer tissues but reversely downregulated by melatonin were commonly enriched in RNA transport, spliceosome and cell cycle signaling pathways, which indicate that melatonin might exert antitumor effects through these pathways. Our results further showed that melatonin can downregulate the expression levels of 5-FU resistance-related genes, such as thymidylate synthase in GC and ATR , CHEK1 , BAX and MYC in CRC, suggesting that melatonin might increase the sensitivity of 5-FU in GC and CRC patients.

**Conclusions :** Melatonin exerts the effects of pro-apoptosis and anti-proliferation on gastrointestinal carcinomas, and might increase the sensitivity of 5-FU in GC and CRC patients.

## Background

Melatonin (*N*-acetyl-5-methoxytryptamine), a hormone secreted by the pineal gland and gastrointestinal tract during night and daytime, plays a key role in circadian rhythms(1), antioxidant activities(2, 3) as well as immune system regulation(4, 5). It has been reported that the melatonin concentration in the gastrointestinal tract tissues is 100–400 fold higher than that in plasma and liver is the main site for melatonin metabolism(6, 7). Recently, decreased melatonin levels have been demonstrated to be correlated with increased cancer risk. A large number of studies have reported that melatonin has anticancer effects on numerous types of tumors, such as liver(8, 9), colon(10), breast(11) and ovarian(12) cancers. These studies mainly highlight its dual role in tumor cells: pro-apoptosis and anti-proliferation, which are the two goals in the control of tumor growth. However, these *in vitro* studies only used tumor cell lines for a particular cancer type, and there lacks a systematic study to elucidate the global responsive pathways and the antitumor effects of melatonin's actions across multiple tumor types.

Recently, there is an increasing interest in exploring the clinical application of melatonin in cancer therapy. Many studies suggested that melatonin treatment is useful in enhancing the efficacy of some chemotherapeutic drugs and controlling the progression of cancers(13–16). For example, Lin et al.(17) found that melatonin synergistically promoted the sorafenib-induced apoptosis in hepatocellular

carcinoma cell lines. Moreover, many studies demonstrated that melatonin is beneficial to reduce the side effects of chemotherapeutic drugs(18–21). Lissoni et al.(20) found that melatonin attenuates the negative consequences of cisplatin in advanced non-small cell lung cancer patients. Therefore, it is worth to investigate the molecular mechanism of melatonin administration in aiding against different types of tumors.

Gene expression profiling provides an opportunity for researchers to investigate these potential effects of melatonin systematically on cancer development and therapeutic response. Gastric carcinoma (GC), colorectal carcinoma (CRC) and hepatocellular carcinoma (HCC) are three common malignant tumors in the digestive system, all with high morbidity and mortality across the world. In this study, our aim was to characterize the common biological signaling pathways altered by melatonin on the three types of gastrointestinal carcinomas with genome-wide expression data and further investigate the relationship between these pathways and the antitumor effect and synergistic drug response of melatonin.

We measured gene expression profiles of four tumor cell lines for the three cancer types treated with melatonin and analyzed differentially expressed genes (DEGs) between the treatment and control groups. Functional enrichment analyses showed that the DEGs after melatonin treatment in the three cancers were enriched in 17 common pathways, such as FoxO and ErbB signaling pathways enriched by the upregulated DEGs, and cell cycle signaling pathways enriched by the downregulated DEGs, confirmed its dual role in controlling tumor growth. We further found that the DEGs upregulated in tumor tissues but downregulated by melatonin in the cell lines were all enriched in RNA transport, spliceosome and cell cycle signaling pathways, which might be the potential targets for cancer therapy. We further compared the DEGs with 5-fluorouracil (5-FU) resistance-related genes in GC and CRC and found that melatonin might enhance the efficacy of 5-FU through downregulating the expression levels of resistance-related genes, such as thymidylate synthase (TS) in GC patients and ATR, CHEK1, BAX and MYC in CRC patients. Our study is helpful to gain a comprehensive understanding of the effects of melatonin on gastrointestinal carcinomas.

## Methods

### *Cell culture and reagents*

The gastric adenocarcinoma cell line HGC–27 and colorectal adenocarcinoma cell line HCT–8 cells were grown in Roswell Park Memorial Institute (RPMI) 1640 medium (Hyclone, Logan, UT, USA.). The human hepatocellular carcinoma cell lines HepG2 and Huh–7 were cultured in Dulbecco’s modified Eagle’s medium (DMEM) (Hyclone, Logan, UT, USA.). All the cells were supplemented with 10% fetal bovine serum and maintained at 37 °C in 5% CO<sub>2</sub>. Cells were seeded in 9.6 cm<sup>2</sup> culture dishes at a density of 1 × 10<sup>6</sup> cells/well.

