

# Necrosis, as Identified on Pre-Radiotherapy $^{18}\text{F}$ -FDG PET/CT, is a Predictor for Complete Metabolic Response in Patients with Non-Small Cell Lung Cancer.

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## Research Article

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# Abstract

**Purpose:** To investigate necrosis on pre-radiotherapy (RT)  $^{18}\text{F}$ -FDG PET/CT ( $\text{PET}_{\text{NECROSIS}}$ ) is a predictor for complete metabolic response (CMR) in patients with non-small cell lung cancer (NSCLC).

**Methods:** We studied patients with inoperable stage I-III NSCLC who underwent pre- and post-radiotherapy  $^{18}\text{F}$ -FDG PET/CT. The relationship between CMR and  $\text{PET}_{\text{NECROSIS}}$ , SUVmax, gross tumor volume calculated with  $^{18}\text{F}$ -FDG PET/CT ( $\text{GTV}_{\text{PET-CT}}$ ), tumor size, histology, metabolic tumor volume (MTV), and RT dose was assessed using logistic regression analysis. To evaluate necrosis on  $^{18}\text{F}$  FDG PET/CT, we drew a region of interest (ROI) in the area showing visually very low/or no fluorodeoxyglucose (FDG) uptake on PET images. If the SUVmax was lower than the blood pool SUVmax and showed significantly lower attenuation [10 to 30 Hounsfield Units (HU)] from the surrounding tissue on non-intravenous contrast-enhanced low dose correlative CT, we defined it as necrotic ( $\text{PET}_{\text{NECROSIS}}$ ).

**Results:** Fifty-three patients were included in the study. The mean age was  $68.1 \pm 9.8$  years. Twenty-one patients had adenocarcinoma, 32 had squamous cell carcinoma. All parameters were independent of histologic status. Multivariate logistic regression analysis showed that,  $\text{SUVmax} \leq 11.6$  vs  $>11.6$  ( $p=0.003$ , OR:7.670, 95CI%:2.013-29.231) and  $\text{PET}_{\text{NECROSIS}}$  absence/presence were independent predictors for CMR ( $p=0.028$ , OR:6.704, 95CI%1.214-30.394).

**Conclusion:** The necrosis on  $^{18}\text{F}$  FDG PET/CT and  $\text{SUVmax} > 11.6$  could be an imaging marker for the complete metabolic response after chemoradiotherapy or RT alone in patients with NSCLC.

## Introduction

Non-small cell lung cancer (NSCLC) is the leading cause of cancer-related deaths worldwide and poses a significant public health issue (1). Although concomitant chemoradiotherapy (CRT) improves local control and long-term survival, local control failure is still observed in most patients (2). The presence of residual malignancy after treatment is associated with worse survival (3).  $^{18}\text{F}$ -fluorodeoxyglucose positron emission tomography/computed tomography ( $^{18}\text{F}$ -FDG PET/CT) offers crucial prognostic information in patients treated with CRT in addition to its use in staging patients with NSCLC (4–6). High FDG uptake before treatment is associated with poor local control (7). Hypoxia is a predictor for RT and chemotherapy response. Low oxygen levels are known to reduce the distribution of chemotherapy, and hypoxic tissues are more resistant to radiotherapy (RT) (8, 9). Some authors argue that hypoxic regions within the tumor should be identified and that the RT dose given to these regions should be escalated (10). Rapid tumor growth is considered to lead to necrosis in solid tumors due to chronic ischemic damage. Necrosis is the irreversible, final result of hypoxia and the degree of intra-tumoral hypoxia reflects the extent of necrosis (11, 12). It has been shown in various types of cancer that microscopic necrosis in surgical material is associated with poor prognosis (13, 14). However, patients with lung

cancer are often diagnosed at the inoperable stage. Detection of necrosis on pre-RT  $^{18}\text{F}$  FDG PET/CT may predict treatment response in these patients.

Our study aimed to investigate if necrosis, as identified on pre-RT  $^{18}\text{F}$ -FDG PET/CT, was a predictor for complete metabolic response (CMR) in patients with NSCLC.

## Patients And Methods:

**Ethical approval:** The Clinical Research Ethics Committee of our institute reviewed and approved this retrospective study (2019/54). As this was a retrospective study, it was exempt by the institutional review board from the need for informed consent. All procedures performed in studies involving human participants were by the Helsinki declaration.

**Patient Selection:** Patients diagnosed as NSCLC histopathologically, had inoperable stage I-III disease, underwent  $^{18}\text{F}$  FDG PET/CT before and after CRT or definitive RT alone, and were admitted to our center between August 2015 and July 2019 were included in this retrospective study. Ten patients had stage I, 19 patients had stage II, 24 patients had stage III disease, according to the seventh edition of the American Joint Committee on Cancer staging system (AJCC 7<sup>th</sup> edition) (15).

