

Telemedical Transport Layer Security based Platform for Cardiac Arrhythmia Classification using Quadratic Time–Frequency Analysis of HRV Signal

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Abstract In this paper, we have developed a client–server model implemented as a telemedical platform for real–time remote monitoring of the cardiovascular function in patients suffering from arrhythmia. This technical platform capable of detecting and classifying in real–time cardiac arrhythmia via a Graphical User Interface (GUI) using Time–Frequency analysis methods, features extraction, features selection, and classification of the Heart Rate Variability signal recorded using a data acquisition system. The data acquisition system that we used is mainly designed around the Raspberry Pi zero which communicates with a server through the TCP/IP involving a 4G/3G connection secured by the transport layer security (TLS) for a reliably safe connection between client and server. This telemedical platform adopts continuous control and monitoring of the heart rhythm. By using this system, in case of an alarm, medical staff can easily communicate with their patients in the hospital or at home.

Keywords Heart rate variability, Smoothed pseudo Wigner–Ville Distribution, Support Vector Machine, Mutual Information, Feature Selection with Adaptive Structure Learning, Transport Layer Security.

Nomenclature

ADC Analog–Digital Converter

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CPU	Central Processing Unit
ECG	Electrocardiogram
FS	Features selected
FSASL	Feature Selection with Adaptive Structure Learning, Transport Layer Security
FSM	Features selection methods
HRV	Heart Rate Variability
IoT	Internet of Things
IP	Internet Protocol
MI	Mutual Information
NF	Number of features
SPI	Serial Peripheral Interface
SVM	Support Vector Machine
TCP	Transmission Control Protocol
TF	Time–Frequency
TLS	Transport Layer Security

1 Introduction

Cardiovascular diseases are a major cause of a very large number of chronic illness and disability around the world. Every year, millions of people die due to cardiac arrhythmias. Cardiac arrhythmias are due to alterations in the heart's electrical system that prevents it to beat properly. It causes the heart to beat too fast (tachycardia), too slow (bradycardia), or in any other irregular pattern. Some types of arrhythmia are harmless, but they can induce annoying symptoms like dizziness, and fainting. Other types of arrhythmia are more dangerous and can lead to serious complications, such as: cardiac sudden death, stroke, heart failure, etc. The beat–to–beat duration variation, known as the Heart Rate Variability (HRV) signal, is modulated by the sympathetic and the parasympathetic activities of the Autonomic Nervous System (ANS) [1, 2]. The HRV signal can be generated by R–peak detection in the Electrocardiogram (ECG) signals.

Several studies, based on the analysis of HRV signals, offer a diagnosis aid for arrhythmia detection and characterization. More particularly, time, frequency, time–scale, and time–frequency domain were investigated in several studies for extraction of some specific features [3–7]. Classification techniques, such as Support Vector Machine (SVM), Artificial Neural Networks (ANN) and decision trees, were used to analyze HRV signals for diagnosis aid purposes [8–12]. These classifiers are applied directly on HRV signals or on features of interest extracted from this signal on different domains.

Within the context of the Internet of Things, some research group developed applications for the Health monitoring system of the cardiovascular function (see Table 5). Danan Thilakanathan *et al.* [13] have built a remote caring system for patients at home using ECG sensors, cloud storage providers, and mobile technology. This work consists of finding solutions that allow patients to share their health information with the medical professional team in a reliably secure and confidential manner. M. Shamim Hossain *et al.* [14] have used IoT technologies for ECG health monitoring, where ECG signals have been recorded via ECG sensors at home and sent the data to smartphones or computers via Internet. Smartphones were used as a client side that allows processing the ECG signal (removes unwanted noise from the recorded signal) and detecting the R-peaks. The acquired ECG signal was then transmitted to a server for analysis and characterization; the temporal and spectral characteristics were extracted and classified using a SVM classifier. Their classification results can be sent to the medical professional team for the analysis and diagnosis, where they transfer the medical report later to the cloud server for the patient to be informed. R. Lakshmi Devi *et al.* [15] have developed a classification system of cardiac arrhythmia using IoT that enables the ECG monitoring system to analyze the signal acquired from the data acquisition system (AD8232 & Arduino). The statistical features were extracted from the HRV signals in the temporal domain, and used as inputs for a SVM classifier to identify the cardiac arrhythmia disease. The acquired ECG signal, processing, and classification tasks were done inside the system, which sends the result to a smartphone. Khalid abusolim *et al.* [16] have used an IoT ECG monitoring system that allows sending the ECG data to a cloud server via wireless networks with a security system using share the health information system (A system of encryption and decryption algorithm). The system was developed based on the storage, processing, and classification of cardiac arrhythmia from different healthy subjects available in the MIT–BIH. This study used three different types of features that were extracted from the ECG signals: time–domain, frequency–domain, and time–frequency plane. K–nearest neighbor is used as a classification approach in this study to identify and classify the

cardiac arrhythmia. In this paper, we developed a client–server model implemented as a telemedical platform for real time–remote monitoring of the cardiovascular function in arrhythmia patients. This system allows continuous recording when the ECG Sensor is attached to the patient’s body. The ECG is firstly acquired using data acquisition system designed around the Raspberry Pi zero which communicates with a server through the TCP/IP secured by the Transport Layer Security in order to secure the exchange of ECG data transmitting over the internet network. A HRV times series is then extracted from the acquired ECG signals and analyzed by Quadratic time–frequency distributions, to calculate new TF–features to differentiate between various cardiac pathologies such as Atrial Fibrillation, SupraVentricular Tachycardia, and Congestive Heart Failure by analyzing their respective HRV signals. More precisely, the TF–features of interest are selected by means of the Mutual Information and the Feature Selection with Adaptive Structure Learning. These features are used as inputs for a SVM classifier to identify the acquired ECG among the different classes of the implemented training database. The system alerts the medical professional when the patient is detected as affected by cardiac arrhythmia disease according to the result of classification. The professional then sends the medical report to the cloud server and the cloud then warns the patient. Indeed our client–server architecture allows the cardiologist to monitor multiple patients at home or in hospital in parallel and in the same time.

