

Malignant Solitary Fibrous Tumor of the Pleura: Case Report

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Case report

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1 **Malignant solitary fibrous tumor of the pleura: case report**

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13 **Abstract**

14 *Background*

15 Solitary fibrous tumors of the pleura are rare diseases of the thoracic cavity. They frequently
16 grow unnoticed until they exert compressive effects on adjacent organs. Treatment of solitary
17 fibrous tumors of the pleura is surgical resection. Post-operative surveillance is recommended to
18 identify early recurrent disease.

19 *Case Presentation*

20 We present a rare case of a 76-year-old female patient with no previous pulmonary history who
21 presented with progressive dyspnea, fatigue, and involuntary weight loss. On chest X-ray and
22 computed chest tomography scan, she was found to have a 16.7 cm x 12.8 cm x 10.1 cm bulky
23 mass occupying the left hemithorax with associated compressive atelectasis of the lung. She
24 underwent a computed tomography guided biopsy that revealed the mass to be a solitary fibrous
25 tumor. The patient underwent left muscle sparing lateral thoracotomy with complete resection of
26 the tumor. Post procedure, the left lung fully expanded. 18 months post-resection, she developed
27 a 3.3 cm x 1.7 cm tumor along the left internal thoracic artery lymph node chain which was
28 histologically identical to the resected tumor. The patient is currently being treated with
29 bevacizumab and temozolomide.

30 *Conclusion*

31 Solitary fibrous tumors are very rare pleural tumors. Surgical resection is the treatment of choice
32 followed by close post-operative surveillance.

33 *Key words*

34 Solitary fibrous tumor, dyspnea, atelectasis, case report.

35

36 **Background**

37 Solitary fibrous tumors (SFTs) are rare, mesenchymal neoplasms originating from fibroblastic or
38 myofibroblastic tissue [1]. Although once thought to be a class of mesotheliomas, SFTs are
39 immunohistochemically distinct due to their presence of vimentin, CD34, and lack of
40 cytoplasmic keratins [2–4]. SFTs are most commonly found in the thorax, but have also been
41 identified in extrathoracic locations including the head, neck, breast, abdomen, pelvis,
42 extremities, and scrotum [5, 6]. SFT's of the pleura (SFTPs) are very rare, occurring at an
43 incidence of 2.8 per 100,000 [7]. They account for <5% of all pleural tumors, with only
44 approximately one thousand total cases reported in the literature [8, 9]. We present the following
45 case report of a 76-year-old female patient with no previous pulmonary history who presented
46 with dyspnea, fatigue, and anorexia and was found to have a 16.7 cm x 12.8 cm x 10.1 cm SFTP
47 occupying the left hemithorax.

48 **Case Presentation**

49 A 76-year-old Caucasian female never smoker with no previous pulmonary history was referred
50 to our institution for evaluation of a biopsy proven 17 cm fibrous tumor involving the left
51 hemithorax. The patient related of a two-month history of dyspnea, lack of energy, poor appetite,
52 and 10-pound involuntary weight loss. She denied any fevers, chills, sweats, or hemoptysis. As
53 part of her evaluation, she had a chest X-ray and a computed tomography (CT) scan of the chest
54 that revealed a bulky 16.7 x 12.8 cm x 10.1 cm heterogeneous mass occupying the left
55 hemithorax with a mass effect involving the left side of the anterior mediastinum (Figure 1). The
56 mass abuts the proximal aortic arch, main pulmonary artery, left pulmonary artery, and left
57 pulmonary vein with mass effect on the pulmonary vasculature. There was no evidence of
58 osseous erosion or abnormal calcification. Also present was a moderate sized left pleural

