

Integrative Analyses of Genes and miRNAs Associated With Age-Related Sarcopenia

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Research

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Abstract

Background: Sarcopenia is an age-related disease with skeletal muscle loss, weakness, and functional impairment. The potential causes of sarcopenia including the programmed cell death of muscles, inflammation, reactive oxygen species, protein turnover, and mitochondrial dysfunction have been studied. The purpose of this study was to find differentially expressed miRNAs (DE-miRNAs) in the muscle samples of older people (GSE23527). In addition, we performed to identify new miRNA-mRNA regulatory network for treating sarcopenia

Methods: Gene expression profiles were obtained from microarray datasets (GSE8479 and GSE1428) of the vastus lateralis muscles of young and older male subjects. Dataset GSE23527 was derived from the platform of GPL10358 (LC_MRA-1001_miRHuman_11.0_080411) and contained microRNA arrays of 12 young muscle samples and 12 older muscle samples. The DEGs between the older and young GSE8479 and GSE1428 samples were identified using the online analysis tool imaGEO (<https://imageo.genyo.es>). Pathway and process enrichment analysis with the ontology sources in the KEGG pathway, GO biological processes, Reactome gene sets, WikiPathways, and CORUM were analyzed by Metascape. A PPI (protein-protein interaction) network of DEGs was constructed using the Search Tool for Retrieval of Interacting Genes (STRING) app in Cytoscape software (version 1.6.0). GEO2R (<https://www.ncbi.nlm.nih.gov>) was used to select differentially expressed miRNAs (DE-miRNAs) in the GSE 23527 dataset.

Results: In the GSE8479 and GSE1428 datasets, a total of 81 DEGs were discovered, including four upregulated genes and 77 downregulated genes. The top 12 clusters and their representative enriched terms were identified using Metascape. A total of 79 nodes and 186 edges were predicted in the PPI network. One upregulated DE-miRNA (hsa-miR-450a-5p) and six downregulated DE-miRNAs (hsa-miR-127-3p, hsa-miR-24-2-5p, hsa-miR-378a-5p, hsa-miR-532-5p, hsa-miR-487b-5p, and has-miR-487b-3p) were selected in the miRBase database. The MiRWalk online database was utilized for exploring 8017 genes that were selected as genes regulated by DE-miRNAs and six of them overlapped with hub genes. COX7A1 and NDUFB5 showed significantly low expression in sarcopenia patients compared to the controls. COX7B and PDHA1 also displayed low expression in sarcopenia patients, but expression of COX7A1 and NDUFB5 was not significant. TIMM8A and CS showed similar expression rates in both samples.

Conclusions: The present bioinformatics analysis showed that two target genes (COX7A1 and NDUFB5) were potentially downregulated in sarcopenia patients. These two genes could be the cause of sarcopenia with aging. In addition, present study showed that several miRNAs (hsa-miR-378a-5p, hsa-miR-532-5p, hsa-miR-127-3p, and hsa-miR-24-2-5p) were identified as regulating the target genes. These results suggest that controlling the identified miRNAs could be a prospective strategy for treating sarcopenia by regulating the mRNA-miRNA network.

Introduction

Sarcopenia is an age-related disease with skeletal muscle loss, weakness, and functional impairment.¹ As skeletal muscle typically comprises the largest amount of body protein, a reduction in muscle can lead to muscle injury, decreasing the voluntary muscle capacity.² The potential cause of sarcopenia including the programmed cell death of muscles, inflammation, reactive oxygen species (ROS), protein turnover, and mitochondrial dysfunction has been studied.³⁻⁵ Because society is aging, age-related sarcopenia will become even more obvious. Therefore, it is necessary to research the mechanism and ways to improve treatment of the disease.

Undoubtedly, energy-producing related factors might be important because sarcopenia is a muscle disorder of aged people. In addition, sarcopenia is not just a single protein, gene, or system dysfunction. Thus identifying genome-wide transcription expression patterns to confirm general gene function is an efficient method. To investigate the molecular mechanisms of muscle loss with age, researchers have utilized various methods like oligonucleotide-based microarrays, gene expression changes in skeletal muscle, and cDNA arrays.⁶⁻⁹ These studies showed that the genes related to DNA damage repair, energy metabolism, mitochondrial function, and oxidative stress were involved in the differential expression. The results provided meaningful insight into sarcopenia, but there were indisputable limitations due to the sample size.

