

Estrogen Receptor β Activation Inhibits Colitis by Promoting NLRP6-Mediated Autophagy

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Keywords: Estrogen receptor β (ER β), NLRP6, colitis, autophagy

Posted Date: July 26th, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-750908/v1>

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1 **Estrogen Receptor β Activation Inhibits Colitis by Promoting**

2 **NLRP6-Mediated Autophagy**

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19 **Competing Interests statement:** The authors declare no conflict of interest.

20

21 **Abstract**

22 Estrogen receptor β (ER β) and NLRP6 are highly expressed in intestinal tissues. Loss
23 of ER β and NLRP6 exacerbate colitis in mouse models. However, the underlying
24 mechanisms are incompletely understood. Here, we report that ER β attenuates
25 inflammation by inducing NLRP6-mediated autophagy. Specifically, ER β directly
26 activates the NLRP6 gene expression via binding to estrogen responsive element (ERE)
27 of *Nlrp6* gene promoter. ER β also physically interacts with the NLRP6 nucleotide-
28 binding domain and promotes NLRP6 inflammasome assembly. The ER β -NLRP6 axis
29 then interacts with multiple autophagy-related proteins including ULK1, BECN1,
30 ATG16L1, LC3B, p62 to affect the autophagosome biogenesis and control autophagic
31 flux. Finally, NLRP6-mediated autophagy suppresses the inflammatory response by
32 promoting the K48-linked polyubiquitination of ASC, Casp-1 p20, IL-1 β , TNF- α , and
33 prohibitin-2. Thus, ER β -NLRP6 direct an anti-inflammatory response by promoting
34 autophagy. Our work uncovers an ER β -NLRP6-autophagy pathway as an unrecognized
35 regulatory mechanism that maintains intestinal epithelial cell homeostasis and
36 facilitates tissue repair in colitis.

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42 **Introduction**

43 Inflammatory bowel disease (IBD), including Crohn's disease (CD) and ulcerative
44 colitis, is characterized by inflammation of the intestinal tract of unknown origin,
45 leading to bowel damage and disabilities [1]. Although its pathogenesis is still
46 incompletely understood, IBD is known to arise from a complex interplay of
47 environmental factors, genetic susceptibilities and bacterial dysbiosis that impair
48 intestinal barrier function and culminate in uncontrolled immune responses against
49 luminal triggers [2-4].

50 Innate immune cell activation and inflammation are controlled autonomously
51 through hardwired receptor-mediated sensory mechanisms and the production of both
52 pro-inflammatory and immunosuppressive mediators. The hematopoietic immune
53 system acts in concert with intestinal epithelial cells (IECs) to regulate immune cell
54 function and local homeostatic and inflammatory responses [5-8]. IECs can function as
55 immune rheostats via sensory mechanisms that induce an immunomodulatory output.

56 Innate pattern recognition receptors, such as NOD-like receptors (NLRs), are
57 expressed on diverse cell types and recognize damage- and pathogen-associated
58 molecular patterns to activate effector responses [8]. NLR family members form
59 inflammasomes with the adaptor protein "apoptosis associated speck-like protein
60 containing a CARD" (ASC) and effector enzyme pro-caspase-1 to coordinate immune
61 responses during homeostasis and inflammation. IECs express high levels of "NOD-,
62 LRR- and pyrin domain-containing 6" (NLRP6) [9]. NLRP6-deficient mice are
63 susceptible to colitis and show more pronounced inflammation in the colon than

64 wildtype mice [10]. NLRP6 inflammasome signaling controls intestinal inflammation
65 through a variety of mechanisms, such as modulating the secretion of the pro-
66 inflammatory cytokine interleukin-18 (IL-18), reducing the colonization of pro-
67 colitogenic gut bacteria and promoting secretion of mucus from goblet cells [11-14].
68 NLRP6 deficiency abrogates autophagy in goblet cells, providing a link between
69 inflammasome activity, autophagy, mucus secretion, and antimicrobial barrier function
70 [15]. Mechanistic studies to assess the ligands of the NLRP6 and how it regulates
71 autophagy and the inflammasome are of significant interest.

72 The estrogen receptor ER β is highly expressed in colon [16] and has been shown to
73 play a therapeutic role in IBD [17]. Moreover, subtype-selective ligands that
74 specifically target ER β may provide a potential treatment for inflammatory disease [18].
75 Mechanistically, a complete absence of ER β expression is associated with disrupted
76 tight-junction formation and abnormal colonic structure [19]. The plant compound
77 arctigenin was recently shown to protect mice from colitis by activating ER β -
78 MLCK/MLC signaling and upregulating the expression of tight junction proteins [20].
79 In addition, intestinal epithelial ER β can impact gut microbiota diversity in colitis-
80 induced colorectal cancer [21]. The diverse functions of ER β in intestinal health and
81 inflammation are incompletely understood. In microglia and astrocytes, an ADIOL-
82 ER β -CtBP pathway potently inhibits the transcriptional activation of inflammatory
83 response genes [22], suggesting that ER β could contribute to recovery from colitis by
84 regulating the transcription of inflammation-related genes in IECs.

85 In this study, we found that ER β and NLRP6 levels are both reduced in IBD. We
86 show that ER β directly activates NLRP6 gene expression and interacts with the NLRP6
87 inflammasome. We found that NLRP6 sequentially interacts with the ULK1, BENC1,
88 ATG16L1 complex, and LC3 during autophagy, which in turn prevents inflammation
89 and colitis. Taken together, these findings reveal an anti-inflammatory role for the
90 NLRP6 inflammasome via promoting autophagy. In addition, our results suggest that
91 ER β could be a potential therapeutic target for the treatment of inflammatory diseases
92 related to NLRP6 inflammasome activation.

93 **Results**

94 **ER β inhibits colitis via NLRP6**

95 ER β and NLRP6 are key mediators of intestinal homeostasis and inflammation, yet
96 their cellular partners and molecular mechanisms remain poorly understood. To
97 investigate how ER β contributes to IBD, we examined the role of ER β loss in acute
98 experimental colitis by challenging mice with dextran sodium sulfate (DSS). Compared
99 to WT mice, *Esr2*^{-/-} mice showed increased susceptibility to DSS, as evidenced by
100 reduced body weight (Fig. S1A), and shorter colons due to inflammatory edema (Fig.
101 S1B). In addition, we observed a massive infiltration of inflammatory cells together
102 with mucosal damage in the colon of *Esr2*^{-/-} mice compared to WT mice (Fig. S1C).

103 Importantly, NLRP6 protein levels were reduced in *Esr2*^{-/-} compared to colon tissue
104 from DSS-treated WT mice, with the increased ASC and Casp-1 p20 (Fig. 1A). ELISA
105 analysis revealed increased levels of IL-1 β and TNF- α , but not IL-1 α , IL-6, and IL-8,

106 in *Esr2*^{-/-} mice relative to WT mice treated with DSS (Fig. 1B). Thus, total loss of ERβ
107 results in more severe DSS-induced colitis with reduced NLRP6 expression. We then
108 treated WT mice with DSS followed by intraperitoneal (i.p.) injection of IL-1β or TNF-
109 α, with or without the selective ERβ agonist ERB-041. ERB-041-treated WT mice were
110 highly protected from IL-1β- or TNF-α induced colitis compared to the untreated mice
111 (Fig. 1C). At day 12, IL-1β or TNF-α treated mice exhibited macroscopic indications
112 of severe intestinal inflammation with extensive bleeding throughout the intestine and
113 significant shortening of the colon, whereas the intestines of mice receiving ERB-041
114 appeared normal (Fig. 1D). Furthermore, the colons of ERB-041-treated mice exhibited
115 increased structural integrity and reduced immune cell infiltration compared to those
116 from untreated mice (Fig. S1D), which correlated with decreased levels of IL-1β and
117 TNF-α (Fig. S1E). We noticed that ERB-041 treated mice showed higher intestinal
118 expression of ERβ and NLRP6 compared to untreated mice, with the decreased ASC
119 and Casp-1 p20 (Fig. S1F). Thus, ERβ signaling leads to reduced inflammation,
120 increased NLRP6 expression and decreased pro-inflammatory cytokine levels (IL-1β
121 and TNF-α) in mouse models of colitis.

122 These data imply that ERβ-mediated induction of NLRP6 expression prevents IL-
123 1β/TNF-α-mediated inflammation in colonic tissues. To test this hypothesis, first we
124 used DSS to induce acute colitis in WT and *Nlrp6*^{-/-} mice. As expected, *Nlrp6*^{-/-} mice
125 exhibited hyper-susceptibility to DSS-induced colitis: body weights and colon lengths
126 were significantly decreased in the *Nlrp6*^{-/-} mice compared to WT mice (Fig. S1 G and
127 H). Furthermore, compared to WT mice, *Nlrp6*^{-/-} mice exhibited greater submucosal

128 edema, more extensive damage to the surface mucosa and ulceration, and markedly
129 elevated levels of pro-inflammatory cytokines (IL-1 β and TNF- α), indicative of an
130 excessive inflammatory response (Fig. S1 I and J). In line with these results, the
131 expression of ASC and Casp-1 p20 was increased in *Nlrp6*^{-/-} compared to WT mice
132 (Fig. S1K). These data verify that NLRP6 deficiency leads to severe colonic
133 inflammation and increased disruption of the epithelial barrier.

134 We treated NLRP6-deficient mice with ERB-041 to determine whether ER β
135 signaling reduces inflammation by up regulating NLRP6. Briefly, we treated mice with
136 DSS for 7 days followed by ERB-041 for 5 days. ERB-041 treatment of DSS-treated
137 WT mice mitigated colitis and restored colonic histology to normal. In contrast, ERB-
138 041 treatment did not affect DSS-treated *Nlrp6*^{-/-} mice, which showed significant
139 weight loss, reduced colon length and a high degree of inflammation, characterized by
140 immune cell infiltration, crypt hyperplasia, and epithelial erosions, regardless of ERB-
141 041 treatment (Fig. 1E-G). In addition, the levels of pro-inflammatory cytokines,
142 including IL-1 β and TNF- α , were similar in the colons of DSS-treated *Nlrp6*^{-/-} mice,
143 with or without ERB-041 treatment (Fig. 1H). ERB-041 treatment of DSS-treated WT
144 mice led to increased expression of NLRP6 and reduced expression of the
145 inflammasome ligands ASC and Casp-1 p20 (Fig. 1I), consistent with reduced
146 activation of the inflammation upon ERB-041 treatment of WT mice; this effect was
147 abolished in *Nlrp6*^{-/-} mice. Overall, these data suggest that loss of NLRP6 prevents the
148 ERB-041-mediated attenuation of both colitis and inflammasome activation. Based on

149 these findings, we propose that ER β signaling inhibits the inflammasome, and in turn
150 colitis, via NLRP6.

151 **ER β directly binds and activates the *Nlrp6* gene promoter**

152 To investigate the mechanism of ER β -mediated activation of NLRP6, we first
153 examined how ER β signaling affects the inflammatory response in normal human colon
154 epithelial cells (NCM-460). Briefly, we exposed NCM-460 cells to DSS and treated
155 them with ERB-041 or vehicle (DMSO). ERB-041 treatment mitigated the effects of
156 DSS, including rescuing cell viability, reducing the levels of IL-1 β - and TNF- α (Fig.
157 2A), restoring the expression of ER β and NLRP6, and decreasing the expression of the
158 inflammasome ligands ASC and Casp-1 p20 (Fig. 2B). DSS treatment further decreased
159 cell viability and increased the levels of IL-1 β - and TNF- α in NLRP6 knockdown (Sh-
160 NLRP6) NCM-460 cells (Fig. S2A-a). DSS treatment of Sh-NLRP6 cells also led to
161 elevated expression of ASC and Casp-1 p20 (Fig. S2A-b). Notably, the anti-
162 inflammatory effects of ERB-041 were less dramatic in Sh-NLRP6 cells (Fig. S2A).
163 We confirmed these observations in ER β knockdown (Sh-ER β) cells, which showed
164 decrease of NLRP6 expression (Fig. S2B). These observations further suggest that ER β
165 regulates NLRP6 expression and inflammasome signaling in DSS-induced IECs
166 inflammation.

