

The Modification and Optimization of Retroperitoneal Laparoscopic Radical Nephrectomy for the Treatment of Localized Renal Cell Carcinoma

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1 **The modification and optimization of retroperitoneal laparoscopic radical**
2 **nephrectomy for the treatment of localized renal cell carcinoma**

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23 **Abstract**

24 **Background:** We report our modified surgical technique of retroperitoneal laparoscopic
25 radical nephrectomy (RLRN) and assess its perioperative outcomes and postoperative
26 complications, with a focus on operative time (OT).

27 **Methods:** We retrospectively analyzed a single-center, single-surgeon cohort of 130
28 consecutive patients who underwent RLRN between January 2015 and March 2019. A study
29 group of 65 patients who received modified RLRN was compared with a control group of 65
30 patients who received classical RLRN. OT, estimated blood loss (EBL), perioperative
31 complications, postoperative first exhaust time (PFET), pathological stage, and postoperative
32 hospital stay (PHS) were compared between the two groups.

33 **Results:** All demographic, clinical, and pathological variables were comparable between the
34 groups. No differences were observed in perioperative complications ($p=0.648$), peritoneal
35 injuries ($p=0.843$), PFET ($p=0.448$), pathological stage ($p=0.767$), and PHS ($p=0.304$). The
36 modified RLRN group resulted in a significantly reduced overall OT (53.8 ± 8.4 min vs.
37 60.5 ± 10.6 min, $p=0.000$), peritoneal injury intervention subgroup OT (56.3 ± 9.8 min vs.
38 75.2 ± 12.4 min, $p=0.000$), and EBL (55.7 ± 10.1 mL vs. 62.3 ± 11.6 mL, $p=0.001$) compared with
39 the classical RLRN group. We observed a significant reduction in OT and EBL but no increase
40 in postoperative complications, PFET, or PHS with modified versus traditional RLRN for
41 localized renal carcinoma.

42 **Conclusions:** Findings from this study present a modified RLRN surgical technique that is
43 standardized, more precise, and has better practicability.

44

45 **Keywords:** Retroperitoneal laparoscopy, Radical nephrectomy, Technical modification,
46 Operative time, Renal cell carcinoma

47

48 **1. Background**

49 Laparoscopic radical nephrectomy (LRN) has become the most important surgical
50 method for radical nephrectomy [1, 2]. With the development of laparoscopic techniques and
51 equipment in urology, our understanding of retroperitoneal anatomy has deepened. An
52 increasing number of urologists have adopted the retroperitoneal approach to perform LRN
53 [3-5]. In retroperitoneal LRN (RLRN) for renal cancer, many scholars believe that effective
54 identification, early control, and ligation of renal pedicle vessels are crucial [2, 3, 6-9]. However,
55 few have paid attention to the first step in clarifying the extraperitoneal adipose tissue in
56 retroperitoneal laparoscopy surgery, which could better identify the peritoneal reflection and
57 Gerota' s fascia [1]. Complete removal of the kidney along the layers outside the perirenal
58 fascia is required to achieve the goal of radical excision. The peritoneum might be easily
59 injured in the dissection of the perirenal fascia, especially in the dissection of the peritoneum
60 reflection and the anterior pararenal space, even after the removal of extraperitoneal fat.

61 Peritoneal injury is a special complication of retroperitoneal laparoscopic surgery with a
62 high incidence [10]. Because the operating space is small and the visual field is limited, once
63 the peritoneum is injured, it will lead to a smaller visual field, which directly affects the surgical
64 operation and causes great difficulties in the successful completion of subsequent operation
65 procedures.

66 In the daily retroperitoneal laparoscopic surgery, our practice found that peritoneal injury
67 or tear was not uncommon, especially in radical nephrectomy. Due to the extensive separation

68 of the peritoneum, the incidence of peritoneal injury is higher. If the injury is not properly
69 handled, it directly affects the surgery, which might lead to more serious consequences. Gill
70 et al. reported peritoneal injuries in 21 patients (2.1%) of 1,043 retroperitoneoscopic
71 operations, which resulted in the intraoperative transition to the transperitoneal approach
72 [11]. The most common conditions for elective transition to open surgery include significant
73 adhesions, peritoneal tears, or insufficient retroperitoneal work space in the retroperitoneum
74 [12, 13].