59 effusion. Positron emission tomography (PET) scan revealed patchy moderate hypermetabolism
60 with a maximum standardized uptake value (SUV) of 6.7 (Figure 2). There were hypoattenuating
61 areas within the mass with central photopenic defect compatible with central necrosis and/or
62 hemorrhage. There was also uptake at the region of her left vocal cord with an SUV of 8.6. She
63 underwent a CT guided core biopsy of the mass with pathology showing a SFT with proliferation
64 of spindle cells in hypo and hyper-cellular areas with a collagenous stroma and foci. By
65 immunochemistry, the spindled cells were positive for CD35, BCL-2, CD99, and negative for S-
66 100, AE1/3, and CAM 5.2. Diagnostic thoracentesis was negative for neoplasia. Her past
67 medical history was significant for craniotomy with resection of a hypoglossal neuroma with
68 resultant left cranial nerve palsy involving cranial nerves 8-12 and tracheotomy. She was
69 evaluated by otolaryngology, and endoscopic examination revealed left vocal cord paralysis
70 which was described as chronic and previous Teflon injection. No tumor was identified.
71 She was taken to the operative suite. Flexible bronchoscopy revealed no evidence of
72 endobronchial tumor. There was extrinsic compression involving the lingular bronchus and left
73 lower lobe bronchus. She underwent a left muscle sparing lateral thoracotomy. Operative
74 findings revealed a large, bulky, firm, well-circumscribed, vascularized tumor involving the left
75 hemithorax with compressive atelectasis of the left lung (Figures 3-5). This was associated with
76 a bloody pleural effusion totaling 1 L. The tumor occupied the anterior and middle mediastinum
77 and was firmly adherent to the left upper lobe lung parenchyma and to the pericardium anterior
78 to the left phrenic nerve. There was no evidence of invasion of the mediastinum. The tumor's
79 blood supply originated from a branch of the left internal thoracic artery. The patient underwent
80 complete resection of the mass en bloc with portions of the left upper lobe, lingula, and

81 pericardium with ligation of the branch of the left internal thoracic artery (feeding vessel), and
82 thoracic lymphadenectomy. Post resection, the left lung expanded fully.
83 Cytology of the pleural fluid revealed benign mesothelial cells. Tumor pathology revealed a SFT
84 with atypical features with a mitotic rate of 12/10 high-power field. There was no metastasis to
85 the mediastinal lymph nodes.
86 There was no lymph or vascular invasion. The tumor was ungraded. 1% of the tumor showed
87 necrosis. All resected margins were free of tumor. No gene mutations were detected in the
88 following genes: KRAS, NRAS. Immunostains of the tumor cells were positive for CD34,
89 CD99, and BCL-2, and were negative for AE1/3, CAM 5.2, S-100 protein and desmin. Her
90 postoperative course was uneventful. She was discharged home on postoperative day five with
91 marked relief of her dyspnea. No adjuvant therapy was given. She was monitored with a chest
92 CT scan at six month intervals. 18 months post procedure, she developed a 3.3 cm x 1.7 cm soft
93 tissue tumor along the left internal thoracic artery lymph node chain, a 1.1 cm pre-carinal lymph
94 node, a 1 cm subcarinal lymph node, and a sub-centimeter right and left hilar lymph node. PET
95 scan revealed hypermetabolic uptake in the tumor and lymph nodes with SUV's ranging between
96 3.6 to 4.2. CT guided biopsy of the left internal thoracic artery lymph node revealed metastatic
97 fibrous tumor. Tumor markers were identical to that of the resected specimen. She is currently
98 being treated with bevacizumab and temozolomide.

99 **Discussion**

100 SFTP is a rare mesenchymal spindle cell neoplasm of the thorax. The majority of SFTP originate
101 from the visceral pleura, as was the case with our patient [10]. In extremely rare cases, SFT's can
102 originate from the lung parenchyma resulting in an intrapulmonary SFT [11]. SFTs are usually
103 well circumscribed and pedunculated tumors, perfused by vessels within the pedicle [10]. They

104 have a distinct histological fingerprint allowing them to be disambiguated from other neoplasms
105 such as mesothelioma or other lung sarcomas. Differentiation of SFTP includes tissue that is
106 CD34-positive, vimentin-positive, and keratin-negative [2–4]. The majority of SFTP are benign,
107 although when malignant, can paradoxically be CD34-negative [12]. This change in surface
108 protein expression is thought to be due to dedifferentiation of the tumor and often results in poor
109 outcomes [13]. However, this conversion was not found in our patient.

110 Clinically, SFTPs often present asymptotically and are often diagnosed as incidental findings
111 in chest X-rays [12]. However, larger SFTPs are usually associated with dyspnea and chest pain
112 [14]. Large tumors can also cause bronchial compression often resulting in atelectasis and very
113 rarely even hemoptysis [15]. The compression of lung tissue along with the tumor mass presents
114 with dullness to percussion upon physical examination [16]. Certain paraneoplastic syndromes
115 such as Doege-Potter syndrome and Pierre-Marie-Bamberg syndrome have been associated with
116 SFTP which can present with digital clubbing, hypertrophic osteoarthropathy, and hypoglycemia
117 due to the production of insulin-like growth factor II from the SFTP [17, 18].

