

The Impact of Smoking Status on the Long-Term Prognosis of Male Patients Underwent Percutaneous Coronary Intervention of Left Main Coronary Artery

Shu-bin QIAO (✉ qsbfuwai2020@163.com)

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

<https://orcid.org/0000-0002-4232-5116>

TENG Hao-bo

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

GUO Chao

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

GUAN Chang-dong

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

WANG Xin-yu

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

XU Hao-bo

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

CHUN Yu-shi

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

WANG Juan

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

YUAN Jian-song

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

YANG Wei-xian

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

XU Bo

Chinese Academy of Medical Sciences & Peking Union Medical College Fuwai Hospital

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Abstract

Objective: To evaluate the impact of smoking status on the long-term prognosis of male patients with left main coronary artery lesions who received percutaneous coronary intervention.

Methods: A retrospective analysis was conducted. A total of 3122 male patients with left main lesions who received percutaneous coronary intervention in our hospital were categorized by smoking status at admission: 1207 in the non-smokers group, 1339 in the current smokers group, and 576 in the ex-smokers group. The patients were followed up for 3 years. The main study endpoints were major cardiovascular adverse events (composite endpoints of all-cause death, all myocardial infarctions and revascularization) and target lesion failure (composite endpoints of cardiogenic death, target vessel-related myocardial infarction, target vessel-related blood flow reconstruction).

Results: The patients in the current smokers group was younger than the non-smokers group and the ex-smokers group ($p < 0.0001$). In terms of prognosis, no statistical significance observed in the incidence of composite end point of MACE ($p = 0.9866$), target lesion failure ($p = 0.2522$), and stent thrombosis ($p = 0.2118$), all-cause death ($p = 0.3130$), cardiogenic death ($p = 0.2509$), revascularization ($p = 0.5028$), target vessel-related revascularization ($p = 0.9866$), and stroke ($p = 0.3895$), among the three groups. The current smokers group had the lowest incidence of myocardial infarction while ex-smokers group had the highest incidence rate (5.67% vs. 5.10% vs. 2.97%, $p = 0.0072$), and so is the incidence of myocardial infarction related to target vessels (5.48% vs. 5.10% vs. 2.89%, $p = 0.0067$). According to Cox regression analysis, history of myocardial infarction (HR=1.339, 95%CI:1.042-1.722, $p = 0.0227$), and baseline SYNTAX score (HR=1.0333, 95%CI:1.017-1.049, $p < 0.0001$) are independent risk factors of MACE, while current smoking (HR=0.793, 95%CI:0.646-0.974, $p = 0.0274$) proves to be an independent protective factor of target vessel related myocardial infarction.

Conclusion: For male patients with the left main coronary artery lesions receiving PCI, smoking has no impact on the long-term MACE or target lesion failure, current smoking is an independent protective factor for target vessel related myocardial infarction.

Introduction

Multiple factors contributed to the pathogenesis of coronary atherosclerotic heart disease, including irreversible factors (such as genetics, age, and gender) and reversible factors (such as hypertension, hyperlipidemia, smoking, obesity, etc.). Smoking is recognized as an important risk factor for atherosclerosis and coronary heart disease^[1,2], however, with the introduction of the smoker's paradox^[3], more and more studies have observed that in patients with coronary heart disease, especially myocardial infarction, the impact of smoking on the long-term prognosis of patients undergoing percutaneous coronary intervention (PCI) is widely controversial^[4-6], and smoking cessation has been proven to improve the long-term survival of patients with coronary heart disease^[7,8]. At present, there are limited studies focused on population with left main coronary artery (LMCA) disease receiving PCI. This study

aims to investigate the impact of smoking on the long-term clinical prognosis in male patients with LMCA disease who received PCI in our hospital.

Materials And Methods

Subjects:

A total of 3122 male patients with LMCA lesions undergoing PCI from January 2004 to December 2015 were consecutively enrolled in the Department of Cardiology of our hospital. 3,005 patients were followed up for 3 years and the medical records were complete. Inclusion criteria for PCI: life expectancy greater than 5 years; patients with episodes of ischemic symptoms despite optimal medical therapy, etc.

Exclusion criteria: 1. Patients with life expectancy <5 years. 2. Patients with severe cardiac insufficiency and the left ventricular ejection fraction (LVEF) <30%. 3. Patients with severe respiratory failure, renal insufficiency, liver insufficiency, etc. 4. Patients known to be severely allergic to the contrast agents. 5. Patients with bleeding disorders who cannot tolerate long-term dual anti-platelet therapy.

