

Large scale genomic and transcriptomic profiles of rice hybrids revealed a novel universal mechanism underlying yield heterosis

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25 **Abstract**

26 The utilization of heterosis (or hybrid vigor) is a revolutionary technology in agricultural. However,
27 its genetic mechanisms are still unclear in plants. Here we develop, sequence and record the
28 phenotypes of 418 hybrids from crosses between two testers and a diverse mini core collection.
29 Phenotypic analysis showed that heterosis is an extensive but not necessary phenomenon, which
30 varied by combinations and environments. Evidence from both GWAS on the 418 hybrids and their
31 parents and transcriptomics of the traditional rice hybrid Liangyoupei 9, indicated that dominance
32 and overdominance are the main genetic contributions to heterosis. Furthermore, cumulation or
33 complementation of repulsive genetic factors may account for 37.8% of the overdominant QTL and
34 nearly half of the genes with overdominant expression pattern. We systematically compared non-
35 additive and additive factors and observed a common phenomenon that non-additive factors are
36 more sensitive to background than that of additive ones across species, phenotypes, QTLs and
37 transcription levels, further evidence from both simulations and experiment demonstrated a novel
38 universal molecular mechanism underlying heterosis, i.e. homo-insufficiency under insufficient
39 background (HoIIB), which expounds that heterosis in most cases is not the heterozygote advantage
40 but the homozygote disadvantage under the insufficient genetic background. The HoIIB model can
41 explain most known hypotheses and phenomena about heterosis, thus provides a novel theory for
42 future hybrid rice breeding.

43 **Introduction**

44 Hybrid breeding is a revolutionary technology in agricultural production and for food security.
45 Due to their dramatic increased yield by tens of percent and even double compared to inbreds¹,
46 hybrid have been the important and even the main variety type for agricultural plants and animals².
47 Rather different from traditional inbred breeding, which mainly exploit accumulation of
48 homozygous beneficial alleles, hybrid breeding takes advantage of heterosis or hybrid vigor, which
49 refers to the phenomenon that the hybrid from two genetically distantly related inbred lines show
50 superior performance than their parents^{3,4}.

51 Although heterosis has been utilized extensively in agriculture, its mechanistic understanding
52 is still fragmentary and challenging⁵. Regarding of its genetic basis, there are three classical
53 hypothesis, including dominance^{6,7}, overdominance^{8,9} and epistasis¹⁰⁻¹². Through quantitative trait
54 loci (QTL) mapping and genome-wide association studies (GWAS), previous study of multiple
55 crops has identified a large number of genetic variant with various types of genetic effects¹³⁻¹⁷.
56 Meanwhile, several well designed studies at transcriptome level has been carried out in plant
57 hybrids such as *Arabidopsis*, maize, and rice, and many genes appear to be dominant,
58 overdominant, or parent-specific in expression¹⁸⁻²⁰. At the single gene level, genes with partial or
59 complete dominance effect are commonly observed in many species, such as such as *PMAI* and
60 *MSB2* in yeast²¹, *PCSK9* in human heart diseases²², *Dw3* in sorghum, and *GS3* and *Ghd7* in rice^{23,24}.
61 There are also several cases that one gene displayed overdominant effect, such as the *SFT* gene
62 affecting fruit yield of tomato²⁵, the SHELL gene controlling the oil yield in oil palm²⁶, and the
63 *FNS* gene impacting flower color in *Mimulus lewisii*²⁷. The second typical view on heterosis
64 suggested that the pleiotropic functions with compromise, balance^{28,29}, and complementation
65 between two alleles or among factors, and gene-gene interactions at various levels³⁰⁻³², represent
66 an important genetic mechanism underlying heterosis. The third explanation is that hierarchical
67 effects at different levels or aspects contribute largely to heterosis, such as the multiplicative effect
68 on yield by its component traits, where accumulation of partial dominance usually occurs^{33,34}.
69 However, the theories mentioned above are challenging to address this question: How does a single
70 gene function as non-additive effect at the molecular level? whether there is a general mechanism
71 for dominance or overdominance to occur?

72 Rice is one of the crops that successfully utilize heterosis in breeding. Numerous studies have
73 been carried out to investigate genetic and molecular mechanisms of heterosis in rice. However,
74 there is still no consensus on such mechanisms³⁵⁻³⁷. Early quantitative trait analysis in an *indica-*
75 *japonica* hybrid suggested that dominance accumulation was the major cause of heterosis³⁵. The
76 subsequent genetic dissection of yield traits tended to support that epistasis and overdominance
77 were the major genetic basis of heterosis in rice³⁵. The decomposition of yield traits, based on an
78 immortalized F₂ population from an *indica-indica* rice hybrid, indicated that relative contributions
79 of dominant factors varied by traits and single-locus dominance has relatively small contributions
80 in all traits³⁶. Recent studies using 1,495 commercial hybrids and 10,074 F₂ individuals from 17

81 crosses demonstrated that the heterosis mainly attributes to accumulation of numerous rare superior
82 alleles with positive dominance³⁷. Nevertheless, according to the materials and methods of these
83 studies adopted, two issues are still need to be addressed on heterosis in rice: one is that most of
84 these studies mainly focused on commercial hybrids or their derived populations³⁷, such as the
85 “immortalized F₂” derived from Zhenshan97 and Minghui63³⁶, and the BCF₁ population derived
86 from Peiai64S and 9311³⁸. These materials may not represent the overview of heterosis across both
87 intra-subspecific and inter-subspecific rice hybrids. Thus, further extensive studies on combinations
88 derived from a wider spectrum of rice germplasmic resources may provide mechanistic
89 understanding of the heterosis. The second point is that although these researches have made great
90 progress, most of them are still confined to the traditional concept and terms, and mainly focused
91 on analyzing the proportions and contributions of various genetic component (including additive,
92 dominance and overdominance) to heterosis³⁹, insightful and overall studies on the mechanism of
93 additive and non-additive are still lacking. Therefore, a comprehensive and systematic analysis of
94 the internal mechanism of additive and non-additive is important to resolve the biological
95 mechanism of heterosis in rice.

96 To get insight into rice heterosis, in the present study, we generated 418 F₁ hybrids, which were
97 from crosses between two testers (Nipponbare and 9311) and 265 diverse cultivated rice varieties
98 collected from 35 countries⁴⁰ (**Supplementary Table 1, Supplementary Fig 1**). Using both
99 phenotypic and genomic data collected from the hybrids and their parental lines, as well as
100 transcriptomic profiling data from two sets of hybrid combinations, we then systematically identify
101 genetic variants affecting heterosis of grain yield and yield related traits, followed by dissection of
102 genetic effects including additive, dominance and overdominance (**Supplementary Fig 2**).
103 Evidence from these analyses, as well as from simulations and experimental validation, indicated
104 that there is a universal molecular mechanism underlying heterosis of single polymorphic locus in
105 rice, that is, homo-insufficiency under insufficient background (HoIIB). The HoIIB model can
106 explain the known hypotheses and phenomena about heterosis, thus provides a novel theory for
107 future hybrid rice breeding.

108 **Results**

109 **Genetic diversity and differentiation in the parental panel**

110 We identified 4,625,141 SNPs in the parental panel (N = 267), after exclude SNPs with minor
111 allele frequency (MAF) less than 5% and missing rate larger than 50%. According the neighbor-
112 joining tree of 267 parental lines based on the SNPS and that of the 3,024 varieties of the rice genome
113 based on 100,000 SNP⁴¹(**Supplementary Fig 3a**), *japonica* lines in the panel can be classified into
114 nine distinct sub-populations and *indica* lines can be classified into eight sub-populations.
115 Regarding pairwise comparisons of intra- or inter-subpopulations, the differences of both intra- and
116 inter-subpopulations in *japonica* were significantly less (215,949 or 435,510 on average) than those
117 in *indica* (487,428 or 707,594 on average). Interestingly, even the inter-subpopulation differences
118 in *japonica* were less than that of intra-subpopulation in *indica* (**Supplementary Fig 3b**). These
119 lines of evidence implied different potentials of intra-subspecific heterosis utilization and partially
120 explained the fact that there are so fewer *japonica-japonica* hybrids than *indica-indica* ones in
121 commercial rice production⁴². The real hybrid from four types of combination indicated diverse
122 genome heterozygosity (**Supplementary Fig 4**). As expected, the heterozygosity of *indica-*
123 *japonica* hybrids was much higher than that of both *indica-indica* and *japonica-japonica* ones. The
124 intra-subspecific hybrids of *Japonica*×Nipponbare (J×Nip) display distinctly lower heterozygosity
125 than that of *Indica*×9311 (I×9311), due to the poor genetic diversity in *japonica*⁴³. However, the
126 inter-subspecific hybrids of *Indica*×Nipponbare (I×Nip) present higher heterozygosity than that of
127 *Japonica*×9311 (J×9311), consistent with the fact that a small proportion of *japonica* genomic
128 segments had been introgressed into the *indica* line 9311 (**Supplementary Fig 5**) and apparently
129 lower genetic variation in *japonica* than that in *indica*.

130 **Heterosis is highly dependent on genetic background and environmental** 131 **conditions**

132 We phenotyped the 418 hybrids and their 267 parents in 2013 at respective Changsha (CS)
133 (28°13'N, 112°58'E, a long-day environment) and Sanya (SY) (18°10'N, 109°28'E, a short-day

134 environment) of China. 6 yield related trait including grain weight per plant (GWP), spikelet
135 number per panicle (SPP) and its two components traits (both primary and secondary branch
136 numbers per panicle (PBP and SBP)), 1000-grain weight (KGW), and panicle number per plant
137 (PNP) were investigated (**Supplementary Table 2a**).

138 It is obviously that the hybrid performance is substantially impacted by the parental
139 background and heterosis, but mainly by the later in most case and varied among traits,
140 environments and combinations (**Fig 1a; Supplementary Fig 6-7**). In general, parental background
141 shapes the basic performance of hybrid. Taken SPP as an example, both *indica* and *japonica* hybrid
142 with Nipponbare background showed relative lower SPP than those with 9311 background, no
143 matter the environment is Changsha or Sanya (**Fig 1a**). The other 5 traits exhibit the same
144 phenomenon, except for PNP and GWP of *japonica* hybrids in Changsha and Sanya, respectively
145 (**Supplementary Fig 6d and e**). More importantly, heterosis has a stronger influence on hybrid
146 performance than the parents. Our observation indicated that the contribution of heterosis to hybrids
147 was considerably higher than that of parental background, especially in the long-day environment
148 (**Fig 1a; Supplementary Fig 7**). In Changsha, the overall phenotypic contribution of heterosis to
149 hybrids of both *japonica* and *indica* (63.2% and 67.7%) were much higher than that of the parental
150 background (17.1% and 11.1%). In Sanya, the contribution of parental background to spikelet
151 number related traits (PBP, SBP and SPP) and PNP in hybrid increased, as compared to Changsha
152 with a long-day condition, while the contribution of heterosis to hybrids decreased for majority of
153 the cases except for PNP. Comparing different traits in the same hybrid combination and
154 environment, we found that the parental background contributions were much higher for KGW
155 (19.2%) and spikelet number traits (26.4% for SPP, 27.1% for SBP, and 25.4% for PBP) than for
156 PNP and GWP (just 6.2% and 2.5%, respectively) (**Supplementary Fig 7**). The lower heterosis
157 contribution to hybrids in terms of spikelet number traits in short-day environment of Sanya
158 suggested the necessity to reduce hybrid photosensitivity in hybrid breeding program, so as to
159 maintain a certain period of growth duration under the short-day environment.

160 In order to investigate the degree of environment effect on yield traits of inbreds and hybrids,
161 we performed the two-way analysis of variance (ANOVA) including environment as factor. The
162 result showed that there were obvious environment effects (including genotype-environment
163 interactions and environment effects) on both inbreds and hybrids (**Fig 1b**). Although different traits

164 displayed a similar pattern of residual effects on both inbreds and hybrids, that is, the highest for
165 GWP, followed by PNP, SPP and SPP-related traits (PBP and SBP), and the lowest for KGW in
166 both *japonica* and *indica* subspecies (**Supplementary Fig 8a; Supplementary Table 3 and 4**).
167 However, the proportion of environment effect on hybrids was generally much higher than that on
168 the corresponding inbreds, especially for SPP and its related traits (**Fig 1b; Supplementary Table**
169 **3 and 4**). We used the same method to analyze the data of 266 maize hybrids and their parents in
170 four environments, the results also showed that the effect of environment on hybrids was generally
171 stronger than that of the inbred parents (**Supplementary Fig 8b-c**)⁴⁴. Another recent maize panel
172 also showed the similar result (data not shown)⁴⁵. In summary, it is a common phenomenon that
173 hybrids are more sensitive to the environment than their inbred parents.