**Radiotherapy Technique and Chemotherapy Regimens:** All operations were performed using a Varian Trilogy IX linear accelerator (Varian Medical Systems). Intensity-modulated radiotherapy (IMRT, n=34) was applied to 64% of patients, and three-dimensional (3D) conformal radiotherapy (3DCRT, n=19) was applied to 36% of patients. Patients were simulated with their arms elevated using a T-bar. Radiotherapy planning computed tomography was performed in spontaneous breathing without the use of the breath-holding technique. Primary tumor and lymph nodes with short axes greater than 1 cm in CT were identified as gross tumor volume (GTV). To cover microscopic extension and create clinical target volume (CTV), delineation was performed by adding 8 mm to the GTV in patients with adenocarcinoma and 6 mm to the GTV in patients with SCC. Internal target volume (ITV) was created by adding an inner margin (IM) to CTV. In the absence of a four-dimensional CT (4D-CT), we determined a 1 cm value of IM in all directions to encompass a complete breathing cycle. Five millimeters were added to the ITV, considering set-up errors to create a planning target volume (PTV) (16). A total median of 64.8 (range, 60-70) Gy with 1.8 Gy per fraction was given to patients. All the patients received four weekly doses of carboplatin and paclitaxel concurrently with radiotherapy.

**$^{18}\text{F}$ -FDG PET image acquisition and reconstruction:** A PET/CT scanner Biograph mCT (Siemens Healthcare, Erlangen, Germany) was used. After at least 6 hours of fasting, patients with a blood glucose level of <200 mg/dl were administered an FDG injection at an approximate dose of 3.7 MBq/kg.  $64.7 \pm 6.98$  minutes in pre-RT and  $65.4 \pm 8.57$  minutes in post-RT after FDG injection, imaging was performed in the supine position with arms up. PET imaging was adjusted to 2 minutes per bed position. Low dose CT parameters: voltage, 120 kV; CARE Dose 4D mA tube current; and slice thickness, 5.00 mm

**Image Analysis:** All analyses were conducted through consensus by a nuclear medicine specialist (O.K.) with nine years experience and by a radiation oncology specialist (G.E.) with nine years experience (GE). The maximum standardized uptake value normalized to body mass (SUVmax), gross tumor volume calculated with data gathered from  $^{18}\text{F}$ -FDG PET/CT ( $\text{GTV}_{\text{PET-CT}}$ ), metabolic tumor volume calculated according to the threshold values of 50% of tumor SUVmax (MTV) (17) and the tumor size were measured.

**Treatment Response Assessment:** In the post-RT  $^{18}\text{F}$ -FDG PET/CT, tumor SUVmax < aorta SUVmax was considered complete metabolic response (CMR) (3, 18-20) (Figs. 1 and 2). There was a mean of  $17.09 \pm 7.52$  days between pre-RT  $^{18}\text{F}$ -FDG PET/CT and RT starting time. The time interval between the radiotherapy and post-RT  $^{18}\text{F}$ -FDG PET/CT is median 93 days (82-133 days).

**Necrosis on  $^{18}\text{F}$  FDG PET/CT Evaluation:** The area showing visually very low/or no FDG uptake on PET and PET/CT fusion images was confirmed on the non-attenuation correction (NAC) PET images. We drew a region of interest (ROI) in this area. If the SUVmax was less than the blood pool SUVmax and this hypometabolic area was significantly lower attenuation from the surrounding tissue in non-intravenous contrast-enhanced low-dose correlative CT, we evaluated it as necrotic ( $\text{PET}_{\text{NECROSIS}}$ ). On non-intravenous contrast-enhanced low-dose correlative CT, low attenuation areas were identified with Hounsfield units (HUs) between 10-30 units (21-23). Size-adjustable oval-shaped ROIs were used. We drew the ROI with the maximum size from which we would obtain a value of SUVmax lower than the aorta Fig 3. In addition, we calculated the percentage of necrosis by proportioning the volume of the necrotic component to the tumor volume (24). Lung cavities are gas-filled space, seen as a lucency or low-attenuation area, within pulmonary consolidation, a mass, or a nodule (25) distinguished from  $\text{PET}_{\text{NECROSIS}}$ .

**Statistical Analysis:** Continuous demographic data were analyzed according to normality tests. Parametric data were reported as mean  $\pm$  standard deviation and non-parametric data as median (min-max). Differences between groups were analyzed using Student's t-test in parametric and Mann-Whitney U tests in non-parametric. Discontinuous variables were shown as frequency. The treatment-related changes of numerical parameters were evaluated with the Paired-Samples T-test or the Wilcoxon Signed Rank test. Receiver operating characteristic (ROC) statistics of  $^{18}\text{F}$  FDG PET/CT parameters were estimated and threshold values providing the optimal sensitivity and specificity were determined, and those with a  $p < 0.05$  were included in the univariate analysis. Parameters with  $p$  values  $< 0.2$  were detected in the univariate analysis included in multivariate logistic regression analyses. For multivariate analyses, the full model included the variables that detected  $p < 0.2$  in univariate analysis, and the final model was constructed using the backward stepwise procedure (backward elimination method). The statistical significance value was accepted as 0.05. The software package SPSS v. 25 (Chicago, USA) was used for statistical analysis.

## Results:

Fifty-three patients with NSCLC were included in the study; 50 were male, and three were female. The mean age was  $68.1 \pm 9.8$  years. Seven patients underwent only RT [four patients were not a candidate for chemotherapy due to comorbid diseases, concomitant chemotherapy was not given to 2 patients due to chemotherapy toxicity, one patient refused chemotherapy treatment) furthermore, 46 patients received CRT. Patient characteristics are given in table 1. Twenty-one patients were adenocarcinoma, and 32 were squamous cell carcinoma (SCC). All parameters were independent of histopathological subtype. Tumor characteristics were given in table 2. Pre and post-RT SUV,  $GTV_{PET-CT}$ , and MTV values were given in Table 3.