### *Cell viability assays*

GC cell line HGC-27 and CRC cell line HCT-8 were seeded into 96-well plates containing 100  $\mu$ l medium at a density of 1,000 cells/well. After 24 hours incubation, cells were changed with fresh medium containing 0 (1% ethanol as control was added), 1, 2, 3, 4 or 5 mmol/L melatonin for 24 h, 48 h or 72 h. After the treatment, medium was discarded carefully and solution containing 20  $\mu$ l MTS (CellTiter 96® AQueous One Solution Cell Proliferation Assay; Promega, Madison, WI, USA) and 80  $\mu$ l serum free medium was added to each well and incubated for 2 hours. Then the optical densities was measured at 490 nm with a microplate reader (Synergy HT; BioTek Instruments Inc., Winooski, VT, USA).

### *RNA extraction and microarray expression analysis*

The four tumor cell lines treated with 2.5 mmol/L melatonin for 24 h served as the treatment group and the rest cells cultured with ethanol served as the controls at the same time. RNA from the treatment group and the control group was extracted using the RNeasy Mini kit (Qiagen, Germany). The quality of RNA was measured using an Agilent 2100 Bioanalyzer (Agilent, USA). The fragmented cRNA for DNA microarray analysis was prepared according to the manufacturer's instructions, then hybridized to customized Affymetrix GeneChip® PrimeView™ Human Gene Expression Array, which includes 49495 probe sets representing 19042 genes. Arrays were scanned with Affymetrix Genechip™ Scanner 30007G. Each sample had three biological replicates. Expression profiling data measured in our study are available in the Gene Expression Omnibus repository (GEO accession number: GSE132119).

### *Data pre-processing of expression data*

Gene expression profiles of GC, CRC and HCC tumors and the corresponding normal samples used in this study were downloaded from GEO. The details of each dataset were shown in Table 1. The Robust Multi-array Average algorithm(22) were used to normalize the raw expression data. Probe-set IDs were mapped to Entrez gene IDs with their corresponding platform files. The expression value of a gene which was mapped to multiple probes was defined as the arithmetic mean of the expression values of those probes. Data were log<sub>2</sub> transformed. Subsequent analysis was performed in R version 3.1.1.

### *Identification of DEGs*

The Student's *t*-test was used to select DEGs between the treated and control cancer cell lines or between the cancerous and normal tissue samples. Because Student's *t*-test biases towards genes with low expression levels in small size samples, *i.e.* the cancer cell line datasets here, the reproducibility-based pairwise difference (PD)(29) was combined to detect DEGs between the treatment group and the control group of the cell line datasets.

### *Reproducibility evaluation of two DEG lists*

For two DEG lists sharing *k* common genes, of which *s* genes had the same dysregulation directions (both upregulated or downregulated in the two DEG lists), the consistency score was calculated as  $s/k$ . The probability of observing at least *s* of *k* DEGs with the same dysregulation directions by chance can be evaluated using the cumulative binomial distribution model as follows(30),

[Please see supplementary files for formula.]

in which  $p_e$  is the probability of one gene having the same dysregulation direction in two DEG lists by random chance (here, = 0.5). The consistency score is considered significant for  $p < 0.01$ .

### *Statistical analysis*

A directed regulatory network of protein-protein interaction by linking DEGs of CRC cancer cell line HCT-8 with 85 genes related with 5-FU resistance in CRC(31, 32) was constructed in the SIGnaling Network Open Resource (SIGNOR)(33) database. The expression levels of 5-FU resistance-related genes are positively associated with the degree of drug resistance.

Functional enrichment analysis was performed based on the Kyoto Encyclopedia of Genes and Genomes(34). The hypergeometric distribution model was used to determine biological pathways that were significantly enriched with DEGs(35). The Benjamini and Hochberg procedure (BH) was used to adjust the  $p$ -values to control the False Discovery Rate (FDR) and the statistical significance was set as  $FDR < 10\%$ .