174 Using our diverse and large scale of hybrids, investigation of the strength of heterosis in terms
175 of different traits, combinations, and environments indicated that heterosis, especially the better-
176 parent heterosis, are just the potentiality rather than the apodeictic result of hybridization or
177 heterozygosity, despite which is predominant over the cases (**Fig 1c-d; Supplementary Fig 9a-h**).
178 It was clear that not all combinations showed hybrid vigor. On average 10.65 % of intra-subspecific
179 hybrids and 10.29% of inter-subspecific hybrids even displayed hybrid weakness (**Supplementary**
180 **Fig 9 a-h**). The degree of middle parent heterosis (dHmp) from all of combination types, in terms
181 of SPP related trait and GWP, ranged from 7.87%-70.13% with an average of 35.7% in Changsha,
182 this was apparently higher than that in Sanya (-8.53%-53.30% with an average of 8.21%) (**Fig 1c-**
183 **d; Supplementary Table 2b**). However, For PNP and KGW, the dHmp of all combinations
184 generally appeared to be no obvious difference between the two locations. Particularly, the
185 proportion of positive overdominant (POD) heterosis of all traits across the combinations in
186 Changsha (averagely 63.19%) was much higher than that in Sanya (averagely 32.40%). And the
187 decrease of POD from long-day to short-day environments was distinctly represented by spikelet
188 number related trait (PBP, SBP and SPP), compared to the other traits, Compared to the intra-
189 subspecific combinations, only PNP displayed stronger heterosis for the inter-subspecific
190 combinations evaluated under the two environments. Regarding heterosis of the other traits, the
191 differences between inter- and intra-subspecific combinations varied by traits, testers, subspecies,
192 and environments (**Fig 1c-d**). Similarly, the proportion of POD heterosis of inter-subspecific
193 combinations for all traits was apparently higher than that of intra-subspecific combinations in

194 Changsha, except for the PNP trait with consistent heterosis across the two environments. In
195 contrast, for SPP related traits and GWP, the proportion of POD heterosis of inter-subspecific
196 combinations was even lower than that of intra-subspecific combinations in Sanya
197 (**Supplementary Fig 9e-h**). These lines of evidence indicated that the degree of heterosis is
198 apparently dependent on environments, trait, testers, and combinations. Thus it is of significance to
199 uncover the genetic basis and mechanism underlying inbreds, hybrids and especially heterosis so
200 as to highlight the opportunity to produce strong heterosis and elite hybrids.

201 **Genome-wide identification of QTLs affecting yield traits of rice hybrids**

202 We carried out genome wide association studies (GWAS), using 120 sets of genetic and
203 phenotypic data. The phenotypic data consist of three types of datum panels evaluated for six yield
204 traits (PBP, SBP, SPP, KGW, PNP and GWP) under two environments (Changsha and Sanya)
205 (**Supplementary Fig 10-21**). The three types of datum panels include 20 sets of data for each of
206 the traits, i.e. (1) four sets from parents (both *indica* and *japonica* in two environments), (2) eight
207 sets from F₁ (four types of combinations in two environments), and (3) eight sets of calculated
208 middle-parent heterosis value (Hmp) (**Methods**).

209 Totally, we identified 621 and 624 QTLs in Changsha and Sanya, respectively, from the
210 parental datum panel (P_QTL), 828 and 895 QTLs from the F₁ datum panel (F₁_QTL), and 636 and
211 895 QTLs from the Hmp datum panel (Hmp_QTL) (**Supplementary Table 5-7**). When comparing
212 the two environments, P_QTLs appeared apparently to be more environment-stable (38.4% on
213 average), compared to the F₁_QTLs (9.8% on average) and Hmp_QTLs (6.6% on average),
214 regarding the traits related to grain number and grain size. As for PNP, the situation is combination-
215 dependent. The three panels of QTLs related to grain weight per plant (GWP) were rather
216 environment-specific (**Supplementary Fig 22**).

217 Comparing the shared QTLs from the three panels (P_QTL, F₁_QTL and Hmp_QTL), we
218 found that the genetic architecture affecting hybrids synchronizes more with that impacting
219 heterosis (24.09±21%), compared to that affecting inbred parent (12.28±10%), but there were some
220 exceptions for some combinations, environments and traits (**Supplementary Table 8**;
221 **Supplementary Fig 23**). The situation with more colocalized F₁_QTL and P_QTL than colocalized

222 F₁_QTL and Hmp_QTL was more in Sanya than Changsha, more for spikelet number than KGW
223 and PNP, more for 9311 combinations than Nipponbare ones. These results implied that the
224 improvement of hybrids was, in general, fulfilled mainly by use of heterosis under the genetic
225 background from elite inbred lines, but their respective contribution varied depending on the
226 combinations, environments and traits.

227 It is very surprising that few QTLs were able to be repeatedly identified across the four types
228 of combinations (from 0.00% to 12.51%, 2.45% on average), suggesting that different genetic basis
229 contributed to the different intra-subspecific and inter-subspecific hybrids⁴⁶. The above results
230 indicated that heterosis of different combinations under different inbred backgrounds varied by
231 traits in response to different environments. These imply the complicated genetic basis of heterosis
232 and the essential relationship of heterosis with the genetic background within a combination.

233 **Non-additive, which is more variable than additive, is the main contributor to** 234 **heterosis**

235 We estimated both additive and non-additive effects of each QTL affecting grain yield of
236 hybrids, inbred parents, and calculated mid-parent heterosis (Hmp), in order to understand genetic
237 basis underlying heterosis. A QTL is referred to as overdominance preferred if the absolute ratio of
238 dominant effect to additive effects ($|d/a|$, degree of dominance) is no less than 1.5, and dominance
239 preferred if $0.5 \leq |d/a| < 1.5$ (including partial-dominance), and additive preferred if $|d/a| < 0.5$ (see
240 **Methods** for detail).

241 Among the 44 scenarios (five traits of four types of combinations under the two environments
242 plus GWP of two types of intra-subspecific combinations under the two environments), both
243 F₁_QTLs and Hmp_QTLs beared apparently more non-additive effects than did P_QTLs
244 (**Supplementary Fig 24**), except for primary branch number per panicle of J×9311 in Sanya.
245 Particularly, the majority of the F₁_QTLs and Hmp_QTLs displayed overdominant effects (69.27%
246 and 77.71%, respectively), with only a small portion of QTL represented additive effect (10.66%
247 and 7.55%, respectively). Conversely, the majority of P_QTLs demonstrated additive (44.16%) and
248 dominant (37.08%) effects, and only a small proportion (18.74%) showed overdominance.
249 Furthermore, proportions of the F₁_QTLs and Hmp_QTLs with non-additive effects varied by

250 traits, subspecific hybrids, and environments. Consistent with the observation that SPP related trait
251 did not exhibit obvious heterosis in Sanya, fewer overdominant F_1 _QTL and Hmp_QTL were
252 identified in Sanya than that in Changsha. On average, 75.7% of the F_1 _QTLs identified in
253 Changsha expressed as overdominance for the SPP related traits, however, the proportion
254 significantly reduced to 42.6% in Sanya. Compare the two subspecies, we found that the reduction
255 is more remarkable in *japonica* hybrids (from 71.0% in Changsha to 22.3% in Sanya) than that in
256 *indica* hybrids (from 80.4% in Changsha to 62.8% in Sanya) (**Supplementary Fig 24a-c**). On the
257 other hand, the F_1 _QTLs and Hmp_QTLs for KGW and PNP did not show such consistent changes
258 between subspecies and between environments, varying by combinations (**Supplementary Fig**
259 **24d-e**). When comparing environmental stability among the QTLs of additive, dominant and
260 overdominant ones, we found that a large proportion of additive QTLs showed environment-stable
261 than non-additive QTLs, regarding all types of combinations for all traits except for PNP. In
262 addition, a higher proportion of dominant QTLs indicated environment-stable than overdominant
263 QTLs for most of the combinations and traits (**Supplementary Fig 25**). Thus, our results indicated
264 that the higher magnitude of the dominant effect of a QTL, the stronger the environmental
265 sensitivity of the hybrid. The distinctively larger proportion of unstable factors including
266 overdominant and dominant QTLs identified in hybrids or heterosis than that in inbreds, consistent
267 with the fact that the response of hybrid to environment was generally stronger than that of inbreds
268 (**Fig 1b and Supplementary Fig 8b**).

269 **Dominance / partial-dominance cumulation and complementation are prevalent** 270 **genetic basis of overdominance**

271 The above mentioned evidence from both phenotyping and QTLs mapping indicated that
272 hybrids and heterosis mainly attributes to the non-additive effects (dominance and over-dominance)
273 and non-additive effects are more environmental sensitive than additive ones. It is worth noting that
274 heterosis and non-additive effect for some loci may not be the necessary results of heterozygosity,
275 but as a potential possibility depending on different subspecies, testers, traits and environments.
276 Apparently, it is challenging to take advantage of the maximum effects of the loci, before we
277 understand the molecular mechanism underlying the additive and non-additive effect. Currently,

278 there are three easily comprehensible genetic mechanisms that produce the non-additive effects and
279 especially the overdominant effect through two or more repulsive factors, i.e. the multiplication of
280 additive or dominant factors¹⁰, the cumulation of dominant factors^{37,47} and the complementation of
281 two factors. In our observation, the effect of multiplication between/among repulsive additive
282 factors contributed only a little to yield heterosis (**Supplementary Fig 26**). Therefore, we mainly
283 focus on the last two genetic mechanisms at both the QTL and transcription level in this section.

284 To estimate the contribution of repulsive dominant allele (RDA) cumulation to non-additive
285 effect and especially the overdominance, we calculated the repulsive degree of the SNP with the
286 same direction (positive or negative) of dominant effect in each dominant or overdominant QTL
287 (see **Methods**). As expected, the proportion of higher repulsive degree (0.2-0.4 and >0.4) in QTLs
288 with overdominance (38.0%) was much higher than that in QTLs with dominance (14.57%), and
289 this feature was prevalent across all traits, combinations and environments (**Fig 2a-c**;
290 **Supplementary Fig 27a-c**). This phenomenon was also observed among the dominant and
291 overdominant QTLs in 1086 three-line hybrids³⁴ (**Supplementary Fig 28-29**). When compared
292 both the inter- and intra-subspecific combinations, the inter-subspecific combinations represent
293 distinctly higher proportion (52.2%) of combinations with RDA averaged by the QTLs containing
294 RDA than intra-subspecific combinations (25.6%) (**Fig 2d-f**; **Supplementary Fig 27d-f**). This
295 indicated that the probability of RDA cumulation in the inter-subspecific hybrids is double of that
296 in the intra-subspecific hybrids. Further, the probability of RDA cumulation in the J×J combinations
297 was much lower than that in the I×I ones (**Fig 2d-f**; **Supplementary Fig 27d-f**). More interestingly,
298 we found that the overdominant QTL with higher repulsive degree tended to be stable between two
299 environments (**Supplementary Fig 30**). Given that additive effect was more stable across
300 environments than dominant effect (**Supplementary Fig 25**), we may expect that the
301 complementation of additive alleles with repulsive phase contributed apparent effect on the
302 overdominant QTLs besides of the RDA cumulation. But we may not clearly distinguish the
303 complementation of alleles from the RDA cumulation at the QTL level, and we thus estimated the
304 contribution of complementation mainly at the transcription level (see below). Considering that the
305 repulsive phase at short distance was not easy to be broken, we anticipated that the cumulation of
306 dominant alleles or the complementation from repulsive phased alleles will continue to play an
307 important role in heterosis utilization.

308 **One novel universal molecular mechanism of dominance and overdominance -**
309 **homo-insufficiency under insufficient background (HoIIB)**

310 As mentioned in introduction and above, the heterosis and non-additive phenomenon at the
311 phenotype level are often resulted from the integrated effects of multi-factors at various
312 intermediate and fundamental levels (such as different genes, QTLs, gene expression, and
313 physiological traits), thus it is challenging to investigate the molecular mechanism of heterosis at
314 the phenotypic level. Transcription is such an intermediate step for a gene to perform its functions
315 in development of complex phenotypes. Therefore, it is informative to explore gene expression
316 patterns between parents and their F₁ hybrid, in order to understand molecular mechanisms
317 underlying heterosis. Here we investigated transcriptome profile of young panicles from the hybrid
318 LYP9 and its two parents PA64S and 9311. As a whole, 8,248 genes showed differential expressions
319 between the two parents and their F₁ hybrid in at least one of three tissues (1 mm, 2 mm, 3 mm
320 young panicles). Expression patterns can be classified as additive (A) (13%), dominant (D) (39%),
321 and overdominant (OD) (48%) in at least one of three tissues (**Fig 3a, Supplementary Table 9**).
322 The OD can be further grouped as negative and positive (NOD and POD), which mean expression
323 level in hybrids is lower and higher than that in both parents, respectively. We identified that the
324 NOD and POD accounted for 21.0% and 81.0%, respectively. Many of them belong to the directly
325 observed complementary pattern, including the complementary negative or positive OD, that is,
326 expression was observed only in both parents but absent in hybrids (CNOD (5.8%)), or vice versa
327 (CPOD (36.7%)). The directly observed complementary effects (CNOD and CPOD) accounted for
328 about 40% of the overdominant expression, and no more than 20% of the 7,248 non-additive
329 expressed genes. These results strongly suggested that the complementarity may be involved in the
330 mechanism of overdominance at transcriptional level.

331 When compared the stability of genes with additive and non-additive expression, we were
332 surprised to find that the dominant and overdominant expression showed dramatically more
333 variability across tissues than the additive expression (**Fig 3b**); in another word, non-additive or
334 heterosis of expression is more tissue-specific and may be more background-dependent. This is
335 consistent with the results mentioned above, where hybrids are more variable than the inbreds and
336 non-additive QTLs are more variable than additive QTLs (**Fig 1b; Supplementary Fig 8 and 25**).