We analyzed whether there was any difference between pre-treatment SUVmax,  $GTV_{PET-CT}$ , MTV and tumor size values between patient groups with and without post-RT residual disease. In the patient group with post-RT residual disease, pre-RT SUVmax ( $p = 0.019$ ,  $Z = -2.342$ ),  $GTV_{PET-CT}$  ( $p = 0.007$ ,  $Z = -2.674$ ), MTV ( $p = 0.048$ ,  $Z = -1.974$ ), tumor size ( $p = 0.011$ ,  $Z = -2.531$ ) values were statistically significantly higher than the patient group without post-RT residual disease (Table 4).

Fifteen patients had  $PET_{NECROSIS}$  (4 adenocarcinomas, 11 SCC). We calculated the percentage of necrosis in 14 patients ( $27.36 \pm 8.94\%$ , range: 13-43). Of all six patients with a necrosis percentage,  $\geq 30\%$  had residual disease on post-RT  $^{18}F$  FDG PET/CT, 5 of 8 patients with necrosis  $<30\%$  had residual disease, and 3 had no residual disease on post-RT  $^{18}F$  FDG PET/CT.

Increased tumor size was associated with the presence of  $PET_{NECROSIS}$ . There was a statistically significant relationship between tumor size and  $PET_{NECROSIS}$  presence/absence ( $p = 0.009$ , OR: 1.036, 95CI%: 1.009-1.064). Using the ROC curve, we divided patients into two groups according to tumor size ( $<44.5\text{mm}$  vs  $\geq 44.5\text{mm}$ , sensitivity: 80%, specificity: 60.9%, AUC = 0.755, 95CI% 0.614-0.897,  $p = 0.004$ ). Presence of  $PET_{NECROSIS}$  was statistically significantly different between the groups with tumor size  $<44.5\text{mm}$  and  $\geq 44.5\text{mm}$  [ $p = 0.012$ , Odds ratio (OR): 6.133, 95CI%: 1.479-25.440]. Using the ROC curve, we divided patients into two groups based on the  $GTV_{PET-CT}$  ( $<47.5 \text{ mL}$  vs  $\geq 47.5 \text{ mL}$ , sensitivity: 80%, specificity: 77.1%, AUC = 0.775, 95CI%: 0.635-0.916,  $p = 0.002$ ). Presence of  $PET_{NECROSIS}$  was statistically different between the groups with  $GTV_{PET-CT} <47.5 \text{ mL}$  vs  $\geq 47.5 \text{ mL}$  ( $p = 0.002$ , OR: 9.818, 95CI%: 2.311-41.706).

By using ROC curve, we determined threshold values for  $^{18}F$  FDG PET/CT parameters according to optimal sensitivity-specificity values. We divided the patients into two groups according to the threshold values and included them in the univariate logistic regression analysis.  $GTV_{PET-CT} \leq 28.25 \text{ mL}$  vs  $>28.25 \text{ mL}$  (Sensitivity, 76.7%, specificity 60.1%, AUC=0.716,  $p = 0.007$ , 95CI%: 0.575-0.857), tumor size  $\leq 43\text{mm}$  vs  $>43\text{mm}$  (Sens:70%, spes:60.1%, AUC=0.704,  $p = 0.011$ , 95CI%: 0.562-0.847), MTV  $\leq 22.85 \text{ mL}$  vs  $>22.85 \text{ mL}$  (Sens:60%, spes:60.1%, AUC=0.659,  $p = 0.048$ , 95CI%=0.512-0.807), SUVmax  $\leq 11.6$  vs  $>11.6$  (Sens: 76.7%, spes: 65.2%,  $p = 0.019$ , AUC=0.689, 95CI%: 0.542-0.837) were determined.

In univariate logistic regression analysis; SUVmax  $\leq 11.6$  vs  $>11.6$  ( $p=0.003$ , OR:6.161, 95CI%:1.846-20.557), tumor size  $\leq 43$ mm vs  $>43$ mm ( $p=0.027$ , OR:3.630, 95CI%:1.155-11.406), GTV<sub>PET-CT</sub>  $\leq 28.25$  mL vs  $>28.25$  mL ( $p=0.007$ , OR:5.111, 95CI%:1.554-16.807) and PET<sub>NECROSIS</sub> ( $p=0.039$ , OR:4.444, 95CI%:1.078-18.321) were statistically significant predictors for CMR. MTV  $\leq 22.85$  mL vs  $>22.85$  mL ( $p=0.135$ , OR:2.333, 95CI%:0.768-7.089), radiation dose ( $p=0.263$ , OR:1.108, 95CI%: 0.926-1.326) and histology ( $p=0.285$ , OR:1.833, 95CI%:0.601-5.597) were not statistically significant predictors of CMR.

Multivariate logistic regression analysis demonstrated that, SUVmax  $\leq 11.6$  vs  $>11.6$  ( $p=0.003$ , OR:7.670, 95CI%:2.013-29.231) and PET<sub>NECROSIS</sub> ( $p=0.028$ , OR:6.704, 95CI%1.214-30.394) were independent predictors for CMR. Table 5.