## **Results**

### *Melatonin inhibited cell growth of HGC-27 and HCT-8 cells*

The flowchart was described in Figure 1. GC cell line HGC-27 and CRC cell line HCT-8 were treated with 0, 1, 2, 3, 4 or 5 mmol/L melatonin for 24 h, 48 h or 72 h, respectively. Cell viability was assessed by MTS assay. The results revealed that melatonin inhibited the growth of HGC-27 and HCT-8 in a dose and time-dependent manner (Figure 2). The melatonin concentrations of 50% inhibition of cell viability were 1.98 mmol/L and 8.82 mmol/L, respectively, for HGC-27 and HCT-8 for the 24 h treatment. At present, the consensus of melatonin concentration and exposure time for inhibiting the cell viability in HepG2 and Huh-7 cell lines is 1 mmol/L and 24 h, respectively(9, 13, 36, 37). Based on these results, we selected 2.5 mmol/L and 24 h to treat the four tumor cell lines in the following experiments.

### *Identification and functional analysis of dysregulated genes in cancer cell lines treated by melatonin*

To provide a comprehensive overview of the common biological signaling pathways altered by melatonin on three cancer types, we first detected the DEGs in the cancer cell lines due to the melatonin treatment. Using Student's  $t$ -test with 5% FDR control, 6,236 DEGs were detected in the HGC-27 cell lines; if the reproducibility-based PD with a consistency threshold of 90% was used, 7,287 DEGs were detected. A total of 5,265 DEGs were commonly detected by the two methods, all of which were with the same dysregulated directions. Then the two DEGs lists were combined and a full list of 7,898 DEGs of HGC-27 were obtained. Similarly, 6,363, 10,282 and 7,815 DEGs were detected in the HCT-8, Huh-7 and HepG2 cells, respectively (detailed information shown in Supplementary Table S1).

With a 10% FDR control, 4,114, 3,242, 4,673 and 3,837 upregulated DEGs of the four cell lines were enriched in 23, 44, 29 and 42 biological pathways, respectively (shown in Supplementary Table S2). There were 10 common pathways, including FoxO, ErbB and lysosome signaling pathways (Figure 3). The FoxO family genes play a crucial role in tumor suppression by upregulating their target genes involved in apoptosis(38). Our results also suggest that melatonin might enhance the apoptosis of tumor cells through the activation of FoxO signaling pathway(14).

Similarly, 3,784, 3,121, 5,609 and 3,978 downregulated DEGs of the four cell lines were enriched in 10, 14, 11 and 12 biological pathways, respectively (shown in Supplementary Table S3). There were 7 common pathways, including pyrimidine metabolism, DNA replication and cell cycle signaling pathways (Figure 3). These results further support the view that melatonin reduces the cell cycle of tumor to control tumor growth(8, 13, 39).

#### *Comparison between the dysregulated genes in cancer tissues and those reversed by melatonin*

To explore the potential anticancer effects of melatonin, we compared the DEGs found in cancer cell lines with those in cancer tissues. Using Student's *t*-test with 1% FDR control, 3,278 and 7,459 DEGs were identified between GC cancerous and normal samples in GSE27342 and GSE63089, respectively. A total of 3,068 DEGs with the same dysregulation directions in the two datasets were selected as dysregulated genes in the state of GC. Among the 1,475 upregulated genes, 603 DEGs were downregulated in the HGC-27 cell lines treated by melatonin, and enriched in 5 biological pathways with 10% FDR control. Among the 1,593 downregulated genes, 334 DEGs were upregulated by melatonin, which were enriched in 9 biological pathways (Supplementary Table S4).

Similarly, 3,336 DEGs with the same dysregulation directions in dataset GSE8671 and dataset GSE23878 were identified in CRC tumors using Student's *t*-test with 1% FDR control. Among the 1,317 upregulated and 2,019 downregulated genes in CRC tumors, 605 and 425 DEGs were reversely downregulated and upregulated in the HCT-8 cell lines treated by melatonin, respectively, which were enriched in 7 and 30 biological pathways. Moreover, 4,257 DEGs with the same dysregulation directions in dataset GSE14520 and dataset GSE39791 were identified in HCC tumors using Student's *t*-test with 1% FDR control. Among the 2,865 upregulated genes, 1,136 and 868 DEGs were downregulated, respectively, in the Huh-7 and HepG2 cell lines treated by melatonin, while among the 1,392 downregulated genes, 355 and 271 DEGs were upregulated, respectively. The functional enrichment analysis results were shown in Supplementary Tables S4 and S5.