167 We detected an ERE (AGGTCANNNTGACCT) in the *Nlrp6* promoter and
168 hypothesized that ER β directly regulates *Nlrp6* gene expression. To test this hypothesis,
169 we designed *Nlrp6* probe and performed gel shift assays (Fig. 2C) and ChIP-qPCR (Fig.
170 2D) in NCM-460 cells. We observed an obvious gel shift of the NLRP6 probe with

171 nuclear extract isolated from NCM-460 cells stimulated with ERB-041, but not with
172 extracts from those stimulated with the ER α agonist PPT. In addition, we found that
173 ER β interacted with the *Nlrp6* promoter by ChIP-qPCR. We also designed a reporter
174 assay with the *Nlrp6* promoter driving luciferase expression and found that ERB-041
175 treatment enhanced luciferase expression in NCM-460 cells, whereas PPT treatment
176 did not (Fig. 2E). Finally, ER β and NLRP6 expression were found to be dramatically
177 increased after ERB-041 treatment on levels of mRNA, whereas ASC and caspase-1
178 expression were not (Fig. 2F and Fig. S2C). These data suggest ER β directly targets
179 and regulates *Nlrp6* gene expression in colon epithelial cells.

180 **ER β is a component of the NLRP6 inflammasome in IECs**

181 It has been suggested that non-genomic actions of the ER β can activate intracellular
182 signaling cascades [23]. Interestingly, we found that purified GST-ER β could pull
183 down Flag-tagged NLRP6 (Fig. 2G). To define which domain of NLRP6 interacts with
184 ER β , we transfected HEK293T cells with Flag-EGFP-tagged NLRP6 mutants. As
185 shown in Fig. 2H, the interaction of NLRP6 and ER β was dependent upon the
186 nucleotide-binding domain (NBD) of NLRP6. To uncover a potential role for ER β
187 signaling in NLRP6 inflammasome assembly, we used NCM-460 cells expressing
188 NLRP6-mCherry and ASC-EGFP. We observed significant colocalization of NLRP6
189 inflammasome (NLRP6 and ASC) in NCM-460 cells treated with ERB-041 but not in
190 those treated with PPT (Fig. 2I). In addition, DSS treatment reduced the colocalization
191 of NLRP6 and ASC in NCM-460 cells, which was then enhanced by ERB-041
192 treatment (Fig. S2D). These data suggest that ER β signaling promotes NLRP6

193 inflammasome assembly. Furthermore, ASC and Pro-casp-1 co-immunoprecipitated
194 with endogenous NLRP6 and ER β from untreated NCM-460 cells (Fig. S2E).

195 To extend our analysis, we performed immunofluorescence of colon tissue from
196 ERB-041- and PPT-treated WT mice. Colon tissue from ERB-041-treated mice
197 displayed ASC specks, most of which colocalized with NLRP6 puncta, consistent with
198 NLRP6 inflammasome formation in NCM-460 cells (Fig. 2J). In contrast, ASC speck-
199 NLRP6 puncta colocalization was not observed in the colons of untreated and PPT-
200 treated mice. We repeated this analysis with WT and *Esr2*^{-/-} mice treated with DSS. In
201 contrast to DSS-treated WT mice, DSS-treated *Esr2*^{-/-} mice did not exhibit NLRP6
202 inflammasome formation due to loss of NLRP6 expression (Fig. S2F). Overall, our
203 results suggest a direct interaction between ER β and NLRP6, which represent a new
204 pathway for NLRP6 inflammasome assembly.

205 **The ER β -NLRP6 axis reduces mitochondrial damage during inflammation**

206 Next, we examined the roles of ER β and NLRP6 in response to cytokine-induced
207 inflammation of epithelial cells. IL-1 β or TNF- α treatment of DSS-treated NCM-460
208 cells led to reduced cell viability and increased inflammation, and both phenotypes were
209 mitigated by co-treatment with ERB-041 (Fig. 3A-a). Knockdown of NLRP6 or ER β
210 blocked the anti-inflammatory effects of ERB-041 treatment (Fig. 3A-b, c).

211 Mitochondria have critical roles in immunity, and damaged mitochondrial DNA can
212 induce the expression of TNF- α [24]. In addition, mitochondrial ROS (mtROS) can
213 accelerate the maturation of IL-1 β [25]. Cytokine secretion can, in turn, induce

214 mitochondrial damage and mtROS production, suggesting a feedback loop between
215 inflammation and mitochondria [26-28]. Therefore, we examined whether the ER β -
216 NLRP6 pathway plays a role in mitochondrial damage and ROS production during
217 inflammation. We treated NCM-460 cells with DSS, together with IL-1 β or TNF- α , and
218 observed bipolar perinuclear mitochondrial clustering, which was inhibited by
219 treatment with ERB-041. Knockdown of NLRP6 or ER β counteracted the protective
220 effect of ERB-041 (Fig. S3A). To detect mitochondrial ROS production, we FACS
221 sorted live cells stained with the MitoSOXTM Red superoxide indicator. We observed
222 increased MitoSOX staining in NCM-460 cells stimulated with IL-1 β or TNF- α , as
223 expected. Importantly, ERB-041 treatment decreased the production of mtROS,
224 whereas knockdown of NLRP6 or ER β eliminated the effects of ERB-041 (Fig. 3B).
225 We also examined the morphology of mitochondria in control and DSS-treated cells by
226 transmission electron microscopy, and classified mitochondria as normal (cristae are
227 maintained), or damaged (mildly swollen and increased mitochondria fission or fusion,
228 severely swollen and >70% of cristae are missing, or highly dysmorphic and electron
229 dense). We found that DSS-treated cells contained a high proportion of damaged
230 mitochondria, which was exacerbated by the addition of IL-1 β or TNF- α , and this was
231 reversed by ERB-041 treatment (Fig. 3C and Fig. S3B).

232 Autophagy can inhibit the accumulation of dysfunctional mitochondria and reduce
233 the generation of mtROS to regulate inflammation [29]. To assess autophagy during
234 inflammation, we examined autophagosomes in ultrastructural images of NCM-460
235 cells. We found that ERB-041 treatment increased the number of autophagosomes in

236 cells treated with DSS as well as with IL-1 β or TNF- α (Fig. 3D and Fig. S3C). In
237 addition, exposure to DSS as well as IL-1 β or TNF- α induced atypical cell death
238 associated with formation of cytoplasmic vacuoles. Most of these expanded vacuoles
239 contained indigestible debris and remnants of organelles [30].

240 To determine if ERB-041 reduces inflammation by increasing autophagy, we
241 assessed the effect of ERB-041 after blocking autophagy. We found that ERB-041 lost
242 the role in improving cell viability and reducing inflammation when the autophagy
243 inhibitor 3-Methyladenine (3-MA) added in NCM-460 cells (Fig. 3E). Active
244 mitochondrial staining with MitoTracker Red revealed that ERB-041 failed to suppress
245 the bipolar perinuclear mitochondrial clustering after 3-MA treatment (Fig. S3D).

246 Overall, our results suggest that ER β signaling in intestinal epithelial cells reduces
247 inflammation and decreases mitochondrial damage by affecting autophagy. Moreover,
248 this protective effect of ER β signaling on mitochondria requires NLRP6.

249 **ER β signaling controls autophagic flux via NLRP6**

250 Next, we examined the levels of autophagy proteins in NCM-460 cells 48 h after DSS
251 challenge with ERB-041 treatment. As shown in Fig. 4A and Fig. S4A, in line with
252 previous observations, DSS treatment of NCM-460 cells reduced the levels of several
253 autophagy-related proteins (ULK1, BECN1, ATG16L1, LC3). The levels of p62, which
254 delivers autophagic cargo and is degraded in the process [31], were also reduced.
255 However, the levels of prohibitin 2 (PHB2), an inner mitochondrial membrane that
256 targets mitochondria for degradation were increased [32]. ERB-041 treatment restored

257 autophagy protein levels, including p62 expression, in DSS-treated NCM-460 cells,
258 suggesting that ER β signaling increases autophagy. Knockdown of NLRP6 or ER β
259 blocked these effects of ERB-041, suggesting that NLRP6 is required for autophagy
260 induction by ER β signaling. It is worth noting, PHB2 has been identified as a repressor
261 of nuclear estrogen receptor activity [33, 34]. Consistent with these reports, ERB-041
262 significantly decreased PHB2 expression in NCM-460 and Sh-NLRP6 cells but not in
263 Sh-ER β cells.

264 We also analyzed the expression of autophagy markers in ER β - or NLRP6-deficient
265 mouse colons (Fig. 4B and Fig. S4B). Compared with WT mice, *Esr2*^{-/-} and *Nlrp6*^{-/-}
266 mice had reduced levels of ULK1, BECN1, ATG5, ATG12, ATG16L1, and p62. DSS
267 treatment led to reduced levels of autophagy-related proteins in WT mice, and these
268 proteins remained markedly suppressed in ER β - or NLRP6-null mice. Furthermore,
269 ERB-041 treatment increased the levels of these proteins in the colons of WT but not
270 *Nlrp6*^{-/-} mice. Together, our data suggest that ER β signaling reduces inflammation by
271 affecting autophagy via NLRP6.

272 To investigate how NLRP6 and ER β signaling affect autophagic flux during
273 inflammation, we examined LC3B trafficking using confocal microscopy (Fig. 4C and
274 Fig. S4C). As shown, knockdown of NLRP6 and ER β appeared to inhibit autophagic
275 flux in control cells, as indicated by an increase in the number of autophagosomes but
276 not of autolysosomes. EGFP-mCherry-LC3B showed low and diffuse cytoplasmic
277 expression in NCM-460 treated with DSS, suggesting that autophagy is inhibited. In
278 contrast, EGFP-mCherry-LC3B showed high and punctate expression treated with

279 ERB-041, suggesting that autophagy is restored. ERB-041 had no effect on EGFP-
280 mCherry-LC3B localization in DSS-treated Sh-NLRP6 and Sh-ER β cells. These data
281 suggest that ER β signaling increases autophagic flux in WT cells and that this effect is
282 abrogated by loss of NLRP6 and ER β .

283 **NLRP6 and ER β interact with autophagy-related proteins**

284 Intriguingly, we observed that NLRP6 colocalized with LC3B in NCM-460 cells
285 treated with ERB-041 (Fig. 4D). Moreover, we found that ULK1, ATG5, BECN1,
286 ATG12, ATG16L1, p62, and PHB2 co-immunoprecipitated with both endogenous
287 NLRP6 (Fig. S4D-a) and ER β (Fig. S4D-b) from untreated NCM-460 cells, and both
288 ER β and NLRP6 co-immunoprecipitated with LC3 (Fig. S4D-c). To investigate
289 whether ER β and/or NLRP6 interact directly with autophagy proteins, we performed
290 pull-down assays. We found that purified GST-NLRP6 pulled down many autophagy
291 proteins, except ULK1, from NCM-460 cells (Fig. S4D-a), whereas GST-ER β did not
292 (Fig. S4D-b). Importantly, the binding of NLRP6 and ER β to autophagy proteins in
293 NCM-460 cells was partially decreased by DSS but was restored by ERB-041 treatment
294 (Fig. 4E). We infer that NLRP6 interacts directly with autophagy proteins, whereas
295 ER β interacts indirectly, likely via an NLRP6 complex.

296 To further investigate the interactions among NLRP6, the autophagy proteins, and
297 damaged mitochondria, we performed immunofluorescence confocal microscopy.
298 Notably, ULK1/BECN1/ATG5/ATG12/ATG16L1 co-localized with NLRP6 on
299 mitochondria in untreated NCM-460 cells (Fig. S4E). Overall, our data suggest that
300 NLRP6 interacts with autophagy proteins and regulates autophagy and/or mitophagy.

301 To investigate how inflammasome formation affects the interactions between
302 NLRP6, ER β , and autophagy-related proteins, we analyzed HEK293T cells, which do
303 not express the inflammasome adaptor protein ASC (Fig. 4F-a). We found that ULK1,
304 BECN1, and ATG12 co-immunoprecipitated with NLRP6 (Fig. 4F-b) and ER β (Fig.
305 S4F-a). In contrast, ATG5, ATG16L1 and PHB2 no longer co-immunoprecipitated
306 with NLRP6 and ER β . Unexpectedly, p62 co-immunoprecipitated with ER β , but not
307 with NLRP6. Moreover, ER β and NLRP6 co-immunoprecipitated with LC3 in
308 HEK293T cells (Fig. S4F-b). To determine whether the autophagy-related proteins-
309 NLRP6 association requires ASC, we performed a Co-IP assay using HEK293T cells
310 with Flag-EGFP-tagged ASC. Upon ASC transfection, ATG5, ATG16L1, p62, and
311 PHB2 associated with NLRP6 (Fig. 4F-c). These results suggest that the assembled
312 NLRP6 inflammasome interacts with a greater diversity of autophagy proteins than the
313 individual components.