75 To prevent and manage this potential complication and improve surgical procedures, we
76 sought new surgical techniques. Our modified technique gradually revealed the anatomical
77 landmarks that would not be easily visible in the retroperitoneal cavity, which did not
78 necessarily reduce the incidence of peritoneal injury but might have significantly decreased
79 the degree of technical difficulty of the remainder of the retroperitoneal surgery, shortened
80 the operative time (OT), and improved surgical efficiency.

81

82 **2. Methods**

83 **2.1. Patients**

84 A retrospective review of the urinary surgery database of patients who had undergone
85 RLRN at our hospital was conducted. One hundred and thirty patients were consecutively
86 enrolled for RLRN from January 2015 to March 2019. All patients were evaluated with
87 ultrasonography, multiphasic contrast-enhanced computed tomography (CT) or magnetic
88 resonance imaging of the abdomen, plain scanning of chest spiral CT, emission-computed
89 tomography (ECT), and routine laboratory tests before surgery.

90 Patients with renal cell carcinoma (RCC) were diagnosed based on the combination of
91 the above radiological and routine laboratory examinations [14]. Patients who had one or
92 more of the following conditions were excluded from the study: 1) an unresectable tumor or
93 distant metastasis, 2) medical intolerance for radical nephrectomy, 3) had undergone
94 transabdominal pathway LRN or open radical nephrectomy, and 4) unwilling to participate in
95 the study. From January 1, 2015, we used the classical technique for RLRN. All consecutive
96 patients operated with this classical RLRN technique as of January 31, 2017, were compared
97 with a study group, which consisted of all patients operated with the modified RLRN technique
98 between February 1, 2017, and March 31, 2019.

99 An independent resident fully informed the patients about the pros and cons of various
100 procedures, including open radical nephrectomy, transperitoneal LRN, and RLRN, and allowed
101 them to choose the surgery method themselves. Informed consent and signature
102 authorization were obtained from all patients before the operation.

103

104 **2.2 Operation preparation**

105 All the main procedures were performed by one high-volume surgical expert, who had
106 extensive experience in RLRN before the beginning of the current study.

107 Localized RCC was diagnosed during the preoperative imaging examination. All renal
108 masses were considered resectable. The clinical stage was T1bN0N0-T3N0M0. The R. E. N. A.
109 L scores ranged from 7 to 12 and were all cases in which local tumors could not be removed
110 through partial nephrectomy or were at high risk of partial nephrectomy. All patients showed
111 normal renal function reserve, with a serum creatine level of 43–93 $\mu\text{mol/L}$. Unilateral renal

112 function was evaluated by ECT and was in the normal range. Bowel preparation was
113 performed the night before surgery and fasting for 8 h and drinking water for 2 h were
114 required before the operation.

115

116 **2.3 Surgical procedures**

117 The procedure was performed by adopting general anesthesia with endotracheal
118 intubation. The patient was placed in a 90-degree lateral decubitus position with the lumbar
119 bridge raised and tilted down the head side by 15° and the foot side 30°. Special objects were
120 placed on the front and back to prevent the patient from shifting.

121 After routine disinfection and towel laying, a transverse incision approximately 2.0 cm in
122 length was made 2.0 cm above the anterior superior iliac spine of the midline of the axilla to
123 cut through the skin and subcutaneous tissue. After the muscle and the dorsal fascia were
124 obtusely separated by vascular forceps, the index finger was inserted deep into the muscular
125 layer to push the peritoneum toward the ventral side.

126 The retroperitoneal cavity was dilated by an expander made of a double-layer sterilized
127 rubber glove that was injected with 500–800 mL of gas and continued to dilate for 1 min
128 before being removed from the body.

129 A 10-mm trocar was placed at site A (Figure 1). A 1-0 silk thread was placed in the
130 incision to prevent air from entering the retroperitoneal cavity. The prepared CO₂ gas was
131 injected from the trocar and used to inflate to an abdominal pressure of 15.0 mmHg, and
132 then the laparoscope was placed into the retroperitoneal cavity. Under direct endoscopic view,
133 two 12-mm trocars were placed at point B (2.0 cm below the 12 costal margin of the posterior

134 axillary line) and point C (2.0 cm below the costal margin of the anterior axillary line) to ensure
135 no injury to the peritoneum.