Methods:

Baseline data, laboratory examinations and information of stent implantation were recorded in a dedicated database. A retrospective evaluation was performed for angiography of lesions (including Syntax score) and operating characteristics by an independent core laboratory (The center laboratory of Cardiovascular Intervention Imaging, Fuwai Hospital of National Cardiovascular Center). SYNTAX score was calculated for >50% of stenotic lesions in each vessel, with a diameter >1.5 mm.

All patients were questioned in detail about their smoking status and smoking habits at the time of study enrollment, and patients who never smoked were categorized as non-smokers; patients with a smoking history of >3 months and who still smoked within 3 months prior to PCI were categorized as current smokers; and patients who were former smokers but had quit smoking for at least 3 months prior to the intervention were categorized as ex-smokers. Outpatient or telephone follow-ups were performed for all patients at one month, six months, 1 year and 3 years by specialized agencies. All adverse clinical events (including all-cause death, cardiovascular death, re-admission, myocardial infarction, revascularization, bleeding, etc.) were recorded and evaluated by an independent committee on clinical events.

Procedures and pharmaceutical therapeutics

Coronary angiography and PCI were performed via the radial or femoral artery and were performed primarily by experienced operators. All patients were given dual-antiplatelet therapy preoperatively. Patients for elective PCI were given clopidogrel 75mg/d (or ticagrelor 90mg bid) and aspirin tablets 100mg/d for 6 consecutive days preoperatively or a loading dose of clopidogrel 300-600mg (or ticagrelor 180mg) and aspirin 300mg preoperatively. After the operation, anti-platelet treatment was administered based on the clinician's advice. The use of glycoprotein IIb/IIIa receptor inhibitors was determined by the cardiac interventionalists according to the thrombotic load. All interventional procedures were performed

by experienced clinicians in accordance with formal procedures. All postoperative patients underwent standardized secondary prevention criteria for coronary intervention.

Outcomes and follow-up

Observation indicators included: all patients were followed at 1, 6, 9 months and 1, 2, and 3 years by outpatient clinic or telephone. The primary endpoint of the study was Major Adverse Cardiovascular Events (MACE), defined as all-cause death, myocardial infarction, and all revascularization. Secondary endpoints were Target Lesion Failure (TLF), and stent thrombosis. TLF included cardiac death, target vessel myocardial infarction, and ischemia-driven target vessel revascularization. Cardiac death: defined as any death due to cardiac causes (e.g., myocardial infarction, low cardiac output, fatal arrhythmias), unwitnessed death, unexplained death, and all deaths associated with the operations and treatments. Target vessel revascularization: defined as any revascularization of the entire major coronary artery and its downstream and branch vessels. Stent thrombosis: all definite and probable stent thrombosis defined by the Academic Research Consortium. All adverse clinical events are adjudicated and evaluated by an independent Clinical Events Committee.

Statistical analysis

Normal distribution was tested for continuous data. Continuous data that met normal distribution were represented by mean±SD, while mean values were compared by ANOVA. Continuous data that did not meet normal distribution were expressed as quartiles (P25, P75), and differential comparison of mean values was performed by nonparametric test (Kruskal-Wallis test). Intensity of qualitative data was described by percentage. Differential comparison of the percentages of qualitative data between groups was performed by Chi-square test. Survival analysis was performed using Kaplan-Meier test and log-rank test. Cox multivariate regression analysis was conducted based on the results of univariate analysis. A probability value of <0.05 was considered statistically significant. All analyses were performed using SAS 9.4.

This study was approved by the hospital ethics committee.

Results

A total of 3122 male patients with LMCA disease and received PCI in department of cardiovascular medicine in our hospital from January 2004 to December 2015 were investigated, among which 1207 patients categorized in non-smokers group, 1339 patients in current smokers group, and 576 patients in the ex-smokers group. 3005 patients were followed up for 3 years and complete data were collected.

The baseline demographic characteristics of the three groups were showed in Table 1, the current smokers were younger than the nonsmokers and ex-smokers ($p < 0.0001$). There was statistical significance in previous myocardial infarction, previous PCI, type 2 diabetes, hyperlipidemia, family history of coronary artery disease, chronic obstructive pulmonary disease (COPD) among the three

groups. The ex-smokers had the poorest clopidogrel adherence, with a lowest proportion of never interrupted use of clopidogrel (83.80% vs. 90.06% vs. 86.89%, $p=0.0026$). No significant differences were observed in body mass index, post-coronary artery bypass graft (CABG), stroke, peripheral vascular disease, ejection fraction and incidence of asymptomatic ischemia among the three groups.