314 **ER β affects inflammation by promoting the association between NLRP6 and**
315 **autophagosomes throughout their Biogenesis**

316 Autophagosome formation is coordinated by at least three critical protein complexes:
317 the ATG1-Atg13-FIP200-Atg101 complex, the ATG6-Atg14-Vps34-Vps15 (class III
318 PI3-kinase) complex, and the Atg12-Atg5-Atg16L1 complex. Additionally, p62 and
319 LC3 are also involved in autophagosome generation³¹ (31). We performed live cell
320 imaging to examine the localization of representative factors from each complex
321 (ULK1, BECN1, ATG16L1, p62, and LC3B), fused to mCherry, and of EGFP-NLRP6,
322 in starved NCM-460 cells undergoing autophagy. We found that red autophagy-related

323 proteins co-localized with green NLRP6 in a highly dynamic process after inducing
324 autophagy by amino acid starvation (Fig. S5, SI videos). Interestingly, EGFP-NLRP6
325 co-localized with mCherry-ULK1 after 118s (SI Video 1), but took longer to co-localize
326 with mCherry-ATG16L1 and mCherry-LC3B (401s and 425s, respectively, SI Video
327 2, SI Video 3) and even longer for mCherry-BECN1 and mCherry-p62 (625s and 620s,
328 SI Video 4, SI Video 5). EGFP-NLRP6 co-localized with mCherry-PHB2 after about
329 474s (SI Video 6), which was similar to the kinetics of co-localization with ATG16L1
330 and LC3B. The hierarchical analyses of mammalian ATG proteins showed the ULK1
331 complex appears to be the most upstream factor, followed by the Atg12-Atg5-Atg16L1
332 complex, LC3, and the BECN1 complex. We found that NLRP6 co-localized with
333 ULK1 rapidly after the initiation of autophagy and was associated with
334 autophagosomes throughout their biogenesis. Interestingly, DSS could postpone this
335 co-localization (Fig. S5, SI Videos 7-12) to impede autophagy formation, substrate
336 degradation. Importantly, ERB-041 accelerated autophagy formation by reducing the
337 time required for co-localization (Fig. S5, SI Videos 13-18).

338 The autophagic adaptor p62 links ubiquitinated substrates to the autophagy pathway.
339 Post-translational modification of proteins by covalent conjugation of ubiquitin (Ub)
340 plays a crucial role in regulating inflammation. We found that ASC, Casp-1 p20, IL-1 β ,
341 TNF- α , and PHB2 immunoprecipitated from untreated NCM-460 cells were all
342 polyubiquitinated (Fig. 5A). The ubiquitin-binding domain of p62 has a preference for
343 polyubiquitin chains³¹ (31), and we found that LC3 and p62 co-immunoprecipitated
344 with these proteins (Fig. 5B). These results suggest that the inflammasome, cytokines,

345 and damaged mitochondria are polyubiquitinated and suggest that these aggregates can
346 be targeted by p62 to suppress inflammation. Consistent with this notion, DSS inhibited
347 the co-immunoprecipitation of ASC, Casp-1 p20, IL-1 β , TNF- α , and PHB2 with LC3
348 and p62 (Fig. 5C), but this inhibition could be reversed by ERB-041. Next, we
349 determined whether ASC, Casp-1 p20, IL-1 β , TNF- α , and PHB2 undergo K48-linked
350 polyubiquitination by using K48-specific ubiquitin antibodies. Indeed, these proteins
351 underwent K48-linked polyubiquitination. Moreover, K48-linked ubiquitination of
352 ASC, Casp-1 p20, IL-1 β , TNF- α , and PHB2 was diminished in DSS treatment, which
353 was significantly prevented by ERB-041 (Fig. 5D). These data suggest that ER β -
354 NLRP6-mediated positive regulation of autophagic flux might help to resolve DSS
355 induced inflammation.

356 **NLRP6 is required for Rap-induced recovery from inflammation**

357 To further confirm the role of autophagy in ER β -NLRP6 mediated anti-inflammatory
358 effects, DSS-treated WT mice were administered ERB-041 for 5 days and treated
359 concomitantly with the autophagy inhibitor 3-MA. Mice receiving ERB-041 had less
360 severe colitis compared to mice receiving saline, as evidenced by a significant reduction
361 in weight loss and colon shortening; however, these effects were attenuated by 3-MA,
362 and mice treated with 3-MA alone had severe colitis (Fig. 6A, B). Colons isolated from
363 mice DSS-treated subsequently treated with ERB-041 showed intact crypts in large
364 areas without extensive infiltration or thickening of the mucosa (Fig. 6C) as well as
365 reduced IL-1 β and TNF- α secretion, suggesting suppression of inflammation (Fig. 6D
366 and Fig. S6A). At the protein level, ERB-041-treated mice showed reduced ASC and

367 Casp-1 p20 expression, as well as increased ATG16L1 and p62 expression, when
368 compared with saline-treated mice (Fig. 6E). 3-MA abrogated the effects of ERB-041
369 and increased inflammation by all the parameters we measured (Fig. 6B-E).

370 Inhibition of mTOR is known to stimulate autophagy activity. Treatment with
371 rapamycin (Rap), a pharmacological inhibitor of mTOR, can activate autophagy and
372 reduce active colitis [35, 36] (Fig. S6B). To determine whether the activation of
373 autophagy could still protect *Nlrp6*^{-/-} mice from colitis, we treated *Nlrp6*^{-/-} mice with 3%
374 DSS for 7 days followed by a 5-days treatment with saline or Rap. Saline- and Rap-
375 treated mice appeared to recover similarly based on weight loss, colon length, and
376 inflammatory cytokine levels (Fig. 6F, G and Fig. S6C-a, b). Unexpectedly, 5 Rap-
377 treated mice (n = 7) and 3 saline-treated mice (n = 6) did not survive (Fig. 6H). These
378 Rap-treated mice did not recover from colitis, indicated by the presence of
379 inflammatory infiltrates, crypt erosion, and the loss of tissue architecture (Fig. 6I).
380 Interestingly, we found that Rap-treated *Nlrp6*^{-/-} mice did not exhibit activation of
381 autophagy, which evidenced by unchanged levels of autophagy related proteins (ULK1,
382 BECN1, ATG5, ATG16L1, p62, and PHB2) (Fig. 6J). Accordingly, Casp-1 p20 and
383 ASC expression were not significantly different between saline-treated and Rap-treated
384 *Nlrp6*^{-/-} mice (Fig. S6C-c). These results suggest that NLRP6 is required to induce
385 autophagy in colitis.

386 **Discussion**

387 Our results reveal that ER β activation can inhibit colitis by promoting NLRP6-mediated
388 autophagy. We found that ER β can positively regulate NLRP6 transcription and

389 facilitate NLRP6 inflammasome assembly. In response to NLRP6, cells can be
390 rendered hyperactivated, rather than death, by induction of autophagy and removal of
391 damaged mitochondria and ROS. We provide evidence that autolysosome formation
392 and substrate degradation are NLRP6 inflammasome-dependent. We show that NLRP6
393 interacts with ULK1 after the initiation of autophagy, and then in chronological order
394 with the ATG proteins during autophagosome assembly. Our data suggest that ER β -
395 NLRP6 inflammasome-triggered autophagy is an anti-inflammatory mechanism that
396 promotes cell survival by capturing and degrading inflammasomes, damaged
397 mitochondria, and cytokines via ubiquitination.

398 Chronic inflammatory conditions are associated with the prolonged release of
399 inflammatory mediators and the activation of harmful signal-transduction pathways
400 [37]. We found that DSS-treated *Esr2*^{-/-} mice had lower NLRP6 expression and higher
401 IL-1 β and TNF- α production. These results suggest that ER β signaling might inhibit
402 inflammation and colitis via NLRP6. In contrast, ER β activity is reported to be
403 enhanced in endometriotic tissues to evade endogenous immune surveillance and
404 promote cell survival [38]. Such conflicting findings may be attributed to ER β -specific
405 expression in different disease types and disease stages. These findings suggest that
406 selective targeting of ER β in disease tissues might represent a potential therapeutic
407 strategy for hormone-dependent diseases [39]. Our work also uncovered that ER β , but
408 not ER α , directly binds to ERE in the NLRP6 promoter to promote transcription.
409 Furthermore, we observed rapid activation and formation of the NLRP6 inflammasome
410 complex due to the interaction between ER β and NLRP6 NBD. As reported, in the

411 absence of ligands, NLRs may possess an autoinhibited conformation in which the
412 NBD and LRR are in a closed conformation. On ligand engagement, the NBD and LRR
413 transit into an open conformation to assemble into ring-like oligomers [40]. Thus the
414 binding of ER β with NLRP6 NBD may lead to conformation changes that overcome
415 the autoinhibition, leading to recruitment of ASC and inflammasome activation. Thus,
416 ER β directly regulates NLRP6 inflammasome signaling pathways via a variety of
417 mechanisms.

418 NLRP6 is implicated in activating caspase-1 and promoting IL-18 production in
419 epithelial cells, which directly promotes goblet cell dysfunction during colitis, leading
420 to a breakdown of the mucosal barrier [41, 42]. However, the deubiquitinase Cyld was
421 recently shown to prevent excessive IL-18 production in the colonic mucosa by
422 deubiquitinating NLRP6. The deubiquitination inhibited the NLRP6-ASC
423 inflammasome complex as well as intestinal inflammation [43]. Gene ontology
424 analyses have uncovered a link between NLRP6 and IEC repair [44]. These conflicting
425 results have raised much discussion in the field, and the role of NLRP6 in intestinal
426 homeostasis and inflammation remains unresolved. We demonstrate here that NLRP6-
427 deficient mice treated with DSS exhibited significant inflammation and deterioration of
428 tissue integrity within the colon. Moreover, ER β -specific agonists had no obvious effect
429 on DSS-induced colitis in *Nlrp6*^{-/-} mice. These results suggest that ER β -NLRP6 axis
430 functions in inflammation and IECs repair. Furthermore, we confirmed that the ER β -
431 NLRP6 axis inhibited IL-1 β and TNF- α production, enhanced IEC viability, reduced
432 mitochondrial damage and decreased mtROS production. More importantly, the ER β -

433 NLRP6 axis induced autophagosome formation. ER β was recently reported to promote
434 autophagy through down regulating mTOR or BNIP3 protein in cancerous colonocytes
435 [45]. Any factor that hinders autophagy, whether it is ATG gene ablation or
436 pharmacological intervention, can lead to increased inflammation [46]. Cells lacking
437 mitophagy will accumulate damaged mitochondria, which can generate mtROS that
438 promote cell damage and death [47, 48]. Thus, it is reasonable to speculate that the
439 ER β -NLRP6 complex regulates the assembly of the autophagosome machinery to
440 guard cellular homeostasis.

441 Autophagy proceeds through five main phases – initiation, nucleation, elongation,
442 fusion, and degradation. In canonical autophagic responses, ULK1 encodes a protein
443 kinase that is inhibited by mTOR complex 1 (mTORC1), and inhibition of mTOR leads
444 to activation of ULK1 and initiation of autophagy. Autophagosome nucleation requires
445 a complex that contains BECN1 [49], which produces nascent membranes. During
446 phagophore expansion, ATG7 and ATG10 sequentially catalyze the formation of
447 ATG12-ATG5-ATG16L1 complexes. ATG4, ATG7 and ATG3 jointly cleave the
448 precursors of LC3-like proteins into mature forms, then conjugate them to
449 phosphatidylethanolamine, and recruit autophagosomes with the support of WIPI
450 protein. LC3B enables autophagosomes to bind autophagic substrates and/or proteins
451 that mediate cargo selectivity (including p62). On closure, autophagosomes fuse with
452 lysosomes to generate autolysosomes. Luminal acidification then occurs, which
453 activates the lysosomal hydrolases and primes substrate degradation [50].