136 **2.3.1 Classical surgical technique**

137 The first 65 cases were operated using classical RLRN as described by Gill et al. [6, 15, 16].
138 Surgical procedures included: fully dissociating the posterior renal space in the dorsal side of
139 the kidney, then the anterior renal space in the ventral side, and ultimately the lower and
140 upper poles. The emphasis was on the anatomy of the renal pedicle, skeletonization of the
141 renal artery and vein, and vascular clipping and cutting. After complete resection of the kidney,
142 the specimen was placed in a homemade specimen bag and removed. A drainage tube
143 remained in the retroperitoneal cavity. If peritoneal injury resulted in pneumoperitoneum and
144 limited retroperitoneal visual field, a hole was added between the A and C incisions, in which
145 the assistant (a urologist or urology resident) could use auxiliary forceps to lift the peritoneum
146 to the ventral side.

147 **2.3.2 Modified surgical technique**

148 The 65 subsequent procedures for modified RLRN consisted of the following steps:

149 First, the removal of extraperitoneal adipose tissue (Figure 2A). Under laparoscopic direct
150 vision, the extraperitoneal adipose tissue was dissected downward with an ultrasonic scalpel
151 and dissociated from the peritoneum and the lateral conical fascia and then placed into the
152 iliac fossae, so that the peritoneal reflection and peritoneum could be clearly identified, and
153 the retroperitoneal space was further enlarged.

154 Second, the dissociation of the anterior pararenal space. The lateral conical fascia was
155 incised from the side of the peritoneum reflection, and the peritoneum was separated to the

156 ventral side along the non-vascularized interval of the anterior pararenal space between the
157 perirenal fascia and the peritoneum (Figure 2B). During this process, if gas leaked into the
158 abdominal cavity or injured the peritoneum, resulting in pneumoperitoneum, the rupture was
159 clipped with hem-o-lok clips. A small incision was cut at site D (Figure 1, 2 cm below the
160 costal margin of the midclavicular line), and a 5-mm trocar was placed for continuous
161 exhausting. After exhausting, the peritoneum could be pressed rapidly to the ventral side, and
162 the operating space of the retroperitoneal cavity was expanded again.

163 Third, the dissociation of the posterior pararenal space (Figure 2C). The renal dorsal side was
164 dissociated along the anterior psoas space or the posterior renal fascia space until it reached
165 below the diaphragm, and then it was dissociated downward to the iliac fossa to fully
166 dissociate the dorsal side of the kidney.

167 Fourth, anatomy and ligation of renal pedicle vessels. When the posterior renal space
168 was fully dissected, renal artery pulsation was clearly visible behind the central fascia of the
169 kidney. After the renal artery was dissected and adequately skeletonized by ultrasonic bistoury,
170 it was cut and clamped with three clips (Figure 2D). It was easy to handle the lower pole of
171 the kidney outside the perirenal fat sac, during which the ureters and gonadal vessels could
172 be easily found. The ureter was ligated and severed 10 cm below the lower pole of the kidney.
173 When lifting the left kidney, the renal vein, genital vein, lumbar vein, and central adrenal vein
174 may be clearly seen on the ventral and dorsal sides, and the inferior vena cava could also be
175 clearly seen on the right kidney (Figure 2E). After clipping with three large clips, the renal vein
176 was cut off.

177 Finally, the dissociation of the upper pole of the kidney was completely isolated (Figure

178 2F). If the tumor did not invade the adrenal gland, it was generally retained. After observing
179 no active bleeding at the operating field, the kidney was placed in the specimen bag and
180 tightened. A drainage tube was placed in incision B and fixed. According to the size of the
181 specimen, incision C was extended to the ventral side, and the specimen was removed
182 completely. Extraperitoneal adipose tissue was cut off and removed from the body, and the
183 muscular layer, myofascial layer, and subcutaneous tissue were sutured with 2-0 absorbable
184 sutures. Finally, the incision was sutured intradermally with 4-0 absorbable sutures.

185 **2.4 Postoperative care and follow-up**

186 Patients were encouraged to begin off-bed activities on the first postoperative day and
187 allowed to start an oral liquid diet on the day of the anal exhaust. The drainage tube was
188 removed when the daily drainage volume was less than 10 mL. The patients were discharged
189 when their conditions remained stable after pathological diagnosis and drainage tube
190 removal.

191 Patients with a pathological stage of T1-2N0M0 did not receive adjuvant therapy and
192 were followed up every 3–6 months for 3 consecutive years and then annually. Some T3
193 patients received adjuvant therapy. T3 patients were followed up every 3 months for 2
194 consecutive years, every 6 months for the third year, and annually thereafter. Follow-up
195 examinations included physical examination, routine blood tests, hepatic and renal function,
196 chest CT, and abdominal color ultrasound or CT scan.