The coronary angiography data of the three groups was shown in Table 2, and no statistical differences were observed among the three groups in terms of the number of lesion vessels, LM calcification, and baseline SYNTAX score. The duration of PCI time was longer in the ex-smoker group ($p=0.0200$) than in the other two groups. The comparison of interventional procedures in three groups, shown in table 3, no statistical differences were observed in stent implantation, number of LM stents, number of total stents, lesion type, lesion length, bifurcation lesion, stent length, procedural complications, successful treatment of lesions, Intra-Aortic Balloon Pump (IABP) support, the application of intravascular ultrasound, and fractional flow reserve among the three groups.

In terms of prognosis, no statistical differences were observed in composite MACE endpoints ($p=0.2772$), target lesion failure ($p=0.2522$), and stent thrombosis ($p=0.2118$) among the three groups. No statistical difference was observed in the incidence of cardiac death ($p=0.2509$), target vessel revascularization ($p=0.9866$), all-cause death ($p=0.3130$), all revascularization ($p=0.5028$) and stroke ($p=0.3985$). The incidence of all myocardial infarction (5.67% vs. 5.10% vs. 2.97%, $p=0.0072$) and target vessel myocardial infarction (5.48% vs. 5.10% vs. 2.89%, $p=0.0067$) were higher in the ex-smoking group than in non-smokers group and the current smokers group, with statistical difference. The Kaplan-Meier survival curves for MACE and TLF were based on follow-up, starting after PCI, were shown in Figures 1-2.

To investigate the independent risk factors for the composite MACE endpoint, target lesion failure, and the occurrence of each important component event: age, body mass index, smoking status, previous PCI, previous CABG, previous myocardial infarction, hypertension, diabetes, stroke, peripheral vascular disease, preoperative creatinine clearance, and baseline SYNTAX score were included in the cox regression analysis, and the results were shown in Table 5. Smoking was the independent protective factors for the occurrence of target vessel myocardial infarction (HR=0.793, 95% CI: 0.646-0.974, $p=0.0274$), whereas for MACE, target lesion failure, cardiac death, all-cause death, and target vessel revascularization, smoking were neither risk nor protective factors. Previous myocardial infarction (HR=1.339, 95% CI: 1.042-1.722, $p=0.0227$) and baseline SYNTAX score (HR=1.0333, 95% CI: 1.017-1.049, $p<0.0001$) were independent risk factors.

Discussion

Smoking, as a clear risk factor for coronary heart disease, can induce endothelial damage, inflammatory response, plaque erosion and rupture, leading to endothelial dysfunction and vasodilatation, and ultimately atherosclerosis progression, increasing the risk of myocardial infarction [9-11]. The finding of a survival benefit from smoking in patients with acute myocardial infarction has led to the introduction of the smoker's paradox [3], with speculation that possible mechanisms including the relatively younger age

of smokers, fewer risk factors, better clopidogrel responsiveness and therefore better platelet suppression^[12], the high pre-hospital mortality in smokers may lead to biased findings^[13] and an increased incidence of deep vein thrombosis after smoking cessation^[14], etc.

A recent meta-analysis showed that the mortality rate was lower in smokers with ACS at 30 days (2.3% vs. 3.3%, OR=0.54, 95%CI: 0.39-0.76, $p<0.001$), 12 months (2.3% vs. 3.6%, OR=0.54, 95%CI:0.30-0.70, $p<0.001$), and this decrease is associated with younger age, lower incidence of diabetes, less severe coronary lesions, and male sex ratio^[15]. However, most of the studies supporting this paradox originated in the thrombolytic and early PCI era. Few studies were based on the post-PCI era, which was recently supplemented by Parasuraman et al. In a cohort study including 12,656 patients with non-elective PCI, smokers underwent PCI at an earlier age and were more likely to undergo PCI for acute coronary syndromes and had an increased 30-day mortality rate compared to non-smokers^[16].