Interestingly, there were 4 common pathways enriched by those DEGs which were upregulated in three cancers but downregulated in all four cell lines treated by melatonin, including ribosome biogenesis in eukaryotes, RNA transport, spliceosome and cell cycle signaling pathways. These results suggest that melatonin might exert antitumor effects through these pathways.

#### *Comparison with the genes related with 5-FU resistance in GC and CRC*

Because 5-fluorouracil (5-FU) is a routine chemotherapeutic agent of DNA damage in GC and CRC, we further investigated whether DEGs altered by melatonin are associated with 5-FU resistance.

Recently, we have developed a signature consisting of two gene pairs which could robustly predict the prognosis of GC patients treated with 5-FU-based chemotherapy(40). Using Student's *t*-test with 5% FDR control, 1,969 DEGs were identified between 88 patients with high-risk and 35 patients with low-risk of resistance to 5-FU-based regimens. Among the 871 downregulated genes in the resistant high-risk GC patients compared with the low-risk patients, 234 DEGs were upregulated in the HGC-27 cell lines treated by melatonin. Meanwhile, among the 1,098 upregulated genes in the resistance high-risk GC patients, 520 DEGs were downregulated in the HGC-27 cell lines treated by melatonin, which were enriched in 12 biological pathways with 10% FDR control (Supplementary Table S6). The pyrimidine metabolism pathway, which is responsible for the metabolism of 5-FU, was included, and the thymidylate synthase (TS) gene involved in the pathway was downregulated by melatonin. It has been reported that 5-FU exerts its anticancer effects through inhibition of TS to disrupt DNA synthesis and repair, resulting in lethal DNA damage(41). Zembutsu et al. have revealed that there is an inverse relationship between mRNA levels of TS and 5-FU sensitivity in a panel of cancer cell lines, including GC cell lines(42).

For CRC tumors, we investigated the relationship by analyzing the protein-protein interaction network. A directed regulatory network included 136 DEGs in the HCT-8 cell lines after melatonin treatment and 37 genes related with 5-FU resistance in CRC was shown in Figure 4. Four resistance-related genes (ATR, CHEK1, MYC and BAX) were the hubs with the largest degrees in the network ( $\text{all} \geq 11$ ), of which the expression levels were downregulated by melatonin. The ATR-CHEK1 pathway is known to be responsible for DNA damage during cell cycle. It has been reported that inhibition the ATR-CHEK1 pathway could enhance the efficacy of DNA damage agents in variety of carcinomas, ciplastin in CRC, gemcitabine in pancreatic cancer(43) and cytosine arabinoside in Refractory Acute Leukemias(44), and reverse the radioresistance in oral squamous cell carcinoma cells(45).

In conclusion, our results suggest that melatonin could enhance the efficacy of 5-FU in GC and CRC patients.

## Discussion

By performing a global analysis of gene expression profiles of four cancer cell lines across three types of gastrointestinal carcinomas, our study systematically uncovered the genes and pathways commonly altered by melatonin for the first time and confirmed its dual role in tumor cells: pro-apoptosis and anti-proliferation. Moreover, comparison of the DEG between tumor tissues and melatonin-treated cancer cell lines indicated that melatonin might exert antitumor effects through RNA transport, spliceosome and cell cycle signaling pathways. By comparing DEGs of melatonin with 5-FU-resistance related genes, we found that melatonin could increase the sensitivity of 5-FU by downregulating the expression level of resistance-related genes, such as TS in GC patients and ATR, CHEK1, MYC and BAX in CRC patients.

It is reported that melatonin can activate the MAPK cascades(39, 46, 47). In line with these studies, the upregulated genes by melatonin in HGC-27, HCT-8 and Huh-7 cell lines were significantly enriched in the MAPK pathway with 10% FDR control. With a loosen 5% *p*-value, the upregulated genes by melatonin in the HepG2 cell lines were also enriched the pathway. Genes MAP3K2, MAP3K7, MAP3K18, MAPK8 and MAPK9 in the pathway, which were responsible for DNA damage or apoptosis(48), were all upregulated by melatonin treatment in four cancer cell lines. The results also supported the dual role of melatonin in tumor cells.