2 Materials and Methods

Our system is composed of two main blocs (see figure 1): a hardware block, named the client block, devoted to the acquisition and the transmission of the ECG, and a software block, called server block, dedicated to HRV extraction, analysis and classification (features extraction, features selection, and patient classification)(see figure 8(b)). The client block consists mainly of (1) the analog shaping circuit ECG AD8232, (2) the analog–to–digital converter MCP3008, (3) the data acquisition card (Raspberry Pi zero) to acquire ECG signal. The sampling frequency is ensured by the internal analog–to–digital (ADC) converter of the MCP3008 it has been setup at 100 Hz. Regarding the server block, the Physionet Bank [17] is used to choose the best features and the SVM parameters that provides the high classification rate between 2 classes of cardiac arrhythmias, namely AF and SVT among NSR and CHF. More precisely, our approach is based on a high–resolution TF analysis of the HRV signal that provides features as input for the SVM classifier. To do so, high–resolution quadratic time–frequency analysis methods are used for detecting the non–stationary content of the HRV signals. Indeed, Quadratic Time–Frequency Distributions (QTFDs) are widely known for their separable

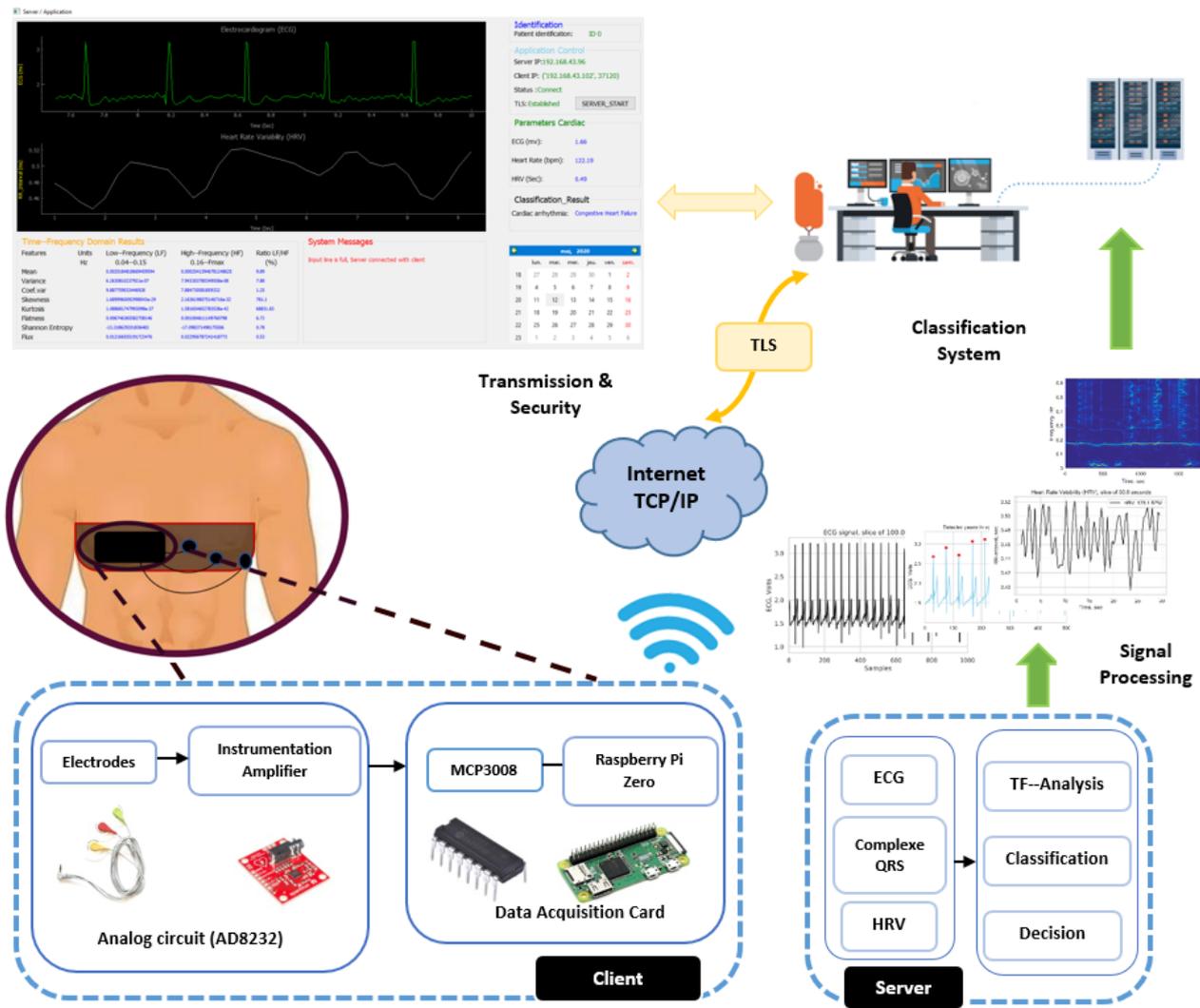


Fig. 1: Block diagram of a Telemedical platform for monitoring and classification of cardiac arrhythmias in real-time.

kernels which ensure better characterization of the transient behavior of HRV signals. The server block functions can be divided into four main subblocks. First, a QTFDs of HRV signals is calculated. Second, a set of 8 features are extracted from the TF-representation of HRV signal. Thirdly, a features selection technique is carried out using two different methods: FSASL algorithm, and MI technique to provide convenient features that yield the best classification performance. Finally, machine learning is carried out through the SVM classifier. Note that, a HRV signal of a new subject is then classified using all the parameters learned before, namely the best features and the SVM parameters. Graphical User Interface (GUI) developed within a Python environment is also provided (figure 1).

2.1 Dataset

In order to select the best features and the parameter of the SVM classifier, the normal and abnormal subjects were collected from the PhysioNet research repository [17]: congestive heart failure RR interval database (chf2db), BIDMC congestive heart failure database (chfdb), MIT-BIH Arrhythmia database (MITdB), LongTerm AF database (LTAfDb), Supraventricular tachycardia (SVDB), St. Petersburg Institute of Cardiological Technics 12-lead Arrhythmia (INCAR-TdB), and MIT-BIH normal sinus rhythm database (NSRDB). A total of 44 NSR, 77 SVT, 63 AF, and 44 CHF ECG are exploited in our study. Collected data, shown in Table 1, are formed by 228 signals which we reorganized into four classes namely: SVT, NSR, AF, and CHF.

Table 1: ECG Database collected from Physionet.

Classes	Data base details			
	Data base	Number of ECG	Sampling Frequency (Hz)	Duration (h/min)
Atrial Fibrillation (AF)	INCARTdB	4	257	30 min
	MITdB	6	360	30 min
	LTAfDB	53	128	24 h
Normal sinus rhythm (NSR)	INCARTdB	3	257	30 min
	MITdB	23	360	30 min
	NSRDB	18	128	24 h
Supraventricular tachycardia (SVT)	SVDB	77	128	30 min
Congestive Heart Failure (CHF)	chf2db	29	128	24 h
	chfdb	15	250	20 h

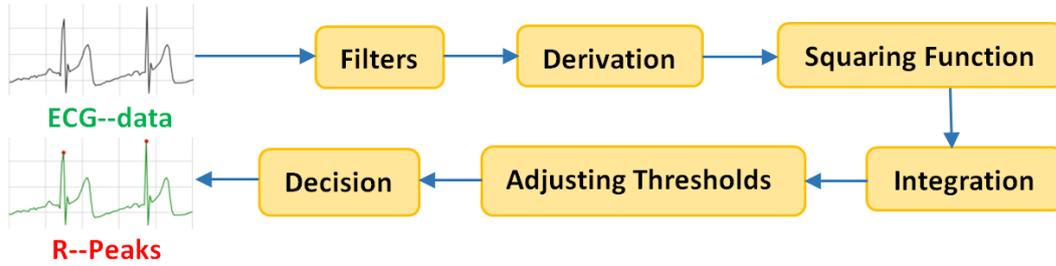


Fig. 2: QRS detector based on the Pan–Tomkins algorithm.