MicroRNAs (miRNAs) are composed of ubiquitous and small non-coding RNA molecules. They contain approximately 22 nucleotides and function in RNA silencing or the regulation of gene expression.¹⁰ Each individual miRNA can modulate diverse mRNAs, indicating their great potential for the treatment and prognosis of diseases.¹¹ A number of studies suggested that the aging process might be regulated by miRNAs.^{12(p17),13-16} Especially, since mitochondrial dysfunction and oxidative damage are very important in age-related diseases, many researchers have studied these topics. For example, Schmidt and Khatri suggested that nuclear respiratory factor-1 (Nrf2) was regulated by miR-340-5p and miR-206, which is a key factor in regulating redox environments.^{17,18} Several mitochondrial (mito)miRs (-34a, -146a, and -181a) were also related to aging and directly controlled mitochondrial function by regulating mitochondrial protein expression. The loss of mitochondrial function results in oxidative stress, inflammation, and age-related diseases.^{19,20} These factors associated with the mitochondrial system might be related to sarcopenia due to age-related gene regulation, but the relationship is still poorly understood.

The purpose of this study was to find differentially expressed miRNAs (DE-miRNAs) in the muscle samples of older people (GSE23527). In addition, we performed to identify new miRNA-mRNA regulatory network for treating sarcopenia.

Methods

2.1. Microarray Data Source

First, the gene expression profiles were downloaded from the GEO (<http://www.ncbi.nlm.nih.gov/geo>) databases. We obtained the microarray datasets (GSE8479 and GSE1428) of the vastus lateralis muscle of young and older male subjects. The microarray of the GSE8479 and GSE1428 datasets was based on GPL2700 (Sentrix HumanRef-8 Expression BeadChip) and GPL96 ([HG-U133A] Affymetrix Human Genome U133A Array). GSE8479 contained 12 young muscle samples and 13 older muscle samples, and GSE1428 contained 10 young muscle samples and 12 older muscle samples. Additionally, the GSE23527 dataset was derived from the GPL10358 platform (LC_MRA-1001_miRHuman_11.0_080411) and contained the microRNA arrays of 12 young muscle samples and 12 older muscle samples.

2.2. Data Processing and Pathway Enrichment Analysis of GSE8479 and GSE1428

The DEGs between the older and young GSE8479 and GSE1428 samples were detected using the imaGEO (<https://imageo.genyo.es>) online analysis tool. An False Discovery Rate (FDR) P-value of < 0.05 was considered to indicate a DEG. We used the Metascape online database (<http://metascape.org>) to analyze the DEG enrichment of several pathways (min overlap = 3, P-value cutoff = 0.01, min enrichment = 1.5). Pathway and process enrichment analysis with ontology sources including the KEGG pathway, GO biological processes, Reactome gene sets, WikiPathways, and CORUM were analyzed by Metascape. The GO biological process was used to identify unique properties of the genomic data and KEGG was utilized for defining relationships, molecular interactions, and reaction networks of the DEGs. Reactome and WikiPathways are free pathway databases selected by experts and the scientific community. The CORUM databases are a resource of manually annotated protein complexes.

2.3. Protein-Protein Interaction Network Analysis and Hub Gene Identification

The PPI network of the DEGs was constructed using the Search Tool for Retrieval of Interacting Genes (STRING) app in Cytoscape software (version 1.6.0). Then, the PPI network was evaluated using the MCODE app in Cytoscape (degree cutoff = 2, max. depth = 100, node score cutoff = 0.2, and k-core = 2). The 20 hub genes of the DEGs were identified by CytoHubba, a Cytoscape plugin, using maximum correlation criterion (MCC).