## Discussion

This study examined if necrosis on pre-RT <sup>18</sup>F-FDG PET/CT predicted CMR in patients with NSCLC. Necrosis on pre-RT <sup>18</sup>F-FDG PET/CT was found independent predictor of CMR. We could not find a study searching for a relation between necrosis on <sup>18</sup>F-FDG PET/CT and CMR in patients with NSCLC. We determined criteria for PET<sub>NECROSIS</sub> to have lower FDG uptake in the tumor than blood pool activity and lower attenuation from the surrounding tissue (Attenuation 10-30 HU) in non-intravenous contrast-enhanced low-dose correlative CT. Although this method has not been studied in NSCLC patients, similar methods have been used in different cancers to predict survival. Adams et al. investigated the relationship between survival and necrosis on PET in patients with diffuse large B cell lymphoma (DLBCL). They determined the criteria of necrosis to have between 10 and 30HU in non-intravenous contrast-enhanced low-dose CT and no increase in attenuation (maximum 5HU) on intravenous contrast-enhanced full-dose CT. Necrosis on PET/CT was found a predictor of worse survival (22). Rakheja et al. investigated the relationship between necrosis and survival in sarcoma patients. They considered the hypometabolic area in the center of the rim-shaped hypermetabolic area in the tumor as necrosis. A threshold value for SUV was not determined; only they defined it as visual hypometabolic. They evaluated whether the hypometabolic area in the tumor had a corresponded low attenuation on CT. The presence of necrosis in 39 of 42 patients (92.9%) with necrosis on <sup>18</sup>F FDG PET/CT was confirmed by pathology. MRI results were also found to be highly concordant. Finally, they stated that metabolically diagnosed necrosis in FDG PET /CT was a reliable marker and predictive value on patient outcomes (24). In a study of Moo-Kon Song et al. in patients with DLBCL, they defined a hypometabolic area within the peripheral hypermetabolic area in the tumor and the absence of contrast enhancement in the center of the peripheral enhancing tumor in intravenous contrast-enhanced full-dose CT and the attenuation between 10-30HU in non-intravenous contrast-enhanced low-dose CT as necrosis. They concluded that necrosis might reflect an advanced disease status and worse prognosis, and PET/CT could accurately detect the presence or absence of necrosis in patients with DLBCL (23). In a study of patients with DLBCL, necrosis has been defined as areas with no FDG uptake within the nodal or extranodal FDG avid lymphomatous lesions. No specific visual scale was used. Necrosis on PET was found a predictor of worse survival (26). In a study of patients with NSCLC, it was stated that the relative ratio of <sup>18</sup>F-FDG PET/CT in the tumor

showing peripheral FDG uptake and not showing central FDG uptake could show the extent of necrosis. They investigated the ratio of metabolic to morphological tumor volumes; namely, they have measured MTV with a threshold of 42% of the SUVmax, and they have calculated morphological tumor volume (MoTV) based on lesion delineation on CT images. The ratio of metabolically active volume to global lesion volume (MMVR) was calculated by dividing MTV by MoTV and expressed as a percentage. They found that MMVR was inversely correlated with the extent of tumor necrosis ( $R = -0.570$ ,  $p = 0.042$ ). They concluded that metabolically inactive regions were presumably indirectly reflecting the extent of the necrosis and apoptotic events in the global tumor volume (27).

In the studies mentioned above, the area of central hypometabolism in FDG avid tumors was defined as necrotic, and in some studies, it was supported by CT findings. Hypometabolism is a relative description. A tumor with heterogeneous FDG uptake will have relatively hypometabolic areas; which areas should we consider necrosis? For instance, in a lung tumor with a SUVmax of 35 and showing heterogeneous FDG uptake, which areas with SUVmax of 15, 10, 5, 4 should be considered hypometabolic? We thought it would be more accurate to determine the upper limit of SUVmax for hypometabolism, which was defined as one of the parameters used to determine necrosis. Furthermore, we set the blood pool SUVmax for its upper limit. It is already known that tumor FDG uptake should not be higher than blood pool uptake in PET/CT to define it as a complete metabolic response (18). That is, if the tumor's SUVmax is higher than the blood pool's SUVmax, the presence of residual/viable tumor can be considered. Therefore, we assume that SUVmax of the necrotic area should be at least lower than the SUVmax of the blood; any area lower than the blood pool SUVmax should be evaluated as necrosis; however, in non-intravenous contrast-enhanced low-dose CT, it should correspond to low attenuation relative to the surrounding tissue. In non-intravenous contrast-enhanced low-dose correlative CT, low attenuation areas were identified with Hounsfield units (HUs) between 10-30 units. We determined thresholds for metabolic activity and attenuation in non-intravenous contrast-enhanced low-dose CT, which makes our study differs from the others.

It has been shown in many cancers that the detection of necrosis in pathologic materials of tumors is associated with poor prognosis (11, 13, 14, 28). Because microscopic necrosis is a poor prognostic factor for the disease, we were not surprised by the result that the presence of necrosis on the  $^{18}\text{F}$  FDG PET/CT scan was found as a predictor of residual malignancy after RT. However, most patients with lung cancer are diagnosed at an inoperable stage; thus, we designed this study considering that being able to determine tumor necrosis before treatment could help in the management and risk evaluation.