2.2 Detection of Heart Rate Variability (HRV)

We generated HRV signals by detecting QRS-complexes within Electrocardiogram (ECG) signals by means of the Pan–Tomkins algorithm [18]. Pan–Tomkins algorithm can be summarized in figure 2 as follow:

The ECG–data is firstly filtered using a band pass to remove baseline and noise with high frequency. Then the filtered ECG signal is derived to highlight the slope of the R wave. Then, the signal is squared and a moving average filter is applied to provide information about the slope of R wave. Two thresholds are automatically adjusted to float over the noise.

2.3 Quadratic Time–Frequency Analysis

TF representation helps overcoming limitations of both temporal and spectral analysis methods of non–stationary signals such as HRV signals. More specifically, QTFDs allow to represent the energy of a signal over both time and frequency domains at a high joint time–frequency resolution [19]. QTFDs mainly satisfy time–shift and frequency–shift in variance properties. This allows QTFDs to provide appropriate representations of multicomponent non–stationary

signals. Formally, QTFDs can be expressed as given in (1) [19, 20];

$$\rho_z(t, f) = \iint_{-\infty}^{+\infty} AF(\nu, \tau) g(\nu, \tau) e^{j2\pi(t\nu - f\tau)} d\nu d\tau \quad (1)$$

where $g(\nu, \tau)$ is the smoothing kernel defined in the Doppler–lag domain as given in (2);

$$g(\nu, \tau) = G_1(\nu) g_2(\tau) \quad (2)$$

where $G_1(\nu)$ is the Doppler window, and $g_2(\tau)$ is the lag window. The Ambiguity Function (AF) is defined as given in (3);

$$AF(\mu, \tau) = \int_{-\infty}^{+\infty} R(t, \tau) e^{-j2\pi\mu t} dt \quad (3)$$

where $R(t, \tau)$ represents the time–dependent instantaneous auto–correlation of $z(t)$, the analytic version of the analyzed signal $s(t)$, as given in (4);

$$R(t, \tau) = z\left(t + \frac{\tau}{2}\right) z^*\left(t - \frac{\tau}{2}\right) \quad (4)$$

Because of its quadratic nature, the classical QTFDs methods may suffer from cross-terms that can considerably blur the TF plane. These interferences should be alleviated by adding filters over time and frequency domains in the quadratic distribution.

2.3.1 Smoothed Pseudo Wigner–Ville Distribution (SPWVD)

According to (4), the quadratic nature of smoothed versions of the Wigner–Ville distributions inevitably causes cross-terms occurrence within the TF plane. Therefore, smoothing the TF plane over time and frequency domains is necessary to enhance auto-terms representation within the TF plane. A high resolution in time and frequency can be achieved by using separable time and frequency smoothing kernel. This yield to the Smoothed Pseudo Wigner–Ville Distribution (SPWVD), which is defined by (5);

$$SPWVD(t, f) = \int_{-\infty}^{+\infty} g_2(\tau) \int_{-\infty}^{+\infty} g_1(s-t) z\left(s + \frac{\tau}{2}\right) z^*\left(s - \frac{\tau}{2}\right) se^{-2\pi\nu\tau} d\tau \quad (5)$$

Smoothing carried out by the SPWVD is achieved at the price of spread auto-terms bursts within the TF plane. Therefore, smoothing windows have to be set to keep a representative TF distribution of the analyzed signal.

2.4 Feature extraction

In this study, we are interested in typical frequency bands that are usually explored during spectral analysis of HRV signals; namely, the LF and the HF band. We investigated these bands by computing their respective cumulative features such as: flux, flatness, Shannon entropy, mean, variance, skewness, kurtosis, and the coefficient of variation. In order to quantify each frequency band within the overall energy of the analyzed HRV signal, we calculate energy-based features of the HRV signal over LF and HF bands within the TF plane (contrary to the most existing studies which just exploit the frequency domain). More precisely, for both LF and HF bands, eight features are extracted from the TF plane of the analyzed HRV signals i) three TF energy-based features, and ii) five TF statistical-based features.

2.4.1 TF energy-based features

Flux The spectral flux is an estimation of the spectral change of the analyzed signal. It is calculated by measuring and comparing the difference between squared magnitudes of the Fourier transform of two adjacent frames of the power

spectrum. The spectral flux can be used to estimate the distribution energy content in the both time and frequency domains by estimating changes of the TF distribution, as given in (6) [21];

$$FL_{(t,f)} = \sum_{n=1}^{N-l} \sum_{k=1}^{M-m} |\rho_z[n+l, k+m] - \rho_z[n, k]| \quad (6)$$

where $\rho_z[n, k]$ represents the TF representation of the analyzed HRV signal (size NxM) of the analytic version $z[n]$ of the analyzed signal $s[n]$, and l represents the time duration between the two slices. The spectral flux is used to measure the change behavior of the power spectrum of a signal.

Flatness The spectral flatness is defined as the ratio between the geometric mean and the arithmetic mean of a power spectrum of a signal within the time domain. The spectral flatness of TF representations of size NxM is calculated by measuring the ratio between the geometric mean and the arithmetic mean of the energy distribution over the TF plane, as given in (7) [21, 22];

$$SF_{(t,f)} = MN \frac{\prod_{n=1}^N \prod_{k=1}^M |\rho_z[n, k]| \frac{1}{NM}}{\sum_{n=1}^N \sum_{k=1}^M \rho_z[n, k]} \quad (7)$$

Normalized Shannon Entropy The normalized Shannon entropy is a concentration measure which can be extended to a TF representation as given in (8);

$$SE_{(t,f)} = - \sum_{n=1}^N \sum_{k=1}^M \frac{\rho_z[n, k]}{\sum_n \sum_k \rho_z[n, k]} \log_2 \frac{\rho_z[n, k]}{\sum_n \sum_k \rho_z[n, k]} \quad (8)$$

The Shannon entropy which is an extension of spectral entropy is a limit case of the Renyi entropy.