Ndrepepa et al. observed a lower incidence of no-reflow in smokers than in nonsmokers in the population undergoing emergency PCI for STEMI^[17], but this can be explained by the younger age of the smokers, fewer cardiovascular risk factors comorbid and a higher thrombotic component in the study. Shemirani et al. further showed that after adjusting for confounding factors such as age, no significant differences were observed between smokers and nonsmokers in the no-reflow phenomena and short-term complications^[18], consistent with the findings of Sherif's team^[19]. In the non-ST-segment elevation myocardial infarction population, Feistritz demonstrated that smoking status had no effect on infarction size, microcirculatory obstruction, or MACE development^[20] by Magnetic Resonance Imaging, which challenged the smoker's paradox to varying degrees.

LM lesions used to be considered off-limits to PCI, but with the increasing development of interventional techniques, PCI has become the main treatment for LM lesions^[21,22]. The EXCEL study included 1,905 patients with LM lesions, randomized to PCI and CABG, showed an increased incidence of the 5-year composite endpoint in current smokers compared with nonsmokers, with no increased risk seen in ex-smokers^[23]. The SYNTAX study was also performed in patients with more complex coronary artery disease and dynamically observed the smoking status of patients during the follow-up period, and similar conclusions were yielded with further analysis^[24].

In our study, smoking did not affect the incidence of MACE or TLF in this population, only that the incidence of myocardial infarction and target vessel-related myocardial infarction was lower in current smokers. According to the baseline data, the younger of current smokers, the higher incidence of previous myocardial infarction and the more history of PCI all suggested that this population had an earlier onset of coronary heart disease and fewer co-existing high-risk factors, and the creatinine clearance rate was higher than the other two groups, which can also partially explain the lower incidence of postoperative myocardial infarction, target vessel-related myocardial infarction and hemorrhage in current smokers. In addition, smoking status can change over the course of follow-up, with the possibility of relapse in ex-smokers and gradual smoking cessation in current smokers, but the vast majority of studies have just

examined smoking status at baseline and were performed with post-hoc analysis, limiting the accuracy of the results to some extent.

Although the impact of smoking on long-term prognosis is still not completely clear, there is no doubt that adherence to smoking cessation is important. A meta-analysis including 12,603 smokers with coronary artery disease showed that smoking cessation after acute myocardial infarction or cardiac surgery significantly decreased the mortality rate (RR=0.64, 95%CI:0.58-0.71) [26], and after PCI treatment, compared to smoking cessation patients, those who continue to smoke have worse health-related quality of life and a higher frequency of angina attack symptoms [8]. However, the rate of smoking cessation in patients undergoing PCI and pharmacotherapy is lower than that of in CABG [7], so there is still much work to be done to promote smoking cessation and manage patients in clinical practice.

Although this study is a large-scale study of the population undergoing PCI for LM lesions, there are still certain limitations in the following aspects: 1) the study is a retrospective observational study; 2) the study is a single center study, with a small sample size and only male patients, and the ex-smoking group is significantly smaller than the other two groups, which reduces the statistical efficiency; 3) the smoking status is only evaluated before enrollment, and the cigarette consumption and duration is missing, which limits the quantitative analysis of the impact of smoking on long-term prognosis. In the future, a multicenter study on smoking status can be conducted to further expand the sample size, adequately match the population of three groups, extend the follow-up time, continue to improve the observation of smoking status during the follow-up period, and conduct quantitative statistics on the cigarettes consumption and the duration of smoking, so as to better verify the predictive ability of smoking as an important risk factor for the long-term prognosis of patients undergoing PCI for LM lesions.

Conclusion

Smoking status has no effect on the long-term MACE or target lesion failure in male patients undergoing PCI for left main stem lesions.

Declarations

Ethical Approval and Consent to participate

The Ethics Committee of the Fuwai Hospital, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences and Peking Union Medical College approved the study protocol with written informed consent from patients or their next of kin and the use of deferred consent.

Consent for publication

Consent for publication has been approved by Fuwai Hospital, National Center for Cardiovascular Diseases, Chinese Academy of Medical Sciences and Peking Union Medical College.

Availability of supporting data

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Competing interests

All the authors declare that they have no competing interests.

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Authors' contributions

GC, THB contributed equally as the first author, drafted the manuscript, YWX XB and QSB created the idea of the study. WXY, GCD, WJ, XHB conducted the analyses. CYS, YJS critically reviewed the manuscript and agreed with the final version and findings. All authors read and approved the final manuscript.

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Authors' information

1Center of Coronary Heart Disease, National Center for Cardiovascular Diseases and Fuwai Hospital, Chinese Academy of Medical Sciences and Peking Union Medical College, Beijing, 100037, China.