We calculated the percentage of necrosis in 14 patients. We divided the patients into two groups, with a percentage of necrosis  $\leq 30\%$  and  $> 30\%$ . No statistically significant difference was found for predicting CMR. Rakheja et al. grouped patients according to the rate of necrosis  $\leq 30\%$  and  $\leq 50\%$ . They found a worse prognosis in the patient groups with a higher percentage of necrosis. One of the reasons our results were statistically insignificant might be the low number of patients examined in the necrosis percentage. In their analysis, while there were 47 vs. 19 patients in the groups, our groups consisted of 8 vs. six patients (24). The presence of necrosis was associated with increased tumor size/volume. There

was a statistically significant difference in the presence of necrosis between the groups with tumor size  $<44.5\text{mm}$  vs.  $\geq 44.5\text{mm}$  (OR: 6.133) and  $\text{GTV}_{\text{PET-CT}} <47.5 \text{ mL}$  vs.  $\geq 47.5 \text{ mL}$  (OR: 9.818). Hiraoka et al. showed a relationship between tumor size and necrosis in patients with pancreatic cancer (13). Kahle et al. found a correlation between bulky tumor and necrosis on  $^{18}\text{F}$  FDG PET/CT (26). Soussan et al. showed that large-volume tumors on pre-treatment CT contained more necrotic components in histological analysis (29).

We found that  $\text{SUV}_{\text{max}} \leq 11.6$  vs.  $>11.6$  (OR: 7.670) was an independent predictor for CMR. In the literature,  $\text{SUV}_{\text{max}}$  was shown in many studies as a predictor for treatment response, local control, and survival (3,18-22,30); our findings were consistent with these studies (3, 31-35).

In the patient group with post-RT residual disease,  $\text{GTV}_{\text{PET-CT}}$ , MTV, tumor size values were statistically significantly higher than the values in the patient group without the post-RT residual disease. RT doses were not a predictor for MCR in our study. Aerts et al. stated that the total radiation dose was not related to MCR in patients with stage 1-3 NSCLC and that pre-RT GTV was higher in patients with residual tumors after treatment (3). Ohri N. et al. reported that MTV was a predictor for local control, that local control was  $>90\%$  in patients with MTV  $<10\text{-}20 \text{ cc}$ , and that RT dose was not associated with local control in 89 patients NSCLC (36).

Our study had some limitations; it was retrospective and single-center. The number of male and female patients was disproportionate; this was attributed to the study's single-center design and the low cigarette smoking rate among women. The frequency of lung cancer is thus very low in women compared to the men in this region of the country. All of the patients could not receive chemoradiotherapy, and seven patients could receive RT alone. Because of the study's retrospective nature, histopathological analysis of necrotic tumor sites at  $^{18}\text{F}$  FDG PET/CT was unavailable.

In conclusion,  $\text{SUV}_{\text{max}} \leq 11.6$  vs.  $>11.6$ , tumor size  $\leq 43\text{mm}$  vs.  $>43\text{mm}$ ,  $\text{GTV}_{\text{PET-CT}} \leq 28.25 \text{ mL}$  vs.  $>28.25 \text{ mL}$ , and necrosis on pre-radiotherapy  $^{18}\text{F}$ -FDG PET/CT were predictors for CMR after CRT or RT alone. The  $\text{PET}_{\text{NECROSIS}}$  and  $\text{SUV}_{\text{max}} >11.6$  could be used as an imaging marker for complete metabolic response in patients with NSCLC.

## Declarations

**Conflict of Interest:** The authors declare that they have no conflict of interest.

**Acknowledgment,** no potential conflicts of interest were disclosed.

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## Tables

Table 1  
Patient characteristics

Characteristics	N (%)
Sex	3 (6%)
Female	50 (94%)
Male	
Histology	21 (39.6%)
Adenocarcinoma	32 (60.4%)
SCC	
RT dose (Gy)	9 (17%)
70	28 (52.8%)
64.8	16 (30.2%)
60	
Residual malignancy	30 (56.6%)
Adenocarcinoma	10
SCC	20
Treatment	7 (13%)
Radiotherapy only	46 (87%)
Chemoradiotherapy	
PETNECROSIS	15 (28.3)
Adenocarcinoma	4
Squamous cell carcinoma	11

Table 2  
Characteristics of tumor according to histologic subtypes.

Variable	Whole Patients (n = 53)  Median (Min-max)/Mean ± SD	Adenocarcinoma (n = 21)  Median (Min-max)/Mean ± SD	Squamous cell carcinoma (n = 32)  Median (Min-max)/Mean ± SD	p*  (t/Z)
Pre-RT PET/CT - RT start time (days)	17.09 ± 7.52	15.05 ± 6.19	18.44 ± 8.100	0.417 (t=-0.811)
End of RT - PET/CT time (days)	93 (82–133)	92 (87–132)	93 (75–133)	0.110 (Z=-1.629)
Tumor size (mm)	45 (12–109)	47 (12–84)	44 (20–109)	0.383 (Z=-0.873)
SUVmax	13.6 (4.9–38.2)	12.5 (4.9–38.2)	14.05 (6.8–37.8)	0.856 (Z=-0.182)
MTV (mL)	14.8 (1-206)	14.8 (1–84)	15.65 (2-206)	0.263 (Z=-1.119)
GTV <sub>PET-CT</sub> (mL)	38.9 (2-413)	28.5 (2-250)	42.5 (5-413)	0.309 (Z=-1.091)
(*) no statistically significant difference in variables between adenocarcinoma and squamous cell carcinoma.				
Abbreviations: GTV <sub>PET-CT</sub> , gross tumor volume measured on PET/CT; RT, radiotherapy; MTV, metabolic tumor volume calculated for 50 % of SUVmax.				