454 We found that DSS treatment resulted in reduced levels of the core autophagy
455 proteins. However, ER β activation recruited the autophagy proteins and promoted
456 autophagy flux in IECs. Intriguingly, both ER β and NLRP6 interacted with core ATG
457 proteins in IECs, however, in HEK293T cells, which lack the inflammasome
458 component ASC, they did not interact with ATG16L1, LC3, and p62. These data
459 suggest that ER β and NLRP6 are required throughout the autophagy process, and that
460 autophagosome membrane expansion and abnormal substrate removal (ubiquitination)
461 are NLRP6 inflammasome-dependent.

462 In terms of autophagic puncta formation, the ULK1 complex is the most upstream
463 unit, required for the formation of the BECN1 complex. The ATG12-ATG5-ATG16L1
464 complex and LC3 are downstream of these factors [51]. Although the ATG proteins are
465 functionally interdependent, the chronological order of their recruitment to
466 autophagosome formation sites is incompletely understood [52]. To better understand
467 the complicated mechanism of ATG protein recruitment, it is essential to determine the
468 temporal interaction relationships between NLRP6 and ATG proteins during
469 autophagosome formation. Our findings revealed that the NLRP6 was recruited to the
470 ULK1 complex first and subsequently interacted in order with ATG16L1, LC3, and
471 PHB2. Finally, the BECN1 complex and p62 simultaneously interacted with NLRP6.
472 Although ATG16L1, LC3, and BECN1 have different positions in the genetic hierarchy,
473 the interaction of NLRP6 with ATG16L1, LC3, and PHB2 precedes the interaction with
474 BECN1 and p62. Therefore, we inferred that NLRP6 promotes ATG16L1 complex and
475 LC3 complex formation at an early phase to prepare for the elongation of the

476 phagophore membrane. Furthermore, NLRP6 moves in concert with the BECN1
477 complex and p62 in autophagy activation, which suggests a model that the to-be-
478 degraded substrates (damaged mitochondria, inflammasome, cytokines) recruit the
479 machinery necessary for the de novo formation of an autophagosome, rather than being
480 “recognized” by pre-formed isolation membrane.

481 **Methods**

482 **Study design**

483 The aim of this study was to characterize a mechanism of inhibition of colitis by the
484 ER β -NLRP6-autophagy pathway. We studied ER β -mediated NLRP6 inflammasome
485 activation *in vivo* using colitis models in mice. We further characterized the ER β -
486 mediated NLRP6 inflammasome activation in human epithelial cells. ER β , an
487 important transcription factor, was found to be directly regulating NLRP6 gene
488 expression and NLRP6 inflammasome assembling. Finally, we demonstrated that ER β -
489 NLRP6 inhibited inflammation by promoting autophagy. Experiments were performed
490 with littermate controls, using males. Animals were randomized, and the majority of
491 analysis was done in a blinded fashion. Sample sizes varied depending on the goal of
492 each experiments (i.e., dissection at one or multiple time points, *in vitro* cultures, etc.)
493 and expected effect sizes, and numbers of animals and statistical analysis methods are
494 thus given in each figure for every experimental setup. No animals were excluded from
495 analyses. Catalog numbers and the description of different primers, antibodies, and kits
496 used throughout the study can be found as an additional technical sheet (Dataset 1).

497 **Animals**

498 Animals were used in accordance with the guidelines for care and use of experimental
499 animals issued by the Nanjing Agricultural University (Permission Number: SYXK (Su)
500 2017-0007). *Dppa3*-Cre mice were from Shanghai Model Organisms Center Inc and
501 crossed with *Esr2*^{flox/flox} mice (TOS160106CC1, Cyagen) to generate *Esr2*^{-/-} mice.
502 *Nlrp6*^{-/-} (*Nlrp6*^{tm1cyagen}) mice were generated by deleting exons 1-7 with a neomycin
503 selection cassette. Genotyping was performed on DNA isolated from the tails of 2-
504 week-old mice. Wild-type male mice, ER β -deficient and NLRP6-deficient male mice
505 of 6-10 weeks old back-crossed on a C57BL/6 background were used in the experiment.
506 Littermates were used as control, whatever possible. We randomly chose mice from the
507 same or different littermates for experimental group and we did not blind to group
508 allocation during experiments and data analysis. All mice are specific pathogen free
509 and were fed a normal diet and allowed to drink tap water ad libitum. The ARRIVE
510 reporting guidelines was used to report methods and results.

511 **Animal models of colitis**

512 Colitis was induced by 3% DSS (MP Biomedicals, 36,000-50,000 MW) dissolved in
513 drinking water, given ad libitum for 7 consecutive days. The effects of selective ER β
514 agonist (ERB-041, HY-14933, MedChemExpress), rapamycin (HY-10219,
515 MedChemExpress), 3-MA (HY-19312, MedChemExpress), and IL-1 β (Z02985-10,
516 Genscript) or TNF- α (Z03333-10, Genscript) were studied on the colitis model mice by
517 intraperitoneal injection for 5 days.

518 **Necropsy, gross pathology examination and histological analysis**

519 On the last day of the study, mice were anesthetized and necropsied. Colons were
520 removed for gross pathologic evaluation. Colon lengths from all groups were recorded.
521 Colons were flushed with ice-cold PBS and immediately fixed in 4% buffered formalin.
522 Fixed tissues were further transferred into an automatic tissue processor (Leica,
523 Germany). Sections of 5 μ m were stained with hematoxylin and eosin (H&E). All slides
524 were photographed by a microscope (Olympus BX53, Japan) in a blinded fashion.

525 **Enzyme-linked immunosorbent assays (ELISA)**

526 Mouse IL-1 α ELISA kit (MI002273, Mlbio), Mouse IL-1 β ELISA kit (MI063132,
527 Mlbio), Mouse IL-6 ELISA kit (MI063159, Mlbio), Mouse IL-8 ELISA kit (MI063162,
528 Mlbio), Mouse TNF- α ELISA kit (MI002095, Mlbio), Human IL-1 β ELISA kit
529 (MI028611, Mlbio), Human TNF- α ELISA kit (MI037301, Mlbio) were used for
530 cytokines measured, respectively, according to the manufacturer's instructions.

531 **Cell lines**

532 Normal human colon mucosal epithelial cell line (NCM-460) was purchased from
533 INCELL and cultured in Dulbecco's modified Eagle's medium (DMEM) (no phenol
534 red, 21063029, Thermo Fisher Scientific) supplemented with 10% (v/v) charcoal-
535 stripped fetal bovine serum (FBS) (12676029, Gibco), 1% (v/v) penicillin-streptomycin
536 (1 mg/mL) at 37°C in a 95% humidified atmosphere with 5% CO₂.

537 HEK293T cells obtained from ATCC were grown in DMEM, supplemented with 1
538 0% FBS and 1% penicillin-streptomycin at 37°C in 5% CO₂ at 100% humidity.

539 **Co-immunoprecipitations and western blotting analysis**

540 Rabbit polyclonal anti-ER β (OM252100, OmnimAbs) (1:500), Rabbit polyclonal anti-
541 NLRP6 (OM264589, OmnimAbs) (1:500), Anti-Flag (M2 F3165, Sigma-Aldrich)
542 (1:8000), Rabbit polyclonal anti-ASC (OM122624, OmnimAbs; SC-514414, Santa
543 Cruz) (1:500), Mouse monoclonal anti-Casp-1 p20 (SC-398715, Santa Cruz
544 Biotechnology) (1:300), Mouse monoclonal anti-Procaspase-1(SC-392736, Santa Cruz
545 Biotechnology) (1:300), Rabbit monoclonal anti- β -Actin (4970S, Cell Signaling
546 Technology) (1:1000), Rabbit polyclonal anti-IL-1 β (D220820, Sangon Biotech)
547 (1:1000), Rabbit polyclonal anti-TNF α (D164310, Sangon Biotech) (1:1000), Mouse
548 monoclonal anti-Prohibitin 2 (SC-133094, Santa Cruz Biotechnology) (1:300), Rabbit
549 polyclonal anti-UBB (D220023, Sangon Biotech) (1:250), anti-K48 linkage-specific
550 polyubiquitin (4289S ,Cell Signaling Technology) (1:2000), Rabbit monoclonal anti-
551 ULK1 (8054T, Cell Signaling Technology) (1:1000), Rabbit monoclonal anti-ATG5
552 (12994T, Cell Signaling Technology) (1:1000), Rabbit monoclonal anti-BECN1
553 (3495T, Cell Signaling Technology) (1:1000), Rabbit monoclonal anti-ATG12 (4180T,
554 Cell Signaling Technology) (1:1000), Rabbit monoclonal anti-ATG16L1 (8089T, Cell
555 Signaling Technology) (1:1000), Rabbit monoclonal anti-SQSTM1/p62 (8025T, Cell
556 Signaling Technology) (1:1000), Rabbit polyclonal anti-LC3 (14600-1-AP, Proteintech)
557 (1:1000), Mouse monoclonal anti-GST (SC-80998, Santa Cruz Biotechnology) (1:500),
558 Mouse monoclonal anti-IgG (SC-52336, Santa Cruz Biotechnology) (1:500), HRP-
559 Goat Anti-Mouse IgG(H+L) (ab205719, Abcam) (1:5000), HRP-Goat Anti-Rabbit

560 IgG(H+L) (ab205718, Abcam) (1:8000) were used for immunoblotting their respective
561 proteins.

562 For co-immunoprecipitation, NCM-460 or HEK293T cells were collected in Buffer
563 A (50mM Tris, 150mM NaCl, 0.5% Triton X-100, PH 7.5) with a protease inhibitor
564 cocktail (HY-K0010, MedChemExpress). Cell lysates were incubated on ice for 30 min
565 and centrifuged at 14,000 × g for 10 min and the supernatants were further diluted with
566 2 × volume of Buffer A to quantify protein concentration. The diluted lysates were pre-
567 cleared with protein A/G magnetic beads and then incubated with antibodies and
568 protein A/G magnetic beads overnight at 4°C. The precipitated proteins were washed 3
569 times with buffer A and analyzed by SDS-PAGE and immunoblotting.

570 To examine ubiquitination of ASC, Casp-1 p20, IL-1 β , TNF- α , and PHB2, NCM-
571 460 cells were lysed in lysis buffer. The ubiquitinated proteins were
572 immunoprecipitated with an anti-UBB rabbit polyclonal antibody. Proteins were then
573 blotted onto a 0.45 μ m PVDF membrane. Primary antibodies were incubated with the
574 PVDF membrane. Then HRP-Goat Anti-Mouse IgG(H+L) (ab205719, Abcam) and
575 HRP-Goat Anti-Rabbit IgG (H+L) (ab205718, Abcam) were used. Amersham
576 Imager 600 (GE Healthcare, USA) and Alliance Q9 (UVItec, UK) were used to
577 visualize chemo-luminescence. The bands were analyzed by Image J 1.51j8 (National
578 Institutes of Health, USA).

579 **Cell activity**

580 The cells were seeded in 96-well culture plates at appropriate density were first primed
581 with LPS (100 ng/ml) (00497693, Thermo Fisher Scientific) for 4 h, followed by
582 treatment of 3% DSS for 24 h prior to treatment for 48 h with ERB-041 (1 μ M) and
583 TNF- α (5 ng/mL) (Z01001-10, Genscript) or IL-1 β (10 ng/mL) (Z02922-10, Genscript).
584 The cell activity was tested according to CCK-8 (40203ES76, YEASEN) protocol. The
585 absorbance at 450 nm was obtained by a microplate reader with Gen5 CHS 2.07
586 software (BioTek, USA).

587 **Generation of knockdown stable cells**

588 pLVX-shRNA2 (PT4052-5, Clontech), psPAX2 (PVT2320, Life Science Market) and
589 pMD2.G (PVT2321, Life Science Market) vectors were purchased from Nova Lifetech
590 Limited (Hongkong, China). Lentivirus-mediated shRNA targeting NLRP6 (5'-
591 GCTGAGCGAGCAGTCACTACA-3'; 5'-GCAGTCACTACAGGAGCTTCA-3') and
592 ER β (5'-GGAAATGCGTAGAAGGAATTC-3') mRNA sequences were obtained from
593 Genscript Biotech Corporation.