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Tables

Table 1. Comparison of baseline data of patients classified according to smoking status

Indicator	non-smokers n=1207	Current smokers n=1339	ex-smokers n=576	P value
Age(X±S)	61.42±10.54	57.26±10.07	61.04±9.88	<0.0001
Body mass index(X±S)	25.69±3.02	25.79±3.17	25.69±2.92	0.6810
Post-myocardial infarction	281(23.28%)	430(32.11%)	177(30.73%)	<0.0001
Post-PCI	284(23.53%)	347(25.91%)	198(34.38%)	<0.0001
Post-CABG	41(3.40%)	27(2.02%)	16(2.78%)	0.0982
Type 2 diabetes mellitus	293(24.28%)	355(26.51%)	173(30.03%)	0.0346
Hypertension	623(51.62%)	751(56.09%)	355(61.63%)	0.0003
Hyperlipidemia	629(52.11%)	780(58.25%)	363(63.02%)	<0.0001
Family history of CAD	156(13.17%)	317(23.67%)	102(17.71%)	<0.0001
Stroke	103(8.53%)	130(9.71%)	65(11.28%)	0.1746
Peripheral vascular diseases	84(6.96%)	88(6.57%)	41(7.12%)	0.8839
Chronic obstructive pulmonary disease	7(0.58%)	5(0.37%)	9(1.56%)	0.0205
Creatinine Clearance Rate(ml/min, X±S)	88.50±25.98	97.08±27.87	89.40±28.94	<0.0001
Ejection fraction(%, X±S)	62.97±7.60	62.71±8.06	62.72±7.67	0.6911
Asymptomatic ischemia	95(7.87%)	116(8.66%)	40(6.94%)	0.1811
Clonidogrel adherence	1147(%)	1236(%)	537(%)	
Never interrupted	1033(90.06%)	1047(86.89%)	450(83.80%)	
Occasional interrupted	96(8.37%)	137(11.08%)	77(14.34%)	0.0026
long-term interrupted	13(1.13%)	16(1.29%)	10(1.86%)	
occasional dose	5(0.44%)	9(0.73%)	0(0.00%)	

PCI=percutaneous coronary intervention CABG=coronary bypass grafting

Table 2. Comparison of coronary artery disease based on smoking status

Indicator	non-smokers n=1207	Current smokers n=1339	ex-smokers n=576	<i>P</i> value
Imaging diagnosis				0.2270
LM+0	63(5.22%)	88(6.57%)	35(6.08%)	
LM+1	260(21.54%)	243(18.15%)	107(18.58%)	
LM+2	473(39.19%)	510(38.09%)	229(39.76%)	
LM+3	411(34.05%)	498(37.19%)	205(35.59%)	
LM calcification	160(13.26%)	163(12.17%)	76(13.19%)	0.6783
Dominant equilibrium	51(4.23%)	40(2.99%)	19(3.30%)	0.5047
left	43(3.56%)	52(3.88%)	24(4.17%)	
right	1113(92.21%)	1247(93.13%)	533(92.53%)	
PCI duration min, X±S	51.79±35.67	52.71±37.40	54.04±33.31	0.0200
Baseline SYNTAX	23.21±7.01	23.07±7.24	23.61±7.33	0.3782

LM left main; PCI: percutaneous coronary intervention.

Table 3. Comparison of left main stem interventions based on smoking status

Indicator	Non-smokers n=1207	Current smokers n=1339	Ex-smokers n=576	P value
Stent implantation	1190(98.59%)	1314(98.13%)	568(98.61%)	0.5916
Number of LM stents	2.00±1.03	1.99±1.13	2.07±1.11	0.2150
Length of LM stents mm, X±S	32.30±19.78	32.68±20.72	31.88±19.29	0.9603
Number of DES X±S	2.12±1.10	2.15±1.24	2.16±1.16	0.8760
Post-extended	864(71.58%)	990(73.94%)	423(73.44%)	0.3923
Lesion length mm, X±S	27.39±19.23	27.91±20.27	27.42±19.24	0.9988
Lesion type				
De novo	1172(97.10%)	1307(97.61%)	553(96.01%)	0.1573
Re-stenosis	35(2.90%)	32(2.39%)	23(3.99%)	
Radial process	915(75.81%)	1010(75.43%)	418(72.57%)	0.3064
Bifurcation lesion	1000(82.85%)	1098(82.00%)	491(85.24%)	0.2234
Operation complications	28(2.32%)	25(1.87%)	12(2.08%)	0.7376
Successful treatment	1199(99.34%)	1329(99.25%)	570(98.96%)	0.6613
IABP	99(8.20%)	106(7.92%)	32(5.56%)	0.1196
IVUS	464(38.44%)	563(42.05%)	237(41.15%)	0.1696
FFR	0(0.00%)	2(0.15%)	1(0.17%)	0.4105