Melatonin has been showed to increase the efficiency of cisplatin in ovarian cancer cell lines(49), 5-FU in CRC cells(50), sorafenib in HCC cells(14, 17). Our results indicated that melatonin may improve the chemotherapeutic effect of 5-FU in GC and CRC patients. The treatment by the combination of 5-FU and melatonin may obtain better therapeutic benefits for GC and CRC patients than 5-FU alone, which might be a good solution for patients with tumor insensitive or acquired-resistant to conventional 5-FU based chemotherapy. Therefore, in consideration of its low toxicity, it's worth to investigate the combination of melatonin with chemotherapeutic agents in aiding cancer patients against different types of tumors. Besides, we are aware that our study is carried out *in vitro* and the concentration of melatonin used in this study is hardly reached in humans. The proper dose and way of melatonin administration in clinic cancer therapy need be further investigated.

## Conclusions

Our study systematically uncovered the genes and pathways commonly altered by melatonin for the first time and confirmed its dual role in tumor cells: pro-apoptosis and anti-proliferation. Our results further indicated that melatonin might increase the sensitivity of 5-FU in GC and CRC.

## List Of Abbreviations

GC: gastric carcinoma; CRC: colorectal carcinoma; HCC: hepatocellular carcinoma; 5-FU:5-fluorouracil; DEGs: differentially expressed genes; FDR: False Discovery Rate.

## Declarations

*Ethics approval and consent to participate*

Not applicable

*Consent for publication*

Not applicable

*Availability of data and materials*

Expression profiling data measured in our study are available in the Gene Expression Omnibus repository (GEO accession number: GSE132119).

### *Competing interests*

The authors declare that they have no competing interests.

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### *Authors' contributions*

All authors had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis. LA, ZG and RXZ conceived and supervised the study. LL and HXC performed the cell line experiment and acquired the data. LA, HQS and YWL searched the data and participated in the statistical analysis. LA and LL drafted of the manuscript. HQS and HYH interpreted the results and drew the figures. XLW helped to draft the manuscript. All authors read and approved the final manuscript.

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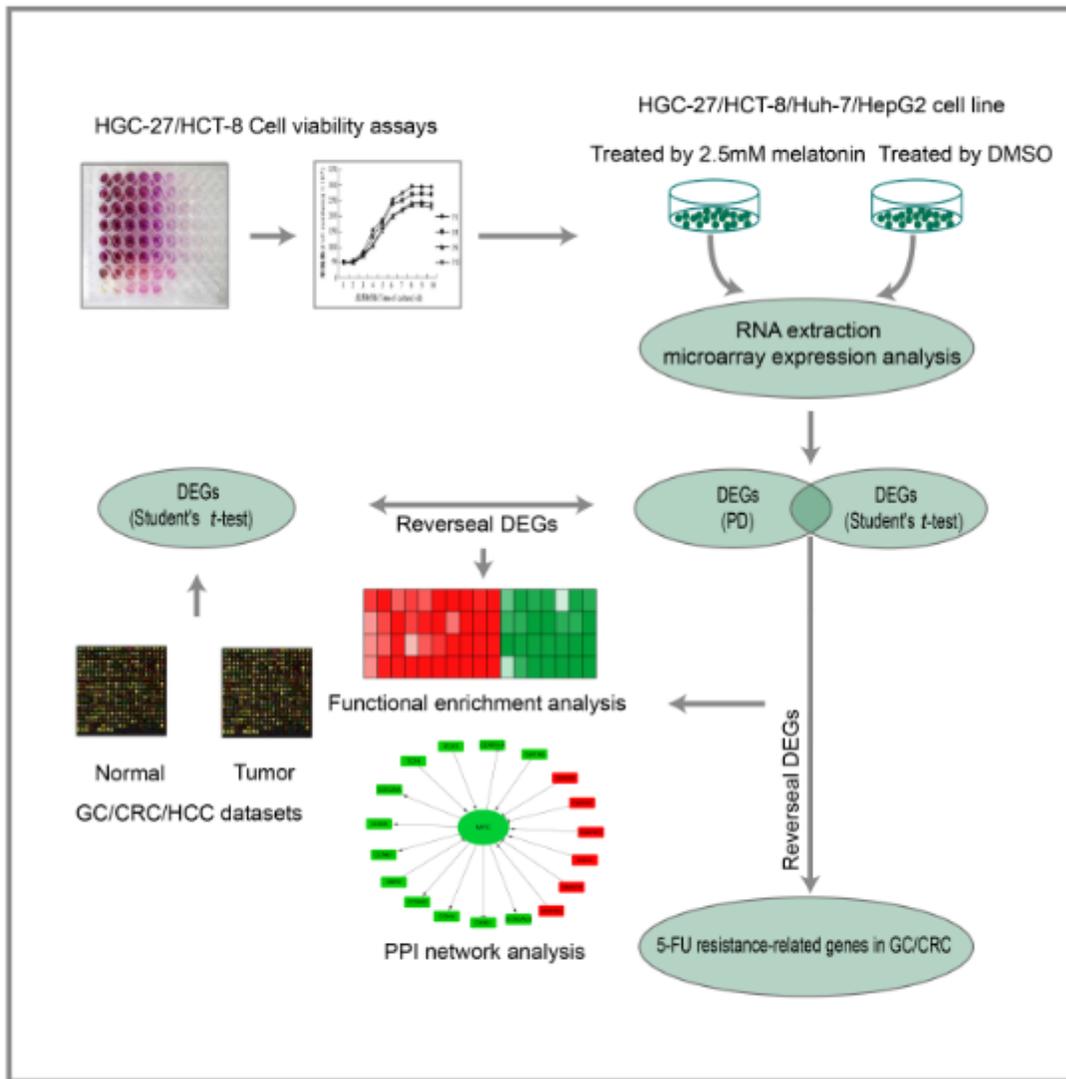
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## Tables