Statistical-based features

Mean The mean value calculated for the TF distribution [19] is given by (9);

$$m_{(t,f)} = \frac{1}{NM} \sum_n \sum_k \rho_z(n, k) \quad (9)$$

Variance The TF variance, which represents the spread of the TF distribution [19], is given as follow (10);

$$\sigma_{(t,f)}^2 = \frac{1}{NM} \sum_n \sum_k \left(\rho_z(n, k) - m_{(t,f)} \right)^2 \quad (10)$$

Skewness The skewness represents the asymmetry of the probability distribution of the energy from its mean. This parameter can be defined in TF plane [19] by (11);

$$\gamma_{(t,f)} = \frac{1}{NM\sigma_{(t,f)}^3} \sum_n \sum_k \left(\rho_z[n, k] - m_{(t,f)} \right)^3 \quad (11)$$

Kurtosis The kurtosis measures whether the data are heavy-tailed or light-tailed relative to a normal distribution. In the TF plane [19], it is given by the following equation (12);

$$k_{(t,f)} = \frac{1}{NM\sigma_{(t,f)}^4} \sum_n \sum_k \left(\rho_z[n, k] - m_{(t,f)} \right)^4 \quad (12)$$

Coefficient of variation The coefficient of variation is defined as the ratio between the variance and the mean in the TF plane [19], and is given by (13);

$$c_{(t,f)} = \frac{\sigma_{(t,f)}}{m_{(t,f)}} \quad (13)$$

2.5 Feature selection

Several feature selection techniques exist that optimize classification. Feature selection can be achieved through filter methods, wrapper methods, and embedded methods [23]. Filter methods are based on ranking features to select highly ranked features to be used as inputs for classifier. Wrapper methods are based on searching for the best feature subsets to get high-performance metrics of the predictor. Embedded methods focus on the training process without segmentation of data into training and test data to select relevant features [24]. In this study, we use two efficient methods: MI algorithm and FSASL method [25, 26].

Mutual information (MI)

We used the MI as a feature selection criterion. The aim of this approach is to distinguish relevant features within a particular class in order to create a subset formed by highly ranked features. The mutual information between two random variables X and Y is a measure of their mutual dependence [25], and is defined as given in (14);

$$I(X, Y) = \sum_{x,y} p_{X,Y}(x, y) \log \frac{p_{X,Y}(x, y)}{p_X(x)p_Y(y)} \quad (14)$$

where p_X and p_Y represent probability density functions (pdf) of X and Y , respectively, and $p_{X,Y}$ is the joint pdf of X and Y . The mutual information between features $V = (v_1, v_2, \dots, v_d)$ and class variables $C = (c_1, c_2, \dots, c_k)$ is expressed as given in (15);

$$I(V, C) = \sum_c p(c) \sum_v p(v/c) \log \frac{p(v/c)}{p(v)} \quad (15)$$

The MI is based on the measure of dependency between the variables to reduce number of features. This type of feature selection methods is symmetric and nonnegative. The MI can be equal to zero when the variables are independent.

Feature Selection with Adaptive Structure Learning (FSASL)

Unsupervised feature selection methods choose the features that can reveal or maintain the underlying structure of data [26]. The feature Selection with Adaptive Structure Learning (FSASL) considered a wrapper approach; it's based on linear regression. The formulation of FSASL is:

$$\begin{aligned} \min_{W,S,P} & (\| W^T X - W^T X S \|^2 + \alpha \| S \|_1) \\ & + \beta \sum_{i,j}^n (\| W^T x_i - W^T x_j \|^2 P_{ij} + \mu P_{ij}^2) \\ & + \gamma \| W \|_{21} \end{aligned} \quad (16)$$

Subject to, $S_{ii} = 0, P1_n = 1_n, P \geq 0, W^T X X^T W = I$.

Where β, α, γ , and μ are regularization parameters used to balance the adjustment error of global and local structure learning.

X : considered as input Feature set $X \in R^{d \times n}$, x_i is the data sample. For each data sample x_i , entire set of the data points $\{x_j\}^n_{j=1}$ are considered as the neighborhood of x_i = with probability $P(i, j)$.

S : Weight matrix of the data matrix.

W : Feature selection and transformation matrix.

2.6 Classification: Support vector machine(SVM) multiclass

The SVM is used for binary classification. The set of examples and their corresponding labels is called learning set. An effective learning machine learns features of the training set and minimizes classification errors based on the set itself. $D = \{(x_1, y_1), \dots, (x_n, y_n)\}$ represents the training set, with $x_i \in R^m$ and $y_i = \pm 1$. The objective of SVM is to maximize the margin between two classes by distinguishing them by a hyperplane. The optimal hyperplane requires the determination of the Euclidean distance between the hyperplane and the closest training of the two classes [27, 28]. The optimal hyperplane can also be solved by calculating the following classification function (17);

$$f(x) = \sum_{i=1}^l \alpha_i y_i x^T x_i + b \quad (17)$$

Where y_i is the class label of support vector x_i .

x^T is a test tuple

α_i is a Lagrangian multiplier

b is a numeric parameter

l is the number of support vectors

The support vector machine (SVM) algorithm is one of the lazy learning techniques used for multiclass as well as is a relatively recent design learning model. The SVM multiclass case can be done in four different ways, which depends on the size of the set data: Directed Acyclic Graph (DAG), Binary Tree (BT), One–Against–One (OAO), and One–Against–All (OAA) classifiers.

In this study, one–against–one (OAO) of SVM multiclass using the radial basis function kernel (RBF) is chosen to discriminate between pathological cases. This method of multiclass is much faster to train and seems preferable for problems with a very large number of classes.

2.7 Performances evaluation

The performance of the classifier is estimated by calculating the Sensitivity (S_e), the Specificity (S_p), and the Accuracy (Acc). The sensitivity defines the true positive rate (18);

$$S_e = \frac{TP}{TP + FN} \quad (18)$$

The specificity defines the true negative rate as given in (19);

$$S_p = \frac{TN}{FP + TN} \quad (19)$$

The accuracy is defined as the ratio of correct predictions over the total number of predictions (20);

$$Acc = \frac{TP + TN}{TP + TN + FP + FN} \quad (20)$$

TP True positive: correctly classified as positive.

FP False positive: falsely classified as positive.

TN True negative: correctly classified as negative.

FN False negative: falsely classified as negative.

2.8 Client–server architecture

The communication mechanism in the client–server application allows exchanging data between them via the Internet using secured TCP/IP protocol (Transport Layer Security). So, the client–server architecture is developed around the use of socket and Threading. All communication between client and server is processed via sockets, which can be reliable. These sockets can be used in connected mode (TCP) or

non-connected mode (UDP). The following steps describe the Communication process with the sockets in connected mode (see figure 3(a)).