LM: left main; DES: drug-eluting stent; IABP: intra-aortic balloon pump; IVUS: intravascular ultrasound; FFR: flow reserve fraction

Table 4. Comparison of 3-year follow-up prognosis based on smoking status

Indicators	Non-smokers n=1207	Current smokers n=1339	Ex-smokers n=576	P value
Completion of 3- year follow-up	1177(97.57%)	1281(95.67%)	547(94.97%)	0.0098
MACE	121(10.28%)	117(9.13%)	63(11.52%)	0.2772
All-cause death	44(3.74%)	42(3.28%)	26(4.75%)	0.3130
All MI	60(5.10%)	38(2.97%)	31(5.67%)	0.0072
All revascularization	87(7.39%)	110(8.59%)	47(8.59%)	0.5028
Target lesion failure	105(8.92%)	98(7.65%)	54(9.87%)	0.2522
Cardiac death	25(2.12%)	24(1.87%)	17(3.11%)	0.2509
TVMI	60(5.10%)	37(2.89%)	30(5.48%)	0.0067
TVR	49(4.16%)	52(4.06%)	23(4.20%)	0.9866
Stroke	23(1.95%)	17(1.33%)	11(2.01%)	0.3985
Stent thrombosis	19(1.61%)	16(1.25%)	13(2.38%)	0.2118

MACE Major adverse cardiovascular events; MI: myocardial infarction; TVMI: Target Vessel-related Myocardial Infarction; TVR: Target vessel revascularization

Table 5a. Results of Cox regression analysis for endpoint events

Indicators	MACE		Target vessel failure	
	P value	HR[95%CI]	P value	HR[95%CI]
Age (continuous increment)	0.0507	1.015[1.000,1.031]	0.4622	1.006[0.990,1.023]
BMI[Kg/m ²]	0.2522	1.026[0.982,1.071]	0.0499	1.047[1.000,1.097]
Smoking	0.9743	0.998[0.874,1.139]	0.5368	0.956[0.829,1.103]
Previous PCI	0.0632	1.274[0.987,1.644]	0.0500	1.316[1.000,1.732]
Previous CABG	0.0864	0.488[0.215,1.108]	0.1346	0.533[0.233,1.216]
Previous myocardial infarction	0.0227	1.339[1.042,1.722]	0.0200	1.379[1.052,1.808]
Hypertension	0.4995	1.088[0.852,1.389]	0.5552	1.083[0.832,1.410]
Diabetes	0.6393	0.939[0.720,1.224]	0.5337	0.913[0.685,1.217]
Stroke	0.4758	0.867[0.586,1.283]	0.3949	0.827[0.533,1.281]
peripheral vascular disease	0.8841	1.034[0.660,1.620]	0.5931	0.866[0.512,1.467]
Preoperative creatinine clearance	0.1288	0.995[0.988,1.002]	0.0832	0.994[0.986,1.001]
Baseline SYNTAX score	<0.0001	1.033[1.017,1.049]	<0.0001	1.041[1.024,1.059]

BMI:body mass index

Table 5b. Results of Cox regression analysis for endpoint events

Indicators	Cardiac death		All-cause death	
	P value	HR[95%CI]	P value	HR[95%CI]
Age (continuous increment)	0.2143	1.022[0.988,1.056]	0.0028	1.041[1.014,1.070]
BMI[Kg/m ²]	0.1731	1.065[0.973,1.165]	0.8136	1.009[0.939,1.084]
Smoking	0.9434	0.990[0.745,1.316]	0.6033	1.060[0.852,1.318]
Previous PCI	0.7331	0.910[0.528,1.568]	0.9856	0.996[0.652,1.522]
Previous CABG	0.2157	0.282[0.038,2.091]	0.1337	0.220[0.030,1.592]
Previous myocardial infarction	<0.0001	3.709[2.193,6.273]	<0.0001	2.273[1.530,3.378]
Hypertension	0.7819	1.077[0.638,1.816]	0.7121	1.079[0.721,1.615]
Diabetes	0.1043	0.592[0.314,1.115]	0.4746	0.849[0.542,1.330]
Stroke	0.1783	1.557[0.817,2.966]	0.2810	1.330[0.792,2.234]
peripheral vascular disease	0.5414	0.695[0.216,2.235]	0.9059	1.045[0.504,2.166]
Preoperative creatinine clearance	0.0673	0.986[0.971,1.001]	0.1004	0.990[0.978,1.002]
Baseline SYNTAX score	0.0042	1.048[1.015,1.082]	0.0424	1.027[1.001,1.054]