197 **2.5 Data collection**

198 Demographic and clinical variables were recorded as follows: age, sex, body mass index,
199 tumor location and size, R. E. N. A. L scores [17], and preoperative serum creatinine.

200 Additionally, the following perioperative variables were recorded: OT, estimated blood
201 loss (EBL), perioperative complications, postoperative first exhaust time (PFET), pathological
202 stage, and postoperative hospital stay (PHS). Because the majority of the procedures for
203 specimen extraction and incision closure were operated by two assistants (one urologist and
204 one resident), OT was determined between the insertion of the trocar and the placement of
205 the specimen into a homemade bag, which was performed by the same surgeon. Furthermore,
206 for the OT, further data were collected for the peritoneal injury subgroup, which required an
207 additional auxiliary operation.

208 Operative specimens were treated in terms of standard pathological procedures and
209 assessed by experienced urological pathologists. The pathological stage of the primary tumor
210 and lymph node invasion were classified according to the 2010 tumor-node-metastasis
211 staging system [18].

212 **2.6 Statistical analyses**

213 All normally distributed continuous variables were expressed as mean \pm standard
214 deviation and compared by independent sample T test. The qualitative variables were
215 expressed as n (%) and analyzed by chi-squared or Fisher' s exact test. A P value \leq 0.05 was
216 considered statistically significant. Statistical analysis was adopted with the IBM SPSS Statistics
217 25 (Chicago, IL, USA).

218 **3 Results**

219 Of 234 patients undergoing radical nephrectomy in the study period in our group, 130
220 (55.6%) received an RLRN, 77 (32.9%) received a transperitoneal LRN, and 27 (11.5%) underwent
221 open surgery.

222 There were 65 (50%) and 65 (50%) patients in the modified and classical groups,
223 respectively. All demographic, clinical, and pathological variables were comparable between
224 the two groups (Tables 1 and 2). Neither the modified group nor the classical group
225 underwent conversion to open surgery.

226 The comparison of perioperative results between the modified technique group and the
227 classical technique group is shown in Table 2. A statistically significant difference was observed
228 in OT, OT of the subgroup (peritoneal injury intervention group), and EBL. Mean OT was
229 53.8 ± 8.4 min in the modified group and 60.5 ± 10.6 min in the classical group ($p=0.000$). For
230 the subgroup, the mean OT was 56.3 ± 9.8 min in the modified group and 75.2 ± 12.4 min in
231 the classical group ($p=0.000$). The mean OT and OT of peritoneal injury in the modified group
232 were shorter than those in the classical group. There was less EBL in the modified group, with
233 62.3 ± 11.6 mL in the classical group versus 55.7 ± 10.1 mL in the modified group ($p=0.001$). No
234 complications of intraoperative major vascular injury were observed in either group.

235 No differences with regard to PFET (28.7 ± 4.5 h vs. 29.2 ± 2.8 h, $p=0.448$), perioperative
236 complications (3.1% vs. 4.6%, $p=0.648$), and PHS (6.4 ± 1.0 d vs. 6.6 ± 1.2 d, $p=0.304$) were
237 observed in the modified and classical groups, respectively.

238 Postoperative complications occurred in 2 patients in the modified group, including 1
239 case of postoperative pulmonary infection and 1 case of delayed incision healing. In the
240 classical group, 3 complications occurred, including postoperative intestinal obstruction,
241 pulmonary infection, and delayed incision healing. All patients were cured after conservative
242 treatment.

243 Postoperative pathological diagnosis in the observation group included 42 cases of clear

244 cell carcinoma, 19 cases of papillary RCC, 3 cases of chromophobe cell carcinoma, and 1 case
245 of collecting duct carcinoma. The postoperative pathological stages were T1bN0M0 in 37
246 cases, T2N0M0 in 26 cases, and T3aN0M0 in 2 cases. The control group included 40 cases of
247 clear cell carcinoma, 21 cases of papillary RCC, and 4 cases of chromophobe cell carcinoma.
248 There were 40 cases of T1bN0M0 stage, 24 cases of T2N0M0 stage, and 1 case of T3aN0M0
249 stage. The surgical margin was negative in both groups.

250 Patients were followed up for at least 6 months. The patients were followed up for 6–40
251 months without long-term complications, local recurrence, or distant metastasis. In addition,
252 renal function tests at follow-up were normal in all patients.