Table 3  
Pre-Radiotherapy and post-Radiotherapy values of tumor SUVmax, MTV and GTV<sub>PET-CT</sub>

Variable	Pre-Radiotherapy median (min-max)	Post-Radiotherapy median (min-max)	P*/Z
SUVmax	13.6 (4.9–38)	4.2 (0-24-3)	< 0.0001/ -5.803
MTV (mL)	14.8 (1-206)	2.8 (0-190)	< 0.0001/ -5.812
GTV <sub>PET-CT</sub> (mL)	38.9 (2-413)	3.1 (0-224)	< 0.0001/ -3.789
(*) The values decreased statistically significantly, depending on the treatment.			
Abbreviations: GTV <sub>PET-CT</sub> , gross tumor volume measured on PET/CT, metabolic tumor volume calculated for 50 % of SUVmax.			

Table 4

Median (min-max) pre-RT SUV,  $GTV_{PET-CT}$ , tumor size, and MTV values in patient groups with and without residual disease in post-RT FDG PET/CT.

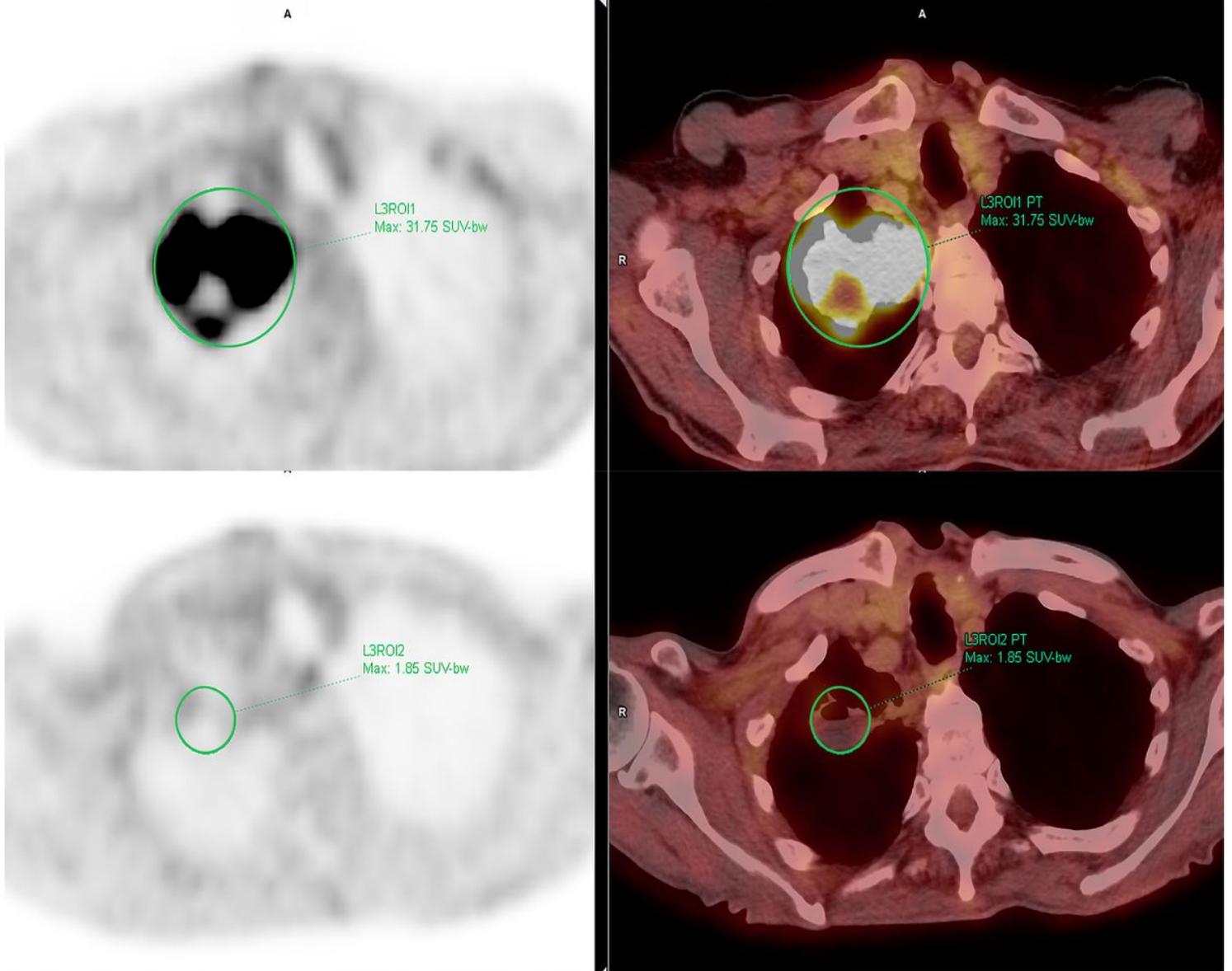
Variable	Patients with Complete Metabolic Response (n = 23)	Patients with Residual Disease (n = 30)	<i>P</i> */ <i>Z</i>
Pre-treatment SUVmax	11.2 (4.9–37.8)	18.2 (6.8–38.2)	0.019/ -2.342
Pre-treatment MTV (mL)	13 (2-256)	30 (4-201)	0.048/ -1.974
Pre-treatment $GTV_{PET-CT}$ (cm <sup>3</sup> )	24 (2-413)	60.5 (6-371)	0.007/ -2.674
Pre-treatment tumor size (mm)	38 (12–107)	53 (21–109)	0.011/-2.531
<i>(P</i> *) The median values in the group with residual disease on post-RT PET/CT were statistically significantly higher than in the patient group with complete metabolic response			
Abbreviations: $GTV_{PET-CT}$ , gross tumor volume measured on PET/CT; MTV, metabolic tumor volume calculated for 50 % of SUVmax;			

Table 5

Summary of univariate and multivariate logistic regression analyses to predict complete metabolic response.