As a first step, the creation of a socket is done using socket () function. Once the socket has been created, it has to be linked to a communication point defined by an address and a port, this is the role of the bind() function. In connected mode, the listen() function is used to put the socket in passive mode (listening to messages). In case of an incoming message, the connection can be accepted with the accept() function. When the connection has been accepted, the server receives the data using the recv() function. The end of the connection is done with the close() function.

In this study, the server can receive multiple client requests at the same time and receive each client request in parallel so that server won't be kept on hold [29]. The server uses the instances of a client object and individual threads to listen to the data that are being sent by each client while establishing new connections with the server. The main thread of the server creates a thread and forwards the client's request to this thread with its ID. The thread will start processing with the client request, generates the report, and send it back to the client. The figure 3(b) represents the process of the Threading function.

3 Results

In this study, we have developed a client–server application implemented as a telemedical platform for real–time remote monitoring for cardiac arrhythmia disease diagnosis. For the client block (hardware part), the electronic circuit is formed by an analog shaping and a data acquisition card (see figure 1). For the data acquisition card, we use the Raspberry Pi zero because it is more compact and suitable for narrower projects. It is characterized by its small dimensions, by its low energy consumption, and a very affordable price, in comparison with other types of Raspberry. The element parameters of the ECG sensor, the analog circuit, the communication system, and the server are listed in Table 2. ECG–data will be transmitted over an Internet network (TCP/IP) between the client and the server station using a Transport Layer Security protocol (TLS) that ensures the security of the transmitted data (see figure 7).

Concerning the server block (software part) (see figure 1), we developed a Graphical User Interface (GUI) to record the data acquisition task. The recorder ECG signal is then analyzed: we first estimate the HRV times series, then an SPWVD is applied on this HRV signal to extract features of interest. Finally, the learned SVM is applied to classify and label the analyzed ECG as AF and SVT, NSR and CHF.

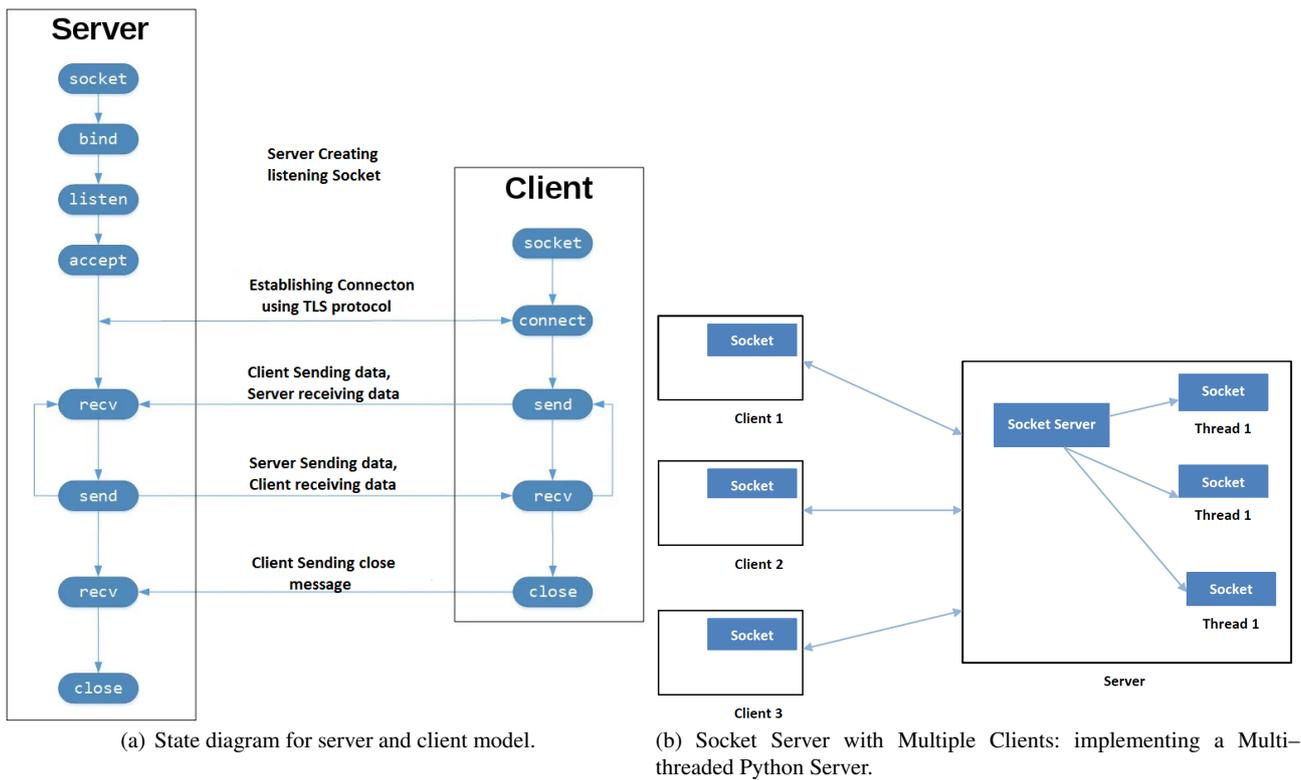


Fig. 3: Client-server architecture using socket and Threading.

Table 2: Element Parameters of the cardiac arrhythmia monitoring system.

	Parameters	Vlaues
ECG sensor	Type	AD8232
	Supply Voltage	2.0V-3.5V
Analog circuit	Type	Amplification, Filtering
ADC	Type	MCP3008
	Interface	SPI, Serial
	Supply Voltage	2.7V-5.5V
	Output Voltage	4.1V
	Number of Bits	10
Raspberry Pi	Type	Raspberry pi zero
	Power voltage	1.24A-5V
	Core	32 bit ARM1176JZF-S single-core
	GPU	Broadcom Video-Core IV
	CPU clock	1 GHz
	Memory	512 MB
Communication system	Wireless transmission protocols	3G/4G
	communications security	TLS Protocol
Server	CPU	Intel(R) Core(TM) i53230M
	Operation system	Windows 10, 64 bit

3.1 Real-time QRS complex-based detection of the HRV signal

In this study, we used the online implementation of the Pan-Tomkins algorithm to detect the HRV from real-time acquired ECG signal (see figure 4(a)). The HRV signal illustrated in figure 4(c) is detected by localizing R-peaks in relation to cardiac cycles within real-time ECG signal as represented in figure 4(b). The amplitude within HRV signals refers to the consecutive duration between R-peaks within ECG signals. Therefore, HRV signals will be amplitude-centered around the cardiac cycle mean value. We performed detection of the R-peaks within the ECG through regular real-time localization of the consecutive maxima which we used as cardiac cycles.