594 pLVX-shNLRP6/pLVX-shER β , psPAX2, and pMD2.G were transfected into the
595 HEK239T cells. The supernatant containing lentivirus was harvested after 40 h and then
596 added into the NCM-460 cells. After 24 h, the medium was replaced with fresh medium.
597 48 h later, cells were cultured in selection medium containing 10 μ g/mL puromycin.
598 All these stable transfected cells were tested regularly by western blotting analysis to
599 ensure the efficiency of down-regulation.

600 **Electrophoretic mobility shift assay (EMSA)**

601 Cloned NLRP6 DNA probe

602 (TGTGAGGATGACCAGAGGTCCTCATTGCCATCTTGGTTCTGGTGGTTT

603 TGGGCCAGCTTCTTTACACCATTATCAGCAAGGCCTTTATGACCTGTATCT

604 TGTGTCAACCTCCTGTCTCATCCTGTGA) of 130bp containing estrogen receptor

605 binding sites were labeled with biotin using an EMSA probe biotin labeling kit (GS008,

606 Beyotime). After stimulation with ERB-041(HY-14933, MedChemExpress) and PPT

607 (HY-100689, MedChemExpress), the nuclear extract of NCM-460 cells was prepared

608 for DNA-protein binding assays.

609 **Chromatin immunoprecipitation quantitative polymerase chain reaction analysis**

610 **(ChIP-qPCR)**

611 NCM-460 cells were centrifuged, and then protein-DNA was cross-linked with 1%

612 formaldehyde. The sediment was sonicated on ice, and the chromatin was diluted in

613 lysis buffer without SDS. The chromatin was separated on an agarose gel to check the

614 quality of DNA. IP grade antibodies for ER were used to perform immunoprecipitation.

615 For the negative control, chromatin was incubated with protein G-coated magnetic

616 beads and polyclonal mouse IgG alone. After reverse cross-linking, the released DNA

617 fragments were purified with a QIAquick DNA purification kit (28104, QIAGEN).

618 PCR was performed to identify the existence of the *Nlrp6* gene. Finally, qPCR was

619 performed to quantify the fold enrichment. The results were computed as percent

620 antibody bound per input DNA and then normalized to IgG controls.

621 **Dual luciferase assay**

622 The human *Nlrp6* promoter was cloned into pGL3-Basic (E1751, Promega). NCM-460
623 cells were seeded in 96-well plates at a concentration of 50,000 cells/well. Then, the
624 constructed pGL3-*Nlrp6* promoter vector together with pRL-TK (E2241, Promega) was
625 transfected into the cells using Lipofectamine 2000 reagent
626 (11668019, Thermo Fisher Scientific). Cell medium was changed after 6 h, and then
627 the special estrogen receptor agonist was added. Firefly luciferase activity was
628 normalized to Renilla luciferase activity.

629 **Real-time PCR analysis**

630 Cells were seeded in a 6-well plate at an appropriate density. After treating with ERB-
631 041 (1 μ M) and PPT (1 μ M) for 48h, total RNA was isolated using a Total RNA Kit II
632 (OMEGA, R6934), followed by cDNA synthesis using Hifair® II 1st Strand cDNA
633 Synthesis Kit (YEASEN, 11119ES60). Hieff UNICON® qPCR SYBR Green Master
634 Mix (YEASEN, 11198ES03) was used in a 20 μ L reaction volume. quantitative real-
635 time PCR was performed on LightCycler96 (Roche). The expression of individual
636 genes was normalized to the expression of β -actin. The primer sequences for the genes
637 were as follows: human *Nlrp6* forward primer, 5'-AAGGAACTGGAGCAACTG-3';
638 human *Nlrp6* reverse primer, 5'-CGATGAACTGGTAGGTGAC-3'; human *Esr2*
639 forward primer, 5'-TCCATCGCCAGTTATCACATCT-3'; human *Esr2* reverse primer,
640 5'-CTGGACCAGTAACAGGGCTG-3'; human *ASC* forward primer, 5'-
641 CGTTGAGTGGCTGCTGGATG-3'; human *ASC* reverse primer, 5'-
642 CAGGCTGGTGTGAACTGAAGAG-3'; human *Caspase-1* forward primer, 5'-
643 ACACCGCCCAGAGCACAAG-3'; human *Caspase-1* reverse primer, 5'-

644 TTTCTTCCCACAAATGCCTTCCC-3'; human *β-actin* forward primer, 5'-
645 GGCATCCACGAAACTACCT-3'; human *β-actin* reverse primer, 5'-
646 ATCTTCATTGTGCTGGGTG-3'.

647 **GST pull-down assays**

648 *Esr2* (KR709495.1) gene were cloned into pGEX-4T-1(PVT0029, Life Science Market)
649 and expressed as glutathione-s-transferase (GST) fusion proteins in *E. coli* BL21(DE3)
650 induced by IPTG. The GST-fusion proteins were obtained by ultra-sonication of *E. coli*
651 BL21(DE3), then GST-fusion proteins were purified by Glutathione MagBeads
652 (L00327, Genscript). *Nlrp6* (NM_001276700.2) amplified from NCM-460 cells'
653 cDNA and cloned at the XhoI and EcoRI sites of the pCAGGS vector to generate the
654 Flag-tagged NLRP6. The primers are 5'-GTGCCCAACAGCATCTCGT-3' (F) and 5'-
655 CCACAGGGACTTTGACTAGGGT-3' (R).

656 HEK293T cells were transfected with Flag-tagged NLRP6 plasmid by
657 Lipofectamine 2000 reagent and were lysed in Buffer A with a protease inhibitor
658 cocktail. The diluted lysates incubated with GST-fusion protein loaded beads for 12 h
659 at 4 °C. Beads were washed 5 times with washing buffer and boiled for 5 min.
660 Centrifuged with 14,000×g for 5min, the supernatant was used for western blotting
661 analysis.

662 **Plasmids and transfection**

663 Human NLRP6 PYD (1-106aa), PYD+NBD (1-564aa), and LRR (727-868aa) genes
664 were amplified from Flag-tagged NLRP6 plasmid. We added EGFP tag to observe the

665 expression of these mutants. HEK293T cells were plated into a 6-well plate overnight.
666 To examine an interaction between ER β and NLRP6 mutants, cells were transfected for
667 48 h with 5 μ g of plasmids expressing PYD, PYD+NBD, and LRR using Lipofectamine
668 2000. The primer sequences for the genes were as follows: PYD forward primer, 5'-
669 GTGCCCAACAGCATCTCGT-3'; PYD reverse primer, 5'-
670 CTTCTTGTACTCGGACACGGA-3'; PYD+NBD forward primer, 5'-
671 ATGGACCAGCCAGAGGCC-3'; PYD+NBD reverse primer, 5'-
672 GCCGAAGTGGCGCTCGATG-3'; LRR forward primer, 5'-
673 ATGACTGACCCACTGTGCCATCTGA-3'; LRR reverse primer, 5'-
674 GTGTGTGATGACCAGATCCGGCTTT-3';

675 **Colocalization of NLRP6 inflammasome**

676 Cells were co-transfected with EGFP-ASC (2 μ g) and mCherry-NLRP6 (2 μ g) plasmid
677 according to the manufacturer's protocol, followed by treatment with PPT (1 μ M) for
678 48h, ERB-041 (1 μ M) for 48 h, 3%DSS for 48h, 3%DSS+ERB-041 (1 μ M) for 48 h.
679 The cells were fixed with 4% paraformaldehyde at 37 °C for 30 min and then
680 counterstained with DAPI. The colocalization of NLRP6 and ASC was visualized by
681 confocal immunofluorescence microscopy.

682 **Immunofluorescence**

683 Paraffin-embedded sections of colonic tissues were deparaffinized, rehydrated and
684 incubated with 3% H₂O₂ for 20 minutes to block endogenous peroxidase, then antigens
685 unmasked using 10mM citrate buffer (pH = 6) for 5 minutes. After blocking, slides for

686 immunofluorescence were incubated with fluorescein-conjugated primary antibodies
687 overnight at 4 °C in the dark and mounted with DAPI Fluoromount-GTM (P36931,
688 Thermo Fisher Scientific) (1:500). Immunofluorescence images were acquired by Zeiss
689 LSM 980 microscope (Zeiss, Germany) with ZEN Connect software. The data were
690 analyzed by ZEN 3.0 (blue edition) software.

691 The following antibodies were used for immunofluorescence: Mouse monoclonal
692 anti-ASC antibody PE-labeled (SC-514414, Santa Cruz) (1:400) and Mouse
693 monoclonal anti-Procaspase-1 antibody FITC-labeled (SC-392736, Santa Cruz)
694 (1:400). The NLRP6 used in immunofluorescence was labeled by Cy5 dye (A04002,
695 MedChemExpress).

696 **Active mitochondrial assessment**

697 The cells were seeded in 22 mm confocal dishes at an appropriate density. After LPS
698 priming and 3% DSS, ERB-041 (1 µM) and TNF-α (5 ng/mL) (Z01001-10, Genscript)
699 or IL-1β (10 ng/mL) (Z02922-10, Genscript) stimulation, the cells were incubated for
700 30 min at 37 °C with 250 nM MitoTracker® Red CMXRos Mitochondrial Probe
701 (M7512, Thermo Fisher Scientific). The fluorescence signals were measured by Zeiss
702 microscope (excitation at 579 nm; emission at 599 nm).

703 **Measurement of mitochondrial ROS**

704 The cells were seeded in a 6-well plate at an appropriate density. After LPS priming
705 and 3%DSS, ERB-041 (1µM) and TNF-α (5 ng/mL) (Z01001-10, Genscript) or IL-1β
706 (10 ng/mL) (Z02922-10, Genscript) stimulation, the cells were loaded with 4 µM of

707 MitoSOX (M36008, Thermo Fisher Scientific) for 20 min. Fluorescence intensity was
708 determined using Flow Cytometer (Beckman, USA) with Accuri C6 software. FlowJo
709 10.0 FACS software was used for the data analysis.

710 **Transmission electron microscopy**

711 After LPS priming and 3%DSS, ERB-041 (1 μ M) and TNF- α (5 ng/mL) (Z01001-10,
712 Genscript) or IL-1 β (10 ng/mL) (Z02922-10, Genscript) stimulation, NCM-460 cells
713 were fixed in 2.5% glutaraldehyde (electron microscopy grade) for 5 minutes at room
714 temperature followed by 2 h at 4 °C. The cell samples were prepared for transmission
715 electron microscopy as described previously [53]. The sections were examined using a
716 HITACHI H-7650 at a voltage of 80 kV. To avoid bias, the entire population of
717 mitochondria in each image (number of images = 3) was examined to count the number
718 of abnormal mitochondria. The percentage of abnormal mitochondria was determined
719 by dividing the number of abnormal mitochondria by the total number of mitochondria
720 per image.

721 **pmCherry- EGFP- LC3B assay**

722 Cells were transfected with pmCherry-EGFP-LC3B (PVT10398,
723 Life Science Market) according to the protocol, followed by treatment with DSS for 2
724 4h, ERB-041 for 48 h. The cells were fixed with 4% paraformaldehyde at 37 °C for 30
725 min and then counterstained with DAPI. The fluorescence signals were
726 visualized by confocal immunofluorescence microscopy.

727 **Live cell imaging of autophagy events**

728 Stably expressing EGFP-NLRP6 NCM-460 cells were seeded in 22 mm confocal
729 dishes to a confluency of 30-40%. When confluency of cells reached to 60-70%, the
730 transfection complex mix, containing transfection reagent and mCherry-
731 ULK1/BECN1/ATG16L1/p62/LC3B/PHB2 plasmid DNA, was added. After 24h, the
732 medium was aspirated, and the cells were washed with 2 ml of starvation medium 3
733 times. Confocal dishes were put in the incubation chamber of Zeiss confocal
734 microscope. The video capture was performed after 30 min starvation using a high
735 magnification lens (60 \times oil). The intensity of excitation light was adjusted to 10-20% of
736 maximum intensity to prevent photo-bleaching. The image acquisition rate was set to 1
737 frame every 15 sec.