337 Although we repeatedly found that non-additive factors were more dependent on the
338 backgrounds, it is still difficult to directly evaluate factors and their background at phenotypic and
339 QTL level. Fortunately, it is possible to examine the relations between expressing genes and their
340 transcription factors that directly regulate them, since many species had a well documented
341 transcription factors and target gene annotations. In this sense, transcription factor can be
342 considered as the background of its target expressing genes. Given these speculations, we carefully
343 investigated the dependency between the types of genetic effects (additive, dominant, and
344 overdominant) and the genetic background, by analyzing the correlation of expression levels
345 between a gene and its transcription factors. The results indicated that the expression of genes with
346 dominant and overdominant effects represented apparently stronger dependency on their
347 transcription factors than those genes with additive effects (**Fig 3c**). The phenomenon was also
348 observed in the transcriptomes of three *Arabidopsis thaliana* combinations (**Supplementary Fig**
349 **31**)¹⁶. These results implied an interesting phenomenon that expression of genes with non-additive
350 effects is more sensitive to the dosage changes of its genetic background. Does the genetic
351 background dependency of non-additive effects represent a universal molecular mechanism
352 underlying heterosis? It is well known that no factor is absolutely independent in the biology
353 system, and that ligand-receptor binding, including the binding of transcription factor to a target
354 gene, is obviously the most common dependent relationship between molecules, where the ligand
355 and receptor can be the genetic background of one another and their binding reaction is described
356 by the Hill equation^{48,49}. In order to investigate whether the insufficient genetic background could
357 result in the target factor to be sensitive to the background and the possible internal relationship
358 with the occurrence of dominance and overdominance in a system with diploid parents and their
359 F₁, simulated genetic effects of one polymorphic site of one receptor were compared among the
360 diploid parents and their F₁, according to the Hill equation with different ligand concentrations as
361 the background. We here considered the following three major scenarios with the assumption that
362 the ligand concentration keeps constant among parents and their F₁ for simplicity (see
363 **Supplementary note for detail**).

364 Scenario 1: Null allele vs one functional allele of one polymorphic site under one genetic
365 background, that is, one of two alleles of one polymorphic site of the receptor is loss-function and
366 the other allele can be bound by one ligand as the background of the receptor (**Supplementary Fig**

367 32).

368 For the positive regulation, when the activator as the background is insufficient (smaller X/K)
369 for the functional allele of the receptor, the receptor will express as positive (partial-)dominance. In
370 contrast, when the background is sufficient (larger X/K), the receptor will express as additive effect
371 (**Fig 4a and Supplementary Fig 33a-b**). Apparently, it is the insufficient ligand background that
372 can only activate partial function of two homo-alleles in parents, but relatively full function of one
373 allele in the F_1 , which results in the positive (partial-)dominance. For the negative regulation, the
374 performance is similar, but the receptor expresses as negative (partial-)dominance, when the
375 insufficient ligand background can only suppress partial function of two homo-alleles in parents,
376 instead relatively full function of one allele in the F_1 (**Supplementary Fig 33c-d**). It is common
377 between positive and negative regulations that the reaction is dramatically more sensitive to the
378 ligand (activator or repressor) concentration change under insufficient ligand background, where
379 the (partial-)dominance is easy to be observed. It should be noted that there is no overdominance
380 for this scenario if no synergistic effect were involved (when n is equals to 1).

381 Scenario 2: Two alleles of one polymorphic site under two independent backgrounds, that is,
382 two alleles of one polymorphic site of the receptor can be bound by two respective and independent
383 ligands as the backgrounds of the receptor (**Supplementary Fig 34-35**).

384 For the positive regulation, as expected in Scenario 1, the receptor easily appears positive
385 dominance when the activator background for the allele with larger maximum function of the
386 receptor is insufficient (smaller X/K). As different from Scenario 1, we can also observe positive
387 overdominance under Scenario 2, when the receptor in F_1 can cumulate the effect from the
388 (partial-)dominant allele with a larger function and that from the other allele with a smaller function.
389 When both backgrounds of two alleles are sufficient (higher X/K), the receptor in both parents and
390 F_1 can express the full function as two alleles and one allele, respectively, as a result the receptor
391 expresses as additive (**Fig 4b and Supplementary Fig 36**). The performances of negative
392 regulation are similar, but the receptor expresses as negative (partial-)dominance or overdominance
393 under insufficient background (**Supplementary Fig 37**). It is common between positive and
394 negative regulations that the reaction is dramatically more sensitive to the ligand (activator or
395 repressor) concentration change under insufficient ligand background (smaller X/K), where the
396 non-additive effect is easy to be observed.

397 Scenario 3: Two alleles of one polymorphic site with shared background, that is, two alleles
398 of one polymorphic site of the receptor can be bound by the same ligand as the background of the
399 receptor. But these two alleles may have different affinities (K) to the ligand and show different
400 maximum functions (μ). Thus we considered two situations: (1) One allele has higher affinity and
401 shows a larger maximum function, and the other has lower affinity and shows a smaller maximum
402 function (abbreviated as HALF/LASF) (**Fig 4c and Supplementary Fig 38-39**); (2) One allele has
403 higher affinity but shows smaller a maximum function, and the other has lower affinity but shows
404 a larger maximum function (abbreviated as HASF/LALF) (**Fig 4d and Supplementary Fig 40**) .
405 Before considering the above two situations, we found from the simulation that there is only
406 additive effect if the ligand randomly and equally binds to two alleles (**see Supplementary note**).
407 In spite of the positive or negative regulations, function and affinity are similar to scenario 2 that
408 the reaction tends to appears non-additive under insufficient ligand background, especially for the
409 allele with a larger maximum function. The insufficient ligand background renders the reaction
410 dramatically more sensitive to the ligand (activator or repressor) concentration, compared to the
411 sufficient ligand background (**Supplementary Fig 38-42**). But we can only observe the non-
412 additive effect, when the background is dramatically insufficient under HALF/LASF. In addition,
413 the degree of non-additive effect is apparent weaker in the HALF/LASF situation, compared to the
414 HASF/LALF, because in the latter situation the background in F_1 can be reallocated to the allele
415 with LALF from the allele with HASF when the background for latter has been saturated. Taken
416 together, we suppose that overdominance results from the cumulation or compensation between the
417 (partial-)dominance of the allele with a larger function and the effect of the other allele with a
418 smaller function.

419 According to the above simulations, we put forward one model that explains a unique and
420 important molecular mechanism underlying the non-additive effects and heterosis: homo-
421 insufficiency under insufficient background (HoIIB) (**Fig 4e**). As indicated by HoIIB, it is the
422 genetic background insufficient to maximize the function of two homo-alleles in parents but
423 relatively or even completely sufficient to maximize the function of one-allele in F_1 , thus resulting
424 in the insufficient function of two homo-alleles in parents but the relatively or completely sufficient
425 function of one-allele in F_1 , that renders the target locus non-additive in effect, as contributing to
426 heterosis. And there were three main features of this theoretic model, according to the simulation.

427 First, the background insufficiency of the allele with a larger function is the driving force for non-
428 additive effects. What we see dominance and heterosis is not the consequence of a stronger F₁
429 hybrid, but the consequence of the lower down of the parent with homo-allele of larger function. In
430 other word, the observable function of two homo-alleles is lower than their maximum function
431 under insufficient background. Second, if there is no synergy ($n = 1$), the overdominance can only
432 be found when both alleles are functional, which result from the cumulation or complementation
433 between the (partial-)dominance of the allele with a larger function and the effect of the other allele
434 with a smaller function. Third, we observed one universal phenomenon in the three scenarios
435 mentioned above, that is, the reaction is dramatically more sensitive to the ligand (activator or
436 repressor) concentration under insufficient ligand background, where the non-additive effect is easy
437 to be observed.

438 **The HoIIB model was supported by different levels of evidence**

439 It is intrigue that in the observed experiments we have found extensive evidence that can
440 represent the three features of the HoIIB model mentioned above. First, we observed the Homo-
441 insufficiency of the allele with a large function and the cumulation or complementation from the
442 allele with a smaller function at various levels including transcription, QTL, and traits (**Fig 5a-c**).
443 Using transcriptome profile from the 1, 2, and 3 mm young panicles of 9311, PA64S, and their
444 hybrids (LYP9), we investigated expression levels in the two parents for those genes with additive,
445 positive dominant, and positive overdominant effects, respectively. The homo-insufficient
446 expression was substantially observed in the higher parent for genes with dominant and
447 overdominant transcription, compared to those with additive transcription (**Fig 5a; Supplementary**
448 **Fig 43**). Meanwhile, the homozygous genotypes in lower parent showed increased expression for
449 the positive overdominance in most cases (**Fig 5a; Supplementary Fig 43**). Then we compared the
450 QTL with different types of genetic effects that were identified by our GWAS on the three main
451 yield components (PNP, SPP and KGW). Apparently, the homozygous genotypes with lager effects
452 of the dominant and overdominant QTLs represented decreased phenotype, compared to those of
453 the additive QTLs (**Fig 5b; Supplementary Fig 44-46**). We also compared the QTL that were
454 identified by the 278 immortal F₂ lines from the crosses between randomly selected RILs derived

455 from Minghui 63 and Zhenshan 97³⁶. The four yield traits, which were investigated in 1998 and
456 1999, all indicated apparent HoIIB phenomenon for the dominant and overdominant QTLs, that is,
457 the genotype with higher effect for dominant and overdominant QTLs represented decreased effect,
458 compared to the additive QTLs (**Supplementary Fig 47**). We further investigated the distribution
459 of the degrees of middle-parent heterosis for the five yield traits (SPP, PBP, SBP, PNP and KGW)
460 among the MCC combinations evaluated under the two environments. The stronger heterosis
461 tended to be found among the combinations whose higher parents show decreased phenotypes (**Fig**
462 **5c; Supplementary Fig 48**).

463 Second, under the HoIIB model, we may expect that the expression or the observable function
464 of those genes with stronger heterosis are subject to more serious homo-insufficiency background
465 and thus will show stronger response to the change of background, compared to those with weaker
466 heterosis. The instability of the genes with (over-) dominant effects was reflected by their higher
467 variance of expression levels across the three tissues, compared to the genes with additive effects
468 (**Supplementary Fig 49**). Examining variance of the QTLs identified by the MCC GWAS or by
469 the immortalized F₂ mapping panel, we observed that both homozygous and heterozygous
470 genotypes of QTLs with (over-) dominant effects exhibited higher variability, compared to those
471 with additive effects (**Fig. 5d; Supplementary Fig 50-51**)³³. The combinations with higher degree
472 of dominance also showed higher variability for most of the traits (**Supplementary Fig 52**).

473 **The HoIIB model was experimentally validated in yeast**

474 To verify the HoIIB model, we designed an experiment to see whether we can manipulate the
475 performance of heterosis of one gene by changing its background sufficiency within a living
476 organism. In order to reduce the experimental complexity as possible as, we used the transcription
477 level as the performance indicator of the target gene and the transcription factor as its background,
478 and carried out the experiment in the simple organism, yeast. We screened the reported transcription
479 factors and its target genes in yeast according to the following criteria: (1) the promoter region
480 being bound by a transcription factor has been clearly validated; (2) there is strong and simple
481 regulatory relationship between the transcription factor and its target gene. After investigating the
482 co-expression of six pairs of genes (*WAR1* vs *PDR12*, *VHRI* vs *VHT1*, *VHRI* vs *BIO5*, *AZF1* vs

483 *CLN3*, *AFT1* vs *FIT3* and *FZF1* vs *SSU1*), we found that *SSU1* showed a strong co-expression with
484 its transcription factor *FZF1* in strain BY4743 of *Saccharomyces cerevisiae* ($R^2 = 0.88$,
485 **Supplementary Table 10b**). So we selected *FZF1* and its target gene *SSU1*. According to the
486 reported binding features between two genes⁵⁰, we knocked out the *FZF1* recognition motif in *SSU1*
487 promoter region, then constructed the heterozygous (*SSU1/ssu1*) and homozygous (*ssu1/ssu1*)
488 knockout strain of *SSU1* in BY4743 (**Supplementary Fig 53a-c**). The *ssu1/ssu1* genotype showed
489 apparently decreased expression compared to wild genotype of *SSU1* (*SSU1/SSU1*), indicating the
490 effective mutation. Gene *SSU1* indicated overdominant expression in the system comprising
491 genotypes *SSU1/SSU1*, *SSU1/ssu1* and *ssu1/ssu1*, implying that *FZF1* supply the insufficient
492 background to *SSU1* in BY4743, and we may expect that we can decrease the dominance degree of
493 *SSU1* if we can regulate up the expression of its background *FZF1* (**Fig 5e and Supplementary**
494 **Table 10c**). In the strains with overexpressed *FZF1*, we really observed dramatically decreased
495 dominance degree among genotypes *SSU1/SSU1*, *SSU1/ssu1* and *ssu1/ssu1* of *SSU1* along with
496 the increasing of expression level of *FZF1*, and *SSU1* even nearly transitioned into additive expression
497 when the expression of *FZF1* upregulated more than 10 folds (**Fig 5e-f**). The results can be
498 confirmed by a repeat experiment (**Supplementary Fig 53d-e and Supplementary Table 10d**).
499 Thus, our experiment clearly indicated that the dominance degree of downstream genes can be
500 manipulated by changing the level of background sufficiency.