3.2 Identification of features of interest and SVM parameters learning

The Physionet database is used to help us to choose the best features and to learn the SVM parameters. More precisely, 228 ECG signals divided into four classes, namely SVT, NSR, AF, and CHF. (See Data set section) are exploited. Figure 5 shows an example the SPWVD calculated for the four different classes. Clearly, the shape and the TF distribu-

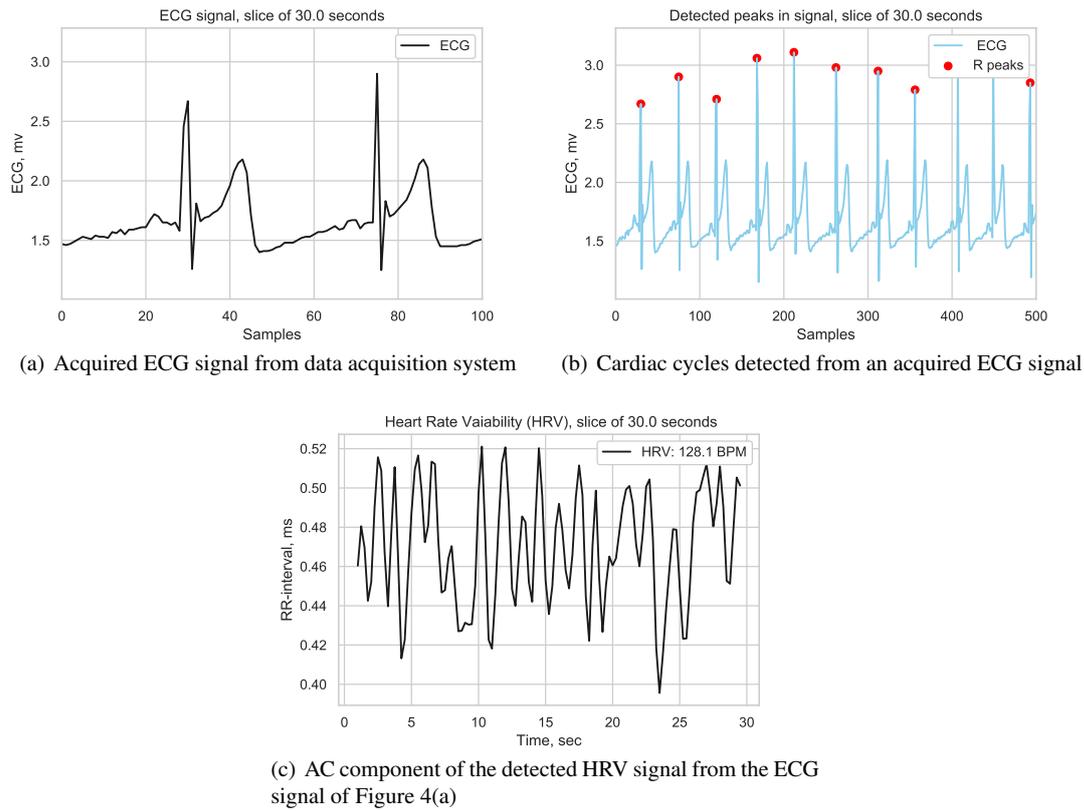


Fig. 4: ECG and HRV signals.

tion of the amplitude of the spectra are different between the four classes, which confirm that the analysis of HRV signals in TF domain is a good choice instead of the frequency domain. In addition, we can also remark that SPWVD provides a good resolution in both time and frequency domains, with less cross-terms.

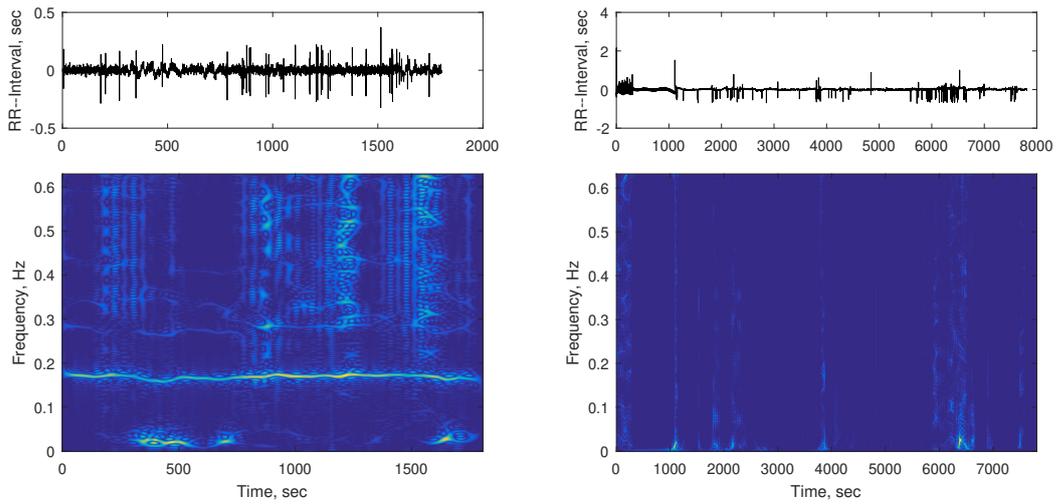
Figure 6 depicts the mean and standard deviation values of eight features (see Feature extraction section), calculated from the TF distributions of HRV signals, for NSR, CHF, AF, and SVT. We can observe that mean and standard deviation values of each feature are clearly different between the different classes. However, the manual selection of the best set of features is not straightforward and the testing all combinations will be very times consuming. The automatic selection of the best features using FSASL and MI methods is reported in Table 3. It is interesting to see that the MI method is not able to select a set of features between the eight ones, whereas the FSASL algorithm select just three valuable feature, namely Coef. variation, Skewness and Shannon Entropy. Regarding the classification rate, we can observe that our approach combining SPWVD and SVM, seems to be very effective in discriminating between SVT, AF, CHF, and NSR classes (see the results of Table 3). In addition, the best classification rate is yield using the FSASL features selection algorithm: i) $Se=95.65\%$, $Sp=98.55\%$

and $Acc=97.82\%$, and ii) $Se=91.30\%$, $Sp=95.65\%$ and $Acc=94.20\%$ (using MI). Table 4 presents, in detail, the classification rate of AF and SVT among CHF and NSR, using the features selected by the FSASL. The global proposed procedure seems to be very efficient whatever the classified pathology. Note that, all the previous results are obtained by randomly dividing the database into a training set (90 % of ECG) and a testing set (10 % ECG) using a bootstrap strategy.