253 **4 Discussion**

254 The incidence of RCC has been steadily increasing [19-21], accounting for approximately
255 3% of adult malignant tumors and 90% of all kidney malignancies [14, 22]. In the past two
256 decades, with the increasing popularity of ultrasound and CT, the proportion of early renal
257 cancer has increased significantly. Currently, surgery is still the preferred treatment for RCC,
258 especially for localized RCC [23-25]. In recent decades, laparoscopic technology has made
259 great progress in urology, and the treatment concept of kidney cancer has undergone great
260 changes worldwide. With the continuous improvement of endoscopic imaging systems and
261 surgical devices, laparoscopic surgery has been widely used and popularized in urology [9],
262 and laparoscopic surgery, including robot-assisted laparoscopic surgery, has gradually
263 replaced the traditional open surgery [26-28]. LRN is comparable to open surgery in terms of
264 tumor outcomes such as overall survival, specific survival, and progression-free survival, while
265 it is significantly superior to open surgery with regard to surgical trauma and postoperative

266 recovery [1, 29, 30]. Some studies have found that laparoscopic and open surgery have similar
267 oncological outcomes even for locally more advanced RCC [1, 31, 32].

268 The cases in this study were T1BN0M0-T3N0M0, and the R. E. N. A. L scores were
269 distributed between 7 and 12 points, all of which were cases with local tumors that could not
270 be partially resected or were at high risk of partial nephrectomy. In our center, the chief
271 surgeon in this research group was proficient in LRN via retroperitoneal and peritoneal
272 approaches. Based on the surgical techniques of Gill et al. [15, 16], our team made some
273 modifications after surgical practice: 1) after the retroperitoneal cavity was established, the
274 extraperitoneal fat tissue was first completely dissected from the peritoneum and perirenal
275 fascia, so that the perirenal fascia, peritoneum reflection, and peritoneum could be clearly
276 identified. 2) Before dealing with the dorsal side of the kidney, the ventral kidney was
277 dissociated in the anterior pararenal space. If the dorsal was dissociated first, the whole kidney
278 would fall to the ventral side because of gravity, which would make it difficult to dissociate
279 the ventral side next and increase the risk of injury to important abdominal organs such as
280 the duodenum. 3) With regard to the impact of an inadvertent peritoneal injury or tear
281 intraoperatively, which might cause pneumoperitoneum, leading to an inadequate working
282 space, we clipped the breach with a hem-o-lok clip and put a 5-mm trocar to exhaust. This
283 trocar, placed 2 cm below the costal margin of the midclavicular line, was applied to open the
284 side hole for continuous exhausting, After exhausting, it was observed that the CO₂ gas
285 injected into the retroperitoneal cavity rapidly pressed the peritoneum to the ventral side,
286 restoring the surgical space, which was conducive to the subsequent operation of the
287 procedure. 4) The classical RLRN was relatively closed after being connected with CO₂ gas.

288 However, the side hole of the channel operated by the ultrasonic scalpel was opened in the
289 modified group so that the smoke and exhaust gas generated by the ultrasonic scalpel would
290 be quickly discharged out of the body. The air circulation also reduced the frequency of the
291 lens blur and reduced the lens polishing time. The intake pneumoperitoneum pressure was
292 15.0 mmHg, and the exhaust was discharged through the side orifice and auxiliary orifice of
293 the abdominal cavity. The exhaust velocity was adjusted according to the pressure, and the
294 actual pressure fluctuated between 10 and 12.0 mmHg without affecting the visual field.

295 Through the above technical improvements, the modified RLRN procedure performed in
296 our operation group was carried out step by step according to the technical route, without
297 the problem of delaying the OT due to unexpected circumstances. In the modified group, the
298 average OT, especially in the peritoneal injury subgroup, and the intraoperative EBL were
299 significantly shorter than those in the control group. There was no intraoperative blood
300 transfusion and almost no intraoperative bleeding during the operation in some cases in both
301 groups. Furthermore, through the modification of the surgical procedure, the accessory renal
302 vein, gonadal vein, and central adrenal vein were dissected clearly, reducing the risk of
303 vascular injury and thus the time to hemostasis by accident.

304 We do not deny that the control of the renal pedicle is critical; however, procedural,
305 standardized, and precise surgical procedures can make the operation more repeatable and
306 practical. It may also help beginners to quickly master the technology, shorten the learning
307 curve, and thus be more conducive to the application of the technology. For obesity, perirenal
308 adhesions, hilar masses, vascular variations, and other complex conditions, the modified
309 method can be used.