**Table 1. Datasets of cancer and normal samples for three types of gastrointestinal carcinomas**

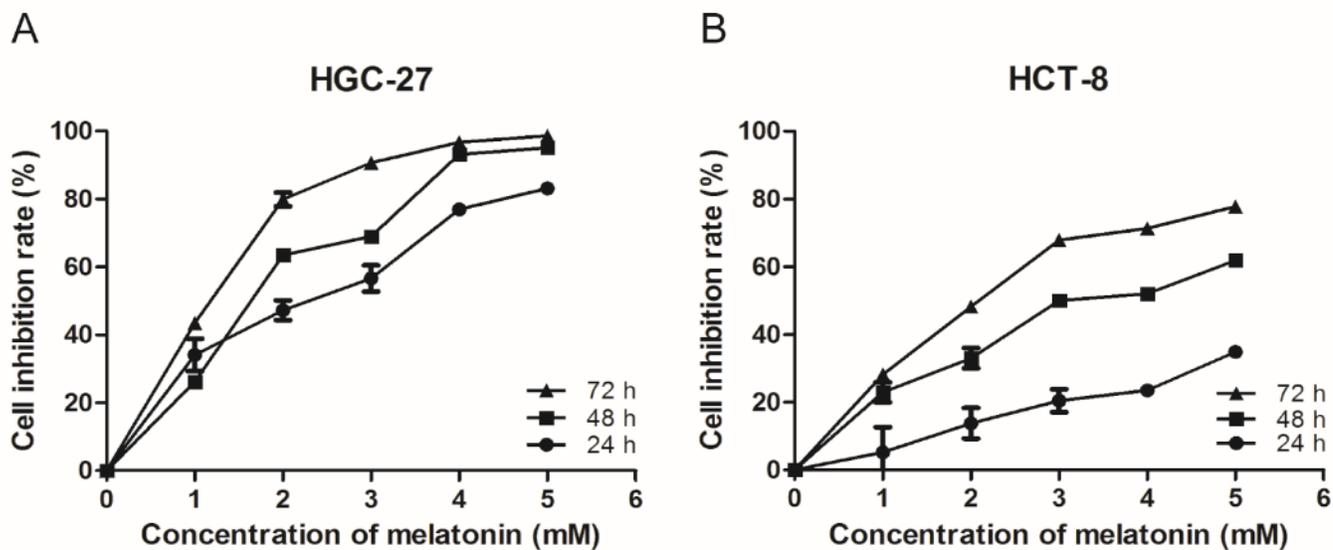
	GEO Accession	Platform	Normal Samples	Cancer Samples	References
GC	GSE27342	GPL5175	80	80	(23),
	GSE63089	GPL5175	45	45	(24),
CRC	GSE8671	GPL570	32	32	(25),
	GSE23878	GPL570	24	35	(26),
HCC	GSE14520	GPL3921	220	225	(27),
	GSE39791	GPL10558	72	72	(28),