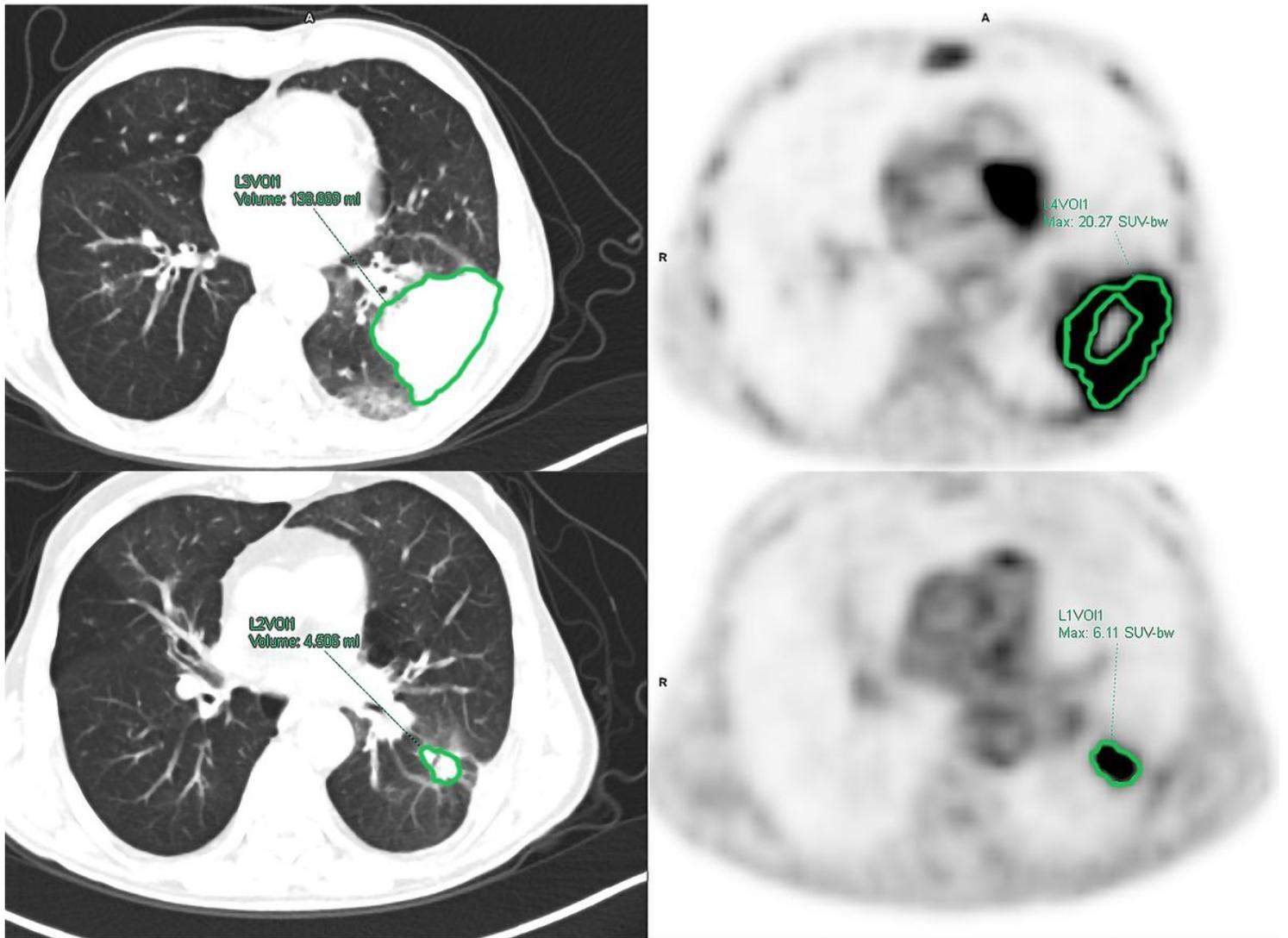
Variables	Univariate Analyses			Multivariate Analyses		
	p	OR	95% CI	p	OR	95% CI
SUVmax $\leq 11.6$ - $>11.6$ *	0.003	6.161	1.846–20.557	<b>0.003</b>	<b>7.670</b>	<b>2.013–29.231</b>
Tumor size $\leq 43\text{mm}$ - $>43\text{mm}$ *	0.027	3.630	1.155–11.406	0.687	1.575	0.173–14.327
GTV <sub>PET-CT</sub> $\leq 28.25\text{mL}$ - $> 28.25\text{mL}$ *	0.007	5.111	1.554–16.807	0.388	3.084	0.239–39.756
MTV $\leq 22.85$ - $> 22.85\text{mL}$ *	0.135	2.333	0.768–7.089	0.416	0.324	0.021–4.899
PET <sub>NECROSIS</sub> *	0.039	4.444	1.078–18.321	<b>0.028</b>	<b>6.074</b>	<b>1.214–30.394</b>
Radiation Dose (Gy)	0.263	1.108	0.926–1.326	-	-	-
Histology	0.285	1.833	0.601–5.597	-	-	-
(*) Indicates parameters included in multivariate analysis.						
Abbreviations: GTV <sub>PET-CT</sub> , gross tumor volume measured on PET/CT; RT, radiotherapy; MTV, metabolic tumor volume calculated for 50 % of SUVmax; PET <sub>NECROSIS</sub> , necrosis observed on PET/CT; OR, Odds ratio; CI confidence interval						