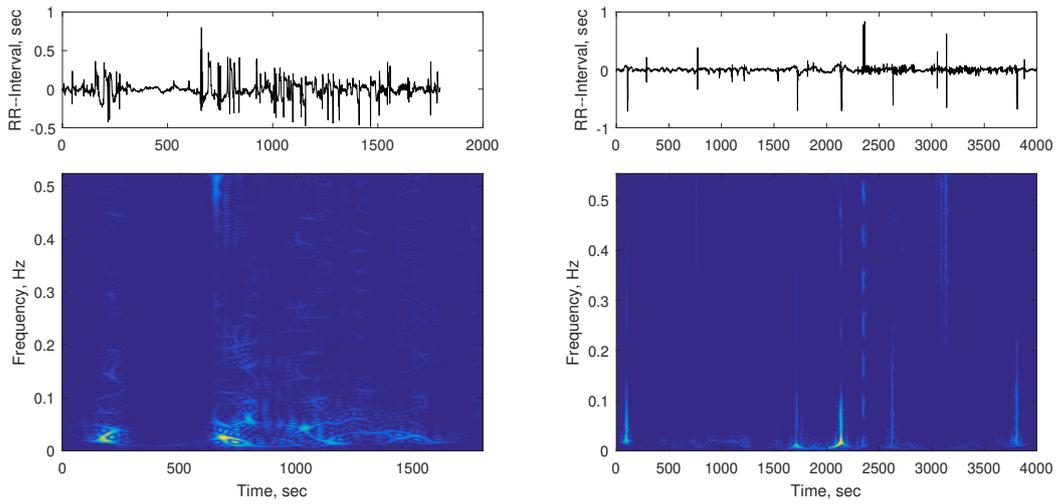
4 Discussion

In this study, the server and the client could initiate a communication via the Graphical user interface (GUI) by using one IP address, the following procedure explains how the client connects to the server in different cases:

- Run the client on the same computer as the server, it uses the IP address as the host name.
- Run the client in the same network as the server's (local network), it uses the local server IP address in the client interface.
- The port can be any 16-bit number, but must be forwarded to the router where the client is located, if the

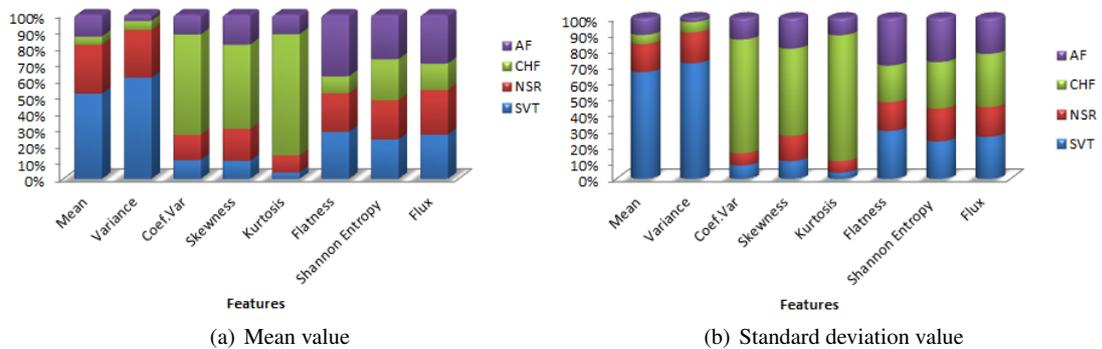


(a) HRV times series and SPWVD of normal sinus rhythm (NSR) (b) HRV times series and SPWVD of atrial fibrillation (AF)



(c) HRV times series and SPWVD of supraventricular tachycardia (SVT) (d) HRV times series and SPWVD of congestive heart failure (CHF)

Fig. 5: Time–frequency analysis of the detected HRV signal for different classes.



(a) Mean value

(b) Standard deviation value

Fig. 6: Statistical result of various Features extraction from TF–representation of HRV signal for different classes.

Table 3: Result of classification using MI and FSASL as feature selection methods.

FSM	Metrics performance				
	NF	FS	Sensitivity (%)	Specificity (%)	Accuracy (%)
MI	08	Mean, Variance, Coef.variation, Kurtosis Shannon Entropy , Skewness, Flux, Flatness	91.30	95.65	94.20
FSASL	03	Coef.variation, Skewness, Shannon Entropy	95.65	98.55	97.82

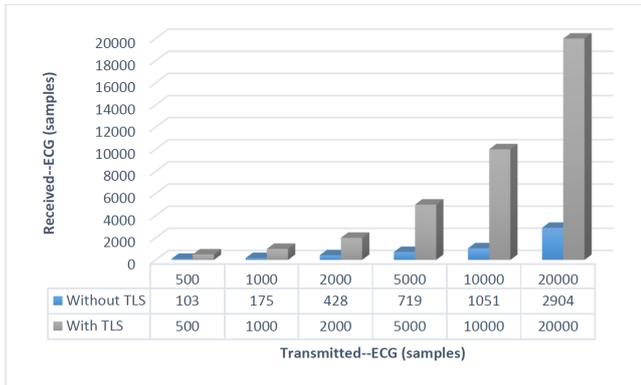


Fig. 7: Transmission process with and without using the security protocol (TLS).

Table 4: Classification result of cardiac arrhythmia among NSR and CHF using FSASL.

Classes	Metrics performance		
	Se (%)	Sp (%)	Acc (%)
Atrial Fibrillation (AF)	100	100	100
Supraventricular Tachycardia (SVT)	83.33	100	95.65
Normal Sinus Rhythm (NSR)	100	95.23	95.65
Congestive Heart Failure (CHF)	100	100	100
Overall Accuracy	95.65	98.55	97.82

server and client are located in a different network, the client uses the IP address (internet IP) of the network under which the server is running.

The Tele-vigilance station can communicate with the various remote stations through a secure communication system to exchange the data and the processing results of the data collected. Transport Layer Security has been widely recognized as one of the most widely used cryptography protocols to protect and secure data transmitted between client and server. For this, the hacker retrieves only the encrypted

data. TLS protocol uses a certificate and key to establish encryption between server and client. In this paper, We have used the TLS protocol (version 1.2) to secure the exchange of data transmitting over the internet network. TLS version 1.2 has more than 300 cipher suites registered on the Internet Assigned Numbers Authority (IANA). Figure 10 describes the transmission of ECG-data using TLS protocol and without TLS protocol. As results, we found that there is a loss of information between the transmitter and receiver during transmission of ECG-data without using TLS protocol. On the other hand, we acquired the same data in the receiver as the transmitter when we used the TLS protocol. This result confirms the importance of using the data security protocol during transmission of ECG-data over wireless interface.