## Figures



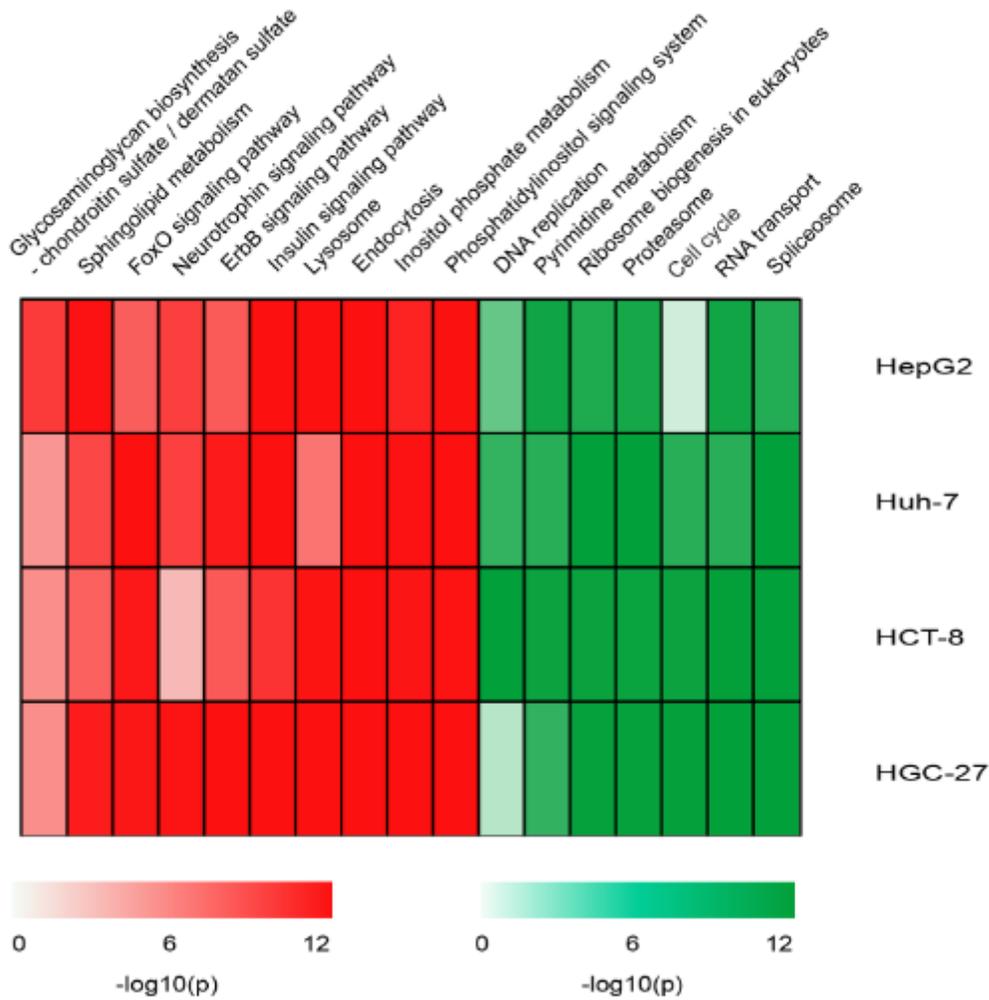
**Figure 1**

The flowchart of this study. Four cancer cell lines (HGC-27, HCT-8, Huh-7 and HepG2) across three types of gastrointestinal carcinomas (GC, CRC and HCC) were treated by melatonin four 24 hours and performed by DNA microarray analysis. The DEGs by melatonin treatment detected by Student's t-test and the reproducibility-based PD were combined to investigate the common biological signaling pathways altered by melatonin. The DEGs detected between tumor and normal tissues but reversed by melatonin in cancer cell lines were used to explore the potential anticancer effects of melatonin. The 5-FU resistance-related genes in GC and CRC but reversed by melatonin in cancer cell lines were used to explore the potential of melatonin to increase the sensitivity of 5-FU in GC and CRC.