501 **The systematic HoIB phenomenon related to rice yield heterosis**

502 The model and the results mentioned above revealed that insufficient background contributing
503 to the homo-insufficiency is not only the limiting factor for (over-) dominant loci to reach their
504 maximum function, but also the one that causes the instability of the target genes. Therefore,
505 identification of (over-) dominant loci will provide us with a start point or hint to discover the key
506 limiting factors along the genome, or gene regulatory network that impacts such important traits as
507 yield, and thus guide the improvement of hybrids.

508 We performed candidate genes analysis for the identified SPP related trait QTLs, combining
509 GWAS, transcription analysis. The candidate genes selected within the overdominant QTLs
510 affecting SPP related traits include: (1) previously reported genes that controls SPP related traits;

511 (2) highly expressed genes in inflorescence less than 4 mm (<http://ricexpro.dna.affrc.go.jp/>)⁵¹; (3)
512 genes with significantly differential expression between the two parents, and with expression levels
513 in the hybrids significantly deviated from the middle expression level of the two parents, based on
514 the transcriptome profiles of < 4 mm inflorescences from two combinations of PA64S×9311 and
515 JBY×ZH100 (**Methods**). In total, we identified 3,983 candidate genes out of the 6,906 annotated
516 genes relevant in F₁_QTLs and Hmp_QTLs for SPP and the related traits (**Supplementary Table**
517 **11**). Among the candidate genes, 33 genes were the cloned genes related to rice spikelet or grain
518 number, 2,414 genes expressed in non-additive pattern in the two combinations, 1,678 genes
519 expressed highly in inflorescence, and 32 genes exhibited as panicle specific expression pattern,
520 which including the cloned genes of *OSHI*, *OSH3* and *FZP* (**Supplementary Table 11**). Among
521 the cloned genes, *OSHI*, which acts as key regulatory factor in SAM development⁵³, exhibits the
522 negative overdominant (NOD) expression pattern in the hybrids of JBY×ZH100, and associates
523 with both F₁ and Hmp in I×9311 and I×Nip (**Supplementary Fig 54a-c**). *d35*, which regulates the
524 panicle size as showed in two reports^{54,55}, encodes the gibberellin biosynthesis enzyme and acts as
525 negative overdominance in J×Nip in both Changsha and Sanya. Further examination of non-
526 synonymous SNP T/C in two-line and three-line hybrid combinations revealed that the homozygote
527 of inferior allele C has been avoided in majority of commercial hybrids (**Supplementary Fig 54d-**
528 **g**). Genes, such as *OsGLUI*, *FZP*, *ONAC106*, *OsGRF1*, *TGW6* and *XIAO*, were frequently
529 identified as positive overdominance (**Supplementary Table 11-12**).

530 In order to investigate the possible systematic HoIB factors impacting rice yield heterosis, we
531 firstly compared the MCC GWAS QTLs identified from different combinations and environments,
532 as well as the F₁ QTLs identified in 1086 three line hybrids³⁷, followed by gene set enrichment
533 analysis using the candidate genes repeatedly identified by GWAS (**Supplementary Fig 55**).
534 Results indicated that the Nipponbare combinations have apparently more colocalized non-additive
535 QTLs than did the 9311 combinations, consistent with the fact that Nipponbare is less productive
536 than 9311 and suggesting that Nipponbare may represent a more constrained background and thus
537 easily result in non-additive effect in its F₁ hybrids compared to 9311. Regarding different
538 subspecific combinations, negative overdominant QTLs were identified more frequently in *indica*
539 combinations for traits related to SPP and PNP but in *japonica* ones for KGW; however, negative
540 dominant and positive non-additive QTLs tended to be detected in *japonica* combinations for all

541 traits. Regarding different environments, the colocalized non-additive QTLs tended to be detected
542 in Sanya compared to Changsha (**Supplementary Table 13**). These results indicated that the HoIIB
543 appeared to be taxa- and environment-systematic to some degree, but mainly determined by two
544 specific parents in the combination investigated. Secondly, the GO enrichment indicated that those
545 genes within additive QTLs seldom show enrichment, but those genes within non-additive
546 (dominant and overdominant) QTLs are frequently involved in many kinds of catalytic activities
547 and binding functions (**Supplementary Fig 56, Supplementary Table 14**). Compared to those
548 genes with non-additive performance in non-lethal deletion yeast strains grown in five different
549 media⁵², we also found that they enriched in the GO terms of catalytic activity (**Supplementary**
550 **Fig 57**). The enrichment in catalytic activity for non-additive genes may be explained by the reports
551 that most enzymes in organism usually operate at unsaturated substrate concentration^{53,54}, i.e. at the
552 lower level of substrates, which may result in the insufficient background of these enzymes and
553 thus their non-additive performance. Further checking those genes encoding rate-limiting enzymes
554 (RLE) showed that the proportion of RLE genes in non-additive QTLs was generally higher than
555 that in additive QTLs (**Supplementary Fig 58**), consistent with the fact that most of the RLE
556 enzyme contain a relative large Kcat values relative to the physiological concentration of substrate,
557 it normally not saturated with substrate and its activity will vary as the concentration of substrate
558 varies⁵⁵. These results suggested that the background/substrate of RLE and genes with additive
559 effect may be the kind of important limiting factors that confer the systematically enriched non-
560 additive catalytic activity in the pathway of these RLE genes. Thus, identifying and improving the
561 upstream and downstream of these factors may provide the chance to make breakthroughs in future
562 breeding of both inbreds and hybrids.

563 **Discussion**

564 **HoIIB - a novel model revealed the universal molecular mechanism underlying** 565 **heterosis of single polymorphic locus**

566 Utilization of heterosis has been a revolutionary technology in plant and animal breeding for
567 a century. Regarding genetic basis of heterosis, three common hypotheses, including dominance,

568 overdominance, and epistasis, are well noted. Nevertheless, the understanding of molecular
569 mechanistic underlying heterosis is still limited. The following observations pushed us to rethink
570 the possible mechanisms.

571 First, it has been recognized early that complex traits, such as grain yield in rice, often display
572 observable degrees of heterosis^{11,33}. It is essential to distinguish concepts of hybrid vigor and
573 heterozygote advantage. As mentioned in the introduction, many lines of evidence have confirmed
574 that hybrid vigor can be easily achieved by cumulation or complementation of a series of balanced
575 and hierarchical additive factors. For instance, a recent study in rice indicated that additive
576 multiplication of components traits are proven to be one source of heterosis in complex trait³⁴.
577 Similarly, yield heterosis in barley was predicted by the products of yield components, including
578 ears/plant, kernels/ear, and average kernel weight⁵⁶. Heterosis for plant height in snap bean could
579 be well defined by multiplying internode length by internode number³⁰.

580 However, physiologic constrains often impact the total capacity of a biological system. When
581 component traits are put together to form a more complicated trait, such as grain yield in rice, it is
582 constrained by the “short” component(s), which display considerable difference when compared to
583 their *per se* performance. Therefore, the degree of heterosis may be reduced in such traits as yield.
584 Regarding the relationships between yield heterosis and multiplicative effect of the yield
585 components, our results indicated that, if no dominant effect exist, the geometric multiplication of
586 additive component traits did not contribute much to yield heterosis in rice (**Supplementary Fig**
587 **26**).

588 Second, non-additive genetic effects have been widely observed in F₁ hybrids of many plant
589 species. In maize, dominance seems to be the main factors contributing to grain yield and its
590 components, with a moderate role of overdominance and possible epistatic effect^{57,58}. In
591 *Arabidopsis*, epistasis was identified as the main factor contributing to heterosis of seven growth
592 related traits³¹. Similarly, recent studies indicated that dominance and overdominance were the main
593 factors affecting heterosis of flowering date, rosette diameter and rosette^{15 15}. In rice, as summarized
594 in the introduction, yield heterosis can result from any of the component traits governed by
595 dominance, overdominance, or epistasis. Evidence from our present study indicated that
596 dominance, dominance cumulation or complementation, and overdominance are the main genetic
597 basis of heterosis of rice yield and its component traits. As high as 40% of the overdominant QTLs

598 may be interpreted by dominance repulsive linkage, including dominant cumulation and
599 complementation (also referred to as pseudo-overdominance). At the transcription level, we found
600 that there were nearly 50% of the overdominant expression genes could be explained by
601 complementary expression, which is thought as a common phenomenon^{59,60}. As our observation
602 and many reports suggested, dominant cumulation and complementation between loci may be the
603 major genetic basis affecting rice yield heterosis (**Supplementary Fig 59-62**). But it should be
604 noted that the dominant cumulation and complementation hypotheses were always challenged by
605 one question, that is, why does heterosis not significantly decrease after pyramiding of superior
606 alleles at dominant loci? Although this can be partially answered from the statistics point of view^{1,61},
607 we believe that our HoIIB model can give more persuasive answer as discussed below.

608 Despite the fact that multiplicative, cumulative, and complementary effects between two genes
609 is the bases of heterosis, it is rarely reported that hybrid vigor can result from the heterozygote
610 advantage at a single gene locus. Even in these few examples, most of them indicated that the gene
611 is functionally pleiotropic, and at least one of its functions represents non-additive and the degree
612 of non-additive usually varies by background^{25,27}. For instance, *SFT* is a typical example that one
613 single gene displays apparent overdominant effect on yield. This gene shows dominant effect on
614 the lateral branching, but nearly additive effect on the sympodial shoot growth, resulting in
615 overdominant effect on whole plant fruit yield in F₁ through the multiplicative effects between the
616 lateral branching and the sympodial shoot growth. It was pointed out that the heterosis of *SFT* gets
617 weaker under the background with functional *SP*^{25,62}. To some extent, most of the studies on a single
618 locus tend to explain how the non-additive model works at different levels, rather than why it works.
619 In the present study, as evidenced by the results from yield heterosis of many rice hybrids, QTL
620 mapping, and transcriptome profiling, as well as from the theoretical kinetic simulation, we propose
621 one novel universal molecular mechanism underlying heterosis of single polymorphic locus, the
622 homo-insufficiency under insufficient background (HoIIB).

623 The HoIIB model suggests that the non-additive effect is not the intrinsic feature of the gene
624 under study, and heterosis is not the heterozygote advantage. Instead, the non-additive effect is a
625 phenomenon that two alleles of the homozygote show insufficiency in function under the
626 insufficient background, but under which one allele of the heterozygote shows relative sufficiency
627 in function. Certainly, the heterozygote can even be overdominant, when the functions of its two

628 alleles can be accumulated, multiplied, or complementary. Under the HoIIB model, we can easily
629 understand why one QTL appears non-additive in one combination, but additive in another, because
630 different combinations can provide the gene with different genetic backgrounds. We also can
631 explain why the non-additive QTLs are unstable across combinations and over environments,
632 because the non-additive QTLs are under an insufficient background and thus easily subject to the
633 changes of background. In the present study, we have found extensive evidence that supports the
634 HoIIB model, at the levels of transcription, QTL, and phenotypes from several designed
635 experiments. First, we observed apparent decrease in function for the homozygote of the allele with
636 larger function under the situation of non-additive effect, compared to the situation of additive
637 effect. Second, we observed accumulation or complementation between the allele with a smaller
638 function that with a larger function under the situation of overdominance. Third, the stronger
639 response of a gene showing non-additive expression to its transcription factors (TF), compared to
640 that showing additive expression, suggested greater impact of the insufficient genetic background
641 exerted by the TF to the expression of its target gene.

642 Furthermore, evidence from our repeatedly detected non-additive genes, followed by GO
643 enrichment analyses, indicated that enzyme catalytic activity may be a systematic HoIIB
644 phenomenon that causes the non-additive effect, i.e. heterosis (**Supplementary Fig 56-57**)⁶³. The
645 result can be interpreted by many reports that substrate is usually under-sufficient in enzyme-
646 catalyzed reactions, that is, most enzymes work at substrates at concentrations below saturation^{53,64}.
647 As indicated by our simulations, we can easily understand how heterosis is produced under the
648 HoIIB model. In fact, all life phenomena and biological process are series of biochemical reactions,
649 which can be explained by the Hill reaction. Thus we suspect that the HoIIB model is widely
650 applicable to different biological processes and traits.