738 **Statistical Analysis**

739 Statistical tests were performed using using GraphPad Prism 7 (GraphPad Software).
740 Results were presented as mean \pm SEM. Student's *t*-test was used to compare the
741 difference between two groups for normally distributed data. Two-tailed probabilities
742 were calculated. A one-way ANOVA with Dunnett's test was used to compare the
743 difference between three groups. A two-way ANOVA with Tukey's or Sidak's
744 multiple-comparisons test was used to evaluate experiments involving multiple groups.
745 Probability (P) values of <0.05 were considered significant: **P* < 0.05 , ***P* < 0.01 ,
746 ****P* < 0.001 and *****P* < 0.0001 ; n.s., not significant. Survival was analyzed using
747 the Mantel-Cox log-rank test. We estimate the variation within each experimental group
748 and ensure that the variance is similar for groups that are being statistically compared.

749

750 **Data Availability Statement**

751 All data generated or analyzed during this study are included in this published article
752 (Table S1, Table S2, and Supplemental Material). Source data are provided with this
753 paper (Unprocessed immunoblots).

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885 **Acknowledgments**

886 We would like to thank Santa Cruz Technologies and Sangon Biotech for gifts of
887 antibodies; OLYMPUS Life Science for the help of immunofluorescence images; Dr.
888 Angela Andersen (Life Science Editors) for assistance with manuscript preparation.

889 **Conflict of interests**

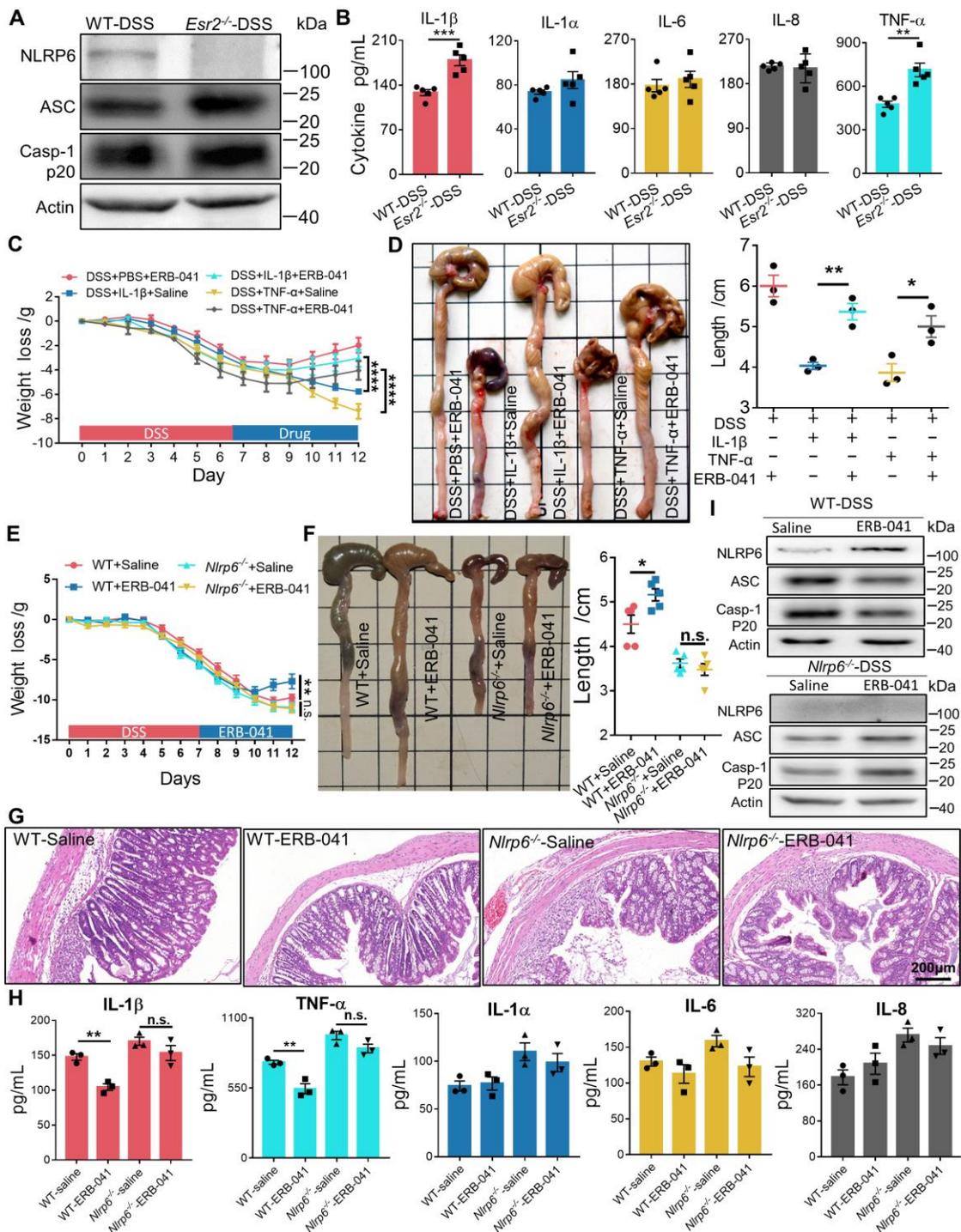
890 The authors declare no conflict of interest.

891 **Author contributions**

892 S.Q.S. and W.T.F. conceived the project. W.T.F., C C.D., and S.H.L. performed and
893 analyzed most of the experiments. X.F.S., W.X.G., X.N.G., Z.S.G., M.C.L., S.Z.,
894 Y.F.M., M.D.B., G.L.L., and S.D.S. provided technical assistance in various
895 experiments. S.Q.S. and W.T.F. interpreted and wrote the manuscript. S.Q.S. and L.P.Y.
896 supervised the project. All authors contributed to the final text and approved it.

897 **Funding**

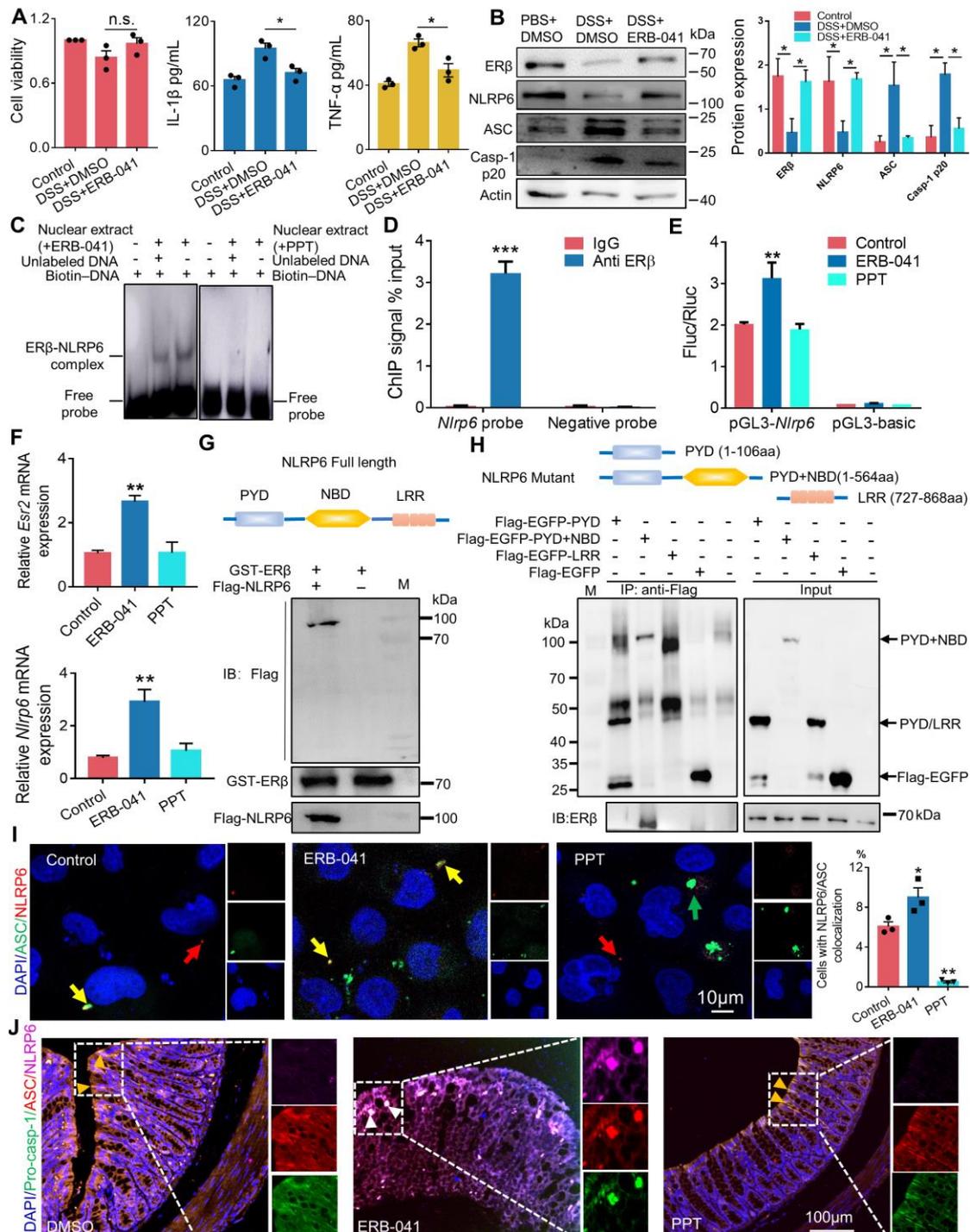
898 This work was supported by National Key R&D Program (2016YFD0501009 and
899 2016YFD0501200), the NAU International Cooperation and Cultivation Project (2018-
900 AF-20), the Priority Academic Program Development of Jiangsu Higher Education
901 Institutions, Natural Science Foundation of China (32002345), China Postdoctoral
902 Science Foundation (2020M681650), the State Key Laboratory of Veterinary
903 Etiological Biology (SKLVEB2019KFKT013).



905

906 **Fig. 1 ER β inhibits DSS-induced colitis via NLRP6.** WT and *Esr2^{-/-}* mice were
 907 administered 3% DSS in drinking water for 7 days (n = 5). (A) NLRP6 inflammasome
 908 (NLRP6, ASC, and Casp-1 p20) expression of mouse colon homogenate. (B) Tissue
 909 IL-1 β , IL-1 α , IL-6, IL-8, and TNF- α levels were measured by ELISA. The statistics are

910 shown as mean \pm SEM. ** P <0.01, *** P <0.001, n.s., not significant, by unpaired
911 Student's t -test. WT mice were administered 3% DSS in drinking water for 7 days
912 following intraperitoneal (i.p.) IL-1 β (1 μ g/kg body weight) or TNF- α (500 ng/kg body
913 weight) with(out) ERB-041 (5 mg/kg body weight) injection for 5 days (n = 3). (C)
914 Weight loss of different mice. Data represent mean values \pm SEM. **** P < 0.0001, by
915 two-way ANOVA with Tukey's post hoc test. (D) Gross pathology and length change
916 of colons. The statistics are shown as mean \pm SEM. * P < 0.05, ** P < 0.01, by unpaired
917 Student's t -test. WT and *Nlrp6*^{-/-} mice were administered 3% DSS in drinking water for
918 7 days followed by intraperitoneal (i.p.) injection of saline or the selective ER β agonist
919 ERB-041 (5 mg/kg body weight) for 5 days (n = 5). (E) Weight loss of treated mice.
920 Data represent mean values \pm SEM. ** P < 0.01, n.s., not significant, by two-way
921 ANOVA with Tukey's post hoc test. (F) Representative gross photographs and the
922 colon length of different mice. (G) Representative H&E staining of distal colon sections
923 from mice. (Scale bars, 200 μ m). (H) Tissue IL-1 β , TNF- α , IL-1 α , IL-6, and IL-8 levels
924 were measured by ELISA. The statistics are shown as mean \pm SEM. * P < 0.05, ** P <
925 0.01, n.s., not significant, by unpaired Student's t -test. (I) NLRP6 inflammasome
926 (NLRP6, ASC, and Casp-1 p20) expression of mice colon homogenate.