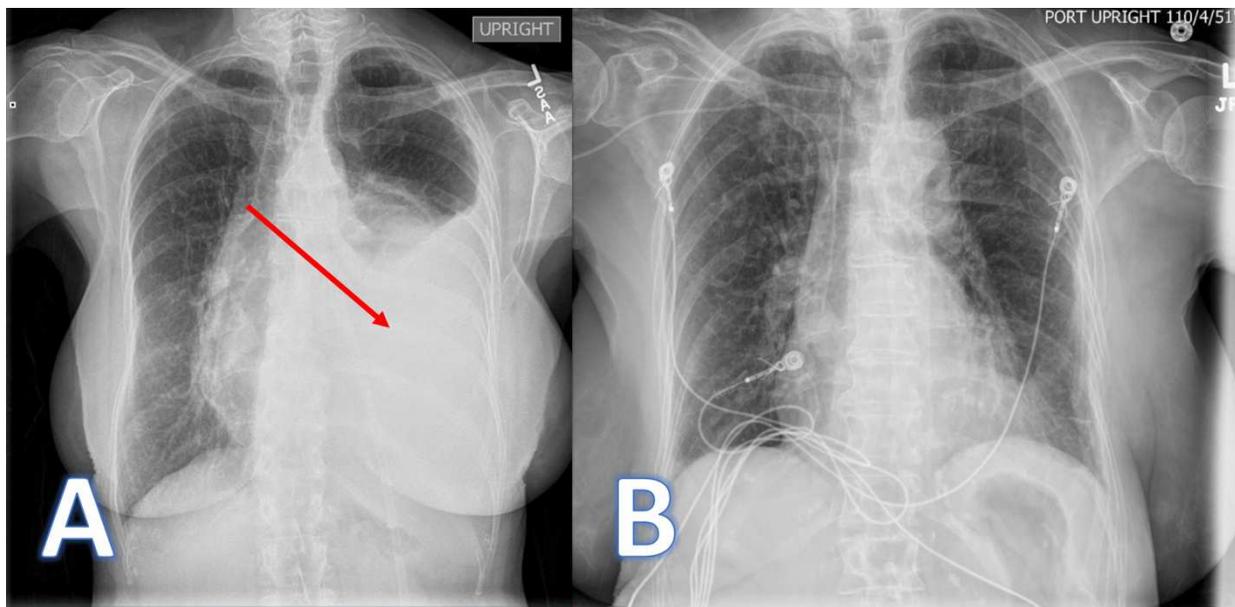
118 SFTPs can recur even after total surgical resection. However, the likelihood of recurrence is
119 correlated with the tissue type (benign vs malignant) rather than the size of the tumor; benign
120 tumors have an 8% recurrence rate compared to 63% for malignant tumors, even following
121 complete resection [19]. Malignant SFTP, as seen in our patient, are defined as meeting at least
122 one of the following criteria: mitotic rate $> 4/10$ high-power fields, presence of necrosis, atypical
123 nuclei, and hypercellularity [10]. The majority of SFTPs recur within the first two years of
124 resection. Therefore, follow-up chest radiography or CT scans are recommended at six month
125 intervals in the first two years post-resection [12].

126 Complete en bloc surgical resection is the primary treatment for SFTP [19]. For small tumors
127 (<5 cm), thoracoscopic approaches are used for resection, whereas larger tumors often utilize
128 thoracotomy with wedge resection, pneumonectomy, segmentectomy, or lobectomy [20]. Further
129 resections of the chest wall or pericardium may be needed depending on the adhesion borders of
130 the tumor. Post-operative treatment often includes a combination of temozolomide and
131 bevacizumab which are found to have a high disease control when given together [21]. This was
132 given to our patient.

133 **Conclusion**

134 SFTPs are rare thoracic tumors that can grow silently. Complete surgical resection is
135 recommended for patients with SFTP. Careful post-operative monitoring is advised after surgery
136 due to the possibility of recurrence.