651 **The HoIIB model can interpret most known mechanisms, models and phenomena** 652 **about heterosis**

653 To investigate generality of the HoIIB, we compared it with several known mechanisms,
654 models, and phenomena about heterosis. The nonlinearity of the enzyme catalytic system was
655 frequently described to explain heterosis^{65,66}. But as our simulations indicated, nonlinearity is not

656 the absolute feature of enzyme catalytic activity, it only occurs when the substrate is insufficient to
657 support the full function of the enzyme. In fact, the gene related to the enzyme can also be linear or
658 additive when the substrate concentration is sufficient. BÄurger and Bagheri insisted that the
659 dominance can be evolutionally modified, after comparisons of the models proposed by Wright and
660 Kacser-Burns, respectively^{67,68}, they pointed out that the output gain curve will change from non-
661 linear to relative linear, and the dominance will transit to additive effect, if one mutation results in
662 a decrease in K_{cat} that leads to a lower saturation level (i.e. a status that substrate saturates the
663 enzyme at relative lower concentration level)⁶⁷. For instance, genes with *dl* binding site are
664 activated or repressed by *dl* at low threshold levels when *dl* has a low K_{cat} ⁶⁹. If *dl* null mutations
665 possess higher K_{cat} , female flies heterozygous for *dl* null allele will expressed as dominant⁷⁰. Of
666 course, according to our HoIIB model, the additive effect also can transit to dominance or
667 overdominance, when the background changes from sufficiency to insufficiency. In fact, sufficiency
668 and insufficiency are relative and dynamic. The transition from insufficiency to sufficiency for one
669 factor may cause new insufficiency for its counterpart factor. This may explain the challenge to
670 dominance and epistasis hypotheses, that is, why does heterosis not decrease along with the
671 pyramiding of superior alleles⁶¹

672 The balance between genes involved in a biological complex system is another important
673 hypothesis about heterosis. This hypothesis suggests that an imbalance in the concentration of the
674 subcomponents of a protein–protein complex / pathway / network can be deleterious. The typical
675 example for gene balance was reported by Balazs and colleagues^{52,71}. Their studies indicated that
676 mutation of the subunit in a complex (or the factor in an interaction pair) can result in imbalance
677 and thus is harmful, which might indicate the impact of gene imbalance on dominance. However,
678 these studies did not consider the effects from the counterpart background. Thus we simulated the
679 effects of complex background on dominance. Our results indicated that the non-additive effect will
680 become weaker and even loss, when background of the considered subunit gets sufficient
681 (**Supplementary Fig 63a-c**). These lines of evidence indicated that heterosis is the result of low
682 function of homozygote (homo-insufficiency), rather than the heterozygote advantage.

683 There are plenty of other examples that indicate the dependency of heterosis on genetic
684 background and can be explained by the HoIIB. First, in the comparisons of functional categories
685 of enzymes, binding proteins, and transcription regulators, the proportion of haplosufficient genes

686 (i.e. dominant genes) is the highest among genes that encode proteins with enzymatic functions⁶³,
687 which is highly consistent with the fact that most of the enzymes work in low saturation levels, due
688 to insufficient substrate. Second, an increased gene dose or gene mutations lead to an enhanced
689 affinity or function, the metabolic background often cannot synchronize with the target gene, which
690 results in a more insufficient state of the background. A common observation is that, the increased
691 dose or function is not harmful, while its potential is severely unrealized in parent, due to the
692 insufficient background. Thus heterozygote is often observed as dominant^{72,73}. Third, a decreased
693 dosage or function often leads the background to a more sufficient state, compared to the original
694 state, which frequently results in dosage sensitive phenomenon, including additive and
695 haploinsufficient^{69,70}. Fourth, regarding protein complexes or pathways composed of multiple
696 factors, there is a stoichiometric equilibrium between the factors. Altering a member or subunit will
697 affect assembly of the complexes that impacts functions. In such a system, insufficient or over-
698 supplied bridging factors may cause relative insufficiency of the background for one of the factors,
699 which theoretically increases the possibility of dominance or overdominance^{29,74} (**Supplementary**
700 **Fig 63d-e**). In summary, our HoIIB is a fundamental model and can interpret most models,
701 hypotheses, and phenomena about heterosis. Of course, it is certain that there might be other
702 situations beyond the scope of the HoIIB model, for instance, heterozygotes may have new
703 functions or toxic protein alterations.

704 **Implication of the HoIIB model to genetic improvement of hybrid rice**

705 The HoIIB model may affect future utilization of heterosis in several aspects. First, our HoIIB
706 model indicated that in most cases heterosis is not the consequence of heterozygote advantage, but
707 homozygote disadvantage under insufficient background. This implies that current utilization of
708 heterosis is not the best way to take advantage of maximum function of target genes³⁷. Therefore,
709 we need to identify and improve the constrained factor(s), or the target genes. In the present study,
710 we extensively investigated yield QTLs or genes affecting parental lines, hybrids, and heterosis,
711 followed by dissection of their genetic effect (**Supplementary Fig 24 and 55**). This may provide
712 us with references to identify the limiting factors. In theory, the frequently detected additive factors
713 may represent the systematic limiting factors that constrain the dominant or even overdominant

714 factors from maximizing their functions. When comparing the frequently detected additive vs
715 overdominant QTLs affecting yield traits, we observed that the candidate genes within the additive
716 QTLs displayed distinctly lower expression, compared to those within the overdominant ones
717 **(Supplementary Fig 64)**. Of course, lower expression just represents one aspect of the insufficient
718 function of the genes, we may expect to observe the other aspects of insufficient functions, such as
719 enzyme activity and affinity. These results implied that the frequently detected additive factors,
720 rather than the dominant or overdominant factors, should be focused in future breeding programs.
721 For genes involved in a complex where the gene balance theory applies, we can take advantage of
722 their maximum functions in homozygote by improving the background rather than their
723 compromised functions in heterozygote in order to fit the insufficient background. Theoretically,
724 we can easily make use of homozygote that can maximize the functions of the target genes of
725 interest, which can be achieved by the improvement of the corresponding factors as the insufficient
726 genetic background of target genes.

727 Second, although the above discussion may illude us to think that hybrid breeding is not
728 necessary, our point is that utilization of heterosis will still be an important breeding strategy for a
729 long time and even forever. First, from the perspective of favorable alleles accumulation, even
730 though all insufficient factors can be improved to their maximum functions, followed by integration
731 into an inbred line in theory, it is impossible to be realized in a short time **(Supplementary Fig 65)**.
732 Second, it is an extremely long process to construct the regulation network and thus clearly
733 understand the mutual dependency between genes. Third, the mechanism of HoIIB implies that
734 non-additive is common phenomenon in life system. The reason is simple, that is, it is not expected
735 that the factors in a system operate on the exactly required dependency each other. Thus, one most
736 insufficient factor will result in a batch of factors that present different degrees of homo-
737 insufficiency. So we may expect to find less additive factors than non-additive ones, including
738 partial-dominance, dominance and over-dominance. This is really consistent to our results. We
739 detected distinctly less additive QTLs (about 19%) than non-additive ones (including partial
740 dominance), and less genes with additive expression pattern (about 13%) than non-additive ones.
741 Fourth, genetic improvement is a dynamic process, involving the alleviation of insufficiency for
742 one factor, followed by induction of insufficiency for the counterpart factor, that is, breakdown of
743 old balance along with establishment of new unbalance, plus the background change under different

744 environments. For example, it has been proved that improvement of corn hybrids is mainly
745 attributed to the improvement of their inbred parental lines. The high performance of inbreds did
746 not decrease the degree of heterosis in hybrid corn breeding¹. This phenomenon has also been
747 observed in other organisms, such as cotton⁶¹. These results indicated that the dynamic breeding
748 process contributes substantially for the continuous improvement of both inbreds and hybrids. Our
749 results also indicated that we may consider different aspects, when we try to improve a variety. For
750 example, we need to overcome the weakness of heterosis for SPP related traits under short-day
751 environment (**Fig 1d**).

752 Third, the HoIIB model helps our understanding and utilization of general combining ability
753 (GCA) and special combining ability (SCA), and provides guidance in breeding by genome
754 selection. It was well known that additive effects contribute mainly to GCA, and non-additive
755 effects, including dominance and epistasis, to SCA⁷⁵. Our HoIIB model suggested that the additive
756 factors are less background-sensitive, compared to the non-additive factors, which explain why
757 SCA is more difficult to predict than GCA does. In addition, improvement of GCA through
758 accumulation of additive superior alleles has proven to be an efficient strategy in hybrid breeding⁷⁶.
759 According the HoIIB model, the accumulation of additive superior alleles can definitely improve
760 the genome background and thus release the potential functions of those limited factors. Our current
761 study may suggest one possible and efficient strategy, in order to make breakthrough in hybrid rice
762 breeding: (1) keeping on accumulation of superior alleles of the frequently identified additive
763 factors, and try to improve them through both traditional and biotechnological methods, in order to
764 continuously improve the genome background; (2) incorporating more subtle background effect
765 into the model of genome selection in breeding for hybrids, in order to improve the prediction
766 accuracy of special combining ability.

767 **Author contributions**

768 H.Z. conceived the project and its components. J.X. and H.Z. designed the studies and contributed
769 to the original concept of the project. W.W. contributed to the phenotyping of the hybrid rice. Q.Z.
770 and T.Y. contributed yeast gene related experiments. Z.Z., X.Z., N.L. and L.Z. performed the
771 genome sequencing, X.M., S.Z., Y.L., X.W. and F.L. performed GWAS and QTL effect analysis,

772 Y.Z., X.J., J.Z., N.J. and G.L. contributed transcriptome data collection and analysis, Z.Z., J.L., Z.Z.
773 and Z.L. contributed supervision, validation and visualization. J.X. and H.Z. analyzed the whole data
774 and wrote the paper.

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786 **Competing interests**

787 The authors declare no competing interests.

788

789 **Methods**

790 **Parental varieties and their F₁ population construction**

791 We used 265 world-wide varieties from the mini-core collection (MCC) of cultivated rice
792 as the parents to construct the F₁ population⁴⁰. The F₁ population was constructed by the
793 crossing between two testers (temperate *japonica* variety Nipponbare and *indica* variety 9311)
794 as female parent and the varieties in MCC as male parent. It took us five seasons to generate

795 455 combinations by hand emasculation, and to exclude the false crossing, we documented the
796 false hybrids by comparing the phenotype differences between hybrids and the corresponding
797 female parent and further surveying the phenotypic segregation in the F₂ population of each
798 combination. Finally, we used 418 combinations with at least 100 F₁ seeds for each
799 combination in this study (**Supplementary Table2**).

800 **Resequencing and genotyping for parental varieties and their F₁ population**

801 The parental varieties were re-sequenced as part of in the rice 3,000 rice genomes
802 project⁴¹. Genomic DNA was prepared from the leaves of a single young plant for each variety
803 by a modified CTAB method. After the quality control, at least 3 µg genomic DNA of each
804 sample was randomly fragmented by sonication and size-fractionated by electrophoresis, and
805 DNA fragments of approximately 500 bp were purified. Each sequencing library was
806 sequenced in six or more lanes on the HiSeq2000 platform and 90 bp paired-end reads were
807 generated. Subsequently, the reads from each sample were extracted based on their unique
808 nucleotide multiplex identifiers as 83 bp reads (90 - 6 - 1, where 1 is the ligation base “T”). To
809 ensure high quality, raw data was filtered by deleting reads having adapter contamination or
810 containing more than 50% low quality bases (quality value ≤ 5).

811 The 83-bp paired-end reads of 267 rice varieties were mapped to the temperate *japonica*
812 Nipponbare reference genome (IRGSP-1.0) using the BWA software with default parameters
813 except for “aln -m 10000 -o 1 -e 10 -t 4”. The alignment results were then merged and indexed
814 as BAM files⁷⁷. SNP calling was based on the alignment using the Genome Analysis Toolkit
815 2.0-35(GATK) and Picard packages V1.71⁷⁸. To minimize the number of mismatched bases for
816 SNP and InDel calling, all reads from each accessions were further cleaned by (i) deleting the
817 reads that unmapped to the reference in the alignment result, (ii) deleting duplicate reads, (iii)
818 conducting alignment by the IndelRealigner package in GATK and (iv) recalibrating
819 realignment using the BaseRecalibrator package in GATK.

820 SNP and InDel calling for each sample were conducted independently using the
821 UnifiedGenotyper package in GATK with a minimum phred-scaled confidence threshold of
822 50, and a minimum phred-scaled confidence threshold for emitting variants at 10. SNP and

823 InDel calling at the population level was performed using the UnifiedGenotyper package in the
824 GATK pipeline with 50 for the minimum phred-scaled confidence threshold for variant calling
825 and 30 for the minimum phredscaled confidence threshold for variant emitting. Genotypes of
826 the 267 rice varieties were called at the SNP sites. For the genotype datasets of all the
827 accessions, SNPs with more than 50 % missing data and SNPs with MAF < 2% were excluded
828 and 4,625,141 high quality SNPs were generated. For the genotype datasets in each subspecies,
829 SNPs with MAF < 2% were excluded and finally 3562187 and 1649161 high quality SNPs for
830 *indica* and *japonica* subspecies were generated respectively.

831 SNPs in coding regions were called on the basis of the gene models in MSU7 (release 7:
832 <http://rice.plantbiology.msu.edu/>). The coding SNPs were annotated to be synonymous or non-
833 synonymous, SNPs with large-effect variations were annotated and partitioned as SNPs that
834 introduce stop codons, disrupt stop codons, disrupt initiation codons, or disrupt splice sites.

835 The F₁ genotypes for each combination were inferred by the genotypes of their parents.

836 **Phenotyping of the parental varieties and their F₁ population**

837 We Planted the 418 F₁ hybrids and their 267 parents in 2013 at respective Changsha (CS)
838 (28°13'N, 112°58'E, a long-day environment) and Sanya (SY) (18°10'N, 109°28'E, a short-day
839 environment) of China. One combined plot including the F₁ and the corresponding parents for
840 each combination was planted with randomized complete block of two replicates in each
841 environment. Each combined plot included five rows consisting of two testers (Nipponbare
842 and 9311), F₁ and MCC parent in sequence. The row and plant distances were 29.5 cm and
843 16.7 cm respectively, with 10 plants in each row, being wider than the general field production
844 so as to decreasing the interface among plants as much as possible.