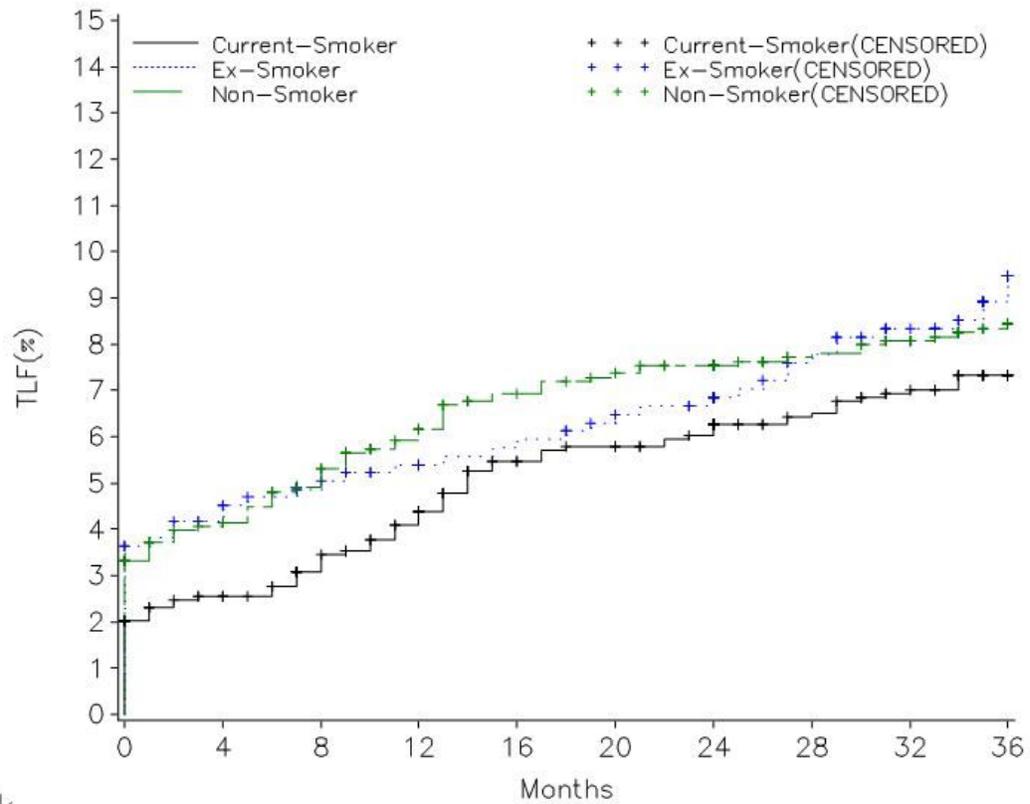
BMI:body mass index CABG:coronary artery bypass graft PCI:percutaneous coronary intervention

Table 5c. Results of Cox regression analysis for endpoint events

Indicators	Targeted-vessel revascularization		Targeted-vessel myocardial infarction	
	P value	HR[95%CI]	P value	HR[95%CI]
Age (continuous increment)	0.6927	0.995[0.972,1.019]	0.3655	1.011[0.987,1.035]
BMI[Kg/m ²]	0.4014	1.029[0.962,1.101]	0.0323	1.073[1.006,1.144]
Smoking	0.8436	0.979[0.797,1.204]	0.0274	0.793[0.646,0.974]
Previous PCI	0.0001	2.095[1.431,3.066]	0.9053	1.025[0.687,1.529]
Previous CABG	0.5521	1.321[0.527,3.311]	0.0545	0.143[0.020,1.038]
Previous myocardial infarction	0.4249	0.843[0.554,1.282]	0.0010	1.874[1.290,2.724]
Hypertension	0.4241	1.170[0.796,1.720]	0.6870	1.080[0.743,1.570]
Diabetes	0.5827	1.119[0.750,1.670]	0.5023	0.869[0.576,1.310]
Stroke	0.1033	0.500[0.217,1.151]	0.8888	0.960[0.544,1.695]
peripheral vascular disease	0.8994	0.954[0.462,1.972]	0.5894	0.809[0.376,1.745]
Preoperative creatinine clearance	0.6973	1.002[0.993,1.011]	0.0537	0.990[0.979,1.000]
Baseline SYNTAX score	0.1821	1.017[0.992,1.044]	<0.0001	1.053[1.029,1.078]