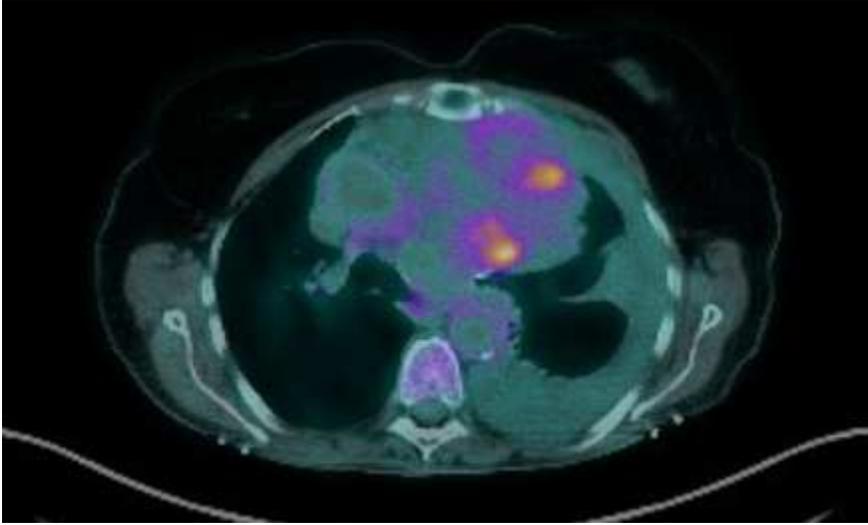
137 **Figures**



138
139 Figure 1: Chest X-rays.

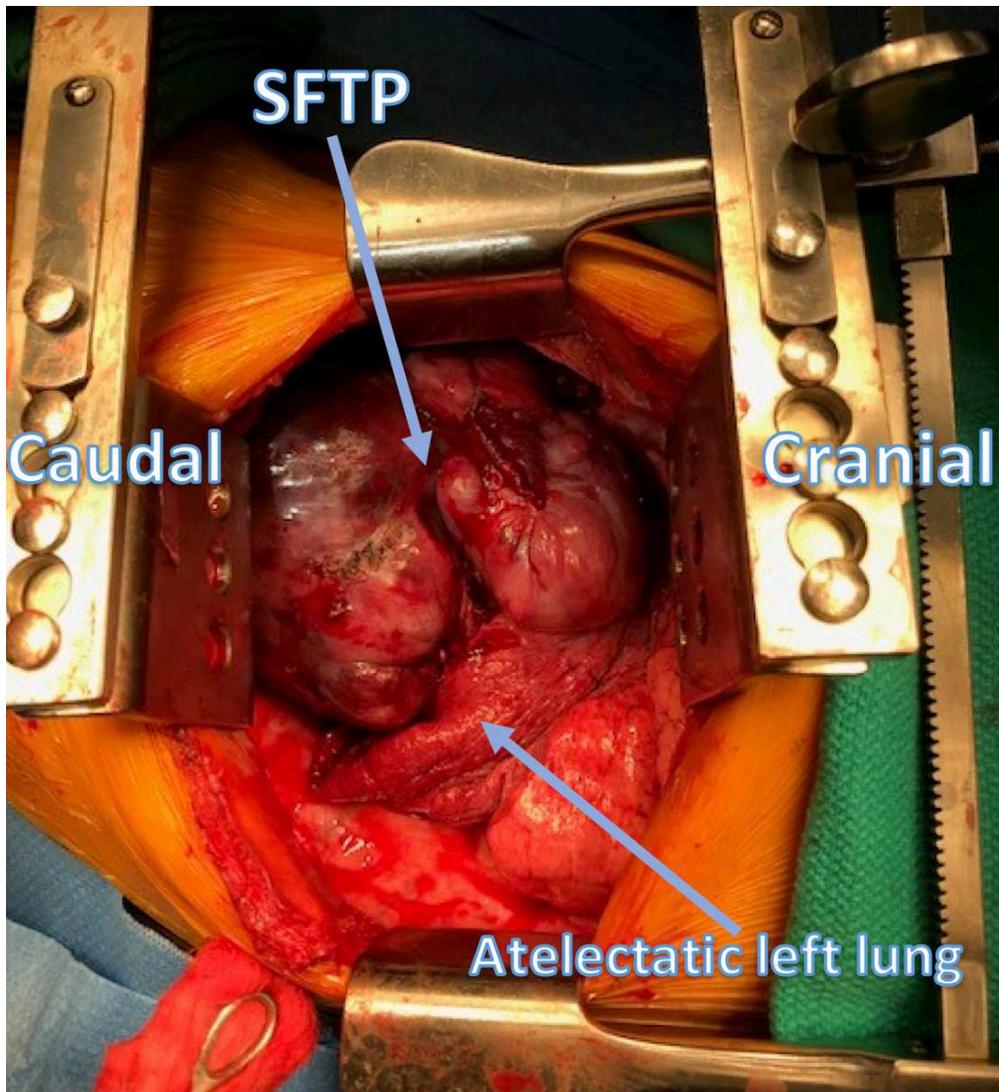
140 A) Pre-operative chest X-ray showing SFTP.