## Figures



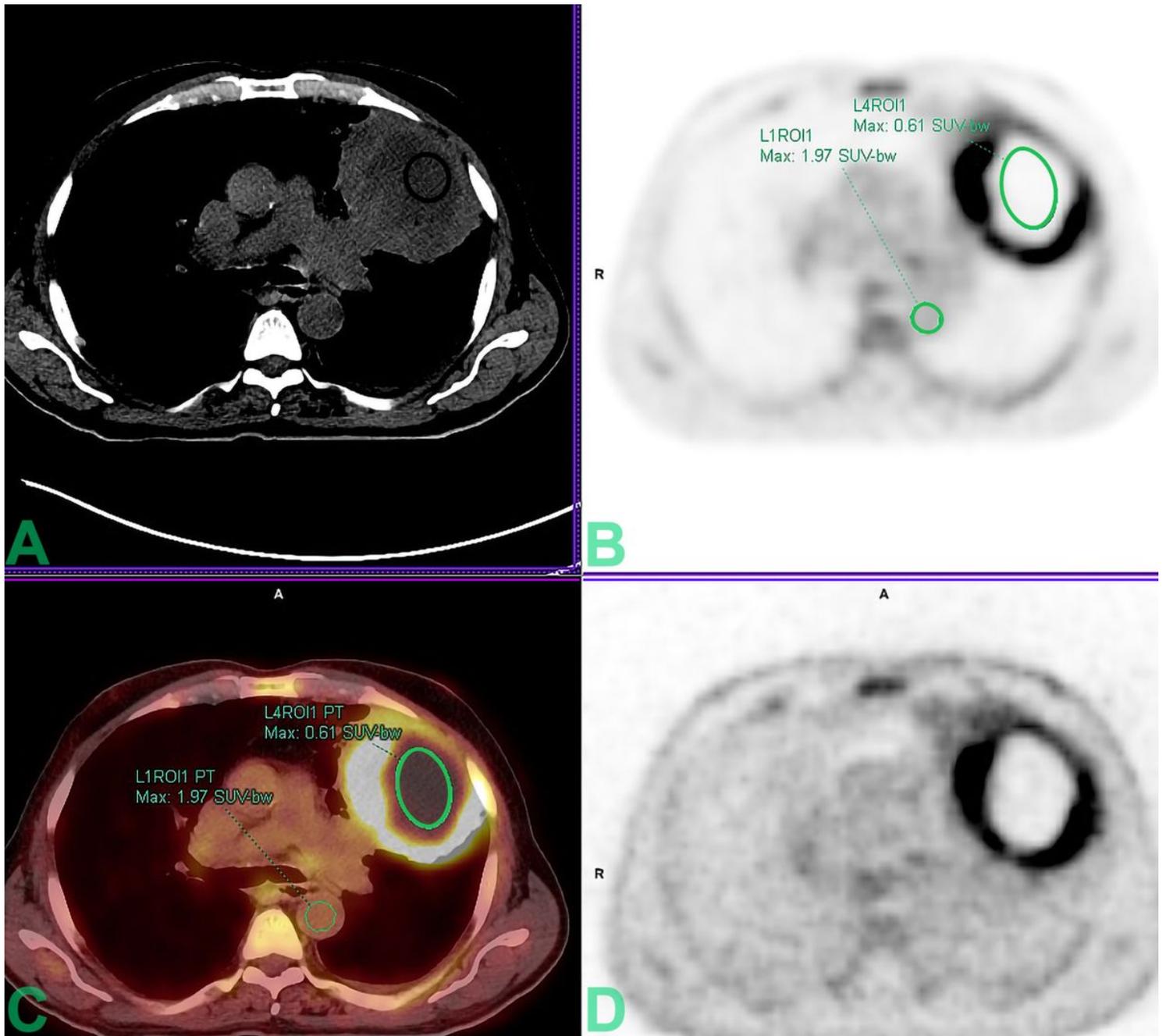
**Figure 1**

A 78-year-old male, squamous cell carcinoma, images before treatment are in the top row. PET/CT scan performed three months after radiotherapy is in the bottom row. The tumor SUVmax declines from 31.75 to 1.85; SUVmax measured from the aorta is 2.2. This is considered a complete metabolic response.



**Figure 2**

A 66-year-old male, adenocarcinoma, CT, and PET images before treatment are in the top row. Images performed three months after radiotherapy is in the bottom row. Necrotic tumor, SUVmax declines from 20.27 to 6.11, GTVPET-CT declines from 138.7 mL to 4.5 mL. This is considered a residual tumor.



**Figure 3**

A 64-year-old male, adenocarcinoma. The area showing low FDG uptake in PET (B) and PET/CT fusion (C) images is verified in the non-attenuation correction (NAC) image (D). A region of interest (ROI) is drawn in the necrotic area, and the SUVmax value is compared with the SUVmax value of the aorta. SUVmax < aorta SUVmax (necrotic area SUVmax: 0.61, aorta SUVmax: 1.97) and the necrotic area is low attenuated in non-intravenous contrast-enhanced low-dose correlative CT (average Hounsfield's unit is 17, black ROI) (A). It is considered necrosis (PETNECROSIS).