Recently, many studies have been developed and proposed a monitoring system to acquire, encrypting and transmitting over the internet network to the cloud server to store, processing, classification, and diagnosis. However, we compared our system with the others systems proposed through the use of security protocols during the transmission of collecting data to provide better and safer care for patients. Francesca Stradolini *et al.* [30] developed a first architecture for continuous monitoring of anesthesia. But, no cloud integration was provided in this architecture. However, in [31], they present the development of an IoT cloud-based solution dedicated to anesthesia monitoring during surgeries. An IoT platform for the prediction of cardiovascular disease using an IoT-enabled ECG telemetry system has been studied in [13–16]. Khalid abusolim *et al.* [14] describes a cloud-integrated IoT monitoring framework, where ECG-data are watermarked before being sent to the cloud for secure. In [13], a secure monitoring platform has been developed to share health information between the patient and his doctors or healthcare professionals securely and confidentially. A new wearable ECG system has been proposed to reliably send the ECG signal to the cloud server over Multi-Arts with lightweight security was proposed in [16]. The cardiac arrhythmia diseases such as ventricular tachycardia, atrial fibrillation, supraventricular tachycardia, and atrial flutter was studied in [15]. For this purpose, an IoT-enabled ECG monitoring system for cardiac arrhythmia disease di-

Table 5: Comparison between some IoT solutions in health monitoring.

Works	Medical Application	Architecture	Cloud	Security Protocol	Hospital (HS) or Home (HM) Monitoring
[13]	Elderly patients health monitoring	Cloud storage provider, ECG sensor, mobile device app	✓	✓	HM
[14]	ECG health monitoring	Cloud system, ECG sensor, mobile device app, desktop software	✓	✓	HM
[15]	IoT-based cardiac arrhythmia diagnosis	ECG sensor, Cloud system, Statistical Features, HRV SVM, mobile device app	✓	×	HM
[16]	IoT-based monitoring, collecting ECG-Data	ECG sensor, cloud server, for storing and further processing	✓	✓	HM
[30]	Anesthesia monitoring	Therapeutic Drug Monitoring system, mobile device app, smartwatch	×	×	HS
[31]	Anesthesia monitoring	Priv middleware cloud, mobile device app, smartwatch, WebApp	✓	×	HS
Our work	Telemedical platform, cardiac arrhythmia classification	ECG sensor, cloud server, TLS, HRV, TF-Analysis, TF-Features, Features selection SVM, client-server app	✓	✓	HM & HS

agnosis was developed. However, [15], [30], and [31] developed a novel m-Health system that can be used to monitor patients wirelessly. Nevertheless, no security protocol has been provided in these studies

In our study, we designed a new low-energy consumption, and a very affordable price system capable of performing continuous recording of HRV times series for easy monitoring of the heart rhythm for the detection of arrhythmia. We used an electronic circuit formed by an analog shaping part and a data acquisition system. As a software part, we developed a Graphical User Interface (GUI) within a python environment to establish the connection between the client and the server through the TCP/IP secured by the Transport Layer Security, to acquire, transmit, monitor, process and classify the heart rhythm. We developed a new approach that combines SPWVD and SVM, for analyzing and classifying HRV signals. More precisely, three features of interest were extracted from the TF-representation of HRV signal: the coefficient of variation, the skewness, and the Shannon entropy. The obtained results show clearly that the proposed system is very efficient to differentiate between cardiac arrhythmia as AF and SVT among CHF and NSR cases. The

result of classification can be sent to the medical professional for analysis and diagnosis.

4.1 Client-server application

The graphical user interface (client-server) is dedicated to remote monitoring of cardiac arrhythmia, display, archiving, digital signal processing, classification, and transmission of ECG-data to a remote station under a secured TCP/IP protocol.

Client application is a graphical interface implemented with python environment connected with a data acquisition system to acquire the ECG signal for transmitting over internet network to the remote station (server). The client application is represented in figure 8(a) and involves:

- Connection establishment window: relating to the communication phase between the server and the client (establish and open the connection through an internet network using the server's IP address).

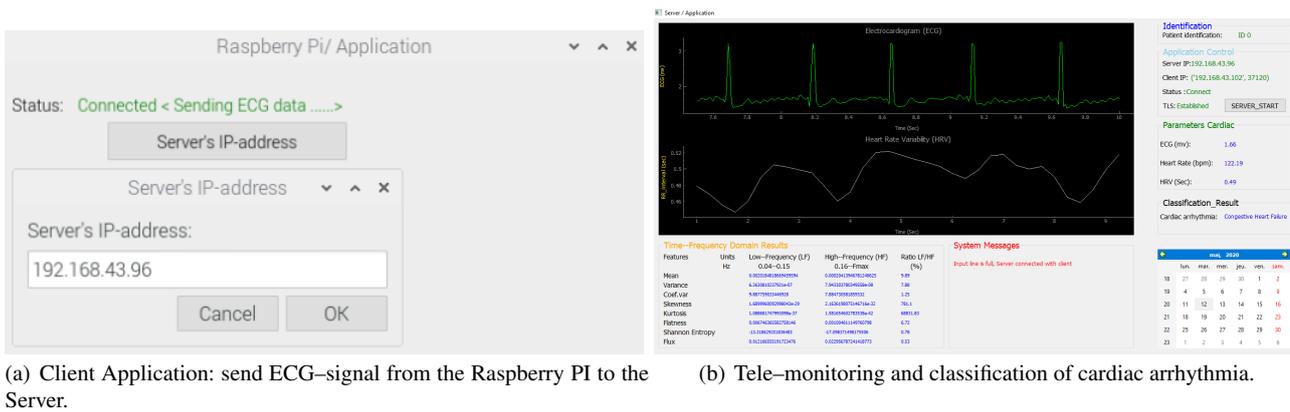


Fig. 8: Telemedical transport layer security based platform for cardiac arrhythmia classification .

Server application is implemented using the python environment, consists of visualization, archiving, processing of HRV signal, and classification of received ECG signal. The server application is illustrated in figure 8(b) and involves:

- Control window for viewing and recording the signal: allows to view and record the ECG signal and its corresponding HRV in real-time.
- Consultation window: allows measuring some parameters related to the heart rate such as heart rate (bpm), average HRV value (sec), and ECG signal values (mv).
- Connection establishment window: this phase establishes the communication between the server and the client under the secured TCP/IP protocol.
- Digital processing window: is devoted to analyze the HRV times series, by calculating there TF distribution and extraction of the three best features.
- Classification window: the learned SVM is used to classify the new HRV signal.
- Message window: used to display and indicate messages corresponding to the application.

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6 Data Availability

The data used in the current study are available in the PhysioNet repository, managed by the MIT Laboratory for Computational Physiology. For more information about the data used in this study, visit <https://physionet.org>.

7 Conflicts of Interest

The authors declare that there is no conflict of interest.

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