2.4. Prediction of Potential miRNA and Target Genes

GEO2R (<https://www.ncbi.nlm.nih.gov>) was used to select the DE-miRNAs in the GSE 23527 dataset. Adjusted P-values of < 0.05 $|\logFC| > 0.8$ were set as the cutoff criteria with force normalization.

The genes regulated by DE-miRNAs in GSE23527 were selected using miRWalk and miRBase (<http://www.mirbase.org/>) databases using scores of > 0.95 in the random forest-based approach by executing the TarPmiR algorithm for miRNA target site prediction. The intersection of the genes regulated by the DE-miRNAs and hub genes of the DEGs were considered the target genes. The Venn diagram web tool (<http://bioinformatics.psb.ugent.be/webtools/Venn>) was used to identify the target genes.

2.5. Statistics

Bioinformatic tools were used for most of the statistical analyses above. When using the imaGEO web tool, meta-analysis was performed using the effect size of the random-effects model. In GEO2R, the Benjamini and Hochberg false discovery rate method was selected by default.

Results

3.1. Identification and Enrichment of Differentially Expressed Genes in Young and Older Muscle Samples

In the GSE8479 and GSE1428 datasets, a total of 81 DEGs were discovered, including four upregulated genes and 77 downregulated genes (Fig. 1A). The specific results of the gene analysis are presented in Supplementary Table 1.

Functional and pathway enrichment analyses of the DEGs were performed using Metascape online tools. The top 12 clusters and their representative enriched terms were identified (Fig. 1B). The Reactome gene sets showed that the citric acid (TCA) cycle and respiratory electron transport were the most significant pathways. In addition, GO biological processes and KEGG pathway analyses showed that mitochondrion organization and cardiac muscle contraction were also major pathways. The enriched GO terms are described in Table 1. A network plot of the enriched terms is also presented with the best p-values from each of the 20 clusters. Terms with a similarity of > 0.3 are connected by edges (Figs. 1C and 1D).

Table 1
Top 12 clusters with their representative enriched terms

GO	Category	Description	Count	%	Log10(P)	Log10(q)
R-HSA-1428517	Reactome Gene Sets	The citric acid (TCA) cycle and respiratory electron transport	17	20.99	-20.77	-16.41
GO:0007005	GO Biological Processes	mitochondrion organization	16	19.75	-11.45	-8.43
hsa04260	KEGG Pathway	Cardiac muscle contraction	7	8.64	-8.55	-5.64
R-HSA-1268020	Reactome Gene Sets	Mitochondrial protein import	6	7.41	-7.51	-4.68
hsa01200	KEGG Pathway	Carbon metabolism	6	7.41	-6.01	-3.26
GO:0032787	GO Biological Processes	monocarboxylic acid metabolic process	10	12.35	-4.79	-2.16
CORUM:320	CORUM	55S ribosome, mitochondrial	4	4.94	-4.14	-1.6
hsa00020	KEGG Pathway	Citrate cycle (TCA cycle)	3	3.7	-4.06	-1.53
WP4255	WikiPathways	Non-small cell lung cancer	3	3.7	-2.93	-0.62
GO:0030901	GO Biological Processes	midbrain development	3	3.7	-2.7	-0.45
GO:0051341	GO Biological Processes	regulation of oxidoreductase activity	3	3.7	-2.4	-0.18
GO:0106106	GO Biological Processes	cold-induced thermogenesis	3	3.7	-2.08	0

"Count" is the number of genes in the user-provided lists with membership in the given ontology term. "% " is the percentage of all of the user-provided genes that are found in the given ontology term. "Log10(P)" is the p-value in log base 10. "Log10(q)" is the multi-test adjusted p-value in log base 10.

3.2 PPI Network and Module Analysis

Using the STRING app in Cytoscape, the potential correlation between these DEGs was examined (maximum additional interactors = 0, confidence score cutoff = 0.4) (Fig. 2A). A total of 79 nodes and 186 edges were predicted in the PPI network. Then, the MCODE app in Cytoscape showed the significant modules in the PPI network (degree cutoff = 2, max. depth = 100, node score cutoff = 0.2, and k-core = 2) (Figs. 2B, 2C, and 2D). CytoHubba plugin in Cytoscape is used for clustering the hub genes (Fig. 2E). The top 20 hub genes are included in Table 2 with Maximum correlation criterion (MMC) scores.