927

928 **Fig. 2 ER β activates NLRP6 gene expression and inflammasome assembly in colon**

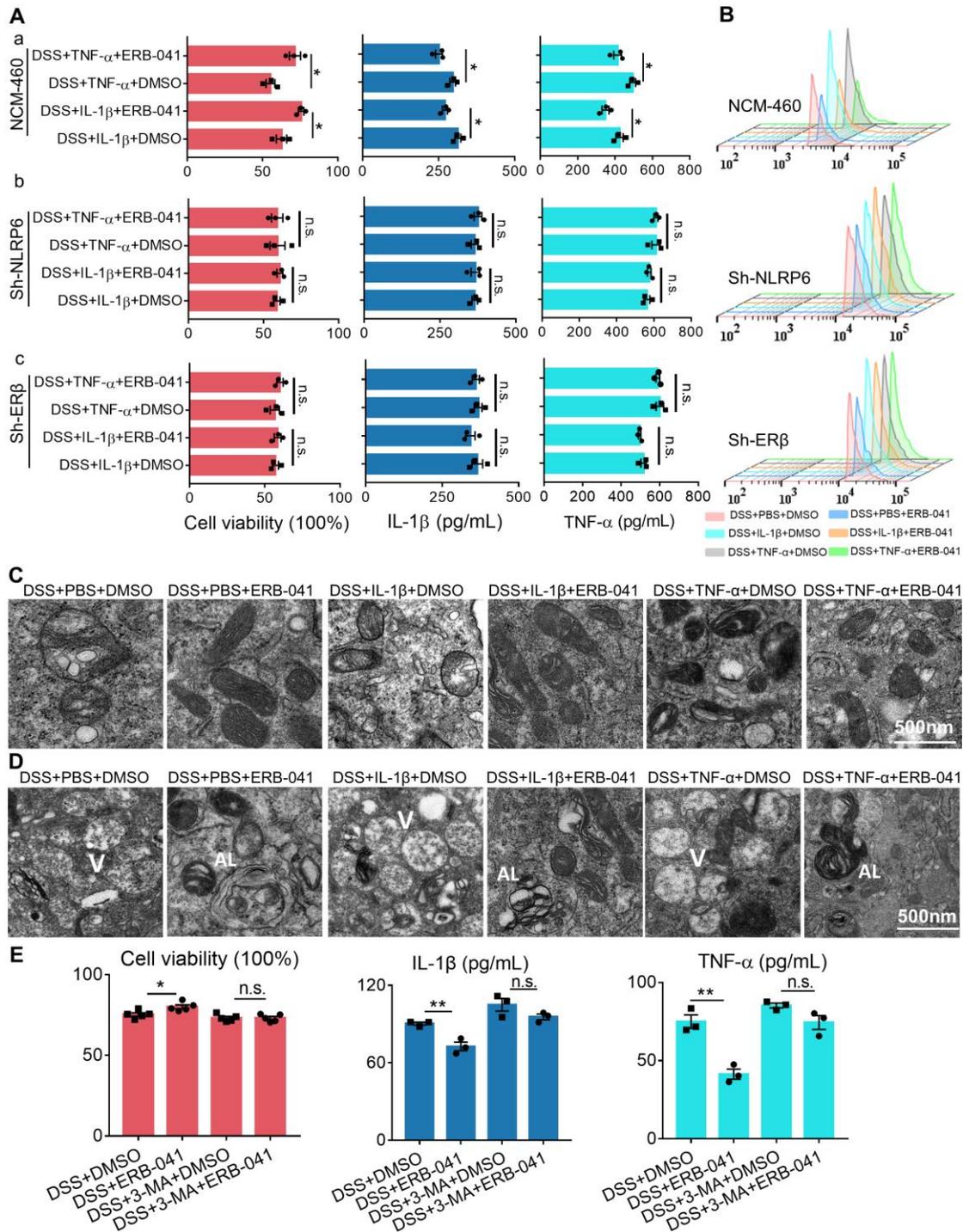
929 **epithelial cells and intestinal tissues.** Human colon mucosal epithelial cells (NCM-

930 460) were stimulated with 3% DSS for 24 h, then treated by ERB-041 (1 μ M) for 48 h.

931 (A) Cell viability of treated cells was detected by the CCK-8 method. Cytokine (IL-1 β

932 and TNF- α) levels in the supernatant determined by ELISA. Each data point represents
933 a unique experiment performed in triplicate. Data represent mean values \pm SEM. *P<
934 0.05, n.s., not significant, by unpaired Student's t test. (B) Immunoblotting of treated
935 cell lysates. Data are representative of three independent experiments. *P< 0.05, by
936 two-way ANOVA with Tukey's post hoc analysis. Normal NCM-460 cells were
937 stimulated with the selective ER β agonist (ERB-041, 1 μ M) and ER α agonist (PPT, 1
938 μ M) for 48 h. (C) Gel-shift assays with the NLRP6 probe and nuclear lysate. (D) Chip-
939 qPCR analysis to determine the relative enrichment of ER β at the NLRP6 gene
940 promoter region. (E) Luciferase reporter assay to determine the activation the NLRP6
941 promoter by ER agonists. Each data point represents a unique experiment performed in
942 triplicate. Data represent mean values \pm SEM. ***P< 0.001, compared to IgG by two-
943 way ANOVA with Sidak's post hoc analysis. *P< 0.05, **P< 0.01, ****P< 0.0001,
944 compared to control by two-way ANOVA with Tukey's post hoc analysis. (F) qRT-
945 PCR assay for *Esr2* and *Nlrp6* genes in the NCM-460 cells with ERB-041 or PPT
946 stimulation. Data represent mean values \pm SEM. **P< 0.01, by one-way ANOVA with
947 Dunnett's post hoc analysis (vs. Control). (G) In vitro interaction of purified GST-
948 ER β with Flag-tagged NLRP6 in untreated NCM-460 cells. (H) Co-
949 immunoprecipitation of ER β with Flag-EGFP-tagged NLRP6 mutant in untreated
950 NCM-460 cells. PYD, pyrin domain; NBD, nucleotide binding domain; LRR, eucine-
951 rich repeat domain. (I) Representative immunofluorescence staining for NLRP6 (red),
952 ASC (green), and DAPI nuclear stain (blue) of NCM-460 cells, treated as ERB-041 or
953 PPT. The yellow arrow represents the co-localization of NLRP6 and ASC. (Scale bars,

954 10 μm). At least 400 cells were analyzed per group. Each data point represents a unique
955 experiment performed in triplicate. Data represent mean values \pm SEM. * $P < 0.05$, ** $P <$
956 0.01, by one-way ANOVA with Dunnett' s post hoc analysis (vs. Control). (J)
957 Representative immunofluorescence staining for NLRP6 (violet), ASC (red), Pro-casp-
958 1 (green), and DAPI nuclear stain (blue) in ERB-041 (5 mg/kg body weight) or PPT (5
959 mg/kg body weight) treated colon tissue. The yellow arrow represents the co-
960 localization of Pro-casp-1 and ASC. The white arrow represents the co-localization of
961 NLRP6, Pro-casp-1 and ASC. (Scale bars, 100 μm).



962

963 **Fig. 3 The role of ER β and NLRP6 in inflammation, mitochondrial damage, and**

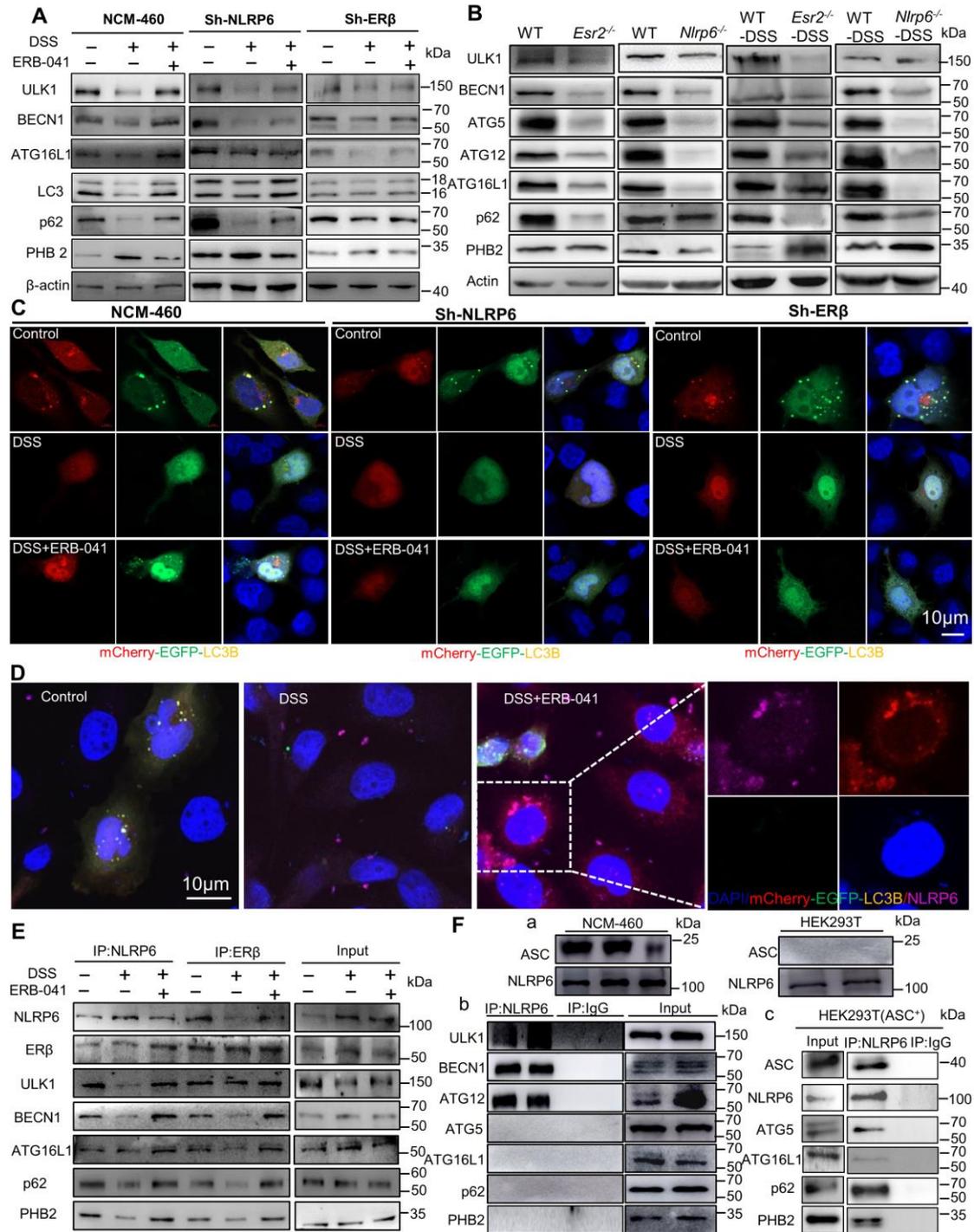
964 **autophagy.** NCM-460 cells (a), NLRP6 knockdown (Sh-NLRP6, b), and ER β

965 knockdown (Sh-ER β , c) NCM-460 cells were stimulated with 3% DSS for 24 h, then

966 treated with IL-1 β (10 ng/mL) or TNF- α (5 ng/mL) together with or without ERB-041

967 (1 μ M) for 48 h. (A) Cell viability of treated cells was detected by the CCK-8 method.

968 Cytokines (IL-1 β and TNF- α) levels in the supernatant were determined by ELISA. (B)
969 After treatment, cells were incubated with Mito-SOX and then examined by Flow
970 Cytometer. Histograms quantification of ROS positive cells is indicated in Fig. S3B.
971 (C) Representative transmission electron microscope images of mitochondria in
972 different group. (Scale bars, 500 nm). (D) Representative transmission electron
973 microscope images of autolysosome in different groups. (Scale bars, 500 nm). AL:
974 autolysosome, V: vacuole. (E) NCM-460 cells were stimulated with 3% DSS for 24 h,
975 then treated with 3-MA (100 μ M) together with or without ERB-041 (1 μ M) for 48 h.
976 Cell viability of treated cells was detected by CCK-8 method. Cytokines (IL-1 β and
977 TNF- α) levels in the supernatant were determined by ELISA. Each data point represents
978 a unique experiment performed in triplicate. Data represent mean values \pm SEM. *P<
979 0.05, **P< 0.01, n.s., not significant, by unpaired Student's *t*-test.