310 The reported complications were mostly vascular injury and organ injury, which had
311 more serious and dangerous consequences and often required further surgical intervention
312 or conversion to open surgery [13, 33, 34]. In retroperitoneal laparoscopic surgery, peritoneal
313 injury was not uncommon; however, reported cases were not frequent. It might be that
314 peritoneal injury was often overlooked because serious consequences were not observed.
315 Through practice, our team found that retroperitoneal laparoscopic surgery, especially the
316 extensive resection of RLRN, had a higher incidence of peritoneal injury, with a total of 40
317 cases of peritoneal injuries occurring in 130 RLRN cases. Among them, 35 needed additional
318 assistance to better complete the consequent procedure. There were 18 cases of peritoneal
319 injury in the modified group and 17 cases in the classical group. Most of the injuries occurred
320 during the surgical procedure of separating peritoneal reflection and the anterior pararenal
321 space. In a survey of 24 medical centers, 63% of urologists admitted that peritoneal injury
322 significantly increased the difficulty of the remaining procedures [11]. This was probably due
323 to the peritoneal injury, which led to gas entering the abdominal cavity and increased
324 intraperitoneal pressure, thus causing greater compromise of the operative field and affecting
325 the consequent surgical procedure [10]. In the control group, after peritoneal injury, auxiliary
326 holes were added to the retroperitoneal cavity (generally located between points A–C or A–
327 B), and then the peritoneum was lifted by the assistant with a separation clamp to ensure the
328 successful completion of subsequent surgery. Because the pneumoperitoneum in the
329 abdominal cavity could not be resolved, the operation scope became smaller, and the
330 auxiliary forceps had adverse effects on the operation of the surgeon in vivo and in vitro.
331 However, the method adopted by the modified technique group was simple, easy to operate,

332 and had little influence on the subsequent operation of the subgroup with peritoneal injury
333 after increasing the abdominal auxiliary control of exhaust.

334 The study also found that it was necessary to dissociate the non-vascular space between
335 the anterior pararenal space and the peritoneum in RLRN. The peritoneum is a very thin and
336 semi-permeable membrane. Between the anterior prerenal space and the peritoneum, CO₂
337 gas will gradually enter the abdominal cavity through the peritoneum, progressively
338 increasing abdominal pressure and narrowing the retroperitoneal space, which also increases
339 the difficulty of the operation. In view of this, we can consider using the vent hole of the
340 abdominal cavity to maintain the pressure difference between the retroperitoneal cavity and
341 the abdominal cavity, so that the free peritoneum is pressed ventrally. Thus, a relatively large
342 surgical view in the retroperitoneal cavity is maintained to facilitate laparoscopic operation,
343 which can save OT and reduce the possibility of intraoperative injury. Although some cases
344 of peritoneal injury included an auxiliary trocar, the PFET was not prolonged, indicating that
345 the auxiliary hole had little interference with the abdominal cavity and did not affect the
346 postoperative recovery of gastrointestinal function.

347 The current study was not without limitations. First, it was a nonrandomized controlled
348 study using a historical cohort of different eras as a control group and involved a relatively
349 limited sample size. Second, patients in the modified technique group were operated after
350 the control group, which might have influenced the outcomes. Doctors' experience might
351 not be optimal when performing surgery in patients in the control group compared with the
352 modified group. However, this surgical team is a high-volume laparoscopic surgery group,
353 which has rich practical experience in both peritoneal and retroperitoneal surgery. As early as

354 2015, the total number of laparoscopic surgeries per year was over 300, and laparoscopic
355 nephrectomy or partial resection averaged over 200. Therefore, the impact might be limited.
356 Furthermore, due to the difference in mean follow-up time between the two groups, no
357 further comparative analysis of oncologic outcomes was performed. Considering that the
358 scope of surgical resection was the same, although the surgical procedure was modified, the
359 impact on tumor prognosis may also be limited. Randomized prospective studies can be
360 conducted to accumulate more data in order to obtain more reliable outcomes in the future.

361 **5 Conclusions**

362 The operative time and intraoperative blood loss of the modified RLRN were shorter than
363 that of the control group. This may be due to the improvement of the surgical procedure in
364 this study. The auxiliary hole and side hole exhaust, making the surgical field of view expand
365 and clearer, improve the surgical efficiency. Despite some limitations, to our knowledge, this
366 study systematically proposed treatment strategies for peritoneal injury for the first time and
367 compared it with the control group. The modified surgical procedure was more programmed,
368 standardized, and precise, which might help beginners quickly master the surgical technique
369 and thus facilitate the application of the technique.