BMI:body mass index

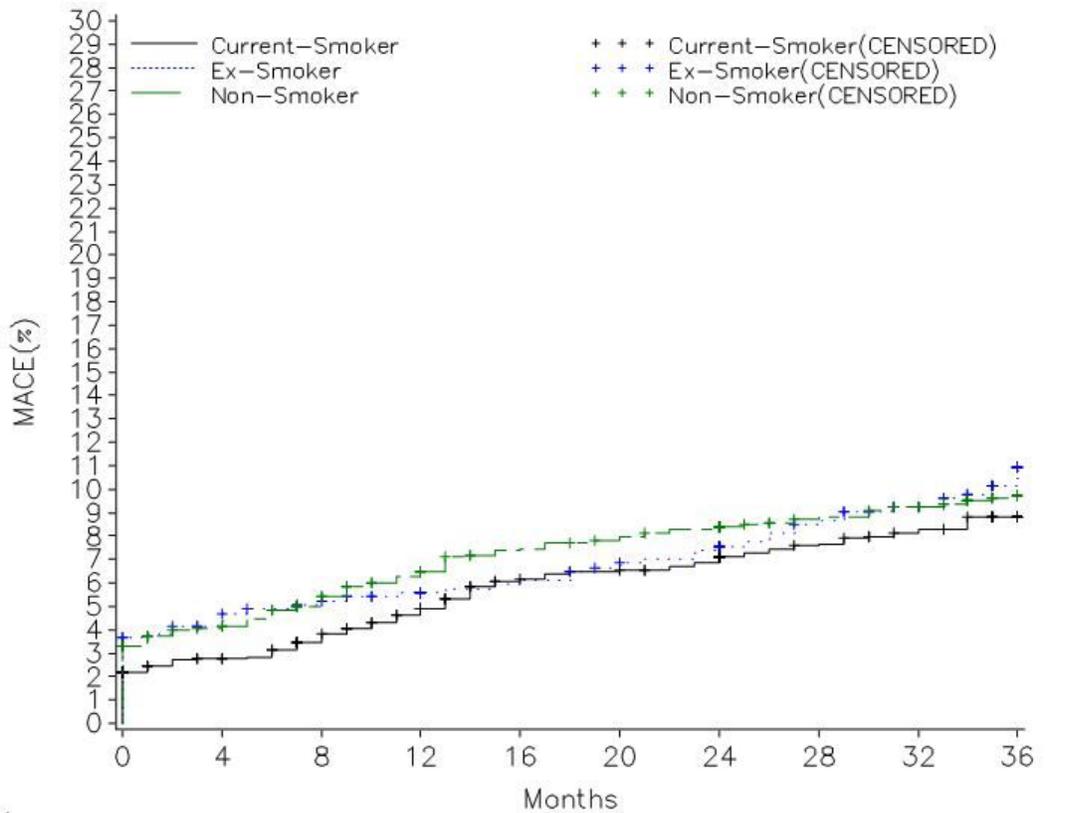
Figures



Number at risk	0	4	8	12	16	20	24	28	32	36
Current-Smoker	1339	1282	1259	1224	1199	1192	1153	1145	1131	1106
Ex-Smoker	576	543	536	524	521	514	504	497	486	459
Non-Smoker	1207	1144	1119	1097	1083	1075	1056	1047	1037	1018

Figure 1

Kaplan-Meier survival curve of Target Lesion Failure



Number at risk	0	4	8	12	16	20	24	28	32	36
Current-Smoker	1339	1282	1259	1224	1199	1192	1153	1145	1131	1106
Ex-Smoker	576	543	536	524	521	514	504	497	486	459
Non-Smoker	1207	1144	1119	1097	1083	1075	1056	1047	1037	1018

Figure 2

Kaplan-Meier survival curve of MACE