Table 2
Top 20 in network String Network ranked by MCC method.

Rank	Name	shared name	Score
1	9606.ENSP00000317780	COX5A	39900000
2	9606.ENSP00000306397	UQCRFS1	39900000
3	9606.ENSP00000367939	UQCRQ	39900000
4	9606.ENSP00000457513	COX4I1	39900000
5	9606.ENSP00000359098	COX7A2	39900000
6	9606.ENSP00000419087	NDUFB2	39900000
7	9606.ENSP00000417656	COX7B	39900000
8	9606.ENSP00000377033	ATP5G1	39900000
9	9606.ENSP00000284727	ATP5G3	39900000
10	9606.ENSP00000259037	NDUFB5	39900000
11	9606.ENSP00000389649	ATP5J	39900000
12	9606.ENSP00000237889	NDUFB3	39900000
13	9606.ENSP00000292907	COX7A1	5040
14	9606.ENSP00000377446	SUCLG1	1683
15	9606.ENSP00000342056	CS	889
16	9606.ENSP00000368528	APOO	850
17	9606.ENSP00000401770	C14orf2	744
18	9606.ENSP00000369134	PDHA1	173
19	9606.ENSP00000361993	TIMM8A	49
20	9606.ENSP00000387262	IMMT	44

3.3 Prediction of Potential miRNAs and Target Genes

The microarray GSE23527 expression dataset was analyzed using GEO2R. A total of seven DE-miRNAs were obtained (Fig. 3A volcano plot). Based on data from GEO2R, one upregulated DE-miRNA (hsa-miR-450a-5p) and six downregulated DE-miRNAs (hsa-miR-127-3p, hsa-miR-24-2-5p, hsa-miR-378a-5p, hsa-miR-532-5p, hsa-miR-487b-5p, and has-miR-487b-3p) were selected from the miRBase database for further analysis (Table 3). Full DE-miRNA data are included in Supplementary Table 2.

Table 3
Selection of DE-miRNAs from miRBase.

DE-miRNAs	Regulation state	Selected DE-miRNAs from miRBase	Regulation state
Ctr01-3M10	Up	x	x
hsa-miR-127-3p	Down	hsa-miR-127-3p	Down
hsa-miR-24-2*	Down	hsa-miR-24-2-5p	Down
hsa-miR-378*	Down	hsa-miR-378a-5p	Down
hsa-miR-450a	Up	hsa-miR-450a-5p	Up
hsa-miR-487b	Down	hsa-miR-487b-5p	Down
		has-miR-487b-3p	Down
hsa-miR-532-5p	Down	hsa-miR-532-5p	Down

The MiRWalk online database was utilized for exploring 8017 genes that were selected as genes regulated by DE-miRNAs (Supplementary Table 3) and six of them overlapped with the hub genes (Fig. 3B). These target genes all showed low expression in older people (Fig. 1A). These target genes were entered into the miRNA-target gene regulatory network in Cytoscape (Fig. 3C).

Discussion

Sarcopenia refers to gradual and progressive functional limitations and deterioration in muscle strength and endurance.^{21,22} Aging is a major factor in this disease by affecting physical activity capability and the molecular basis for the loss of muscle mass.^{23,24} To understand the underlying biology of sarcopenia and discover an effective intervention that can improve muscle function, it is necessary to monitor gene expression changes in a genome-wide study. Bioinformatics analyses including extended previous data are based on screening genetic alterations of gene expression.²⁵