370

371 **Abbreviations**

372 CT: computed tomography

373 EBL: estimated blood loss

374 ECT: emission-computed tomography

375 LRN: laparoscopic radical nephrectomy

376 OT: operative time
377 PFET: postoperative first exhaust time
378 PHS: postoperative hospital stay
379 RCC: renal cell carcinoma
380 RLRN: retroperitoneal laparoscopic radical nephrectomy

381

382 **Declarations**

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397 acquisition, conceptualization, validation, supervision, and critical revision of the article. All

398 authors have read and approved the final version of the article.

399 **Footnote**

400 Ethical Statement : The authors are accountable for all aspects of the work in ensuring
401 that questions related to the accuracy or integrity of any part of the work are appropriately
402 investigated and resolved. The study protocol conformed to the ethical guidelines of the 1975
403 Declaration of Helsinki and was approved by the ethics committee of Affiliated Cancer
404 Hospital of Zhengzhou University (Zhengzhou, China). Written informed consent was given
405 by all patients before receiving surgical therapy, according to the institutional guidelines.

406

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512 **Figure legends:**

513 Fig 1: Positions of trocar ports

514 Fig 2A: The removal of extraperitoneal adipose tissue.

515 Fig 2B: the dissociation of anterior pararenal space. The avascular area of the anterior
516 pararenal space is shown as above.

517 Fig 2C: the dissociation of posterior pararenal space. The avascular area of the posterior
518 pararenal space is clearly visible, as shown.