845 The yield related traits were measured in two environments for each combination as
846 following. Five plants in the middle of each row were used to measure six yield traits. The
847 panicle number per plant (PNP) and grain weight per plant (GWP) was the average of all five
848 plants. And we selected the main panicles of five plants to count the spikelet number per panicle
849 (SPP), the secondary branch number per panicle (SBP) and primary branch number per panicle
850 (PBP). The 1,000-grain weight (KGW) was rescaled by the grain weight of 300 grains selected

851 from five main panicles.

852 The middle parent heterosis value (Hmp) of each combination for each trait was measured
853 as: $F_1 - (P_1 + P_2)/2$, i.e. the deviation of F_1 from middle parent performance, where F_1 , P_1 and P_2
854 represent the phenotypic values of each trait in F_1 , P_1 and P_2 respectively. In addition, we
855 denoted the over higher parent heterosis (OHP) when the F_1 shows the phenotypic value over
856 the higher parent, range between the two parents (RBP) when the F_1 shows the phenotypic
857 value between two parents and below lower parent heterosis (BLP) when the F_1 shows the
858 phenotypic value below the lower parent.

859 **Population genetic analysis**

860 The phylogenetic neighbor-joining tree and principal-component analysis were used to
861 infer population structure of the parental panel. A pairwise distance matrix derived from the
862 simple matching distance for all SNP sites was calculated to construct unweighted neighbor
863 joining trees using the software MEGA5.0. According to the neighbor-joining tree of 267
864 varieties in parental panel and the tree of 3,024 rice varieties⁴¹, we divided *japonica* and *indica*
865 into nine and eight distinct sub-populations respectively (**Supplementary Fig. 3**).

866 **Estimation of Environment and genotypic variance.**

867 For each variety, there are two environments and each environment has two replicate of
868 phenotype data. Both inbred parents including *japonica* and *indica* subspecies and four types
869 of hybrid combination (J×Nip, J×9311, I×Nip and I×9311) were used. The following linear
870 model was fitted to the transformed data:

$$871 \quad Y_{ijk} = \mu + G_i + E_j + G_i \times E_j + \varepsilon_{ijk}$$

872 Here Y_{ij} is the ij th phenotypic observation for the i th rice variety under j th environment.
873 k represents two replications. μ is the overall mean, G_i and E_j is the genotypic and
874 environmental effect. $G_i \times E_j$ the genotypic and environmental interaction effect, ε_{ijk} is the
875 random residual effects.

876 **Genome-wide association study (GWAS)**

877 GWAS was conducted GAPIT using the compressed MLM⁷⁹. The phenotype includes the
878 trait value of parents in *indica* and *japonica* respectively, the F₁ trait value of four kind of
879 combinations (*Japonica*×Nipponbare, *Japonica*×9311, *Indica*×Nip and *Indica*×9311)
880 respectively and the Hmp of four kind of combinations (Nip×*Japonica*, Nip×*Indica*,
881 9311×*Japonica*, 9311×*Indica*) respectively. For the compressed MLM analysis, we used the
882 equation^{79,80}:

$$883 \quad y = X\alpha + P\beta + K\mu + e$$

884 Here, y represents phenotype, X represents genotype matrix, P is the matrix of population
885 structure and K is the matrix of genetic similarity between individuals. α and β represent fixed
886 effects of genotype and population structure, and μ and e represent random effects of kinship
887 and residuals. The first five principal components were used to estimate the population
888 structure. The matrix of genetic similarity based on simple SNP matching coefficients was used
889 to model the variance-covariance matrix of the random effect.

890 To avoid the over correction of the Bonferroni method, we used FDR to control overall
891 errors as following. Permutation tests were used to estimate the FDR⁸¹. For each examined
892 trait, we reshuffled the original phenotype data, and then performed association analysis using
893 GAPIT with the same parameters. After 1000 permutations, we got 1000 association p value
894 from permutation (p_{per}) for each SNP and we set the highest $-\log(p_{per})$ as the FDR of that
895 SNP. The SNP was denoted as significant association when the $-\log(p_{GWAS})$ is no less than
896 the highest $-\log(p_{per})$, where p_{GWAS} is the association p value for each SNP for original
897 phenotype data.

898 **Estimation of additive and dominant effects for each significant SNP locus and** 899 **QTL**

900 Firstly, we estimated the additive and dominant effects for each significant SNP locus. We
901 defined the tester's genotype (Nipponbare or 9311) of each SNP as A, The non-tester's
902 genotype as B. When some varieties in the MCC parental panel show as A and the others show

903 as B, their F_1 will show the genotypes A and H (the heterozygous genotype). For the
904 investigated trait, we set P_A as the mean phenotype of parents with genotype A, P_B as that of
905 parents with genotype B, F_A as that of F_1 with genotype A and F_H as that of F_1 with genotype
906 H. The additive effect of each SNP was half of the absolute difference between the two
907 homozygotes, i.e. $a = \text{abs}(P_A - (P_A + P_B)/2)$. The traditional estimation for dominance effect was
908 expressed as $d = F_H - (P_A + P_B)/2$, here we rescaled the dominance effects identified as $d = F_H -$
909 $(F_A - P_A) - (P_A + P_B)/2$. In which $F_A - P_A$ means the background heterozygous effects.

910 Then, we delimited those significant SNP with tight LD (linkage disequilibrium) as one
911 QTL and selected the tagSNP of each QTL. We first constructed the LD block using GAB
912 algorithm for all significant SNPs with $r^2 \geq 0.8$ and selected out one tagSNP for each block⁸².
913 If one block size was larger than 20kb and there were no less than 3 significant SNPs in the
914 block, we defined the block as one QTL and the QTL was named by the position of its tagSNP.
915 The additive and dominant effects of this QTL were estimated by the average additive and
916 dominant effects of the significant SNPs in the QTL.

917 Finally, we defined the additive, dominant and over-dominant QTLs. A QTL is referred to
918 as over-dominance preferred if the absolute ratio of dominant effect to additive effect ($|d/a|$,
919 degree of dominance) is no less than 1.5, and (partial-) dominance preferred if $0.5 \leq |d/a| < 1.5$,
920 and additive preferred if $|d/a| < 0.5$. The dominant and over-dominant QTLs can further be
921 classified as positive ones when their $d > 0$ or negative ones when their $d < 0$.

922 **Estimation of repulsive degree in one QTL**

923 The repulsive effects of more than one locus within one QTL may be one mechanism
924 resulting in non-additive effect³⁶. So we estimated the repulsive degree in each QTL. If there
925 are n significant SNPs showing the same type of dominant effect (positive or negative) in one
926 QTL, then its maximum pairwise SNPs number is $N = C_n^2$. We denoted the SNP as S_{ref} if
927 phenotype effect of its allele with genotype being same to tester, and S_{alt} otherwise, then the
928 maximum possible pairwise repulsive SNPs number is $R = S_{\text{ref}} \times S_{\text{alt}}$. Thus, the repulsive degree
929 of the QTL was $RD = R/N$. The RD is larger in one QTL, the higher potential the QTL involves
930 repulsive effect.

931 **Construction of *SSU1* mutants in yeast**

932 In this study, diploid BY4743 was used as the wild type experimental strain. In order to
933 knock out the recognition motif of *FZF* in the promoter of *SSU1* gene, PCR amplification of
934 vectors Pfa6a-Leu1Mx (Leu) and Pfa6a-His3Mx6 (His) were performed using primers (HRR-
935 SSU1-F and HRR-SSU1-R) to obtain recombinant components. The recombinant component
936 was verified by sequencing and then transformed into strain BY4743. After verification of
937 positive clones by electrophoresis and sequencing, the heterozygous mutant strains
938 (*SSU1/ssu1*) contain single-strand DNA substitution (Leu or His) and diploid mutant strains
939 (*ssu1/ssu1*) that contain both Leu and His substitution were successfully constructed
940 (**Supplementary Fig 53a-c and Supplementary Table 10a**).

941 **Over expression of *FZF1* gene in yeast**

942 RNA was extracted from BY4743 strain, the coding sequence of *FZF1* was amplified from
943 BY4743 cDNA and cloned into pAG416 vector by recombination methods. The constructed
944 vector along with the empty vector pAG416GAL were transformed into *Saccharomyces*
945 *cerevisiae* strain BY4743 (referred as *SSU1/SSU1*), two types of heterozygous mutant strain
946 (Het-Leu and Het-His, referred as *SSU1/ssu1*) and diploid mutant strain (referred as *ssu1/ssu1*).
947 The methods related to yeast cultures, transformations and growth assay mainly referred to
948 Gietz et al⁸³. Yeast cells were grown at 30°C in synthetic defined (SD) medium (0.67% yeast
949 nitrogen base, Sigma) without amino acids, containing 2% (w/v) glucose or 2% (w/v) galactose
950 (induction medium), supplemented with yeast synthetic dropout without Ura (Clontech, CA,
951 USA), pH 5.8.

952 **RNA extraction and Real-Time Quantitative PCR analysis**

953 Total RNA isolated from fresh yeast cultures and reversed transcribed using a protocol as
954 previously described. RT-qPCR analysis was performed using gene-specific primers listed in
955 **Supplementary Table 10a** in the Supplement Material. *Saccharomyces cerevisiae* 18S RNA
956 was used as reference genes to normalize the data.

957 **Evaluation of heterosis of *SSU1* expression under different *FZF1* expression**
958 **levels.**

959 We using four strains including WT (referred as SSU1/SSU1), heterozygous mutant
960 (referred as SSU1/ssu1) and diploid mutant (referred as ssu1/ssu1) which transferred the empty
961 vector PAG416GAL as control. *FZF1* overexpression (*FZF1*-OE) strains were divided into 0-
962 10, 10-20, and >20 groups according to the up-regulation ratio between *FZF1* expression levels
963 in *FZF1*-OE and empty event, referred as OE (0-10), OE (10-20) and OE (>20) (**Fig 5e**). For
964 each group, the average expression level of all strains with the same genotype was used as the
965 expression of that genotype (**Supplementary Table 10c**). In another repeat experiment, due to
966 the fewer events of strain with high *FZF1* up-regulation ratio, we grouped them into 0-5,5-10
967 and >10 groups, referred as OE (0-5), OE (5-10) and OE (>10) (**Supplementary Table 10d**;
968 **Supplementary Fig 53 d-e**). The formula of additive and dominance of expression quantity is
969 as follows:

970 Additive effect = $\text{abs}(\text{SSU1/SSU1} - \text{ssu1/ssu1})/2$

971 Dominance effect = $\text{SSU1/ssu1} - (\text{SSU1/SSU1} + \text{ssu1/ssu1})/2$

972 Degree of dominance $d/a = \text{Dominance effect} / \text{Additive effect}$

973 **Transcriptome in rice hybrid combinations and data analysis**

974 One transcriptome was from the 2 mm young inflorescences of Jinbaoyin (JBY), Zihui-
975 100 (ZH100) and their hybrid. And the total RNA was isolated by using Trizol reagent
976 (Invitrogen). The mRNA sequencing libraries were constructed, and sequencing was
977 performed using the Illumina HiSeq 2500 platform. RNA-seq reads of Jinbaoyin (JBY), Zihui-
978 100 (ZH100) and their Hybrids were mapped to IRGSP1.0
979 http://rice.plantbiology.msu.edu/pub/data/Eukaryotic_Projects/o_sativa/annotation_dbs/pseudomolecules/version_7.0/all.dir/all.con using TopHat⁸⁴ software with parameters: minimum
981 intron length of 20, maximum intron length of 10,000, and a maximum of two mismatches.
982 Only unique mapped reads were extracted for the following analysis. The number of fragments
983 per kilobase of exon model per million mapped reads (FPKM) for each gene was calculated

984 using Cufflinks⁸⁵, and transcripts per million reads (TPM) were finally used to measure the
985 expression level. Differentially expressed genes among two parents and the hybrid were
986 identified using the R package DEGseq⁸⁶. For genes differentially expressed between two
987 parents, when the expression level of a gene in the hybrid was significantly different from that
988 in the low parent but not different from that in the high parent, then the gene was classified as
989 ‘high-parent expression’ (HP), and if the expression level in the hybrid was significantly
990 different from that in the high parent but not from that in the low parent, then the gene was
991 classified as ‘low-parent expression’ (LP). If the expression level in the hybrid was
992 significantly higher than that in the high parent, then the gene was classified as ‘over higher-
993 parent expression’ (OHP). If the expression level in the hybrid was significantly lower than
994 that in the low parent, then the gene was classified as ‘below lower-parent expression’ (BLP).
995 If the expression level in the hybrid was not significantly different from two parents, then that
996 gene was classified as ‘middle-parent expression’ (MP).

997 The original raw data of Jinbaoyin (JBY), Zihui-100 (ZH100) and Hybrids have been
998 deposited in the Genome Sequence Archive (Genomics, Proteomics & Bioinformatics 2017)
999 in National Genomics Data Center, China National Center for Bioinformation / Beijing
1000 Institute of Genomics, Chinese Academy of Sciences, under accession number CRA004341
1001 that are publicly accessible at <https://bigd.big.ac.cn/gsa>.