980

981 **Fig. 4 ER β -NLRP6 promotes autophagic flux and interacts with autophagy-**

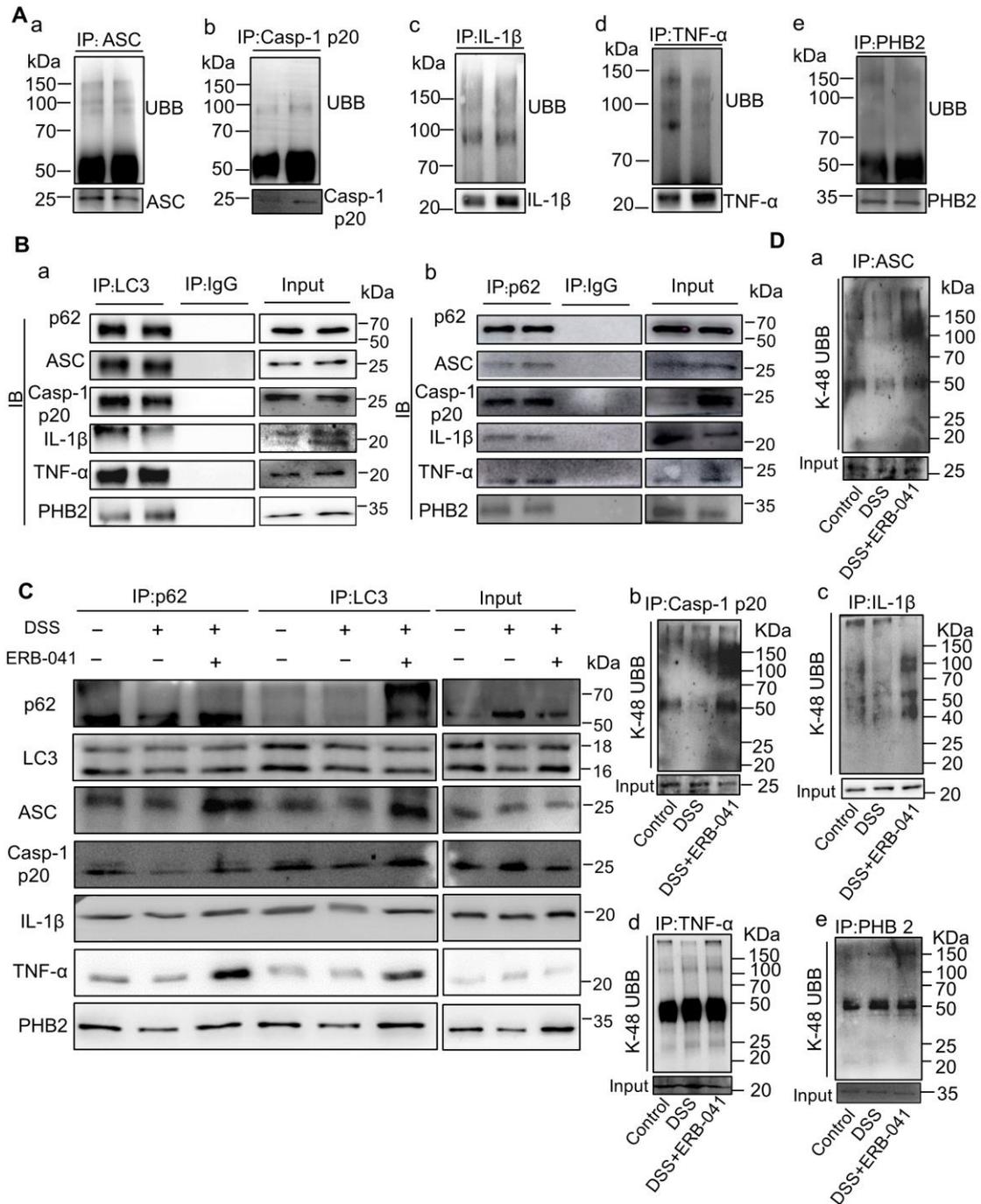
982 **related proteins.** NCM-460 cells, NLRP6 knockdown (Sh-NLRP6), and ER β

983 knockdown (Sh-ER β) NCM-460 cells were treated with 3% DSS for 24 h, then treated

984 with ERB-041 (1 μ M) for 48 h. (A) Western blots were probed with specific anti-ULK1,

985 anti-BECN1, anti-ATG16L1, anti-LC3, anti-p62, and anti-PHB2 antibodies. (B)

986 Western blot analysis of colon tissue from WT, *Esr2*^{-/-} and *Nlrp6*^{-/-} mice treated with or
987 without 3% DSS. Western blots were probed with specific anti-ULK1, anti-BECN1,
988 anti-ATG5, anti-ATG12, anti-ATG16L1, anti-p62, and anti-PHB2 antibodies. (C)
989 Confocal microscopy of EGFP-mCherry-LC3B (yellow) expressed in treated NCM-
990 460 cells, Sh-NLRP6, and Sh-ER β cells. (Scale bars, 10 μ m). (D) Confocal microscopy
991 of EGFP-mCherry-LC3B expressed in treated NCM-460 cells, and then immunostained
992 for endogenous NLRP6 (Violet). (Scale bars, 10 μ m). (E) Co-immunoprecipitation of
993 autophagy protein with NLRP6 and ER β in 3% DSS and 3% DSS+ ERB-041 (1 μ M)
994 treated NCM-460 cells. (F-a) ASC and NLRP6 expression levels in NCM-460 and
995 HEK293T cells. (F-b) Co-immunoprecipitation of autophagy protein with NLRP6 in
996 HEK293T (ASC⁻) cells. (F-c) Co-immunoprecipitation of autophagy protein with
997 NLRP6 in HEK293T cells transfected with Flag-EGFP-ASC plasmid (ASC⁺).



998

999 **Fig. 5 ER β promotes the elimination of the inflammasome, cytokines, and**

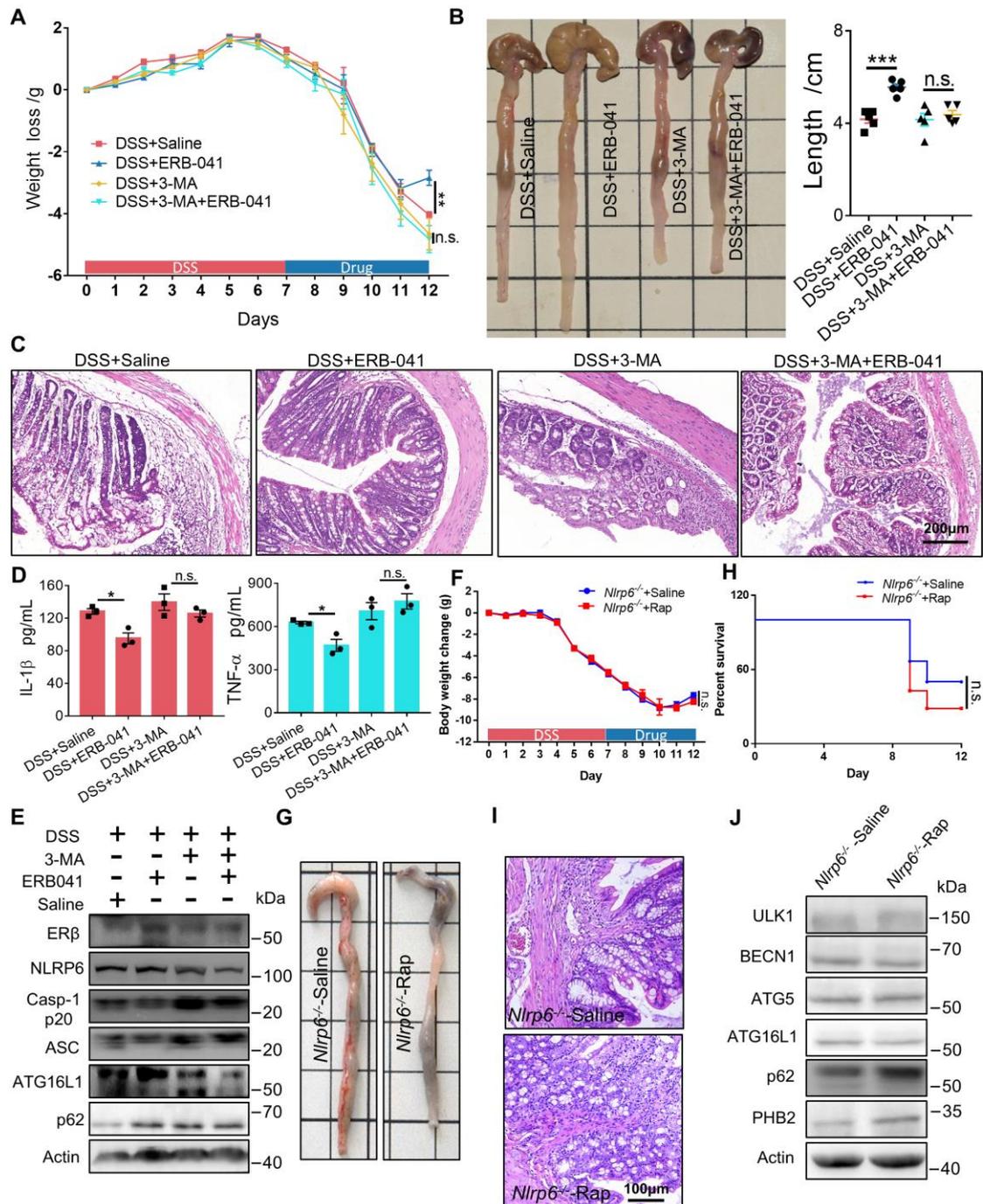
1000 **damaged mitochondria.** (A) Polyubiquitination detection of ASC (a), Casp-1 p20 (b),

1001 IL-1 β (c), TNF- α (d), and PHB2 (e) in untreated NCM-460 cells. (B) Co-

1002 immunoprecipitation of ASC, Casp-1 p20, IL-1 β , TNF- α , and PHB2 with LC3 (a) and

1003 p62 (b) in untreated NCM-460 cells. (C) Co-immunoprecipitation of ASC, Casp-1 p20,

1004 IL-1 β , TNF- α , and PHB2 with LC3 and p62 in 3% DSS and 3% DSS+ERB-041 treated
1005 NCM-460 cells. (D) K48-linked polyubiquitination detection of ASC (a), Casp-1 p20
1006 (b), IL-1 β (c), TNF- α (d), and PHB2 (e) in 3% DSS and 3% DSS+ ERB-041 treated
1007 NCM-460 cells.
1008



1009

1010 **Fig. 6 NLRP6 is required for Rap-induced recovery from inflammation.** WT mice

1011 were administered 3% DSS in drinking water for 7 days followed by intraperitoneal

1012 (i.p.) injection of saline or the ERB-041 (5 mg/kg body weight) with or without 3-MA

1013 (1.5 mg/kg body weight) for 5 days (n = 5). (A) Weight loss of colitis model mice. Data

1014 represent mean values ± SEM. ** $P < 0.01$, n.s., not significant, by two-way ANOVA

1015 with Tukey's post hoc test. (B) Representative gross photographs and the colon length
1016 of different mice. (C) Representative H&E staining of distal colon sections from mice.
1017 (Scale bars, 200 μm). (D) Tissue IL-1 β and TNF- α levels were measured by ELISA. (E)
1018 ER β , NLRP6 inflammasome (NLRP6, ASC, and Casp-1 p20), and autophagy protein
1019 (ATG16L1 and p62) expression of mice colon homogenate. The statistics are shown as
1020 mean \pm SEM. * $P < 0.05$, *** $P < 0.001$, n.s., not significant, by unpaired Student's t -test.
1021 *Nlrp6*^{-/-} mice were administered 3% DSS in drinking water for 7 days followed by
1022 intraperitoneal (i.p.) injection of saline (n = 6) or rapamycin (Rap) (2 mg/kg body
1023 weight, n = 7) for 5 days. (F) Weight loss of treated mice. (G) Representative gross
1024 photographs and the colon length of different mice. (H) Survival rate of Rap treated-
1025 mice compared with that of Saline treated-mice. Data represent mean values \pm SEM.
1026 n.s., not significant, by two-way ANOVA with Sidak's post hoc test. (I) Representative
1027 H&E staining of distal colon sections from mice. (Scale bars, 100 μm). (J) Autophagy
1028 protein expressions of mice colon homogenate.

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