By identifying the key expression genes and miRNAs of disease including mRNA-miRNA interactions, many helpful disease control strategies can be acquired. To identify more optimal core genes of muscle weakness involved in aging, this study used two profile datasets (GSE8479 and GSE1428) based on bioinformatics methods. Twenty-five aged muscle specimens and twenty-two young muscle specimens were used in the research. Via imaGEO online analysis, a total of 81 commonly changed DEGs including four upregulated and 77 downregulated DEGs were revealed. After that, the Metascape online tool was used for functional and pathway enrichment analysis. DEGs were enriched in the category of 1) Reactome gene sets including the TCA cycle and respiratory electron transport and mitochondrial protein import; 2) GO biological processes including mitochondrion organization, monocarboxylic acid metabolic processes, midbrain development, and the regulation of oxidoreductase activity and cold-induced thermogenesis; 3) the KEGG pathway including cardiac muscle contraction, carbon metabolism, and the citrate cycle; and 4) CORUM including the mitochondrial 55S ribosome. Particularly, 23 DEGs including

the citric acid (TCA) cycle, respiratory electron transport, and mitochondrial protein import were identified in the Reactome gene sets. In GO biological process and KEGG pathway analyses, mitochondrion organization and cardiac muscle contraction were most associated in each category. Next, a PPI network complex of the DEGs was constructed, which was composed of 79 nodes and 186 edges via Cytoscape using the STRING database. Three vital clusters were obtained by MCODE analysis including 1) cluster one of 12 nodes (COX7B, COX4I1, COX5A, COX7A2, ATP5J, ATP5G1, ATP5G3, NDUFB2, NDUFB3, NDUFB5, UQCRQ, and UQCRFS1) and 66 edges; 2) cluster two of four nodes (CS, APOO, SUCLG1, and PDHA1) and five edges; and 3) cluster three of three nodes (MRPL2, MRPL12, and MRPL34) and three edges. In CytoHubba, a Cytoscape plugin, 20 hub genes (COX5A, UQCRFS1, UQCRQ, COX4I1, COX7A2, NDUFB2, COX7B, ATP5G1, ATP5G3, NDUFB5, ATP5J, NDUFB3, COX7A1, SUCLG1, CS, APOO, C14orf2, PDHA1, and TIMM8A) were clarified. Seven DE-miRNAs (hsa-miR-450a-5p, hsa-miR-127-3p, hsa-miR-24-2-5p, hsa-miR-378a-5p, hsa-miR-532-5p, hsa-miR-487b-5p, and has-miR-487b-3p) based on one profile dataset (GSE23527) were identified and the Venn diagram web tool was used for the target genes. Finally, we found six target genes (COX7A1, NDUFB5, COX7B, PDHA1, TIMM8A, and CS) and miRNAs that could be considered novel effective targets to treat patients with age-related sarcopenia.

The present study showed that most genes were related to mitochondrial function and energy-producing capabilities. Skeletal muscle mitochondrial capacity is an important factor and is well-studied.^{26,27} Human aging generally results in lower mitochondrial function.²⁸⁻³⁰ There are close links between muscle mass and mitochondrial energetics including reduced ATP³¹ and increased ROS generation.^{32,33} ROS produced in aged muscle results in proteolytic degradation (proteasome system) and energetic stress, leading to reduced muscle mass.^{34,35} If muscle mitochondria fail to provide sufficient ATP, the cells choose either growth or somatic maintenance, and this results in the disruption of proteostasis equilibrium.³⁶

Because miRNAs are very competitive therapeutic molecules, our findings of miRNAs regulating mitochondrial function-related genes could be used in strategies for recovering the muscle atrophy of patients with age-related sarcopenia.¹⁵ A recent clinical trial indicated that specific inhibitors of miRNAs called anti-miR compounds represented potential drugs for incurable diseases³⁷, and our study showed a new approach to treating sarcopenia, which remains a challenging muscle disorder.

Conclusion

The present study found that several miRNAs (hsa-miR-378a-5p, hsa-miR-532-5p, hsa-miR-127-3p, hsa-miR-24-2-5p, has-miR-487b-5p, and has-miR-450a-5p) regulating target genes (COX7A1, NDUFB5, COX7B, PDHA1, TIMM8A, and CS) shows significant expression change in aged people. The bioinformatics analysis showed that the controlling miRNAs regulating mitochondrial function-related genes could be used in strategies for treating sarcopenia by regulating the mRNA-miRNA network. It is supposed that this mRNA-miRNA network could be the cause of sarcopenia with aging. These results suggest that the

controlling miRNAs found could be used in strategies for treating sarcopenia by regulating the mRNA-miRNA network.