1002 The other transcriptome was from the 1 mm, 2 mm, 3 mm and 4 mm young panicles
1003 respectively in combination of hybrid LYP9 and its parents (9311 and PA64S). The raw RNA-
1004 seq data of 9311, PA64S and LYP9 were download from Genome Sequence Archive of Beijing
1005 Institute of Genomics, Chinese Academy of Sciences(gsa.big.ac.cn) under accession no
1006 PRJCA000131³⁸. The quantification of genes expression level was the same to combination of
1007 JBY and ZH100. The expression patterns were determined as following. Firstly, the standard
1008 deviation of TPM for each gene was estimated according to three replicates in 4 mm young
1009 panicles of 9311, PA64S and LYP9, and two replicates in 3 mm young panicles of PA64S and
1010 LYP9. Secondly, the expression patterns were determined according to the significant different
1011 expression levels among 9311, PA64S, LYP9 and the middle parents at significance level p
1012 $=0.01$. In detail, If LYP9 is significantly higher than the higher parent, the gene was classified
1013 as positive over-dominance (POD); if LYP9 is significantly lower than the lower parent, the

1014 gene was classified as negative over-dominance (NOD); if LYP9 is significantly higher than
1015 the middle-parent but shows no significance from the higher parent, the gene was classified as
1016 positive dominance (PD); if LYP9 is significantly lower than the middle-parent but shows no
1017 significance from the lower parent, the gene was classified as negative dominance (ND); if
1018 LYP9 is significantly higher than the middle-parent and significantly lower than the higher
1019 parent, the gene was classified as positive partial dominance (PPD); if LYP9 is significantly
1020 lower than the middle-parent and significantly higher than the lower parent, the gene was
1021 classified as negative partial dominance (NPD); if LYP9 is not significantly different from the
1022 middle-parent, significantly lower than the higher parent and significantly higher than the
1023 lower parent, the gene was classified as middle parent (MP) or additive expression (A).

1024 ***Arabidopsis* transcriptome data analysis**

1025 The raw RNA-seq data of Col-0×Per-1, Col-0×Aa-0, Col-0×Ak-1, Col ×C24 and their
1026 parents were downloaded according to the information provided by the original literature^{15,18}.
1027 Subsequent reads alignment, the quantification of genes expression and the identification of
1028 expression pattern are followed the method and process as mention above in rice combination
1029 JBY×ZH100.

1030 **Yeast mutant data analysis**

1031 Steinmetz *et al* measured growth rates of strains with precise deletions of each gene in the
1032 yeast genome using a parallel molecular bar-coding strategy⁸⁷. We used their data (available at
1033 http://www-deletion.stanford.edu/YDPM/YDPM_index.html) for nonlethal gene deletion
1034 strains grown in YPD, YPG, YPDGE, YPE, and YPL media. Here, we consider only nonlethal
1035 mutations for which homozygous and heterozygous growth rate data are available on the
1036 media. For each media, we used the average performance of top 5% as normal wildtype (WT),
1037 homozygous deletion of the strain as Homozygous type (Hom), and the deletion gene in
1038 heterozygous strain recorded as Het. The additive effect, dominance effect and the degree of
1039 dominance was calculated as:

$$1040 \text{ Additive effect} = \text{abs}(\text{WT} - \text{Hom})/2$$

1041 Dominance effect = $\text{Het} - (\text{WT} + \text{Hom})/2$

1042 $d/a = \text{Dominance effect} / \text{Additive effect}$

1043 Here we defined the genes with $|d/a| > 0.5$ as non-additive performance, only the genes
1044 identified as $|d/a| > 0.5$ in 4 or more than 4 kinds of media were used to further GO enrichment
1045 analysis.

1046 GO enrichment

1047 GO analysis was performed using methods available at agriGO website⁸⁸.

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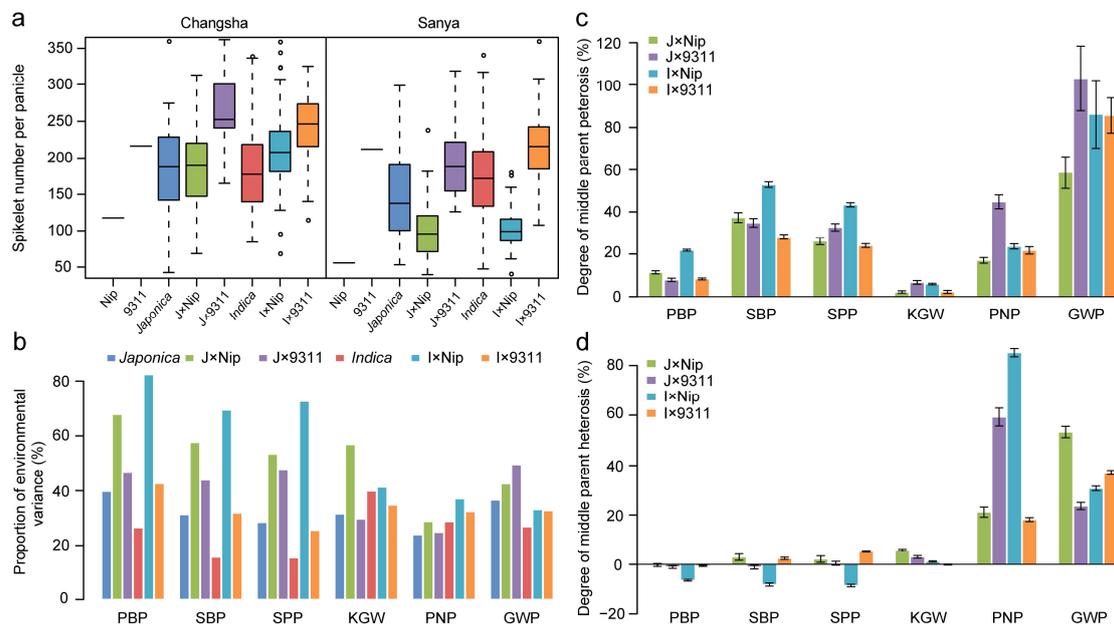
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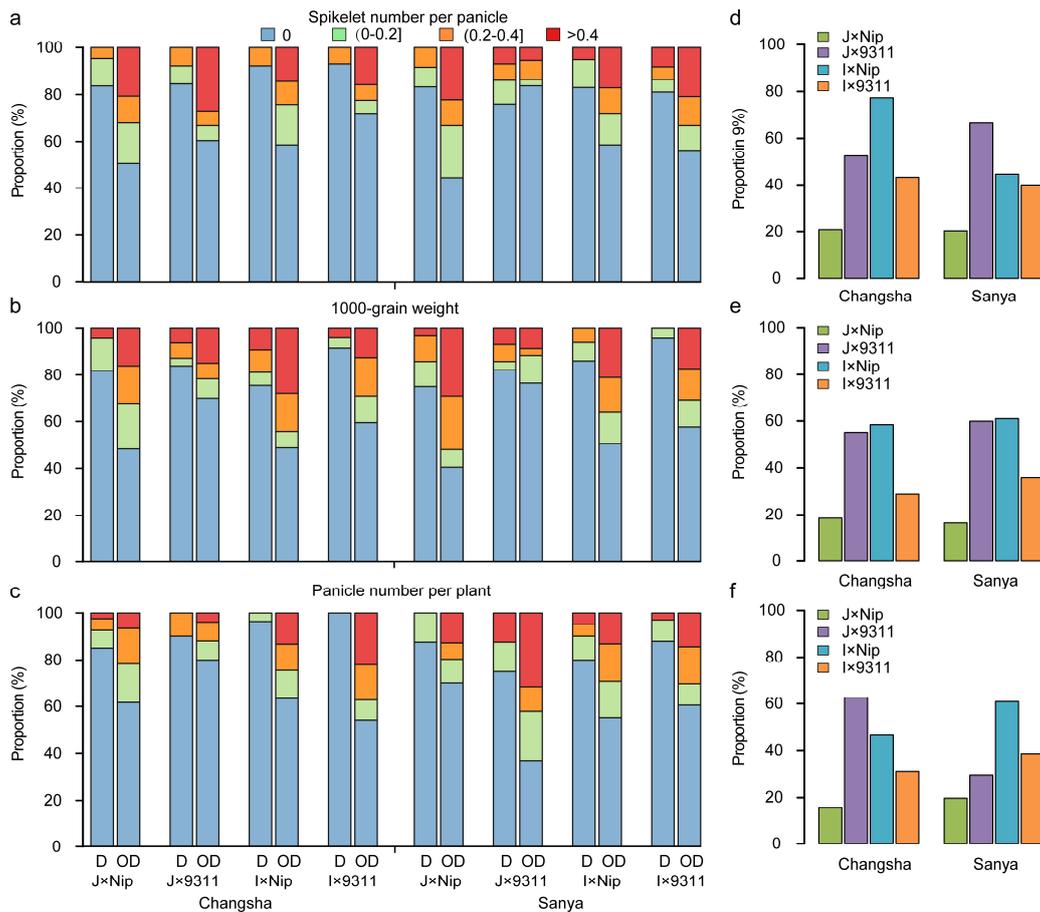
1229 **Figures and legends**



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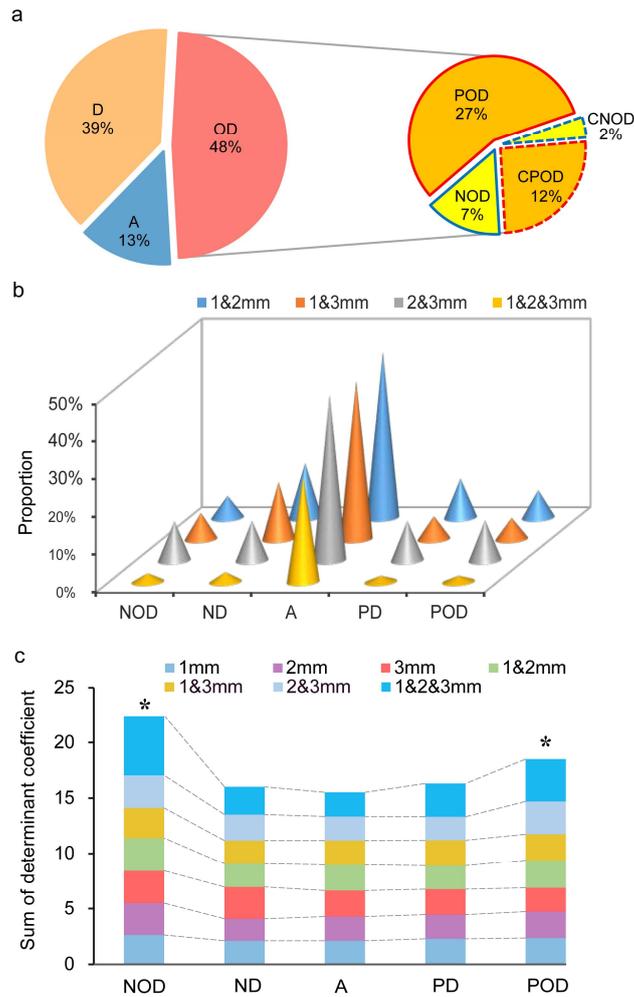
1231 **Figure 1: Architecture of yield traits and heterosis among 418 combinations.** (a) Spikelet
1232 number per panicle (SPP) of inbred parents and their hybrids in Changsha and Sanya. (b)
1233 Proportion of environment variance (including environment-additive and interaction of genetic
1234 by environment variance) for yield related traits in panels of inbred parents and hybrids. (c)