141 B) Post-operative chest X-ray



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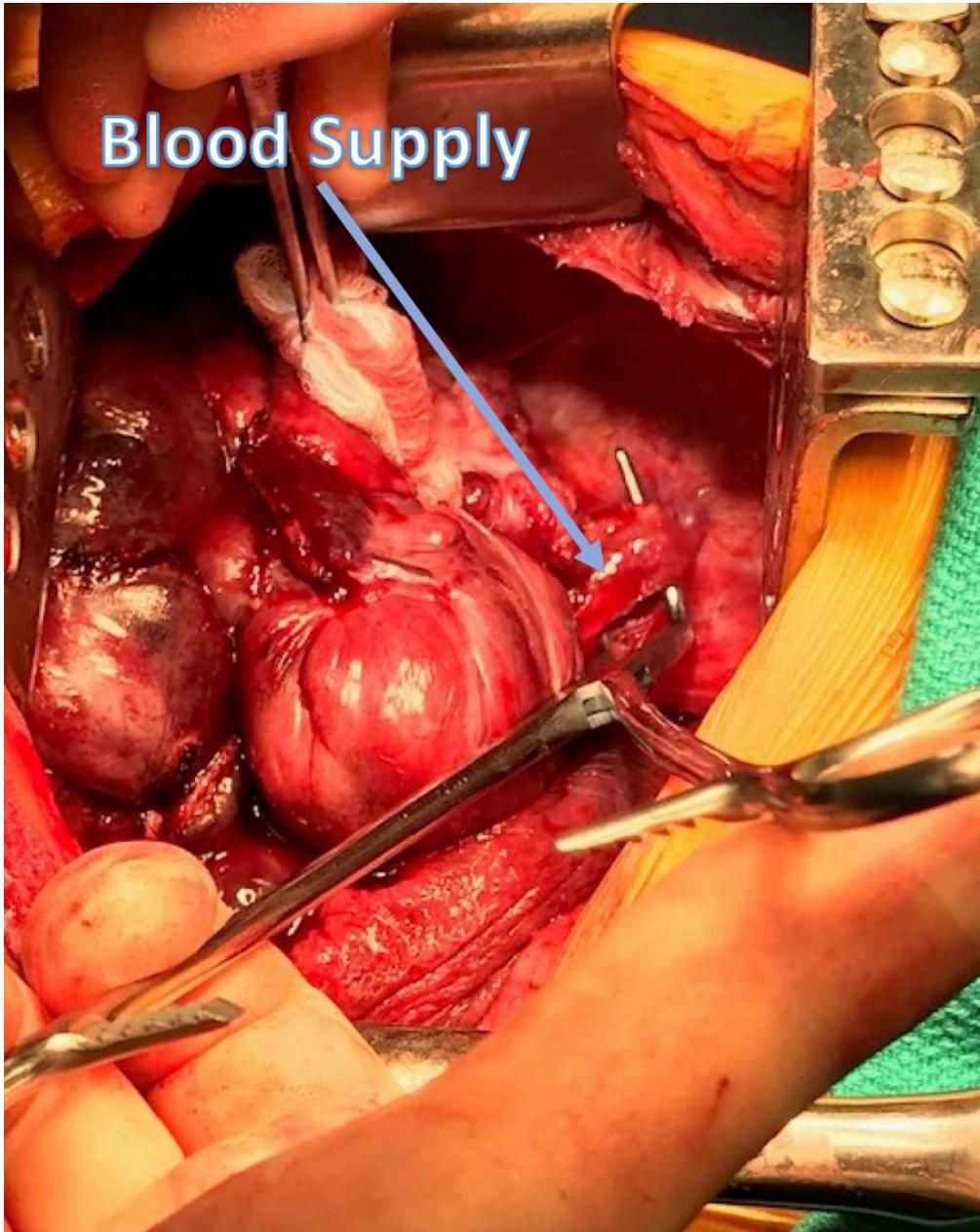
143 Figure 2: Positron Emission Tomography scan showing moderate hypermetabolism of the SFTP.



144

145 Figure 3: Surgical Image showing SFTP occupying mid and inferior left hemithorax with

146 compressive atelectasis of the lung.



147

148 Figure 4: Surgical Image showing blood supply of SFTP from branch of the left internal thoracic
149 artery.



150

151 Figure 5: Excised 16.7 cm x 12.8 cm x 10.1 cm SFTP

152

153 **List of Abbreviations**

154 SFT = Solitary fibrous tumor, SFTP = Solitary fibrous tumor of the pleura, CT = Computed

155 tomography, PET = Positron emission tomography, SUV = standardized uptake value.

156 **Declarations**

157 Ethics approval and consent to participate: Not applicable.

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162

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164 NK revised the information. All authors have read and approved the final manuscript.

165

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