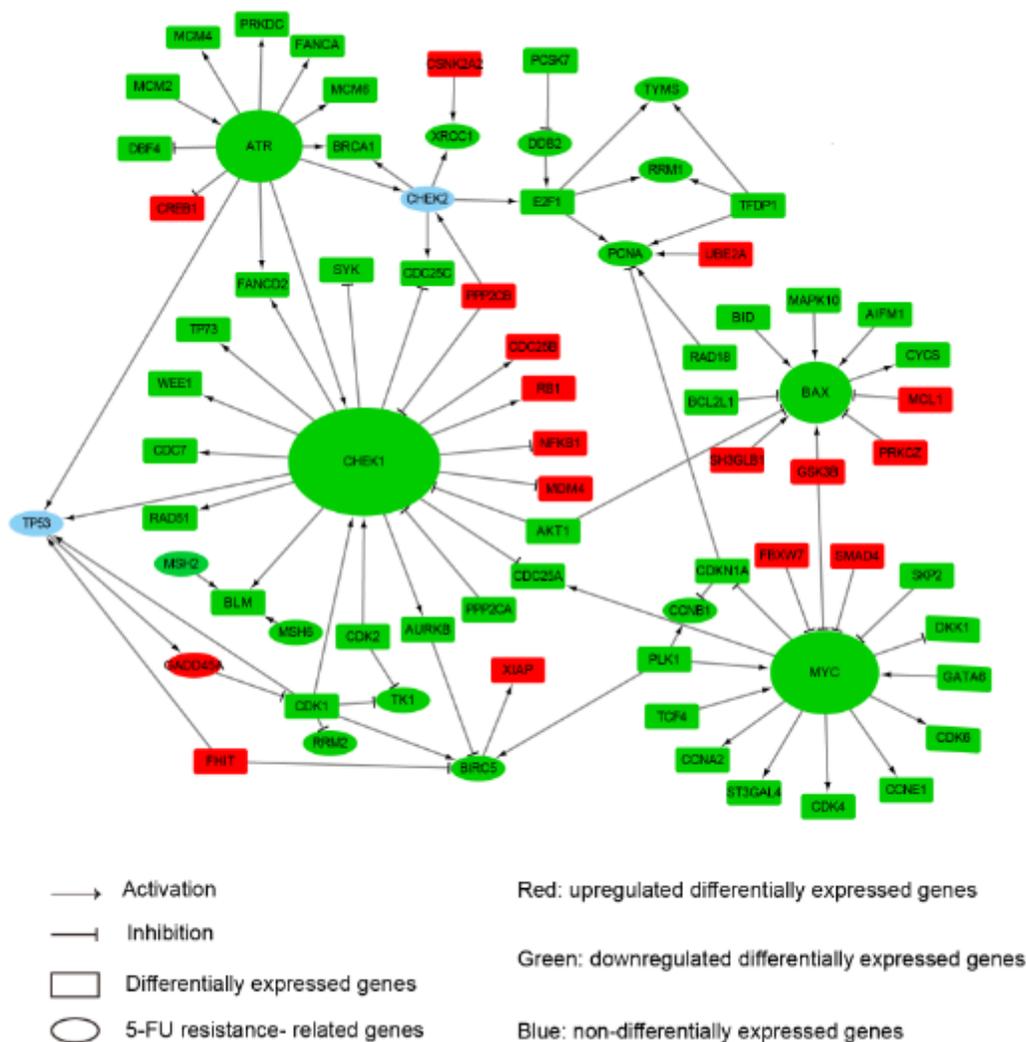
**Figure 2**

Effect of melatonin on cell growth in HGC-27 and HCT-8 cells. The antitumor effect of melatonin on GC cell line HGC-27 (A) and CRC cell line HCT-8 (B). The cells were treated with melatonin (0, 1, 2, 3, 4, 5 mmol/L) for 24 h, 48 h and 72 h, respectively. Cell viability was assessed by MTS assay.



**Figure 3**

The common KEGG pathways significantly enriched by the upregulated and downregulated DEGs in four cancer cell lines treated by melatonin. The common KEGG pathways significantly enriched by the upregulated (Red) and downregulated (Green) DEGs in four cancer cell lines treated by melatonin. All p values of the KEGG pathway were adjusted by Benjamini and Hochberg ( $p < 0.1$ ).  $-\log_{10}(p)$  was used to generate the heat map.



**Figure 4**

The protein-protein interaction network between DEGs of HCT-8 and 5-FU resistance-related genes in CRC. The network was consisted of DEGs of HCT-8 treated by melatonin and 5-FU resistance-related genes in CRC. The node shapes represent the types of genes. Ellipse, 5-FU resistance-related genes, of which overexpression are positively related with 5-FU resistance. Rectangle, DEGs of HCT-8 after melatonin treatment. The node colors indicate genes upregulated (Red), downregulated (Green) or non (Blue) - differentially expressed in HCT-8 after melatonin treatment.

## Supplementary Files

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