1235 Middle-parent heterosis of four types of combinations for yield related traits in Changsha. (d)
 1236 Middle-parent heterosis of four types of combinations for yield related traits in Sanya. J×Nip,
 1237 J×9311, I×Nip and I×9311 represent the four types of combinations for *Japonica*×Nip,
 1238 *Japonica*×9311, *Indica*×Nip and *Indica*×9311, respectively. PBP, SBP, KGW, PNP and GWP
 1239 represent primary branch number per panicle, secondary branch number per panicle, 1000-
 1240 grain weight, panicle number per plant and grain weight per plant, respectively.
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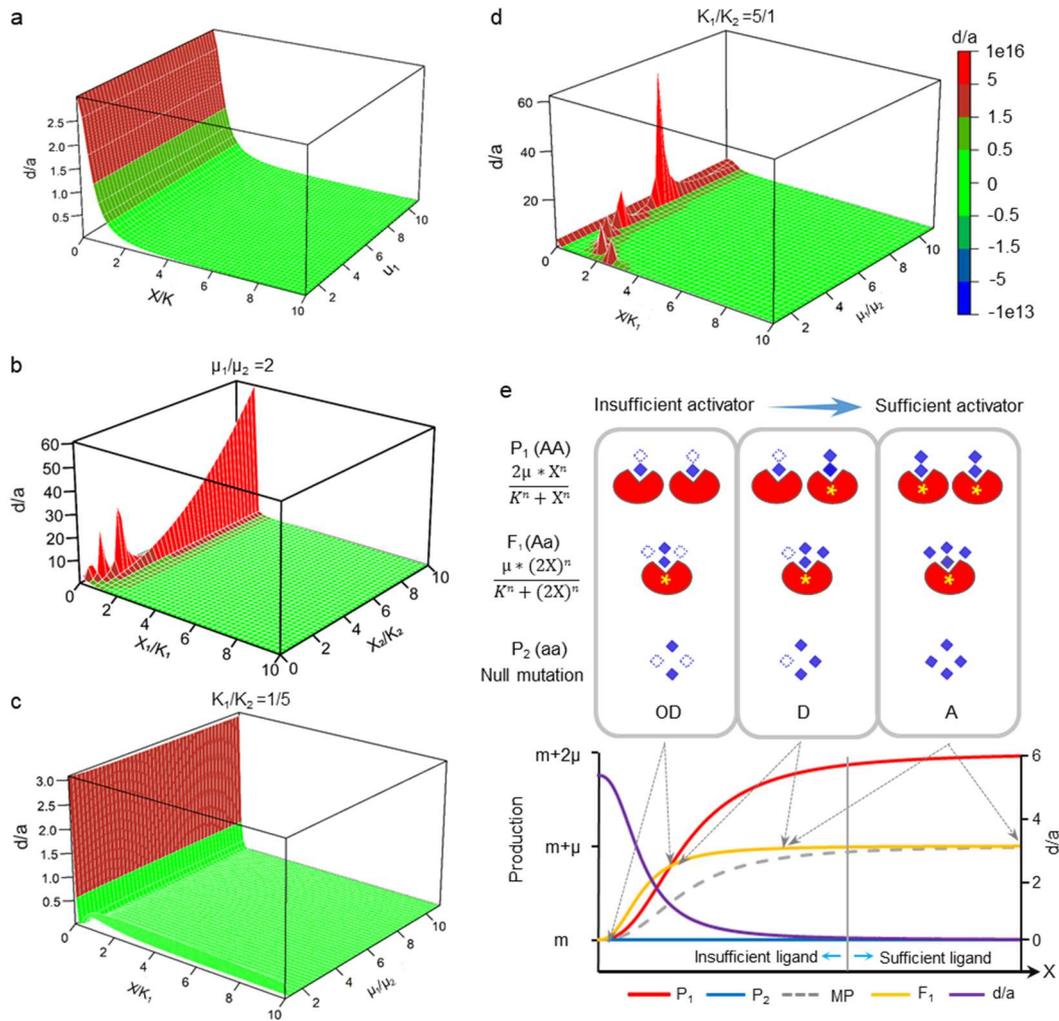
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1243 **Figure 2: Distribution of repulsive dominant alleles in different types of QTLs and hybrid**
 1244 **combinations.** (a)-(c), the proportion of different magnitudes of repulsive degree in dominant
 1245 (D) and over-dominant (OD) QTLs, the magnitudes with 0-0.2, 0.2-0.4 and >0.4 were
 1246 presented as blue, light green, orange and red, respectively. (d)-(f), the proportion of
 1247 combinations with repulsive dominant alleles averaged by QTLs containing repulsive
 1248 dominant alleles, for traits SPP, KGW and PNP.



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1250 **Figure 3: Non-additive is more sensitive to background changes than additive at the**
 1251 **transcriptional level.** (a) The expression patterns in rice young panicles among 9311, Peiai
 1252 64s (PA64S) and their hybrid Liangyoupei 9 (LYP9); A, D, OD, POD, NOD, CPOD and CNOD
 1253 represent the expression patterns, additive, dominant and over-dominant, positive over-
 1254 dominant, negative over-dominant, positive over-dominant with complementation and
 1255 negative over-dominant with complementation, respectively. (b) Consistency for different
 1256 expression patterns among different tissues (including 1 mm, 2 mm and 3 mm young panicles)
 1257 in the combination of LYP9. 1&2mm means the same expression pattern in 1 mm and 2 mm
 1258 panicles, and similar for other symbols of 2&3mm and 1&2&3mm. ND and PD mean negative
 1259 and positive dominant effect, respectively. NOD and POD mean negative and positive over-
 1260 dominant effect, respectively. (c) Sum of determination coefficient between transcription
 1261 factors and their target genes with different expression patterns in rice young panicles
 1262 among 9311, Peiai 64s (PA64S) and their hybrid Liangyoupei 9 (LYP9).



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Figure 4: The diagram of Hill reactions illustrates the model of homo-insufficiency under

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insufficient background (HoIB). (a) The simulated dominant degree of the target site under

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the activator background with different sufficiencies (X/K) and different μ_1 with null allele and

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one functional allele under one regulator background. (b) The simulated dominant degree of

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the target site with same homologous backgrounds, but the two alleles in F_1 are regulated by

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different factors in the background for positive regulation. (c) The simulated dominant degree

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of the target site with the same positive regulators or responders as the background when allele

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1 showing larger maximum function and higher affinity and allele 2 showing smaller maximum

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function and lower affinity ($\mu_1 > \mu_2$ and $K_1 / K_2 = 1/5$). (d) The simulated dominant degree of

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the target site with the same positive regulators or responders as the background when allele 1

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showing larger maximum function but lower affinity and allele 2 showing smaller maximum

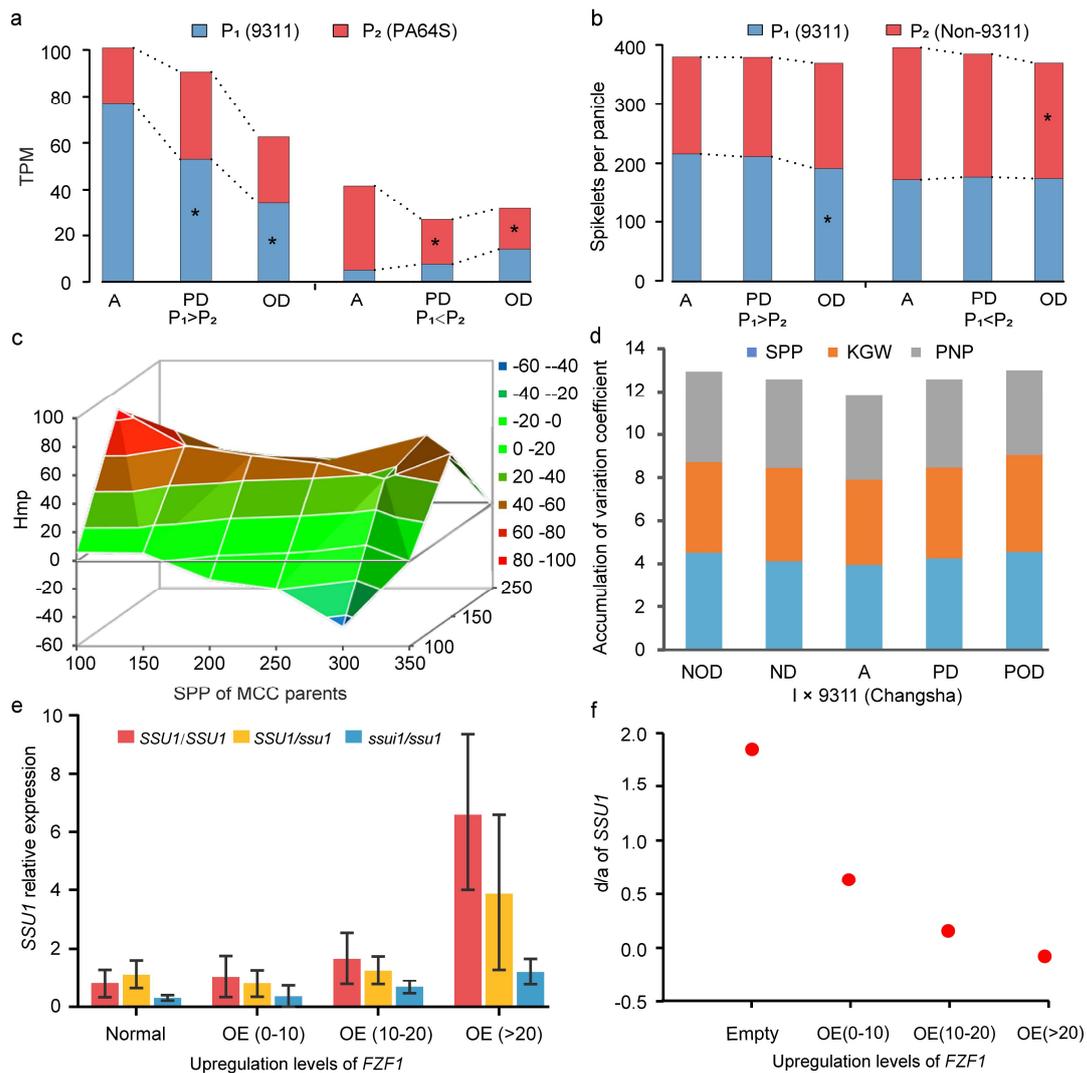
1275

function but higher affinity ($\mu_1 > \mu_2$ and $K_1 / K_2 = 5/1$). (e) The red notched ellipse represents

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the target factor, and that with yellow star * indicates the target factor whom is activated by its

1277 activators (as the background of the target factor), which are represented by the blue diamonds.
1278 Here, we assume that one allele of genotype A can be bond and activated by at least two units
1279 of activators, but the allele of genotype a is loss-function and can not be bond by the activator,
1280 and the activators can be randomly attached by each of two alleles in homozygote AA. The
1281 dotted blank diamonds are the required units of activators to activate all two alleles of AA in
1282 parent 1 (P_1). The target factor will show overdominance (OD), where the production of
1283 heterozygote (orange line, F_1) is higher than that of P_1 (red line), when the quantity of activator
1284 is too insufficient to activate even one allele of P_1 but can activate the allele A in F_1 in most
1285 cases; and the target factor will show (partial-) dominance (D), where the production of
1286 heterozygote is higher than the middle-parent (grey dotted line), when the quantity of activator
1287 is relatively insufficient to activate all two alleles of P_1 but can activate the allele A in F_1 in
1288 most cases; and when the quantity of activator is sufficient to activate all two alleles of P_1 , the
1289 target factor will show additive effect, where the production of F_1 is similar to or equal to
1290 middle-parent (almost overlap between dotted grey line and orange line); so the dominance
1291 degree (d/a) of target factor (purple line) will decrease along with the increase of activator (i.e.
1292 from insufficient to sufficient). The parameter used here is, $\mu=1$, $n=2$ and $K = 1$.
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1295 **Figure 5: The background effect on additive, dominant and over-dominant effect at levels**
 1296 **of transcription, QTL and trait and the result of validation experiment conducted in**
 1297 ***Saccharomyces cerevisiae*.** (a) The expression of genes with different expression patterns in 3
 1298 mm young panicles of two parents; the star means significant difference from additive effect.
 1299 (b) The effects of 9311 genotype (P_1) and non-9311 genotype (P_2) for QTLs of spikelet number
 1300 per plant (SPP) with different genetic effect types for combination of *japonica* and 9311 in
 1301 Changsha; $P_1 > P_2$ means that 9311 genotype (P_1) has higher effect than non-9311 genotype in
 1302 QTL, and vice versa for $P_1 < P_2$. (c) The middle-parent heterosis of SPP for combinations MCC
 1303 parents and testers with different SPP. (d) The accumulation of average variation coefficient
 1304 estimated in each QTL identified in *Indica* \times 9311 combination for different types of genetic
 1305 effects. (e) The relative expression of gene *SSU1* in different *SSU1* genotypes under different
 1306 expression levels of its transcription factor (*FZF1*) in *Saccharomyces cerevisiae* BY4743; here,

1307 SSU1/SSU1, ssu1/ssu1 and SSU1/ssu1 represent the homologous genotype of wild type, the
1308 homologous genotype of mutant, and their heterozygous genotype, respectively; OE (0-10)
1309 means the strain with upregulated *FZF1* by 0-10 folds, and similar for OE (10-20) and OE
1310 (>20), and Empty means the strain with empty vector free of *FZF1*. (f) The dramatically
1311 decreased dominance degree of *SSU1* along with the increase of upregulation levels of its
1312 transcription factor *FZF1* in *Saccharomyces cerevisiae* BY4743.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [SupplementaryTable1TheListofricevarietiesusedinthisstudy.xlsx](#)
- [SupplementaryTable2Thephenotypicdatausedinthecurrentstudy.xlsx](#)
- [SupplementaryTable3ThetwowayANOVAofyieldtraitsinjaponicaparentsandtheirF1populations.xlsx](#)
- [SupplementaryTable4ThetwowayANOVAofyieldtraitsinindicaparentsandtheirF1populations.xlsx](#)
- [SupplementaryTable5SummaryoftheQTLsidentifiedbyGWASinparentpopulations.xlsx](#)
- [SupplementaryTable6SummaryoftheQTLsidentifiedbyGWASinF1populations.xlsx](#)
- [SupplementaryTable7SummaryoftheQTLsidentifiedbyGWASusingthemiddleparentheterosisvalues.xlsx](#)
- [SupplementaryTable8SummaryoftheQTLssharedamongthoseidentifiedusingmiddleparentheterosisvaluesF1phenotypesandparentphenotypes.xlsx](#)
- [SupplementaryTable9TheexpressionpatternofricegenesincombinationofPA64sand9311.xlsx](#)
- [SupplementaryTable10TheprimersusedinSSU1mutantconstructionandRTPCR.xlsx](#)
- [SupplementaryTable11ThecandidategeneswithinF1QTLsandHmpQTLsofSPPrelatedtraits.xlsx](#)
- [SupplementaryTable12ThecandidategeneswithinPQTLsF1QTLsandHmpQTLsofGWPPNPandKGW.xlsx](#)
- [SupplementaryTable13TheoverlappedcandidategeneswithintheQTLswithdifferentgenetic effect types between testers subspecies and environments.xlsx](#)
- [SupplementaryTable14TheGOenrichmentofcandidategeneswithinnonadditiveQTLsthatcanbeidentifiedrepeatedly.xlsx](#)
- [SupplementaryNoteandFiguresuse.pdf](#)