Declarations

Ethics approval and consent to participate

The study protocol was approved by the Institutional Review Board (IRB) of Gyeongsang National University Hospital (IRB number: 2019-02-013).

Availability of data and materials

The datasets generated and/or analyzed during the current study are available in the [GEO data, (GSE8479 and GSE1428)] repository, [<http://www.ncbi.nlm.nih.gov/geo>].

Competing interests

None declared by all authors.

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Author's contributions

Concept – YJI, LSY; Design - YJI, LSY; Supervision - YJI, LSY; Materials - YJI, LSY; Data Collection and/or Processing - YJI, LSY; Analysis and/or Interpretation - YJI, LSY; Literature Search - YJI, LSY; Writing Manuscript - YJI, LSY; Critical Review - YJI, LSY

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Not Applicable

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Supplementary Tables

Supplemental Tables 1-3 are not available with this version.

Figures

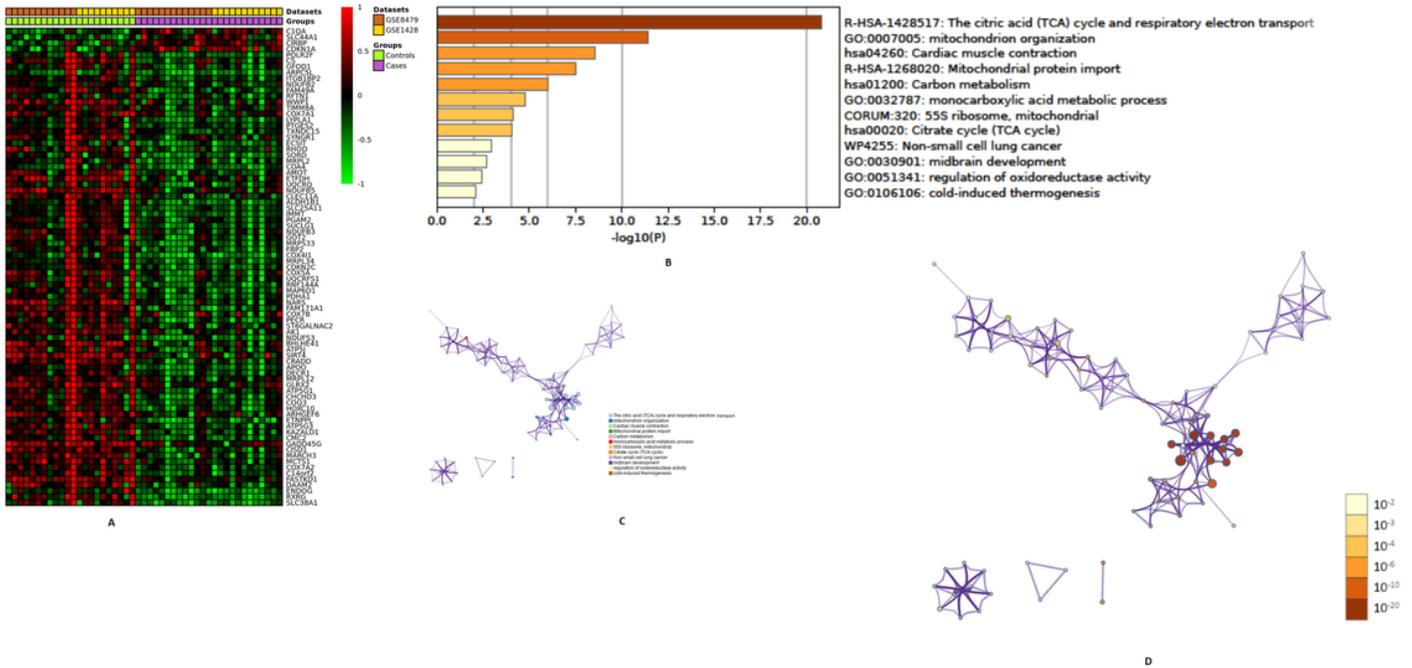


Figure 1

Identification of DEGs and pathway enrichment analysis. A) Heatmap of the top 100 genes. B) Bar graph of enriched terms across the input gene lists, colored by p-values. C) Network of enriched terms by cluster. D) Network of enriched terms by p-value.