519 Fig 2D: Ligation of renal artery.

520 Fig 2E: Skeletonization of renal vein.

521 Fig 2F: handling of the upper pole of the kidney.

522

Figures

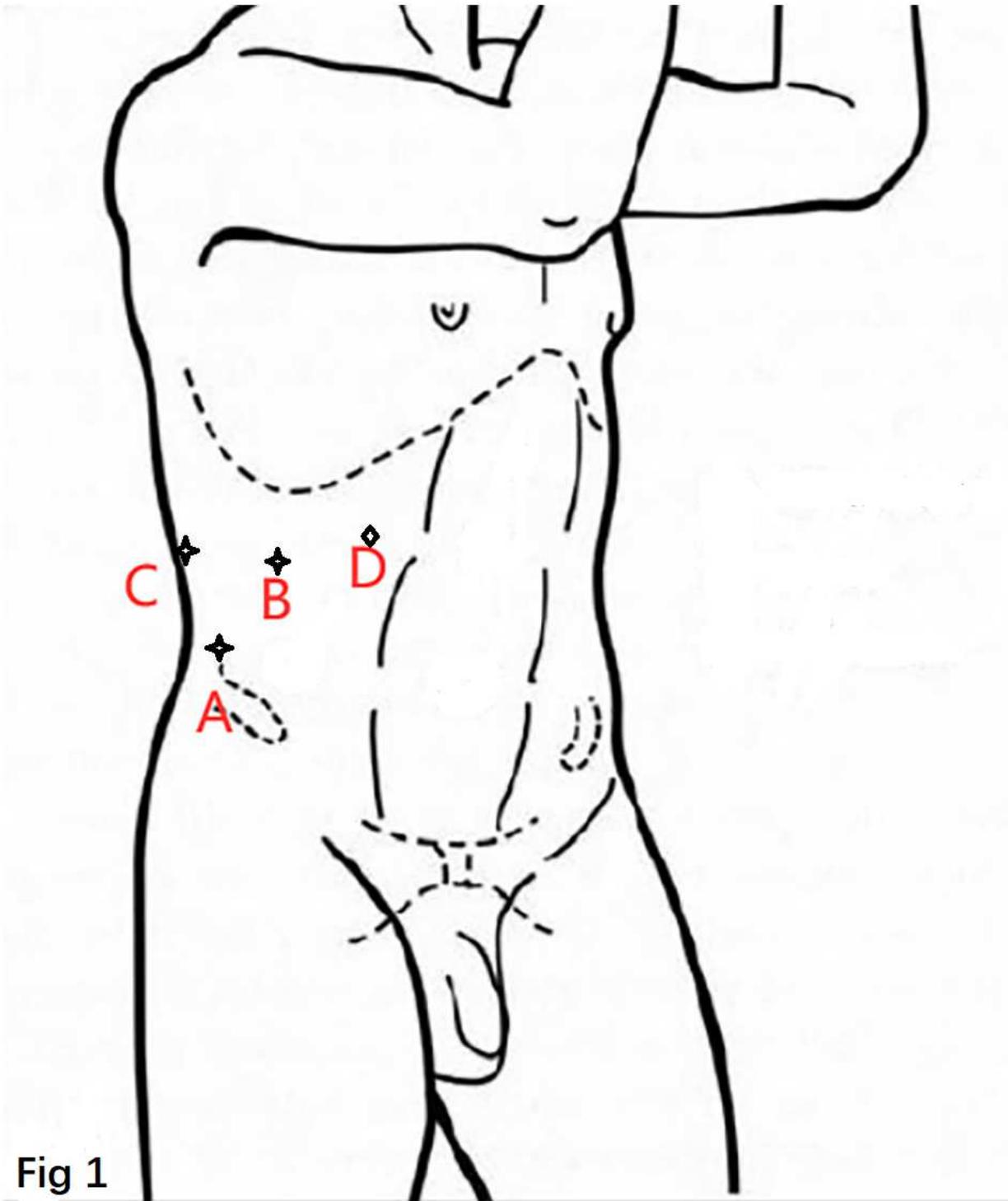


Figure 1

Positions of trocar ports

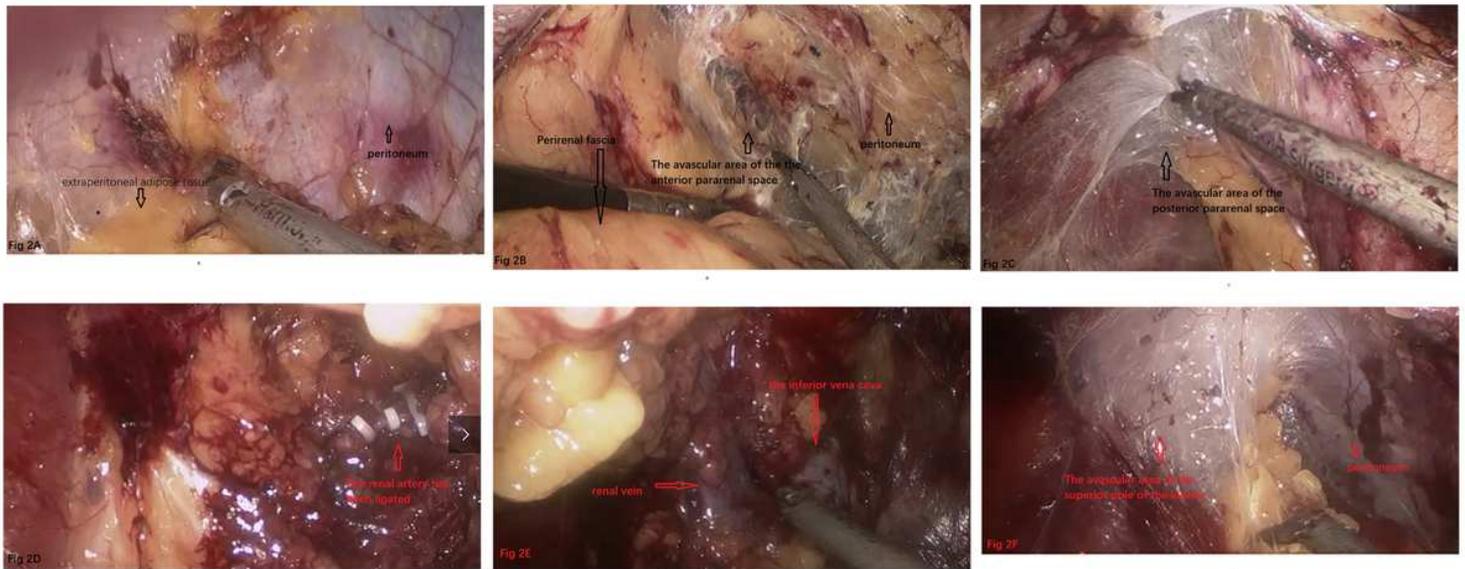


Figure 2

A: The removal of extraperitoneal adipose tissue. B: the dissociation of anterior pararenal space. The avascular area of the anterior pararenal space is shown as above. C: the dissociation of posterior pararenal space. The avascular area of the posterior pararenal space is clearly visible, as shown. D: Ligation of renal artery. E: Skeletonization of renal vein. F: handling of the upper pole of the kidney.

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