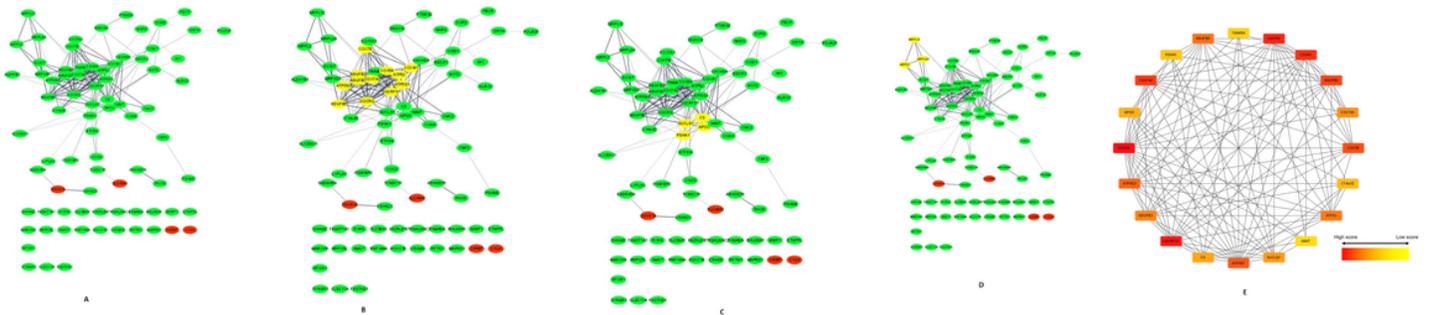


Figure 2

PPI network and module analysis. A) PPI network of DEGs constructed by STRING. Red color = upregulated genes, green color = downregulated genes. B) MCODE analysis (12 nodes, 66 edges). C) MCODE analysis (4 nodes, 5 edges). D) MCODE analysis (3 nodes, 3 edges). E) Hub gene network of the DEGs.

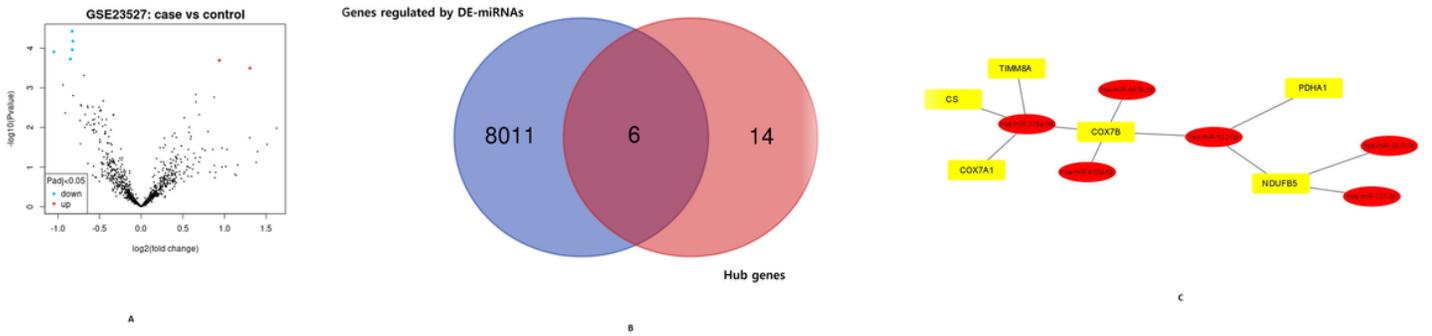


Figure 3

Prediction of potential miRNAs and target genes. A) Volcano plot of GSE23527. B) Venn diagram of regulated genes and hub genes. C) miRNA-target gene regulatory network.